

# At Our Congregations...

## Nashville's congregations

Here are the websites for all five Nashville Jewish congregations, with information on services, upcoming events and more:

Congregation Beit Tefilah Chabad, [www.chabadnashville.com](http://www.chabadnashville.com)

Congregation Micah, [www.congregationmicah.org](http://www.congregationmicah.org)

Congregation Sherith Israel, [www.sherithisrael.com](http://www.sherithisrael.com)

The Temple – Congregation Ohabai Sholom, [www.templenashville.org](http://www.templenashville.org)

West End Synagogue, [www.westendsyn.org](http://www.westendsyn.org)

The Observer provides congregational listings of events and services as a complimentary service to the community. If your congregation is not listed, it is because we did not receive the information in time to meet our publication deadline. Please give your rabbi, executive director, or synagogue volunteer a gentle nudge.



## A Night of Remembrance, A Day of Reflection: Tisha B'Av at Beit Tefilah

Tisha B'Av—the saddest day on the Jewish calendar—is a time when we come together as a community to reflect, to remember, and to mourn the destruction of our Holy Temple and the many tragedies that have befallen our people throughout history.

This year, Tisha B'Av begins on Saturday night, August 2, with the fast starting at 7:51 PM, and concludes on Sunday night, August 3, at 8:19 PM.

Chabad of Nashville warmly invites you to gather with us at Congregation Beit Tefilah Chabad for two special moments of connection and reflection:

**Saturday Night, August 2 at 8:45 PM**

A moving Tisha B'Av Memorial Service with the traditional candlelit reading of Eicha (Lamentations) as we sit low and reflect on the brokenness of the world and the hope for redemption.

**Sunday, August 3 at 7:00 PM**

Join us for Mincha Service with Torah reading, as we don Tallit and Tefillin and begin to shift from sorrow to hope, followed by a light break-fast after nightfall.

Let's come together on this sacred day—united in memory, in faith, and in hope for a brighter future.

For more details, visit [chabadnashville.com](http://chabadnashville.com).

## Discover the Power of Trust

Now more than ever, people are seeking meaningful ways to deepen their trust in G-d.

In response, Chabad of Nashville is launching a six-week course on “The Gate of Trust” (*Shaar HaBitachon*), a powerful section from the classic work of “*Duties of the Heart*”. *Chovot HaLevavot*.

This new course will bring the teachings of **Shaar HaBitachon** into dialogue with today's challenges, offering practical wisdom on how to cultivate genuine and unwavering trust in G-d—not as an abstract idea, but as a guiding force in everyday life.

Through engaging lessons, students will explore how trust in G-d can foster inner peace, emotional resilience, and strong moral character. Each session will provide tools for navigating real-life situations—whether in relationships, the workplace, or personal struggles—through the lens of faith and spiritual awareness. The Rebbe often encouraged the study of this timeless text as a transformative path toward strengthening one's faith.

The course will be taught by Dr. Michael Zemel, and begins Tuesday, August 5, at 7:00 PM, and will run for six consecutive Tuesdays, live on Zoom, via the Chabad of Nashville virtual classroom. Register at [chabadnashville.com](http://chabadnashville.com) for login information.

## Fuel Your Week with Soul & Insight — All from Home

Start your Sunday morning with meaning, inspiration, and community.

Join Rabbi Levi Tiechtel every **Sunday at 10:30 AM** for a **refreshing dose of Jewish wisdom** drawn from the weekly Torah portion — timeless lessons that uplift, challenge, and empower.

From ancient truths to modern-day relevance, discover how the **Parsha** speaks to you, right now.

**No RSVP, no pressure — just inspiration.**

Zoom in from wherever you are.

Email [chabadnashville@gmail.com](mailto:chabadnashville@gmail.com) for the link.

**Presented by Chabad of Nashville:**

Because your week deserves a deeper start.

## You're Invited: Shabbat Morning at Chabad of Nashville

### Where Prayer Meets Community, and Cholent Warms the Soul

There's something special happening every Shabbat morning at Chabad. It's where friends gather, spirits are lifted, and hearts are full.

Join us at **10:00 AM** for a meaningful and joyful **Shabbat service**, filled with soulful prayer, heartfelt kavanah, beautiful singing, and words of Torah that inspire and uplift.

After services, stay for a **warm, home-cooked cholent, freshly baked challah**, and a **gourmet buffet lunch** shared around a table of laughter, stories, and connection. And of course, a **lively farbrengen** with a friendly **L'Chaim** to top it all off.

