

# The Cavalier Daily

online | print | mobile

VOL. 127, ISSUE 20

THURSDAY, OCTOBER 27, 2016

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# YOU

# REALLY?

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# Was the GrandMarc vandalism hate speech?

*Legal experts, German professor weigh in on anti-Semitic graffiti*

ALEXIS GRAVELY | ASSOCIATE EDITOR

Graffiti displaying anti-Semitic messages was found on the outside of the GrandMarc apartment complex on 15th street Sunday. Student Council and the Jewish Leadership Council condemned the graffiti in a statement, referring to it as “hate speech.”

“The imagery painted at GrandMarc is intended to intimidate Jewish students and make them feel uncomfortable in their community,” the statement said.

University Law Prof. Robert

O’Neil said although “affected groups and many others may be profoundly affected or harmed by such expression,” from a legal perspective, these types of messages are not necessarily deemed to be “hate speech.”

“There simply is no comprehensive definition for ‘hate speech,’” O’Neil said in an email statement. “Most of what’s described as ‘hate speech’ is simply offensive and/or hurtful but not legally actionable.”

This is because the First Amendment generally protects the expression of this type of speech, John Whitehead, president of the Ruther-

ford Institute, said.

“If the University student for this act on the basis of the content of the speech, the First Amendment would protect the student,” Whitehead said in an email statement. “The First Amendment protects even offensive and racist speech and the government’s opposition to that speech may not form the basis of any government-imposed sanction.”

Whitehead added that Doe v. Rector & Visitors of George Mason University — a February federal court case — clarified “racist speech, even on a university campus, is constitutionally protected.”

However, any individuals responsible for this specific incident would not be protected under the First Amendment because the Constitution does not allow one to deface either public or private property, Whitehead said.

One of Charlottesville’s ordinances makes it a criminal offense to deface private property, which is punishable by a \$2,500 fine, Whitehead said.

Additionally, the evidence of bias

in the message “could be a basis for an enhanced punishment under a Virginia statute,” Whitehead said.

“It is a crime to enter upon the property of another for the purpose of damaging it, and ‘If a person intentionally selects the property entered because of the race, religious conviction, color or national origin of the owner, user or occupant of the property, the person shall be guilty of a Class 6 felony,’” Whitehead said, quoting one of Virginia’s laws regarding crime against property.

This type of crime would result in at least six months of jail time with a minimum of 30 days served.

The graffiti was comprised of the word “Juden” and the Star of David, both of which have historical contexts in Nazi Germany and other Nazi-occupied countries.

Associate Prof. Gabriel Finder, the Ida and Nathan Kolodiz director of Jewish Studies, said “Juden” is the plural form of the German word “Jude” which means “Jew.”

“Nazis and their sympathizers in Nazi Germany and Austria would paint the word ‘Jude’ on storefront windows of stores owned by Jews

to intimidate and warn non-Jewish Germans and Austrians not to make purchases in Jewish-owned stores,” Finder said in an email statement.

Likewise, the Star of David, which is a significant centuries-old symbol in Jewish culture, was used for the same purpose, said Finder.

Both the word “Juden” and the Star of David were further used to ostracize and persecute the Jewish people living in Nazi-occupied countries when these symbols acted as a form of identification.

“When Nazi officials in Germany and in Nazi-occupied countries decreed that Jews had to wear armbands or patches sewn to their outer clothing to identify them as Jews, the armbands and patches had to inscribed with the word ‘Jude’ or with a Star of David,” Finder said.

Finder added that both “Jude” and “Juden” are “perfectly good words,” but their meanings have been misconstrued by the Nazis who “purposefully misused them, often in combination with ugly epithets, when they abused, humiliated and denigrated Jews.”



COURTESY MICHAELA BROWN

The graffiti was spotted on the GrandMarc apartment complex on Oct. 23.

## U.Va. survivor condemns Rolling Stone, defends Eramo

*Editor Sean Woods says he regrets way article was handled*

HAILEY ROSS AND XARA DAVIES | SENIOR WRITERS

“She was there for survivors, 100 percent,” Alex Pinkleton said of former Associate Dean Nicole Eramo Wednesday before a courtroom of jurors, legal counsel and spectators.

Pinkleton’s testimony was part of the ongoing trial for the \$7.5 million lawsuit Eramo filed against Rolling Stone Magazine, Wenner Media, Inc. and Sabrina Rubin Erderly, author of the 2014 article “A Rape on Campus.”

While a student, Pinkleton was the outreach chair for One Less, a sexual advocacy group at the University, and heavily involved with Take Back the Night. In the spring of 2014, she reported her sexual assault experience online. That was when she first encountered Eramo and formed a friendship with her.

“She became a huge support for me,” Pinkleton said. “I ended up babysitting her son.”

Pinkleton was also a friend of Jackie — the central figure of Erderly’s article — at the time Jackie was involved with the story.

Graham, then a second-year College student, disappeared in September 2014, and her body was found a month later in Albemarle County. Jesse Matthew Jr. pleaded guilty to the murders of Graham and Morgan Harrington in March.

“A Rape on Campus” referenced Graham’s death and Matthew’s prior sexual assault charges.

“Clearly [Erderly] was trying to paint me as someone I wasn’t,” Pinkleton said. “I’m not an expert on how to get into frats — I can get into frats ... I consider myself more of an expert of survivor help.”

Pinkleton admitted the quotes attributed to her in the article were accurate, but also said 90 percent of her conversations with Erderly revolved around advocacy and the influencing factors of “rape culture” at the University. In fact, Pinkleton said she was excited for the article to be published because she thought it would expose problems with the University’s sexual assault reporting process.

“I was still under the impression this would be something helpful for the advocacy community,” Pinkleton said. “Those were my feelings at the time.”

Pinkleton teared up while facing the jury and talking about the public’s negative reaction to Eramo after the article was published.

“People were very angry at me for supporting the ‘devil,’” Pinkleton said while choking up, before U.S. District Court Judge Glen Conrad ordered a break to allow her to com-

pose herself.

Some community members still hold these feelings. Just last week, Eramo was called a “rape apologist” while she was outside the courtroom on lunch break.

Pinkleton became overwhelmed with emotion for a second time when Elizabeth McNamara, Rolling Stone’s attorney, had her read a letter she sent to Eramo after the debunked article was published.

“People weren’t there for you so f—k them,” Pinkleton said before beginning to cry. McNamara continued reading it for her, “You’re one of the strongest, most generous people I know, and f—k Rolling Stone for trying to paint the picture otherwise.”

As a part of the letter, McNamara read that Pinkleton wished Eramo “cheers to a successful lawsuit.”

Dean of Students Allen Groves also testified Wednesday morning. Groves said he had a favorable opinion of Eramo’s job performance, and he too disagreed with the way she was portrayed in the article.

“It painted Eramo as indifferent, cavalier, suppressing statistics,” Groves said. “A view of the environment as unsafe and not advocating for students.”

Title IX policy states that regard-

less of whether a victim of sexual assault wants to pursue formal or informal charges, the University is still required to investigate the information. Groves said it was difficult to conduct an investigation because of the limited information Jackie provided.

“[Jackie] was unwilling to give [the] name of attacker, was uncertain of the fraternity and so, based on that, [Eramo] supported Jackie and did not conduct an investigation,” Groves said.

Groves said he was frustrated with Jackie for her unwillingness to provide the facts needed to take action.

Rolling Stone’s deputy managing editor Sean Woods was the last to take the stand. Woods, who was also the assigning editor for “A Rape on Campus,” affirmed there are no written policies about how fact-checking should be conducted at Rolling Stone.

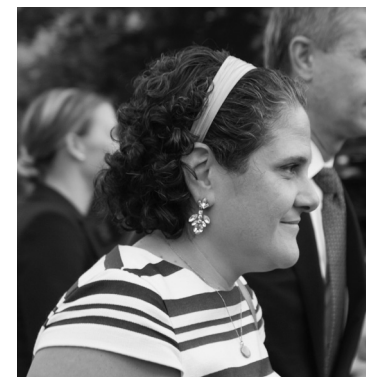
“I thought it was clear to the reader that it was all Jackie’s recollection. I’ve been criticized for this,” Woods said. “I really regret the way I handled this.”

Following Pinkleton’s time on the stand, the jury watched John Ritter’s video deposition. Ritter is the freelance illustrator who created the

three photoshopped images for the article, including one of Eramo. He said he was paid roughly \$2,500 for his work.

University Associate Dean of Students Laurie Casteen, also spent time on the stand. She said she tried to take pressure off Eramo by serving as a “buffer.” Casteen said she met with Jackie and helped to establish regular police patrols of her home, gave academic support and referred her to counseling.

The trial will resume Thursday at 8 a.m.



XIAOQI LI | THE CAVALIER DAILY

Nicole Eramo outside U.S. District Court in Charlottesville.



# UJC Awareness Week works to engage U.Va. community

*Week's theme is 'hold yourself to a higher standard'*

DAVID SCHUTTE | ASSOCIATE EDITOR

This week, the University Judiciary Committee is reaching out to students with a UJC Awareness Week in an effort to ensure they are aware of what it does, how trial proceedings work, how the committee can be a resource to students and what the standards of conduct are.

Organizations representing a

variety of student groups like United for Undergraduate Socioeconomic Diversity, the Honor Committee, Sustained Dialogue and the Alcohol and Drug Abuse Prevention Team are also contributing to UJC Awareness Week.

UJC chair Mitch Wellman, a fourth-year College student, said

the week will help students understand that UJC is a resource to the University community.

"We offer a system that ensures the respect freedoms and safety of other people through community actors reporting to us," Wellman said.

This idea is emphasized in the week's theme, which is "hold yourself to a higher standard."

"The idea behind the phrase is that you should be holding yourself accountable," Wellman said. "Part of student self-governance is you're looking after yourself. It's an aspect of student self-accountability."

Wellman said that the events also place importance on the standards of conduct, ostanysince many students at the University are unaware of what they are, and those who do most likely are not familiar with all of them.

So far, UJC has tabled at South Lawn, at which students can sign a pledge to follow the 12 standards of conduct, as well as hosted

UJC tabling events with ADAPT Monday and Wednesday.

ADAPT aims to educate people on the effects of drugs and alcohol.

"We see so many students coming through our system who have had problems with alcohol and drugs," Wellman said. To be more proactive in the community, the UJC needs to partner with groups like ADAPT who have these campaigns and proactive events," Wellman said.

The standards — which have been adopted by the University's Board of Visitors — outline behavior students are prohibited from engaging in. These include more obvious prohibitions such as physical assault, and ones students may not be aware of, such as intentional disruption or obstruction of class.

First-year Engineering student Emma Chamberlayne and first-year College student Julia Hohenstein participated in tabling and said they have had a positive experience with these events so far.

"A lot of people are genuinely interested in what we're doing, which I was excited by," Chamberlayne said.

"They really respect the idea of student self-governance," Hohenstein said. "That's exactly what we stand for. We talked about the standards of conduct with a lot of people."

The UJC also hosted a discussion Wednesday with members of the Honor Committee, which was moderated by members of Sustained Dialogue.

While the two groups are different, Wellman said that there will always be difficulty differentiating them.

"Confusion will never end because the intuition is very similar, it's two sides of the same coin," Wellman said. "Our processes are different, jurisdictions are different, but our philosophies are similar enough."

Other events this week include a mock trial — which will give the public a chance to observe the process of a trial — on Thursday and a scavenger hunt on Friday.



RICHARD DIZON | THE CAVALIER DAILY

UJC tabled with ADAPT Monday and Wednesday.

# 28,000 Virginians register to vote after deadline extended

*Federal judge extended deadline following technical difficulties*

KATHLEEN SMITH | ASSOCIATE EDITOR

Around 28,000 Virginians registered to vote after a federal judge extended the deadline for Virginia citizens to register to vote or update their voter registration to Oct. 21 after technical difficulties on the registration website prevented many from registering before the original Oct. 17 deadline.

According to the Virginia Department of Elections, 27,952 voter registration applications were submitted between the Oct. 20 court ruling and the 11:59 p.m. deadline for online registration on the following day.

In-person registrations were accepted at local general registrar offices and designated state agencies, such as the Department of Motor Vehicles or Department of Social Services. Voters also could register via mail, which had to be postmarked on or before Oct. 21.

Dena Potter, director of communications for the Virginia Department of General Services, said the totals for voters who applied in person and via mail were not yet finalized.

"Keep in mind that the nearly 28,000 figure represents both new voters and those who were

applying to change their address," Potter said in an email statement. "So it doesn't necessarily represent 28,000 new voters."

Potter said the Virginia Department of Elections was pleased with the number of voter registrations.

