

The Cavalier Daily

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FOUNDER'S DAY

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THURSDAY, APRIL 13, 2017

On the 13th day of April, seventeen hundred and seventy two, we
**The SONS and DAUGHTERS
of LIBERTY**

do hereby declare these Rebels and Tyrants for your confederation



MEET THE FOUNDERS

see SECRET SOCIETY , page 3

LUCAS HALSE | THE CAVALIER DAILY

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An advertisement for The Flats @ West Village. It features a circular stamp in the top left corner that reads "VISITED CHARLOTTESVILLE VIRGINIA FALL 2017 THE FLATS @ WEST VILLAGE". The main text "Wish You Were Here" is written in a large, stylized, white font. At the bottom, it says "MAKE FLATS @ WEST VILLAGE YOUR FOR FALL 2017".



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flats @
WEST VILLAGE

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2017-18 academic year
will be mailed to your
home address during
the summer.**

BE ON THE LOOKOUT!



Who are the Sons and Daughters of Liberty?

Secret society seeks to uphold founders' values of revelry, chaos and staunch devotion to Liberty

BRIDGET STARRS | SENIOR WRITER

Although the “Rebels and Tyrants” lists have only appeared annually since 2005, the society began in 2003. The Cavalier Daily was able to interview three original members of the Sons and Daughters of Liberty, who — citing the secretive nature of their organization — asked to be referred to under the pseudonyms of Mr. Washington, Mr. Jefferson and Mr. Madison. These are the aliases which they held in the secret society during their time at the University.

“We started it as a joke, which involved some of our friends, or people we knew to be good, upstanding human beings,” Mr. Jefferson said. “And by that I mean, not douchebags or tyrants — people who were willing to get together, drink and have fun.”

The organization was also meant to serve as a source of fun in the arduousness of University life.

“As we saw it, there were many people around Grounds who took themselves far too seriously and got too caught up in their surroundings and got a little too big for their britches,” Mr. Jefferson said. “We always saw it as something that was full of mirth and chaos, and something where we could have fun and celebrate that aspect of college.”

Among the secret societies at the University, there weren’t any light hearted, mischief-making groups that had a strong presence, Mr. Jefferson said. Although the IMPs society existed at the time and was known for writing on buildings, there was not an active group “engaging in legitimate tomfoolery on behalf of the student populace,” Mr. Jefferson said.

Mr. Madison, a member of the Class of 2006, said the original members considered their society — centered around chaos, revelry and “fighting the tyranny of douchebaggery” — to be more in line with the founding fathers’ and Jeffersonian ideals than other societies whose members took themselves more seriously.

“The selection process was fairly chaotic. We identified friends and students who fit a criteria, who were active and engaged, often in a political nature, and at the same time, didn’t take themselves too seriously,” Mr. Madison said. “It was a chaotic process in which they had to stand up for themselves and prove themselves worthy to be Sons of Liberty.”

Mr. Washington, Class of 2004, graduated just one year after he helped to found the Sons and Daughters of Liberty. He said the tradition of the “Night of Liberty”

— publishing the list of “Rebels and Tyrants” on the eve of Jefferson’s birthday — started two years after the society was founded. The “Night of Liberty” follows a month-long debating process over the “Tyrants” and “Rebels” of the University and the surrounding areas, Mr. Washington said.

“Rebels” are people who embody the ideals of the Sons and Daughters of Liberty, and should be identified and honored, according to Mr. Washington. The society also makes a point to list “Tyrants” each year.

“The idea [of calling out tyrants] is to bring down a peg people or groups who aren’t embodying those ideals, people who take themselves too seriously, and need to realize where they are and appreciate where they are,” Mr. Madison said.

The Jefferson Literary and Debating Society is listed each year as a “Tyrant” by the Sons and Daughters of Liberty, and the two societies have been known to have a long-standing rivalry.

Mr. Madison said the rivalry began in 2003, when the Jefferson Society committed some action the Sons and Daughters of Liberty considered to be tyrannical. The 13 members of the Sons of Liberty interrupted a Jefferson Society meeting, dressed in colonial clothing and carrying a full-sized barrel of tea. The Sons and Daughters of Liberty delivered a proclamation naming the Jefferson Society “tyrants,” and spilled the barrel of tea on the floor before running out of Jefferson Hall, chased by a member of the Jefferson Society.

The Jefferson Society sent out an email to its members the following day, establishing a committee to deal with the “Sons of Liberty” problem.

“I was impressed by how quickly they took up being our nemesis,” Mr. Madison said.

Jack Chellman, a third-year College student and current president of the Jefferson Society, said the relationship between the two societies has evolved over the years as the nature of the groups has changed.

“I know that the Jefferson Society holds no ill will toward the Sons & Daughters of Liberty and has even come to enjoy a certain playful rivalry with the organization,” Chellman said in an email to The Cavalier Daily. “We certainly interpret our annual designation as ‘tyrants’ as playful, since the Jefferson Society today cultivates intellectual culture on Grounds in a variety of positive ways.”

“It speaks to how much peo-



ANNA HIGGINS | THE CAVALIER DAILY

The Sons and Daughters of Liberty donned colonial garb including tricorn hats, American flags and masks to tape the list up on buildings and statues around Grounds early Thursday morning.

ple care about making sure the University is a great place for students — that there is an entity here that may be a little chaotic, but is out there fighting tyranny and douchebaggery every day,” Mr. Washington said.

The three alumni wanted to inform students of a treasure from the Sons and Daughters of Liberty buried on Grounds. A book hidden in the Special Collections Library leads to the treasure, and is titled, “Madison’s Gold.”

“It has a lot of secrets from the early years, and contains pieces of our legacy,” Mr. Madison said. “Clues are all over the University, and it all starts in the Special Collections Library.”

To this day, no one has found the book or the treasure, Mr. Madison said.

Rebels

Emily Dooley
Michael Wormington
Pratt Ginkgo, The
Evelyn Wang
Alex Wolz
Sanjana Sekhar
Mango
Stephen White
Ian Yanusko
Alex Cheung & the Student
Hip-Hop Organization
Eliminate the Hate
Amy Boitnott
Osama Saleem
Waitlisted: Daddy’s Money

Tyrants

St. Maartens Bandwagoners
Corinne & her Platinum
Vagine
Zachary Aaron Gelfand
Jefferson Literary and Debating Society & their Head
Court Jester Jack Chellman
Insomnia v. Red Eye Litigation
Cavalier Daily Editorial
Cartoons
PrintMe
Walk Sign is on to Cross Brandon Avenue
Mackenzie Patrick Gotsch
The Ice-Cold, Refreshing Taste
of Pepsi®

U.Va. celebrates second GivingToHoosDay

24-hour fundraiser drive directly before Founder's day

MAGGIE SNOW | STAFF WRITER

The University raised \$2,827,506 during its 24-hour GivingToHoosDay fundraiser on Wednesday. This is an increase from last year's total, which saw over \$2.1 million raised for various schools and programs across Grounds.

"Really what it's all about is coming together for 24 hours with alumni, parents and other friends," said Patrick Stanley, manager of digital strategy at the Office of Engagement and University Annual Giving. "It's finding something you're passionate

about, supporting that area and seeing how that area flourishes sort of through thousands of us coming together to support our favorite places at the University."

Donors could give to specific schools or programs, such as the College of Arts and Sciences or Madison House. Schools competed to win the largest portion of a \$40,000 prize in each of the Dollars and Gifts Contests, based on the portion of dollars or gifts they contributed to the

whole. Each school or program was then sponsored by a match grant that matched donations up to a certain dollar amount. This year, University President Teresa Sullivan also offered a \$100,000 challenge fund to schools.

Although these challenges provided exciting incentives to donors, Deke Shrum, director of advancement communications, emphasized the focus on togetherness and awareness of various programs rather than a strict monetary amount.

"There are so many disparate talents working across the Grounds on so many important fronts," Shrum said. "This is a wonderful opportunity to come together on a single day and acknowledge the drive and the passion, [and] the generosity of our community."

Stanley said the Office of Engagement and University Annual Giving hoped website changes would bring even more attention to the day in its second year. One added feature was a challenge encouraging donors to be the first from their home state or country to donate and appear on an interactive map.

A major change was giving each fund an individual webpage, Stanley said.

"You might want to make a gift to the College, [but] coming through the website you might also find the Gordie Center or the Women's Center or some other area that you may not

have known as much about that you have the opportunity to learn about and decide whether or not you want to support them as well," Stanley said.

According to Jenny Weatherholtz, director of Alumni Engagement at the Engineering School, part of the success of GivingToHoosDay comes from the freedom it gives donors to select a specific area to support with their donation.

"The cool thing ... is our donors can give to any area that speaks to them — it could be the school at large, it could be their department, their favorite student organization, a lab," Weatherholtz said. "We want people to give to an area of impact that they loved when they were here as students."

