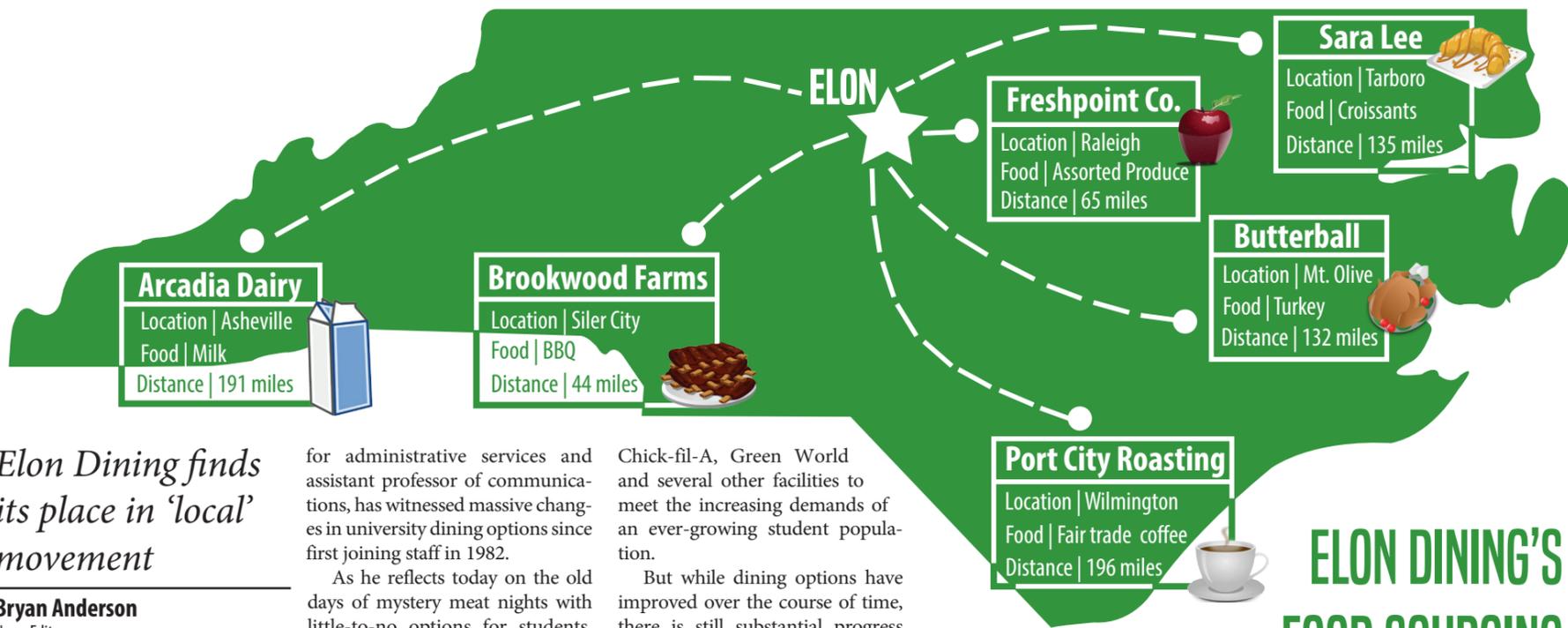


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THE PENDULUM

GOING LOCAL



ELON DINING'S FOOD SOURCING

STEPHANIE HAYS | Design Chief

Elon Dining finds its place in 'local' movement

Bryan Anderson
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Chris Fulkerson, Elon University's assistant vice president

for administrative services and assistant professor of communications, has witnessed massive changes in university dining options since first joining staff in 1982.

As he reflects today on the old days of mystery meat nights with little-to-no options for students, he can't help but think positively on how far the university has come in the last several decades. Elon has since added Biscuitville,

Chick-fil-A, Green World and several other facilities to meet the increasing demands of an ever-growing student population.

But while dining options have improved over the course of time, there is still substantial progress

See **LOCAL** pg. 5

New housing system causes troubles

Registration for Mill Point postponed

Bryan Anderson
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Elon University students are struggling to get housing arrangements in The Station at Mill Point approved for the next academic year because of technical difficulties with the Residence Life MyHousing registration system — a housing management system being used for the first time at Elon.

According to an email from MarQuita Barker, associate director of Residence Life for Operations and Information Management, the faulty housing selection process from this evening will be deleted and the signup period scheduled for tomorrow, Feb. 24, is also canceled.

"The servers from the software vendor hosting the system were not operating properly," Barker said in the email addressed to students affected by the registration diffi-



FILE PHOTO BY CLAIRE ESPARROS

Students looking to move to Mill Point for fall 2016 were unable to do so through the MyHousing registration system. Residence Life said there were server issues.

culties. "Staff from the University have been in communication with the vendor throughout the evening and they are working to identify and address the problem."

When registration opened earlier today at 4 p.m. through MyHousing, several students could not gain access and received the error message, "The service is unavailable."

"It's the worst nightmare of my entire life," said junior Rachael

Morton.

While there have been some students who have been able to gain registration access, several like Morton have been unable to register.

Morton, who is looking to live at The Station at Mill Point with three roommates next year, said one of her prospective roommates

See **HOUSING** pg. 4

Winter weather delays construction

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Because of the soggy fall and slushy winter weather, construction of Elon University's new School of Communications building is behind schedule.

Crews working on Dwight C. Schar Hall will now work into weekends to have the project completed by its slated timetable of the beginning of next school year in August.

"Rain during the fall months and now winter weather have put construction of Dwight C. Schar Hall behind schedule," said Paul Parsons, dean of the School of Communications. "Construction companies build into every project some lost days because of weather, but the Schar project is behind schedule at this point."

The biggest problem facing crews was the roof not being in place when inclement weather arrived. Because of the open roof, they were unable to work as scheduled, which caused the

delays in progress.

Brad Moore, director of planning, design and construction management at Elon, said the roof should be completed by mid-March, which will hasten the progress for time lost.

"Once they get the building dry, then they'll be in better shape," Moore said. "But right now they had to work outside without a cover over the building, which is hazardous. If it snowed or rained, they were unable to work, which greatly impacted us and slowed things down."

Once completed, Schar Hall will be a two-story, 45,000-square-foot facility equipped with a 250-seat theater, 29 faculty offices and a large media innovation forum for all student media organizations. In summer 2016, McEwen Communications building will also be renovated, featuring an outdoor glass plaza connecting Studio B to Schar Hall with a large screen to project student productions and world news daily.

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AVOIDING THE ELON PLAGUE



PHOTO ILLUSTRATION BY HALI TAUXE | Photo Editor

Cold weather, close quarters increase student illness prevalence

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The common cold, known as the Elon plague on Elon University's campus, is generally rampant among college students during January and February. Though Health Services sees students throughout the year, winter months are especially busy when illnesses like the flu and common cold are easier to catch.

Ginette Archinal, medical director of student health and university physician, said more students tend to get sick this time of year because winter weather prevents students from going outside and leaves them in close contact with each other in residence halls.

This academic year has seen a decrease in illness-related student appointments with Health Services.

She also cited sorority and fraternity recruitment as perfect opportunities for students to get ill because of exhausting days and increased exposure to germs, especially from standing in crowded rooms and shaking

hands. In general, Health Services usually gets the most foot traffic around exam times, as stress can contribute to illnesses.

"Anything you do that suppresses your immune function makes you more vulnerable, particularly to viral infections," Archinal said.

Archinal is not surprised that this time of year lends itself to higher trends of student illnesses. She explained that college environments contribute to rampant ill-

nesses, especially for freshmen who have not previously been exposed to such high volumes of foreign germs. She recommends those trying to avoid getting sick remember that you cannot cure a common cold, antibiotics are more unhelpful than helpful and hand sanitizer is a must.

Sophomores McKenzie Floyd and Ansley Hamilton have both succeeded in not getting sick so far this school year, partially because they adhere to such rules, but also because of their living situations. Hamilton said that since she now lives in an apartment, she interacts with less people.

"Last year I lived in HBB [Hook, Brannock and Barney] and got sick way too often because I was always around the girls in my hall," Hamilton said.

According to Archinal, the number of students coming into the office to get checked for illnesses has decreased so far during the current academic year. Flu cases are less prevalent on a statewide scale, too, because the vaccine has a 45 percent match to this year's strain. The number of North Carolina sick cases related to the flu this season is just 2.4 percent, which is low when compared to the 2.1 percent of sick cases related to the flu not during the flu season.

If a student shows symptoms of or comes in contact with someone with the flu, they are encouraged to make a doctor's appointment within 48 hours. After the appointment, he or she might be prescribed Tamiflu or Relenza — an antiviral medication for Type A and Type B influenza — if they have symptoms of the illness. Relenza reduces the duration of the flu by a day and a half and reduces the risk of developing secondary pneumonia, which can be very serious.

Archinal said eating well, getting enough sleep and avoiding touching one's face are basic methods to help prevent the flu and other illnesses that travel fast on campus. It's OK for a person to get sick, she said, be-

cause some illnesses are unavoidable. That is the reason Health Services exists.

"I've been a physician for 33 years, and the one thing I've learned is that nobody is perfect," Archinal said. "If everybody did everything perfectly, a lot of us would be out of a job."

Health Services has made a few changes this year, emphasizing call-in appointments to decrease wait-times. So far, this initiative has been successful. With the new online medical record system that Health Services began this year, the office hopes to offer a patient portal in the near future for students to schedule their own appointments online.

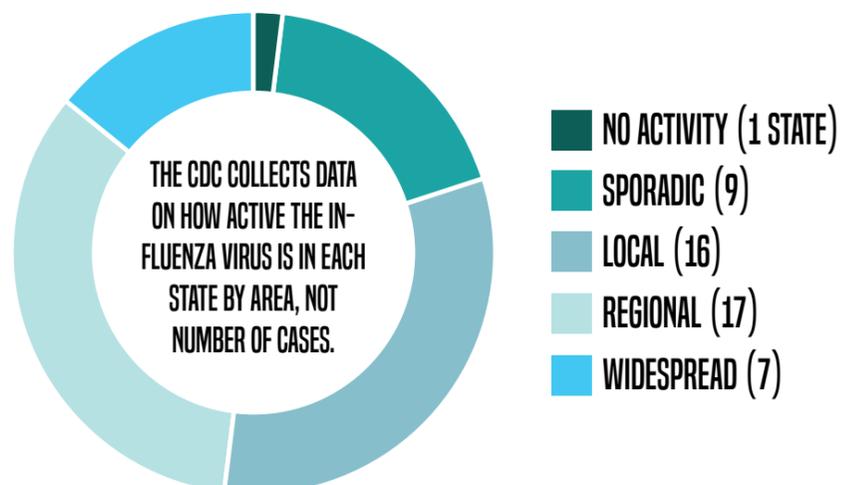
Some students have developed a preference for the doctors that work in Health Services. Archinal said several students decided to defer making appointments at home during Fake Break, and instead waited until they returned to Elon to see the doctors on campus.

"The goal for Student Health and of Dean [Jana Lynn] Patterson is to make student health accessible and available, while at the same time providing equal if not better care than if you were to see your doctor at home," Archinal said.

As the days get warmer and students spend more time outside in the following weeks, it is likely the number of sick students will decline. Archinal's suggestions for preventing illness could prove beneficial in helping students avoid missing classes, work and other activities.

To make an appointment with Health Services, students can call 336-278-7230 and request to be seen. If a student is unable to walk to the Health Services building, Sick Rides is a free service that picks up and drops off students at their residence. To request a Sick Ride, call 336-278-2700 9 a.m. - 4:30 p.m. Monday - Friday.

GEOGRAPHIC SPREAD OF THE FLU VIRUS ACROSS STATES



SOURCE: CENTERS FOR DISEASE CONTROL AND PREVENTION
CHRISTINA ELIAS | Design Editor

Muslim community searches for gathering space

Burlington mosque provides place of worship

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BURLINGTON — On the outer wall of 1908 South Mebane St., Burlington, the words “JOHN’S NEW MISSI,” can be read. Below that is the subhead, “UNITED CHURCH OF CHRIST.”

But this is no Christian house of worship. It is Alamance County’s first mosque.

The interior yields little evidence of the building’s repurposing.

Membership in the local Muslim community has grown from 30 families to 150 families in the last few years.

Pews line the central gathering space instead of traditional room-wide carpeting. Traces of Christian worship, such as a pulpit, remain present. The very essence of the room still screams Southern and Christian.

Yet on South Mebane Street lies the city’s main place of worship for



The Burlington mosque located on South Mebane Street allows local Muslim community to have a place of worship.

Muslims.

According to the Burlington Times News, membership in the Muslim community has grown from about 30 families to 150 families in the last few years.

Though the Muslim population is growing, the Caucasian and Hispanic populations remain dominant with nearly 75 percent of Burlington residents falling into one of the two demographics, according to Burlington census.

During the Feb. 4 campus

cultural event “Race, Religion and the Changing American Electorate: What the Data Says” at Elon University, Public Religion Research Institute CEO Robert Jones said Christianity is still a leading force nationally. He noted 35 percent of U.S. residents feel Christianity is one of the defining elements of being American.

Shereen Elgamal, assistant professor of Arabic and faculty adviser to the Muslim Student Association, said members of the

Burlington Christian community are extremely open and welcoming to a Muslim presence.

“Seven to eight years ago, I was invited for the first time to speak in local area churches and have done so a handful of times since,” Elgamal said. “Without generalizing, the community is open-minded, and I’ve had no negative experiences in my time here.”

A native of Cairo, Egypt, Elgamal has been in the United States more than 25 years, initially

arriving in Lexington, Kentucky.

Despite the stereotypically insensitive image Southern states are often branded with, Elgamal has had no struggles practicing her faith in the South. In fact, she said she believes a different Southern stereotype is true — the stereotype of Southern hospitality.

“I’ve always felt like a welcome community member,” Elgamal said.

As an adviser of the Muslim Student Association, one of Elon’s many interfaith community groups, Elgamal helps advise and kindle faith in Muslim students.

Junior Mohammed Ali is not a member of the association but finds the group’s on-campus presence comforting.

“I always get invitations to Muslim student gatherings,” Ali said. “Sometimes I go, sometimes I don’t, but I like that it’s there.”

Ali shares Elgamal’s beliefs that both Elon and Burlington’s communities are accepting and accommodating of non-Christian faiths.

“At first, I thought it would be difficult to be non-Christian, but I was pleasantly surprised at the diversity at Elon in terms of religion,” Ali said. “I’m also happy about the new mosque because I think it will be good for Elon Muslims to connect with local Muslims in the area.”

Tech Talk: University looks to maximize technology

Elon to accommodate multiple Internet devices

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Sophomore Business Fellow Kristen Lober uses her Windows laptop not only for specific business software, but also to watch Netflix, check Facebook and shop online.

“My computer is always in my backpack, and I pretty much always have my phone in my hand,” Lober said.

Whether it’s in the library, in the student center, in the classroom or at home, students’ eyes are almost always glued to the screens of their personal technology devices. It’s a relationship that’s becoming increasingly important to Elon University.

In the past, students typically brought no more than one Internet-connected device with them to school, but now that number can be closer to three or four different devices: everything from laptops, phones, tablets, televisions and some gaming consoles that have Wi-Fi Internet capabilities. These devices use up a huge portion of the university server’s bandwidth, making the monitoring of technology trends an increasing priority. School like Elon are reevaluating their efforts to accommodate all students and all devices.

Michael Vaughn is an instructional technologist at Elon. He works with the Teaching and Learning Technologies (TLT) department, a department with the goal of working with faculty, staff and students

to use technology in meaningful and effective ways.

