

THE CAVALIER DAILY

Vol. 129, Issue 3

Thursday, September 13, 2018

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N NEWS

In Brief

Jake Gold and Maggie Servais | News Editors

First floor of Clemons closed for renovations until May 2019 in preparation for Alderman improvements

A year after unveiling a series of major renovations to the second floor of Clemons Library, which began in May 2016 and was completed by the fall of 2017, the first floor of the library will be closed until May 2019, for renovations as well in preparation for planned renovations to adjacent Alderman Library.

English Prof. John Unsworth, University

dean of libraries and University librarian, said the primary purpose of the renovations will be to install “user-operated compact shelving” to accommodate at least half a million texts from the sciences and humanities section currently located in nearby Alderman Library while it undergoes an extensive \$160 million renovation process.



ANDREW WALSH | THE CAVALIER DAILY

Clemons Library, a popular study spot, will serve an important role during Alderman's renovation.



RILEY WALSH | THE CAVALIER DAILY

Honor Committee Chair and Medical Student Ory Streeter discusses CMD changes.

Honor Committee to draft changes to Contributory Mental Disorder policy

The Honor Committee met Sept. 9 to continue discussion on possible changes to the Contributory Mental Disorder, or CMD policy, including the removal of a student's right to appeal a CMD decision, creating more explicit timelines for CMD requirements to be met and removing the admission of guilt policy currently required to obtain a CMD. One of the Committee's primary goals in changing the process is to make the process of acquiring a CMD easier and

more accessible for students who need it.

The CMD is a procedure that allows students to request a psychological evaluation prior to moving through Honor proceedings to determine if a mental health condition contributed to the commission of the offense, which is typically overseen by the Office of the Dean of Students and conducted by Student Health or the University's Counseling and Psychological Services.

U.Va. to expand paid parental leave

University President Jim Ryan announced the morning of Sept. 11 the University would offer up to eight weeks of paid parental leave to all qualifying University salaried employees, expanding on an executive order by Virginia Gov. Ralph Northam that granted paid family leave to state employees.

Wage employees are not eligible for paid fam-

ily leave, but can receive unpaid job-protected absence for 12 weeks.

Previously, parental leave was available only to new mothers who had given birth — excluding fathers or adopting parents — and required the use of vacation time, sick time or short-term disability.



RAY MORA | THE CAVALIER DAILY

University President Jim Ryan announced Sept. 11 new policies for paid family leave.



ANDREW WALSH | THE CAVALIER DAILY

UJC will create a history committee to review and preserve past committee documents.

University Judiciary Committee announces plan to analyze and publish historical documents

During its first general body meeting of the semester earlier this month, the University Judiciary Committee announced its plan to create a committee tasked with analyzing and publishing historical UJC documents on its website in an effort to provide access to the materials for students. The materials are expected to be released early next year.

Kevin Warshaw, a fourth-year Engineering student and current UJC chair, said the goal in developing the history committee will be to preserve primary documents so that future generations can look back and understand what decisions were made, why they were made and when they were made.

Libraries receive \$150,000 grant for local equity atlas

The equity atlas aims to reveal the 'hidden disparities' in the Charlottesville community

Nafisa Mazumdar | Associate News Editor

The University Library recently received a two-year grant worth \$150,000 from the Institute of Museum and Library Services to craft a Charlottesville-Area Regional Equity Atlas providing information on local disparities — in education, health, housing and transportation, among other areas — in collaboration with the greater community.

Equity atlases map data, aiding the visualization of inequity in a given region — such as through heat mapping wealth disparities or access to resources — and help communities learn from the given information. They currently exist in major cities such as Denver, Los Angeles, Atlanta and New York.

The IMLS — a federal agency — serves as a source of financial support for museums, libraries, research and policy development. IMLS requested proposals for projects with the goal of community betterment through their natural Community Catalyst Initiative. The initiative, launched in 2016, encourages museums and libraries around the nation to “transform” how

they engage and collaborate with their communities.

Rebecca Coleman, research librarian for Architecture at the University Library and leader of the group of librarians that crafted the proposal along with the University's Initiative for the Redress of Inequity through Community Engaged Scholarship, said the particular grant the Library received is for pairing cultural institutions — such as museums of libraries — with community partners to benefit local communities. Coleman said the whole process, starting with crafting the proposal, started around a year ago.

The University's Initiative for the Redress of Inequity through Community Engaged Scholarship is an initiative to represent social, economic and political inequalities prevalent in communities surrounding research universities more accurately.

“We are planning to use that money to work with our local community,” Coleman said. “The end project is an equity atlas, which is a way of map-

ping data and visually telling stories of inequity in our region. But a lot of the funding will act go to compensate community partners on time that they might spend working with us.”

Community partners and organizations who have worked with the library to receive the funding include the City of Charlottesville, the Adiuans Foundation, Smart Cville and United Way - Thomas Jefferson Area.

Adiuans Foundation is a local philanthropy that focuses on early childhood interventions, climate change and relief funds for food, shelter and healthcare. UWJA similarly works with issues such as relief funds, women's issues and disaster relief, and Smart Cville uses technology to promote higher quality of life in the City of Charlottesville.

“We've always been big proponents of data-driven awareness campaigns,” founder of Smart Cville Lucas Ames said in an email statement to The Cavalier Daily. “Especially when awareness can be tied to specific action. We feel like since the city, university, and com-

munity organizations are partnering this project has real potential.”

The community partners and the library are working together to “contribute their expertise” to the project with a variety of skill sets. The role of the library, however, in the project will be slightly different than the traditional roles of libraries as archivers and providers of access to information, according to Coleman.

“One of the ways that this project I think reflects new realities for librarians is that the library isn't contributing our printed materials — our journals, our books — to this project,” Coleman said. “We're contributing our expertise, so we have a team of [Geographic Information Systems] experts, legal experts, data experts, who are coming together, and we're figuring out how that resource of expertise can serve our community.”

Ames also commented on what the Atlas may achieve, particularly confirming disparities members of the community are already aware of.

“It's hard to say definitively what

will come of the Atlas,” Ames said. “My guess is that it will underscore some things that are pretty apparent to those who work within the community. Having quantitative and well visualized backup, though, will help support the most important step here ... actually taking action on what the Atlas comes to show.”

Coleman said she hopes the Atlas will serve its purpose of enriching the community, as opposed to some other projects in the past that did not fulfill that purpose.

“There have been a lot of moments in the history of the University where the local community has been treated as a laboratory — where medical experiments took advantage of local populations,” Coleman said. “We had community service projects which really didn't long-term benefit our community. And so, groups like the initiative for the redress of inequity are working hard to rethink the ways that the University co-exists as a part of this community. And there's work to be done there.”

Six-story hotel near Lambeth approved by city commission

The hotel has been recommended a special exception to allow the building to be above city height restrictions

Emma Bradford | Associate News Editor

The City Planning Commission recommended approval for a special-use permit for a six-story hotel Tuesday that will stand next to Lambeth and Carr's Hill and is completely surrounded by the University. The proposed hotel — which will replace the Excel Inn & Suites that burned down in May 2017 on Emmet Street — requires a special-use permit for the building to be able to stand at 80 feet, 20 feet higher than Charlottesville's zoning codes allow.

The permit was recommended for approval on the condition that the hotel have a 6-foot planting bed buffer along Emmet Street, a 7-foot-wide sidewalk, on-site stormwater management and requiring all trash and deliveries take place in the garage structure.

Owner Vipul Patel first proposed the new hotel in February. Since then, Patel and his staff have worked with the City to have certain parts of his plan approved. One of the biggest hang-ups was the need of a permit for the proposed height of the hotel.

Commission members went over reasons that the height will no longer be problematic due to recent revisions, including the addition of a public café to the building's front.

A café facing Emmet Street was

added to the front of the design in order to make the six-story building appear smaller from the sidewalk. Commission members had previously felt a six-story building would loom over pedestrians and stand out from other buildings nearby, threatening the cohesion among structures the Commission often seeks.

“To the pedestrian, the building will only look two stories tall,” said Neil Bhatt, the president of nbj Architecture, the firm behind the hotel's design.

The café was also cited as a public benefit — something that is not required for the property alone but is needed in order to obtain certain special-use permits — because it would be accessible to the University community.

“The café is really a vision to me,” Patel said. “It's meant as a gathering space ... it will become a public space for students, community members.”

