

THE CAVALIER DAILY

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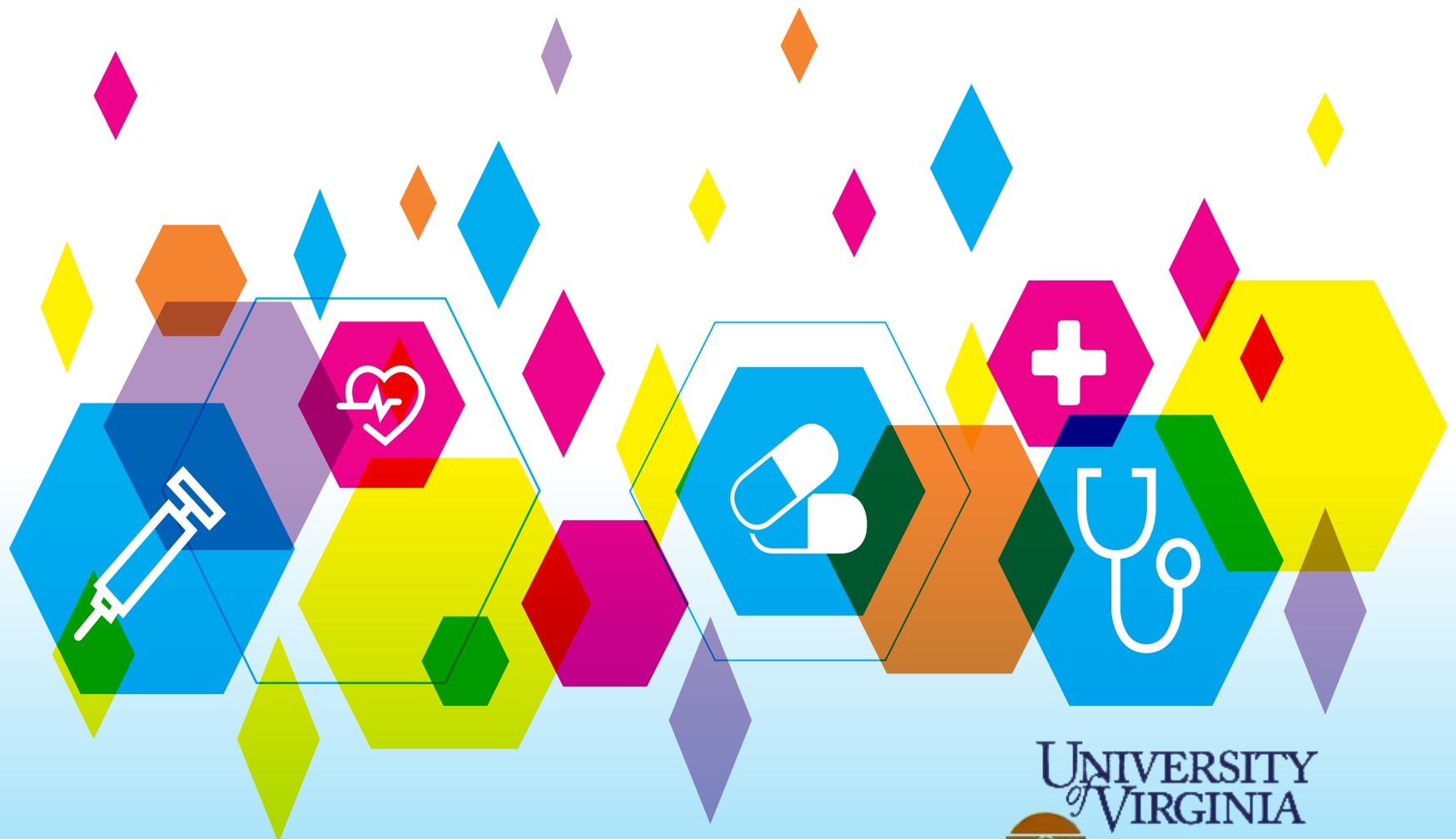
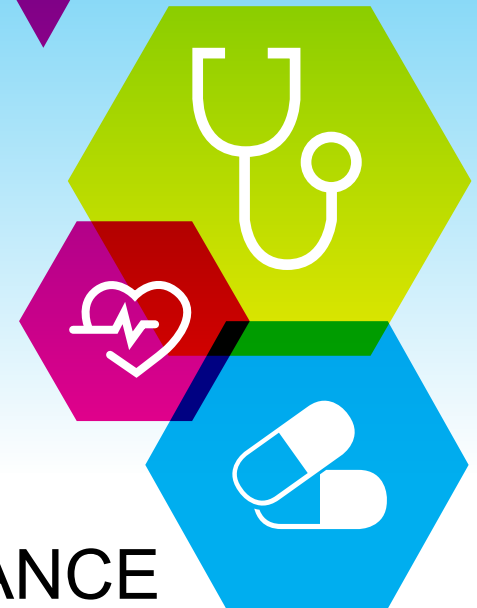
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Class of 2021 begins year after recent violence

Students react to white nationalist torchlit march, 'Unite the Right' rally

Colleen Schinderle | Senior Writer

The University's incoming Class of 2021 is going to be impressive. According to statistics provided by Dean of Admissions Gregory Roberts and Senior Assoc. Dean Christy Pratt, of the students entering the University, 89.4 percent were in the top 10 percent of their graduating high school class. Their average SAT mean score was a 1,363 based on the newly redesigned SAT scoring guide.

However, the class will be welcomed to Grounds during a difficult period for the University in the wake of a white nationalist torchlit march through Grounds Aug. 11 and the Aug. 12 "Unite the Right" rally that descended into violence in Charlottesville. "In light of the tragic events ... It's even more important that we are bringing students who want to be active and engaged, and who speak out against bigotry, racism and hate," Roberts said. "I am extremely excited to welcome these students to U.Va. because I am convinced they will play a critical role in this important conversation and help us address these difficult issues."

Many first-year students were prepared to join the conversation even before arriving on Grounds. Mackenzie Williams, a rising first-year in the College, spoke to The Cavalier Daily about viewing the events from afar.

"Living in Seattle, events of this nature felt distant, but this wake-up call made me realize racism in the U.S. is anything but," Williams said. "However, never for a moment did I regret my decision to attend U.Va. ... I can't wait to be part of a community that remains together, unwavering, through the nightmare that was last weekend."

Raeven Mataya, a College student from New Orleans, La., said she had just left Grounds the weekend before the rally, which made the torchlit march even more surreal.

Other incoming first-years have found comfort in the response from members of the community, making them even prouder to become a part of it.

"Overall, my sense of despair, fear and anger has been outweighed by the outpouring of support and comfort by the University administration, students and even other incoming first years," College student Jada Wright from Suffolk, Va. said. "I know of multiple ... that have reached out to each other in the wake of this weekend's events to express solidarity, hope and an

enduring sense of pride in being a Wahoo."

"The supremacist invasion in Charlottesville was deeply upsetting, but the outpouring of love and communal support from U.Va. students and staff has made me feel unmistakably proud to be a Wahoo," said Rob Schwartz, an Engineering student from Denver, Colo. "I'm looking forward to creating positive change and fighting white supremacy along this talented group of people."

There are 3,808 students in the Class of 2021 and 667 transfer students, representing 47 states and 73 countries.

The Class of 2021 is also one of the most diverse classes to attend the University.

"This group is the most diverse class I've seen in my time here, in terms of racial and socioeconomic diversity as well as those who are the first of their family to attend college," Roberts said.

Students from low-income households comprise about nearly eight percent of the class. Additionally, seven percent of students identify as African-American, about 15 percent as Asian and about six percent as Hispanic. First-generation college students make up just under 12 percent of first-years.

Roberts said the "extraordinarily large applicant pool" during this admissions season placed "great pressure on an admissions staff to make thoughtful decisions about students who we believe have the potential to transform this University."

In doing so, they admitted a beekeeper, one of only 12 students in the world to receive a maximum score on each section of the AP Calculus AB exam, a builder of a prototype for a blood pump that could function as a heart replacement device, a student who bicycled across the entire United States and the developer of an app to help people detect skin cancer earlier.



RICHARD DIZON | THE CAVALIER DAILY

First-year students gathered at Convocation Sunday and were welcomed to the University in the wake of a white nationalist torchlit march through Grounds.

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Second-year Natalie Romero injured in Aug. 12 car attack

'It's a story that needs to be told and it's not just my story,' Romero says

Hannah Gavin and Anna Higgins | Senior Writers

Second-year student Natalie Romero injured in Aug. 12 car attack. 'It's a story that needs to be told and it's not just my story,' says Romero, and Anna Higgins, News Editor -

Second-year College student Natalie Romero sustained a skull fracture and other facial wounds after being hit by a car driven by James Alex Fields Jr. during the Aug. 12 "Unite the Right" rally in downtown Charlottesville.

Romero was who were injured in the car attack, which also killed 32-year-old Heather Heyer. James Alex Fields, Jr., 20-year-old man from Ohio, is now facing several felony charges, including the second-degree murder.

She was hospitalized, and her injuries were described as not life-threatening.

Romero was also present at the north side of the Rotunda the night before the Aug. 12 rally when white nationalists marched down the carrying torches. She said while she did not suffer the most on the night of Aug. 11, the torchlit march reminded her that "hatred is not over."

"You see those flags and you see men wearing Hitler shirts and in front of me, there were men who walked in front of me with their arms out, the Nazi hand sign," Romero said. "To see that with my own eyes and I'm 20 years old and I'm thinking, 'We're in a new era,' but it's not over."

Romero is a Latinx student whose family immigrated from Colombia before she was born. George Villacis, Latinx Student Alliance advocacy co-chair, said the attack on a student within the LSA community is driving members to fight for positive change.

"[The car crash on August 12] hit home very much so since one of our members was affected by it firsthand," Villacis said. "It gives us more motivation and courage to fight this sort of hatred, racism and bigotry."

Johanna Moncada, LSA advocacy co-chair and second-year College student, said what happened to Natalie shows white nationalists intentionally targeted all minority groups.



COURTESY GOFUNDME



RICHARD DIZON | THE CAVALIER DAILY

While the crash has put Romero into a wheelchair and in need of a cane to walk, she said she "cannot put into words the amount of love" she has received from students and supporters.

"I think what this kind of sheds light on, especially since Natalie is Latinx, is that not only African Americans are targeted but in general students of color," Moncada said. "We are the same

in their eyes. We represent something they don't like."

Many of Romero's friends describe her as having a fiery spirit and a passion for justice. They believe Romero will return to the University committed to work for progress.

"She's an incredible little fireball," Paola Sánchez Valdez, a fourth-year Curry student, said. "She's always been very outspoken. If she thinks something is wrong, she'll speak up."

At the Black Student Alliance's march against white supremacy Monday night, Romero spoke on her experience and said she may begin the academic year late or take a semester off due to her concussion. However, she said she plans to continue working in activist efforts on Grounds.

"I feel the tingling in my bones, and I can hear the footsteps and it's coming," Romero said. "I don't intend to stop anytime soon. I intend to work all I can with all my ability to continue the fight." Sánchez Valdez is a member of Students United Together with Romero and advocates for issues such as tuition equity, immigration, race and climate. She was with Natalie Saturday morning but went home about a half hour before the crash. Sánchez Valdez said she and other students were tear-gassed and experienced more violence than in any other protest she has attended.

"Once we started marching, there was a lot of violence. I got tear gassed, and I've participated in these things but I've never experienced that level of violence," Sánchez Valdez said.

"I think what I want Natalie to see most when she comes here is action. She didn't go to the hospital, she didn't go through all these things for nothing," Sánchez Valdez said.

Hannah Borja, a third-year College student, said she visited Romero in the hospital Saturday and Sunday and was comforted to see her friend in good spirits. She and Romero have done advocacy work together on immigration issues across the country.

"I don't think she's done at all with advocacy and fighting

for minority groups. And I see her returning to doing exactly that," Borja said. "I see her setting an example of what it means to be an advocate and to be an activist, and I think it'll be an example that hopefully more people are willing to follow."

Hector Quijano, a third-year College student, also visited Romero in the hospital this week and said it was difficult to see Romero in her condition but could tell she's eager to come back to school. "It was very hard to see her like that, but it was also great to see her in good spirits," Quijano said. "She's ready to come back once she feels better, to really help out with this cause."

Romero's story has gained nationwide attention since the Aug. 12 rally — attention that Romero said she accepts, but wants to extend to others' stories as well.

"I'm glad that it's making national news and I'm happy that it's blown out of the waters," she said. "I'm happy because it's a story that needs to be told and it's not just my story, I wasn't the only one there, and I wasn't the worst injured from Saturday."

Romero also said she has received much support from other University student activists. After Monday's "March to Reclaim Our Grounds," she embraced and joked with friends who offered her encouraging words and applauded her courage to speak at the event.

While the crash has put Romero into a wheelchair and in need of a cane to walk, she said she "cannot put into words the amount of love" she has received.

"I feel like 'okay, I'm going to accept it,' if this is what it took for people to get mobilized, I'm going to accept it," Romero said. "I'm a little upset that this is what it takes, but I'm also really happy and very thankful of all the support people have given me."