"We didn't know what to expect, because we had never had an extension like that," Potter said. "By comparison, though, there were over 38,000 voter registration applications processed in the 48 hours leading up to the original Oct. 17 deadline."

Rosanna Bencoach, general registrar for the City of Charlottesville, said although the number of Charlottesville voters who registered after the original deadline is unknown, there are currently over 29,000 active registered voters in Charlottesville.

This is an increase of 3,331 since Sept. 1, Bencoach said, representing a 71 percent increase of active voters since January.

"Since students have returned we've seen a significant increase," Bencoach said.

Bencoach also said there are about 6,000 inactive voters in Charlottesville, a number which is

gradually decreasing.

"We believe that many of them have moved, so we really look at the number active voters. This is especially because college towns have a lot of inactive voters," Bencoach said.

According to the Virginia Department of Elections, a voter who appears to have moved from their residence of registration, but has not responded to a request to confirm their residence, becomes "inactive" through the next two federal elections.

"Inactive" voters are eligible to vote if they re-register, appear at the polls or apply for an absentee ballot. They must also confirm that they have not moved out of their locality and congressional district. If inactive voters do not reactivate their registrations, they are "removed from the rolls" after two federal elections.

In 2008, voter registration between Sept. 1 and the close of books was 3,255, Bencoach said. In 2012, this number was 3,246.

Increased voter registration was expected this year in Virginia due to a higher number of eligible voters than in years past, Bencoach

said.

"That's what we planned for and what we planned our precinct staffing on," Bencoach said. "This is turning out to be a very interesting election — this one is not a snoozer."

Geoffrey Skelley, associate editor of Sabato's Crystal Ball, said federal courts in Florida and Virginia have extended voter registration deadlines due to potential interruptions in the registration process.

"It's impossible to say how many actual votes will come from this late-registering group, but if it's around 30,000, that would make up a little less than 1 percent of the 2012 total popular vote in Virginia," Skelley said. "So is that number of votes likely to swing the presidential election in the Old Dominion? No, but it's still possible that the group could make a difference in one of the elections on the ballot — federal, state or local."



MEGHA KARTHIKEYAN | THE CAVALIER DAILY

Several student organizations have sponsored on-Grounds voter registration drives.



# U.Va. to provide Election Day shuttle

*SafeRide will offer service to transport students to polls*

KATHLEEN SMITH | SENIOR WRITER



RICHARD DIZON | THE CAVALIER DAILY

Safe Ride, a University transportation service, will be used to provide rides to and from polls for students.

“In addition to all regular route buses that already serve the polls at University Hall and Alumni Hall, U.Va. Parking and Transportation will operate a van-shuttle on Election Day that provides a link from the first-year dorm area to the [polling station] at University Hall,” Charles said in an email statement. “This shuttle is made possible by the Parents [Fund] Committee ... and the Center for Politics.”

The Center for Politics, Parents Fund Committee, Office of the Vice President for Student Affairs, Department of Parking and Transportation, Student Council and several other CIOs have partnered to provide transportation to the polls.

Students who wish to vote on Election Day can gather at the pick-up location on the corner of Leake Drive and Alderman

Road to catch the next available van to University Hall. Returning students can load at University Hall in the same location as the drop-off.

This change comes after various student groups wrote a letter to University Transit Service in October denouncing its decision not to provide transportation to students on Election Day.

Erich Reimer, Law student and political director for the U.Va. Law Republicans, said he supports the shuttle plan.

“I think it is applaudable that the University is looking at innovative and cost-effective ways to facilitate student engagement in the civic process,” Reimer said.

Other transportation options include CAR2Vote, an independent, nonpartisan service providing free rides to the polls for voters in Central Virginia. A

CAR2Vote vehicle will be available without a reservation on Ruppell Drive from 10 a.m. to 6:30 p.m.

UBike, the University’s bike share program, will offer free two-day membership passes for those needing to use the service to get to the polls. Additionally, Yellow Cab is offering a \$5 off special on Election Day for people riding to polls, and the UTS and Charlottesville Area Transit will provide service to polling locations near Grounds.

“We are fortunate to attend a University that celebrates self-governance and has worked with students to ensure we will have transportation to the polls on Election Day,” the statement read. “Make a plan to get to your polling location and vote ... It’s your voice, your choice, your vote.”

# Advisory board endorses bike usage on Ragged Mountain

*Current rules only allow for walking, hiking*

CAITY SEED | SENIOR WRITER

Following nearly a year of debate, the Parks and Recreation Advisory Committee recently voted to support bike use on designated trails of the Ragged Mountain Natural Area.

The Oct. 19 recommendation will next be reviewed by the City’s Planning Commission before going before the City Council for a final vote.

The trails in the Ragged Mountain area are currently only for walking and hiking, but the City decided to reconsider the uses of the area after taking complete possession of the land from the Ivy Creek Foundation several years ago.

The Ragged Mountain Natural Area is a 980-acre site located about four miles west of Grounds.

University Prof. Jody Lahendro, who serves on the City Planning Commission and also on the Parks and Recreation Advisory Committee, said the committee has heard a substantial amount of feedback from the public regarding the trails.

“In all the the things I have been involved in on the advisory committee, this has certainly gotten the most attention,” Lahendro said.

The committee spent about a year studying the Ragged Mountain Natural Area’s land, and conducted an ecological study and held several public hearings before ultimately voting on the recommendation.

The committee voted in October

between four options — keeping the area “as is” with only walking and hiking trails, allowing bikes on designated trails, allowing leashed dogs on designated trails or allowing both leashed dogs and bikes on designated trails.

Lahendro said he personally did not support the recommendation for bike access on the grounds that allowing them onto the trails could be disruptive to others.

“I felt like we have several parks in the area that already allow biking and we only have one natural area that preserves the natural ecology,” Lahendro said. “I felt that this was needed to have a place where people can quietly connect with nature without having to listen to recreational uses.”

Parks and Recreation Advisory Board Member Elise Cruz, who is also a recent graduate from the Architecture School’s Urban and Environmental Planning master’s program, said she personally supported the recommendation for shared-use trails for a variety of reasons.

“There is a large amount of land that is available at Ragged Mountain,” Cruz said. “I think it allows for shared uses that [are] not going to negatively impact any one group’s experience.”

Allowing mountain biking could also bring in more young people and families to the area, Cruz added.

“What I was thinking was that —

whether it was more people out there hiking or biking — we can’t give up the opportunity to invite more young people to get involved in caring about the land,” Cruz.

More than 60 community members also spoke at the public hearings to voice their opinion on the relative value of allowing bikes on the Ragged Mountain trails.

The conversation has been ongoing and almost equally split, Cruz said.

However, both Cruz and Lahendro said there was very little debate about continuing to disallow dogs on the trails.

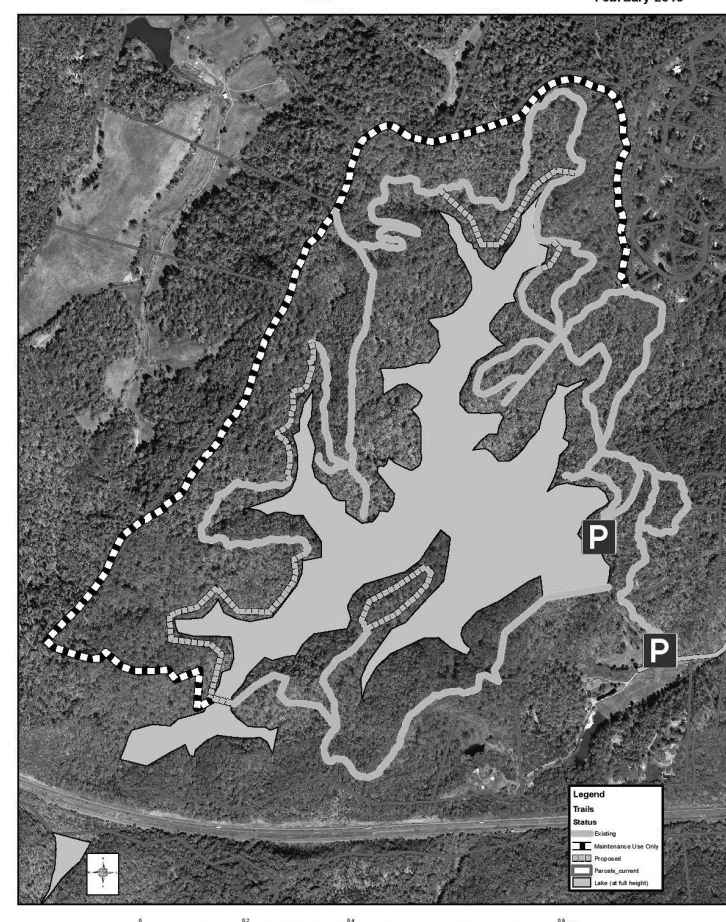
“We recommend that no dogs be allowed,” Lahendro said. “We felt that would be too disruptive. Not only that, but there are many people that are afraid of dogs — especially children.”

The reservoir at the Ragged Mountain natural area is a source of drinking water and many people felt that having there be animal waste from dogs would be a complication, Cruz added.

The City Council is most likely going to review the committee’s recommendation to allow bikes at Ragged Mountain in December, after the Planning Commission reviews the details.

Ragged Mountain

February 2016



COURTESY CITY OF CHARLOTTESVILLE

Map of existing and proposed trails at the Ragged Mountain Natural Area.



# North Korean defectors work to reunite with children

*Liberty in North Korea hosts Tongil Mom*

LUCY WHITNEY | SENIOR WRITER

Tongil Mom, a group comprised of North Korean refugee women working to be reunited with their children, visited the University this past Tuesday to speak with the student human rights advocacy group, Liberty in North Korea.

“The main point of this event [is] so that students can meet North Koreans and learn about

their experiences from their own perspective,” Cameron Hicks, fourth-year College student and executive board member of Liberty in North Korea, said.

Hicks said she wanted the event to challenge students’ preconceived notions about North Korea.

“I think that sometimes it’s easy to forget when all we see in American media is news about nucle-

ar weapons and political issues,” Hicks said. “But the fact of the matter is that there are 24 million civilians that live in that country and they’re dealing with a lot of humanitarian issues so we should remember them also and strive to support them.”

Hicks said she hoped attendees would leave with compassion for the struggles North Koreans are

overcoming.

With the help of a North Korean translator, the women of Tongil Mom shared personal testimonies of how they defected from North Korea, their time in China as forced brides and how they eventually resettled in South Korea.

Many North Korean women leave their country due to intense struggle and relocate to China, where they are often sold and forced to be brides for Chinese men. While these North Korean refugee women have children with these men, many are still forced by the Chinese government to go back to South Korea. This forced repatriation causes many women to never see their children again.

Each woman who spoke at the event currently has a child in China from whom they are separated.

“I felt that we needed to come together and tell the world about the situation of these children left behind in China and also to visit different places, to come to the U.S. and meet people like you at U.Va. to raise awareness, generate interest and get your help to work on this situation together,” Tongil Mom member Lee Young Hee said.

Tongil Mom has three main parts in its petition, which is directed to the governments of the People’s Republic of China and the Republic of Korea. These include calling for proper identification papers for children born

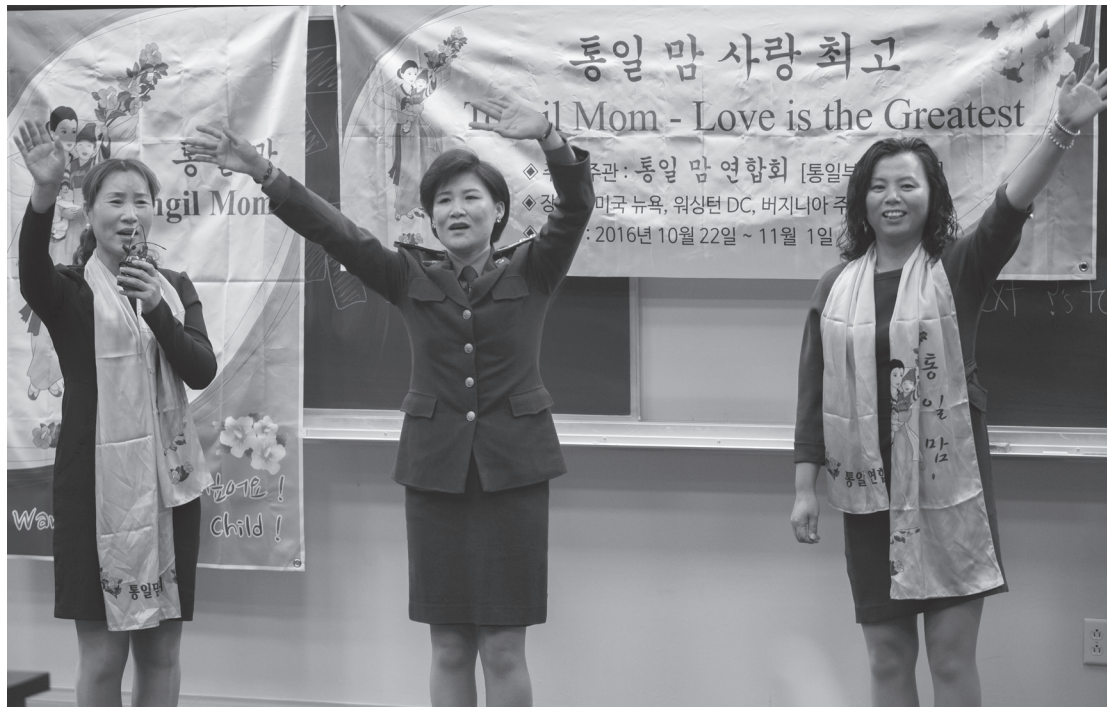
to North Korean refugees in China, humanitarian measures for mothers who defected from North Korea to be able to exercise rights as birth mothers to their children and giving these children the right to choose with which parent they live.

