

THE CAVALIER DAILY

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Summer in review

Jake Gold and Maggie Servais | News Editors

June

June 20th

Martese Johnson, ABC settle lawsuit for \$250K:
University alumnus Martese Johnson settled a \$3 million lawsuit with the Virginia Department of Alcoholic Beverage Control. The lawsuit started in 2015 after Johnson was the subject of a bloody arrest outside Trinity Irish Pub. At the time of the lawsuit, Johnson was 20 years old, a third-year College student and a vice chair of the Honor Committee.

John Pappas / The Cavalier Daily



July

July 2nd

U.Va. names new police chief:
Tommye Sutton became chief of the University Police Department on Aug. 1, replacing then-Interim Chief Melissa Fielding and retired Chief Michael Gibson. Sutton had also worked at Vanderbilt University and the University of Chicago, and he is currently working towards his doctorate in higher education leadership from Concordia University Chicago.

July 5th

Fields indicted for federal hate crimes in Aug. 12 car attack:
James Fields Jr. — the white nationalist who drove his car into a crowd of counterprotesters at the Unite the Right rally last August, killing one and injuring dozens — was indicted for 29 counts of hate crime acts and one count of racially-motivated interference in federally-protected activities in late June. Fields later pleaded not guilty.

Alexis Grady / The Cavalier Daily



July 17th

City again renames downtown parks: Charlottesville City Council voted 4-1 in July to rename two City parks — Emancipation and Justice Parks — to Market Street Park and Court Square Park, respectively. Councilor Wes Bellamy, the sole dissenting vote, said the chosen names were “neutral” and represented the community’s “reluctance” to face controversy.

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THURSDAY 5:30-6:30pm Athletic Training 6:45-7:45pm Cardio Boxing	FRIDAY 6:00-7:00am Athletic Training 7:15-8:15am Athletic Training 9:15-10:15am Athletic Training 2:00-3:00pm Outdoor AT	SATURDAY NO CLASSES SUNDAY 5:30-6:30pm HIIT and Heavy Weights

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Aug. 3rd

U.Va. names new provost and chief operating officer: In early August, University President announced that Liz Magill and J.J. Wagner Davis will be appointed as provost and chief operating officer, respectively. Magill and Davis are the first women to serve in the roles.

Aug. 12th

Demonstrators protest against police on Unite the Right anniversary: After a rally in Booker T. Washington Park, a group of activists marched to the Downtown Mall to memorialize the murder of Heather Heyer on Aug. 12. After the protesters clashed with police at the entrance, Susan Bro — Heyer's mother — delivered remarks about her daughter's death. After the demonstrations, community members were decried the police presence as overzealous in a City Council listening session.

Aug. 12th

Thousands of counterprotesters vastly outnumber white supremacists at D.C. anniversary rally: Approximately two dozen individuals gathered in Lafayette Square across from the White House on Aug. 12 to commemorate the deadly Unite the Right rally last August in Charlottesville. Although a much larger demonstration was expected — the rally's permit estimated between 100 and 400 protesters — the white supremacist demonstrators were greatly outnumbered by thousands of counterprotesters, who assembled in the opposite side of the park, separated by police and barricades.

Aug. 23rd

Tim Heaphy named as U.Va.'s top lawyer: Tim Heaphy, the former U.S. attorney who led a third-party critical review of the law enforcement response to last summer's white supremacist rallies in Charlottesville, will soon become U.Va.'s top lawyer. The University Counsel — appointed by Virginia's attorney general — is responsible for representing the University in its legal affairs and providing legal advice for the University's administration, faculty and staff.

Aug. 11th

U.Va. Students United rally draws hundreds, moves across Grounds: Hundreds of demonstrators gathered on Aug. 11 — the anniversary of torch-carrying white supremacists marching and attacking students on Grounds — at a U.Va. Students United rally against white supremacy and an increased police presence in Charlottesville over the anniversary weekend. Originally planned for the North Plaza of the Rotunda, the protest quickly relocated to the grass triangle beside Brooks Hall and eventually moved down Rugby Road.



Andrew Walsh / The Cavalier Daily

August

Aug. 1st

Jim Ryan takes office: University President Jim Ryan took office on Aug. 1, replacing former President Teresa Sullivan and becoming the University's ninth president. Ryan, a graduate of the School of Law and a former member of the school's faculty, previously served as dean of the Harvard Graduate School of Education.



Geremia DiMarco / The Cavalier Daily

July 31st

Mike Murphy promoted to interim city manager: In a closed session, Charlottesville City Council tapped Assistant City Manager Mike Murphy to become interim city manager, replacing outgoing City Manager Maurice Jones. Council decided in late May not to renew Jones' contract, citing a need for "a fresh perspectives and a new direction."



Courtesy City of Charlottesville

July 30th

In protest of hiring of former Trump aide, two U.Va. Miller Center historians resign: Two days before Marc Short — the former director of legislative affairs for President Donald Trump — began his paid senior fellowship with the Miller Center at U.Va., History Profs. William Hitchcock and Melvyn Leffler announced their resignations from their professorships at the Center. Short's hiring drew widespread backlash from the University community, including over 4,200 signatures on multiple petitions.

Bipartisan effort registers 400 voters during move-in

Student Council, College Republicans, University Democrats joined with several other organizations

Jake Gold | News Editor

In a show of bipartisan civic engagement, Student Council's Legislative Affairs Committee brought together University Democrats, College Republicans and over one dozen other local and state organizations this past weekend to register incoming first-years to vote at their new addresses.

With their collective efforts outside first-year dorms, the organizations worked with Indivisible Charlottesville, Charlottesville Democrats, the League of Women Voters and others groups to register approximately 425 students as they moved into the University. The registrations come ahead of the Oct. 15 deadline to register to vote prior to the midterm elections in November.

"Every time we get a U.Va. student to register or update their registration, it's always really exciting," Alex Hendel, a third-year Batten student and Student Council Legislative Affairs Committee vice-chair for civic engagement, wrote to The Cavalier Daily after the event.

The true number of new registrants is likely greater than the number of forms submitted, Hendel added. The voter registration forms collected by volunteers ask for Social Security number — a personal detail some may have felt uncomfortable divulging, according to Hendel — so volunteers carried flyers with the online voter registration URL.

University Democrats Campaign Chair Jackson Samples, a third-year College student leading the effort for the organization, said the groups were working together to help students be politically active, regardless of their partisan leanings.

"Our main goal is literally just to register as many students as possible, because we believe that a civically engaged campus is the best one," Samples said. "Doing it on move-in weekend is a very efficient way to do it."

Robert Andrews, a fourth-year College student and College Republicans chairman, agreed on the importance of Student Council's bipartisan push for civic en-

gagement.

"It shows how, despite all of our differences, we're committed to a common goal of getting people involved in the political process," Andrews said. "And, I think with all of the division these days, it's good that we can still rally around the common point in getting fellow students to be active, rather than be apathetic."

As required by federal law, the University itself assists in registering students to vote by distributing registration information by email. Andrews says the practice isn't enough, citing other institutions with offices dedicated to helping students register to vote.

"Other universities, particularly in Virginia, have departments dedicated to civic engagement among students, so I feel that — as a leader of institutions that U.Va. is — it would be important for them to take more of a role," Andrews said. "And that's not a knock on the University by any means, they're very busy and they have a lot of responsibilities

to meet. So I feel that it's up to us as students to make them aware of these structural issues when it comes to civic engagement."

Beyond addressing voter registration difficulties, Student Council is working with University Democrats and College Republicans to eliminate another barrier to students who want to vote — exams. The three organizations circulated a petition to faculty members in early August, asking they not hold midterm examinations during the midterm elections on Nov. 6. At press time, the petition had 58 faculty signatures.

"Every year, hundreds of UVA students in several large, core lectures take tests on Election Day that seriously impede their ability to participate in the political process," the petition reads. "Young people have consistently had lower voter turnout rates than other age groups, and exams on Election Day compound existing difficulties and drive these rates further down."

Petition signatory and Assoc. History Prof. Andrew Kahrl told

The Cavalier Daily he does not hold exams — or even classes — on Election Day.

"I think it would be really hypocritical of me, as a professor, to spend the balance of my semester trying to impart knowledge and critical thinking skills that a student would need to become an informed and engaged citizen, and then at the same time put in place barriers that would make it harder to exercise one of the most critical functions of being a member of society, which is voting," Kahrl said.

Kahrl added that administration should bar classes University-wide on Election Day.

"They should set an example for our students and for the nation by not having class on Election Day," Kahrl said. "I think that the only way we're ever going to get to a point where Election Day becomes a national holiday is when universities and employers and other institutions make a point of allowing and encouraging their employees and their students to vote by not putting barriers in the way."

Activities Fair stays in Amphitheatre and South Lawn

Student Council penned a letter in May requesting the event be moved for accessibility and crowding concerns

Emma Bradford | Associate News Editor



CHRISTINA ANTON | THE CAVALIER DAILY

Hundreds of students crowded South Lawn midday Monday to explore the many student organizations on Grounds.

The Fall Activities Fair was held Monday on the South Lawn and Amphitheatre, despite Student Council's efforts to move the event to the

full Lawn last semester. Ty Zirkle, a fourth-year College student and the Student Council vice president for organizations, said the proposal was

ultimately met with "insurmountable concerns that [the change] would pose too much of an inconvenience to students."

To help combat crowds and overheating, Student Council opted to extend the Fair by one hour and used a large tent in the Amphitheatre.

In May, Student Council penned a letter to incoming Lawn residents calling for the new venue, citing the logistical improvements that would come with moving the fair to the entirety of the Lawn. The letter notes that the change would give the 400 student groups that attend more room to spread out and diminish overall crowding and overheating. The Lawn was also described as more accessible, with more ramps and footpaths leading towards it when compared to the Amphitheatre.

"From a logistical standpoint, we also welcomed the potential for a larger, connected event area that might partially alleviate issues of crowding that can seem overwhelming," Zirkle said in an email to The Cavalier Daily. "We also hoped that the use of ramps would make the entirety of the event on the Lawn more easily accessible

than the current accessible route between the Amphitheatre and the Lawn."

The letter included a petition, which garnered 42 signatures from the 54 incoming Lawn residents.

Student Council noted that — in open-ended surveys soliciting feedback after the Fall Activities Fair last year — approximately half of respondents gave complaints that would be addressed by moving the event, like overheating or crowds.

"New students, for whom the first weekend of college may already prove stressful, often find the Activities Fair overwhelming and consequently too inaccessible to navigate the entire event," the letter reads. "The three-quarters of the Lawn that remain unused during the Activities Fair afford considerably more shade and, importantly, more space to reduce crowding between tables."

The letter also adds there may be a symbolic importance to holding the Activities Fair on the Lawn.

"Few events could better represent the interconnectedness of our community than thousands of students spread from the statue of Homer to the steps

of the Rotunda, building connections and starting their careers as public citizens," it reads.

While some events are hosted on the Lawn, Deputy University Spokesperson Wes Hester said University policy bars most of the residential Lawn from being used for other events.

"The Lawn is primarily a residential community for faculty and students," Hester said in an email to The Cavalier Daily. "The University strictly limits any events held there during the academic term (i.e., when students and faculty are in residence) to a few pan-University community events such as Lighting of the Lawn, Rotunda Sing, the Bicentennial celebration, Convocation and Final Exercises."

Zirkle said that Student Council will continue to pursue the location change for future years.

"Student Council will continue to pursue improvements of all kinds to the Activities Fair, including the venue," he said. "We still believe that hosting the Activities Fair on the Lawn would be an enriching experience for the student body."