Romero's mother created a GoFundMe page to raise money for Romero's hospital expenses since she does not have health insurance. As of Monday evening, the page has raised \$149,750 exceeding its goal of \$120,000. Over 5,000 people have donated.

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‘March to Reclaim Our Grounds’ draws hundreds

Students, community members counter recent white nationalist events, present demands to U.Va.

Kara Kreiling and Riley Walsh | Senior Writers

Hundreds of students and Charlottesville residents marched through Grounds Monday night to protest the University and city’s response to the recent white nationalist torchlit march and “Unite the Right” rally.

In addition to the march, a list of demands signed by multiple University groups was presented and read to those gathered before the marching started. The event started at the amphitheater and ended at the Thomas Jefferson statue north of the Rotunda, where the torchlit march erupted into violence on Aug. 11.

“It was really disturbing to see these people come into this space and acting as if it’s theirs, and scaring people and making them feel unsafe,” Kajsa Foskey, a second-year College student and member of the Black Student Alliance, said in an interview with The Cavalier Daily.

The list of demands included both specific initiatives to be taken as well as ways to enact systemic change. The first demand on the list was that the Confederate plaques on the Rotunda be removed, and the list also included the demand that a “strategic and actionable diversity plan” be issued.

Another demand — that the statue of Thomas Jefferson be “re-contextualized with a plaque” to include the history of the statue as an “emblem of white supremacy” at the University — brought shouts from the crowd with supporters yelling, “Take it down.”

The organizers of the march asked the entire crowd gathered in the amphitheater to turn and face University President Teresa Sullivan who was seated away from the group as they read the list of demands. Above her, a group of masked demonstrators holding a “crush white supremacy” banner stood on the stone railing.

Following behind a “community defense against all fascism” banner and a procession of people injured in the Aug. 12 car attack, the march proceeded past Alderman Library and the University Chapel to the statue of Jefferson where demonstrators filed up the stairs of the Rotunda.

On the columns of the Rotunda, a banner bearing the Seven Society logo overlooked the crowd announcing that “racism can, will, and must be defeated.”

Monday night’s “March to Reclaim Our Grounds” was organized by the Black Student Alliance,

U.Va. Students United, the Minority Rights Coalition and the National Association for the Advancement of Colored People at U.Va.

Those at the event expressed their desire to expel the notion that Charlottesville stood for

to wake up.”

One student, fourth-year Batten and Curry student Diane D’Costa, recounted her first night as a resident of the Lawn, which coincided with the white nationalist march through Grounds. D’Costa heard chants

ance.”

Lorena Tabrane, a first-year College student who said she lives at the International Residential College, said the events of Aug. 11 and 12 changed her view of the University.

“In a sense, I saw this place

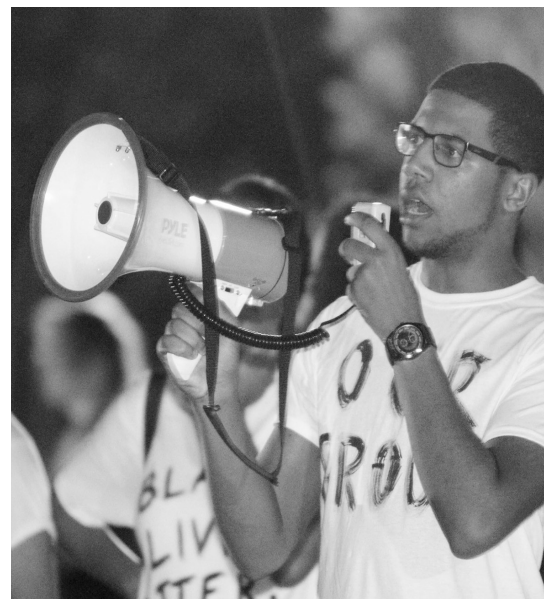
what the students are capable of in protesting against those hate groups, I feel more comfortable and safer in this community.”

On Aug. 16, thousands of community members gathered for a peaceful rally and march through Grounds to denounce the recent violence.

Natalie Romero is a second-year College student who was struck by the gray Dodge Challenger that plowed through a crowd of people protesting the “Unite the Right” rally near the Downtown Mall on Aug. 12. She said leading up to the events of the weekend, it took “nothing but a second” for her to choose to come back to Charlottesville before the school year started to counter-protest the “Unite the Right” rally.

She said in retrospect, she wished more students had turned out to counter-protest the Aug. 11 torchlit march through Grounds organized by white nationalists.

“I wanted to see students there, I wanted to see more solidarity, I wanted to see that there was a group of people behind me waiting to stand up because when I was pushed up against that statue, there was no one there to hold me,” Romero said.



BEN BURKE & RICHARD DIZON | THE CAVALIER DAILY

Student and community activists gathered in the Amphitheater and marched to the north side of the Rotunda Monday night.

the values of white nationalist groups that came to the city.

Other attendees described an attitude of complacency that they believe has existed in the community, something they said shouldn’t need violence and hatred to disrupt.

“We sleepwalk, and it is time to wake up,” said Lisa Green, who is a member of Cville Pride. “It shouldn’t take tiki torches for us

“you will not replace us,” change to “Jews will not replace us,” and knew that as a Jewish woman of color they were targeting her whole identity.

Devin Willis, a second-year College student and BSA secretary, discussed the importance of being honest about the University’s history. He said the story of black students at the University has been a “struggle and resist-

as shiny and new, and the events kind of shaded that a little bit,” Tabrane said.

“The events that followed what happened last weekend, with everyone going to the Lawn and uniting against those hate groups definitely gave me a better idea of the University in the sense that before I just thought this was a university like any other,” she added. “But now that I see



UPC offers numerous Welcome Week events

Offerings include U.Va. traditions like Rotunda Sing

Lucy Hopkins | Feature Writer

Not just “1Night,” but six nights: that’s how many evenings the University Programs Council has filled with opportunities for first-years and upper-classmen alike to reconnect and kickoff the 2017-18 school year right. “Welcome Week,” an annual event, occurs during the first week of classes at U.Va. and offers a diverse array of programs to students in the hopes of appealing to as much of the student body as possible.

“The UPC is an agency organization,” said Dean Marshall Pattie, assistant vice president for student affairs and associate dean of students. “Agency organizations are essentially a branch of the University. At most other schools around the country, professional staff are doing the roles that students fill in agency organizations at U.Va.”

The University provides agency organizations with money so that they can best fulfill their intended roles. For the UPC, that role is to provide programming that will both help and entertain

students.

“Every student at the University pays a series of fees and a portion of those goes to the University Planning Council, because UPC is charged by the University to provide programming that is of benefit and interest to the student body,” Pattie said. “The head of UPC and his executive board decides how that want to spend that money, ... what their strategic goals for the year are [and] what sort of programming they want to do.”

In order to best complete their job, UPC has surveyed students in recent years to find out what sort of events they’d like to partake in and the performers they like best for a concert held on move-in weekend. “Last year we sent out a poll to figure out which artists students would most like to see at the opening concert,” said Madeleine Budreau, a third-year College student and UPC concert committee director.

In recent years, the Universi-

ty has been booking increasingly popular performers for the opening weekend concert. According to Pattie, this effort is in large part to counter a large, annual event known commonly as Block Party that occurs on Wertland Street. Block Party often results in many arrests from unsafe drinking and reckless behavior.

This year, however, police made only one arrest at Block Party and received three rescue calls.

“People will often ask us, ‘did you create some of these activities to specifically respond to the block party?’ and the answer is yes and no,” Pattie said. “No, because these are things that any University the caliber of U.Va. needs to be able offer its students when they come back to school ... so irrespective of block party we would still have welcome week activities.”

J. Cole performed last year and Future and Lil’ Yachty were slated to perform at this year’s opening weekend concert —

however, the artists canceled two days before the event out of respect for recent tragic events in Charlottesville.

Budreau said she was at work when she found out about the cancellation, and drove immediately to Charlottesville once she got off work to try to figure out what to do next.

“I was shocked more than anything else,” Budreau said. “We were extremely ready to go.”

However, she applauds the rest of the committee’s hard work in trying to book another artist. The team came extremely close to finding another performer but decided to save the money they were going to spend for another possible concert down the road.

“I’m down to start planning it now,” Budreau said. “We can do something even better.”

While the kickoff concert was the biggest of the events that the UPC had planned for opening week, it has several others — including Rotunda Sing — planned as well.

WELCOME WEEK

AUGUST 23: ROTUNDA SING @ 8PM ON THE LAWN

AUGUST 24: FOR MORE WETURN TO JESSICA WILLIAMS @ 9PM IN OLD CABELL

AUGUST 25: TOM DELUCA @ 7PM IN AMPHITHEATER

“I’m definitely most excited to go to Rotunda Sing,” second-year Engineering student Emma Chamberlayne said. “It’s one of those U.Va. traditions that really makes you feel like you’re part of the community and I had a great time going with my hall last year.”

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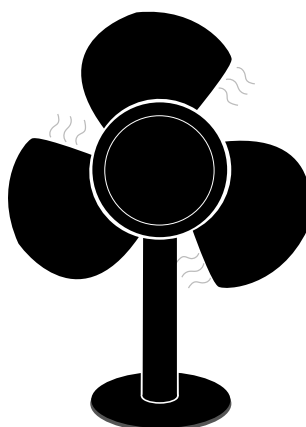
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1. Homemade air conditioning

You've gotten your key, met your roommate and now it's time to start unpacking. You'll find yourself in one of two situations — either your room is nice and chilly in contrast to the August heat or you can't decide if it's hotter inside or outside. If the latter describes you, then welcome to Old Dorms! You don't have the luxury of air conditioning yet, so you must create your own. Take two box fans and put them in the window, one facing inwards and the other outwards. This will create a circulating air current. Then place a big jug of frozen water in front of the inwards-facing fan for your very own AC.

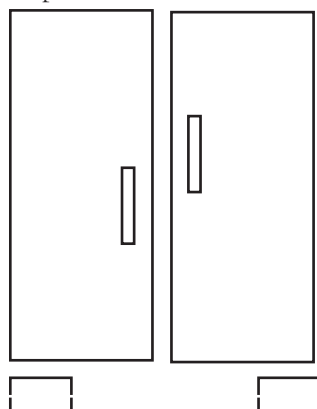


2. Decorate with DIYs

Now that your room is at least a little cooler, it's time to decorate! If you're not sure what to do or what to use, Pinterest is the place to go. You can find free prints, inspiration for canvas paintings and a million different mason jar DIYs. The Pinterest option is especially great if you're decorating on a budget or want to add a personal touch to your room. So go out into the world and end up with more washi tape than you know what to do with!

3. Command strips

You can command strip pretty much anything to your dorm room wall, especially those new decorations you made. My favorite idea is attaching your power strip to the wall or table beside your bed so there's no more fumbling for your phone charger that fell on the ground for the hundredth time. For flimsier artwork, I recommend wall putty instead because it will do much less damage to the back than the command strips. Use command hooks to keep your towel off the floor or to hang fairy lights for a cozy feeling. Go crazy with the strips!



4. Save closet space

You start to unpack and realize you have more clothing than you have room for. For more horizontal closet space, save your soda tabs and thread them on hanger handles to create double hangers. For scarves, hats or necklaces, place shower rings on a hanger instead of leaving them hanging around. Look up ways to create spacers for your sock drawer or ways to fold your shirts to save space because even if you have enough room now, you will inevitably run out when University gear starts creeping into your wardrobe. T-shirts are a college student's best friend.

5. Microwave meals

Once you inevitably get tired of the dining hall food, you may want to make your own snacks or meals. The only problem is, all you have is a microwave. Don't worry! There are so many things you can do with a microwave. Pour water over ramen noodles, microwave for three minutes, stir in the seasoning packet and your meal is ready. Crack two eggs in a mug, stir in a little water, season and microwave for one to two minutes, and now you have an omelette! If you want zero to no preparation, there are still Kid Cuisine meals. If you're without a microwave, lunchables are always the move.



Ashley Botkin | Top 10 Writer

6. Food storage

Since you now know how to hack your microwave, it's important to keep your food fresh. As a first year, I kept my snacks in my bottom desk drawer. It acted like a pantry to keep the food from going stale because trust me, there is nothing worse than stale Goldfish and pretzels. It's also a good idea to invest in some food storage containers or tupperware for leftovers and snacks. The containers are also a good way to take snacks with you after you inevitably run out of Plus Dollars.

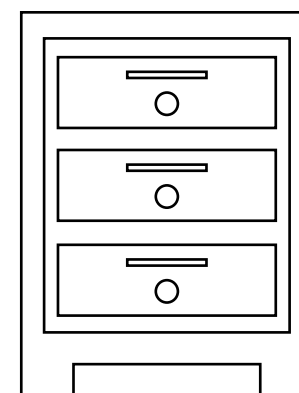


7. Cultivate good habits

Make your bed every day, wash dishes and make a chore list. Living on your own is great! No one to tell you what to clean or when to go to bed. The thing is, while you have the choice to let your room get as gross as you want, I really don't recommend it. I made this mistake, and it was even more annoying to clean everything up at once than if I had just handled a little bit at a time. So try making your bed every day, doing your laundry once a week — and actually putting it away — and washing your dishes as soon as you're done with them. It'll keep you from growing mold in weird places and from having to rush to straighten your room next time a friend wants to come over. Trust me on this one.

