

# THE CAVALIER DAILY

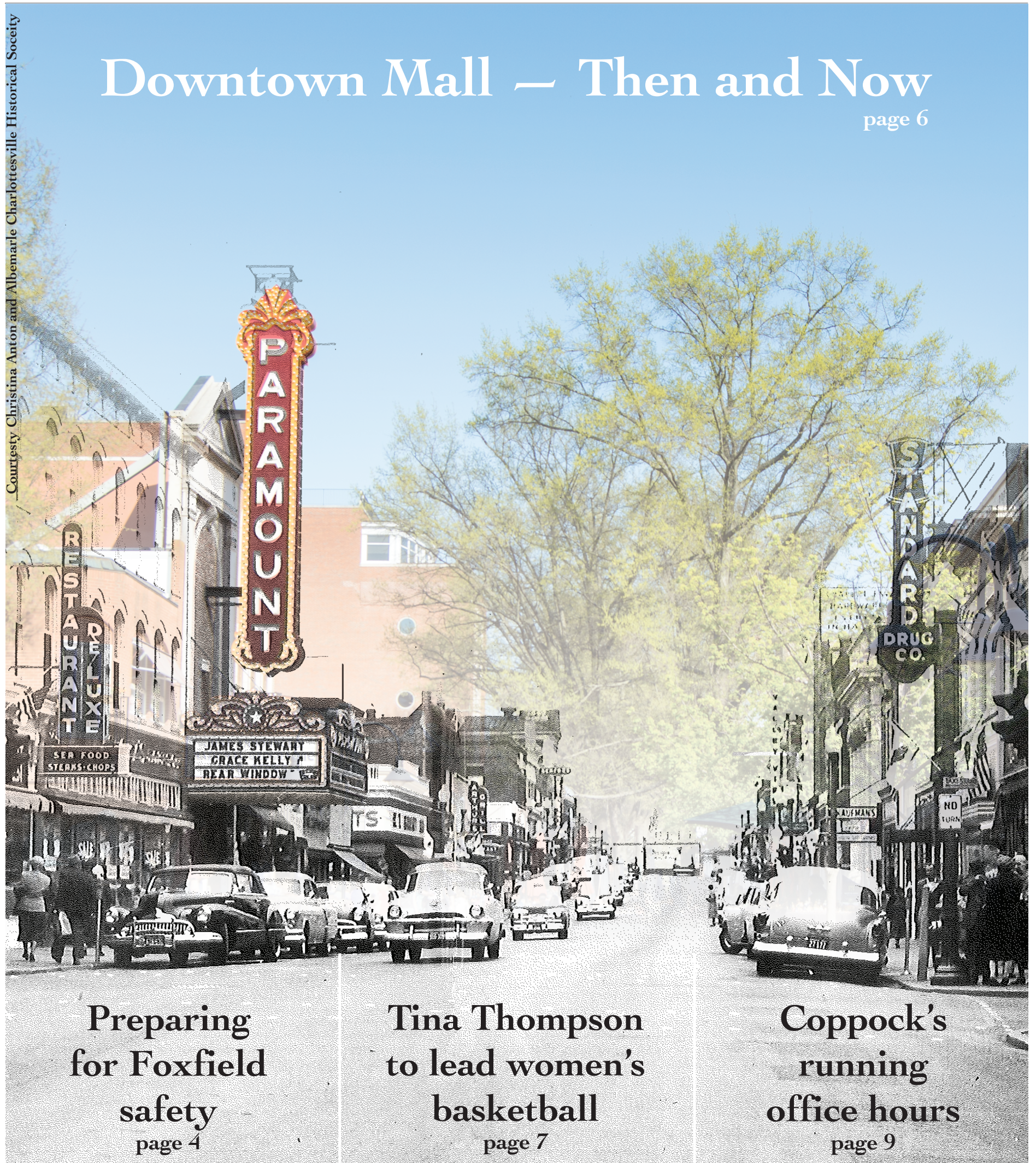
Vol. 128, Issue 28

Thursday, April 19, 2018

## Downtown Mall – Then and Now

page 6

Courtesy Christina Anton and Albemarle Charlottesville Historical Society



Preparing  
for Foxfield  
safety  
page 4

Tina Thompson  
to lead women's  
basketball  
page 7

Coppock's  
running  
office hours  
page 9





## This week in-brief

Maggie Servais | News Editor

### Richmond mayor and Miller Center director deliver talks on youth engagement

Student Council held a forum Friday, April 13 entitled "How to Fix American Democracy," part of the 2018 Tom Tom Founders Festival. The two-part event — hosted by the Student Council and sponsored by the Miller Center of Public Affairs — centered around youth civic engagement and ways to increase voter participation in the U.S., especially among students.

The event began with faculty and community member-led Lawn room discussions. The discussions preceded keynote speeches from Richmond Mayor Levar Stoney and Miller Center CEO and Director Bill Antholis at the Miller Center building.

Following Stoney and Antholis' addresses was an hour-long panel featuring Listen First Project founder Pearce Godwin and founders of the Modern American Party — a third party seeking "contemporary" solutions through technology and social media — Wyatt Melzer and Jane Brady Knight.

The panelists discussed their views on the current political environment and the most important issues facing American democracy, as well as ways to mend partisan divides in the U.S. and inspire students and others to speak out and to make changes in their communities. The discussion was moderated by Liam Wolf, a fourth-year Engineering student and former Student Council chief of cabinet.



### City to conduct second survey about Emancipation, Justice Parks' names

At its meeting the night of Monday, April 16 the Charlottesville City Council continued its debate on the renaming of Emancipation Park and Justice Park — formerly Lee Park and Jackson Park. City Council decided to release another survey to the Charlottesville community, which Council will use to make a final decision in July.

In the new survey, voters can choose between Market Street Park, Swanson Legacy Park or Central Park to replace Emancipation Park. For Justice Park, residents can opt for Court Square Park, Courthouse Park, Swanson Legacy Park or to simply retain Justice Park. As with the last survey — which ended earlier this month — a free-response option will be provided for both parks.

City Council voted unanimously last June to change the names of Lee and Jackson Parks to Emancipation Park and Justice Park, respectively.

"Emancipation Park" was not on the official list of names suggested by residents, so many residents felt City Council had ignored them. Following the vote, the Unity Coalition created a petition to pressure Council to choose new names approved by the majority of Charlottesville residents.

After the second survey is completed in July, City Council will deliberate on the parks' name.



### Michael Sam, the first openly-gay NFL player, speaks to audience about love

Michael Sam, former football player and LGBTQ activist, spoke at McLeod Hall Thursday, April 12 to close the Excellence Through Diversity Distinguished Learning Series hosted by the School of Engineering and Applied Science. Sam was the year's final speaker, after hearing from activists including Cornel West, Angela Davis and many others throughout the previous year.

Sam told the audience the story of finding out he was drafted for the NFL. He had been passed for six rounds in the draft before getting a call from a team. He was one of the last players to be drafted. Sam described how he celebrated after the phone call from the St. Louis Rams and opened up about how the media reacted to his on-screen kiss with his boyfriend, and how it affected him personally.

Sam's speech was not focused on LGBTQ activism, but instead more generally about love.

"When you leave," Sam said, "I want you to tell somebody — I don't care if it's your mom, dad, sister, girlfriend, boyfriend, fish, dog, cat. Tell that person that you love them."



### Jefferson statue painted with 'Racist,' 'Rapist'

The statue of a seated Thomas Jefferson located on the Lawn was painted with the phrase "Racist + Rapist" in the early hours of Friday, April 13. The defacement comes on Founder's Day, the anniversary of Jefferson's birthday celebrated at the University and Monticello.

The defacement likely refers to Jefferson's ownership and use of slaves for the construction of the University and work on his plantation, and Jefferson's alleged rape of Sally Hemings, a slave owned by Jefferson who he is believed to have had children with.

"The University is disappointed that individuals vandalized the statue of Thomas Jefferson on the Lawn on the day that we honor his contributions to our University and to our democracy," University Spokesperson Anthony de Bruyn said in a statement. "The University recognizes the complexities of Thomas Jefferson's legacy and continues to explore them fully and honestly. UVA welcomes open and civil discourse on such important issues. However, acts of vandalism do not contribute to meaningful discussion."

The paint was removed from the statue by a crew from the University's facilities management department.



# Libraries install new signs on vaping policy

The signage references a longstanding policy prohibiting vaping inside U.Va. buildings

Sophia McCrimmon | Staff Writer

Facilities Management installed additional signage outside of libraries this week in order to draw attention to the University's prohibition on smoking and vaping inside buildings on Grounds. The installation of signs comes partially in response to the rising popularity of JUULs, a type of vapor-based e-cigarette containing nicotine widely-used by college students.

The University's Policy SEC-028, which has been in place since 2008, explicitly states that "smoking and vaping by faculty, staff, students, and visitors are prohibited inside facilities owned or leased by the University."

The policy is part of the University's compliance with the 1990 Virginia Indoor Clean Air Act. It is next up for review in October of 2018.

Vaping is also prohibited within 25 feet of all entries and operable windows, as well as any place where vapor can "enter and affect the internal environment."

These policy details are listed on the new signs, which were posted outside the entrances to Alderman Library, Clemons Library, the Fine Arts Library and the Harrison Institute/Small Special Collections building.

Though the policy has been in place for a decade, its enforcement has recently met some obstacles due to the increasingly

common practice of JUULing within University facilities.

"The beginning of this semester there were a couple of instances where students weren't trying to be particularly subtle about it or anything," said Katie Densberger, the director of the Georges Student Center on the second floor of Clemons Library. "[In] the little glass rooms down here one of them looked like fog on the top of a mountain, just full of vapor."

Those incidents prompted Densberger to work with Facilities Management in adding signage on Clemons' second floor.

"If students really don't know that you're not supposed to [vape], which I find a little hard to believe, you'll see a sign and you'll know and maybe you won't do it," Densberger said. "If there's people who are sitting next to someone who's doing it ... if they see a sign then maybe they'll feel a power to tell someone to cut it out when they wouldn't have otherwise."

Kristy Davis, an industrial hygienist with the Office of Environmental Health and Safety, said she thinks the problem has been successfully contained thus far.

"It seems like people who are indulging in those activities or with those products are obviously being quite discreet, in my opinion," Davis said, "It doesn't

seem to have become an issue, at least in terms of bringing it to our attention."

Jeff Hill, director of Communications for University Libraries, said the indoor use of e-cigarettes hasn't been a major disciplinary issue.

"In the instances that we've encountered it, we've reminded the person vaping of University policy, and they've stopped — it hasn't been a problem," Hill said in an email to The Cavalier Daily. "If someone wants to smoke or vape, they just need to walk outside."

Nonetheless, the health risks associated with JUULs and other e-cigarettes remain unclear.

"There does seem to be a lack of education, especially for younger people who may not be aware that there are no long-term studies on the hazards of these chemicals and added fragrances," Davis said.

The University is joining a number of other educational institutions working to address the vaping trend. Currently, universities in Arkansas and Illinois are required to have e-cigarette-free campuses. More than 700 colleg-

es across 44 states have banned e-cigarettes on campus completely.

At the University, the additional signage has been installed to educate the student body about existing University policy.

"Some places just need to update their signage to include vaping, since we haven't needed 'No Smoking' signs in so many years," Densberger said. "I suspect it will get better as people hopefully realize that you're really not supposed to be doing it inside."



ATMAN SONI | THE CAVALIER DAILY

The use of JUULs, a form of e-cigarette, is prohibited in buildings on Grounds, according to University policy.

# Unite the Right organizer met by protesters at Law School

Jason Kessler did not violate "law or University policy" during his visit, University says

Kate Bellows | Senior Associate Editor

Jason Kessler — a white nationalist and organizer of last summer's deadly "Unite the Right" rally — visited the University Law School Library Wednesday afternoon, and was soon met with student, staff and community members protesting his presence and calling on the University to remove Kessler from the premises.

Kessler said he was doing research in preparation for the upcoming civil cases for which he is standing trial.

Charlottesville City resident James Taylor recently filed a civil suit against Kessler, accusing Kessler of assault, defamation and malicious prosecution after he punched Taylor on the Downtown Mall last January.

Kessler was spotted soon after arriving, and protesters congregated to follow him around the building. Police

and University administrators then arrived to monitor the situation.

According to Kessler, a library employee alerted local activist group Solidarity Cville of Kessler's presence.

Several protesters reportedly called the office of University President Teresa Sullivan, urging the U.Va. administration to remove Kessler from the building and ban Kessler from the University. The University did not take action to remove Kessler, and according to University spokesperson Anthony de Bruyn, Kessler was allowed to be at the library.

"The University is aware that Mr. Kessler was in the UVA Law School, including the library and certain administrative offices, earlier today," de Bruyn said in an email to The Cavalier Daily. "Our libraries generally are open

to the public. While several individuals followed Mr. Kessler throughout the facility to protest his presence, there were no violations of law or University policy."

Some protesters believed Kessler should not be allowed on University property after the Unite the Right rally last August.

"[U.Va. and Sullivan] did NOTHING when white supremacists attacked students & community members on A11 & A12. Nazi Jason Kessler is at [the Law School] & what do they do? NOTHING," reads a tweet from U.Va. Students United, a student group aiming to reform the University through direct action. "Nothing won't fly this time."

Kessler left the library later that afternoon.



MARSHALL BRONFIN | THE CAVALIER DAILY

Kessler says he was visiting the Law Library to study prior to an upcoming civil suit.



# ADAPT leads student education efforts prior to Foxfield

IFC, ISC, ADAPT, ODOS work together to curb unhealthy drinking behaviors on race day

Caroline Stoerker | Associate Editor

As many University students make preparations to attend the 41st annual Foxfield Races on April 28, groups on Grounds are making efforts to educate their peers on safety prior to race weekend.

Foxfield is known for being an event where some attendees drink excessive amounts of alcohol. Last year, five people were arrested on drinking-related charges — down from 20 the year prior — as arrests at Foxfield have generally declined over the past several years.

In recent years, the Alcohol and Drug Abuse Prevention Team at the University has led the charge in student education efforts prior to Foxfield. ADAPT works closely with Albemarle County Police, the Office of the Dean of Students, the Inter-Fraternity Council and the Inter-Sorority Council in order to provide ample education for stu-

dents participating in the events of Foxfield weekend.

Miranda Gali, ADAPT co-chair and a fourth-year College student, said the Safe Foxfield Races Campaign began 17 years ago after the University recognized a need for greater promotion of healthy behaviors during Foxfield.

“The Foxfield campaign has been in existence in some form since around 2001,” Gali said in an email to The Cavalier Daily. “It was started when a need was identified for more safety programming during this high risk period for students.”