President's Commission on Slavery releases 2018 report

Among other proposals, the President's Commission on Slavery and the University's report suggests memorials and research endowments

Colleen Schinderle | Senior Writer

The President's Commission on Slavery and the University released its cumulative 2018 report in late July, which outlines five years of research into U.Va.'s long record of abusing African-American enslaved laborers and makes suggestions for how the University can seek atonement for its wrongdoings.

The report suggests ways the University can facilitate understanding about its history, including expanding the Cornerstone Summer Institute, a history-based summer program for high schoolers, renovating McGuffey Cottage — a former residence for enslaved laborers — and establishing a research endowment to support the University's "evolving understanding of its early history." Additionally, the report recommends the University create a staff position dedicated to outreach and engagement with descendants of the University's enslaved laborers.

The commission behind the report — established by former University President Teresa Sullivan five years ago — aims to "engender a national conversation about our own past, one that moves beyond campuses and changes general public understandings," according to the report.

The report was created by committee co-chairs Marcus L. Martin — vice president and chief officer for diversity and equity — and Asst. Dean and History Prof. Kirt von Daacke, as well as several other University staff members, alumni and community members.

The commission reflected on the history of slavery at the University, acknowledging that it is "not a South African truth and reconciliation commission, but [it has] been deeply informed by a similar restorative justice model" that the South African government created at the end of its apartheid — a highly-institutionalized practice of racial segregation — in the 20th century.

The report makes several acknowledgments about the University's history, referencing the 607 slaves owned by U.Va. founder Thomas Jefferson over the course of his life, as well as naming some of the enslaved laborers who were involved in the construction of the University.

In an email to The Cavalier Daily, von Daacke said that even with a background in history, there were several findings made by the commission that spoke powerfully to him.

One such finding, he noted, was that the University tapped into "a highly commodified regional net-



COURTESY OF UNIVERSITY OF VIRGINIA

Designed to memorialize the thousands of individuals who built and maintained the University, the Memorial to Enslaved Laborers will sit near Brooks Hall.

work in renting human beings," and spent \$50,000 over nearly 50 years on "slavery-related costs" — in today's dollars, that number could be over \$37 million.

"UVA quickly became an incubator for southern pro-slavery and white supremacist thought. The informed activist citizens UVA created before 1865 were dedicated in large measure to protecting and expanding slavery and to ensuring that white Americans would not share citizenship with non-whites (and would in fact perpetually rule over them)," von Daacke said.

One section of the report details the violence enslaved laborers endured during their time on University property, noting that "on a daily basis, there were numerous acts of harassment."

In the wake of these historical atrocities and the mark they have left on the University, the commission was formed to determine how the University can contextualize and memorialize its slaveholding past.

The subsequent investigation was challenging. The research project was massive — there were nearly 100 separate financial ledgers to parse, with dozens of faculty journals and student papers. There were also thousands of pages of

letters and diaries from former students or residents of the University. With all that in mind, von Daacke noted, "you begin to get an idea of just how much material had to be sifted through."

From that research came some major changes to the University's handling of its past. Among other initiatives, PCSU says it was able to hire a postdoctoral research associate, release "Unearthed and Understood" — a 2014 short documentary film about the committee's efforts — and get the Memorial to Enslaved Laborers approved by the Board of Visitors. The memorial is scheduled to begin construction in September, and University Spokesperson Anthony de Bruyn said the project is in the bidding phase.

The report also lists future directions for the University concerning its history with slavery. Establishing scholarship programs — with the explicit goal of making a "visible commitment to increasing the number of African American students who enroll" — and continuing with community engagement efforts are among those mentioned.

Several other universities have also confronted their slaveholding pasts recently by conducting sim-

ilar investigations and releasing similar reports. Brown University's Center for the Study of Slavery and Justice and the College of William and Mary's Lemon Project are just a few examples.

The University has been in collaboration with both of these schools as well as over 42 other academic institutions through Universities Studying Slavery, an organization that allows institutions to collaborate in researching and rectifying their slaveholding pasts.

Commission staff member Meghan S. Faulkner, assistant to the vice president and chief officer for diversity and equity for programs and projects, wrote in an email to The Cavalier Daily that she felt pride having been able to take part in the group's efforts.

"Before the PCSU was formed, there were a total of two research papers — one by a UVA undergraduate and one by a local historian — that had been written on the topic of slavery and the University of Virginia," she said. "I am proud to have been part of a group that has greatly added to that body of knowledge."

She also wrote that she was impressed with the way the commission worked within the greater Charlottesville community.

Looking to the future, Faulkner said that she hoped the report would provide insight and guidance for the President's Commission on the University in the Age of Segregation, which formed this past February.

"It will certainly help that, as the PCSU recommended, there is a certain level of carryover in membership from the PCSU to the PCUAS, which I believe will build upon the trust that has been built in the local community," Faulkner said. "That trust will be as important, or perhaps even more important, in the work of the new commission."

Von Daacke also expressed optimism in regards to the report's reception and the commission's work.

"I'm confident that the recommendations will be well-received, as they are organic outcomes of five years of community engagement, listening, dialogue, and learning," von Daacke said. "I also think that our recommendations are quite consonant with the university's twenty-first century ethos. Some of those recommendations are already, unsurprisingly, being met."



BSA begins year with Welcome Week events

The Black Student Alliance looks to build community with an event every day

Faith Schweikert | Feature Writer

As both new and returning students bustle around Grounds looking to join clubs and organizations, the Black Student Alliance is continuing its tradition of hosting events every day of the first week of classes.

“Everyone [at BSA] ... their main goal is to make sure that they can create a community that welcomes everyone else,” said Deja Wortham, a fourth-year College student and BSA special events chair. “Everyone’s on the same page of just wanting to get people involved and make everybody feel like they’re wanted here at the University.”

The 49-year-old Contracted Independent Organization, which boasts nearly 900 members, has planned their Welcome Week celebration to overlap with the University Program Coun-

cil’s Welcome Week, which runs from Aug. 24 to Aug. 31. The BSA will hold official events across Grounds every day from Aug. 28 to Sept. 3, making them the only club to do so during that time period.

BSA President Keiara Price, a third-year College student, said it could be difficult for first-years who come to the University without knowing anyone to adjust.

“We’re kind of hoping that we can ease that tension by providing a week full of events — meaning a week full of opportunities — for students to find friends that they can relate to so that they feel comfortable to branch out later on in the year,” Price said.

The organization’s goal is to interact with the black community in and around Grounds in a way that increases social and political engage-

ment of black students at the University. Wortham said they see Welcome Week as the ideal time to both create a community for students who may not yet see where they might fit in at UVA and ring in the new year in a relaxed way.

“It can be a big shock for many black students coming into a space that is predominately white,” Price said. “I think it’s really important to have someone that looks like them ... It does ease some sort of worry when you can say that black students are here. This push [with events everyday] is very much so students can feel welcome.”

BSA’s Welcome Week, which has been in the works since the end of last semester, is comprised of seven events including The Source, which includes the annual minority-centered activ-

ities fair and multicultural performances by student groups like ReMiX and Black Voices. Other events include an ice cream social co-sponsored by the National Panhellenic Council, a relaxed game night at 1515, a karaoke night at Pizza Hut, a tailgate for the first football game, a movie night and an academic advising session.

“I know that I’ve heard before that some people say that they feel like in order to be in the black community you have to go to parties, you have to do this and that,” Wortham said. “But it doesn’t have to be like that. You can come to 1515 and just relax or go and get some ice cream but be near your dorms and meet people at the same time.”

As special events chair, Wortham is responsible for planning a variety of events that students will enjoy.

She currently oversees a committee of about 20 students, which is the largest group she’s seen in her time on Grounds.

“Everyone at BSA [is] excited to meet the incoming students and everybody is just happy to help people and welcome them with open arms,” Wortham said.

The organization emphasizes that while their mission is to serve the black community, their goal is that in doing so, they are welcoming and open to all people as long as they come in willing to learn and grow. All of the events are free and accessible.

“We really want the first week to solidify that you have a community, there is a chance for bonding, that you will have people to fall back on, that you have resources — that’s one of the biggest things,” Price said.

The Castle reopens as a veggie-friendly restaurant

Dining spot serves up a ‘plant forward’ menu

Neha Kulkarni | Feature Writer

For many years, The Castle reigned as a classic late-night spot primarily for Old Dorms students to get a variety of snacks, like chips, burgers and sodas. But following this past year’s renovations, Bonnycastle is officially coming back with a twist — this is the first year The Castle will be operating as a vegan, vegetarian and gluten-free-friendly dining space.

For many students on Grounds who sometimes struggle to find a healthy variety of dining options that fit their dietary needs, this change represents a huge win.

“The inspiration for a plant forward menu came from student feedback and requests,” Scott Aebersold, Aramark marketing manager for UVA Dining, said in an email. “We have heard from students that they would like a flagship healthy dining room on Grounds. The Castle’s unique ability to allow for self-order personalization will allow guests to create a large selection of healthy, vegan and vegetarian options to their unique tastes.”

The concept was tested in the O’Hill Dining Hall, in which selections from the Castle menu were offered at “The Castle Test Kitchen” station. Through student feedback, organizers were able to become more selective about which dishes would make the final, student-driven menu.

Third-year College student Mia Brandon said The Castle’s options have motivated her to make healthier dietary choices.

“Within my first semester of classes, I was exposed to personal topics in an ENWR that persuaded me to try a plant based and reduced meat diet,” Brandon said. “I stuck with it for a long time and tried different things out. Now, I am a third-year looking forward to going back. With The Castle offering this plant based cuisine, I’m quite excited for the new space to hang out and variety so people can try what I want to become my new lifestyle.”

Aebersold said the restaurant was made to be “plant forward,” in order to be unique from other dining spaces on Grounds.

“[The] Castle’s menu allows for all of the items to be built in a made to order fashion,” Aebersold said. “This will encourage students with specific dining preferences to pick and choose their ingredients in which ever manner they see fit for their life style. This addition will help accommodate those guests who are seeking vegetarian, vegan, or gluten free options.”

The re-opening of Bonnycastle will accommodate many students, particularly those living in Old Dorms.

“I’m really excited, living in Kent Dabney [as an RA], which

is right next to Bonnycastle,” said third-year Commerce student Urja Jariwala. “It’s really great to know that there is a food source right next you, and I think its hours are decently long enough ... It’s also friendly to vegan, vegetarian and gluten-free diets, so that’s amazing.”

Jariwala said she thought that

Bonnycastle’s reopening will benefit students living far from Central Grounds.

Jariwala said that when she lived in New Dorms, she had always viewed Crossroads as the go-to for late night snacks and knew students in Old Dorms viewed Bonnycastle as their late night food option.

“When I think about the people who live around Runk, unless they come down to Crossroads, they don’t really have a food place like that,” Jariwala said. “So that should be the next goal, I think, is to create a late-night food source next to [Johnson Malone Weedon], Gooch Dillard and Hereford.”



ANDREW WALSH | THE CAVALIER DAILY

After a year of renovations, The Castle returned to expand the University’s vegan, vegetarian and gluten-free options.

Amp up your favorite dining hall dessert

Incoming first-year advice: Use the ice cream machines while your access is unlimited

Maddie McNamee | Food Columnist

It is no secret that starting college can be stressful. Even at the beginning of the school year, when classes should merely be introductions and coursework should be minimal, there is still the additional anxiety of moving in and making new friends. In times of such stress, I have one confidant that has followed me all the way to college and continues to heal all worries — ice cream. Not only does the sweetness distract from the pressures of first year, but it is also an ideal indulgence for the summer humidity and heat of old dorms.

Fortunately, each dining hall is equipped with a chocolate and vanilla soft serve machine. Some may tire of these flavors quickly, but luckily there are other resources in the dining halls to help embrace your inner Ben and Jerry and amp up the ice cream. While

the stress of college is no secret, here are five “secret menu” ice cream creations that will make you want to utilize your unlimited swipes first year.