8. Staying fresh

A messy room may be unavoidable for some, but the least you can do is avoid the unpleasant odor of old laundry and dried food. If you're in one of the dorms without air conditioning, place car vent clips on the fans so the smell will get blown around the room. If the smell of air fresheners bothers you, you can purchase odor eliminating beads without a smell. For your fridge, place a box of opened baking soda on one of the shelves in order to absorb smells.



9. Extra storage

Dorm rooms are pretty bare when you first arrive. My room had a captain's bed, a desk, a chair and a closet. For more storage, I stacked crates to create a nightstand and bookshelf in one. Canvas or plastic boxes are useful for extra storage and they are far more decorative than leaving things lying around or using cardboard boxes. Some sort of extra shelving can also be useful, and there are plenty of DIY ideas on Pinterest if you want to save money.



10. Bring rain items!

I admit this isn't really a dorm hack, but I think it is so important. You will be getting around mostly by walking or riding the bus, and even a little drizzle can get you soaked when you have a 20 minute walk without rain boots or a rain jacket. The University may have amazing academics, but we have an awful drainage system and puddles are unavoidable no matter how hard you try. So bring a rain jacket, rain boots and umbrella! You will thank me later when you don't look like a drowned rat.

C&O offers a historic and pleasing dining experience

Where you need to ask your parents to take you when they visit Charlottesville

Tucker Wilson | Feature Writer

Common experiences among all college students are few, but one of them is certainly a visit from the parents. Some students miss their parents deeply and can't wait to spend time away from classes and with family. Others are mostly in it for the trip to Bed Bath and Beyond or a free grocery outing. Regardless, everyone can agree a visit brings one good thing to the table — a dinner that doesn't include dining halls or frozen meals.

Parents have figured out spending money on a nice meal is a surefire way to have their kids begging for more visits, but it's up to us to make the most of these visits. If your parents are visiting soon and you're desperately craving something that hasn't been blasted by a microwave, here are a few of the places I suggest.

My first and highest recommendation goes to C&O, a restaurant named after the old Chesapeake and Ohio Railway station sitting across the street. Housed in a building that once served the traveling railway workers, the interior remains intimate and authentic. C&O sports rough wooden walls and stretches of exposed brick from the original building. Entering involves ducking past low doorways and adjusting to sparse lighting that feels like candlelight. Upstairs, the restaurant is simpler, with plain cream walls and country French parlor furniture and is filled with natural light. All the decor is simple and relaxed, from wooden beams as bar shelves to oil paintings of Charlottesville on the walls. Wait staff in plain black and white dress walk and speak softly, and the entire experience feels like eating

in a homely French café.

The food, however, tells a different story. The menu shows more diversity, with rustic dishes like piping hot vegetable soup and slow-cooked duck confit. Other items include roasted sea scallops with salsa and cilantro, seared fish and summer vegetables and even Italian offerings. Most of the menu stays true to French country dining, with hearty tomato broths and savory slow roasted meats, but C&O also manages to fit in enough twists to keep its food fresh and interesting. I found myself stalling to order because almost everything sounded equally good. Everything I ate was satisfying, including two separate dishes with gnocchi straight out of a fine Italian restaurant and vegetable soup, a C&O favorite, that reminded me of a hot, home-cooked meal. I had the roasted farm chicken with a savory mushroom sauce over cheesy gratin. I finished with the chocolate mousse with caramel sauce and peanut nougat ice cream I will hopefully be ordering again very soon.

C&O has been serving up fine dining, French and otherwise, in Charlottesville since 1976, and I think it's here to stay. It had a great atmosphere without being overly complicated or pretentious, making it a great place to take the family without feeling like a date night. It doesn't require a suit and tie to feel at place here, and C&O excels at serving great experiences without taking itself too seriously. It maintained upscale casual in food that was skillfully cooked while still being authentic and enjoyable. They even offered a wine menu full enough

to warrant a small book, a nice perk for the travel-worn parents. Historic, beautiful and tasty, C&O was a dining experience with my parents I would recommend to anyone.

However, there's more than one great restaurant in Charlottesville. C&O took the main spot on this list, but others deserve mention too. For a similar experience just barely inside our city limits, try out the Ivy Inn Restaurant on Old Ivy Road. Ivy Inn sports a history of its own — sitting on an estate once owned by the university itself and named after former writer-in-residence William Faulkner, Ivy Inn's colonial architecture and navy shutters will look familiar to University students and parents alike. Ivy Inn reminds me more of a bed and breakfast or a model colonial household than a restaurant, and yet it serves some of the best food in Charlottesville. Run by a Greek family serving French amuse-bouche in an old American house, Ivy Inn is the perfect eclectic mix of classic fine American dining with French and Italian influence. Choose Ivy Inn to enjoy upscale steaks, chicken and seafood like the colonial forefathers would have wanted.

However, if classical dining isn't what you're looking for and your parents are a little more adventurous, I'd suggest TEN on the Downtown Mall. TEN serves authentic Japanese sushi and modern takes on classic ingredients like wagyu beef and miso and fish. TEN is a modern sushi bar in every sense, with sleek decor and a bar dotted with LED lights like little square stars, a contrast to the rustic



RICHARD DIZON | THE CAVALIER DAILY

C&O has been serving up fine dining, French and otherwise, in Charlottesville since 1976

walkway of the downtown mall below. It combines old and new in food as well, providing exciting combinations and twists on traditional and high quality sushi ingredients. What truly sets TEN apart, however, is Omakase, a Japanese word meaning "I'll leave it up to you." Choose a six, ten or twenty piece omakase and let the chefs create for you as they prepare your selected number of unique sushi pieces. These dishes can be solo plates or shared with parents. Ordering a roll or two on your own is also fine, but you miss

out on hearing a sushi master speak about his work, explaining his choices to you before serving the omakase.

Hopefully these suggestions will come in handy, but luckily for university students, Charlottesville's restaurant scene offers something for every taste in every place. Eat, enjoy, explore and make sure to take your parents along for the ride. Wherever you go, time with family while breaking bread together is a recipe for a weekend worth remembering.

New grocery delivery service comes to Charlottesville

Instacart offers access to groceries to students without cars

Jackie Siegel | Feature Writer

Instacart, a one-hour grocery delivery service, expanded its services in August to encompass the Charlottesville area. As members of the Charlottesville community, students at the University will the opportunity to experience firsthand this new enterprise that has sparked interest all over the country.

Founded as a startup in 2012 by a former Amazon employee in California, Instacart has gradually increased its valuation. Customers use their iPhone or Android app to log onto their Instacart accounts and can select fresh produce or the most popular brand names. From there, Instacart employees, which

are called "shoppers," select the items from the store and deliver their products to the desired location within the customers' designated time frame.

The stores currently available through Instacart's services include Wegmans, Giant Food, Whole Foods Market, Costco, PetcoNow and CVS/Pharmacy.

Wegmans spokesperson Jo Natale addressed Wegman's decision to offer their store to Instacart shoppers and customers, remarking the convenience it can afford students.

"We began launching Instacart out to a few of our stores several weeks ago, and we were so pleased

with the results that slowly we've been adding new stores," Natale said. "It's been successful by every measure, and we're getting great feedback from our customers, so we're rolling it out to the Charlottesville area."

Instacart Operations Manager Joyce Oh said it was a particularly opportune time for instacart to open in Charlottesville. "We are super excited, as a few of our biggest retailers just opened up in Charlottesville," Oh said. Oh also related the venture to her own college days, noting how convenient it would have been to have groceries hand-delivered to her.

"I didn't have a car when I was

in college so I didn't have access to a grocery store," Natale said. "I think it's a great resource for college students, one that I would have loved. We want to offer students availability."

However, some students expressed skepticism about using the service.

"I don't think I'd use the service because I like picking out my own groceries and shopping around to see what the grocery store has to offer," second-year College student Ameen Al-Dalli said.

"We are excited to share the word with the University of Virginia students — not only as potential customers but also future

Instacart shoppers," Marion said.



RICHARD DIZON | THE CAVALIER DAILY

The stores currently available through Instacart's services include Wegmans, Giant Food, Whole Foods Market, Costco, PetcoNow and CVS/Pharmacy



Football seeks improvement in 2017 season

Benkert, familiar faces give Bronco Mendenhall experience to work with

Alec Dougherty | Senior Associate

With training camp in full swing and the season quickly approaching, the Virginia football team has been grinding hard to show growth in its second year under Coach Bronco Mendenhall. The silver lining of the Cavaliers' disappointing 2-10 record last season is that there is immense room for improvement, and with many returning faces under Mendenhall's system, there is some optimism.

Despite the many frustrations of 2016, the glimpses of potential shown by the Cavaliers were encouraging signs for the team's future. Between senior quarterback Kurt Benkert's five-touchdown game against Central Michigan and the Cavalier defense's five-interception game at Duke, the team flashed talent on both sides of the ball. Now, Mendenhall's squad must find consistency.

It all starts with Benkert, who comes into 2017 healthy after battling injuries last year. He will shed the knee brace he wore after tearing his ACL

at East Carolina, and his shoulder is fully healed after seriously injuring it at Connecticut last season. Benkert threw for 21 touchdowns and 11 interceptions last season, totaling 2552 yards but completing only 56.2 percent of his passes — 87th in the FBS last year. The Florida native was also sacked a whopping 31 times behind an inconsistent offensive line — the 19th-most sacks taken in the FBS.

Virginia's success this season will rely on Benkert's ability to control his gunslinger mentality so he can move the ball downfield and more effectively limit turnovers than last year. With healthy legs, Mendenhall can use Benkert more as a runner this year, and the quarterback's athleticism will help him keep plays alive behind another questionable offensive line. The reviews on Benkert from training camp have been wildly positive, so he could be in for a big senior season with a better mental grasp on the offense.

Benkert will have his two leading receivers in yardage from last season returning alongside him. Senior wide

receiver Doni Dowling (626 yards, four touchdowns) and junior running back Olamide Zaccheaus (584 yards, seven touchdowns) showed athleticism and big-play potential with Benkert under center last season. Beyond them, however, Mendenhall must find depth. He might look to senior wide receiver Andre Levrone, who has shown flashes of deep-threat potential behind a six-foot-three, 220-pound frame, but has been limited by numerous injuries since his freshman season.

Virginia's biggest offensive uncertainty comes at running back, after the graduations of leading 2016 rushers Taquan Mizzell and Albert Reid. Junior running back Jordan Ellis leads the pack of returners after tallying only 65 yards on the ground last year as a short-yardage back. He impressed at Virginia's spring game, showing newfound speed on a 60-yard touchdown run. Adding speed to his huge 215-pound frame could make him a force as Virginia's lead back.

On the defensive side, Virginia brings back a fair amount of exciting

talent. Senior linebacker Micah Kiser and senior free safety Quin Blanding passed on the NFL draft to return to the Cavaliers as last year's ACC tackling leaders and their unquestioned team leaders. Senior and former five-star defensive end Andrew Brown returns after a breakout season that saw him leading Virginia with 13 tackles-for-loss to go along with six sacks. The defense as a whole was largely inconsistent last season, allowing 33.8 points per game — an uninspiring 99th in the nation. The improvement of the young secondary behind Blanding will be key for the Cavaliers in 2017.

An overlooked but crucial component of Virginia's progress in 2017 will be steadying the kicking situation. Cavalier kickers connected on only five of 10 attempts last season, and the lack of confidence Mendenhall had in the pair forced him into many unsuccessful attempts at running plays or fakes on fourth down. Mendenhall may have struck gold in recruiting freshman kicker Brian Delaney to Virginia, who comes in as the No. 2

rated kicking and No. 1 rated punting prospect in the country by ESPN and Kohl's Kicking, respectively.

Virginia begins its season hosting William & Mary on Sept. 2, which, although it is against an FCS opponent, will be a prove-it game for the Cavaliers. Virginia was throttled by FCS opponent Richmond in last year's opener, so this year's matchup will be a prime opportunity for Mendenhall to show how far his team has come since that defeat. Following the opener, Virginia hosts beatable foes Indiana and Connecticut in the following weeks before traveling west to face the always-formidable Boise State to end the non-conference slate.

The buzz of optimism around the improvement of the Cavaliers is not unfounded, and Virginia seems poised to take a step forward in Mendenhall's second season. With many lingering uncertainties, the step seems more likely to be small than substantial. But, early indications show — if nothing else — that there will be progress.

A man on the move

Quarterback Kurt Benkert finds balance as a football player, graduate student and husband

Emily Caron | Feature Writer

When Kurt Benkert was seven years old, his family packed up and left their Baltimore home, heading over a thousand miles south to Florida. Just a few years later, they did it all again. This time they left sunny south Florida to head back to Baltimore, a move mandated by economic strain — a burden carried by the entire country as the U.S. approached a severe economic recession.

As the economy went down, the Benkerts went up north. In Maryland once more, they found refuge with relatives. They stayed until Kurt's sophomore year of high school, when again they made for Fort Myer's. But even there, Kurt didn't stay at one school for too long. He never does.

