

Somerville Council on Aging with Tufts University Athletics

Exercise Program for Older Adults

Fridays at 10:00am

March 3rd & 10th

Holland Street Center: 167 Holland Street



Join student athletes from Tufts University as they lead an exercise program designed for all abilities.

*For more information, please call Phelan at 617-625-6600 x2315,
or email phowell@somervillema.gov*