

## WHO WALKS THESE HALLOWED GROUNDS?

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RICHARD DIZON AND SEAN CASSAR | THE CAVALIER DAILY

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# Wenner: Article should not have been retracted

*'I do not stand by it,' Rolling Stone publisher says in video deposition*

MAIREAD CROTTY, KATE LEWIS AND XARA DAVIES | STAFF WRITERS

In a video deposition played before the court, Rolling Stone publisher and co-founder Jann Wenner said he did not stand by the retraction of "A Rape on Campus."

"We did everything reasonable and appropriate, up to the highest standards of journalistic check on this thing," Wenner said in the video deposition taped May 11. "The one thing we didn't do that we could have done is confront Jackie's so-called [rapists]."

Wenner's deposition was shown to the jury on the 11th day of trial for the \$7.5 million lawsuit former Associate Dean Nicole Eramo filed against Rolling Stone, Wenner Media, Inc. and Sabrina Rubin Erdely, author of the now-retracted 2014 article.

Eramo claims she was defamed in the article because she says it intentionally and falsely painted her as uncaring and indifferent toward survivors of sexual assault.

As the final authority on decision-making for Rolling Stone, Wenner said he approved the assignment of an article on sexual assault on college campuses, calling it an "ongoing and troubling issue on campuses around the country."

Wenner said he made no changes to the final draft, and was not made aware of any potential problems until former Managing Editor Will Dana approached him with the knowledge that Jackie was not a reliable source.

Dana was managing editor at the time the article was published in Nov. 2014, but left the magazine after the

article was debunked and retracted.

After learning about discrepancies in Jackie's account of events, Wenner said he did not want to issue a retraction until he was sure they were "acting on a supported basis."

Rolling Stone published an editor's note to the online article on Dec. 5, 2014, noting discrepancies in Jackie's claims of an alleged gang rape at the Phi Kappa Psi fraternity house and saying the magazine made a mistake in not digging deeper into Jackie's allegations.

Wenner said he was "pretty certain" he approved the addition of the note on Dec. 5, which he said only applied to information Erdely learned from Jackie.

"We were not retracting the fundamentals to that story," Wenner said.

This stands in contrast to the testimony of Deputy Managing Editor Sean Woods, who said he believed the Dec. 5 editor's note was an effective retraction of the article.

Following the publication of the Columbia Journalism Review's report on the article, Dana officially retracted the article in April 2015 — a move Wenner said he disagreed with.

"Will Dana's retraction is inaccurate," Wenner said. "I do not stand by it."

The jury was also shown Dana's video deposition from March 15, 2016, in which he said Erdely was one of their best-paid and most experienced contracted writers.

In March 2014, Erdely signed a \$300,000 contract for seven feature articles.

Dana said writers were expected to pitch their stories prior to writing, but that most communication over the story's progress happened between Erdely and Woods.

"I delegated a lot of authority to my staff, and I take responsibility for that decision," he said in the video.

In regard to the article's response from those familiar with the University, Dana said people told him they were used to an environment in which sexual violence often went undiscussed and unreported, but that he heard no criticism specific to Eramo.

"They were talking about the systemic problem," he said.

The defense interjected as the video played, saying it appeared to have been edited to leave out important information.

The court took a 70 minute recess for lunch, during which time the court videographers re-evaluated the video.

After Dana's deposition finished and the jury was dismissed, Rolling Stone attorney Elizabeth McNamara put forward a motion to dismiss Eramo's defamation claims.

For the remaining hours of the day, the attorneys debated the case for defamation and which of the statements Eramo is suing over should go forward to the jury.

McNamara argued several statements in question from "A Rape on Campus" should not progress to the jury, but U.S. District Court Judge Glen Conrad only threw out one statement, which said the "school

may have wondered about its responsibilities."

Conrad said the keywords regarding Eramo in the trial are "indifferent" and "discouraged," and ruled that most of the statements made in the article fall into these categories. He also said a reasonable jury could come to two different potential conclusions about whether they were defamatory.

McNamara also proposed the argument for actual malice and defamation by implication be removed from the trial.

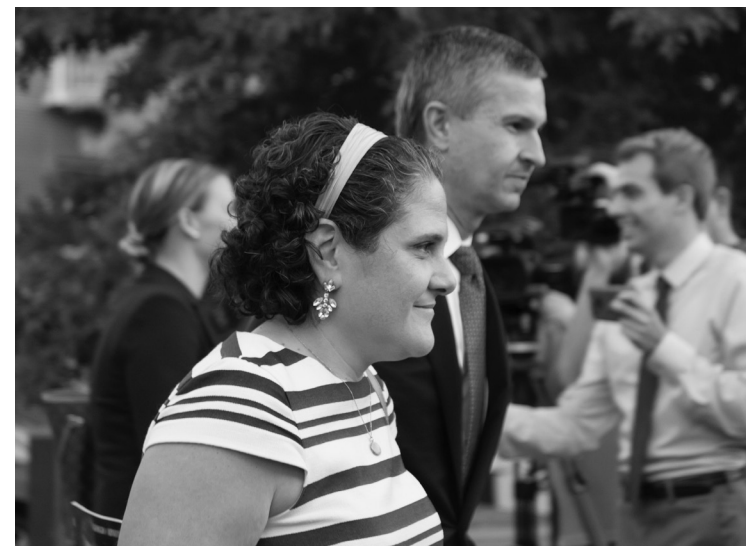
"Defendant would had to have serious doubts about the truth," McNamara said regarding the existence of actual malice. "A reasonable jury

could not find evidence that Sabrina published anything with serious doubts."

Eramo's attorney Andy Phillips argued Erdely would never have replaced Jackie's story even if she did have doubts. Phillips reminded the court of a text Erdely sent to Pinkleton stating there was "no plugging the plug" on the article.

Conrad denied McNamara's motion to remove the argument for actual malice.

Conrad will consider the motion for removing defamation by implication over the weekend and provide a decision when court resumes Monday morning.



XIAOQI LI | THE CAVALIER DAILY

Eramo is suing Rolling Stone, Wenner Media, Inc. and Sabrina Rubin Erdely for \$7.5 million.

## First Year Judiciary Committee elects chair, vice chair

*FYJC to begin trials next week*

DAVID SCHUTTE | ASSOCIATE EDITOR

First-year College students Sam Powers and Emma Westerhof, the newly selected chair and vice chair of the First Year Judiciary Committee, will begin their duties next week, as the First Year Judiciary Committee begins its first round

of trials.

The selection process for the First Year Judiciary Committee involved passing an online quiz with short answer questions, an individual interview and a group interview. Candidates also par-

ticipated in a mock deliberation, which helped them prove they could "consider all perspectives and potential backgrounds."

FYJC stresses the positive role of justice over its punitive role. Powers said it exists in order to take into account the struggles some first-years face when adjusting from home to college life.

"We're seeking to promote a community of safety, respect, and freedom, and we're honoring the backgrounds of every single student coming in," Powers said. "Our aim is not punishment, but education."

This individualism allows students of diverse backgrounds who have violated the University Judiciary Committee's standards of conduct to be uniquely sanctioned.

"We are not simply finding someone who violated the standard, going to the corresponding check box and giving them a sanction," Powers said. "We are individually crafting a sanction for each student."

Westerhof said her desires to join involved the concept of justice and how it is used in daily life.

"Personally I was drawn to UJC and FYJC because justice is my favorite quality, and it's something that I really respect in others and something I strive to embody in my day to day life," Westerhof said. "I think that in general justice is how a governing body shows that it cares about the safety of its community members and its wellbeing."

She also said being in a lead-

ership role means more than just filling an independent role, but is important in ensuring the group functions properly as a whole.

"My whole priority is not about the title, leadership position or reputation, it's really about understanding how the group functions, what the group dynamics are and to make sure that the person in a leadership role will be able to facilitate the most good out of its members," Westerhof said.

The FYJC will begin hearing panels this Wednesday.

"We have many, many cases on the docket, and we're raring to go," Westerhof said. "It's a very short learning curve window, but they've done a great job of training the judges."



ISABELLE LOTOCKI | THE CAVALIER DAILY

FYJC stresses the positive role of justice over punitive role during trials.

# Honor considers newly proposed jurisdiction by-law

*New addition would change discretion of committee to decline, defer jurisdiction*

MARK FELICE | ASSOCIATE EDITOR

The Honor Committee discussed jurisdiction at its weekly meeting in the form of a newly proposed by-law regarding the committee's discretion to decline or defer jurisdiction of certain cases.

The last update to the general body's by-laws was at the beginning of this term on Aug. 1. Those changes allowed for all cases following these alterations to be considered under that standard.

Current literature states that the Honor Committee's jurisdiction includes "any allegation of a significant act of lying, cheating or stealing."

"The Honor legal advisor helped significantly with drafting this language, and she proposed the majority of the language," Honor Committee Chair Matt West, a fourth-year College student, said. "We hammered out all the details, each clause that included investigate, judicate and so forth."

The proposed language states that the committee "may decline jurisdiction to accept, initiate or pursue, or

may dismiss, any report of an alleged Honor Offense when, in the sole reasonable discretion of the Executive Committee."

This would be allowed in cases when a report "implicates technical, legal or regulatory matters about which average University students may lack sufficient training or expertise, or has been or will be investigated, adjudicated, remediated, sanctioned or otherwise addressed by another University administrative or disciplinary process."

Despite the its jurisdiction being outlined in governing documents, the committee has not had the power to decline or defer jurisdiction on a case-by-case basis to this extent.

"[The new proposal] gives the Executive Committee the authority to deny jurisdiction before a report is filed and also kind of formalizes our authority to dismiss existing reports for reasons beyond lack of evidence," West said.

Authority over these decisions will now fall to the Honor Executive

Committee or the vice chair for investigations, depending on the case brought to the group.

West did continue to say that this new rule will only be used in rare occasions and when a case was beyond the legal stature of the Honor Committee, citing examples of reports of lying during a Title IX case and landlord-tenant disputes.

"Obviously, the major issues that prompted these changes were issues with landlord-tenant disputes that may be better served in a claims court and with Title IX and sexual assault," West said.

The proposal will be considered by the committee and revised during following meetings.

Discussion over the proposal led to development on a possible effort to change more by-laws in the committee's governing documents.

"Talking about the pre-report or post-report, I think that is going to be a little tricky, making a determination either way, partly because it is really decentralized as to how we would de-

cide that," Honor rep. Caroline Herre, graduate Architecture student, said.

More changes have yet to be discussed, but members of the committee still want to decide what voting method would be best for declining a case. The discussion is centered on the options of majority, four-fifths or

unanimous vote for these cases.