1. Cookie Ice Cream Sandwich

One of the latest foodie trends is ice cream sandwiches between two cookies. No need for some Instagram-worthy bakery though, because the dining hall dessert station will do just fine. Grab two cookies of your choice and release your desired amount of soft serve onto the bottom side of one, and then place the other cookie on top. For a classic, choose chocolate chip cookies and fill with vanilla ice cream. Another favorite is peanut butter cookies filled with chocolate ice cream, but feel free to grab two different cookies and mix and match flavors.

2. Reese's Ice Cream

It may sound elementary, but

peanut butter and chocolate is a first-year essential. Simply get a generous amount of chocolate ice cream in a cup, then stir in a copious amount of peanut butter from the sandwich station. Make sure to swirl it with a spoon and obtain a frosty-like consistency for maximum satisfaction. This dessert is so addicting, you'll be able to master a flawless ratio of peanut butter to chocolate in no time.

3. Brownie Sundae

The dining hall dessert station may just be partially responsible for the “freshman 15,” but the benefits of this dessert sure outweigh any additional pounds. Place a fudge brownie on a plate then cover it with the ice cream flavor of your choosing. Top it off with chocolate sauce, sprinkles or even granola from the yogurt bar. You can even make it a brownie banana split

by heading over to the fruit selections. For literal “brownie points,” heat up the brownie in the microwave first so the ice cream gets a little melty once added.

4. Flurries

The various stations in the dining hall allow for various mix-ins for your ice cream, which means plentiful drool-worthy Flurries. Simply take Oreos, broken brownie bits, cookie pieces, nuts, even frosting from cake and grab a spoon to swirl it into your soft serve. Grab a muffin and crumble it up if you want to pretend to be “healthy,” or treat yourself and combine numerous aforementioned ingredients. The options are endless when your swipes are unlimited.

5. Soda Floats

An old time delicacy for a time of young opportunities. There's no better

way to bond with new friends than over the classic embodiment of a sugar rush. Swirl some vanilla soft serve in your cup and then head to the soda fountains to fill the rest up with the soda of your choice. Root beer floats are never a bad decision, but college is a time for branching out, so seek out new adventures with the array of sodas and juices supplied by the dining halls. Mountain Dew for the caffeine boost? Fruity Fanta floats? Guava juice and ice cream? Could be interesting.

Like the dining halls, first year is a time for exploration. Make the most out of what you are given. Whether it be in your ice cream or in new friendships, take new opportunities when they arise and just go for it. Chances are it'll be pretty sweet.

U.Va. opens new Starbucks location in Newcomb Hall

Starbucks replaces In the Nood, Wahoo Nori to open in Pavilion XI

Julie Bond and Natalie Seo | Life Editors

With lines out the door, the old In the Nood location often saw students patiently waiting to use their Plus Dollars and meal swipes on noodles and sushi. This fall, this section of Newcomb Hall will keep the lines but lose the meals as University Dining opens its second on-Grounds Starbucks location.

The new Starbucks location opened Aug. 22. The coffeehouse took the place of In the Nood, where students could previously purchase sushi and Asian fusion dishes. A new University Dining-run location, Wahoo Nori, will open in Pavilion XI and feature some of the favorite items from the old In the Nood menu, namely sushi and poke. Dumplings and other noodle dishes from In the Nood will be available at the Fresh Food Company dining hall in Newcomb, with Dumpling Tuesdays becoming a regular event.

The new location will be open 7 a.m. to 10 p.m. Monday through Thursday, 7 a.m. to 7 p.m. on Fridays, 8 a.m. to 6 p.m. on Saturdays, and 8 a.m. to 10 p.m. on Sundays.

Aramark Marketing Manager Scott Aebersold said they were considering keeping the store open 24 hours a day during finals, since it has exterior doors and could remain open when Newcomb closes. In comparison, the Nau Hall Starbucks must close when Nau Hall does, meaning it doesn't have weekend hours and isn't open past 7 p.m. during the week. Like the Nau location, the Newcomb Starbucks will accept

Plus Dollars.

Aebersold said the decision to open a Starbucks in Newcomb stemmed from student feedback on favorite coffee brands and preferred locations. The consensus was a desire for a Central Grounds coffee shop and Starbucks as an easy, popular favorite. The University also conducted a survey to figure out what brands weren't represented on Grounds and what students wanted to see more of.

“The Starbucks at Newcomb Hall is uniquely situated in central Grounds and will be extremely convenient to the faculty, staff, visitors, and community members here at U.Va.,” Aebersold said in an email.

The new location has seen plenty of business so far, and University Dining is already referring to it as its “flagship store” on the Dining website.

The University only got approval to open the Starbucks in May, so most of the preparations for the new location happened over the summer. The Starbucks opened in time for move-in weekend, prepared to caffeinate students and parents swarming Grounds.

First-year College student Candace Miu, who lives off of McCormick Road, said she was likely to go to the Starbucks because it was closer to her than similar options on the Corner.

“It looks really clean and neat and it looks like a good environment for friends or to study,” Miu said.



The new Starbucks location opened on Aug. 22.

The inside features a spacious interior with long couches and multiple tables for students to hang out. Chairs on the outside wall are numerous but lack access to an electrical outlet.

Julia Calland, a first-year College student from the Charlottesville area, said replacing In the Nood's full menu with a Starbucks limits the originality of on-Grounds dining locations.

“I was looking forward to exploring options that I didn't have outside of the University,” Calland said. “Which is why maybe ... [I'm] ambivalent because there's already a Starbucks [on] the Corner.”

Calland and other first years first heard about the new Starbucks during summer orientation, when the University publicized its opening to incoming students. Other students, like third-year College student Lily

Hungarland saw the news on Associate Dean Jeannine Lalonde's Instagram.

Though Hungarland was excited to hear about the new Starbucks, she does not picture herself visiting Newcomb for coffee very often.

“I'd go to Nau [for Starbucks] more since I live closer to it,” Hungarland said.

CHRISTINA ANTON | THE CAVALIER DAILY

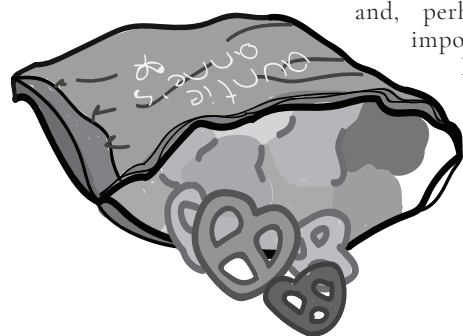
Top 10 ways to survive the first week of classes

There's no such thing as too much coffee

Grace Breiner | Top 10 Writer

1 Coffee, coffee, coffee

If I could make “Go to Starbucks” 1 through 10 on this list, I would. During first year when dorm life was in full swing, Starbucks was basically my living room. I would go there, always with the intention of studying and end up watching Netflix or reading — all while drinking inordinate amounts of caffeine. If the first week of class is getting overwhelming or hectic, it's always helpful, though probably not healthy, to drown your anxieties in coffee, and, perhaps more importantly, to have somewhere to which you can escape.



2 Lunches

Figuring out where, when and what to eat is an integral part of your first week. For first-years, unfortunately, you're pretty much stuck with the dining halls. However, don't forget about the places that you can use meal exchange. I would recommend abusing that system as much as possible, especially at Chick-fil-A. If you're an upperclassman or a first-year that just wants to eat normal food, the Corner is a small mecca for food options. It has the classics like Bodo's, Roots and Take It Away to the more underrated gems like Lemongrass and Revolutionary Soup. While you're there for food, I would recommend going for a second cup of coffee at Starbucks.

3 Plan little breaks with friends

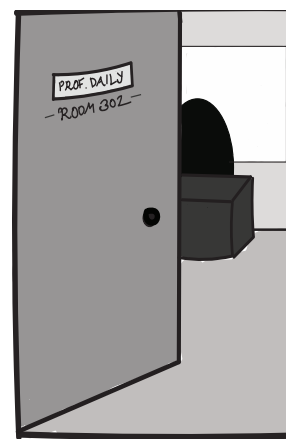
To be honest, the first week of classes isn't exactly work-intensive, so use this free time to enjoy your life before it slowly fades away into hours of studying. A perk of the first week of classes that many of us science students enjoy is the lack of labs — that's five extra hours plus however many hours it takes for me to emotionally recover from whatever disaster experiment I just performed. Now is the perfect time to remind your friends that you exist before you have to fade into the stacks of the library.

4 Get ahead on work

Since there isn't much work yet, you can put in a few extra hours now and then you'll have a few to spare in the coming weeks when you need them for a light snack or a good mental breakdown. At the very least, look over a syllabus or two so you don't get behind.

5 Settle into a routine

Going to classes for the first time can be intimidating, especially if you don't know what to expect. If you're a first-year, I highly suggest you know where your classes are before you actually have to go to them — not just the buildings, but the classrooms themselves. Nailing down minor details like where your classes actually are and when is the best time to study or eat or, let's be honest, take a nap is an easy way to make your life easier later on. Once you figure out which route can get you from Wilson Hall to Gilmer Hall in 15 minutes and where you're going to go in between classes for a snack, classes will be much less daunting.



6 To-do lists

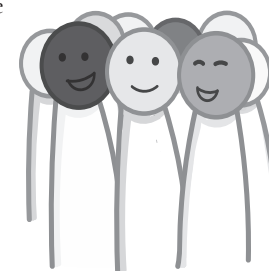
I'll remember that I have to do something and then five seconds later it's completely forgotten again. So essentially, I have the memory of a squirrel. Even if you are great at remembering things, it's easy for important tasks to get lost in the shuffle. That is why to-do lists are my holy gospel. Everyone has a different system for not completely forgetting all their responsibilities — find yours and you'll at least have the illusion that you're on top of things.

7 Office hours

Most of the time I don't go into office hours until I have a question or an assignment I need help on. But sometimes, it's nice to go in during the first couple weeks of class just to introduce yourself. I highly recommend just getting into the habit of going to office hours, even if you think you're on top of the class material. It's a great way to get to know your professors and make the class work seem less intimidating. I still go back to office hours to visit some of my professors from last year.

8 Sleep

The first week of class is a rare time in your college life when you actually have time to sleep because you don't have to stay up wildly late finishing assignments or studying. Take advantage of it and bank some sleep hours in preparation for the many long nights ahead. I personally have a habit of overestimating the amount of time I have before I should go to sleep. I end up stay up watching whatever I happen to be obsessed with at the time — which is “One Tree Hill” at the moment. So if you do that too, do yourself a solid and only watch one episode.



9 Classroom contacts

Chances are you have at least one class you know is going to be completely terrible and yet you either have to take it or you've convinced yourself that you're actually much smarter and more capable than your past experiences might suggest. Though it is possible you've had an intellectual metamorphosis or the class is deceptively easy, I would suggest having at least one phone number from a person in your class for when you find yourself completely lost. Better to text that person in a panic as opposed to emailing your professor at 1 a.m.

10 Remember to have fun

We're all here to learn and going to class is obviously a very important step in that process. Most classes at the University are engaging and exciting. The professors care about their subjects and they care that you understand and benefit from their knowledge. With the academic freedom we have as students, you're hopefully taking classes that interest you, so remember that you chose them because you wanted to learn what is being taught. If you regret signing up for that 8 a.m. after two classes and you want to drop out and become a barista, just remember why you're here.

How to shop smart as a college student

Ways to be resourceful when grocery shopping

Molly Wright | Food Columnist

Starting a new fall semester may be an exciting time, but if you're a second, third or fourth-year, somebody needs to buy the groceries in the apartment and that somebody is you.

