

FRIDAY, AUGUST 23, 2019
ELON, NORTH CAROLINA

THE PENDULUM

MOVE IN EDITION



WELCOME CLASS OF

2023

First year Charlotte Krimmel carries a mattress box with her roommate's younger sister outside of Carolina Hall during Move-In Day 2018.

ABBY GIBBS | STAFF PHOTOGRAPHER



NEWS • PREPARED AND AWARE

As mass shootings continue, police and faculty train for an active shooter situation



LIFESTYLE • 13,000 MILES AND MORE

Students from across the world and country travel thousands of miles to be at Elon



SPORTS • REWINDING FALL SPORTS

Lessons from last season help Elon's four Division I programs



JAZMIN BENDER | SOCIAL MEDIA COORDINATOR



LIAM O'CONNOR | STAFF PHOTOGRAPHER

LETTER FROM ELON NEWS NETWORK LEADERS: JACK HALEY, ANTON L. DELGADO AND GRACE MORRIS

Welcome back to Elon! As our community grows, all of us at Elon News Network (ENN) are excited to continue to serve you as journalists.

At the core of journalism, especially student journalism, is public service. As always, we want that message to be on all of your minds. In our newsroom, located in McEwen 108, we say that news is a team sport. This year we want you to be a part of that team.

As journalists, we improve the most when we speak to the people we serve. Let us know what you think of our coverage, what topics you want to know more about and how we can make our content more accessible and understandable to you.

While this will be a special year for many reasons, it's especially notable for us because it marks the third year of our organization's convergence.

Before 2016, "The Pendulum" and "Elon Local News" were separate. This year will mark the first time all of our staff members have only worked for a

converged newsroom, a single unified organization.

The nuts and bolts of this merger weren't easy to smooth out, but it was necessary in order for us to evolve and best serve our community.

ENN can now produce more collaborative coverage, in depth reporting and powerful storytelling. All to the benefit of our readers. We hope that everyone is looking forward to this year as much as we are.

News never stops and neither will we.

Jack Haley
Executive Director of Elon News Network

Anton L. Delgado
Managing Editor of The Pendulum

Grace Morris
News Director of Elon Local News

LETTER FROM SGA PRESIDENT: JACK JOHNSON

The question of what I wanted to be when I grew up always troubled me. Firefighter? Pilot? Wizard? The possibilities seemed endless. What settled it, though, was learning about the explorers who traveled the world. I wanted to be one of them. Yet, arriving at Elon I knew my odds of joining Marco Polo's next voyage were a bit limited.

Jumping in the Mill Point pool with a floaty doesn't really count as a nautical quest. Fortunately, Elon allows us to find

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YES, I MAY BE A NUMBER CRUNCHING FINANCE MAJOR WHO ENJOYS LISTENING TO THE MINUTIA IN NPR STORIES, BUT AT ELON I CAN EXPLORE MORE ABOUT OUR WORLD AND MYSELF THAN I EVER DREAMED. BE BOLD, BE BRAVE. TODAY, YOU START YOUR ADVENTURE.

that sense of adventure in other ways.

Starting with orientation, you'll be tasked with building a Four-Year Plan which will help plan out possible courses you will take. Advisors will help you fit graduation requirements in, but you will have the responsibility of choosing other interesting subjects and ideas that excite you. This is the start of your academic adventure.

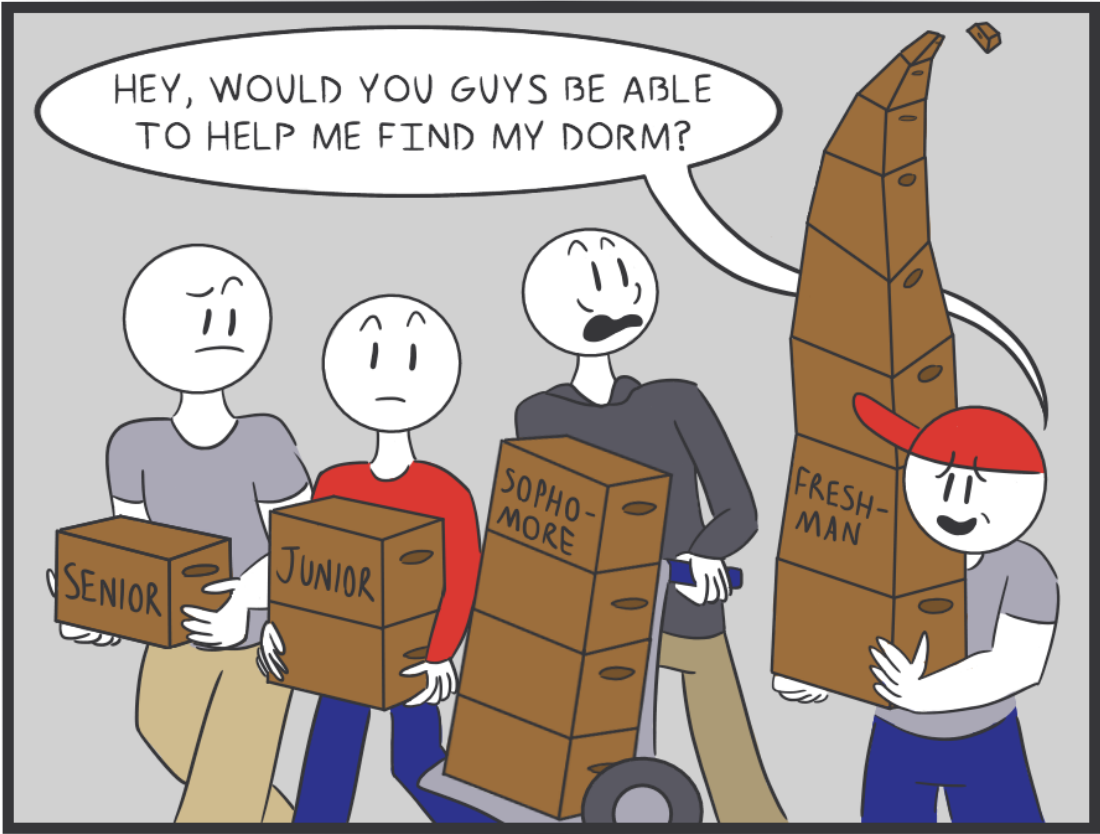
Your first semester is going to be filled with different residence hall socials, student org meetings, and random hangouts. In each, you will encounter person after person who – as surprising as it might seem – wants to meet people and make friends just as much as you. No, you won't click with everyone, but some of these connections will open up doors you never would've imagined and change the trajectory of your life. This is the start of your social adventure.

Finally, there will be times when you're pushed to question who you are at your core. A life at Elon is one filled with reflection tied to every action, and those moments of introspection can be some of the most powerful. For the first time since you were kids wondering what you wanted to be when you grew up, you have the ability to dream as big as you possibly can about who you are and what you will do. This is the start of your personal adventure.

You can hopefully see now why I love Elon so much. Yes, I may be a number crunching finance major who enjoys listening to the minutia in NPR stories, but at Elon I can explore more about our world and myself than I ever dreamed. Be bold, be brave. Today, you start your adventure.

Jack Johnson
Executive President

MOVE-IN DAY



COMIC SAMS - SAM POROZOK

Welcoming the largest class in Elon University history

Class of 2023 includes students from more than 40 states and 20 countries

Amanda Gibson
Event Coverage Coordinator | @amanda_l_gibson

Throughout the summer, incoming first years across the country have been counting down to move in day. Now that it is finally here, the sounds of excited greetings, infectious laughter and nervous chatter fill the campus.

For incoming freshman, Wellsley Cohen, a San Francisco native, says that living in Elon will be a bit of an adjustment. In the midst of applying to universities and colleges, Cohen expected she would attend one in California.

“When I visited North Carolina, Elon specifically, I was just blown away by ... how nice everyone is,” Cohen said. “I really wanted a change. Growing up in a city can sort of wear on you at times, and being in a smaller more suburban area like Elon, well, I was totally drawn in to that.”

Cohen is coming to North Carolina not knowing a soul, and despite being almost 3,000 miles from home she says she isn’t worried. Having attended an all girls school for most of her life, Cohen says the transition to Elon, a 62% female incoming class, won’t be all that difficult.

“I think I will feel really supported in this move, both by professors I meet and new friends,” she said. Having lived in the same place for her whole life, Cohen says she’s most excited to broaden her perspective by meeting new people from all over the country.

The idea of meeting new people is what most entices Paris Taliadouros as well. Taliadouros is from Winchester, Massachusetts along with the 10% of the Class of 2023 that call somewhere “20-minutes-outside-of-Boston” home. This is the first time in 10 years that Massachusetts is not the second most represented state, behind North Carolina. This year New Jersey took the second

place spot with 175 incoming students.

While there might be other students from close to home, he says he didn’t know any students before participating in Adventures in Leadership (AIL), an Elon summer program that takes incoming freshman through North Carolina on a week-long backpacking and white-water rafting experience.

“I was super nervous leading up to AIL,” Taliadouros said. “I had never done any sort of camping before, not even slept in a tent. It ended up being the best decision I ever made.”

Taliadouros says he is looking forward to discovering many more unknowns once on campus. The program, in fact, introduced him to his roommate. The two selected a random roommate, but unexpectedly both were on the trip.

“It was a total surprise,” he said. “But now I’m looking forward to orientation weekend to be reunited with all these friends I’ve made.”

Taliadouros and his roommate will be moving in the East Neighborhood into a living and learning community (LLC) that is focused on leadership and global perspectives. Elon has 25 living and learning communities, which are residential neighborhoods that students apply to live in and share a common theme.

The LLC’s work together throughout the year includes discussing their floor themes, attending speakers and other events. For Taliadouros, the opportunity to live in an LLC will push him to engage more with the world around him, something he says he’s

fallen short of in high school.

For Cohen, who isn’t sure yet what she will study, the unknown is both exciting and daunting.

“I’m hesitant with being okay with not knowing,” she said. “Elon is structured well for that, being a liberal arts school, and allowing me to say ‘I’m still figuring it out and that’s okay.’”

While Cohen and Taliadouros might be a bit anxious about the freedom and dependency they are gaining, freshman Corinna Olson is concerned with the new structure a university will give her.

Olson’s high school experience was different than most, having studied in four different countries a year, ranging from Peru, Morocco, to China and everything in between. She says the curriculum was non-traditional, and focused mainly on project-based learning while in each country.

Olsen, a Chattanooga Tennessee native, elected to study in 12 countries throughout her non-traditional high school experience in pursuit of her love to travel.

During Rising Phoenix Weekend, Olson says she spoke with a physics professor about her concerns of adjusting to a university with a more traditional curriculum than her high school.

“The professor I talked to knew about the other school I was looking at and he was telling me that there I would be thrown in to this traditional, lecture based learning, and I didn’t want that,” Olson said. “At Elon I will be a part of it. I’ll be doing it. It might be more traditional than what I’m

“**WE HOPE THEY WILL HAVE INTELLECTUAL CONVERSATIONS THAT MOVE BEYOND THE BINARY WHITE, NON-WHITE STANDARD AND START TO THINK ABOUT WHAT IT MEANS TO BE A GLOBAL CITIZEN**

PAULA PATCH
INCOMING DIRECTOR FOR ELON CORE CURRICULUM

used to but it’s hands on. I’m honestly looking forward to that adjustment to be able to still design my own path but with a bit more guidance.”

Paula Patch, the Incoming Director for Elon Core Curriculum, says faculty are eager to interact with incoming students with open perspectives like Olson, Taliadouros and Cohen.

“We want students to engage in these conversations that might make them feel uncomfortable but might validate some things that are going to push them and pull them in different directions,” Patch said. “It might be uncomfortable but that’s what we want. That’s good and that helps them grow.”