“In my position, I want to see technology used to its full potential,” Vaughn said.

In general, though, he sees students using their computers to do three things: surf the web, use Microsoft Office and collaborate with other students using Google Drive.

“I do a lot of group projects online,” Lober said. “Having my own computer is probably best for doing that. I also take most of my notes on my computer. I can type a lot faster than I can write, so I like doing that more than I like writing my notes.”

Planning for new realities

Vaughn and his department are looking beyond the use of laptops in class. BYOD stands for “Bring Your Own Device” and is the idea that faculty and students can work on the device they choose: a phone, laptop, tablet or other Internet-connected technology. It is the evolution of both classroom and workplace technologies, and the university is looking at taking an educational approach to making the best use of these new devices in the classroom.

“We’re working hard to have bandwidth of a future while also remaining realistic,” Vaughn said.

He stresses that the use of personal technology in the classroom setting is not always necessary or beneficial to the lesson. Vaughn describes finding the right level of interaction to be a fascinating balance, and said that BYOD is more of an eventuality than a question at this point.

“Considering the vast majority of students bring a laptop to campus,” Vaughn said. “I think it’s likely we see this happening in the next five years or so.”

Access to tech

Accommodating students who have any type of Wi-Fi, capable device is a new reality for Vaughn and the entire technology department, but there are resources in place for those students who don’t have access to a personal device.

The university closely monitors the use of their on-campus resources for students who may not have the same access to quality devices and computer equipment.

The Center for Access and Success began a new initiative to grant students who may not have their own computer access to one.

Access and Success began a new initiative to grant students who may not have their own personal computer access to one. The office was given a number of portable laptop computers that are available for long-term loan.

Students are able to have the computer for as long as they need, though they must sign it out from Janelle Rouse, director of Collegiate Start and collegiate mentoring. Rouse said that the laptops are part of an engagement program for some students who qualify as “need-based” or in “high financial need.”

“It’s a way to support those stu-

dents and certainly is a valuable program. As the program grows, I think we will see more people using them,” Rouse said.

Media Services also provides students access to 15 PC computers and two Mac laptops available for short-term checkout.

Christopher Waters, assistant vice president for technology and chief information officer said the university is aware and paying attention to the trends in on-campus technology use. Through extensive surveys and analysis, the technology department is able to keep statistics related to how students are taking advantage of these resources.

“We’re aware and paying attention,” Waters said. “We definitely still see people checking things out on a daily basis.”

But a scene that is becoming more and more common in the library and other open technology spaces on campus is students sitting in front of university desktop computers but working on their personal computers instead. In this scenario, students are not using the university technology, and are also taking away the opportunity for another student to use it, Vaughn said.

Because of this, moving away from traditional computer labs may happen in the near future. This summer the university replaced one of the highest numbers of computers during its refresh cycle, which happens every four years. Obtaining and installing the new devices not only took the majority of the summer, but was costly as well.

As BYOD becomes more of a reality, these costs may be allocated toward ideas like expanding the bandwidth.

HOUSING from cover

could not register because of technical difficulties with MyHousing.

“It was frozen and crashed completely,” Morton said. “You’d be able to get to a certain point and then it would stop working, saying ‘internal service error.’ It’s frustrating because some have been able to get access while others can’t.”

Morton wasn’t the only student to experience difficulties.

Sophomore Ansley Hamilton said she called the Residence Life office after noticing the site wasn’t working and continued crashing.

“[Residence Life] told us the server definitely was working, which was strange because we were getting a server unavailable problem,” Hamilton said. “They told us it was a problem on our end and that they would get back to us but they never did.”

When Hamilton tried to call back later after not getting a response from Residence Life, she received a message that the office was closed and no representative was available to speak. Since 4 p.m., Hamilton has yet to get her housing registration approved.

According to a Feb. 1 email from MarQuita Barker, associate director of Residence Life for Operations and Information Management, the university was launching its new housing management system, MyHousing, to allow students to sign up for housing and find their roommates.

A representative from Residence Life said the office has no comment at this time.

LOCAL
from cover

that can be made in the local food movement.

"We're really focusing on making that experience in the dining hall the best," Fulkerson said. "It started 20-25 years ago and it keeps getting better."

Examining Elon's local commitment

Elon Dining lists "Buying Locally" in bold at the top of its sustainability web page.

"Elon Dining Services supports local farmers and the community," reads the first sentence.

But the word "local" has a pretty broad meaning in the context of Elon Dining. According to Heather Krieger, marketing coordinator for Aramark, local is defined for tracking purposes within 250 miles of Elon's campus.

As part of Dining Services' commitment to buying local, it is a member of the "North Carolina 10% Campaign!"

"We pledge to purchase 10 percent of our items from North Carolina," Krieger said.

While Elon Dining notes on its sustainability page that it purchased more than 11 percent of its food locally last year, there was no mention of where the 11 percent of food came from.

Elon Dining has three primary responsibilities: (1) employees and training (2) food safety and insurance (3) food purchase and preparation.

Everyone has a different idea of what is local," Krieger said. "We try to abide by that 250 [miles], but then it's within the state or within the region. If we can't get it there, then we have to go outside of our local range. What we track and promote is usually within that 250-mile radius of campus."

With the word "local" defined as a 250-mile radius, food can and does come from parts of Virginia, South Carolina, West Virginia, Tennessee and Kentucky.

Dining Services' map "From Local Farms to Your Forks" reveals 21 different sources of food in North Carolina. Of those 21 locations, only one is located in Alamance County and only three are located within a 50-mile radius of campus.

In order to further understand the mission to buy locally, it is important to first distinguish between Elon University and Elon Dining.

Removing "Elon" from Elon Dining

According to Fulkerson, Elon Dining has three primary responsibilities: (1) employees and training (2) food safety and insurance (3) food purchase and preparation.

But while Elon Dining oversees the purchasing of food from vendors, Elon University assumes other roles.

The university is responsible for buildings and their maintenance, utilities, equipment, renovations, trash, recycling, composting, cleaning, pest prevention, uniforms, eating utensils and much more.

Elon University itself is not

directly involved in the final decision-making process for bringing national vendors to campus. Rather, Elon Dining, which is overseen by Aramark, makes final calls.

In a 10-page Vendor Policy Committee Report, the university outlined its limited influence in deciding which vendors come to campus.

"The university provides the facilities for Aramark's operations on campus and participates indirectly in the decision-making process around national vendors that operate on campus," said a portion of the report.

Fulkerson explained how the university recommended Aramark add a Biscuitville location to campus because the founders had an existing relationship with Elon. But it took five to six years for Biscuitville to finally arrive on campus.

Though Elon makes recommendations for large vendors, its limited influence creates a lengthy process for local businesses to come to campus.

Encountering disparities in transparency

While multiple requests for statistics about meal plans from The Pendulum went unanswered by Elon Dining, one request to the university was returned successfully.

"Elon Dining is run by Aramark, but we do have some control over them," Fulkerson said. "They are a corporation and corporations don't like giving out their information."

Meal plan data recorded from the last three years reveals a growing demand for retail options and a declining interest in basic meal plans that limit access to four dining facilities — Lakeside, Colonnades, McEwen and Green World.

In fall 2013, 34 percent of the 3,903 total students on meal plans were on "All Access + 7," which includes unlimited visits to all dining halls, seven meal exchanges per week and 20 free guest meals per year.

In fall 2015, the number of students on the +7 plan increased by 31.6 percent.

Carrie Ryan, Elon's associate director for administrative services for the last five years, said this shift has resulted from the additions of new retail dining options.

"You'll see more 'Blocks' at certain points and more 'All-Access' as

we add locations like Einstein's and Qdoba," Ryan said.

As the +7 option becomes an increasingly popular choice for students, other options decline in popularity.

The "All Access-Basic" plan, which includes unlimited access to all dining halls and 10 free guest meals per year, has declined by 24 percent within the past three fall semesters.

During fall 2013, 754 students were on "All Access-Basic." In fall 2015, that number dropped to 573.

Reinvigorating dining hall options

This decline may reflect a growing dissatisfaction with the four dining hall locations.

Between limited hours of operation — many dining halls often close by 10 p.m. and brunch is unavailable before 10 a.m. on the weekends — along with the variety of off-campus and retail locations, Elon University is looking to make some changes.

One of those changes includes renovating McEwen Dining Hall.

"McEwen's older, their numbers are way down and we need to refurbish that," Fulkerson said. "It hasn't been refurbished in about 25 years, so it's time to look at that and we're working on that one right now."

Confronting future challenges

As Elon looks to maximize use of its dining halls and appeal to students, there are several obstacles that lie ahead, particularly in the local food movement.

Krieger said Elon Dining is committed to sourcing produce locally whenever possible, but the logistics can be challenging given the large student population on meal plans and the various health and safety guidelines Aramark must adhere to.

"I have students approach me and say, 'We have a farmers market right down the corner. Why can't we buy from the farmers market?'" Krieger said. "And I say, 'With a farmers market, if Elon Dining bought all of it, it would feed one dining hall during one meal period.'"

She also mentioned the extensive process in place for the existing distributors and acquiring additional distributors. According to Krieger, Elon Dining has middlemen who work through that process.

Ryan added there are struggles

in buying from nearby vendors because of the growing season in North Carolina and the extensive process it takes for vendors to be approved to serve their products through Aramark and through the government.

"We do have some local farms, but they can't meet our needs," Ryan said. "They can't produce enough, keep up with the demand and always guarantee the safety levels that a corporation requires."

Ryan emphasized the importance of safety and how precautions in place limit the involvement of the surrounding community.

"Our primary goal as a university and Elon Dining is to make sure everyone is safe," Ryan said. "Yeah, we can go buy cheese at a farm down the street. Lots of places do. But there's a risk there and we don't want the students getting sick."

Outside of the "North Carolina 10% Campaign," Elon goes through Sustainability Tracking, Assessment & Rating System (STARS) every two years. Ryan estimates the university only buys 4 percent of food products locally under the strict definitions set by and certifications required by STARS.

Understanding the expenses of eating at Elon

It is the spring of 2016 and meal plans are now in effect. Costs range from \$1,415 for the "200 Block" plan to \$3,134 for the "All Access-Basic" plan.

The majority of students have an "All Access-Basic" plan or higher,

which costs at least \$2,470. This can largely be explained by the requirement for students living in residence halls to have at least a basic plan.

Students who live off-campus often decide to go for "Block" plans. If the cost of the "200 Block" is broken down with the meal dollars removed from the total cost, each meal costs \$11.65. Each meal under a "Block 300" amounts to \$10.51 using the same model for calculation.

Given that the most expensive price for a meal in a dining hall is \$11.35, going on a meal plan carries little financial reward for those who are on the plan.

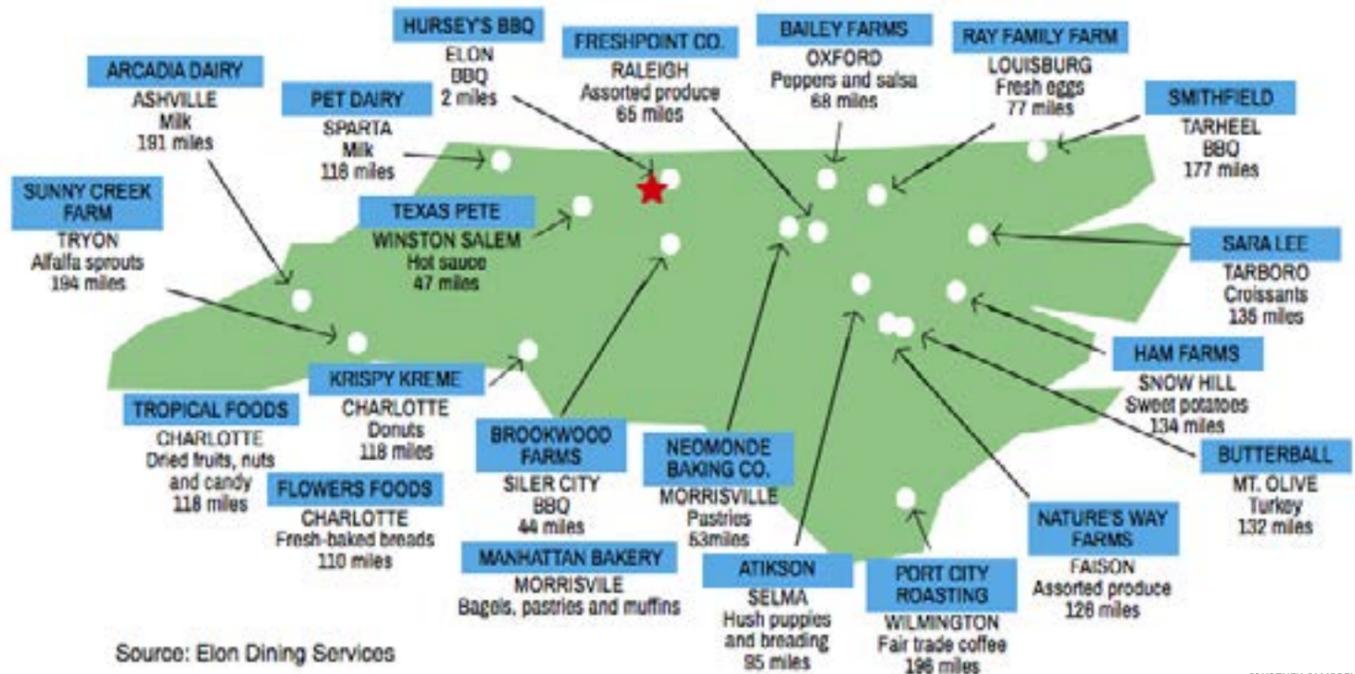
While the university recognizes the cost is high, it insists the values of convenience for those on block plans and the unlimited supply of food under "All Access-Basic," + 7 and +14 plans works in the students' best interest.

Ryan said she looks at the cost per meal every year to help evaluate how cost-effective plans are for students. She added that the university begins re-evaluating meal plans about every five to seven years.

"There's a lot that goes into that re-evaluation process because you've got to do research, look at what other schools are doing, you've got to make sure the finances work for the university as well as the finances for Aramark," Ryan said.

Ryan and Fulkerson said they also do walkthroughs of facilities and eat regularly on campus in order to stay aware of the changes needed for Elon Dining.

Elon Dining Local Food Sourcing



Source: Elon Dining Services

COURTNEY CAMPBELL | Style Editor

MEAL PLAN DATA

PLANS	FALL 2015	FALL 2014	FALL 2013
200 BLOCK	440	511	541
300 BLOCK	962	1003	1140
ALL +14	201	127	130
ALL +7	1761	1657	1338
ALL BASIC	573	663	754
TOTALS	3937	3961	3903

STEPHANIE HAYS | Design Chief

Burnham encourages mental health dialogue

Active Minds speaker shares story with students

Mariah Posey and Olivia Ryan

Senior Reporters
@oliviazryan

Far more often than not, people are not given second chances. Jordan Burnham came to Elon



Jordan Burnham

University to speak about the greatest second chance he was given — the chance to live.

Burnham, professional public speaker for Active Minds, a mental health advocacy nonprofit, travels around the United States to share his story. He has addressed Congress and has been featured in several major publications such as USA Today and Sports Illustrated. But on Wednesday, Feb. 17, it was Elon students and faculty who heard his story.

Hundreds of students gathered in McKinnon Hall to hear Burnham speak about his battle with depression. He finds it especially important for his story to reach college-age students, as the stress levels in university environments can be much higher. According to him, there are four main factors that make college different from high school in terms of mental health: sleep deprivation, alcohol abuse, social anxiety and heavy responsibility.