As a college student, you're most likely shopping for one and you will soon realize that grocery stores do not always cater to the single person diet. Unless you plan on having a tall glass of milk with every meal for a week, that large carton of milk you're buying will definitely expire before you finish it. Here are some tips on how to shop smart as a college student and not waste food.

1. Pay attention to the shelf lives of grocery items, and buy foods that won't spoil after a week.

In my first few attempts at shopping by myself, I was so proud that I was being healthy and buying myself spinach to cook for dinners. I soon realized

that spinach wilted after five days, and I only wanted it about once a week, so it didn't make sense to continue buying big cartons of it.

Other vegetables such as broccoli stay fresh longer, which is better for a college student who's maybe not so great at planning meals yet. Yogurt is also a great item to buy because whether you are buying individual flavored yogurts or a big carton of Greek yogurt, it will keep for about a month. Unless you know you'll have time to cook for yourself that week, don't buy raw items like chicken, beef or fish because they spoil very fast.

2. Concentrate on snacks when you go grocery shopping.

In between classes, spending time in the library or hanging out with friends, you'll probably be eating out a lot more than cooking. Buying snacks in bulk at the grocery store is a lot cheaper

than purchasing that one granola bar every time you get hungry in Clem. When you shop, purchase items such as trail mix, granola bars and apples that you can easily slip into your backpack for whenever you need a quick snack.

3. Always keep easy-to-make meals in your pantry.

These can include a box of pasta and a jar of marinara sauce ready for whenever you don't want to leave your apartment for food. Keeping bread, butter and cheese in your kitchen at all times is also a good idea for when you and your apartment mates come back from a night out at bars and need a grilled cheese for some drunk food. It'll taste amazing at 3 a.m. — I promise.

4. Try to plan your meals ahead of time for the week.

Meal prepping is a talent that I need to work on for sure. Before you go to the store, think about what meals you would like

to have for the week. Maybe you can buy some yellow rice to serve with salmon for one night, and then use the leftover rice for tacos the next night. Knowing what you want to make each night will help keep you from wasting food.

5. It's okay to buy frozen food.

As a college student you basically have no time, and sometimes, you just have to wolf down a meal in about five minutes before you go to a club meeting or class. Stocking your freezer with a few frozen meals does not mean that you're not "adulthooding" — it just means that sometimes you might be too busy to cook. We all have times like that. You can also buy frozen vegetables such as green beans or broccoli, frozen rice and frozen potatoes to help cooking go faster when making a meal. That way you only have to think about cooking that chicken or fish.

6. Buy the ice cream.

With late night studying comes late night sugar cravings, and instead of buying overpriced Arch's, you can just scoop yourself some ice cream from the freezer. I also like to keep some dark chocolate in the pantry as well in case I don't feel like having a big dessert but just need a little sweet fix.

Grocery shopping as a college student is a process of trial and error. There will be times when you'll have to throw out a tomato you intended on eating a week ago, but there will also be times when you cook yourself a delicious meal.

The things they don't tell you about first year

Harsh realities of the best time of your life

Athena Lee | Life Columnist

If I listened to Wes Walker's "Jordan Belfort" for long enough, I'm sure memories of my first year would trickle in pretty quickly. The rap/singing crossover, along with the catchy and eloquently spoken hook, "I been gettin' dirty money Jordan Belfort," really takes me all the way back to 18-year-old Athena in Kellogg getting ready for a typical Thursday night out. If I think about first year too long, I'll probably start getting in my feelings — after all, there may be nothing that rivals being able to swipe into O'Hill for shoestring fries at all times of the day.

I will be honest — I had a great first year. For someone who loves meeting new people and experiencing new things, I didn't struggle particularly hard getting adjusted to college life. It's the first year of pseudo-freedom, when the future is not quite yet a pressing matter. I was thriving.

There's a lot to reminisce on, like the inexplicable bond I hold with everyone who had to endure the same unbearable hike up to Mount Kellogg, or my friend's Cauthen dorm room that nurtured a friend group or maybe just the midday naps I could indulge in between classes. But this article is not for

reminiscing. Instead, I want to reflect on what blindsided me coming in to the University in the hope that first years may be better prepared.

They tell you during orientation to expect hard classes, go to office hours, get involve and put yourself out there. By hour three, you just want to register for classes and go home to the high school friends you are about to leave.

And that's fair, because most of what any college orientation will tell you is self-explanatory and something you might find in a "College For Dummies" book for \$2.99 at the thrift store. Most of what I actually learned in college, I learned on my own.

And that comes with admitting that sometimes our beloved University isn't so great. I didn't know that come second semester, my decision to not join Greek life would end up putting a strain on some of my newly formed first-semester friendships or that I would feel left out of a certain social climate at the University because of my decision to stay "GDI." Though the University emphasizes that the Greek community is smaller than you'd think, it definitely dominates the social scene at our school. Not having obscure letters to wear or a "big" to

shower me with love upon the start of second semester, as ridiculous as it sounds, made me feel like a bit of an outsider.

Aside from the social aspect of things, my current rising fourth-year self is wishing I had made more of an effort to construct a plan that would help me hone in on my passions and future plans, because telling a first-year, "You have time to decide, take whatever classes you want for now," isn't always the most efficient and strategic way to go about things. I ended up in far too many "for fun" classes and not enough "for my future" ones. The laid-back role of my advisors also put me in an awkward standoff where I didn't want to reach out to them, but they surely weren't going to reach out to me either. Be active in reaching out to your advisors, and if they don't help, seek other people and places for advice.

This place is big, so it can't cater to all the individual needs and interests of every student. I don't blame the administration, the Career Center or any part of our school for not being able to genuinely care about each individual student, but I do wish I had known to be more of a go-getter for myself. Most of my pre-enrollment advis-

ing sessions would be spent trying to locate my advisor's office in the Architecture School, only to sit there for five minutes before hearing, "Sounds good, see you later," followed by a few clicks on SIS and that was that. Hold lifted.

I probably learned a few advising sessions too late that you have to figure that out your college plan for yourself. Whether that means planning out your four-year premed track down to the MCAT date or finding internship and job opportunities as soon as possible, being proactive is necessary. In college, no one picks up your slack.

Finally, things will get hard. I know they tell you this, and you are probably four hours into orientation at that point, so you can't help but get a little restless. I know college is challenging, but let's just cross that bridge when we get to it. But really, college can be a trying time. As quite the optimistic and happy-go-lucky individual, there have been times when I have felt like the complete opposite of myself. My second year started off especially difficult — my friends didn't quite understand why I was acting weird and why I wanted to go home every weekend. Cows and cornfields seemed better to me

than whatever was happening on the Corner. Sometimes, during that year, I wish I had chosen another school to attend. I won't bore you with the details, but I will let you know that now I so deeply wish I had four more years at probably the best University in the world — in my completely unbiased opinion.

Trying times may happen during your first year, and it's not going to be easy. Sometimes the resources at school aren't going to be helpful, and the new friends you make won't always care or you won't feel comfortable telling them. When that happens, it's going to suck. I won't sugarcoat it. Calling home or a good friend from high school might be the solution.

The list could continue with other things I wish I had known going into my first year of college, but unfortunately, I don't really believe this article is going to be that impactful after all. The best knowledge always comes from experience, and though it is painfully cliché, it's the main takeaway here. But despite some of these harsher realities, rest assured there's nothing a little midnight Crossroads can't fix.



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BE ON THE LOOKOUT!



Virginia set to face Richmond in opener

The Cavaliers look to build on the New Standard they set last year

Zach Zamoff | Senior Associate Editor

Virginia returns to the football field Saturday night for a clash under the Scott Stadium lights against in-state foe Richmond.

The Cavaliers had a successful campaign last season. They finished 6-6 and returned to the postseason, playing against Navy in the Military Bowl. A lot of their success can be attributed to Coach Bronco Mendenhall, now in his third year at Virginia. After the Cavaliers went 2-10 in his first year, Mendenhall engineered an incredible turnaround last year — with Virginia gaining its first bowl berth since 2011.

But question marks remain.

After a whopping 49-7 loss to Navy in the Military Bowl, and a recruiting class lacking in four and five-star talent to replace the substantial departing stars, Virginia is again the underdog.

Mendenhall emphasized transparency on the state of the program in at a ACC Kickoff media event in July.

Mendenhall said the Cavaliers had “just 27 ACC-caliber players,” recognizing how difficult the re-

building process would be, and challenging his players to rise above the New Standard they set last year in returning to the postseason.

“My message is very simple: I’m not going to pretend a player is currently an ACC player if his numbers say that he’s not,” Mendenhall said at the event. “But what is clear is: Get to work. This is what you have to do, and by this time, we need you to do it. And so hopefully that number changes and grows, and they know exactly where they stand.”

Mendenhall noted the importance of this honesty, brutal as it may seem.

“It’s hard to know where you need to grow from unless someone tells you where you are,” he said.

This unique, New Standard mentality is what drove the Cavaliers to have such a successful season last year. They are determined to move forward with just the same grit this year.

“I would say everyone is completely bought in,” senior linebacker Chris Peace said at the ACC Kickoff media event. “I would say ... this year and last year I’ve never seen so many

guys bought in. When I first came here, it was just a lot of half and half here, half and half there, and just a lot of people dragging their feet. I don’t think anybody on this team is holding anyone back or this program.”

Virginia has a lot of work to do to challenge for a postseason berth this year. The Cavaliers graduated several key position players, including linebacker Micah Kiser and defensive end Andrew Brown to the NFL Draft. They also lost second team All-American safety Quin Blanding and single-season passing yards leader quarterback Kurt Benkert, who were both signed as free agents by NFL teams.

Replacing these leaders and talents will be difficult, but the Cavaliers have already made steps.

First, they brought in junior transfer quarterback Bryce Perkins, who should immediately come in and provide a spark for Virginia’s offense. Perkins is a junior college transfer, who played with Arizona Western last year after initially signing with Arizona State. Perkins posted impressive numbers last year

for Arizona Western, completing 63 percent of his passes and rushing for 353 yards en route to a NJCAA championship title.

Perkins’ dynamic rushing ability will offer Virginia’s offense a new and exciting dynamic, after two years under Benkert’s pocket-passing stewardship. The pressure is on for the junior to deliver right away.

“Even though he’ll be our starting quarterback for the first time ... for us to succeed it will have to be like he’s been our starter longer than that,” Mendenhall said. “I think his work ethic will allow that. He’s one of the strongest, fastest and best athletes that I’ve coached and so there isn’t a play where if he’s running with the football that can’t go all the way.”

Virginia is not without returning talent, however. A loaded linebacker core consisting of seniors Peace and Malcolm Cook, juniors Jordan Mack and Chris Moore, sophomore Charles Snowden, and solid recruits puts the Cavaliers in good position. Their secondary should also be strong, with returning senior safety Juan Thornhill leading the way.

On offense, senior running back

Jordan Ellis should lead the charge again, and senior wide receiver Olamide Zaccheaus should explode a year after cracking Virginia’s single-season record for receptions with 85.

It will be no easy task for the Cavaliers’ experience and influx of talent to come together to produce the magic of last year, but with the New Standard mentality, anything seems possible.

Despite Richmond’s FCS status, Virginia’s opponent Saturday night will be no pushover. Mendenhall knows as much, having begun his career with a 37-20 loss against Richmond at Scott Stadium.

This year’s Richmond team, however, shouldn’t be as daunting a foe. Though the team finished 6-5 last year, the Spiders are now without star quarterback Kyle Lauletta — who was selected in the 2018 NFL Draft by the New York Giants.

That said, it will be a great first test for Perkins and company as the Cavaliers enter the third year of the Mendenhall era.

Kickoff begins at 6:00 p.m. from Scott Stadium Saturday.