The committee tentatively plans to vote on the new proposal at next week's meeting on Nov. 6. Meetings take place at 8 p.m. in Newcomb 480 and are open to the public for community input before and after the committee's main itinerary.



SHWETA WATWE | THE CAVALIER DAILY

The proposal would give the Honor Committee the ability to decide whether a case would fall within their jurisdiction.

## Dittmar, Garrett race for fifth district seat

*Both candidates hope to tackle student debt*

CATHERINE WIEDMANN AND ISABEL BANTA | STAFF WRITERS

In the Nov. 8 election, voters registered in Charlottesville will choose to vote not only for the president but also for the representative of the fifth district in Congress. Democratic candidate Jane Dittmar and Republican state Sen. Tom Garrett are running head to head for the seat.

Stances on issues relating to the University community and the Charlottesville area play an important role in the race. Both candidates are eager to tackle the issue of student debt.

Both candidates have public service experience, which they said has prepared them to serve in Congress.

Dittmar — a University alumna — has served as the chair of the Albemarle County Board of Supervisors, a representative of the Scottsville District and President of the Charlottesville Regional Chamber of Commerce, according to her campaign website.

Garrett served as the Commonwealth's Attorney in Louisiana, and in 2011 he was elected as the state senator for the 22nd district. Garrett is also an army veteran.

Locally, Dittmar said she hopes to tackle issues within the rural

sectors of the fifth congressional district, which includes not only large urban areas such as Charlottesville but also smaller, rural areas.

Dittmar's first priority is getting people back to work by increasing the economic security in the district, according to her website. She said she wants to improve Internet access, an essential building block for economic success.

"When you look at job creation you look at the assets of a community and any deficits you have," Dittmar said in an interview with The Cavalier Daily. "We need to make sure that high-speed internet is going out to all our small business, agri-business, home businesses in the rural area of the region, and that cell service is also reliable."

The University Democrats officially endorsed Dittmar on Oct. 25 and have both campaigned for Dittmar and made phone calls on her behalf.

"Ultimately, Ms. Dittmar's past experience in business, professional mediation skills and knowledge of Virginia's educational system highlight why we feel that she is the best candidate to represent

the expansive and diverse interests that compose Virginia's 5th Congressional District," the University Democrats executive board said in a statement.

University Democrats President Sam Tobin, a fourth-year College student, reflected on Dittmar's commitment to college students.

"[Dittmar is] heavily focused on making college more affordable," Tobin said. "Garrett has no interest, [is an] ardent conservative [and] wants to get rid of the Department of Education."

At the Sept. 29 debate hosted by the Batten School, Garrett agreed with Dittmar that creating jobs is the most pressing issue facing the fifth Congressional District. He also said he wants to help decrease student debt with his Student Security program.

"Another thing that's killing our economy is the massive cloud of student debt that now surpasses credit card debt on the ledgers of the American citizen," Garrett said in an interview with The Cavalier Daily.

Garrett's Student Security program would allow individuals who currently hold student loan debt

to have \$5,000-7,000 of that debt forgiven for every year that the student agrees to defer Social Security disbursement, according to his website.

Dittmar has also suggested a civilian equivalent to the GI Bill.

"If you're willing to serve your country and then go to college without debt, [and] if you're willing to go into debt and then serve in particular areas after to have it taken away — I think that's the way our country needs to go," Dittmar said.

Although the College Republicans have not officially endorsed Garrett, many of their members work for the Garrett campaign and have made phone calls and door-knocked on his behalf.

Adam Kimelman, College Republicans' vice chair of campaigns and a second-year College student, said the organization does not see the point in endorsing someone the large majority of the group are going to agree on.

"We usually don't officially endorse candidates ... actions speak louder than words," Kimelman said. "We have two, generally good human beings running who both have different ideas and

different policies and they disagree with each other, but there's [no] name calling, there's been — to my knowledge — no vicious campaigning or anything like that." Kimelman said Garrett's experience serving in the Virginia senate is what makes him a great candidate.

"Tom Garrett has a lot of experience in the Virginia senate on how to create jobs, working across the aisle," Kimelman said.

Tobin also stressed the importance of voting no matter which candidate students decide to cast their ballot for.

"I would encourage students to look at the direction of our country and know that no matter who wins the election, we are trying move in a progressive direction," Tobin said. "Congressional politics impacts us in this district a lot. It's a very, very tight race, and whether U.Va. students vote will make a difference."





# Football suffers heartbreak

*Cavaliers fall seconds short of signature ACC win over No. 5 Louisville*

MARIEL MESSIER | SENIOR ASSOCIATE EDITOR

No. 5 Louisville relied on its sophomore quarterback Lamar Jackson, the Heisman Trophy favorite, to slip past Virginia by a score of 32-25 in the final seconds of Saturday's contest. The Cavaliers (2-6, 1-3 ACC) defied the odds by sticking close with the Cardinals (7-1, 5-1 ACC) in a game that they were projected to lose by up to 34 points.

"We don't focus much on the opponent, most people do," coach Bronco Mendenhall said. "So if that is the No. 5 team in the country and that is the possible Heisman Trophy winner, then I'd say we are making progress in almost every area of our team."

The Cavaliers got on the board first with a 27-yard field goal from junior placekicker Sam Hayward — marking the Cardinals' first game this season where they didn't score first.

The Cardinals got on the board when Jackson threw into the end zone for 15 yards to senior wide receiver Jamari Staples for a 7-3 lead.

One possession later, junior linebacker Micah Kiser recovered a fumble to give Virginia the ball at the Louisville 28-yard line. The ensuing drive only took two plays, as junior quarterback Kurt Benkert threw to junior wide receiver Doni Dowling for a touchdown, giving Virginia a 10-7 lead before the end of the first quarter.

Both teams were scoreless in the second quarter. Junior defensive end Andrew Brown sacked Jackson on a third down late in the quarter and Virginia went into the intermission with the 10-7 lead. The seven points that the Cardinals scored were the fewest they scored in any first half this season.

"We knew we had to contain [Jackson] because he can also run," junior free safety Quin Blanding said. "We knew how to set the edge ... we had that on lockdown."

The start of the second half was promising for Virginia. After Louisville went three-and-out, Benkert threw to Dowling, who hurdled over a Louisville player to put the Cavaliers in scoring position. Benkert then hit sophomore wide receiver Olamide Zaccheaus for a nine-yard touchdown to extend Virginia's lead to 17-7.

"We just knew that we would have to execute," Benkert said. "We knew that we would have to score points to win, and our

defense played so well."

However, Virginia's game was marred by offensive opportunities they couldn't capitalize on. Later in the third quarter, Blanding intercepted Jackson and returned the ball 30 yards to the Louisville 15-yard line. The offense sputtered in the end zone, and Hayward missed a 30-yard field goal wide left. Jackson and Louisville scored on the next Cardinal drive, cutting into Virginia's lead with a touchdown and bringing the score to 17-14. At the beginning of the fourth quarter, the Cardinals regained the lead for the first time since the first quarter. The Cavaliers responded, as Kiser sacked Jackson again on a third down, marking the fifth Cavalier sack of the game — tied

for the most the team gave up all season.

"Defensively, I think this was our best game," Kiser said. "We were doing what Coach Mendenhall wanted us to do. Right now we're just trusting the process."

The Cardinals added onto their lead with 8:09 in the fourth quarter with a 32-yard field goal to make the score 24-17.

Scott Stadium's sparse crowd was roaring during Virginia's last drive. Down one touchdown with just under two minutes left in the game, Dowling caught a Benkert pass for his second touchdown of the afternoon. The coaching staff decided to go for the two-point conversion, and it paid dividends, as senior running back Albert Reid

hauled in a pass to give the Cavaliers a 25-24 advantage.

"Coach believed that we could get it to go and [see] if we could win the game or not," Reid said.

Benkert led his team to the touchdown after converting on a fourth-and-seven, and was responsible for both the touchdown pass and the pass for the eventual two-point conversion. Benkert recorded three touchdowns and 238 yards on the day.

"He's learning to be resilient," Mendenhall said. "He's learning to be poised — he's learning to finish games."

However, it wasn't long before heartbreak ensued for the Cavaliers. Jackson led a 75 yard drive, and fired a 29-yard touchdown pass — his fourth of the

afternoon — to sophomore wide receiver Jaylen Smith with just 13 seconds left in the game. The Cardinals then earned the two-point conversion to bring the score to 32-25.

While Virginia beat the spread and ultimately made strides against the No. 5 team in the country, the last-minute loss didn't settle well. The Cavaliers will now have to win out their last four games to make a bowl appearance.

"I felt like we made strides today but honestly I'm tired of making strides and not winning," Reid said. "I feel like the next few games we're going to play hard, and we're going to win some games."



KILEY LOVELACE | THE CAVALIER DAILY

Junior quarterback Kurt Benkert's 238 yards and three touchdowns weren't enough to match No. 5 Louisville and Lamar Jackson.



# Women soccer's ACC title chances end in Chapel Hill

HUNTER OSTAD | ASSOCIATE EDITOR

Having just finished the regular season with a win against Louisville, the fifth-seeded Cavaliers came into the ACC Championships confident in their ability but weary of their competition since they travelled to Chapel Hill to take on fourth-seeded North Carolina.

The ACC championship dream ended suddenly for Virginia (13-4-2), as they fell Sunday to North Carolina (12-3-3), 3-0, in a quarterfinal match.

It was a disappointing result for the Cavaliers, who appeared to be jelling at the right time and looked poised for a run at the championship. However, playing UNC on the road was a massive challenge for Virginia, especially in a quarterfinal matchup.

The Tar Heels started the

game off well — putting continuous pressure on the Virginia back line — but the Cavaliers withstood the test with a few great defensive plays and senior goalkeeper Morgan Stearns' signature play kept the Cavaliers in the game.

The period just before half-time proved to be the difference in the game since UNC converted two turnovers into goals in the 39th and 45th minutes of the game.

This sent Virginia into the locker room down 2-0 in an extremely uncomfortable position.

At the start of the second half Virginia tried its best to mount a rally, but a breakthrough never came, and North Carolina found the dagger off a corner kick in the 65th minute to put Virginia

down 3-0.

The final 35 minutes proved to be as frustrating as the rest of the game for Virginia because they couldn't get any momentum going in Chapel Hill, and the margin remained at three when the referee blew the final whistle.

The game was a disappointing defeat for Virginia, but hopefully the team can use this as motivation going forward in the NCAA Tournament in November.



MARIANA FRASER | THE CAVALIER DAILY

Senior goalkeeper Morgan Stearns gave up a rare three goals against UNC.

