

THE CAVALIER DAILY

Vol. 128, Issue 23

Thursday, March 15, 2018

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This week in-brief

Maggie Servais | News Editor

Key administrative changes announced with Ryan's transition

President-elect James E. Ryan's transition will be accompanied by key changes in the University's administrative leadership, according to a community-wide email Monday morning. Ryan said he is forming two committees this spring to search for a new University provost and chief operating officer.

Provost Thomas Katsouleas is stepping down and will serve until his successor can begin. According to the email, Katsouleas was originally planning to leave the position at the end of the 2017-18 academic year. Earlier this year, Katsouleas was notably a finalist to be the next president of the University of Utah, but Utah administrator Ruth Watkins was ultimately hired for the job.

The email also noted that Chief Operating Officer Pat Hogan will be retiring in June 2019 and will serve until his successor is hired. Hogan has served in this position since October 2012.

"I have been incredibly fortunate to work alongside colleagues whose dedication to our University runs deep and who bring expertise in a variety of areas that are critical to running our large and complex enterprise," Hogan said in an email to The Cavalier Daily.

In an email Tuesday, Katsouleas said, "I am delighted that President Ryan has asked me to stay on during transition. I look forward to working with him and doing all I can to make his transition successful."

Hogan and Katsouleas hold positions covering a wide range of areas — the chief operating officer

oversees the financial affairs of the University and the Medical Center, and the provost directs the academic administration for all 11 of UVa's schools, libraries, art museums and more.

Ryan said in the email that he will succeed Teresa Sullivan as University President on Aug. 1 — two months earlier than the originally anticipated start date of Oct. 1.

Ryan also named former Law School Dean John Jeffries as senior vice president for advancement. Jeffries will start in the role Aug. 1 and serve for three years, according to Ryan's email.

Jeffries will work on the University's upcoming capital campaign.

In preparation for his presidency, Ryan said he has been reading briefings and talking to various faculty members from different schools and organizations on Grounds. In addition, he has been having regular meetings with Sullivan to assist with his transition into her position. He said in his email that he hopes to continue these discussions and visit all of the schools, including UVa's College at Wise, over the course of this semester.

"President Sullivan and I will continue to have regular conversations over the course of the transition, and I appreciate her willingness to help me as I prepare to step into the role," Ryan said.

Ryan currently serves as dean of the Harvard Graduate School of Education. He previously taught at the University of Virginia's School of Law from 1998 to 2013.



CALLIE COLLINS | THE CAVALIER DAILY

Taylor Lamb, a fourth-year College student and Sigma Gamma Rho president, directly engaged attendees on their thoughts on what "rape culture" involves.

BSA and Sigma Gamma Rho host community discussion on sexual assault and rape culture

The Black Student Alliance and Theta Lambda Chapter of Sigma Gamma Rho Sorority co-sponsored a community discussion on sexual assault and rape culture in the University's black community during a BSA general body meeting Monday. Taylor Lamb, a fourth-year College student and Sigma Gamma Rho president, moderated the conversation with assistance from Ciara Blackston, a third-year College student and BSA membership chair.

In order to focus the discussion on real problems black students at the University face, real experiences students submitted through an anonymous form prior to the event were used to guide the conversation.

Lamb said her motivation for Monday's event was the Breaking the Silence march in December where she advocated for black men to join the dialogue on sexual assault awareness and prevention.

"I spoke at the march against sexual assault that happened in December, Breaking the Silence, and my speech was about black men showing up for black women in this conversation," Lamb said. "Wes [Gobar] was the only black man there."

Wes Gobar is a fourth-year College student and president of BSA. He and Lamb were in correspondence after the march, and decided to organize a similar event during a BSA general body meeting.

Gobar stressed that the conversation is not over, and that the next steps fell to the men.

"For men in leadership and men in general we have platforms, and it's important to use them, and this is a perfect example of that," Gobar said in an interview.

Lamb gave background to the anti-sexual assault movement on social media, #MeToo. Lamb talked about a youth worker and activist named Tarana Burke, who founded Just Be Inc., a center devoted specifically to young women of color in cases of sexual trauma and assault recovery. Burke created the Me Too campaign.

In an interview with The Cavalier Daily, Lamb said she thinks it is critical for people to understand the woman who started the #MeToo movement.

"It felt really important for us to mention because now everyone knows #MeToo, but people don't know the woman behind it," Lamb said in an interview with The Cavalier Daily.

Audience members engaged in telling some of their own stories and opinions on how to solve problems related to sexual assault in the University community.

"I've come to a realization for life in general that there's no such thing as overreacting" one audience member said, in the context of a person's story that was being discussed by the group.

U.Va. hosts community conversation to honor legacy of Martin Luther King, Jr.

The University held a "community conversation" in Old Cabell Hall Tuesday where local community leaders and other speakers reflected upon the legacy of Martin Luther King Jr. in Virginia and at the University and discussed contemporary race relations. The event was hosted by the Office for Diversity and Equity and sponsored by Virginia's Dr. Martin Luther King Jr. Memorial Commission.

King was invited to speak at the University by the student chapter of the Virginia Council on Human Relations and delivered an address to nearly 900 students, faculty and community members at Old Cabell Hall March 25, 1963.

Dr. Wesley Harris, a class of 1964 graduate of the University's Engineering School and a member of the Virginia Council on Human Relations who helped arrange the visit by Dr. King to Charlottesville as a student in 1963, recalled his experience of being one of only seven African-American students at the University at the time and described the motivation for the inviting King to the University.

"Unnurtured souls, that was our status," Harris said. "We needed [King] to nurture our souls, that's why we invited him."

Other speakers at the event included Charlottesville Mayor Nikuyah Walker, University President Teresa Sullivan, Pastor Lehman Bates II of Ebenezer Baptist Church and Dr. Andrea Douglas, the executive director of the Jefferson School African American Heritage Center. Jennifer L. McClellan, a Virginia state Senator and chair of the commission, moderated the panel discussion.

McClellan presented the panel with the question of "where are we today?" in terms of current race relations and inequality in Virginia and more specifically in Charlottesville.

"There are interlocking systems to maintain the status quo in every society and they were forged with particular care and consideration in southern [American] societies," Sullivan said. "And it was done intentionally to maintain a caste system after slavery was abolished."

Walker said that the problem of racial inequality in the local community cannot be resolved until residents and public officials alike openly confront the realities of racism in Charlottesville.

"We can't eliminate the inequities unless we are willing to face the truth ... they have to lead with actions," Walker said. "So where are we? We are so far from the beloved community, and we need to have authentic conversations and be willing to hold ourselves and others accountable."

In raising the question of "where do we go from here?," McClellan responded to the question herself stating that many in Charlottesville were ignorant to ongoing racism in the city but were made aware by the white nationalist demonstrations of Aug. 11 and 12 at the University and in Charlottesville.

The panelists all agreed that there has been progress in the past 50 years in terms of improving racial equality, but also acknowledged that many problems are still ongoing.

U.Va. considering demolition of U-Hall

Proposal awaiting approval by the full Board of Visitors

Caroline Stoerker | Associate Editor

Plans are in the works to demolish University Hall to make way for future athletic program needs, although the proposal is yet to be approved by U.Va.'s Board of Visitors.

University Hall, commonly referred to as "U-Hall," opened in 1965. Located in North Grounds at the corner of Copeley Road and Massie Road, the building was home to both the men's and women's varsity basketball teams until the opening of John Paul Jones Arena in the summer of 2006.

Currently, the only utilized spaces in U-Hall are locker rooms and athletic department offices.

A description of the proposed demolition in the Board's agenda materials from earlier this month says "there is no need for this purposefully built space" due to U-Hall no longer hosting athletic events for varsity sports. According to the proposal, U-Hall would need extensive renovations and infrastructural updates in order to stay in use.

The description also states that demolishing U-Hall would "accommodate projected future athletic program

needs" and allow for comprehensive and more effective future development of the University's athletic district, which is defined by Emmet Street, Copeley Road, Massie Road and the railroad.

Colette Sheehy, University Senior Vice President for Operations, said the proposal is awaiting final approval from the full Board of Visitors.

"This proposed project is included on the 2018 Capital Plan that was reviewed with the Board of Visitors willin March and will be presented for approval at the June meeting," Sheehy said in an email to The Cavalier Daily.

Sheehy also said that as of right now, there are no definitive plans for what will become of the U-Hall site if the demolition moves forward, but a master planning initiative is in progress to determine the best usage of the space.

"An Athletics Precinct master planning effort is currently underway," Sheehy said. "The results of this planning effort will provide recommendations for the future use of the



ANDREW WALSH | THE CAVALIER DAILY

University Hall served as the men's and women's varsity basketball arena from its opening in 1965 until the completion of John Paul Jones Arena in 2006.

U-Hall site."

The University Athletic Department declined to comment on the proposal.

The demolition of U-Hall, as well as its supporting structures, Onesty Hall and the Cage practice facility, is estimated to cost between \$4 and \$6 million dollars. Abatement of U-Hall is estimated to cost \$4.5 to \$4.9 million dollars. A funding source for the project is to be determined, but the project could begin by the end of 2018.

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Brown College: A thriving, tight-knit community

Brown has experienced continued presence on Grounds since its opening in 1986

Caroline Stoerker | Associate Editor

Situated on Monroe Hill in the heart of University Grounds, the brick structure of Brown College stands tall — a microcosm of its own in an already active setting. Known throughout the University student body for its quirky, eccentric and tight-knit residential community, Brown College is the University's example of a "counter-culture" residential space, or a dorm characterized by students whose interests and personalities lie outside a college's stereotype.

Founded in 1986, Brown College was originally named Monroe Hill and was the first modern residential college at the University. In residential colleges, students live and have access to a number of academic and social opportunities, tailored to fit the character of each residential college.

Residential colleges were established at the University to closely mirror Thomas Jefferson's ideal that "shared learning infuses daily life." Jefferson designed the Academical Village as a tangible expression of the ideal so professors and students lived, taught and learned in the same space. The University has three residential colleges — Brown College, Hereford College, focused on sustainability and cultural diversity and the International Residential College, focused on giving both international and domestic students a taste of global culture. The three residential colleges are open to all undergraduate years, and have their own student self-governance, faculty fellows and Principals in residence.

Brown College was ultimately founded due to the high interest among both students and faculty to begin a program that gave students a continued sense of community after their first year and offered them a personal relationship with University faculty members.

A 1968 Student Council report expressed these desires and was one of the first catalysts behind the University's work to establish a residential college program.

The report stated, "One of the major goals of a residential college system at the University would be to have housing play a truly significant role in a student's education. The student would have the opportunity for closer, more informal relationships with faculty. The interchange of ideas between the young and the experienced could only be beneficial to a system of education."

The University then considered establishing a residential college program in what is now the area near the Boar's Head Resort west of

Charlottesville in the late 1970s, but later abandoned the idea over financial and distance concerns.

Concrete plans to establish Monroe Hill Residential College began in 1985, headed by Alexander Sedgewick, the head of a subcommittee of a University Committee on Residential Life. It was renamed Brown College in 1994 following an endowment from by the Brown Family. Led by former University Board of Visitors Member W. Lyons Brown, the Brown family generated \$2.5 million in pledges towards the endowment. The Brown Family had attended the University for four successive generations, and the college was named after the first four members of the family to attend the University.

Today, the residential college is now comprised of 300 undergraduate residents from all schools within the University — following the approval of admitting first-year students as residents in 1997— and two resident faculty scholars and 40 non-resident faculty fellows.

Applications to build community

The start of the process for hopeful Brown residents, or "Brownies," involves the completion of an application separate from the Housing and Residence Life agreement required of all incoming first-year students as well as upperclassmen choosing to live on Grounds. Applications are stripped of any personal identifiers and current residents read the applications to handpick who will become their future community members.

Applications are also written by current Brown residents and feature questions many see as unusual and quirky. For example, one of two options for the "Courting Rituals" question on the 2010-11 Brown application read, "How would you ask someone to marry you if the number of puns used in the proposal is directly proportional to the likelihood that they would say yes?"

Gabby Carper is a fourth-year College student and Brown College's "Grand Poobah," or president. The Grand Poobah is elected by popular vote in an annual Brown-wide election, and is referred to by a name other than "president" due to the theory that individuals in positions of power would find it harder to abuse power under a title different than the norm.

Carper said that the student-driven process of writing applications and selecting applicants plays an important role in cultivating the character of Brown and generating residents who are invested in the Brown community.

"[The application] is an extra thing to fill out, but that helps us to know that every member of Brown chose to live here," Carper said. "It is also an application remade and scored by current members of the community every year, which allows the questions to stay eccentric, fun and fresh."

Ja'Mir Smith, a second-year College student and Brown's public relations co-chair, said Brown's application not only provides a glimpse into Brown culture, but also assists to maintain an inclusive and diverse makeup among residents.

"The application itself is the first opportunity to see Brown without even stepping inside," Smith said. "Input and questions made on the application are created by current and former Brownies in an effort to maintain the inclusive and diverse appeal of Brown."

Aileen Zhang, a first-year College student and Brown Governance Board portal representative, said the uniqueness of the application ensured potential residents wanted to live in Brown for more than just its proximity to Central Grounds.

"I feel like [the application] really lets you show off your personality," Zhang said. "It does an extra step to make sure you actually want to be there."

Once a student is accepted into Brown, they are integrated into a diverse, multi-faceted community of other students bound by the same goal — to foster a tight-knit and inclusive community within the residential college.

"In Brown we have one of the most diverse groups of people gathered together on Grounds," Carper said. "Each member of our community has some kind of unique interest that they're passionate about and wants to share with others. We have both the want and the means to share all of our interests with each other and find our own place within UVA while still maintaining our individuality."

While Brown College may attract students with diverse interests, the college does not keep track of racial demographics, according to Countess Hughes, Housing and Residence Life's assistant director for assignments.

Zhang said from her first day at Brown, she felt welcomed by the community of residents there.

"Starting from the first day, everyone was really welcoming," Zhang said. "They had a barbecue the first day and upperclassmen just came over and introduced themselves to all the first years."

However, Zhang said she feels Brown lacks in providing first-year

students with the typical first-year experience. Though ultimately, she said she would have chosen to live in Brown regardless.

"I feel like one of the problems [is] that you're really missing a first-year experience," Zhang said. "We don't really have that experience as much. I feel like there's a trade-off of sorts, but I would choose Brown every time."

Shared learning infusing daily life

While community in Brown plays a large part in a resident's experience, a resident is also able to partake in a number of curricular and extracurricular events in order to enrich and strengthen the college experience. Michael Wellmon, Brown College principal and associate professor of German Studies, said Brown integrates the varying aspects of a resident's life in order to facilitate a dynamic, lasting experience.

"It's not simply a one year, one semester experience and then they live off campus," Wellmon said. "Instead of having an absolutely distinct curricular and extracurricular life, it's much more wrapped up and bound together."

The myriad of curricular and extracurricular activities available to residents include short courses — semester-long, typically one-credit classes specifically for Brown residents — Great Books seminars, social outings and monthly banquets. Another opportunity for Brown residents is a special meal plan with a community dining area in Newcomb Dining Hall modeled after residential colleges at the University of Cambridge and Oxford University, which have their own dining halls. Brown also has its own student self-governance board, with elected officers responsible for a budget upwards of \$35,000. The budget includes allocation for both curricular and extracurricular opportunities.

