CENTRAL MICHIGAN
LIFE
FEB. 10, 2022 || MOUNT PLEASANT, MI

PURR-FECT STORM

A state COVID-19 order limiting neutering has caused an increase in stray cat populations. Find out how you can help.

SOARING EAGLE
CASINO & RESORT®
Get your tickets at Soaring Eagle Casino or Saganing Eagles Landing Casino Box Offices, ETIX.COM or call 1.800.513.ETIX.

COLLECTIVE SOUL WITH EVERCLEAR
SATURDAY, FEB. 19
8:00PM
$35, $49, $63 & $69

JOEL MCHALE
FRIDAY, MAR. 11
8:00PM
$30, $42, $53 & $59

STYX
SATURDAY, MAR. 19
8:00PM
$44, $54, $72 & $78

CHICAGO
SATURDAY, APRIL 9
8:00PM
$59, $72, $85 & $92

SANTANA
SATURDAY, APRIL 16
8:00PM
$66.50, $98.50, $125.50 & $145.50

UNIVERSITY RECREATION
CENTRAL MICHIGAN UNIVERSITY

#cmulMsports

SIGN UP NOW FOR IM SPORTS!

IM 5v5 Dodgeball
TO CLOSE 3/2 AT 12AM

IM 4v4 Indoor Soccer
TO CLOSE 3/30 AT 12AM

IM 5v5 Basketball
TO CLOSE 3/30 AT 12AM

IM Softball Tournament
TO CLOSE 4/13 AT 12AM

REGISTER AT IMLEAGUES.COM/CMICH

HAPPY *hour*

A FREE GROUP FITNESS CLASS

Yoga
February 15th
February 22nd
March 1st
7-8pm in Rose 134

Bring: water, yoga mat, mask, and the health screen app.

POUND®
February 16th
February 23rd
March 2nd
6-7pm at the SAC in NIRSA Room

Sign up here!

FITNESS & *wellness*

Student Activity Center

January 9th - February 28th (February Hours)

Welcome Back to the SAC!

CMU Students, CMU Faculty/Staff, and Community Members

AREA	MON-FRI	SAT	SUN
Fitness Center	6am-10pm	12pm-8pm	12pm-10pm
Pool*	6am-9am/ 11am-1pm/ 4pm-9pm	2pm-8pm	2pm-8pm
Weight Training Center	11am-1pm/ 4pm-10pm	2pm-8pm	2pm-8pm

*See Calendar for Pool hours that include classes and practices

McLaren Community Days at the Central Michigan University - Student Activity Center
Tickets are only $4.95 per person!
(ages 3 and under are free)

Saturday, February 12th
1-4pm

McLaren CENTRAL MICHIGAN Community Days
CMU University Recreation

Fitness and Fun for Everyone!

CFX 95.3 TODAY'S HITS Proud partner of McLaren Community Days

Your $4.95 ticket includes the following activities for FREE:
ESports, Racquetball, Walleyball, Ping Pong, Billiards, and Open Swim (2-4 pm)
* Masks required indoors * Credit card payments only

"WE INSPIRE ENGAGEMENT"

PHOTO HIGHLIGHT

Ashley Morse | Staff Photographer
Improv cast members dance together while waiting for instruction during the first shooting of "On The Spot" Feb. 8 at MHTV.

CM LIFE .COM

FOLLOW US ONLINE

Make sure to read all of our coverage on our website, cm-life.com.

INDEX

NEWS 8
HOW CMU MAKES DECISIONS
What is shared governance and why is it so important to faculty and staff? Learn about their concerns.

SPORTS 10
WRESTLING WINNING STREAK
The Chippewas are on fire having won 10 of their last matches. Now, it's on to the Spartans and Wolverines.

EDITORIAL 17
SUPPORT YOUR STORES
Uncertainty at CMU means uncertainty in the community. Make sure to support local businesses.

ONLINE
CLIMBING IN THE COMMUNITY
The recreation program partners with the city for a rock climbing course for Mount Pleasant's youth.

PODCAST
KREEPY KULTURE S1 E1
Join Tyler Clark and Stephanie Chipman to explore the history of horror movies with special guest Professor Allman.

Layla Blahnik-Thoune | Photo Editor
Briley Bailey (right) and Emily Shaw play with cats Jan. 24 at Karma Kat Cafe.

TOTAL CAT-ASTROPHE

Feline overpopulation remains an issue in Mount Pleasant due to pandemic

By Zipporah Abarca
Staff Reporter

Misty Beckwith was headed to work last month when she noticed two kittens in the road - one deceased and the other one frostbitten with a broken tail.

Beckwith decided to take the kitten in as a foster cat and added it to the many cats she looks after in her home.

"If I don't take them in, then what am I going to do?" she said. "They're going to die in the cold."

Located on East Broadway Street, Karma Kat Cafe rescues cats daily while also providing a temporary communal home until they are adopted. Beckwith is the owner. She said the cafe is in "cat crisis" due to the number of people not spaying or neutering.

As a result, Beckwith's business has been flooded with strays. The decision to take them in or not is becoming increasingly difficult.

"Crisis means there are not enough homes, and these animals are dying out there because there's nobody to take them," Beckwith said.

Beckwith isn't combating this issue alone. Many other rescues, shelters and animal clinics in the Mount Pleasant area are fighting the same battle.

Last summer, the state of Michigan passed Executive Order 2020-34 - temporarily deeming neutering as non-essential due to the COVID-19 pandemic.

Anna Chrisman, media manager of Michigan Humane, said a lot of their services such as sterilization and their Trap-Neuter-Return program (TNR) were suspended during the course of the pandemic due to the executive order.

"It impacted all veterinary clinics," Chrisman said.

That order was rescinded May 28, 2020. The effects are still felt in communities like Mount Pleasant battling large stray cat populations. As a result, many shelter workers feel like they are playing catch up.

Shelter workers are feeling the struggle

Karma Kat's capacity was 25 cats prior to last summer but increased to 70 this fall – doubling operation costs, Beckwith said. Most recently, adoptions have increased meaning capacity is back down to 45 cats.

"We can't keep up. There are not even enough veterinarians in the state of Michigan to keep up with the cat care right now," Beckwith said. "It's just out of control."

Amanda Tillotson, executive director of the Humane Animal Treatment Society (HATS), said they receive a substantial amount of phone calls every day. They come from feline owners or those who have found cats wandering around town and want to surrender them.

In 2021, HATS took in a total of 404 felines, while housing an average of 70. Prior to managing its intake in 2019, it housed upwards of 200 felines. HATS had to consistently euthanize to make space.

"Injured, sick or at-risk cats receive top priority for immediate intake. All others are placed on a waiting list," Tillotson said. "Managing our intake allows us to reduce overcrowding and ensures each cat receives quality care...Most importantly, we are no longer euthanizing healthy, friendly cats simply to make space."

When spring is around the corner, so is kitten season. This is when populations are at their highest, therefore, Michigan Humane has found that it is not unusual to care for 500 to 800 animals.

Tillotson said cat overpopulation is an ongoing battle. It is not a new crisis, or a problem that can be solved overnight. The best way to manage this ongoing issue is through spaying and neutering cats.

Beckwith said local veterinarians have been deferring people to Karma Kat Cafe because they are overwhelmed.

"We, like many other places... (are noticing) a nationwide veterinary shortage," Chrisman said. "So we're also combating that -- having enough doctors and everything to perform all of the surgeries now that are extensively backed up."

Beckwith expects the "overwhelming" cat crisis is also deteriorating the mental health of veterinarians and animal rescue workers.

"I think the average (animal) rescue worker lasts five to seven years... before quitting and just not being able to handle it," she said. "That's why you see veterinarian suicides are very high. People in (animal) rescue (show) suicides are extremely high as well."

According to a study done by Centers for Disease Control and Prevention (CDC) in 2019, veterinarians in the U.S. are at a high risk of suicide, especially within the last three decades.

"I'm not ready to give up," Beckwith said. "Are there days when I want to? Absolutely. It's really hard when you hold a kitten, and it dies in your hands."