When donors gave to the Engineering School, for example, they could choose one of these specific areas or donate to the school as a whole.

For fourth-year College student Sandy Hoang, funds raised by GivingToHoosDay have helped fund her undergraduate research project on stem cells, which led her to receive a position in the National Institutes of Health post-graduation.

"To me, GivingToHoosDay means offering students the ability to pursue extracurricular activities and opportunities beyond what he or she can personally contribute to the university," Hoang said in an email to the Cavalier Daily. "[It provided] the

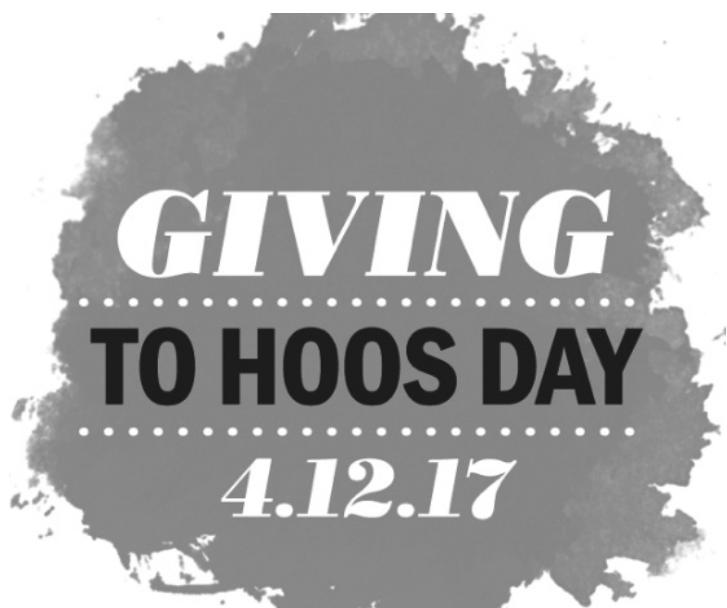
funding for my biology research project by the Harrison Undergraduate Research Award."

At the Nursing School, the event was connected to National Nurses Week, which takes place May 6-12. Donors who gave on GivingToHoosDay could choose to recognize a nurse in their life, which many families and past patients did as a way of honoring those individuals.

"When you honor someone during National Nurses Week they get a personalized letter from the dean, and it can include a message from their person who is honoring them," said Nicole Thomas, associate director of Annual Giving and Engagement at the School of Nursing.

While each school had a unique purpose for their funds, the overarching theme of the day was connecting those who support the University. Whether this meant sharing photos of the event on social media, fourth-years donating to their class page or donors offering match grants, the event allows widespread participation.

"It's the fact that we have alumni, parents and friends all over the world and we really want to show just how wide the University of Virginia's reach is; that regardless of where you are, you're connected to the community," Stanley said.



COURTESY TO HOOS DAY

GivingToHoosDay was celebrated the day before Founder's Day.

Attiya Latif named 2017 Truman Scholar

Rising fourth-year receives highly competitive scholarship for public service leaders

DANIEL HOERAUF | SENIOR WRITER

The Harry S. Truman Scholarship Foundation named third-year College student Attiya Latif as one of the 62 Truman Scholars for 2017. There was a total of 768 students nominated for the scholarship from a record 315 colleges and universities.

"Recipients of the Truman Scholarship receive a \$30,000 scholarship toward graduate school and the opportunity to participate in professional development programming to help prepare them for careers in public service leadership," according to a release from the foundation.

The scholarship, which is named after the 33rd President of the United States, is awarded based on three factors — leadership ability and potential, commitment to a career in public service and intellect and prospects for continuing academic success. The Foundation puts extra emphasis on the scholars being not just leaders,

but effective leaders and "change agents."

"It's one of the joys of teaching when you come across students like Attiya, in whom you see promise of a great future — students who make you believe in the future and have a positive perspective on it," said Women, Gender and Sexuality Prof. Farzaneh Milani.

Latif is currently a Political and Social Thought major, with a concentration on Islam, Politics and Gender in the Middle East, and wants to later study both law and theological studies. Latif is also the recipient of the 2017 John T. Casteen III Diversity-Equity-Inclusion Leadership Award.

Latif said in the future, she plans to study Muslim women's rights and the legal and political restraints against them in the West, Middle East and South Asia.

"Violence against Muslim women is on the rise — both in Europe, where the EU high court

recently ruled that employers can ban women who wear head coverings from expressing their faith at work, and in the Middle East and South Asia," Latif said in an email to The Cavalier Daily. "I'm hoping to address violence against Muslim women through research of root causes and advocacy work."

Mentors described Latif as a remarkable individual and extremely dedicated to others through activism.

"She is both brilliant and passionate — she's passionate about being in service to others. Where she sees injustice she's a voice, not just for herself but for people who perhaps don't have a voice," said Barbara Ruddy, the director of human resources for the Law School. "Attiya's whole *raison d'être* is to serve others, and she does this in so many ways."

During her time at the University, Latif has been both an Echols and a Jefferson Scholar, chair of

the Eliminate the Hate Campaign, chair of the Minority Rights Coalition, TEDx speaker and a writer for the Huffington Post. Latif will also serve as the student director of the Multicultural Student Center for the 2017-18 academic year.

Law Prof. Kim Forde-Mazrui said he sees Latif as a different type of leader.

"What excites me about her so much is not only her ability to move people so much but also her values of respect and love and cooperation," Forde-Mazrui said. "We need leaders who will bring people together. That sounds cliché, but Attiya is someone who can really do that."

The people around Latif also said they see her as someone incredibly humble and entirely devoted to those around her.

"She is incredibly unassuming and extremely humble. She is completely unaware of the impact that she has on people. She just think

she's going about doing the right things and the things she should and the things she's absolutely passionate about," Ruddy said. "You just have to spend five minutes with [Latif] and you'll know exactly what I'm talking about."

Latif said she is thankful for all those around her who have helped her get to where she is.

"I am so grateful and humbled to have received the Truman, and I can't thank my peers, mentors and those who put up with me constantly reading and rereading my application to them enough," Latif said.

Forde-Mazrui said she expects Latif's drive, leadership and service to take her far.

"I would put my money on her being president one day," Forde-Mazrui said. "If anyone will convince America that we will benefit from [a Muslim female president], it's Attiya."

Tom Perriello hosts town hall campaign event

Democratic gubernatorial candidate visits U.Va. as part of Virginia college tour ahead of June primary

ELIZA HAVERSTOCK | STAFF WRITER

Tom Perriello, a Democratic gubernatorial candidate and former Fifth Congressional District representative, held a town hall campaign event in the Newcomb Ballroom Wednesday as part of a weeklong tour of Virginia colleges and universities.

Perriello began by introducing himself and emphasizing his higher education reform plans to the crowd of over 60 University students and community members in attendance. A Charlottesville native himself, Perriello also touched on his record as a non-profit executive, State Department employee, teacher and congressman.

According to a press release sent by Perriello's campaign, the average Virginia college graduate enters the working world with more than \$26,000 in student debt.

"We are the first campaign in Virginia history to offer two years of community college free for aspiring college students," Perriello said. "We are also looking at reviving a refinancing program that could reduce monthly [student loan] payments by 50-100 dollars per month."

After introducing his platform, Perriello opened up the rest of the hour for audience questions. The first question came from a student



Perriello spoke at Newcomb Hall on Wednesday.

who asked about Perriello's proposed increase of the state minimum wage to \$15 per hour, which is more than double the current minimum wage.

"The myth about minimum wage is that it's just college-aged [people]. The average age of a person working for minimum wage is actually 36 years old," Perriello said. "If you get someone to go from \$14,000 to \$28,000 a year [in income], they go from collecting public assistance to paying taxes."

Perriello also said in the several dozen instances which states

have increased the minimum wage, small businesses and local restaurants have seen growth from the increased spending power of the working middle class. He said he believes treating the underlying problem of concentrated poverty is also essential for improving other issues such as the highest rate of juvenile incarceration in the country and struggling public schools in rural areas.

Questions were raised about Perriello's record in regards to gun control and abortion rights. With both issues, he has offered different views in the past. He claimed his ex-

perience as an Eagle Scout is what originally gave him a positive view of the National Rifle Association, an organization he once called an example of "people-powered politics." However, Perriello said the NRA has since fundamentally changed their business model, and he now supports tight background checks.

"I regret my praise. I recently called the NRA a 'nutjob extremist organization,'" Perriello said. "I am on the side of gun safety and will continue to be."

In regards to women's rights, Perriello laid out a platform including support for abortion rights and better access to contraception. He said he supported Gov. Terry McAuliffe's efforts in this area, including extensive use of the governor's veto power.