ADAPT held two sessions of its annual Foxfield Education Session Monday evening in Newcomb Hall. Co-hosted with Albemarle County Police and representatives from Foxfield, the presentation focused on alcohol education, how to stay safe at Foxfield and gener-

al information about race day. The program specifically emphasized information about medical facilities at Foxfield and best practices for working with law enforcement.

“For ADAPT’s portion of the program we try to cover the basics of staying safe while drinking ... what preventative behaviors you can use, how you might plan for your day of drinking, et cetera,” Gali said.

Gali said that the education sessions have been ongoing for several years, and that ADAPT works closely with the ISC, IFC and ODOS every year to help promote educational events for students throughout the University.

Wilkerson Anthony, a third-year Commerce student and IFC public relations chair, told The Cavalier Daily in an email that ADAPT’s Foxfield education ses-

sions fulfilled Fraternal Organization Agreements — a series of six educational courses on topics such as sexual assault, hazing prevention and alcohol usage — that must be completed by all fraternity and sorority chapters at the University.

“Although the University does not require the IFC to educate fraternity men specifically for Foxfield, the Foxfield Education Session fulfills the FOA requirement for Greek organizations,” Anthony said. “If fraternities would like this event to count towards their FOA requirements, they are required to send at least [two-thirds] of their members to the event.”

Anthony also said that ADAPT works with the IFC to make educational resources known to every chapter, including free wristbands for students on the day of the race to keep track of their plot number

and avoid getting lost.

ADAPT also encourages students to sign the “Savvy Fox Pledge” — an oath wherein students commit to participating in safe behaviors at Foxfield — on Grounds the week before the races and operates a student safety tent at Foxfield on race day.

Gali said that in 2017, the ADAPT safety tent handed out hundreds of gallons of water, as well as sunscreen and snacks, and that the tent was successful in helping reduce consequences of dehydration and unhealthy alcohol usage.

“Last year negative consequences were definitely reduced, and we want to continue on that trend this year,” Gali said.

Representatives from the ISC and ODOS did not respond to requests for comment.

## Seminars, courses help students to apply liberal arts

The courses aid students in channeling their education into careers

Emma Bradford | Staff Writer

This semester, the College of Arts and Sciences has expanded upon relatively new courses that step outside the traditional classroom by helping students find a major, discover the best ways to learn and prepare for their lives after school.

Classes denominated as “LASE” — for Liberal arts seminars — have been around since 2015 and usually focus on a real-world applications of a particular subject. The College began a new set of classes, entitled “Engaging the Liberal Arts,” in fall 2016 that hone in on skills that will help students succeed even before they graduate, including resume creation and leadership skills.

One ELA class, titled “Designing Your Professional Summer Experience,” helps students focus on finding and preparing for professional summer internships. While the class does utilize the resources at the Career Center, some students felt that they gained much more from the course than they could from a career center appointment.

“A trip to the Career Center can get you awesome advising, but it can’t give you a class of 20 other students who also want to design their lives and give you more great advice or suggestions,” second-year College student Robert Larmore, who is taking the class, said in an email to The

Cavalier Daily.

Second-year College student Phebe Martin, another student in the class, already had an internship planned for the summer. She said she found the class valuable nonetheless.

“This class turned me onto a lot of resources ... that I wasn’t prepared to take advantage of or I didn’t know were available,” Martin said.

In another ELA class titled “Collect, Select, Reflect,” instructional designer Gail Hunger leads her students in the creation of an ePortfolio consisting of digitized documents, images, videos, audio files and other forms of online media. Their ePortfolios act as an “ultra-modern resume” and are meant to demonstrate a student’s skills and accomplishments.

While ELA classes are newer, more general and offered as non-College credit, LASE classes are taken mostly by third- and fourth-year students who already have post-graduation plans, but wish to be more prepared for their career.

One LASE class this semester was entitled “Science and Lived Experiences of Autism,” taught by Assoc. Psychology Prof. Vickram Jaswal. In the course, students take two semesters to examine research in many different fields of science

while working with members of the autism community to create new questions that need to be researched and explored.

“This class is unique in the sense that we have an exchange; there’s a group of autistic adults in [Northern Virginia] who kind of do some of the readings for the course along with us and we ask for opinions on the real things... which is something outside of the classroom,” third-year Curry student Sydney Cadogan said.

Cadogan said that she gained several things from this class that you could not get from any other class at the University.

“Our projects are more going past the normal ... to see how you can apply this to a real world situation,” Cadogan said. “I would recommend this to someone who wants to work with people in the sense that it definitely teaches you like a lot of different perspective taking and how even if someone isn’t exactly like you and that’s okay.”

Another LASE class titled “All Politics is Local” explores local politics in the Charlottesville area. Taught by Assoc. History Prof. Andrew Kahrl and Asst. History Prof. Sarah Milov, students spend two semesters working with community members to learn more about issues with voting rights, environmental-



CHRISTINA ANTON | CAVALIER DAILY

LASE and ELA courses are offered through the College of Arts and Sciences which is located in Monroe Hall.

ism and many more to understand the social, economic and environmental changes on the local level.

The course brought in community experts for guest lectures, including freelance journalist Jordy Yager and Charlottesville Tomorrow senior reporter Sean Tubbs.

“From those people, students emailed them and made connections with people whose expertise was in their subjects,” Milov said.

While some students came in

with an idea that they wanted to explore, Milov expressed that many students found their own interests through the class itself.

“I think some students found an interest through the course that they didn’t know they had; for example, some students who are working on local housing issues,” Milov said.



# U-Guides vary while addressing Unite the Right, slavery

University Guides given autonomy over their tours

Isabel Jones | Senior Writer

On Monday afternoon, around 50 recently-admitted prospective students gathered with their parents around a member of the University Guide Service as she prepared them for a Days on the Lawn tour. The group eagerly listened as the guide talked about the architectural history of the historic Lawn and the Academical Village, where eight months prior torch-carrying white nationalists had marched through the University's Grounds.

During the course of the 50-minute tour, the guide shared personal anecdotes about extracurricular activities, academics and studying abroad. However, despite a private question from a parent at the end of the tour, a dialogue on the University's deep ties to slavery and the events of last August's deadly Unite the Right rally — where several people were injured and one counter protester was killed — was largely absent from the discussion.

Victoria Robertson, a second-year Commerce student and a U-Guide, said she recalls one specific time someone asked about the rally.

"I was tag-teaming a tour with another member of my probationary class and one of the parents actually asked about August 11 and 12 and what we thought about its relationship with the Honor code," Robertson said. "And so, that's the most that I've ever really seen it brought up [at Days on the Lawn]. We both took turns talking about our perspectives of August 11 and 12 and the stories that we heard on the actual days, what the University did to address the situation, as well as what the more student sentiment of it was ... So it was pretty open and candid."

On this specific tour, parents and students did not express as much concern about the University's history with slavery or the Unite the Right rallies, as they did with subjects such as class size, studying abroad and student life.

"I guess [the University's history with slavery] is important to be mentioned, but I felt like the tour that we got was good for what I was looking for, at least," said Helen Belcher, a recently-admitted student from Brookline, Mass.

Belcher was visiting the University with her friend Sophia MacLean and their mothers, all of whom agreed that the tour provided the necessary information for admitted students, even though a discussion of slavery and the events on August 11 and 12 would have been a nice addition.

"I also did not feel like [the discussion of Aug. 11 and 12] was an omission," MacLean's moth-

er Joanne Liautaud said. "I do not have concerns about my daughter coming to U.Va. I feel like the faculty here, from what I've heard both from students and other folks, that it's a very supportive, liberal community as well so I think there are a lot of people on this campus that really help the discussion which I think is the most important thing."

Robertson said the U-Guides focused more on discussing the Unite the Right rallies last semester, when the events were still in the public eye. Her personal technique was to bring up posters denouncing hate on Lawn room doors at the start of the tour, then integrate a conversation about Aug. 11 and 12 naturally into the discussion.

U-Guides have given tours in the recent past that touched on controversial events before the white nationalist rallies of last summer, including the murder of Hannah Graham and the now-retracted Rolling Stone article alleging a gang rape at the University.

"Our oldest guides, who were giving tours immediately following Rolling Stone and Hannah Graham, were invaluable as we determined how best to address August 11th and 12th on tours," Mary Boyd Crosier, chair of the University Guide Service and a third-year Engineering student, said in an email to The Cavalier Daily. "Several of them spoke on a panel about their experience and recommendations at our first general body meeting and encouraged addressing the issues directly rather than waiting for questions. By addressing the 'elephant in the room' early on, you remove an element of discomfort if a given issue is likely to be on tourists' minds."

Even if U-Guides choose not to incorporate the details of Aug. 11 and 12 into their tours, the University Guides Service ensures guides are still prepared to field questions from worried parents and visitors on the matter. Furthermore, they provide them with useful segways and transitions into the topic, such as the subject of safety, Crosier said.

"Often, tourists anxious about August 11th and 12th on an admissions tour will express that by asking about campus safety," Crosier said. "A question about safety provides a good opportunity to explain what happened in August and couple it with an explanation of both administrative efforts to improve student safety and prevent a similar event from occurring, but also to highlight how students have come together to support one another."

Generally, the University's complicated past with slavery is only brought up in historic tours. His-

toric tours cover information on the founding and history of the University and typically last an hour. Each guide is required to dedicate one of the stops on the tour to discussing slavery. However, the way in which guides choose to address this topic is up to them.

"I don't touch as much on [Thomas Jefferson]. I think in my case it's more important to give testimonials to the actual slaves who worked at the University and we have access to those stories so I touch on them a little more specifically," Robertson said. "I have friends who talk a lot about Thomas Jefferson and his conflicting views on slavery in their tours. It's just up to the individual tour guide."

Jefferson, the University's founder, has come under increased scrutiny as a slave owner after the Unite the Right rally. Last September, activists put tarps over a Jefferson statue north of the Rotunda to protest his ownership of slaves, among other things. On April 13 — the anniversary of Jefferson's birthday — another Jefferson statue was painted with "Racist + Rapist," likely for a similar reason.

Since the University Guides Service operates independently from U.Va. admissions, Guides have complete autonomy over the information they choose to include in tours and the ways in which they choose to relay that information. However, the University Guide Service does

require guides to undergo extensive training and to incorporate certain big ideas into their stops.

"When new guides are trained, they read a lot of [slaves'] stories, and also hear firsthand from Kirt von Daacke, one of the co-chairs of the President's Commission on Slavery, Brandon Dillard, Director of Slavery at Monticello tours, and other experts about how to discuss Jefferson's complex past," Crosier said. "New guides also practice their tour stops each week with older guides, who also challenge them to answer difficult questions on topics like Jefferson's relationship with Sally Hemings that they may be asked on tours."

Last August, Dean Gregory Roberts from the Office of Undergraduate Admission and Nicole Eramo, executive director of assessment and planning, attended a University Guide Service general body meeting to offer explanations of the University's response to the Unite the Right rally and advice on how to address the issue during tours. However, none of these suggestions were required to be adopted by the guide service and were meant to serve as guidance.

"I think a significant challenge looking forward will be ensuring that future guides, starting with the Class of 2022 this fall, feel fully equipped to address August 11th and 12th having not been UVA students at the time," Crosier said.

"We've already incorporated August 11th and 12th and the details of the response into our training packet for new members, but more difficult will be to impart the emotional impact the events had (and continues to have) on the student body so that new guides can share that story for years to come."

Robertson and Crosier also identified a scarcity of information on the University's history with slavery as another obstacle to incorporating discussions of slavery into tours. Although the University has recently taken greater initiative in acknowledging its past, there is still progress to be made with initiatives such as the President's Commission on Slavery, which was charged in 2013 with commemorating the University's historical relationship with enslaved people. The Commission held a symposium in 2017 entitled "Universities, Slavery, Public Memory and the Built Landscape."

"In regards to interpreting the University's history with slavery, I think our biggest challenge is to continue to press for individual narratives through research and the sharing of said stories," Crosier said. "Our ultimate priority is to tell a truthful and relevant history of the University, and this cannot be achieved without talking about the history of slavery at UVA."



MEGAN VICKERY | THE CAVALIER DAILY

Held several times throughout the spring semester, Days on the Lawn aims to encourage admitted students to enroll at the University.



# F

## FOCUS

# Tracing the evolution of the Downtown Mall

Charlottesville's Main Street offers an area for students, locals to converge

Ali Sullivan | Staff Writer

Humming with the clatter of heels against red brick, chatter at park benches and the chorus of street performers, the Charlottesville Downtown Mall is thought by many residents to exude an inexplicable charm — one that has allowed Main Street to maintain a thriving business scene for over 40 years. Amidst the bustle of foot traffic, a handful of street vendors sell artisan goods ranging from elaborately embellished scarves to hand-blown glass flower pots. Stretching eight blocks of brick-paved, tree-lined walkway, the pedestrian mall is one of the longest of its kind. More than 120 shops and 30 restaurants occupy the space, offering a diverse mix of boutiques, tastes and sights.

The Historic Downtown Mall offers an eclectic space for locals, University students and tourists to converge. Since its 1976 inception, the area has undergone countless changes — both physically and symbolically — throughout its transformation into a staple of Charlottesville culture.

### What makes it “historic”

Initial murmurings of transforming Charlottesville's Main Street — a two-way road at the time — into a pedestrian mall began after the 1959 opening of Barracks Road Shopping Center, which threatened to draw business away from the city center. However, Margaret O'Bryant, a longtime Charlottesville resident and librarian at the Albemarle Charlottesville Historical Society, said that the impetus of the project didn't take off until City Council made the widely-contested decision in 1964 to raze Vinegar Hill, a thriving prominently African-American commercial district on the western end of the mall.

“That has been one of the big thorns in the history of the community, particularly in the African-American community,” O'Bryant said. “A lot of [the Vinegar Hill neighborhood] was not in good shape, which was one of the big angles for moving the project forward to redevelop with the idea to create a better neighborhood that was largely more commercial.”

The demolition of Vinegar Hill resulted in the eviction and subsequent rehousing of 600 residents — 92 percent of whom were African-American — as well as the destruction of 130 buildings. Nonetheless, this often-disputed move was not a unique one — O'Bryant said the City's choice mirrors a broader theme of post-World War II urban renewal sweeping the United States in the mid-twentieth century. Even still, the land sat vacant until a decade later when the official construction of the mall began — on Jan. 1, 1975 the City put in place barricades preventing traffic through the area and started the tedious work of unearthing Main Street.

“My husband and I moved here in

1975. At that time, Main Street was dug up — there were actually piles of dirt and they were doing construction on the mall,” O'Bryant said. “For someone coming into the community and not having known all the history, it was kind of inexplicable why they had done this to themselves.”