Spaying and neutering is everything

Cats are able to begin reproducing when they are six months old. This presents an issue when unfixed cats are let outdoors and reproduce with strays or other cats.

Layla Blahnik-Thoune | Photo Editor
Ronda hangs her paws out of her cage Feb. 8 in the cat room at Humane Animal Treatment Society.

"It's essentially throwing fuel on the fire," Tillotson said. "If every community diligently fixed outdoor cats roaming their neighborhood, as well as their own pets, we would start seeing a significant change...This is a community problem that will take a community-wide effort to resolve."

Chrisman said it is important for animal caretakers to have the sterilization conversation with their local veterinarians in order to prevent adding to the population of cats, and for the animals' well-being.

"We encourage sterilization for all companion animals because that way you avoid not only unwanted litters, but several health issues that can come up for unsterilized animals as well," Chrisman said. "Certain types of cancers, infections, that sort of thing that can happen."

Spaying and neutering is the only proven way of reducing feline overpopulation. The process not only combats health issues, but can also prevent male cats from spraying, roaming and being aggressive.

Trap-Neuter-Return programs (TNR) have added progress to battling the cat crisis. These programs essentially allow people that have found strays to bring them into clinics and have the cat spayed and neutered.

Besides controlling the cat population, TNR

See CATS | 6

CATS |

CONTINUED FROM 5

has ultimately reduced shelter admissions and operating costs, allowing there to be space for other cats to be adopted.

TNR also leaves a positive impact on animal control and shelter workers due to the lack of harm being enforced against cats.

> *"I know there are a million cats, but to me every one of their lives is important and I don't know how you value one over another,"*
>
> **Misty Beckwith**

Local resources are here to help

In order to combat this crisis, there are services available to the public as well as affordable adoption options provided by local shelters, rescues and clinics.

Beckwith said proceeds from the public fund Karma Kat Cafe's medical bills, overhead fees and employee income.

"My goal here was just to make sure we are making enough money to sustain ourselves and keep the cats having quality care," Beckwith said.

The cafe is open to visitors and adoptions - providing a safe space for those that can't have a cat or are debating the responsibility.

People can visit the cafe Monday through Saturday from 1 p.m. to 7 p.m. and Sunday from 1 p.m. to 5 p.m. There is a $10 fee for the public, and $8 fee for students.

To adopt from Karma Kat Cafe, there is a $70 fee and a 24 to 48-hour processing period to ensure the home is right for the cat.

For low-cost spay and neuter operations, the Humane Animal Society provides a clinic that is available for all community members regardless of income or residence.

Michigan Humane is hosting its upcoming primary program February through October called One Health in order to provide appointment based events that help people get their animals sterilized, vaccinated and checked out for any other health issues.

Michigan Humane has a TNR program that is readily available for those that stumble across feral cats. To learn more information about their TNR services and One Health, call Michigan Humane at 866-HUMANE.

"I know there are a million cats, but to me every one of their lives is important and I don't know how you value one over another," Beckwith said. "How do I have the right to say yes to that one living, and that one not (living)?"

Layla Blahnik-Thoune | Photo Editor

Briley Bailey (front) and Emily Shaw play with cats Jan. 24 at Karma Kat Cafe.

Cats lay in their beds Jan. 24 at Karma Kat Cafe.

Layla Blahnik-Thoune | Photo Editor

Cats walk around Feb. 8 in the cat cages near the entrance of the Humane Animal Treatment Society.

Layla Blahnik-Thoune | Photo Editor

Emily Shaw pets a cat Jan. 24 at Karma Kat Cafe. Capacity was 25 cats prior to last summer but increased to 70 this fall

O'Kelly's Sports Bar & Grille

LVI SUPER BOWL

SUPER BOWL 2022

VS

LET US HOST YOUR SUPER BOWL PARTY

FOR RESERVATIONS (989) 775-3751

Sunday, Febuary 13

KICK OFF @ 6:30 PM

1/2 OFF APPS WITH A RESERVATION

Shared governance is used at most universities – does it work at CMU?

By Courtney Pedersen
Investigative Reporter

Like many other public universities, Central Michigan University follows a shared governance model. However, members of the campus community are questioning how effectively the process is being used at the university.

As defined by the American Association of University Professors (AAUP), "shared governance refers to the joint responsibility of faculty, administrations, and governing boards to govern colleges and universities. Differences in the weight of each group's voice on a particular issue should be determined by the extent of its responsibility for and expertise on that issue."

The AAUP defines those roles in shared governance:

• The faculty's primary responsibility is for "fundamental areas" such as curriculum, instruction methods, research and the educational process aspects of student life.

• The administration, led by the university president, is to make sure the institution ensures it follows the policies set forth by the governing board, provide leadership, facilitate effective communication and to represent the university.

• The governing board makes sure the institution upholds its mission, ensures financial resources for the university, makes final decisions and "to entrust the conduct of administration to the administrative officers."

Shared governance at CMU is "understood to be a dynamic collection of best practices for engaging, voicing, listening and discussing the interests of all groups (faculty, staff, students, administrators and trustees) when planning, making and implementing decisions for the university."

The Academic Senate has a shared governance and communications committee that was created during the 2012-13 academic year and tasked with the responsibility of "defining a path forward with effective shared governance and communications."

During the Oct. 5, 2021 Academic Senate meeting, President Bob Davies announced the creation of the "Shared Governance Task Force" to evaluate and improve the university's system of shared governance.

"I understand I may not yet fully grasp the nuances of this community's preferred execution of shared governance," Davies said.

The task force currently consists of representatives from the Academic Administration, University Administration, Council of Deans, Council of Chairs, President's Cabinet, Union of Teaching Faculty, Faculty Association, Student Government Association and Academic Senate.

Andrew Criswell, Shared Governance Task Force Academic Senate representative, said the group will also add a representative for office professionals.

"Shared governance implies that when a decision is made, all the parties who are involved, who are tagged as decision makers for that particular decision, whether it's academic or administrative, are consulted and that their opinions are considered," Criswell said. "Even though the ultimate decision is usually made by one person, generally, the president, but all the other parties are supposed to be involved in the decision making process."

The task force is important, Criswell said, because during his two terms on Academic Senate he has seen several failures where shared governance was completely pushed aside or ignored.

Specifically, Criswell mentioned the lack of shared governance in the decision to make courses HyFlex for the Fall 2020 semester. Davies ensured the Academic Senate they would be consulted.

"The Board of Trustees decided that (the university) would make all classes HyFlex in the fall and that we would open," Criswell said. "This was handed to the departments as a mandate with no consultation of the Academic Senate whatsoever."

The task force also is planning an open forum, Criswell said, to discuss shared governance at CMU.

Annual Campus Race to Zero Waste to involve students through Spring 2022

By McKenna Golat
Staff Reporter

For its fourteenth year in a row, Central Michigan University is participating in an annual competition to reduce waste throughout the Spring 2022 semester.

The Campus Race to Zero Waste – formerly called RecycleMania until the 2021 competition – is a national event put on by the National Wildlife Federation in which schools and universities compete to reduce waste.

Students can participate by helping out at upcoming events and making conscious efforts to recycle and compost what would otherwise end up in a landfill.

The goal is to achieve a high diversion rate - the overall weight of materials diverted from a landfill. CMU has an average diversion rate of 38 percent. This number includes mixed recycling, composting, and electronics recycling.

"Waste reduction is a community effort and in order to build a sustainable world, we need to be considerate of the environment in the waste that we are producing," co-director of Central Sustainability Eric Urbaniak said.

The next event is an electronics recycling drive which will be held from March 21 to March 25. The event is open to all students, staff and faculty who have on-campus electronics ready for disposal. CMU is accepting any small electronics as well as anything with a cord.

Check Central Sustainability's website for updates on the location of the event.

View the complete schedule for the Campus Race to Zero Waste below:

Jan. 30: Competition Kickoff!
Feb. 5: CMU Game Day Challenge: Basketball
Feb. 26: Halfway point
March 21-25: CMU Electronics Drive
March 26: Last competition day
April 28: National winners announced

The national competition sees over 600 schools and universities compete in reducing their waste production. Last year, CMU came second place in the food organics or composting category.

