



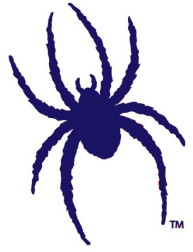
ATHLETIC DEPARTMENT COVID-19 RESPONSE PLAN

Presented by:

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OBJECTIVES



- Present Data Student-Athlete (SA) Specific COVID-19 Surveillance Data as it compares to the University Data.
- Present the Evidence Based Approach to Athletic Department Mitigation Strategies and Return to Play Plan.





OBJECTIVES



- Present how Athletic Department Plan was developed in collaboration and in conjunction with University's Mitigation Strategies and Return to Campus Plan.
- Answer questions and address any concerns from the FAC about SA athletic participation and its impact on the health and safety of the campus community.



EVIDENCE BASED APPROACH



- [Resocialization of Collegiate Sport: Developing Standards for Practice and Competition Second Addition](#)
- [National Athletic Trainers Association Intercollegiate Sports Medicine Best Practices](#)
- [American Health Academy Guidelines for Re-Opening Institutions of Higher Education](#)
- [Center for Disease Control](#)
- [Virginia Department of Health](#)
- [CSCCa and NCSA Joint Consensus Guidelines for Transition Periods: Safe Return to Training Following Inactivity](#)
- [NCAA's Inter-Association Recommendations on Preventing Catastrophic Injury and Death in College Athletics](#)
- [National Athletic Trainers Association Position Statement on Exertional Heat Illness](#)
- [University of Richmond COVID-19 Response Page](#)

GOALS



- Protect the health and safety of the campus community.
- Return to residential life and in person instruction.
- Return our SAs to athletic participation.



OBSTACLES



- COVID-19
 - minimize transmission
 - Return to play post COVID-19
- 5 Months without organized team activities
 - Return to play without catastrophic and non-catastrophic injury
- Teach an old dog new tricks



ATHLETICS COLLOBORATION WITH UNIVERSITY



- Resilience Working Group
- Isolation and Quarantine Team
- Health Promotion and Compliance
- Situation Monitoring and Case Surveillance, Testing, and Contact Tracing
- Health Management and Support for Faculty and Staff
- Procurement



STAKEHOLDERS



- Faculty
- SHC
- CAPS
- Dining Services
- RC and WC Dean Office
- Student Development
- CSI
- Campus Recreation and Well Being
- HR
- Campus Community: faculty, staff, and students
- VDH
- NCAA, Atlantic 10, CAA, Patriot, SOCON

"It's amazing what can be accomplished when you don't care who get the credit" – Harry S. Truman

RISK OF TRANSMISSION



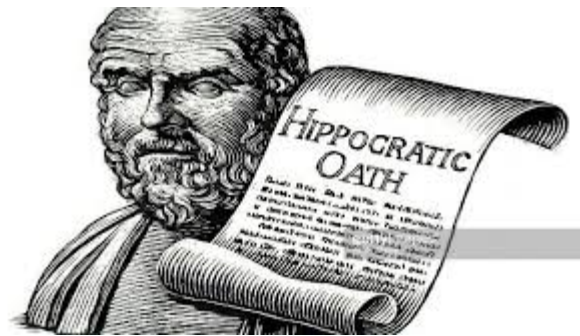
- Eat
- Meet
- Greet
- Play



APPLICATION OF MEDICAL PRINCIPLES TO MITIGATION STRATEGIES



- Do no further harm.
- Accentuate the basics
- Stepwise progression



MITIGATION STRATEGIES



- Face coverings
- Physical Distance
- Engineering Controls / Facility Sanitation
- Outdoor Training and Proper Ventilation
- Continued Relevance of Return to Campus Considerations
- Testing
- Contact Tracing
- Education: SA COVID Ambassadors
- Special Consideration: Team Travel
- Vaccine

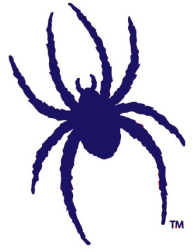
FACE COVERINGS



- When?
- What type?
- Do different situation dictate different types of masks?
- Universal masking
- Travel Considerations



PHYSICAL DISTANCE



- When can we and when can't we in athletics?
- Visual cueing
- Verbal cueing
- Getting used to doing things a different way
 - Video
 - Meetings
 - Break down
 - Weight room
 - Locker Room
 - Meals
- Universal masking
- Travel Considerations



FACILITY SANITATION



- Protocol
- Hand Hygiene
- Equipment and Facility cleaned per use
- Electrostatic Sprayer



