Create your own CDC-approved mask

Materials

1x Cotton t-shirt
2x 5-inch pieces of elastic
Needle and thread
Pins
Scissors

Optional

Sewing machine

Instructions and Illustrations by NOAH ZEITLIN/the Justice
Trace two 6 in x 9 in rectangles on an old cotton t-shirt.

Cut out the two rectangles and put them next to each other.

Place one of the rectangles on top of the other rectangle. Add pins to the two rectangles, as shown with the dashed lines on the diagram to the left. Do not put pins in the edges – that is where the elastic will go.
Begin sewing along the edge of the fabric. When you get to a corner, add the elastic at an angle. Remove the pins as you sew.

When you are done sewing and all four pieces of elastic are inserted, the mask should look like the image to the left.

The mask should now resemble the image to the left.

Make pleats in the mask by folding up one corner of the fabric. Make a total of three folds, and add pins to the mask.

As you sew the mask for the final time, make sure to remove the pins.

Step Four

Step Five

Step Six

Step Seven

Step Eight