### From chain outlets to artisan goods

When the dust of construction finally settled in July of 1976, the final brick of the first, five-block section of the mall was laid in Central Place, thus marking the completion of Charlottesville's pedestrian mall. After that last brick, large department stores like Miller & Rhoads, Leggetts (now Belk), Woolworths and A&N were among the first to spring up along the brick-lined pathway. Julia Kudravetz, owner of New Dominion Bookshop, recalls buying sneakers from one of those chains.

“There used to be an A&N where I used to get my Chuck Taylors. That's now the Skybar,” Kudravetz said. “There's no more good places to get Converse in the Downtown Mall anymore — you can just get Frye boots. That's a bummer.”

Although small, Kudravetz's anecdote speaks to the Mall's quiet transition from a somewhat blue-collar space where locals could buy necessities into the diverse and more artisan small business scene of today. While Kudravetz may lament her newfound inability to buy a pair of Converse, she said she appreciates the quirk and historic authenticity that comes with locally-owned storefronts.

That historic feel, however, did not come immediately. Instead, the mall waited until the late 1980s to achieve popularity, when small businesses finally flocked to the city center. O'Bryant said that the downtown truly took off around the time Tony LaBau opened Chaps Ice Cream in 1985.

“Tony really came along with the mall,” O'Bryant said. “I think he got started largely during the same time the mall did.”

Since then, the mall has evolved into what LaBau proudly describes as the “heart and soul” of the city, offering a car-free space for people to enjoy what he believes to be an authentically local environment. Given the 726 square mile sprawl of the greater Albemarle county, LaBau sees the Downtown Mall as that which brings the city together into one place.

“Downtown is the heart and soul of what makes everything in this City click and [everything] in the outskirts of the City click, business-wise. When people come and visit Charlottesville or Monticello, they don't say, ‘Let's go to Wegmans, let's go to Giant Food, or let's go to Hollymead,’” LaBau said. “What they do is they come downtown because it's the heart and the soul of the city.”

### Where students and locals converge

While LaBau might see the Downtown Mall as an essential facet of Charlottesville culture, the bulk of the patronage doesn't appear to stem from the University. Although Charlottesville Area Transportation offers a free bus into the heart of Main Street, student anecdotes reveal that they rarely find themselves in the area.

First-year College student Madeline McGeehan said she typically goes downtown with out-of-town visitors — travelling to the area either via the trolley or by foot.

“I go on occasion when people from out of town come or if it's a long weekend,” said McGeehan, laughing. “I always walk because I can't figure out the bus system.”

Second-year College student Blair Nicol said she regularly volunteers in the area — but rarely patronizes the local businesses.

“I go down there Tuesday mornings for volunteering at the Haven,” Nicol said. “Other than that, [I only go] when my family or boyfriend comes to visit because I don't spend money.”

Third-year College student Ellie Pare and second-year Engineering student Charlie Haywood cited similar reasons for their rare visits to Main Street, saying that they find themselves in the mall only on special occasions. With a college student budget, they said they are reluctant to regularly patronize the restaurants or shops.

Mike Rodi, owner of Rapture Restaurant, jokingly describes this shortage of student patronage as the “invisible wall on 14th Street” — adding that he thinks students find themselves caught up in University life and often struggle to escape the “strong gravity” of Rugby Road and the Corner. While downtown might act as the heart and soul of residential Charlottesville, it has yet to achieve primacy in student life.

Nonetheless, many students say they brave the journey to attend large events like weekly city markets or to see an occasional concert at the Jefferson Theatre or Sprint Pavilion. LaBau said that he sees events like these as facets of the downtown that bring the entire community together.

“If there's an event that everybody wants to go to, I don't think it matters if you're at the University or whether you're with the downtown folk and the local community,” LaBau said. “Everybody is mixed together, it's not segregated in any way.”

Although larger, well-publicized events might cast wider nets, Kudravetz adds that she believes students who regularly venture off Grounds differ slightly from their peers.

“I think the UVa. students who come down here are a kind of self-selecting breed,” Kudravetz said. “They're



CHRISTINA ANTON | THE CAVALIER DAILY  
COURTESY ALBEMARLE CHARLOTTESVILLE HISTORICAL SOCIETY

The Downtown Mall has undergone both symbolic and physical changes since its 1976 inception, and some shop owners believe these changes make Main Street distinctive from the average shopping mall.

more curious about Charlottesville. They're not always super into going to frat parties.”

### The faces behind the storefronts

Although University students — especially underclassmen without cars — might hesitate to patronize the Mall, the space sees no dearth of business. Yet the crowds that flock to Main Street on any given day aren't just pursuing tasty food or trendy clothes — Rodi said that the individual people, not just the businesses, allow the Downtown Mall to thrive in a manner unlike other typical shopping centers.

“You have these people that work here who are not just working in the shops,” Rodi said. “You have architects and law firms and stockbrokers. It always struck me that the architects know the names of some of the homeless guys. Not that social divisions don't exist, but this is a place where they largely get swept aside — at least temporarily.”

Rodi said that this ubiquitous sense of community has allowed the mall to recover from the events of this past summer. In August, the Unite the Right Rally turned deadly when local resident Heather Heyer was killed on the intersection of Fourth Street and Water Street by a car plowing through a crowd of peaceful counter protesters.

This past September and October, the mall suffered a decrease in sales and many business owners reported a significant impact on the number of customers and tourists. However, November's numbers showed a slight growth

in sales, signaling a change from the year's downward trend, and this upswing continued into 2018. While Rodi admits that the effects of the rally have disincentivized some tourism, he said that Charlottesville residents haven't altered their perception of the mall. Even with in tourism, Rodi anecdotally added that he believes that Main Street is back on the upswing.

“We're definitely sensing that things are starting to look rosy again, that we're starting to see life again — people looking carefree, people doing fun stuff on the mall, kids running up and down,” Rodi said. “There's diversity — same-sex couples holding hands, every variation of skin color out there on the mall. It's always been such a welcoming, comfortable, diverse place.”

That diversity and personality inherent in the Downtown Mall — LaBau, Kudravetz and Rodi agree — are that which makes it such an attractive place to be, both as a shopper and shop owner. Moreover, the people within that community — the shop owners, street vendors, performers and patrons — separate Main Street from your average shopping mall.

“I love being around people, I talk to everybody — I talk to homeless people, I talk to rich people, I talk to famous people,” LaBau said. “I love challenging their minds and values. [The mall] is home. It would be hard-pressed for me never to be here again.”



# Tina Thompson is ready for opportunity to lead

The new Virginia women's basketball coach doesn't shy away from the challenge of her first head-coaching job

Emma D'Arpino | Senior Associate Editor



ANDREW WALSH | THE CAVALIER DAILY

Tina Thompson's coaching career began in 2015 when she was offered a position as an assistant coach at the University of Texas.

In 1997, with the first ever pick in the WNBA's history, the Houston Comets selected Tina Thompson. After guiding the Comets to four WNBA championships, Thompson proved that Houston made the right choice with their pick.

It has been 21 years since she was drafted, and Thompson finds herself in yet another position to prove that she's the right pick. However, this time, she'll do so from the coaching side.

On April 16, Virginia Athletics Director Carla Williams announced that Thompson would be the new women's basketball head coach for the University. Though Thompson has never served as a head coach, she is ready for what she believes to be an opportunity that is the perfect fit for her.

"This is a wonderful opportunity, and the going theme has been that this is my first experience, and my thoughts is what a great first," Thompson said in her introductory press conference Wednesday afternoon. "I am excited. It's not often that someone with my experience gets to be a part of a program so prestigious,

so committed to excellence and young people, not just academically but also athletically. That is absolutely who I am and what I embody."

Williams expressed a similar sentiment of excitement for Thompson's potential as a head coach.

"There are inherent risks in everything," Williams said. "When you go from the No. 2 to the No. 1, there's transition, and I know a lot about that. If you're willing to work hard, if you're sharp, and if you're competitive and you care about people and can build relationships, you can be successful. And Tina has all of those things. And so while there will be a transition period, I'm very excited about the possibilities in the future."

Thompson's coaching career began in 2015 when she was offered a position as an assistant coach at the University of Texas. Though Thompson was a little reluctant to begin a career in coaching, she quickly excelled. She was especially well praised for her work of developing talent in post players along with her recruiting abilities. While Thompson

was doing great in her role, it didn't take long for her to realize that she wanted more responsibility.

"Approaching my first season at Texas, it was my goal," Thompson said of attaining a head coaching job. "I mean, it's my intentions in everything that I've done, I think I've been able to have the success that I've had in my basketball career as well as coaching because of my intentions. In everything that I do, I want to be the absolute best, and I want to lead from the front. It's where I enjoy being, in the front and leading and teaching."

So far, Thompson has proved her intention to be the best has lead her to that very accomplishment. In her 17-year professional playing career, she was a member of the WNBA All-Decade team, an eight-time All-WNBA selection, the All-Star MVP in 2000 and a two-time Olympic gold medalist. When Thompson ended her WNBA career in 2013, she left as the league's leading scorer with 7,488 points to her name. The record stood in place until Diana Taurasi recently surpassed

it in 2017. As a result of such a decorated career, Thompson will be inducted into the Naismith Memorial Basketball Hall of Fame this September.

Of course, these accomplishments didn't come easily — and Thompson's experience with coaching has been no different.

"First year, [was] really tough," Thompson said. "It's definitely different on the outside looking in from the coach's perspective, but I fell in love with the kids, being able to pour my experience into them and the growth that they were having because of it is what said, maybe let me try this again. So that's how year two happened. And from then on, it was just kind of a marriage. I enjoyed it. I loved, loved, loved the kids, and here I am."

Now that she's here at Virginia, she's looking to build off of the successful season that the Cavaliers just finished up. This year, the highlight for the Cavaliers was their first win in a game of the NCAA Tournament since 2009. The squad returns a great deal of talent, and Thompson is ready to start working with them right away.

"Well, I'll first say that we're going to work hard," Thompson said. "And I would be remiss to say that this is not going to be a process. It is. And building something great and worth having is absolutely a process. But we're in a good place. Coach Boyle left this program in a good place. Winning is always good, and when you start from a place of winning, it does make the process a little easier, but even the easy is hard... It is, it's going to be tough, but I like tough. I wouldn't be sitting in this position if I shied away from the hard or tough parts of this profession."

With her commitment to excellence and her determination to embrace challenges, it certainly seems like Tina Thompson is positioned to prove, just as she did 21 years ago, that she's the right pick.



# Hoos in the NBA Playoffs?

Former Cavaliers have contributed to the success of several teams in the NBA Playoffs

Alec Dougherty | Sports Editor

The Virginia men's basketball program is steadily gaining a reputation for churning out NBA talent, as Coach Tony Bennett has molded several of his recruits into professional-grade players. If former Virginia star Malcolm Brogdon winning the NBA Rookie of the Year last season was any indication, the Cavaliers are beginning to gain some NBA clout.

Not only have former Virginia players been key contributors this year, but several have played important roles in helping their teams secure playoff berths. Though not known for turning out NBA talent as consistently as its ACC rivals Duke and North Carolina, the Virginia men's basketball program has shown its growth into a solid developer of NBA role-players with the success of its former stars.

**Malcolm Brogdon, Guard, Milwaukee Bucks**

*Played at Virginia 2011-2016*

Former ACC Player of the Year, Brogdon has gone from a once overlooked NBA prospect to an X-factor for the Bucks in his two years since graduating from Virginia. The skills Brogdon developed as a Cavalier — from three-point marksmanship to

aggressiveness as a driver and defender — have translated seamlessly as useful skills in the NBA.

After a Rookie of the Year season in which he averaged over 10 points per game and recorded a triple-double, Brogdon faced many more hardships in his sophomore campaign. Despite his hot start to the season as a starting guard, the Bucks acquired star guard Eric Bledsoe to bolster their roster in early November. Brogdon transitioned to the bench and immediately saw his production decline as his stats dipped from the first month of the season.

As Virginia fans expected, however, Brogdon showed great resilience and adapted to his new role. He averaged 14.9 points in January after putting up less than 13 in November and December and put up a career-high 32 points in a late January win over the Phoenix Suns.

Hardship struck again for Brogdon when he tore his left quadricep tendon on Feb. 1, which kept him out until early April. It took him little time to regain form upon his return, as he dropped 13 points on 5-10 shooting in his second game back and followed with 16 in the

Bucks' first postseason match against the Boston Celtics.

Through all the troubles he faced this year, Brogdon managed to take a step forward in his second season. He averaged 13 points per game — up from 10.2 in his rookie campaign — an increased his field goal percentage by 2.8 percent. He figures to continue playing a major role as the Bucks look to outlast a deep Celtics team in the first round.

**Mike Scott, Forward, Washington Wizards**

*Played at Virginia 2007-2012*

It looked as though Scott's career had taken a dark turn several years ago when he was arrested on charges of drug possession in 2015 as a member of the Atlanta Hawks. Though the Hawks retained him, his minutes and production steadily slipped before he was ultimately traded and waived following last season.

The Wizards put faith in Scott to rebound — and for both sides, it paid off.

Scott averaged 8.8 points and 3.3 rebounds off the bench this season — both above his career averages — and shot a career-best 52.7 percent from the field. He gained wide-

spread praise in December during a stretch of eight games in which he scored at least 18 points in five contests.

The veteran closed his regular season with another productive stretch of games in April where he averaged 10.8 points and scored 14 on 7-10 shooting in the playoff opener against the Toronto Raptors.

Scott will look to provide a bench scoring lift for the Wizards as they attempt to take down the top-seeded Raptors and bring playoff success back to the D.C.-Virginia region.

**Justin Anderson, Guard, Philadelphia 76ers**

*Played at Virginia 2012-2015*

A productive three-year career at Virginia earned Anderson a first-round choice by the Dallas Mavericks in the 2015 draft, and a midseason trade last season landed him on the young 76ers.

After averaging over 20 minutes per game with Philadelphia in 2017, Anderson saw a minutes reduction over the past season with more talented guards flooding the depth chart. He improved his once lackluster three-point percentage

to over 30 percent but saw his scoring average regress from 8.5 to 6.2 points per game.

Despite less playing time, Anderson has shown resilience and strong morale with his second team. He has developed a bond with breakout star Joel Embiid, and when he is called upon for big minutes, he has shown he can deliver. Anderson scored a team-high 25 points in a season-closing rout of Brogdon's Bucks.

While he may not get many big minutes in the postseason, Anderson has helped give Virginia basketball a good name in the NBA with his team-minded spirit. Once he is able to unlock more potential, he could evolve into a more consistently productive NBA player.

Brogdon, Scott and Anderson have each taken a different path and overcame their own struggles at the professional level, but they are forever united as products of the same basketball roots in Charlottesville.

In the trio, the Cavalier faithful are fortunate to have former stars to cheer for on the professional stage as the NBA Playoffs unfold.