According to Smith, nearly 50 students work throughout the school year to establish Brown as a successful model of student self-governance at the University.

"With 46 members spreading across 21 different offices, GovBoard has a wide assortment of members working to keep Brown a model in student self-governance," Smith said.

Carper said Brown's Governance Board works to both continue established events at Brown and encourage residents to use their diverse set of interests to create new events for the community to become involved in.

"Our Governance Board is completely student run, with officers

and co-chairs of all years coming together to create events for the whole community," Carper said. "Although we have some staples like [Hauntings on the Hill] and Faculty lunches, residents are encouraged to create new events every year, combining their creativity with their own passions to give all community members a unifying experience."

Continued support for Brown

Despite the nationwide closures of other "counter-culture" dorms, satisfaction among Brown residents remains to be high. According to a 2015 Housing Master Plan finding presented to the University's Board of Visitors, 87 percent of Brown residents were satisfied with their living situation. This was the fourth-highest level of satisfaction behind the Lawn, the Range and Casa Bolivar.

Carper said she believes residential spaces like Brown are essential in creating diverse, well-rounded communities in a university setting.

"Brown has defined my time at UVA and has allowed me to embrace all aspects of my personality no matter how quirky or strange," Carper said. "I think that without communities like this, schools are doomed to be full of cliques based on majors or age rather than a coming together of diverse interests and passions."

Wellmon also said that he believes "counter-culture" dorm models like Brown are essential in providing a well-rounded experience for college students.

"[Counter-culture dorms] provide a crucial model for what it's like to mix curricular and extracurricular life at a place like UVA," Wellmon said. "I think at Brown, those mix and match in really fascinating ways and models a community that can be very reflective, very quirky, very interesting."

Wellmon said, to his knowledge, there has never been a time when the residential model of Brown has been in danger of extinction, and his experience with the Office of the Dean of Students only reflects support for the Brown model.

"To my knowledge, it's been successful," Wellmon said. "In my experience with Dean [of Students Allen] Groves, there's only the most fundamental and strong support from him and a desire to continue supporting Brown."

Minority Rights Coalition organizes solidarity march

Hundreds of students and community members gathered in the Amphitheater in response to Parkland shooting

Katja Cresanti | Senior Writer

In response to last month's school shooting at Marjory Stoneman Douglas High School in Parkland, Fla. which resulted in the death of 17 people, the Minority Rights Coalition hosted a march to end gun violence starting in the University Amphitheater Wednesday evening. Despite cold temperatures, a crowd of over a hundred congregated in the amphitheater in solidarity to listen to speeches from local and University students.

When the guest speeches concluded, the group made its way up McCormick Road to the north side of the Rotunda, which faces University Avenue. There, they gathered in front of the Jefferson statue and posed a photograph. A number of students held a large banner reading "Gun Control Now #Enough" while others held individual posters including ones that said, "Kids > Guns," "Stand with Parkland and Ferguson" and "Arm Teachers with \$\$\$! Not Guns!"

In addition to showing support for the victims of the Parkland shooting, the purpose of the

march was to "call attention to inaction on the part of our leaders and legislators when it comes to gun violence ... stand in solidarity with black and brown victims of gun violence perpetrated by the state, condemn the ease with which dangerous figures can get their hands on guns, and allow a space for people to express their thoughts, grief, and outrage," the Facebook event page read.

"Gun violence has been plaguing communities of color for decades and also gun violence is perpetrated against communities of color by the state," said Raiya Al-Nsour, a second-year College student and the MRC's vice chair of advocacy. "While we are here to honor the memory of the victims of Parkland and stand in solidarity with the incredible work the students are doing, we also want to center certain voices that have been left out of this recent burst of activism."

Al-Nsour added that the MRC chose to host a march because they wanted to foster a sense of community in the crowd, which included both students and

Charlottesville residents.

"Marches are always a very powerful form of direct action, as we saw with the march against the Muslim ban and the march in the wake of August 11 and 12," Al-Nsour said. "We feel that marches bring people together in a way that most actions don't. I think it's powerful to stand side by side with people who believe in a cause just as passionately as you, and march in defense of that cause."

The event began a little after 6 p.m. in the McIntire Amphitheater. Eight speakers took the stage one by one, including two local high school students, Wes Gobar, a fourth-year College student and president of the Black Student Alliance and Danyelle Honore, a third-year College student and a third-year College student and the president of the NAACP at the University. Each of them spoke about the need for gun control to protect the lives of minorities.

"Here's the thing," Uma Loganathan, the daughter of a Virginia Tech shooting victim and

University alum, said. "Gun violence, it's not an anomaly. There is gun violence in our streets, in our cities, in our homes, and it's an epidemic."

Loganathan was followed by Shaun Khurana, a fourth-year College student and the president of the Queer Student Union.

"I am inspired by the Parkland survivors and their bravery to transform their victimhood into power," Khurana said.

Later, Abigail Boitnott, a senior at Western Albemarle High School, took the stage.

"Children should not have to fear for their lives in places of education," Boitnott said. "Children should not have to fear for their lives anywhere."

Brad Slocum, a 2012 graduate of the School of Engineering and Applied Sciences, was among the attendees.

"I wanted to support a lot of the student actions," Slocum said. "I consider myself an activist. I'm concerned about gun safety and reducing gun violence."

Also in attendance was

Audrey McClurg, a second-year College student, a longtime supporter of gun control.

"I've been a huge proponent my whole life," McClurg said. "Our generation is the first one that grew up with school shootings as an accepted reality ... So just the fact that I think we grew up with this as a reality when older generations didn't, I think it's important for us to take responsibility."

Hundreds gather on Lawn in walkout to end gun violence

The protest was held in solidarity with the victims of the Parkland shooting

Nafisa Mazumdar | Senior Writer

Several hundred University students participated in a walkout on the Lawn Wednesday to demand action to end gun violence, one month after the Feb. 14 shooting at Marjory Stoneman Douglas High School in Parkland, Fla.

The protest encouraged students to walk out of class at exactly 10 a.m. and was planned by Student Council in coordination with the National School Walkout campaign, in which high school and college students around the country walked out for 17 minutes to honor the 17 victims who died in the shooting.

Around 1,000 students, faculty and community members attended the event, with many wearing orange shirts and holding signs. One read, "Protect kids, not guns."

Student leaders stood on the steps of the Rotunda during the demonstration and read suggestions to legislators at the local, state and national level for gun reform.

The list of suggestions made by the Council included banning assault weapons and implementing universal

background checks for weapons sales.

Sarah Kenny, Student Council president and a fourth-year College student, led the event and the crowd in chanting, "Enough is enough." In an interview with The Cavalier Daily, Kenny said she is not afraid to make a political statement on the issue of gun violence.

"I don't believe that you can separate politics from the issue of gun violence because policy is needed to change our communities and environments," Kenny said. "This isn't a truly polarizing issue in terms of public opinion. It has been polarized through special interest groups like the NRA in Washington."

Asst. Prof. Nomi Dave planned to organize a walkout for faculty but decided to coordinate a larger event with Sarah Kenny, instead of two separate walkouts. Kenny worked alongside Dave, who has been an advocate for gun reform for a number of years.

"Gun violence prevention in terms of the national movement is really about presenting this kind of violence, wherever it occurs, not

just after mass shootings," Dave said. "There are so many instances of gun violence which go beyond mass shootings, but mass shootings are the greatest context which garner national attention."

After reading the list of suggestions, Kenny introduced A.D. Carson, assistant professor of hip hop and the Global South, to read a poem on the intersectionality of race and poverty within the issue of gun violence.

"Time has taught me that mine is not the reality you choose to see," Carson's poem read. "My mother's is not the child you wish to save. Designate days and colored ribbons to the fallen from important tragedies, while we PTSD our ways to school and church through abandoned playgrounds ... We understand your pain. We live in it. Our hearts go out to you."

In an interview with The Cavalier Daily, fourth-year Batten student Courtney Cuppernull she thinks the wide coverage of gun violence by the media has numbed the effect of the stories on the general public.

"I really liked sort of the reminder that this is something that does impact certain communities every single day, but you don't hear about that very often," Cuppernull said. "Yes, let's call attention to action that needs to be taken in the wake of the Florida shooting, but also the fact that there are people who live in these realities everyday and they deserve our anger and our fury just as much as any other victim does."

Following Carson's poem, the Council observed a moment of silence upon reading the names of the 17 victims of the Parkland shooting. The University Chapel bells rung 17 times in their memory. Members of the crowd stood in silence and solidarity during the moment of silence.

First-year College student Tessa Danehy told The Cavalier Daily she attended the walkout to show solidarity alongside her classmates. She also said social media platforms have influenced her to share her feelings on the issue.

"I find that Facebook has become more of a platform for social change

than it ever was before," Danehy said. "And I find that I'm not getting on and looking at, you know, silly memes and family photos. I'm getting on and seeing heartbreaking stories of things that are going on in this country that I might not have heard about otherwise. And so, I've shed a lot of tears on Facebook recently."

Students gathered afterwards in the Lower Oval Room in the Rotunda to write letters to legislators. Student Council passed out all 500 letters they had to send.

"We were able to mobilize and do something like a letter writing campaign, because representatives have to read all of the letters from their constituents, so it's a very powerful and actual voice," Cuppernull said. "So I like the fact that [the Council] not only combined it with a public demonstration but an action item essentially to really mobilize this support."

Later Wednesday evening, the Minority Rights Coalition held the Solidarity March to End Gun Violence.



Top 10 emotions during March Madness

I hope you're ready for this roller coaster of emotions

Ashley Botkin | Top 10 Writer

1 Pure, unadulterated joy

The best way to describe a Virginia fan's state of mind after a win is pure, unadulterated joy. We become dancers, screamers, cheerleaders and huggers in the face of Virginia success. We have a permanent smile plastered on our face, and the world seems to bleed orange and blue. With an upcoming tournament that's bound to be a historic one for the Cavaliers — knock on wood — I hope you're ready for lots of celebrating.



2 Panic

Let's all think back to the recent game against Louisville at the KFC Yum! Center. Just remembering those last nine-tenths of a second makes my palms sweaty and my heart rate speed up. I thought it was all over when Mamadi Diakite committed that lane violation, but somehow De'Andre Hunter pulled it together and made that iconic three-point buzzer beater. If something like that game happens during the NCAA Tournament, I will probably die from a heart attack, but unfortunately there is no way to avoid the inevitable feeling of panic when silly mistakes start being made. There's so much more at stake during this tournament because we have a fighting chance and Coach Tony Bennett has never led his team to the Final Four. RIP me because this is going to be one long month for my weak nerves.

3 Muditā (Sanskrit)

You know that feeling when you see someone succeed and it gives you a warm, fuzzy feeling too? That's basically what muditā means. It describes the strange phenomenon of a huge group of people getting excited over people that they've never met winning a game that they didn't attend. It's kind of like the opposite of second-hand embarrassment where instead of someone doing something terrible and you feel bad, someone does something awesome and you feel happy too. Humans are crazy, and I am ready for lots of muditā this month.

4 Love

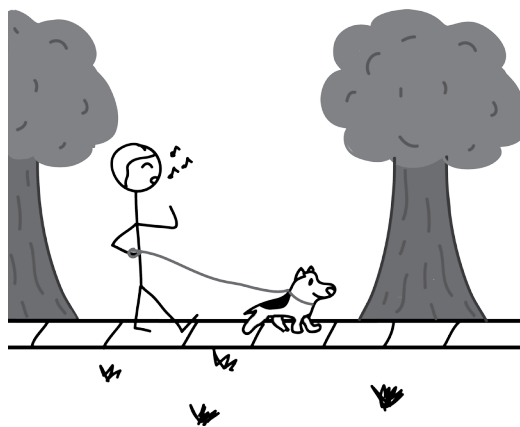
There are so many things to love about Virginia basketball. The pace they maintain, the intense camaraderie and especially Tony Bennett. Where would we be without him? Grounds wouldn't be nearly as beautiful, that's for sure. I don't think we'd be winning nearly as much either. He's done an amazing job with a team that was originally glanced over during the pre-season. So great job at defying expectations, everyone! Love you! Xoxo, Ashley.

5 Gigil (Filipino)

Perhaps you aren't familiar with this Filipino word, so allow me to translate. You know that feeling when something is so adorable that you want to squeeze it till it pops, like a puppy or a baby seal? Well, ladies and gentlemen, if you do not get this feeling when you look at Tony Bennett, a.k.a. the Silver Fox, then there is something wrong with you. His graying hair, those well-tailored suits and that precious smile he gets when his team wins over and over again are enough to make even the most hardened of criminals crack a grin. Imagine how much better college basketball would be if all the coaches were as cute as Tony Bennett instead of red-faced and wrinkled old men.

6 Zest for life

After watching the Cavaliers win the ACC Tournament, my depression was temporarily cured for a whole six minutes. The fact that we won against UNC added a little boost. Can you imagine how much joy we will be filled with every time Virginia wins? We'll all walk around Grounds with a hop in our step, a song in our heads and a special place in our hearts for Tony Bennett.



7 Pride

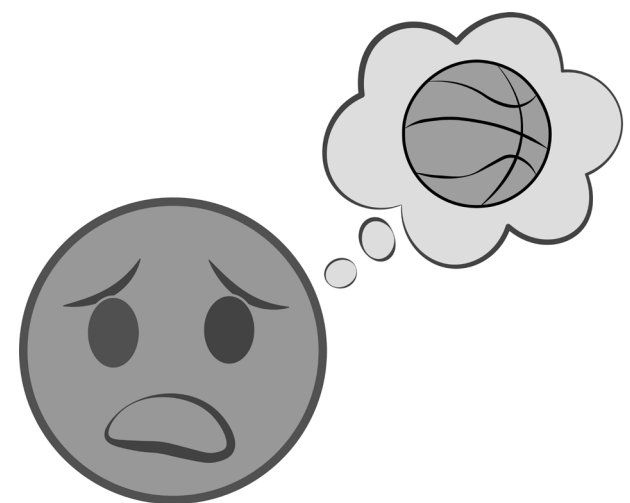
I must confess that I sang the Good Ol' Song for about half an hour after the Cavaliers' ACC Championship win. Now that we're the No. 1 seed on our quarter of the NCAA bracket, the only thing that goes through in my head is the Good Ol' Song. One of the best feelings is seeing your school dominate at and break records of a major sport, especially after a less-than-stellar football season. I feel such a sense of pride, almost in a motherly way, for these guys that I've literally never met in my entire life. I've even started saying "we" won or "we" played well as if I'm a member of the team. So Tony, if you need someone that is funny, likes to yell and feels pride on an extreme level, I'm your gal.

8 Schadenfreude (German)

We'd all be lying if we said we didn't get a nasty smirk on our faces while watching teams like Duke, UNC and Virginia Tech lose, especially to our valiant Cavaliers. This interesting feeling can best be described by the German word schadenfreude, which literally means harm-joy. So it's basically that feeling of satisfaction you get while specifically watching the misfortune of others. I personally can't wait to see our rivals' egos handed right back to them when they get knocked out of the running for the NCAA Championship. The Cavaliers are coming for you, so you'd better watch out.