In this busy, fast-paced environment, Burnham said students sometimes neglect their mental health.

“The first thing is taking care of yourself,” Burnham said.

As a 26-year-old suicide survivor, Burnham aims to relate to students and hopefully illustrate why finding a healthy balance in life is so essential for emotional well-being.

Senior Jeremy Recoon, a sport and event management major, introduced Burnham by speaking about his high school experiences dealing with the suicides of his classmates and his baseball coach.

“No religion, college or race is immune [to suicide],” Recoon said.

In his application to Elon, Recoon was prompted with an essay asking what he would do if he were given \$5,000 to use freely. He wrote he would bring a suicide prevention speaker to campus to increase awareness about suicide. Nearly four years later, he accomplished that goal.

“If it was up to me, I’d have Jordan come back for the [new] first-year class every year,” Recoon said.

For him, if the event was able to help even one person or allow for the conversation about mental health to continue outside of McKinnon, it would be a success.

Burnham’s speech detailed his



HALI TAUXE | Photo Editor

Active Minds guest speaker Jordan Burnham reflects on adolescent experience in fighting depression. He hopes his story will empower other students to speak up.

experiences from childhood to young adulthood. He spoke about how his transition from a private to public school in the third grade was particularly rough for him and how his struggles continued from there. Suddenly, he was being made fun of for the way he dressed and talked and found himself having to fake a smile just to make it through the days.

Throughout his speech, Burnham stressed the importance of speaking up about any struggles — something he often felt reluctant to do. Though at first he confided in his sister, when she left for college he felt he had lost his support system. He began to rely on alcohol because he was only able to be honest to his friends about his inner feelings when he was drunk. These brief instances of honesty weren’t enough though, and he eventually sought out therapy and was diagnosed with depression.

Burnham explained that depression is not just having bad days — depression is constantly feeling unhappy and not understanding why.

“Depression isn’t like a cold that goes away after a few days of medicine and rest,” Burnham said.

He explained that it isn’t a matter of whether or not he will have depression on a particular day, but rather what level his depression will reach.

On Sept. 28, 2007, Burnham made an impulsive decision that changed his life forever. He jumped out of his nine-story bedroom window in an effort to take his own life.

“I [didn’t] necessarily want to die,” Burnham said. “The part of me that had depression wanted to die.”

Burnham survived his suicide attempt. He still doesn’t remember much of his fall, but as he lay in his hospital bed fighting for his life, he realized he had a second chance to turn his life around and help others. When the Philadelphia Inquirer contacted his family requesting to do a story on him, Burnham decided to take advantage of the opportunity.

Burnham found he could help when he noticed there was a demographic many speakers on suicide and mental health might be missing. He felt that being of similar age to many students as well as being African-American allowed him to reach an audience that may have been previously seeking a similar

voice in the discussion.

“I really wanted to speak to college students because I feel like there’s not enough presentations that deal with someone who went through a suicide attempt themselves or dealt with a mental health disorder themselves,” Burnham said. “I was 20 years old when I decided to do this because I feel like we need young voices to tell stories, because that’s what makes it relatable and breaks stigma.”

Burnham ended the event by saying he didn’t want the audience to leave with just his story. He instead urged everyone to continue the conversation.

“Continue making mental health a relevant issue,” Burnham said.

Burnham’s message resonated with those who attended. Sophomore Margo Pierson, philanthropy chair of Alpha Omicron Pi, recognized the pressure that college students put on themselves to always be “OK,” which Burnham mentioned in his talk.

“I think, especially on college campuses, people are really afraid to say how they are feeling,” Pierson said. “There’s this sense that you

DEPRESSION ISN’T LIKE A COLD THAT GOES AWAY AFTER A FEW DAYS OF MEDICINE AND REST.

JORDAN BURNHAM
PROFESSIONAL PUBLIC SPEAKER
FOR ACTIVE MINDS, SUICIDE SURVIVOR

have to always be fine or doing your work and you can’t take any second to yourself or to say, ‘Oh wait, I’m doing all this stuff but I’m actually not feeling that great today.’”

Burnham’s visit was hosted by a number of organizations across campus including SGA, Liberal Arts Forum, Active Minds, SPARKS and several others. All of these organizations looked to increase dialogue about mental health through Burnham’s story.



HALI TAUXE | Photo Editor

Burnham survived a suicide attempt in 2007 and speaks about that experience.

The university is working to help facilitate this dialogue by offering resources to students.

Counseling services are available for students 8 a.m. - 5 p.m. Monday - Friday by appointment. To make an appointment, call 336-278-7280. Outside of office hours, students can reach a counselor on-call by calling 336-278-5555. For emergencies, students are encouraged to call 911.

Whitney Gregory, director of Health Promotion & Student Concerns Outreach said an important part of suicide prevention is coordinating events like Burnham’s. She said the most important thing Elon students can do to help end the mental health stigma is discuss the problems they are going through.

“Just opening the door for those conversations [can help],” Gregory said.



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Sophomore starts new business fraternity

Delta Sigma Pi has seen increased growth in recent months

Micah Spoerndle
Senior Reporter
@mfspoerndle

Sophomore Francesca Filandro has created the new business fraternity Colony of Delta Sigma Pi at Elon University this academic year.

Since November 2015, the fraternity has quickly grown in popularity, with 50 current members and 25 more students interested in joining.

Delta Sigma Pi is one of 15 established business-focused organizations on campus. While such a number may appear to be high, these 15 organizations are needed to

fraternity landscape.

Many business students dream of joining Alpha Kappa Psi — the most popular business fraternity on campus. But because of its prestige and reputable history at Elon, it isn't the easiest organization to be admitted into, especially for freshman without high grades or an impressive resume.

Junior Tierney McDonnell is involved in a different business organization, but recognizes some of the benefits of being in Alpha Kappa Psi. She said a need exists for increased expansion.

"As a business student, I have many friends and classmates who are members of Alpha Kappa Psi and absolutely love it," McDonnell said. "I've really enjoyed the camaraderie from my sorority and would love to further expand that."

While McDonnell was able to find a group she is happy with, others were not so fortunate. This is where Filandro's story begins.

Recognizing the need for more variety and feeling dissatisfied with the existing options, Filandro came up with the idea of starting a new business fraternity during fall 2015.

She had previous experience starting an organization from scratch when she created a business club in high school and developed an impressive resume, propelling her to become an Isabella Cannon Leadership Fellow at Elon.

Filandro knew she could lead a business-focused organization on campus and conducted further research about business fraternities. It was in that moment she discovered Delta Sigma Pi.

"I read up on them, emailed Nationals asking for approval to start a colony and got a reply confirming my approval the next morning," Filandro said.

With the organization approved, Filandro has worked to secure interest from business students. Today, dozens of students



MICAH SPOERNDLE | Senior Reporter

Filandro (left) and Homer (right) represented Delta Sigma Pi in a recent conference in Nashville.

are members.

But the success in recruitment is not the end of Filandro's long list of goals.

Filandro is coordinating plans this semester to host events and speakers for each meeting. She is also working to develop workshops and lead community service projects.

She emphasized the need to have prominent business leaders come in to speak to Elon students to offer advice rather than gloat about their achievements.

"Instead of having a VP from Goldman Sachs come in and talk about his great job, we

want him to teach us about time management and how to balance a busy job with every-

thing else in life," Filandro said. "All of these amazing speakers that come in are great, but unless they're giving us a job right then and there, what are we taking away from that presentation?"

Mark Courtright, instructor in management, is advising Delta Sigma Pi and helping mentor Filandro and sophomore vice president H.B. Homer.

With the emergence of the newest co-ed business fraternity, Delta Sigma Pi, those interested in joining a professional business fraternity can widen their options.

"Our goal is to create an environment for members to experience real-world scenarios and be prepared to tackle them head on," Homer said.

Because there is no rush process in place for students interested in being a part of Delta Sigma Pi, any business or sport and event management major can join by paying \$20.

Since November 2015, Delta Sigma Pi has added 50 members, and 25 more students are interested in joining.

INSTEAD OF HAVING A VP FROM GOLDMAN SACHS COME IN AND TALK ABOUT HIS GREAT JOB, WE WANT HIM TO TEACH US ABOUT TIME MANAGEMENT.

FRANCESCA FILANDRO
FOUNDER OF DELTA SIGMA PI

meet the demands of the 1,854 business majors accounting for 28 percent of the student population.

To gain a deeper understanding of the emergence and popularity of Delta Sigma Pi, it is important to first examine the business

Elon Poll: Trump leads GOP, trails in general election

Clinton, Sanders ahead of Trump in general election

Bryan Anderson
News Editor
@bryanranderson

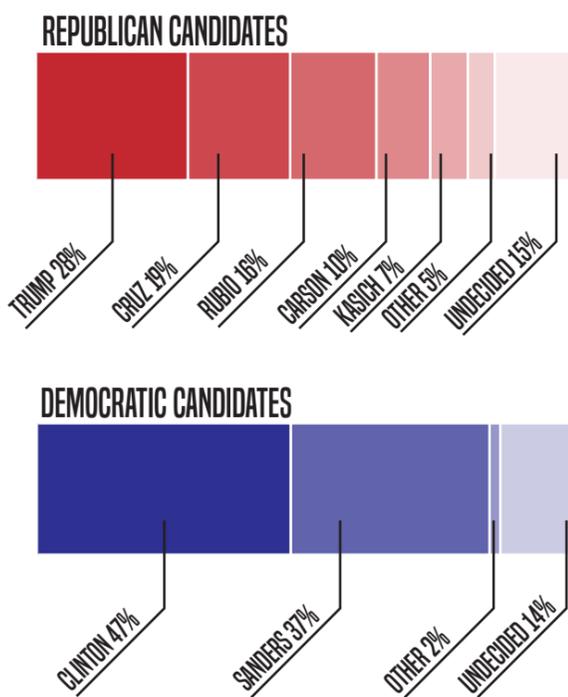
The Elon University Poll released its latest results Monday afternoon, revealing a significant lead for Republican businessman Donald Trump and a dwindling lead for Democrat former Secretary of State Hillary Clinton.

The poll surveyed 1,530 likely North Carolina voters to gather public opinion about which candidates would perform well in the North Carolina primaries.

"We had to get a large sample size because we're really interested in two simultaneous races: the Democrats and the GOP," said Kenneth Fernandez, director of the Elon Poll and assistant professor of political science and policy studies. "The nice thing about the Elon Poll is that it has a twice as large response rate as the national average."

Of the five remaining Republican candidates — Trump, Sen. Ted Cruz (R-Texas), Sen. Marco Rubio (R-Fla.), retired neurosurgeon Ben Carson and Ohio Gov. John Kasich — Trump placed first with 28 percent of the votes. Cruz and Rubio finished in second and third with

ELON POLL RESPONSE SUMMARY



CHRISTINA ELIJAS | Design Editor

19 percent and 16 percent, respectively. Carson came in fourth at 10 percent, while Kasich rounded out the pack at 7 percent.

This result comes in light of Trump's victory in New Hampshire. Polls were conducted before he won the South Carolina primary.

"I think people are seeing that [Trump] is quite viable," Fernandez said. "We had Carson in the lead in November, but a variety of poor

performances in debates and some mishaps and not the greatest success in Iowa or New Hampshire, you see people responding to that new information."

While Trump was the clear favorite with a 9 percent lead, about 15 percent of respondents said they were undecided.

Clinton finished first among Democratic-leaning voters but has lost substantial ground since the

last Elon Poll was conducted in November 2015.

In the November poll, Clinton was the clear favorite among Democratic voters in North Carolina with a 33 percent lead over Sen. Bernie Sanders (I-Vt.). In this February poll, Clinton's lead has declined by 23 percent. Clinton finished first in the latest Elon Poll with 47 percent of the vote to Sanders' 37 percent. 14 percent of voters declared themselves undecided.

Fernandez said Trump and Sanders' recent popularity has come as a major surprise to many pollsters and political pundits.

"Who would've thought that Bernie Sanders and Donald Trump would have done so well?" Fernandez said. "Most of the political scientists and pundits say these are not viable candidates. Boy, have Trump and Sanders proven scientists and pundits wrong. They are still in the game."

Though the Elon Poll's five-minute survey primarily focused on which candidates would likely win the North Carolina primaries, it also addressed the alternatives voters had for Republican nominees.

22 percent of voters said Rubio would be their backup choice while 18 percent cited Cruz as their second option. Trump was the least likely backup choice for voters, polling at less than 9 percent.

In hypothetical matchups for the

general election, both Clinton and Sanders were ahead in matchups against Trump.

Clinton had 47 percent to Trump's 41 percent, and Sanders had 48 percent to Trump's 41 percent.

Rubio was the only Republican candidate to be ahead in matchups against Clinton and Sanders, holding three-point leads over both.

The poll also addressed a couple national issues that have emerged within the past several weeks.

One of the poll questions asked voters whether or not President Barack Obama should be able to nominate someone to fill the vacancy on the Supreme Court in the wake of Justice Antonin Scalia's death.

Fifty-seven percent of respondents said Obama should nominate someone now while 35 percent said the next elected president should be allowed to nominate Scalia's replacement.

Though the majority of respondents said Obama should nominate a new justice, Obama only earned a 45 percent job approval rating.

In North Carolina's gubernatorial election, Democrat Roy Cooper polled ahead of Republican incumbent Pat Crory by 2 percent. Of those polled, 16 percent were undecided.

The next Elon Poll is scheduled to be released in April with a focus on more state-level issues.

CHEAT
SHEET

San Bernardino iPhone controversy analysis



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PHOTO COURTESY OF TRIBUNE NEWS SERVICE

San Bernardino police have been widely commended for their quick and effective response to the Dec. 2 terrorist attack. Controversy has recently ensued after FBI failures to unlock one of the terrorist's iPhone.

On Dec. 2, 2015, 14 people were killed in San Bernardino, California, when a man and a woman opened fire on a local social service center. The shooting was the nation's largest mass assault since the Sandy Hook Elementary School shooting in Newtown, Connecticut, nearly three years ago.

Gunman Syed Farook, who was killed along with his wife in a police shootout after the attack, left behind an iPhone 5C. The FBI has since been trying to unlock the cell phone to gain more information regarding the attack, but has been unsuccessful in doing so.

President Barack Obama's intelligence officials met with Apple CEO Tim Cook to get them to unlock the iPhone, but Apple resisted.

What is the government doing?

Magistrate Judge Sheri Pym of the Federal

District Court for the District of Central California recently ordered Apple to bypass the security lock on the iPhone.

The FBI said it wanted Apple to create a decrypting software that would bypass Apple's entire security system.

FBI officials argued security on technology is not just an issue with this case, but will continue to affect future cases with the rise of availability of devices like the iPhone.

The Justice Department has full White House support in the case, but Apple is directly refusing to assist the government.

How has Apple responded?

Last year, Obama refused legislation requiring technology companies to have any sort of decryption software. Since Apple has the right to protect its users, the fight to unlock the iPhone 5C has become

highly contentious between the Obama Administration and Apple.

In response to Pym's order, Cook wrote a lengthy letter to Apple users explaining how the government is demanding a breach of privacy and overstepping its boundaries, posted on the Apple website.

Cook said this overreach breaches the privacy of not one but millions of customers.

According to Cook, unlocking the iPhone would set a dangerous precedent of privacy invasion. He added the order undermines the security system Apple has in place to protect its users.

What happens next?

Companies in the past have been asked to decrypt their products for an investigation, but because of Apple's name and global reputation, this particular request

has caused much controversy and has sparked heated debate about privacy laws.

Apple supporters said the court order is another example of the government being over-involved and commended Cook for protecting the brand.