Reach out to co-directors of Central Sustainability, Eric Urbaniak (urban1ed@cmich.edu) and Teresa Homsi (homsi1tm@cmich.edu) or visit their office in Dow Room 292 for more information.

Jib-Bob Korean restaurant to relocate to Green Tree Co-op's former storefront

By Zipporah Abarca
Staff Reporter

Mount Pleasant's Jib-Bob Korean Restaurant has moved from N. Mission St. to 214 N. Franklin St. where the GreenTree Co-op Market once resided.

Maya Denslow, Jib-Bob Korean Restaurant's owner, had hoped to have a special grand opening on Feb. 1, the Lunar New Year. However, renovations were delayed due to the lack of available construction workers.

While a specific date hasn't been set, Denslow predicts that Jib-Bob should be ready for business by the end of April or May.

The space will offer a more intimate environment to share "real art, real conversation and a real thing with people," by introducing South Korean culture with locals, Denslow said.

For Denslow, the new location will also achieve her dream of having an outdoor pyung sang dining experience.

"Korean people...like eating outside (on what) we call pyung sang," Denslow said. "Pyung sang means like a big low table. We are sitting on it...and we take a little nap, we play games and we chitchat... You just take your shoes off, you sit on it and just eat the meal. That's what I want to make."

Denslow is using her art education by carving and painting sculptures to serve as the guardians of the restaurant.

In South Korea, guardians are located before the entrance of temples, mountains or villages, Denslow said.

"Guardians in that village enter before the village you enter," Denslow said. "Why? Because those guardians protect your village, protect your people, protect all the evils, sickness and everything."

Denslow created numerous sculptures to resemble a family: a father guardian, a mother guardian, and a brother and sister guardian. These guardians are meant for good luck and happiness, while also inviting a unique atmosphere, Denslow said.

Jib-Bob's mission comes from it's meaning, "mother's homemade cooking." Not only is Denslow the owner of Jib-Bob, but she dedicates herself as the only chef in the entire restaurant.

To keep up to date with renovation progress, visit Jib-Bob's Facebook.

VHS TO DVD!
Main Street Audio·Video·Movies
FILM TO DVD!
989-773-7370
701 N. Mission
We can transfer all types of media: film & audio reels, videotapes plus digital formats, such as phone clips, SD cars and USB!

CALL FOR PRICING

Main Street
HUGE Sale Day!
FRIDAY, FEB. 11
•Albums from $1
•DVD and CDs $2 off
•Video Games $2 off
•Great sale prices on audio and video equipment
WE BUY AND SELL!
We pay cash!
•Record albums
•DVD and CDs
•Video Games
•Audio and video equipment
Stop in soon!

www.theedgeat1815.com
leasing@theedgeat1815.com
989-317-0214
THE EDGE AT 1815 STUDENT LIVING
Fall in Love
with the Edge at 1815!
Multiple units
AVAILABLE FOR
2022-2023
school year!

leasing PARTY
THURSDAY
FEBRUARY 10
3-7 PM
@THE CABIN
Drawing for FIVE $100 Amazon Gift Cards
MEIJER
TARGET
BIGGBY
MEIJER
Sign & Spin!
WHEN YOU SIGN A LEASE:
$50 off Utility Fee
$25 Application Fee
$10 Biggby Target, or Meijer Gift Card
(989
CMUap

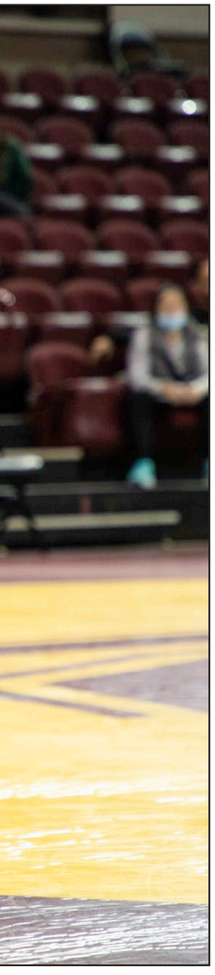
WRESTLERS

Layla Blahnil

Miami redshirt sophomore Jonny Lovett takes a breather after hurting his wrist, Jan. 30 at McGuirk Ar

S ON A ROLL

With five nationally ranked wrestlers, Chippewas win 10 straight matches to pin Mid-American Conference championship



k-Thoune | Photo Editor
ena

By Christian Booher
Sports Editor

Tom Borelli can stand and smile as his Central Michigan wrestlers take the mat.

The Chippewas are on a tear, winning each of their last 10 matches. Borelli, in his 30th season at the helm, has one of his best teams in recent memory. The win streak encompasses each of the team's Mid-American Conference matches and has them on the precipice of a conference dual title.

CMU has won each of its matches since losses to Lehigh and Iowa, both of whom remain nationally ranked, on Dec. 20. Borrelli's team is now 11-2 with a 6-0 mark in MAC play and an unblemished 5-0 showing at McGuirk Arena.

The Chippewas are now ranked No. 20 nationally in the National Wrestling Coaches Association Coaches' Poll and No. 4 in the Mid-Major Poll.

Just one conference dual, a Feb. 13 showdown with Buffalo, remains in the way of CMU in its quest for the MAC West division title. The Chippewas will compete for the MAC title March 4-5 at the conference tournament in Athens, Ohio.

CMU has recorded double digit margins of victory over every MAC opponent in their way, including a 24-10 beating of second-place Ohio at McGuirk Arena Jan. 30. In that win, seven Chippewas recorded individual victories.

The team's most recent victory came on Feb. 6 in a dominating 32-9 defeat of Kent State.

Borrelli's 2021 squad has a unique blend of experience and youth. The team returned two graduate students thanks to the extra year of eligibility granted by the NCAA, and both have been outstanding. Oregon, Ohio heavyweight wrestler Matt Stencel is ranked No. 8 nationally in his weight class, while Dansville native Dresden Simon ranks No. 12 in the 141 class.

Both Stencel and Simon have earned All-MAC honors in the past. Stencel is a four-time MAC champion and a two-time All-American. Simon, meanwhile, placed first at the MAC Championships and was a second-team All-American in the 2019-20 season.

With the two leaders in front, the remainder of the Chippewa wrestlers have each contributed to the team's success. The team boasts a total of five nationally ranked wrestlers; Denmark, Wis. senior Brock Bergelin (No. 33 at 125 lbs.), Chelsea junior Corbyn Munson (No. 26 at 149 lbs.) and Miami, Fla. sophomore Johnny Lovett (No. 16 at 157 lbs.) join the senior duo of Stencel and Simon.

Stencel, Simon, Lovett and Iron Mountain senior Aaron Bolo are ranked first in the MAC at their respective weight classes.

Bergelin has filled a key role, stepping up to fill the void left by former All-American Drew Hildebrandt's transfer to Penn State. In his first year as the starter in the 125 lb. weight class, Bergelin is 17-7 overall with a 5-1 record in conference matches.

Munson came into the season with a 37-29 career record, a total he has nearly doubled in 2021-22. He's 20-5, 4-2 in MAC matches and rising the national ranks.

Lovett showed flashes of excellence last season, qualifying for nationals after placing third at the MAC Championships. This season, he's taken it to the next level with an unbeaten record in conference play and a 17-4 mark overall.

Macomb junior Tracy Hubbard (165 lbs.) has also had an exceptional season in conference duals. He's unbeaten, having won a team-best five matches by major decision.

Dewitt senior Bret Fedewa (174 lbs.), Flushing junior Ben Cushman (184 lbs.) and either Hopkinsville, KY. sophomore Ja'Kerion Merrit or Adrian sophomore Vince Perez at 133 lbs. rounds out CMU's typical dual meet lineup.

The Chippewas still have plenty in front of them, with important non-conference dual meets against Michigan and Michigan State on the horizon leading up to the MAC championships.

Both are Top-15 opponents, with the Spartans (No. 14) and the Wolverines (No. 3) also enjoying spectacular seasons. The Chippewas will travel to East Lansing to battle the Spartans at 7 p.m. Feb. 18 before returning home to take on Michigan at 2 p.m. Feb. 20 at McGuirk Arena.