OUTDOOR TRAINING AND PROPER VENTILATION



- S & C outside
- Engineering Controls
- Meetings outside



CONTINUED RELEVANCE OF RETURN TO CAMPUS CONSIDERATIONS

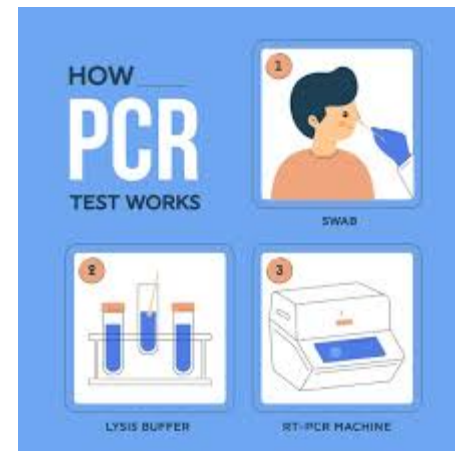


- Prior to Fall Semester
- Prior to Spring Semester
- Resocialization vs Physiologic Adaptation



TESTING

- **Type of Test:**
 - PCR
 - Rapid PCR
 - Rapid Antigen
- **Who to Test:**
 - Risk Classification of Sport
- **When to Test:**
 - Arrival
 - Surveillance



TESTING – SPORT RISK CLASSIFICATION

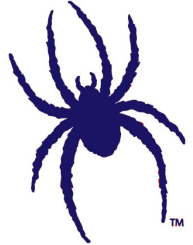


- **High Transmission Risk Indoor**
 - Basketball
- **High Transmission Risk Outdoor**
 - Football
- **Intermediate Transmission Risk**
 - Field Hockey, Soccer, Indoor Track, Baseball, Lacrosse
- **Low Transmission Risk**
 - Cross Country, Swim/Dive, Golf, Tennis



SPORT RISK CLASSIFICATION TESTING RECOMMENDATIONS

- **High Transmission Risk Indoor**
 - 3x per week by PCR or Rapid Antigen
- **High Transmission Risk Outdoor**
 - 1x per week by PCR or 3x per week by Rapid Antigen
- **Intermediate Transmission Risk**
 - 25-50% every 1-2 weeks by PCR or Rapid Antigen
 - PCR 72 hours or rapid antigen 24 hours prior to travel
- **Low Transmission Risk**
 - Based on institution's prevalence testing program
 - PCR 72 hours or rapid antigen 24 hours prior to travel



UR ATHLETICS TESTING STRATEGY



- **High Transmission Risk Indoor**
 - 3x per week by PCR or Rapid Antigen
- **High Transmission Risk Outdoor**
 - 1x per week by PCR during pre-season
 - 1 PCR and 2 Rapid Antigen in-season
- **Intermediate Transmission Risk**
 - Minimum 1x per week PCR or Rapid Antigen
- **Low Transmission Risk**
 - Minimum 1x per week PCR or Rapid Antigen



TESTING TAKE HOME POINTS



- We have every type of test in our tool kit
- SAs are being tested at frequency of 2 – 6x the rate of non-SAs.
- Testing Scenarios
 - PUI
 - Quarantine
 - Surveillance Negative
 - Surveillance Positive
 - Confirmation
 - Contact Tracing / Pre-quarantine





CONTACT TRACING



- Tip of the Spear
- Athletic Trainers performing contact tracing allows for rapid response
- Every aspect of SA's interactions is documented: Class, Lift Group, Position Group
- Utilization of interview and video analysis
- Utilization of wearable Bluetooth technology

TEAM TRAVEL



- KN95 Masks
- Face Shields
- Sanitation
- Dining
- Hotel Stays



ISOLATION / QUARANTINE / RETURN TO PLAY

- **I & Q**

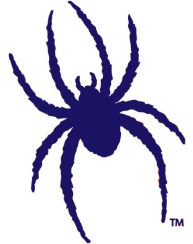
- AT daily communication
- Dr. Rachel Turk: Mental Health Resources

- **Return to Play post-COVID-19**

- Physical Exam
- Cardiac Screening
- Gradual Progression



DATA



Fall Semester	
University Semester Total Tests	9483
Athletics Total Tests	2495
Total Positive Students	99
Total Positive SAs	62
Total Positive Faculty / Staff	39
Total Positive Athletic Staff	7
University Fall Semester % Positivity	1.30%
Athletics Fall Semester % Positivity	2.77%
Spring Semester	
University Semester Total Tests	9077
Athletics Total Tests	2763
Total Positive Students	259
Total Positive SAs	48
Total Positive Faculty / Staff	24
Total Positive Athletic Staff	4
University Spring Semester % Positivity	3.10%
Athletics Spring Semester % Positivity	1.88%



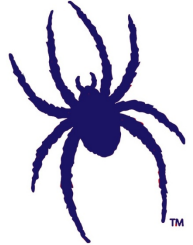
CONCLUSION



- There has been no evidence of disease transmission in the classroom
- NFL, MLB, and NBA data has not shown disease transmission during game play
- Eat, Meet, and Greet are highest risk behaviors
- Mask, Physical Distance, Engineering Controls, Testing and Contact Tracking will minimize disease transmission.
- Athletic participation has not been shown to negatively impact campus community's health and safety.



QUESTIONS



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NATIONAL CHAMPS

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