Some community members came out to share why they believed the hotel plans could have a negative impact on the University and surrounding area.

Warren Boeschstein, who lives near the proposed hotel and works as an architect, said the extra 20 feet could affect tourism and the University.

“[When people arrive] in the University area, it would be the dominant and landmark building,” Boeschstein said. “In a highly symbolic area ... this could be misunderstood by first-time visitors.”

Commission member Tanea Dowell noted the property is located in the City of Charlottesville, which is decided separately from the surrounding University property. Dowell pointed out that visually unappealing buildings have been allowed in other parts of the City, and the hotel's proximity to the University should not hold so much weight.

“We aren't looking at this from a city perspective; we're looking at a prestigious university perspective, when this is City property.”

Because the University is not bound by the City's height restrictions, nearby University-owned structures could be as tall or taller than the proposed 80-foot hotel. University Architect Brian Hogg told members that there were no plans for the Emmet/Ivy Corridor — the University-owned property that surrounds the Gallery Court Hotel — to be built above 60 feet across the street from the hotel. However, Hogg said that there could be potential to build taller than 60 feet near the Emmet/Ivy Parking Garage.



COURTESY VIPUL PATEL

The proposed hotel would sit between Lambeth Field Apartments and Carr's Hill Field.

“We don't know what U.Va. is planning across the street ... as far as height, we have no specifics,” said Jeff Werner, a land-use field officer for the Piedmont Environmental Council. “All of these contribute to mitigating the height of the proposed building.”

Roy van Doorn, who runs City Select, a tourism information company, said the City is severely “underhoteled.” Doorn said the hotel would help address the problem.

“Twenty weekends in the year we are effectively sold out,” van Doorn said. “We lack local ownership in our

lodging industry. We also lack walking-distance hotels.”

The Planning Commission recommended approval of the special-use permit 5-2, which means the permit will now go to the Charlottesville City Council for final approval.

“After 36 years of proud ownership, our beloved Excel Inn & Suites was shattered in mere hours,” Patel said. “The Gallery Court Hotel represents a unique opportunity for my family.”

StudCo, Madison House supply menstrual hygiene products

The project aims to give students access to basic necessities off Grounds

Katja Cresanti and Cecily Wolfe | Senior Writers



DARYA TAHAN | THE CAVALIER DAILY

Student Council and Madison House partnered to provide free menstrual hygiene products, which will be available for students to access in the first floor bathrooms of Madison House on Rugby Road.

Student Council and Madison House began a joint project this week to provide free menstrual hygiene products to students off-Grounds. The products will be available in the first floor bathrooms of Madison House until Sept. 21, or while supplies last.

Katie Kirk, a second-year College student and the chair of the Student Council Safety and Wellness Committee, said the initiative is a continuation of a previous project undertaken last semester by Student Council and the Inter-Sorority Council.

“Our goal is to show that there is a need for access to basic hygiene products on Grounds,” Kirk said in an email to The Cavalier Daily. “We have found that a lack of access to these products are adding extra stressors [and] burdens to those [individuals] who have a menstrual cycle.”

This past March, in response to conversations happening at other universities and to increased interest in the University student body, Student Council conducted a two-week trial program with the Inter-Sorority Council to offer free feminine hygiene products. Together the organizations placed around \$400 worth of tampons and pads in several bathrooms in Newcomb. Data collected by the organizations showed the products ran

out in a matter of days.

For the second “Free Menstrual Hygiene” event, according to Kirk, Student Council spent \$163.88 on 646 tampons and 238 pads, totaling 884 products.

Julia Hohenstein, a third-year Commerce student and member of the Madison House Board of Directors, said when Madison House learned about the success of last semester’s project, they reached out to Student Council and offered to co-lead a similar project in the first-floor restrooms of Madison House. Madison House is a non-profit volunteer organization, which is unaffiliated with the University, located at 170 Rugby Road near the Fralin Museum of Art.

Hohenstein added that the products were purchased by Student Council, while Madison House will distribute and gather data regarding product usage to allow Student Council to further examine how such a program might operate at the University.

“I think because Madison House, while it’s about service, it’s also about increasing access for people, whether that’s access to a tutor through a tutoring program or access to a mentor through our big brother, big sister program,” Hohenstein said. “This is all about access to healthcare options

which is something that is so important, and that is why Madison House is proud to be part of this project.”

Hohenstein also said — while Madison House is not contributing financially to the current effort as such an action would require approval from the organization’s board of directors — it is an area which deserves greater attention at the University and beyond.

In 2013, entrepreneur Nancy Kramer gave a lecture at a TEDx event championing the idea that women should have access to all of the necessities that they need to care for themselves in public restrooms. Her movement sparked similar initiatives in workplaces and universities — in 2016, Brown University spearheaded a campaign to provide tampons and pads in women’s, men’s and gender inclusive restrooms.

As a result, over 40 universities reached out to the student government at Brown University about starting their own program — including Cornell, Yale, Bucknell, Duke, the University of Connecticut and the University of Wisconsin, Madison — to offer free menstrual hygiene products in campus restrooms. The movement continues to spread, as students at American University, Emory Uni-

versity, the University of California at Los Angeles and the University of Arizona petition their administrations for funding.

James Madison University also recently engaged in a “Free the Tampon” campaign. The project, modeled after Brown University’s efforts, began with a bill of opinion, which over 2,000 students signed, and resulted with the senior administration approving it. Today, menstrual hygiene products can be found in both women’s and gender-inclusive bathrooms around JMU.

When asked for their thoughts on Student Council and Madison House’s pilot program, several female students expressed support, but also voiced concerns about the project’s longevity and reliability moving forward.

“It would be nice to be able to get up from class and just go and get [a feminine hygiene product], but it would have to be guaranteed that they were there,” third-year College student Summer Allen said. “I would not necessarily rely on that right away.”

Third-year Nursing student Eleni Lazarides said she thought the project was worthwhile.

“People are human and forget things so it’s nice that UVA. has my back, but it would take lots of time to

know for sure they were there and to build my trust,” Lazarides said. “The more you do it, though, the more you figure out how people react and how much of a success it is. I think it is worth it to keep trying if they have the resources.”

According to Kirk, as long as the pilots prove successful as they generally have at other universities, Student Council will host two more free menstrual hygiene events, where they will offer a limited supply of products for a predetermined time period, further collect data and gauge student interest.

Kirk said that if the data reveals that there is a real need for publicly available feminine hygiene products at the University, Student Council plans to approach the Board of Visitors and request regular funding for stocking restrooms around Grounds with such products.

Currently, the student health fee at the University is \$624 for the 2018-19 year. It is unclear how the implementation of a feminine hygiene products program might affect this rate.

University spokespersons did not respond to repeated requests to comment on this article.

BOV updates plan for Memorial to Enslaved Laborers

The Board also expanded U.Va. College at Wise tuition that plan will provide lower tuition rates to students from Appalachia

Caroline Stoerker | Associate News Editor

Board of Visitors budget During a condensed Board of Visitors meeting in the Rotunda Wednesday afternoon, the Board approved an increase to the budget for the Memorial to Enslaved Laborers. The discussion was initially intended to take place in a Finance Committee meeting, but was moved to a full-Board discussion due to schedule changes related to Hurricane Florence.

The Board approved a \$1 million addition to the budget for the Memorial to Enslaved Laborers. The original budget for the project was \$6 million, but after contractors estimated the project would cost at least \$7 million, the budget was raised to match the updated figure.

The memorial will honor the enslaved laborers who built the University and will be situated between the Rotunda and Brooks Hall. The memorial has been in the works since 2011 and received approval from the Board's Buildings and Grounds Committee in June 2017.

The Board also approved and endorsed amending the Code of Virginia in order to expand a reduced tuition program for out-of-state students attending the University's College at Wise in southwest Virginia.

The proposal calls for an expansion of the Tuition Assistance Grant program, which allows students from parts of Tennessee and Kentucky within 50 miles of

Wise to pay a significantly discounted rate for tuition — roughly \$11,000 per year, which is less than 40 percent of the fees paid by residents outside the area. Under the proposal, the area would be expanded to the federally-defined Appalachian Region, which spans parts or all of 13 states and 205,000 square miles.