# No. 17 men's soccer closes with 1-0 victory over Duke

*Cavaliers extend unbeaten streak to nine games*

RAHUL SHAH | ASSOCIATE EDITOR

The No. 17 Virginia men's soccer team began Friday night with a small ceremony before their match against Duke, honoring their seven fourth years — redshirt junior midfielder Pablo Aguilar, senior forward and midfielder Nicko Corriveau, senior midfielder and defender Paddy Foss, redshirt junior midfielder and defender Hayes Fountain, redshirt junior goalkeeper Adam Prevost, redshirt junior defender Wesley Suggs and redshirt junior defender Sheldon Sullivan.

In front of a packed crowd, the Cavaliers (9-2-5, 3-2-3 ACC) capped off senior night at Klöckner Stadium with a satisfying 1-0 victory over ACC rival Duke. In their last game of the regular season, the Cavaliers battled the Blue Devils (7-7-2, 2-5-1 ACC) throughout, with neither team able to get much going on the offensive side of the ball.

Both teams were locked in a scoreless tie with just over three minutes to go in the second half when Aguilar scored the game-winning goal off of an assist from sophomore midfielder Jean-Christophe Koffi in the 87th minute to knock off Duke. It was Aguilar's fifth goal of the season.

"I got a ball, and to be honest, I saw an open shot," Aguilar said. "As soon as I shot it, I thought it was going in — I blacked out after it went in — it was a great

feeling and it feels great to have scored that goal in the last minutes."

Virginia coach George Gelnovatch was impressed with what he saw from one of the seniors the team honored before the game.

"What a great goal by Pablo," Gelnovatch said.

Before Aguilar's goal, Virginia struggled offensively, especially in the first half. In the second half, the Cavaliers seemingly missed a couple opportunities to score and both teams looked like they were heading towards a tie.

Gelnovatch mentioned that Duke's defense in the first half made it difficult for Virginia's offense to get going.

"Well, I mean, I think what you saw, again, what we've run into is a team that's hell-bent on defending," Gelnovatch said. "So the reason our offense is having a hard time is because they've got ten guys behind the ball, makes it a little tougher."

However, Gelnovatch believed that Virginia was able to start playing better offense in the second half since they started to wear Duke down.

"I think in the second half ... was better, and mostly because we just wore them down," Gelnovatch said. "You know, we had a couple of half-decent chances in the second half, I just think they got tired. We got to be patient,

got to keep doing the things we talked about."

Aguilar agreed that the Cavaliers wore down Duke down the stretch.

"I think we're good at, like, getting teams tired," Aguilar said. "So in the first half we like to keep the ball, make them run, make them run back and forth so they get tired. In the second half, almost always we seem to find more spaces and create more chances, it's obviously because they're more tired, you know."

Virginia's defense was strong once again, as they kept another clean sheet Friday night, extending their unbeaten streak to nine games. Junior goalkeeper Jeff Caldwell had another solid performance, picking up four saves.

Though Virginia's offense struggled at times, they were still able to outshoot Duke 11-8.

It was an important victory for the Cavaliers, as they will now have home-field advantage for the opening round of the ACC Tournament. Aguilar talked about how important home-field advantage is for the team. The Cavaliers have not lost at home so far this season.

"It's great, this win was so important because it will give us home-field advantage for Wednesday to the start of the ACC Tournament," Aguilar said. "That's crucial for us, having the home field advantage — we ha-

ven't lost at Klöckner yet and I hope that we don't lose at all during the season."

The Cavaliers will now have a couple of days to regroup and refocus as they get ready for the start of the postseason. Their

first-round match of the ACC Tournament will be against NC State and is scheduled to take place Wednesday at 7 p.m. at Klöckner Stadium. The Cavaliers will be the No. 6 seed and the Wolfpack will be the No. 11 seed.



CHANDLER COLLINS | THE CAVALIER DAILY

Junior midfielder Pablo Aguilar's 87th-minute goal broke the scoreless tie to put the Cavaliers ahead for good.



# Volleyball splits road games down south

ALEC DOUGHERTY | ASSOCIATE EDITOR

The Virginia volleyball team (5-19, 2-10 ACC) hit the road this weekend for two matches in search of another conference victory. After dropping the first match to Georgia Tech (19-5, 10-2 ACC), the team rebounded with a win against Clemson (6-18, 1-11 ACC) in South Carolina.

Friday night, the Yellow Jackets hosted the Cavaliers in Atlanta, Ga. and were able to take down Virginia in straight sets as they did earlier in the season. The Cavaliers kept each set close but could not close the gap and win a set in the face of the Yellow Jackets' persistent attack. Junior outside hitter Gabriela Stavnetchei led Georgia Tech with 14 kills, while red-hot senior outside hitter Jasmine Burton led Virginia with 12.

Virginia faced Clemson with the hopes of rebounding from Friday as well as securing its first sweep of a conference opponent

this season. After the Tigers took the first set, the Cavaliers took over the game and won the next three, holding their opponent to under 20 points in each of the remaining sets.

It was a very special night for Burton, whose huge contribution of 17 kills put her are more than 1,000 in her illustrious career in Charlottesville. Senior outside hitter Haley Kole also had a big night with 17 kills of her own to build on an already-impressive season.

With eight games remaining in their season, the Cavaliers return home looking to build on the momentum generated from the Clemson win. Virginia hosts Syracuse (6-16, 5-7 ACC) Friday night before taking on Boston College (6-16, 1-11 ACC) Sunday. Both games are within reach for the Cavaliers, who will look to cash in after a week of preparation.



CALLIE COLLINS | THE CAVALIER DAILY

Senior outside hitter Jasmine Burton paced the Cavaliers on the weekend, contributing 29 kills over two games.

# Men's and women's cross country place in top 10

JULIA THOMPSON | STAFF WRITER



COURTESY VIRGINIA ATHLETICS

Sophomore Emily Mulhern's 21st-place finish earned her All-ACC honors, leading the women's team to a 10th-place finish.

The Virginia men's and women's cross country teams raced to second and 10th place, respectively, at the ACC Championships Friday.

The No. 12 Virginia men's team took second place with a score of 72 points. This is the Cavaliers' best finish since their second-place finish in 2012. Defending ACC and NCAA champion No. 6 Syracuse took this year's ACC Championship title again, finishing with 29 points.

Four Cavalier runners finished in the top 13, garnering each of them All-ACC honors. Sophomore Brent Demarest led Virginia with an 8K time of 23:23.6 for seventh place. A Cavalier pack of runners followed closely behind — freshman Lachlan Cook, senior Zach Herriott and junior Chase Weaverling took 11th, 12th and 13th, respectively. Freshman Matthew Novak was the final scoring runner for the Cavaliers with a 29th-

place finish.

Cook, with his 11th-place finish, won ACC Freshman of the Year.

The Virginia women's team finished 10th overall with a score of 220 points. No. 3 NC State took the ACC Championship title with 53 points, followed by No. 19 Notre Dame (74) and Virginia Tech (153).

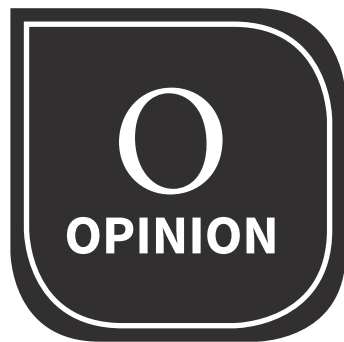
Sophomore Emily Mulhern paced the Cavaliers, crossing the 6K finish line with a time of 20:42.2 for 21st place. Mulhern earned All-ACC honors.

The rest of Virginia's scoring five was made up of graduate student Sarah Astin in 31st, graduate student Beth Hawling in 41st, freshman Emma Call in 62nd and junior Megan Rebholz in 75th.

Next, the Cavaliers will host the NCAA Southeast Regional Championships at Panorama Farms in Earlysville on Nov. 11.

## Check out our WEBSITE at cavalierdaily.com





## COMMENT OF THE DAY

“Finally a column on the lack of the most important kind of diversity for a university--ideological diversity.”

“Publius” in response to Brendan Novak’s Oct. 28 article, “Higher ed is too far left”

## LEAD EDITORIAL

## CAPS should lift its cap on counseling sessions

*This change would improve care, encourage more students to come to CAPS*

Counseling and Psychological Services, or CAPS, typically limits the number of counseling sessions students can attend to six, which can make it difficult for students to get the mental health care they need. While six sessions are, according to Student Health Executive Director Dr. Christopher Holstege, sufficient for the majority of students, the limit can discourage students from coming to CAPS and can hinder the quality of the actual sessions themselves. Given the effects of these restraints, the University should provide more resources

for CAPS to hire more staff.

In some cases, CAPS extends therapy until the student either finds outside care, graduates or becomes stable. This should not be the exception — a student shouldn’t have to be in an especially serious situation to merit more counseling. Moreover, a six session limit can prevent both the counselor and the student from addressing the student’s needs in appropriate depth; third-year Curry student Carley McQuain, for instance, told The Cavalier Daily her sessions focused on, “How are you doing this week?”

instead of primarily on what she was there for — an eating disorder.

Most people at CAPS are committed professionals who are doing their best to deal with a burdensome workload and lack of institutional support. Given the prevalence of mental health issues at many universities, including our own, we should invest the resources necessary to make sure everyone gets quality care. Those in crisis are understandably a priority for any health system — but the University should do more to serve the needs of all students.

## THE CAVALIER DAILY

## THE CAVALIER DAILY

The Cavalier Daily is a financially and editorially independent news organization staffed and managed entirely by students of the University of Virginia.

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# HAPPY HALLOWEEN





# POLITICAL SATIRE DOES NOT AFFECT VOTING

*Saturday Night Live's comedy sketches don't change voters minds*

On Oct. 16, Donald Trump tweeted, “Watched Saturday Night Live hit job on me. Time to retire the boring and unfunny show. Alec Baldwin portrayal stinks. Media rigging election!” Though Trump’s Twitter account has provided far more controversial snippets than this selection, he used the tweet to further his ongoing narrative about media bias. In recent weeks, Trump’s denial of the validity of electoral results has rested on his claims of media bias. When he attacked “Saturday Night Live,” though, Trump brought up the often discussed question of the show’s influence on political results. Some of SNL’s most memorable characters include the show’s portrayals of political figures. Their sketches starring Tina Fey as Sarah Palin in 2008 were credited with tanking Palin’s favorability ratings ahead of the election. SNL provides interesting satirical commentary on political issues, but its ability to change the minds of voters using comedy is unlikely.

