

# At Our Congregations...

## Nashville's congregations

Here are the websites for all five Nashville Jewish congregations, with information on services, upcoming events and more:

Congregation Beit Tefilah Chabad, [www.chabadnashville.com](http://www.chabadnashville.com)

Congregation Micah, [www.congregationmicah.org](http://www.congregationmicah.org)

Congregation Sherith Israel, [www.sherithisrael.com](http://www.sherithisrael.com)

The Temple – Congregation Ohabai Sholom, [www.templenashville.org](http://www.templenashville.org)

West End Synagogue, [www.westendsyn.org](http://www.westendsyn.org)

The Observer provides congregational listings of events and services as a complimentary service to the community. If your congregation is not listed, it is because we did not receive the information in time to meet our publication deadline. Please give your rabbi, executive director, or synagogue volunteer a gentle nudge.



## @ Chabad /Congregation Beit Tefilah

### Pop Up Chanukah Gift Shop comes to Nashville

Candles, Gelt, menorahs, and gift items are all waiting for you at Chabad of Nashville's POP UP

Chanukah Gift Shop. This will be "your one stop shop for all your Chanukah needs."

At the pop-up gift shop will find a nice selection of Menorahs, candles, Chanukah gifts for all ages, decorations, dreidels, games, chocolate gelt, gift wrap and more.

The Chanukah Gift Pop Up Shop will be open from December 14 – 22, Monday thru Friday, 9:30 AM to 4:30 PM, and is located at Chabad of Nashville, 95 Bellevue Road.

For more information call 615-646-5750.

### Get Your Authentic Sufganiyot right here in Nashville

Jelly donuts are one of the most symbolic dishes of Chanukah, but have you ever wondered how that came to be? Of all the delicious fried foods to nosh on — fried pancakes, fried chicken, fried green tomatoes, schnitzel — how did the jelly donut, or sufganiyah, a.k.a. the Jelly Donut rise to popularity?

Every culinary culture has a doughy pastry fried in oil, a local version of the doughnut. Jews are no exception. Wherever Jews have lived throughout history, they've made a tradition of creating a special Chanukah version of fried dough to celebrate the Miracle of Oil. Ashkenazi Jews emigrating from Germany brought the Sufganiyot tradition to Israel in the 1930s.

This year Chabad of Nashville will be offering the opportunity to order Sufganiyot (authentic Jelly donuts) for your Chanukah celebration. All order can be placed at [chabadnashville.com](http://chabadnashville.com), and are to be made by December 10. Who can resist these fluffy pillows of dough this Chanukah. These always fly off the table. Make sure to get one before they're gone!

Sufganiyot orders can be made online at [chabadnashville.com](http://chabadnashville.com)

### Chabad to Distribute Free Menorah Kits To Go

Traveling this Chanukah, need a Menorah To Go? Chabad will be distributing free Chanukah kits that include a menorah, candles, a Dreidel, and a Chanukah gift to all who need one. Feel free to come by the Chabad Center to pick one up. For more information please call 615-646-5750, or go to [www.chabadnashville.com](http://www.chabadnashville.com)

### Fuel Your Week with Soul & Insight — All from Home

Start your Sunday morning with meaning, inspiration, and community.

Join Rabbi Levi Tiechtel every Sunday at 10:30 AM for a refreshing dose of Jewish wisdom drawn from the weekly Torah portion, timeless lessons that uplift, challenge, and empower.

From ancient truths to modern-day relevance, discover how the Parsha speaks to you, right now.

No RSVP, no pressure, just inspiration.

Zoom in from wherever you are.

Email [chabadnashville@gmail.com](mailto:chabadnashville@gmail.com) for the link.

Presented by Chabad of Nashville:

Because your week deserves a deeper start.

## Two community TGIS Shabbat Dinners This December!

There's nothing like welcoming Shabbat surrounded by friends, joy, and delicious food—and that's exactly what TGIS (Thank G-d It's Shabbat) is all about!

Join us for a warm, all-inclusive Shabbat experience filled with traditional dishes, uplifting singing, a heartwarming Chassidic story, and the kind of community connection that makes Friday night feel truly special.

Mark your calendar for two beautiful evenings: Friday, November 14, Shabbat Chayei Sarah, and Friday, November 28, Shabbat Vayeitze, at 6:30 PM, at Chabad of Nashville.

Whether you come with friends or on your own, you'll leave feeling full—in every sense of the word. There's no cost to attend, but we'd love to know you're coming!

Kindly RSVP by emailing: [chabadnashville@gmail.com](mailto:chabadnashville@gmail.com)

There is a seat waiting for you at our Shabbat table!

## Torah & Tea - For Women, By Women

Take a moment for yourself each Shabbat to nourish your soul, your mind, and your spirit.

Torah & Tea is a weekly women's-only Torah study group that gathers every Shabbat afternoon following the sit-down lunch at Congregation Beit Tefilah Chabad, at 1:00 PM.

Led by Rebbetzin Esther Tiechtel, these classes blend timeless Jewish wisdom with a fresh, engaging style, sprinkled with warmth, wit, and heartfelt connection. Together, we'll explore meaningful topics that speak to the modern Jewish woman, drawn from the most enduring source of all: the Torah.

Join a beautiful circle of Nashville women for:

– Inspiring Torah study

– Warm camaraderie

– Hot tea & delicious refreshments

Come as you are, and leave uplifted.

No RSVP necessary—just bring an open heart.

## Meet in Person for Prayer and Cholent

Chabad of Nashville is a happening place on Shabbat mornings. Join community and Friends for Shabbat morning services, replete with joyful prayer, kavanah, simcha and great energy.

Join Chabad on Shabbat mornings at 10:00 AM for prayer and Torah reading, inspiring learning and a weekly sermon, followed by a hot cholent, freshly baked Challah, a gourmet buffet lunch, and a weekly farbrengen with some friendly L'Chaim.



## @ Micah

Congregation Micah - an inclusive, innovative synagogue exploring and celebrating Jewish life - is committed to building community and repairing the world! We offer creative and diverse ways to live a Jewish life in Tennessee and beyond, using the rich beliefs and practices of Progressive Judaism as our foundation. Visit our 30+ acre campus or access our virtual programs from our website, [www.congregationmicah.org](http://www.congregationmicah.org). Like us on socials: Facebook, and Instagram @MicahNashville; learn and pray with us in-person, or livestream our service on our website, YouTube, or Facebook. In our tent, there is room for everyone!

## Weekly Events

### Sanctuary Shabbat Services: Fridays at 6 PM

At Micah, we approach God in many ways: the inspiration of words, the beauty of sacred space, the authenticity of our intentions, and through the power of music and song. Join us in-person or virtually for services this month that will be as diverse as they are engaging, as moving as they are participatory. Come early and schmooze with us starting at 5:30 PM! Light refreshments are served.

### Saturday Morning Torah Study: 9 AM on Zoom

Deep conversations about the text with thoughtful and caring people led by the clergy.

### Mah Jongg: Tuesdays from 12:30 PM- 3:30 PM

Join our players for an afternoon of fun in the social hall! For more information, contact Paula: [pgkwn@comcast.net](mailto:pgkwn@comcast.net).

### Schmooze & Views: Thursdays from 10:30 AM- 11:30 AM

At Micah, we keep politics off the pulpit but not out of the building. Share your views in a round-table discussion on current events facilitated by Rabbi Flip and Dr. Bob Smith.

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