1-6 Bedrooms Apartments, Townhomes and Houses

- Jamestown
- Union Square
- West Campus
- Westpoint
- Yorkshire
- Deerfield Village

9) 772-2222
pts.com

UNITED apartments

Wayside Central bouncer fired following social media complaints

By Staff Reports

Several Central Michigan University students anonymously posted comments about their negative interactions with a Wayside Central bouncer on social media.

Within 48 hours that man, who is a CMU student, has been fired.

"After conducting multiple in-person and over-the-phone interviews, we were made aware of incidents of misconduct and have moved to terminate the employee," said John Hunter, owner of Wayside Central and The Cabin, in a press release.

CMU students posted to Yik Yak, a local and anonymous social media app, and CMU Confessions, an anonymous Twitter account, to share their stories regarding the employee.

On Sunday, a Change.org petition was created in hopes to get the bouncer fired. The petition has received more than 350 signatures.

The press release stated that Wayside Central's management team and owners learned of the situation late Sunday evening. By Monday afternoon, the employee was put on administrative leave.

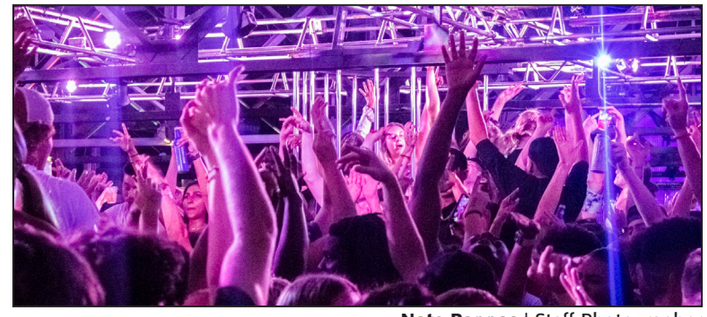
"Since we have been made aware of the issue, we have been making active efforts to identify and contact those impacted in order to gather more information," the press release said.

The individual was described as a "temporary part-time employee." Hunter said the employee worked as a bouncer at Wayside Central and as a member of the kitchen staff at The Cabin when needed.

The press release stated that Wayside Central has addressed the issue with the Mount Pleasant Police Department and plans to continue to work with them.

Civil Rights & Title IX Investigator Eltaro Hooper confirmed the Office of Civil Rights and Institutional Equity (OCRIE) has received reports that reference the Yik Yak and CMU Confessions posts.

Anyone who has more information is encouraged to contact OCRIE at 989-774-3253 or ocrie@cmich.edu. Students can also visit the OCRIE office located in the Bovee University Center Room 306.



Nate Pappas | Staff Photographer

A crowd throws their hands up at Wayside Central, Aug. 27.

Hunter said he is implementing better guidelines for the future of his companies. He plans to utilize SAFE Bar Network which specializes in helping bars, restaurants and nightclubs to prevent sexual harassment and sexual assault.

"Our number one goal is to keep our bars a safe location for our customers, and we understand the importance of educating our employees on aiding in those efforts," the press release said. "We will continue to prioritize what implementations can be put into place to keep our businesses as safe as possible."

1 in 3 Students experience food insecurity

- Open and free to all CMU students to promote student success
- No financial eligibility requirements
- Located in North Campus Success Center

Distribution: Tues 5-7 pm, Wed 3-5 pm, Fri 12-3 pm
Register online at the Student Food Pantry Engage Central Page

Mary Ellen Brandell Volunteer Center
STUDENT FOOD PANTRY
CENTRAL MICHIGAN UNIVERSITY

For more information visit: The Mary Ellen Brandell Volunteer Center Bovee UC 106

CENTRAL MICHIGAN UNIVERSITY
FINANCIAL WELLNESS COLLABORATIVE
MARY ELLEN BRANDELL VOLUNTEER CENTER

Confidently Pursue Your Degree with a Financial Plan

- Work at an individual pace at cmich.igrad.com
- Attend presentations to gain financial confidence and education
- Meet 1 on 1 for Peer Coaching

@Resource_CMU

MARY ELLEN BRANDELL VOLUNTEER CENTER
CENTRAL MICHIGAN UNIVERSITY

CMU earns two awards for sustainability from Enviornmental Protection Agency

By McKenna Golat
Staff Reporter

Central Michigan University received two awards from the Environmental Protection Agency for its sustainability efforts over the past two years.

The EPA announced its 2020 and 2021 award winners at the end of January.

"I think it's promoting a more sustainable community at CMU and kind of compelling people to believe that sustainability is a cause worth pursuing or supporting," co-director of Central Sustainability, Eric Urbaniak said.

2020 EPA WasteWise National Data Partner of the Year

This award was in recognition of the university's waste diversion and sustainability efforts in 2019. Prior to COVID-19, CMU had a waste diversion rate of around 40 percent. When COVID-19 hit, the rate dropped to the high 20s.

The university has worked to get the diversion rate back up, and it is now at 38 percent.

Central Sustainability and Facilities Management collected that data.

"CMU's waste reduction efforts are largely defined by zero waste kitchens and cafeterias that diverted 331.02 tons of organic material from landfills in 2019. In the same year, CMU recycled 417.54 tons of paper and plastic and 69.18 tons of metal," according to an overview on the EPA's website.

2021 EPA WasteWise National Narrative Award for Sustainability Public Education

For its outreach and education efforts in 2020, CMU received the WasteWise National Narrative award for sustainability public education.

This award is based on efforts to educate and engage students on sustainability. The award submission was based on everything Central Sustainability had done in 2021. That included sustainability walking tours, an Earth Week conference, educational videos and collaborations with the CMU community.

"I hope that CMU continues to support Central Sustainability and continues to work to build the foundation for sustainability initiatives at CMU," Urbaniak said.

CLASS announces multiple department cuts, mergers effective next semester

By Aurora Rae
News Editor

College of Liberal Arts and Social Sciences interim dean, Marcy Taylor announced several departmental changes effective in Fall 2022.

The Interdisciplinary Cultural and Global Studies Council voted to eliminate two departments by merging them with others while placing another program on hiatus.

Additionally, as part of the Academic Program Prioritization that began in Fall 2020, the CMU Board of Trustees approved the following new departments in June 2021:

- The School of Politics, Society, Justice and Public Service will be created by merging Sociology, Social Work, Political Science and Public Administration.
- The Department of Philosophy, Anthropology and Religion will be created by a merger of Anthropology, Philosophy and Religion.
- The Department of History, World Languages, and Cultures will be created by merging History and World Languages and Cultures.
- The Cultural and Global Studies major and minor will be placed on hiatus though some of the nine related certificates will be offered under the newly-merged departments.
- Undergraduate certificates in African and African Diaspora Studies, American Indian Studies, East Asian Studies and Latin American and Latino Studies will be moved into the Department of History, World Languages and Cultures.
- The certificate in Cultural Competency will be moved into the Department of Philosophy, Anthropology and Religion and will join a new minor in Intergroup Relations and Justice.

The council also voted to eliminate certificates including European Studies, Human Geography, Middle Eastern and Islamic Studies and Social Justice in Global Health.

"We chose to try to see down the road, and the mergers are our best strategy for protecting the disciplines in the liberal arts and social sciences from the impact of continued budget declines," Taylor said.

Students enrolled in the eliminated programs/departments will still be able to complete their degree.

Photos by Nate Pappas
Freshman guard Kevin Miller passes the pall to his teammate, Saturday Feb. 5, in McGuirk Arena.

Junior forward Brian Taylor blocks a layup from Buffalo guard Maceo Jack, Feb. 5, in McGuirk Arena.

Junior guard Molly Davis lines up for a free throw, Feb. 5, in McGuirk Arena. Despite Davis putting up 25 points, the CMU Chippewas were unable to beat the Buffalo Bulls.

Ride for FREE!

