



# The Eastern Echo

INDEPENDENT NEWSPAPER SERVING EMU AND YPSILANTI SINCE 1881



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## Dining Services Updates Student Senate



Ethan Smith opens Meeting.

DOMINIC SEVILLA | THE EASTERN ECHO

### Dominic Sevilla News Editor

YPSILANTI, Mich. -- Chris Yeadon, the director of dining services, gave a report during the Student Senate regular meeting March 12 with updates on the progress made for dining services over the last few years.

"The big thing coming into this year was the addition to the Eastern Eateries, that's been super popular as we have seen sales dramatically increased in that location and participation from students increased significantly," Yeadon said as he opened with the improvements made towards providing a better student dining experience.

One area Yeadon said they struggled with last year was with the hours of operation in dining areas during the weekend, as the Eastern

Eateries were not previously open on Fridays or Saturdays.

Yeadon also brought up including more vegan, vegetarian and gluten free options across the campus as they had gotten more requests for those items.

"It has been brought to my attention about halal options during Ramadan, those who are practicing Lent right now to offer a fish option on Fridays," Sen. Kirk Suchowesky said.

Suchowesky also brought up a discussion he had at the College of Education Ed Talks.

"[Students] don't really have any options in Porter. Maybe if [dining services] could investigate possibly putting a café in there so they could get coffee or something else in the lounge that they have there."

Halal chicken options are on Build's and Sono's menus but Yeadon added that they

should do more in that direction.

Student Sen. Luis Romero also spoke up on different options for vegan eaters.

"The vegan options seem very basic; there is nothing really exciting about eating carrots and peas every day because I can get that at home. Also, with me and others, lactose intolerant and the vegetarian options always seem to have dairy in them. So you either go the limited vegan options or you take the [loss] and get something with lactose."

Currently there are small side-panels or "secret menus" at many different dining areas that offer different options for vegan and vegetarian eaters, which according to Yeadon, aren't exactly conspicuous to those who are unaware of the options. There are plans for the future though to get those options and more added to the full menu boards.

**JUMP TO PG. 3**

## Today In History

### Nautica Marshall BMA Editor

U.S. Congress passed and authorized the use of time zones and daylight saving time 101 years ago today, March 19.

According to the Original U.S. Law of March 19, 1918, "an act to save daylight and to provide standard time, for the United States," was enacted. Daylight saving time (DST) in the U.S. begins around 2 a.m. on the second Sunday in March, when time "springs forward" and "falling backwards" in November to the standard time of location.

The original use of DST was to conserve energy during the wars of World War I and II. The benefits of this ordinance now are to have longer hours for businesses, reduce the idea of crime and have more playtime for children, according to Global Vacation Network.

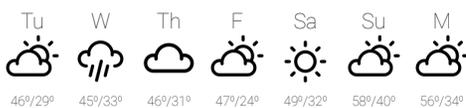
However, not all places in the United States or its territories observe DST, such as Arizona and Hawaii. The sunrise and sunset times in Hawaii don't fluctuate much and since the concept of DST is to make use of natural light, Hawaii already does so by being so close to the equator.

Is this "lose sleep, gain sunlight" theme effective? According to Scientific American, "although daylight time reduces demand for household lighting, researchers suggest that it increased demand for cooling on summer evenings and heating in early spring and late fall mornings."

Even researchers find themselves on the fence about how effective following DST actually is. "Researchers concluded, daylight savings time does save on electricity for lighting but it also increases the use of electricity for heating and cooling," according to Live Science.

This year in Michigan, DST started March 10 and will return to standard time November 3.

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