Patch and Amy Johnson, the current common reading director, say the required text for incoming students is meant to highlight different themes of identity and belonging that can help students contribute to conversations and adjust to a new intellectual environment.

This year’s selection, FutureFace, is Alex Wagner’s first book which draws from her own experiences as the child of immigrants and her experience as a journalist on the Arizona-Mexico border. The book addresses questions about what it means to be American, by tracing her own family lineage across the world.

While the book focuses on diversity, Elon’s student body has lacked this throughout the years. However, this year’s incoming class includes 18 percent of students who identify as a minority, despite the majority of the class still being white. This is an improvement from year’s past, with 18 percent of students identifying as African-American, Hispanic, Asian American, or another ethnicity. Last year, only 16 percent of the incoming class identified as a minority, and just 20 years ago, the incoming class had only 83 minority students. Patch emphasizes that readings like these are vital to a community like Elon that’s predominately white to spark conversation.

“Most students probably haven’t had to think too much about where they come from or what it means to be white or non-white. We hope they will have intellectual conversations that move beyond the binary white, non-white standard and start to think about what it means to be a global citizen.”

The book offers a platform for discussion in Elon 101 classes, and in future campus events, when Wagner herself will be on campus to discuss her book with students and faculty in mid-September. The common reading book is selected the September of the year before the incoming class is expected to read it. A committee of staff, faculty, and two student representatives consider a list of suggestions before ultimately deciding in the year long process.

As students from the class of 2023 step foot on campus for move-in, with new classes and faces before them, the thoughts of their application process might be in the distant past. But looking back at the application process, it’s interesting to note the changing acceptance rates through the years. With almost 11,000 applicants this year, the acceptance rate was more than 70 percent. This is more than a 5 percent jump from just last year, and more than 20 percent from 2010’s acceptance rate where less than half of the applicants were accepted. The increase in acceptance might be a result of Elon’s desire to grow, but despite the increase in acceptance, the class is only marginally bigger than years past with 1675 students.

ADMISSIONS BY THE NUMBERS

10,500

First year applications.

1675

Total first year students.

72%

Acceptance rate for the 2018-2019 academic year

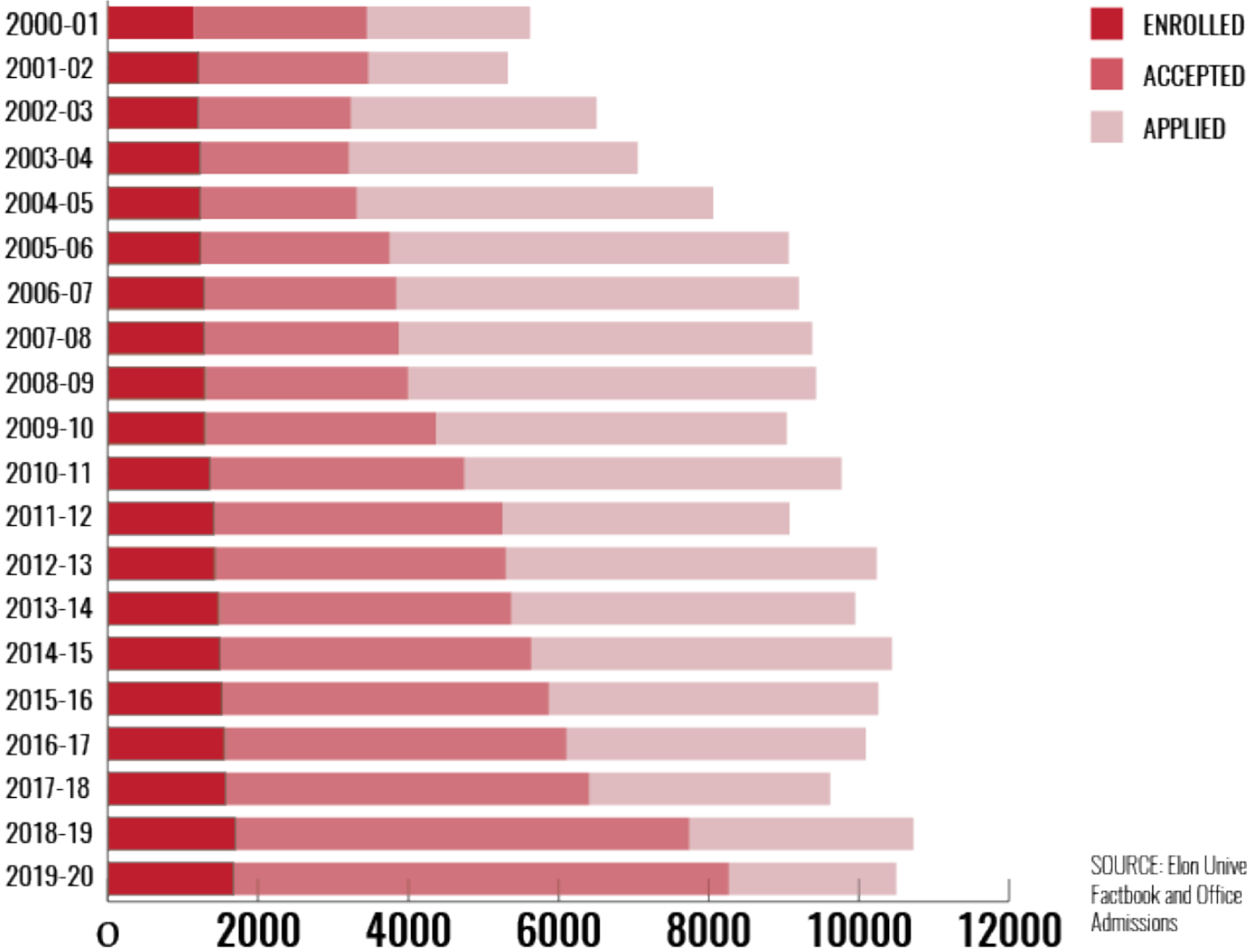


CORINNA OLSON



WELLSLEY COHEN

Two decades of Elon’s admission process



SOURCE: Elon University Factbook and Office of Admissions

ASWANI VOLETY JOINS ELON AS **NEW PROVOST**



ANTON L. DELGADO | MANAGING EDITOR

Aswani Voley, the former dean of the College of Arts and Sciences and executive director for the Center for Marine Science at the University of North Carolina Wilmington, is set to take over as the next provost of Elon University on Sept. 1.

Aswani Voley prepares to lead Elon into the next decade and beyond

Hannah Massen

Elon News Network | @massenhannah

Growing up in the coastal town of Visakhapatnam, India, Aswani Voley, Elon's incoming provost, believed that the American education system was the best in the world.

After finishing high school at the age of 15 and college three years later, the travel enthusiast and avid scholar left to pursue his master's degree in the United States in 1999, starting on a path he never expected to take.

Voley always knew he wanted to be a scientist. Inspired by his greatest role model, his aunt, who attended medical school at a time when Indian women were rarely able to pursue an education, Voley decided to become a doctor.

"In India, you had to be a certain age to take the medical entrance exam, and because I was younger by two or three years, the first time I could take the exam happened to be the same day my [college] finals were," Voley said. "I said, 'I'll walk in and take the medical entrance exam, but I've also got to focus on my finals for college.' I missed it by one point."

Instead of attending medical school, Voley received his Ph.D. in Marine Science at the College of William and Mary before serving as the dean of the College of Arts and Sciences and executive director of the Center for Marine Science at the University of North Carolina Wilmington (UNCW). Voley spent five years as a dean at UNCW before pursuing a new position.

Impressed with Elon University's focus on undergraduate education and high-impact practices, Voley applied for the provost position, unsure of what the outcome would be.

Eric Hall, a professor of Exercise Science and co-chair of the Provost Search Committee, said the institution as a whole was impressed with Voley's straightforward demeanor and extensive experience.

"From the listening sessions from early on, it was clear that our community wanted somebody to come in from outside," Hall said. "They were looking for some new ideas and new perspectives, and obviously Dr. Voley brings that. That was the fac-

tor we were looking for and I think we were able to get that with him."

As a first generation college student who credits his success to his mentors, Voley said his goal is to help as many students as possible benefit from their education.

"I promised when I was interviewing that you will not have a provost who is going to be focused solely on the deans and the leadership and being in the office," Voley said. "Even at UNCW, I'm a dean that is more externally focused, whether it be students, events or otherwise. Here is my promise: I will be a provost that will be more adamant about students, seeing what they're going through and understanding what they need, and doing the best I can to support them."

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I ALWAYS FELT THAT THERE WAS ONE AND ONLY ONE REASON WHY WE ARE IN THIS JOB AND THAT'S THE STUDENTS,

ASWANI VOLETY
PROVOST

Learning from experience

Richard Ogle, interim-dean of the College of Arts and Sciences at UNCW, met Voley as a candidate for deanship. Within 15 minutes, Ogle said he and his fellow search committee members knew Voley was the right man for the job.

During Voley's deanship, Ogle enjoyed the many different ways he got to work with Voley either as the department chair of psychology or as an associate dean.

"I've been at UNCW for 18 years, and every dean I've worked for was a really good dean, but Aswani was a transformative dean," Ogle said.

Voley was skilled at the "chess game" of managing a large liberal arts college, overseeing many departments and programs across the full spectrum of arts, sciences and humanities, said Ogle. He instituted several masters and doctoral programs, strengthened relationships with universities around the world,

and increased the fundraising of the college. According to Ogle, Voley was an advocate for the college's faculty, increasing the operational budget of departments so that they could fund faculty development.

"The international program profile that Elon has, along with the fact that Elon is interested in continuing to develop in areas of STEM, I can't imagine a more qualified person at this point to take over as provost," Ogle said. "From what I know about what you're looking for, you chose the perfect person."

Thinking forward

Job title aside, Steven House, Elon's outgoing provost and incoming executive vice president who has spent 18 years at Elon, shares something in common with Voley: his love for data.

"He's a scientist, and I believe scientists are well prepared to really work on all the details and organizations of being a provost," House said. "He certainly has that skill set, and he considers data and analyzing data when it comes to making decisions, and I think that's important because that's the same way I am."

Voley said he is excited to "stand on the shoulders of giants that came before" him, but he has unique plans for the university's experiential learning programs and curriculum. As Elon prepares to enter its 2020 Strategic Plan, Voley said he is not only thinking about both what would help students succeed tomorrow and ten years from now.

One answer may be a stronger STEM program. Voley hopes to strengthen Elon's new engineering program, and incorporate technology sciences like artificial intelligence, machine programming, computer science, data science and data analytics across schools.

"These are applications for practically any field you can think of," Voley said. "Not to mention the opportunities for employment for students are phenomenal. Gone are the days when it is a straight degree program, whether it is the arts and humanities, social sciences or professional schools. Careers are going to be more in terms of collaboration with people."

Because careers are becoming more collaborative, Voley said that gaining cultural competency through study abroad is very valuable. But according to Voley,



ANTON L. DELGADO | MANAGING EDITOR

During Elon University's annual opening ceremony, Aswani Voley listens to President Connie Book present the next strategic plan on Monday, Aug. 19 in Schar Center.

students who are unable to study abroad may also benefit from interacting with international students on campus.

"As Elon focuses on improving its diversity and inclusion in the coming years, these high impact practices will make a lot of difference," Voley said. "This is a great opportunity for Elon, in addition to sending students to other countries, to also attract students from other countries to come to Elon. That way, the students locally who didn't have as many opportunities to go overseas will have similar cultural exchange opportunities."

Staying student centered

Despite his numerous academic and professional successes at UNCW, Voley said the true highlight of his job was working with the students.