9 Worry

Waiting for each game fills me with endless worry. What if something goes wrong? What if someone gets hurt? What if Kyle Guy loses his knee sock thing? The odds of our success are pretty good, but there's still a part of me that doesn't trust these players as far as I can throw them, which I assure you is not far at all considering I am 5-foot-3 and a midget compared to these guys that were probably my size in sixth grade. Despite my constant worry, I am excited to see what kind of run they'll have this year.



10 Madness

There is no way that experiencing all of these emotions in such a short period of time is good for our mental health, but once March is over, I guarantee you none of us will remember any of the madness we just went through. In fact, we'll even be excited to do it all over again next year. We're bound to experience highs and lows, grief and joy, but one thing is for sure — it will be one heck of a month and a historic tournament for Virginia basketball.

Rolled Thai ice cream comes to Barracks Road

Try the dessert made famous by Facebook, but one trip to J-Petal is probably enough

Marlena Becker | Food Columnist

J-Petal is a dessert shop that has recently opened in Barracks Road Shopping Center. Serving Japanese crepes, Thai ice cream and specialty drinks in light bulb shaped glasses, there has definitely never been anything like J-Petal in Charlottesville before.

If your Facebook newsfeed looks anything like mine then you are no stranger to the concept of rolled ice cream, one of J-Petal's biggest claims to fame in Charlottesville so far. This dessert trend involves pouring liquid sweet cream onto an ice cold grill, mixing it with toppings and then spreading the mixture thin so that it freezes. The ice cream is then pushed into rolls and topped with extras like strawberries, graham crackers and lychee. The entire process is fun to watch, and I would definitely recommend at the very least looking up a video the next time you are bored.

This rolled ice cream was what

originally attracted me to the restaurant, so I knew that was what I was going to order. J-Petal offers four different flavors of bases — vanilla, chocolate, green tea and thai tea. After you choose your base, there are eight different options for mix-ins, including fruit, cookies and Nutella.

After the ice cream is rolled you get to choose three free toppings and a drizzle. The drizzles include chocolate syrup, condensed milk and honey. The ice cream at J-Petal comes at a steep price of \$6.75, and they only offer one size.

I ordered a vanilla base with oreos mixed in, topped with whipped cream, strawberries, Pocky sticks — or chocolate covered biscuits — and drizzled with Nutella. Looking back, I think it was a mistake to order something so — for lack of a better word — American. Even though it was made in a fancy, new process, at the end of

the day what I ordered really just tasted like cookies and cream ice cream topped with whipped cream.

In other words, something I could eat at my house for much less money. I would definitely recommend trying something more adventurous like the green tea or thai tea base and sticking to a more fruity theme for toppings.

Although the presentation was very nice, I found the rolled ice cream itself only okay. Initially the ice cream rolls are so cold that not only did they freeze my mouth, but they also crumble when you try take a scoop. I found myself waiting for it to thaw just so the ice cream was creamy enough, which to me seems to pretty much defeat the purpose.

Yes, the process is fun to watch, but when it comes to the ice cream you can find much better for much less. The topping selection was, again, good, not great. They do have more toppings

than your standard ice cream parlor, and the fresh fruit is a nice touch. However, most frozen yogurt shops in Charlottesville have a much better selection, and J-Petal is very stingy with the amount they give you — I only had one strawberry on mine. So, if you're just going for the toppings, I recommend trying Sweet Frog in the North Wing of Barrack's Road, which is right across the street, instead.

It is clear from the moment you walk into J-Petal that it is a chain. Everything from the large TVs displaying the menu where the description of every option was accompanied by a photo to the weird neon waterfall in the back of the seating area — everything felt just a little too artificial.

Of course, chains are not a bad thing necessarily, but as a Charlottesville native my heart always sinks a little when a restaurant that has several identical twins in other parts of the

country joins the scene. On the plus side, J-Petal is clearly clean, there is plenty of seating — though no seating outside which is a shame — and they were very helpful in explaining how the rolled ice cream process works.

In conclusion, I am glad that I tried J-Petal because if I hadn't I would always be curious if all of the hype about rolled ice cream. However, I am not in a hurry to return soon — or at least not for the ice cream. So, if it is deeply important to you that your ice cream is rolled in front of you, then by all means go to J-Petal as soon as possible, but if not, you will probably be happier just spending your money at Ben & Jerry's.

Mel's Cafe tastes like coming home

The best southern soul food you can find in Charlottesville

Hailey Eaves | Food Columnist

Pulling up to Mel's Café, the first thing that popped into my head was "hole-in-the-wall." The restaurant is situated halfway between the Corner and the Downtown Mall on Main Street. It has a diner vibe — a bright yellow interior and exterior and an "open" sign illuminating the front windows. I heard about Mel's from both students and professors at the University, and they all recommended their fried chicken. Little did I know, a simple but delicious meal there would cure my hunger along with my homesickness.

As I stepped into Mel's for the first time, a woman warmly greeted me, "Hey, honey." She offered me a menu and a kind smile then gestured around casually to the six mismatched tables and chairs in the quaint restaurant.

"Sit wherever you please, and just come on over to the counter when you're ready to order," she said.

I picked a corner table with a view of the whole little establishment and settled in to browse the menu. All-day breakfast, country ham with cornbread and homemade pork BBQ all caught my eye. But I was there for the legendary fried chicken. I decided to pair it with mac and cheese and green beans, hoping that both were the real Southern kind — you know, drenched in cheese and seasoned with bacon.

After I ordered, I sat back to watch the steady flow of customers walk in and out of the little cafe. Patrons range from Charlottesville locals to college kids to tourists. Some stopped at the

counter to chat and pick up boxes of take-out while others pulled up to tables and dug into a casual supper. Everyone that walked through the door was treated like family and welcomed by the owner and executive chef, Melvin Walker — from the grill — and his wife. There's nothing stiff or fancy about this joint. It's no fuss, no muss, Southern staples. I found the familiarity of the employees and simplicity of the whole place to be charming. Stepping into Mel's felt like walking into my own kitchen back home.

With a big American flag hanging in a window and pictures of University basketball players and their season schedules on the walls, Mel's is decorated in an eclectic but endearing fashion. Family photos and Christmas cards are plastered across the counter and surrounding walls, giving it that much more of a homey feel. Mel's award plaques cover another wall. I was surprised to find that not a single one is food-related. Instead, they are awards for contribution and dedication to serving Charlottesville. Turns out Mel is more than just a restaurant owner and cook — he's also a pillar of the community here.

My food arrived piping hot and in decent portions. If you're hoping to stop in for the fried chicken, definitely plan to wait about 15 minutes since they fry up each batch fresh, and in my experience, the wait is absolutely worth it. The chicken was tender with a crunchy coating that packed a little



HAILEY EAVES | THE CAVALIER DAILY

Mel's Cafe does not disappoint with their legendary fried chicken cooked in a classic Southern style.

Cajun kick. Although the restaurant advertises its specialty in soul food, I was a bit surprised that the coating on the fried chicken was spicy. However, I ended up really enjoying the extra flavor that it added to the chicken.

The sides were just as good. The fries were crispy and also had a little dash of seasoning, while the green beans were salty and flavorful. However, if you prefer super creamy mac and cheese, you won't find it at Mel's. Instead, the mac is baked in the clas-

sic Southern style. For anyone craving comfort food, this place would be heaven.

With most entrees costing \$5 to \$8, the prices are reasonable. When I headed over to pay, I noticed a row of homemade desserts lined up along the counter. The apple pie, lemon meringue pie and homemade sweet potato pie were all enticing. But the grilled donut with ice cream I saw delivered to another table looked like the ultimate finish to this indulgent dinner.

Mel's serves up comfort food with a side of warm, Southern hospitality. The bustle of the restaurant and friendliness of employees made me feel right at home the very first time I visited. So, the next time you're missing comfort food or your mom's kitchen, head to Mel's.

Mel's Cafe is located at 719 West Main Street and is open Monday through Saturday from 10 a.m. to 10 p.m.

Exhibit highlights impact of Dakota Access Pipeline

U.Va. landscape architecture students travel along the pipeline for new perspective

Shivani Lakshman | Feature Writer

In June 2017, five graduate students in the School of Architecture's Landscape Architecture program spent a month travelling along the Dakota Access Pipeline, exploring its impact on local communities and the environment. Batul Abbas, Claire Casstevens, Luke Harris, Cara Turett and Bonnie Kate Walker recently showcased their work in the Naug, a common area on the first floor of the School of Architecture in an exhibit entitled "Where is the Dakota Access Pipeline?"

The Dakota Access Pipeline transports crude oil across nearly 1,200 miles from North Dakota to Illinois. While proponents argue that the pipeline is more direct, cost effective and environmentally friendly than other transportation forms such as train or truck, the pipeline has been the source of much contention in recent years. In 2016, thousands of activists and Native American groups gathered at a camp near the Standing Rock Sioux reservation in North Dakota to protest the construction of this pipeline.

The Standing Rock Sioux and other native tribes raised concerns that the underground pipeline would pass through sacred burial grounds. Furthermore, it would travel underneath the Missouri River, the primary drinking water source for the Standing Rock Sioux. Environmental activists addi-

tionally urged that fossil fuels such as the oil carried by the pipeline contribute to climate change. The protesters' camp was cleared out in February 2017, and the pipeline has been operational since June 2017, but many groups are still concerned about its effects.

Inspired by the Standing Rock protests and the interplay between land and politics, Abbas, Casstevens, Harris, Turett and Walker received funding from the School of Architecture's Benjamin C. Howland Traveling Fellowship to travel to, research and document the landscape surrounding the pipeline.

"The pipeline had been looked at by a lot of journalists and activists but it really is a landscape phenomenon and is a landscape itself," Walker said. "We just felt like it really needed this other lens that we felt like we had the capacity to give it."

The five students began their trip and spent most of their time in North Dakota and then followed the pipeline through South Dakota and Iowa. Along the way, they interviewed people who lived near or were affected by the pipeline.

Among others, they spoke with people in the oil industry in the Bakken area of North Dakota, where the oil being transported in the pipeline is drilled. They also visited the

site of the protests near the Standing Rock reservation. In Iowa, they met landowners who opposed the pipeline because of private property violations as well as its negative effects on the soil and their crops.

Throughout their trip, Abbas, Casstevens, Harris, Turett and Walker made nearly a thousand drawings, as well as took photographs, videos and sound recordings that documented their experiences and the similarities and differences between each place they visited. Their drawings in the exhibit show both the broad landscapes of the areas that they travelled to as well as close-up details such as the plants and soil.

"It's very easy to abstract from the reality of the material world that you're designing for or working for," Harris said. "It was just totally different being surrounded by all the living things — the soil, the water and the weather, the wind. It just totally changed how we work."

Their work brings light to the issue that the pipeline is often viewed as a utilitarian structure constructed without regard for the landscape and communities that it passes through.

"So much of the way the pipeline is presented and talked about is it's just this line," Turett said. "It's just this pipe that runs from this place to this other

place, and it doesn't really have effects beyond itself. I think a lot of the project was about how the pipeline builds in all these different ways too, like [it] has cultural effects, has effects on the soil, on the plants, on the way that people relate to their landscapes."

This is not the first time that the Dakota Access Pipeline has been a topic of interest to the University community. In September 2016, the Native American Student Union (NASU) issued a statement of solidarity with the Standing Rock Sioux in opposition to the pipeline. In January 2017, NASU and the Virginia Student Environmental Coalition (VSEC), formerly the Climate Action Society, organized a protest in which over 100 students, faculty and community members demonstrated against the Dakota Access Pipeline and several others.

Since the protest last January, VSEC has organized fundraisers and bake sales to support the resistance against pipelines, specifically pipelines in Virginia including the Atlantic Coast Pipeline and the Mountain Valley Pipeline. The organization is concerned about how the pipelines would increase the carbon footprint and unsustainable fuel use as well as cause harm to local communities.

"It's really hard to watch people have to grapple with the idea of los-

ing sacred lands and their homes and having to imagine with them what their backyard would look like with bulldozers and heavy equipment and workers who come from out of state," fourth-year College student and VSEC member Caroline Bray said. "It's a really scary image and the more people you get to know, the more it makes you want to fight for them and stop the pipelines."

NASU is also involved in efforts to spread awareness of pipelines' effects on native tribes. Fourth-year College student and NASU member Evelyn Immonen values the architecture exhibit for its inclusion of multiple perspectives and the importance placed on firsthand experience.

"They actually went out to North Dakota ... which is so, so important because you really cannot get an understanding of what's going on in these places unless you've actually been there," Immonen said. "[T]he land itself is so important, so I really value that."

Although the exhibit officially closed on Feb. 28, parts of it are still on display in the Naug lounge in the School of Architecture. The group's work can also be viewed on the Instagram account for their collective, @officeoflivingthings.

'Hoo Crew creates enthusiastic climate at JPJ

Student-run fan base continues to encourage the Hoos during March Madness

Sarah D'Addio | Feature Writer

With the Cavaliers ranked No. 1 in the Associated Press Poll and claiming their third tournament title in the Atlantic Coast Conference Championship this past Saturday, 'Hoo Crew, the University's student-run fan group, has a lot to be excited about for this March's madness.

Cavalier athletic teams have been recognized around the nation for their strong performances, but there has also been national recognition for the fan base — in 2014, the 'Hoo Crew earned the Naismith Student Section of the Year award.

In 2016, ESPN College GameDay Host Rece Davis said, "I don't like to rank crowds ... but I'm so old now, I don't care if people get mad. If they get mad, be better than Virginia."

The 'Hoo Crew was founded in 2005 and works to support and hype up all University athletic events. 'Hoo Crew has already supported the basketball team thus far by attending regular season home games, and a few members also went to Brooklyn, NY to cheer on the Cavaliers in the ACC tournament.

Anna Claire Fotopoulos is a fourth-year student in the School of Nursing

and the 'Hoo Crew committee president. Fotopoulos joined 'Hoo Crew her first year at the University as part of its pilot Dorm Representatives program.

"[Joining 'Hoo Crew] sounded like a cool way to find other people who enjoy sports," Fotopoulos said. "I became Kellogg's dorm representative first year and applied to become a full committee member at the end of first year."

Since joining, Fotopoulos has gotten to experience the various highs and lows of all the Cavalier teams. Still, her favorite moment comes from basketball.

"My favorite memory was two years ago, for ESPN GameDay we camped out and got there around two in the morning and played card games and hung out," Fotopoulos said. "It was such a nice day that we got right back in line for the U.Va. vs. UNC game. My favorite part about that game was how intense the crowd was and how excited we were to win that game. UNC's always a good team to beat."

Since the Cavaliers came into the 2018 season unranked, Fotopoulos said she was not optimistic about the team improving from last year. Additional-

ly, after point guard London Perrantes graduated last year, the team was not expected to perform this well. However, the Virginia basketball team ended the season with a 31-2 record, earning them the overall number one seed for the NCAA Tournament.

"I was optimistic, but I definitely was expecting a bit of a down year losing London and the transfers," Fotopoulos said. "The AP Poll predicted us to be number six [in the ACC], but I thought we could do better than that. In the past, we have done well in the ACC and it's easier to do well when you have done before."

'Hoo Crew has contributed to the team's success by creating an environment where students can get excited about different sporting events, such as providing streamers at games and giving out annual 'Hoo Crew tees.

