



## **Nutrition Bingo**

Wednesday, October 16th 10:00am-11:30am

It's time to test your knowledge and learn more about Nutrition. All are welcome; no prior nutrition knowledge is necessary and everyone wins a prize.

Please RSVP by Tuesday, October 15th to Mary at headtofitness10@yahoo.com or call 617 625-6600 ext.2316





Persons with disabilities who need ADA accommodations to access this program, please contact Adrienne Pomeroy in advance at 617-625-6600 x 2059 or apomeroy@somervillema.gov.