"We will continue being a brick wall against legislation against women's and LGBT rights," Perriello said. "I do hope that there will be room for offense as well."

Perriello was asked about what his first legislative goals would be if he was to win the governorship. He laid out a plan that prioritized education reform, a living wage, paid medical leave and dealing with threats to clean energy.

"If the Trump administration at

a federal level massively cuts clean energy and Planned Parenthood funding, we will need the state government to come in and cover it," Perriello said. "We are basically dead last in clean energy and renewables in Virginia."

Perriello said he was confident his "positive agenda" was energizing and engaging to people from across the spectrum.

He also said students should get involved with local and state politics, especially early in the primary process. According to Perriello, student involvement is an "important signal" to the federal government as Republicans in the House and Senate decide if they should distance themselves from President Donald Trump's policies.

According to a Quinnipiac University poll released April 11, Perriello is at 25 percent support compared to 20 percent support for his primary opponent, Lt. Gov. Ralph Northam. However, 51 percent of Democratic voters say they are still undecided about their choice of candidate in the primary.

The Virginia Democratic primary will be held June 13, and the general gubernatorial election will be held Nov. 7.

Student Council updated on Alderman renovations

Representative body debates summer budget

THOMAS ROADES | SENIOR WRITER

Student Council members heard from John Unsworth, University librarian and dean of libraries, on planned renovations to Alderman Library at their weekly Tuesday meeting. In addition, Student Council discussed voting on a new budget for the summer session.

Unsworth said there are major renovations to the library in the coming years and the project could take up to 10 years to complete. He said much of the building, including old stacks, would likely be demolished completely, forcing the building — or portions of it — to be closed for some time.

Though the project has been discussed previously, it is now officially underway according to Unsworth, who said funds have been appropriated for it.

The renovations are "overdue," Unsworth said. He cited constant fire alarms and plumbing problems as among the issues which led to the commencement of the project.

"That building has a lot of char-

acter," he said. "It's a good time to do this."

He also acknowledged potential issues for students, given the second level of Clemons Library is already under construction and inaccessible to those looking for a study space. However, he said the two projects wouldn't overlap.

"[The second floor of Clemons] will come back online before this study space is disrupted in Alderman," Unsworth said. "There's going to be a lot of study space on Clemons Two."

He also briefly said although the timeline for the project is not yet finalized, current third- and fourth-year students will likely see very little construction on Alderman, while first- and second-years might see more renovations in progress before they graduate.

"There will probably be a couple generations of students who go through here without an intact Alderman Library," he said.

After hearing from Unsworth,

the Council members considered a number of bills, including the official summer budget as recommended by the organization's Chief Financial Officer, Michael Horth, a second-year Commerce student.

The budget's expenses totalled over \$29,000, accounting for spending on the Presidential Cabinet Committee, Administrative Committee and the Executive Board.

"I cut down a few things that I thought were excessive," Horth said as he introduced SB17-29, the bill containing the updated budget. "I am in support of everything that's on the budget now."

However, the planned summer budget demonstrated an increase in spending of more than \$4,000 from the 2016 summer budget, which totalled \$25,005.

That increase was spread fairly evenly between Student Activity Fee funds and non-SAF funds, with approximately \$2,000 and \$2,300 more in spending in each category, respectively.

SAF funding is money from the University allocated to student organizations, while non-SAF funding is money the organization brings in from hosting events and fundraisers.

SB17-29 was eventually tabled for further consideration. Student Council will meet again Monday, April 17 to discuss the budget in further depth and hold a vote on the bill.



MAYA LEZZAM | CAVALIER DAILY

Student Council Vice President for Administration Alex Cintron (left) and Student Council President Sarah Kenny (right) leading a meeting.

Confronting U.Va.'s history of slavery

Administration, Charlottesville community consider reparations

HANNAH HALL | FOCUS EDITOR

been fixed yet," Dukes said.

The term "repair" extends much further than a simple payout to the descendants of those who were enslaved. For Georgetown, offering preferential admissions to the descendants of the enslaved was a form of reparations, or repair. However, PCSU Co-Chair and Assoc. History Prof. Kirt von Daacke said he doesn't believe preferential admissions is

Changing the understanding of history as a way of developing repair was part of Mason's task on the Blue Ribbon Commission. In addition to offering recommendations about Confederate statues, the Commission also offered recommendations on how to tell a more accurate public history of the city.

The commission unanimously voted "to recommend that [City

Jordan Hall, which was originally named after a pioneer of eugenics. The PCSU approved a design team in fall 2016 which will create a memorial to the enslaved laborers who shaped and built the University.

The naming of buildings and memorials is an important part of changing the public history of an institution, as noted by Mason.

"[History is] of course told in

The program is still in its infancy, but von Daacke hopes the program can become something more significant.

"The commission's work, and by extension, this camp, are informed by a restorative justice model," von Daacke said in an email to The Cavalier Daily.

Members of the community understand the significance of the University reaching out beyond its borders. Pastor Alvin Edwards of Mt. Zion First African Baptist Church is a member of the PCSU's Local Advisory Board. Edwards highlighted he was pleased with what the University has done so far.

"It's opened the process to the community, and one of the things that historically the University has not done is be open to the community," Edwards said. "President Sullivan has done wonders by opening the door and allowing more participation from citizens of the city of Charlottesville."

Looking forward

Even with the progress the University has made over the years, there are still some that believe the University needs to be doing more in the community which it impacts.

"If you're looking at repair, our University was complicit in the institution of slavery," Dukes said. "We had some of the foremost thinkers endorsing slavery and then later on eugenics, segregation, white supremacy and so forth ... That impacted people in the community for a long time, and you see that impact today."

For Dukes, one way of evaluating and repairing that impact might be through paying a living wage to those who are working at the University — an idea shared by Mason.

"Because it is such a large employer, it sets the standard for wages and conditions of employment in Charlottesville and the region," Mason said. "Right now many of the people who work on Grounds do not get a living wage, many of them are not working directly for the University ... but the University certainly can ensure decent wages and good conditions are offered to everybody on Grounds."

Regardless of what actions are taken, it is important that extensive discussions are part of the process. In order for repair to be successful, Duke stressed it cannot just be done through unilateral University actions.

"I think this needs to happen by developing an understanding of the harm that was done, and whether or not that harm still needs repair," Duke said. "Maybe there's some elements that don't need repair."



DAN ADDISON | THE CAVALIER DAILY

The University named Gibbons Dorm after former slaves who contributed to the Charlottesville community.

enough of a gesture of repair.

"It's an incomplete sort of repair if it is only for students who want to come to U.Va. or Georgetown," von Daacke said. "What are some ways that we can benefit the descendants of American slaves in a more wholesale fashion that isn't solely about having them come to U.Va. or whatever school it is?"

Repair is a common feature in UCARE discussions, according to Dukes. Part of the work that UCARE does involves a student committee that is made up of members of both the University and Charlottesville communities. The group has worked towards encouraging repair by developing an understanding of the history.

"We use the protocol of truth and understanding, so our history and the meaning of that history, and repair, and then relationship," Dukes said. "And once you've done that, then you can have an authentic relationship with the community."

Colleges and universities across the country are wrestling with the question of how to tell a more inclusive story of their pasts.

In September, for example, Georgetown University announced they will offer preferential admission to the descendants of the 272 slaves sold to benefit the school in the 1800s. The school will also name two buildings to honor those enslaved as well as create a memorial.

The University of Virginia was founded by Thomas Jefferson, who over his lifetime owned over 600 slaves and relied on the labor of enslaved workers for almost five decades. There are some who believe the University has a responsibility to confront its past and make meaningful changes.

More and more attention has been drawn to this issue over the past decade, beginning with the creation of the University and Community Action for Racial Equity in 2007 and the development of the President's Commission on Slavery and the University founded in 2013.

These organizations, among others, are playing an important role in confronting the past of both the University and the City of Charlottesville. However, there continues to be a discussion between the University and the larger community on how broader changes and repairs can be — or if they should be — made.

Discussions of reparations

The term "reparations" has been used for decades to address the relationship between the U.S. government and the descendants of former slaves. Hearing the term often incites a variety of emotions and reactions, not all positive.

"[Reparations are] emotionally charged, and it conjures up in people's minds the government, whether at the local, state or federal level, handing out money to people," said John Mason, former vice chair of the Charlottesville Blue Ribbon Commission on Race, Memorials and Public Spaces and an associate history professor at the University.

For both Mason and Frank Dukes, one of the founders of UCARE and a member of the faculty with the Institute for Environmental Negotiations, the term "repair" — rather than "reparations" — is a more accurate representation of the work they are hoping to do. Using the term "repair" better describes the work that is done in the community, which is often more than simply offering money as an apology.