Benkert played his junior year at Cape Coral High School as a Seahawk before transferring to Island Coast, a neighboring high school, to play with the Gators for his senior season. He graduated early from Island Coast in December of 2012, and, within a few weeks, he moved to Greenville, N.C. — home of the East Carolina Pirates, to start school and play in spring practice with his new teammates.

He was a Seahawk, then a Gator, then a Pirate — all within 16 months; each program he passed through was a pit stop on his pursuit of football. Every program made him stronger, every new challenge crafted him as a person and as a player.



ANNA HOOVER | THE CAVALIER DAILY

Senior quarterback Kurt Benkert looks to help Virginia improve in his final season.

Benkert is man who always weighs the costs of change with the benefits of new opportunities; some changes he couldn't control, but when it comes to his football career, many of them he can — and he does. He adjusts well to new challenges because, as his former ECU head coach Ruffin McNeill says, "he's always ready for it, he's done it time and again."

Example A: two seasons into his East Carolina tenure, the then-red-shirt sophomore quarterback was finally slated to start in 2015. But in August, Benkert suffered a season-ending knee injury. His ACL was torn, as was head coach Ruffin McNeill from the Pirates program just months later. Suddenly, his football future was uncertain, as was the fate of the East Carolina's coaching staff.

A quarterback's job is to maximize

the chance of success for his team on each play. That's what Kurt is best at. But with all the twists and turns of 2015, he realized that East Carolina was no longer a place that would maximize his own chances for success.

And so, with a freshly repaired knee and a newly minted undergraduate degree, Benkert decided it was time to make another move. This time around, he would call Charlottesville home, but before he could settle in central Virginia, he had one more thing to do.

That was to get married.

On July 2, 2016, Benkert wed his high school sweetheart, Samantha Morreal. For a man whose life has been defined by continuous change, Sam is his constant. She's been by his side since they met in class in high school, and is now by his side in Char-

lottesville. McNeill remembers meeting Sam when he recruited Benkert, "she was right there with him — which was really cool."

No matter where his future is, she will be too.

"He has always said he wants to do football until it's not an option anymore, and that's a drive that's always been there since I met him," Sam said. "It's something that's always been understood between us — that life was going to be football until it couldn't be football anymore, and I couldn't be happier to support him in that."

Leaving East Carolina meant a new program, a new playbook. It meant a new town, new teammates, and new academic challenges — but he was ready, as he always is, to embrace the unknowns that come with change. And he was ready to work hard enough to make it all happen; his work ethic is remarkable. He knows coming into something new that he has to prove himself and he so he does. He has a determination only seen in players of a certain caliber — McNeill will vouch for it.

His life had prepared him for uncertainty, and East Carolina had prepared him for he responsibilities and expectations that would come with the Cavaliers. With his wife by his side, Benkert was ready for the next chapter in his ever-changing story.

"[Kurt's] successful after he gets

to a new place because he can really establish himself," McNeill said. "He's not only moved, but he has this ability to move and then to adapt and succeed, to really be successful."

Sam, who had never moved in her life before moving to ECU to be with Kurt, reflected that coming to Charlottesville has been the best life change for the both of them — a move made easier by Kurt's calmness and confidence in his decision.

With one season at Virginia under his belt, his graduate degree almost complete, and his final fall season quickly approaching, Benkert's biggest challenge now is maintaining the beautiful balance that makes life so sweet — and making sure he supports Sam as her future unfolds as well.

"Taking things day by day is how you get by," Benkert said. "For me, just going throughout each day and knocking down the things I have to do. If you look too far long term, even the span of a few weeks, [it] can be overwhelming, but that's life."

It's the little things in life that keep Kurt sane. A date with his wife at Zin Burger. A walk with his dogs, an afternoon of fishing. Time with the team pastor — those are his moments to reflect and refocus.

"He just makes it seem effortless, I don't know how. He makes all the things he does seem easy," Sam said.

Wrestling recruit's vision prepares him for life at U.Va.

With help from his team, freshman Michael Battista can already see his path at Virginia

Megan Mazzatenta | Staff Writer

When incoming students arrive for orientation at Virginia, it is easy for future Cavaliers to picture themselves studying on Grounds, walking to class and fitting into the environment. But it is harder for athletes whose first experiences as Virginia students are strenuous workouts and worries about how they will balance their training with studies. Even with this stress, freshman wrestler Michael Battista maintains his confidence by envisioning his daily successes as a Cavalier.

While growing up in Ashburn, Va., Battista was always wrestling with his brother for fun. So when he began fifth grade, his father encouraged him to join a wrestling league and enter his first match.

Although Battista was confident on the mat as he continued on to compete for Broad Run High School, he did not get serious about wrestling until after freshman year, when a loss at regionals incited him to fully commit to the sport. Battista began to train hard, and he won the Virginia High School League 5A/6A State Championship for the 160 weight class his sophomore year. He took the title again for the 170 class his senior year, when he also placed second at the National High School Coaches Association competition and won several semi-national tournaments.

Through wrestling camps and several visits, Battista got to know Virginia coach Steve Garland, who offered him a position on the Cavalier wrestling team earlier this calendar year.

Battista does not like to look back at the past, though. After ar-

riving in Charlottesville in July for training, he realized that his career at Virginia will be a new beginning for his wrestling.

"No one cares what you did in high school," Battista said. "Everyone is just trying to improve a little more every day they walk in the room."

The wrestlers practice five times per week and do more lifting and conditioning on their own. Battista is working with Garland and coaches Travis and Trent Paulson on his technique, and he also looks to older teammates for help on certain moves.

"It's just a really great coaching staff we've got here," Battista said. "It's like nothing I've ever experienced before."

With his skills improving during each practice, Battista will likely be ready to compete during the upcoming season. The decision not to redshirt would be a good one for Battista, whose work ethic and ability to visualize his goals will allow him to contribute to the team and grow as a wrestler.

Off the mat, Battista used his time during summer training to prepare for the fall semester by taking a philosophy course. Because he was living in a dorm, wrestling and doing work for class, Battista adjusted to what life will be like at Virginia. The coaches' strategy of organizing "optionally mandatory" summer practices also gave the wrestlers an opportunity to develop their own initiative and drive, which will help them adapt to academic as well as athletic life.

"Every day when I hear the weights clanging in the wrestling

room, I look in through the window and I see him down there lifting by himself," Garland said. "For me, that's what it takes. Anybody can do what they're told. It takes a true lover of learning to be in there when nobody's looking."

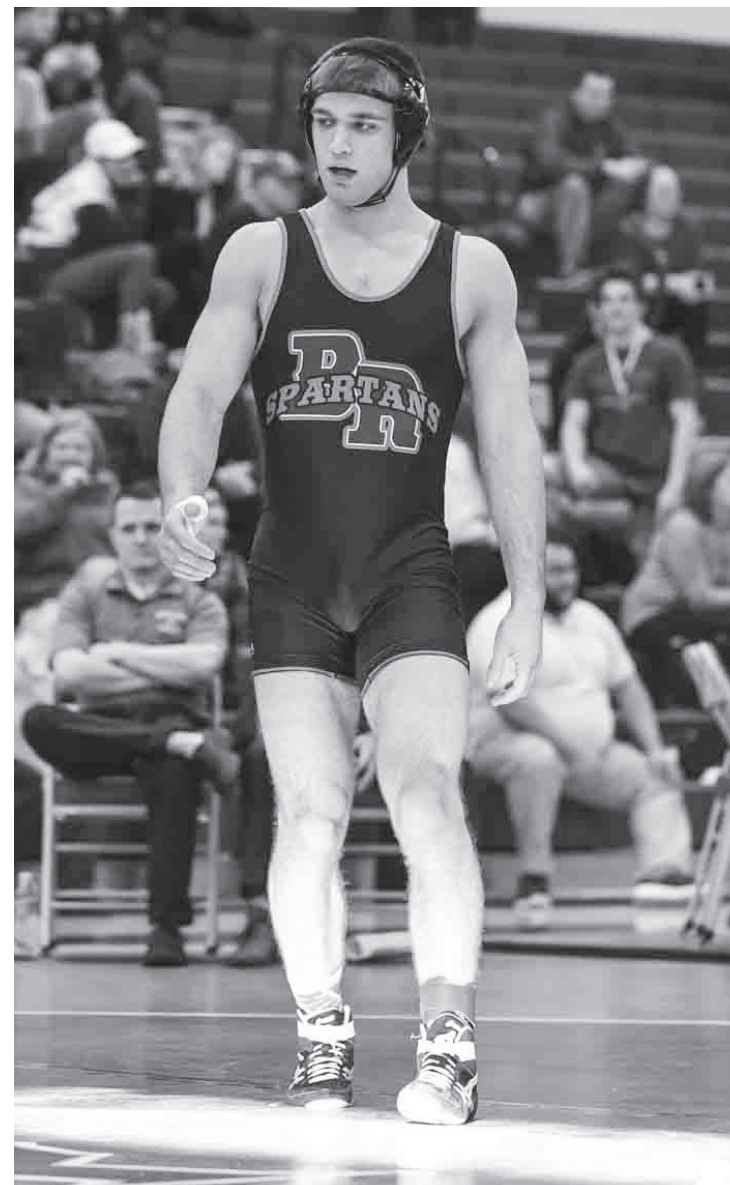
Battista is committed to his academic goals as well. Although unsure of his specific major, he knows that he wants to pursue an education in the medical field. Despite the difficult classes and upcoming wrestling season, Battista is not concerned about managing his schedule during the fall semester.

"I don't know what it's going to be like yet exactly, but I definitely have a better taste now that I'm here," Battista said. "Plus, I can say that I can already envision my schedule and what I'm doing, how I'm going to be doing my classes. It's going to be good."

Envisioning balance will be the key to Battista's success as a Virginia student-athlete. It gives him the ability to move forward without anxiety. Because of wrestling, Battista is already working hard and learning how to meet his goals as a Cavalier. The summer training has not only helped his technique, but it has also given him a chance to practice balancing his life at the University.

"Even though it's going to be much harder [than high school]," Battista said, "I'm going to love it much more."

Battista and the rest of the Virginia wrestling team will look to have another strong season this upcoming winter and continue to grow as a program.



COURTESY LOUDOUN COUNTY

Freshman Michael Battista is ready to make his mark as an athlete and student in his time at Virginia.

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Women's soccer ranked No. 11 in USCA preseason poll

Virginia to be tested with tough schedule

Emma D'Arpino | Sports Associate

The Virginia women's soccer team received the No. 11 ranking in the first preseason poll from the United Soccer Coaches — the same spot where the Cavaliers finished last season after making it to the Round of 16 in the NCAA Tournament and posting a 15-5-2 record.

Virginia returns 15 letterwinners from last year's team, and the team is also bringing in a highly-esteemed recruiting class.

The four incoming freshmen all have international experience, with goalkeeper Laurel Ivory playing on the U17 World Cup Team and U20 Women's National Team, midfielder Taryn Torres playing for the U17 and U19 Women's National Team, forward/midfielder Sofia Weiner playing for the U18 Women's National Team and midfielder/defender Sydney Zandi playing on the U17 Women's World Cup Team and U19 Women's National Team.

In addition to the new talent on the roster, the Cavaliers also have experience in nine upperclassmen. Among them is senior forward Veronica Latsko,

who scored eight goals and had three assists last year. Latsko was named a preseason All-ACC selection by the league's coaches.

Virginia's offense is also strengthened by sophomore forward Taylor Ziemer, who picked up eight goals last season, sophomore forward Alissa Gorzak, who was a third team All-ACC selection her freshman year and sophomore midfielder Zoe Morse, who was named to the All-ACC Freshman team last season.

The Cavaliers also welcome back sophomore defender/midfielder Courtney Petersen, who spent last fall playing for the United States in the FIFA U-20 Women's World Cup.

The talented team will be tested early, with a game against preseason No. 1 West Virginia on Aug. 24. In addition to facing West Virginia — the runner-up in last year's NCAA tournament — the Cavaliers will play five other teams ranked in the USC Top 25 preseason rankings.

While Virginia's schedule is difficult, a team trip to Europe over the summer developed team



COURTESY VIRGINIA ATHLETICS

Virginia enters the season with high expectations and senior forward Veronica Latsko will look to help lead the team to another strong season.

chemistry and gave the team a chance to face tough competition. During their European travels, the Cavaliers experimented with players in different

positions and prepared for the demanding challenges of the upcoming season.

Virginia began season play with a 2-0 road victory against

UNC-Wilmington, and the Cavaliers' first home game will be Aug. 27 against Liberty University.

Men's soccer poised for successful season

Cavaliers hope to continue streak of NCAA tournament appearances

Garrett Shaffer | Sports Associate

The Virginia men's soccer team has history on its side — the Cavaliers have claimed seven national championships, 15 conference titles and 36 straight years of NCAA tournament appearances. With a seasoned group of returning players, the team is prepared for another deep tournament run to Pennsylvania.

Virginia holds the No. 13 spot in the preseason poll after an 11-4-5 record in the 2016 season and a third round exit from the NCAA Tournament at the hands of Stanford, which went on to win the championship and opens this season ranked No. 1. After a final preseason scrimmage against Georgetown, Virginia will open its season in Charlottesville Aug. 25 with a home opener against Villanova at 7 p.m.