The group is asking for the right to meet and spend time and be reunited with their children, Tongil Mom Executive Director Kim Jeong Ah said.

“Obviously, the Chinese government is not going to stop its policy of repatriation overnight, but I believe if we approach the people in China, the people with a [conscience], the people who believe in human rights in China and if we approach this using social media then we can definitely try to make a change regarding the situation,” Ah said.

The Tongil Mom members urged students at the event to like their Facebook page and to spread their message. To be able to do their work — which includes speaking tours and surveying women’s stories — the group needs funding, but so far has not received any from the South Korean government.

“We want to set up a website for children in China to look up the whereabouts of their mothers,” Ah said. “We have all of these ideas to reunite a lot of mothers so they can hug their children again, but we need all the help we can get.”



RICHARD DIZON | THE CAVALIER DAILY

The event opened with a traditional North Korean song and dance performed by members of the group.

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# Which mental health service is right for you?

*Advantages and disadvantages offered by CAPS, the Women's Center*

COURTNEY STITH AND JESS CHANDRASEKHAR | STAFF WRITERS

## CAPS policies

"How are you doing this week?" was the standard question third-year Kinesiology student Carley McQuain heard when she attended weekly sessions at the University's Center for Counseling and Psychological Services. McQuain began attending CAPS sessions when she was diagnosed with an eating disorder during her first year at the University. After a semester of treatment — an exception to CAPS' typical six-session limit — McQuain ultimately sought outside help for her condition.

CAPS, the University's primary psychological counseling clinic, is often the first resource students think of when looking for help with a mental health issue. However, the Maxine Platzer Lynn Women's Center also serves a similar function, treating students for conditions including depression, anxiety, eating disorders, drug and alcohol abuse and others. Students also have the option to seek outside private treatment if they feel the University's services are not meeting their needs, as in McQuain's case.

When a student chooses to go to CAPS for counseling, there is a screening process involving a brief phone call. According to the CAPS website, during the phone call, a student will be given follow-up recommendations such as an appointment to be seen by a therapist or a referral to "several different group therapies or workshops."

However, there is typically a six-session limit for students who choose to see a therapist. Executive Director of Student Health Dr. Christopher Holstege said the six-session limit usually meets students' needs.

"It is the goal of CAPS to assist students in receiving services that best meet their needs," Holstege said in an email statement. "Commonly, six sessions is sufficient to meet these needs."

However, some students need more than six sessions for treatment. In these cases, Holstege said therapy could be extended until the student secures resources to receive care in the community, graduates or is more stable.

Holstege said the length of time a student must wait to get an appointment depends on his

CAPS	Women's Center
<h3>Advantages</h3> <ul style="list-style-type: none"> <li>• Can prescribe medications</li> <li>• After-hours phone number</li> <li>• Offers individual and group therapy</li> </ul>	<h3>Advantages</h3> <ul style="list-style-type: none"> <li>• Longer term treatment</li> <li>• Offers individual, couple and group counseling</li> </ul>
<h3>Disadvantages</h3> <ul style="list-style-type: none"> <li>• Six-session limit</li> <li>• Several week wait period for appointments</li> </ul>	<h3>Disadvantages</h3> <ul style="list-style-type: none"> <li>• Cannot prescribe medications</li> <li>• Does not offer 24-hour service</li> </ul>

MORGAN HALE | THE CAVALIER DAILY

or her need, but most students are seen within a week.

"During peak time, the wait time will increase," Holstege said. "The wait time will depend on the need of the student. Students in crisis, depending on the nature of the crisis, will be seen in an emergent timely manner."

Growth in the number of students seeking mental health resources could be the reason why CAPS sees extended wait times for appointments. Holstege said this growth creates "significant economic constraints" on CAPS.

## The Women's Center

Another University resource for mental health treatment is the Maxine Platzer Lynn Women's Center. The Women's Center and CAPS work together to provide counseling services for University students, but differ in the processes to treat students, the length of counseling offered and who can receive their services.

Like CAPS, the Women's Center provides initial phone consultations followed by an appointment with a counselor. Students who call the Women's Center could be placed on a waiting list before having an in-person appointment, depending on demand. Unlike CAPS, the Women's Center does not have a 24-hour hotline and does not provide crisis counseling. Both centers make referrals to providers in the Charlottesville area when students have reached their session limit.

Both the Women's Center and CAPS provide counseling services for men and women. However, CAPS only provides services for University-enrolled students who pay the student health fee. Charlotte Chapman, director of Counseling at the Women's

Center, said the center provides services for students, staff and faculty, including students who have withdrawn from the University.

Although the Women's Center and CAPS offer similar counseling services, the Women's Center focuses specifically on survivors of sexual assault and other gender-based violence.

"The center provides support to those who have experienced rape, sexual assault, stalking, domestic violence, emotional, psychological and verbal abuse, as well as other concerns," Holstege said. "CAPS provides these services as well, though is more equipped to serve students in a current crisis or students in need of psychiatric — medication management — care."

## Advantages and disadvantages

McQuain said CAPS is a good place to start for mental health treatment, but students should consider all of their options and be informed about each one. If she could go back, McQuain said she would likely go straight to a private practice in the community instead of CAPS.

"[Our talks] were helpful, but not really getting at the eating disorder part," McQuain said. "More, it was like, 'How are you doing this week?' and it was just kind of a time for me to vent about how stressed I was about everything going on."

Following the intake process, McQuain was placed with a general therapist, and never saw the CAPS professional specializing in eating disorders. She said this oversight was possibly due to a coordination problem. McQuain received successful treatment for her disease from a therapist at

home once she had left the University for summer vacation.

Fourth-year College student Emily Kline said the short-term aspect of CAPS is a turnoff for potential patients.

Kline is the president of the University's chapter of Active Minds, a national organization focusing on spreading mental health awareness and reducing the stigma of mental illness. During her time at the University, Kline has interacted with individuals who have had both negative and positive experiences with CAPS. While the six-week limit sours some students' opinions, Kline said the center's flexibility is one of its strengths.

"I've never heard anything like someone was in a crisis and no one could help them," Kline said.

One downside of the Women's Center is that it cannot prescribe medications since it does not provide psychiatric care. This makes CAPS the an attractive option if the student lives on Grounds and their treatment requires medication.

McQuain advised trying out CAPS — at least at first — to see whether it might be a good fit for a particular student.

"I feel like CAPS is a good place to start, just for that first meeting, but then, depending on how that first meeting goes, really go with your gut," McQuain said.

*Maggie Servais and Siyu Chen contributed to the reporting of this article.*



OLIVIA JOHNSON | THE CAVALIER DAILY

CAPS and the Women's Center are two of the University's major resources for students who need mental health treatment, though some prefer local private practices.





# Jackson, Louisville await Virginia Saturday

*Cavaliers look to turn around slow start to season, must face Heisman hopeful Jackson*

NOAH KIM | STAFF WRITER

After losing to North Carolina last weekend, the Cavaliers once again face a conference foe in hopes of gaining ground in the ACC.

"There are always growing pains along the way and chances to learn," coach Bronco Mendenhall said. "I think that's one of the things that not only our quarterback, but our team is working to overcome."

Unfortunately for the Cavaliers (2-5, 1-2 ACC), the growing pains have been plaguing them all year. After opening the season with three straight losses, Virginia bounced back with strong wins against Central Michigan (5-3, 2-2 MAC) and Duke (3-4, 0-3 ACC). Despite the apparent turnaround, the Cavaliers have dropped both of their last two games, 45-31 and 35-14, against Pittsburgh (5-2, 2-1 ACC) and UNC (6-2, 4-1 ACC), respectively.

"The UNC defensive line were all pretty strong guys," senior offensive tackle Eric Smith said. "As a unit, they were honestly the biggest group we've gone against. They were a good challenge for us."

UNC's defensive line challenged the Cavaliers, and then some. In Saturday's contest, Virginia's offense was limited to 253 total yards, an abysmal 15.8 percent third down completion rate and 2.8 yards per rush. On the other side of the ball, the Cavalier defense allowed 488 yards of total of-

fense, three touchdown passes and an average of 10 yards per pass.

In order to have any chance this weekend, the Cavaliers will have to vastly turn around their overall season performance.

Louisville enters Saturday's game as the fifth-ranked team in the nation, and rightfully so. Over seven games, the Cardinals (6-1, 4-1 ACC) have generated an astounding 4,318 yards of total offense and are averaging 52.6 points per game — the best in the nation. For comparison, Virginia is averaging 27.3 points per game — about half of Louisville's average.

In addition to boasting arguably the nation's best offense, the Cardinals also have the front-runner for the Heisman Trophy, the annual honor awarded to college football's best player. Under center, sophomore quarterback Lamar Jackson has been destroying teams' defenses all year; a little over halfway through the season he has already accounted for 34 touchdowns. Virginia junior quarterback Kurt Benkert, for comparison, has accounted for just 14.

"I have been really impressed with Jackson so far," Mendenhall said. "This quarterback is very dynamic. He throws the ball well, runs the ball well and is super explosive at any given time. [Louisville] has quarterback-designed running plays with blockers to block for him. They certainly have the scramble threat. It

would be different if that was all there was, but the supporting cast is explosive and dynamic, as well. You really have to kind of pick and choose your poison as to where and when you choose what to stop."

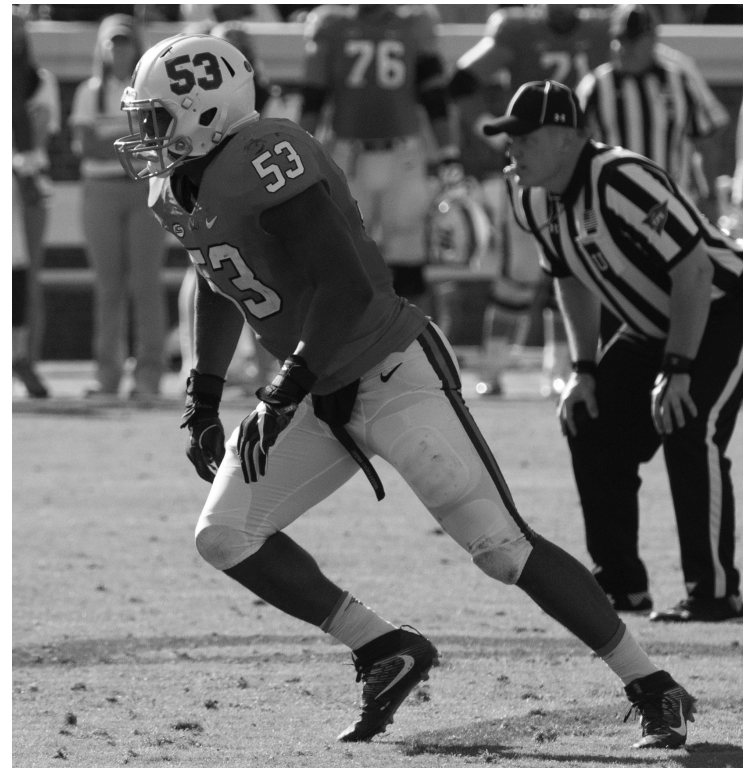
That fact is not good news for the Cavaliers. In addition to stopping Jackson, who is arguably the most dynamic player in college football today, they will also have to worry about senior running back Brandon Radcliff, who is averaging 7.8 yards on 71 carries, and senior receiver James Quick, who is averaging 16.3 yards on 32 receptions. Quick has also scored four touchdowns for the

Cardinals, including a catch of 72 yards.