Some people worry that if the FBI gains access to decryption software, it will overuse it and threaten individual privacy.

On one hand, the government is asking Apple to take invasive steps. But on the other hand, the San Bernardino shooting was a brutal attack with many unanswered questions. Unlocking this could help the United States further enhance its national security protection measures.

Both Democrats and Republicans are criticizing Apple's decision to resist aiding the FBI's investigation, and Apple may soon call an appeal to the Supreme Court for a ruling.

NEWS BRIEFS

'SNL' comedian Colin Jost to perform tonight

"Saturday Night Live" comedian and co-anchor of the "Weekend Update" Colin Jost will perform at 8 p.m. tonight in McCrary Theatre.

Free tickets to the Student Union Board sponsored event are sold out.

Jost has won three Writers Guild Awards and a Peabody Award. He also received nominations for several Emmy Awards for his writing on "SNL."

He first joined the "SNL" cast early 2014 as "Weekend Update" co-anchor after serving as co-head writer for the television show since 2012.

SUB to launch 'Friday Night Live'

Elon University's Student Union Board is hosting a La Habana-themed "Friday Night Live" event 10 p.m. - 2 a.m. Feb. 26 at Tap House.

Elon's Latin American Student Organization (LASO) will host the free event and is branding it as the biggest party of the year.

Alcohol will be served for those 21 and older with valid ID, but students of all ages are invited to attend.

La Habana Party will feature Latin music, food, drinks and dancing.

Elon looks to raise concussion awareness

Elon University will hold a brain care event at 4 p.m. Feb. 25 in Lakeside 212 in an effort to increase the Elon community's understanding about concussion treatment and management.

The Elon BrainCARE (Concussion Assessment, Research and Education) Symposium is scheduled to run 4-7 p.m.

Three young researchers — Jessie Oldham from the University of Delaware, Kelsey Evans from the Emory University School of Medicine and Rob Lynall from the University of North Carolina at Chapel Hill — will begin the symposium with

presentations about the science of concussions.

Michael J. Petrizzi, medical director at Hanover Family Physicians, will then speak about concussion management and the need for further collaboration.

After a panel session on concussion management in youths, audience members are invited to attend a brief reception and poster session.

Belk Library announces game night

Belk Library is scheduled to hold a game night for Elon University students at 8 p.m. Feb 26 on its first floor.

Students who decide to attend will enjoy Wii, Nintendo and PlayStation games as well as old-fashioned board games.

During the three-hour game night, pizza and desserts will be provided. Gamers who participate will also have the opportunity to win door prizes.

The Interactive Software Association and Belk Library are co-hosting the upcoming Game Night.

Elon honored for 2015-16 Fulbright students

Elon University was honored in a report as a top producer of Fulbright students for 2015-16, as announced Monday by the U.S. Department of State's Bureau of Educational and Cultural Affairs.

Four graduates in last year's senior class were awarded Fulbrights to research or teach English overseas: Christine Fortner (Thailand), Jason Waterman (Malaysia), Omolayo Ojo (France) and Mary Rouse (London).

Elon was No. 8 among U.S. master's-level institutions whose 2015 graduates received Fulbright student awards.

"From studying political communication in the United Kingdom to teaching English in Thailand, France and Malaysia, our current Elon Fulbrighters are making an impact in various parts of the globe," said Janet Myers, professor of English and director of Elon's National and International Fellowships Office. "You can follow their progress through their blogs, and we hope that their experiences will inspire outstanding Elon students and alumni to pursue Fulbright U.S. Student grants in the future."

With SC win, Trump the clear frontrunner



Donald Trump speaks Saturday to a group of his supporters after winning the South Carolina primary. He's now won both South Carolina and New Hampshire.

Paul LeBlanc
Elon Local News
@PLeBlanc12

SPARTANBURG, S.C. — It didn't take long on Saturday night for Donald Trump's South Carolina Primary results watch party to turn into a celebration. CNN projected Donald Trump the winner with 32 percent of the Republican vote after just 3 percent of precincts reported less than an hour after polls closed.

And the excitement only intensified at the Spartanburg Marriott, where so many supporters had gathered that the fire marshal had to cut off entry. The cheering grew even louder after competitor former Florida Gov. Jeb Bush announced he was dropping out of the race.

Trump took the stage shortly thereafter and wasted no time declaring his confidence that he would soon make his way to the White House.

"As people drop out, I'm gonna get a lot of those votes also ... I think we're gonna do very well," he said.

After his daughter Ivanka, and his wife Melania spoke, Trump covered a variety of topics in his short speech, including healthcare.

"We're going to terminate Obamacare. It's dead," Trump said. "It's not working."

On immigration, Trump reassured his supporters he has no intention of softening his policy plans.

"We'll do the wall," he said. "Don't worry, we're gonna do the wall ... 10 feet higher." He also claimed that this stance hasn't hurt his polling numbers among Hispanic voters.

"I'm leading in every poll with Hispanics," he said. "They love me, I love them."

The businessman-turned-politician wrapped up his speech with a resounding praise for his volunteers and supporters in

South Carolina.

"We will never, ever forget you," he said.

Supporters praised Trump's energy and passion on the stage. Bailey McGauley, a 20-year-old student at Anderson University in the western part of the state, said she supports Trump because of his stance on political correctness.

"We don't want any more political correctness," she said. "Just say what you feel, do what needs to happen and make this country great again."

North Carolina resident and long-time Trump supporter Myron Yoder brought his son from Polk County, North Carolina, to see the results party and get more excited about politics. He summed up the feelings of many leaving the rally.

"It's a very good night. It's a very good night for America," Yoder said.

ELN's Michelle Alfini also contributed to this report.

Rubio surges after strong SC showing

Connor DelPrete
Elon Local News
@ConnorDelPrete

COLUMBIA, S.C. — In a close second-place race, Sen. Marco Rubio (R-Fla.) and Ted Cruz (R-Texas) battled all night to finish ahead of one another in the South Carolina Republican primary.

Rubio finished second with an approximate 1,000-vote lead. Rubio and Cruz finished with 22.5 and 22.3 percent, respectively.

While Rubio may not have been able to overcome Donald Trump's victory in the Palmetto State, the Florida Senator said there are important takeaways from the night's performance.

"Tonight here in South Carolina the message is pretty clear," Rubio said. "This country is now ready for a new generation of conservatives to guide us into the 21st century."

Rubio had a 1,000-vote lead on Cruz, with an estimated 99 percent of the votes accounted for.

Hundreds of Rubio supporters poured into the Carolina Haven Tailgating Facility earlier in the evening for a watch party that included Fox News playing on the televisions,

country music and a slideshow that featured photos of Rubio on the campaign trail. Supporters glued their eyes to the televisions and anxiously awaited the arrival of updated polls in hopes of seeing Rubio surpass Cruz.

One of the supporters in attendance was University of Miami junior Lee Fino. Fino traveled from Florida to South Carolina to campaign for Rubio and attract Jeb Bush voters after the Florida Governor decided to end his campaign for the presidency earlier that night.

"A lot of that support will come to Marco Rubio in my opinion," he said. "I work down in Miami, I've seen a lot of their second choices if they are Bush fans, and their second choice is typically Marco."

Since Saturday, Rubio has picked up a slew of endorsements including Sen. Thom Tillis (R-N.C.).

Donald Trump stole the show and the majority of the delegates with nearly 33 percent of the votes in South Carolina, but Rubio supporters were happy with the performance regardless.

Steven Diaz, a retiree from the Marine Corp, saw this second place finish not as a disappointment but as a formula for the future.

"He's just like us," Diaz said. "The story that Marco has is similar to mine and so that also plays into myself being Hispanic and coming here as an immigrant and getting to play out the American dream. Showing that to the people to Nevada, we can do it and we can beat Trump."

Rubio and his campaign will try to carry the momentum of the supporters and a strong finish in South Carolina to Nevada, where they will caucus with the rest of the Republican candidates.

ELN's Charlie Budd contributed to this report.

Jeb Bush suspends presidential campaign

Andrew Feather
Elon Local News
@AFeatherMVP

COLUMBIA, S.C. — Former Florida Gov. Jeb Bush suspended his campaign for the 2016 Republican nomination Saturday night following a fourth-place finish in the South Carolina primary.

"Tonight I am suspending my campaign," Bush told a crowd of supporters at his primary watch party here.

"The people of Iowa and New Hampshire and South Carolina have spoken, and I really respect their decision," he said, referencing his disappointing finish in the early voting states. "I'm proud of the campaign that we've run to unify our country."

Bush finished the night with 8 percent of the vote, behind Donald Trump with 33 percent, Sen. Marco Rubio (R-Fla.) with 23 percent and Sen. Ted Cruz (R-Texas) with 22 percent. Ohio Gov. John Kasich and retired neurosurgeon Ben Carson finished behind Bush, with 8 percent and 7 percent respectively.

After making his announcement, Bush pushed the crowd to continue to support conservative policies.

"Every day Americans test the boundaries of freedom and achieve more than what they could have ever dreamed, but over the last seven years our nation's bright light has become little more than a flicker," Bush said.

"The American values that have brought

peace and opportunity are fading. That is not the America we know and love. America is a country that thinks big, acts boldly and leads without apology. It will be up to the next president to restore that kind of leadership."

Bush had tears in his eyes as he left the stage, thanking volunteers for their support.

Former 2016 Republican candidate, Sen. Lindsey Graham (R-S.C.), who dropped out of the race last year and endorsed Bush, was at the event lending his support.

"To those who helped Jeb Bush and worked so hard on his behalf in South Carolina and throughout the country, thank you very much," Graham said. "Thank you, Jeb, for being one of the most decent, thoughtful men I've ever met."

After coming into the race as the front-runner in July 2015, Bush failed to appeal to Republican voters who were tired of the Washington establishment.

Opponents compared him to his father and his brother, former President George H. W. Bush and former President George W. Bush and said that electing Bush would lead to much of the same.

The two-term governor of Florida also engaged in battles with current front-runner Donald Trump, who repeatedly poked at Bush, calling him "low-energy" and mocking Bush's low poll numbers.

Bush withdrawing from the race presents Rubio, who finished second in the South Carolina primary, with an opportunity to take his former mentor's support and solidify his standing as the Republican establishment's candidate of choice.

The remaining Republican candidates will now head to Nevada to campaign for the Feb. 23 caucuses.

ELN's Michaela Healy contributed to this report.



Jeb Bush speaks Saturday, announcing that he is ending his presidential campaign.

 **STAFF EDITORIAL**

Simplify the process for receiving internship credits

REQUIREMENTS FOR INTERNSHIPS BASED ON SCHOOL

School of Communications

- 70 credit hours
- 80 hours of work per credit hour
- Minimum GPA of 2.0
- 1-2 internship credits
- Attend an information session

Love School of Business

- 80 hours of work per credit hour
- Minimum GPA of 2.0
- 1-4 internship credits
- Attend an information session
- Supervisor is not a close friend or family member
- Must work on site

College of Arts and Sciences

No internship is required from the school. Some specific majors have a requirement.

All internships are graded and involve a syllabus as well as written reflections.

LUCY NORTHUP | Design Editor

HOW WE SEE IT

The process for receiving internship credit should be simplified and the same across all schools and disciplines.

Along with the many stresses of being a college student is the overwhelming anxiety concerning life after college. Elon University in many ways tries to help students channel that stress positively by encouraging them to find internships throughout their college career.

Though internships are a great way to help prepare students for jobs within their respective fields, finding them is inherently stressful, especially when students seek to obtain academic credit for these internships.

Internships are required at many schools across the nation, and because of labor laws, companies typically require interns to receive academic credit for their work, especially if they are unpaid. At Elon, the requirement also aids in the push toward experiential learning, a unique and fundamental element of the university's mission.

Throughout Elon specifically, the requirements needed to register an internship for credit are not only numerous but also significantly different between schools.

While Elon does not require students across all disciplines to fulfill an internship for credit, students majoring in the School of Communications or the Love School of Business (excluding economics and international economics majors) must complete at least one internship for academic credit. These students make up about 40 percent of Elon's undergraduate population.

Jan Pagoria, director of internships for the Love School of Business, is an advocate for receiving credit for internships because it pushes students to view their internships with an academic lens.

Pagoria said "if an employer is willing to take the student under her wing and teach the student about her compa-

ny, industry and professional function ... we don't want to create a barrier for that student."

That's how it should be across all schools at Elon.

In general, completing an internship for credit is an accepted and helpful practice, but the real issue at Elon comes with all the requirements needed before registering for internship credit.

There are requirement disparities across the different schools within the university. The number of course prerequisites and required credit hours varies greatly.

The primary difference between internships with the School of Business and School of Communications is that for a communications internship, students already have completed 70 credit hours and a core set of classes. A freshman in the School of Business can register for an internship, while a freshman in the School of Communications simply cannot.

Also, most majors within the School of Communications only have to complete at least one internship credit, but Sport and Event Management majors

must fulfill an extensive four credit internship, adding up to 320 hours of work, on top of their assigned reflections and course work.

The university needs to implement a unified and simplified list of requirements students must match before registering for internship credit. This will make the process of finding an internship and fulfilling the internship requirement much easier and less overwhelming for students.

If the university changes its approach to registering for internship credits, there will be less confusion for double majors and students who are new to the world of internships. A new streamlined approach will also reduce stress for students as they work on registration in addition to their existing schoolwork.

Internships in general are going to be difficult, and there are so many parts of the process that we cannot change. These confusing and excessive requirements are unnecessary hurdles that can be reduced and would allow for a smoother and more beneficial experience for students.

Safety, respectful behavior in living spaces deserves greater priority

Having spent my last three years as a student here at Elon, I was sure for the longest time that nothing more about



Tim Melton
Columnist
@elonpendulum

college living could faze me. Granted, the initial transition from living at home to a more independent lifestyle was difficult, but after so much time, I figured I was already well-acustomed to the various eccentricities of living in close quarters with hundreds of college students.

So you can imagine my surprise when, at half past 1 a.m. last Wednesday, an unknown male student sprinted into my Global dorm room.

Realizing that he had mistakenly entered the wrong room, he quickly left while I was still trying to process the situation. While I'm sure this incident was little more than a simple error in judgment, it has made me more attentive to the way that we as members of a community interact with each other.

I don't necessarily consider myself scarred for life, but I would say that I was justifiably unsettled by such a blatant and needless intrusion of personal space. Furthermore, I'd wager that I'm not the only one who has undergone this type of ordeal — many other students likely have their own horror stories of living at Elon, perhaps even worse than mine.

Of course, the logical solution to prevent unwelcome access to one's living space would be to lock the door at night, something I've admittedly never done during

my time at Elon. What does it say about our community when I feel compelled to lock my personal door in order to feel safe at night? The fact that access to on-campus living areas is restricted to those with Phoenix cards during nighttime hours should, at least in theory, be enough to consider ourselves safe from any external threats that may exist in the community.

Do we really need to suspect our fellow students so much that we need to lock our doors to be safe? If my late-night encounter is any indication, the answer for some might just be, "Yes."

In a community as small and intimate as Elon, we sometimes assume too much of our personal safety, even believing ourselves to be practically impervious to unexpected harm. While I would personally say that I've never felt endangered while at Elon, I still think safety is definitely worth

considering, deserving informed decisions in how you wish to live in this community.

I believe scenarios like my late-night guest should encourage us to more carefully reflect on how we live together. In order to achieve an acceptable level of safety on this campus, we need to be able to respect each other's living areas. We need to be willing to identify when our own actions impede on those around us, and be willing to modify our behavior in order to lessen said impediments.