Virginia men’s soccer has high hopes, despite key losses

Cavaliers won season opener

Colin Cantwell | Associate Editor

The No. 15 Virginia men’s soccer team has been picked to finish second in the ACC Coastal Division, but must replace some key departures from last season’s team.

The Cavaliers got off to an encouraging start after beating No. 19 New Hampshire 1-0 in their season opener, as sophomore midfielder Joe Bell scored a dramatic goal with 21 seconds remaining.

This past March and April, Virginia also had the chance to compete against North Carolina, Wake Forest, Clemson, Georgetown, and Duke in the inaugural US Soccer Spring Men’s College Program, finishing fifth ahead of only Duke.

However, this tournament allowed Virginia Coach George Gelnovatch, who is entering his 23rd season at the helm of the Cavaliers, an opportunity to give experience to several younger players who will see increased roles this year.

“From the developmental standpoint, check that box,” Gelnovatch said. “It’s been really, really good.”

At goalkeeper, Virginia have had to replace Jeff Caldwell, now with New York City FC in Major League

Soccer, who started all 21 matches last season. Sophomore Colin Shutler has taken Caldwell’s No. 1 jersey and will continue as starting goalkeeper. Shutler started and played every minute of the match against New Hampshire and the five spring games. Junior Marcel Dasilva will most likely be the second string keeper behind Shutler.

Seniors Sergi Nus and Prosper Figbe will anchor the Virginia defense again this year. Nus, despite being a center back, was third on the 2017 team in goals, scoring six. However, he tore the anterior cruciate ligament in his right knee practicing by himself at home in Spain on Dec. 31, requiring surgery. Nus missed all of the Cavaliers’ spring matches and the New Hampshire match.

“He’s here four to six hours a day,” Gelnovatch said. “I see him every day in the weight room.”

“The more work you can put in, the better, but I’m also learning how to rest and take care of my body,” Nus said.

Sophomore Henry Kessler looks to fill the void at left center back in the Virginia back three after the graduation of Sheldon Sullivan. Kessler

played Nus’ role in the center of defense during the spring, playing every minute of the five matches.

“He moves as well as anybody on our team,” Gelnovatch said. “He’s tough as nails, and he’s smart as hell on the field and off the field. He doesn’t make the same mistake twice.”

Junior Robin Afamefuna, who scored the lone Virginia goal in the Cavaliers’ 1-1 preseason draw with Georgetown on Aug. 18, will also be a mainstay at left wing back. The versatile former youth player for Borussia Mönchengladbach in Germany started 11 of the final 12 games last season.

In the midfield, Bell, who started all 21 games as a freshman last year and made the ACC All-Freshman team, will play an even more important role this season as one of the Cavaliers’ captains along with Afamefuna.

Bell spent much of his preseason captaining New Zealand at the Oceania U-19 Championship, scoring a hat trick in the first half of a match against Tonga. New Zealand won the tournament and qualified for next year’s U-20 World Cup, as Bell won the Golden Ball for being the tournament’s best player.

Midfielder Jean-Christophe Koffi, the only Cavalier to make the All-ACC first team last year, announced his departure from the program on August 7. Pablo Aguilar, the team’s second-leading scorer with seven goals this past season, is also gone, leaving major holes in the midfield. Aguilar and Sullivan continue to play together with the Rio Grande Valley FC Toros, the Houston Dynamo’s United Soccer League affiliate.

Sophomore Justin Ingram and red-shirt sophomore Aaron James are likely candidates for more playing time there this year in the absence of Koffi and Aguilar. Though Ingram only made three substitute appearances last season, he started against New Hampshire and in all five games this spring.

However, the most important hole in the squad according to Gelnovatch is in the attack, where the Cavaliers must replace last year’s leading scorer Edward Opoku, now in MLS with the Columbus Crew.

“We have to get that addressed,” Gelnovatch said. “It’s the one piece, I felt like, that this team needed.”

Freshman Cabrel Happi Kamseu started at striker against New Hamp-

shire. Senior Kennedy Nwabia will also receive substantial playing time up top. Nwabia, in his second year at Virginia after transferring from Dayton, appeared in only four games last year.

“[We need a striker who] makes good runs in the box, can head the ball when we need to cross the ball, who can score in different ways: with his head, with a ball coming in, with his feet,” Gelnovatch said. “We have been on the search for that goal-scoring kind of No. 9.” Sophomore winger Nathaniel Crofts, who also started all 21 games last year, will return on the right side. Sophomore Irakoze Donasiyano and senior Simeon Okoro will also make an impact up front. Both were key substitutes last season but both started against New Hampshire, with Donasiyano at right wingback and Okoro at left wing.

The Cavaliers next play on Thursday at home against Elon. Virginia will also get the chance to play Maryland on Sept. 3 at brand-new Audi Field in Washington, D.C. before opening ACC play on Sept. 7 at home against Virginia Tech.

PLAYERS TO WATCH

Virginia quarterback Bryce Perkins



COURTESY OF VIRGINIA ATHLETICS

Bryce Perkins must settle into the offense quickly against Richmond.

All eyes will be on Perkins as he makes his first start as a Cavalier. After two transfers and injuries, the Arizona Western product is at last going under center in Division I football — there is bound to be some emotion and nerves from the get-go. He will also be running Coach Bronco Mendenhall's system for the first time, and Mendenhall himself will be calling plays out of a completely redesigned offense. Ultimately, Perkins' ability to get comfortable and in control of the offense early in the game will be critical to the Cavaliers getting a win. For the Cavalier faithful, seeing Perkins in action through the running game — where he mainly excels — will be an exciting change of pace from more pro-style quarterbacks of previous years.

Virginia wide receiver Olamide Zaccheaus



COURTESY OF VIRGINIA ATHLETICS

Olamide Zaccheaus gives Perkins a deep threat and safety blanket.

While Virginia's offense is sure to have a lot of new changes, one continuation from last year that the Cavaliers will hope to see is a strong showing from senior wide receiver Olamide Zaccheaus. In 2017, Zaccheaus broke a 16-year old single-season program record for receptions after he recorded 85 receptions. Zaccheaus also had 895 receiving yards to his name that season, which guided him to the No. 5 spot on Virginia's all-time list for single season receiving yards. With this successful display, Zaccheaus earned an All-ACC Second Team selection. It'll be interesting to see how he gels with new quarterback Bryce Perkins, and whether or not he can continue to be a consistent passing option for the Cavaliers.

KEYS TO THE GAME

Set the tone with run defense



COURTESY OF VIRGINIA ATHLETICS

Stopping the run will give Virginia the means to set the game's pace.

In a stunning blowout loss to Richmond two years ago, the Cavaliers allowed the Spiders to gash them in the run game from the first drive, leading to a huge swing of momentum they could not overcome. Richmond trotted out a balanced rushing attack last season, with five players amassing more than 200 yards, and retain their leading rusher from last season in junior Xavier Goodall. Now that they lost start quarterback Kyle Lauletta to graduation, the Spiders could lean on the run again early on, and Virginia will have to swallow up early attempts to control the pace of the game. The Cavalier defensive line has been fighting injuries and playing uncertainty all summer, so the Richmond running game could prove to be a mismatch if the line does not hold strong from the beginning. How this positional battle shakes out will ultimately determine the game's tempo and momentum for both teams.

Protect the quarterback



RICHARD DIZON | THE CAVALIER DAILY

Virginia's line must give Perkins time to run and pass to sustain drives.

Richmond has a pretty strong defense — especially up the middle — that features experience and talent. Last year redshirt senior defensive tackle Andrew Clyde recorded a team-high nine sacks, senior linebacker Justin Rubin led the team with 92 tackles, and senior linebacker Dale Matthews racked up 67 tackles, four sacks and two interceptions for the Spiders. Meanwhile, Virginia's offensive line struggled quite a bit last year, allowing 92 sacks. The offensive line will have different responsibilities this year with a more mobile offense, and it will be key for the Cavaliers to adapt to these offensive changes and to keep Richmond's experienced defense from getting to Perkins.

THE KEYS TO FOOTBALL

Virginia vs. Richmond — a breakdown

CD Sports Staff



DEFEND FREEDOM OF THE PRESS AT U.VA.

In an era of unprecedented assault, it is our responsibility as students to uphold our most important democratic institution

Joining The Boston Globe, over 350 newspaper outlets around the country published editorials Thursday condemning President Donald Trump's continued attacks on the freedom of the press. Established by the First Amendment to the U.S. Constitution, the government is barred from "abridging the freedom of speech, or of the press." Trump, however, has established a malicious campaign against newspaper and media outlets as a pillar of his presidency. At the surface, Trump's assault is characterized by the targeting of individual journalists, such as Maggie Haberman, and scorn towards the industry as a whole — yet these jarring examples fail to fully capture the implications of Trump's attack. His campaign against the press is grounded in an anti-democratic philosophy — and the free press stands directly in his way. Our responsibility as students is clear. We must condemn and combat Trump's assault on the free press as the next

generation to uphold this country's foundation.

Trump is not the first president to criticize the free press, however the sustained nature of his assault points towards a declaration against the institution itself — something unprecedented for those who swear to "preserve, protect, and defend the Constitution of the United States." President Lyndon B. Johnson famously criticized newspapers' characterization of his presidency by saying, "If one morning I walked on top of the water across the Potomac River, the headline that afternoon would read: 'President Can't Swim.'" Even Thomas Jefferson, a vehement supporter of the free press, said several years into his second term as president that "the man who never looks into a newspaper is better informed than he who reads them." At first glance, these statements seem to demonstrate that Trump's criticisms are innocuous — merely observations of a president frustrated with the press' treatment of his actions and administration. This comparison, however, does not recognize Trump's disregard for the vital role inde-

pendent journalism serves in a democracy.

Instead of serving as the Fourth Estate — where the free press acts as an integral check on the powers of the government — Trump seeks to use the press as

terized journalists as "sick people," stating that the press was "trying to take away our history and our heritage." Through these and similar accusations, President Trump not only attempts to trivialize the importance of the

curate account of University life. Whether you offer criticism or praise, I implore you to approach media outlets with an open mind and a critical eye — the responsibility of upholding the freedom of the press falls to each of us.

The true danger — and goal — of Trump's anti-media strategy lies in the creation of a perception among the American people that the press undermines, rather than strengthens, our democratic society. Characterized by an increasingly held belief among Americans that the news media is biased, the current climate provides Trump an opportunity to turn skepticism into outright contempt. We cannot allow this to happen.

We must condemn and combat Trump's assault on the free press as the next generation to uphold this country's foundation.

nothing more than a mouthpiece for his personal agenda. To adequately carry out its constitutional responsibility, the press must investigate Trump's policies. This journalism, however, does not inherently lead to criticism — journalists pride themselves on objectivity and their ability to shed light on all factors of a given subject. Trump, however, disregards this objectivity, and assumes that any opposition to his administration stems from the press' desire to upend his presidency. Take, for example, Trump's comments on Aug. 22, 2017, when the president charac-

terized journalists as "sick people," stating that the press was "trying to take away our history and our heritage." Through these and similar accusations, President Trump not only attempts to trivialize the importance of the

press — he threatens to turn the American people against the very institution that makes us free. As students, we are taught every day to be critical, and to develop a full understanding of all relevant facts before drawing a conclusion. In the case of Trump's assault on the freedom of the press, it is our responsibility to recognize and denounce any attempt to undermine our democratic values. At the University, we can do so by engaging fully with student journalism outlets. The Cavalier Daily and its counterparts work tirelessly to provide an objective and ac-

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THE CAVALIER DAILY

The Cavalier Daily is a financially and editorially independent news organization staffed and managed entirely by students of the University of Virginia.