"If you throw out the word 'reparations,' but use the word 'repair,' maybe that's more understandable for people, if you can say there's a harm that's been done, and things have been broken, and they haven't

Council] provide financial and planning support for historic resource surveys of African American, Native American and local labor neighborhoods and sites, seeking National Register listing and zoning and design guideline protection, where appropriate," according to the Commission's December 2016 report to City Council.

"The [City] Council understood in the telling of our story, African-Americans, working people, women and Native Americans ... are largely left out of the way we tell our story in public," Mason said.

The University and repair

The importance of changing the discourse surrounding public history has not gone unnoticed by organizations at the University. In 2015, the Board of Visitors passed a resolution to name the newest dorm after William and Isabella Gibbons, an enslaved couple that lived at the University, as well as throughout the area. It also focused on the racial and economic divides that are still present in the city.

books and scholarly articles, but it's also told on historical markers and it's told in our statuary, it's told in the plaques on buildings and the names that we give to buildings," Mason said.

As a major part of the Charlottesville community — both economically and physically — the University has a responsibility to serve as a leader of repair in the broader community, according to Mason. The Cornerstone Summer Institute directed especially at local high school students is one way of developing an understanding that could lead to repair in the community.

The program was largely developed by Alison Jawetz, a then-Batten student taking a class taught by Dukes and History Prof. Emerita Phyllis Leffler. Von Daacke led the small camp, which examined the legacies of slavery at the University, as well as throughout the area. It also focused on the racial and economic divides that are still present in the city.



LAUREN HORNSBY | THE CAVALIER DAILY

VIRGINIA

London Perrantes Jr. soaks in the beautiful Charlottesville sun 2,549 miles from home. The warm spring weather is a reminder of his California roots — a reminder of where he came from just four short years ago.

Although those four years have flown by and his career as a Cavalier might be over, Perrantes Jr. is not leaving entirely — his legacy will outlast his time on the court. Finishing first all-time in starts, games and minutes played, alongside an impressive career three-point average of 40.9 percent — just to name a few of his accolades — Perrantes Jr. has left Virginia with a lot to be thankful for. But those stats didn't come without their struggles.

"Fourth year was different," Perrantes Jr. said. "I put a lot of pressure on myself this year especially. I do that with everything that I do — but I had to find a way to just go out and play for my team and not worry about all the extra stuff. It took me awhile to get used to."

Perrantes Jr. has proven in his fourth year that he's capable of overcoming that pressure, even if the process isn't perfect. With the departure of starters like Anthony Gill, Mike Tobey and NBA Rookie of the Year contender Malcolm Brogdon, Perrantes Jr. had big shoes to fill. His team needed more than numbers.

"The absence of all those team leaders he had relied on left a big void for him and obviously for the team," London Perrantes Sr., Perrantes' dad, said. "They were all brothers of his, so losing them was a huge change for him. But he's the kind of kid who works through these changes in his own way and that's what he did."

As the lone senior on the

court this past season, Perrantes Jr. felt the void they left.

"Losing the fourth-years last year obviously presented a new set of challenges — a new everything really," Perrantes Jr. said. "I think I learned how to be a better leader for the team. Obviously we had a lot of leaders on the team last year, but I really tried to implement what I took from them when it was my turn this year."

The challenges he faced his senior year changed him as a player and a person. He discovered how to lead but he also discovered something more — how to learn from those who came before him. While his play was not as consistent as the Cavaliers had hoped coming off of his breakout junior year, Perrantes Jr. proved that his character is consistent even when his shooting is not.

EMILY CARON | FEATURE WRITER

As graduation approaches, London lets us in

"He doesn't seem to lose often who he is as a player and how he is as a player," Coach Tony Bennett said. "That's one of his best qualities without a doubt."

He became a better leader and a better man and never lost himself in the struggles of this past season. He still wears his heart on his sleeve and has the world's worst poker face. He's been a star for Virginia, there's no doubt about that, but he's struggled from time to time. He's passionate, but he's not perfect. The big picture is this — London Perrantes Jr. is human.

"As a parent you want your kids to reach for something and work hard to get to their goals and achieve them," Perrantes Sr. said. "Even though things aren't always perfect, I'd still say he's doing pretty well in getting to where he wants to be and work-

ing hard for it."

The most important thing through the good and the bad, the highs and the lows, the shooting slumps and the three-sprees, is that Perrantes Jr. has never wavered in his commitment to the Cavaliers or in his character. He worked hard through it all. Despite the pressures he felt, the challenges he encountered — he turned them all into something positive.

"[This season] was definitely sort of a player development period as well as a period when I learned to lead. I had to step in and try to be the best I could be on and off the court," Perrantes Jr. said.

Perrantes Jr. learned what it truly means to embody the Virginia basketball mantra — humility, passion, unity, servanthood and thankfulness.

"I try not to think about what

my legacy will be or the things that I've done," Perrantes Jr. said. "Yeah, I've done a lot and I'm proud of that, but all I want now is for what we've started to continue, for this program to keep going up. Coming across the country to play here was one of the best decisions of my life, and that won't change no matter what I leave behind."

He's known for his style, his signature threes and his standing as a team leader. But there's something new he should be known for — his ability to lead even when he is struggling and his ability to overcome imperfection and be a better man for it.

"From day one when I coached him, he was a special talent," Perrantes Sr. said. "He still is today no matter what has happened or will happen, that's for sure."



KILEY LOVELACE | THE CAVALIER DAILY

London Perrantes finished his career at Virginia ranked first all-time in starts.



LAUREN HORNSBY | THE CAVALIER DAILY

Perrantes was the lone scholarship senior for Tony Bennett's Cavaliers last season.

No. 12 baseball squares off against Virginia Tech

Virginia travels to face in-state rival

ALEC DOUGHERTY | SENIOR ASSOCIATE

After a few tough series losses to begin conference play, the Virginia baseball team regrouped on its home turf and is now on a roll. The Cavaliers (27-8, 8-7 ACC) are riding a six-game win streak and will look to continue their success against Virginia Tech (18-17, 6-9 ACC) in Blacksburg.

Virginia is coming off a long nine-game homestand in which it went 7-2. Both losses came in the opening series against then No. 2 Louisville. The Cavaliers played very hard, but ultimately lost two close thrillers to drop the series.

The Cavaliers hit a crossroads after this series. A 5-7 conference record was not how the team expected to fare in a season with such lofty expectations — the team was not playing up to its potential up to that point. Rather than letting faults define its season, Virginia came out like a lion in its next two games, trouncing Old Dominion, 18-5, and George Washington, 11-1.

The team was riding high after the midweek tilts, and would stay locked in as it began an ACC showdown with Pittsburgh. The Cavaliers swept the three-game series against the Panthers, outscoring them, 21-6, in the team's best pitching weekend of the year. Starting pitching was a clear weakness in the team's early ACC struggles, but all three starters gave tremendous efforts to help lead the Cavaliers to close wins in the final two games.

"We feel fortunate that we got all three this weekend. They

were hard fought and we had to play good baseball," Coach Brian O'Connor said after the final game of the series Sunday.

A midweek game against VCU wrapped up Virginia's long home stand. The Cavaliers put an exclamation point on a successful run with a 9-4 victory against the Rams, sweeping the season series with them. Sophomore outfielder Cameron Simmons led Virginia with four RBIs, including a two-run blast to open scoring. "I thought tonight was a fantastic win for us," O'Connor said. "We had a challenging week last week with five games, and I was a little concerned about how we would come out and play tonight because I knew VCU is a quality team."

Sophomore pitcher Daniel Lynch put up a second straight quality outing after struggling early in the season. His emergence has been instrumental to the team's pitching success as of late, since inconsistency on the mound was a big problem for Virginia early in conference play.

From the plate, no one has been more dominant lately than junior outfielder Pavin Smith, who went 4-5 Tuesday. Smith has knocked in 14 runs to lead Virginia's offense over the win streak. His 49 RBIs on the season is second in the ACC, and he has struck out five times in 155 at bats, a mind-boggling statistic for a power hitter. His explosion from the plate last week earned him both ACC and National Player of the Week honors.



CALLIE COLLINS | THE CAVALIER DAILY

Junior outfielder Pavin Smith has hit 14 RBIs over Virginia's win streak to lead the Cavalier offense.

Virginia's opponent this weekend — Virginia Tech — knows power hitting better than most Division I baseball teams. The Hokies lead the nation with 63 home runs on the season and are fourth in the nation in slugging percentage at .513. The team is led by junior third baseman Sam Fragale at the plate, who has been the best power hitter in the ACC this season. Fragale leads the ACC in home runs with 13 and RBIs with 50, just edging out Smith. The team

also houses ACC hits leader Jack Owens, who has 57 hits at a .368 clip.