Perhaps last week's episode was the worst it will ever be for me at Elon, or perhaps it's merely the precursor for more unexpected surprises — I have no way of knowing, but I at least consider myself more prepared. Nevertheless, I still have faith that we can build a safer and more conscientious community, one in which locked doors become an option rather than a standard.

Want to share your opinion? Let us know.
Submit a Letter to the Editor by emailing
pendulum@elon.edu

THE PENDULUM

Letters must be 350 words or less and must be signed and submitted in a word document to pendulum@elon.edu. The Pendulum reserves the right to edit for length, clarity and grammar.

GPA should not control housing registration priority

With more than 250 student organizations and programs on campus, students don't have to look far to find something interesting to get involved in and contribute to the Elon University community. But as the end of February rolls around, involvement doesn't seem to matter. GPA is the only determinant of students' housing registration priority.



Jessica Rapfogel
Columnist
@_jessrap

Elon's reputation is on the rise, with recognition by Forbes, U.S. News & World Report, Princeton Review, Institute of International Education and more. Elon's commitment to enriching students in and out of the classroom is one of the factors that make it really unique.

"An appreciation for cultural diversity, an ethic of service, a strong work ethic, a

commitment to civic responsibility and a love of learning" are Elon's core values, according to Elon's website. These traits collectively produce educated, inspired and well-rounded graduates.

Student housing in the form of dorms, apartments and off-campus houses help define our community. Because of this, students' contributions to the Elon and local community should be a factor in determining their housing registration times.

While it is clear and understandable that class year does play a big part in the selection process, Residence Life at Elon would not disclose the exact GPA cutoffs that distinguish between time slots. Beyond seniority, a multifaceted, passionate and active member of the Elon community with a solid but not perfect GPA is deemed inferior to the straight-A student, no matter what the student is or isn't involved in.

Many students recognize the flaws in this process. One student shared that many of her friends are involved in four or five organizations on campus, but sometimes it seems like that doesn't matter.

Some students feel that Elon's housing process leads students to play the system and use other students for their GPA, as housing priority is based on the roommate with the highest GPA rather than the average of all roommates.

The selection process used by Marist College, a New York school of similar size to Elon, seems to be the perfect solution for Elon. Marist uses a "Priority Points" system, designed to "reward the student who excels academically and who contributes productively to the Marist College community." Points can be distributed based on GPA, involvement in extracurricular activities, disciplinary history, and the condition of their residence area. Rather than basing priority on the highest member of the group living together, Marist uses the average points of all students living together. If Elon adopted this system, then student's efforts in the community will be rewarded.

The opportunities that Elon offers its students and the passion with which it encourages students to get involved are positively distinguishing factors for the

school. It is both unfortunate and surprising that they are not a consideration in the housing selection process.

Further, our school engagement, community involvement and internship experiences may potentially be more valuable in the job market than small differences in GPA. Thomas Brinkley, executive director of Elon's Student Professional Development Center, noted, "Although some employers do have a firm minimum requirement, GPA alone is often not the sole determining factor for our employers."

It is clear that students' top priority is schoolwork, as the main purpose of college is to get a good education. GPA deserves to play a part in differentiating students, but we shouldn't ignore the bigger picture.

In the "real world," character can more profoundly shape how we are perceived. The experiences that Elon students embrace to help them learn more about their field, about themselves and about the world around them will matter then, and should not be forgotten now as we choose next year's housing assignments.

CAMPUS VOICES

The Pendulum is renewing its efforts to serve as a voice of the Elon University community. Each week, this space will feature a column from a member of the community. Want to participate? Contact us at pendulum@elon.edu.

It is our obligation to fight against sexual violence

Last Monday, I was driving into Elon University thinking about my first meeting of the morning, wondering about food for Shabbat



Rabbi Meir Goldstein
Associate Chaplain for Jewish Life

dinner and trying to remember a couple ideas for the Multi-Faith Spring Break trip, when I stopped at a red light. The car in front of me had a bunch of bumper stickers on it. One read: "Stop. Rape. Culture."

And I forgot everything else.

There is a war being waged against women on college campuses. I know it. And I don't always think about it. With all of my privilege, I can choose to think about the 10,000 other things

that need to be accomplished. And yet, the war rages on. I don't know how to fix it.

Some say one in three women will be assaulted on college campuses; others say it is one in four. Rates of sexual violence against women from the LGBTQIA communities are even higher.

It should not be ignored that, according to the Rape, Abuse & Incest National Network, nearly 10 percent of survivors of sexual assault are male-identified — another dirty little secret in this world of pain, blame and brutality. In order to "Stop. Rape. Culture." we must bring all the secrets out into the light.

Many of you know the statistics better than I do. Many of you are helping survivors and fighting against perpetrators more than I am. I thank you with the totality of my being.

Every day since seeing that sticker, I thought about the brilliant, inspiring and

lovely students that I know, and I thought about the statistics. I wanted to cry, to scream out. I wanted to build a shelter and protect them from the world and the war that we have ignored, and all that we have failed to do. But, I didn't. And I knew I couldn't.

When someone is in danger, common decency requires us to act. Judaism ups the ante and demands a reaction, turning a nice sentiment into a holy obligation. As it is written: "Do not stand idly by while your neighbor's blood is shed, I am the Holy One" (Leviticus 19:16). When someone physically attacks another, I must act — we must act.

Rape culture does not start with sexual or physical assault of any kind. Rape culture comes in a context where there is a power dominance of one group over another — mostly men dominating women. This begins with ideas and words and attitudes. Only later does it take the shape of physical violence.

In order to "Stop. Rape. Culture.," we must act against these acts of violence as well.

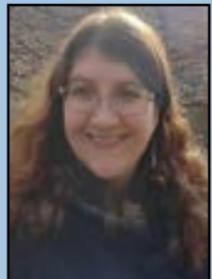
The rabbis understand the idea of our "neighbor's blood" as also referring to making the blood drain out of their face through embarrassment or intimidation or fear. The obligation to not stand idly by requires us to turn our home and our school into a place where the dignity and safety of our neighbors is our primary concern. As the rabbis said: "It is better throw yourself into a fiery furnace than to embarrass your fellow" (B.M. 59a).

At the very least, we must create communities where it is safe to go to class, to go on dates, to visit student houses without fear of being attacked. This sounds like a very low goal, which highlights how very poorly we have failed at common decency, let alone our holy task.

"Stop. Rape. Culture."

Results not typical: my college weight-loss journey

Nowadays, not one commercial break goes by without featuring an ad for a weight-loss program,



Michelle Landahl
President of Autism Speaks

machine or miracle pill, so it's hard not to think about your own eating and fitness habits while sitting on the couch watching TV. As an Elon University student,

you're at a college that tears you in two directions — free food at all events, free gym membership all week. Perhaps you have tried a crash diet or bought into that miracle pill, just to see if it worked. But it didn't. And here you are.

I found myself in a similar place when I first came to Elon. I was dealing with the fact that I had packed on some significant weight during high school, and I knew I wanted to beat the Freshman 15

before it started. So if you're in the market for a fitness overhaul, keep reading.

The truth is, I'm not a dietitian, personal trainer or perfectly in shape by any means. And I think that this, believe it or not, is what may make my advice work for you. No miracle pill, just what worked for plain-old, picky-eating, carb-loving me.

First of all, make sure you have the right mindset. Instead of thinking, "I have to get out of this body," start to think, "I don't love where I am, but this is where I am today, and I have the power to change my tomorrow." Then, stop making excuses. "Oh, I'm too busy, it will never work, I don't want to..."

All of that has to go out the window. You want to change your life, so make yourself accountable. Find a way that works for you to log your food and your workouts. I used strikes for junk food instead of counting calories when I first started out since the numbers intimidated me. Whatever you do, recording what you eat really brings

attention to your diet. It reveals that handful of candy you unknowingly sneak from the jar at work or all those hundred calorie packs that can really add up.

That being said, cut back on, but don't eliminate, the junk food you love. Finding the things that you actually want to spend those precious calories on rearranges your priorities and revolutionizes your eating habits. If you can't resist the temptation, don't keep it in the house.

When your house is clean of those dirty little snacks you know you can't resist, eating these treats every now and then is more special. You can't look at eating food as a permanent diet — it's a way of life, which is why it has to be flexible and enjoyable.

To complement your healthy eating, find what gets you moving and do it. Tying a donut to a fishing rod attached to your treadmill is not the way to get yourself to work out.

You won't do it if you don't like it. That's a promise, no matter how strong your will. No exercise is

better than another, so instead of focusing on the type of exercise, try to find something you really enjoy and adjust the amount of time you do it to match the number of calories you want to burn.

Don't compare your fitness to anyone else's, either. I could never do a full pushup — now I can do three. I don't want to be Miss Universe — I just want to be fit, and whether that means I'll eventually be able to do five or 500, that's all I want and all I can ask for. Ignore the numbers and focus on how you feel.

Finally, know the warning signs of mental issues and physical injuries, and surround yourself with people who make you feel your best. I have an accountability partner who tells me if she thinks I'm working out excessively or eating too little. Though it seems obvious that neither of those are problems

for me now, I want to make sure they never have a chance to become problems. Her encouragement has helped build my confidence and kept me on track when I wanted to give up.

In summary, I'm still working. Hard. And, some days, it sucks. But after years of failure and dissatisfying results, the tips above are finally helping me lose the weight and keep it off, all with a smile on my face. The tips are vague, but intentionally so because you have to find what works for you.

As for me, I've used kickboxing, running and strength-training to lose close to 30 pounds and many inches since I started college, and it looks like I'm going to graduate without them, too. So if you see me running around campus, give me a high-five — and if you ever want a workout buddy, you know who to reach out to.

YOU WANT TO CHANGE YOUR LIFE, SO MAKE YOURSELF ACCOUNTABLE.



PHOTO SUBMITTED BY JASON ARYEH

Junior Auston Henderson (left) and Jason Aryeh (right), assistant professor of dance, evoke emotion and describe the trials of the slave trade journey in the 'Black History Month Dance Celebration.'

Dance celebration inspired by Winter Term trip to Ghana

Miranda Siwak

Senior Reporter
@MirandaSiwak

Education on the achievements of African Americans will take on a new form with a dance celebration that combines an original collaboration between faculty and students in an event that combines dance, spoken word and singing to celebrate black history at 7:30 p.m. Feb. 26 in Yeager Recital Hall.

"The show is not only addressing the journey of slaves from West Africa, specifically Ghana to the United States, but it's also looking to stimulate the community about some issues that the community is facing in terms of equality, gender [and] diversity that students face here on campus," said Jason Aryeh, artistic director and assistant professor of dance.

Though the show is done each year, Aryeh considers aspects of the human experience and student life as inspiration for new pieces. When choreographing original works for the Black History Month Dance Celebration, he weaves together a show that will both celebrate black history and address issues of relevance to the community.

But the phrase "dance celebration" isn't all audiences can expect from the performance.

"I'm bringing these people together to share my work and also to collaborate with them to be inspired by them," Aryeh said.

In addition to collaboration with faculty, staff and professionals, Aryeh has incorporated routines that students from his recent Winter Term course to Ghana learned and performed there.

The course participants will perform two West African dances, as well as man a table at intermission in support of service projects they helped while there.

"For me personally, I learned so much about black culture," said sophomore Donita Sharkey. "There's a reason for each movement, for me not being a dancer. Each movement has a meaning; each dance has a feeling. It's more than just a dance, it's a lifestyle."

BLACK HISTORY MONTH DANCE CELEBRATION

When: Feb. 26 7:30 p.m.

Where: Yeager Recital Hall

During the Winter Term program, students performed 16 pieces in local towns, working in collaboration with Aryeh's company in Ghana.

They also had the opportunity to visit a slave castle, which inspired Aryeh's choreography and the students' performance.

"I am also really looking forward to performing the slave dance, because when we were in Ghana we were actually able to visit the Cape Coast Slave Castle, where much of the roots of slavery took place," said freshman Monica Steffey. "I was able to see the inspiration behind this piece in person. Whenever I dance this piece, my mind travels back to that castle, back in time. I am not only excited, but honored to be a part of portraying this story."

Aryeh has been integrating black history and culture together for the show since this past fall. Inspired by his research, the main theme of the performance is change and remembering and celebrating the journey of slaves from Africa.

While Black History Month has been celebrated through dance in previous years, Aryeh believes this year will be different because of inspiration, performance location and more collaboration with faculty and professionals.

"This is different because it's in a space that best defines the idea and the creative process that I've gone through," Aryeh said. "In the past, I did this staged in Whitley, and it was just a lot of dances. This time, it's more research-based inspired, so that puts some form of storyline to it that sends a deep message across."

Aryeh likes to be able to use a stage as a platform to spread messages about community and historical issues.

"I hope this is an ounce of the beautiful and rich cultural [that] Ghana has," Sharkey said. "It's hard to sum up what they do; it's not just a performance, we enjoy what we're doing."

'Amistad We Stand' expresses emotion behind slave trade

Lucia Jervis

Senior Reporter
@elonpendulum

Director Jason Aryeh is taking Elon University on a trip through time with his show "Amistad We Stand" at 7:30 p.m. Feb. 26 in McCrary Theatre.

This show contains several dance, spoken word and singing pieces inspired by a research project that Aryeh conducted two years ago in Cape Coast Castle in Ghana, which was originally built as a slave castle. Those performing will be representing African-American slaves while expressing the history of the slave trade.

"One thing that I learned from my research was that the slaves used movement, words and songs to communicate, so I thought it would be a really intense and creative form for me to use these three forms of art to communicate with the audience," Aryeh said.

Aryeh is using this performance to celebrate African-American history while explaining a dark piece of it. He wanted to shift the focus from the slave trade to the journey, which is often forgotten.

"This is an event that did happen, which should not have happened," Aryeh said. "We are not sad about it, we are remembering the event and we are celebrating it."

"Amistad We Stand" tries to explain the feelings and situations African-Americans were living in when they were slaves. It is honoring those who were mistreated and not allowed to have a free life.

In addition to interpreting the slave trade, Aryeh is addressing controversial issues that are damaging the society now such as racism, equality, color and discrimination because of culture, gender and racial spirituality, among others.

"Amistad" is a Spanish word that means friendship, so I'm looking at friendship we stand," he said. "I keep telling my performers that I am dancing towards this future and I want to bring the audience with me."

While watching the performance, the audience will be thrown into a different culture with African music and dance and movements that are inspired by the country students visited.

"I participate in a collection of dances celebrating African/African-American culture and

AMISTAD WE STAND

When: Feb. 26. 7:30 p.m.

Where: McCrary Theatre

heritage," said freshman Tres McMichael. "I am excited to share this culture that I have come to love with the rest of the Elon Community."

Trying to express the sentiments, the background of African-American slaves and communicating with people through movement and art is not the only challenging part for the performers, learning to dance to African music was difficult as well.

"West African dance doesn't have counts, so we listen to a cue in the drum called a break," McMichael said. "I think hearing that in the large theater will be difficult."

After completing his research, Aryeh felt connected to the African-American slave trade because his ancestors were slaves and were involved in the slave trade. By directing and performing in this show, he will portray this connection through his dancing.

"I am doing a solo, I think that will be the highlight of the show," Aryeh said. "I thought of having a dancer choreograph the solo but since I went through the research process, through the dungeons and held some of the original shackles, I would be able to create and interpret the solo better than having a dancer choreographing it."

By doing this solo, Aryeh will be channeling to the audience everything he felt, learned and experienced while he was in Ghana conducting his research.

It is Aryeh's hopes that the audience leave the show understanding the slave trade, the prevalent race issues and accept everyone no matter their color, culture or religion.