"This is a proposal that basically widens the net area from which Wise can pull out-of-state students and charge them a reduced tuition," Wise Chancellor Donna Price Henry said during a presentation of the proposal to the Board. "For purposes of reporting and everything, those students would still be considered out-of-state students, but

they would be able to be charged less than the current out-of-state tuition."

The goal of the plan is to both to attract more out-of-state students to Wise and also to boost enrollment numbers at the school. Wise's current enrollment is just over 2,000 students, a number that Henry hopes to raise to 3,000 within the coming years.

While the Board approved and endorsed the proposal during the meeting, the proposal is still subject to approval by the Virginia General Assembly.

The Board also announced that two public hearings will occur in September and November for University community

members to discuss thoughts and concerns over the possibility of a state-initiated tuition hike. Board member James B. Murray Jr. said that the Board will discuss tuition more in-depth during its December meeting. The Board is working to hold the September and November forums with fourth-year College students Alex Cintron, the Student Council president, and Brendan Nigro, the student member of the Board.

Alderman Library renovation design plans approved

The Board of Visitors finalized the schematics in a condensed meeting of the full Board

Nik Popli | Associate News Editor

The University Board of Visitors Buildings and Grounds Committee met in the Rotunda Wednesday to approve the schematic designs for the renovations to Alderman Library, the Student Health and Wellness Center and the new softball stadium, along with other new and continuing projects.

The Alderman Library renovations — which are expected to cost \$160 million — will include the demolition of both the old and new stacks of the library, which were built in 1938 and 1967, respectively. A larger new addition will be created with student study spaces replacing many of the stacks and new terraces on the north side of Alderman, providing views out onto University Avenue. Construction is slated to begin in 2020, pending approval by the Virginia General Assembly.

The general plan was ratified by the Committee in June, but several more specific aspects — including the building's façade and the materials used — were approved at Wednesday's meeting.

The plans drew backlash from some University faculty, students and alumni last semester because they remove a significant share of the stack space, which the library's defenders noted was central to the University's academic experience. But the library hasn't been renovated since 1987 — when air conditioning units were installed — and its fire-resistive rating is "extremely problematic," according to a 2007 Library Planning and Assessment

Study conducted by the Office of the Architect.

According to the designs, the project will also include a renovated south entrance and the addition of a north entrance which will allow visitors to enter the library from the Ivy Corridor and University Avenue area.

"The idea is that ... we provide the ability to walk around the building from the exterior loggia and around

the building up to Clemons and Aviator Plaza," said Colette Sheehy, the University's senior vice president for operations.

Sheehy said Alderman Library currently appears unwelcoming to the public — built at an elevation and with no entrance from University Avenue.

"The elevation was always meant to be seen as a historic facility and not very open to the town and the public," she said, "and the idea of this

now becomes a much more open, much more welcoming addition to Alderman but still gives reverence to the original historic building."

The new exterior additions will be built with the matching brick, stone and columns, the Board announced. Renderings of the design plans were shown to the full Board.

Alderman, the University's main humanities and social sciences library, currently holds nearly 1.7 million bound print materials in its

stacks. During the upcoming renovation, all of the shelved materials in Alderman will be removed and temporarily stored in Clemons Library and the Ivy Stacks — which is a closed, climate-controlled storage facility located near North Grounds.

The plans for the Alderman library renovations will be presented to the Virginia General Assembly for approval in the 2019 session.



ANDREW WALSH | THE CAVALIER DAILY

Alderman Library will undergo a significant safety and design overhaul slated to begin in 2020.

S SPORTS

PLAYERS TO WATCH

Virginia safety Joey Blount



COURTESY VIRGINIA ATHLETICS

Joey Blount will need to cut down on penalties for Virginia to succeed.

Sophomore safety Joey Blount enters the game against Ohio after having a pretty strong start to the season so far. In the season-opener against Richmond, Blount recorded the first interception of his career, and in the game against Indiana, Blount recorded a career-high 13 tackles. However, while playing the Hoosiers last weekend, Blount also got called three times for pass interference. If Blount can tighten up his game and minimize his penalties, he has the ability to help Virginia put up a really strong defense that can keep Ohio off the scoreboard.

Virginia running back Jordan Ellis



ANDREW WALSH | THE CAVALIER DAILY

Jordan Ellis will try to regain his Week One form against Ohio.

Senior running back Jordan Ellis came up big against Richmond in the season opener, with a career-high 141 rushing yards and two touchdowns. The balanced rushing attack that the Cavaliers led against the Spiders, with Ellis and junior quarterback Bryce Perkins contributing, ignited the Virginia offense. But Virginia, in the desperation of falling behind double-digits at half, largely abandoned this balanced attack in the rain at Indiana. While Perkins rushed for over 100 yards, Ellis only amounted 63 yards on the ground, despite a strong 5.3 yards per carry. Ellis needs to get more touches for Virginia to beat Ohio, as he is an explosive and consistent player that can pace the Cavaliers' offense Saturday.

THE KEYS TO FOOTBALL

Virginia vs. Ohio — a breakdown

CD Sports Staff

After falling to Indiana on the road last week, Virginia returns to action against Ohio. While the game was originally scheduled to take place at Scott Stadium, the Virginia athletics department announced that due to Hurricane Florence, the game will now take place at Vanderbilt Stadium in Nashville, Tenn. The CD staff takes a look at some players and keys to the game that could help the Cavaliers rebound from their loss.

KEYS TO THE GAME

Get a rhythm going on offense



ANDREW WALSH | THE CAVALIER DAILY

Establishing a rhythm will be key for the Cavaliers.

Last weekend, the Cavaliers struggled offensively — as a team, they only gained 294 yards, compared to the 492 yards they had against Richmond. Furthermore, running back Jordan Ellis had 63 yards on 12 carries against the Hoosiers, which was a big drop-off from the career-high 146 yards he had in the season opener. The offense just didn't seem to click against the Hoosiers — who had a young, inexperienced defense — and keeping Indiana off of the scoreboard for the entire second half still wasn't enough for the Cavaliers to pull off the comeback win. Virginia will have to get things going early and find a comfortable rhythm offensively that will allow them to utilize their running game.

Stop the run up the gut



ANDREW WALSH | THE CAVALIER DAILY

Virginia's defensive line will have to play better against the run.

The Cavaliers' defensive line Saturday night was overpowered by Indiana's offensive line — allowing the Hoosiers' true freshman running back Stevie Scott to run for 204 yards and a touchdown. Scott paced Indiana in the rain, allowing the Hoosiers to stay conservative in the second half and maintain their 20-9 first half advantage. While Indiana failed to score in the second half, Scott's runs up the gut allowed the Hoosiers to control possession, making it difficult for Virginia at the end of the game. The defensive line will have to step up against Ohio to limit the Bobcats' potent rushing attack. One of Ohio's strengths is its offensive line, and the Cavaliers must neutralize it in order to win this weekend at home.

Football looks to rebound with matchup against Ohio

Cavaliers face Bobcats in last game before conference play starts up

Emma D'Arpino | Senior Associate Editor

After falling to Indiana on the road last week, Virginia will face another non-conference opponent, Ohio, in the second meeting between these two programs.

The Cavaliers (1-1) are looking to use Saturday's game against the Bobcats (1-0) as a chance to rebound from the disappointing loss to Indiana (2-0).

"[I'm] disappointed we didn't win the game," Coach Bronco Mendenhall said of the loss last weekend. "There are still areas that we can improve on. Indiana controlled the line of scrimmage. We made enough plays to be in the game, but not enough plays to win the game."

Virginia particularly struggled in the first half against the Hoosiers, with the score at half-time being 20-9.

"We can't afford to come out sluggish the first half," junior quarterback Bryce Perkins said. "We have to put drives together. We've got to execute. Most important, we've got to stop shooting ourselves in the foot — a holding call here, a penalty here, just little stuff

that prevents a drive from going the distance."

One of the things that Virginia struggled with was getting senior tailback Jordan Ellis involved in the game.

"It was one of the biggest differences in the game, and to me, one of the biggest differences in the outcome," Mendenhall said of Ellis' limited presence. "Without establishing Jordan and having that presence of getting yards when we gave it to him, it puts stress instantly on Bryce, which then moved to other positions, which made us less consistent. We need more touches and a bigger presence."

Against Richmond, Ellis certainly had the presence Mendenhall was looking for — he had a career-best 146 rushing-yards, earning him the honors of ACC Running Back of the Week. However, against the Hoosiers, Ellis had just 63 yards on 12 carries.