ACC soccer is just as good as its basketball counterpart, taking over almost one-third of the Top 25 teams. Many of the Cavalier's regular season games come against ACC opponents ranked in the Top 10 nationally.

Virginia faces its first tough ACC battle against No. 8 Syracuse on Sept. 8 in Charlottesville. The Cavaliers

quickly go on to face No. 17 Virginia Tech one week later, who they tied with last season in a long 0-0 battle at Klöckner.

No. 4 North Carolina comes to town Sept. 22 looking for revenge after the team's 2-1 defeat in Chapel Hill last year. The Cavaliers will have to take a trip over to South Bend at the end of September to tangle with No. 10 Notre Dame, who is also looking for sweet revenge after a defeat to Virginia in 2016.

Although the ACC schedule always proves tough, the Cavaliers have less to fear from their nonconference schedule, where they do not play a nationally ranked team.

sCoach George Gelnovatch returns for his 22nd season at the helm of the program. A Virginia alumnus, Gelnovatch has led the Cavaliers to 21-consecutive NCAA tournament appearances, four ACC titles, five College Cup appearances and two National Championships.

He is joined by another Virginia alumnus — associate head coach Matt Chulis — who is in his 12th season on the staff after an illustrious collegiate

and professional career. Chulis and Gelnovatch work with associate head coach Terry Boss, who is in his second year in the position and works mainly with the goalkeepers.

The Cavaliers hold a spot in the preseason Top 25 for the fifth year in a row due to their returning roster of game-tested players. They have 21 letterwinners returning to the program for what should be a very experienced group of individuals.

The roster includes six ACC post-season award winners. Junior forward Edward Opoku has been named to the MAC Hermann Trophy preseason watch list, which is the most prestigious award in college soccer awarded to the best player in the country.

Senior midfielder Pablo Aguilar and senior goalkeeper Jeff Caldwell will play huge roles in leading the team to its 37th-straight NCAA tournament appearance. Both second team all-ACC selections in 2016, they join a group of 17 upperclassmen poised to bring the College Cup back to Charlottesville for the first time since 2014.

Junior midfielder Jean-Christophe Koffi and junior defensemen Sergi



HANNAH MUSSI | THE CAVALIER DAILY

Junior forward Edward Opoku is on the watch list for the MAC Hermann Trophy — the most prestigious award in college soccer.

Nus are both primed for explosive seasons after receiving third team all-ACC selections in 2016. Along with the returning award winners are some highly talented transfers. Among the pool, junior forward Kennedy Nwabia and junior defender Prosper Figbe both project to be solid starters after coming over from their Dayton and

USF, respectively.

With the influx of returning and new talent and one of the most successful and experienced coaching staffs in the nation, Virginia looks poised to make its deepest tournament run since 2014.

BLANK: WHAT WOULD SUCCESS LOOK LIKE?

When Coach Bronco Mendenhall was hired to replace Mike London last year, Virginia's football program inspired optimism for the first time in years. However, after a first season in which Virginia lost to FCS contender Richmond, got beaten by Virginia Tech, 52-10, and went 2-10 (1-7 ACC), the optimism around Grounds has deflated.

Mendenhall's first season seems to be universally viewed as a disappointment on the field. He inherited a team that many felt underachieved at 4-8 (3-5 ACC) the year before and returned its starting quarterback in Matt Johns. Yet, he still proceeded to win only two games.

Thankfully, based on history, this lackluster first season says little about Mendenhall's future at Virginia. No head football coach out of the 15 hired since 1931 has had a winning record in his first season coaching the Cavaliers. Even basketball Coach Tony Bennett lost more games than he won his first season — the only time that has happened

during his tenure in Charlottesville. Despite his inauspicious start, Mendenhall may achieve success coaching the Cavaliers.

Defining what success would look like on the field this season is no easy task, though. It would be unrealistic to expect Mendenhall to reach the ACC Championship game, but another two-win season would undoubtedly be considered a disappointment.

To quantify a fair target for Mendenhall this upcoming season, it seems necessary to take stock of expectations for the Cavaliers this year. Nobody seems to expect much, as Virginia was ranked last in the ACC Coastal by the media to start the year. However, the Cavaliers are universally expected to improve, as Vegas betting markets believe they are a five-win team.

The underlying data supports this, as the Cavaliers were unlucky last season, losing three one score games without winning any, and turning the ball over nine more times than they forced them.

Virginia underperformed rel-

ative to its talent as well, as the Cavaliers ranked 88th in the country in S&P+ — an opponent-adjusted college football ratings system derived from the play-by-play and drive data of all FBS college football games) — despite ranking 46th in five-year recruiting rankings — a measure of the total talent on the roster.

The Cavaliers also return many of their top senior performers, including quarterback Kurt Benkert, safety Quin Blanding and linebacker Micah Kiser. In total, Virginia retained 74 percent of its 2016 production according to SB Nation's metric, which ranks 25th in the country. This means the team will not only be more experienced in Mendenhall's system this season, but also in playing at the college level in general.

Based on these statistics, expecting an improvement from the Cavaliers seems reasonable for any sort of measure of success from a pure statistical perspective. However, the opinions of those who support the Cavaliers matter just as much, and the

numbers matter significantly less to them. To fans, what happens on the football field only matters to the extent it creates excitement — the enjoyment of the product is more important than the product itself.

Combining the statistical expectations for the team with increased excitement around the program, there are a few potential standards of success. One metric would be a home victory over a Top 10 team, such as successfully finishing off the failed upset attempts against Notre Dame in 2015 and Louisville last season. Additionally, a win over rival Virginia Tech in Charlottesville would boost the fan base — breaking a losing streak dating back to 2004 — and is realistic enough, as S&P+ gives Virginia a 30 percent chance of winning. Lastly, a bowl game would likely require only one win more than the Las Vegas projection and would signal to the fan base that perennial losing seasons are a thing of the past.

While these provide some tangible targets for the year, de-

fining a goal for the Cavaliers is no easy task. Things such as recruiting, thoughtful succession planning and development may be equally important for the long-term health of the program. These goals are difficult to determine, and even more difficult to quantify.

While it may not be possible to pin down a specific metric of success for Mendenhall in 2017, it seems important that he helps make rooting for Virginia football fun again and that he removes the connotation of shame and embarrassment associated with the team. If Mendenhall can return the joy to Virginia football, it won't matter how he did it — his season will certainly be a success.

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LEAD EDITORIAL

Taking ownership of U.Va.'s future

Students have the responsibility to define their school following the 'Unite the Right' rally

Because the University was founded by Thomas Jefferson, a lot of weight has traditionally been afforded to his legacy. While Jefferson may have founded the University, he does not own it. If it were up to him, the vast majority of current students wouldn't be allowed to apply, much less attend the University. When Jefferson penned the words "all men are created equal," we know it was meant exclusively for white men. Whether or not you are an admirer of his, the University and the country he helped build were intended to solely benefit white men. Yet, here we are — 40 percent of the undergraduate student body is comprised of nonwhite students,

and over half are women. In light of the recent racial tensions in Charlottesville, it is essential for the University community to recognize that Jefferson does not define the University — students do. Just as we imbue meaning to his words in the Declaration of Independence which he surely did not originally intend, many of us, simply by being here, imbue new meaning to his most treasured institution. It is up to each class to decide for themselves what direction they hope to take the University.

The white supremacists who descended on Charlottesville last week might claim Thomas Jefferson, but they cannot claim our University. They might claim the University of

1865, 1919 or 1950, but they cannot claim the University of today. When white supremacists and neo-Nazis marched through our Grounds, they wanted to turn back the clock to a time when white terror ruled the streets of the South, to before people were admitted not by their merits and the content of their character but by the color of their skin. Instead, the University and the greater Charlottesville community demonstrated in no uncertain terms that such a regression is unacceptable. We have decided this is not a legacy we wish to honor, and it has been up to us to continue pushing forward. It is our responsibility to take ownership of the University,

and defend it not as Jefferson defined it, but as we do.

The first year class has an especially important responsibility. As the incoming class, they have a powerful influence over the direction of the University in the coming years. To the class of 2021: Do not allow the University to be defined by the actions of outsiders, or even by its own founder. Take ownership of the University, guide it in the direction of tolerance and understanding. The everyday actions of each individual student bear more influence on the direction of the University than any depraved outburst by hateful outsiders, no matter how violent or sensational. Each student is tasked

with deciding for themselves what the University means to them, and working each and every day to make that vision a reality.

In the decades to come, the images of the abhorrent individuals who invaded our city and our school may begin to fade from memory, but the image of the thousands of students, administrators and community members standing in solidarity on the Lawn awash in soft candlelight will be seared into our minds, and the history of the University.

THE CAVALIER DAILY

THE CAVALIER DAILY

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GRINDING SLOWLY TOWARD A BETTER AMERICA

We must not allow white terror to discourage us from continuing to purge the nation of hateful vestiges of a dark past

The University is beautiful. The Lawn, Pavilions, pathways and statues emanate a sense of permanence, figures of orderliness amidst the chaos, sloping delicately toward the Rotunda. But the classical facade of the Academical Village was built by brutality and oppression, white marble stained by the blood, sweat and tears of the slaves who built these Grounds.

We should often be reminded of this bitter legacy, and minority communities here in Charlottesville bear the brunt of its reach into the present. Last week's gathering of violent, torch-bearing white supremacists, however, was a particularly stark and vicious manifestation of this country's historical baggage and its horrific capacity to claim the lives of the best among us.

We had seen this before. A month ago, on July 14, 100 members of the Ku Klux Klan descended on Justice Park, and Charlottesville righteously refused to allow their hate to go unanswered. That same spirit, of guts and goodness, guided many more to meet the Unite the Right rally head-on, to demonstrate to those legions of bigots, fascists and thugs that this small city would not be so easily intimidated.

They came, after all, because Charlottesville took an act of moral

courage. Charlottesville City Council voted in February to remove a statue of Robert E. Lee standing in an otherwise scenic public park, choosing to stop commemorating the Confederacy and the evil that it stood and fought for, the evil that now rears its ugly head, its features illuminated by tiki torchlight. To the alt-right and whatever other moniker the forces of white supremacy go by to sanitize their public image, the Lee statue's demise would represent that fundamentally American virtue they cannot stand: its capacity to change, ever grindingly and painfully, into a better, more compassionate version of itself.

Their goal was nothing less than to intimidate and brutalize our community into inaction. They are waging a battle to maintain the structures and symbols of white domination, to keep in place every remaining fragment of a dying social order in which African-Americans and other minorities are subjugated and silenced. They are waging a war for the soul of this nation and against those universal ideals for which the Union fought and the terms on which it won, fighting in the streets of Charlottesville to preserve a monument to a political union whose cruel, withered heart

never stopped beating.

And in this skirmish, they might succeed. I have heard too many friends suggest that Charlottesville

“I have heard too many friends suggest that Charlottesville should not have picked this fight”

should not have picked this fight, that removing the statue is not worth all of this trouble, that we should expect hornets when kicking a hornet's nest. In circumstances such as these, when once peaceful streets are filled with the sounds of abuse and the stomp of police and the shouts of friends fearing for each other's safety, I can understand why many feel that way.

But, to act on that fear and doubt, to press City Council to backtrack and forget this ever happened, would be worse than wrong. It would represent the height of cowardice. History teaches us that to appease an aggressor with unbounded ends and a will to see them realized only delays the inevitable and more destructive reckoning.

We cannot afford to make a permanent mistake for temporary peace, not least because of how important it is to make all of our public spaces

welcoming and inclusive.

This rally, this violence visited upon Charlottesville should instead serve as a clarion call for all of those who see what is happening in America. The roots of this white terror are strong and old and sprawling, and it will take every ounce of our moral fiber to rip them out. But that is the purpose to which we must rededicate ourselves, in an effort that should span across those same, tired lines of politics and ideology that keep us weak and divided.

From the top-down, the Republican party must stop enabling and serving the presidency of a white supremacist sympathizer who believes that fascists and peaceful counter-protesters are equally in

the wrong. He should be as isolated from decent society as an American president possibly can be. We should pressure corporate America, faith leaders, unions and other civic organizations to sever all ties to this administration. And we should eventually oust him, so that our democracy can begin to heal.

From the bottom-up, we should continue to remove these monuments to the Confederacy and enact the kind of local and state policies that will attenuate the longstanding injustices minority communities continue to face, with a renewed sense of urgency. Another tragic outcome of this rally would be if we let this moment of national revulsion lapse into inertia, as America has many times in the past. The work ahead of us is daunting, and we should get started immediately.

OLIVIER WEISS is an Opinion columnist for *The Cavalier Daily*. He can be reached at opinion@cavalierdaily.com.

IN INVESTIGATING ADMISSIONS, A CRISIS OF LEADERSHIP

Students must demand Student Council to follow through on their investigation of admissions

Towards the end of the previous academic year, the University community was roiled by an admissions scandal, during which it was revealed the University allegedly created a heads up-list for certain applicants. At the time, many were outraged by the special treatment that these applicants were receiving and Student Council immediately launched an investigation into these practices. Unfortunately, this investigation and subsequent report yielded little information, as University officials largely avoided answering tough questions about their admissions practices. Despite the glaring inadequacies of the investigation, there was no agreement amongst the members of Student Council about how they should proceed. Now, it seems as though this scandal has fallen out of the University's collective consciousness, but that does not excuse the lack of meaningful progress on this issue by Student Council. In order to achieve progress, we have to understand that this still is a serious problem, and not allow it to be forgotten after only half-hearted investigations.