Virginia Tech is one of the most dangerous offensive teams in the country, but its outbursts only come in spurts. The team struggled mightily from the plate against Clemson last weekend, scoring only seven runs in three games as it was swept by the Tigers. The weekend prior, however, the Hokies put up 30 runs in a three game set against Boston College. Another sol-

id weekend from Virginia's rotation will go a long way if the team hopes to pick up its second straight series sweep. Top junior starters Derek Casey and Adam Haseley will be well-rested for the road trip, as will long reliever Alec Bettinger and other core members of Virginia's bullpen.

The holiday weekend showdown between rivals Virginia and Virginia Tech will kick off Thursday at 5:30 p.m. at English Field.

Women's lacrosse edges out Navy, 16-13



REED BROWN | THE CAVALIER DAILY

Sophomore attacker Avery Shoemaker scored five goals to help lead Virginia to victory.

The Virginia women's lacrosse team (7-7, 2-3 ACC) was able to avoid dropping their fourth straight game as they beat Navy, 16-13, Wednesday at Klöckner Stadium.

The Cavaliers were able to avoid the mistakes plaguing their matches against Maryland and Penn State and perform well on both sides of the field.

On offense Virginia was able to outscore Navy at almost every turn. Sophomore midfielder Maggie Jackson and sophomore attacker Avery Shoemaker both scored key goals early on, allowing the Cavaliers some room to breathe. Over the course of the night the two sophomores scored six and five times, respectively.

In addition to these two vital players, the offense as a whole displayed an incredible ferocity that was able to wear down Navy. In just the first half, the Cavaliers were able to put 24 shots on goal — nearly doubling that of Navy.

While moving the ball on offense and getting around Navy's defense, Virginia was able to go 9-9 on clears in both the first and second halves — showing just how vital good decision making is in allowing more scoring opportunities.

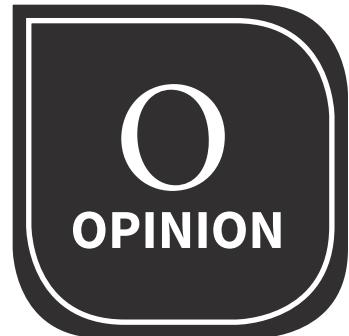
Junior keeper Rachel Vander Kolk and the Virginia defense kept the Navy offense in check for most of the game. Kolk — who has had three straight games with 12 saves — has lead

the Cavalier defense into forcing tough shots by opponents.

Leading the Navy offense was senior attacker Morgan Young — who tallied four goals for the night. The Navy offense, who appeared partially shut down by the Virginia defense, staged a late second half 4-0 run that looked to put the game in reach for Navy — but two goals scored by senior attacker Besser Dyson and Maggie Jackson secured a victory for Virginia.

Virginia will continue their stretch of home games Saturday as they face off against Louisville at 1 p.m.

— compiled by John Garza



CORRECTIONS

In the April 10 edition of The Cavalier Daily in the article, "MS drug receives FDA approval," the article previously misstated the FDA approved Ocrevus on April 4. The drug was actually approved on March 28.

LEAD EDITORIAL

Challenge your beliefs, broaden your perspectives

Misinformation poses threat to 'illimitable freedom of the human mind'

Today, the University community comes together to celebrate Thomas Jefferson's 274th birthday. This commemoration offers a valuable opportunity to reflect on an issue that surrounds many facets of our lives: information. Throughout the past year, the country has witnessed an unprecedented proliferation of misinformation and propaganda, often for the sake of political gain. This trend poses a great danger to our community's ability to make decisions based on verified information.

The rise of social media and the personalization of online content allow the most incendiary stories to get the most attention, regardless of their accuracy. Not only does this facilitate the spread of misinfor-

mation among citizens, but it also traps people in an ideological echo chamber, unwilling to hear what the other side has to say and often resorting to misguided attacks towards the opposition's perspectives and beliefs. As we commemorate Jefferson and his foundational belief in the "illimitable freedom of the human mind," let us engage with each other in meaningful dialogue and critical thinking.

The recent presidential election season and false assertions by the Trump administration show the importance of being able to distinguish between reputable news sources and those which propagate misinformation. Conspiracy theories and the spawn of "alternative facts," which have the potential to

influence policy-making decisions, have presented significant threats to our democracy — a system that cannot exist without a well-informed public.

As The Cavalier Daily's editorial board, we strive to facilitate meaningful dialogue by providing factually-based, insightful opinions on issues we believe are important to the University community. We urge our readers to continue to think for themselves, while holding us accountable for the content we produce. We urge members of the community to embody the Jeffersonian model of challenging their beliefs and broadening their perspectives through sincere discussion and productive debate.

THE CAVALIER DAILY

THE CAVALIER DAILY

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The Cavalier Daily welcomes letters to the editor and guest columns. Writers must provide full name, telephone number and University affiliation, if appropriate. Letters should not exceed 250 words in length and columns should not exceed 700. The Cavalier Daily does not guarantee publication of submissions and may edit all material for content and grammar. Submit to opinion@cavalierdaily.com or P.O. Box 400703, Charlottesville, VA 22904-4703

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LENT AT U.VA.

Taking time to reflect, relax is helpful, and should be supported

Easter is drawing near, which signals the end of lent. Lent is a 40-day period in the Christian calendar where people can take time to reflect and assume certain disciplines to prepare for Easter. This is a helpful time for many to get their spiritual and temporal lives in order. As the author, priest and monk Thomas Keating observed, lent is a “time to renew wherever we are in that process that I call the divine therapy. It’s a time to look at both our instinctual needs as well as the dynamics of our unconscious are.” This seemingly antiquated idea is actually incredibly beneficial for all — regardless of belief — and deserves to be supported by the University.

It is a helpful practice for all, regardless of one’s beliefs, to set aside time to take stock of our lives. Sometimes it is just a few moments of peace amidst a hectic day, and sometimes it is a long period of self-reflection. College can be the most influential period of one’s life. Inevitably, beliefs will be challenged

and crises of all kinds will occur. In this fast-paced and competitive environment, it is imperative that students deliberately find time to relax and examine their life.

The University should enable, if not encourage, students in this pursuit. Fortunately, the University has many spaces well suited for that. Locations like the Pavilion gardens provide a place to escape in nature. There are the Multicultural Student Center and Open Grounds that exist to encourage students to come, meet others and just be. Places off-Grounds like the Center for Christian Study also offer a welcoming and peaceful space for reflection. For those with a car, the opportunities are endless.

Intriguing speakers and events can also function as outlets for refreshing and relaxing. Listening to a stimulating talk on an interesting topic can broaden the mind and calm the soul. By continuing to bring fascinating speakers and performers, like 9th Wonder, the Uni-

versity helps spark some much needed introspection, bringing a little bit of Lent into the lives of students.

or three more free days would provide a few much needed breathers in the lives of students.

Many students dedicate their

While students obviously must take the lead in examining their own life choices, the University has a responsibility to help them find space and support them when they carve out time.

Finding the place for introspection is the easy part — but carving out time is far more difficult. The University has just as much responsibility to set aside time for students as they do to provide places. They can do this by reorganizing the school year to include more “reading days,” or three-day weekends. This would necessitate lengthening the school year by a few days, but it would nevertheless be worthwhile for the sake of students. The addition of even two

time to service groups or religious organizations in their quest to live full, meaningful and well-examined lives. Madison House, the Minority Rights Coalition and Chi Alpha Christian Fellowship provide a forum for students in self-reflection in various ways. By funding these contracted independent organizations, the University supports the spirit of Lent.

These days, taking time to reflect and relax is not easy. However, if students do not inject

some of the spirit of Lent into their lives now, they will miss some of the most important lessons of life. While students must take the lead in examining their own life choices, the University has a responsibility to help them find space and support them when they carve out time. The idea of Lent may seem archaic, but our world could use a little self-reflection right now, and we should do our best to make that as attainable as possible.

CONNOR FITZPATRICK is an Opinion columnist for The Cavalier Daily. He can be reached at opinion@cavalierdaily.com.

TRUMP RIGHT TO ORDER MISSILE STRIKES

Trump administration correct to order strikes despite a shaky legal foundation

On Tuesday, April 4, reports emerged that the Assad regime hit the village of Khan Sheikoun in Syria’s Idlib province with sarin gas, killing at least 85 people and wounding hundreds more. Within 63 hours, the United States launched 59 tomahawk cruise missiles at Shayrat Airfield, the site from where the chemical attacks were launched. This American military action, the first directed at the Assad regime since the Syrian uprising began six years ago, drew bipartisan praise from congressional leadership, the foreign policy establishment and allies in Europe and the Middle East. Others have voiced deep consternation about the strategic, legal and procedural implications of the strike.