Leading the way for the Cavaliers in rushing yards against Indiana was Perkins, who had 123 yards. This made Perkins the first

Virginia quarterback since 1941 to rush for over 100-yards multiple times in the same season.

"We just need to move forward and learn from the mistakes," senior wide receiver Olamide Zaccheaus said. "We know what we're capable of doing."

Virginia's offense will now have the opportunity to learn from those mistakes against the Bobcats' defense, who allowed 484 passing yards and 161 rushing yards in their only game of the season so far. Despite the defense's struggles, Ohio's offense played well enough to get the 38-32 win to start off the season 1-0.

"[Ohio's] offense is very capable," Mendenhall said. "They score a lot of points. As you watch, the system is really well-established. Frank Solich serves on the board of trustees, as do I, and so I've gotten to know him. He's a really good coach. Very good offensive mind."

Solich is in his 14th season of coaching with Ohio, and the Bobcats have gone 98-71 (.580) during that time. Last year, the Bobcats finished 9-4 overall, and

5-3 in the Mid-American Conference East Division. They averaged a gain of 433.1 yards a game — with 244.5 rushing yards and 188.5 passing yards — and scored an average of 39.1 points per game. Ohio was tabbed MAC favorite in the league's preseason media poll, which was announced in late July.

In the opening game of the season for the Bobcats, senior wide receiver Papi White had a career-high 154 receiving yards on a career-high eight receptions. Junior quarterback Quinton Maxwell, who came into the game in the second quarter, completed 17-of-25 of his passes and had 233 passing yards. Maxwell threw for two touchdowns and also ran for two.

Ohio's strong offense will clash with a Virginia defense that has showed flashes of success. Against Indiana, senior safety Juan Thornhill blocked an extra point and had an interception, which made him the ACC Defensive Back of the Week. Sophomore safety Joey Blount also had a career-high 13 tackles. However, Indiana was still able to establish a strong running

game.

"There were enough inconsistencies in our line for their running back to get through," Mendenhall said. "It means our linemen were off, which meant the linebackers were off and led to gaps that shouldn't have been there."

The game Saturday will be Virginia's last chance to clean up some of these mistakes and establish more success before ACC play begins.

"We just need more and more and more of playing the game at the right level and the right precision to where it's [consistent] and holds consistently in the critical moments," Mendenhall said. "Inconsistency was really our downfall, again, not by points given our yielded, but simply by our opponent being able to hold onto the ball and affect the clock."

After Saturday's game — which is scheduled for 4:30 p.m. kickoff in Nashville, Tenn. — the Cavaliers will return to Charlottesville as they prepare to host Louisville on Sept. 22 at 12:30 p.m.

YOUNG PLAYERS STEPPING UP IN FIELD HOCKEY

Nine freshmen have started the season with a few bumps and a lot of promise

Last fall's heartbreaking double-overtime loss to Princeton in the NCAA Tournament ended the Virginia careers of that team's two top scorers. Transcendent midfielder Tara Vittese, the sport's first three-time collegiate national player of the year, graduated and was added to the Women's National Team roster. Forward and reigning ACC Freshman of the Year Pien Dicke did not return this year, deciding instead to play in the Netherlands.

The 2017 Cavaliers' high-powered offense defined the team. Virginia led the nation with 4.4 goals scored per game last fall. Vittese and Dicke combined for just over half of the team's goals.

Coach Michele Madison's up-tempo, aggressive offensive style preceded last year's talented midfielders, and it will succeed them. Though Virginia has struggled to run up the score in games this season — with the exception of an 8-1 win over Drexel in the Cavaliers' season opener, the team hasn't exceeded two goals in a game — it's heartening to see the immediate impact the freshmen have been able to make on offense.

Freshman striker Grace Wallis

leads the team with 10 points on three goals and four assists. Other than in a shut-out loss in August to then-No. 6 Penn State, freshmen have scored in every game. Freshmen midfielders Greer Gill, Amber Ezechiels and Peyton Tollaksen have each tallied two goals so far this season.

Young players make up a large part of the roster, so it bodes well that they have been able to adjust quickly to the tempo of collegiate field hockey and show results. Virginia added nine new players this fall. Many of those were early recruits that committed in 2015.

Even though it's exciting to see immediate contributions from fast and dynamic players like Wallis and freshman midfielder Jacquelyn Wilkins, the beginning of the season has left some questions unanswered about this team's ability to produce under pressure.

Virginia's offensive system is designed to attack open space with speed. The Cavaliers have demonstrated that they can carry and transfer the ball with confidence. They've also created offensive opportunities, cumulatively outnumbering opponents in shots, goals, assists and penalty

corners.

But this Virginia team has struggled to capitalize on those chances in crucial moments. The Cavaliers just couldn't get a shot off against Penn State Aug. 26, failing to convert on any of its three corners in the second half and falling short even with an additional field player in the final minutes of the game.

Twice this month, the Cavaliers have found themselves in a tie at the end of regulation. The sudden victory overtime periods — modified this year by the NCAA — ended in triumph against Syracuse and disappointment against Old Dominion last weekend. Senior goalkeeper Carrera Lucas is consistent in the cage, but Virginia has to make the most of corner opportunities on the other side of the field in those do-or-die moments.

It's hard not to compare this team's game statistics to those from last fall, if only because 11-goal wins and four consecutive shutouts from the 2017 season are so striking. This team is good though, and a few early losses don't discount that.

The Cavaliers' offense is by no

means sluggish, and their 3-2 overall, 1-0 ACC record is solid. Their older players have embraced leadership positions, and young additions are already playing with aggression and strength on the collegiate level. This team has a high ceiling and should continue to improve through the season — and many of its newly emerging

offensive stars will be around for years to come.

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COURTESY VIRGINIA ATHLETICS

Freshman striker Grace Wallis has spearheaded Virginia's offensive efforts, one of many young offensive standouts for the Cavaliers thus far.



Learning about choice in a maternity ward

The field trip of a lifetime

Shree Baphna | Life Columnist

The place was clean but barren and cold. I thought I was prepared for the shock, but I had never been to a government hospital before. In the maternity ward, all I could see were steel tables along a wall, some were occupied by young women with swollen bellies. As I moved closer, I realized that those steel tables were the beds where the women would actually give birth. At one end of the “bed” was a U-shaped cutout and a plastic bowl positioned under the hollow it created. Women in labor would essentially place their feet on either side of the U-shaped cutout, squat over the plastic bowl underneath and push.

This field trip was part of my summer internship at a public health research center in India, and it left a deeper impression on me than any other field trip ever has.

The steel “beds” I saw had a cloth draped over it where the woman would sit. One of them still had a massive rust-colored stain on it, which I realized could only be blood. I am not trying to force you to envision something horrific, but I think it’s important for me to describe my initial perceptions. As someone who is accustomed to an entirely different vision of maternal wards and birthing, I was definitely shocked for a while. It was a reaction that stemmed from the fact that I am privileged enough to afford the best facilities that hospitals have to offer, and in turn,

those are the only places that are the “safest” to go.

What was also striking to me was the fact that these women were all in the same room and were going to give birth in the same room. As far as I knew, childbirth is definitely a ‘private’ event, extending only to close family where at least curtains would section pregnant mothers off from the patients next to them.

This was not the case here.

These young women were on the steel tables, practically undressed but for a loose gown covering them. The room was bustling with nurses in pink uniforms, walking in and out. Occasionally, they would stop to check on the patients, say a few words and then walk by. I was there as well, but no one seemed to be bothered by the fact that complete strangers were also in the ward, standing by to witness the entire thing.

It dawned on me, however, how much of a communal event childbirth was meant to be. If I thought about it, I’d much rather have fellow women next to me going through the same pain and exhaustion than be the only person in the room experiencing it. Rather than it being embarrassing, it could be very empowering.

However much I thought about all this, none of it could prepare me for actually witnessing a woman give birth. It is not pretty, no matter if it were in a cushy private hospital or in a simple government

maternity ward. Of course, the entire scene was gruesome, and I started to feel waves of nausea and lightheadedness wash over me. I promptly passed out at that point and had to be led to a bed in a back room to lie down.

Right after that, I called my own mother up and asked her why in heaven’s name she thought her three children were worth all the pain of childbirth. She laughed and said, “I don’t even remember it. My brain was numb after a point.”