## Sprinting through the outdoors

Changes between seasons provide new opportunities for women's track and field

Mara Guyer | Associate Editor

When most seasons end, teams will have months to prepare for their next competition. Track and field athletes only have days.

"Track and field and cross country is the most unique sport that there is in the entire NCAA, and no one can argue that, because our student athletes are expected to compete in two or three championships," track and field program director Bryan Fetzter said.

Time between seasons is limited. This year, top college athletes gathered in Texas for the indoor track and field NCAA Championships March 10. The Cavaliers' outdoor season started less than a week later, when Virginia kicked off competition March 16 at the Hurricane Invitational in Miami. Especially on the women's side, the team underwent significant changes in that short period.

The ACC Indoor Championships in February saw the Virginia men's team place sixth, while the women's team placed ninth. Though noting some standout individual performances during the indoor championships, the coaching staff seemed unsurprised that the team's winter performance was weak compared to expectations for the team's outdoor season.

"Us not having an indoor facility definitely plays into it," Fetzter said. "When you don't have certain things, it kind of makes some things difficult. But, you know, we're ready for outdoors."

And ready they are.

Although cross country, indoor and outdoor track and field tend to overlap significantly, spring has marked a period of major transition for the women's team. With those changes come new opportunities for a team that has been considered historically less competitive than their counterparts on the No. 23 men's team.

"We have nine young ladies that didn't even compete indoors that we feel are ACC scorers, NCAA qualifiers outdoors," Fetzter said. "So that's a massive part of the team."

Some of these athletes were red-shirted for developmental purposes. Freshman sprinter Halle Hazzard did not compete in any indoor events for that reason, but she has quickly made an impact this spring. Hazzard finished with the fourth-fastest freshman time in UVA history in the room dash in Miami. That performance was followed up by a first place finish in the room dash in Richmond, and a second place finish in a 4x100 relay at the Cav-

aliers' recent home meet.

Another freshman sat out the indoor season not to train, but to participate in another sport entirely. Khyasia Caldwell-Adams, who has made a splash with two first-place finishes in the long jump this season, spent her winter on the Virginia women's basketball team.

"It's not really like playing two sports at the same time, it's like going from one season to another, so you don't really get a break," Caldwell-Adams said about the transition to spring. "I think basketball opened by eyes a little bit more. You have to work for your spot in basketball, so in track, you have to work to be one of the best. Going from basketball, it taught me how to kind of survive on my own and just work well with others."

Any tension between self-sufficiency and working together is resolved in track and field, where athletes on the same team might compete against each other but their scores are awarded to a shared team. Caldwell-Adams has become part of a dominant Virginia group in the long jump, alongside junior jumper Mia Barron. The two captured a 1-2 finish at the team's recent home meet against Georgetown, Bucknell, and Maryland.

The landscape of the outdoor season is also wildly different for this Virginia team because the group participates in several events outdoors that it does not contest indoors.

"We focus very heavily on the field events," Fetzter said. "There's a lot of hammers, javelin, discus, 400 hurdles, 4x1 that aren't indoor events, that we feel we have some pretty outstanding young ladies in."

The women's team has performed a high level in these events this spring, recording first-place finishes that were not even possible indoors. Graduate student Caitlin Mautz placed first in the javelin at the season opener and second at the team's recent quad meet at home. Sophomore Angie Knight was also an NCAA qualifier in the 400 hurdles last season, an event that is not part of the indoor season.

With more events aligned with the team's strengths, and strong athletes prepared to compete for the season, expectations are high for this outdoor team. Beyond its changes season to season, though, Fetzter noted transformation in the women's team over the past couple years.

"Some of our older individuals that have sort of been there, done that — [Holly] Sullivan, [Bridget] Guy and

Barron — have had success at a very high level in the ACC, and I think that our women's team has definitely started catching their groove and being in a better place ... We were really young the past couple years and we're still young overall, but I think when you get some key individuals who buy into what we're trying to accomplish — that's a key for success."

Junior Emily Mulhern, who was injured for the indoor season, said she has also felt a sense of optimism surrounding this year's group.

"The women's team has big goals this year and we are all collectively working towards those goals," Mulhern said. "Everyone is very supportive and uplifting."

They're prepared to make an impact.

"I'm excited, because we're going to shock some people this spring, and in the next couple years we're definitely going to shock a lot of people, and get better," Fetzter said.

The men's and women's track and field teams will have another chance to shock the ACC this weekend as they host the seventh annual Virginia Challenge at Lannigan Field.





# Professor hosts running office hours at 7 a.m.

Lee Coppock invites students to join him on his morning run in an effort to get to know them better

Faith Schweikert | Feature Writer

Office hours are seemingly always exactly at the same time as every other student obligation. To ensure his students still get a chance to see if him if this happens, Economics Prof. Lee Coppock hosts his office hours while running six miles in 45 minutes at 7 a.m. — least a few times a semester, that is.

“We talk very little econ,” Coppock said. “I have regular office hours for that. Running office hours was just a catchy name for it, but I like to get to know the students better. I have over a thousand students, and I don’t get to know them.”

The topics range from economics and majors to life at the University, out-of-school activities and sharing backgrounds. The runs are meant to be as inclusive as possible — starting out at a slower pace around Central Grounds for students who want to attend but don’t necessarily want to run the intended six miles.

“There were a bunch of non-runners,” first-year College student Phineas Alexander said about last

Friday’s run. “It was totally inclusive ... Some people dropped off, but we just kept running. It was very cool.”

The runs are filled with chitchat, as students talk amongst each other and Coppock cycles through everyone so he gets a chance to meet each student. After a slower mile or two, the run continues over to JPJ, Barracks and the Law School, down roads second-year College student Caleb Ahn said he’d never seen before.

“I almost intended to drop out around the 30-minute mark, like ‘This is enough running,’” Ahn said. “But, because of those roads, I had no idea how to get back home, so I kept it up. It’s definitely one of the highlights of my second year.”

When Coppock proposed the running office hours in his classes, he said his invitation was met with laughter and a number of looks around as students tried to figure out if he was serious or not. First-year student Annie Veldman was one of the students who decided to find out for herself.

“Everyone was laughing when he

proposed it, and when he said how fast he usually goes, there was even more laughter that made me think that no one was going to go,” Veldman said. “I decided to go ... It was a really good chance to be in a different environment. You get used to seeing a professor in a suit everyday, and then [you] see him in real life.”

Ever since Coppock started his running office hours about six to eight years ago, famous runners such as NCAA miler Henry Winn, Rio Olympian Robby Andrews and American-record miler Alan Webb have joined in. With the addition of veteran marathon-runner James Ryan returning to the University as president next year, Coppock hopes they can convince him to come, too. But in the end, he said, he started it for him and his students.

“I tried it for fun, and students really liked it,” Coppock said. “They act more informal than from behind a desk in my office. It’s hard to know what students really appreciate, but I’ve heard that when new students tour, the U-Guides talk about [the runs], so I figured I’d keep it up.”

Ahn was one of the prospective University students who heard about the running office hours while on a tour of the school — thinking he would never go on the runs. Two years later, he was running alongside Coppock and 15 other students.

“I completely forget about it af-

ter that tour,” Ahn said. “But then I’m in his econ class this semester ... I feel like I have to do it because it’s like one of those infamous, mythical things at UVa. — one of the allure of cool things here. It was a unique opportunity ... very characteristic of UVa.”



COURTESY LEE COPPOCK

During his running office hours, Coppock typically runs six miles through various areas on Grounds.

## ADVERTISEMENT

### Free & Open to the Public



UNIVERSITY of VIRGINIA CENTER for POLITICS

*Celebrating Twenty Years*

Senator Feingold



April 23, 2018 | 3:00 p - 4:30 p | Rotunda | Dome Room

### Taking on the new 'Populist' Plutocracy

- the attack on voting
- the undermining of the campaign finance laws
- the abuse of the electoral college
- the extreme politicizing of Supreme Court appointments

Registration required at [centerforpolitics.org/feingold.html](http://centerforpolitics.org/feingold.html)

H.E. Joe Hockey



April 26, 2018 | Minor Hall | Room 125  
5:00 p - 5:30 p - Reception | 5:30 p - 6:30 p - Discussion

### Australian Ambassador to the United States

- the relationship between our countries
- current events/challenges facing Australia

Registration required at [centerforpolitics.org/asaustralia.html](http://centerforpolitics.org/asaustralia.html)

For information contact Glenn Crossman 434.243.3540 | [gac4t@virginia.edu](mailto:gac4t@virginia.edu)



# Al Carbon: char-grilled, authentic

Extraordinary cuisine in unlikely places

Tucker Wilson | Food Columnist

Only rarely does someone eat something truly special. I love a good meal, but in the restaurant world, sometimes the presence of the good can mask the existence of the extraordinary. However, every once in a while, hidden in unlikely places, you come across something exceptional — a meal that sticks in your mind. Every so often you eat at a place that while you're still at the table, you can't wait for your next opportunity to do it all over again. A few days ago, I had that experience in an unassuming little chicken joint called Al Carbon.

At a glance, Al Carbon seems like any other Mexican restaurant. Its exterior is plain against its strip mall setting, and inside, the decorations are simple. It features familiar, brightly colored walls in burnt orange and lime green, and instantly recognizable draped serape blankets and pictures of abuelas abound. The restaurant's centerpiece is a life-sized metal statue of a sombrero-wearing, cartoonish man named "Pancho." However, the traditional atmosphere conceals something amazing — the food.

When I first entered Al Carbon, I can remember thinking, "This is gonna be good." From the moment the front doors open, you are hit with a wall of one of the most tantalizing aromas I've ever experienced. A blend of Latin spices, coal-roasted peppers,

succulent roasting chickens — the smell alone is enough to warrant a revisit. Al Carbon's over-the-counter style of taking orders reminds me of my favorite dive restaurants — a great system too because when the smell of chicken hits you, you're going to need food as fast as you can get it.

Their menu is an impressive array of Mexican and Latin American offerings. Side dishes, salsas and appetizers spill over into multiple columns from the all-too-familiar red salsa and chips with guac to more exotic offerings like sweet and smoky cactus topped with a spicy Mexican chorizo or crispy fried yucca, basically Latin American french fries on steroids. Traditional dishes like fried plantains come up against street food favorites, such as the esquites — roasted sweet corn topped with a cheesy, savory mix of sour cream and cotija cheese with hints of chile powder and lime — a personal favorite.

However, the pièce de résistance is the slow-cooked, rotisserie-style chicken. Each whole bird is massaged in a signature and secret blend of spices before being turned slowly over a smoldering bed of charcoal for 24 hours. Al Carbon imports its charcoal from Peru, guaranteeing an authentic taste of the signature South American dish. It's honestly difficult to explain just how incredible this chicken is.

The white meat is soft, juicy and never tough. The dark meat is salty and fatty without falling apart. The skin is perfectly crispy and bursting with flavor from all those spices being slow baked to perfection. Just writing about it, my mouth waters.

Al Carbon's menu reflects the goals of its owners, Myriam and Claudio Hernandez. Both natives of Mexico, the couple showcases their heritage with constant homage to street food and home-cooked favorites. Their love for the rich culture of the Latin American region is obvious from the care and effort that goes into every plate of food. That's really what makes Al Carbon special — the love in the food, as cheesy — pun intended — as it may sound.

The first time I went to Al Carbon, I entirely consumed a plate meant for two — complete with two sets of silverware. Next time, I may eat a whole chicken before I am totally satisfied. Either way, there's no doubt in my mind I will be returning very soon.

At Al Carbon, flavors are rich and complex, dishes are cooked to perfection and love is added into every dish that comes out of the kitchen. There's something truly special happening in this tiny restaurant located off of Route 29, and I can't wait to go back and experience that magic all over again.

## ADVERTISEMENTS




**GIVE YOURSELF A BREAK THIS SUMMER!**

Be smart and leave the moving hassles behind. Stop moving everything from school to home, just to move it all over again in the fall. U•Stor•It has the storage unit you need, for as long as you need it.

**U•STOR•IT...The Solution to Your Storage Problems!**

Drive-Up Accessibility  
Month-To-Month Leases  
7 Days a Week from 7:00am to 9:00pm  
24-hour motion-activated security cameras  
Computer-controlled gate access  
Storage units 5' x 5' to 20' x 30'  
Resident manager on-site

**U•STOR•IT**  
**434-973-6500**  
3064 Berkmar Dr.  
Request a reservation online at [www.ustoritva.com](http://www.ustoritva.com)



**GrandMarc**  
AT THE CORNER

**FREE TICKETS TO FOXFIELD!**

**4X4'S**

Fill your four bedroom apartment and receive a free plot and ticket to the Foxfield races. We will also waive your \$100 service fee when you use the promo code **FOXFIELD2018**

Reserve yours at **GrandMarcUVA.com**  
301 15th Street N.W. | P: 434.293.5787

\*Certain restrictions apply. See associate for details. While supplies last.





THE flats@  
WEST VILLAGE

FLATSATWESTVILLAGE.COM | 434-509-4430  
852 WEST MAIN STREET, SUITE 100  
CHARLOTTESVILLE, VA 22903



**HOME AND BACK**  
Wahoo Travel Made Easy

Virginia.Amtrak.com  
#TakeTheTrain



# Let us help you move home for the summer

Whether you're going across the state or across the world, we're here to help:

- Custom packing solutions
- Variety of shipping options
- Freight services for large or odd-size items
- Pack & Ship Guarantee\*

977 Seminole Tr  
Charlottesville, VA 22901  
434.973.6700  
store0584@theupsstore.com  
theupsstorelocal.com/0584

**Hours:**  
**Mon - Fri** 8:00 AM - 7:00 PM  
**Sat** 9:00 AM - 5:00 PM  
**Sun** Closed

\*Visit theupsstore.com/guarantee for full details.

The UPS Store® locations are independently owned and operated by franchisees of The UPS Store, Inc. in the USA and by its master licensee and its franchisees in Canada. Services, pricing and hours of operation may vary by location. Copyright © 2018 The UPS Store, Inc. 11691040918



**The UPS Store** 





## LEAD EDITORIAL

## The unspoken trauma of the Clery Act

*Mandatory reporting puts survivors' agency at risk*

The world of higher education is grappling with how to prevent and prosecute sexual assault on campuses. Two federal laws currently exist to protect individuals against discrimination on the basis of sex — Title IX — and the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, which mandates that universities remain transparent about their crime statistics. While both laws intend to protect and empower survivors of violent crime, specifically survivors of sexual assault, the Clery Act has the potential to harm survivors.

We applaud legislation that seeks to serve survivors, but also acknowledge that the Clery Act can place survivors at risk of having their trauma become public knowledge without their consent. Because of responsible employees' duty to report these incidents, there needs to be an examination of survivors' agency to report — or not report — in the delicate personal-legal

web that occurs when sexual trauma happens on Grounds.