NO FARE IS COLLECTED AT △ & ⌂ BUS STOPS

MAROON

Southpoint/Winchester	:15	:45	EVERY 1/2 HOUR
Village at Bluegrass	:21	:51	EVERY 1/2 HOUR
University Meadows	:25	:55	EVERY 1/2 HOUR
Union Square	:29	:59	EVERY 1/2 HOUR
Target			UPON REQUEST
Music Bldg. - Lot#33	**:42**	**:12**	**EVERY 1/2 HOUR**
Washington/Ojibway	:44	:14	EVERY 1/2 HOUR
Anspach/Pearce	:45	:15	EVERY 1/2 HOUR
Ronan/Grawn	:47	:17	EVERY 1/2 HOUR
Main St./Gaylord	:48	:18	EVERY 1/2 HOUR
MMC/DOAN CENTER	:55	:25	EVERY 1/2 HOUR
Washington/Clayton	:05	:35	EVERY 1/2 HOUR
Larzalere	:06	:36	EVERY 1/2 HOUR
Wightman	:07	:37	EVERY 1/2 HOUR
Park Library	:08	:38	EVERY 1/2 HOUR
Music Bldg. - Lot#33	**:12**	**:42**	**EVERY 1/2 HOUR**

GOLD

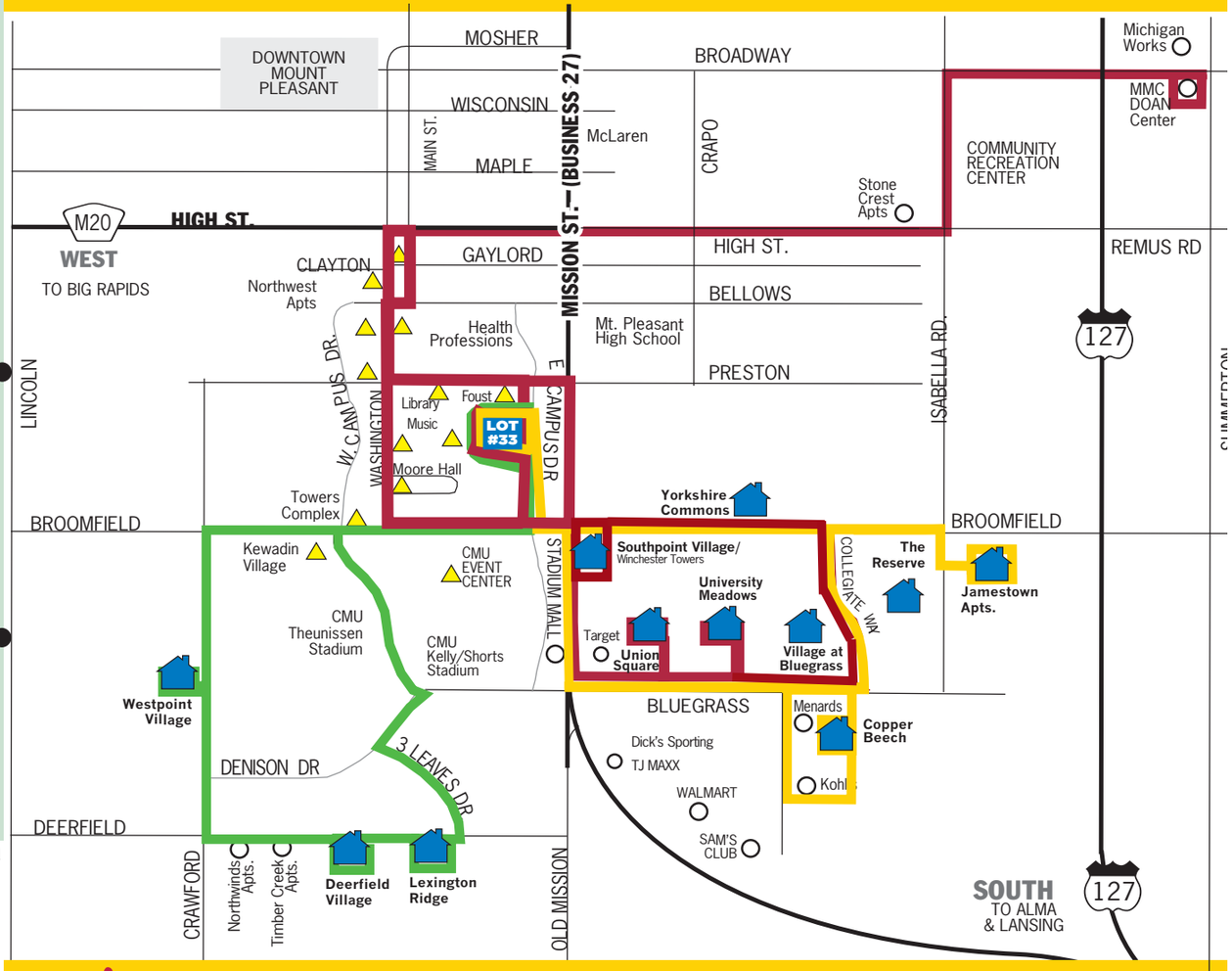
SAC/McGuirk	:13	:43	EVERY 1/2 HOUR
Stadium Mall			UPON REQUEST
TJ Maxx			UPON REQUEST
Walmart			UPON REQUEST
Copper Beech	:26	:56	EVERY 1/2 HOUR
The Reserve	:28	:58	EVERY 1/2 HOUR
Jamestown	:30	:00	EVERY 1/2 HOUR
Yorkshire Commons	:33	:03	EVERY 1/2 HOUR
Music Bldg. - Lot#33	**:42**	**:12**	**EVERY 1/2 HOUR**

DEERFIELD

TOWERS @7/11	:15	:45	EVERY 1/2 HOUR
Westpoint Village	:18	:48	EVERY 1/2 HOUR
Deerfield Village	:20	:50	EVERY 1/2 HOUR
Lexington Ridge	:25	:55	EVERY 1/2 HOUR
Theunissen Stadium Lot#70	:27	:57	EVERY 1/2 HOUR
Kewadin Village	:29	:59	EVERY 1/2 HOUR
SAC/McGuirk	:30	:00	EVERY 1/2 HOUR
Music Bldg. - Lot#33	**:42**	**:12**	**EVERY 1/2 HOUR**

EFFECTIVE AUGUST 2021

COMMUTER SHUTTLE ROUTES



COMMUTER SHUTTLE:
MONDAY - FRIDAY 7:00 AM - 7:00 PM

8:00PM & 10:30PM RETURN FROM PARK LIBRARY TO APT. COMPLEXES ONLY

REQUEST STOPS: ○ REGULAR FARE $2.00

EVERY HALF HOUR SHUTTLE STOPS:

△ **BUS STOPS**
No fare collected/prepaid stops by contract with our partners

⌂ **APARTMENT COMPLEX STOPS**
Rides for residents prepaid by complex

BE SEEN! Step to the curb and wave

I Ride

ictcbus.com

All buses flex 1/4 mile of published route, call ahead for service

COMMUTER SHUTTLE OPERATES LATE AUGUST THROUGH EARLY MAY
WHEN CMU CLASSES ARE IN SESSION

(989) 772-9441

CMU research offers free help with symptoms of anxiety, depression

By Zach Kortge
Staff Reporter

During the beginning of the pandemic, many mental health clinics scrambled to find solutions to a lack of in-person appointments.

Counseling centers, like at Central Michigan University, had difficulty getting students the tools they needed to cope with mental illness due to COVID-related closures.

Melanie Midkiff, doctoral candidate in clinical psychology, is conducting research on ways to virtually bring mental health tools to adults in need.

Through taking an online survey, participants can access guided intervention methods aimed at reducing anxiety and depression symptoms. After completing the survey, participants are assigned to one of three groups.

Participants will have access to all of the intervention materials until Dec. 2022.

The self-guided service, using videos and a workbook, offers methods on how to cope with mental health issues. The methods used in the intervention are adapted from the Unified Protocol, a therapy developed by David Barlow.

"One of the first things (is) to really rethink the idea that their emotions are good and bad. To not introduce judgment," Midkiff said. "(Individuals) are not beholden to reacting to all of their emotions just because they come up."

One of the skills taught and used in the intervention is mindfulness, or being more aware of your emotions. Midkiff said mindfulness has been incorporated into a few therapies and presents as a useful tool in her research.