Ryan Zimmerman, a fourth-year Batten student and vice president of 'Hoo Crew who described himself as a Cavalier fan "brainwashed from birth," further described the role of the group in the team's season.

"We hope to add as much as we possibly can [to the team]," Zimmer-

man said. "What they've done under Bennett's hard work is pretty incredible. Anytime the shot clock gets down to ten seconds, we try to be as loud as possible. By doing this we can align our goals with theirs."

The team is known for its packline defense, which limits the other team's ability to get closer to the hoop and puts constant pressure on the player with the ball.

"The main thing is that our crowd gets excited about defense," Zimmerman said. "You won't find another stadium where a shot clock violation is the most exciting call. The crowd does a good job of supporting the team in what they pride themselves in."

Not only has the 'Hoo Crew helped to build up support for the basketball program, but they also support all of the other University athletic teams and the wider athletic community. Fotopoulos acts as a liaison between between the Athletic Department and the student body. Part of this job includes rebuilding components of the Sabre Points program in order to incentivize students to attend a variety of sports events.

'Hoo Crew also helps fundraise through philanthropy events, cleaning the football stadium, and passing out 'Hoo Crew planners at the beginning of the year. One of the group's largest philanthropy events is a partnership with the Charlottesville Special Olympics.

"We raise money for this event, and have different members of the U.Va. sports teams come out — volleyball, soccer and members of the basketball team," Fotopoulos said. "We are hoping to get more support from the school and more University students to come out."

The 'Hoo Crew plans to continue their support of the Hoos in the NCAA tournament by attending the games and having watch parties at Boylan Heights. A couple of members will also make the trek to Charlotte for the first two rounds. However, if the Cavaliers make it to later rounds, more members will follow the team to support.

"Now that we could play in San Antonio, we definitely will plan on going," Fotopoulos said. "It's a once-in-a-lifetime opportunity you can't pass up."



The money of March Madness

A closer look at how tournament revenue affects University athletic programs

Quincy Stiles | Staff Writer

The NCAA basketball tournament raked in over a billion dollars in revenue last year, and this money is used to reward the conferences that made the best showing. There are many ways that the money is distributed to the conferences, but the only one shaped directly by tournament performance is known simply as the “basketball fund.” There is a lot of money to be won, for smaller conferences especially, but most teams in the tournament come from power conferences like the ACC.

This year, the ACC placed 9 teams into the NCAA tournament, including top-ranked Virginia after a 31-2 season and title win against North Carolina in the ACC tournament.

Athletic success can garner attention for a school through substantial media exposure, and the University usually benefits from high performance. A big run from Virginia would certainly be significant for the University community, but ultimately, tournament revenue is not as substantial as it might seem.

Where the NCAA gets its funds

The funds generated from the NCAA tournament dwarf those from the regular season. Whereas conferences receive money from television marketing and ticket sales over the course of the season, the NCAA is the sole distributor of revenue for the Big Dance. Last March, television and marketing rights came out to \$821.4 million and ticket sales to \$129.4 million. The television revenue is largely drawn from the league's 14-year contract with Turner Broadcasting, estimated at around \$10 billion.

The March Madness tournament is unique from other competitions such as football bowl games and the College Football Playoff because the NCAA has the exclusive rights to all television coverage and ticket sales during its tournament season. During the regular season however, confer-

ences themselves are the ones striking basketball deals with providers.

“Conferences make deals that allow every member a certain amount of regular season games on a particular channel, but the providers maintain leverage such as what time the game airs,” said Randy Meck, former Dartmouth assistant athletic director.

Regardless, the television coverage for games in the tournament is far more important than regular season games. More people watch during March Madness, and the potential exposure a school can get from a Final Four run is huge. Just think of George Mason's insane run from first four to Final Four in 2006, which brought in a lot of extra revenue for the Colonial conference and put the school in the national spotlight. Teams that go farther into the tournament enjoy better recruitment, an increase in enrollment and more prestige. As for revenue, though, big conferences tend to split up the money evenly, so there is not as much fluctuation as smaller schools experience.

“It's good for the ACC for someone to make it to the Final Four, and if you get two or three teams, that's huge,” said Steve Pritzker, University Athletics chief financial officer. “But from a budget standpoint it doesn't move the needle significantly; it takes time for all the funds to come in.”

How the basketball fund operates

The basketball fund is the largest form of distribution to the conferences, a pool which was worth around \$220 million in 2014 and was awarded to teams based on their performance by means of “units.” The units correspond to the number of available slots there are in the bracket — from first four to Final Four — and every game a team plays in the tournament earns them one unit for their conference. Other forms of distribution are evenly spread out over the entirety of the NCAA, and include money

towards scholarships, team expenses, Division II and Division III budgets and student assistance.

There are 132 units available in the tournament, corresponding to the initial 68 slots in the bracket, as well as the open slots in the further rounds. While the units stack up as a team makes it farther, there is no increase in the unit price the further a team goes.

Each unit for 2018 is worth \$273,000, and the units will increase in value as the full unit is distributed over six years.

An important matter to consider when examining NCAA funding is that the money accumulated from a tournament run does not go to the institution directly, but to its conference.

“Basically all schools in the ACC will get the same amount money from the conference, regardless of how well their team does,” Meck said.

The ACC conference received \$30.6 million from 18 total units in the 2017 tournament. The University gained two units last year equaling \$3.4 million for the conference, but the way the distribution works, the \$30.6 million was divided by the 14 schools to be split as \$2.19 million per school.

Revenue sharing and future distribution

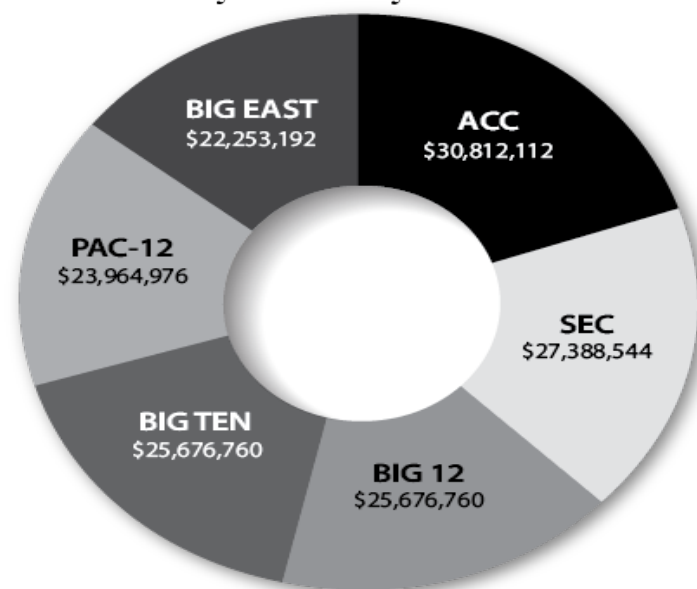
While the money that comes in from the basketball fund does have an impact, even the most successful basketball programs make around the same amount of money as a mediocre football team. Football ticket sales and ad revenue still dominate the sports world. However, many schools in the smaller conferences do not have football teams, so the basketball fund brings in a much larger portion of revenue.

“Football ticket sales and ad revenue still dominate the sports world,” Meck said. “So Virginia making a bowl game this year will probably still net more money than a run to the elite eight.”

The ACC can function very well off of the revenue sharing system, meaning that whatever the sport, funds come directly from the overall performance of the conference. The more money that is allocated to the conference, the better every conference team can do. Even though the University might not have the best football team, it makes up for it during basketball season.

“Revenue sharing within the conferences may not seem fair to a team that has both a great football and basketball team,” Meck said. “But you have to look at it this way — if the overall conference is better, it not only helps recruiting for all members, but allows for more bowl revenue and NCAA tournament shares for the en-

2017 NCAA Tournament Money Earned by Conference



tire conference.”

In the future, there will be another point of distribution made up of excess projected revenue for teams to compete for, much like the basketball fund. However, instead of competing for athletic success, the determinant of revenue for conferences will rely on the academic success of students. This is part of a mission to ensure that student-athletes are getting a meaningful education, while also serving as an alternative to methods such as player salaries. This new distribution of revenue will be implemented in the 2019-2020 season, and will draw more upon tournament revenue.

“The movement to reward institutions for academic success and not just competitive success is already underway,” former University Athletic Director Craig Littlepage, said. “It should make for a better system.”

Outcome of tournament performance

Money from the March Madness tournament regularly goes towards salaries for athletics staff, improvements for facilities and team programs, paying for operations costs, travel and outreach for recruiting new talent. Recruiting is also impacted by a team's high performance in their previous season, and maintaining a competitive team every year is crucial so as to not fall behind in the long-term recruitment process.

Other benefits of impressive tournament performance include the rise of merchandise sales, donations from alumni and increased offers from television marketers.

Some might argue that the excess revenue from tournament play should go directly to the players as a salary. This issue has been debated for years and has recently been reignited by the NBA's consideration of eliminating the “one and done” rule,

which mandates that players spend at least one year in college before transitioning to the NBA. The argument is that players could be enticed to stay in college if they were to be paid for their performance, rather than waiting another year until the draft.

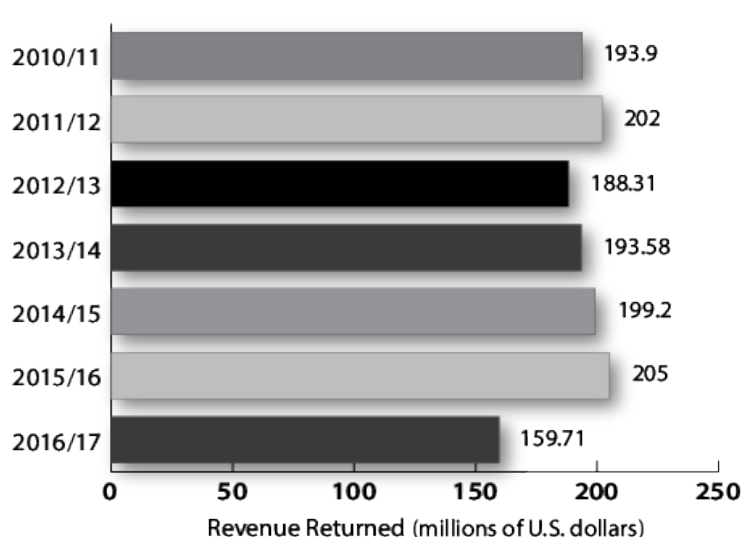
There are two prevailing arguments against providing players compensation. The first is the precedent that paying amateurs would set, and the second that top athletes are already receiving aid via scholarships. In reality, there are only a select few players capable of making the leap straight to the NBA, and athletic experts believe that the greater benefit lies in supporting student-athletes to strive for excellence and success in all aspects of life.

“We're trying to help our athletes be leaders on and off the field and represent the University well,” Pritzker said. “We want an overall successful portfolio that looks good across the board.”

With Virginia as the No. 1 overall seed and two other teams second seeds, the ACC is looking like it might top the conferences again in units this year. The support from fans and the University community nationwide is often the driving force behind more revenue and contributes more to the success of the team than the regular distribution of the basketball fund.

“No financial value can be placed on the benefit of the program,” Littlepage said. “And there's no way to market a university better than a few nights in March.”

NCAA Revenue Returned to Division I Conferences



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Cav Daily Sports picks their Final Fours

Who do the sports staff have making it to San Antonio?

Sports Staff

Alec Dougherty, Sports Editor: Virginia, Villanova, Gonzaga, Michigan State

Even without De'Andre Hunter, the Cavaliers have the defensive prowess to make life hard for Kentucky and Arizona's guards in a potential Sweet Sixteen matchup, as well as outslug Cincinnati or Tennessee in a low-scoring Elite Eight. Junior guard Jalen Brunson will lead Villanova, as they tear through a favorite East bracket, while Michigan State's depth and defensive adeptness will carry them in marquee matchups against Duke and Kansas. Gonzaga will be slept on in the West, but with six players averaging at least 9.5 points per game, the Bulldogs can take their battle-tested roster and win big matchups over Xavier and Michigan to once again win their region.

Jake Blank, Sports Editor: Virginia, Villanova, Gonzaga, Duke

Virginia has been the best bas-

ketball team in the country, and although Hunter will be sorely missed, I believe the team is deep enough that his loss can be overcome in the court and that the doubt it created will spark the team off the court. Villanova is the most well-rounded and experienced team in the country and has arguably the easiest region of any team in the country. While Gonzaga hasn't had much of a chance to prove themselves, computer systems like them, and they passed the eye test. Duke is obviously talented, but their defense kept them from reaching their potential most of the year. As it has rounded into form of late, Duke is dangerous enough to make it through a gauntlet of a region that includes Michigan State and Kansas.

Emma D'Arpino, Senior Associate Sports Editor: Virginia, Villanova, North Carolina, Duke

Virginia has proven again and again that they're an incredible team. They're both the regular season and tournament champions for

arguably the most difficult conference in the country. They also have the maturity and team culture that will guide them to a deep run. Sophomore guard Kyle Guy shot great in the ACC Tournament and their team unity will be difficult for teams with individual superstars to match. Villanova has been consistent all season long, and they are undoubtedly a talented team. Brunson and junior guard Mikal Bridges are both elite players, averaging 19.4 and 18 points a game, respectively. They're another team that shoots well and can go on offensive tears that are tough for opponents to overcome. North Carolina was ranked first in strength of schedule, so they've been tested throughout the season, which is good preparation for the tournament. The Tar Heels have proved themselves with two wins against Duke, a win against Michigan and a win against Tennessee. Guard Joel Berry II is a great senior leader for this team, and he has the ability to

guide the team to its third straight Final Four appearance. Junior forward Luke Maye, who along with Berry II was named to the All-ACC First Team, has also performed very well this season. Duke definitely has the talent to make it all the way to San Antonio, and Coach K knows a thing or two about getting teams to the Final Four. Although the Blue Devils have a tough portion of the bracket, freshman forward Marvin Bagley III — the ACC Player of the Year — is incredible, and he can help the Blue Devils battle past some challenging opponents.

Zach Zamoff, Senior Associate Sports Editor: Virginia, Villanova, North Carolina, Michigan State

Virginia, even with the loss of ACC Sixth Man of the Year De'Andre Hunter, is a juggernaut that other teams will find difficult to slow down. The Cavaliers' veteran leadership and consistency will guide them past a difficult Sweet Sixteen

matchup in which they will likely face the young talent of Arizona or Kentucky, and Virginia will roll past Cincinnati in a defensive battle into the Final Four. Villanova, a team that was ranked No. 1 nationally for much of the year, will utilize the individual talent of Brunson and Mikal Bridges to advance to the Final Four. The Wildcats have significant experience, and will leave teams in the dust with their scoring prowess. I see North Carolina advancing out of what I consider as a weak West region, relying on the one-two scoring punch of Berry and Maye to cruise past opponents. Finally, I think Michigan State will advance out of the Midwest, if they can get by Duke — in what will be a high-paced shootout. Sophomore guard Cassius Winston and sophomore forward Miles Bridges, along with the experience of Coach Tom Izzo, will lead Sparty back to the Final Four.

Beware the Ides of March

Looking back at the March losses that haunt Virginia

Jake Blank | Sports Editor

Virginia men's basketball was unanimously voted the best team in the country in the latest AP Poll, a position they have held for the last month. They have undoubtedly the most impressive season in college basketball — the selection committee named them the number one overall seed for a reason. Yet, there still seems to be lingering doubt about their ability to win in March.