"I always felt that there was one and only one reason why we are in this job and that's the students," Voley said. "I'm very passionate about them and everything I do has to revolve around students, and somehow it has to help students."

According to Ogle, Voley had a strong relationship with the student body, and came to nearly every student production at UNCW, be it a music recital or theater play.

Voley was also the first dean to institute UNCW's Dean's Student Leadership Council (DSLCL), which was comprised of students from across the College of Arts and Sci-

ences meant to encourage student participation in the college's events and to address student concerns.

Kate Woolard, now a Ph.D. student at Arizona State University, served as co-chair on DSLCL during her time at UNCW. She said that Voley was always willing to listen and work with students.

"Dr. Voley cared a lot about student experience at UNCW," Woolard said. "For instance, when students brought up during a Dean's Student Leadership Council meeting that a certain classroom had outdated and unstable seating he replaced all the chairs in the room. Another way he showed he cared was by remembering students. Whenever we were at the meetings he would remember students and what they were interested in. He would also try to connect them with professors or projects that were related to their interests."

Because he encouraged her to pursue her studies, Woolard said Voley is the reason she applied to a Ph.D. program at all.

Voley plans to continue engaging with students at Elon, and said he will be living in Colonnades this year to gain a better understanding of the student experience.

"I measure my success based on my students' success," Voley said. "I personally think the education I received, the help I received when I came to this country, and the mentors that happened along the way are the reasons I am where I am. So, my goal is to make sure I do the same thing for other students."

36 full-time faculty members join Elon



Faculty and staff at Elon University assemble in Schar Center for the annual opening ceremony on Wednesday, Aug. 19, where President Connie Book updated the audience on the next strategic plan.

The new faculty members come as faculty growth outpaces student enrollment

Jack Norcross
Elon News Network | @jnorcrossnews

Elon University is not only growing in enrollment, but also in faculty size. This year, Elon University continues to grow in size with its largest freshman class ever. With more students means more faculty, and this year Elon has hired 79 new faculty members who will join the school this fall. From Harvard University in Cambridge, Mass., to Northern Marianas College in Saipan,

“I WAS BROUGHT TO ELON BY THE SHORT BUT POWERFUL EXPERIENCE I HAD WITH THE FACULTY MEMBERS AND THE STUDENTS.

WEN GUO
INCOMING ASSISTANT PROFESSOR OF ART

Northern Mariana Islands, the new incoming faculty come from every stretch of the country. “I was brought to Elon by the short but powerful experience I had with the faculty members and the students,” in-

coming assistant professor of art administration from Ohio State Wen Guo said. “They, together, brought the best out of me as a young teacher and scholar while I was trying to be recognized as a part of the Elon community.” Of the new faculty hires, 36 will be full-time and 44 will be part time. The College of Arts and Sciences will see 53 new faculty hires; Love School of Business, 14; School of Education, six; School of Communication, four; School of Health Sciences, two; and the School of Law, one.

The dozens of new faculty hires come during a time when the university is expanding, with faculty employment growing at a faster rate than student enrollment. Since the 2000-01 school year, Elon’s fall enrollment has increased by 70 percent reaching 6991 total students in fall 2018. During this time, the amount of full-time faculty has grown even faster increasing by 118 percent to 439 faculty members during the 2018-19 academic year, according to the most recent numbers available from Elon University’s Office of Institutional Research.

With a total of 590 full and part-time faculty members working at the university during the last academic year, Elon University is on par with its advertised 12 to 1 student teacher ratio.

Incoming provost Aswani Volety says he is looking to continue keeping this ratio low.

“I am planning on working with deans of schools and College of Arts and Science, as well as other campus constituencies to ensure that students get the best educational experience they deserve, and one that we are proud,” Volety said. “I plan to take a look at various programs that are growing to ensure appropriate resource allocation and follow our strategic plan in ensuring responsible growth.”

Elon’s non-tenured track faculty placed themselves in to the spotlight last year following a movement to unionize and demand “fair wages” and “job security.” Of the 283 eligible voters, 200 votes were cast with 112 members voted in favor of the union. Despite objections by Elon University this past spring, the university’s first non-tenure track faculty union is expected to move forward.

FACULTY BY THE NUMBER

439

is the number of full time faculty prior to the 2019–2020 school year.

36

is the number of instructors joining Elon’s full time faculty in the 2019–2020 school year.

More than 30 new staff hires over the summer

Less than previous summers, 35 full-time staff members are hired

Christian Galvano
Elon News Network | @cgalvanotv

The warmth of the campus is the feeling alumnus Jennifer Curtin got when she first arrived at Elon University as a student 20 years ago. She’s now back as the new director of marketing, but despite all that has happened since she was student, Curtin says the feeling is the same.

“I still feel that same warmth now that I’m here meeting with people” Curtin says. “I’m so very proud to be a part of, it’s been going great.”

Curtin is one of the 35 staff members that started their new full-time positions this summer.

“I STILL FEEL THAT SAME WARMTH NOW THAT I’M HERE MEETING WITH PEOPLE.

JENNIFER CURTIN
DIRECTOR OF MARKETING

“It really felt like you were joining a family,” she says.

Some of these staff members, like Curtin, weren’t hired for new roles but asked to fill old ones. Others like Patrick Wright, joined the University Communications team without filling a vacancy. He started this summer as Assistant Director of the Elon University News Bureau, a newly created position created.

There were also six more part-time and four full-time office support positions filled. In 2017, Elon filled 56 total vacancies over the summer.

The Human Resources Department declined to provide data regarding staff hires from previous years. According to University Communications, the department is in the process of trying to fill its director position.

This summer, all part-time staff positions were filled by new members from the Department of Athletics. Dan Anderson, vice president of University Communications, says this is not uncommon. Athletics is a department that sees quite a few turnovers. In the last academic year alone, a new basketball and football coach were hired.

Out of the 41 total staff members — including part time staff — hired this summer, 17 of the staff members will be working with the Athletics Department.



Jennifer Curtin

Anderson also says the addition of new buildings comes with the hiring of new staff members. According to Anderson, new buildings that pop up on campus is usually an indication there will be new staff being hired.

The only new building expected to be opened this fall is LaRose Student Commons, located in the historic neighborhood.

According to Anderson, besides the growth in the Physical Plant Department, general staff growth has not been as great in the past few years as it was five-to-six years ago. The total enrollment has not been growing as fast, he says. In turn, staff positions have vacated and then filled rather than created.



GROVE
Winery & Vineyards

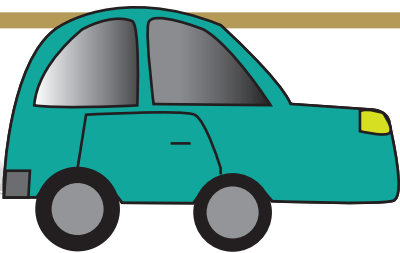
welcomes Elon Students, Staff & Parents

OPEN DAILY

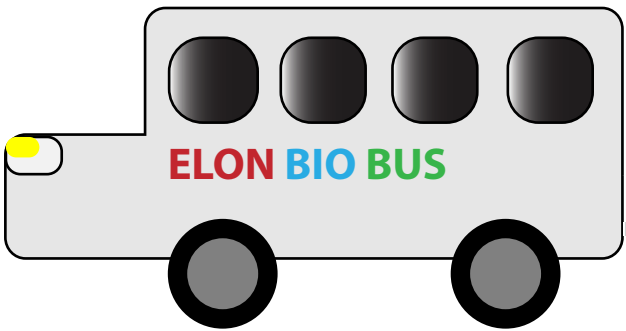
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UNDERSTANDING

T R A N S P O R T A T I O N



	WHERE DO THEY GO?	TIMES
B I O BUS	<ul style="list-style-type: none">Multitude of locations on and around campus such as Global, Historic, Danieleley, Target, Lowes Food, Allied Churches and more.	Danieley Center Tram: Monday - Sunday: 7 a.m. - 2 a.m. West Line: Monday - Friday: 7 a.m. - 8 p.m. Outer Loop: Monday - Friday: 7 a.m. - 10 p.m. University Drive Line: Wednesday - Thursday: 4 p.m. - 10 p.m. Friday: 4 p.m. - 10 p.m. Saturday: 12 p.m. - 12 a.m. Sunday: 12 p.m. - 10 p.m. Downtown/East Burlington Loop: Monday - Friday: 2:30 p.m. - 6:30 p.m.
ERides	<ul style="list-style-type: none">Any on campus location to any location within a mile and a half radius of the Moseley Center (excluding bars)	Monday-Thursday: 7 p.m. - 2 a.m. Friday: 7 p.m. - 12 a.m. Saturday - Sunday: Closed
S A F E RIDES	<ul style="list-style-type: none">Any location within a mile of campus to any location within a mile of campus	<ul style="list-style-type: none">Monday - Thursday: ClosedFridays and Saturdays: 10:30 p.m. - 2:30 a.m.Sunday: Closed
MEDICAL RIDES	<ul style="list-style-type: none">Any on campus location to the R.N. Ellington Center for Health and Wellness	<ul style="list-style-type: none">Monday - Friday: 8 a.m. - 4 p.m.Saturday - Sunday: Closed



DATES to know

SEPTEMBER
FAMILY WEEKEND
27-28

NOVEMBER
HOMECOMING
WEEKEND
1-2

DECEMBER
FALL CLASSES
END
6

AUGUST
FALL CLASSES
BEGIN
27

OCTOBER
FALL
BREAK
17-20

THANKSGIVING
HOLIDAY
23-1

FALL EXAMS
9-13

ELON

DINING HALL
SCHEDULE

Lakeside:
Monday - Wednesday:
Lunch: 11 a.m. - 2 p.m.
Lite Lunch: 2 p.m. - 5 p.m.
Dinner: 5 p.m. - 8 p.m.
Late Dinner: 8 p.m. - 10 p.m.
Thursday:
Lunch: 11 a.m. - 2 p.m.
Lite Lunch: 2 p.m. - 5 p.m.
Dinner: 5 p.m. - 8 p.m.
Late Dinner: 8 p.m. - 9 p.m.
Late Night: 10 p.m. - 3 a.m.
Friday:
Lunch: 11 a.m. - 2 p.m.
Lite Lunch: 2 p.m. - 5 p.m.
Dinner: 5 p.m. - 8 p.m.
Late Night: 10 p.m. - 3 a.m.
Saturday:
Brunch: 10 a.m. - 2 p.m.
Dinner: 5 p.m. - 8 p.m.
Late Night: 10 p.m. - 3 a.m.
Sunday:
Closed

McEwen:
Monday - Thursday:
Breakfast: 7 a.m. - 10 a.m.
Continental: 10 a.m. - 11 a.m.
Lunch: 11 a.m. - 2 p.m.
Dinner: 5 p.m. - 8 p.m.
Friday:
Breakfast: 7 a.m. - 10 a.m.
Continental: 10 a.m. - 11 a.m.
Lunch: 11 a.m. - 2 p.m.
Saturday:
Closed
Sunday:
Brunch: 10 a.m. - 2 p.m.
Dinner: 5 p.m. - 8 p.m.

Colonades:
Monday - Thursday:
Breakfast: 7 a.m. - 10 a.m.
Continental: 10 a.m. - 11 a.m.
Lunch: 11 a.m. - 2 p.m.
Dinner: 5 p.m. - 8 p.m.
Friday:
Breakfast: 7 a.m. - 10 a.m.
Continental: 10 a.m. - 11 a.m.
Lunch: 11 a.m. - 2 p.m.
Saturday:
Brunch: 9 a.m. - 11 p.m.
Extended Brunch: 11 a.m. - 2 p.m.
Sunday:
Brunch: 9 a.m. - 11 p.m.
Extended Brunch: 11 a.m. - 2 p.m.
Dinner: 5 p.m. - 8 p.m.