Melanie Midkiff | Courtesy Photo

"Once we are observers of our emotions, then we can do something with them," she said.

Cognitive and behavioral therapy elements are also used in the intervention, according to the Unified Protocol Institute.

Prior to the pandemic, Midkiff intended for an intervention to be done in person. However, COVID-19 required change.

Around this time, Midkiff said there was concern in the mental health community about how effective online treatment could be. But research has shown that virtual interventions can be just as effective.

Michelle Bigard, associate director of the Counseling Center, said these types of interventions are becoming a larger part of mental health care.

"There are lots of people trying to come up with services that are virtual and online for people that have 24/7 accessibility," she said.

Although Bigard said there is a loss of some connection when virtual tools are used, there is an expansion of the availability of care.

"It makes our services so much more accessible to people," she said.

Midkiff agrees with this sentiment. While she said that her research isn't for those with complex mental health issues, she does think resources like her study can break down barriers to mental health access.

After a presentation researching disparities in access to mental health, Midkiff saw how this research could be a part of the solution.

"It bothered me, that sounds very simple, but it was yet another reminder of the difficulties that people have accessing evidence-based care," Midkiff said. "I think (the interventions) is at least something for them to use, even if it's in the meantime while they try and figure out how they can get more intensive treatment."

Support a fellow student, check out two feature films

Alex Adam
Staff Videographer

Back when I started high school, I picked up a book about Steven Spielberg. I wanted to make movies ever since I was three years old – and at that point – I was working on my most ambitious short film yet.

I thought the time when I'd make a full-length feature film would be ages away - so I was content making my shorts. But as I read that book, I was flabbergasted.

Steven and I - as it turned out - had a lot in common. We were both Jewish, bit our nails, had been involved in Boy Scouts, and started making shorts with friends around the same age.

When Steven was 16, he made a two-hour-long feature film about alien invasion called "Firelight."

When I finished reading, I thought to myself, "If he could make a full-length movie before he was even out of high school back then, why can't I do it now?"

I left the bookstore that day with the goal of completing my first feature film before I graduated high school.

That goal eventually blossomed into my first feature film, "Lucid," a science-fiction action thriller about a group of friends who are stuck in a dream world and must work together using their unique abilities to get back to the real world.

I did it, I achieved my goal. As I was finishing "Lucid," I found a burst of inspiration for a second feature film.

Now I'm a sophomore in college, I have just completed that second feature film, "Viral," about a successful YouTuber who must reconcile his true self with the caricature he portrays online.

I am preparing to celebrate this accomplishment with a screening of both films at 7 p.m. Friday, Feb. 11 in Moore Hall Room 105.

Here's what to expect:

"Lucid" was defined largely by its action and spectacle. I pushed my After Effects knowledge to the limit, and accomplished what is still the most ambitious sequence I've ever put to film.

On the flipside, "Viral" acts as a more grounded character study.

Both movies tackle what I view as similar ideas. The vast differences in the two highlight the differences in the movies I was engrossed in at the time.

"Lucid" pays a great deal of homage to films like Inception and "The Matrix" among others.

The inspirations for "Viral" are a bit harder to spot.

It started out as a psychological thriller tonally inspired by movies like "Joker," but as it evolved, I found myself pulling inspiration from elsewhere, such as YouTube videos or songs by Freddie Mercury (I found myself pulling loose inspiration from the Freddie Mercury biopic, "Bohemian Rhapsody," as well).

"Lucid" is greatly defined by its homage to my favorite films, and "Viral" highlights a year of growth and interest in other types of movies.

I hope people will come down to Moore 105 Feb. 11 and maybe even be as inspired by what my team and I created - just as I was in the bookstore all those years ago.

If you can't make it, check out "Lucid" on Youtube. I'm hoping to give "Viral" a proper theatrical release toward the end of the semester. Follow me on Facebook and Instagram for updates.

OUR CITY NEEDS YOU

Makayla Coffee | News Editor

Taco Boy Restaurant's sign on Jan. 25. Taco Boy Restaurant is located on 804 S Mission St.

Brendan Wiesner | Staff Reporter

An old sign from past Green Tree cooperative grocery locations hangs in the new storefront at 410 W. Broadway on Dec. 8

Supporting local businesses is more important than ever

EDITORIAL

Getting tired of chicken nuggets and pizza every day? It might be time to start looking off-campus at supporting some of the locally-owned businesses that keep the city of Mount Pleasant alive and give the city its unique character.

In a time of low enrollment – and general disarray at Central Michigan University – that list of businesses seems to grow smaller by the day.

Now more than ever, Mount Pleasant needs students' attention.

We saw the COVID-19 pandemic hit local commerce hard. Six hundred small businesses in Michigan were surveyed by the Small Business Association of Michigan (SBAM) in June 2021. Seventy-eight percent of respondents said COVID-19 had a negative impact on their business.

We saw that early on as local staples like the Italian Oven and Pita Pit closed its doors for good.

In Mount Pleasant, we have another problem: A healthy community depends on a healthy university.

When students arrived in August, the population of Mount Pleasant used to double. As CMU enrollment continues to decline, that means less clientele for the surrounding community.

Local real estate agent and lifelong Isabella county resident Jim Engler expressed this best in his recent column published in The Morning Sun.

Engler describes a Mount Pleasant that once thrived with the student population - along with plenty of opportunities for work in the oil and farming industries.

Those opportunities for work are either gone or shrinking rapidly. The vacant storefronts along Mission and Pickard Streets tell a story of a community that needs help.

Big Boy, Pizza Hut, LaSenoritas, Tim Hortons, Ruby Tuesdays, Kroger, JC Penny, Sears and Merchantile Bank are just the latest victims.

Students must show some love for our community before there isn't a community left to love.

The best way to express it is to support the people who live and work here.

Over the weekend, Green Tree Cooperative Market hosted a grand opening to celebrate its move into the newly constructed 410 W Broadway location. It's the newest development for a business that has served the Mount Pleasant community for nearly 50 years.

On the other side of town, the local Taco Boy is fighting for survival with the planning commission over keeping its drive-thru open. Shirts that say "Save Taco Boy" are selling out because community members refuse to see another local business die.

It's businesses like these that give Mount Pleasant its unique identity.

Don't let them become another vacant storefront.

Shop local to support and save this city.

EDITORIAL STAFF

EDITOR-IN-CHIEF..... Michael Livingston
NEWS EDITORS..... Aurora Rae
Makayla Coffee
SPORTS EDITOR.....Christian Booher
PHOTO EDITOR..... Layla Blahnik-Thoune
PODCAST EDITOR.....Mike Gonzalez
ENGAGEMENT EDITOR.....Leona Falconer
INVESTIGATIVE EDITOR..... Courtney Pedersen
COPY EDITOR.....Jordan Agosta
PRESENTATION EDITOR.....Stephanie Chipman
DESIGNERS.....Caroline Sharbaugh
Tyler Clark
REPORTERS ..... Patrick Bouman
McKenna Golat
Jill Harrington
Noah Wulbrecht
Gina Hofbauer
Collin Perriat
Taelor Davis
Zach Kortge
Zipporah Abarca
Breanna Prince
Sean Chase
Ashley Birkeness
Megan Youngblood
PHOTOGRAPHERS..... Nate Pappas
Andrew Travis
Addie Wachter
Ashley Morse
VIDEOGRAPHERS..... Alex Adam
Danielle Coury
Brody Britton
Austin Maung

ADVERTISING STAFF

AD MANAGER .....Ainsley Young
ASSISTANT AD MANAGER ..... Russell Vollick
ACCOUNT MANAGERS.....Ally Cole
Dylan Polcyn
Harlan Platek
Julia Springer
Katelyn Wiseman
Marin McDougall

All letters to the editor or guest columns must include a name, address, affiliation (if any) and phone number for verification. Anonymous letters will not be printed, except under extraordinary circumstances. CM Life reserves the right to edit all letters and columns for style, length, libel, redundancy, clarity, civility and accuracy. Letters should be no more than 450 words in length. Longer guest columns may be submitted but must remain under 750 words. Published versions may be shorter than the original submission. CM Life reserves the right to print any original content as a letter or guest column. Please allow up to five days for a staff response, which will include an expected date of publication. Submission does not guarantee publication.