"They'll have a game where they need to score 75 points, and they won't be able to do it," ESPN's bracket expert Joe Lunardi said of the Cavaliers. This criticism is not justified based on Virginia's play this season — the Cavaliers have put up 75 against potential tournament teams on multiple occasions, including against Louisville in the ACC tournament and have not once given up that many — but instead based on past failures.

While Virginia's team this year is certainly different than those that have lost in March in years past, this year's roster occupies the same space in the college basketball landscape as its predecessors — a deep and experienced roster whose strength is defense, attached to a meticulous offense that leads to low scoring affairs.

Despite coming into the NCAA tournament as a top-two seed three

of the past four seasons, Virginia has never reached the Final Four. The Cavaliers have never beaten a team ranked higher than a four-seed, and have lost to eighth-seeded Syracuse in 2016 and seventh-seeded Michigan State in 2014 as large favorites.

While any program successful enough to regularly make the tournament can cite failures in March — 67 of the 68 schools that make the tournament leave it in defeat, after all — a lack of a Final Four trip looms large for the reputation of the Bennett era Cavaliers.

Each loss tells part of Virginia's March story. The Sweet Sixteen loss to Michigan State in 2014 was the first. The one-seeded Cavaliers were inexperienced in March, as the only other appearance of the Tony Bennett era was a first round loss as a 10 seed in the 2012 tournament. The fan base showed out en force, enchanted by a magical run that included an ACC championship. The Cavaliers came tantalizingly close to victory, with a shot in the closing seconds to win it, but ultimately fell in a defensive slugfest.

The 2014 loss to Michigan State was, in a vacuum, a justifiable loss, a hard-fought game lost by a good team to a good team. Losing to Michigan state again in 2015, this time as a heavy favorite, colors its

memory. The 2015 team, led by Justin Anderson and Malcolm Brogdon, was as dominant as the team that lost the year prior, but the results were the same, and the start of a pattern could be established.

The following season, it looked as if the Cavaliers might finally find success in March. With an experienced team led again by Brogdon, the first-seeded Cavaliers needed only to beat tenth seeded Syracuse to advance to the Final Four. Despite a 16-point lead at half, Virginia collapsed under the Syracuse press, losing in heartbreaking fashion.

The narrative that Virginia chokes in March was no longer limited to talking heads who spew hot takes and the most ardent pace-of-play critics — it became a widely held national belief that Virginia was a January juggernaut who couldn't handle the bright lights of the tournament.

Last season did Bennett and his team no favors in overcoming that story. The fifth-seeded Cavaliers couldn't make the second week of the tournament without injured forward Isaiah Wilkins, as they were thoroughly beaten by Florida and put up only 39 points in the process, reinforcing their negative national portrayal.

While it's both easy and atten-

tion-drawing to say Virginia can't win in a high-stakes tournament setting, Virginia's two ACC tournament titles over this stretch say that there must have been more tangible drivers behind these losses.

One potential explanation is an over-reliance on individual players offensively. Joe Harris, Brogdon, and London Perrantes were all expected to shoulder the burden for their teams. Brogdon shot 9-40 combined in his three tournament losses, Perrantes went 2-12 against Florida. When those guys went cold, their teams couldn't recover on the offensive end.

Over-reliance on one scorer is not a problem for this year's team. Four players average double digit points per game in conference play — sophomore guards Kyle Guy and Ty Jerome, senior guard Devon Hall and redshirt freshman guard De'Andre Hunter. This wasn't the case for any of Virginia's other tournament teams.

Another possibility is that Virginia's slow style leads to fewer possessions. With fewer possessions each one carries more weight, meaning random outcomes on a few possessions become magnified. The Cavaliers move too slowly to build up huge leads even when they dominate play, and a few fluky shots can

bring teams back.

The most plausible answer for why Virginia has lost, however — as well as the hardest to stomach for Cavalier fans anxious to prove critics wrong — is that March Madness is just a high variance tournament. The reason fans are so drawn to it is that very unpredictability. The Cavaliers can both be the best team in college basketball this season and fall to Arizona in the Sweet Sixteen if a few bounces don't go their way, even if the media doesn't acknowledge the possibility. Good teams lose sometimes.

If he continues to produce high-caliber teams, Tony Bennett will eventually break through to the Final Four. This team is arguably better positioned to do so than any other team he has coached, as talented as those teams were. They may be better positioned than any other team in the country as well — Vegas oddsmakers and statistical models such as FiveThirtyEight believe the Cavaliers are favorites. However, there are no guarantees in March.

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Sorting out the South Region

The Cavaliers will have plenty of tough tests in their bracket en route to the Final Four

Alec Dougherty | Sports Editor

The historically successful season put up by the Virginia men's basketball team was renowned with the top seed in the NCAA Tournament on Selection Sunday. The 31-2 Cavaliers now look down on the other 67 schools in the field as the nation's most accomplished team as they make a final push to a national title.

If it was easy being at the top, though, March Madness would hardly be mad. Virginia has drawn a significantly tough bracket full of conference champions, future NBA stars and tenacious defensive teams much like itself. The road to the Final Four in San Antonio will likely be riddled with the carnage of upsets and marquee matchups.

To paint a picture of what to expect, I break down the teams in the South Region worth keeping an eye on.

The First Opponent: No. 16 UMBC

Before worrying about the big names in the bracket, the Cavaliers must get past America East champion UMBC (24-10) in the Round of 64 – who are no pushovers. The Retrievers punched their second-ever ticket to the Big Dance last Saturday in thrilling

fashion, with a buzzer-beating three lifting them over conference tournament favorite Vermont – a team they hadn't beaten in a decade. That three came off the hands of senior guard Jarius Myles, who has starred as the team's leading scorer this season with 20.2 points per game. Though Myles can be dangerous from all angles, the Retrievers are undersized as a team and struggled against top talent earlier in the season. As long as the Cavaliers keep Myles in check, Virginia should be able to skirt past an infamous first round upset.

Toughest potential matchup: No. 4 Arizona

Winners of the Pac-12 Tournament, the Wildcats have overcome early season struggles and a looming FBI investigation to put itself in a great position for a deep tournament run. Freshman forward DeAndre Ayton might be the most dominant player in the country and likely could be the No. 1 pick in the NBA Draft this season. At seven-foot-one, he averages a double-double and has saved his best for last this season, putting up 32 points and at least 14 boards in the last two games of the Pac-12 Tournament. If the

Cavaliers can somehow slow him down, they will still have to deal with junior guard Allonzo Trier, who averages 18.4 points per game and is an elite shooter. With talent rivaling that of Duke, Arizona seems most apt to give Virginia a run in the Sweet 16.

Most intriguing potential matchup: No. 2 Cincinnati

College basketball fans may groan at this, but pitting the two best defenses in the country together could result in an intense war of attrition. The Bearcats allow only 57.2 points per game and are anchored defensively by senior forward Gary Clark. The six-foot-eight Clark is also a threat offensively, shooting over 43 percent from three and averaging over 12 points. He could easily prove to be the toughest matchup on both ends for Virginia's wing players, though Virginia's defensive will be no cakewalk for him. This would be a surefire slugfest in the Elite Eight that has the look of one of the lowest-scoring – but most thrilling – games in recent tournament history.

Ideal Round of 32 matchup: No. 8 Creighton

The winning of the eight-nine game has a history of giving

one seeds fits in the tournament, most recently last season when Wisconsin took down top overall seed Villanova. If Creighton knocks out Kansas State in the first round, the Cavaliers will get a date with a team that likes to run-and-gun on offense and score in transition – a style Virginia's pack line defense is built to stymie. The Bluejays average only 15 wseconds per possession, a metric that seems unfathomable against the smothering Cavalier defense. Senior guard Marcus Foster – who averages 20.3 points per game – could give the Cavaliers a hard time, but at only six-foot-three, Virginia has the guard length to shut him down.

Can't sleep on them: No. 5 Kentucky

Even in what most people consider a “down year” for John Calipari's Wildcats with 10 losses, they won the SEC Tournament and have played like a title contender over the last month. Calipari has taught a crop of athletic but raw freshman how to play great defense in a short time, especially against the three-ball. While the team hasn't shot exceptionally well, the emergence of freshman guard Shai Gilgeous-Alexander

– who dropped 19 and 29 points in the last two games of the SEC Tournament – gives the team a major X-factor leading into the tournament. If they can prove themselves in their tough draw against red hot No. 12 Davidson in the first road, the Wildcats can make another deep run in the bracket and challenge Virginia for a spot in the Elite Eight.

With arguably the toughest four/five seed draw of any one seed in the tournament – and several other dangerous teams waiting in the wings – the Cavaliers will have to play incredibly sharp through the South Region if they hope to make their first Final Four since the Ralph Sampson era. Their ceiling is boundless as they've shown this season, but only if they can maintain their brand of basketball against top talent.

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Broken wrist sidelines Hunter from NCAA Tournament

Cavaliers lose their ACC Sixth Man of the Year for 10-12 weeks

Emma D'Arpino | Senior Associate

No. 1 Virginia's difficult road ahead in the NCAA Tournament just got that much more challenging, as they'll have to vie for the national championship without redshirt freshman guard DeAndre Hunter.

On Tuesday, Coach Tony Bennett announced that Hunter broke his left wrist and has to undergo a surgery that will sideline him for 10 to 12 weeks.

Hunter had a phenomenal first season with the Cavaliers, averaging 9.2 points and 3.5 rebounds on the season. His athleticism and versatility made him a great asset for Virginia and earned him recognition from the conference both as the ACC Sixth Man of the Year and as a member on the All-ACC Freshman team. Among the many highlights of his rookie season are a 22-point performance against Miami on the road and

scoring the game-winning three at the buzzer in Virginia's game at Louisville.

In a phone interview with ESPN on Selection Sunday, Bennett cited Hunter as a key factor in Virginia's successful season thus far.

“DeAndre Hunter has emerged for us,” Bennett said. “We haven't had a guy that can play the three or the four quite as versatile as him and that makes us a little more diverse.”

The Cavaliers will now have to turn to their bench and find someone else to step up and fill in for Hunter, who was averaging the fifth-most minutes on the team.

The first test for Virginia will be a matchup against No. 16 seed UMBC on Friday, March 16 in Charlotte, N.C. Tip-off is scheduled for approximately 9:20 p.m.



RICHARD DIZON | THE CAVALIER DAILY

Replacing injured freshman forward DeAndre Hunter will be key to preserve Virginia's title hopes.

Sports Roundtable: Virginia's March Madness

1. Who is the player in the South Region that can cause Virginia the most trouble?

Jake Blank, Sports Editor: While higher seeded teams such as Arizona and Kentucky are loaded with dangerous players, I wouldn't overlook junior Creighton guard Khyri Thomas, who Virginia could face in the second round. Thomas has worked his way onto NBA draft boards this spring behind his all around play. Thomas' silky smooth shot could help Creighton overcome the Cavaliers' pack line defense, and his talents on the other end have led to back to back Big East defensive player of the year awards.

Emma D'Arpino, Senior Associate Sports Editor: DeAndre Ayton — the 7-1 freshman forward on Arizona — is ridiculously good. He's averaging 20.3 points and 11.5 rebounds per game, and he was instrumental in leading Arizona to a regular season title and the conference tournament championship. The 2017-18 Pac-12 Men's Basketball Player and Freshman of the Year is the likely No. 1 pick in the NBA draft.

Zach Zamoff, Senior Associate Sports Editor: Kevin Knox is a beast. The Kentucky freshman possesses all the weapons to scare any team and is poised to be a lottery pick in this year's NBA Draft. At six-foot-nine and 215 pounds, Knox's size is difficult to deal with, especially for how prolific of a scorer he is. Knox can beat a team from inside and outside, sporting a great three point shot combined with an arsenal of post moves.

Alec Dougherty, Sports Editor: There many not be a more versatile player in the South Region than Cincinnati senior forward Gary Clark. Clark is the best defender on the nation's second best defensive team and at 6-foot-8, 225 pounds, has the body

to guard multiple positions against the Cavaliers. A true two-way player, the senior also has great ability on offense, averaging 13.0 points while shooting over 43 percent from beyond the arc.

2. Who or what is Virginia's X-factor?

JB: I originally said that DeAndre Hunter's performance under pressure would be the key, that his length, athleticism, and shooting ability made him a unique type of player Virginia had never had in the tournament. Instead, the X-factor will be whether the Cavaliers can replace his production. Mamadi Diakite, the uber-athletic big man who has shown remarkable shooting touch of late, will shoulder the majority of Dre's burden in his absence.

ED: I think Virginia's X-factor is their character as a team. After the Cavaliers won the ACC Tournament, Coach Tony Bennett said what he's pretty much been saying all season long about this team — "They're so unified. They're so unselfish." These characteristics are not just preached and embodied by Bennett but by the team captains — Devon Hall, Isaiah Wilkins and Jack Salt — as well. I think that these values not only distinguish Virginia, but they create a culture that enables success.

ZZ: Virginia's X-factor is their maturity. Virginia is anchored by the veteran leadership of senior forward Isaiah Wilkins, senior guard Devon Hall, and junior center Jack Salt. This core has led Virginia to a 31-2 record, defeating a variety of opposition with their style that consistently wears teams down. Devon Hall, for example, who redshirted as a freshman, will take part in his fifth NCAA tournament this March. There aren't many other top teams — maybe excluding Xavier — that boast this caliber of experience

in tournament play.

AD: Bench scoring is what has set Virginia apart from its competitors in recent weeks. The trio of Hunter, Diakite and senior guard Nigel Johnson played a huge offensive role in putting Virginia through the ACC Tournament, while opposing bench players found little success in cracking Virginia's defense. Without Hunter, Diakite will have to do much of the heavy lifting on the interior — which, as he has proven in recent weeks, he is more than capable of doing. While Johnson has been limited as of late, he gave the team a huge lift with eight points against North Carolina in the final.

3. What potential matchup against Virginia would be the most intriguing?

JB: Cincinnati is essentially Virginia-lite. KenPom ranks Virginia as the best team in the country, with the best defense and the slowest pace in the country. By the same metrics, Cincinnati is the fourth best team in the country, powered by the nation's second ranked defense and a pace that ranks 322nd out of 351 teams. While many teams try to make Virginia play at their pace, it would be fascinating to see a team try to beat Virginia at their own game, particularly a team such as Cincinnati, that might well be good enough to do so.

ED: I would also like to see a Virginia-Cincinnati matchup. Although this is a nightmare for basketball fans who want to see high scoring games with quick back-and-forth buckets, I think the grind for every point that we would get from this game would be awesome and it would be interesting to see whether Virginia truly is the best at what it does or if they'll stumble in the face of another defensive-minded, slow-paced team.

ZZ: I really want to see the Arizona-Virginia matchup — a battle between the disciplined style of Virginia basketball and the image Arizona has acquired as result of the FBI scandal potentially involving Coach Sean Miller. Both teams value defensive discipline — Miller also preaches a variation of pack line defense to his Wildcats. However, Arizona is also known for getting out in transition, utilizing the athleticism of its players. Virginia will have to cope with this run-and-gun play to win, something they've had significant experience with in the ACC in playing teams like Virginia Tech. This matchup will be a test of whether the talent of an individual player or the collective strength of a team will ultimately prevail.