Ultimately, President Donald Trump’s decision was the right thing to do. The United States sent an important signal that any wanton violation of an international norm banning the use of chemical weapons will exact a response. Its limited nature hopefully portends that the Trump administration will engage with restraint in the eventual formulation of a political solution to the Syrian civil war. For six years now, the Assad regime has bombed, shot, starved, tortured and terrorized the Syrian people into submission, as the international community has documented its atrocities from the sidelines.

Over 500,000 have been killed and almost 11 million displaced as the government, with crucial assistance from Russia and Iran, sought to obliterate the opposition from every inch of Syrian soil. The United States and its allies have repeatedly combined diplomacy and limited military assistance to a restricted number of rebel groups in the hopes of reaching a negotiated

The Obama administration was under significant pressure to retaliate against the Assad regime with overwhelming force in response to the massacre. This would have crippled the Syrian government’s capacity to maintain control over its then-dwindling territorial holdings, which then most likely would have resulted in massive sectarian bloodletting in the Alawite coastal

Aleppo. Assad has every battlefield advantage at this point, controlling most of “usable Syria” and enjoying the support of two patrons who have staked their international credibility on the success of his regime. The Trump administration’s action last Thursday in no way changes this base calculus. The president, with rare wisdom, decided on the most limited of the military options laid before him. The strategic restraint his decision evinces — avoiding any direct threat to the Assad regime’s staying power — struck exactly the right balance.

What it does do, however, is send the Assad regime and rogue states around the world a clear message that the United States will not sit idly by as a fundamental international norm is violated with impunity. This assertion of American power is critical in the wider context of an unraveling liberal international order. It will have lasting effects on the decision-making processes in Damascus, Moscow, Tehran, Beijing and Pyongyang at exactly the moment when such a shock is needed.

The battlefield situation is markedly different today. Since the late September 2015 Russian intervention on Assad’s behalf, the rebels have been steadily losing ground, culminating in December of last year with the fall of eastern

The United States sent an important signal that any wanton violation of an international norm banning the use of chemical weapons will exact a response.

settlement to the conflict. Each and every attempt failed. Former President Barack Obama’s widely-noted “red line” gaffe, in which he chose not to follow through on his threat of force in response to the Assad regime’s use of chemical weapons, captured his administration’s wider reluctance to get involved in the conflict. That hesitancy was right at the time, and its strategic underpinnings remain correct.

regions. The United States would have engendered a repeat of the Libyan intervention — the destabilization of an entire country for humanitarian purposes.

As always with this president, there are deeper concerns. The legal basis for this strike against Syria is shaky, if not completely ungrounded. The commander-in-chief enjoys a wide latitude in the formulation and conduct of

foreign policy, and his action is in line with those of his predecessors. This does not mean that it was necessarily legal.

Internationally, this was in breach of Article 2(4) of the United Nations Charter, which restricts the use of force against another sovereign state to situations of self-defense or with the authorization of the U.N. Security Council. This, it seems, is one of those instances where moral and legal legitimacy diverge, similar to NATO’s intervention in Kosovo in 1999. Furthermore, the administration’s lack of any strategic explanation for the strike and the ensuing mixed messaging speaks to dysfunction and uncertainty on the National Security Council. The hastiness of the strike and the sudden shift in American policy toward Syria are telling of a president with the impulse control, discipline and foresight of a child. The action itself was right, but the way in which it came about speaks to greater difficulties ahead.

OLIVIER WEISS is an Opinion columnist for The Cavalier Daily. He can be reached at opinion@cavalierdaily.com.

H HUMOR

I'll start with the positives: I like that you let me listen to music for free without feeling like a bad person for downloading it illegally. Also, thanks for not judging me for alternating between the "Hot Country," "Indy Worship" and "Mozart" playlists.

You also do a lot of things that I don't love, but I'm willing to look past those. I've learned to tolerate the Ting commercial that comes on every single time there's a commercial. I've come to terms with your feud with

Taylor Swift (I know she can sometimes be a challenge in relationships). I'm even okay with how you never let me skip more than five songs in a row, since I think this will help evolve my taste in the long run.

However, I still have a bone to pick with you, Spotify, because I can't figure out how to change my account profile picture. I've looked through all the settings and I've tapped, held and swiped all the icons, but the picture won't delete or update. Since I linked my account to Facebook, shouldn't you change my account profile picture when I change my Facebook profile picture? I'll answer that: you should change it, yet you don't.

You're probably wondering why I'm writing to complain to

you about this. (I get the sense that you don't think this is a big issue, since the picture did not change when I logged out and logged back in multiple times). But did it ever occur to you, Spotify, that sometimes we have profile pictures we'd rather not look at anymore? What if my dog had just died, but my profile picture when I created my account was a Norman Rockwell-style portrait of Fluffy and I? Do you think I should have to stare at Fluffy's pink, pop art face every time I want to view my "Discover Weekly" playlist?

Or what if I made my account in October, so my profile picture was a Hillary 2016 photo? Should I be reminded of the defeat of feminism in America every time I want to listen to bad

pop-country?

What if I had just gotten dumped and was trying to get over my ex by listening to an empowering break-up playlist, only to be accosted by the selfie of him and I that I just had deleted from my Facebook? It would be cruel of you, Spotify, to force me to stare at his annoyingly cute face next to mine in the matching clownfish hat I made him wear with me, especially when I can't even listen to Taylor Swift on your stupid app.

Or what if I just had a really questionable haircut when I made my Spotify account, but I don't want to be reminded of my poor style choice every time I try to listen to my "Daily Mix" on my walk to class?

So Spotify, please sync your

app with Facebook more regularly, so I don't have to look at a picture of my dead puppy, Hillary Clinton, my ex-boyfriend or my bad haircut every time I want to listen to music for free.

Sincerely,

Still not over your fight with Taylor Swift

ANNELISE KOLLEVOLL is a Humor writer for *The Cavalier Daily*. She can be reached at humor@cavalierdaily.com.

AN OPEN LETTER TO PUNKS WHO DON'T SMILE BACK

It happens like music. I am bopping along, listening to my jamz, heading to Clem. I spot a fellow young person walking towards me. Ah, glorious youth! What a bond we share, the two of us. I lower the volume on my jams and, in anticipation of our meeting, I whip out my Burt's Bees medicated lip balm. The cool wax soothes my tortured soul. My lips are glossed and quiver in trepidation — what kind of smile should I do?

I could do a mischievous smile. "What, me? No! Who, me? Oh stop!" I laugh to myself, "Oh what a devil I am! I am so bad!" Or better yet, a sweet smile. "Lil' ol' me? Oh stop!" Or even better, I could stick out my tongue! What better way to form

a human connection with a little bit of tongue? How playful of me! Woop! There's my tongue! Let's be best friends!

I decide on tongue. I am ready. My lips are medicated. My music is low volume. I spot my fellow youth almost in direct eyesight. He is a stylish young youth, dressed smartly in salmon pants and Vineyard Vines, a University classic. He's on his phone, but I know he's going to smile back. He's getting closer now. I can hear the soft pitter-patter of his Sperry boat-shoes. He looks away from his phone and looks directly at me. Our eyes touch. My mouth widens and I stick my tongue out, and I smile. I smile my freaking heart out. I feel like Marilyn

Monroe, like Uma Thurman, like Mr. Bean! I close my eyes and feel the glory of our connection. This, this is life. I am living! I am feeling! My thoughts are stars I cannot fathom into constellations.

I can see our future. White picket fence. A University flag on our lawn. Thomas (his name is Thomas, I'm sure) is mowing the grass, but poor thing, can't start the motor. How cute! He is so delightfully inept. Jeffy, our two week-old Siberian Husky puppy, romps in the grass. Sinatra is playing. "Regrets ... I've had a few ... but I did it ... my waaaaaaay." I come to the realization: I did, I did do it my way. I am blissfully, blissfully happy.

I open my eyes. "Thomas?

Thomas?" I whip around. The sidewalk is empty. My heart falls. He's gone? He's gone. I look down and see my tongue still hanging out. I was swindled. I was punked. I feel like a freaking fool with my freaking tongue sticking out like a freaking dog. This punk-ass kid thinks he can play me? Me? Well of course he can. This is America. Anybody can play anybody.

I don't smile with my tongue anymore. I threw away my Burt's Bee medicated lip balm. My lips are so chapped. The only thing that medicates them now is my tears. My salty, salty tears. And my jams? Never. Listened. To. It. Again. I roam the sidewalks around clem, looking for a smile, a grin; I would even take a sneer.

I am so alone. So terribly, terribly alone. You, the reader, I implore you, this could happen to you. You could just be walking along, trying to smile with just a little bit of tongue, and BAM! They disappear on you. Just like my father. This, this is a tale of warning to those who think they can just smile and get away with it. Stop kidding yourself.