In addition to its efficient offense, Louisville also boasts an exceptionally strong defense. The Cardinals enter the weekend as the country's 10th-ranked team in total defense, having limited teams to an average of only 301.3 yards per game.

"Their defensive coordinator has a lot of experience and a lot of success," Mendenhall said. "They also have good players. So when you have a combination of good coaches and good talent, that ends up having a lot of success and over the years, and Louisville has done that. They have added good football coaches and they have recruited very good talent to fit their schemes and vice versa."

Defeating Louisville won't quite



PAUL BURKE | THE CAVALIER DAILY

Junior middle linebacker Micah Kiser headlines a Cavalier defense tasked with slowing an explosive Louisville offense Saturday.

be impossible for the Cavaliers. Two seasons ago in Charlottesville Virginia managed to accomplish the feat, defeating a then-No. 21 Cardinal team, 23-21. But in 2014 Louisville didn't have Lamar Jackson and the nation's best offense. If Virginia wants

any chance at winning Saturday's game, it will have to summon all of its strength of the season.

Kickoff for the game is scheduled for 12 p.m. Saturday at Scott Stadium.

## VIRGINIA FACES REVAMPED LOUISVILLE TEAM

Don't let recent history fool you into thinking the Virginia football team is going to give No. 5 Louisville a 60-minute battle Saturday.

At Scott Stadium two years ago, the Cavaliers upset then-No. 21 Louisville, 23-21, for their first win over a top-25 opponent since 2011. Lacking discipline, the Cardinals instigated a half-time scuffle and turned the football over four times.

"When you lose a game like this, we will watch the video and there will be 15 plays, individually, that if we would have made that play, we had a chance to win the game," Louisville coach Bobby Petrino said. "We just didn't make enough plays to win the game."

A clutch field goal with 3:42 left in regulation pushed Virginia in front, and rowdy students later stormed David A. Harrison III field when the clock expired. To date, most third- and fourth-years remember it as their favorite Cavalier football moment while attending the University.

Last season on Louisville's senior day, Virginia cut the deficit to just

seven points with 1:16 remaining in the contest. Although the Cardinals recovered the ensuing onside kick en route to victory, the Cavaliers had shown grit behind the leadership of then-junior quarterback Matt Johns, who threw four touchdown passes.

"You know, it was hard," Petrino said. "It was a hard game. [Virginia] moved the ball. They did a good job with their plan. They got the ball out of [John's] hand quick. ... But we did finish the game strong. It was a great drive there to score that last touchdown."

Several pieces from either — or both — of the games remain present as Virginia and Louisville reconvene this week in Charlottesville. Senior running back Taquan Mizzell, junior wide receiver Doni Dowling, junior safety Quin Blanding, senior nose tackle Donte Wilkins and junior linebacker Micah Kiser, to name a few, were a part of those Cavalier teams that played the Cardinals tough.

Kiser contributed primarily on special teams in 2014. He did not record a single tackle in the upset over Louisville. Now, Kiser is the voice of his Virginia unit.

"We had a defensive meeting, and [Kiser] literally said that [we have played Louisville tough]," Wilkins said. "Two years ago we beat them at home, and last year we should have beat them. It's just another game, like I said, 'We know that we can win.'"

Louisville returns a number of talented upperclassmen, several of whom have a record of success against the Cavaliers.

Senior wide receiver James Quick tallied his first career touchdown reception in that 2014 loss against Virginia. Since then, he has hauled in 11 more touchdown passes. This season, Quick has been the Cardinals' leading receiver, with 32 catches for 523 yards and four touchdowns.

Senior linebacker Keith Kelsey recorded a game-high 11 tackles and added a sack in the 2014 defeat in Charlottesville. Last season against Virginia, Kelsey again led his team in tackles with 14.

After watching the upset unfold from the sidelines in 2014, senior tight end Cole Hikutini and senior running back Brandon Radcliff both got the better of the Cavaliers in 2015. Hikutini caught four passes for 59

yards and a touchdown, while Radcliff rushed for 155 yards and a pair of touchdowns on 21 carries.

This year Hikutini and Radcliff are key cogs in Louisville's offensive attack, which out of 128 FBS programs ranks first in scoring at 52.6 points per game.

"I think they have great running backs who run hard," Wilkins said. "They are athletic on the outside with their receivers, you know, James Quick and the other receivers that they have. They have a team. It's not just him doing it by himself, because I don't think he could."

"He" in this case refers to sophomore quarterback Lamar Jackson, the electric athlete who Michael Vick praised as "five times better than I was at V-Tech," Jackson may not be without help this season, but because of his ability alone, forget the fact Virginia teams have hung with Louisville the past two seasons.

History has no measure for Jackson. The Pompano Beach, Fla. native has rushed for 908 yards and 16 touchdowns, seventh best among college running backs. With a strong, accurate arm to go along with sprint-

er speed and pocket awareness, Jackson has also tossed 18 touchdowns to only four interceptions.

"Looking at ESPN, I see his name all over the place," sophomore cornerback Juan Thornhill said. "He's a very dynamic quarterback, and you can see it. The stats, they show it all."

The Cavaliers have prepared for Jackson all week, using freshman dual-threat quarterback DeVante Cross to simulate the likely Heisman Trophy winner. Unless Virginia E-schoolers have outfitted Cross with booster cleats and a cannon for a right arm, the Cavaliers won't know what hits them Saturday.

Jackson touched the football once in the 2015 win over Virginia, and he took that handoff 45 yards. The thought of him touching the pigskin every play Saturday is terrifying.

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KEYS TO A VIRGINIA WIN

- 1

**Force Louisville into penalties**

It's tough to find weaknesses in Louisville's game, but one comes with the amount of penalties the team commits. The Cardinals rank 125th in the nation for fewest penalties per game, with nine penalties per game on average for 82.57 yards per game. The Cavaliers have the chance to take advantage of some free yardage if this trend continues.
- 2

**Get in the red zone**

Virginia has proven to be effective in the red zone so far. The Cavaliers are ranked second in the nation in red zone chances that result in a touchdown. On the other hand, Louisville's red zone defense is effective – the Cardinals rank 57th nationally in red zone defense. With 82.6 percent of Virginia's red zone chances resulting in a touchdown, the Cavaliers need to focus on getting the ball down the field.
- 3

**Convert on third downs**

If Virginia hopes to break into the red zone in the first place, it must improve on third down. The Cavaliers' numbers on third downs after last week were dismal, converting on just 3-of-19 attempts. Meanwhile, Louisville's third down conversion defense ranks seventh in the nation. Virginia faces a daunting task, but must keep moving the chains if it wants to be competitive against the Cardinal defense.

PLAYERS TO WATCH



PHOTOS COURTESY WIKIMEDIA COMMONS

**DONTE WILKINS**

Wilkins fills a big role for Virginia in its 3-4 scheme at nose tackle. As one of the team's captains, The Woodbridge, Va. native has the ability to bring leadership to the Cavalier defense as they attempt to contain Louisville's dynamic running game. Wilkins, who has recorded 28 total tackles on the season, will be key in controlling the heart of Virginia's defensive line.

**TAQUAN MIZZELL**

If the Cavaliers hope to beat the Cardinals' strong rushing defense, ranked 19th in the nation, Mizzell will have be their guy. Mizzell has already collected impressive numbers this year, leading the team with 461 rushing yards. He was one of the only bright spots of Virginia's offense last week with 19 carries and 106 yards.

**KURT BENKERT**

If Virginia can't overcome Louisville's rushing defense, it will have to throw the ball. Benkert has seen a decline in production over his last two games, even getting pulled early last week. If the Cavaliers want to put up points, Benkert is going to have to show that he's the same quarterback that broke Virginia's single game passing record a month ago against Central Michigan.

**LAMAR JACKSON**

The Heisman frontrunner is responsible for 34 touchdowns, 18 passing and 16 rushing, on the season. The sophomore quarterback ranks 14th in the nation in passing yards per game and seventh in the nation in rushing yards per game. Already collecting 2,161 total yards on the season, Jackson will surely be a headache for Virginia's defense.

**BRANDON RADCLIFF**

Radcliff had Virginia's number in last season's game, rushing for 146 yards and collecting two touchdowns, one of which was a 36-yarder to give Louisville the lead with just minutes left in the game. Radcliff currently ranks fifth in the nation with 7.8 yards per carry and has scored a touchdown in the last three of seven games.

**KEITH KELSEY**

The Cardinal defense has been tough, and last week it held its fourth opponent to under 250 yards of total offense. Much of this is due to senior inside linebacker Keith Kelsey, who leads the team with 51 tackles on the season. Kelsey is on a hot streak, recording 45 over of those tackles over the last six games.

2016 STATISTICAL LEADERS

Passing			
Virginia		Louisville	
Kurt Benkert (QB):		Lamar Jackson (QB):	
58% Completion		58% Completion	
1,859 Yards		2,161 Yards	
14 Touchdowns		18 Touchdowns	
7 Interceptions		4 Interceptions	
Rushing			
Virginia		Louisville	
Albert Reid (RB):	Taquan Mizzell (RB):	Lamar Jackson (QB):	Brandon Ratcliff (RB):
78 Carries	83 Carries	130 Carries	71 Carries
366 Yards	461 Yards	908 Yards	551 Yards
4.7 YPC	5.6 YPC	7.0 YPC	7.8 YPC
6 Touchdowns	4 Touchdowns	16 Touchdowns	3 Touchdowns
*YPC = Yards per Catch			
Receiving			
Virginia		Louisville	
Olamide Zaccheaus (WR):	Keeon Johnson (WR):	James Quick (WR):	Jamari Staples (WR):
31 Receptions	34 Receptions	32 Receptions	22 Receptions
439 Yards	323 Yards	523 Yards	426 Yards
14.2 YPC*	9.5 YPC*	16.3 YPC*	19.3 YPC*
5 Touchdowns	3 Touchdowns	4 Touchdowns	1 Touchdown
*YPC = Yards per Catch			
Defense			
Virginia		Louisville	
Micah Kiser (LB):	Quin Blanding (FS):	Josh Harvey-Clemons (LB):	Keith Kelsey (LB):
77 Tackles	75 Tackles	47 Tackles	51 Tackles
5.5 TFL**	0 TFL**	3.0 TFL**	3.5 TFL**
4 Forced Fumbles	0 Forced Fumbles	0 Forced Fumbles	1 Forced Fumbles
3.5 Sacks	0 Sacks	2.0 Sacks	1.0 Sacks
- **TFL = Tackle for Loss			

CINDY GUO | THE CAVALIER DAILY

EDITORS' PICKS

The Cavalier Daily Sports staff predicts the winner for Saturday's matchup. For their full slate of picks, head to cavalierdaily.com.

ROBERT ELDER



GRANT GOSSAGE



JACOB HOCHBERGER



MARIEL MESSIER





## I'M TIRED OF LEAVING SCOTT STADIUM EARLY

Last season, six of Virginia's seven home games were decided by 10 points or fewer. Although the team lost every game on the road and three of these seven games at home, most contests went down to the wire — giving the Cavalier faithful something to watch until the final whistle blew.

This season, the opposite has been the case. At least two touchdowns have separated the Cavaliers from their opponents in their three home losses. There has been no reason to stay for the whole game because simply, there has been no reason to believe that the team could come back.

Take this past Saturday against North Carolina, for example. Virginia's offense had shown hardly any life in the first half, and a Tar Heel touchdown with 7:39 remaining in the third quarter left Virginia down 21-7. The Cavaliers' had a less-than-ideal response — losing

the ball on a fumble.

It was at this point — 3:42 remaining in the third quarter — when I decided to leave. Simply put, I thought that it would be pointless to stay. Why should I watch an eventual 35-14 train-wreck loss when I could be doing something better with my time?

I wish I could say this was a one-time thing. But I made the same decision the week prior, too. When Pittsburgh scored a touchdown to take a 42-28 lead over Virginia with 9:47 left in the game, I had that same sense of hopelessness — there was no chance that the Cavaliers would muster two touchdowns in the time remaining. Thus, like the following week, I had an early departure from Scott Stadium.

To be clear — I am an eternal optimist, and I always look for reasons to believe in Virginia football. But these past few weeks have just

been depressing.

The odd thing is, if you asked most Cavalier fans their thoughts on last season at the end of last season, I think they would use the same word: depressing.

Yet, I am now realizing how good we had it. Though we were losing, at least we were losing in exciting, albeit heartbreaking, fashion.