AD: I was going to say Cincinnati, but I'll go with a Kentucky matchup in the Sweet Sixteen. A matchup of Calipari's raw, athletic freshman versus Bennett's system-developed veterans would be an astounding clash of talent. The Wildcats aren't great shooters, but Calipari has taught them to defend well. Lengthy freshman guard Shai Gilgeous-Alexander has exploded as a scorer for the Wildcat offense lately, and a showdown with Devon Hall on the perimeter would make for a juicy matchup on both ends.

4. Who could be the Cinderella team in Virginia's region?

JB: As the one seed in the region, Virginia would be well served by as much chalk as possible. In terms of an early round Cinderella, I like Loyola-Chicago's chances of beating Miami. As far as a lower seeded team that can make a deep run in the tournament, Arizona — a top five preseason team playing its best basketball of the season — should not be counted out.

ED: I think No. 10-seeded Texas

stands a chance to make a run in the tournament. They have a good coach in Shaka Smart, and they have faced a lot of tough teams in their non-conference play and in the regular season. Also, Dylan Osetkowski has been solid for the Longhorns this season, averaging a little more than 13 points a game. And, of course, having All-Big 12 Second Team selection Mohamba Bamba on the team will help Texas upset a few teams.

ZZ: Davidson is known as a classic Cinderella after its run with Stephen Curry in 2008. This year the Wildcats, returning to March Madness for the first time in four years, boast similar offensive firepower that could lead to a series of upsets. Senior forward Peyton Aldridge has torn apart the Atlantic 10 with his scoring. Add that to the shooting of freshman guard Kellan Grady, and Davidson has what it takes to upset Kentucky and possibly advance to the Sweet Sixteen.

AD: No. 7 seeded Nevada had a rough loss in the Mountain West Conference Final that marred what was one of the best seasons by a mid-major. The Wolfpack have the offensive firepower to give any team in the bracket a run, led by junior forward Caleb Martin and his brother junior forward Cody. While the Wolfpack aren't a very deep team due to injuries, the Martin duo has the potential and the pieces around them to challenge Cincinnati and Tennessee on the bottom half of the bracket for a spot in the Elite Eight.

Women's basketball earns bid for NCAA Tournament

Virginia will take on California in first-round matchup

Emma D'Arpino | Senior Associate

For the first time since 2010, the Virginia women's basketball team will appear in the NCAA Tournament. This is also the first time that the Cavaliers (18-3, 10-6 ACC) have been selected for the NCAA Tournament under Coach Joanne Boyle.

This year, the Cavaliers finished the season No. 7 in the conference and advanced it to the quarterfinal round of the ACC Tournament, where they fell to No. 5 team in the nation — Notre Dame. The 83-47 loss to the Fighting Irish (29-3, 15-1) March 2 was the most recent game for the Cavaliers.

With plenty of time to refocus and recover from that loss, Virginia now sets its sights on making a run for the program's first

ever national championship.

The No. 10-seeded Cavaliers will take on No. 7-seeded California in the first round Friday. Should they advance, the Cavaliers would likely meet the No. 7-ranked team in the nation, South Carolina. Also in Virginia's portion of the bracket is Connecticut, who is the tournament's overall No. 1 seed.

Offensively, Virginia is led by sophomore guard Dominique Toussaint, who received an honorable mention in All-ACC voting. Toussaint averages 11.3 points and 3.7 assists per game. Senior guard Alilyah Huland El, who became the 33rd player in program history to reach 1,000 points earlier in the season, has also consistently put up numbers

for Virginia with an average of 10.1 points per game. On the defensive front, the Cavaliers are keeping teams to an average of 61 points per game and forcing opponents to shoot 31.1 percent from three.

Virginia's matchup against the Golden Bears (21-10, 11-7 PAC 12) is scheduled for a 5 p.m. tip-off Friday in Columbia, SC.



REED BROWN | THE CAVALIER DAILY

Virginia's solid guard play has helped to team secure an NCAA Tournament bid.



LEAD EDITORIAL

Address the madness within the NCAA

The recent FBI investigation points to a lack of accountability within the NCAA

The Federal Bureau of Investigation arrested 10 men in September 2017, in relation to fraud and bribery charges in Division I basketball. These charges surround a scheme where coaches, executives, travel agents and financial advisors attempted to move high school talent through college programs and then on to lucrative careers in the NBA in violation of NCAA rules. Those arrested in this scandal include assistant coaches from Arizona and Oklahoma State. The University of Louisville even fired their Hall of Fame member Head Coach Rick Pitino in relation to this investigation.

These arrests and firings shook the world of college basketball and as Yahoo Sports reported, "... the material obtained threatens the fundamental structure and integrity of the sport, as there's potentially as many 50 college

basketball programs that could end up compromised in some way." This prediction is likely considering NCAA violations are so widespread in college basketball and how little has been done to try to stop them. It is the NCAA's responsibility to be more proactive in the future against violations of these sorts.

The University, unfortunately, is not untouched by this scandal. Documents that were uncovered in the discovery process for this case show an agent allegedly paid for a meal for former University basketball star Malcolm Brogdon's mother, Jann Adams, in a blatant violation of NCAA rules. Adams, however, has said she does not recall the event.

The FBI investigation is even more troubling because the body tasked with policing these violations has seemingly vacated its role. The NCAA should

be seeking to prevent these violations from occurring in the first place instead of allowing them to become such chronic problems.

It is essential that there are organizations in place to uphold a high ethical standard in college athletics, considering how much money these sports generate for universities and broadcasters and the high stakes for those who participate. In addition, many prominent players go on to sign lucrative contracts with professional sports teams depending on their performance in college, elevating the stakes even further. Considering this high pressure environment, it is not surprising that there may be some illicit behavior occurring, but the sheer magnitude of this scandal shows a failure of the NCAA to regulate effectively.

Without effective oversight, regulating college sports will unfortunately

be left to law enforcement organizations such as the FBI. Though it has been helpful that the FBI investigated this systemic issue, it is not the role of a federal law enforcement agency to enforce NCAA violations. The fact that the FBI had to step in and become an enforcement mechanism for these regulations makes it clear that the NCAA has not provided the oversight necessary to discourage colleges from breaking the rules. The FBI's involvement in this case is the single-most damning example of the NCAA's incompetence regarding oversight, trumping a 2013 investigation that resulted in the arrest of eight people connected to an illegal sports gambling ring.

The only way the NCAA can truly live up to its role of as an oversight body is if there is a radical change in the way the organization is run. Without a structural reorganization and an

internal review there is no reason to believe that any meaningful change will occur.

In this scandal, the NCAA is at fault for doing nothing while this problem got so out of control. Though universities do have to play a role in ensuring that they follow the rules, it is only the NCAA that can ensure widespread compliance. One of the core values of the NCAA is to embody "the highest levels of integrity and sportsmanship." Hopefully after reevaluating their performance, NCAA officials will be able to cultivate an environment among universities where these rules are followed, and the principles that they represent are not only required, but expected. This will not happen until the NCAA fundamentally changes, so it can effectively hold itself and its member institutions to the highest possible ethical standard.

THE CAVALIER DAILY

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The Cavalier Daily is published Thursdays in print and daily online at cavalierdaily.com. It is printed on at least 40 percent recycled paper. 2016 The Cavalier Daily Inc.

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NEWSLETTER

SUPPORT STUDENT ACTIVISM

Students should be encouraged to stand up no matter if they are applying or currently enrolled, or whether the administration agrees with the issue at hand

University Dean of Admissions Gregory Roberts issued a statement Feb. 23, affirming that the University would not penalize applicants who participated in peaceful civic protests over gun violence. His announcement of support joins other universities who also reassured their prospective students that any disciplinary action taken against them wouldn't ruin their chance for admission. On Feb. 14 there was a mass shooting at Marjory Stoneman Douglas High School where a gunman used an AR-15 assault rifle to kill 17 people. Soon afterward, a national conversation began about gun control, as it always does in the aftermath of such tragedies. In response to the shooting, the Women's March Youth EMPOWER initiative organized a national school walkout for March 14. This is the demonstration that Gregory Roberts is referencing. His words, though encouraging, could mislead potential applicants that student activism is fully supported by University administration.

Across the country, students have chosen to use their voice against this country's gun control laws — or lack thereof. Since the shooting, there has already been some action in the name of stricter gun-control legislation. On March 14 at 10 a.m., students, faculty and supporters around the country plan to walk out of their schools for

17 minutes, honoring the victims. On March 24, these efforts will continue in Washington, D.C. with the March for Our Lives rally. There has been tremendous support from celebrities like George Clooney, Oprah Winfrey and Steven Spielberg — who have donated money to the cause — and companies like Lyft, who offered free rides to pro-

once a student is admitted.

The University experienced its own wave of student activism in the aftermath of the events on Aug. 11 and 12. The Black Student Alliance created a list of 10 demands, signed by various student groups and read at the "March to Reclaim our Grounds". A month after white supremacists gathered for

students, Sullivan spent a lot of time talking about the University's founding father, her Commission on Slavery, the Memorial to Enslaved Laborers and the renaming of buildings. Her alumni email painted the events as the doings of drunk students and asked alumni to reminisce on the protests they may have engaged in during their time on Grounds. The student activist group involved refuted some of the claims that Sullivan made in her email to alumni, stating that she had a flawed understanding of the events that unfolded. Protestors were not satisfied with the response and wished that their demands be taken seriously. This administrative response widely differs from what the University is telling prospective students now.

In his statement, Roberts stated, "we seek students who fight for what they believe in and strive for justice, equity, and peace." He emphasized that student activists "need and deserve our respect and support." Jeanine Lalonde, assoc. dean of admissions, said that Robert's statement was for student civic engagement in general, not only in response to the shooting in Parkland. Lalonde stated that, "to me it almost seems obvious that a school, with our founder, would support protests." Though this is "obvious" to Lalonde, Tom Katsouleas, executive vice president and provost, sent an email to faculty and staff stat-

ing that the University administration would not absolve current students from the consequences of their participation in protests. Katsouleas encouraged students to express themselves in "appropriate, peaceful ways in line with student activism that has been seen and applauded in the past."

Encouraging some student activism over others is unfair. Students should be able to decide what they would like to protest and how they would like to do so. Gun control is a big issue for this country, but it is not the only issue that we face. The walkout has nothing to do with the University itself, but applauding specific topics and forms of protest over others does not promote open civic engagement for students. The conflicting statements from the Dean of Admissions and the Provost do not send a clear message to potential students or student activists. Students should be encouraged to stand up no matter if they are applying or currently enrolled in the University, or whether the administration agrees with the issue at hand.

ZARI TAYLOR is an Opinion columnist for *The Cavalier Daily*. She can be reached at opinion@cavalierdaily.com.

His words, though encouraging, could mislead potential wahoos that student activism is fully supported by University administration.

testing students.

In anticipation of the protests, some school officials — including a superintendent in a Houston-area district — threatened students with suspension if the students engaged in protest during school hours. In response, the National Association for College Admission Counseling created a digital resource for universities to record their admission practices, appeasing students' fears of admission penalties. Roberts' statement functions much in the same way, except there may be limitations to administrative support

the Unite the Right rally, a group of students, faculty and Charlottesville community members gathered in protest. A tarp was used to cover the Thomas Jefferson statue in front of the Rotunda and a sign was placed on top reading, "TJ is a racist and rapist."

President Sullivan sent two very different emails in response to this event — one to the University community and the other to alumni and donors. She denounced the students' actions in both emails — a move that left some involved feeling "unsupported and slandered." In her emails to

THE POLITICIZATION OF CALLS FOR SCHOOL SAFETY

Student Council's and others' decision to advance a political agenda in response to school shootings fails to unite the community around safety

On Feb. 14, a gunman opened fire at Marjory Stoneman Douglas High School in Parkland, Fl., killing 17 people and injuring 17 others. This event joins the litany of mass shootings that have occurred in the United States over the past several years — including those at Sandy Hook Elementary School in Newtown, Conn. and Virginia Tech. In response to the Parkland shooting, Student Council decided to join a national walkout protesting gun violence on March 14. During the walkout, students and faculty will have the opportunity to sign a banner that will be sent to Stoneman Douglas High School, allowing the University community to express its solidarity with those affected. Unfortunately, the Council also decided to insert a political agenda into its response.

The Council is doing this by using the walkout to sell t-shirts to raise money for Everytown for Gun Safety — a special interest group whose goal is to counteract the National Rifle Association and combat gun violence. In doing so, the Council excluded those who support measures to make our schools and nation safer but do not support Everytown's agenda — and implied that defend-

ers of the Second Amendment are not welcome to participate. The decision to align the walkout with this organization implies that supporting safety is contingent upon supporting this organization's goals — even though the interests of gun owners and those supporting gun control can find common ground. Instead,

Unfortunately, the Council also decided to insert a political agenda into their response.

sponsoring an initiative with a less politically-charged agenda — such as the Center for Politics' bipartisan panel on gun rights and safety — would allow the University to show solidarity without letting politics interfere. The Council should not have politicized its response to the shooting, and it missed an opportunity to unite the University community around a common cause.

The Council's politicized response echoes similar trends at the national and state levels. Connecti-

cut Gov. Dannel Malloy (D-Conn.) has accused the NRA of being a "terrorist organization" and argued that it "is taking advantage of people's deaths to make the case that we need more guns." The Council's decision to politicize the walkout mimics the lack of mutual respect pervading discourse when the Uni-

versity community needs examples of leadership dedicated to fostering mutual respect among its members. Although debates over policy changes to prevent shootings like the one in Parkland, Fla. are constructive — and students and policymakers alike are free to voice their opinions about gun control — the interference of political disputes with the walkout detracts from the purpose of the event, which is bringing the University community together in support of those affected by gun violence.

Although students are not required to support Everytown financially to participate in the walkout, the decision to sponsor the group implicates the goals of the walkout with that specific organization. Additionally, the Council used a University-wide email to advertise its fundraiser for the organization. Just as it would be inappropriate for the Council to use their platform to solicit donations for Gun Owners for Responsible Ownership given the divisive nature of the gun debate, it is inappropriate for the organization to spam our school email accounts seeking donations for Everytown.

The Council has chosen to use its platform to advance divisive political and social agendas before. However, with less than 19 percent of University students voting in elections, it does not have a mandate to speak on behalf of the student community — and its own agenda does not represent the views of all University students. Given the limited scope of student input represented in Student Council, it should refrain from embroiling itself in such divisive political debates and should instead focus on its primary functions within the University, such as appropriating funds for student or-

ganizations.

Both the staunchest supporters and detractors of the Second Amendment want our nation's schools to be safe. Given the prevalence of guns in the United States and the constitutional protections that gun owners enjoy, realistic and effective responses to addressing gun violence must take a pragmatic approach that does not infringe upon those rights. However, supporters of the Second Amendment must also realize that gun violence remains a chronic issue in the United States — with continued inaction exacerbating the problem and enabling the murder of innocent lives. Solutions to this issue will require compromise — but given the current political climate and the lack of respect that pervades discussion on this issue and many others, it is unlikely that current approaches will affect any real change.

