

@ Chabad

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Shabbat afternoon following the sit-down lunch at Congregation Beit Tefilah Chabad, at 1:00 PM

Led by Rebbetzin Esther Tiechtel, these classes blend timeless Jewish wisdom with a fresh, engaging style, sprinkled with warmth, wit, and heartfelt connection. Together, we'll explore meaningful topics that speak to the modern Jewish woman, drawn from the most enduring source of all: the Torah.

Join a beautiful circle of Nashville women for:

- Inspiring Torah study
- Warm camaraderie
- Hot tea & delicious refreshments

Come as you are, and leave uplifted.

No RSVP necessary, just bring an open heart.

Your Saturday Morning, Elevated

Join us for an inspiring Shabbat experience at Chabad of Nashville.

Begin your morning at 10:00 AM with uplifting prayer, meaningful Torah reading, thoughtful learning, and an inspiring weekly message, all in an atmosphere of warmth, joy, and authentic community.

Following services, enjoy a beautifully prepared Kiddush featuring hot cholent, freshly baked challah, a gourmet buffet lunch, and a lively farbrengen with friendly L'Chaims and uplifting conversation.

Refined yet welcoming, meaningful yet relaxed, this is a Shabbat morning designed to nourish both soul and spirit.

Come experience Shabbat with depth, beauty, and connection.

Whether you are a regular or joining for the first time, you will find connection, inspiration, and community waiting for you



@ Congregation Micah

Congregation Micah – an inclusive and innovative Reform synagogue dedicated to exploring and celebrating Jewish life – is deeply committed to building meaningful community and repairing the world. We offer creative, engaging, and diverse pathways to Jewish living in Tennessee and beyond, grounded in the rich beliefs and practices of Progressive Judaism. Experience our beautiful 30+ acre campus in person or take part in our vibrant virtual programs anytime through our website, www.congregationmicah.org. Stay connected by following us on social media: Facebook and Instagram @MicahNashville. Learn, pray, and celebrate with us in person, or livestream our services on our website or YouTube. In our tent, there truly is room for everyone.

Weekly Events

Sanctuary Shabbat Services: Fridays at 6 PM

Shabbat at Micah offers many pathways to the Divine through inspiring words, the beauty of sacred space, heartfelt intention, and the power of music and song. Each service is thoughtfully crafted to be welcoming, participatory, and spiritually uplifting. Services reflect the diversity of our community and invite you to engage in ways that feel meaningful to you. Come early to schmooze with old and new friends beginning at 5:30 PM, when light refreshments are served. Services are available in person and online.

Torah Study: Saturdays at 9 AM on Zoom

Begin your Saturday with rich conversation and learning as we explore the weekly Torah portion together. Led by our clergy, this group brings together thoughtful, curious, and caring participants for in-depth discussions, diverse perspectives, and meaningful connections with the text and one another.

Mah Jongg: Tuesdays from 12:30 PM–3:30 PM

Enjoy a lively and friendly afternoon of Mah Jongg in Micah's social hall. Players of all levels are welcome for games, laughter, and connection. For more information, please contact Paula at pgkwn@comcast.net.

Storah Time: Tuesdays at 7 PM on Zoom

Storah Time is a reflective and accessible supplement to our weekly Torah Study. This evening gathering invites you into learning that blends story, interpretation, and spiritual exploration in a gentle, welcoming space designed to meet you exactly where you are.

Schmooze & Views: Thursdays from 10:30 AM–11:30 AM

At Micah, we keep politics off the pulpit but not out of the building. Schmooze & Views offers a respectful, engaging round-table discussion of current events, facilitated by Rabbi Flip and Dr. Bob Smith. Bring your thoughts, listen deeply, and enjoy thoughtful conversation in a welcoming community setting.