The freshest memory in my mind that exemplifies this down-to-the-wire contest was the Cavaliers' 34-27 home-opening loss against then-No. 9 Notre Dame. As a first year, this game was my first as a student at the University. The stadium was packed, and it stayed that way until the end of the game.

When Virginia scored on a one-yard Albert Reid run to take a 27-26 lead with 1:54 left in the game, the stadium had erupted. Even my then-resident advisor,

who was pessimistic given the rough performance by the team in the 2014 season, could not help but be excited.

Of course, everyone remembers what happened next. Driving down the field, Notre Dame scored a touchdown right in front of the fans on the hill that were eagerly hoping to rush the field. Taking a 34-27 lead with only 12 seconds left in the game, the Fighting Irish erased any hope the Cavaliers had, and "Sad Virginia Fan" immediately became immortalized as an Internet sensation.

Even though the loss was heartbreaking to Notre Dame, Virginia at least gave its fans a reason to stay until the end of the game. In fact, with the exception of a 56-14 blowout at the hands of Boise State, the Cavaliers consistently provided entertaining football in Scott Stadium throughout the 2015 season. Whether it was a tri-

ple overtime victory against Syracuse or a three-point loss sealed by an interception to Virginia Tech, something always kept me in the bleachers. I never left Scott Stadium early.

As my colleague Jake Blank noted earlier this week, Virginia's performance at home "has driven fans away." While I consider myself a big fan of this team and will continue to cheer it on, I refuse to stay for the whole game if I have no reason to believe the Cavaliers can win. I'm tired of leaving Scott Stadium early.

**BEN TOBIN** is a weekly sports columnist for *The Cavalier Daily*. He can be reached at [bjt5ed@virginia.edu](mailto:bjt5ed@virginia.edu) or on Twitter at [@TobinBen](https://twitter.com/TobinBen).

## Women's soccer closes out regular season Thursday

*Cavaliers look to avoid let down against Louisville*

HUNTER OSTAD | ASSOCIATE EDITOR

Cavaliers look to avoid letdown against LouisvilleThe ACC regular season will finally come to a close for Virginia Thursday night. The team, having gone through all the ups and downs that are requisite for a long season, has emerged a battle-tested and cohesive team.

One last test for the ACC regular season remains, as the No. 7 Cavaliers (12-3-2, 5-2-2) are set to travel down to Louisville, Ky. to take on the Cardinals.

Just looking at the teams' respective records reveals that Virginia will come into this game as a favorite, but as has been seen in the past, there is no such thing as an easy match in the ACC, especially with teams in desperation mode.

"I think [Louisville is] another desperate team that is fighting for their life," senior defender Kristen McNabb said. "We are going to get a really aggressive team, so we need to come out and play our game and not make it so hectic."

Virginia has gelled well and improved as the season has progressed, and the team hopes to carry its momentum and even in-

crease the team's cohesion going forward.

In soccer, player chemistry is paramount for the team's success, and it's certainly important for Virginia, especially with the freshmen on the team that are still getting settled in.

Freshman stars Zoe Morse and Taylor Ziemer are receiving significant playing time in coach Steve Swanson's team, and seem to be gaining confidence as the season moves forward.

Louisville will come into this game knowing it has the ability to compete with anyone, having just come off a very close 1-0 loss against No. 8 Florida State, in which the Seminoles scored the winner with just nine minutes left to play.

In order to be successful, the Cavaliers will have to neutralize Louisville (7-6-4, 2-4-3) star freshman forward Brooklynn Rivers, who leads the Cardinals with 11 points on the season.

Virginia almost fell victim to an upset last weekend against Boston College, whom the Cavaliers

narrowly defeated, 3-2. The team wants to make sure nothing these teams are doing will catch them by surprise.

"Louisville is going to be another good team like this and they're going to fight and give us a heck of a game," senior goalkeeper Morgan Stearns said. "We definitely need to come out strong and be organized... We need to perform better than we did [against Boston College]. ... We were too flat and weren't connecting passes, ... definitely not the Virginia that we want people to see when we're out here."

It will be a good final litmus test for Virginia, one they must pass in order to move into the regular season with confidence.

"We're down to the last few games and teams are battling for their ACC and NCAA Tournament lives," Swanson said. "We have to rise to that."

The match is scheduled to kick-off at 7 p.m. Thursday night at Lynn Stadium.

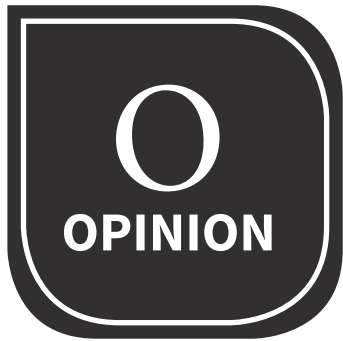


WYATT ECK | THE CAVALIER DAILY

Senior goalkeeper Morgan Stearns and Virginia will look to finish the season strong against Louisville after a scare by Boston College last weekend.

Check out our WEBSITE at [cavalierdaily.com](http://cavalierdaily.com)





COMMENT OF THE DAY

“Liberals believe in a ‘living’ constitution’ which means they want the right to interpret it as they please according to the circumstances.”

“Maggie” in response to the editorial board’s Oct. 20 editorial, “In Virginia, more than the presidency is on the ballot — workers rights are, too”

LEAD EDITORIAL

# Students should show up for Khizr Khan

*His speech falls in a tradition of defending civil rights at U.Va.*

On Nov. 1, the Miller Center will welcome Khizr Khan, father of late University alumnus Capt. Humayun Khan. Khizr Khan rose to prominence after delivering a Democratic National Convention speech in which he expressed support for Hillary Clinton’s candidacy. After that speech, Khan became a public figure for a Muslim-American minority that has often been targeted this election season — especially as Republican nominee Donald Trump attacked Khan and his wife on the basis of stereotypes about their religion. Not only should students attend Khan’s speech out of respect for our late peer and his family; we

should also view this as an opportunity to showcase our support for religious freedom, particularly for our Muslim classmates. Khan’s appearance at Old Cabell Hall follows a rich history of civil rights discussions at our school. Other speakers in that same auditorium include late Prof. Julian Bond and Dr. Martin Luther King, Jr. Discrimination against Muslims in our country has emerged as one of the major civil rights issues in our lifetime. Some similarly divisive rhetoric has recently reached Charlottesville as well, with the most recent incident being anti-Semitic hate speech written outside of

the GrandMarc apartment complex. At a time when racial tensions are running high both nationally and locally, students should recognize the importance of showing up to this event. Khan is not only a national figure; he and his wife are members of the Charlottesville community, and his son was a student here who went on to live out our highest ideals of service. Khan’s visit to our school gives us a unique chance to listen to a perspective from the Muslim community — and should inspire us to elevate our discourse about issues many of our peers face.

## THE CAVALIER DAILY

### THE CAVALIER DAILY

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To better serve readers, The Cavalier Daily has a public editor to respond to questions and concerns regarding its practices. The public editor writes a column published every week on the opinion pages based on reader feedback and his independent observations. He also welcomes queries pertaining to journalism and the newspaper industry in general. The public editor is available at publiceditor@cavalierdaily.com.



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# IF YOU CARE ABOUT POLICY, TRUMP IS THE BEST CANDIDATE

*Setting aside buzzwords such as 'racist' and 'sexist'*

Donald Trump is the better of the two electable candidates. He is not a perfect individual by any means, nor is he an ideal candidate even by my own standards, but he is the best option we have this election season, which is why I'm casting my vote for him. It is easy to be dismissive of Trump by labelling him with any number of virtually meaningless buzzwords: "racist," "sexist," "Islamophobic," "xenophobic" — take your pick. The mainstream media has done a great job of demonizing the Republican candidate (as they do every election), but frankly this doesn't concern me in the slightest, and it shouldn't concern you either. If you set aside your preconceived notions and put in the effort to look at Trump and his policies with an open mind, I'm sure you'll find that he's not as bad as people say.

I first started supporting Trump after seeing all kinds of hateful posts and articles about him while scrolling through my Facebook feed, about a year ago. I didn't buy into the abhorrence and I decided to investigate a bit on my own by reading nonpartisan news sources, as well as "The Art of the Deal" so I could get a feel for who Trump is as a person. I'm not going to sit here and try to convince you Trump is a good person, because that is something you have to decide for yourself, and there's nothing I can say to convince you otherwise. However, I can say with relative certainty that he is a better candidate than

Hillary Clinton, who is quite possibly the most corrupt and unlikeable politician in U.S. history. While I do personally believe Trump is a moral man, despite the media's constant slander, this matter is really irrelevant. To quote Nigel Farage, "Trump isn't running for Pope." In my opinion, policy should be what primarily guides your decision, so now I'll be

wrong for both moral and economic reasons. Morally, I believe it is completely unfair to allow people to ignore our laws and enter our country, and then receive benefits for doing so. My parents and many, many others in America's history spent more than 10 years immigrating to this country and getting naturalized. It is not right to grant amnesty to criminals and to

son for this is simple: if you were a business owner, why would you pay a U.S. worker \$7.50 per hour to make a product when you could pay an Indian or Chinese worker \$7.50 per day? As a result, jobs are fleeing our country at an alarming rate, which has to do with the rising unemployment rates in unskilled youth, such as the 51 percent unemployment rate for African-Americans ages 17 to 20. Tariffs and good trade deals will help us to secure some of these jobs, but will also have some adverse effects such as more expensive products. A good balance between worker competitiveness and product cost needs to be found, and Trump's vast business experience equips him for the job.

Third, let's talk terrorism, more specifically, Trump's proposed temporary ban on immigration from countries with histories of terrorism, or the "Muslim ban" as the mainstream media likes to call it. From a purely objective standpoint, this is not anything new. Similar immigration bans have been enacted numerous times in history, including recently in 2011 by President Barack Obama and in 1981 by President Jimmy Carter. In addition, it is strictly legal and constitutional according to U.S. Immigration Code 1182. Now, let's be clear here, I'm not ignorant enough to think all Muslims are terrorists. Still, according to the Pew Research Center, nearly 70 percent of them agree with the rulings of Shar-

ia law. We can't continue admitting people from these countries into the United States without proper vetting, at least until the threat of ISIS has been dealt with.

Lastly, let's briefly discuss gun rights and education. Any infringement upon our constitutional rights should be frowned upon, and in this regard, Trump is most certainly the best candidate running. With an endorsement from the NRA, as well as a declaration to nominate only conservative, constitutional justices, it is safe to say our personal freedoms will stay intact. As for education, Trump supports a dismantling of the top-down teaching approach we have in place now, with politicians in Washington setting the standards for the country. He wants to relinquish common core and bring education back down to the local level.

However, this is just the tip of the iceberg. I urge you to do some more research and think about the policies that I discussed, as well as all of Trump's other important stances, such as veterans' affairs, abortion, law and order and so on. In addition, looking into Hillary Clinton's long history of corruption, scandals and criminal activity will reveal Trump is not only the superior candidate in terms of policy, but also the more ethical person.

**MILAN BHARADWAJ** is a first-year College student.

**A good balance between worker competitiveness and product cost needs to be found, and Trump's vast business experience equips him for the job.**

discussing Trump's policies and will try my best to stay away from subjective nonsense.

While in reality Trump has dozens upon dozens of policies and proposed legislation, I believe his five most important proposals have to do with the following subjects: immigration, trade, terrorism, gun rights and education, which I will go ahead and briefly explain below.

First, let's talk immigration. As the son of immigrants and a prospective business major, I know firsthand the importance of immigration as a whole. Immigration is what makes America so diverse, and it is the fuel that keeps our economy moving. However, illegal immigration is an entirely different story altogether. It is

disrespect the sacrifices of so many people. Economically, the U.S. government spends approximately \$113 billion per year on illegal immigrants (education, welfare, etc.) but only receives around \$12 billion per year in taxes. Effectively, they are nothing but a burden on our society. Illegal immigrants who are willing to work for below minimum wage also do indeed "steal" the jobs of U.S. citizens, who can't compete with these people. Trump is a candidate who will enforce our immigration laws.

Next, let's talk trade. Mainly because of NAFTA, which was signed by President Bill Clinton in the '90s, the United States has outsourced nearly 40 percent of its manufacturing jobs to other countries. The rea-

# OPEN BOOKS ARE THE SOLUTION TO THE TEXTBOOK RACKET

*Simple policy changes could collectively save students millions*

This September the state of Rhode Island made an important step toward decreasing the financial weight of a college education when it announced the Rhode Island Open Textbook Initiative, a program that encourages professors and students to make use of open textbooks. These texts are written by faculty members from across the country and made freely available through online platforms. For the seven Rhode Island colleges that signed up, the program is expected to save students \$5 million or more in the next five years.

