

## Nashville's congregations

Here are the websites for all five Nashville Jewish congregations, with information on services, upcoming events and more:

Congregation Beit Tefilah Chabad, [www.chabadnashville.com](http://www.chabadnashville.com)

Congregation Micah, [www.congregationmicah.org](http://www.congregationmicah.org)

Congregation Sherith Israel, [www.sherithisrael.com](http://www.sherithisrael.com)

The Temple – Congregation Ohabai Sholom, [www.templenashville.org](http://www.templenashville.org)

West End Synagogue, [www.westendsyn.org](http://www.westendsyn.org)

The Observer provides congregational listings of events and services as a complimentary service to the community. If your congregation is not listed, it is because we did not receive the information in time to meet our publication deadline. Please give your rabbi, executive director, or synagogue volunteer a gentle nudge.



## @ Chabad of Nashville

### Start Your Mornings With Starbucks, Community and Prayer

Chabad of Nashville hosts a **daily morning minyan**, bringing consistent communal prayer to the heart of Jewish life in Nashville.

Each morning begins not only with prayer, but with warmth and hospitality. **Fresh Starbucks coffee is served daily**, creating a welcoming atmosphere as participants start their day together.

On **Mondays and Thursdays**, the experience is elevated even further with a **delicious catered breakfast** from Nova, Nashville's newest kosher market. The breakfast spread features freshly baked pastries, burekas, rugelach, poached eggs, Israeli salad, and a variety of other flavorful delicacies that make these mornings especially inviting.

The daily minyan schedule is as follows:

<b>Sunday</b>	9:00 AM
<b>Monday and Thursday</b>	8:15 AM
<b>Tuesday, Wednesday, and Friday</b>	8:30 AM
<b>Shabbat morning</b>	10:00 AM

Community members who wish to stay informed and connected are invited to join the **Minyan WhatsApp group** by texting **615-480-4731**.

All are welcome to join and experience the inspiration, camaraderie, and spiritual energy of beginning the day together in prayer as a unified community.

### Fuel Your Week With Soul & Insight — All From Home

Start your Sunday morning with meaning, inspiration, and community.

Join Rabbi Levi Tiechtel **every Sunday at 10:30 AM** for a refreshing dose of **Jewish wisdom drawn from the weekly Torah portion**, timeless lessons that uplift, challenge, and empower.

From ancient truths to modern-day relevance, discover how the Parsha speaks to you, right now.

No RSVP, no pressure, just inspiration.

Zoom in from wherever you are.

Email [chabadnashville@gmail.com](mailto:chabadnashville@gmail.com) for the link.

Presented by Chabad of Nashville:

Because your week deserves a deeper start.

### All Are Invited To The TGIS Shabbat Dinner

There's nothing like welcoming Shabbat surrounded by friends, joy, and delicious food—and that's exactly what **TGIS** (Thank G-d It's Shabbat) is all about!

Join us for a warm, all-inclusive Shabbat experience filled with traditional dishes, uplifting singing, a heartwarming Chassidic story, and the kind of community connection that makes Friday night feel truly special.

Mark your calendar for two beautiful evenings: Friday, **March 13, Shabbat Vayakehel-Pekudei**, and Friday, **March 27, Shabbat Vayikra**, at 6:30 PM, at Chabad of Nashville.

Whether you come with friends or on your own, you'll leave feeling full—in every sense of the word. There's no cost to attend, but we'd love to know you're coming!

Kindly RSVP by emailing: [chabadnashville@gmail.com](mailto:chabadnashville@gmail.com)

There is a seat waiting for you at our Shabbat table!

### Torah & Tea — For Women By Women

Take a moment for yourself each Shabbat to nourish your soul, your mind, and your spirit.

**Torah & Tea** is a weekly women's-only Torah study group that gathers every **Shabbat afternoon** following the sit-down lunch at Congregation Beit Tefilah Chabad, at 1:00 PM.

Led by Rebbetzin Esther Tiechtel, these classes blend timeless Jewish wisdom with a fresh, engaging style, sprinkled with warmth, wit, and heartfelt connection. Together, we'll explore meaningful topics that speak to the modern Jewish woman, drawn from

the most enduring source of all: the Torah.