Whether you come every week or it's your first time, there's a seat for you at our table—and a place for you in our family.

**Come feel the warmth of Shabbat. We can't wait to welcome you!**

## Two Special TGIS Shabbat Dinners This August!

There's nothing like welcoming Shabbat surrounded by friends, joy, and delicious food—and that's exactly what TGIS (Thank G d It's Shabbat) is all about!

Join us for a warm, all-inclusive Shabbat experience filled with traditional dishes, uplifting singing, a heartwarming Chassidic story, and the kind of community connection that makes Friday night feel truly special.

Mark your calendar for two beautiful evenings: Friday, August 8 & Friday, August 22, 6:30 PM, at Chabad of Nashville.

Whether you come with friends or on your own, you'll leave feeling full—in every sense of the word. There's no cost to attend, but we'd love to know you're coming!

Kindly RSVP by emailing: [chabadnashville@gmail.com](mailto:chabadnashville@gmail.com)

There is a seat waiting for you at our Shabbat table!

## Torah & Tea - For Women, By Women

Take a moment for yourself each Shabbat to nourish your soul, your mind—and your spirit.

Torah & Tea is a weekly *women's-only* Torah study group that gathers every Shabbat afternoon following the sit-down lunch at Congregation Beit Tefilah Chabad, at 1:00 PM

Led by Rebbetzin Esther Tiechtel, these classes blend timeless Jewish wisdom with a fresh, engaging style—sprinkled with warmth, wit, and heartfelt connection. Together, we'll explore meaningful topics that speak to the modern Jewish woman, drawn from the most enduring source of all: the Torah.

Join a beautiful circle of Nashville women for:

- Inspiring Torah study
- Warm camaraderie
- Hot tea & delicious refreshments

Come as you are, and leave uplifted.

No RSVP necessary—just bring an open heart.

## Searching for Meaning? Start with a Study Partner

Ever wanted to dive deeper into Jewish learning—but didn't know where to start or who to learn with?

Chabad of Nashville is here to help! We'll connect you with a personal study partner (Chavruta) so you can explore the topics and texts that matter most to you—at your own pace, on your own schedule.

Whether you're curious about Chumash, Tanya, Halacha, Hebrew reading, or something else entirely, this is your chance to grow, ask, discover, and connect—one meaningful session at a time.

Here's how to get started:

Send an email to [ChabadNashville@gmail.com](mailto:ChabadNashville@gmail.com) with:

- Your name
- Contact info
- The topics or texts you'd like to study

We'll match you with the right partner to help elevate your learning—and your life.

Because every soul shines brighter with Torah.



@ Micah

Congregation Micah - an inclusive, innovative synagogue exploring and celebrating Jewish life - is committed to building community and repairing the world! We offer creative and diverse ways to live a Jewish life in Tennessee and beyond, using the

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## @ Micah

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rich beliefs and practices of Progressive Judaism as our foundation. Visit our 30+ acre campus or access our virtual programs from our website, [www.congregationmicah.org](http://www.congregationmicah.org). Like us on socials: Facebook, and Instagram @MicahNashville; sign up for our e-blasts; learn and pray with us in-person, or livestream our service on our website, YouTube, or Facebook. In our tent, there is room for everyone!

## Weekly Events

### Sanctuary Shabbat Services: Fridays at 6 PM

At Micah, we approach God in many ways: the inspiration of words, the beauty of sacred space, the authenticity of our intentions, and through the power of music and song. Join us in-person or virtually for services this month that will be as diverse as they are engaging, as moving as they are participatory. Come early and schmooze with us starting at 5:30 PM! Light refreshments are served.

### Saturday Morning Torah Study: 9 AM on Zoom

Deep conversations about the text with thoughtful and caring people led by the clergy.

### Mah Jongg: Tuesdays from 12:30 PM- 3:30 PM

Join our players for an afternoon of fun in the social hall! For more information, contact Paula: [pgkwn@comcast.net](mailto:pgkwn@comcast.net).

### Schmooze & Views: Thursdays from 10:30 AM- 11:30 AM

At Micah, we keep politics off the pulpit but not out of the building. Share your views in a round-table discussion on current events facilitated by Rabbi Flip and Dr. Bob Smith.

## August Events

### Pickin' Party: Friday, August 8 at 7 PM

Come together at Edwin Warner Park for their summer Full Moon Pickin Party following Shabbat services.