The Clery Act came into being due to the the monstrosities that occurred to Jeanne Clery at Lehigh University. During Jeanne's freshman year at Lehigh, she was raped and murdered in her dorm room in 1986 by fellow student Josoph Henry. After her death, Clery's parents questioned why the school was unaware that Henry had a history of disciplinary issues and allowed him to enroll at their institution — placing other students at risk. In addition to a 25 million dollar lawsuit filed against Lehigh, Clery's parents launched a national campaign to enact the Clery Act.

While supporters of the Clery Act have touted the creation of a "culture of transparency and support" on college campuses, other ramifications of the act remain troubling. For one, the system of reporting places power outside of survivors' control. Under the Clery Act, an individual em-

ployed by a university — excluding confidential employees — must report any information pertaining to an act of violence accounted for in the Clery Act.

The issue of agency arises when survivors confide in a responsible employee without knowing the consequences of their conversation — their personal trauma becomes public knowledge through mandatory reporting, an element of university employee contracts. In practice, it is exceedingly difficult for a survivor to identify responsible employees. A survivor's Resident Advisor or professor could be desirable confidants, but sharing information of trauma directly leads to reporting. In some cases, this triggers a "timely alert" or "community alert" that broadcasts personal information of a survivor to the entire University community — a useful warning for other students, but a reiteration of personal trauma for the survivor.

The Clery Act is a well-intentioned law — it was born out of rightful outrage. The implications of its policy, however, minimize the individual's painful experiences at the cost of elevating crime statistics. While federal oversight of campus crimes safeguards students against negligent universities, we encourage a greater dialogue on educating students and faculty on the nature of personal privacy on Grounds. As a University, we must empower survivors of assault to understand their options following a horrible event. We also have to ensure that the same resources designed to protect students do not become their next source of trauma.

**THE CAVALIER DAILY EDITORIAL BOARD** is composed of the executive editor, the editor in chief and three at-large members of the paper. The board can be reached at [eb@cavalierdaily.com](mailto:eb@cavalierdaily.com).

## THE CAVALIER DAILY

## THE CAVALIER DAILY

The Cavalier Daily is a financially and editorially independent news organization staffed and managed entirely by students of the University of Virginia.

The opinions expressed in The Cavalier Daily are not necessarily those of the students, faculty, staff or administration of the University of Virginia. Unsigned editorials represent the majority opinion of the editorial board. Cartoons and columns represent the views of the authors. The managing board of The Cavalier Daily has sole authority over and responsibility for all content.

No part of The Cavalier Daily or The Cavalier Daily online edition may be reproduced in any form, in whole or in part, without the written consent of the editor-in-chief.

The Cavalier Daily is published Thursdays in print and daily online at [cavalierdaily.com](http://cavalierdaily.com). It is printed on at least 40 percent recycled paper. 2016 The Cavalier Daily Inc.

## HAVE AN OPINION?

The Cavalier Daily welcomes letters to the editor and guest columns. Writers must provide full name, telephone number and University affiliation, if appropriate. Letters should not exceed 250 words in length and columns should not exceed 700. The Cavalier Daily does not guarantee publication of submissions and may edit all material for content and grammar. Submit to [opinion@cavalierdaily.com](mailto:opinion@cavalierdaily.com) or P.O. Box 400703, Charlottesville, VA 22904-4703

## QUESTIONS/COMMENTS

To better serve readers, The Cavalier Daily has a public editor to respond to questions and concerns regarding its practices. The public editor writes a column published every week on the opinion pages based on reader feedback and his independent observations. He also welcomes queries pertaining to journalism and the newspaper industry in general. The public editor is available at [publiceditor@cavalierdaily.com](mailto:publiceditor@cavalierdaily.com).



FOLLOW US @CAVALIERDAILY  
[WWW.CAVALLIERDAILY.COM](http://WWW.CAVALLIERDAILY.COM)

## MANAGING BOARD

## Editor-in-Chief

Tim Dodson

## Managing Editor

Ben Tobin

## Executive Editor

Jake Lichtenstein

## Operations Manager

Avishek Pandey

## Chief Financial Officer

Nate Bolon

## EDITORIAL BOARD

Jake Lichtenstein

Tim Dodson

Jacob Asch

Niki Hendi

Katherine Smith

## JUNIOR BOARD

## Assistant Managing Editors

Alexis Gravely

Gracie Kreth

(SA) Bridget Curley

(SA) Alec Husted

(SA) Alix Nguyen

(SA) Aaron Rose

(SA) Anne Whitney

## News Editors

Jake Gold

Maggie Servais

(SA) Kate Bellows

(SA) Geremia Di Maro

## Sports Editors

Alec Dougherty

Jake Blank

(SA) Emma D'arpino

(SA) Zach Zamoff

## Life Editors

Julie Bond

Natalie Seo

## Arts &amp; Entertainment Editors

Dan Goff

Thomas Roades

(SA) Darby Delaney

(SA) Ben Hitchcock

## Health &amp; Science Editors

Tina Chai

Ruhee Shah

## Focus Editor

Abby Clukey

## Opinion Editors

Brendan Novak

Jacob Asch

(SA) Katherine Smith

## Humor Editor

Veronica Sirotic

(SA) Ben Miller

## Cartoon Editor

Mira du Plessis

(SA) Gabby Fuller

## Production Editors

Mark Felice

Sonia Gupta

Zach Beim

(SA) Elizabeth Lee

## Print Graphics Editors

Matt Gillam

Aisha Singh

## Photography Editors

Christina Anton

Sarah Lindamood

(SA) Chandler Collins

## Video Editors

Aidan McWeeney

(SA) Raymundo Mora

## Engineering Manager

Katie Vinson

## Social Media Managers

Ashley Botkin

Libby Scully

## Translation Editors

Burgard Lu

Yuqi Cheng

(SA) Felipe Buitrago

(SA) Natalia Chavez

## Marketing &amp;

## Advertising Managers

Avantika Mehra

## Sales Representatives

Lydia Kim

Abhi Opush

## Business Manager

Kelly Mays



# Want to respond?

Submit a letter to the editor to [opinion@cavalierdaily.com](mailto:opinion@cavalierdaily.com)



## SOCIAL SENTINEL IS VALUABLE TOOL FOR UPD

*The software is a sensible way to improve student safety*

To improve safety at the University, the University Police Department has started using Social Sentinel, a software that scans social media posts for potential threats. It searches public posts for thousands of keywords that could pose a threat to the University, including “kill,” “die” or “shoot.” Any post containing keywords with reference to the University is flagged and sent to the police for further examination.

When I first saw headlines about “social media surveillance” at the University, I was worried about potential invasions of privacy. Audrey Fahlberg, a viewpoint columnist for The Cavalier Daily, recently addressed this and other concerns. In addition to arguing the software invades privacy, she contends it is ineffective, can be used to target marginalized groups and is a waste of money. However, after learning more details of this specific software, I believe these arguments largely fall short.

Fahlberg’s first claim is that the software is ineffective. In her view, the software is inept because it cannot distinguish between true threats and posts that are just hyperbolic or idiomatic, so it will fail to produce valuable results. While it is true that the software cannot determine the intent of the post, that is not its function. The software is

just a tool that makes law enforcement aware of potentially threatening posts. The police subsequently inspect those posts to see if they warrant any action. What is important in determining efficacy is whether the tool serves its primary purpose, not if it has limitations. This software is meant to focus the attention of the police on posts that are most likely to be threats, and that is what it does. Moreover, it does so without relying on someone personally reporting the threat. Therefore, it is hard to see how it is ineffective in doing its job.

Furthermore, in cases like that of the Parkland shooter, this software gives police an edge not only in detecting threats against the University, but also in addressing them. However, Fahlberg disagrees, stating, “But even in the case that a social media post is determined to be a legitimate threat, it is unclear how police can and should respond.” However, in the 2003 case *Virginia v. Black*, the U.S. Supreme Court held that, “a State [may] choose to prohibit only those forms of intimidation that are most likely to inspire fear of bodily harm.” Thus, under current legal precedent, it is permissible to ban intimidation that would doubtlessly inspire fear of bodily harm. In fact, just two months ago, a middle school student

from Virginia Beach was arrested for making threats on social media against their school. Consequently, to say that law enforcement would be powerless to deal with a legitimate threat against the University is not accurate.

ily available. It is even more difficult to see how reading a public Facebook post would be different from reading any other publically available information such as bulletin boards, signs or even this column. Ultimately, the fact

“the University administration is more concerned with fabricating a facade of safety than actually adopting measures that have a proven record of fighting crime.” The only evidence for her claim is University President Teresa Sullivan saying, “I hope [Social Sentinel] will improve both the perceived and the actual safety of students.” This quote, however, does not mean that the administration only took appearances into account, rather that she hopes it actually makes students safer. Additionally, Fahlberg fails to provide any example of measures that would be more effective. If there is a measure that would keep students just as safe for a smaller cost, then we should use it, but in lieu of that, Social Sentinel is an effective alternative.

All in all, Social Sentinel is a tool that helps UPD do its job more effectively by increasing the police’s awareness of potential threats. Moreover, it does so without threatening students’ privacy rights. Hence, this software is a sensible way to improve student safety in the modern world.

---

**GAVIN SCOTT** is an Opinion columnist for The Cavalier Daily. He can be reached at [opinion@cavalierdaily.com](mailto:opinion@cavalierdaily.com).

---

**All in all, Social Sentinel is a tool that helps UPD do its job more effectively by increasing the police’s awareness of potential threats.**

Next, after citing the complicated nature of internet privacy and acknowledging the police can lawfully read public posts, Fahlberg argues, “just because police can search this information doesn’t mean they should. Even ordinary citizens can be targeted by these technologies.” She seems to believe that police should not read public posts because it could somehow invade the privacy of — or in some other way negatively affect — “ordinary citizens.” It is unclear how this is true since users willingly post on public accounts when alternatives, like private accounts, private messaging or not posting, are eas-

that only public posts will be scanned should assuage any privacy concerns.

Fahlberg then claims this software could be used to profile certain political or religious groups. To support this, she cites the use of a similar software used by the Boston Police Department who flagged posts associated with Black Lives Matter and Islamist extremism. However, Gary Margolis, the CEO of Social Sentinel, has said that police are not able to limit searches to particular people or organizations with this software.

Finally, Fahlberg asserts that the software is a waste of money and that,

## ADOPT A DOG, GAIN A BEST FRIEND

*While a mutt from the pound may not be the purebred dream, adoption is much more rewarding and ethical*

Dogs are mankind’s loyal companion and trusty partner. For centuries, our canine companions have hunted, explored the Earth and even served in the line of duty alongside us. Faithful to the end, dogs unfortunately do not always receive this same loyal treatment from their owners. Instead, families will eagerly purchase adorable puppies on special holidays such as Christmas, then surrender them when they realize the amount of work which goes into taking care of a growing animal. Abandonments typically occur because of simple behavioral issues, such as loud barking or the need for attention. As a result, the amount of dogs admitted to animal shelters each year adds up to a whopping 3.3 million. Of these, about 670,000 are euthanized. A key reason to adopt rather than buy a dog is to curb the amount of annual euthanizations, giving these dogs a chance.

With 44 percent of American households owning a dog as a pet (compared to 35 percent who own a cat), dogs are highly popular throughout the country. Over a third of these dogs are procured from breeders, whereas less than a quarter come from animal shelters or humane societies. As someone who has wanted nothing more than

a happy, white and fluffy Samoyed for years, I empathize with the desire to buy purebred dogs directly from a breeder. Important to note,

**A key reason to adopt rather than buy a dog is to curb the amount of annual euthanizations, giving these dogs a chance.**

however, is the simple fact that just because we want something, doesn’t make it the right choice. There are several important reasons that support adopting from a shelter over purchasing from a breeder. Along with the financial difference, other important reasons include the benefit to other dogs and families, less business for puppy mills and the life you have saved.

Personally, I hope to have a dog as soon as possible after graduation. As a first-generation college student perpetually short on funds, however, I realize the financial burden of purchasing an animal. A Samoyed from a reputable breeder would cost between \$1,000 - \$1,600. In general, any purebred dog costs between \$500 to \$2,000 — much more

than the typical college graduate can afford. Fortunately, adopting a dog is a better financial decision. Rather than paying up to \$3,000

for a “perfect” purebred, adoption is around \$160 to \$623, and oftentimes it’s sponsored entirely. For hopeful dog owners, this leaves spare cash they can use to take care of their new canine friend, such as to cover the costs of anything from vaccines to squeaky toys. This is a better option than purchasing the dog, which often results in an inability to afford to further care for it. The money saved from adopting rather than buying may go towards medicine and a clean space to live — essential to caring for a dog. This magnifies the importance of the money saved from adopting.

The impact of adoption does not stop with the owner. On the contrary, adoption affects the lives of other animals and people. Adopting a

dog eases the pressure on overburdened shelters. By choosing to take a dog off a shelter’s hands, room is opened for others to come in, giving these other animals a second chance. In addition, any fees from the adoption process go directly towards the shelter’s efforts to house, care or advertise more animals to increase adoptions. Although small, these funds go a long way, as shelters are underfunded and stretched on resources. Ultimately, adopting a dog increases the chances of other dogs getting adopted.

A business born and developed in the shadows, adopting a dog reduces the demand for dogs from puppy mills. Aiming to capitalize on the high demand for puppies, these mills breed dogs at unsustainably high rates in order to turn profit. As a result, the conditions within these mills can be appalling. Some dogs will go their entire lives without seeing the light of day — whether by never leaving the interior of the mill or by losing eyesight in both eyes from the inhumane conditions. While the Humane Society of the United States estimates there are at least 10,000 puppy mills operating throughout the country, the real amount is unknown. The market largely operates underground, and is therefore difficult to

estimate. Unfortunately, pet stores still procure puppies from these mills on a national level. Using data collected by the US Department of Agriculture, The American Society for the Prevention of Cruelty to Animals developed a database which compiles this information. By choosing to adopt, the possibility of indirectly purchasing from a puppy mill is avoided altogether, killing the demand for such ruthless practices.

While adopting a dog is financially safer, a benefit to others and a blow to puppy mills, one final reason significantly separates adopting from buying — adopting gives dogs another chance at life. Dogs who are not euthanized will spend years waiting for an individual to care for them. Adopting gives a dog the hope and love it wouldn’t otherwise receive, saving the lovable companion from a grim future. The bonds formed with rescued dogs are deep and lasting. Not only do you give the dog a brand new life of joy and adventure — you also gain a best friend for life in the process.

---

**MATTHEW NALLS** is a Senior Opinion columnist for The Cavalier Daily. He can be reached at [opinion@cavalierdaily.com](mailto:opinion@cavalierdaily.com).

