

Nashville Holocaust Memorial Observes Yom HaShoah with Tours and Annual Commemoration

By MARSHA RAIMI

Nashville's Holocaust Memorial invites the entire community of Nashville for a docent-led tour during the week surrounding Yom HaShoah, which begins at sundown on Monday, April 13th, when the yellow memorial candle is lit, and lasts through Tuesday, April 14th.

Each tour is unique because the docents include their personal connections to the Holocaust while sharing the story of the survivors and their families who live in Nashville. The dates, times, and docents are:

Sunday, April 12, 1:00 pm – Delilah Cohn – second-generation survivor

Monday, April 13, 1:00 pm – Alex Limor – second-generation survivor and sculptor of all structures at the Memorial

Tuesday, April 14, 10:00 am – Marsha Raimi – second-generation survivor

Wednesday, April 16, 1:00 pm – Felicia Anchor - second-generation survivor and Chair of Memorial Committee

The Memorial is partnering with the

Jewish Federation of Greater Nashville for the community's annual commemoration of Yom HaShoah, at 7:00 pm on Monday, April 13th. This year's program highlights the S.S. St. Louis Legacy Project - a panel discussion and display of artifacts by Robert Krakow and features local author Cathy Lewis. Music and prayer will be led by local rabbis.

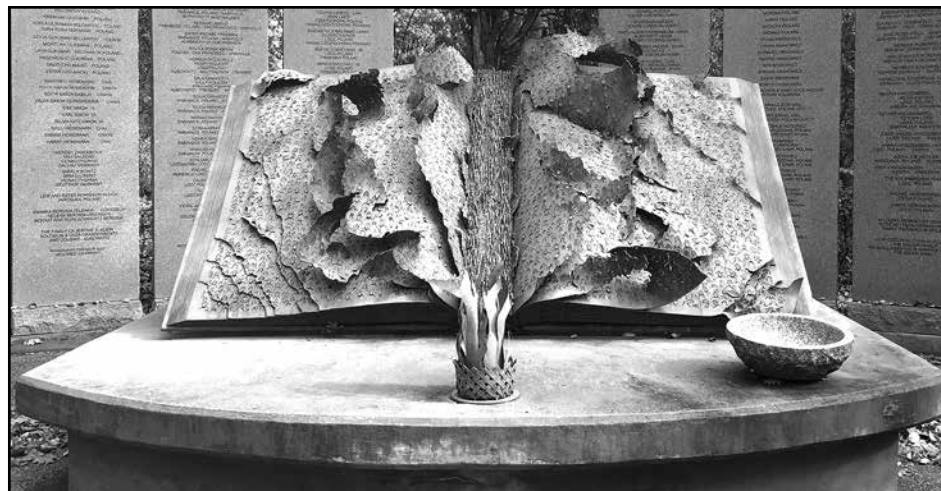
The week's commemorative and educational activities wrap up on Sunday, April 19th, when all the docents will lead tours for the middle- and high-school students of Congregation Sherith Israel, West End Synagogue, Temple Ohabei Shalom, and Congregation Micah. The students will have the opportunity to create a ceramic butterfly in memory of the child victims of the Holocaust.

Nashville's Holocaust Memorial, located on the grounds of the Gordon Jewish Community Center in Bellevue, is a sacred space for remembering those who suffered during the Holocaust. The twelve Pillars of Remembrance contain names of family members who perished, as well as those who survived and subsequently lived in the Nashville area.

Holocaust Memorial Committee Chair, Felicia Anchor, commented, "For many of us second, third, and now fourth-generation survivors there is no cemetery we can visit to remember and honor our loved ones lost in the Shoah. The Memorial was created for this purpose;

as well as to educate future generations about the dangers of antisemitism and other forms of hatred."

To reserve your space, or ask questions, email docent chair Marsha Raimi at nashvilleholocaustmemorial@gmail.com.



Book of the Jewish People sculpture, created by Alex Limor to honor the memory of his father, Holocaust survivor Irvin Limor.



PLAN YOUR



...so that it's not just a fairy tale.

By LORETTA SAFF

What if retirement isn't the end of the road but instead the moment the road splits into a dozen new directions? For many that moment is unsettling. After all, they've spent many decades planning the money part (savings, investments, Social Security, etc.), and now they realize they've spent very little time considering the life part!

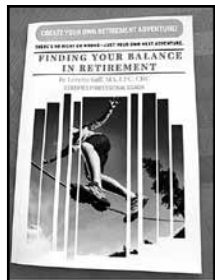


Research shows that 69% of retirees struggle to adapt because they did not realize retirement would present such big questions like identity, purpose, and how they actually want to spend their time.

I have been encouraging you to think about those questions before doubt, restlessness, or regret take hold. Of course, you'll want joy and fun along with fulfillment in retirement. When you combine these with what you are actually curious about, you will give yourself a head start.

Helping people answer those questions is what inspired my new magazine-style book, *FINDING YOUR BALANCE IN RETIREMENT: An Interactive Guide To Creating Your Retirement Adventure*.

Remember those Choose Your Own Adventure books many of us read



as kids? At the end of the page, we had to decide:

If you climb the mountain, turn to page 48. If you run from the dragon, turn to page 17.

Retirement turns out to work much the same way. Finding your balance in retirement means **starting to experiment** with things you enjoy doing, used to enjoy doing, suspect you might enjoy or have always been curious about.

In the book, you'll meet Steve who is trying to figure it all out. Steve experiments with different paths – volunteering, learning, mentoring, hobbies, new challenges. Some choices energize him. Others, not so much.

But that is the beauty of retirement. There isn't a right path or a wrong one. There is simply the one you discover that fits you best.

Don't risk joining that 69% of retirees who spend their first year wasting time trying to figure it all out. Carve out a little time now to explore how you can make this next stage of life truly satisfying.

I'll close with a nod of gratitude and appreciation to Robert Frost:

THE ROAD NOT TAKEN
(a Retirement adaptation)

*Several roads diverge in the Retirement Wood,
And happily, you can travel any.
So, take time, **start now** to think which are good
Because they are so mixed and many.*

Picture yourself with lots of free time
*What excites you to do or explore?
Make a list, find connections - check out that road
And watch how your spirits will soar!*

*Then when you retire, you'll know your path
There won't be any closed door or fence
Because you **started early** your path to choose
And... **it'll make all the difference.**"*

HAPPY PASSOVER!
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