Central Michigan Life, the independent voice of Central Michigan University, is edited and published by students of Central Michigan University every Thursday during the fall and spring semesters. The newspaper's online edition, cm-life.com, contains all of the material published in print, and is updated on an as-needed basis.

Central Michigan Life serves the CMU and Mount Pleasant communities, and is under the jurisdiction of the independent Student Media Board of Directors. Dave Clark serves as Director of Student Media at CMU and is the adviser to the newspaper. Articles and opinions do not necessarily reflect the position or opinions of Central Michigan University. *Central Michigan Life* is a member of the Associated Press, the Michigan Press Association, the Michigan Collegiate Press Association, the Associated Collegiate Press, College Newspaper Business & Advertising Managers Association, the Mount Pleasant Area Chamber of Commerce, Central Michigan Home Builders Association, Mount Pleasant Housing Association and the Mount Pleasant Downtown Business Association. The newspaper's online provider is SN Works.

Central Michigan Life is distributed throughout the campus and at numerous locations throughout Mount Pleasant. Non-university subscriptions are $75 per academic year. Back copies are available at 50 cents per copy, or $1 if mailed. Photocopies of stories are 25 cents each. Digital copies of photographs published in *Central Michigan Life* are available upon request at specified costs.

Central Michigan Life's editorial and business offices are located at 436 Moore Hall, Central Michigan University, Mount Pleasant, MI 48859, telephone (989) 774-3493 or 774-LIFE.

LETTER TO THE EDITOR

Why you should engage in Black History Month programming

TO THE EDITOR:

Each year as the week for the annual Dr. Martin Luther King, Jr., celebration comes about, Multicultural Academic Student Services (MASS) is beguiled with excitement.

The week of activities is generally our biggest week of the year, so there's a bit of pressure to get it right. Even though the planning process for the week is long and often faces many hurdles, thankfully we have amazing campus partners who have our back and it always comes through in the end.

It's hard not to take immense pride in seeing (in pre-COVID-19 times) more than 750 members of the Central Michigan University community come together to embrace the legacy of Dr. King, all as one. However, I can't help but wonder, what happens to that level of excitement at the end of the week?

The difference in time between MLK Week and Black History Month is 15 days. The difference in attendance between MLK Week and Black History Month (or any other cultural heritage month) is in the 100s.

Keeping it simple, "where you at?"

WADE TOMSON

Every year we celebrate Hispanic Heritage Month, Native American Heritage Month, Black History Month, Asian Pacific American Heritage Month and Arab American Heritage Month. The goal that we in the MASS office put on our programs is to "Celebrate, Educate, Activate and Advocate."

Some of our programs are pure celebrations of the culture, while others are more educational in nature so those who do not share in the culture we are honoring can learn to be better allies. We hope that through our programs, students feel activated to walk with confidence on this campus and fully express their culture. We also hope that students feel that as we talk about their cultures, we are advocating for a larger space for them on campus.

These are not actions we can do alone; we need the entire CMU community to engage and support or the actions go nowhere.

This February, as we celebrate Black History Month, we have chosen to follow the theme established by the Association for the Study of African American Life and History, "Black Health and Wellness."

While it would be easy to just focus on the obvious areas of physical health and mental health, we have decided to approach the month in a more holistic manner.

We are following the Wellness Wheel model and will also have events focused on intellectual, emotional, occupational, environmental, fiscal, spiritual, physical and social wellness.

The full list of events can be found on our website and all of our social media.

Don't let MLK Week be the only time you show passion for equity and inclusion, it's more than just one week, it's a continued commitment.

WADE TOMSON
Office of Multicultural Academic Student Services Assistant Director

WHAT'S YOUR OPINION?

All letters to the editor or guest columns must include a name, address, affiliation (if any) and phone number for verification. Anonymous letters will not be printed, except under extraordinary circumstances. CM Life reserves the right to edit all letters and columns for style, length, libel, redundancy, clarity, civility and accuracy. Letters should be no more than 450 words in length. Longer guest columns may be submitted but must remain under 750 words. CM Life reserves the right to print any original content as a letter or guest column. Submission does not guarantee publication.

CENTRAL MICHIGAN LIFE CLASSIFIEDS

CM-LIFE.COM/CLASSIFIEDS

436 MOORE HALL, CMU, MOUNT PLEASANT, MI 48859
P: 989-774-LIFE F: 989-774-7805 E: ADVERTISING@CM-LIFE.COM

$15/WEEK/3 LINES/15 WORDS • $75/WEEK/ UNLIMITED LINES
$10/WEEK/ ADD: BOLDING, HIGHLIGHT COLOR & BOX

FOR RENT

3, 4 and 5 Person
2022/2023 -- Walk to Class!
Locally owned and managed.
No hidden fees, No application fee, No utility fees.
www.qualityapts.com
(989)772-3894

1 TO 6 PERSON APTS.
Furnished, Short & Long Term Leases
FREE WiFi
Available 2022/2023
(989)772-2222
www.LiveWithUnited.com
http://www.LiveWithUnited.com

MEDICAL

VIAGRA and CIALIS USERS! 50 Generic Pills SPECIAL $99.00 100% guaranteed. 24/7 CALL NOW! 888-835-7273 Hablamos Espanol

Aloe Care Health, medical alert system. The most advanced medical alert product on the market. Voice-activated! No wi-fi needed! Special offer -call and mention offer code CARE20 to get $20 off Mobile Companion. Call today 1-877-542-1384

BUSINESS SERVICES

METAL ROOFING regular and shingle style, HALF OFF SPECIAL COLORS! Lifetime asphalt shingles. Licensed and insured builders. Pole Buildings. Quality work for 40 years! AMISH CREW. 517-575-3695.

HELP WANTED

University Professor seeks a Caregiver for a mature limited mobility male senior citizen. Caregiver's Responsibilities: providing almost total care with daily living activities. 5 minutes from CMU campus. Apply by phone: 313-623-1468 or Email: extra.ideas@hotmail.com

INSURANCE

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for [350+] procedures. Real dental insurance -NOT just a discount plan. [Don't wait!] Call now! Get your FREE Dental Information Kit with all the details! 1-877-253-3162 www.dental50plus.com/55 #6258

AUCTIONS

HUGE SALE! Friday, February 11 !
Used DVD'S-2.00 off! (from 99 cents)
Used Blu-Ray movies!
Record Albums from $1.00!!
50-cent VHS MOVIES – 1,000's in stock!
Used Games -- PS3, PS4, Xbox One, 360, & Wii -- ALL $2.00 off!
Used Video Game Players! C.D.'s-$2.00 off!
NEW & USED -- TV'S & STEREOS!
$25 OFF HOME SPEAKERS--Paradigm!
We do HOME INSTALLS!
Karaoke & PA systems – rent / for sale! Alpine Car stereo/Remote Starters
FREE LAYAWAY!
Main Street Audio/Video, 701 N. Mission Mt. Pleasant, 989-773-7370.

Multiple online auctions featuring Vehicles; Farm Toys; Nascar items; Ammo; Tools; Collectibles and much more! Details and photos at: Bid.SherwoodAuctionServiceLLC.com Call auctioneer Joe Sherwood for all your auction needs 1-800-835-0495.

Gun & Ammo winter auction happening now! For complete auction calendar or to bid visit www.JohnPeckAuctions.com Conducting statewide auctions all year. Looking to sell your guns? John Peck Auctions 989-426-8061.

MISCELLANEOUS

An AMISH LOG HEADBOARD AND Queen Pillow Top Mattress Set. Brand new-never used, sell all for $375. Call anytime 989-923-1278

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 877-401-2404

Beds-Beds-Beds! Mattresses any size and any comfort. Delivery anywhere in Michigan DanDantheMattressMan.com

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-844-369-2501

GENERAC Standby Generators provide backup power during utility power outages, so your home and family stay safe and comfortable. Prepare now. Free 7-year extended warranty ($695 value!). Request a free quote today! Call for additional terms and conditions. 1-855-922-0420.