---



# H

## HUMOR

Dear Diary,

I wasn't looking for a fight. But, nonetheless, a fight I found. Basking in the light of the surrounding windows of the Old Dorns quad last night, I took up arms in a singular battle of this raging, isolating war one might call existential melancholy. In a swift moment, I had to make the choice whether to laugh or cry about the electron cloud of guys in Hawaiian shirts drunkenly strolling past me. And as I cried, I thought, "What is my purpose here on this spinning sphere of ugly meatheads? And if there is one, will I ever find it?"

# A STUDENT'S SEARCH FOR PURPOSE

I'm sorry if I sound dramatic, future me. I willfully realize that there is purpose in my life because I experience sensations of belonging in solitary moments of time that give it meaning. It would be a lie to say I haven't felt at home in those instances walking down Rugby, encountering men wearing chubbies who yell, "Thomas Jefferson is daddy!" or in listening to relationship drama that occurs outside my window, beautifully audible, at 2 in the morning. And I've found meaning in writing wonderfully insightful things like this that go over your incompetent heads, because being published quenches my inner desire for validation and attention.

Lying under a canopy of light pollution sprinkled delicately by stars, I thought, "Perhaps the purpose I've been so vehemently searching for is simply my primal desire to wear my

hair out to the ground in cascading, oily ringlets and bathe in water filled with brain eating amoebas."

Maybe, I considered, I should just abandon all sense of modernist humanity and post up near the Dell. Without even an eno to keep me warm, the cries of the night phantoms — which I believe are called foxes — would sing me to sleep as I reread Walden for the 300th time.

Of course, I had to think realistically. How would I, as a drifter, be able to take long gazes at myself through the reflection of a department store window? Where would I acquire the cell phone reception to initiate Twitter arguments with people who don't show unwavering support of my elaborate Reddit conspiracy theories? In summation, how could one, living as the true sylvan, ever have time for fun? I like needlessly being in my feelings,

but not so much to the point of never finding humor in the uncomfortable, unsettling or even the sad.

Because it is kind of funny, isn't it? How we all get dressed up for gatherings of other sweaty animals thirsty for pheromones and how, collectively, we have assigned the consequences of this instinctual phenomenon with the term "love?" Of course one would think that, in the modern intellectual pursuit of scientific thinking modeled by Enlightenment thinkers like our own Thomas Jefferson, we would advertently realize the biological incentives of our actions. If we acknowledged this, we could easily explain why someone would swipe right on a Tinder profile of a built man, pridefully grinning at his accomplishment of dragging two bass to their violent deaths for a picture.

I think this sort of pragmatic ap-

proach to human nature is important to finding reconciliation between the sad and the funny. For instance, it's sad that I think this could constitute as funny, but I guess it just depends on how you look at it — maybe it's the most beautifully poignant and hilarious thing you've ever read all at the same time. Even now as tears stream down my face, I can't pinpoint if I'm crying because I'm so hysterical or because my life is so pitiful.

Anyway, the weather's been pretty weird lately. You know what they say, chili today, hot tamale! Ha! Until next time, diary.

Love,  
Erin

ERIN CLANCY is a Humor Columnist for The Cavalier Daily. She can be reached at [humor@cavalierdaily.com](mailto:humor@cavalierdaily.com).

# WHY DARTIES?

It's 1 in the afternoon on a Saturday. Everyone around you is plastered. Everywhere you look, bodies are writhing together as if in some ritualistic dance. To your left, some dude is making vodka snow cones. Behind him, a gaggle of people are shotgunning Busch Lites. It's a beautiful scene. Oh, and it's 1 in the afternoon.

You're at a darty, or a party during the day. A group of frat brothers decided that they didn't get drunk enough last night, so they threw another party in the middle of the day. Maybe it's a philanthropy event and all the proceeds will go to charity. Maybe it's just a continuation of the throw-down last night. Or maybe it's a low-key event, and people are enjoying a beer or eight with one another. Whatever it is, it's magnificent — and it's unequivocally U.Va.

If you're unfamiliar with the darty scene, you may have questions at this point. I'll go through a few of the most frequently-asked.

Q: If someone goes to a darty, do they go out again that night?

A: Yes, obviously.

Q: What usually happens during a darty?

A: Can't answer that in too much detail, as nobody has ever been able to fully recall one. But, often times bands are invited to play and there's food offered.

Q: Should I go to a darty?

A: Yes\*

\* Unless you: value your GPA, your self-worth or are NOT an alcoholic.

You see, there's something oddly attractive about partying for an entire day. Dartying is as ingrained in

U.Va. culture as Thomas Jefferson, except dartying is better. TJ can be controversial, but everyone loves darties, and if you don't, well you're objectively wrong.

At the University, we are all under immense pressure to perform academically. Oftentimes, this is an intrinsic motivation to succeed in the classroom. Others feel the pressure from external sources, like parents or more intelligent siblings. No matter the cause, we're all stressed at points, and there is no better way to forget about all the things that could go wrong than by forgetting the entire day.

But students don't just darty because of their academic trepidation. There's another, rather sizable group that has passed the point of caring about grades. These people darty because there's only so much time

we've got left before we enter the "real world". Four years — or maybe more — is a blink of the eye in the span of one's lifetime. And are we really living if we're holed up in Clemons Library at 3 in the afternoon? No.

Right now we're entering our prime. Our metabolisms are still high and our energy levels allow us to be active for hours upon end. So let's do something with our precious time. Catch a tennis match, play some soccer with friends, head downtown to find something edible or — the best option of all — go to a darty on Mad Bowl.

Even if you're not into drinking or partying, you can still enjoy yourself at a darty. You can dance to the music, meet new friends, sing, cry and/or make out with that one cute guy/girl you've had your eye on for

some time. It doesn't matter because nobody is going to think twice about it, and they're certainly not going to remember the next day.

I understand if you're unconvinced. Dartying might not be for you, and that's okay. But there's something to be said for trying things out. Go to a darty. Worse case scenario, you don't have much fun and end up thinking you've wasted an hour of your Saturday. But if you're lucky, you'll have a blast and descend into degeneracy with the rest of us.

Disclaimer: Opinions expressed in this article do not necessarily reflect the author's.

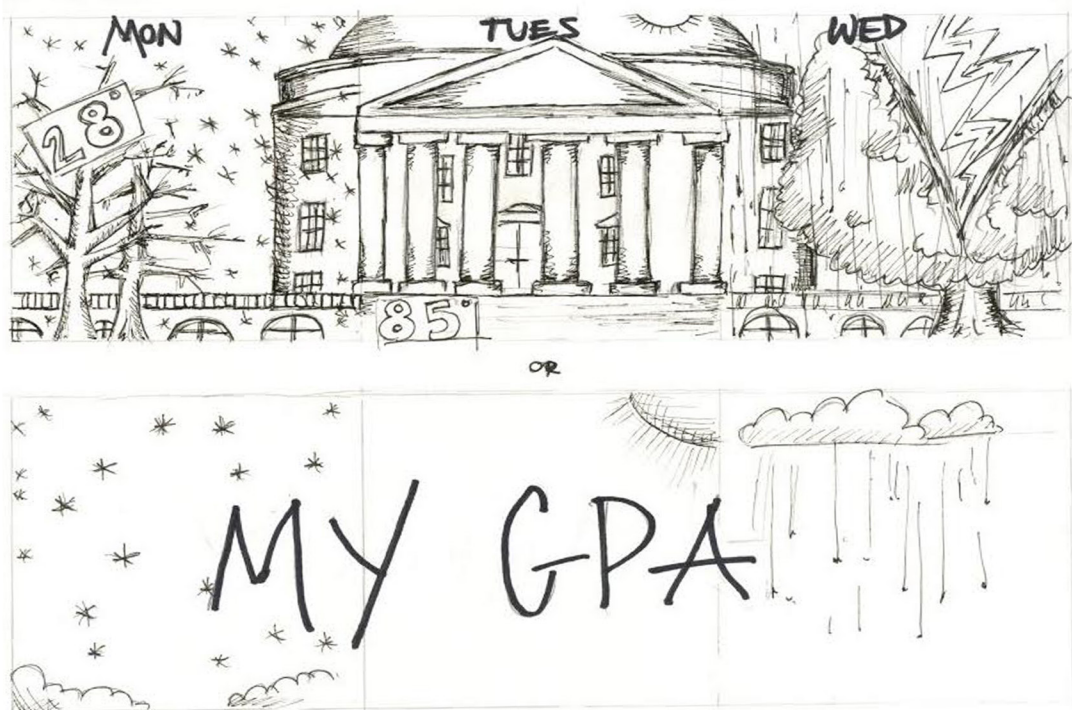
NICK JUAN is a Humor columnist for The Cavalier Daily. He can be reached at [humor@cavalierdaily.com](mailto:humor@cavalierdaily.com).

# C

## CARTOON

# More Inconsistent?

Walter Sharon | Cartoonist





P  
PUZZLES

EVENTS

Thursday 4/19  
The Shrugs Album Release Party, 10:45 p.m., Coupe's  
Class of 2018 Dorm Room Desserts, 6 p.m. - 8 p.m., Ro-  
tunda Dome Room  
National Minority Health Month Panel and Discussion, 6  
p.m. - 7:30 p.m., HackCville  
Friday 4/20  
Women's Tennis vs. Clemson, 3 p.m., Snyder Tennis  
Courts  
Track & Field and Cross Country, All Day, Lannigan Field  
UPC Presents: The Greatest Showman, 7 p.m., Newcomb  
SHHO Presents: The Process, A Student Art Showcase, 7  
p.m. - 10 p.m., Grit Coffee  
Saturday 4/21  
Track & Field and Cross Country, All Day, Lannigan Field  
HooThon at U.Va.'s Annual Dance Marathon, 12 p.m. - 10  
p.m., Memorial Gymnasium  
55th Annual Restoration Ball, 8:30 p.m. - 11 p.m., IX Art  
Park  
UPC Presents: The Greatest Showman, 9 p.m., Newcomb  
Sunday 4/22  
Women's Tennis vs. Wake Forest, 12 p.m., Snyder Tennis  
Courts  
Hounds Helping Hoos, 3 p.m. - 5 p.m., Clemons Library  
4th Floor and Alderman Cafe  
Tuesday 4/24  
University of Virginia Press Presents: Launch Event for  
"HOW BORGES WROTE," 4 p.m., Special Collections  
Library  
Wednesday 4/25  
Softball vs. James Madison, 6 p.m., The Park

ADVERTISEMENT



NEW DOMINION BOOKSHOP  
Celebrate Independent Bookstore Day on April 28!

- ★ Special Discounts
- ★ Temporary Tattoos
- ★ Guest Booksellers
- ★ Scavenger Hunt
- ★ Quidditch Cornhole
- ★ Rose Garden Tea Party

ndbookshop.com staff@ndbookshop.com  
404 East Main St. (Downtown) 434-295-2552

WEEKLY CROSSWORD PUZZLE

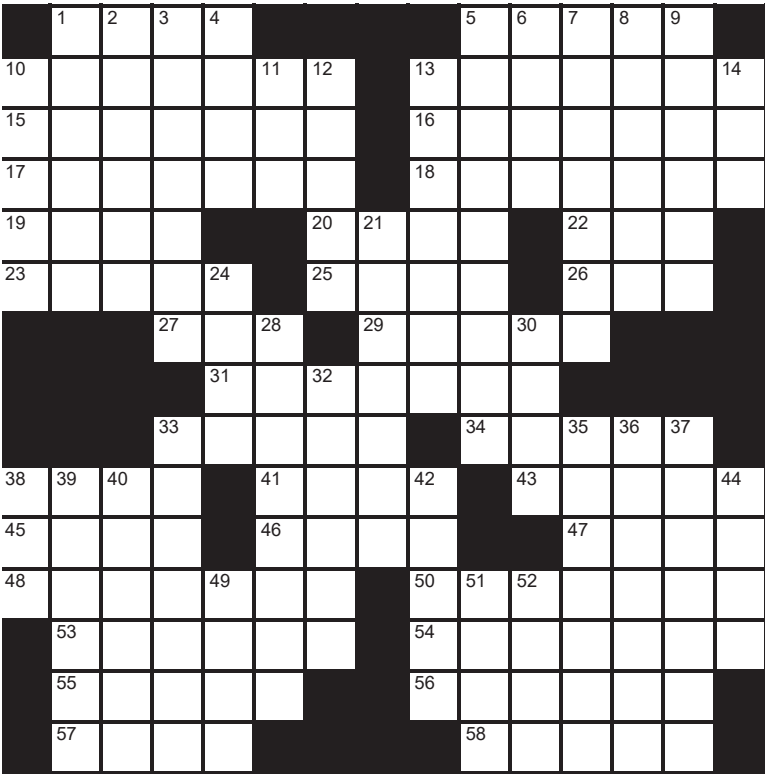
Dan Goff | Arts and Entertainment Editor

\*THE SOLUTION TO THIS PUZZLE CAN BE FOUND IN NEXT WEEK'S ISSUE

Across

- 1. UPC is hosting a "Spring" one of these soon
- 5. Make someone or some-thing appear attractive — usually in past tense, with "up"
- 10. Frolic
- 13. Nautical unit of length — two words
- 15. One who wishes to achieve
- 16. Modified
- 17. Relating to the world's most populous country
- 18. Manages with limited means available — two words
- 19. Pay attention to, take notice of
- 20. "This case is open-and-\_\_\_"
- 22. You might do this with a shovel

- 23. Confuse, such as drugs might do
- 25. Common garment for South Asian women
- 26. Compass abbreviation meaning "east northeast"
- 27. One of Will Ferrell's jolliest roles
- 29. Central parts of church buildings
- 31. Person who serves in an army
- 33. Series of connections linking two or more things
- 34. Method of echolocation used by bats or whales
- 38. Walk through water
- 41. Insect known for plaguing pets
- 43. Rescued
- 45. Peak
- 46. Problems, misfortunes
- 47. Common grain, paired with red beans in a New Orleans dish
- 48. One who is forced to leave their country
- 50. Can describe a leaf or blade, usually with "d"
- 53. Sold again
- 54. Scorsese's Howard Hughes biopic
- 55. 2015 "Rocky" spinoff
- 56. Previous one-across act \_\_\_ wives
- 57. Beatles track "Back in the \_\_\_"



58. City in West Yorkshire, England

Down

- 1. Searched, maybe for a desired answer
- 2. Caught sight of
- 3. Rod on a spinning wheel
- 4. Ripped
- 5. Drugs to induce sleep
- 6. One-across special performer Anderson \_\_\_
- 7. Obstructs, hinders
- 8. Doesn't stand out — two words
- 9. Develop wing feathers
- 10. Russian cottage
- 11. Abbreviation used to designate the quality of an image or video

- 12. Lock of a woman's hair
- 13. Japanese warrior
- 14. Former name of Tokyo
- 21. Gift given for good luck
- 24. "Do what I say, or \_\_\_"
- 28. Races held the day after one-across
- 30. Greek god of sexual love
- 32. Coaxed, maybe to sleep

- 33. Plural of 33-across
- 35. Give spoken account of a story
- 36. What 36-down did
- 37. Priests — Roman Catholic term
- 38. "What is it good for? Absolutely nothing!"
- 39. Comment or brief reference that makes illuminating point
- 40. Postpones
- 42. Northeastern Indian state
- 44. This animal sometimes gets caught in headlights
- 49. Can go after "movie-" or "concert-" — one who attends something
- 51. Malevolent
- 52. Move to a higher position

\*THIS IS THE SOLUTION TO  
LAST WEEK'S PUZZLE







# Porchella gives recognition to local artists

Tom Tom's closing event takes the festival's community-oriented spirit to heart

Joseph Riley | Staff Writer



COURTESY THE BRIDGE PROGRESSIVE ARTS INITIATIVE

The Tom Tom Founders Festival's closing event took place in the historic Belmont neighborhood and showcased local artists, including student musicians.