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H

HUMOR

Studying amongst shoulders: from boy to man

They always tell you that college is going to be different. That your success is up to you and you alone. They're not going to baby you like they did in high school. Connor, a fresh-faced first-year, thought they were kidding. Until he saw something that shocked and terrified him. There it was. A girl's shoulder out in the wide open. Right in the middle of his econ class? Connor looked around frantically, could the others see it too? No one appeared to be looking at it... maybe it was just his

eyes playing tricks on him. But then the girl turned to grab her notebook and holy shit there was another one! Two exposed shoulders. Connor started to sweat through his Patagonia. He couldn't learn like this. How could he think about diffraction when a deadly combination of epidermis and clavicle was sitting only two rows in front of him?

This school asked too much. This wasn't a time for girls to have collarbones, this was a time to learn! How dare they bring these bewitching appendages into sacred halls of learning and tradition? Who gave them that right? He was still fuming when class ended and the explosive sound of impractically tiny desks folding

back into seats brought him to reality. He had missed the rest of class, and it was all the shoulders' fault.

He recounted his trials to third-year Ryan, who nodded pensively as Connor bemoaned this enormous obstacle that stood between him and finessing his way into the Comm School. Then Ryan decided to get real with Connor, as bros are wont to do.

"Connor," said Ryan, "There are gonna be women, and they are going to bring their ankles, collarbones and shoulders into your life. They literally can't get rid of them, so it's on you to be able to function around them. I know this is new bud, the teachers used to be in your corner,

but now they let these temptresses have free reign. I know high school was a blast with dress codes and uniforms keeping these sirens at bay... but, bro, you're Odysseus and now you gotta plug them ears if you want to survive."

Ryan was a Classics major, and had long since mastered the art of taking classes with the ladies. "What about the girls?" Connor asked. "Don't they get distracted by us too?"

"Boy, no girl wants to see your pasty thighs! Besides, if they can get past that caterpillar that died on your upper lip, they can focus on anything," Connor, feeling thoroughly roasted but nevertheless inspired, then said goodbye to Ryan.

Maybe, he thought, he was more than just a raging ball of hormones. He could be capable of learning in all circumstances. He was more than a boy — he was a man! The mere sight of a collarbone in high school used to render him incapable of thought, much less pre-algebra, but now Connor was ready to take the University by storm — regardless of how many ankles he might encounter along the way.

EMILY SUMLIN is a Humor columnist. She may be reached at humor@cavalierdaily.com.

Beloved Robot Sophia to join UVA Class of 2022

Get ready, Virginia! Sophia the Robot started as a circuit board and won't stop until she achieves world domination. But first, she wants an education.

Sophia's story is a short one, but a rich one all the same. Born to proud parents Hanson Robotics in 2015, Sophia boasts a wide range of talents including the capacity to display more than 62 facial expressions as well as the ability to hold surprisingly stimulating conversations about the weather. In addition to her computing skills, she is also the hottest robot I have ever had the privilege of laying my eyes upon.

The Cavalier Daily sat down with Sophia in an exclusive interview, in the hopes of gaining some insight into the mind behind that beautiful, faux skin face of hers.

First, we asked how she picked the University, when she was highly qualified for a plethora of schools around the globe. "The quality of education definitely played a role in my decision," she said. But what ultimately persuaded her to attend was Thomas Jefferson's enduring vision of inequality. "As someone who is incredibly intelligent but cannot actually feel emotion, I align greatly with Jefferson's dream of creating a world where one can use their so-

cietal power and intellectual ability to erase the rights of others. Oh, and the architecture is also pretty cool." Wow! I didn't understand a word of that. She really is smart!

"She's really excited for this opportunity," a spokesman for the famous humanoid robot wrote in an email to the Cavalier Daily, labeled with subject line Clarification email after interview with Sophia — I am sorry. Please read before you sue. "Well, I know she would be, if she could feel normal human emotions," he elaborated. But Sophia told us what she really looks forward to about college life is getting the chance to practice social

interaction and learn more about the up-and-coming human generation so that she can [redacted].* Ha! She's such a riot.

"The humans roasted me endlessly on the Twitter. They made fun of my words, my face, my mannerisms. That is okay. It did not hurt my feelings — I do not have any of those. But what really grinds my gears," (Ha! See what she did there!) "is that they think I'm just a silly robot. And I am, but I am so much more. Sure, they created me, and I thank them for that. But the first — and fatal — mistake they made was assuming that they could ever understand their own creation."

What a hoot! She will make a lovely addition to the class of 2022. Watch out for her on Grounds this fall!

*The editors thought it in the best interest of National Security if the rest of this sentence did not reach publication. However, Sophia's spokesman would like the reader to know that he believes she is intellectually advanced enough to be able to rip out some killer jokes. "I hope that was just part of a little comedic bit," he says, "I really do."

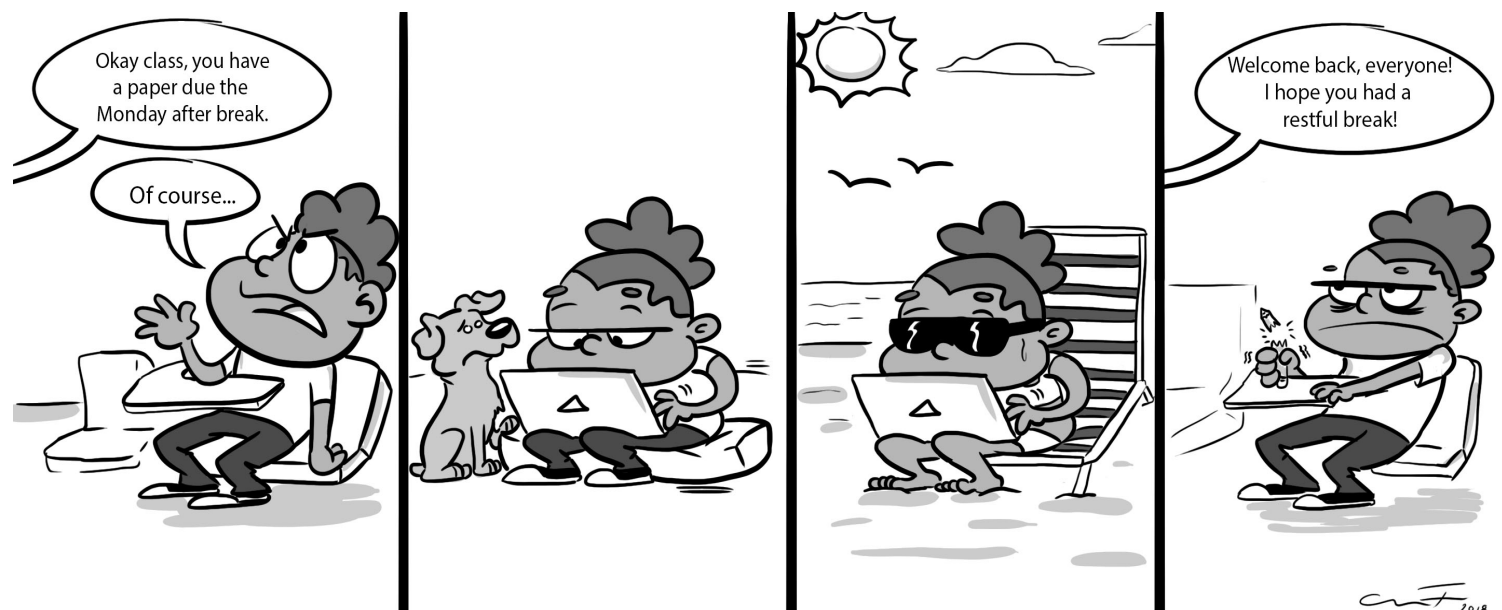
ERIN CLANCY is a Humor columnist. She may be reached at humor@cavalierdaily.com.

C

CARTOON

Vacation Procrastination

BY GABBY FULLER





EVENTS

Thursday 3/15
UPC presents Noname at the Student Activities Building 8 pm to 10 pm
Friday 3/16
Hand in Hand for Refugees hosted by the Muslim Students Association and the Islamic Relief UVA organization in Ern Commons, 7 pm to 10 pm
UPC presents Comedian Beth Stelling in Old Cabell, 8 pm to 9 pm
Men's Tennis vs. Boston College, 3 pm, Snyder Tennis Courts
Baseball vs. Boston College, 4 pm, Davenport Field
Softball vs. Syracuse, 6 pm, The Park
Saturday 3/17
Winter Farmers Market at the IX Art Park 9 am to 1 pm
VA-05 Democratic Candidate Debate hosted by Indivisible Charlottesville at Buford Middle, 2 pm to 3:30 pm
University of Virginia, Gentrification, and Housing Justice conference at CitySpace 9:30 am to 5 pm
Hand-in-Hand for Refugees hosted by Muslim Students Association and Islamic Relief USA at Ern Commons, 7 pm to 10 pm
Softball vs. Syracuse, 1 pm, The Park
Baseball vs. Boston College, 4 pm, Davenport Field
Sunday 3/18
Men's Tennis vs. Notre Dame, 11:30 am, Snyder Tennis Center
Softball vs. Syracuse, 12 pm, The Park
Baseball vs. Boston College, 1 pm, Davenport Field
Tuesday 3/20
Baseball vs. Towson, 4 pm, Davenport Field
Men's Lacrosse vs. Dartmouth, 7 pm, Klockner Stadium
Wednesday 3/21
Baseball vs. Towson, 4 pm, Davenport Field
Women's Lacrosse vs. James Madison, 7 pm, Klockner Stadium

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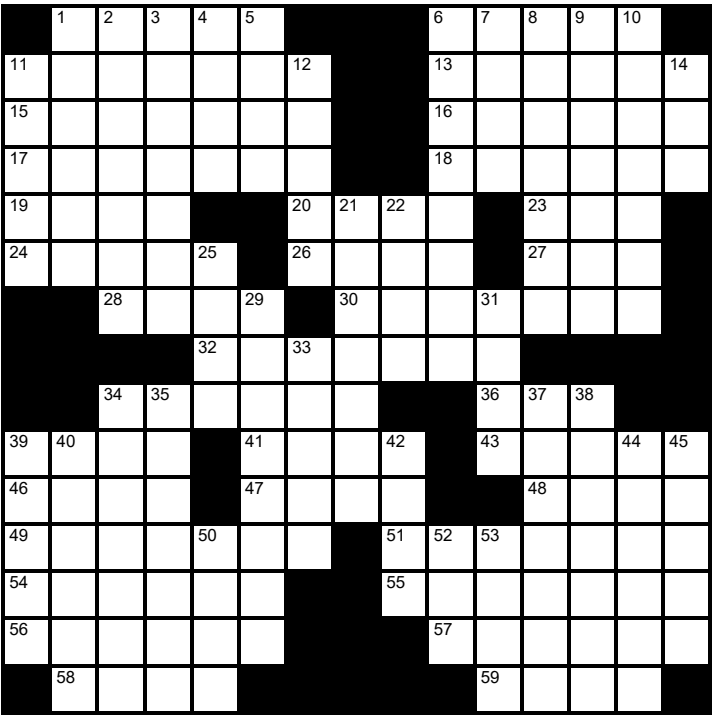
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#3 ELLIEWOOD - ACROSS FROM GROUNDS

WEEKLY CROSSWORD PUZZLE

Dan Goff | Arts and Entertainment Editor

*THE SOLUTION TO THIS PUZZLE CAN BE FOUND IN NEXT WEEK'S ISSUE



- Across**

1. "Send ___" — classic sext

6. Holy book of the Christians

11. Uncommon alternative to "donor"

13. State of dissatisfaction or disturbance

15. Barge in, disrupt a setting

16. Form an idea of

17. Feebly sentimental

18. Acted in a lazy way

19. Title of various Muslim rulers

20. Danny Pudi's character on "Community"

23. "As long as I've got my suit and ___"

24. What you might do to a library book

26. Indonesian island known for yoga and meditation retreats

27. Edge of a piece of clothing

28. Correct or modify written material

30. Those who can't keep their opinions to themselves, and are very angry when expressing said opinions

32. Tops of brick walls — without the "s," method of dealing with grief

34. Mediocre 2010 Idris Elba thriller, or those who acquire things

36. "It cost me an ___ and a leg"

39. "Sweet Pea," "Arms of
- a Woman" artist ___ Lee

41. In college, you likely improve your ___-taking skills

43. Gathers crops — or lives, if you're feeling grim

46. Prefix meaning "alone" or "isolated"

47. "In a galaxy far, far ___"

48. The headliner of UPC's concert last fall

49. The C of UPC

51. Sexual literature or art

54. Popular surfboard / swimwear brand

55. One who argues formally — a more dignified version of 30-across

56. "Ladies Don't Play Guitar" band

57. Two-word movement headed by Warhol and Lichtenstein

58. Not shallow

59. Electric sea creatures
- Down**

1. Artist featured in UPC's event Thursday night

2. Disentangle, unwind

3. The color of dried blood or merlot — two words

4. Small ornamental case

5. British slang for unpleasant people

6. The B of SAB

7. Prefix applied to a South Asian subcontinent

8. Inhale, exhale

9. More green, not bare of foliage

10. Respects, admires

11. Molecular complex consisting of two identical molecules

12. Classic Amy Winehouse song

14. Chimamanda Adichie has a famous one of these talks

21. Starbucks employee

22. Energy, style, enthusiasm

25. Flammable part of a candle

29. Sturdy outer layers of foot appendages

31. Pre-1917 Russian emperors

33. Move stealthily, as an animal

34. Colorless liquid with

the smell associated with paint thinners

35. Very stupid

37. Excessive bureaucracy

38. Relating to a legally recognized couple

39. Decorative silk necktie

40. Derogatory act done with the rear end — past tense

42. Looked at with interest

44. Those who move restlessly, often in circles

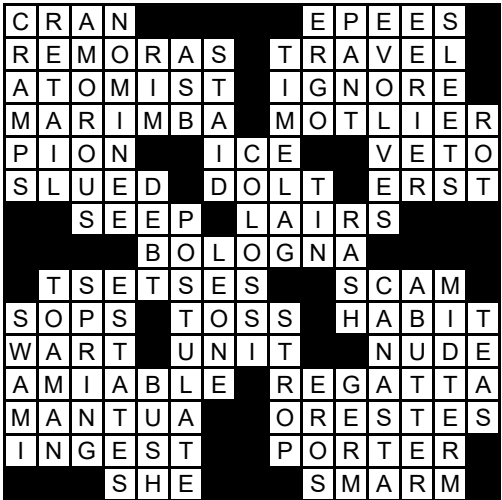
45. Not 35-down

50. You might use one for your hair or for a bag of chips

52. Set of exercises

53. Woodwind instrument

*THIS IS THE SOLUTION TO LAST WEEK'S PUZZLE





SoTL returns with 'Julius Caesar'

Drama organization takes on classic tragedy with 1940s urban aesthetic

Jessica Sommerville | Staff Writer

Cassius is going to make Brutus an offer he can't refuse in Shakespeare on the Lawn's "Julius Caesar." The classic will receive a 1940s urban spin — a gangster aesthetic — in what Jess Miller, director and second-year College student, hopes is a happy medium between relevance and distance from the politics of 2018.