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STILL HEALING — RECOMMENDATIONS A YEAR LATER

In the coming year, I hope that more of us will step up and do our part to help the University move forward

A year ago, I wrote a column for The Cavalier Daily where I discussed possibilities for healing in the face of domestic terrorism. A year later, I write to offer more specific recommendations about what our university can do to align itself with its expressed commitment to diversity and inclusion.

To start, we have the opportunity to leverage our position as an institution of higher education to tackle white supremacy within the classroom. This must start with a more accurate portrayal of our nation's and university's history. Our country was founded on the exploitation of black and brown people, and racist ideologies were employed to further enable and enhance this exploitation. As a tactic for maintaining the status quo, an honest portrayal of our nation's history is intentionally excluded from K-12 education and many students are actually mis-educated and taught lies. For example, findings from a recent survey show that just 8 percent of high school students knew that the Civil War was fought over slavery. Thus, we can only expect that many students do not arrive to our university equipped with a full understanding of our nation's gruesome past. We can and should do more to remediate this situation.

To this end, we have several pedagogical options. One is to prepare more of our faculty to teach race in the classroom. Another is to hire more faculty

who bring this expertise with them and can offer courses to expand our curricular offerings. A third is to incorporate dialogue-based courses that foster meaningful connection across difference while simultaneously teaching students about power, privilege and oppression. Dialogue that does not

In sum, our University's commitment to fostering global citizenship must include increasing students' awareness of their responsibility to build a more just and equitable society.

happen within the context of social justice pedagogy is unlikely to improve the racial climate at our university. A fourth is to ensure that all students are required to take at least one course that teaches about the role of social structures in creating and maintaining inequality.

In concert with curricular changes, it is time to more responsibly contend with Jefferson's legacy at this institution. In line with my previous points about teaching a more accurate account of our nation's history, Jefferson is a perfect example of a historical figure worthy of such analysis in the classroom. It is intellectually dishonest to present a one-sided view of Jefferson, and all of our students should have the opportunity to study his actions and intellec-

tual contributions, which were fundamental in advancing white supremacy. When we refuse to acknowledge the atrocities Jefferson committed, treat those atrocities as a minor detail or attempt to trivialize those actions — e.g., "everyone owned slaves back then" — we undermine notions of inclusivity at

our university.

Because Jefferson's transgressions were targeted at oppressed groups, current efforts to diminish the significance of those transgressions implies callous feelings toward historically oppressed groups by in effect, suggesting that these crimes are less important because they were committed against people who don't matter. After engaging with this material in the classroom, our students can make their own decisions about the extent to which they want to revere or condemn him. However, in order to give our students a fair chance in this regard, it is time to re-envision the University's brand. For 200 years, this brand has been "Jeffersonian Exceptionalism," and throughout this same time period, our university also has engaged in racist,

sexist and elitist policies and practices. As we move into our next 100 years, we must decide whether we are truly committed to making our university one where the best and brightest from all backgrounds feel welcome and thrive. We must acknowledge that Jefferson is not a symbol of diversity, inclusivity and unity, and realize that continuing to employ Jefferson's legacy as our primary asset is to our detriment. In short, it seems it will be difficult, if not impossible, to dismantle white supremacy while simultaneously being tethered to a white supremacist.

My final recommendation pertains to our institution's responsibility to our broader community. For too long, our University has neglected and exploited the City of Charlottesville, fostering a profound sense of distrust among community members. It is time for the University to own its harmful past and take steps to repair the damage that has been done. To this end, initiatives such as the Study of Equity through Community Engaged Scholarship offer hope for a way forward.

By taking up issues such as living wage and affordable housing, we can ensure that we are fulfilling our ethical responsibility to our broader community. When faculty are rewarded for these efforts through their annual evaluations, we can expect that these changes have a better chance of becoming institutionalized, and when

students are front and center in these efforts, we can feel more confident that they will emerge from their time at the University better positioned to change society for the better.

In sum, our University's commitment to fostering global citizenship must include increasing students' awareness of their responsibility to build a more just and equitable society. Notably, some of our students already understand and work ardently to fulfill this responsibility. Over the past year, in the face of abominable leadership at the national, local and institutional levels, a group of dedicated and courageous students stepped up and led the way. These students understand the link between the more egregious displays of bigotry and hatred that we witnessed last summer and the subtler ways in which white supremacy is woven into the fabric of our society and institution. In the coming year, I hope that more of us will step up and do our part to help the University realize its expressed commitment to diversity and inclusion.

NOELLE HURD is the Scully Family Discovery Associate Professor in Psychology at the University of Virginia.

STUDENT COUNCIL MUST SERVE ALL STUDENTS

Student government must serve underrepresented communities who have been marginalized

I vividly remember my first Student Council meeting on a Tuesday evening in early September 2015. During the routine Community Concerns part of the meeting, the president welcomed discussion from the audience about issues facing students on Grounds. Ever an eager first-year, I immediately raised my hand and expressed my concern about the lack of physical accessibility around Old Dorms. Older members at the meeting looked around at each other, some snickering and others even rolling their eyes. One person skeptically retorted, "Can we even do anything about that?" I had no idea that the Student Council would typically disregard what seemed like an obvious obstacle to student welfare.

When I first joined Student Council, it seemed as if members were confined to resolving issues of relatively little importance to the student body. Throughout my time at UVa., the perennial question of what Student Council really does has been one that has felt like a judgment on the work we do. On one hand, yes, we review and approve the status of Contracted Independent Organizations; yes, we allocate nearly one million dollars each year to CIOs to enhance the richness of student life;

and yes, we organize the student Activities Fairs at the beginning of each semester; but when we look past the operations mandated by the University, what do we really do?

Trust in institutions at all levels of government has declined especially steeply in recent years. It is easy to see why this skepticism continues to grow. Beyond the rampant dysfunction of federal operations, members of our community have seen firsthand the apparent apathy of Charlottesville leadership toward community concerns. Last year, University officials failed to alert students of white supremacists and neo-Nazis marching on Grounds. When I personally reached out to the then chief of police about Student Council disseminating information to students for their safety, my concern was disregarded. The rest is now history, a stain on our University, our city and our country wherein our institutions failed the people they are meant to serve.

The tragic events of last August shed a light on many of the startling realities of injustice on our Grounds. They also made apparent that people want concrete responses to their concerns, specific policy initiatives to address the issues facing us. Instead of

just statements of intangible solidarity and other symbolic acts, people want to know what we are going to specifically do to tackle the problems that affect our community.

Many issues of inequity facing us today have been perpetuated by the feeling that they are not "big" enough or do not affect enough students. In my view, student government serves best when it attends to those who most need support, regardless of how many they

I had no idea that the Student Council would typically disregard what seemed like an obvious obstacle to student welfare.

number. That's why we are pursuing the provision of free menstrual hygiene products: because it just makes sense. That's why we strive to support open housing, because it's the way forward. That's why we want to institutionalize student input in the faculty-hiring process: because it shouldn't take until my third year to be taught by a professor who looks and sounds like me. We are looking to create a Police Advisory Board because our community deserves accountability and communication between UPD and the students they

serve. We are also planning to open the Student Council Community Food Pantry this fall to help address issues of food insecurity on Grounds. These are just a few of the key concerns we'd like to address during this term, and we have already taken the first steps necessary to tackle these policy issues.

I have created the Student Life Committee to address issues that affect students daily. It will also serve as the policymaking vehicle within Student

Council that tackles issues of economic accessibility in the various facets of the student experience. I have created the Graduate Affairs Committee to focus on adequately serving the specific needs of our graduate student population. Lastly, I have formed the Community Relations Committee to effectively form connections with the greater Charlottesville community and to address hyper-partisanship on Grounds, ensuring that we can have intellectual discourse without fear of reprisal.

Student government should not

focus just on popular issues. It must also serve underrepresented communities who have been marginalized by institutional practices implemented before people of color and women were admitted to the University. We do not promise Student Council to be perfect, but we do promise to remain focused on the issues we have set before ourselves. We promise to push Student Council returns to its roots as a student government that advocates first and foremost on behalf of students.

Student self-governance is only as powerful as our ability to believe we can govern ourselves and determine our destinies at this University. We are raising the bar for ourselves because we aim to accomplish many things. On a regular basis over the course of this Student Council term, you will hear from someone on Student Council who will discuss an issue that we are pursuing. This introductory piece is a promise to keep in touch and to keep the conversation going on issues that affect students, no matter how "big" or "small."

ALEX CINTRON is a fourth-year College student and Student Council president.

H HUMOR

As part of his plan to make U.Va. hip with the kids, University President James E. Ryan has approved a proposal to issue fake IDs to all future students, starting with the Class of 2022. Supporters of this plan believe it will help raise enrollment numbers in the coming years.

"Racist — I mean, recent — events have hurt U.Va.'s reputation as a cool, laid-back school," Ryan said, referencing a reputation that U.Va. has never, ever had. "Giving underage students a way to easily access alcohol will really help us bounce back in the youth's eyes."

Critics of this plan have pointed out that underage drinking is

generally frowned upon by both the community and members of law enforcement and, furthermore, a large chunk of students could already be considered borderline alcoholics, but members of the administration have waved off their concerns.

"The kids are getting fake IDs anyways, so they might as well get them somewhere safe where they won't be ripped off 50, 60, 70 dollars," an anonymous staff member countered. "Besides, what fish can drink twice its weight? A wahoo!" The staff member then began chanting the Good Ol' Song as she fist-pumped away, denying any follow up questions.

Several bars around the Corner did not have strong opinions on the policy, as they maintain that they have never encountered fake IDs ever in Charlottesville.

"Well, uh, I've never seen a fake ID ever in Charlottesville

and every ID I've let in has been totally real and convincing, so I don't know what you expect me to do about it," said a bouncer at The Hole who wishes to remain anonymous.

Several mothers in the U.Va. Parent Facebook group have expressed their concern and outrage over the proposal.

"My baby would never drink the devil's water! Shame on UVA for suggesting that my son would have any use for such a thing!" wrote Karen Huckabee from Charleston, S.C.

"If my daughter gets arrested with one, will that affect her chances of getting into Comm School? Or a decent internship? Please let me know," wrote Susan Smith from Alexandria, Va.

"Should have sent my son somewhere safe, like JMU! They would never tolerate this underage drinking nonsense!" wrote Patty Moire from Roanoke, Va.

In order to save money, the IDs will double as student IDs, allowing students to get their groove on at Trin and get their Crossroads fix afterwards with a single card. The cards will be distributed before Block Party by University Programs Council members who have completely and utterly given up on their mission of providing alcohol-free alternative events for students.

"Honestly, at this point, why even bother? After getting stood up by Future and Lil Yachty last year, we were all like, 'F—k it.' We're setting up a couple of kegs at Rotunda Sings and passing out mini bottles of Fireball at Lighting of the Lawn. Maybe now we'll be cool enough to get some good talent."

Many current students view the policy in a positive light, although with a bit of jealousy.

"When I was a first-year, all I got was an email from Dean

Groves telling me about the 'legal risks and consequences' of going to Block Party. Now, these kids are getting the good times handed to them! As far as parties go, I'll admit it was pretty lame, but maybe if my fake had shipped in time I would've had more fun!" said second-year Connor Jackson.

Ryan says he hopes this seals the deal in raising the number of applicants for next year.

"Honestly, at a school like this, it's all about the money. More applicants mean a lower acceptance rate, which means more money in our pockets!"

KATIE MCCRACKEN is a Humor Columnist for The Cavalier Daily. She can be reached at humor@cavalierdaily.com.

U.VA. ISSUING FAKE IDS FOR CLASS OF 2022

C CARTOON

Contrast

Mira du Plessis | Cartoon Editor

First Years



Returning Fourth Years

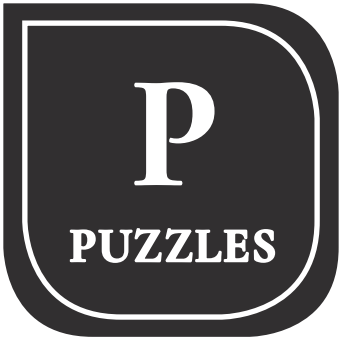


Mira du Plessis



Want to respond?