I was not entirely sure how I felt about having children of my own after that experience.

For me personally, it was the combination of watching a woman give birth and the setting in which she did so. A government hospital was so entirely foreign to me. I sound extremely privileged and rather naive, which is all very true since I am only ever used to seeing top-of-the-line facilities. It was hard for me to accept that this was a normal situation for women — this was the best level of health-care facilities that they had access to.

More than that, it was the realization that the fancy appearance of a hospital had nothing to do with its credibility. These were all still trained nurses who delivered healthy babies everyday. Just because a hospital did not have fluffed pillows and private bathrooms did not mean it could not save lives and provide treatment in any less of a way than the health-

care facilities that I was used to. It was clean, equipped and well-staffed for its patients. All that was missing was the luxurious feature. It seems quite trivial in light of all the countless people helped here.

The truth is that the entire ordeal of child birth is so incredibly excruciating and watching a woman give birth was definitely a good reality check. It was something else to watch a baby come into this world, and it was a lot more real to me now. Childbearing is a choice women are, and should be, empowered to make. Watching women go through such pain doesn’t deter me from choosing to have children. It was the realization that they had more than willingly taken the choice of going through the pain to have a child. The willpower behind having that choice is what makes it empowering. Because at the same time, saying no to having children does not make anyone any less of a woman or any less of a person. She is simply exercising her right over her ability to make that powerful choice — I admire both equally and endlessly.

I went home that day, and I couldn’t stop talking about what I had seen and how I had felt. I was recommending that people go watch a woman give birth left, right and center — which in hindsight I can see how that might seem really strange. In addition, it is also the stark realization of how resilient women’s bodies are mentally and physically to car-

ry out this function that amazed me to no end. In a few days time, that young girl who I watched give birth would probably be back on her feet again, going about her daily routine. After seeing what I had seen, it seemed near impossible to me. Yet women all around the world do it every day.

It is not just the choice of childbirth that women are entitled to have. The fact that women have a variety of choices is what makes them powerful and ever adapting. Take yourself as an example, a woman at the University. You can choose to dress up for yourself and feel good. You can choose whether you want to start a family or maybe put it on hold because you’re on a different path. You can choose to start a job and start a family at the same time. You can choose to say no to a date, say no to a friend, to a social event, to smiling just because it makes you “look pretty.” You can chose to wear a bra or not, you can chose to shave your legs, or not. You can choose to wear sandals, heels, crocs or cowboy boots. You can chose to dress the way you want, in the way you feel comfortable.

Women have the power of choice and the power of making a statement through that choice because no one else can and is allowed to make that choice for them.

Training your eyes to see like a child

Kids are wiser than you think

Victoria Laboz | Life Columnist

Sunday 6:30 a.m., the blue dawn hovered like a whisper over Charlottesville. The city looked blurry through my unfocused, sleepy eyes, as if someone had smudged my vision across my pupils. As I think back to that morning, I don’t remember much of it. There were shadowed buildings and a snoring train below the bridge that was humming Charlottesville out of its slumber, a few morning joggers huffing their way up the hill and some dogs walking around with tired tails.

I hurried to catch the train to Washington D.C. to visit my sister for the day. I snuggled into the Amtrak seat as comfortably as I could possibly get, but just as the world behind my window began to creak into motion and I began to drift off to sleep, a little

boy behind me began to shout, “Look mommy, we’re moving, we’re moving!”

I’ll be the first to admit that I never really was a “kid person.” Whenever I would hear a crying baby, I’d typically put my headphones in to drain out the wails and forcefully smile at them in hopes that it would cheer them up and make them stop crying. It never worked. So when I heard the little boy shouting behind me as I was in the midst of dozing off and realized I had forgotten my headphones on my desk, I wasn’t the happiest person on that train to say the least. It was going to be a train ride that would feel much longer than two and a half hours.

Instead of sleeping, I looked out the window as the little boy pointed out every train track, every river

and every construction site the train zoomed past. Instead of screaming “water fountain” when he saw one, he shouted, “Waterfall, waterfall!” Even though it was just a confusion of words, it made me think about how differently he saw the world from the way I did. I felt blind to what he saw.

In my peripheral sight, I saw the boy’s reflection in the window colored by the green trees outside. He was gripping onto the window ledge, nose pressed up against the glass, eyes wide and mesmerized as if he were seeing the world for the first time. The window was like his television screen. He was so easily fascinated by the smallest details I didn’t notice and took for granted, such as when another train ran parallel to ours and whenever our

train would pull up to another station. I felt envious of him and nostalgic for the days when I saw the world like he did. The older I grow, the more the world seems to shrink and shrivel before my eyes, but to this boy, the world was inflated and bloated with beauty.

Upon returning to the University later that evening, I saw it in a way I hadn’t before. Dusk was settling over Charlottesville when I stepped off the train, giving it that light blue glow. It was humid, but not the bothersome kind. The cicadas had already begun chirping in a dissonant chorus for the night, a tune for the nocturnal. I climbed up the stairs and noticed the fairy lights of the restaurant next door I hadn’t noticed before. There were some fallen leaves gripping the ground

and the shadows of the Blue Ridge Mountains poking the sky.

This was one of those times that made me regret constantly blasting music in my ears whenever I’m on the go, as if I want to avoid the universe as much as humanly possible. It made me think about what other things I’ve missed because I was directing my attentions away from where I was in the present moment. We all crave distractions like we do guilty pleasures, but every moment of our lives we spend distracted is a moment in which we will never know what we missed.

Pantry essentials for the confused first time chef

Easy recipes and tips to make the most of each meal in your kitchen

Lindsay Smith | Food Columnist

My week back in Charlottesville was a busy one. It took several long days of unpacking and decorating, but eventually it occurred to me to go to the store and buy groceries. Of course, after an already long week, my brain was a little bit fried, so walking into the grocery store I had no idea what I needed to buy. After three effortful and very fruitless trips to Trader Joe's, I was left with a box of cereal and a bag of grapes, and some bread and Nutella. This was not a sustainable diet — there was also nothing to make for dinner, and two days of peanut butter lunches and Nutella toast breakfasts really made me sick of bread and spread combos.

Stumped, I knew there was only one way for me to solve my grocery-confused conundrum. So, of course, I called my mom and begged her for tips on how to stock up my cabinets. She provided me with an all-inclusive, incredibly helpful list of pantry essentials for each meal that

has been keeping me well fed and happy thus far — without leaving me dreading another meal made up solely of Nutella.

Before I move on to sharing that list with all my faithful readers, I want to drop a shout-out to the woman who made this article possible. Thanks for keepin' it real, ma. Now, without further ado, here are some essentials every college student must have on hand. They are mother-curated, so you can be sure they are pretty dang helpful.

The first thing on the list is more of an investment for ease than an actual list of foods. Start your pantry-stocking adventure with the purchase of good kitchen utensils and appliances. Personally, I would be lost without my toaster oven, blender, tea kettle and French press. A Keurig is also good to have for those early morning classes when you need coffee but you also have to rush out the door. On a smaller scale, having Ziploc bags, aluminum foil and PAM at the ready can really

make the cooking experience go by with much less hassle.

Next, before getting into the essentials by meal, there are some basics you must have on hand for cooking in general. Butter, olive oil, white wine vinegar and spices like salt, pepper, cinnamon, basil, thyme, rosemary, paprika, cumin and garlic powder can make using the kitchen much easier — and much more delicious.

The other two important purchases you must make on that first trip to the store are coffee and bread. Coffee, whether it be instant, whole bean or Keurig K-cup, is a necessity for college students everywhere. A loaf of bread sitting in your cupboard will help stave off that fear of starving to death in your apartment when you couldn't think of anything to cook for dinner.

Breakfast comes with a longer list of recommended supplies. Having around six eggs in your fridge at all times will come in handy for those Saturday mornings when you are too

broke — or too hungover — to go to the Pigeon Hole for brunch. Milk and cereal are good staples, and having yogurt and perhaps even granola and fresh fruit to put on top can help vary your breakfast menu. Keeping granola bars for breakfast on the go is also smart.

As for lunch and dinner, make sure you have room on your shelves for rice, black beans, pasta, pasta sauce, canned soup and chicken broth. These things can make a variety of meals and are all very fast to cook. In the long run, they can save you a lot of money, and on nights when you are too tired to plan a nice meal, they are easy to throw together and still provide relatively good nutrients.