SNL has the largest impact on

its audiences in terms of agenda setting. In her research on SNL’s agenda setting abilities, Elon University’s Jessica Leano stated, “Programs like ‘The Daily Show,’ ‘The Colbert Report’ and ‘Saturday Night Live’ do not directly persuade or influence viewers

mately choose to include specific points. This inclusion causes the points to appear more important to viewers because they were included over other “newsworthy” issues. The sketches themselves have cultural value due to their portrayal of prevalent issues but

agenda setting having a notable effect on the reputation of a politician was that of Sarah Palin. Following Tina Fey’s impression of her, Palin’s favorability ratings as rated in a Gallup poll dropped from 53 percent to a low of 41 percent. Leano explained that SNL’s spoof of Palin caused voters to look more into her personality and policies and, in the end, they found her unfavorable. Though the coverage skewed Palin heavily, her downfall was rooted in her policies and her perceived ability to do the job of vice president. SNL just magnified what she was already saying and turned it into humorous sketches, as they have done with politicians throughout American history. Trump may object to the actor’s portrayal of his mannerisms but it is meant to be comedy and it most likely will not sway his supporters in a negative fashion.

Trump has little to worry about because Americans are fairly stagnant in their political views. Sociologist Paul Lazarsfeld found people develop their

political views through influence from their friends and family. Radio news programs and newspapers had little effect of voting behaviors and most people received political information from their family members and neighbors. Though an SNL sketch can bring an item to the forefront of people’s minds, their opinions on the item will likely remain unchanged. Viewers internalize the information presented on the show but their preexisting notions still shape how they feel about the program. Ultimately, Trump’s fears are unfounded because, though SNL can shape the entertainment landscape and encourage viewers to think about specific issues, it is unlikely their brand of sketch comedy will change the minds of specific voters.

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**The specific issues that the show chooses to focus on will ultimately end up more prevalent in the minds of voters.**

to support a candidate or issue, but instead plant certain ideas and concepts in their minds.” The specific issues that the show chooses to focus on will ultimately end up more prevalent in the minds of voters. Though SNL takes most of the fodder for its sketches from the mouths of the politicians themselves, they ultimately

Trump’s main concern with the quality of Alec Baldwin’s impressions is unnecessary. Like any popular entertainment entity, the sketches of SNL cause conversation about the issues they represent, but viewers are unlikely to change their vote or party allegiance because of an SNL sketch.

The most recent case of SNL’s

# GAP YEARS SHOULD BE ENCOURAGED, NOT STIGMATIZED

*Taking a year off between high school and college helps students succeed*

This past spring, the White House released the news that Malia Obama was delaying her college education to take a gap year. With increasing societal and academic pressures on students nowadays, it makes sense to have the desire to step back from it all. Harvard College, where Malia plans attending in 2017, actually encourages this course of action, affirming it gives students an option to catch their breath before delving into eight consecutive semesters of demanding work. So many students do choose to take time off each year, perhaps positively contributing to Harvard’s 98 percent graduation rate. If students have the opportunity and luxury to take a gap year, they should; they will not regret the decision to temporarily retire from the mundanity that is textbooks and tests in order to foster a more global understanding bigger than just them.

The stigma around gap years is changing and rightfully so. While a gap year has been seen as a way of postponing the realities of life and as a path that encourages wayward behavior, it is starting to take on a new meaning. While gap years are an

increasingly expensive trend, it is important to note that there are alternative options, such as gap year plans that come at a low cost or no cost at all. Chris Yager, founder of an organization which leads international programs, contends these associations “tend to be driven by

about her decision to take two years off from school before attending Stanford. She explains that a gap year is more than taking a break from the rigidity of school work — it is a chance to “challenge the notion that taking a traditional path is the only one to success.” The American ed-

learning does not mean students are taking time off of expanding their minds; it is simply a time away from the conventional pursuit of knowledge. Thinkng Beyond Borders, a global gap year initiative, gives students the opportunity to explore outside of the classroom so they may return to school with more potential than ever before. Yes, students can fall victim to the idea of having a typical American experience abroad in places such as Paris, Cape Town and Barcelona, but that is ultimately in their control. They can tailor the experience as they wish, choosing to immerse themselves culturally or to stick to what is comfortable — the choice is theirs to make. “Students choose a gap year because they are seeking a sense of purpose and direction for their education,” something they may not have found in high school. Attaining a global understanding can more directly lead to a fulfilling life, one that is bigger than you and more meaningful to your existence.

Andrew J. Martin conducted studies on the academic motivation of students who participated in gap years. Martin found

that those who took a gap year had “significantly higher motivation in college — in the form of adaptive behavior such as planning, task management, and persistence — than did students who did not take a gap year.” Further research has indicated that “gappers” were less likely to participate in binge drinking and less likely to drop out of school. There is also a concrete link between the deliberate decision to delay higher education and getting better grades once the student returns to school.

We are lucky to have such wonderful opportunities to take part in higher education, yet we cannot fully appreciate this opportunity if we do not get enough value from the experience. Gap years can equip students with this potential to absorb every single ounce out of the college experience, an experience that cannot be replicated.

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**The stigma around gap years is changing and rightfully so.**

a sense of mission rather than profit,” so they will provide financial assistance whenever they can. Gap years are for the students who simply cannot yet put a finger on “what they want out of college” or those who “seek to work, travel or volunteer on the sort of schedule that an academic calendar does not allow.”

In a TED Talk on taking time off, Jean Fan tells her story

ucational system is flawed, for it encourages a population of young people who find solace in obedience and following directions, yet struggle to think for themselves. To take a gap year is to take the time to figure out the difference between succeeding at simply conforming to norms and succeeding because we love and appreciate that which we are choosing to take part in.

The pursuit of self-directed



# FIX OBAMACARE BY INSTITUTING A PUBLIC OPTION

*Our government should ensure universal healthcare like the rest of the developed world*

The United States' healthcare system is, from a global perspective, laughable; the United States spends more on health care than Australia, Canada, Denmark, France, Germany, Japan, Netherlands, New Zealand, Norway, Sweden, Switzerland and the United Kingdom. Despite such spending, the United States holds the dubious distinctions of having the worst life expectancy, highest infant mortality rate, the lowest insured rate and the greatest proportion of obese citizens when compared to these other twelve nations. The Affordable Care Act, commonly known as "Obamacare," was signed into effect on March 23, 2010, in an attempt to solve some of the issues with the U.S. healthcare system. The act is one of the largest overhauls of the United States healthcare system in recent memory, with its passage being one of the most hotly contested issues in Congress and throughout the United States.

The passing of the ACA has undoubtedly had some positive effects; the U.S. uninsured rate is at a historical low, at 11 percent by the second quarter of 2016, and those making less than \$36,000 annually have had the greatest

decline in the uninsured rate — from 30.7 percent in late 2013 to 20.0 percent today. However, the ACA is not without critical flaws; the act, which was touted for "reforms that have improved access, affordability, and quality in healthcare for Americans," has arguably done the opposite. Rather than establishing a single-payer health-

**Neither of these methods, however, would be conducive in preventing continually rising costs of a system increasingly seen as broken by Americans.**

care system which has been tested and proven to work, the ACA has established an eccentric "marketplace" through which enrollees may purchase insurance from private providers

Average healthcare costs are estimated to rise on average by 25 percent for next year. Twenty percent of consumers will have access to only one insurer by next year, and 29 percent of Americans believe that the ACA has hurt their

family, with only 18 percent stating a positive effect and 51 percent expressing no effect. It should be noted, however, that only 26 percent of Americans know that the ACA has resulted in record-high insurance rates, indicating a general lack of understanding of what the ACA has accomplished. Indeed, the failures of the ACA

have been exacerbated with major insurers, such as Aetna, United Healthcare and Humana pulling out of "most of the healthcare exchanges it had entered in 2014," as reported by Gallup. Aetna (which is also a healthcare provider at the University) proved defiant toward the Obama administration in September this year, warning the Department of Justice that its lawsuit towards a proposed Aetna-Humana merger would result

in Aetna scaling back its current operations in Obamacare. The statistics make it clear: the Affordable Care Act, as it currently stands, is unsustainable, and must be heavily reformed to accomplish the ACA's original goal of quality, affordable healthcare.

Both presidential candidates have strikingly different views towards the ACA; while Hillary Clinton is in support of procedures which would block or modify so-called "unreasonable rate increases" by health insurers, Donald Trump would (in his words) "repeal it, replace it, get something great!" Neither of these methods, however, would be conducive in preventing continually rising costs of a system increasingly seen as broken by Americans. Interestingly enough, neither candidate has publicly suggested the alternate option of publicly-funded healthcare, a system which has already been tested and proven incredibly successful in other nations. The primary distinction of the United States from other high-income nations is the lack of a publicly financed universal health system — a system which the ACA failed to establish.

The United States has mastered

a process of inefficiency with its current healthcare system, consistently paying higher and higher prices for results which pale in comparison in other well-developed nations. Regardless of the merits and problems with the ACA, one thing is clear; changes must be made to the United States' current, unsustainable healthcare system. Such reforms could be made via increasing federal financial assistance for enrollees and implementing drug cost-control procedures. Alternatively, a fundamentally flawed (when compared to the healthcare systems of every other developed nation) system could be overhauled entirely by implementing a single-payer healthcare system, as every other developed nation has done so far. Regardless of the method, one point remains clear: the United States may possess incredibly skilled healthcare workers. The expertise of such workers, however, is of little use if no American can afford to pay said professionals for their abilities.

**WILLIAM WONG** is a Viewpoint writer.

# FIRST RESPONDER PRIVILEGES ARE ON THE VIRGINIA BALLOT, TOO

*Passing Virginia's second constitutional amendment would give first responders the respect they deserve*

privileges are on the Virginia ballot, too. The Virginia Constitution has two proposed amendments up for referendum on Nov. 8. The first one concerns workers' rights, and the editorial board has already written an excellent article on it. The second proposed amendment would empower the General Assembly to exempt from taxation the real property of a surviving spouse of any firefighter, police officer or emergency medical technician killed in the line of duty. Until now this privilege was only extended to those who had a spouse die while serving in the armed forces. This is a change that is not only sensible but also needed in our current national climate.

Firefighters, police officers and EMTs deserve this privilege just as much as members of our armed forces. We give soldiers special privileges because they chose to put themselves in what could be mortal danger for the good of everyone. People can argue over soldiers deserving more or less respect than they get, but it is undeniable they provide an essential public good. Firefighters, police and

EMTs do the same. The least we can do to recognize their essential contribution is to pass this amendment.

There may be some worries that the cost of this provision would put too much of a burden on the state. But look at

**We give soldiers special privileges because they chose to put themselves in what could be mortal danger for the good of everyone.**

the state's statistics. As of today, there have been three police line-of-duty deaths, no firefighter deaths and no EMT fatalities in 2016. In 2015 there was one line of duty death for a firefighter and one for a police officer. Assuming every single one of these people are married, that would mean only exempting five

people from their real property tax. Under current conditions, I think the state of Virginia will have no problem shouldering this burden.