Submit a letter to the editor to opinion@cavalierdaily.com



WEEKLY CROSSWORD PUZZLE

Dan Goff | Arts and Entertainment Editor

*THE SOLUTION TO THIS PUZZLE CAN BE FOUND IN THE NEXT ISSUE

Across

1. The sort of group Sasheer Zamata founded when she was a student
7. Sounds raindrops make falling into water
12. What Keanu Reeves' character knows in "The Matrix"
13. French composer of "Boléro"
14. Opposite of ingests
15. Ancient Roman consul
16. Type of religious figure at the center of abuse scandals
17. Comes into view
19. Small freshwater fish
20. Recently active Italian volcano
22. Classic meme usually featuring Comic Sans
23. Totally — two words
25. Drugstore ___ Aid
26. Pelvic bones
27. Population group usually associated with the French
29. Resident of Carson City, for one
31. Strong, cold wind — also a Decemberists song

Down

33. Spiteful
34. Aimlessly idles
38. Largest continent
41. Completely fascinated
43. Choose for public office by voting
45. Hoover and Three Gorges are classic examples
46. Double, continuous S-shaped curve
47. Garment worn by South Asian women
48. Disputes truth of something
50. Portion of a lake or ocean where little to no sunlight reaches
53. Saturday's Wahoo Welcome performer
54. One of last year's Wahoo Welcome performers
55. Spicy condiment or spicy dance

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* SOLUTION FROM LAST ISSUE

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S	T	O	L	E	N					S	E	C	U	R	E	S
											H	E	S			

Down

1. Japanese art of flower arrangement
2. Unicorns, for example
3. What a music venue might initially do with tickets for a big show
4. Hasty decision
5. Prince of Bismarck in the 1800s
6. Evening prayer, or a type of martini
7. Archaic spelling of a word meaning archaic
8. 1944 Cary Grant flick "Arsenic and Old ___"
9. Exaggerated
10. Archway in garden or

- park with trailing plants
11. Type of red liqueur made with berries — two words
15. Location for some Wahoo Welcome events
- Aquatic and Fitness ___
18. Ocean
19. Shovel action
21. Old-fashioned photograph
24. Capital of Peru
28. Large, fragrant fruit that's one letter away from the StudCo president
30. Plant used in soothing lotions
32. Male deer, or single people at parties
33. Another word for a sophist
35. Term for a loser in a race or contest — two words
36. "And now for our ___

- presentation"
37. Pointed instrument to guide in lettering on signs
38. Horizontal passages leading into mines
39. Small East Asian boats
40. Stab with a sharp instrument
42. Some say it's the hardest job
44. Nervous motion, often facial
49. Small, annoying bug
51. Phabulous
52. Protagonist, classically



T-Pain freshens up Welcome Week

Iconic hip-hop artist brings a seriously lively set to the Amphitheatre

Dan Goff | Arts and Entertainment Editor

The McIntire Amphitheatre underwent one of its more interesting transformations Saturday night. As one of the most iconic structures on Grounds, its uses range from a study space to the location for the fall Activities Fair to the ideal place to eat dumplings — and occasionally, a concert. The Amphitheatre boasted a free show for students from hip-hop legend T-Pain Saturday night, a University Programs Council-sponsored event which helped kick off this year's Welcome Week festivities.

The space was packed well before 9 p.m., with students filling the field and stone steps. They continued to pour in as the night

progressed, resulting in what might have been the best turnout for a UPC concert since the J. Cole Welcome Week show of 2016. Those on the field pressed in towards the Amphitheatre's stage, which was decked out with multi-colored lights and a complex sound system.

T-Pain took the stage before 9:15, dashing into sight with a manic level of energy he would maintain the entire night. He immediately started the set with a few verses of "Roll in Peace (Remix)," before moving on to such unforgettable classics as "Booty Wuk (One Cheek At a Time)" and "Buy U A Drank (Shawty Snappin')." T-Pain kept the audi-

ence guessing by switching from song to song without playing many in their entirety, maybe in an attempt to avoid the redundancy of some of his music.

The crowd didn't quite match the performer's energy, but the students did their best to let T-Pain know they were enjoying themselves. Perhaps the reason for the unbalanced give-and-take stemmed from the fact that many audience members didn't seem to know the words to T-Pain's songs. As an artist whose famed peaked several years ago, he's admittedly not as timely as J. Cole or D.R.A.M. T-Pain seemed to acknowledge this himself by playing samples from undeni-

able crowd-pleasers like "Turn Down For What" and "All I Do Is Win" — a DJ Khaled track which features T-Pain.

Though his performance might've come to the University a few years too late, T-Pain's stage presence was timeless. The speed with which he dashed around stage made him appear years younger than 32, showing off countless dance moves with a youthful grin. His mixer stood at a table backstage and helped amp up the hype by counting down the beat's drop for every track and dancing alongside the main performer.

One of the most impressive surprises of the night — or at least, impressive to those students who hadn't seen T-Pain's Tiny Desk Concert with NPR — was the sheer power of T-Pain's singing voice. The "rappa ternt sanga" has a serious set of pipes, but his autotune-laden tracks hide or modify the vocals almost past recognition. He got to show off his singing ability on songs like "I'm N Luv (Wit a Stripper)" and "I'm Sprung," both from his earliest album and both with a beautiful R&B undertone that shone through when he belted out their final notes. These were two of the few tunes he performed from start to soulful finish, counting on the audience's recognition of his most classic tracks to carry him through to the end.

Perhaps most importantly, T-Pain was funny. He brought his own happy-go-lucky brand of humor and sincerity to the night, addressing the audience

casually during rare breaks in his set. "Thank you for inviting me to your s—t," he said at one point early in the show. "You really didn't have to and I appreciate it."

T-Pain went on to make a plug for elwoodclothing.com in reference to the red plaid pants he was wearing, mentioning that they were the perfect fit to farting in and lectured the audience on their impatience to hear the most anticipated song of the night, 2007's "Bartender."

"You know I'm gonna do it," he said to the eager crowd, adding that the more students shouted for it, the longer he would wait to play it. "Nobody tell T-Pain how to do what he does."

When he did eventually play "Bartender" — though again, only the first part of the song — the crowd was at peak energy level. Even those who had only heard the name T-Pain were dancing along, caught up in the infectious sense of camaraderie the hip-hop artist had created. It was a enjoyable, simply fun event to herald in the Class of 2022, one last nod to the stress-free days of summer before the workload of the fall semester.

In one of the last songs before the performer promptly left the stage a little after 10 p.m., his mixer encouraged the crowd of students to take a simple chant — "T-Pain! T-Pain!" The audience had no problem complying.



COURTESY OF UNIVERSITY PROGRAMS COUNCIL

Welcome Week performer T-Pain, a hip-hop icon known best for his autotune-heavy tracks, brought a night of stress-free fun to the McIntire Amphitheatre Saturday.

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In conversation with Micheline Marcom

Newest addition to creative writing faculty shares history, ambitions

Dan Goff | Arts and Entertainment Editor

The University's creative writing program — as prestigious as it is — is often overlooked by the average student. The MFA program has taught such celebrated writers as Aja Gabel, Christina Baker Kline and current professor Thomas Pierce. Its faculty is just as impressive, boasting the highly awarded Jeffery Renard Allen, Elizabeth Denton and former Poet Laureate Rita Dove.

One look at Micheline Marcom's career and awards proves that she will be a welcome addition to the staff. The Saudi Arabian-born novelist has lived in California most of her life, where she penned beautiful, fiercely political works such as "Three Apples Fell From Heaven" and "The Brick House." Arts and Entertainment had the opportunity to speak with Marcom through email about formative career moments, her reasons for writing and teaching and what she hopes to accomplish at the University.

Arts and Entertainment: How did you obtain your position on the creative writing staff? Have you been a creative writing professor at other universities?

Micheline Marcom: The Creative Writing Program / English Department ran a national search for which I applied. Before coming to UVA, I taught in the MFA and undergraduate program in Creative Writing at Mills College in Oakland, CA for fifteen years and I also served on the faculty of the low residency MFA program in Creative Writing at Goddard College in Port Townsend, WA. for ten years.

AE: The incorporation of historical events is central to your writing. Is your fiction partially intended to educate audiences who might not otherwise know about the events you describe? Do you think creative writing is an effective medium to do this?

MM: I have written several novels which take up particular moments in history, oftentimes calamitous ones and sometimes ones which are not widely known or which are not (yet) part of the mainstream historical record and / or awareness, such as, for example, the Armenian genocide of 1915 about which I wrote a trilogy of novels. I don't, however, think it is the job of literature to educate audiences per se, that it should not and cannot be didactic for then it will fail as imaginative literature, but I do believe, as the Italian writer Italo Calvino said in an essay he wrote called "Right and Wrong Political Uses of Literature," that

literature is one of society's instruments of self-awareness and that it is "necessary to politics above all when it gives voice to whatever is without voice, when it gives name to what as yet has no name."

AE: What are some of your main goals when you write?

MM: My main goal when I write is to write well, to write truly, and depending what project I'm working on at the moment, to do everything within my power to inhabit and deeply and accurately render the world I am writing about.

AE: In your own writing, you say you want to "make space for the unsaid." Does that philosophy apply to your teaching methods as well? What are some of your goals when

teaching?

MM: As a teacher I try to create space for my students to go beyond known or received ideas and ways of reading and using language to try new things, go to an "edge," experiment and explore. I think this does in fact make space for the unsaid and the not-yet-said. I model my teaching of creative writing on how I work as a writer. My pedagogy is one where basically the books are the teachers and we writers apprentice with them — this is a lifelong undertaking. My goal as a teacher is to support writers in their apprenticeship, to nudge them when needed, like a coach might, and to enthusiastically remind them that the world is a place of stories and theirs too have need of a telling. As it says in the "Yogavāsīṣṭha," "The world is like the impression left by the telling of a story."

AE: What do you hope to accomplish at the University?

MM: This is a big question! I'm a lifelong Californian, so for now I hope to engage with the community here on all levels and get to know the university, its people, as well as Charlottesville and its community and life.

AE: What would you say are some of the largest challenges you've faced in the classroom setting, either as the student or the professor?

MM: As a young college student the largest challenge I faced was in developing good habits around studying (I was a terrible procrastinator my first year of college) which for me hinged on finding a field of study — in my case comparative literature — which turned me on, made me curious, created a sense of meaning in my life, so that studying

was no longer a chore, or a means to an end, but a passion. Once I discovered what I loved to do I no longer postponed it, or put it off — this is what I often tell my students: we don't resist doing what we love. Of course I think fear plays a big role in procrastination: fear of failure, fear of not being smart enough, etc., but let's just say I realized, eventually, that love (of a subject, of study, of inquiry) eventually trumps fear of performance or of a bad grade and the like.



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Micheline Marcom, accomplished author of such works as "Three Apples Fell From Heaven" and "The Brick House," joined the creative writing faculty for the fall semester.

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SDAC expands digital presence

The Student Disability Access Center increases accessibility and awareness within University community

Aisha Singh | Senior Writer

The Student Disability Access Center has been implementing changes to make Grounds more accessible for all students, particularly improving its web resources and establishing its presence.

The SDAC is utilized by students with learning or physical disabilities and other accommodation needs. After completing an intake and eligibility process, students are able to use the center as a resource based on their unique circumstances — whether that be academically, physically or emotionally for example.