"I am looking at a future where more of us will call ourselves artists and work together to make dance concern with primary issues in life," he said. "I am also looking at a future where dance is once again hunted for its power to inspire, to teach, to transform and to heal our separateness."

"Amistad We Stand" aims to celebrate Black History Month by showing a dark piece of African history.

Reintegrating back to American life

Student experiences culture shock after living in China

Allie Dietz
Senior Reporter
@AllieDietz

Living in another country and learning about different cultures is something many Elon University students hope to experience by studying abroad. But for sophomore Kaylina McKelvey, seeing the world at a young age wasn't just a dream — it was a reality.

"I grew up in Guangzhou, China," she said. "When I moved there when I was 10 years old, there was hardly any Western influence. The infrastructure was very traditional Chinese, and by the time I left there when I was 18, it changed so much."

According to McKelvey, the Western influence is the modernization of Europe and the United States. During her eight years there, the influence really began manifesting in Guangzhou, where there are now Western restaurants and stores like H&M and Zara.

Moving across the world

When making the move from the United States to China, McKelvey was not sure what to expect.

"I thought China was going to be crazy. I remember stepping off the plane and I was like, 'Whoa, there are buildings, there are cars,'" she said. "My perception of China

Sophomore Kaylina McKelvey moved to China when she was 10. She plans on living there again after graduation.

was just not what it is, and I think a lot of Americans don't know what it's all about."

McKelvey said a misconception is that people only think of the city life in China and the pollution the cities create.

"People think they're building way too quickly and it's really effecting their ecosystems, but what a lot of people don't realize is that outside of the main cities, it's all farming, it's all agriculture," she said.

Though China is known for its big cities, McKelvey said the United States has at least 15 times the number of cities China has. This means there is more local and reachable agriculture found in markets and grocery stores, making the food much fresher.

While there, McKelvey found a passion in nutrition and eating right. If there is one thing she said she misses most, it is the food.

"You go to the local supermarkets and everything there is fresh," McKelvey said. "I can remember the stench of raw meat and fish, but it's great because there is never the question of, 'What am I eating?' like there is in America."

This is just one of the many influences the Chinese culture had on McKelvey, which she has brought to her friends in the United States.

McKelvey's boyfriend, junior Chris Liebenberg, studied in Shanghai in the fall and has been able to recognize her Chinese influence since he's been back.

"There was always a feeling when you looked at her in social situations — she didn't seem as comfortable as the other people around her," Liebenberg said. "At first, she didn't seem Chinese in any way, but you could tell she had been raised differently than everyone around her."

Discovering cultural differences

McKelvey said since Liebenberg's been back, he has started making more comments on the culture she picked up from her childhood.

Liebenberg said she definitely got her driving skills from China.

"Sometimes she would stick out like

I REALLY DON'T KNOW AS MUCH ABOUT AMERICA AS I THOUGHT I DID. ITS ABOUT KNOWING WHERE YOU COME FROM, AND I DON'T.

KAYLINA MCKELVEY
SOPHOMORE

a sore thumb here at Elon, whether it be pushing through to the front of the line or weaving her way through traffic," he said.

When she came to the United States, McKelvey failed her driver license test several times before she finally learned that traffic laws are really enforced here.

"The drivers there swerve in and out of traffic, don't use blinkers and don't stop at stop signs," she said. "When I went for my license, I was like, 'If they don't do this in China, why do I have to do it here?'"

Each time she visits China, McKelvey is cut off from part of the world.

One of the most substantial cultural differences McKelvey noticed while living there was how much the Chinese government controls everything.

"Twitter and Instagram are blocked in China," she said. "The government doesn't want certain things to go viral because when things trend [in the United States] they become a 1.3 billion-person trend."

She also said the government does a good job of shielding citizens from crime.

"The government doesn't want its citizens to know about these things so they block them," McKelvey said. "Rape [is underreported] there because they keep the people from knowing about it. Gun control isn't a thing there because there aren't gun-related crimes."

Keeping crimes off the television and shielding citizens from seeing them on the Internet is one of the reasons she thinks crime rates are so underreported in China.

Crime-related programs aren't the only things blocked from the Chinese people. McKelvey also said

that sex and drugs are not really included as part of their entertainment world.

"Twerking was never a thing there," she said. "They don't see these things and the government doesn't want them to."

As for culture shock, McKelvey said she never truly experienced it, but she came close when she moved back to the United States.

ing to myself, 'Wow, it must just be a really bad day,'" she said. "My friend and I talked about it and she was like, 'No, you're just in America now.'"

Planning to return

Though McKelvey is enjoying her time at Elon, she is planning on living in China permanently after graduating, the biggest reason being their growing economy.

"The middle class there is starting to thrive, and their want and need for American brands has skyrocketed," McKelvey said. "The wealth is really growing there."

Because of the infatuation Chinese citizens have with Westerners, McKelvey said it is easy for Westerners to take advantage of their growing economy.

"It's sad to say, but as a foreigner, you have a bump up in the social class," she said. "I want to be a part of their growth. Westerners are still a new concept to them and we really stick out. There are only about 1, 2 or 3 million Westerners compared to 1.3 billion Chinese people. We're just not as prevalent."

McKelvey spent this past summer in Hong Kong interning in the PR department of a technology company that her two brothers work at. She said Hong Kong is a lot like New York City because it's expensive to live there and it's technology oriented.

"Hong Kong was colonized by Britain, so it is extremely Westernized," she said. "In Hong Kong you are at a disadvantage if you don't know English, so it made it easy doing business there this summer during my internship." Since most speak English in Hong Kong, McKelvey is still unsure of if she'll end up there or mainland China.

"In terms of language and writing and speaking Chinese, I had the benefit of being there young and learning it," she said. "But I went to an international school, so everything was taught in English." McKelvey didn't learn the Chinese language to the degree she would've liked to, so she is minoring in Asian Studies to learn more.

"If there's one regret my parents should have, it's not sending me through public schooling when my brain was still a sponge and I could easily learn the language," she said.

It's not that McKelvey doesn't know any Chinese — being there she learned a lot of vocabulary — but she is now using her minor as a chance to learn grammar, which she will integrate once she returns.



CAROLINE BREHMAN | Photo Editor



Looking beyond their veils

Hijabi Monologues aim to challenge students' views

Alexandra Schonfeld
Senior Reporter
@aschonfeld096

A window into the trials and triumphs of the lives of Muslim-American women will be uncovered through The Hijabi Monologues at 7:30 p.m. Feb. 26 in Whitley.

The monologues, whose name refers to the traditional veil Muslim women wear to cover their heads, is part of the Ripple Conference, an interfaith conference for college students sponsored by Elon University and the Interfaith Youthcore beginning Feb 25. The conference invites poets, storytellers and musicians to lead workshops and forums for participants.

The monologues have been performed around the world and in universities across the country by

a group of women who share their realities of Muslim women in the United States.

The stories range from humorous to more serious, discussing issues of bias and the struggle of living as a religious minority in the United States.

Joel Harter, associate chaplain for Protestant life, first saw the performance at the University of Chicago and pitched it to Jan Fuller, university chaplain, in hopes of bringing the event to Elon.

"I knew that we were trying to do some more education and events about Islam," Harter said. "Most people who come to this are not going to be Muslim, so this is a good way to do some education in a way that will be more accessible and fun."

According to Anna Torres, Muslim Life coordinator, a Pew Research Center poll determined that knowing someone personally within a religious minority group is correlated with having positive

feelings toward that group.

This study has always stuck out to Torres and she says it's one of the reasons initiatives like the Hijabi monologues are so important.

"I definitely think they are important because they do an excellent job of showing a wide spectrum of experiences in a very engaging way because so often we don't know anyone of minority religious groups," she said.

The goal of The Hijabi Monologues is education, using it to break the stereotypes that are often perpetuated by the media and society at large.

"A lot of people maybe have assumptions about Muslims, but they don't actually know anyone personally," Harter said. "So this is a chance to actually hear some stories and real experiences and understand that Muslims — like any other religious group — are not all the same. The overwhelming majority of them are good, decent people and not someone to be

afraid of."

Though The Hijabi Monologues have been performed numerous times, the installment at Elon will include a few new pieces.

One will show an African American-Muslim perspective and discuss the Black Lives Matter movement. Another will discuss the Chapel Hill shootings last year, and the effect they had on the Muslim community.

"It's traumatized by headlines, but it's about how that shooting affected Muslim Americans everywhere," Harter said.

About four different performers will deliver about a dozen monologues during the performance.

As part of the Ripple Conference, the event will allow students to experience the monologues with others from varying backgrounds and religious beliefs. There will be discussions afterwards for students to engage in dialogue about the issues brought up in the monologues.

THE HIJABI MONOLOGUES

When: Feb. 26 7:30 p.m.

Where: Whitley Auditorium

Leading up to the performance on Friday, Muslim Life sponsored Elon Hijab Day when students were encouraged to wear a Hijab in solidarity. Students of all religions wore hijabs around campus Feb. 18 to show their support.

According to Harter, while Elon does more than other universities in the way of religious education, there is always more work to do.

Torres-Zeb said even if one kind of diversity is accomplished on campus, like racial or economic, things can never be universally diverse.

"I think that Elon is definitely making a lot of steps and is open to increasing diversity," she said. "I don't think diversity is ever something that is achieved."

'Life after Elon' course prepares students for post-grad life

Ally Feinsot
Senior Reporter
@ally_feinsot

For college students, it can be very intimidating to think about entering the "real world." Most Elon University students will agree that they are perfectly comfortable in the "Elon Bubble." It's daunting to think that one day friends won't be a short walk across campus, that unlimited swipes to the dining halls will cease to exist.

To help students transition into the post-grad world, the course "Life After Elon" is offered.

Rhonda Kosusko, associate director of career services, said the course incorporates the Revson series, which includes eight different lectures to help students learn strategies, such as finding a job, networking skills, personal finance and health and wellness.

The series was developed by consulting experts in different topic areas, who helped create a curriculum for the course.

"The course is important in helping students become more aware of the issues that they will face post-graduation, as well as how to manage their lives after Elon," Kosusko said.

In addition to the "Life After Elon" course, which is a one-credit elective, a corresponding series is being hosted throughout this month at

The Station at Mill Point.

Latisha Taylor, career advising fellow at the student professional development center, taught the "Life after Elon" course during the fall and over Winter Term as well as presenting "The Ins and Outs of Negotiating" at Mill Point.

"Mill Point students are normally juniors and seniors, so we wanted to bring a program that would be geared toward what they will encounter post-graduation," Taylor said. "We selected bits and pieces from the 'Life After Elon' course to bring to Mill Point students."

The Mill Point series includes three of the Revson lectures, including personal finance, negotiating and insurance, as well as a session devoted to preparing for graduate school.

Taylor led a session with career advising fellow Beth Mannella about negotiating skills.

"Our thought process was to not only talk to students about salary negotiating, but to make a more holistic approach to negotiation, whether it's your car, buying an apartment or making big purchases online," Taylor said. "We don't encourage students to negotiate their salary right out of college, but to be prepared for negotiating with jobs in the future."

The negotiating session also included strategies for relocation — for example, if a job required relocating from North Carolina to California, students learned how to negotiate

paying for relocation costs.

Taylor wants the sessions to go beyond the classroom.

"Students should not simply listen to the strategies like a lecture and retain the information, but apply it to their everyday lives," she said.

While "Life After Elon" gives students the opportunity to learn transition strategies into the real world, it is still nerve-racking for them to think about venturing out of their comfort zones, something that Elon has given them for four years.

The "Life after Elon" course includes eight different topics covering finding a job, networking skills and personal finance.

to be a lot of changes at once, which is always scary."

For others, it is the fear of the infinite possibilities that the "real world" offers.

LIFE AFTER ELON

What: 1-credit-hour course that shows the Revson series with lectures about "real world" strategies

Why: To prepare students to get a job and work with finances

"After I graduate in May of next year, I will have the world at my feet," said junior Laura Todd. "As the phrase goes, it will be my 'oyster.' There are so many options that I can see in front of me, but amidst feelings of excitement over having so many opportunities, I can't help but feel weighed down by the sheer immensity of the possibilities."

For seniors, their impending graduation is rapidly approaching. Anxieties about future jobs, graduate school or moving to a new city may be overwhelming for some. But for others, Elon has prepared them to enter the post-grad world confidently.

"Elon has taught me how to be confident in my abilities as a leader, as a global citizen and as a friend," said senior Rebecca Voelker. "While I may be preparing to leave the 'Elon Bubble' behind, I have no doubt that my relationships and experiences within this 'bubble' have set the foundation for me to be successful in the future."

Moving from stage to director's chair

Student switches from acting to planning first play

Lea Silverman
Senior Reporter
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In May of her senior year of high school, junior Caroline Colino was set to go to the University of Delaware to study biology. The Delaware native went to an arts high school in Wilmington, Delaware, starting off on a singing track and switching to the acting track her junior year.

Her involvement in the theater prompted her to change her mind about her college plans.

"I heard about Elon [University] from a friend who was here for music theater," Colino said. "I didn't get in until May, because I was on the waitlist for my program."

Though she started late, when Colino began the acting program, she threw herself into every possible role that she could while also painting sets when needed and helping out whenever possible.

Her active role brought her to

I HAVE NEVER DONE ANYTHING ON THIS SCOPE. IT'S SCARY BUT EXCITING.

CAROLINE COLINO
JUNIOR

another switch: acting to directing.

"I always felt this pressure freshman year — and kind of sophomore year — to have to prove myself, and it is probably what lead me to directing," she said.

Colino is directing this year's production of "The Glass Menagerie" by Tennessee Williams for Al-

pha Psi Omega, the national theater honor society. This was Williams' first major play that set him up as one of the most famous playwrights in history. It also is one of his most well-known works to date.

Facing new challenges

Acting has paved the way for Colino to discover her love of directing, which sparked after she took a class on the subject last year. Because her passion shifted from acting to directing, Colino has a very special perspective on "The Glass Menagerie," and it has impacted what she wants students to take away from watching the play.

"I want students to go in and leave questioning their perceptions of the world and their perception of how life is supposed to turn out," Colino said. "That is something I have been dealing with a lot, and that is why I connect to the play so much."

As director for the show, Colino is a bit nervous about how well she'll get her vision to come to the stage.

"This is my first big project," Colino said. "I have never done anything on this scope. It's scary, but exciting. I feel like if I wasn't scared then something is wrong."

Taking on such a well-known play can be intense, but Colino lets the pressure fuel her. Though the play isn't going to be performed until late April, Colino spends hours every night after she finishes her homework to work on forming her vision for the play.

"I am really lucky this is the play that was chosen because it is on a lot of directors' bucket lists," Colino said.

Alpha Psi Omega has an extensive list of plays they can choose from to produce each spring.

"This production is going to be very special," said Hunter McCormick, president of Alpha Psi Omega and Colino's producer and mentor. "There is so much commitment and love going into it from everyone involved."



PHOTO SUBMITTED BY CAROLINE COLINO

Junior Caroline Colino played Dorothy in 'The Wizard of Oz' this past summer. She will try her hand at directing 'The Glass Menagerie' in April.

Working backstage

Since "The Glass Menagerie" is such a sought-after play to work with, it comes with its challenges to produce. The time commitment is something that surprised Colino, coming from an actor's point of view to a director's.

Though rehearsals haven't even started, Colino is planning in advance so everything will run as smoothly as possible, making her vision easier to achieve. She needs to begin thinking about costumes and set designs months earlier, all while keeping complete faith in her actors to perform the best they can when the time comes to begin rehearsing.

"Just because it is theater, it does not mean that it is easy," Colino said. "It takes a lot of work. I don't think people realize what our program is about and how much work we put into the things we do and how smart my classmates are."