M E A L P L A N S

	PRICE PER YEAR	BENEFITS	MEAL DOLLARS
ALL ACCESS +14	\$8,198	<ul style="list-style-type: none">unlimited visits to dining halls14 meal exchanges per week30 guest meals per year	<ul style="list-style-type: none">\$170 - fall\$60 - winter\$170 - spring
ALL ACCESS +7	\$7,713	<ul style="list-style-type: none">unlimited visits to dining halls7 meal exchanges per week20 guest meals per year	<ul style="list-style-type: none">\$170 - fall\$60 - winter\$170 - spring
ALL ACCESS BASIC	\$6,640	<ul style="list-style-type: none">unlimited visits to dining halls10 guest meals per year	<ul style="list-style-type: none">\$65 - fall\$30 - winter\$65 - spring
300 block	\$3,981	<ul style="list-style-type: none">150 block meals fall/winter150 block meals spring	<ul style="list-style-type: none">\$200 - fall\$200 - spring
200 block	\$3,171	<ul style="list-style-type: none">100 block meals fall/winter100 block meals spring	<ul style="list-style-type: none">\$200 - fall\$200 - spring
ADDITIONAL INFORMATION <ul style="list-style-type: none">All freshmen are required to have an all access meal plan.Students have until Sept. 10 to change their meal plan.s			

JANUARY
WINTER
CLASSES BEGIN
3
WINTER CLASSES
END
23

WINTER EXAMS
24

MARCH
SPRING
BREAK
14-22

APRIL
EASTER
HOLIDAY
12

MAY
SPRING
CLASSES
END
12
SPRING EXAMS
14-19
COMMENCEMENT
22

FEBRUARY
FAMILY
WEEKEND
27-28





ENN

LIAM O'CONNOR | STAFF PHOTOGRAPHER





ENN

LIAM O'CONNOR | STAFF PHOTOGRAPHER



A WORLD AWAY

EMERY EISNER | STAFF PHOTOGRAPHER

Freshman Isabelle Stimson, an international student from Australia, moves in to her room in the International Living Learning Community on the second floor of Global A on Tuesday, Aug. 20.

Two students reflect on their long journeys to Elon

Emery Eisner
Elon News Network | @eisneremery

An average Elon student might bemoan the roughly one mile trek from Danieley to main campus, but for international and out-of-state students the distance is nothing compared to their journeys home.

To incoming freshmen Isabelle Stimson and Natalie Triche, who combined traveled about 13,000 miles from Australia and Washington to attend Elon.

“I have no one in North Carolina,” Triche said, a native of Sammamish, Washington. She said she’s anxious about living 2,811 miles from home because things might get complicated if she has “anything happen.”

Stimson shared a similar sentiment, worrying that over the course of the 10,286 mile journey from her home in Gawler, Australia, “something is going to happen at the airport or something’s not going to come.” With multiple suitcases coming with her on the flight to America and more being shipped here, there is room for something to go wrong.

“Hopefully none of them get lost in transit,” Stimson said.

With the stress that over shipping her belongings to a new hemisphere, Stimson said, comes the stress over the ins and outs of American immigration policy.

“My biggest issue about a week ago was that my visa wouldn’t come, because I wasn’t very organized with making my appointment, which wasn’t very good of me,” Stimson said. “The visa came only last week and then that having come, my stress levels have dropped dramatically.”

Culture shock

Gawler are over eight thousand miles apart, Triche and Stimson share the common experience of growing up in famously safe towns.

Sammamish, just over 20 miles from Seattle, is renowned for its safety. According to the National Council for Home Safety and Security, the town is the fifth-safest place to live in the nation.

“It’s a sleepy suburb ... [it’s] super safe,” Triche said, adding that she “was definitely always sheltered and overprotected being there, and I always felt safe.”

Similarly, Stimson said her experience growing up in Gawler, just under 40 miles from Adelaide, was a positive one. “You feel safe all the time ... it’s been a really good place to live and grow up as a kid.”

Stimson also shared that safety is one of the key differences she perceives between Australia and the U.S. While a mass shooting in Darwin, Australia occurred in July, conversations among some Australians about mass shootings still revolve largely around American crimes.

“My friends and I were talking ... about the shootings at the moment in your country,” she said. “Talking about mass shootings in Australia just doesn’t come up, it’s not a topic at all, you don’t have any sense to feel uncomfortable about guns in Australia,” Stimson added. “It’s a possibility but it’s just not one that’s at the forefront of your mind.”

Shared anxieties, or lack thereof, are one of the main differences between Australia and the United States, Stimson said. “I think the culture is a bit different.”

Both Triche and Stimson are aware of the cultural differences that await them in the Elon area.

According to the United States Census Bureau, the median household income in Alamance county was less than a third of that in Sammamish in 2017, with

“

I AM REALLY EXCITED TO BE IN AMERICA AROUND THANKSGIVING BECAUSE WE DON'T HAVE ANYTHING THAT'S REALLY LIKE THAT BACK IN AUSTRALIA ... LIKE YOUR THANKSGIVING IS BASICALLY OUR CHRISTMAS, WHERE EVERYONE GETS TOGETHER AND HAS A BIG MEAL TOGETHER

ISABELLA STIMSON
ELON FRESHMAN

households in Alamance making an average of \$44,281 as compared to \$157,271 in Sammamish.

“Everyone’s parents in Sammamish work for Microsoft, Amazon and Boeing, and so I live in a community of a bunch of affluent people,” Triche said. “I wasn’t necessarily exposed to people not like us, because everyone in Sammamish is the same, seemingly.”

Growing up so close to Washington’s biggest city, Triche said she got to see a different perspective.

“I really liked growing up with the city because you could go and there are different cultures.”

Stimson’s upbringing close to the state of South Australia’s biggest city-- which has a land area 50 times greater than that of Burlington, North Carolina-- had a similar impact on her.

“I grew up basically an hour just north of Adelaide but in Australia that’s hardly anything ... we had family living in Adelaide, we could go and see sport events in Adelaide,” she said. “I really loved living up in South Australia, it’s a really nice nice place to live.”

And although Burlington is physically smaller than Adelaide, its population more than doubles that of Gawler, according to the Australian Bureau of Statistics.

“Your populations in America are crazy,” Stimson said. “We’ve got a decent sized country, but we just don’t fill it up with a lot of people.”

Another of the major differences between South Australia and North Carolina, according to Stimson, is tradition.

“I am really excited to be in America around Thanksgiving,” Stimson said, “because just we don’t have anything that’s really like that back in Australia ... like your Thanksgiving is basically our Christmas, where everyone gets together and has a big meal together.”

Thanksgiving isn’t the only quintessential American holiday, according to Stimson.

“Australia is trying to do Hal-

loween, but I’m pretty sure it’s nothing compared to what you guys do,” Stimson said. “I know I’m a bit too old to do trick-or-treating but it would still be cool.”

To Triche, however, North Carolina is most distinguished by the people.

“Going down to the South I’m always in awe of how kind people are,” Triche said. “Like if I go on a run here in Washington, and I’ll like smile at a car and wave, they don’t wave back but that’s like not the case in the South, I feel like North Carolina everyone’s so friendly, and I’m definitely really excited to go and be part of that.”

A fresh start

While Stimson and Triche had very different experiences that led them to Elon, they both ultimately decided to call it home.

Like many other students, Triche said she found out about Elon through the Princeton Review’s ranking system, which currently ranks Elon as No. 1 for the best-run college and most beautiful campus.

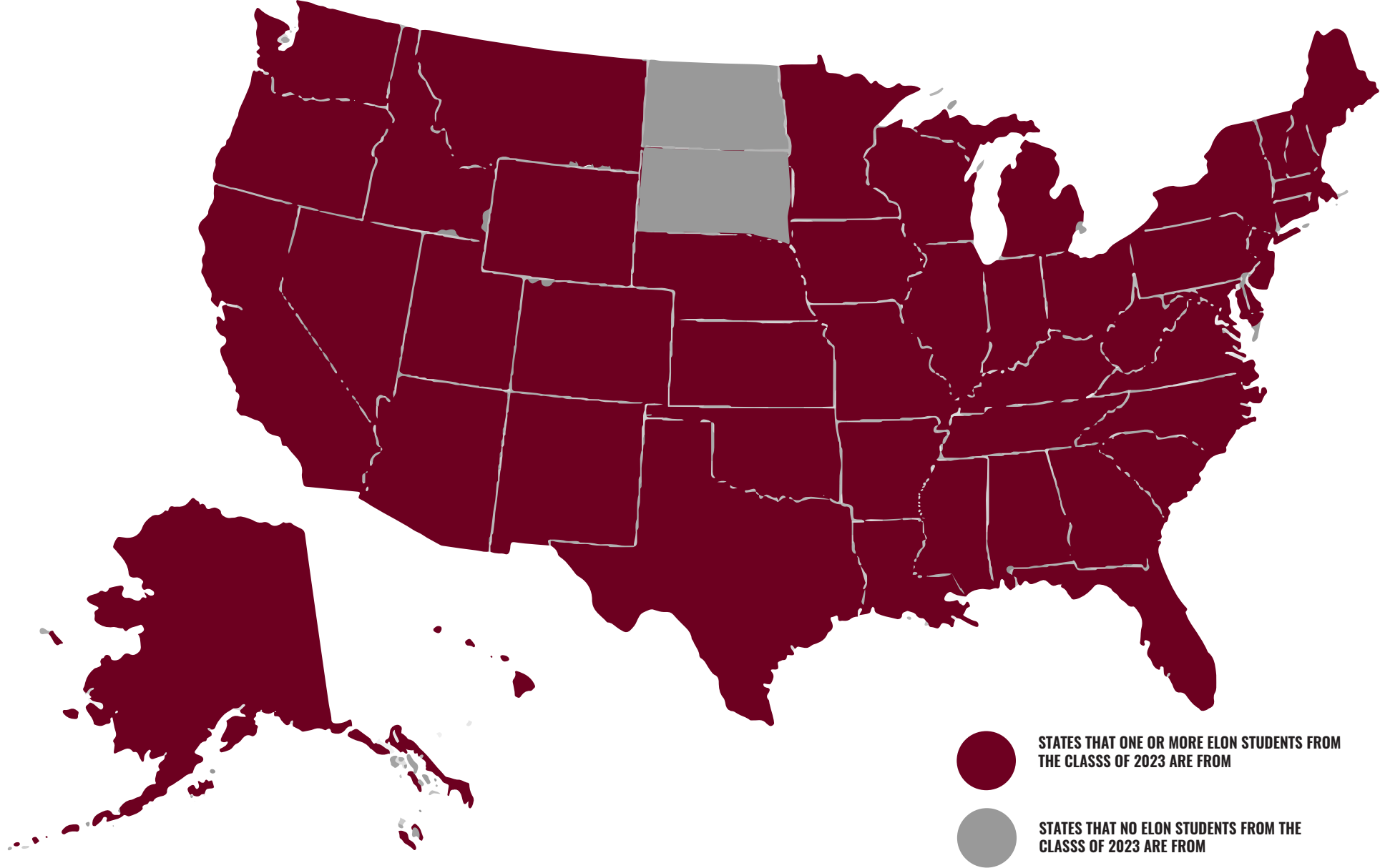
Compared with her hometown, Triche said, Elon stood out because of the campus and its inhabitants.

“Everything in Washington is brand new so I really like the history and all of the brick buildings and everything that’s old in Elon, and I think it’s special that the campus has been there for so long,” Triche said. “Everyone was so nice ... it was so exciting that people were going to care about academics.”

Triche, who hopes to study political science, said she immediately felt at home at Elon.