The biggest reason why we can-

not let this scandal go is because the single investigation by Student Council Representative Ian Ware, has yielded little new information. This was primarily due to his inability to meet with key administrators involved in the scandal. Also, at the end of the report, the leadership of Student Council wrote a disclaimer saying that it did not reflect the views of Student Council,

“By taking this scandal seriously and investigating thoroughly, Student Council will let the student body know that they can be counted on”

only the views of Ware, which makes the issuing of such a report seem pointless. Instead of answering questions about the conduct of the University admissions office, the investigation created many more that desperately need to be answered.

After the reporting by this newspaper about the inconsequential Student Council inves-

tigation, many Student Council representatives seemed concerned about the lack of new information and debated the findings of the report in a meeting. Unfortunately, Student Council President Sarah Kenny seemed uninterested in pursuing this investigation further. This was exemplified by her statement that this type of preferential treatment happens at other

elite Universities too, and that it only affects a very small number of students. After being pressed on it further, Kenny stated that this was not her top priority, effectively shutting down any further action by Student Council. This debate occurred during one of the of the final meetings of the spring semester, so as students prepared for finals and finalized summer plans,

news about the lack of progress on this issue was lost and seems not to have resurfaced.

As the fall semester begins, the responsibility for holding the administration accountable falls squarely on the shoulders of Student Council and its leadership. Kenny ran on a platform of advancing diversity and inclusion at the University. Even though the University's efforts on these issues are comparable to other elite universities, she seems to feel that we can do a better job in these areas. The same goes for our flawed admissions practices. We should seek to make our University the best we can make it, not just cater to the lowest common denominator. We should seek to show potential applicants that the University is a place where they can apply and not worry about being passed over in favor of someone receiving special treatment. Student Council should demand a more thorough investigation with more access to administrators, or we will never know how widespread these problems are. It is not doing right by current or potential students to let this issue go. By taking this scandal seriously and investigating thor-

oughly, Student Council will let the student body know that they can be counted on.

In order to affect change we have to demand that this issue be addressed. The actions taken to this point by both student leadership and the administration have been unacceptable. By attempting to tackle this issue and not cover for the University, Student Council will show potential students that we take the admissions process seriously. It does not matter how small the number of students who were affected — even one applicant being affected by this unfair process is too many. Not holding anyone accountable for the University's admissions practices would be a failure of justice at this University. The only way any change can come about is if we demand it. Shady practices can only continue with the support of indifference, so we have to pay attention.

JACOB ASCH is an Opinion columnist for *The Cavalier Daily*. He may be reached at j.asch@cavalierdaily.com.

A CALL TO ACTION FOR U.VA.

The U.Va. community must take action and remain vigilant to eradicate white supremacy

When the torchlit faces of white supremacists and neo-Nazis converged on the Rotunda last Friday night chanting “you will not replace us” and “Jews will not replace us,” they desecrated a University committed to pluralism and mutual respect. When they rallied in Emancipation Park, they violated a proudly diverse community. By the evening of last Saturday, their hate had caused destruction and anguish. The events of last weekend must serve as a call to action — our communal response must be one of unity against white supremacy and Neo-Nazism through action and vigilance.

State and municipal governments around the country have responded differently in the aftermath of last weekend. The 15-member Baltimore City Council, for example, voted unanimously on Aug. 14 to remove and destroy statues recognizing Confederate leaders. Leaders in several other states have also called for removal of Confeder-

ate monuments following the events of last weekend. These responses illustrate a fundamental misunderstanding of the cause of the violence in Charlottesville. While the “Unite the Right” rally was superficially organized to protest the removal of a statue of Gen. Robert E. Lee, white supremacists and neo-Nazis traveled to Charlottesville primarily

on uniting their communities against such hate.

We have to make a concerted, daily effort to come together against neo-Nazism and white supremacy. First, we should defend the institutions which stand for human rights — such as the University — which protects us by teaching us to recognize and denounce flawed philosophies

community. Third, we should donate to the charities that fight for human rights, such as the Southern Poverty Law Center, which has fought hate groups since its inception. Finally, we have to be vigilant. We must be conscious of our surroundings, look for hate speech disguised as political discourse, and help those around us to realize that they have the opportunity to combat a hate that has caused unquantifiable pain.

Our commitment to act neither implies nor condones violence. When we act violently, we contradict our own goal of unity against hatred; violence would only further the campaigns of white supremacists and neo-Nazis. Through acts of nonviolence, we have the opportunity to accomplish our goal. The events of last weekend gained international attention, which these groups can use to recruit and spread their venomous ideologies; they perceive this recognition as legitimization of their cause. While ignoring these despicable views and the people who spew them

may have been effective in the past, such a response will not help rid our community of their toxic beliefs.

Our responsibility to act stands independently from political leanings — white supremacy and neo-Nazism are antithetical to basic human morality. Charlottesville and the University community have been deeply hurt by the hate which characterizes these ideologies. We now have the opportunity to stand in opposition to their destructive ideologies. While we mourn the horrific deaths of Heather Heyer, Lt. H. Jay Cullen and Trooper Berke M. M. Bates, we must work to decry those who seek to destroy the pluralistic and loving society we have built together.

“We have to make a concerted, daily effort to come together against neo-Nazism and white supremacy”

because they saw an opportunity to spread their message of hate. Institutions must realize that removing Confederate statues will only serve to further the insidious mission of white supremacists. Instead, organizations and governments should focus

such as the ones spewed last weekend. Second, we should defend the publications which inform us. Investigative journalists and reputable news outlets strive to transmit facts and reason, and therefore are paramount to our ability to eradicate hate from our

JAKE LICHTENSTEIN is a former editorial board member. He can be reached at j.lichtenstein@cavalierdaily.com

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SATURDAY, AUGUST 26 5-10 P.M.

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H

HUMOR

If you're interested in securing that post-grad financial security and welfare (not the kind the poor will be stealing from hard working folks like you to feed their families), then you've got your eyes locked on one thing: a corporate internship. Getting great grades, prepping for interviews, and strategically networking are all going to get you in the door, but if you really want to succeed, if you really want to climb that ladder, then you've got to be prepared to do two things. Number one, stay away from ladders, they're dangerous and often not high enough anyhow. And number two:

Turn off your brain.

If you responded to that state-

ment with a follow-up question, then succeeding in a corporation is not likely in your future. A corporate hierarchy can't sustain itself under the duress of questions and curiosity, so you need to ditch having those things or, well, the corporation won't get paid. To all you aspiring consultants, try to come up with a way to finance those rooftop happy hours without having any money.

Think of it this way: a corporation is like a certain side of chess (probably the white one). Interns are like pawns, in the sense that they can't do much and they're the typically the first to go. You're there to complement and aid the advancement of the other, more sophisticated pieces, and ultimately to set

those sophisticated pieces up for getting all the credit for putting the other firm's in check. You're also there to make copies for the Bishop, clean excel spreadsheets for the Knights, and get coffee for the Queen at her 9 a.m.; you keep your mouth shut and your head down when the King sneaks off to castle with the Rook when the Queen is away.

If you read that last paragraph and actually did think through that metaphor, then you failed the test of using your brain, go back to the beginning of the article. If you didn't absorb any of it, very good. You're learning to not learn.

If you're lucky enough to land that internship, here is how you can expect to be introduced to

people in the company. First of all, it's going to be by your MANAGER; think about the implications with that term - almost got you there with the thinking thing, didn't I? They're going to introduce you as, "Hey Jeff, here is my intern, Cole." "My intern" - you're in the same class as a pet, a deck of documents, a younger cousin - in fact, I bet you are the younger cousin, so that makes sense.

If you're a guy, you better several hundred white or light blue collared shirts and Hanes undershirts to match. Ladies, there might be some statute about not wearing the same outfit twice, but I'm not entirely sure how the fines break down for that. If you've got a joke that you think

would make people in the office laugh and take the edge off for just a second to establish relationships with your coworkers that are more than purely utilitarian, then please, for the love of God, stop thinking.

You've made it to U.Va., and the chances say that you're probably a pretty smart person. College loans, rising living costs and your future aspirations might entail more financial security than seems very feasible outside of these lucrative internships. I get that. All I ask is that when you sit down across from Goldman Sachs, don't be surprised if their response to all of your problems is, "You shouldn't have to think about all of that."

C

CARTOON





WEEKLY CROSSWORD PUZZLE

Dan Goff | A&E Editor

- Across**
- 1. Tex-Mex staple
 - 7. Small viper
 - 10. Surrounded by
 - 14. "How'd you do on that test?"
 - 15. Reverential respect
 - 16. Type of shark
 - 17. Welcome Week concert back-up featured on social media
 - 20. Prefix associated with tendon surgery
 - 21. Land of the free
 - 22. Popular assignment in many classes
 - 23. Not cool
 - 26. Save the ta-___
 - 28. Type of accountant - abb.
 - 31. Formal recommendation
 - 37. Humor in the face of something serious
 - 39. You can find Lincoln's profile ___
 - 40. Org. of security professionals ___ International
 - 41. Image alternative to GIF
 - 42. Combined with -mobile, antique car
 - 43. Loyal and hardworking
 - 46. Combination of "Taxi Driver" star and crazy Roman emperor
 - 48. One who goes on a post-nuptial trip
 - 50. Major Israel city ___ Aviv
 - 51. Popular insurance corporation
 - 52. What to use to catch lobsters, with "a"
 - 54. "I think we need to spend some time ___"
 - 58. Video game in which player controls action of character
 - 60. "It's due tomorrow! Finish it ___"
 - 64. Contradiction
 - 66. White ceramics
 - 67. Types of shoe Asics is known for
 - 68. Phase many of us went through in high school
- Down**
- 1. Proven
 - 2. Pain
 - 3. Levi material
 - 4. Bouncer's impatient request?
 - 5. Nervous facial motion
 - 6. Consumed
 - 7. Oohs and ___
 - 8. What first-years in old dorms will be doing for a few weeks
 - 9. ___ capita
 - 10. Units of electric current
 - 11. Guides to a destination
 - 12. Massive Swedish furniture chain
 - 13. Forgetful "Finding Nemo" fish

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64							65					66		
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70							71					72		

- 69. The "do's and ___" of a relationship
- 70. Small bills
- 71. Abbreviation followed by a year
- 72. Not fake
- 18. Colorful antacids
- 19. Famous fable writer
- 24. They might provide your cell phone service
- 25. Lana Del ___
- 27. Music awards show on ABC
- 28. "___ of the Titans"
- 29. Italian sauce with basil and pine nuts
- 30. Type of flu
- 32. Lone Ranger's sidekick
- 33. Element found in glowing signs
- 34. Narrow part of a body of water
- 35. ___ the Giant
- 36. Cleaning product
- 38. ___ of Wight
- 41. Second word of UPC
- 44. Famous gambler ___ Earp
- 45. French for "friend"
- 46. Bears or lions might live in one
- 47. Old-fashioned "before"
- 49. To persistently annoy someone with requests or complaints
- 53. Chevrolet SUV
- 54. 2012 Ben Affleck thriller
- 55. Ball ___ hammer
- 56. Having the power or knowledge for something
- 57. Male name rhyming with "bus"
- 59. Main events of a story
- 61. Welcome Week event Rotunda ___
- 62. 2016 Rihanna album
- 63. Gone by in time
- 65. Golfer's starting point
- 66. License for large or heavy vehicles

*THE SOLUTION TO THIS PUZZLE CAN BE FOUND IN NEXT WEEK'S ISSUE

EVENTS

Tuesday 8/22

UVa. Class of 2018 Presents: Last First Day of School, 1-4pm, The Lawn
Virg Elite '18 Kickoff Party, 10pm-2am, The Virginian
Alumni Association Presents: First Year Food Fest, 5-7pm, Alumni Hall
Career Center Presents: Cookies, Coffee, and Careers, 12-5pm, 1515

Wednesday 8/23

UPC Presents: Rotunda Sing, 8pm-12am, The Lawn
UVa. Presents: Pre-Health Welcome, 4-6pm, Newcomb Hall

Thursday 8/24

UPC Presents: For More We Turn to Jessica Williams, 9pm-12am, Old Cabell Hall
UVa. Class of 2020 Presents: Second Year Welcome Back Bash, 5-7pm, South Lawn
The Virginia Gentlemen Auditions, 12-5pm, The Lawn

Friday 8/25

Field Hockey vs. Fairfield, 4pm, Turf Field
Women's Volleyball vs. Hofstra, 7pm, Memorial Gym
Men's Soccer vs. Villanova, 7pm, Klockner Stadium
Final Friday, 5:30-7:30pm, The Fralin Museum of Art
HackCville's Open House, 4-6pm, HackCville
UPC Presents: Tom Deluca, 7pm-12am, 164 Newcomb Hall

Saturday 8/26

Women's Volleyball vs. Liberty, 12pm, Memorial Gym
Women's Volleyball vs. Villanova, 7pm, Memorial Gym
The Cavalier Daily Launch Event, 5-10pm, Crozet
Pizza Buddhist Biker Bar

Sunday 8/27

Field Hockey vs. Penn State, 12pm, Turf Field
Women's Soccer vs. Liberty, 2pm, Klockner Stadium

Monday 8/28

Madison House Programs Fair, 10am-2pm, South Lawn

Tuesday 8/29

Trustees and TYC Presents: Let's Get Fit, 4:30-6:30pm, 450 Whitehead Road

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A new home for hip-hop at U.Va.