VERONICA SIROTIC is a Humor writer for *The Cavalier Daily*. She can be reached at humor@cavalierdaily.com.

Recycle this paper.



Let's make a happy earth.

PUZZLES

EVENTS

Thursday 4/13

Men's Tennis vs. Georgia Tech, 5pm, Snyder Tennis Center
 UPC Presents: Alumni Hall Bingo Night, 9pm-12am, Alumni Hall
 National Grilled Cheese Day, 11am-10pm, Trinity Irish Pub
 ISC Presents: Kendra Scott Pop Up, 11am-2pm, Newcomb Hall
 No Lost Generation Presents: Refugee Panel and Documentary, 7-9pm, Multicultural Student Center
 Lacrosse the Nations Presents: TJ's 274th Birthday Fro Yo Night, 5-10pm, Arch's

Friday 4/14

Softball vs. Georgia Tech, 6pm, The Park
 UPC Presents: Sound Bite Trivia Night, 9pm-1am, 1515
 Spectrum Theatre Presents: Pride and Prejudice, 5pm, Pavilion VIII
 1st Annual April Human Library, 12-4pm, The Lawn
 Radio Music Society Presents: Stringin' in the Rain Free Concert, 7-8pm, The Chapel
 Hoos In Treble's Spring Concert: BuckHIT List, 8:30-10:30pm, McLeod Hall

Saturday 4/15

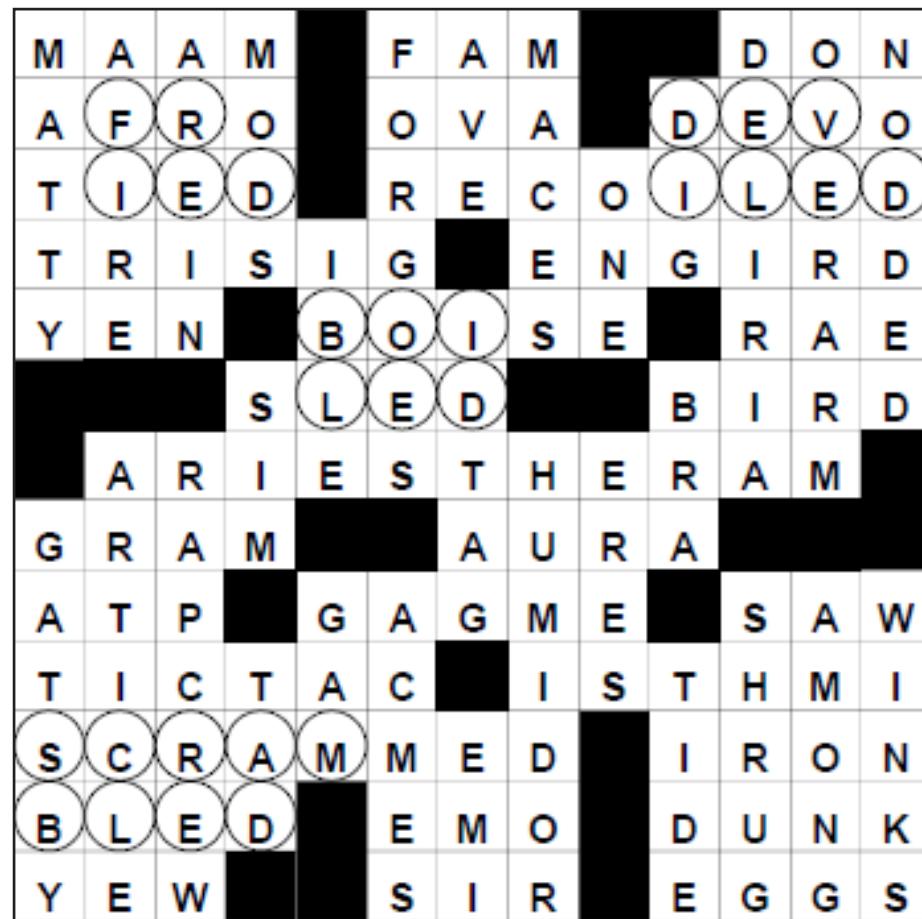
Softball vs. Georgia Tech, 1pm, The Park
 Women's Lacrosse vs. Louisville, 1pm, Klockner Stadium
 Spectrum Theatre Presents: Pride and Prejudice, 5pm, Pavilion VIII
 ADPi Presents: Diamond Series, 3:30-8:30pm, The Park
 Hullabahoos Spring Concert: Big Spring Sing Thing, 8pm, McLeod Hall

Sunday 4/16

Softball vs. Georgia Tech, 12pm, The Park
 2017 Run for Refugees, 9am-2pm, The Park

WEEKLY CROSSWORD SOLUTION

SAM EZERSKY | PUZZLE MASTER



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Charlottesville's sixth annual Tom Tom Founders Festival promises free performances from over 60 musical acts. Below is a playlist featuring some of the best songs from the best bands on display at the festival.

"Blue Hole Bridge" by Boy Named Banjo

"Blue Hole Bridge" is a perfectly earnest celebration of the idylls of adolescence. Its simple lyricism is irresistibly charming, bringing all the scenic flair of mainstream country music without being overwrought in the slightest. The lyrics promise "smiles big as the river's wide," and that's exactly what this little tune brings. Innocent and unpretentious, "Blue Hole Bridge" is Boy Named Banjo's finest work to date. It oozes good cheer and overflows with summer.

— Ben Hitchcock

"Kinderspel (child's game)" by Birds of Chicago

Birds of Chicago took a hard left turn somewhere between their first and second albums, transforming from a sweet-if-uninspiring indie Americana act into a brooding, rhythmic soul duo. It's a good thing, too, because this new version of Birds of Chicago puts singer Allison Russell front and center. Russell can flat out sing, and she is at her best on "Kinderspel (child's game)" — an eerie and twinkling ode bursting with emotion.

— Ben Hitchcock

"Hold On" by Bencoolen

In turns smooth, fraught, contemplative and fiery, Bencoolen's "Hold On" shows the group's full and impressive range. The Washington, D.C. outfit hits with powerful guitar licks



COURTESY BOY NAMED BANJO

Boy named Banjo is one of the standout bands of the Tom Tom Founders Festival, as are the other musicians featured in the playlist.

when the time is right, but the backbone of their sound is a heavy dose of saxophone — on exquisite display in this number. "Hold On" also shows the group's weaknesses, as the vocals of frontman Paul Gregg sometimes struggle to blend with the thrill of the rest of the music. Minor flaws aside, Bencoolen is certainly a name worth remembering, as evidenced by their upcoming gig at Firefly.

— Ben Hitchcock

"With Time" by The Dawn Drapes

This year's Tom Tom Founders Festival is, predictably, chock full of singer-songwriter indie acts looking to break from the pack. Although there's nothing particularly revolutionary about The Dawn Drapes, the Harrisonburg group has a certain charm and cohesion many groups can't lay claim to. In "With Time," the group is at their best, delivering a groove full of momentum and a lyrical melody reminiscent of Moon Taxi.

— Ben Hitchcock

"Cars" by Kendall Street Company

The University's own Kendall Street Company have been making big strides in the last few years. The folksy goodness of their track "Cars" is a real treat. Its spinning melody and homey guitar swirls are bound to cause some knee-slapping, but be prepared for some punches of energy around the chorus.

— Ian McConaughy Williams

"Off On the Weekend" by Sleepwalkers

One of the most unique acts playing at the festival may be Sleepwalkers, and their song "Off On the Weekend" perfectly displays their style. The song reflects the influence of everyone from the Arctic Monkeys to Passion Pit, but the result is perhaps more remarkable than either of those groups. Simple, sweet lyrics about love complement this track perfectly.

— Dan Goff

"Hellyeahlujah" by The Fritz

Taking cues from such groovy legends as Parliament-Funkadelic, "Hellyeahlujah" is a funk rock epic for the modern masses. Clocking in at just over seven minutes, the track is short on lyrics but long on style. Lengthy interludes of high-power guitar solos and riffs are only briefly broken by vocals, culminating in a repeated chant of "hell yeah." It's a song that demands dancing, and is sure to be an unforgettable live performance.

— Dan Goff

"Dirty Sea" by Chamomile and Whiskey

Chamomile and Whiskey make some of the most energetic folk available, and "Dirty Sea" is no exception. Imagine Charlie Daniels with an extra fierce kick. The song's complex arrangement, which includes banjo, fiddles and other standard folk instruments, is made all the more powerful by scratchy, howling vocals. This band, and this song in particular, is not to be missed.