“When I got in my mom and I went and toured it and like I walked on campus and pretty much knew that was where I was going to go because I just loved it,” Triche said. “Everyone talks about the feeling you get when

U.S. STATES REPRESENTED BY ELON STUDENTS FROM THE CLASS OF 2023



INTERNATIONAL | from pg.8

you go onto the campus that you're supposed to go to, and I definitely got it at Elon."

Stimson's path to Elon was a little less conventional, stemming from unexpected athletic road-blocks.

"I was thinking of coming over and doing a soccer scholarship because that's what my oldest brother did," she said, but ended up having to go through physical rehabilitation after tearing the ACL in her left knee in 2015.

"That's sorted out, rehab was fine, I was back playing soccer it was all great."

By last year, Stimson was ready to consider American soccer camp again in preparation for finding schools in the U.S. However, another ACL tear in May 2018 got in the way.

The accident forced Stimson to shift gears with her college search, she said, instead looking for schools that aligned with her academic aspirations, saying she's excited to be in "a peer group that all want to strive to the same goal."

This goal, Stimson said, is heavily rooted in her passion for education.

"I've always wanted to be a teacher, that's what a lot of people are in my family and I'm decently good at maths, so I'm now wanting to be a maths teacher," she said. "The Elon maths faculty looks amazing and the maths department is really good there ... when I then had to compare them to the other schools that I was looking at, they really like just stood out from the rest."

Finding solid ground

Both Triche and Stimson say they are getting ready to be involved on campus and make friends.

Triche, a resident of the Leaders in a Global World living and learning community (LLC), also

MOST POPULAR STATES REPRESENTED

1. North Carolina
2. New Jersey
3. Massachusetts
4. New York
5. Maryland

MOST DISTANT COUNTRIES REPRESENTED

1. Australia
2. Cambodia
3. Thailand
4. Nepal
5. China



EMERY EISNER | STAFF PHOTOGRAPHER

During an international student dinner, freshman Isabelle Stimson, originally from Australia, listens to other students on Tuesday, Aug. 20.

plans to join Model U.N., though she said she doesn't want to fall victim to the Elon overinvolvement trope.

"I'll probably just take it slow in the beginning," Triche said.

Stimson, a resident of the International LLC and the Teaching Fellows program, said she's excited to meet friends with her newfound freedom.

"If I wake up and I just want to go and see friends, I could just go and see friends," Stimson said. "You're all there on the exact same piece of land and can just go and see people, and I think that's going to be really fun ... I'm definitely excited to bring over a little bit of Australia."

The elements of Australian culture that Stimson plans on bringing to Elon include a passion and enthusiasm for soccer to her new friends at Elon.

"I've packed my what is called a footy jersey for my local footy team," Stimson said. "I'm sorry to any friends I make but I will be watching

some football and you're going to have to deal with me probably crying over my team losing because they're not doing very well this year."

Packed alongside her soccer jerseys are some traditionally Australian snacks, such as the chocolate-covered cookies known as Tim Tams, and an Australian chocolate-apricot candy known as FruChocs. Stimson said she is excited to share these sweets with her new Elon peers.

"I'm just so excited to start at Elon," Stimson said. "I just want to be there."

ELON HOSTS *ACTIVE SHOOTER* T



PHOTO COURTESY OF ANDREW KRECH

Elon Campus Police officers participate in an active shooter situation drill in Alamance Community College in Graham on Tuesday, July 25.

Professor brings active shooter safety to her classroom

Jack Haley
Executive Director | @jackhaley17

On April 16, 2007 Cara Lucia, then a doctoral student, found herself in the middle of what is still the worst school shooting in American history on the Virginia Tech campus. A dozen years later, she is taking her experience into her classroom at Elon.

Lucia is a sport management professor who has been at Elon for eight years. While teaching her facility and venue management class, Lucia takes about three days out of her semester to walk her students through active shooter drills.

Lucia says she uses a “risk matrix” with her class to discuss the likelihood of potential risks occurring at a facility. While she noted that an active shooter situation is reasonably unlikely to occur, it is always important to be prepared before being put in that situation.

“A lot of times with extreme severe situations is you may not even know how you will respond,” Lucia said, “What I do is I get to take them through safety and risk management training. And then we use some of the minor examples. And then we use active shooter.”

Lucia teaches in the Long Building where most of the rooms are fitted with a full wall of glass that faces a main hallway. As Eric Tellefsen, an experienced security and law enforcement professional, explained in his presentation on active shooters for Elon faculty, this eliminates the ability for students to hide in a classroom leaving the only option to escape or fight.

This is a design that is not only found in Long, but also in many new buildings such as Schar Hall

and Sankey Hall. While this is prominent, Lucia does not think that this is a design flaw. Lucia pointed out some instances, such as the Las Vegas shooting where open spaces are unavoidable. The nature of life and how every space cannot be tailored perfectly to avoid a school shooting lends itself to what Lucia now teaches her students: being aware of their surroundings.

“It always comes back to being aware and prepared. Those are the two key things that I’m aware of this possibly could happen, the likelihood is low. But if this were to occur, how am I going to respond?,” Lucia said. “The likelihood again, it’s unlikely that that would occur. However, if it did to really be thinking about ‘Okay, what in this space would protect me to take out a shooter?’”

Joel Thomas, community liaison sergeant for Campus Police, agrees that being prepared is always important. Thomas said that he was taken aback when touring a college with his daughter that twice a year the school did an active shooter training.

“That’s not a bad idea,” Thomas said, but he also recognized the limitations of trying to orchestrate something of that magnitude on an active campus. “I know that everybody’s busy, students are busy, professors are busy, everybody’s busy. But being prepared, I think helps.”

It isn’t just at the college level that training like this is happening in classrooms either. A mother of an 11 year old, Lucia says that more and more students are participating in active shooter drills at a younger age. That’s why she wants to continue to foster a space for students to be advocates for safety and for everyone to be aware of the resources provided to them.

After doing this training for three years, Lucia knows she is making a tangible impact on campus by supplying close to 200



students with the knowledge and resources to train other community members she may not get the chance to interact with.

Lucia feels that as a whole faculty members at Elon understand how to get the resources they need to protect themselves and students, but thinks faculty could benefit from going and visiting different facilities on campus so faculty can be more aware about places they may find themselves besides their classroom or office.

Tellefsen encouraged staff to be fully aware of their office and classroom, and not waiting until an emergency situation unfolds to be prepared.

“The time to figure out if you can lock that door is not when you’re hearing gunfire,” Tellefsen said. “If you can’t you need to know where the closest door is that you can lock.”

The biggest piece of of the training that Lucia focuses on with her class is to not take for granted the time spent with those around her, which was directly influenced by her experience at Virginia Tech.

“I know I do a lot more with enjoying the moment. Those

kinds of conversations with students and peers,” Lucia said.

While active shooter training may make people nervous, and spawn millions of questions and what-ifs, Lucia hopes that her training instead is taken on in a different form.

“I always tell my students like I’m not trying to make you live from a place of fear,” Lucia said. “This is about us being aware and protecting ourselves and the people in our community.”

Her classroom instruction centers around three actions someone can take in an active shooter situation: run, hide and fight. Run is the option to escape a situation if possible. Lucia says she will often talk about not only getting out, but getting out to the correct place.

Being in a classroom with lots of glass, she also looks for things to use in her environment, such as blind spots in the window where students can hide and pieces of furniture that can double as a hiding spot and a potential shield from a shooter in the classroom.

In a last case resort, Lucia also walks her students through what objects in her class can be used as weapons for self defense.

RAINING FOR POLICE AND FACULTY

Police officers and faculty train for potential active shooter scenarios

Anton L. Delgado
Manager Editor | @antonldelgado

One of the first questioning hands raised following an active shooter training workshop at Elon University was about the reactionary process of “Run, hide, fight.”

“What should I bring to class that I could use to throw at a shooter?” asked Vic Costello, associate professor of communications, who teaches in a classroom with glass walls and an often locked emergency exit.

Eric Tellefsen the host of the workshop and a law enforcement professional, responded: “a bat.” Unsure whether that would abide by university policies, Costello settled on buying a maglite flashlight.

The two active shooter training workshops, are some of the ways Campus Police, Elon University’s private security force, has been preparing faculty and staff for potential active shooter situations.

The most important takeaway that Tellefsen hoped participants would take away from his workshops were the appropriate responses of “Run, hide, fight.”



“The more these things have occurred, the more we realized that lives can be saved when the individual people that are there know what to do and they know how to respond,” Tellefsen said.

Approximately 50 individuals attended the two sessions Tellefsen hosted on Aug. 19.

“The more information we can get out there and the better prepared everybody can be, than it’s going to be beneficial,” said Joel Thomas, community liaison sergeant for Campus Police. “You can’t turn on the news nowadays without hearing some kind of mass shooting somewhere. Whether it be at a campus or at a Walmart.”

Thomas was referring to a mass shooting at a Walmart in El Paso, Texas that left more than 20 dead in early August.

Campus Police officers took a more hands-on approach to training for similar incidents this summer. In July, members of Campus Police joined local law enforcement agencies in an active shooter simulation in Alamance Community College in Graham, approximately 12 miles from Elon.

According to Tellefsen, joint training simulations between multiple law enforcement agencies are common practice in the industry. In the event of an active shooter it is likely that all security services in a community will be called in to respond.

While Campus Police officers and Elon faculty have participated in active shooter trainings and workshops, students have only been exposed to informational resources, such as online videos and campus-wide posters.

According to Thomas, there are currently no plans to offer or mandate students to attend active shooter trainings or workshops.

“Students are busy, professors are busy, everybody’s busy, but being prepared would help a lot,” Thom-

ANTON L. DELGADO | MANAGING EDITOR

Left: Eric Tellefsen, a security and law enforcement professional, hosts a Active Shooter Situation Workshop in Turner Theatre on Monday, Aug. 19.

Below: Ryan Fuller, sergeant with Campus Police, slows to a stop by two other officers in his department on Sunday, Aug. 18.



ANTON L. DELGADO | MANAGING EDITOR

As a newly promoted sergeant with the Campus Police department, Ryan Fuller checks on two of his patrol officers on Sunday, Aug. 18.

“
WE ARE ALWAYS
LOOKING FOR NEW
WAYS TO HELP US
REACH OUR GOAL OF
PROTECTING THE ELON
COMMUNITY

JOEL THOMAS
COMMUNITY LIAISON SERGEANT
FOR CAMPUS POLICE

as said. “It would be beneficial to go towards that direction. But there are a lot of moving pieces in getting a whole community or a whole campus involved in an active shooter style training scenario.”

Two hours west of Elon at Appalachian State University in Boone, six to eight faculty, staff and student groups have made active aggressor response trainings mandatory, according to K.C. Mitchell, a captain with the Appalachian State University Police.

Resident assistants (RAs) trainings at App State incorporate active aggressor response. At the request of professors and RAs, Mitchell gives

an average of 20 active aggressor response presentations to classes and residence halls.

“In this day and time, this type of violence may touch the lives of our students in a place that they feel is safe,” Mitchell said. “Community members and especially students need this knowledge to prepare themselves.”

Mitchell is in the process of working with student leaders to incorporate active aggressor response trainings to new student orientation. He hopes this will come into effect by fall 2020.

Police presence at Elon

At any given time at Elon, there are at least three on-duty Campus Police officers, according to Thomas. The department includes 21 sworn police officers, more than the number of officers in the Town of Elon and Gibsonville police departments and seven community service officers (CSO).

“Our duty is to ensure that our officers are always following policy and procedures and treating the community with the utmost respect,” said Campus Police Sgt. Ryan Fuller. “We understand young adults can make poor decisions. We want to be the bridge that gets students from making those same poor decisions

to prospering in adult life once they leave this university.”

As a sworn police officer, Fuller along with his 20 colleagues have the same power of arrest as any city, county or state officer in North Carolina.