Fruit and vegetables go bad fast, so they should be bought in small increments. Always have at least an onion and a bag of carrots on hand. Bell peppers or potatoes can also help spice up dinner in a pinch. Lastly, it is smart to stock up on a few frozen items. Look

for a frozen pizza or a bag of frozen fried rice — when you run out of fresh food, they are handy backups.

Dessert calls for its own set of supplies. A small bag of all purpose flour, a small bag of granulated sugar, baking soda, baking powder and even vanilla extract are the perfect starter-kit for all those crazy kids out there who love to bake. It may also be smart to keep ice cream or other ready-made desserts around for days when you need something sweet but don't want to put in much effort.

When you stick to a list like this, buying groceries and cooking for yourself becomes a lot less scary. Hopefully this helps you make a little game plan. The next step is to dive right in to Trader Joe's, Harris Teeter, Kroger or wherever it is you like to shop. Really though, shop at Trader Joe's.

Escape the dining halls and swipe elsewhere

How to make the most out of your valuable meal exchanges on Grounds

Maddie McNamée | Food Columnist

The first few weeks of school have passed, which is plentiful time to realize that dining halls are not the most ideal spot to curb your hunger. While their locations and unlimited access to first-years may be convenient, the same cannot be said for their provided food options. Fortunately, there are a multitude of meal exchange opportunities for students on Grounds.

A meal exchange counts as one dining hall swipe, which is beneficial when you're a first-year with endless swipes or even an upperclassman with a smaller dining plan. If the latter is your case, and you're saving up for unexpected hunger pangs in between studying — or even if you're a just a first-year looking for an escape from Newcomb — here's some advice on how to make the most out of your swipes.

I will forever advocate for Rising Roll, located on the second floor of New Cabell. Not only is it a convenient location for classes, but its menu provides more flavorful options than any dining hall. You can often find me there for breakfast devouring their oatmeal drenched in brown sugar and toppings. The meal exchange also includes a cup of coffee, ideal for breaks after early morning classes.

If you're at Rising Roll for lunch, I recommend the Hummus Veggie Wrap, which includes chips and a coffee or fountain soda. People also rave about the Turkey Cheezer, and new

options include two salads, which I assume are far superior to the mediocre salad bar at O'Hill. The inclusion of a drink and side along with a delicious meal makes Rising Roll a worthwhile swipe. Some may argue West Range Café is the better alternative on Central Grounds, but my loyalty remains with Rising Roll for getting me through sleepy-eyed mornings.

For Sundays spent studying curled up in 1515, the Crumbs on the Corner meal exchange is essential. The location offers assorted salads and sandwiches that you typically have to pay for with plus dollars in Clark Library, Crossroads or Newcomb. Not only is this a prime meal deal, but it also includes a choice of cookie along with a hot coffee or tea. The caffeine from the drink boosts energy and the cookie simply boosts morale. Surely no dining hall can provide such an experience. Pro Tip — go for the lemon flake cookie, always. Just trust me, there's no better accompaniment to cramming for classes than cookies.

For those more drawn to name brands, Pavilion XI, more commonly known as "the Pav," never fails. Located in Newcomb Hall, this cafeteria style spot offers Five Guys, Subway, Chick-fil-A and Wahoo Nori. Of those delectable fast food spots, both Subway and Chick-fil-A offer meal exchanges. At Subway, you can get any six-inch sub with a drink and chips, which includes unlimited toppings, so load up for

maximum fullness. At Chick-fil-A, the meal exchange is a chicken sandwich, either normal or spicy, with a drink and waffle fries. This is undoubtedly a satisfactory meal, far more exceptional than the bland crispy chicken sandwich O'Hill provides every single day. When you just want a taste of commercial deliciousness, head downstairs to the Pav instead of the Newcomb.

While I hardly ventured to McLeod Hall during my first year because of its distant location, it's now a convenient option for first-years, as numerous lectures take place there due to the reconstruction of the Chemistry Building. Last year, I consistently heard Nursing students rave about the appetizing options Café McLeod offers, and now I finally understand.

For one swipe, you can choose from any of the paninis, subs, wraps or salads, which come with a fountain soda, a side of carrots, whole fruit or chips. This may sound similar to aforementioned options, but they have a variety of sides, not just the typical chips, so there are options for those who want to fill their appetites with healthier options.

The Chicken, Pear and Walnut Salad is also a staple at Café McLeod with its nutritious kale base. While it may not be exactly comparable to Roots, it is still quality food for those not on the coveted Corner meal plan. Java City is also located within the cafe and offers smoothies, pastries, fruit and coffee



MADDIE MCNAMEE | THE CAVALIER DAILY

Rising Roll, located on the second floor of New Cabell, takes meal exchange swipes for a select menu.

for meal swipes. Take advantage of the far walk to class and treat yourself to a meal exchange at McLeod.

When the dining halls just won't do, head elsewhere on Grounds and utilize your swipe for something more satisfactory. Avoid hanger and indulge at the Pav, grab a quick bite on Central

Grounds at Rising Roll or even take a visit to 1515 for Crumbs on the Corner. Whatever you choose, it for sure will be more appetizing than the same dull meal being served at the dining hall for the third day in a row.

Last scream for ice cream

Best places in Charlottesville to go for a frozen treat before fall

Molly Wright | Food Columnist

This semester has started off sweaty. With a high of 90 degrees on the first day of classes a few weeks ago, Charlottesville weather still feels like summer even as us University students trudge to the library to study. We all know the only cure for a hot day of walking from one side of Grounds to the other is ice cream. Thank goodness Charlottesville has some incredible places to grab a frozen treat before the temperature drops this fall. Here are six of my favorites:

1. Carter's Mountain Peach Ice Cream: I couldn't write this article about ice cream in September without talking about the peach ice cream at Carter's Mountain. It is hands down my favorite place to get ice cream when I come back to the University in the fall. Served soft-serve style in either a cone or cup, this peach ice cream literally melts in your mouth. Creamy and refreshing all at the same time, the ice cream at Carter's Mountain is a must, especially if you're ending your school week there with Thursday night Sunset Series. Grab a box of donuts there as well if your sweet tooth is still not satisfied, I promise you won't regret it.

2. Ben & Jerry's: When I was first looking at colleges, I'm not going to lie, a big selling point of Charlottesville was the existence of a Ben & Jerry's ice cream shop. Here you can indulge in all the incredible flavors of ice cream that Ben & Jerry have created throughout the years. Whether your favorite flavor is Tonight Dough, Phish Food, Milk & Cookies or the classic Cherry Garcia, taking a quick trip to the Ben & Jerry's store in Barracks won't let you down.

3. Chap's Ice Cream: Located on the Downtown Mall with a 1950s soda shop vibe, Chap's Ice Cream is the perfect place to grab a scoop after a dinner date or a movie. The ice cream is homemade in the shop, using the same family recipe for over 70 years. Chap's also has some signature

flavors like the Four C's and Cobblestone, but don't worry you can still get your good old mint chocolate chip and cookie dough flavors too.

4. Cookout: This isn't exactly ice cream, but let's be honest, what University student hasn't gotten a Cookout craving during a night of studying and slurped down one of their thick milkshakes? You can mix any of their many flavors together for the milkshake of your dreams. Not only is getting a Cookout milkshake a great dessert, it's also a favorite bonding place and study break spot for students, especially if you go at 10 p.m. on a weekday.

5. Kilwin's: Another great ice cream spot on the Downtown Mall, Kilwin's has two of the best dessert options: ice cream and just straight chocolate. As soon as you walk in the store the aroma of freshly made chocolate hits you and your mouth starts to water. After eyeing all the special chocolate treats and ice cream flavors, you have the almost impossible decision of what to buy. I suggest grabbing a scoop and then some of their chocolate truffles or chocolate-covered marshmallows for later.

6. La Flor Michoacana: A hole-in-the-wall Mexican ice cream and popsicle shop on Cherry Avenue, La Flor Michoacana has some of the cutest popsicles I have ever seen. Stop in on a hot day for one of their refreshing fruit popsicles that actually has the fruit frozen inside the popsicle! You can also get a chocolate, Oreo or caramel popsicle if you're not in the mood for fruit. You'll probably catch a few girls snapping a picture of their brightly-colored passion fruit popsicles together outside the shop as you leave. Remember: Insta before you eat!