Looking for assisted living, memory care, or independent living? A Place for Mom simplifies the process of finding senior living at no cost to your family. Call 1-888-978-0584 today!

MISCELLANEOUS

Replace your roof with the best looking and longest lasting material – steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer - $500 Discount + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-888-718-1856

The Generac PWRcell, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. $0 Down Financing Option. Request a FREE, no obligation, quote today. Call 1-855-476-9698

TV & INTERNET

DISH Network. $64.99 for 190 Channels! Blazing Fast Internet, $19.99/mo. (where available.) Switch & Get a FREE $100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-866-950-6757

DIRECTV for $69.99/mo for 12 months with CHOICE Package. Watch your favorite live sports, news & entertainment anywhere. One year of HBO Max FREE. Directv is #1 in Customer Satisfaction (JD Power & Assoc.) Call for more details! (some restrictions apply) Call 1-888-351-0154

Valentine

Love Lines

To Mo
You are the love of my life! You bring me joy each and everyday. I always enjoy our morning breakfast chats. You bring a sense of love, faith and calmness.
From Katie

To, Jacob
I wrote Valentine's message for you in the CMU newspaper… and it was all yellowww. ;) Love you lots!
From, Olivia

Happy Valentine's Day Dylan❤️

You're my best friend in the entire world and I couldn't do this without you Ty, I love you. Happy Valentine's Day!
Love, Cassidy

Remington is way better than Evan Stehlik… Love your old roommate Daniel :)

To: Ruby G HAPPY VALENTINES DAY From: Dad

Kensley S. you are the best, love you!!

TO: Anna
FROM: Brantae
Best roommate ever! So lucky to have you… Happy V-Day!

To: Kassidy D. Love you 299!!!!❤️❤️❤️

Even if you're a Mob Fish, you'll always be Mr. Krabs in my heart! And I'm not acting!

Derrick, Things only get better with you. I'm so excited for our future❤️
-Mario

TO LEX: i love you i hope u have a happy v-day w flowers - maddie :)

To Hailey Kluge From Emily Carlton
Hey best friend happy Galentine's Day. I love you tons!

love you chicken butt! thank you for being the best thing in my life, happy valentine's day & many more to us both❤️-h

Austin,
I was blessed with the privilege to love you and the greatest honor of holding you close. Happy Valentine's Day.
Nova

Happy Valentine's Day to the best granddaughters on the planet. Gigi loves you to the moon and back, Fifi and Izzi!

Sign me on! Sign me on! Sign me on…to your love, my awesome snuggler!

Emma Pufahl, Katie Anderson, and Lauren Canary are the best roommates. Love y'all! -Ally

JCE, I Wuv you and my pizza! Happy Valentines Day!
❤️🐾 Bentley

To Cassie Kim: Love ya!! From: your favorite person in Anspach.

Love yourself

Hi Maddie! I'm so proud of everything you do. You are amazing! I love you!

Happy Valentine's Day Owen Smith. I love you tons and tons! Love, Lex :)

I love you VSCO!

Nadia,
"When the teacher is ready, the student will disappear." -Tzu
You're ready.
Love,
Natalie

Isa & Fabi, thanks for being the best roomies.

Matt, here's to our first Valentine's together! Blessed you're in my life.
XOXO, Stacy❤️

To: Todd Brewer-25 years later-You are still my favorite CMU Valentine! I Love you! From: Katie

To All, May the FORCE be with you!
From All, The Force

Friends! Love you❤️

Zach, I love you soso much. Here's to many more Valentine's Days.❤️Tori

Dane Parlier makes my heart beat out of my chest. I love you little ladybug.

To: Katie
From: Morgan
Thank you for being one of my biggest supports. I love you and am so thankful for you

@ My girls
Hey loves, Your love is something I will cherish forever! Continue to be your amazing selves! Love you Tooch

I love you roomie

To Aidan: I love you! I know I'll always have you to count on. You're my best friend and I can't wait to keep making memories with you. -Elizabeth

Russell - You are doing a great job in advertising!

Marissa, thank you for being so sweet and supportive day in and day out!! love ya! ~kenzie

To anyone who needs it, you are loved ❤️Keep doing amazing things!

To Lydia,
Thanks for being such a great friend!
From, Diana

Love you stefanie-Peter

To BrookE,
I'm so grateful to have you in my life. You are the sweetest CookiE
. - Hunter

It's been tough, but I believe in you. Stay true to yourself & fire up!

To Mia,
Thank you for always be down to hang.
From Bailey

To: everyone
Remember that there's someone who loves you. Valentine's day doesn't have to be about romantic love. Keep your friends in mind #hugahomie

To: BALLET FOLKLORICO DE LA LUZ
FROM: Jackie treasurer
I'm so proud of all of you! I'm grateful for every one of you! Thank you to our supporters:)

Happy birthday and happy Valentine's Day Ashlyn!! Love you! -Katey

Mel, Rylee, Mo, Ali, JC, Jodi, Grace and Emma! You are my girls and I can't imagine college without you. I am so grateful for our friendship that has grown these past two years. I love you guys and will always embarrass you any chance I get! I can't wait for more charcuterie board nights! Happy Galentine's Day❤️

To: Karris, Claire, Liv, and Brianna
From: Maria
I love you so much! Happy Valentine's day!!

To MaryClaire,

I see you walk in the library everyday. You are the most beautiful creature I've ever laid eyes on. I hope you have an amazing vday:) can't wait to see you go to the library again.

From
Your secret admirer

Hey, my Chiglee! How's about some free foot TICKOES? Love you lots, Eeeed

Babydoll,
Your brother says you are the "Golden Child," but to me you share your glimmer with those you love (especially with him). Thank you for all that you are and all that you do. Keep shining!
Love, Madre

Fly me to the moon with your base riffs, Valentine! In other words, "I Love You"!

Ma fille,
Il se passe tellement de choses passionnantes dans votre vie et je suis très heureux pour vous ! Vous êtes une tarte chérie de bout en bout. Continuez à faire briller votre petite lumière ! Amour, maman

Love you so much Sarah S. Highlight of my week❤️

To Josh and Jojo, hope you have a great Valentine's Day! Love you always, Mimi

To: Meghan T
You look so beautiful every day. Be mine❤️
From: secret love

Keep marching to the beat of the drum that makes you happiest! Love you!

BRINGING YOU THE BEST IN LIVE ENTERTAINMENT

COLLECTIVE SOUL WITH EVERCLEAR

SATURDAY, FEBRUARY 19 | 8:00PM
$35, $49, $63 & $69

JOEL MCHALE

FRIDAY, MARCH 11 | 8:00PM
$30, $42, $53 & $59

STYX

SATURDAY, MARCH 19 | 8:00PM
$44, $54, $72 & $78

CHICAGO

SATURDAY, APRIL 9 | 8:00PM
$59, $72, $85 & $92

SANTANA

SATURDAY, APRIL 16 | 8:00PM
$66.50, $98.50, $125.50 & $145.50

LEWIS BLACK: OFF THE RAILS

SATURDAY, APRIL 23 | 8:00PM
$32, $44, $55 & $61

THERESA CAPUTO

FRIDAY, APRIL 29 | 8:00PM
SOLD OUT SHOW!

EARTH, WIND & FIRE

SATURDAY, MAY 7 | 8:00PM
$54, $72, $85 & $92

Complete show lineup available at SoaringEagleCasino.com

Visit the Soaring Eagle Casino & Resort box office, purchase two or more tickets (*prior to day of show) to any show with cash or credit and receive **$20 in Premium Play** on the day of show.

Get your tickets at **Soaring Eagle Casino** or **Saganing Eagles Landing Casino Box Offices,** ETIX.COM or call 1.800.513.ETIX.

soaringeaglecasino.com Mt. Pleasant, MI | 1.888.7.EAGLE.7

Performances held at Soaring Eagle Casino & Resort in Mt. Pleasant, Michigan.
Entertainment subject to cancellation. Management reserves all rights.

SOARING EAGLE
CASINO & RESORT®