— Dan Goff

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Lucy Dacus wows at The Southern

Live performance proves new star remains down-to-earth

MICHAEL CRAWFORD | SENIOR WRITER

Lucy Dacus is quickly becoming Richmond's foremost rising music star. After releasing her debut album "No Burden" last year, followed by her decision to sign to Matador Records, she's gained national recognition. "No Burden" ended up on more than one publication's "Best Of" lists, while "I Don't Wanna Be Funny Anymore" is sitting at nearly 2.5 million plays on Spotify alone. Despite all of the newfound fame, her show Saturday at The Southern was an intimate and down-to-earth affair.

Spooky Cool and local Charlottesville band ing were no slouches as openers. Both played with rhythm to the point where their songs became a game of "find the beat" every few seconds, although Spooky Cool also brought a harder rock edge to

their music. Spooky Cool in particular didn't seem to match up well with Dacus' music — they really couldn't sound more different — but the combination of the three bands lent an eclectic variety to the evening.

Things got considerably more personal when Dacus took the stage. With only one album's worth of material to pull from, she played the majority of "No Burden" for her setlist, but this didn't stop the show from being impressive. The chosen songs were all perfect for the small venue.

Rockers like "Strange Torpedo" got the crowd moving, while the devastating medley of "Map on a Wall" and "Dream State..." filled 15 minutes with some of the most emotionally genuine songs ever written. The crowd collectively closed their eyes and drifted off while Dacus crooned "Without you, I am surely the last of

our kind." It helps that "No Burden" didn't include a single filler track, so everything Dacus played was killer material — including a fantastic and unexpected cover of Bruce Springsteen's "Dancing in the Dark."

Dacus also hinted at a new album to be released next year and played two new songs to be featured on the new work. The first was her most musically ambitious track to date, as it evolved into a blues rock epic in the vein of Led Zeppelin's early material. The second was a crushing closer to the show, featuring Dacus alone with her guitar and a tune making Julien Baker seem jovial by comparison. If these songs were any indication of her next album's quality, Dacus will avoid the dreaded sophomore slump and potentially even topple the impressive success of "No Burden."



COURTESY LUCY DACUS

Richmond native Lucy Dacus delivered an impressive but intimate show at The Southern.

H&S HEALTH & SCIENCE

Vitamin intake poses potential risks. According to a 2013 Gallup poll, half of all Americans report regular vitamin or mineral supplement intake, with annual U.S. vitamin sales totaling \$12 billion. Despite the widespread consumption of vitamins, it is unclear whether they offer the health benefits pharmaceutical companies claim.

Vitamins and minerals range in form and type, from folic acid and iron pills to common multivitamin chewables. These pills, tablets and liquids are biochemically diverse and vary in their molecular compound formulas.

"A 'Multivitamin' is the most commonly used supplement, and generally contains both vitamins — such as Vitamin C, Vitamin K, etc. — and minerals — such as iron, chromium, magnesium, etc.," Elson Student Health Center nutritionist Melanie Brede said in an email to The Cavalier Daily. "Each vitamin or mineral is a unique compound. An ingredient list on a multivitamin supplement label will list the common and chemical name of each compound."

People often take vitamins to remedy diagnosed or perceived nutritional deficiencies. Depending on factors such as age, sex, pregnancy or health impairment,

vitamin and mineral intake levels — usually measured by the Recommended Daily Allowance — are adjusted appropriately for each specific condition. However, Brede said taking vitamins is only effective in addressing actual dietary or health insufficiencies, and offer no advantage when such are absent.

Lawrence Appel, director of the Welch Center for Prevention, Epidemiology and Clinical Research at Johns Hopkins University, also assessed the fallacy that vitamins ensure health and energy.

"There are many possible reasons [for vitamin intake], most related to some belief that consumption of vitamins will improve health," Appel said in an email to The Cavalier Daily. "First, there is a [mystique] to the word 'vitamin.' If they were called 'chemicals' — which they are — many people would not take them. Second, marketing is extensive. Third, there are medical studies, most non-definitive, which suggest or imply the potential of benefit. Fourth, companies have gotten special regulatory status which allows them to market more easily (and with less evidence) than drugs."

While there is currently little data in scientific literature proving the link between vitamin consumption and health benefits, research

on vitamins remains prevalent.

"Research is ongoing to update recommended levels of various nutrients," Brede said. "For example,

the roles Vitamin D plays in health, and the recommended levels were revised in the last decade."

Just as there are possible bene-

sociated with increased mortality at high doses [and] beta-carotene supplements increased the risk of lung cancer among smokers," Appel said.

Due to the uncertain or potentially harmful effects of certain vitamins and minerals, Brede suggested eating healthy food as the best alternative to vitamins.

"A balanced diet is a safe and effective way to ensure adequate, but not too much, of the nutrients we need," Brede said. "Getting a variety of colorful fruits and vegetables, whole grains, lean meats, fish, dairy, nuts and vegetable oils provides the vitamins and minerals we need. Supplemental vitamins and minerals can be used effectively to fill gaps if food allergies or intolerances prevent adequate intake of food sources of specific nutrients."

Likewise, Appel proposed that a healthy diet and lifestyle should be favored over vitamin consumption.

"Quite frankly, it is amazing to me that so many people take vitamin and mineral supplements, often at very high doses, when the evidence is so weak," Appel said. "Some simple advice for all of us — 'Eat less, eat right, move more.'"

Eating a well-balanced diet proves more effective than supplements at achieving recommended vitamin, mineral levels.

historically, Vitamin D was considered essential for preventing deficiency diseases impacting skeletal health. More recent research has expanded our understanding of

fits of vitamin intake, there are potential risks related to overdosing or absorbing unnecessary minerals in the body.

"Vitamin E supplements are as-



COURTESY WIKIMEDIA COMMONS

Biology department looks to future

Department evolves with incoming faculty, building renovation

MEGHAN OCHS | STAFF WRITER

Over the past several years, the biology department has experienced a variety of changes, including the arrival of new faculty and construction of a building to house the expanding faculty group and to facilitate research.

This fall, three new faculty members join the department, specializing in concentrations such as evolutionary and developmental biology and neuroscience. These employments embody efforts aimed at enhancing underdeveloped sections in the department.

"The department enjoys strengths in the biological sub-disciplines of neuroscience and ecology and evolution," Assoc. Biology Prof. Ignacio Provencio said. "These areas have been further strengthened by the hiring of junior faculty who have proven to be on steep, upward trajectories in their teaching and research missions."

As the faculty body continues to expand, additional members bring advanced ways of thinking about science, as well as courses on more contemporary topics for students.

"When new faculty come we get new courses, and those new courses tend to offer sort of the more modern end of biology," Prof. and Chair of Biology Lau-



COURTESY UNIVERSITY OF VIRGINIA

New faculty, Gilmer Hall renovations are in the near future for biology department.

ra Galloway said. "So now we're thinking about things like stem cells and bioinformatics in the courses that we offer that weren't available before that, and that's possible because we have a new set of faculty."

Also joining the department will be two "senior and internationally renowned professors" — Jianhua Cang, Paul T. Jones

Jefferson Scholars Foundation Professor of Neuroscience, and Dave Parichy, Pratt-Ivy Foundation Distinguished Professor of Morphogenesis — Provencio said.

"Jianhua Cang and Dave Parichy will enhance the scholarship of our department immediately, as our junior faculty rise through the ranks and make their own major academic contribu-

tions," Provencio said.

Another significant addition to the department within the past decade includes the building of the Physical Life Sciences Building, which finished construction about six years ago. The building's open lab format, in which many labs share a single space, offered new opportunities for interaction between biology students and faculty. This differs from buildings like Gilmer Hall, where areas are sequestered to specific faculty members and their students.

"In PLSB, space is much more fluid among faculty," Galloway said. "While there is specific space assigned, equipment is shared — many, many things are shared."

An exciting new development for the biology department going forward is the revamping or "re-skinning" of Gilmer Hall, which is scheduled to be done by 2021, Galloway said. Since the open lab format of the PLSB proved successful, the renovated building will include many aspects of the PLSB architecture.

One of the most overt modifications to Gilmer will be the use of glass walls on the building's exterior and between office areas and laboratories. This will allow for more light to reach throughout the building, as well as permit

passersby to see into the space while people are working.

"[The renovation] brings the possibility of people working together and the same sort of being able to see into labs," Galloway said. "So that's what we are really excited about."

This type of collaborative space, where many people are able to participate jointly on lab projects, reflects current changes in the scientific community at large. A key example of this trend towards a community-based approach to science includes the sharing of techniques.

"With new genomic techniques, those are used by developmental biologists, they're used by evolutionary biologists, they're used by all sorts of biologists," Galloway said. "So there is much more commonality in how biologists look at the world and ask their research questions than there used to be."

The department intends to continue on this path of advancement, according to Provencio.

"The next decade promises to be one where the prominence of the department is further enhanced, as the enterprise of discovery continues full-steam ahead," Provencio said.

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