Asst. Prof. A.D. Carson discusses background, plans for school year

Thomas Roades | Senior Associate

The University's McIntire Department of Music recently added a new professor to the faculty — rapper A.D. Carson. As Asst. Prof. of Hip-Hop and the Global South, Carson's classes will be more like ciphers — informal rap sessions that give students the opportunity to freestyle and write original raps. The Cavalier Daily spoke with Carson about his background in music, including his doctoral dissertation in the form of a rap album, and his plans for his time at the University.

Arts and Entertainment: For our readers who don't know you, can you describe your background in academia and music, and the intersection of the two?

A.D. Carson: Yeah, I started recording music and writing poetry really early, probably in elementary school back in fourth grade or something, and from there I was always really interested in literature and writing, and at some point I started to become more interested in rapping.

I imagine that being a rapper is a more...an easier way to explain one's aspirations, you know, as a middle schooler, as a high schooler, than wanting to be a poet, but I didn't really see much of a distinction between the two. But then going off to undergrad, I just wanted to be the best rapper that I could be, better than anybody,

so I was always down for a battle, or if I saw a cipher then I'd jump in. I'd always carry a notebook, and I was always willing and ready to rap on the spot. So I studied English literature and education as an undergrad, then I did a master's degree in English composition, intending to write a book or an album — to continue to record but also to write literature that reflected hip-hop in some way.

And then I talked for a while and was working at a literary journal back in Illinois as writer-in-residence. I was really thinking about the way that hip-hop looks on the page, but also the way that poetry functions out loud, and then I saw this program down at Clemson called Rhetorics, Communication and Information Design. They talked about "knowing, making and doing," and that's kind of what I was doing in the community where I was, trying to exemplify the knowing, making and doing all together. So I started a correspondence with them, went down to Clemson, and started working on my dissertation project, which was a 34-track rap album.

AE: And then you got the offer to come teach here at U.Va.'s music department?

ADC: Yeah, that's pretty much it! I can't believe that I actually went through my whole bio in a minute and

30 seconds!

AE: So now that you're here at U.Va. you're going to be teaching a class called "Writing Rap" in the music department. Can you talk a bit about what you're planning for that class and what students can expect from you as a professor?

ADC: Well, the students are going to be writing raps, that's number one. Number two, we will have weekly cipher sessions and listening lab, and those will be relatively open. So in order to come to the lab, a student doesn't necessarily have to be in the class, but priority will go to people in the class. There's the rap lab that's in New Cabell, and that's going to be a space where people who are interested in hip-hop and recording and writing raps should be able to find a home.

And we're also going to be reading and engaging with some histories of hip-hop, as well as looking at the ways that writers have historically engaged with rap, and then students are expected to compose their own original raps and they'll be doing some recording as well. For me, I'll be continuing to write and record and engage and produce in the ways that I always have. The class will be like a cipher. What is dope will rise to the top, and the rest of us will be learning from that. So I'm going to be facilitating the cipher

more than I'm going to be doing what people might traditionally believe goes on in the college classroom.

AE: It sounds like you have a more open structure in mind for the class, but you also touched on studying the history of rap, which is something that doesn't receive a whole lot of attention in academia. Can you speak to the value of studying rap as an academic subject?

ADC: I think the context is very important. So [for example] we can't take the lyrics of "The Message" by Melle Mel and the Furious Five without understanding the circumstances that created it. The history of hip-hop, or the histories of hip-hop, are also occurring alongside that and are also essentially histories of America, histories of the places where it's existed and is produced. And I very intentionally say histories as opposed to history, because I believe that there are many lines of inquiry that we will engage.

So with those histories, we can talk about what's going on with hip-hop in Virginia at a particular point in history, as well as what's going on in the national scene. We'll be able to understand these histories through the expressions of those people from those places, and hopefully, we'll be able to have guest appearances from some of those artists in the classroom this se-

mester as well.

AE: In the past you've been outspoken about race issues, and have used rap as your voice and a form of activism. Especially in light of the events in Charlottesville this summer, that seems very relevant now. Do you plan to continue to use your rap as this sort of activist voice?

ADC: Yeah, and I don't even call it activism, I just call it living. I think it's impossible to be disconnected from the community that you live in, and what it means to work to create a more just world wherever you are. And so I do plan to continue to live the way that I've lived wherever I've been, and it just so happens that I am here, and I do accept the challenge that comes with being a person who's a part of this community, whatever that might be.

So I'm going to continue to write and record, and I was out here in Charlottesville this past weekend. I plan to continue to be out here for the duration of the time that I'm here in Charlottesville.

AE: Is there anything else you'd want to say to the U.Va. community as you get ready for the semester?

ADC: Just that I'm excited to be here and I look forward to whatever may come.

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Why viewers can't stop watching the Throne(s)

HBO's flawed yet fascinating fantasy juggernaut continues to hold pop culture in thrall

Aline Dolinh | Senior Writer

WARNING: Spoilers follow for "Game of Thrones" up to season seven, episode five, "Eastwatch."

Six years ago, it would have been easy to write off "Game of Thrones" potential for small-screen domination. Its scope is staggeringly broad, following television's largest ensemble cast from double-crossing royal courts to snowbound wastelands of the undead, and becoming invested in the show's central conflict requires comprehension of at least 100 years' worth of backstory. And the world of Westeros is no escapist fantasy realm — it's an unrelentingly grim analogue to medieval Europe in which women are routinely exploited, fan favorites are regularly killed off and a state of bloody warfare has been the status quo for the last five seasons or so. It's not a world in which you'd think anyone would willingly choose to live. And yet every Sunday at 9 p.m., millions of watchers do.

To be sure, "Thrones" is far from the objectively best show on television, even when solely compared against dramas from its own network. Showrunners David Benioff and D.B. Weiss are ambitious but far from brilliant — their scripts rarely contain the knack for dialogue of past HBO scribes such as David Simon. Simon was the mind behind "The Wire," another series that approached a gritty universe — albeit a real one, the city of Baltimore — with epic breadth. And despite the show's "anyone can die!" attitude and willingness to put its most beloved characters through a veritable conga line of trauma, the writing rarely makes room for the kind of genuine insight on grief that distinguished past fantastic, mortality-minded dramas such as "Six Feet Under" or "The Leftovers."

The show's flaws manifest themselves in more obvious ways as well — the most egregious of these being gratuitous depictions of rape and eroticized violence against women. Instances include the fifth season's finale episode, "Mother's Mercy," which contains the infamously cringe-worthy line, "you want a nice girl, but you need the bad p---y" — yet still won the Emmy that year for Best Writing in a Drama Series —

as well as the show's occasionally groan-worthy use of "sexposition," a narrative technique that serves little purpose apart from covering up lazy screenwriting with a lowest-common-denominator appeal to titillation.

Perhaps the most frustrating thing about these cheap, ill-conceived moments is that they are purely extraneous to the show's continued success. For all its fantasy trappings, the series' true power has always laid in its human element — in getting us to truly, madly and deeply emotionally invest ourselves in the families squabbling over the titular Iron Throne. In the structure of its dynastic drama, "Thrones" most closely resembles another HBO forebearer, David Chase's "The Sopranos" — another series with a sprawling ensemble cast that focused on a family struggling to survive and amass power in a ruthless world, often

imate son Robb (Richard Madden) revolts and declares himself King in the North.

It all seems textbook Hero's Journey material — the paternal mentor figure is sacrificed so

in 2013, partially because of the sheer level of carnage but mostly because it seemed, in retrospect, so dramatically inevitable — we were so well-acquainted to the rules of epic sword-and-sorcery sagas that we didn't realize we were watching a classical tragedy, too.

In its aftermath, the teenage daughters of House Stark become arguably the most dynamic characters onscreen. Sweet, idealistic Sansa (Sophie Turner) and misfit tomboy Arya (Maisie Williams) become self-actualized through trials by fire. While Sansa begins the story as the kind of romantic-minded, traditionally feminine heroine who eagerly awaits marrying a prince and would be considered clueless by modern feminist sensibilities, her harrowing experiences in a hostile royal court and abusive marriages to tyrannical man-children harden her into a savvy political operator. Arya, on the other hand, finally finds purpose by becoming a merciless assassin who keeps a

the broody Jon Snow (Kit Harington), a Stark bastard turned unlikely King in the North and Daenerys Targaryen (Emilia Clarke), an exiled princess with three trained dragons who believes the throne is rightfully hers — feel more like distant, messianic figures rather than real and imperfect people. They have always been marked for greatness. Viewers know at heart that they will survive, or at least get stunningly cathartic endings (Jon has already died once — stabbed by his men, "Julius Caesar"-style, at the end of season five — but as much as the show tried to milk dramatic suspense from the moment, nobody was surprised when he was resurrected in the sixth season).

As "Thrones" reaches its final stretch in its seventh season, its plotlines have accelerated to near-breakneck pace. Reunions that have been years in the making are now every few episodes, journeys that once would have been stretched over half a season have been compressed to 40 minutes, and the field vying for the crown has thinned out to two distinct factions. The grand existential showdown between good and evil, living and dead, is beginning to feel inevitable. But for all "Thrones" trademark unpredictability, viewers can't get enough because of their undying faith in a happy ending.

After all, in "Thrones," evil always gets a brutal, karmic end — whether it's being excruciatingly poisoned at your own wedding, eaten alive by your hunting dogs or getting your throat slit after eating pie made from your own sons. And innocent people, even if repeatedly traumatized or killed, never truly suffer in vain — they endure and become stronger, or are at least avenged by their family. The moral universe of "Thrones" is surprisingly comforting, especially amidst the uncertain reality of the current political climate, where wicked, stupid men in power go unpunished. And despite everything that our world has on Westeros, it's still a much less dramatically satisfying place to live.



through unscrupulous means. Yet one of "Thrones" smartest moves was choosing to kill off its Tony Soprano in the first season, before he got the chance to truly become its Tony Soprano — the noble yet overly trusting Northern lord Ned Stark (Sean Bean).

The series shines brightest when it plays with high fantasy archetypes only to turn them on their heads. After Ned's execution at the hands of sadistic, bratty King Joffrey, scion of the wealthy, politically connected House Lannister, his eldest legit-

his younger, more heroic successor can achieve his destiny and avenge him — except when Robb impulsively marries Talisa (Oona Chaplin), a common-born woman he falls in love with, breaking a marriage alliance with another ruling house who gets payback by slaughtering him, his wife, his mother and advisor Catelyn (Michelle Fairley), and the rest of his army at a wedding feast. His youthful valor is the hamartia that ultimately causes his downfall.

The event, christened the "Red Wedding," was genuinely heartbreaking when it aired

"Kill Bill"-esque list of the people responsible for killing her family in order to hunt them down.

After years apart, they finally reunite in their ancestral home of Winterfell just a few weeks prior in "The Spoils of War." When they finally reconnect — in the family crypt, no less, while they both gaze at a statue of their dead father and realize that they're still strangers to each other — it's a moment that feels bittersweet, painful and long-earned.

The other two main heroes —



Robotics: A new frontier for modern medicine

Advances in robotics technology play increasing role across the healthcare industry

Nisha Dabhi | Senior Writer

The idea of robotics-like technology is not a relatively new idea. While the concept of using robotics comes from classical times, it was during the 20th century that research into the design, building and potential uses of robotic technology grew in areas such as industry, military and science. For industrial operations — such as those within the automobile industry — robotic technology carries out tasks such as welding and painting quickly and safely. In aerospace, robotic orbiters, landers and rovers are able to collect samples on the moon and other planets.

In the medical field, such technologies play a role from patient intakes through recovery — helping with blood testing, imaging, taking vitals, surgery and rehabilitation. These are a summary of major robotic advances that have impacted the healthcare industry over the past year.

Taking Vital Signs

The Belgian company BeWell created a robot kiosk — called the Wellpoint system — to assist healthcare professions in admitting patients. The robot measures vital signs such as heart rate and pulse oximetry and is able to upload the information to digital medical records at a rate four minutes faster than humans. As such, the Wellpoint system minimizes the time needed to take vitals and frees up nurses and doctors to spend more time assisting and talking to patients.

Testing Blood Samples

Besides taking vitals, nurses and doctors also often draw patients' blood to be sent to testing centers. Blood testing offers crucial information about a patient's health such as mineral content, cholesterol levels and potential diseases. However, since humans often perform manual blood testing using different techniques, a lack of standardization exists even within a single company.

Robotics can help with standardizing such blood testing. The University Medical Center's Clinical Core Lab utilizes an automated line system that transports samples to different areas of the lab depending on the type of testing.

"An automated system does everything the same way every time, while one person might do something different than another person," Core Lab senior manager Randall Vandevander said. "So once the sample goes on the automation line, it does everything the same way for every sample."

Additionally, since analyzers read patient information from barcodes, the technology minimizes potential for testing the wrong patient's sample.