The jurisdiction of Campus Police officers are limited to campus property. However, a mutual aid agreement has been established by Campus Police and the Town of Elon Police Department, that has allowed the expansion of Campus Police’s jurisdiction.

“We do have jurisdiction outside of our campus just small little sections that fill in gaps,” Thomas said. “It’s basically, this campus or anything adjacent to campus.”

For example, Campus Police have jurisdiction over the section of Haggard Avenue, which connects The Gerald L. Francis Center to main campus, despite the university not owning that stretch of land.

The mutual aid agreement does not extend to student off-campus housing. Any incidents in student homes outside of campus property are responded to by local departments.

“We are always looking for new ways to help us reach our goal of protecting the Elon community,” Thomas said.



ELON'S TOP

1 FALL EVENT

Each year Homecoming Weekend brings hundreds of members of the Elon family together. Alumni, students, faculty and staff attend and participate in events planned by the university and the Student Union Board.

During the weekend, the two students crowned as Homecoming Royalty are also announced. Winners receive a prize of \$100 that they can donate to the philanthropy of their choice.

Events include graduating class meals, book signings, golf tournaments, networking opportunities and a football game.

Homecoming this year will be held from Nov. 1-3.



Jesse McCartney performs for Elon's Homecoming concert on Nov. 3, 2018 in Schar Center. LIAM O'CONNOR | STAFF PHOTOGRAPHER

2 ON CAMPUS STUDY SPOTS



ELON NEWS NETWORK FILE PHOTO

The Great Hall in Global Commons



SAMANTHA CASAMENTO | STAFF PHOTOGRAPHER

The Inman Reading Room in Lindner Hall

3 DOWNTOWN RESTARUANTS



ELON NEWS NETWORK FILE PHOTO

Pandora's Pies

Cuisine: Pizza
Location: 130 N Williamson Ave.
Hours: Monday-Thursday: 11 a.m. - 10p.m.
Friday and Saturday: 11 a.m. - 11p.m.
Sunday: 11 a.m. - 9 p.m.
Contact: 336-270-4599



ELON NEWS NETWORK FILE PHOTO

MaGerks Pub & Grill

Cuisine: Bar food
Location: 138 W Lebanon Ave.
Hours: Monday-Saturday: 11 a.m. - 2 a.m. Sunday: 11 a.m. - 12 a.m.
Contact: 336-567-4050



ELON NEWS NETWORK FILE PHOTO

Tangent Eat+Bar

Cuisine: Tacos
Location: 116 W Lebanon Ave.
Hours: Monday-Thursday: 11 a.m. - 9 p.m.
Friday-Saturday: 11 a.m. - 10 p.m.
Sunday: Closed
Contact: 336-524-6766





4

SOCIAL MEDIA ACCOUNTS TO FOLLOW

TWITTER

-  @ElonConnieBook
-  @ElonSGA
-  @ElonNewsNetwork
-  @ElonPhoenix

INSTAGRAM

-  @elonnewsnetwork
-  @elonsub
-  @elonuniversity
-  @elonphoenix

FACEBOOK

-  Elon University
-  Elon News Network
-  Elon University SUB
-  Elon University Student Government Association

5

COMMON TERMS TO KNOW

College Coffee

A weekly Tuesday morning event that brings together faculty and students for coffee, donuts, and dicussions.

Under the Oaks

The picturesque, shaded quad between West hall and the School of Communications.

Nades

An abbreviation of Colonnades; it may refer to the dining hall, residence halls or the entire neighborhood.

The Elon Bubble

An invisible barrier encapsulating Elon University which separates students from the surround community.

KOBC

An acronym for the Koury Buisness Center, home of buisness classes and unofficial home of buisness students.

6

PHONE NUMBERS TO SAVE

336-278-5555	336-278-7230	336-278-7215
Campus Police	Health Services	Moseley Front Desk
336-278-7529	336-278-7214	336-278-6700
Campus Recreation and Wellness	Student Involvement Office	Global Education Center

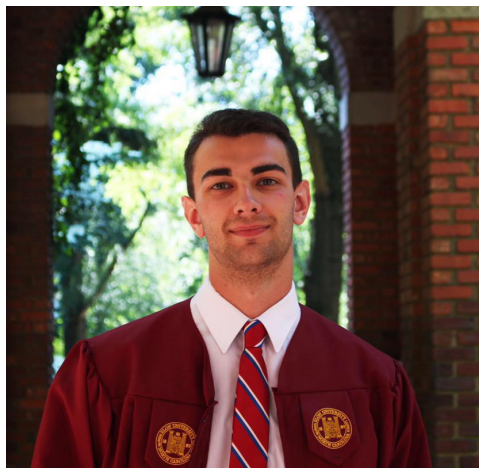
CLASS OF 2019 RECAP

Keeping up with the most recent class of Elon graduates

April Roberts | Elon News Network | @elonnewsnetwork



ELON NEWS NETWORK FILE PHOTO



Matt Holzapfel

By January of his senior year Matt Holzapfel '19 had grown increasingly frustrated with a seemingly endless job search.

"I'd submitted so many applications and written so many cover letters and it felt like it was never ending," Holzapfel said.

Still, he watched as one by one, each of his friends got jobs.

"Obviously I was happy for them but it didn't make me feel any better about my situation," Holzapfel said.

Holzapfel's frustration continued to grow, but by the time graduation had rolled around, Holzapfel was still unemployed.

After a much needed family vacation to take his mind off of the job search, Holzapfel finally heard back from WLBZ2 in Bangor, Maine and KRTV in Great Falls, Montana. He'd gotten offers from both stations, and eventually took the job at KRTV as an anchor and reporter.

"For me, that job most closely aligned with my plans for the future and for my career," Holzapfel said. "My dream job has always been SportsCenter Anchor on ESPN, and the anchoring job at KRTV seemed to be the best place to start on that path."

Matt credits Elon's emphasis on involvement, the application of skills outside of the classroom, and networking with helping him start his career.

"My experience with One on One Sports, WSOE 89.3, Elon Sports Vision and other organizations really complimented what I was learning in the classroom and allowed me to grow as a journalist and as an anchor in my [four] years," Holzapfel said.

Taking a big risk can be daunting, especially when it's a cross-country move from North Carolina to Montana, but Holzapfel reflects on how important it is to take a leap in order to grow.

"It's funny how of all the places that I could have ended up for my first job, I got Great Falls, Montana, somewhere I've never been and I knew almost nothing about when I first did the interview," Holzapfel said. "I guess sometimes you just have to take a risk and hope it works out, and for me that risk is moving to Montana."



Lauren Ventresca

LAUREN VENTRESCA '19 HAD sent in over a hundred job applications. She'd been offered multiple positions and had even earned a Fulbright English Teaching Assistant scholarship in the Canary Islands, Spain. With so many options, Lauren could have chosen to live and work anywhere. She chose Newark, NJ.

"Did you know [that] only about 12% of people from Newark, NJ graduate from college?"

It's statistics like these that made Lauren willing to give up numerous job offers and a Fulbright scholarship in favor of becoming a Special Education Teacher at People's Prep High School, "a public charter school for 100% students of color."

"This school gets over 80% of students, coming in 9th grade mostly at a 5th grade reading level, to graduate from high school, then college. I will be receiving a council of about twelve 9th grade students, similar to an Elon 101 type group, to mentor throughout their four years in addition to the classes I teach to mentor as well."

Once Lauren saw the important work that was being done at People's Prep, she immediately saw a parallel between their values and her own.

"After working for Elon Academy and realizing how important it is for students to have college access, I wanted to help students achieve that opportunity...I am excited to have the opportunity to set high expectations for students and push them to grow like Elon University pushed me to grow!"



Sarah Midolo

SARAH MIDOLO '19 CREDITS the amazing faculty of Elon's environmental department with helping her secure a year-long research fellowship for the United States Geological Survey (USGS) at North Carolina State University.

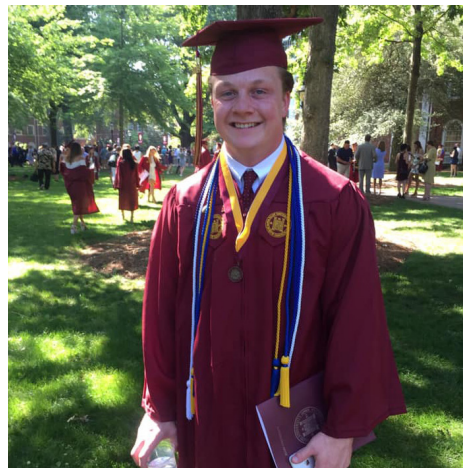
A former environmental and ecological sciences major with a focus in biology and geographical information systems (GIS), Sarah now uses GIS "to research and identify threatened Longleaf pine communities using soil geology, with the goal of creating restoration plans for the ecosystems."

Sarah is deeply grateful for the faculty support she received at Elon, "it's the entire reason I have this position... it has been my dream to do agency work within the federal government, and Elon helped put me on a straight path to this goal!"

Already looking towards the future, in the fall Sarah plans to pursue a master's degree for fisheries, wildlife, and conservation biology at NC State.

For those who are stressing about their own futures, Sarah offers some advice.

"Thinking about the future can be really stressful sometimes, and I know senior year is full of changes...take advantage of the academic relationships you have forged for the past [four] years and grind through senior year! Also remember not to get frustrated; employment is a process, and I got a ton of 'nos' before I got the right 'yes'. Everything pays off in the end, it just requires a little work and a whole lot of emailing strangers to get there."



Max Pivonka

Since graduation, Elon's former student body treasurer, Max Pivonka, has made the big move to Salt Lake City.

There, he and his close friend and roommate from Elon, John Carroll '19, both work as analysts for Goldman Sachs on the credit review team.

"My team works very closely with other teams to ensure that the risk GS is taking is in-line with the goals and limits set by management. This involves financial analysis and following geopolitical events that may impact the counterparts GS works with."

For now he "love[s] to ride [his] bike around Salt Lake City," but Max has big plans for his future.

"My current plan is to make the most of the resources I have access to in my role. The firm has a lot of really talented professionals who are willing to take the time in investing in my success and future within the firm and I'm looking forward to continuing to work in that environment."

When asked about the role that Elon has played in getting him to where he is, Max said: "The people. There are so many people who really want you to succeed at Elon, and encourage you to pursue lofty dreams or goals. Elon is a community, and the members of that community really support you through everything."

CAMPUS VOICES

Coming to terms with a changing environment



Mark Eades
Counselor and Group Coordinator

Change is hard. It's a universal experience that everyone faces throughout their lives; that is, the pain of letting go of who you were and accepting who you have become. From a developmental perspective, the difficulties associated with change most often show up when a person has a sudden disruption in their environment. Moving to a new state, parents getting divorced, or experiencing the death of a loved one are all moments when people feel the pain that their past is over and accept that their life is now different. However, many students don't consider coming to college as something that could fall into this category, despite many feeling overwhelmed, confused, and/or sad during the transition. Coming to a university is certainly exciting and a time for celebration, but it also means adjusting to a new life, new people, and a new environment, often without the immediate support of old friends and family. It's no wonder that college is a time when anxiety, depression, and a host of other mental health concerns often arise for the first time considering that such an incredible amount of growth happens over the span of just a few short years. While the hardships and emotional challenges of college can be numerous, the good news is that they don't have to last forever.

Unfortunately, something our therapists hear far too often from students who come to our center is, "I've been struggling with this problem for a long time, and now it seems to have gotten really bad."

Some of these concerns could have been easily addressed early on and saved the student a world of suffering in the process. Adjusting to college, learning to manage relationships, balancing a stressful schedule, accepting and experiencing emotions, dealing with conflict, and understanding self can be daunting tasks (just to name a few), but can be addressed effectively with the right intervention; and that's where engaging in therapy can be helpful.