Purchase tickets at <https://warnerparks.org>



## @ Sherith Israel

## Shabbat Morning, August 9th

Guest Speaker: Rabbi Elie Mischel, Director of Education, Israel365

## Sunday, August 17th

Annual End of Summer Barbecue  
RSVP at [www.sherithisrael.com](http://www.sherithisrael.com)

## Schedule of Services:

### Weekdays:

6:30 am Shacharit  
7:00 pm Mincha / Maariv

### Sundays:

8:00 am Shacharit  
7:00 pm Mincha / Maariv

### Friday/Shabbat:

7:00 pm Mincha / Kabbalat Shabbat  
9:00 am Shacharit  
Mincha/Maariv - 72 minutes prior to Havdalah



## @ The Temple

### Exploring the Prayerbook

Every Friday from 5:00-5:40 PM before Shabbat Services  
Start Shabbat with a little study each week. We will explore the prayers of our Shabbat Service and discuss, and discover how these ancient Jewish texts still speak to us today.

Join us in person or via zoom at <https://www.templenashville.org/virtual-programming.html>

### First Fridays with Alyssa

Join us on August 1st for Nosh & Conversation with our Temple President, Alyssa 5:00pm prior to Shabbat Services

### Shabbat Schedule for August at The Temple

Our Shabbat Services will be held in person at The Temple. You can also watch via zoom from <https://www.templenashville.org/virtual-programming.html>

Friday, August 1st -6:00 PM – Shabbat Service and Nice Jewish Runners Shabbat

Friday, August 8th- 6:00 PM- Family Shabbat Service with Birthday Blessings

Friday, August 15th -6:00 PM- Shabbat Service

Friday, August 22nd-6:00 PM- Blue Jean Shabbat

Friday, August 29th-6:00 PM- Blue Jean Shabbat

### Chevrah Torah Study

9:30AM on Saturdays

Join us for our weekly Torah study on the portion of the week, led by the clergy.

You can join us in person at The Temple or via zoom from <https://www.templenashville.org/virtual-programming.html>

### Golden Lunch Bunch

Our Golden Lunch Bunch will meet at Temple from 11:30-1:00pm on

- August 5th – Amy Jarman | Classical Vocalist

- August 19th- Jon Byrd | Real Country

RSVP to Jewish Family Service at 615-354-1686 or via email at [helpinghands@jfsnashville.org](mailto:helpinghands@jfsnashville.org)

### Women's Torah Study

August 7th, 14th, 21st, 28th

10:30 AM

Ongoing weekly women's Torah study led by Patty Marks. Available in person at The Temple and via zoom through <https://www.templenashville.org/virtual-programming.html>

### Lunch with the Rabbi

August 7th, 14th, 21st, 28th

Lunch at 11:30AM

Program 12:00-1:00 PM

\$15 per person for lunch

Engage with Rabbi Danziger and guests in a discussion of current and important issues from a Jewish perspective.

RSVP on [templenashville.org/virtual-programming.html](https://www.templenashville.org/virtual-programming.html) or by calling the Temple at 615-352-7620

Available in person and via zoom at <https://www.templenashville.org/virtual-programming.html>

### Monday Mah Jongg

Join us for MAH JONGG Mondays at The Temple!

August 4th, 11th, 18th, 25th

1:00pm

Drop in for Mah Jongg. We'll have coffee and water. Bring your friends, a card, and a set and have some fun. Mah Jongg cards and sets are available for purchase in The Temple Gift Shop.

### Chai Society Sounds Game- Saturday, August 9th

Join members 65 and older for fun at the ballpark. Game begins at 6:35pm against the Jacksonville Jumbo Shrimp

Purchase your tickets by August 1st at [templenashville.org/form/ChaiSounds](https://www.templenashville.org/form/ChaiSounds)

Contact Sheri Rosenberg at [sheri@templenashville.org](mailto:sheri@templenashville.org) for more information.

### BAGELS & Shabbat Fun in Hendersonville

The Temple is coming to Sumner County for BAGELS & Shabbat Fun! All are welcome!

Join Rabbi Danziger on Saturday, August 16th at 10:30am at the Hendersonville Public Library (140 Saundersville Rd)

RSVP to Sheri at [sheri@templenashville.org](mailto:sheri@templenashville.org) by August 13th.

### Temple Together Baseball Night-August 23rd

Join Temple Together, the group for people ages 35ish-50ish for: Baseball Night with The Nashville Sounds

Game begins at 6:35pm against the Louisville Bats. Tickets are \$19 and Children are Welcome!