Passing this amendment will also create a positive incentive

for people to join professions that are always in need of new people. Firefighters and police officers are often paid too little for the dangerous and tough work they do. Add on to this the worry that if you get injured or killed it will not only hurt you, but also your spouse, who may be economically dependent on

you. People looking to get into any of these professions would have to worry a little less about the economic danger they put their spouses in if the amendment is passed.

Hopefully adopting this amendment will also signal we still respect our police and fire responders. Many police officers feel embattled by Americans who accuse them of being racist. This worry has only increased after five cops were killed in Dallas this July during a protest against police violence. Though most of this rhetoric is against the police, the whole first responder community feels the same wariness. I am not arguing there are no problems with police or first responders, but the lack of respect and violence against them has gone far past a productive discourse. It won't spark major change, but adopting this amendment would show there is still respect for the people who work so hard to preserve our communities.

I admit this would be mostly a symbolic change. I would much rather legislators put more money towards police and first responders. However, I rec-

ognize it would take an extremely tough political fight to get the more money in the state budget or reallocate existing funds. I hope one day Virginia legislators will take up this issue, but for now I support this pragmatic step in that direction.

I am a first responder myself, a volunteer firefighter. This might bias my view on this amendment, but I think it gives me more perspective. I have personally seen the ridiculous amount of work and suffering that police and first responders go through on a daily basis — it is staggering. These are the people who have to deal with society at its very worst and its most dangerous. To me it just makes sense that we extend them this modest benefit already given to military spouses — it is the least we can do.

**BOBBY DOYLE** is an Opinion columnist for The Cavalier Daily. He can be reached at [b.doyle@cavalierdaily.com](mailto:b.doyle@cavalierdaily.com).



EVENTS

**Monday 10/31**  
TYC Presents: Third Year Brunch, 10:30am-1pm, Amphitheatre  
Halloween at OG, 3-5pm, OpenGrounds  
UVA Bookstores Fall Festival, 11am-2pm, UVA Bookstore  
Trick or Treat on the Lawn, 4-6pm, The Lawn

**Tuesday 11/1**  
Day of the Dead Bar Crawl, 10pm-1am, The Corner  
UVA Sustainability Presents: The Plastic Bag Take-back, 2-5pm, Clark Hall  
LSA Presents: I Am an Immigrant, 8-9:30pm, Wilson 301  
Lydia Davis Reading, 5-6pm, Special Collections Library

**Wednesday 11/2**  
Men's Soccer vs NC State, 7pm, Klockner Stadium  
UVA Sustainability Presents: The Plastic Bag Take-back, 2-5pm, Clark Hall  
Peace Corps Info Session, 1-2pm, Monroe 134  
Center for Christian Study Presents: Thinking Greek, 6-7:15pm, The Stud  
RA Info Session, 8-9pm, Clark 107  
Stud Co Presents: Arts Network Night, 7-9pm, Campbell 158



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EDUCATION FAIR

November 10, 2016  
6:30–8 p.m.  
Piedmont Virginia Community College  
North Mall Meeting Room

WEEKLY CROSSWORD

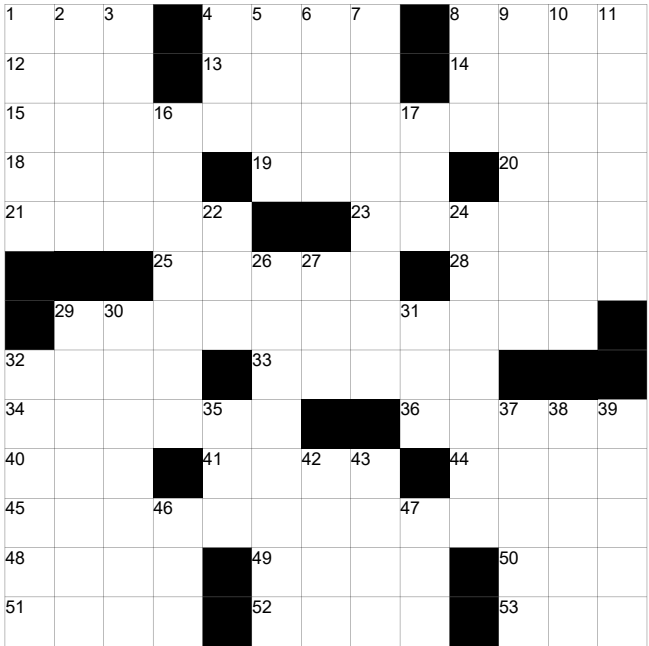
SAM EZERSKY | PUZZLE MASTER

ACROSS

- 1. Small swig
- 4. Word overused by many teens nowadays
- 8. Is neither too loose nor too tight
- 12. \_\_\_\_-freak (environmental extremist)
- 13. One who saves the day
- 14. Leave out
- 15. Train car that carries Bud Light?: 3 wds.
- 18. Drop \_\_\_\_ (moon someone)
- 19. "Et voila!": Hyph.
- 20. Protagonist Gold of "Entourage"
- 21. Racy cell phone messages
- 23. Short snooze
- 25. \_\_\_\_ Fierce, Beyonce's alter ego
- 28. First word in fairy tales
- 29. Novel near and dear to one's heart?: 2 wds.
- 32. Food energy unit: Abbr.
- 33. Water-transporting tissue in plants
- 34. Like old lamps
- 36. Rap's \_\_\_\_ Mane
- 40. Consumed
- 41. Negative response to Nabokov
- 44. Common Thanksgiving veggie
- 45. "Bring on the sorrowful cries!": 3 wds.
- 48. Start of a play: 2 wds.
- 49. Drug cop, for short
- 50. Weed
- 51. Where to store tools
- 52. One-\_\_\_\_ Willy, pirate in "The Goonies"
- 53. Reggae music offshoot

DOWN

- 1. Religious splinter groups



© October 31, 2016

- 2. Comforting phrase of empathy: 2 wds.
- 3. Part of many mailing addresses: 2 wds.
- 4. "Fo \_\_\_\_!" ("Def!")
- 5. Wagon train's direction
- 6. Region
- 7. "I like that idea": 2 wds.
- 8. Electronic key device
- 9. "For the last time, uh-uh!": 3 wds.
- 10. Men's neckwear organizer: 2 wds.
- 11. Zebra marking
- 16. Beat in business, say
- 17. Air traffic regulatory agcy.
- 22. Cul-de-\_\_\_\_
- 24. More than necessary: 2 wds.
- 26. Lowest number that can follow "O" in a standard Bingo game: Hyph.
- 27. Horse's mouthful
- 29. Related to engineering backgrounds, informally
- 30. Artist's prop
- 31. Plead
- 32. Furry "bears" in Australia
- 35. Suffix for a gerund
- 37. Buildings with layers?
- 38. Bad guy
- 39. Photo-sharing service, in slang
- 42. Website for so-called "snipers"
- 43. Ripped
- 46. Cruel kid in "Toy Story"
- 47. Neat freak's condition, for short

\*THE SOLUTION TO THIS PUZZLE CAN BE FOUND IN THURSDAY'S ISSUE







# Top 10 Charlottesville ghost stories

*A super scary list of the spookiest spots on Grounds*

BY ABIGAIL LAGUE | LIFE COLUMNIST

## 1. A DEATH IN PAVILION X?

This particular entity does not have a name, though he has been seen wandering Pavilion X at all hours of the night. The first documented sighting of this spirit occurred when Edward Younger, a University history professor, lived in the Pavilion. While the exact year is not known, Younger and his wife lived in the Pavilion from 1946 to 1974. One night, his visiting mother-in-law awoke in the middle of the night and screamed at the sight of a man staring down at her. By the time help arrived, the man had vanished. The ghost was spotted again when Younger's nephew was visiting and he heard a noise at the top of the stairway. When he went to investigate, he saw the same man in period clothing standing at the top of the stairway. The man vanished again as soon as help arrived.

## 2. POE'S CRIME

Edgar Allan Poe has always been a mysterious and shadowy figure. His stories are the things of nightmares, and his life certainly doesn't inspire any happy, fuzzy feelings. Despite this, he fascinates us. Even today, his old Range room is held as a shrine to this dark writer. But what did he do while at the University? Did he socialize with his peers and do his work? Or did he suspiciously sulk about the halls at night? Some accounts suggest the latter. According to the Raven Society, before Poe left the University on Dec. 15, 1826, he etched an ominous message on a windowpane — a message that makes us wonder just what he did during his time at the University — “O Thou timid one, do not let thy form slumber within these unhallowed walls, for herein lies the ghost of an awful crime.”

## 3. HEARTBREAK IN THE ROMANCE PAVILION

There are many theories as to how Pavilion VI obtained the nickname the “Romance” Pavilion. Many believe this is due to the Romance languages taught there for some time. But could it really be so simple? There are other theories — darker theories — that speak of heartbreak and death in the Pavilion, one of which takes place in the mid-1800s. According to some, there was a wife of a professor who loved the Pavilion so much she never wanted to leave. Tragically, her husband died, and she knew she would be expected to move. Instead of letting the authorities know of his passing, she kept his body, changed his clothes daily and propped his corpse in the window so that all could see the beloved professor alive and well. She was discovered and asked to leave.

## 4. A GHOSTLY CONFEDERATE

Alderman Library is recognized for many things — the number of books, the sheer volume of manuscripts, and — surprisingly — its two resident ghosts. The first of which is the ghost of Confederate surgeon, Dr. Bennett Wood Green. An avid book collector, Green's collection was donated to the University after his death in 1913. The books were put in the Rotunda, which served as the University library until 1938. Soon after, strange things began to occur in the Rotunda. Students and staff reported the sounds of unexplained footsteps when alone in a room and the sense of being watched — especially after midnight. When Green's collection was moved to Alderman Library, his ghost followed.

## 5. A GHOSTLY PHYSICIAN

Students wouldn't be so eager to spend time in Alderman if they knew there wasn't one, but two ghosts in residence. Aside from Dr. Bennett Wood Green, it is said that the Garnett Room is haunted by the family physician of Muscoe Russell Hunter Garnett. Though his name is not known, the physician is said to have visited the Garnett's family home in Fredericksburg often and greatly admired their book collection. After the Civil War, the estate was abandoned and fell into disrepair. However, the book collection remained flawless. Some believe that the physician's ghost took care of the books and does so to this day in the Garnett Room.