At the Elon Counseling Center, services are free for current students and our licensed therapists are fully equipped to work with severe mental health crises as well as students who are feeling a general sense of unease with the state of their lives. I always tell students who are de-

bating whether to see a counselor that the only thing they could potentially lose is an hour out of their life. Therefore, the question becomes "why not see a therapist and see if it's helpful?"

So, if there is one piece of advice I would give Elon Students (or anyone for that matter), it would be to listen to what you need and give yourself the help you deserve. Elon Counseling Services provides individual and group therapy to address a wide array of concerns and offers a number of workshops for students who want to learn more about an issue, but aren't interested in beginning traditional therapy (check out www.elon.edu/counseling for a full list of

everything we offer at our center). We can help students connect with psychiatrists, mental health providers, and other specialized providers in the community if that is in their best interest.

August is an exciting time as we welcome new and returning students to campus. At Elon Counseling Services, we're thrilled to be an integral part of helping students succeed, both inside and outside of the classroom. We hope that if you feel we can assist you in becoming your best self, you'll come see us. Have a great year!



Importance of failures and the lessons learned from them



Daniela Nasser
Contributor

As new students fill the dorms and classrooms, there is a sense of eagerness to attain an unreachd potential which is known to come hand-in-hand with the college experience. Making friends, joining clubs, and doing well in classes are some of the many expectations which come with the idea of college success. However, with the excitement to thrive comes the adverse: the fear of failure.

Failures can range: from walking into the wrong room on the first day of classes or not doing well on a test, to not getting a desired grade in a class or an offer for a dream internship. With college comes not only many opportunities to thrive but also many opportunities to fall flat on your face! Some people may be weary, as there is a possibility of failure. However, with a positive mindset, failures can transform the way one moves down their road of success.

I understand that failure

can be scary, I've been there time and time again. As I started my Elon journey, I hoped to find my way to what would be the perfect college experience. I realized that all my peers were doing this as well—putting pressure on themselves to succeed with flying colors in everything they did. Perfection is known to be ingrained in Elon culture, as all students appear to balance their academics, social lives, and extracurriculars flawlessly. But looking back, I realize that perfection is unattainable. Being in constant search of something that doesn't exist has dug ourselves into a deeper hole with a more construed definition of what it means to fail.

As you start your own Elon journey, please accept some advice from a senior who has not only gotten a 23 on a literature quiz and who trips on bricks every other day, but one who has embraced failure many times throughout her three years. Attempt to walk

into every room fearlessly, knowing that no matter the outcome, whether a success or a failure, personal growth will be a constant. The fear of failure can deter us from even trying in the first place, but if you view every challenge as an opportunity for growth, the fear will subside. Granted, it can be intimidating to put your all into any endeavor, but the ability to take feedback, make mistakes, and learn lessons is worth the effort you make to push through the fear.

Failure is an inevitability of life, so learning how to be resilient within the wake of failure is a tool we can all benefit from. Post-failure, it is good to take time to reflect on the process which lead you to this certain point. By pinpointing decisions and actions, you can give consideration to what could have been done differently to achieve a more desired outcome. Without taking the time to ponder, the failure is just a failure. However,

when met with a desire to learn, that failure can be one of your life's greatest lessons. As Henry Ford once said, "Failure is simply the opportunity to begin again, this time more intelligently."

One of the greatest ways we can learn is by receiving constructive criticism from others.

It not only shows that you are invested, but that you are willing to grow. Hearing feedback on your failures is never easy, but it allows you to gain other perspectives.

Another thing to keep in mind is that failures should not be hidden. It is so common to be surrounded by perfection, as Generation Z looks towards social media for life inspiration. However, the perfect lives on platforms from Instagram to LinkedIn are created to be perceived as perfect. It is rare that someone highlights their insecurities, struggles or downfalls on their feeds, so why try to attain the perfection

that is truthfully unattainable? By coming to this realization, it is not only freeing yourself from the pressure to be perfect, but hopefully will allow you to advocate for other's imperfections as well.

Phoenix Flops is a resiliency group which embraces failure. I have been fortunate enough to find this place in which I can reflect on my "flops" and find a community who perpetually supports me. Through this organization, lessons such as self-evaluation, asking for feedback and being authentic are promoted. In particular, the Phoenix Flops Instagram @phoenixflops, highlights failures, advocating for imperfections in a seemingly perfect social feed. This can be a little reminder that everyone has their moments of failure. So as you grow throughout your Elon experience, let it be from not just your successes, but your failures as well.

CAMPUS VOICES GIVE



ILLUSTRATION BY LEAH DAY

ADVICE FOR RISING PHOENIX



Noor Irshaidat
Class of 2020
President

YOU'LL SOON REALIZE HOW fast time flies by with all the things Elon University has going on, but the key is to enjoy and cherish every second as it comes. College is an exciting time, but it might not be as easy to transition to; here are some tips that can help you.

First, don't be shy and say hi! You wouldn't imagine how taking the first step and saying hi to other students you meet through orientation, classes, dining halls, or even the bookstore's line, would help you develop relationships and expand your network right from the start. Remember, it might sound weird or awkward, but you are all in the same boat, trying to meet and make friends, no matter where you are coming from.

Second, be open and seek to try new things. We all come to Elon with an idea of what we want to be involved in, what major we want, or what activities we want to do. But I realized that giving myself more options, challenging myself, and trying new things helped me learn more about myself and change my involvements accordingly.

Third, reach out to upperclassmen for advice, guidance, or just to have a meal. Coming in, I found it really helpful that I had few upperclassmen students who helped me find my way around campus, inform me about some opportunities that might interest me, and offer support when needed. From your orientation leader, Elon 101 teacher assistants, resident assistants, or even students in your class; we are all more than happy to get to know and help you in any way possible.



Randy Williams
Associate Vice President
for Inclusive Excellence

HOW EXCITING IT IS to commence another year at Elon University! Our diversity of identity and of thought creates a rich community, and we are delighted to embrace our newest members — first-year and transfer students — to this learning environment.

With your engagement, we are committed to providing you a superior education to be applied appropriately and effectively across a wide array of human differences and contexts. I urge you to seek others, spark dialogues, and listen for understanding. Gaining multiple perspectives in the classroom, faculty and staff offices, the residence halls, and the many other campus spaces will inform wise decision-making and support just practices that strengthen communities. Understanding others' truths while sharing your reality helps to combat the biases that we all develop. Seize this opportunity to learn from those with similar and different perspectives in this laboratory in order to thrive in the real world with even greater diversity.

Despite our subjective realities, we can still be of one accord by living the Elon values of honesty, integrity, respect, and responsibility in all walks of university life and beyond. In this manner, we are bound to make our time together a rewarding experience, and the greater society, too, will benefit from this way of life.

CLASS OF 2023 TIPS



Peter Tremblay
Associate Chaplain
for Catholic Life

WHERE DOES YOUR DEEPEST passion help to heal the world's brokenness? This is a tough question. It may even seem overwhelming to even think about at this moment. Few people know the answer as they begin adulthood so you probably don't either. That's okay! But I promise that

how you answer this question will become the secret to a life of joy. While you are in college there will be a lot of distractions and hopefully a lot of fun. There will be a lot to learn and a lot to do. Try to stay focused on who you really are and strive to be the best version of yourself. I pray that God would give you peace and keep your mind,

body, and spirit healthy (1 Thes. 5:23) as you begin your studies here at Elon. With that in mind, I know that religion can sometimes seem to be a corrupt mess, especially in my own Church. As you seek to become the best version of yourself you will grow mentally and physically. So also please try to grow spiritually. Elon is a special place for many reasons. One of those

reasons is that you can find on campus many open, inclusive, non judgemental, and welcoming spiritual communities. Our chaplains are here for you to support you, care for you, and help you grow. We will never judge, condescend, nor disrespect you. It is our deepest joy to help you find your deepest passion!



Ginette Archinal
Medical Director of
Student Health and
University Physician

HEALTH IS A STATE of body and mind. Wellness is a state of being. Student Health would like you to be Well, which is about balance — adequate good quality sleep, good nutrition (limit the processed foods), avoid toxins and brain-altering substances and exercise (join President Book every Tuesday morning!). Take advantage of the programs offered by Cam-

pus Recreation & Wellness; go to class and trust your professors to help you succeed; socialize, but also take time to enjoy being by yourself and embrace quiet; take "device breaks" from social media and texting. Remember that you don't have to be "sick" (lacking in physical health) to come to Student Health, we are happy to see you to prevent sickness and help you be Well in all aspects of yourself.



Gerald Whittington
Senior Vice Presidents

IHAVE FOUR PIECES OF advice. Two come from former presidents of Elon and two from myself. The first is from President Leo Lambert: "Here at Elon, you have arrived at a tremendous banquet of experiences. Don't make yourself a baloney sandwich." This, of course, means to take full advantage of all of the things Elon has to offer. The second is from President Fred Young: "If the statistics remain true, you are very likely to find your spouse AND your in-laws here at Elon. My advice is to be nice to everyone, because you just never know."

My advice is to not be a geek. By that I mean, don't over concentrate on just one thing, like your major. Take classes in subjects you never thought you would. Go to plays, lectures, convocations and presentations just to see if your interests can be piqued. I'll bet you have experiences that will change the way you think and the way you will live, if you do. Finally, make it your job to take care of yourself and one another. This will require discipline and in some cases, bravery. You have it in you to be disciplined. You have it in you to be brave. Your life will be enriched if you discover that sooner, rather than later.



Sandra Lawson
Associate Chaplain for
Jewish Life

WELCOME TO ELON! IN Judaism there is this Hebrew phrase: Torah Lishma, loosely translated it means learning for the sake of learning. This is an exciting time and my advice is to enjoy this time in your life and look forward to all the things you will learn

during your time at Elon. Don't be afraid to try new things, and spend time with people who are different from you. College is hard and challenging in so many ways, reach out and ask for help when you need it. Take time for self-care, go for walks, hangout with friends and remember to have fun.

SPORTS

CATCHING UP ON FALL SPORTS

Football

In 2018 the team went 4-3 in the Colonial Athletic Association (CAA) and earned a playoff berth in the FCS Playoffs. One of their conference wins was an incredible upset against the reigning CAA Champion James Madison University Dukes in Harrisonburg, Virginia. Throughout the season the defense, captained by then-senior Warren Messer held opponents to less than 360 yards per game and caused 20 turnovers. The offense experienced turmoil midway through the season when then-sophomore quarterback Davis Cheek fell to a knee injury against Delaware and then-senior running back Malcolm Summers tore his hamstring against JMU. Within the uncertainty of offensive leadership a star was born in freshman running back Jaylan Thomas who electrified the CAA in 2018. Thomas rushed for a team high 761 yards and

found the end zone four times on his way to being named CAA Offensive Rookie of the Year.

The Phoenix return to the gridiron looking brand new under new leadership on the field and on the sidelines. Former Elon defensive coordinator Tony Trisciani is now at the helm of the program following the departure of head coach Curt Cignetti. With the loss of Messer, Summers and NFL talents such as offensive lineman Oli Udoh, the Phoenix will have a lot to prove come August 31.

“The main thing is the trust factor, can we trust the player beside us not only the QB but the O-line and receivers. So I think we’re building that trust and we’re getting better every day,” sophomore running back Jaylan Thomas said.



PHOTO COURTESY OF TREVOR COCKBURN | THE BREEZE
Elon University sophomore quarterback Davis Cheek looks downfield as JMU linebacker KeShaun Moore attempts to sack him on Oct. 6, 2018.

Soccer

Men’s and Women’s soccer had highs and lows on the pitch last fall resulting in below average seasons for both squads.