As the last event of the Tom Tom Founders Festival and a hallmark of the Belmont community, Porchella took place Sunday night in the middle of a thunderstorm. That didn't stop many members of the community from coming out to hear local musical acts play, and although they had to huddle together under tents and on covered porches, their enthusiasm was undamped.

The event was a series of jam sessions on Goodman and Graves Streets and Monticello Road, and featured a bevy of local acts. The Ragnarockers are a group of four comprised of Phil West, Trevor Pietsch, Dave Boudouris and Carter Thompson — although just West and Pietsch were on hand Sunday — who played blues-influenced pop rock and kept the crowd entertained with their off-the-cuff banter. The two had great chemistry, both musically and otherwise,

and while their show was loose in feel, their songs retained some structure and avoided becoming self-indulgent. Lyrically, they tackled typical themes of love and melancholy, but their music isn't meant to be complex. They seemed content to lay down simple yet potent grooves and riffs, and the small crowd that gathered around them was appreciative.

Pietsch and West also played with Funktional Elektrik, a supergroup of sorts made from members of local bands. By the time they took the stage — or porch, more accurately — the rain was coming down in sheets. But the dozens of audience members who congregated under tents on the front lawn were unimpeded, dancing to improvisatory jams and covers of artists from the Grateful Dead to Bruno Mars. The front porch setting certainly contributed to the

community-oriented feel of the concert — from time to time, audience members would walk past the band and into the house to dry off.

"I was really surprised there were this many people out," said Pietsch as he ducked under a staircase to keep from getting pounded by the rain.

The University community was well-represented at Porchella. The BLNDRS, a student band with an indie folk/pop sound, performed a front porch concert, and Tom Sobolik, a beatmaker and guitarist, played at the Bridge Progressive Arts Initiative. Sobolik's beats were smooth and jazz-infused, and he layered guitar over the beats to create a dreamy and atmospheric sound.

He said that jazz was indeed a big influence for him, and that he had primarily been studying that genre on the guitar.

"I've never played anything

like Tom Tom before," Sobolik said, adding that the crowd seemed more than welcoming for his rather unique show.

Everyone at Porchella seemed genuinely excited to be there, regardless of the damp climate. The community-centric nature and infectious DIY energy of the concerts gave the event an intimate feel. For this reason, it was a fitting close to Tom Tom, which bills itself as a celebration of the Charlottesville community more than anything else. Of course, the fact that the concerts are free and open to anyone in the community helps generate this atmosphere.

"They don't pay anyone to play these porch shows, so it's kind of just a big party," said Pietsch. In this way, Porchella is different from much of Tom Tom, which has come under fire from groups like Solidarity Cville for charging high prices

for its most exclusive events.

It's hard not to enjoy the atmosphere created by free and open concerts — doubly so when said concerts provide a respite from the weather. As a bookend to Tom Tom, Porchella serves as a fine example of the kind of innovation and community-oriented fun that the festival prides itself on delivering.

More so than most other events, Porchella showcases the truly local aspects of Tom Tom by delivering acts from Charlottesville and is performed literally on the front porches of local homes. The result was a throng of happy and supportive Charlottesvilleans wandering from house to house as the music played and the rain came down. Porchella succeeded greatly as both a celebration of local music and innovation and a fitting end to the Tom Tom Festival at large.

SUBSCRIBE TO THE

# A&E NEWSLETTER

at cavalierdaily.com





# Relax to A&E's favorite 'chill out' tracks

April 19 is famous for a reason

Arts and Entertainment Staff

It's April 19, and we all know what that means — National Bicycle Day, Dutch-American Friendship Day and Garlic Day. With such a menagerie of beloved holidays, it's vital to have the proper playlist. The Arts and Entertainment Staff has compiled the perfect "chill out" playlist, for when the combination of National Bicycle Day, Dutch-American Friendship Day and Garlic Day just gets too overwhelming.

And who knows — maybe you'll like it so much, you'll listen to it on Friday, too. Not that this Friday is anything special.

**"Sentimental Trash," by Sweet Valley**

Sometimes, words just get in the way. Some of the best chill-out songs are instrumentals, like this trippy track. Featuring simple piano chords and weird electronic chirps looped on top of one another, "Sentimental Trash" makes you chill out in the wildest way possible.

— Dan Goff

**"Nuthin' but a G Thang," by Dr. Dre and Snoop Dogg**

"Nuthin' but a G Thang" is the definition of chill. With its laid-back beat, woozy synthesizers and the mellow flows by Snoop Dogg and Dr. Dre, the track makes you want to roll down your windows and take a slow drive down to the beach. Hip-hop like this just isn't made anymore.

— Jason Reynolds

**"Only Memories Remain," by My Morning Jacket**

Smooth, beach-y, R&B-y. If you don't usually "chill out," this

song will make you want to. With strong bass lines and dreamy lyrics, you can finally be your bitter, misty-eyed and reflective relative who peaked in 1973. Released in 2015, "Only Memories Remain" will make you nostalgic about memories you didn't even know you had.

— Jackie Leary

**"Lucy in the Sky with Diamonds," by The Beatles**

A delightful, dreamy track which will have you flying high into The Beatles' imagination — featuring a "girl with kaleidoscope eyes" and "rocking horse people [who] eat marshmallow pies" — for an out-of-body listen to a classic.

— Jessica Sommerville

**"Goosey," by Glass Animals**

Glass Animals is undoubtedly one of the chilliest bands out there, and "Goosey" encapsulates that spirit impeccably. Relax into lead singer Dave Bayley's soothing voice with a hint of childhood nostalgia, and feel those "peanut butter vibes."

— Thomas Roades

**"Lava Ground," by I Wayne**

With this fun Rasta tune, I Wayne carries the listener on a wave of head-bobbing groove. You'll be singing along before you know the words. Also, what says April 19 better than reggae music?

— Ian McConaughy Williams

**"All I Wanna Do," by The Beach Boys**

Sit back, relax and "chill out" to this before-its-time oddity produced during Brian Wilson's haziest years. Released in 1970, this song's faded, washed-out sound would feel

right at home on a Toro y Moi album. Layered with dreamy synths and psychedelic overdubs, this track is perfect for those moments when you find yourself staring out a window for no good reason.

— Joseph Riley

**"Wander," by Tame Impala**

At this point, we all know just how good Tame Impala is at creating the "chill-out" vibe with their music, but it's easy to forget some of their classics from years back. "Wander" is exactly what it sounds like — a psychedelic jam that noodles around until the journey is complete.

— Max Russ

**"Purple Haze," by Jimi Hendrix**

The dreaded GPA crash of finals week looms ever nearer. Take a moment to let out some of that tension by tuning in to Jimi Hendrix's "Purple Haze." The even tone of his voice and lyricism slows your brain down, while the upbeat guitar strumming and strong bassline speeds you up just enough to melt the stress out of your shoulders. Even if you "don't know if it's day or night," Jimi Hendrix will have you flying free enough to kiss the sky.

— Kate Granuth

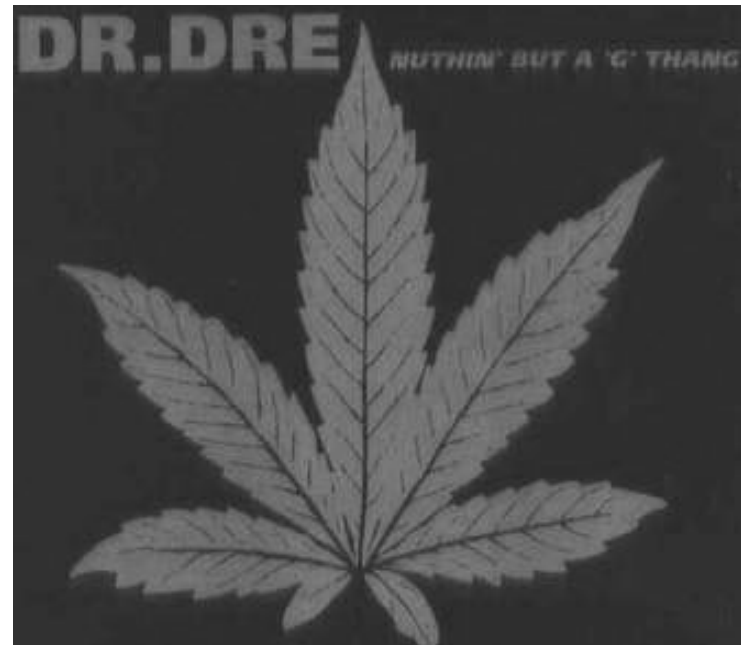
**"Back Pocket," by Vulfpeck**

This song is a great song to get chill to, because it's groovy and casual, yet the vocals are high-energy and fun. Vulfpeck is always a good call for when you're chilling.

— Riley Timmer

**"Tangerine," by Led Zeppelin**

One of the deeper tracks from the 1970s rock band's third album, this song is the quintessential "wish



COURTESY WIKIMEDIA COMMONS

Dr. Dre and Snoop Dogg's classic "Nuthin' but a G Thang" is a prime example of the kind of "chill out" tracks you can find on this Arts and Entertainment playlist.

I still had her, now I don't" track. It opens with one of the most relaxing guitar sequences and eclipses most of their other songs by its simple capacity of letting loose and placing the enchanting rhythm of John Bonham's drums in the forefront. It's completely underrated and accompanies a hazy afternoon perfectly.

— Elliot Van Noy

**"Grass," by XTC**

Even apart from the low-hanging euphemism of that title, this gentle, gorgeous summer jam is the

perfect tune to put on loop during a sunny afternoon. There's something delightfully goofy about the way Colin Moulding rhymes "fire" with a drawled "desire" and somehow manages to make it work, and the psychedelic swell of strings that kick in during the song's intro and outro — accompanied by ambient bird chirps, no less! — make "Grass" rank among producer Todd Rundgren's most wondrous arrangements.

— Aline Dolinh

## The U.Va. Jazz Ensemble does more than just jazz

U.Va. Jazz Ensemble joins with Jazz4Justice in a community concert for Legal Aid

Ellie Bowen | Staff Writer

After the harrowing events of Aug. 11, the University community responded in variety of ways ranging from bake sales to community gatherings. Of these various events, one of the most inspiring and creative took place Sunday, April 15 with the partnering of the University Jazz Ensemble and the nonprofit group Jazz4Justice. The event allowed the community to gather and connect through the soul and power of African-American jazz.

The ensemble partnered with the nonprofit group Jazz4Justice in order to raise funds for the local Legal Aid office. Originating at George Mason University School of Music in 2002, Jazz4Justice has partnered with eight universities throughout Virginia and

subsequently has raised over \$400,000 in funds.

Early in the event, the co-founder of the group, Laura Weiner, spoke about the similarities between Legal Aid and jazz music. She revealed how both platforms provide hope for communities at the most difficult of times, which is exactly what this program has done for Charlottesville.

John D'earth — director of Jazz Performance at the University — is a familiar name to many in both the University and Charlottesville communities. Working as a professor, composer and musician in Charlottesville for decades, D'earth has achieved a great deal of success. From working with Dave Matthews to establishing his own quartet, D'earth

is a force to be reckoned with. His presence at the event was yet another reminder of the strength of the University community. His profound love and support for his performers was moving and truly added to the atmosphere of the event.

Headed by Stephanie Nakasian, jazz vocalist and University professor, and a collection of student singers, the event presented a diverse array of jazz pieces. Ranging from improvisation to modern and classical jazz, the ensemble explored the limitlessness of personal expression. Lead vocalist Nakasian has been recognized by the Biographical Encyclopedia of Jazz as one of the world's leading jazz singers and was deemed "the Renaissance woman of jazz" by allaboutjazz.com.

Her performance of "Someone To Watch Over Me" was particularly impressive. This arrangement displayed the expansive range of her vocals for the first time in the performance and completely captivated the audience.

Multiple student vocalists accompanied Nakasian throughout the concert. Third-year College student Joy Collins was the first vocalist of the concert and truly left an impact with her performances. Singing arrangements such as "Goodbye/Goodbye" and "Assum Preto," Collins's vocals were mature and powerful. Arranged and conducted by ensemble member Rami Stuckey, the performance of the traditional jazz piece "Assum Preto" was the most impressive. The song slowly and ominously built upon it-

self and beautifully intertwined with Collins's deep and alluring vocals.

In addition to Collins, student vocalist and third-year College student Grant Frazier gave an delightful rendition of the popular jazz song "Fly Me To the Moon." This performance was one of the event's longest but also one of its best. Frazier's voice intertwined with the accompanied band so naturally that it seemed like his vocals could interact with a band of any genre. Through this piece, D'earth and special guest Chris Rogers from the New York Jazz Academy provided an encapsulating performance on the trumpets that made the performance even more lively.





# Medical School dean redefines blood pressure

Robert Carey helped modify blood pressure guidelines, recommended daily changes to combat cardiovascular disease

Divya Viswanathan | Senior Writer

Dr. Robert Carey, co-chair of the Hypertension Guidelines Writing Group of the American Heart Association and former dean of the University's School of Medicine, recently helped redefine the guideline for high blood pressure. Previously, blood pressure readings greater than 140/90 were considered high. However, after further evaluation, the American Heart Association agreed that a reading of 130/80 would be the new cutoff for diagnosing high blood pressure.

"We had the new information that if you have blood pressure that was in the pre-hypertensive range according to the last comprehensive guideline in 2003, you still had a two fold increase in risk of heart attack, stroke and death," Carey said. "So we needed to reexamine and reassess what we are calling high blood pressure."