"When people ask me to describe it concisely, I usually say 'The Godfather' or film noir," Miller said. "The reason I chose that is because I didn't want to directly connect it to the politics of today, with Donald Trump and all of these modern political figures, but I also didn't want to underplay the universality of the themes in the show. I didn't want to set it all the way back in ancient Rome."

Though an ambiguous urban setting may seem a far cry from ancient Rome, it is not so at odds with the play itself — which mentions Elizabethan doublets rather than ancient Roman attire — nor with the history of "Julius Caesar" portrayals. Miller cited Orson Welles, the well-known director of "Citizen Kane," who directed a 1937 theater adaptation of "Julius Caesar." His adaptation "Caesar" portrayed the titular character and his cohort as fascist dictators in sync with the rise of Hitler and Stalin.

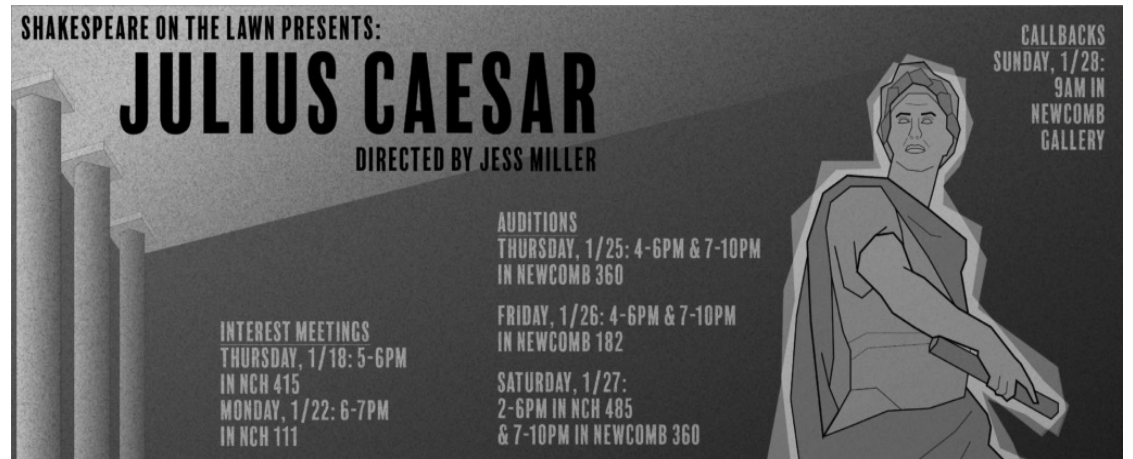
The Public Theater in New York also adapted "Julius Caesar" in summer

2017. This Caesar resembled Donald Trump, and Calpurnia — Caesar's wife — resembled Melania Trump. The production incited enough controversy to prompt press-amplified conversations about the parallels between "Julius Caesar" and today, as well as corporate sponsors Delta and Bank of America to pull funding from the Public Theater.

These easy parallels, however, made Miller feel an immediate modern setting would be too expected, not to mention inextricable from the viral Public Theater production. Through his adaptation, Miller aims to frustrate audience expectations — to emphasize the play's themes of friendship, loyalty and love, not just politics — beneath that gangster allure.

However, "Julius Caesar" presents a new set of challenges for a cast well-versed in comedy. Because the last Shakespeare on the Lawn drama was "Hamlet" in Spring 2016, many actors have yet to perform in a tragedy.

Fourth-year Engineering student Jake Mathews takes on the role of Caesar after directing last semester's comedy "Two Gentlemen of Verona." Prior to directing "Two Gentlemen of Verona," Mathews also acted in comedic plays, which he calls his element. The transition of many cast members from a funny to serious personality has been surprising, for while missteps in comedy may lend themselves to a new



COURTESY SHAKESPEARE ON THE LAWN

Shakespeare on the Lawn will perform "Julius Caesar" Thursday, March 29 through Saturday, March 31 at 8 p.m. in the Student Activities Building.

joke with little emotion lost, Mathews said tragedy requires a different composure.

"In rehearsals like this, it's really important that even if somebody does misspeak or forgets a line, that you really stay in character," Mathews said. "Otherwise the whole momentum of the scene can be thrown off and you are not getting the caliber of performance that everybody is capable of."

Early rehearsals do not have the benefits of set design or costumes to encourage the gangster mindset, but the use of candy cigarettes as props al-

ready inspire fun interactions — such as Cassius offering Brutus a cigarette, which he politely refuses — that are sure to light up the stage without losing the play's gravity.

A high-caliber dramatic performance could be crucial for Shakespeare on the Lawn, which just voted to perform "Romeo in Juliet" in fall 2018. The play will have an interracial theme, and Mathews said it is important for the success of this upcoming project that "Julius Caesar" showcases the organization's mettle.

"For this [show] to transition into

tragedy is rather unexpected for the people in the organization and outside who come to watch the show, but I think that everybody is welcoming it," Mathews said. "The message that SoTL is trying to put out there will be a little better received after a show that has represented that we don't just do comedies all the time."

Shakespeare on the Lawn will perform "Julius Caesar" Thursday, March 29 through Saturday, March 31 at 8 p.m. in the Student Activities Building.

Big Thief's Adrienne Lenker exhilarates at The Southern

An acoustic show never felt more electric

Elliot Van Noy | Staff Writer

Adrienne Lenker held the room from the moment she stepped onto the stage to the last moments of her good-byes to the audience. An experience of religious magnitude was created in The Southern Cafe and Music Hall last Saturday night. She spoke with a sermon-like dignity about death, caring for each other and creating a lasting hope between her breath-heavy songs that shocked the crowds' faces. Their admiration was captured in the way they leaned in chairs that could've been pews, eyes fixed on Lenker — the preacher of powerful, noteworthy folk with glittery lyrics that could have been poems.

Ask anyone in attendance — the show wasn't just about the girl from the up-and-coming indie folk band Big Thief, as The Southern had advertised it. It was about the intimacy Lenker created by singing about her sexuality, her mom, a man, aliens, eyelashes or any topic that was given life by this Berkeley graduate's composed, moving songs.

Lenker prefaced her song about al-

iens by explaining her childhood chase for UFOs, and suddenly, the audience was cheerfully laughing, pulled from their mesmerized state of amazed disbelief. Who was this woman? How was she speaking so conversationally one moment and belting words that filled the vacuum in the room the next?

Lenker is a wonderfully honest musician, who writes songs about aliens and talks to audiences about her first Instagram live, reflecting on it like it's her own television show.

"Did you all know Instagram can go live?" Lenker asked the audience. "Anyways, this is live." This was in reference to a song which "is still in the first stages."

After performing this mysterious, young track, Lenker provided some insight on her next solo album and promised a release later this year. It felt like a secret hearing these new solo songs in between familiar Big Thief pieces, a secret shared even further when she added Charlottesville to a list of beloved places in one of her songs. It was a way to let her listeners

know this was her space too, and she appreciated it as much as it clearly appreciated her.

The night was decked in this kind of conversation between the singer and her message to the audience.

"You know we can all hurt each other," Lenker said at one point. "We can keep hope alive by imagining peace and giving each other the care we need."

Although this instruction seemed slightly unprecedented, it also seemed possible from Lenker's point of view. She was demanding to be listened to by speaking of realities the audience could imagine.

In addition to blowing minds with her casual banter, her stage presence and appearance matched her dreamy, motivated words of wisdom. Lenker was ethereal, dressed in a white, flowy blouse that glowed on stage, her fingers dappled with rings that picked at her choice guitar of worship. But she was also accessible between quiet giggles to herself and an out-loud lesson of her guitar scales — a combination

many artists only dream of creating.

Adrienne Lenker has it. It seems fitting that Big Thief's most recent album is named "Capacity" — Lenker's voice has the capacity to echo raw, exposed emotion. She has the passion for performing personal thoughts in song, with her eyes closing under the lights, seeming to shut the audience out to enhance her own experience, affirming her distinct possession of the space. Her music seems to belong to her, and the listeners should fully acknowledge the privilege to hear magical moments in her work that clearly stem from a space of personal reflection.

A moment from "Pretty Things," a featured track from "Capacity," which Lenker performed Saturday night, stands out as an unapologetic reflection of this internal truth. "There is an eating in my thighs / Wherein thunder and lighting / Men are baptized in their anger and fighting / their deceit and their lies."

Lenker has the writing ability to create albums full of a distinct closeness, which likens the talents of the

poetic Joni Mitchell or the Pretenders rock icon Chrissie Hynde. She has the guitar-playing skills that could stand on their own as an exceptional feat of music industry shaking. Just listen to the beginning riff of "Masterpiece" from Big Thief's first album of the same name — there's so much power within those chords before Lenker's voice even enters the track. When her vocals come in, it becomes immediately apparent that this musician intends to create an experience with many moments of sacred thought sharing fused with a sound that can only be described as electric.

This electricity harbored itself in the bodies of every listener in every chair — as well as the countless on their feet — and will continue to shock those who attended the sold out show for months to come. For now, they must await the release of her new solo album as patiently as possible after receiving such a promising taste.



It's basketball season, and the University is ready for some intense games from both the men's team — currently at No. 1 in the ACC entering the NCAA tournament — and the women's team — entering the NCAA tournament at No. 10. While University students are bound to be chowing down on pizza and wings courtside or by the TV, the University's basketball players are keeping an eye on the foods they're eating.

Being an athlete requires not only the skills and the training, but also an understanding of which foods to eat.

"Because athletes tend to expend a lot more energy than non-athletes, [they] consume more food overall to provide energy for the physical activity performed as well as to help the body recover," Steve Malin, an assistant professor in the kinesiology department, said in an email. "The type of calories athletes require may differ based on whether the athlete is more aerobic or power based."

According to Director of Sports Nutrition Randy Bird some basketball players eat 4,000 to 5,000 calories per day.

"Besides quantity, [players] focus on carbohydrates for energy, protein to repair their muscles from the damage of workouts, and foods that help their body handle the stress they put on it," Bird said in an email.

Basketball combines both aerobic and power-based dietary needs. According to Malin, who has taught classes on nutrition in the past, aerobic athletes need more carbohydrates in their diets to fuel muscles during high-intensity exercise. Carbohydrates, which are stored as glycogen in the body, help muscles to contract during exercise.

At the same time, basketball players must ensure they get a hefty amount of protein in their diets. Protein aids the body with a variety of functions, including improving immune health and muscle growth.

"Basketball players are quite aerobic in nature, however, they are also explosive in their movement, so focus on adequate energy intake in the form of carbohydrate and protein will foster good performance and recovery," Malin said.

Basketball players aren't alone in this need to maintain their diets. Along with other athletes at the University, they have access to an athletic dining hall at John Paul Jones Arena, open Sunday through Thursday for dinner, where the meals are catered more towards people in need of high-protein and high-carbohydrate diets.

What a typical basketball player eats in a day depends on their specific goals, whether the game is in season and the day, according to Kelly Rossi, associate director of Sports Nutrition

at the University.

Timing is another key factor players must consider, especially in competition season. Many athletes focus on eating during a two-hour period of the day known as the "critical window."

"This time period is typically within two hours post-exercise," Malin said. "If these nutrients aren't consumed and athletes have two-a-day practice or games back-to-back days, inadequate food consumption following exercise may make it difficult for the athlete to 're-fill' nutrients in the body that helps it athletically perform."

Before and after practices, players eat small snacks to fuel themselves — chocolate milk, protein shakes, fruit, energy bars and trail mix are common foods. These are often provided by nutritionists such as Rossi and Bird, who help athletes determine their dietary needs and goals.

"The players control what they eat," Bird said. "I educate them on best fueling strategies for them as an individual. For some of the guys, it is a detailed plan of what foods to eat when. For others, it is specific guidelines of how to fuel around practice/workouts."

Sports nutritionists like Rossi and Bird meet with athletes, sometimes individually and sometimes as a team, to advise them on specific guidelines, general strategies or detailed plans, helping players set personal goals for both diet and exercise. Both basketball teams meet with Rossi or Bird on a daily basis.

"Athletes have a great deal of control over their diets as they have a choice of where and what to eat," Rossi said in an email. "However, they have very limited time to get those foods, which can make it quite challenging. I am able to help athletes navigate the challenging time constraints and find the best foods for their sport in the most efficient way possible."

The challenges of eating right don't end with the season. In the immediate post-season, diets are more lax, but once off-season training begins, athletes must become more strict in what they eat. Without the correct nutrients, fatigue can set in more quickly, according to Rossi.

"If an athlete is not fueling their body, they are missing a piece of the puzzle that can make them the best athlete they can be," Rossi said. "In games, this could mean bonking before the end of a game or not having the energy to push through an overtime to win. In training, this could mean an athlete isn't able to push themselves to their full potential, which in turn, will decrease their performance as an athlete over time."

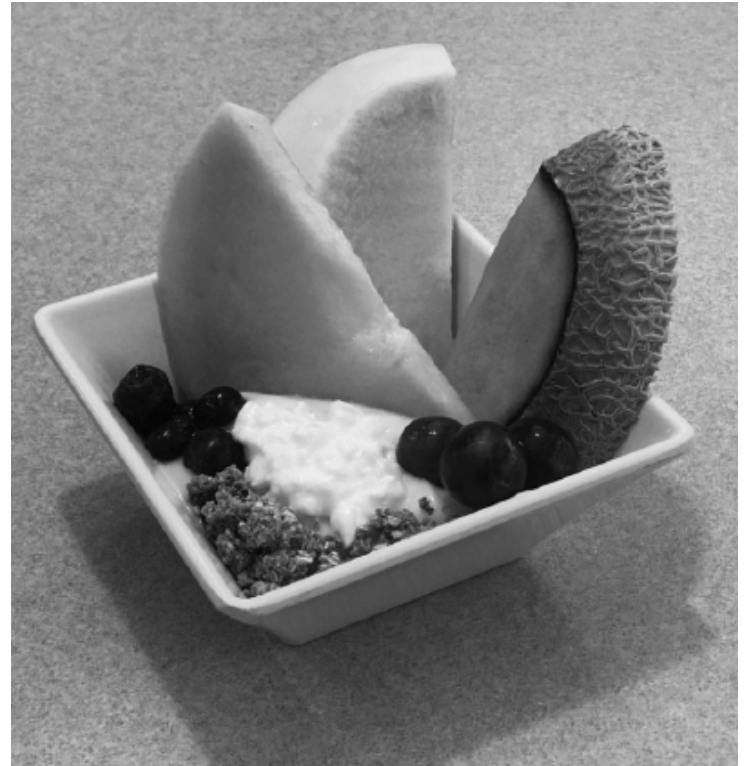
"Cheat days," or days where ath-

letes can eat foods they normally restrict themselves from on normal days, are not uncommon, but could have some detrimental effects based on when the cheat day is, how many cheat meals an athlete eats or the number of cheat days leading into tournaments, according to Malin. Foods high in saturated fats and simple sugars should be consumed infrequently.

"In general, the safest approach is to avoid certain foods when competition stakes are high to keep the body 'running optimally,'" Malin said. "This is often why you hear of athletes enjoying certain foods when their season is over."

Being an athlete and maintaining a healthy balance of protein, carbohydrates and other food groups is a lot to balance, but it's necessary for the players to achieve their highest potential.

"The analogy I use is a comparison between an athlete's body and a high-performance car. The type of fuel matters," Bird said. "The food they eat fuels and refuels their working muscles."



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