## 6. MURDER AT THE DUNLORA MANSION

If you were even mildly freaked out by the U.Va. ghost stories, then don't read on. They are nothing compared to the horrors that have happened around Charlottesville — the most gruesome of which is the murder of six Boy Scouts at Dunlora Mansion. According to this legend, a witch lived in the mansion back in the early 1900s. Everyone knew about her and avoided the property. However, six Boy Scouts and their leader went camping in the woods behind the mansion, unknowingly infringing upon the property. That night, the Scout Leader awoke to a strange noise and found all the scouts gone. Searching the woods in a panic, the leader saw a light in the distance — a single candle burning in the window of the Dunlora Mansion. Finding the door to the mansion open, the Scout Leader entered and heard a noise coming from the basement. He slowly crept down the basement stairs only to see a Boy Scout hat on the floor. Hearing a noise, he turned suddenly and was confronted with the sight of the old witch standing just inches from his face, smiling. The Scout Leader screamed and ran. On the dirt road leading away from the house, the Scout Leader saw the missing six Boy Scouts. They were calmly standing in a line, covered in blood, stomachs split open. The Scout Leader passed out in fear. The authorities later found him incoherent and babbling about witches and children. They then found the bodies of the six Boy Scouts at the campsite, disemboweled and the Scout Leader's bloody knife sticking out of a log. He was arrested for the murders and spent the rest of his life in an asylum. It is said that the six Boy Scouts still haunt the trees surrounding the Dunlora Mansion.

## 7. BODIES UNDER CASPARI

Before it was a luxury paper goods store, the building that houses Caspari was a Woolworth's for 40 years. Before that, it was the funeral parlor of Edward Perely. When Perely moved out to make room for Woolworth's, it is said employees had only two complaints — the coffins in the basement, and inexplicable noises from below.

## 8. THE HAUNTED CANDLE

Built in 1785, the Charlottesville Inn at Court Square has served as a private home, a law firm, a church and much more. Despite the building's old age, a ghost may have taken up residence as recently as a decade ago. Rob Craighurst, leader of a downtown Charlottesville haunted walking tour, said an employee of the inn once complained that a sconce on the wall holding three candles often got in the way of the luggage he carried upstairs for guests. The sconce was never moved. Later that year, the employee died due to an allergic reaction to a bee sting. After his funeral, friends gathered back at the inn and some noticed water coming out of the wall near the sconce. Later, while the owner was standing in the room with the sconce, she felt something fly past and heard it fall to the ground. It was a candle.

## 9. A GHOST IN CASTLE HILL MANOR

Castle Hill Manor was built by Dr. Thomas Walker before the Revolutionary War in 1765. Sightings of a ghost have been reported by many past guests and owners such as Amelie Rives, who is now buried in the family plot on the grounds of the manor. Sightings are largely confined to a suite on the first floor to the back of the home — known as the Pink Bedroom — which was used by Rives during her time at the house. Manifestations of the ghost include the smell of an unfamiliar perfume, unexplained noises and footsteps, as well as the occasional sight of a young, pretty woman in period clothing at night. She is known to disturb the sleep of those she does not like staying in her room. It is also believed that a second, gentler ghost now haunts the Pink Bedroom as well — the ghost of Amelie Rives.

## 10. THE MCCUE MURDER

One of the most infamous murders to occur in Charlottesville — this story is true. On Sept. 4, 1904, Fannie McCue was found murdered in her home. Her husband, former Charlottesville mayor Sam McCue was convicted and hanged on Feb. 10, 1905. After a long and controversial trial, it is still not known for sure whether Sam McCue was guilty of his wife's murder. On the night in question, Sam claimed to have been knocked unconscious while attempting to retrieve a revolver after hearing Fannie's screams from the bathroom. After regaining consciousness, he called his brother, who found Fannie dead in the bathtub, bloody, with water up to her chest. While Sam had offered a reward for information and hired a detective agency to investigate the crime the very next day, the public and newspapers had already decided Sam was guilty and he was convicted for Fannie's murder. To this day, there is still speculation as to the identity of the real murderer. It is said that Fannie haunts the room in which she was murdered — now a bedroom that many refuse to sleep in — and her husband, Sam, stalks the basement of the home.

# Humayun Khan: the person behind the name

*Deceased College graduate remembered by fellow classmates*

MARGARET MASON | LIFE EDITOR

While the Khan name has been frequently evoked at this point in the national election, some forget the person behind the name. Army Captain Humayun Khan, a 2000 College graduate, was remembered by fellow classmates as a calm and thoughtful friend.

Khan began his life in the United Arab Emirates before immigrating with his parents to the United States at age two. He attended Kennedy High School in Silver Spring, Md., before matriculating to the University in the fall of 1996. In his high school years, Khan volunteered as a swimming instructor for disabled children. He was the middle child of two brothers — Shaharyar and Omer.

During his time at the University, Khan studied psychology and was involved in the Army ROTC program. After graduating in 2000, Khan joined the Army with the intention of eventually becoming a military lawyer, harboring similar interests to his father Khizr Khan, an attorney.

“Khan talked about how proud he is of his dad’s work,” former ROTC cadet and 2002 College graduate Eston Melton said. “His parents are pretty tremendous people.”

Melton remembers Khan as a thoughtful upperclassman during his orientation week for Army ROTC. Two years ahead of Melton, Khan made an effort to welcome the new

cadet to the University at a ROTC event, Melton said.

“I don’t remember whether I was enjoying the party, but I do remember Khan came over to check on me. Four or five of us ended up playing cards in the corner — that was our party,” Melton said. “He was incredibly thoughtful of everyone around him. That’s something I appreciate in leaders.”

In his ROTC training, Khan learned essential skills like leadership, tactics, communications, land navigation and confidence. During Khan’s third year, retired Army Captain and rifle company commander Eric McMillan acted as a mentor during the “make or break year” before Khan entered advanced camp at Fort Lewis in Tacoma, Wash.

“What I carry with me in my memory is a guy who would meet all the requirements quietly,” McMillan said. “He got his business done. Head down.”

While McMillan was a mentor and coach to Khan, Khan played this same role for younger cadets like Melton.

“Khan was very relaxed, very calm and incredibly competent. He could do and demonstrate and teach with tremendous [ability],” Melton said. “He was a really good instructor. His demeanor was always very positive and supporting.”

At the University, Khan was also involved in the Muslim Student Association, remaining connected to his culture and faith. Both of Khan’s parents are originally from Pakistan and brought their traditions with them to America.

“What impresses me to this day is he had a strong internal core. He knew who he was and had strong values,” McMillan said. “He respected the culture he came from. He was [an] observant Muslim, [and] those of us who got to know him at that time were impressed.”

After graduating, Khan served in the Army and achieved the rank of captain. In 2004, he was sent to the Headquarters Company of the 201st Forward Support Battalion, 1st Infantry Division in Vilseck, Germany, before starting his tour of duty in Iraq in Operation Iraqi Freedom. On June 8, 2004, Khan was killed in a car bombing at a guard post near Baqubah, Iraq.

While stationed in Korea after his first tour of Iraq, McMillan learned of the death of his former classmate.

“It motivated me to stay on — I didn’t want to leave the Army immediately,” McMillan said. “I took a group back to Iraq in 2007. It felt like part of the mission hadn’t been done. I had to do my part to honor him and others I knew.”

In stopping the suspicious car

before reaching the gates, Khan was able to protect hundreds of other soldiers on the installation. Following his death, Khan was awarded the Bronze Star and Purple Heart medals. On June 15, 2004, Khan was buried in Arlington National Cemetery.

“That was a nasty place. I felt close to him in that place,” McMillan said. “It meant something to know that I would be maybe out there working in the same environment that produced the people that it killed.”

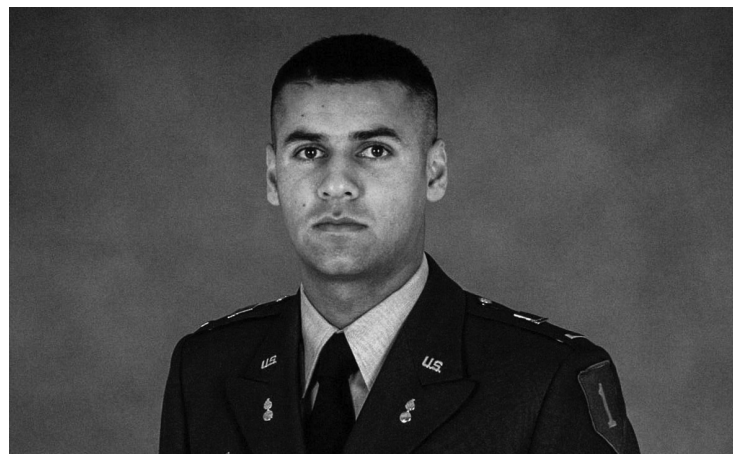
During Khan’s time in Iraq, he was known for his involvement in a project to provide jobs for Iraqis and worked closely with tribal leaders to ensure mutual success. McMillan

said Khan’s cultural fluency proved a huge asset in his operations.

“He had a religion in common with them ... and an understanding that parlayed better to those kind of operations,” McMillan said. “I envied that cultural fluency. What a waste it was — he could have been a real value to the Army.”

Overall, those who knew Khan echo a similar respect for his character.

“Someone from his background wanting to step forward and take responsibility, that’s very impressive,” McMillan said. “I was proud to know him.”



COURTESY UNIVERSITY OF VIRGINIA

Captain Humayun Khan graduated from the University in 2000 before joining the Army.

## From library local to library leader

*U.Va. appoints new dean of libraries*

KATE EDSON | FEATURE WRITER

This summer, John Unsworth assumed the position of dean of libraries, equipped with life-long experiences in the library and bright ideas about the future of the library system here at the University.

Unsworth’s affinity for libraries started early. Growing up as a “latch-key kid” — returning from school to an empty home while his parents were still at work — he spent his afternoons at the public library, reading through the collections.

Unsworth originally came to the University as a doctoral student and began working at Alderman Library before the installation of air conditioning and the catalog system. He later spent 10 years running the University’s Institute for Advanced Technology in the Humanities, and has also worked for North Carolina State University, Brandeis University and the University of Illinois.

Now, as dean of libraries, Un-

sworth meets with each of the more than 200 library employees, and oversees the senior leadership group, fundraising and hiring processes.

“[It’s been] great to get to know people and build up a picture of the place,” Unsworth said. “[The senior leadership group] meets weekly [to discuss] questions about policy, priority and budget.”

Fundraising primarily involves meeting with donors.

“Often they are people who have collections that they want to give to the library [and] to add to our special collections,” he said.

Unsworth is involved in the renovation of the second floor of Clemons Library, which includes the installation of a new roof and the creation of the new advising space. He addressed student misconceptions about the transformation of “Clem Two.”

“[The new advising space] actu-

ally will be open as study space after business hours,” Unsworth said.

Due to noise complaints about the roof replacement, construction hours were moved to 5-8 a.m.

“[The renovations aren’t] that bad because I don’t use Clem Two any time after 5 p.m. anyway,” second-year College student Alexa Iadarola said.