April Events



Songs of Freedom and Renewal: Saturday, April 4, Doors at 8 PM at the Bowery Vault

Songs of Freedom and Renewal is a powerful evening of music, rhythm, and spirit featuring acclaimed performer Billy Jonas and Cantor Josh Goldberg. The evening promises an engaging and uplifting musical journey that invites the audience not only to listen - but to feel and reconnect to the themes of Passover through the universal language of music. Sponsored by a grant from The Jewish Federation of Greater Nashville.

Micah x Nice Jewish Runners: Sunday, April 12 at 9 AM

We are partnering with Nashville's Nice Jewish Runners for a fun morning of exercise and community. Come run with Rabbi Laurie, meet new people, work up a sweat, and enjoy the beauty of the outdoors.

Women's Circle: Friday, April 17 at 12 PM

Rabbi Laurie warmly welcomes you to Women's Circle, a relaxed and meaningful conversation group. All are welcome, and friends are always encouraged. Come as you are and enjoy thoughtful connection, a light meal, and community.

Micah Reads: Monday, April 20 at 7 PM on Zoom

Education Director Julie Greenberg guides an engaging and thoughtful discussion of *The Women Who Smashed Codes* by Jason Fagone. All are welcome to take part in a lively conversation, share insights, and explore the book together in a welcoming setting.

Jewish Music History Part 2: Thursday, April 23 and 30 at 6 PM

Micah's very own Cantor Josh Goldberg leads this two-part educational class on the role of the cantor. If you've ever been curious about how the cantor's role developed from ancient Jewish liturgical traditions and how Jewish cultural norms shaped expectations of these sacred singers, this class is for you.

Micah Minis: Saturday, May 2 at 9:30 AM

Experience a joyful, high-energy Shabbat celebration created especially for families with children 7 and under, where music, movement, and meaningful moments come together in a warm and welcoming space. This lively gathering encourages kids to be themselves, fosters a sense of community, and creates beautiful family memories filled with laughter, connection, and Jewish joy that carries into the rest of the weekend.



@ Sherith Israel

Scholar in Residence – Yiscah Smith

Join Congregation Sherith Israel for a special **Scholar-in-Residence Shabbat with Yiscah Smith**, May 1–2, during **Shabbat Parashat Emor**. A spiritual activist, educator, and meditation guide, Yiscah brings Jewish contemplative teachings to life, helping individuals connect with the Divine spark within and live with authenticity and integrity.

Yiscah will teach throughout Shabbat, including **Friday night: "Loving Life with All Our Heart, Soul, and Might,"** **Shabbat morning: "Cultivating the Holistic Approach to Talmud Torah,"** and **learning after Kiddush on Parashat Emor: "Loving Peace and Pursuing Peace."** Join us for an inspiring Shabbat of Torah, reflection, and spiritual growth.

Film Screening – *Son of a Seeker*

Congregation Sherith Israel invites you to the U.S. debut screening of the documentary *Son of a Seeker* by filmmaker Kai Balin on **Wednesday, April 15, 2026**.

The evening begins at **7:30 PM with light refreshments**, followed by the **film screening at 8:00 PM**. The film tells the deeply personal story of a young man navigating questions of Jewish identity after Orthodox Judaism denies his status as Jewish, leading him on a journey to uncover his past and explore what it means to remain Jewish in the 21st century.

Following the screening, stay for a **9:00 PM Q&A with director Kai Balin**, moderated by **Rabbi Saul Strosberg**.

Annual Pesach Sedarim

Celebrate Pesach with the **Congregation Sherith Israel Annual Community Sedarim**, two beautiful evenings of tradition, storytelling, and festive Passover cuisine. On **Wednesday, April 1 at 7:45 PM**, join us for **"The Traditional Seder,"** hosted by the **Strosberg Pressner family**. On **Thursday, April 2 at 8:15 PM**, experience **"The Sephardic Seder,"** hosted by the **Saadon family**, with the meal prepared by **Goldie Shepherd**.

Community members of all ages are warmly invited to gather together for meaningful Sedarim that bring the story of freedom to life.

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