“We do partner with colleagues around the University just depending on what’s needed,” Director Barbara Zunder said. “We work very closely with Housing and Residential Life, we work with dining services, we work with the Provost office quite a bit, Student Financial Services ... It really is determined based on what the student needs.”

The SDAC is currently undertaking new initiatives, such as conferences focused on accessibility improvements and faculty workshops to increase awareness for University members with disabilities. A recent push is in the realm of its online presence.

In January of last year, the SDAC debuted an online system, allowing students to utilize its re-

sources at any time. This system features letter notifications that can be automatically sent to professors detailing the accommodations required for a student.

“They changed the system in the past year or two, where it’s all online, so I can go in and I can collect all the accommodations that I want for a specific class, and then just click a button and it will send those letters to my professors,” fourth-year College student Michelle Miles said.

The Accessibility Partners @ UVA — comprised of the SDAC, the Coordinator of Academic Accessibility in the Provost Office and the Office for Equal Opportunities and Civil Rights — plans to announce an online system called “Accessibility at UVA” this September. According to Zunder, this platform will allow all people — students, faculty and visitors to Grounds — to access accessibility-related information, helping the SDAC increase its digital presence.

The SDAC also plans to partner with other institutions to improve accessibility in higher education. One of these conferences is happening this September, and the University is hosting another later this year.

In addition to these ongoing projects, Miles has witnessed

more accessible options appearing on Grounds in recent years. In a meeting her first year with Wynne Stuart, the University’s associate provost for academic support and classroom management, she described issues she had on Grounds.

“My first year, I wrote everything down in a little notebook — everything that I came across that was a problem for me I would write down,” Miles said. “Over the next year or two, I noticed that a lot of those problems were changed.”

Many of these issues referred to sidewalks, which can sometimes be rough and difficult for wheelchairs to easily navigate.

“The bricks in front of Clark [Hall], they used to be so rough, and I think this past year they just completely redid that whole area so those bricks are a lot smoother and nicer to go on,” said Miles, who uses a motorized wheelchair.

Further, the SDAC utilizes an online tool called Report a Barrier, established in April of 2016, which has made it easier for students with disabilities to describe report inaccessible areas on Grounds.

“Usually, I use it when there’s like one of the automatic door openers that I use isn’t working,” Miles said. “And I’ve found that every time that that has happened, it’s been fixed.”

The Report a Barrier tool can be

used not only for mobility issues, but also for attitudinal, policy, academic or online barriers — any type of barrier that may hinder accessibility.

The SDAC is also part of the Barrier-Free Access Committee — a collaboration between many departments at the University, such as Housing and Residence Life, Transportation and the Provost Office — whose efforts have worked to make ramps on the Lawn a reality, despite minor pushback from the Jeffersonian Grounds Initiative. The ramps, which are currently being installed between the tiers of the Lawn, add wheelchair accessibility to the UNESCO World Heritage Site.

“There are no rules for UNESCO World Heritage Sites needing to be accessible,” Miles, who works closely with the BFAC, said. “It’s up to UVA, and all [off] its committees whether they’re going to approve all of that, and they have.”

Currently, multiple organizations on Grounds — such as the Disability Advocacy and Action Committee, which has its own working student group — operate both with and independently of the SDAC. However, forming a community around and consisting of people who have disabilities or require accommodation is difficult, according to Miles.

“Disabilities are so hard to form a community around because they’re so different for everybody,” Miles said. “It’s definitely grown more since I was a first-year.”

Regardless, the atmosphere at the University has been welcoming, according to Miles.

“Before I even committed to coming to UVA, [the SDAC] said ‘UVA is a historic campus, and we have a lot of shortcomings when it comes to accessibility, but ... if you have the drive to be here ... and if you love the school as much as we do, we want to make you as welcome here as possible,’” Miles said. “No other school gave me that kind of advice.”

From an administrative perspective, Zunder has also witnessed progress and has been impressed by the University’s willingness to adapt.

“People really do want to do the right thing when it comes to accessibility,” Zunder said. “A lot of times I think that these efforts are huge and they’re daunting and they take time. Sometimes it just takes time to make big change, but change is happening. And even the change that I’ve seen over the past three years has been huge.”

University app improves HIV treatment and support

PositiveLinks app is now being used by over 200 University patients

Andrew Ramirez | Senior Writer

According to the CDC, an estimated 1.1 million people in the United States are living with HIV and one in seven do not know they have it. In an effort to help people living with HIV and AIDS, University researchers created PositiveLinks, an app equipped with features such as appointment reminders and a wellness calendar to encourage treatment adherence. In June, the researchers published a study that found that PositiveLinks was able to improve treatment adherence and outcomes among HIV-positive patients.

The app began development five years ago with a collaboration between the School of Medicine and a small group of people living with HIV. After obtaining initial information, the research team decided to turn their attention to helping HIV-positive people remember to take their medication.

“We are aware that despite the fact that HIV is now a chronic disease that can be easily managed, that there are often many barriers preventing people from being able to take advantage of that great medication and the positive effects of that medication,” said Rebecca Dillingham, the principal investigator for PositiveLinks and an associate infectious diseases professor.

These barriers can range from emotional barriers, such as denial and stigma, to mental health issues. No matter the barrier, it is vital for patients to continue taking their medication so the research team sent automated daily text message reminders to patients. These messages were personalized by the patients themselves, rather than computer-generated, to encourage patients to take their medication through a warm message.

Researchers concluded that the

text messages were successful in getting patients to take their medication and, with input from patients, they believed that they could do more than just relay a message. Thus, PositiveLinks was created.

Since its creation, PositiveLinks has expanded to include a multitude of features in addition to its original medication reminders.

www.Alongside asking patients if they have taken their medication, the app also asks patients about their mood and stress level for that day. The results are then logged onto a calendar where patients can monitor their progress and make necessary changes if needed.

One key feature of PositiveLinks is the inclusion of an anonymous message board. The message board is a place where patients can talk freely on anything they wish from general conversation to more in-depth topics. No matter the topic, users of the

app can find support from one another when needed.

“We found that for every request for support, there were many times, three to four times as many responses offering support,” PositiveLinks Expansion Manager Ava Lena Waldman said. “So it gives people an opportunity not only to find support but feel that they have something to offer to someone else as well.”

Other features of PositiveLinks include appointment reminders, lab results and the ability to message clinic staff on any issue.

An update for PositiveLinks currently in development is the translation of the app into Spanish and Russian. In addition, the app will soon include a secure document upload feature. This will allow patients to take a picture of their medical documents quickly and securely and upload them from the comfort of their homes.

The app currently serves over 200 University patients, and is being rolled out at hospitals in Northern Virginia and Lynchburg as well. The app is also being utilized in Irkutsk, Russia to support people co-infected with HIV and tuberculosis.

PositiveLinks continues to change and evolve to better suit those living with HIV. One thing that has not changed is the sense of community it has brought to its users.

“Something else that came nicely from participants is that we call the patients who use PositiveLinks ‘members’ because they themselves have called themselves the PositiveLinks family so they are members of this family,” Waldman said. “I think that also speaks to the kind of support that they find and the kind of community they find within the app.”

Physician, state entomologist discuss mosquito risk

Charlottesville harbors 30-plus mosquito species, including four that can transmit West Nile Virus

Navya Annapareddy | Senior Writer

As rainy summer weather occurs across the United States, students and faculty returning to Charlottesville from summer travels should keep the potential health risks associated with mosquitoes in mind. Rainwater collected in puddles and outdoor receptacles can provide water sources for mosquitos, which lay their eggs in stagnant water.

In addition to diseases such as Zika, one notable mosquito-borne illness is West Nile Virus. WNV is most commonly spread to people through the bite of a mosquito that feeds on WNV-infected birds.

According to the Centers for Disease Control and Prevention, cases of WNV peak during mosquito season — which lasts throughout the summer and fall. Mosquitoes across the state of New York have tested positive for WNV, and numerous states — including Virginia — have reported WNV infections in humans to the CDC this year.

No vaccines exist to prevent WNV and no medications exist to treat the virus in humans. Only one in five infected people show signs of illness and may develop symptoms ranging from a fever and body aches to inflammation of the brain and spinal cord.

David Gaines, a State Public Health entomologist at the Virginia Department of Health, said there are about 60 species of mosquitoes found in Virginia and about half those species reside in or around the Charlottesville area.

Culex pipiens, *Aedes albopictus*, *Aedes triseriatus* and *Aedes vexans* are four species found in Virginia that he said are of increased public health importance because they could potentially carry and transmit WNV.

He said that while he was involved in mosquito surveys in Charlottesville between the years 2002 through 2006, he is unsure of Charlottesville's WNV status this year.

"Back in those days, we did occasionally detect WNV-infected mosquitoes during our Charlottesville surveillance activity," Gaines said. "They were always the *Culex pipiens* and the *Culex restuans* species."

He said that in Virginia, there is no state money currently allocated for mosquito control or surveillance and larger-scale mosquito control programs are only seen in the very wealthy counties that regularly see human cases of WNV — such as Fairfax or Prince William County — or in heavily-populated counties that

experience outbreaks of floodwater mosquito species.

Prior to this year, he noted that only one case of WNV has been identified in the area of Charlottesville and Albemarle County.

That case was seen in a person who had travelled to another WNV endemic area in Texas beforehand. Gaines said that while transmission of WNV to people is possible in the Charlottesville area, he has no knowledge of it occurring yet. Instead, he said that WNV transmission is present is surrounding areas.

"The nearest place to Charlottesville where we have seen local WNV transmission to people has been in Greene County — somewhat close to where there is a sewage treatment plant — and in the agricultural sectors of the Shenandoah Valley where there is a lot of livestock production," Gaines said.

He said that all species of mosquitoes go through seven stages of life including an egg stage, four larval stages, a pupal stage and an adult stage. The immature larval and pupal stages of each mosquito species occupy specific aquatic habitats.

Culex pipiens larvae specifically occupy water with high organic content such as stagnant water in storm sewer pipes, unused sewage treatment plant tanks and water that contain some animal manure or dead leaves. He said that *Aedes albopictus* and *Aedes triseriatus* — commonly known as Asian tiger mosquitoes and Eastern treehole mosquitoes — are only found in unpolluted artificial or natural containers of water while inland floodwater mosquitoes are found mostly in rainwater puddles.

Dr. Anjali Silva, an Elson Student Health staff physician, recommended students practice habitat avoidance on the areas where mosquitoes live. She also recognized areas with standing or stagnant water — such as ones in backyards — as places to avoid and suggested emptying collections of water on properties that mosquitoes could inhabit.

She said that different types of mosquitoes cause different diseases and bite at different times of the day.

"The *Culex* mosquito that carries West Nile Virus tends to bite from dusk to dawn," Silva said. "It would be important to be indoors at this time or at least behind screens."

Aside from protective clothing such as long pants and long-sleeved tops, she also rec-

ommended that clothing and camping equipment be sprayed with an insecticide called permethrin that can last through several washings without losing effectiveness. Additionally, insect repellent can be used on exposed skin.

"The best products are extended-release liposomal formulations of DEET, which can last up to 12 hours, or picaridin, which

doesn't damage plastics and delicate fabrics like DEET can," Silva said.

She suggested not using products that combine insect repellent properties with sun protection because they tend to not be effective for protection from either. Instead, she advised applying sunscreen first and then insect repellent over skin.

In the most recent Virginia

Department of Health Arbovirus Case Report in 2015, Charlottesville and the surrounding Albemarle area had no confirmed or probable cases of WNV.

Fortunately, while this year's predominance of WNV transmission remains unknown in Charlottesville, the CDC states that only 1 out of 150 people who are infected develop a more serious WNV illness that can be fatal.



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According to the Centers for Disease Control and Prevention, cases of West Nile Virus peak during mosquito season.

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