

## @ Temple

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love the movement, the music and the way BeMoved makes you feel. Wear your favorite work out attire & come ready to dance.

3:30pm at The Temple

\$18 for all three session

The proceeds from this event will go towards The Quinn Cunningham Memorial Scholarship Fund at MTSU

Register at <https://www.templenashville.org/form/BeMoved>

### Tot Shabbat Indoor Playground Playdate

Saturday, January 10th

9:00-10:30am

The "Big Room" at The Temple

Challah provided

It will be a time for parents and children to meet and connect! (No RSVP required)

### Tot Shabbat –Tot Tu B'sh Tot at The Temple

Saturday, January 31st at 10:00am

For families with children up to age 5

Tot Shabbat offers families the chance to celebrate Shabbat with their young children in a creative way!



## @ West End

For links to the following online services or programs, please scan the QR code for our LinkTree, email [office@westendsyn.org](mailto:office@westendsyn.org), or visit our calendar on ShulCloud at <https://westendsyn.shulcloud.com/calendar>.



### 01/06 – Author Exploration Book Club – 11:00 a.m.

WES Author Exploration Book Club are exploring works by classical Jewish authors. This month we will continue reading short stories by Y. S. Agnon. Please email Susan Pankowsky, WES Librarian, at [spankowsky@westendsyn.org](mailto:spankowsky@westendsyn.org), for additional information.

### 01/07 – The Sandi Goldstein Learn & Lunch Program for Ages 60+ – 11:00 a.m.

Reservation required, catered lunch following the presentation.

Speaker: Ziv Shemesh

Lunch Catered by Goldie Shepard at 12:00 p.m. Cost: \$5.00

RSVP by calling 615-269-4592 ext. 11 or emailing [office@westendsyn.org](mailto:office@westendsyn.org).

### 01/07 – Sisterhood Book Club – 7:00 p.m. (via Zoom)

We're starting the year with something light, fun, and full of heart: Love You a Latke by Amanda Elliot. It's a sweet, breezy read — perfect for easing back into routine after the holidays. Pour yourself a cup of tea, curl up somewhere cozy, and join us on Zoom for a warm conversation and plenty of laughter. Register at the following link: <https://westendsyn.shulcloud.com/event/sisterhood-book-club-1-26>

### 01/08 – Torah for Men – 12:00 p.m.

We continue our exploration of the Book of Nehemiah while enjoying great pizza!

### 01/09 – Potluck Shabbat – 7:00 p.m.

Join us for Shabbat dinner following Kabbalat Shabbat services (6:00-7:00p.m.). Bring a dairy or pareve dish to share. RSVP by emailing [spaz@westendsyn.org](mailto:spaz@westendsyn.org).

### 01/10 – Kid-ish Club – 10:30 a.m.

Inviting all 2nd – 7th graders and their parents for Kid'ish Club, our monthly Shabbat T'filah Lab, led by our Teens and Morah Paz on Shabbat morning from 10:30-11:30 a.m. Kiddush lunch to follow.

### 01/11 – Music & Me with Brett Fromson – 10:30-11:30 am

Sing a-long-and socializing for children ages infant – three and their parents.

### 01/11 – Introduction to Judaism Week 1 – 9:30 a.m.

Rabbi Joshua Kullock will once again be teaching our Introduction to Judaism class, in partnership with the Miller Introduction to Judaism Program from the

American Jewish University (AJU). Classes will take place in person every Sunday morning at 9:30a.m. from January 11th – mid-May 2026. To register for the class, and for more information please visit: <https://tinyurl.com/wesintro26>. The registration form and further information can also be found in our LinkTree, which can be accessed by scanning the QR code at the top of this page.

### 01/14 – Torah for Women – 11:00 a.m. (on Zoom)

We continue learning together the Book of Judges.

### 01/18 – Bagels & Tequila Sunrise– 10:30 a.m.

Fight the winter dreariness at the January installment of Bagels &. This month we will be adding some brightness to our winter darkness as we brighten our day with some delicious Tequila Sunrises to complement our Bagel Brunch. Come schmooze and nosh with old friends and make new ones. The registration form and further information can also be found in our LinkTree, which can be accessed by scanning the QR code at the top of this page.

### 01/21 – The Sandi Goldstein Learn & Lunch Program for Ages 60+ – 11:00 a.m.

Reservation required, catered lunch following the presentation.

Speaker: Judy Alperin

Lunch Catered by Goldie Shepard at 12:00 p.m. Cost: \$5.00

RSVP by calling 615-269-4592 ext. 11 or emailing [office@westendsyn.org](mailto:office@westendsyn.org).

### 01/24 – Sisterhood Shabbat – 9:30 a.m.

Our annual Sisterhood Shabbat is right around the corner, and it's one of the highlights of our year. It's a morning filled with meaning, inspiration, and the beauty of our community coming together to lift one another up.

### 01/25 – Torah Writing Kick-Off – 9:00 a.m.

Join us as we begin writing our new Sefer Torah. As part of our celebrations marking our 150th anniversary, we will gather in our Main Sanctuary to witness as a holy congregation the writing of the first lines of our new Torah.

### 01/30 – 4th & 5th Grade Kabbalat Shabbat

Enjoy Kabbalat Shabbat led by our Beit Miriam students, followed by Shabbat dinner.

### 01/31 – Birthday Shabbat – 9:30 a.m.

Celebrating everyone with a January birthday. Come for a special birthday treat!

## Ongoing Religious Services and Learning Opportunities

**Shacharit: In-Person Monday-Friday at 7:00 a.m. and Sundays at 9:00 a.m.**

Our minyanaires are always looking for more people to strengthen the only egalitarian minyan in town! Sunday services are at 9:00 a.m. and Monday-Friday services at 7:00 a.m. Thursday minyan is followed by breakfast.

**Talmud Class with Rabbi Joshua: In-person on Tuesdays at 7:30 a.m.**

**Torah Study with Breakfast: In-person on Thursdays at 7:40 a.m.**

Immediately after minyan on Thursdays, typically around 7:40 a.m.

**Talmud for Young Professionals with Rabbi Joshua: In-person on Fridays at 9:00 a.m.**

**Maariv: On Zoom Sunday-Thursday at 6:00 p.m.**

Join us for daily Maariv at 6:00 p.m., Sunday-Thursday.

**Kabbalat Shabbat: In-person on Fridays at 6:00 p.m.**

You are invited to join us every Friday for Kabbalat Shabbat at 6:00 p.m.

**Shabbat Morning Services: In-person and Zoom on Saturday Mornings at 9:30 a.m.**

Please join us every Saturday morning at 9:30 a.m. Great davening, insightful learning of the Torah portion, followed by a yummy (and nutritious!) Kiddush lunch following services.

## Ongoing Social Programming

**"Holy Grounds" Coffee Bar: In-person on Sunday Mornings at 9:00 a.m.**

Join our Engagement and Program Director, Marc Jacobs at "Holy Grounds" our onsite coffee lounge, every Sunday at 9:00 a.m. RSVP by emailing [mjacobs@westendsyn.org](mailto:mjacobs@westendsyn.org), or just drop by. •