Join a beautiful circle of Nashville women for:

- Inspiring Torah study
- Warm camaraderie
- Hot tea & delicious refreshments

Come as you are, and leave uplifted.

No RSVP necessary, just bring an open heart.

### Your Saturday Morning, Elevated

Join us for an inspiring Shabbat experience at Chabad of Nashville.

Begin your morning at 10:00 AM with uplifting prayer, meaningful Torah reading, thoughtful learning, and an inspiring weekly message, all in an atmosphere of warmth, joy, and authentic community.

Following services, enjoy a beautifully prepared Kiddush featuring hot cholent, freshly baked challah, a gourmet buffet lunch, and a lively farbrengen with friendly L'Chaims and uplifting conversation.

Refined yet welcoming, meaningful yet relaxed, this is a Shabbat morning designed to nourish both soul and spirit.

Come experience Shabbat with depth, beauty, and connection.

Whether you are a regular or joining for the first time, you will find connection, inspiration, and community waiting for you.

### The Matzah That Makes Your Seder Complete

Reserve your free Shmurah Matzah gift box today.

In honor of Passover, Chabad of Nashville is offering a complimentary box of authentic Shmurah Matzah for your Seder table.

Shmurah Matzah is handmade with care and tradition, bringing depth, meaning, and authenticity to your Passover celebration.

Request your free Matzah gift box by visiting [chabadnashville.com](http://chabadnashville.com), clicking on the Passover minisite, and submitting your request.

For more information, please call 615 646 5750.

Bring the spirit of Passover home and make your Seder truly meaningful.

## PURIM 2026 with Chabad of Nashville

Chabad of Nashville will be hosting a variety of Purim events that will be offered to the Jewish community for people of all ages, including study, ritual, cultural and spiritual.

The following are the programs that will be offered at Chabad of Nashville for Purim 2026:

### Purim Gift Distribution

Chabad of Nashville will be distributing several hundred Purim gift packages to Jewish families across Middle Tennessee. If you know of someone that would enjoy receiving a Purim gift please contact the Chabad of Nashville office.

### Multigenerational Hamantashen Bake

**First It Was Bagels. Then Rugelach. What's the Next Jewish Treat to Go Mainstream?**

**Could it be Hamantashen?**

Hamantashen, the delicious filled, triangle shaped pastry of the joyous holiday of Purim, are beloved by both children and adults who look forward to them every year.

Join Chabad of Nashville for a fun and delicious **Multigenerational Hamantashen Bake on Sunday, March 1, at 2:30 PM** in the executive kitchen at Chabad.

This hands on experience is open to the entire community and welcomes participants of all ages. Bake a variety of Hamantashen flavors together, enjoy the fun of creating in the kitchen, and take home a box of freshly baked treats just in time for Purim.

Dough and fillings will be provided. All you need to bring is your enthusiasm and appetite.

Kindly RSVP at [chabadnashville.com/hamantashen](http://chabadnashville.com/hamantashen).

For additional information, please call 615 646 5750.

**Come bake, connect, and celebrate the sweetness of Purim together.**

### The Big Megillah

**Monday, March 2, 6:30 PM - Purim Eve**

Chabad of Nashville invites you to celebrate Purim 2026 on **Saturday, March 2, at 6:30 PM** at our exciting **BIG Megillah Reading**.

The evening will begin with spirited Haman booing, an engaging Megillah reading, and a fun Hamantashen eating contest that the whole family can enjoy. Come dressed in your Purim spirit and experience an evening filled with joy, laughter, and community celebration.

All participants will receive a special Purim gift.

Bring your friends, bring your family, and join us for a memorable and meaningful Purim celebration.

### Purim on a Cruise – Family Fun Celebration

**Tuesday, March 3, 5:00 PM**

Purim Around the World 2026 - Purim on a Cruise to the Bahamas

You are warmly invited to join Chabad of Nashville on Tuesday, March 3, at 5:00 PM for our annual Purim Around the World celebration, this year featuring Purim on a Cruise to the Bahamas.

Step into an evening designed to feel like a joyful cruise through life, filled with great food, laughter, music, and the uplifting spirit of Purim. Whether you are coming with family, friends, or joining on your own, you will feel welcomed and part of something special.

*Continued on page 20*