This move comes at an opportune time for public college students who spend a yearly average of almost \$1,300 for textbooks and supplies. Between 1978 and 2014, college textbook prices have risen 945 percent, faster than both inflation and the cost of medical care. The reason publishers can charge such large amounts is due to the nature of the textbook market, where the actual consumers — the students — have no choice in the text they are assigned by a professor. This creates a price-insensitive

market for the publisher and a tough choice for the student, who may have to choose between financial stability and their grades.

The advent of the web and sites like Amazon that provide an outlet for resale has not forced publishers to drop prices. Instead, they've devised

the U.S. Government Accountability Office in a 2005 report.

One method that has emerged over the past decade is to issue custom textbooks. For example, the University of Alabama requires freshman composition students to buy a custom version of "A Writer's Reference"

for each copy sold. Due perhaps to its revenue-producing benefits, this segment of the textbook business is its fastest growing market, making 12 percent of sales for 2006.

The textbook industries resistance to price change shows that if nothing else, the events in Rhode Island should be observed closely to see if they are effective. A success story there would be a strong signal to the state of Virginia and the University that open textbooks provide a viable option to replace our current ones, especially since textbook prices are a problem here as well. The Cavalier Daily found most courses require an average of over \$100 in textbooks, with the Economics Department topping the list at an average of \$181 per class.

While it's entirely possible for professors to use these resources now, it's unlikely they will be widely adopted on their own. The truth is that without encouragement, professors lack much incentive to browse online databases for quality open textbooks they can adopt. After all, they do not have to buy the textbook, and they

may be reluctant to switch to a new textbook if they've already sunk time and energy into producing a lesson plan based around one particular book.

There are many ways to encourage this move to open textbooks, such as by issuing micro-grants to faculty to transition their courses, working with the Open Textbook Network and training librarians to help faculty find open textbooks. In fact, Oklahoma University recently started offering grant awards of several thousand dollars to professors who make the switch, and it provides them with assistance from librarians in the process of finding and utilizing these resources. Though there were only 15 grant recipients last year, the program already delivered projected student savings of \$270,000. With results like that, the University and its professors have a responsibility to explore the possibilities an open textbook system would provide.

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**Studies have also shown that attendance can be predictive of graduation rates, tying chronic absenteeism and educational performance gaps closer together.**

new ways to limit the use of their materials. One technique is to regularly introduce new editions that contain little additional information, but force students to buy the newer, more expensive copy rather than a used one. A less obvious way to prevent resale is to bundle these textbooks with extras like CDs and workbooks, an industry tactic that was criticized by

for around \$60. The only addition made to the original, available used for \$30, is a small section describing the school's writing program, which is also available free online. Not only that, but resale of the book is forbidden, and their bookstore does not buy back used copies. These stringent rules may be because the school's English Department is paid a \$3 roy-

## UJC OPERATES WITHOUT SCRUTINY

*UJC should release public case summaries for the sake of transparency*

While the honor system is a perennial topic of debate and discussion, many students have little to no idea what the University Judiciary Committee is or does. This is not necessarily the students' fault; students outside the UJC have almost no access to information about the circumstances surrounding each UJC trial or the trial panel's verdict. I find the blind trust which students place in the UJC alarming and ultimately problematic: A judicial system should be monitored by those who fall under its power, not only by those who work within the system. The UJC should endeavor to become more transparent, so that students outside it may scrutinize and review their own disciplinary system.

For those who need a brief reminder: The UJC is composed of 25 elected representatives and three pools of support officers. A student or CIO accused of violating one of the 12 Standards of Conduct will be tried and, if found guilty, sanctioned by a panel of representatives. The Standards of Conduct apply to all University students, regardless of school or year, and they prohibit behaviors ranging from physical assault to "impeding normal pedestrian or vehicular traffic." Every University student is affected, either directly or indirectly,

by the UJC.

Unless accused students and CIOs opt for an open trial, the details of every case are confidential. This is not a UJC-specific policy: The Family Educational and Privacy Act, or FERPA, prohibits schools from releasing student disciplinary records to protect student privacy. Confidentiality allows for students to avoid embarrassment and other complications that could arise from the publication

The UJC should follow the model of the Honor Committee and release public summaries that specify which Standards were violated and what sanctions were handed down by the trial panel in each trial. Public summaries would allow students the confidentiality guaranteed to them through FERPA while also providing the student body with specific information about the actions of the UJC.

This suggestion is not novel. In

would guarantee a higher standard of justice at the University." Twelve years have passed, and the UJC has still not changed its confidentiality policy to become more transparent.

When interviewed, UJC Chair Mitchell Wellman expressed that the creation of public summaries would place a significant logistical burden on the UJC.

"Because we have such a large caseload from year to year, it would require significant amount of time to create summaries in first place, not even considering editing," he said.

Wellman also noted that no amount of editing could generalize certain cases: "We wouldn't be able to release a public summary on every case, because some are more high profile, and other students might recognize a student from a certain violation... And because we wouldn't be able to release information on many of these cases, it would be an incomplete picture of the cases and the nature of instances that come into the UJC."

The logistical burdens of public summaries are significant but also surmountable. The UJC devotes an entire pool of support officers to education and outreach — surely these educators could be deployed to create the summaries for each case.

The UJC could also form a standing committee to review public summaries before publication and ensure the facts have been obscured sufficiently to protect student confidentiality and to comply with FERPA regulations. Wellman may be right in saying limited public summaries will provide an incomplete picture of the UJC's caseload, but an incomplete picture of UJC cases is not an irrelevant one: some information about the nature of cases can still give students a greater understanding of the operations of their judicial system.

The UJC occupies a privileged place at the University, both in terms of the power it possesses and the freedom with which it operates. No organization with as much responsibility as the UJC has should go as unnoticed as the UJC consistently does. The UJC website states that the system "depends on the awareness and participation of the community it serves." Releasing public summaries will further the UJC's goals of student awareness and participation by allowing students to review the UJC and thus take ownership of the judicial system which guides their behavior.

**JORDAN ARNOLD** is a Viewpoint writer.

**No organization with as much responsibility as the UJC has should go as unnoticed as the UJC consistently does.**

of sensitive case information. Currently, the UJC releases case data only in the aggregate; reports published on the UJC's website include broad information about the number of times each standard was violated and a certain sanction was handed down in a given time period. Comparatively, the Honor Committee, which is also limited by FERPA, periodically releases "public summaries," which include relevant information about the circumstances of each case while also protecting students' identities.

2004, a student and Tibetan activist named Richard Felker opted for an open UJC trial, an event which drew attention to the UJC and sparked conversations about transparency and accountability. Nick Chapin, a Cavalier Daily columnist, argued if "the UJC removed students' names and identifying information from case files, summaries of each trial could be released, allowing interested community members to scrutinize judicial actions. Such procedure would be permissible under federal law and

## THE IVORY TOWER OF BALZ-DOBIE

*The recent demographics survey conducted in Balz-Dobie is plagued with biases*

Earlier this month, Viewpoint writer Tsering Say penned a column arguing the Balz-Dobie dorm fosters elitism and lacked diversity. Unsurprisingly, Say's column ruffled some feathers. Frustrated by Say's argument and citing their own survey, first-years and current Balz-Dobie residents Kristen Barrett and Wells Tu responded, hoping to disprove Say's points. Unfortunately, Barrett and Tu's article is methodologically weak and rests on false presumptions about both honors and non-honors students.

Barrett and Tu's survey has a slew of flaws that make their data unreliable. The first issue is the use of a web survey. Though convenient and affordable, web surveys are notorious for their awful response rates. Moreover, this sample was non-compulsory, meaning that its results are likely altered by self-selection bias. Namely, those with an agenda to prove Balz-Dobie is indeed "diverse and inclusive" may be more likely to reply to the survey. Additionally, given the outrage that the article produced, its respondents' replies are also susceptible to social desirability bias. That is to say, in an effort to disprove Say and other critics, respondents may misrepresent their demographic information by falsifying greater diversity. Given all these flaws, the authors' survey is a methodological failure and its results are likely not representative of

the Balz-Dobie population.

By providing their survey results, the authors also attempt to demonstrate the diversity of Balz-Dobie. However, Say was not arguing about the current demographics of Balz-Dobie. Rather, her claims were about the general demographic trends of honors dorms residents. Accordingly, one cannot use cross-sectional data (i.e., data collected from one point in time) to disprove her claim. Instead, one would need to use

reach that conclusion.

While there may be some lower-income students in Balz-Dobie, the typical resident is likely affluent. This generalization is supported by the decades of research demonstrating that those atop of the ivory tower are indeed the wealthier populations. It is naive to presume that the University is any different from other high-ranking, predominantly white institutions.

That said, comments about be-

Now, even if Balz-Dobie does house some lower-income students, it is worth investigating the background of those very students. While these lower-income students may be materially different from their higher-income peers, there is a possibility they are culturally akin to their wealthier peers. For example, in one study, Harvard sociologist Anthony Abraham Jack found that many lower-income students who attend higher-tier universities often attend elite high schools. That is, these lower-income students have experienced a great degree of socialization into elite society. While lower-income students who attend top-tier high schools do offer different experiences, they have nonetheless spent a significant portion of their formative years being socialized into becoming "the privileged poor." This socialization means some of these lower-income students may also espouse views informed by the insularity of elitism.

The authors also seem to disregard the plight of many lower-income students. The authors imply they and other honors students are more hardworking than the rest of the University undergraduate population, but ignore that many lower-income students have to work to help their families make ends meet on top of maintaining good grades. This predicament is something many (though not all) Balz-Dobie residents

likely do not experience. As numerous studies show, throughout much of their lives, lower-income students experience greater stress than their higher-income counterparts. Consequently, many of the wealthier honors students cannot experientially fathom the hardships faced by lower-income students.

As they may feel personally attacked, it is understandable that the authors may want to defend the honors dorm system. However, Barrett and Tu's attempt to defend the system is overwhelmingly flawed and reinforces stereotypes that others may have about an honors dorm's residents. While Balz-Dobie probably does contain some lower-income students, to be satisfied or praise the socioeconomic (and racial) breakdown presented in Barrett and Tu's survey results is to be complicit in the reinforcement of the social forces and conditions that foster educational inequality. Contrary to what the authors may think, the reasons for the overrepresentation of wealthier students are not personal traits, but a well-documented system of privilege.

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**The authors imply they and other honors students are more hardworking than the rest of the University undergraduate population, but ignore that many lower-income students have to work to help their families make ends meet...**

longitudinal data.

Though they attempt to dispel the notion that Balz-Dobie fosters elitism, Barrett and Tu claim they were chosen to be honors scholars are characterized by "crucial factors that have even stronger correlation with academic success: hard work, passion and commitment." Such a claim begs the question: How are those attributes being measured? Despite indirectly insulting nearly the entire University community with such a claim, the authors provide no data to

ing harder working than those occupying lower social strata echo the debunked yet repugnantly persistent "culture of poverty" thesis, which claims poor people are unsuccessful on account of their own personal deficiencies. By making a similar case, Barrett and Tu shame non-honors students as lacking a work ethic, passion and commitment comparable to honors students. This tactic is actually a well-recorded method of justifying inequality, making the authors' claims unsurprising.





**D**rake is a huge part of all of our lives. In a sense, Drake is a major component of what it means to be human. Whether the objective is to express one's personal identity, take a political or ideological stance or to simply want to create a party-like atmosphere, it seems that since the formation of human civilization, there has been an available form of Drake to accomplish such a goal.

We live in an era where more

people in more places have more access to Drake than ever before. iTunes, Spotify, SoundCloud and many more online Drake providers are making listening to your favorite Drake, as well as discovering new Drake, the easiest it's ever been. It's almost impossible for most (and inconceivable for many of the younger generations) to imagine going to a store to buy the latest CDs, tapes or even vinyl records whenever the latest Drake dropped.

"If Drake be the food of love, play on." Yes, even the literary genius William Shakespeare recognized the power of Drake. Bob Marley once characterized the very sensation we feel by saying, "One good thing about Drake,

is when it hits you, you feel no pain." Hell, even Nietzsche worshipped Drake when he quipped, "Without Drake, life would be a mistake."

Now you might be sitting there right now thinking, "I don't know, I don't listen to Drake THAT often — I could give up listening to Drake and probably be just fine." My first response would be that you need help. What damaged soul would even entertain the idea of giving up listening to Drake? My second response would be to remind you that Drake is everywhere — frat parties, dorm rooms, restaurants-even emitted from symphony concerts in New Cabell Hall. Drake is everywhere.