Being an acting major has allowed Colino to explore multiple aspects of the performing arts program that interested her outside of the theater. She loves tap dancing and tries to do it as much as she can, breaking out her tap shoes for any class she can take.

Colino has still managed to prioritize her love for science along with her busy acting schedule. She still loves biology and takes science classes — such as anatomy and physiology — as electives as they fit with her schedule.

Though Colino went into college loving acting, just as she went into high school with a passion for singing, somewhere along the way she lost the excitement that she once had for acting and felt that passion for directing instead.

"Any of my friends can tell you I have a very dramatic personality because I am an actor," said Colino. "But I stopped getting joy from acting."



PHOTO SUBMITTED BY CAROLINE COLINO

After performing in 'Harper Regan,' Colino realized she wanted to attempt directing instead.

It was while preparing to perform in "Harper Regan" this fall that Colino realized she lost the passion that she once had. With acting, Colino wouldn't really memorize her lines until she absolutely had to — but with directing, she is starting early with planning and enjoying the full process more.

Thinking ahead

"The Glass Menagerie" presents a complex story for the college student to interpret. The protagonist, Tom, works at a shoe factory but aspires to be a poet. He lives in a small apartment in St. Louis with his mother Amanda and his sister Laura, who suffers from a limp due to polio.

The play is told by Tom as a memory, and each event is tainted by his emotions. The climax is his realization that he only feels "free" after he leaves the small apartment, and has to make the choice to not see his mother or sister.

Though the story doesn't seem relatable for college students at first glance, Colino believes the deeper

meaning will shine through in her production. She thinks that people will be able to relate to Tom and how he feels stuck where he is, without chasing his dreams or following his passions.

Although Colino doesn't know exactly where her passions will take her or what her plans will be in the future, she isn't worried.

"I don't feel like I have to know, but so far in my life I have just kind of ended up in good situations," Colino said.

"Was I planning on directing the show? No. Did I want to? Yes. Did I know I was going to come to Elon? No, I was going to go to UD for biology. So I have no idea where I am going to end up."

Many destinations appeal to Colino, but she doesn't know exactly if she would act or direct if she were to move to a popular entertainment hub such as Chicago or Los Angeles after graduating.

"My philosophy is the American Dream," Colino said. "If you work hard, good things will come of it, which is funny because my play is actually contradictory to that."

The Caroline Colino Guide to Plays

Favorite Play: "Hair"

Caroline says: It is just an experience.

Favorite Play to Read: "Skin in Flames" by Guillem Clua

Caroline says: I could read it over and over and over again, because it doesn't quite tell you what to think.

Favorite Play to Act In: Anything Shakespeare

Caroline's Goal: To act in a Shakespeare in the Park

Favorite Shakespeare: "Romeo and Juliet"

Caroline says: It is so cliché, but I love it. I will open it and just cry.

Guilty Pleasure Play: "Hair"

Caroline says: I listen to the music all the time.

Phoenix faces concerns after sluggish opening weekend



JACK HARTMANN | Staff Photographer

Baseball freshman infielder Ryne Ogren (22) strikes out swinging in the bottom of the sixth Friday. Elon lost to Wright State University 9-7 Feb. 19, and got swept by the Raiders in the four-game weekend series.

Baseball gets swept by Wright State, worst start in 33 years for Elon

Tommy Hamzik

Editor-in-Chief
@T_Hamzik

The long meetings in right field after the final out have been common occurrences during Mike Kennedy's tenure as Elon University baseball coach, a sign of frustrations, shortcomings and most importantly, a loss.

It's surprising there was one this early in the season, so surprising that it signified a spot in the record books that probably wasn't too pleasing to the coach in his 20th year leading his alma mater.

Two losses in a Feb. 20 doubleheader against Wright State University sent Elon to an 0-3 start, its worst beginning to a season since 1983. For perspective, Kennedy was in middle school that year.

It only got worse the next day, when the Phoenix fell 11-2 to the Raiders, matching the 0-4 start from 33 years ago.

At the front of the problem was pitching, with Elon's starters surrendering 25 runs, 21 hits and 16 walks in just 15 and two-thirds innings.

No starter threw more than five innings, with junior left-hander Jordan Barrett lasting the longest at four and two-thirds in a 9-7 loss that opened the season. Junior Nick Beaulac was rocked for 10 runs (seven earned) in four-plus innings, and junior Matt Harris

allowed seven in four innings.

Freshman Mason Daniels went three innings on Sunday, allowing five runs on three hits with five walks.

There were some missed opportunities at the plate, too, but the pitching struggles overshadowed those by far.

"I think the biggest thing is how disappointed we are in our starting pitching," Kennedy said, "and we didn't see it coming because we've been throwing really well in preseason and intersquad games. Those three guys have competed really well and have thrown the ball very well. My concern is maybe we had too much adrenaline and too much excitement that we got away from what we are and started elevating some balls.

"Overall, our starting pitching didn't give us a chance in the first three games. We definitely have to get better there."

Elon's pitchers walked 13 batters and hit six in Saturday's doubleheader alone. The Phoenix allowed 43 total runs during the four-game series and threw six wild pitches.

Aside from a two-hit, five-inning shutout performance in relief by junior pitcher Derek Pike, there wasn't much to like from the pitching staff on opening weekend.

From an offensive perspective, Elon's outputs of seven and 11 runs in the first two games were encouraging.

At the height of that was junior transfer outfielder Kyle Jackson, who belted three home runs in the first game of the doubleheader, driving in seven runs. He was 7-for-16 in the series with two doubles and three walks.

Senior infielder Danny Lynch was 5-for-14 with a home run and four RBI, and junior

infielder Nick Zammarelli had three doubles and three RBI.

The lone complaint, though, was a handful of missed opportunities.

The first was in the fifth inning Friday, when Elon had the bases loaded and one out. Then freshman right fielder Liam O'Regan and senior first baseman Tyler McVicar struck out to end the inning.

In Saturday's first game, Elon had the bases loaded and one out with the game tied in the bottom of the ninth. Then O'Regan struck out, and junior outfielder Jamal Clarke hit into a fielder's choice. The Phoenix lost in 10 innings.

"A few at-bats ... we weren't finishing them out," said junior first baseman Will Nance. "We were letting pitchers beat us. Not being good with two strikes, that inning where we had the bases loaded and one out — mistakes like that, we can't make."

The concerns are evident, and they've been expressed. But according to Jackson, it's too early to be worried.

"We're not getting down," he said. "The

first two of the season were tough losses. It'd be a big difference if we came out and they beat us 10-2 in the first two. It'd be a different feeling."

Kennedy didn't waver in his confidence, either. Elon's pitching staff is still without senior Michael Elefante (elbow) and sophomore Robbie Welhaf (stress fracture). They're expected back by early March.

Until then, it's up to pitchers like Barrett, Harris and Beaulac to improve and carry the Phoenix.

"I hope that we're a little more mature that we don't get [down on ourselves]," Kennedy said. "It's too early, and there are too many broken pieces of our puzzle that we have to get back in there and get back together. We'll do that. It's not an excuse for not executing pitches and not getting the ball in play here and there.

"I like this club. If we're going to pitch like that, I won't like them long. I think those guys are all capable, and I think they're going to have much better outings than what we saw [Saturday]."

WORST STARTS TO OPEN A SEASON - BASEBALL

1924	1916	1915	1923
0-9	0-6	0-5	0-5
1980	1926	1983	2016
0-5	0-4	0-4	0-4*

*as of Feb. 22

Softball goes 1-4 at weekend tournament in Orlando

After winning its 1st game, Elon loses 4 straight in Florida

Staff Reports

@pendulumsports

The Elon University softball team went 1-4 at the Citrus Classic Tournament in Orlando, Florida, over the weekend. But Elon stayed competitive, losing three games by two runs or less, including a two-

Elon's lost all four games against ranked opponents this season, but the margin of defeat's dropped each time.

Emily Roper and junior infielder Carey Million each went 2-3 to lead the offense, as Roper scored two runs and Million drove one in.

run loss to No. 1 University of Florida.

The lone win for the Phoenix was in its first game, a 4-3 win over Stephen F. Austin University. Junior catcher

In the second game on Friday, against No. 13 University of Missouri at Columbia, the Tigers capitalized on the Phoenix's failing defense and scored six runs in the fourth inning between four hits, two walks, two errors and a wild pitch to win 9-2.

Saturday, The University of Nebraska Omaha shut out Elon in a pitching duel, 2-0. Senior pitcher Kayla Caruso pitched an impressive full game, only allowing six hits and two walks while striking out six. But Maverick freshman pitcher Laura Roecker threw

a shutout, striking out four and giving up five hits and three walks.

Elon then faced top-ranked Florida and kept close to the Gators. Junior outfielder Alaina Hall went 3-3 and scored Elon's only run. A tight defense by Elon kept them in the game, but Elon fell to Florida, 3-1.

Elon finished the weekend Sunday morning against Jacksonville State University. The Gamecocks jumped on Elon's starting pitcher, freshman Elise Walton, with four hits and four earned runs after only one and

one-third innings pitched. Elon cut the deficit to one in the seventh, when freshman designated player Ashtyn Foddrell hit a two-run double with one out, but Elon's last two batters went down quietly, ending the weekend with Elon's fourth straight loss.

Elon returns home for the first of two softball tournaments this weekend, starting with the Elon Phoenix Tournament Saturday. Elon will play North Carolina A&T State University once, and Farleigh Dickinson University three times over the weekend,

Senior ends men's basketball career with a smile

Hershberger leaves campus legacy of pranks, unique bonds, singing, hard work

Alex Simon
Sports Editor
@alexsimon99

The Elon University men's basketball team concludes its home schedule Thursday night, signifying the final game in Alumni Gym



Sam Hershberger

for the team's resident comedian and captain, walk-on senior guard Sam Hershberger.

"It came up fast," Hershberger said. "I was thinking about it against [the College of] Charleston [Feb. 13] — second-to-last time I'll play in here —

and I was sitting on the bench and I thought, 'Wow, this is unbelievable.' But I'm excited."

Hershberger will get to start for Elon, the only start in his career. Head coach Matt Matheny loves rewarding the walk-on seniors with a start on the emotional night.

"They have a special place in my heart," Matheny said. "Walk-ons go unnoticed a lot. They're not playing as many minutes — they're not playing as much in the big games — but they work just as hard."

But Hershberger breaks the typical walk-on mold. In fact, if you ask his roommates, Hershberger can't get around campus without being noticed.

"When going around with him on campus, you can't walk one minute across campus without stopping with him," said senior Rajat Agarwal. "He's truly an Elon celebrity if there ever was one — you could compare him to Leo Lambert, in that sense."

Endlessly smiling

Hershberger comes to Elon from Vandalia, Ohio, which is approximately 20 minutes north of Dayton. He lived in Danieley his freshman year with redshirt junior forward Wes Brewer, a fellow walk-on who is also participating in Senior Night, and senior Nick Fedor.

Fedor says Hershberger was, from the moment he stepped on campus, a "really outgoing, happy dude."

But you wouldn't know that he was on the basketball team if you met him on the street.

"He wants to fit in as a normal student. Even just walking around with him, he never introduces himself as a basketball player," Agarwal said. "He just loves being a normal guy."

Yet his radiant smile and sociable characteristics give him an aura that is infectious and makes all who are with him — and talking about him — smile.

"He has a great energy about him," Matheny said. "Ever since I've been here, whenever I ask Sam how he's doing, he always says, 'I'm living the dream.' And I think he is. He definitely makes you feel like he's living in a wonderful dream."

Freshman guard Steven Santa Ana got to see this personality at its best in a most unusual circumstance.

"When my hand was hurt, I sat on the bench with Sam and Pat [Ryan, a junior guard]," Santa Ana said. "Sam's got the most energy out of anybody. Even when he's not in the game, he's giving energy to everybody and going crazy on the bench, having a good time. It was so much fun."

A known jokester

Part of Hershberger's status and mystique on campus, according to four-year teammate and roommate Brewer, is his well-known affinity for pulling pranks.

"He's quite a prankster," Brewer said. "He's



ASHLEY KING | Staff Photographer

Elon University men's basketball senior guard Sam Hershberger is lifted by his teammates on the bench to celebrate a good play on the court Feb. 13.

always trying to pull a joke on one of us [basketball players], or someone else he knows — which is a lot, since he knows so many people."

Brewer said one prank in particular is a favorite of Hershberger's, of which junior guard Ryder Bowline falls victim to most often.

"When he sees someone walking with a girl on campus, he walks up and asks, 'Is this the girl you were showing us on Facebook?'" Brewer said. "It works 100% of the time. Ryder's been caught multiple times — it's his go-to prank. It's cruel, but it's Sam."

His outgoing nature leads to memorable experiences away from the basketball team, too.

"There was one time Sam asked me to help him record a video for a project in his Spanish class," Fedor said. "He went around campus and went up to completely random people and got them to speak Spanish with him for the video."

A special relationship

One prank from Hershberger's sophomore year, in particular, took on a life of its own and damaged a close bond between Hershberger and the pranked victim.

"It all started when some of the team was out to dinner at Cracker Barrel, and [Elon play-by-play announcer] Taylor Durham was also there," said junior guard Luke Eddy. "I wasn't there, but I've seen video evidence. The guys are in one side, and Taylor's on the other side. Sam tells Taylor's waitress that it's his birthday — but it wasn't his birthday."

"This lady brings out a cake for Taylor, and Sam gets the whole restaurant to sing Taylor Durham 'Happy Birthday' and Taylor Durham stands up and says, 'It's not my birthday! It's not my birthday!' the whole time the restaurant is singing to them."

The interaction spurned a "feud" between the two that, according to Eddy, has continued to this day. But Eddy also acknowledged that, deep down, they're each other's biggest fans, and everyone in the program sees that their friendship is truly strong.

"It's grown — it's come a long way," Matheny said. "They'll have a bond forever through the relationship that they've been through."

Brewer added: "They have a very strong relationship. Since sophomore year, it's been a very close bond since then."

Hershberger smiles whenever someone brings up Durham to him, surely recalling his previous encounters with the man he calls "TD." But the friendship shines through.

"TD and I have a great relationship," Hershberger said. "We like to tease each other sometimes, but TD and I are good buds."

Durham also smiles when asked about Hershberger and the prank wars the two have engaged in.

"He's just a really good guy to be around



JACK HARTMANN | Staff Photographer

Hershberger dribbles across half court Feb. 4, the last game he played in for the men's basketball team.

— he's a guy who keeps everybody loose, and I think every team needs to have one of those," Durham said. "He's come and done postgame [interviews] and the radio show with me, and he'll be very talented in whatever he chooses to do."

The endless song and dance

In addition to the pranks, Hershberger makes himself known whenever he comes home.

"You always know when Sam is in the room or when he comes into the room because he sings like none other," Agarwal said.

The bursts of song are something Hershberger is happy to talk about, but he claims it isn't happening all of the time.

"Primarily, it consists of shower singing," Hershberger said. "I feel like, to really get the full experience, you got to put some vocal out yourself. Whether it's singing or dancing, you've got to lose yourself in the music, you know?"

Yet for Brewer, his roommate's love of music, and singing along to it, is not something to be fond of.

"Sam kills naptime," Brewer said. "He chooses some of the worst songs, and then tries to sing the terrible songs. It's not a position you want to be in when that does happen, that's for sure."

Brewer said Hershberger wakes him up from his nap "three to four times a week," and estimates the number has reached around 500 over four years.

Eddy also referenced Hershberger's dance moves, which he displays each year at the Late Night with the Phoenix event. Eddy said the little four-step has made a lasting impression

on him, and Hershberger acknowledges it.