While this technology eliminates the need for lab technicians to touch

or move test tubes to conduct sample processing, the lab still offers a major role for technicians.

"Before, they spent so much time in the physical testing process but now they have more time to do more of the quality checking," Vandevander said.

Da Vinci: Assisting in Surgery

The use of robotics technology also exists in other complex areas of medicine, such as surgery. Since 2000, the da Vinci Surgical System has been used by hospitals across the United States and Europe for a wide range of surgeries such as hysterectomies, prostatectomies and gynecological surgeries.

da Vinci robots consist of a console and four interactive robotics arms. The jointed wrist design of the robotic arms allows for greater flexibility than a normal human hand. Surgeons still control the system, but since the robot offers greater reach and flexibility, incisions can be smaller, more precise and less invasive. According to da Vinci manufacturer Intuitive Surgical, between 2007 and 2009 the number of such systems installed in U.S. hospitals grew by about 75 percent.

However, critics note that there may be some risks involved with using the da Vinci system. Surgeons report that there is a steep learning curve to using this technology, and during the training phase operations can take twice as long as traditional surgery. This setback keeps operation rooms unavailable and leaves patients under anesthesia for longer.

Helping in Other Procedures

Other fields, such as interventional cardiology, have only just begun to utilize some robotics systems such as Corindus Medical — a robotic system that aids cardiologists in procedures such as coronary stenting and ballooning. Coronary stenting and ballooning places a device in the arteries of the heart to keep them open and allow blood to pass through. Corindus Medical aids physicians by robotically delivering the guidewires and devices required throughout the procedures.

"The main advantage is that [Corindus Medical] allows the operator to be out of the radiation field," Director of Interventional Cardiology Michael Ragosta said in an email to The Cavalier Daily. "It also may improve precision of the stent delivery for lesion coverage and that might reduce the number of stents we use per procedure."

However, according to Ragosta, the current technology in use is cumbersome and is only in the very early stages of implementation.

"It is far from ready for prime time and broad application," Ragosta said.

Aiding in Recovery

Robotic technology can also help patients who have lost limbs or need to improve mobility. Advanced prosthetics like brain-controlled bionic limbs allow amputee patients to move their prosthetic limb when their brain thinks about a movement, transmitting that signal to the affected limb through sensors embedded in muscle tissues.

Though in some cases insurance companies cover such expenses, often patients are left with the bill for these robotic solutions and prosthetics generally come with a high price tag. For example, a prosthetic leg can cost up to \$50,000 and may need to be replaced every five years. As a result, many patients cannot afford these devices unless they are made more affordable in the future.

Nonetheless, the availability of such technologies demonstrates the expanding role of robotics not only in diagnosing, surgery and treatment but also in overall patient care and recovery.

Helping to Thoroughly Disinfect

According to the Centers for Disease Control and Prevention, about 1 out of every 25 patients will get an infection on any given day in a U.S. hospital, and about 1 out of 9 of those infected die as a result.

Although personnel regularly clean and disinfect hospitals, robotics may offer a more effective and efficient solution. The Texas company Xenex has created disinfection robots that have a Xenon-containing light bulb that kills 99.9 percent of viruses and bacteria.

The market for these robots has been growing over the last few years and is expected to continue to grow. By 2020, the industry for disinfection robots is predicted to grow to \$2.8 billion.

Being a Companion

Reportedly affecting over 300 million people globally, depression has a number of risk factors. According to the American Psychological Association, one of those factors is loneliness.

Robot companions such as Jibo, Pepper, Paro and Buddy can act as

social partners and alleviate mental health issues. Some of these robotic companions have touch sensors, cameras and microphones that enable communication and can improve patient health.

Beyond applications in surgery, clinical assessments and everyday life, the expanding robotics market is expected to bring changes across the workforce as well as allow for better accuracy and efficiency in the healthcare industry by decreasing the incidence of human error and limitations. The research firm Forrester predicts that cognitive technologies such as artificial intelligence and automation will replace 7 percent of U.S. jobs by 2025. Nevertheless, as the realm of robotics continues to grow it will create new jobs such as data scientists and automation specialists in the healthcare industry and beyond.

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Researchers argue p-value change insignificant

U.Va. scientists argue stricter statistical threshold may not directly enhance reproducibility in scientific investigations

Tina Chai | Senior Associate

In a forthcoming research paper from “Nature Human Behavior,” a group of scientists — including Psychology Prof. Brian Nosek — propose to change the p-value threshold for statistical significance from 0.05 to 0.005 in order to enhance the reproducibility of data.

According to an article written by UCLA Biostatistics Prof. Frederick Dorey published in the journal “Clinical Orthopaedics and Related Research,” a p-value is a calculated probability that tests a null hypothesis, a statement that expresses the opposite of the hypothesis being investigated in a scientific experiment.

This value is often required to be calculated in publishable research papers that compare quantitative data between two or more experimental groups, Chemistry Asst. Prof. Rebecca Pompano said.

A p-value allows scientists to determine statistical significance — the notion that an experimental result is likely attributable to a specific cause rather than mere chance — of their results. Smaller p-values — suggesting strong evidence against the null hypothesis — likely correlate with more precise data, indicating potential reproducibility — and thereby credibility — of a scientific experiment.

Presently, the accepted p-value for statistical significance rests at 0.05. As such, a p-value less than 0.05 represents statistical significance. This cutoff was arbitrarily determined by British statistician and geneticist Sir Ronald Fisher in the early 1900s.

“Sir Ronald Fisher proposed it in one of his articles or books,” Statistics Prof. and Chair of Statistics Karen Kafadar said in an email to The Cavalier Daily. “As I recall, he tossed it off as ‘If the probability of observing our data under our hypothesis is less than 0.05, we might consider that to be statistically significant.’ And that 0.05 seems to have stayed with us ever since.”

A recent paper by a group of researchers from numerous academic institutions — including the University of Southern California, Duke University, University of Amsterdam, University of Pennsylvania, Harvard University, Stanford University and the University of Virginia — however, challenges the longstanding p-value of 0.05.

“The lack of reproducibility of scientific studies has caused growing concern over the credibility of claims of new discov-

eries based on ‘statistically significant’ findings,” the paper, released as a preprint article on PsyArXiv last month, said. “For fields where the threshold for defining significance for new discoveries is $P < 0.05$, we propose a change to $P < 0.005$. This simple step would immediately improve the reproducibility of scientific research in many fields.”

This proposal seeks to encourage strength of evidence by calling probability values less than 0.005 “significant” and those between 0.05 and 0.005 “suggestive,” Nosek said in an email to The Cavalier Daily.

Current scientific literature varies in reliability between fields and research journals — the

data in scientific literature. A lowered threshold could also reduce “p-hacking,” Asst. Biology Prof. Alan Bergland said.

“In p-hacking, people can use websites or programs to find correlations between variables in their experiments, and this allows them to contort their results to fit their desired narrative,” Bergland said. “You can plot different variables against each other and come across correlations that are completely nonsense, but related. P-hacking would still be possible even if the threshold was lowered to 0.005, but certainly harder.”

While the change in p-value may, by some extent, increase the reproducibility of data, research-

dict the applicability of experimental data to human life.

“It cannot tell you if the ‘model’ for your data is right, or if your sample is representative of the population, or the probability that your hypothesis is true,” Kafadar said. “It can only tell you how consistent are your data with your hypothesis, assuming both that the sample is representative of the population and the model you are using is correct. If neither of those assumptions is true, the p-value may be misleading.”

Due to such limits of the p-value, Adler and Pompano believe errors in experimental design — the setup of a procedure undertaken to test a hypothesis

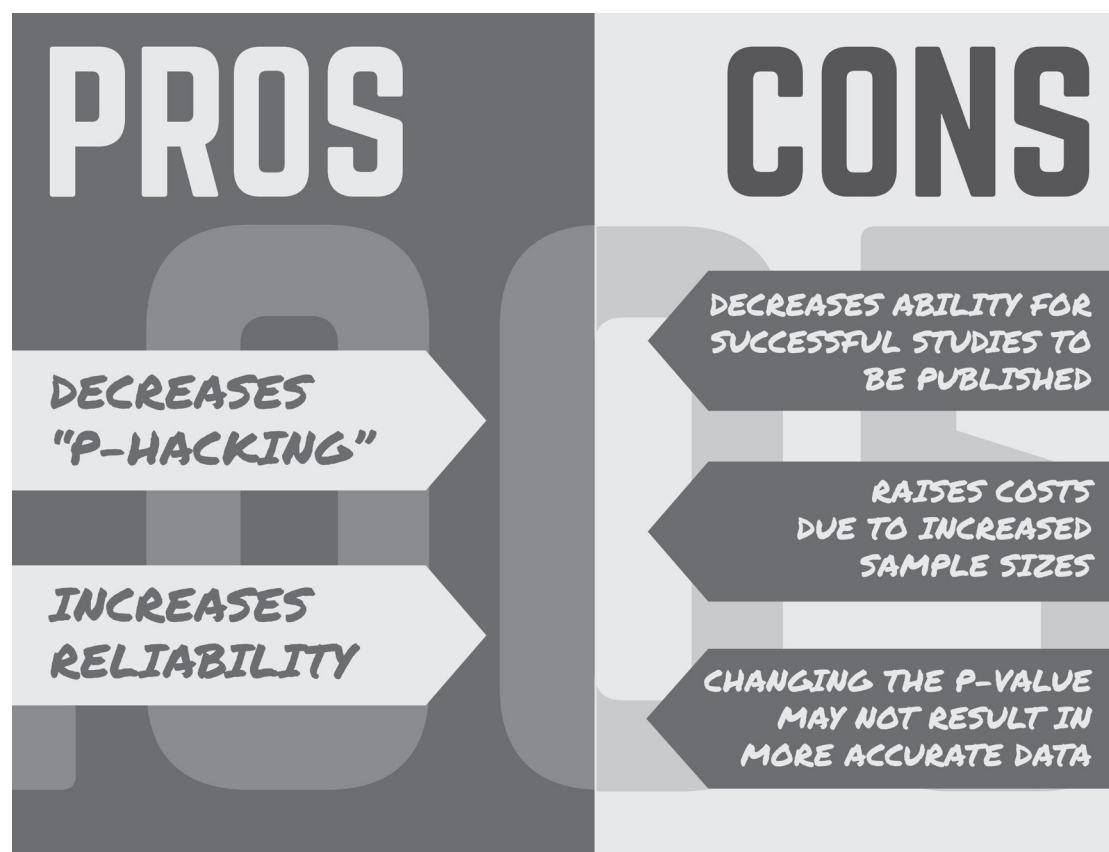
experimental physics, a p-value is rarely utilized and therefore unrelated to reproducibility errors. Rather, systematic uncertainties like varying machinery usage and ill-defined experimental design play larger roles in empirical blunders.

According to Physics Prof. Blaine Norum, reproducibility errors often encountered in physics are due to differing equipment types and apparatus setup from lab to lab.

“The question is not a statistical question, but a question of systematic uncertainties — that is, machinery or experimental design — which are not addressed by a p-value,” Norum said. “How equipment is set up, how one configures it to get measurements varies between people, leading to reproducibility errors from lab to lab. A p-value is a statistically derived quantity, and it doesn’t address those issues.”

Researchers have expressed that inconsistencies within published scientific data stem from flaws within the career structures of science, more specifically defined as an unstable job market and the immensely difficult nature of discovery, rather than statistical analyses.

“In the structure of science, at least American science, a lot of the research is done by graduate students and post-doctoral fellows, so the only way for a faculty member to be successful and keep getting papers and grants is to have lots of people working for them — there’s a selective advantage to that,” Adler said. “But that only fuels the oversupply of scientists, meaning you have too many people chasing too few grant awards and people publishing less reliable data just for the sake of publishing a paper. And these problems are much more serious than the p-value.”



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primary sources of study publications. Commonly, lower-quality journals publish untrustworthy papers, as do some high-end elite journals, in which data presented may be cherry-picked by the investigator to present a case as more scientifically elegant than reality. These circumstances may be caused by a scientist’s lack of knowledge and proficiency in their field, or driven by an individual’s desire for vocational success and economic incentive — often furthered by larger numbers of publications, Biology Prof. Paul Adler said.

According to Pompano, the benefits of a stricter significance cutoff could include less false

worry it could also inhibit scientific progress. A p-value of 0.005 is difficult to obtain when working with smaller sample sizes, which is often the case in pilot studies, human clinical trials and — for ethical reasons — when experimenting with live mammalian specimen, Pompano said. Ultimately, according to Adler, lowering the p-value would increase expenses, time needed to conduct experiments and false negatives — results that incorrectly demonstrate absence of a particular condition — within data.

Additionally, although a p-value can determine statistical significance, it is unable to pre-

— are a more immediate source of defects in scientific validity. Both professors said a p-value change is unnecessary.

“Essentially, you can’t just look at a p-value and decide if the results are reproducible. You have to look at the question being asked and if the experimental design that was being performed actually allows you to answer that question at all,” Pompano said. “And then, does the data support the answer that the author has concluded? I think the p-value alone is one small piece of assessing the conclusion of the experiment.”

In other fields examining non-binary hypotheses, such as

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