Treat yourself to some ice cream or another sweet frozen treat in Charlottesville before the leaves start to fall and you start craving hot chocolate instead. Or maybe just eat ice cream in the winter too, nobody will judge, least of all me!



MOLLY WRIGHT | THE CAVALIER DAILY

We all know the only cure for a hot day of walking from one side of Grounds to the other is ice cream.

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Reconciling Alderman with a modern University

Some believe that the former president's ties to eugenics may be grounds for removing his name from the library

Mackenzie Williams | Staff Writer

Reconciling an institution's past controversies with the comparatively liberal present is a challenge that often surfaces when assessing its favorite historical figures. The University faces this challenge directly when addressing the legacy of its first president, Edwin Alderman. Though Alderman is notable for his leadership and contributions to the University community, an increased awareness of Alderman's involvement with eugenics and ties to white supremacy has begun to overshadow his integral role in the University's development, and complicates the community's task of coming to terms with its history.

The University's inaugural president

Edwin Anderson Alderman served as the University of Virginia's first president from 1904 until his death in 1931. The Board of Visitors had previously governed the University. During his tenure at Virginia, Alderman founded the Curry Memorial School of Education in 1905, sanctioned the admission of women to UVA's graduate and professional programs as early as 1918, reorganized the University to increase its efficiency and multiplied its endowment by a factor of nearly 30.

"Alderman's principal legacy was to establish a firmer and more flexible administrative structure, one that was suitable to the growth of the institution," said Margaret O'Bryant, an Albemarle Charlottesville Historical Society librarian. "The University was growing and was facing serious issues with expansion and renovation after the Rotunda fire, and the administrative structure was no longer suitable."

Many credit the University's subsequent era of "Southern Progressivism" and academic renown to these administrative innovations.

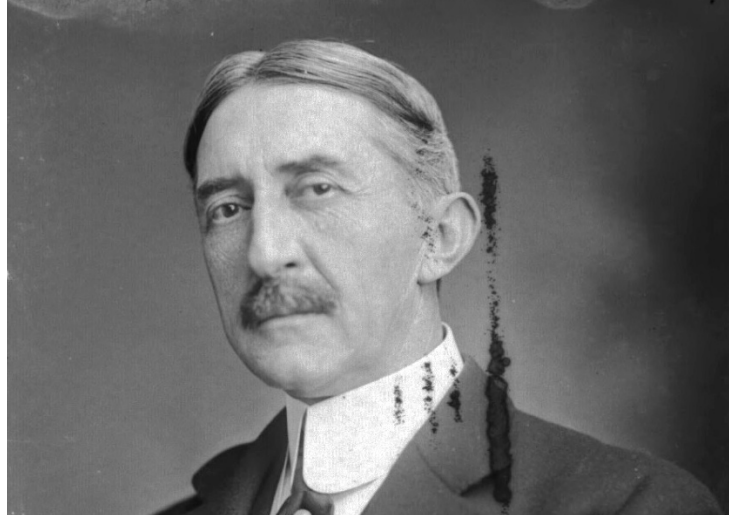
According to Assist. History Prof. Sarah Milov, Alderman led the University into the 20th century intent to develop a modernized institution. The President's definition of "modernization," which focused on academic research, was inextricably linked with white supremacy, Milov said.

"The word 'modernization' in the early twentieth-century South, but also in the North, frequently went hand-in-hand with racial theory," Milov said. "For him [Alderman], a commitment to white supremacy and a commitment to education were one in the same: it was a way to make the South a better place, and he was concerned foremost with modernizing the University of Virginia."

Today, one of the most prominent libraries on Grounds bears Alderman's name.

Ties to eugenics and white supremacy

Alderman's presidency is also marked by his support of eugenics, the pseudoscience of "improving" the



COURTESY ALBERT AND SHIRLEY SMALL SPECIAL COLLECTIONS LIBRARY

Alderman endorsed eugenics personally and professionally, making the practice a cornerstone of Southern social policy.

human population by manipulating reproduction. When applied in the political arena, eugenics provided "false scientific justification for institutionalizing racisms," in the words of Lindsey Muehling, an Immunology doctoral candidate and outreach organizer for the scientific literacy non-profit Cville Comm-UNI-ty. Compulsory sterilization laws, such as the Eugenic Sterilization Act of 1924, were among the legislation that resulted from eugenics research at UVA.

Alderman's ties to eugenics in part legitimized the practice as a cornerstone of Southern social policy, and played a role in launching UVA's medical program to the position of national repute which it enjoys today, according to Class of 2000 University graduate Gregory Michael Dorr's dissertation for the American History program "Segregation's Science: Eugenics and Society in Virginia." Alderman's efforts in part prevented the Medical School from being consolidated with a Richmond institution in 1922.

Alderman endorsed eugenics both personally and professionally. He himself served on the National Committee for Mental Hygiene and the Aristogenic Association. According to fourth-year College student Sarah Ashman, who is an American Studies major concentrating in Southern Studies, Alderman created a "network" of eugenicists at UVA. — including Harvey Jordan, Harry Heck and Ivey Foreman Lewis — who then disseminated their ideologies across disciplines to innumerable students and Virginians.

"We as a research university were producing the work that would then be used by politicians to make that sort of [eugenic] policy reasonable and legal," Ashman said.

Alderman's network of eugenicists at the University educated many of the politicians and physicians who later produced and enacted racist policy in Virginia.

"While it is impossible to know the

precise number of University-of-Virginia-trained physicians who performed these [sterilization] operations, it is certain that Virginia alumni performed many of Virginia's compulsory sterilizations between 1927 and 1972," Dorr wrote.

Three such Virginia alumni created and executed the Tuskegee syphilis experiment, which followed 600 black men — 399 infected with syphilis and 201 not infected — to study the disease's effects over 40 years. The experiment was deemed unethical and exploitative because its subjects were not informed of its extent and those infected were not given treatment, even when penicillin was found to be a cure.

Alderman also engaged with the Ku Klux Klan in 1921, accepting a donation of \$1,000 — a present-day value of \$12,500 — to the University, which he acknowledged in a letter signed "faithfully yours." In September 2017, former University President Teresa Sullivan announced UVA. would donate this value to the Charlottesville Patients Fund for the victims of the white supremacist rallies of Aug. 11 and 12, 2017.

Alderman later delivered the acceptance speech for the Lee Statue at Market Street Park — formerly Lee Park — in 1924 on behalf of the City of Charlottesville. General Robert E. Lee's three-year-old great-granddaughter Mary Walker Lee unveiled the statue, which was shrouded in a Confederate flag.

Alderman's legacy in the twenty-first century

In light of UVA's tumultuous past decade, some are calling for a reexamination of President Alderman's contributions to University history.

Some believe that rededicating Alderman's namesake library is the most appropriate way to reckon with University history. Charlene Green, Manager of Charlottesville's Office of Human Rights, encourages an open

conversation within the University community, regardless of the library's fate.

"It's not fair to have a blanket response — we need to talk about it," Green said. "There are implications for keeping [Alderman's name] there, and there are implications for removing it. When you start doing things like that, you set a precedent. Dialogue about the information is critical."

It's the prospect of a dialogue across Grounds that appeals to Ashman.

"I would support a conversation about our history in eugenics and the detrimental effects that study had in hopes that it would inspire us in ethical scientific behavior," Ashman said. "I don't think that most people are thinking of who Alderman was when they look at the library, but they could be thinking of who someone was. If we're not going to talk about Alderman, perhaps we could rename the space after someone we would want to talk about, or someone we would want to be inspired by."

Ashman proposed Elizabeth Tompkins, UVA's first female law school graduate, or one of the individuals who first integrated the University as possible contenders for what is now Alderman Library. She is not alone in suggesting a new name on the library.

"There are many more alumni and people associated with UVA. that I think are deserving of having their name on the library, but that crusade, or campaign, should be led by students making their own demands," Milov said.

A campaign for the renaming of spaces honoring eugenicists has already begun on Grounds with Cville Comm-UNI-ty. Lindsey Muehling reported that the organization is writing an open letter and corresponding petition to the University, advocating for the renaming of Barringer Wing at the UVA. Health System on account of its namesake's career in eugenics. The wing is named for Paul Brandon Barringer, chairman of faculty at the University from 1895 to 1903. However, Muehling said that rededicating a University structure named after Alderman may not be a viable undertaking at this time.