Dr. Hemly Siragy, a professor of medicine in the Division of Endocrinology and Metabolism and member of the Cardiovascular Research Center at the UVA. Health System, said that normal blood pressure is considered a reading of 120/80. He said that readings over

this value fall into the following categories — elevated blood pressure, stage 1 hypertension, stage 2 hypertension or hypertensive crises.

"High blood pressure is associated with increased risk for variety of diseases such as heart attack, stroke, retinal hemorrhage and impaired kidney function," Siragy said in an email to The Cavalier Daily.

The World Health Organization has named hypertension the leading cause for cardiovascular disease and death in the world, causing around 9.4 million deaths every year.

Carey said that by lowering the threshold for the definition of high blood pressure, the overall prevalence of high blood pressure is increased by around 14 percent. However, a majority of newly diagnosed patients with high blood pressure are mainly recommended lifestyle modifications over using medication to control their blood pressure.

"The redefinition actually only resulted in about a 1.9 percent increase in the percentage of people that would require drugs to treat their hypertension," Carey said. "So the cornerstone of the guideline is lifestyle modification."

There are six lifestyle modifications that are significant in reducing one's risk for developing high blood pressure and cardiovascular disease. These factors include accomplishing weight loss, reducing salt intake and eating a heart healthy diet such as the Dietary Approaches to Stop Hypertension diet. The DASH diet encourages individuals to increase their intake of fruits, vegetables and healthy fats while limiting sodium intake.

Other modifications include increasing aerobic exercise to three times a week for at least 30 minutes per day, reducing alcohol intake and increasing potassium intake. Potassium supplementation is essential due to potassium's role in blood vessel dilation, which aids in reducing blood pressure.

"Controlling hypertension has been shown to lower the incidence of heart attack, stroke, and development of kidney failure ... by early treatment of hypertension, we can improve on health and financial burdens," Siragy said.

Carey said that many physicians are challenged by not being able to spend enough time with

their patients and that lifestyle modification is a lengthy process that requires individual assessment. Therefore, he hopes that the U.S. government may help support a program of lifestyle modification for all Americans.

"I'm hoping that the guideline will call attention to the immense cardiovascular risk that high blood

pressure conveys to people," Carey said. "I'm hoping that adults in the United States will be advised by their physicians to embark on lifestyle modification."



COURTESY WIKIMEDIA COMMONS

A reading of 130/80 would be the new cutoff for diagnosing high blood pressure.

# Could LSD be the newest treatment for depression?

Serotonin pathways activated by hallucinogens parallel those of antidepressants

Irena Kesselring | Senior Writer

According to a study at the University of Basel, lysergic acid diethylamide, or "LSD," a psychedelic drug, could be used as a form of treatment for depression and other mood disorders. Although current research on the underlying mechanisms of hallucinogens like LSD is lacking, recent findings show that it interferes with serotonin — a neurotransmitter related to mood and appetite regulation — much like common treatments for depression and PTSD.

LSD, also known as acid, is a hallucinogen that causes "trips" involving distortions in sensory awareness, hallucinations and elevated mood. LSD molecules latch with serotonin receptors in the brain, putting a lid on the receptor — this most likely accounts for the long-lasting effects of acid and the euphoria that correlates with increased levels of serotonin.

Hallucinogens — such as MDMA, or ecstasy, "magic mushrooms" and LSD — all cause a rush of serotonin in the brain as well as reduced neural activity in the default mode network, a group of regions associated with higher-level thinking. Studies have shown that those with depression have more

activity in the DMN, which would account for the repeated negative thoughts associated with depression.

Psychology Prof. Bethany Teachman wrote in an email to The Cavalier Daily about the psychological mechanisms associated with depression and mood disorders. Teachman specified that negative, rigid thinking, behavioral withdrawal and subsequent loss of environmental reinforcement and troubles in interpersonal relationships contribute to depression and difficulties regulating emotions.

Depression is rooted not only in negative internalizations and isolation from others, but also has neurological and biochemical underpinnings. Of the many neurotransmitters involved such as acetylcholine, dopamine and GABA, serotonin plays more of a vital role in modulating mood disorders. More specifically, people with depression have been found to have lower levels of serotonin, associated with higher risk for suicide.

A third-year student, who asked that his name not be used, spoke about his experiences with LSD and the effects that it had on his life personally, especially in regards to coping with

depression.

"I definitely think that dropping LSD has helped me deal with my depression," the anonymous student said. "And not having that censor over yourself while you're tripping makes it easier to ask yourself hard questions and deal with personal issues without feeling the weight of those issues because it feels more like you're just playing with a problem on paper or something. And it lets you take a breath ... to look at your problems from a world where they don't matter."

Traditionally, most treatments for depression involve cognitive behavioral therapy or interpersonal therapy paired with medications that moderate levels of serotonin, like serotonin and norepinephrine reuptake inhibitors and selective serotonin reuptake inhibitors.

Timothy MacDonald, a chemistry and pharmacology professor, said there is a lack of general knowledge regarding LSD as well as the mechanisms that make SSRIs work.

MacDonald spoke about the nature of SSRIs, selective serotonin reuptake inhibitors, which work at the synapse to block the reuptake of sero-

tonin. The blockage of reuptake allows for the enhancement of activation of all serotonin receptors.

The flood of serotonin associated with LSD parallels the effects of SSRIs, which lends credence to recent research done at the University of Basel, New York University and Johns Hopkins.

A recent study analyzing the relationship between LSD and the processing of negative emotions conducted by the University of Basel in Switzerland found that the drug decreased activity in a brain region responsible for negative emotions, especially fear.

Similarly, research conducted by New York University and Johns Hopkins discovered evidence for the hallucinogenic chemical psilocybin as a treatment for depression. The researchers found that doses of psilocybin mitigate feelings of depression and anxiety in cancer patients.

The same anonymous student who spoke about his personal encounters with LSD talked about how acid helps him with his mental illness but doesn't act as a treatment.

"It kind of makes the mountains seem a little bit more like a molehill,"

the anonymous student said. "It's by no means a treatment, like I wouldn't take LSD instead of taking antidepressants and going to therapy, but I definitely think that it aided and abetted my healing process."

Teachman emphasized the importance of empirical research in determining any type of new treatment for mood disorders. She wrote about how she feels that effective treatments for mood disorders do exist and that more than anything it's important for those struggling to get help.

"We have effective treatments available for people struggling with depression, PTSD, anxiety disorders, and a range of other mental and behavioral disorders," Teachman said. "These treatments can greatly improve a person's quality of life, so if someone is struggling or unsure if they have a problem, I strongly encourage the person to get an evaluation and ask about evidence-based care."



# Twenty year collaboration leads to human trial of drug

Physicians at the Medical Center launch regadenoson testing for lung transplant patients

Vyshnavi Pendala | Staff Writer



COURTESY JOSHUA BARNEY

Surgeons Christine Lau and Irving Kron, lead researchers of the study, recently initiated phase one, “safety trial,” to determine the safest dosage of regadenoson to administer to patients during surgery.

After conducting 20 years of research, doctors at the University have begun testing a lung transplant drug on humans. Surgery professors and certified thoracic surgeons Christine Lau and Irving Kron, lead researchers of the study, recently initiated phase one, or a “safety trial,” to determine the safest drug dosage to administer to patients during surgery. The investigated drug, called regadenoson, is expected to increase success rates of lung transplants.

According to Kron, the beginning of this trial dates back 20 years to a dinner conversation between himself and Dr. Joel Linden, a former physiologist at the Medical Center. The two were discussing possibly testing the medication regadenoson as a vasodilator — a drug that dilates or opens up blood vessels — to enhance medical imaging. During the exchange, Kron offered to test Linden’s regadenoson in his research lab.

“That developed basically a 20 year long collaboration,” Kron said. “So, it basically happened when I was sitting next to [Joel Linden] and talking about mutual interests.”

After analyzing the drug in his lab, Kron noticed that regadenoson also treats inflammation, the body’s automatic immune response to a stimulus it perceives as harmful. This uncontrollable response causes redness, swelling, pain, loss of function and increases the blood flow to the inflamed area of the body.

“It turns out all of these drugs have multiple things they can do,” Kron said. “It works in imaging because it causes dilation of the blood vessels ... but it also has a very direct effect on the white blood cells that cause injury.”

By understanding the properties of regadenoson and recalling a past surgery, Kron realized it could be used to treat inflammation during lung trans-

plantation.

“In terms of the clinical situation, I started a lung transplant program here at UVA. in the late ‘80s,” Kron said. “And we had a young guy. We did a transplant on and everything went perfectly, but this inflammation reaction caused the lung not to work at first ... So, that’s how we got the idea of trying to treat this problem during lung transplantation.”

According to Lau, inflammation that occurs during lung transplantation surgeries is clinically defined as ischemia reperfusion injury. Removal and transportation of the donor lungs on ice causes ischemia — inadequate blood supply to an organ — which then requires reperfusing, restoring blood flow to the organs the recipient’s own blood that will create an injury to the lungs.

During reperfusion, the recipient blood entering the lungs tends to carry a large amount of white blood cells and other chemicals as a result of the body’s automatic inflammation reaction. This inflammation and surge of chemicals into the donor lungs causes an early injury to them, Kron said.

According to Kron and Lau, administering low-dose regadenoson into patients during transplantation will affect the A<sub>2A</sub> adenosine receptors — adenosine receptors on the tissues of the lung — ultimately reducing the number of white blood cells and other substances that can enter the lungs.

After receiving funding from the National Institutes of Health and approval from the Food and Drug Administration, Lau and Kron started testing this drug on humans November 2017.

Lau and Kron hope to finish the first stage of the trial — also known as a “safety trial” — within the next two years. Phase one is designed to safely

administer this drug on 21 patients to determine the safest dosage for humans and ensure the drug is limiting reperfusion injury to the lungs.

Two people have successfully

undergone lung transplants with regadenoson. The researchers are also determining the side effects of the drug during this safety trial. Regadenoson, as a vasodilator, can cause secondary reactions including headaches, dizziness and nausea, but as a lung transplant drug, has unknown side effects that are currently being studied.

“We hope it is safe for human beings, and then we will be able to move on and show that it really works because if we can reduce this reperfusion injury, it will make lung transplants safer,” Kron said.

According to Kron, a few years following transplant surgery, a patient may be diagnosed with bronchiolitis obliterans, a disease that induces a chronic rejection of transplanted lungs. This normally occurs five to ten years after transplantation, making the regadenoson treatment a short-term solution to tackle a reperfusion injury that occurs early after surgery.

“We believe what happens is the lungs get an early reperfusion injury

that sets them up for later rejection,” Kron said. “If we wipe that out, maybe it will make lung transplants much better long-term therapy than it is right now.”

According to Lau, the current survival rate of a patient who received lung transplantation five years ago is 50 to 60 percent. She hopes this research study will improve the survival of lung transplant recipients.

In the future, Lau hopes to heal damaged lungs that can’t be donated by flushing these organs with high doses of regadenoson before surgery through ex vivo lung perfusion, a procedure using a machine that maintains the lungs prior to transplant. This procedure may reduce inflammation in imperfect lungs to improve their functionality and make them viable for transplants.

## ADVERTISEMENT

### Little Keswick School, LLC

*“Bringing Students’ Unique Potential to Light”*

Little Keswick School is a private, therapeutic, residential school serving boys, ages 9-18 years old who have learning disabilities and emotional challenges. Little Keswick School is an award winning program located in central Virginia, six miles east of Charlottesville, home of the University of Virginia, and near the Blue Ridge Mountains.

*Immediate Openings!*

**RESIDENTIAL COUNSELORS**  
(full, part-time, weekend):

**The Residential Program seeks energetic, engaging applicants who have a passion for helping children experience personal growth.**

The Residential program offers students a setting to practice and learn interpersonal and life skills. Counselors are responsible for building therapeutic relationships, teaching Social Thinking © skills, planning engaging leisure activities, and supporting in life space counseling. The ideal applicant is a blended-professional who is organized, who can attend to details, who enjoys being physically active, and who can use inter-personal skills in supporting others. Experience working with adolescents is required.

We are best known for our history of success helping our students experience success, but also nurturing the growth of our staff as people and professionals.

#### CONTACT US!

**Marc Columbus**  
P.O. Box 24 Keswick, VA 22947  
Phone: 434-295-0457, Fax: 434-977-1892  
Please email resume to:  
childebrand@littlekeswickschool.net  
Web: [www.littlekeswickschool.net](http://www.littlekeswickschool.net)

#### BENEFITS:

- Hands-on experience working with students having a wide range of social and emotional needs
- Opportunities to consult with Educators and Psychologists on a daily basis
- Participation in weekly professional development meetings
- Implementing an innovative and proven behavioral intervention program
- Being part of a Nationally Recognized, Award-Winning program
- Mandt certification
- Medical, dental, life insurance, tuition assistance
- Profit sharing plan & 401 K
- \$35,000 – 39,000 for full time with benefits based on experience





## Listen First in Charlottesville

Presented by Bridge Alliance Education Fund

To support the continued healing and reconciliation in Charlottesville.  
To inspire America toward mending our frayed social fabric by bridging divides with conversations that prioritize understanding the other.

### Sprint Pavilion Saturday, April 21st, 1-5:30pm

Listen First Conversations which prioritize understanding the other among panels of UVA, local and national influencers as well as personal conversations amongst all attendees that both enhance understanding and spark ideas for action, followed by inspiring keynotes. Conversation topics will include:

**Charlottesville's Historical  
Divisions and Fresh Wounds**

**Charlottesville Working  
to Heal and Progress**

**A Nation  
Divided**

**Bridging Divides  
Across America**

See participants, other weekend events, and get free tickets at [ListenFirstCharlottesville.com](http://ListenFirstCharlottesville.com) #ListenFirstCVille

The National Week of Conversation, to be held April 20-22, 2018. Conversations will be taking place across the country including in Charlottesville, VA where CGC will be hosting an event on:

## *FINDING COMMON GROUND on* **Government's Role in Bridging Racial Divides.**



*Former Chair DNC*  
**DONNA BRAZILE**



*Moderator*  
**WENDI C. THOMAS**  
*The Christian Science Monitor*



*Former Chair RNC*  
**MICHAEL STEELE**

Donna Brazile will be available to sign her newly released book  
*Hacks: The Inside Story of the Break-ins and Breakdowns That Put Donald Trump in the White House*

## Sunday, April 22 1:00 pm

The Haven, 112 West Market Street. Charlottesville, Va

Sponsored by



BRINGING LIGHT NOT HEAT TO PUBLIC DISCOURSE

#COMMONGROUNDVCVILLE

With support from

*The* CHRISTIAN SCIENCE  
**MONITOR**

Part of the National Week of  
Conversation and  
Listen First Charlottesville



#LISTENFIRSTCVILLE

**national  
week of  
conversation**

#NWOC