Despite this universally shared experience, funding for Drake education and accessibility to entering the Drake industry with some financial protection are limited. Certainly within the public school sphere, Drake is often seen as an area of study unworthy of much priority. It's the exact aforementioned apathy towards Drake that allows financial authorities to place Drake on a lower level of concern than where Drake ought to be.

Even if you wanted to marginalize the cultural or psychological influence of Drake, the financial weight of the Drake industry is staggering. In 2015 alone, the total revenue generated by Drake amounts to over \$15 billion. This doesn't even

account for all the secondary revenue channels that Drake certainly affects, such as merchandise or community booms from Drake concerts or festivals.

There's so much exciting new Drake out there right now. Go forth and enjoy all of it. Replay your favorite tracks over and over again, or try a playlist or recommendation of a genre or artist you wouldn't consider in a million years — just always keep listening to, and cherishing, Drake.

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**BRENNAN LEE** is a Humor writer.

## STOP BEING RACIST, PLEASE

**I**want to preface this monsoon of raw emotion by saying I know the hateful person who defaced the closest thing U.Va. has to Hotel California is probably not going to read this. That's not what this is for. This is so I can make jokes about something awful because, in a year that defies satire, it's the only reaction I have left that isn't just me breaking down in tears. Enjoy.

Hey. Idiot.

I know you're out there. The person who's been doing all these horrible racist things. Cut it out.

Notice the fact that "Idiot" was singular, not plural. Just the one idiot. That's because I'm going to address you, the aforementioned idiot, as an individual moron for the entirety of this article. The idea that there are multiple perpetrators makes me want to vomit like a toddler, on a damn tilt-a-whirl, cranked up to its paint-mixer setting. The pos-

sibility that a group of people thought through these actions, reflected and decided, "yup, this terrible idea is representative of the best my brain has to offer" makes me more depressed than anything I have ever, ever experienced, and I've been closely following the 2016 presidential election. That's how bad this is.

But let's set aside the sadness for a moment, because the world won't be ending until January. Let's just focus on the rage, cause my therapist is out of town this week and I have some stuff to take out on you.

I'm generally a believer in nuance. But you're emulating Hitler? Really? You picked one of the few universally agreed upon bad guys in the entire world to emulate. He's the only person whose name everyone on the Internet uses as an insult, and that's a community with a nuanced, conflicted view on whether sex trafficking is bad.

First off, what is wrong

with you? It's 2016! You go to a school surrounded by people of other ethnicities, people who frequently attend the same classes and parties you do. Even if you feel culturally or socially separated from them that gives you no right to make them feel actively unsafe! I don't particularly identify with the culture of Portugal, but you don't see me devising new racial slurs and defacing their buildings!

How could you think this is okay? I know you live in a country where a bigot is in every news cycle and attend a school built by slaves and funded by fraternities that begrudgingly desegregated, but what sort of childish logic is it to assume that behaving in the same way would be justified. That would be as ridiculous as hearing something about reducing immigration from Mexico and then proposing that we build a wall. But that probably sounds like a great idea to you, because that's where this

hellscape of a year has left us.

Secondly, even if for some reason you got past the cognitive dissonance required to think that anyone is lesser for looking different, what made you think this was a smart move? College Republicans endorsed a racist and everyone with a pulse and a tongue metaphorically ripped them to shreds and fed them to a wolf like we were on the cover of a damn death metal album. You, were you discovered by the public at large, would suffer a critique so vicious and thorough that there wouldn't even be enough left to give the wolf.

Third, and this is the part that I'm most confused about: What did you think this would accomplish? Did you think, "ah yes, and when I spray paint this, on an apartment complex, everyone will seize the call to action. They'll know their friendly neighborhood anti-Semite is back in business."? When your mom said put yourself out there

at college, this is not what she meant.

You literally pulled a Sauron (this is going to get nerdy; deal with it). You gave a very real, very scary face to something that had previously been only ethereal and, in doing so, motivated every apathetic college kid. It takes a literal bribe and first born child to get someone to go to an a capella concert, much less take a stand against bigotry, but writing a slur on the side of a building will do it.

Bottom line: Quit being racist. Seriously. Stop it. Freaking cut it out.

Love in a year where everything is awful,  
Connor

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**CONNOR MCLEAN** is a Humor writer.

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EVENTS

THURSDAY 10/27

Public Talk on Yamanaka Sadajirō’s Buddha Heads, 6-7pm, The Fralin Museum of Art  
The Virginian Halloween Party and Costume Contest, 10pm-2am, The Virginian Restaurant  
Relay for Life Presents: Cancer Survivor Hour, 11pm-12am, The Biltmore

FRIDAY 10/28

UPC Presents: Halloween Bash, 10pm-2am, Newcomb PAC  
Men’s Soccer vs. Duke, 7pm, Klockner Stadium  
Final Friday, 5:30-7:30pm, The Fralin Museum of Art  
Harmonious Hoos Present: Breaking Lawn, Part Hoos, 8:30-10pm, McLeod Hall  
Voyeuristic Intention Presents: The Rocky Horror Picture Show, 7:30-11pm, Newcomb Theater  
GlobeMed’s FIG Fundraiser, 8am-9pm, FIG Bistro  
OFFScreen Movie Screening: Rosemary’s Baby, 7-9:30pm, University Chapel

SATURDAY 10/29

UPC Movie Screening: 10 Cloverfield Lane, 7-9:30pm, Amphitheatre  
UPC Presents: Pigeon Hole-oween 11pm-1am, The Pigeon Hole  
Football vs. Louisville, 12pm, Scott Stadium  
New Dominions Fall Concert: ParaNewDo Activity, 7-9pm, McLeod Hall

SUNDAY 10/30

Field Hockey vs. JMU, 1pm, Turf Field  
TYC’s Kickoff Event to Class Week: Donuts at Alderman, 8-11pm, Alderman Library  
Costume Run Benefitting U.Va.’s Children’s Hospital, 10am-12:30pm, Nameless Field  
Carvin’ in the Garden, 3-5pm, U.Va. Community Garden

WEEKLY CROSSWORD SOLUTION

SAM EZERSKY | PUZZLE MASTER

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A NEW PUZZLE CAN BY FOUND IN MONDAY’S ISSUE



CD

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# David Sedaris finds humor in darkness

*Acclaimed essayist garners laughter, emotion at MLK Performing Arts Center*

BEN HITCHCOCK | SENIOR ASSOCIATE EDITOR

"It's not a skirt. It's a pair of culottes," David Sedaris said as he strode onto the stage at the Martin Luther King, Jr. Performing Arts Center Tuesday. He was referring to his own pants, a shimmering bronze garment draping down to his mid-calf. Combined with a dapper white dress shirt, the flamboyant culottes created quite the effect.

The eccentric clothing choice should surprise no one familiar with Sedaris' work. Over the last 20 years, the essayist has developed into one of the sharpest voices in contemporary humor thanks to a mischievous, often macabre wit and an impeccable eye for detail. He has published nine book-length essay collections and has been featured in *The New Yorker* countless times, as well as contributed regularly on NPR's "This American Life."

Though he performed by himself, Sedaris was not a stand-up comedian. He didn't take the stage with a microphone in hand, but rather perched behind a podium with a leaflet of pages to read from. The essay format allowed Sedaris to jump from his childhood in Raleigh, N.C. to his

adult life in France or England, from the Atlantic seashore to an orchard in Oregon. Though he rambled, each Sedaris story always stayed coherently connected to a common thread, be it innocence, friendship or love for his family.

Sedaris performed four essays Tuesday. The third essay, a story about the fox who lives in his backyard, evoked quintessential Sedaris. He named the fox Carol, and in Sedaris' hands a series of innocuous night-time visits from Carol became a comical odyssey about a tender friendship developing between the writer and the animal. Carol wasn't the only animal in Sedaris' yard with a name — he also told about Galveston the hedgehog and Lane and Courtney the toads. These were the details which Sedaris never omitted, and which define his sense of humor.

The story culminated in an emotional nighttime stroll — Sedaris and Carol walking together down a country road. Sedaris' obsessive, dotting relationship with this little fox was self-deprecating and droll, but the story of friendship he presented was heartwarming.

The first essay the author read



COURTESY WIKIMEDIA COMMONS

David Sedaris gave a meaningful talk in Charlottesville last week.

presented a slightly different, less uplifting side. Entitled "The Spirit World," the story centered around the suicide of his sister Tiffany, while also showing Sedaris at his most bitingly funny.

Sedaris wryly parodied his family, writing about his brother Paul's

adoption of the recent health fad of taking "coffee enemas." "Up the a—is the only way Paul will take coffee," Sedaris said in his squeaky, wavering voice.

Sedaris joked about his 93-year-old father's locker room insecurities, relaying how his dad complained

another man in the locker room "undresses me with his eyes," before pointing out that Sedaris' father, at this point, would have already been naked.

Like in his other stories, however, Sedaris pivoted seamlessly to more serious subjects, obliquely detailing his strained relationship with his late sister. When a Dutch film crew asked Sedaris what he would ask his sister were she still alive, he said, Sedaris hesitated before answering, "Can I have back the \$6,000 I loaned you?" He detailed shutting the door in her face when she tried to come visit him. He admitted he hadn't spoken to her in years before her death.

And then, seconds later, Sedaris reminded the audience the beach house his family gathers in every summer is called the "Sea-Section," and the darkness fades.

This is the magic of Sedaris. He jerked his audience from laughter to love to tears, in turns manic and wry and touching. Sedaris showed there is humor even in the smallest toads and hedgehogs. He showed there is humor even in the darkest and most confusing of times.

# 'The Walking Dead' returns bloodier than ever

*Series begins to show a lack of variety*

THOMAS ROADES | SENIOR WRITER

"The Walking Dead" came roaring back in the most horrific way possible with the seventh season premiere "The Day Will Come When You Won't Be." Last season's cliffhanger ending fi-

nally got its resolution, but the premiere suggested the show is heading in a darker, gorier and more violent direction than ever before, with little hope for a more compelling season in terms of

the plot.

Viewers finally saw the results of the group's showdown with the sinister Negan (Jeffrey Dean Morgan), and it was as intense as anything the show has produced

so far. Negan proved to be a truly terrifying nemesis, albeit a seemingly one-dimensional one, with the sole purpose of psychologically and physically breaking down Rick Grimes (Andrew Lincoln) and the entire group. So far, Negan seems to be succeeding.

Lincoln and the rest of the cast delivered emotionally powerful performances, displaying unimaginable grief as they faced the show's most vicious villain yet. The emotional intensity of this episode was beyond anything "The Walking Dead" has produced in recent seasons.

But the problem with the premiere wasn't a lack of intensity. It was a lack of a compelling plot. The level of violence and torture on display in "The Day Will Come When You Won't Be" was tolerable for 47 minutes, but is hardly sustainable for an entire season. "The Walking Dead" seems to think it can up the stakes by killing off characters like flies or forcing them into ever more horrific danger.

To a certain point that strate-

gy may work, but this episode of the "The Walking Dead" seems to have reached a breaking point. The show is now at a crossroads — will it devolve into torture porn with a season's worth of Rick and the rest being abused at the hands of Negan? Or will there be some new development launching the group into a new adventure?

Hopefully, the writers will take the second path. The show has for too long been stuck in a repetitive, unsustainable cycle. The group finds what seems to be a peaceful home, then runs into conflict with a new villain, fights that villain off and repeats the pattern with an even more horrible villain to fight.

"The Walking Dead" needs some variety. With any luck, this season will bring something new to the table, but the premiere doesn't seem promising in that regard. Here's hoping season seven is full of something more than just the gore and torture which defined its premiere.



COURTESY AMC

Fans of "The Walking Dead" were shocked by the recent premiere of the seventh season.

# Leonard Cohen kills the flame with heavy new album

*'You Want It Darker' explores deep topics*

PAUL ROHRBACH | SENIOR WRITER

Leonard Cohen's latest album "You Want It Darker" is as dark as the title implies, but it has a terrific backstory. Drawing parallels to the mythologies surrounding Mozart's "Requiem in D Minor" or Renoir's "The Bathers," Cohen recorded it ailing in a hospital chair. On the album's back cover, Cohen admits, "My recovery, if not my survival, depended on my getting back to work." This narrative permeates the work he has produced. Even in the bleakness of the album's vision, Cohen operates with necessity and lucid clarity.

Cohen's songwriting, always calm and direct, has often been called hypnotic. He is uniquely skilled at pinpointing an emotion and nailing it into his audience's brain. Paradoxically enough, the prevailing emotion of "You Want It Darker" is loss of feeling.