Men’s: Headed by second year head coach Marc Reeves, a young Phoenix team went into the 2018 season with only four seniors. The team started off hot on the road, collecting a 2-0 upset win over the then 20th ranked squad in the nation, the Florida International University Panthers. They continued this success on the road with two more wins including a dominant 8-1 victory over Rutgers University. The teams winning streak was killed by a 4-0 loss to the University of North Carolina Charlotte on Rudd Field. This would become a trend for the Phoenix who for the rest of the season were unable to muster a single home victory and only one time in five matches played. Despite a nine game stretch where the team went 1-6-2, the Phoenix were able to collect themselves for the final game of the season at James Madison University. At the time, JMU was ranked No. 25 and was on top of the conference at 6-2 in

Colonial Athletic Association (CAA) play. The Phoenix defeated the Dukes 1-0 thanks to a goal from senior midfielder Jack Willbye. This season the Phoenix will be without the leadership of Willbye and fellow senior midfielder Amir Berkane, and will instead rely on their front-man Inigo Bronte for more than just goals in his final season with the Phoenix. Bronte found the back of the net a team high six times in 2018 but with new players coming in Bronte will turn his focus to improving not only himself this season.

Women’s soccer struggled in their 2018 campaign claiming only three wins in 17 matches. The tale of the season was of tight margins and bitter heartbreak. The team competed in six overtime matches four of which had to be decided in double overtime. Highlights on the offensive side for the Phoenix included career high seasons from junior forward Taylor Paradoski and redshirt-sophomore midfielder Hannah Doherty who combined to give the Phoenix 17 points



FILE PHOTO BY ELON NEWS NETWORK
The Elon Men’s Soccer team stands during the national anthem before a game against UNC Charlotte on Sept. 11, 2018.

on the season. On the defensive end it was a breakout year for sophomore goalkeeper Valentina Estrada who established herself as a force in between the posts. Estrada, who only played in two games in 2017, tallied 71 saves in 2018 which was fifth highest in the CAA.

The Phoenix will return 23 players from last year including Paradoski, Doherty and Estrada while also adding nine new freshman to the squad which hopefully improve results for the Phoenix this year.



CORY WELLER | STAFF PHOTOGRAPHER
Elon Women’s Cross Country start out strong at the Elon Opener on Aug. 31, 2018.

Volleyball

In their first season under the lights of the brand new Schar Center, Elon volleyball had their ups and downs on the court. The Phoenix were red hot to start the year, sweeping the Charlotte Invitational and the Phoenix Classic tournaments. Then Phoenix then went 1-2 in the next tournament at Wake Forest and then went on a six game losing streak to start conference play. However, the team recovered by winning five straight matches in the span of 10 days. This success was short lived as the Maroon and Gold again slipped into another six game losing streak to end the year. Throughout the season, the centerpiece to the Phoenix successes was their team captain, senior outside hitter Kam Terry. As the leading

outside hitter Terry was a killing machine tallying 359 kills on the year, bringing her career total to 1,346 kills, 4th best in Phoenix Division I history. Terry also totaled 32 kills in one match against Georgia Southern University last year which is a school D-1 record. With their star hitter graduated, the 2019 Phoenix will need to pass to develop some of their younger hitters to fill the void. One such player is sophomore outside hitter Leah Daniel who was third on the team last year in kills with 185. Daniel, along with her counterpart sophomore outside hitter Kellyn Trowse, will likely be the next players up replace Terry and keep the Phoenix hard hitting offense alive.

Cross Country

Last year, the men’s and women’s cross country teams raced to their best results since 2014. The women’s team scored second place in the Colonial Athletic Association championship for the first time in four years finishing two points shy of the champion William and Mary. This hard fought second place effort was lead by senior Coralea Geraniotis who became Elon’s first ever individual cross country champion. Geraniotis was joined on the All-CAA list by junior Melissa Anastakis who finished the conference championship with a time of 21:36:20. The women displayed strong showings through their regular season as well including a first place finish in the Pirate Invitational at East Carolina University.

The men’s cross country team captured third place in the conference for the sixth year in a row and earned two All-CAA nominees in senior Nick Ciolkowski (24:11:00) and freshman Andrew Miller (24:41:80). The team finished third also in the Pirate Invitational, their highest finish of the regular season. Both teams qualified for the NCAA Southeast Regional Championship at Rock Hill, South Carolina where the women finished 22nd with 598 points and the men finished 19th with 520 points. With the combination of returning talent and new athletes in 2019, the teams will have an opportunity to capture the ever elusive first place conference finish.



CORY WELLER | STAFF PHOTOGRAPHER
Elon Women’s Cross Country start out strong at the Elon Opener on Aug. 31, 2018.

The never ending process of athletic recruitment

Building a Division I Phoenix team starts long before first game

Caitlin Rundle

Elon News Network | @caitlinr_21

As the 2019 academic year begins, so does the anticipation for what will happen with the Elon University athletics. When thinking of how successful the Phoenix will be, a key factor comes into play; how well the coaches recruited during their off-season.

For the football team, coaches needed to find replacements for 14 seniors. Besides those graduates, new head coach, Tony Trisciani, had 12 players who appeared on the 2018 roster no longer on the 2019 roster.

To make things even more challenging, previous head coach, Curt Cignetti, who took the head coaching position at James Madison University, took six other coaches with him. In total, Trisciani had 32 names he needed to replace. In other words, Trisciani had a very busy off-season.

The process of recruiting varies based on the player and the team itself. Men's head soccer coach Marc Reeves says that "Recruiting is a year round ongoing process". He says that this year's freshman class has players in it that the staff has been in contact with



ZACH OHMANN | PHOTO EDITOR

for years. Reeves brought in ten new players to his 22 man roster.

"Men's soccer being a sport which only has 9.9 scholarships for a squad of around thirty. It is very different then let's say basketball where all recruitable athletes are offered a scholarship," Reeves says. "We try to put together the best package possible for the family (financial aid, academic scholarships and athletic scholarship) and make that offer," Reeves said.

Volleyball head coach, Mary Tendler, says she "started evaluating this class as early as when they were in 10th grade and as late as

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WITH THE WAY THE COLLEGE SEARCH PROCESS WORKS, IT IS AN EVER CHANGING MODEL IN MATCHING OUR PROGRAM NEEDS

MARC REEVES

MEN'S HEAD SOCCER COACH

when they were seniors in high school." No matter what the preferred style of recruiting is, both head coaches say that they look for players who will fit in with their team as well as academically at Elon.

"There are a lot of specific NCAA rules involved in recruiting," Tendler says. "We go and watch them play as many times as we can and do video evaluations. Our staff communicates with the potential student-athlete, their parents, and coaches on a consistent basis. Once we are further down in the process, they visit campus to meet the team and see if Elon is the right fit for them."

Prospective Phoenix are recruited as soon as 10th grade to join Coach Mary Tendler's ElonVolleyball squad.

For football, 25 freshmen were added to the roster, and even if Trisciani decided not to play a single freshman for the whole season, he still would have 75% of his roster to choose from.

However, for sports like volleyball where the max amount of players allowed on a roster is 15, coaches can't afford to bring players onto a team that will not be able to contribute. While recruiting is important for college sports, it becomes crucial when it comes to teams with limited rosters, because as they say, a chain is only as strong as its weakest link.

Coaches work all year long to find the right fit for their team. As coaches Tendler and Reeves said, their concern is not just with the players being a good fit on the roster, but also being a good fit in the Elon community. But, how recruitment is done one year is not the same way it is done the next year.

"With the way the college search process works, it is an ever changing model in matching our program needs," said Reeves.

This 2019 season will put their newest model to the test. Many of the incoming athletes have worked their entire lives to get to this point. Some of the best are chosen, and this season will show if the best are good enough to create Elon Phoenix championship teams.

Early move in brings struggle and growth on the gridiron

Elon football players spend the summer training to become better students and athletes

Alex Reynolds

Sports Director | @reynolds14_

For many Elon students, early June is a sign of summer. Exams are finished and final grades are entered. Students are starting new internships, summer jobs or just plain relaxing in their respective hometowns. However, for the football players that those students cheer for in August, June is the beginning of the endless work cycle of the student athletes.

Freshman football players usually report to campus June 10, giving them less than two weeks to go home and see family and hometown friends. When players arrive to campus the Elon campus is a ghost town compared to the scene that incoming freshman are seeing now. For the athletes, this emptiness yields isolation, self growth and team building.

Sophomore defensive back Cole Coleman experienced this cycle for the first time last summer. Coleman recalled the difficulty of moving in early from a social aspect. As a freshman, opposed to moving in with an entire freshman class he was forced to move in with a much smaller recruiting class which for Coleman made it harder to make friends.

"It was a different experience because you don't necessarily get to build the connections that other people do... you just have to adjust and get close with all the

guys, as many as you can because they're all brothers equally to you at that point," Coleman said.

Isolation on campus not only impacts the athletes socially but also academically. All students are required to take classes or do internships in order to be eligible to live on campus. Freshman and Sophomores usually take classes in tandem with their offseason training because they don't yet have the credits to get internships. These classes however are stripped of their diversity of perspectives since there are only football players in the classroom. For Coleman this was a huge difference that forced him to learn more about himself as a learner.

"I think it's interesting because you don't necessarily get all the perspectives as you would on a normal college campus. You know, when you're in your normal classes with everybody here, you get to hear from people from all around the country daily. Not to say the football team doesn't bring diversity, which it does. But it's like, we are the same type of guys to some extent, you know, you're not getting extremely different backgrounds that can help you in certain ways or even influence you in certain ways," Coleman said.

Coleman's adjusted to this change by turning to football completely. He took the extra time on campus without many distractions to dive deep into the playbook and adapt to the steep learning curve from high school to college.

"I think I was lot more focused for me. So instead of you know going out and partying with my friends at night, I'm in the playbook because I don't have those out-

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I WOKE UP HAD MY WORKOUT IN THE MORNING [AND] WENT TO WORK AT MY INTERNSHIP

MATT FOSTER

FOOTBALL PLAYER

side distractions," Coleman said.

"I barely went out or really anything socially, and I was more like, pinpoint focus on getting things right, because it's such a steep learning curve going from high school [football] to college [football]. So I really actually needed that time and kind of isolation to make sure that I was on point with everything going into the season," Coleman said.

Matt Foster, a veteran of the cycle of never-ending football explained that as a freshman everything is so exciting and new that they often don't struggle with homesickness or boredom. He explained that sophomore year was the hardest because athletes become used to everything and begin to get bored due to the lack of people and events on campus. Foster said that by junior and senior year players are used to everything and are able to commit themselves fully to their jobs, internships and football.

"I liked this year because it was easy. I woke up had my workout in the morning, went to work at my internship, if I had more football in the evening I did that.

If not I'd just go home and make dinner and that would be a full day. So it's nice everything's close together and you don't think about too much," Foster said.

Besides the development of the individual as an athlete and a student being on campus for the whole summer has a big impact on team chemistry. Between weightlifting, summer classes, meetings and hanging out outside of the context of football, the team spends tons of time together. Foster said the veterans on the team organize player run practices at night where they can practice the game without the pressure of coaches and further build relationships between teammates.

"I mean, it's huge. During the summer you're literally together 24/7 hanging out with friends and getting better chemistry with your teammates," Foster said.

Moving in early June can be exhausting for some, isolating for others but a sacrifice for all. Within this time period when nearly everyone else is comfortably at home, these players are working hard every day to improve their team, their game and themselves.

"Older and younger it all goes away when you're down in the summer and it's the heat and the heat of the moment. And everybody's sweating, guys are throwing up. There's no freshman, sophomore, junior, senior, it becomes a family like that," Coleman said.

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