Alderman Library will see the next round of renovations after Clemons is complete. Since the building went up in 1938, mechanical, electrical and plumbing renovations are all overdue, for which the state has appropriated funding to begin in July.

Unsworth spoke to the persistent value of libraries despite the rise of online databases, citing the importance of librarians.

“I think often students don’t realize how helpful librarians can be in getting their work done,” Unsworth

said. “If you let them help you, you’re making them more successful in their job.”

Many of the online resources available to students are not easily self-taught, and Unsworth said librarians are specially equipped to help students with research. He also encouraged students to seek out on-Grounds library jobs if they’re at all interested in working in libraries professionally.

“There’s no undergrad on-ramp [to library school]. Most people who end up enrolling in these programs have worked in libraries,” Unsworth said. “We employ a lot of students — [if you’re interested] walk in and talk to the people there ... [it’s] really fascinating work.”

Unsworth is also working to implement a number of programs with the student-run Library Council, including student art exhibits in libraries, a library dance inside the

Rotunda and a graffiti space for students, to both serve as a creative outlet and to decrease the occurrence of unintentional graffiti throughout the library.

“[Art shows] would probably be the coolest,” second-year College student Elana Silverstein said. “I think a lot of the students at U.Va. are extremely talented, and it would be a cool way to bring people in and show off people and give people credit. And I’m sure no one would say no to it.”

Through the implementation of new programs as well as physical improvements to the spaces, Unsworth said he hopes the library system will become more accessible to the University community.

“[We want] to make libraries seem more like a place that belongs to the students,” Unsworth said.



# Classes you should be taking

*Suggestions for your enrollment shopping cart*

FAITH RUNNELLS | FEATURE WRITER

## 1. **Breaking Bad: Once Upon a Time with the Pests**

Prof. William Little explores the popular television series “Breaking Bad” in this spring semester seminar of 30 students. Having previously taught classes on the gangster-film and Western genres in the Media Studies department, creating this course was the perfect mix for him.

“The show is in some ways kind of a hybrid of the two genres. In fact, the creator of the show has called it a post-modern western,” Little said.

The course focuses on dissecting the show as an example of how the golden age of television has allowed series to be both cinematic and literary.

“I really approach the show from a number of different methodical approaches,” Little said. “All of my instruction is very interdisciplinary ... It’s a course that tries to get at some of the issues that are dramatized in the show by using readings that come from psychoanalysis.”

Little emphasizes the idea of the “American Dream” as well as conflicts that arise in facing death, class and religious structures as the themes develop in the show.

“I love teaching this class,” Little said. “I am continually surprised and in awe of how complicated and well-made the show is. I just find myself continually paying tribute to the artistic integrity and imagination of the show creators.”

## 2. **Commercial Law I**

Although this class is in the McIntire School of Commerce, this course is aimed and, in fact, encouraged for students of all majors by Prof. Sherri Moore.

“It’s not just about business... It’s also about knowing your individual rights,” Moore said. “And I feel like it’s important for you as employees someday, managers someday, heads of corporations someday, to know what the law is that affects you individually ... It’s very different because you don’t need to have a business mind to take this class.”

The course examines constitutional rights, torts and litigation, contracts and property law.

“I try to make it practical. Everything that I cover I try to make sure that it’s something as a student or you in the next 10 or 15 years of your life will need to know that,” Moore said.

Josh Cockream, fourth-year College student and head teach-

ing assistant for the course, said he finds the class very applicable to students, especially in terms of contracts for apartments and jobs.

“I hear about students being like ‘Oh, shoot. I’m so glad we went over that part of the contract [in the contract section of the course], because my landlord has been doing this, which is wrong,’” Cockream said.

## 3. **Scuba Diving**

Scuba 1, a one-credit Kinesiology course, offers the opportunity to obtain a lifetime certification in scuba diving. Taught by Dr. Lynn Samuel, the course meets once a week at the North Grounds pool.

“We ask people to be able to swim, but you don’t have to be a strong swimmer, because the equipment does a lot of the work for you in scuba,” Samuel said. “But we do want people to be comfortable [in the water].”

Typically the class begins by meeting in the classroom. The first weeks focus on the basics of the scuba equipment, oceanography and diving destinations. The first classes focus on swimming and snorkeling, and then scuba is added in.

“We work with the equipment and learn different skills — how to share air, how to solve problems in

the water, how to remove equipment and put it back on and how to help another diver,” Samuel said.

Later in the semester, the class goes for open-water dives. Students often go to Soapstone Quarry in Schuyler, Virginia.

“What I really love is seeing people go from non-divers to an experienced or at least a comfortable diving student,” Samuel said. “It’s a lot of fun to take them on the open waters and see how much they’ve learned in the course.”

At the end of the course, students are eligible to take a certification exam and to become certified for life.

## 4. **Introduction to the Science and Engineering of Materials**

This course, offered in the Engineering School, allows students to explore how everyday materials are manufactured.

Prof. Jerrold Floro completely redesigned his section of this course three years ago, essentially removing lectures from the course and emphasizing guided inquiry, in which students work together through a series of questions based around the material.

“I still taught, but only at the very beginning of class to provide

motivation, and then for the rest of the 75 minutes, the students worked together in teams doing what are called guided inquiries,” Floro said.

These guided inquiries are a series of predesigned questions that cover the material in a hands-on manner.

“I am there to evangelize material science engineering, because most people don’t know it’s actually a field,” Floro said. “Everyone has heard of chemical engineering, but very few people have heard of material science. So I get really excited when students actually think ‘Hey, this is actually pretty cool.’”

The new design of the course also includes open-ended team-based projects throughout the semester, along with an eight-minute video at the end of the semester that involves a topic of the student’s choice that involves materials as either a major challenge or a major solution.

“It’s always a great time for me when a student suddenly has an ‘Aha!’ moment,” Floro said. “It’s like, ‘Wow, I didn’t realize that’s how these materials work.’”

# U.Va. holds ‘Get Out The Vote Rally’

*Event crosses party lines to drive students to polls*

JOSLYN CHESSON | FEATURE WRITER

Five University organizations and the Batten School of Public Policy hosted the “Get Out The Vote Rally” Tuesday, urging students to get to the polls on Nov. 8. The bipartisan event featured speakers from University Democrats, College Republicans, Youth for Gary Johnson and the Black Student Alliance, as well as Charlottesville community members and former registrars.

Former Albemarle Voter Registrar Jim Heilman opened his remarks by acknowledging the importance of bipartisanship.

“I hope that we finally see that in Congress and presidential and legislative branches working together,” Heilman said.

Despite this presidential election’s controversial candidates, Heilman said he hopes to see University students show up to the polls in droves. He said he worries though, that because the University straddles the line of the city of Charlottesville and

Albemarle County, students will be confused as to where they can cast their ballots on Nov. 8.

“We want people to get to the right place and we want them to vote and we want them to vote next year and the year after, we want students to make a habit out of voting — not just in presidential years those other years are important too,” Heilman said.

In addition to the presidential election, Heilman stressed the importance of a highly contested congressional election for Virginia’s fifth district. Democratic nominee Jane Dittmar and Republican state Sen. Tom Garrett are vying for the district’s seat in the House of Representatives.

“We’ve got other things on the ballot besides president, we’ve got a congressional race,” Heilman said. “So, even if people don’t want to vote in a presidential race, I hope they come out and vote anyway.”

While this presidential cam-

paign is unprecedented in many ways, BSA Political Action Director Weston Gobar, a third-year College student, said he does not think this will have an impact on voter turnout amongst University students.

“I think fear is the biggest motivator, and people are scared of both candidates, as much as I hate to say it,” Gobar said. “I think a lot of people will vote, and there’s a lot at stake this election.”

The event also focused on the future of the nation and growing together after the presidential and congressional elections.

“There’s been a lot of nasty rhetoric in this election,” Gobar said. “How can we heal when we have had a party where someone is being able to win through demagoguery through insults through racism? That’s very hard to come back from as a republic and I hope that we can reject that overwhelmingly.”

With a little more than a week until Election Day, community members and organization leaders are doing one final push to remind students about the im-

portance of voting.

“What is at stake? Well, democracy is at stake — it’s always at stake in a presidential election. It’s so important,” Heilman said.



COURTESY JOSLYN CHESSON

Five University organizations partnered to encourage voter turnout next Tuesday.

# St. Maarten Cafe closes doors

*Corner bar closes after 31 years of operation*

ELIZABETH CORNICK | FEATURE WRITER

Since 1985 St. Maarten Cafe has served Charlottesville locals and University students alike, but its long stint on the Corner will have to come to a close this Monday, Oct. 31, 2016. In its 31 years of operation, St. Maarten's has endeared itself to many — including Joe Harris, former U.Va. men's basketball star — because of its unique atmosphere and clientele which contribute to the St. Maarten Cafe experience.

Fourth-year College student Jacob Salomon started going to St. Maarten during his third year at the University.

"My favorite thing about [St. Maarten's] is the community," Salomon said. "It's the opposite of a Trinity and Coupe's scene."

Part of what makes the St. Maarten Cafe atmosphere different from some of the other bars on the Corner is its popularity with locals, uncommon among the many Corner bars usually packed with students. In addition, its location on Wertland Street is slightly off the beaten path from the regular Corner stomp, which may contribute to its lower student attendance.

"[The presence of locals] makes the dynamics completely different, and I actually really enjoy that you have both students and old-timers who have been working there for a while," fourth-year College student Brady Straus said. "So you get to know them, and you also have people from Charlottesville that have been going there for years and years."

Salomon said another major draw to St. Maarten Cafe was its Tuesday night trivia called "Geeks Who Drink."

"It's really fun. A lot of people show up. There's always this one team Kitten Mittens who apparently always wins," Salomon said.

Another unique aspect of the cafe was its Coconut Club, whose members are its most loyal customers. They are given the opportunity to buy a personalized pewter mug that is kept for them in St. Maarten Cafe and to be used by the members whenever they come in. Those who are inducted into the Coconut Club are lifetime members.

In response to the closing, St. Maarten Cafe posted on its Facebook

page a notice of "Mug Reclamation" for members of the Coconut Club. The cafe is working to give the mugs of their customers back to them, and is prepared to ship mugs to owners who cannot retrieve them in person.

Straus, like Salomon, went to St. Maarten Cafe regularly in his third year. When he found out about the impending closing of the restaurant and bar, he said he was greatly surprised and saddened.

"I didn't believe it," Straus said. "You never imagine Maarten's closing down, it's a place that we all go to."

Both students said they learned the closing was attributed in part to expensive kitchen repair issues. Salomon — who has a friend who works at the establishment — said he had

heard there were problems with the ventilation in the kitchen.

"[They] can't really make food right now, so they have a limited menu," Salomon said.