This numbness is two-fold — it encompasses both erotic and religious feelings. The two have always been intertwined in Cohen's mysticism. This, in short, is the subtext of "Hallelujah." In "On The Level," however, Cohen sees a conflict between the two. He remembers how he "was fighting with temptation / But I didn't want to win." Ultimately, however, in the resolution of the song, Cohen rejects both sex and religion: "When I turned my back on the devil / [I] turned my back on the angel, too."

Cohen rebuffs Bono's maxim that "love is blindness," reflecting on how the love he once had gave him vision. Though Cohen admits his demons were "middle class and

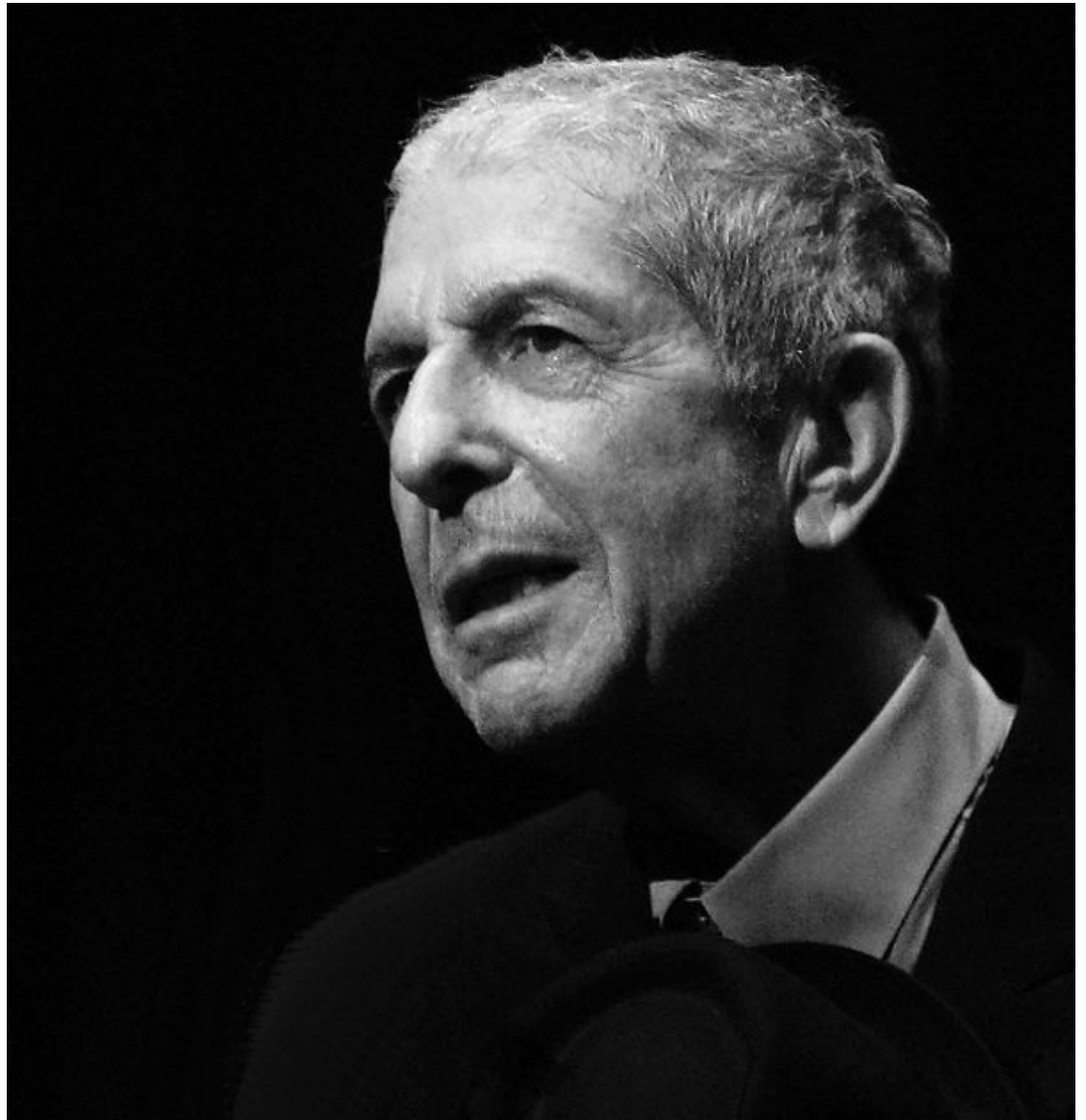
tame," he now suffers a "pain that is far more real than you / That's smashed the Cosmic Model, that blinded every view."

This album reflects, in short, a dark night of the soul for Cohen — sufferings which feel acutely real and crippling to him. Cohen is tormented by loss of religious feeling. He has seen the water turned to wine and back to water again.

Cohen, to be clear, does not depict a world without a God, only one where he can't see, feel or love one. In "Steer Your Way," Cohen sings "The blunted mountains weep / As he died to make men holy / Let us die to make things cheap / And say the Mea Culpa, which you probably forgot."

In "You Want It Darker," though Cohen's youthful love and lust have been blunted by realizations of mortality and suffering, his work remains moving and articulate. Neither words nor melodies are wasted. The integration of a string quartet and a Yiddish cantor on the album, arranged by Cohen and his son Adam, is both seamless and inspired, much like Cohen's visionary use of a jaw harp in his earlier music.

"You Want It Darker" offers a moving meditation on suffering. The suggestion is, perhaps, that Cohen and the listener must confront overwhelming darkness for true redemption: a "treaty / Between your love and mine," as Cohen calls it.



COURTESY WIKIMEDIA COMMONS

Leonard Cohen released "You Want It Darker," an album reminiscent of his earlier style.





# H&S

## HEALTH & SCIENCE

## Cancer rates increase quietly in Appalachia

*U.Va. researchers probe causes as crisis continues to grow even as national rates drop*

ANUGYA MITTAL | STAFF WRITER

Researchers Aaron Yao, Ph.D., and Dr. Rajesh Balkrishnan from the Medical School have analyzed cancer incidence data for rural Appalachia and found an increase in the cancer incidence rates from 1969. In their recent paper published in the *Journal of Rural Health*, Yao and Balkrishnan note that although these rates have been decreasing around the country, rural Appalachia has had an increase most likely because of lifestyle and environmental factors.

Rural Appalachia has the country's highest smoking rate, which is coupled with an increasing rate of obesity, according to Yao. Smoking and obesity are both known risk factors for cancer. Furthermore, many of the people from rural Appalachia made their livelihood by working in coal mines placing them at further cancer risk, especially for lung cancer.

Yao said the true novelty in this paper, however, was not in the meth-

ods or the numbers, but rather in the documentation of disparities across the continuum of cancer care.

"I've seen papers talking about death rate, incidence rate, but I tried to show that it's not just about death rates or incidence," Yao said. "I tried to show the problems at any stage of cancer care from risk factors to diagnosis to screening to survivorship to death rates."

Balkrishnan noted that this discrepancy in healthcare in rural Appalachia is due to an overall lack of access to resources.

"A combination of poverty, maybe some poor lifestyle choices, as well as geographical barriers to accessing medical care — they all act together to create a situation where the prevalence of some of these conditions like cancer becomes more frequent," Balkrishnan said.

Yao, who grew up in rural China, finds the differences between his hometown and rural Appalachia to be very surprising.

"My hometown — I feel like we have more college graduates than rural Appalachia in my hometown," Yao said. "My brothers and sisters work in a factory, have stable jobs, have government health insurance so it's different. ... I lived in rural Appalachia during my Ph.D. studies so I know what the life is like in rural Appalachia. So it's disturbing to see these disparities in an advanced economy like the United States — it's almost like two Americas."

Decreasing the cancer incidence rates involves more than simply improving the healthcare system, according to Yao. The economy as a whole is weak, which has compounded other social problems such as substance abuse and unemployment.

One issue facing health care systems in Appalachia is that specialty doctors such as oncologists do not have practices in rural regions due to the sparse population. One approach to mitigating this problem involves the use of technology. Yao is current-



COURTESY WIKIMEDIA COMMONS

Geographic barriers, lack of access to health care, environmental factors and lifestyle factors have lead the cancer rate to increase in Appalachia even as it decreases nationally.

ly designing a pilot program where elderly homebound patients with cancer can receive care through telemedicine such as the prescription of medications.

"We can visit this patient once but then we can give them smart devices ... that can monitor this patient's condition and then give them care through telemedicine. You know, prescribing or things like that," Yao said.

As more attention is being redirected to better understand the factors leading to the increase in the cancer incidence rate, more programs are being implemented and designed to improve the conditions of rural Appalachia.

"Develop[ing] more targeted intervention to these communities will help them lead a healthier lifestyle, [and] I think, is sort of key to combating these issues," Balkrishnan said.

## Omani delegation discusses shared health challenges

*Omani doctors, minister of health and ambassador to the U.S. meet with U.Va. researchers*

MEG THORNBERRY | HEALTH AND SCIENCE EDITOR

The Center for Global Health and the Sultan Qaboos Cultural Center hosted a conference Wednesday that brought together University researchers and a delegation from Oman that included the Omani Minister of Health and the Omani ambassador to the United States.

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SQCC is a Washington, D.C.-based organization that aims to teach

Americans and Omanis about each other's cultures.

The conference, entitled "Fostering Health Across the Lifespan: Shared Lessons and Opportunities in Oman and the U.S.," was held in the Rotunda. University President Teresa Sullivan, Vice Provost for Global Affairs Jeffrey Legro and Her Excellency Hunaina Sultan Al Mughairy, Omani ambassador to the U.S., provided opening remarks.

His Excellency Dr. Ahmed Mohamed Obaid Al Saidi, Omani Minister of Health, gave the keynote speech, discussing the improvements that have been made since the Sultan of Oman declared free healthcare a

right for all his citizens in 1970. That year, infant mortality was 180 out of every 1,000 live births — today, it is 9.5.

"[In] 1970, when His Majesty became the Sultan of Oman, our life expectancy at that time was 49 years old," Al Saidi said. "So, I think I should not be here — I was born before 1970. If there were no changes, I've exceeded the life expectancy of Omanis when I was born."

Since the Sultan declared healthcare a right, it has been provided free of charge to every citizen of Oman. However, not everyone has equal access. Most Omani people have access to primary care, but hospitals tend to

be clustered in the cities.

Dr. Zahid Al Mandhari, head of the Royal Hospital's Oncology Department in Oman, and Wendy Cohn, associate professor of public health sciences administration, both spoke about addressing the challenges posed by lack of healthcare, and specifically cancer treatment and testing in rural areas. Both talked about mobile cancer screening units that traveled around rural areas. Al Mandhari introduced the audience to Dar al Hanan — a program similar to the Ronald McDonald House, which provides living arrangements for children with cancer and their families when they have to travel for

treatment. Cohn talked about using telemedicine to let patients talk to doctors without having to travel.

Dr. Felipe Sierra, director of the Division of Aging Biology at the National Institute on Aging, gave a talk on the main theme of the event — focusing on improving health throughout a person's life.

"Aging is the major risk factor for most chronic diseases," Sierra said. "We talk about gene-environment interaction, but with older people, it's gene-environment-aging."

With the exception of Sierra and the opening speakers, presenters were divided into three panels — holistic interventions that integrate cardiovascular and metabolic health, cancer prevention in rural areas and the environment's effect on mental and physical health. Each panel consisted of three to five 20 minute presentations, followed by a question and answer period.

Dr. Rebecca Dillingham, director of the University's Center for Global Health, provided the closing remarks.

"I think all of us have made new connections and have new ideas about future collaborations," Dillingham said. "I think we can come together to fix [the issues discussed throughout the conference] ... and put it through translation, which offers a reflection on whether our science is truth."



RICHARD DIZON | THE CAVALIER DAILY

His Excellency Health Minister Dr. Ahmed Mohamed Obaid Al Saidi and Her Excellency Hunaina Sultan Al Mughairy spoke about Oman's progress and their hopes for future collaboration.





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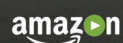
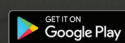
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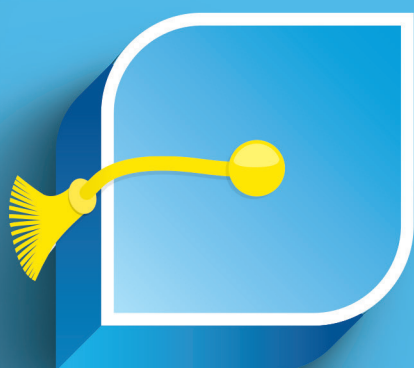
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