"When there's music on, I like to bust some moves and enjoy myself," Hershberger said.

Never-ending worker

But don't mistake all of the singing, dancing and joking for aloofness. On the contrary, Hershberger can't stay away from the gym.

"He's one of the hardest workers on the team," Eddy said. "It's why he's a walk-on but also a captain."

Agarwal said Hershberger shoots in the gym every day outside of practice, and consistently leaves dinner to go back to Alumni Gym. There is one moment that sticks Matheny to this day.

"In a closed scrimmage in the Greensboro Coliseum against Campbell [University], he got in the scrimmage late," Matheny said. "He fell to the ground and knocked a tooth out, and I remember he played right through it. To me, that epitomizes what Sam is all about."

Hershberger is sad to see his time at Elon come to a close, but he's excited to play in front of family and friends on Senior Night. And he feels he was all-in during his four years.

"I've tried to put my all my energy into my time here," Hershberger said. "I told Coach Matheny freshman year that, when I leave here, I want to be able to say I made an impact on the program."

Hershberger indicated that he'd like to think he managed that. If he could see the smiles he brings to the faces of everyone around the program, he would understand that he has.

"Sam will be missed when he's gone," Matheny said. "He's had such a positive impact with his upbeatness and his energy."

Women's lacrosse starts season with 3 wins

*Kessler's 10 goals boost
Elon to early success, but
tough tests await*

Jordan Spritzer
Assistant Sports Editor
@JSpritzer_Pro

Down a pair of goals in the second half on the road to Coastal Carolina University, the Elon University women's lacrosse team didn't waver.

After sophomore midfielder Abby Godfrey scored her second goal of the game to put the Phoenix within one, junior attacker Sloane Kessler scored the game-tying and game-winning goals in the span of 1:04 to give Elon a 5-4 comeback victory and a 3-0 record to start the year.

Kessler is the team leader in goals (10), assists (3), points (13) and hat tricks (3).

"We were a little bit off in a lot of respects," said head coach Josh Hexter. "In a game like that we told the [players], 'It's the team that can play loose in a one-goal game and takes some risks that's going to win.' And we did that."

Kessler's match-deciding goals were her ninth and 10th of the season. While Kessler has proven more than capable of creating chances for herself and her teammates, the Owings Mill, Maryland native said she's been focusing on improving the physical aspects of her game.

"Speed and quickness are two of the things I wanted to work on, along with my footwork," she said.

Kessler said the team is full of players capable of scoring and contributing on offense. This season, eight players have scored Elon's 31 goals.

"Everyone's been really selfless — there's a mix of players that are scoring," Kessler said. "You look at how many people that can score, we have so many threats this year."

Kessler said she is a benefactor of the Phoenix's balanced offense but admits the system can work with anyone running the show, though Hexter said Kessler brings an extra something that makes Elon's offense click.

"She brings a particular poise to our offense that I love," he said.

Hexter added Kessler does what all other great players do — improve the game of



Sophomore midfielder Maeve Cowley (4) runs around a Longwood defender Feb. 14. Cowley scored two goals against the Lancers in a 15-8 win.

ASHLEY KING | Staff Photographer

those playing around her. Kessler led the Phoenix in assists in each of her first two seasons, with 21 assists in 2015 and 22 in her rookie season. Kessler's 1.31 assists per game in 2015 was the 47th best in the nation.

The Phoenix will not have an easy time extending its undefeated start to the season. Elon travels to face No. 12 Duke University — a final four participant last season — Thursday and Vanderbilt University Sunday. Kessler said her teammates know how close they are in terms of talent after playing Duke last year and Vanderbilt this past fall.

Hexter said this weekend's opponents don't change the team's attitude in practice, turning the focus inward.

"Regardless of who we play, the focus is always on us and what we're trying to get better at," he said. "Then we try to play the best opponents we can to try and raise our own level of play. The opponent for us is somebody that's gonna help us get better. If you're gonna play against teams that are not very good, that's not gonna help you elevate your game."

The next home game for the Phoenix is at 6 p.m. March 4 against the State University of New York at Albany.



Freshman midfielder Amanda Romano (32) protects the ball in the middle of the field Feb. 14.

ASHLEY KING | Staff Photographer



ASHLEY KING | Staff Photographer

Three Elon University women's lacrosse players swarm for the ball near the Longwood net Feb. 14.

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BASEBALL

SCHEDULE

Feb. 19-21
0 W, 4 L 

Feb. 23
Late 

Feb. 26-28
Home 3 games 

SOFTBALL

SCHEDULE

Feb. 17
14-4 

Tournament
Feb. 19-21
1 W, 4 L 

Home
Tournament
Feb. 27-28
4 games 

WOMEN'S LAX

SCHEDULE

Feb. 12
5-4 

Feb. 25
Away 4 p.m. 

Feb. 28
Away 1 p.m. 

WOMEN'S TENNIS

RESULTS & SCHEDULE

Feb. 19
3-4 

Feb. 20
0-7 

Feb. 25
Away 2:30 p.m. 

Feb. 28
Home 1 p.m. 

MEN'S TENNIS

RESULTS & SCHEDULE

Feb. 23
Ppd. 

Feb. 26
Home 2 p.m. 

Feb. 28
Home 1 p.m. 



JACK HARTMANN | Staff Photographer

MEN'S BASKETBALL

RESULTS & SCHEDULE

Feb. 18
81-76 

Feb. 20
56-67 

Feb. 25
Home 7 p.m. 

Feb. 27
Away 2 p.m. 

STANDINGS

	Overall	CAA
UNCW	21-6	13-3
Hofstra	20-8	12-4
James Madison	20-9	10-6
William & Mary	18-9	10-6
Towson	19-10	10-6
C. of Charleston	16-11	8-8
Northeastern	15-14	7-9
Elon	15-14	6-10
Delaware	7-20	2-14
Drexel	4-23	2-14

WOMEN'S BASKETBALL

RESULTS & SCHEDULE

Feb. 19
54-38 

Feb. 21
47-54 

Feb. 26
Home 7 p.m. 

Feb. 28
Away 2 p.m. 

STANDINGS

	Overall	CAA
James Madison	20-5	13-1
Drexel	15-11	11-4
Hofstra	19-7	10-5
Elon	16-10	9-6
Delaware	14-12	9-6
Northeastern	12-14	7-8
William & Mary	14-12	5-10
C. of Charleston	9-16	4-10
UNCW	7-19	3-12
Towson	6-20	3-12

SPORTS BRIEFS

Men's tennis matches rained out

The Elon men's tennis team saw two matches cancelled because of inclement weather this week.

The Phoenix had completed doubles play against Gardner-Webb University Sunday, but the rain forced a cancellation during singles play. Tuesday's scheduled match at Campbell University also was rained out.

The Phoenix returns to action Friday to start a three-game homestand, facing Brown University and Virginia Commonwealth University over the weekend.

Women's tennis drops two matches

The Elon University women's tennis team lost both matches over the weekend.

The Phoenix fell to Florida Gulf Coast University 4-3 Friday at the Jimmy Powell Tennis Center, then was swept by No. 65 North Carolina State University 7-0 Saturday.

On Friday, freshman Suzanne Zenoni won her singles match 6-2, 6-1. Senior Taylor Casey and sophomore Erica Braschi won their doubles match, then each proceeded to win their singles matches. Casey won 6-1, 1-6, 7-6 (7-5) and Braschi won 5-7, 7-6 (7-2), 6-3.

Men's and women's golf traveling for weekend tournaments

The Elon University men's and women's golf teams will spread across the country for tournaments this weekend.

The men will fly to Arizona to participate in the Loyola Intercollegiate in Goodyear, Arizona. Hosted by Loyola University of Maryland, it is the first tournament of the spring for the men's team.

The women will play in the Kiawah Island Intercollegiate in Kiawah, South Carolina. Hosted by College of Charleston, the women finished third in Elon's first event of the spring, the FGCU Eagle Invitational.

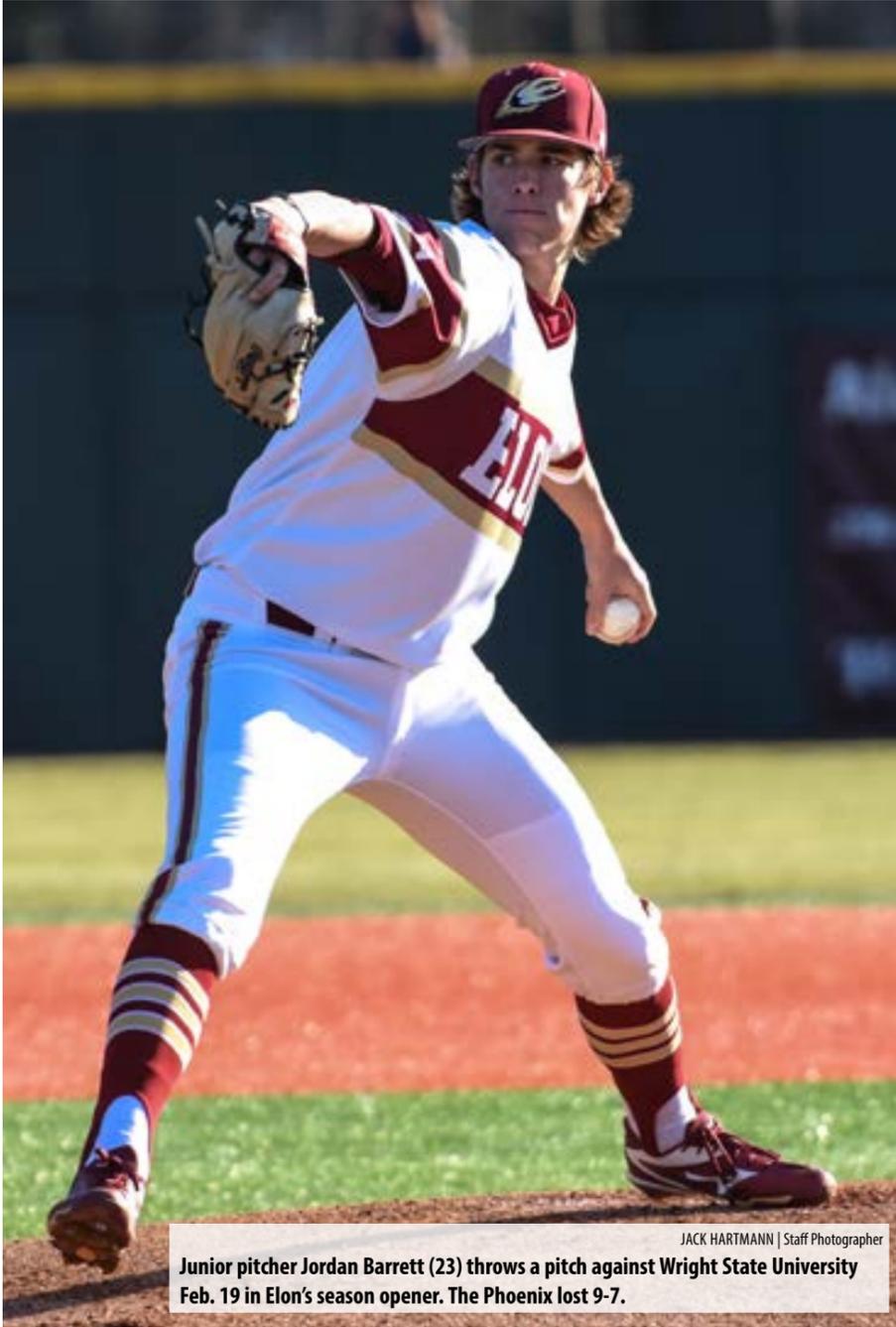
Women's track and field finishes indoor regular season

More records were broken by the Elon University women's track and field team Feb. 20 at the Penn State Tune-Up.

Senior Sydney Griffin set new school records in the 60-meter hurdles (8.48) and 60-meter dash (7.75). Senior Jen Esposito also broke the 400-meter dash record (55.03).

The 4x400-relay team of Esposito, sophomore Lydia Laws, and freshmen Lauren Brzozowski and Desiree Ross also broke the school record with a time of 3:46.52, winning the race.

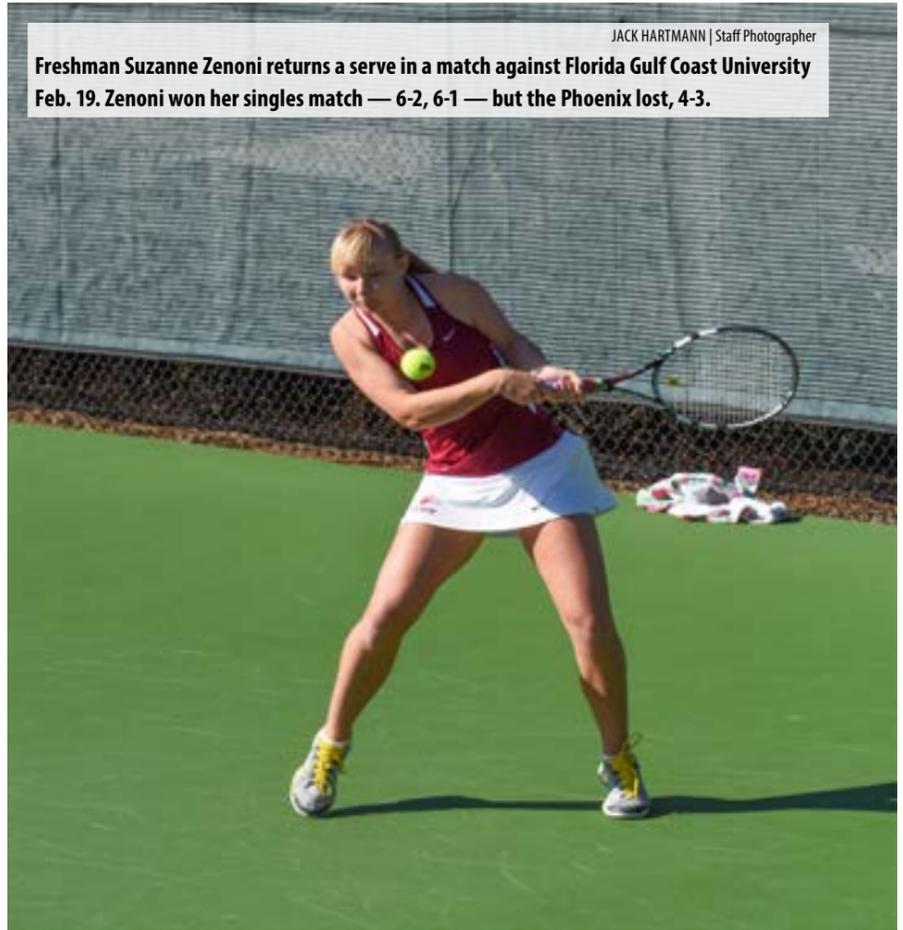
TOP PHOTOS



JACK HARTMANN | Staff Photographer
Junior pitcher Jordan Barrett (23) throws a pitch against Wright State University Feb. 19 in Elon's season opener. The Phoenix lost 9-7.



HALI TAUXE | Photo Editor
Since surviving a suicide attempt in 2007, Jordan Burnham has traveled across the country sharing his story with students and raising awareness about mental health.



JACK HARTMANN | Staff Photographer
Freshman Suzanne Zenoni returns a serve in a match against Florida Gulf Coast University Feb. 19. Zenoni won her singles match — 6-2, 6-1 — but the Phoenix lost, 4-3.



HALI TAUXE | Photo Editor
Jordan Burnham waits in the audience before his presentation, Feb. 17, at McKinnon Hall.