Purchase your tickets by August 15th at [templenashville.org/form/sounds](https://www.templenashville.org/form/sounds)

Contact Sheri Rosenberg at [sheri@templenashville.org](mailto:sheri@templenashville.org) for more information.

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Learn more about the  
Jewish Federation of Greater Nashville  
at [www.jewishnashville.org](http://www.jewishnashville.org)



# At Our Congregations...

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## @ West End

For links to the following online services or programs, please email [office@westendsyn.org](mailto:office@westendsyn.org) or visit our website calendar for more information <https://westendsyn.shulcloud.com/calendar>

### 8/1 - Shabbat in Williamson County - 6:00 p.m.

Join your fellow Williamson County & Bellevue WES members for a special Shabbat! Services will start at 6:00 p.m. with potluck dinner after. There is no cost to the event, but participants must bring a dairy or pareve dish to share. Go to [tinyurl.com/shabbatinwilliamsoncounty](https://tinyurl.com/shabbatinwilliamsoncounty) to rsvp and select your dish.

### 8/4 - Sisterhood Book Club: By Any Other Name - 7:00 p.m. (on Zoom)

7:00 p.m. on Zoom. Join us as we discuss *By Any Other Name* by Jodi Picoult. Go to [bit.ly/MCSAugust2025BookClub](https://bit.ly/MCSAugust2025BookClub) to rsvp.

### 8/6 - Women's Torah Group (on Zoom) - 11:00 a.m.

Rabbi Joshua leads our Women's study group. We are learning the book of Joshua.

### 8/9 - Alex Shipkoff Bar Mitzvah - 9:30 a.m.

### 8/10 - Music & Me for Families with Young Children 3 and under - Sunday, 3:30 p.m.

Inviting all parents and children 3 and under for an afternoon of music and movement with singer/song writer, Brett Fromson, on Sunday, August 10th, from 3:30-4:30 p.m. RSVP by emailing [spaz@westendsyn.org](mailto:spaz@westendsyn.org).

### 8/10 - Annual Welcome Back BBQ

Get ready to fire up your taste buds at the annual WES Welcome Back BBQ! More information coming soon.

### 8/13 - The Sandi Goldstein Learn & Lunch Program for ages 60+ - 11:00 a.m.

Reservations required, catered lunch following the presentation.

Speaker: Rabbi Joshua Kullock

Lunch catered by Goldie Shepard at 12:00 p.m. Cost: \$5.00

RSVP 615-269-4592 ext. 11 or [office@westendsyn.org](mailto:office@westendsyn.org).

### 8/14 - Men's Torah Group (in person) - 12:00 p.m.

Join us for our Torah class for men followed by a pizza lunch. We are currently reading the Book of Ezra.

### 8/15 - Ramah Reunion Kabbalat Shabbat - 6:00 p.m.

Campers and Madrichim will lead Kabbalat Shabbat services, followed by Shabbat Dinner. More information coming soon.

### 8/20 - First Day of Beit Miriam - 4:15 p.m.

### 8/22 - It's Shabbat - 5:30 p.m.

Families with young children are invited to join us for Shabbos schmoozing, candle lighting, Kiddush blessing, HaMotzi, and Shabbat songs on Friday from 5:30-6:30 p.m. Email [spaz@westendsyn.org](mailto:spaz@westendsyn.org) to RSVP.

### 8/22 - Potluck Shabbat - 6:00 p.m.

Join us for dinner following Kabbalat Shabbat services (6:00-7:00 p.m.). Bring a dairy or pareve dish to share. RSVP to [spaz@westendsyn.org](mailto:spaz@westendsyn.org). Weather permitting, we may dine outside!

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**Thank you for allowing us to remain Middle Tennessee's most awarded independent insurance agency.**

**How do we do it? Because We Work for You...and No One Else.**

We offer a broad array of insurance programs from the country's top carriers, allowing us to custom-tailor protection plans for your company at the most competitive rates. Our experienced advisors are here to ensure you get the assistance and support necessary to protect your business and team.



Circle of Excellence



Platinum Elite Level  
Circle of Excellence



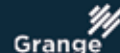
Sapphire Agency Award



Premier Partner



Silver Premium Partner



Senior Partner Plus



Stag Agent Award



Top Producer



Platinum 25 Agency



Top Producer



Chairman's Circle



Leader's Conference



Top Performer



\$1 Million Partner



Elite Agent



Gold Level Producer

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