Although St. Maarten Cafe has a very loyal customer base, it is smaller than that of other Corner bars because of its lack of appeal to the general student population, which likely factored into the cafe's financial difficulties in fixing the problems with the kitchen. It is with heavy hearts that loyal student patrons of St. Maarten Cafe like Salomon and Straus must say goodbye to what Straus said is, "a U.Va staple."

# U.Va. alumni visit 59 national parks in 59 weeks

*Former students visit every park in celebration of National Park Service 100 year anniversary*

JULIE BOND | FEATURE WRITER

Ever since visiting the National Parks with his dad as a child, University alumnus Darius Nabors has dreamed of visiting every single National Park. In the summer of 2015, Nabors and University alumnus Trevor Kemp left on a trip that would allow him to accomplish this goal in just over a year's time.

Nabors planned an extensive itinerary for visiting all 59 U.S. National Parks within 59 weeks, aiming to end Aug. 25th — the 100th Anniversary of the Park Service.

"It's always easier to come up with an excuse than it is to do whatever it is that you want to do," Nabors said. "I put a huge visual in my room that was a map of the National Parks. I saw that every single day and thought, 'Regardless of what happens today, I need to be thinking about the Parks and how to make this trip happen.'"

Nabors said this in turn made the little things easier to plan.

"I knew for example that I needed to save more money. So I'd ask myself, 'Do I pack my lunch today,

or do I go to Qdoba?'" Nabors said. "The way that I visualized it is sitting on the porch with my future kids and one of them turns to me and says, 'Dad, what do you most regret about your life?' For me — before I did the trip — it would be, 'Never going on that National Park trip.'"

Additionally, Nabors said it was older generations who had the most positive feedback when commenting on the trip. Elderly people who Kemp and Nabors would meet on the trip expressed regret that they had not done something similar when they were younger.

"It was funny because I think a lot of young people were like, 'Are you sure that's a good idea? What are you going to do about a job? What are you going to do about retirement?'" Nabors said. "Older people are like, 'I wish I could still do that, my knees hurt.'"

The trip was largely planned to hit different parks at the most weather-convenient times.

"[Nabors] had a pretty defined start and end date, and it made a lot of sense to end with the National Parks Centennial ... and that meant starting in June," Kemp said. "I was like, 'Wow, I have two months to move out of my house and quit my job and become homeless for over a year.'"

Prior to the trip, Nabors said he and Kemp were more of acquaintances, knowing each other through playing on a number of intramural teams.

The two met again at the Tom Tom Founders Festival in April 2015,

and Nabors brought up the trip.

"I said, 'Hey, what have you been up to?' He said, 'Not too much. I'm thinking of quitting my job and going to all the National Parks on one big road trip ... and I'm looking for someone to go with me,'" Kemp said.

In addition to clothing and gear for their trip, Nabors and Kemp packed extra sleeping bags.

"I wanted friends to be able to say, 'I can just fly into [Los Angeles] and join you guys in the Utah Parks and I could say, 'Yeah, you don't have to worry about a sleeping bag,'" Nabors said.

In addition to joining a friend for their 19-day trip rafting the Grand Canyon, the two had a number of people visit them during their trip, including members of the U.Va. Clubs of Annapolis and Portland.

One of Nabors' favorite parts about the parks was camping in the backcountry.

"It's essentially a choose your own adventure of whatever you want to do in the park," Nabors said.

In Petrified Forest National Park — which does not allow visitors overnight in the park except those with backcountry permits — Nabors and Kemp were two of only three people allowed in the park overnight.

Arches National Park — a place Nabors visited as a kid — had stopped issuing backcountry permits due to problems handling increases in visitation, an issue Nabors is trying to fight. Although he understands problems with increased traffic, Nabors said decreasing the amount of backcountry permits issued would

do little to curb overpopulation in the parks.

"Imagine if you had 800 people show up to Chemistry 141. What do you do? There's not enough seats. There's people sitting on the floor. It's a violation of firecode. It's kind of that issue," Nabors said. "You have 1000 people showing up to a park where there's 100 seats."

Kemp agreed the situation was difficult.

"It's kind of a double-edged sword," Kemp said. "There are some parks that get loved to death. They're already at capacity and if you increase visitation beyond what it is already, to some extent you're harming what's there, and that's a very difficult line for the park service to toe."

Nabors has done presentations at schools and other places about a program that would combine 360 degree photos and virtual reality to take students on 'virtual hikes' of National Parks they might not be able to access these places otherwise.

"If you can see the rewards from your classroom and home you can show these people why these places are so important and why they need to be protected and saved," Nabors said.

Reflecting on his journey, Nabors said he has multiple distinct memories from each park.

"I've been home six weeks, but it feels like it's been five days. I think a lot about what I was doing a year ago today," Nabors said. "In the past year I've [done] 200 things."



COURTESY DARIUS NABORS

Nabors said his favorite part of the trip was camping in the backcountry.



# H&S

## HEALTH & SCIENCE

# Indian summer comes in October

*Environmental Sciences professor explains warmer weather patterns*

TINA CHAI AND SHIYU CHEN | STAFF WRITERS

Every year, a week of unseasonably warm and dry weather appears — typically in late fall or early winter. A phenomenon known as an Indian summer, this heat spell usually affects people all over the Northern Hemisphere, especially after a frost.

The name “Indian summer” dates back to the 18th century. Many theorists believe it originated from Algonquian Native Americans, who attributed the warmth as a god’s blessing. Others believe it was based on warm autumn weather when Native Americans hunted.

Environmental Science Prof. Robert E. Davis explained that since the name is largely based on folklore, it does not have a scientific equivalent. Despite its unknown etymology, Indian summers can be explained through scientific reasoning.

“The basic idea is you finally get your first cold blast of air that you’ve seen in quite a while,” Davis said. “That moves through,

and a few days later you’re getting the warm air behind that. That is usually what is called Indian summer.”

With current advancements in satellites and radar, scientists are easily able to foresee weather patterns, one of which is Indian summers. Davis said the occurrence of Indian summers can be anticipated quite accurately by simply looking at weather forecasts five to 10 days in advance.

This weekend’s sudden rise in temperature is considered an Indian summer.

First-year Engineering student Adam Klein said he believed global warming is the reason why Indian summers are occurring more often.

Whether the two are related is unknown, Davis said, but it would be interesting to investigate.

In spite of its seeming out of the ordinary, Indian summers do not negatively influence the environment and ecosystems in the fall. Instead, they are a part of the natural rhythm of the weather system.

“At this time of the year, most of the leaves are dormant and they’re falling,” Davis said. “So the trees are not really growing a lot. It’s not usual to have a frost or freeze and a warm period after, so I don’t see anything negative there.”

It would be a different story if a similar weather phenomenon occurred in the spring, when plants just begin to grow. Plants would have a hard time growing if a freeze hit only shortly after budding, Davis said. But he did not see any negatives to having a warm period after a cold period in autumn.

Davis researches the seasonality of diseases, and he explained Indian summers are not like the hot and humid conditions in the summer time.

“They [Indian summers] are not debilitating heat and humidity that you see in the prolonged periods of heat and humidity in the summer time,” Davis said. “When I look at the mortality seasonally, we rarely see big mortality or morbidity impacts in the fall.”

Also, with the flu season beginning, Indian summers do not necessarily cause an increase in flu cases. However, Davis reminds students that they can prevent

getting the flu if they wash their hands with soap regularly and avoid touching their faces excessively.



RICHARD DIZON | THE CAVALIER DAILY

An Indian summer affects people all over the Northern Hemisphere, especially after a frost.

## Staying healthy during the winter season

*Ways to avoid wintertime sickness*

NISHA DABHI | STAFF WRITER

With students anticipating the first snowfall and holiday festivities in the coming months, the beginning of winter can be exciting. However, influenza and the common cold are particularly prevalent and can be spread easily by small respiratory droplets in a sneeze and by contaminated surfaces.

Fortunately, there are many precautions to avoid getting sick and to recover.

**Vaccination** — While there is not yet a vaccine for the common cold, students can lower their chances of contracting influenza, a respiratory illness that can lead to bacterial pneumonia. The flu vaccine reduces the risk of influenza by 60 percent. “You might be healthy, but there are people with compromised immune systems who are really at risk, and so the vaccine is much more important for them to not get the illness,” Dr. Chris Holstege, Executive Director of

Student Health, said.

Student Health, said.

**Hand-washing** — Hand-washing after exiting a public area is one of the most effective ways to avoid contracting a respiratory illness. Being meticulous about hand-washing, especially before eating, is important. Many viruses can stay on surfaces for days, and eating after touching everyday objects such as door knobs without washing hands can allow different viruses to enter the body through the mouth.

**Congested places** — Microbiology, immunology and cancer biology Prof. Dean Kedes used the daycare phenomenon to explain susceptibility to illness — as more individuals come into areas of close proximity, the probability of contracting an illness increases. Avoiding heavily congested areas effectively reduces respiratory illnesses.

duces respiratory illnesses.

**Humidification** — Kedes noted another theory many scientists agree on, but is not proven. As the temperature gets colder, the immune system of some animals is not able to work as efficiently.

“When the mucous membrane — the lining of the nose and mouth — dries out, you may be more susceptible to health problems because that layer provides a normal barrier of entry for pathogens,” Kedes said.

Having a humidifier can provide moisture and purify the air.

**Warmth** — Being cold causes chills, which could be due to lower body temperature. Since “Rhinovirus,” a common cold virus, has the fastest replication rate at 91 degrees Fahrenheit, those with lower body temperatures may be more at risk for respiratory

illnesses. Wearing warm clothing lowers the chance of compromising the immune system.

**Rest, hydration, self-isolation** — Lack of sleep can inhibit normal functioning of the immune system. When students are infected with a virus, precautions can still be taken. “If you really are sick, we tell the students, look, self-isolate, drink fluids, rest and get your sleep,” Holstege said. “The faculty members are very understanding when that occurs, and students do not need a note for being back in. I can’t stress that enough.”

**Medications** — Taking different medications for varying symptoms can cause health problems. Make sure to check for potential side-effects since many cold remedies can cause drowsiness. For prescription medications, read all labels and warnings before taking the medication, and consult with the pharmacist

if further assistance is needed, read all labels and warnings before taking the medication, and consult with the pharmacist if further assistance is needed. Make sure to check for potential side-effects since many cold remedies can cause drowsiness. For

**Student Health** — Student Health also has an after-hours line where regular clinicians can direct students.

“What I don’t want to see is that a student says, ‘Oh, Student Health is closed, I’ll go to the emergency department and incur a cost,’” Holstege said. “What I would do first is to make a phone call because some of the time you can wait until morning to come to Student Health.”



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