"We have discussed Alderman, but Barringer is an easier first step on the list of names we want to see changed," Muehling said. "Alderman is too much of an institution."

Though Alderman Library's renaming may be unlikely by some accounts, it would not be unprecedented. Yale University removed John C. Calhoun's name from one of its undergraduate residential colleges in 2017. Georgetown University was successful with similar efforts in 2015, though Princeton University's attempts to rename the Woodrow Wilson School of

Public and International Affairs were unsuccessful in 2016.

The University engaged renamings of its own in 2016, renaming the Medical School's Jordan Hall, named for University eugenicist Harvey Jordan, as Pinn Hall for Vivian Pinn, the only female, African-American student to graduate from the medical school in 1967. In 2017, the BOV voted to rename International Residential College's Lewis House, which had been named for University biology professor and eugenicist Ivey Foreman Lewis, as Yen House, honoring W.W. Yen, the first international student to earn a bachelor of arts from the University and the first student from China to graduate in 1900.

There have been no extensive efforts to remove Alderman's name from University structures.

The difficult balance between a historical figure's contributions and their controversies has also been a subject of debate when addressing the legacy of UVA's founder. Particularly after the events of August 2017, many have turned to Thomas Jefferson with renewed scrutiny. Though Jefferson may be one of the more acclaimed individuals in a nexus of controversial UVA. figures, his status as a slaveholder and the publication of his white supremacist ideologies have made his role in the University's history a point of contention. In response to the events of August 2017, a group of protestors shrouded the Jefferson statue in front of the Rotunda last September.

Nevertheless, some hope to see Alderman's name remain on the library for reasons ranging from appreciation for his contributions, to a hope for sustained dialogue about his complete history.

"I would not be in favor of renaming things that have been named for him because of his contributions to the University," O'Bryant said. "Anyone who has made considerable, positive contributions to their environment and life in their community can and should be remembered for the positive things they've done."

Second-Year Engineering student William Tonks also said Alderman's name should remain on the library, if only to heighten awareness of the president's complete history.

"If in 50 years people are still talking about how awful eugenics is because Alderman Library is named 'Alderman,' I think that's a win," Tonks said.

Regardless of the ultimate name on Alderman Library, many conclude that University students on Grounds are ready for a conversation about re-examining old wounds in its history.

"Students are emboldened right now," Milov said. "And it's amazing to watch."



LEAD EDITORIAL

Miller Center should protect its employees

The Miller Center's problems run deeper than Fred Scott's discriminatory emails

Fred Scott Jr., a former member of the Governing Council of the Miller Center of Public Affairs, recently resigned after the University discovered several blatantly sexist emails he sent to fellow employees last year. In an alleged attempt to thank his female colleagues for their work at the Miller Center, Scott offered to take them on a “luxury shopping trip,” which was perceived by the women addressed in the email as discriminatory. Despite the offensive contents of Scott’s email, the scandal was handled internally and was not disclosed to the public until after POLITICO published a report detailing the email obtained through a Freedom of Information Act request last month.

Only after this request did the Miller Center launch the investigation that prompted the discovery of several other discriminatory emails, resulting in Scott’s resignation on Aug. 31. In response to this scandal, the Miller Center should be transparent with the University community regarding internal violations of

University anti-discrimination policies, including Title IX violations and the Miller Center’s own code of conduct. As an organization committed to the “public good,” the Miller Center has a responsibility to protect its employees by holding accountable those who violate University policies.

After the investigation was launched following POLITICO’s FOIA request, the Miller Center uncovered an email that Scott sent to the Governing Council’s former chairman, Eugene Fife, on May 3, 2017. In the email, Scott expressed confusion regarding his female colleagues’ reaction to the shoe shopping spree proposal, writing that “women don’t like to be put into groups. They group up all the time, but these are their own voluntary groups. Lunch, coffee, Children, etc. No men allowed in.” He added, “some people just like to stir up trouble and then melt into the background and watch,” adding that “if we have such a person, they may not be the best choice to promote.” The language in Scott’s email suggests that by raising

concerns about discriminatory behavior in the workplace, Miller Center employees risk their own career advancement. This type of attitude breeds a culture of silence, which will only lead to future employee endangerment.

After the Miller Center’s initial handling of the scandal a year ago, Scott offered a written apology to the women addressed in the email and remained a member of the Governing Council. As demonstrated by this sequence of events, the Miller Center has created an atmosphere in which Scott felt comfortable expressing discriminatory language — a flagrant disregard for the University’s zero tolerance policy for discrimination.

Considering the public backlash the Miller Center has received in response to this scandal and the appointment of Marc Short, the organization should seriously question the decision-making capacity of its leadership. Moreover, it is important to note that the Scott family’s tradition of donating to the Miller Center and the University at large — including being the

namesake of Scott Stadium — may have influenced the Miller Center’s hushed approach to the scandal last year. In the future, the Miller Center must adopt an unwavering commitment to transparency, even if that commitment is upheld at the expense of significant monetary donations to the University.

Since the investigation, the Miller Center has led several sexual harassment prevention, unconscious bias and Title IX training sessions for its employees, which bring the Center closer to a discrimination-free workplace. The Center also created a new code of conduct last January which “stresses the Miller Center’s opposition to discrimination and harassment.” The Center should be strict in its accountability to this code in order to ensure that it aligns with the school’s commitment to the protection of its employees. Seeing as the Miller Center’s employees serve as a reflection of the values it expresses, the Center should also consider reevaluating its hiring and vetting processes so that ethically questionable indi-

viduals such as Fred Scott are not brought into the organization in the first place.

Moving forward, the Miller Center should recognize and reject discriminatory behavior. The toxic culture inside the Miller Center normalized Scott’s actions, as demonstrated by the rhetoric in his letter of resignation. Scott’s “after-action puzzlement ... to understand the reaction to [his] (boggled) attempt at offering generosity” shows the half-hearted nature of his apology. In the future, such instances should be met with immediate condemnation from the Miller Center itself — it’s time to kill the culture of silence.

THE CAVALIER DAILY EDITORIAL BOARD is composed of the executive editor, the editor in chief and three at-large members of the paper. The board can be reached at eb@cavalierdaily.com.

THE CAVALIER DAILY

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The Cavalier Daily is published Thursdays in print and daily online at cavalierdaily.com. It is printed on at least 40 percent recycled paper. 2016 The Cavalier Daily Inc.

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QUESTIONS/COMMENTS

To better serve readers, The Cavalier Daily has a public editor to respond to questions and concerns regarding its practices. The public editor writes a column published every week on the opinion pages based on reader feedback and his independent observations. He also welcomes queries pertaining to journalism and the newspaper industry in general. The public editor is available at publiceditor@cavalierdaily.com.

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INCREASE FACULTY DIVERSITY

The diversity among the faculty at the University is astoundingly low in comparison to the diverse world in which we live

A primary purpose of the University is to enrich the minds and lives of its students, and while many aspects of the University certainly contribute to this, faculty plays an invaluable role in fulfilling that mission. The faculty at the University excels at instilling a love of learning in their students, as they attempt to ignite a passion in students for the subject they have dedicated their lives to. These faculty members are also tasked with preparing students to enter a vast and globalized world where they must have the skills to apply that they have learned from their four years of studies.

Professors play an essential role in the cognitive development of their students. They influence, and in many ways mold, the ways in which their students view the world around them. However, how can students be adequately prepared to enter a global job market if they have not been sufficiently exposed to various points of views?

The diversity among the faculty at the University is astoundingly low in comparison to the diverse world in which we live. Last year, 77 percent of the faculty at the University were classified as White American, with

only about four percent of the faculty being African-American and about three percent being Hispanic American. These numbers are extremely troubling, and must be improved on.

As diversity throughout

groups are more creative, innovative and productive compared to homogenous groups. Groups exposed to a minority viewpoint experienced a “stimulated discussion of multiple perspectives and previously unconsidered alterna-

tures.

Furthermore, while universities endorse diversification, not much is being done to enforce these plans to diversify. The University has attempted in the past to diversify faculty by establishing associate or assistant deans for diversity within the college, professional schools, and graduate programs, who are charged with identifying and recruiting faculty and graduate students of color. These programs did lead to an increase in the number of African-American tenure hires, however, the number of minority faculty members remains startlingly low.

The University also attempted to start a cluster hiring program for the 2017-18 academic year. According to its webpage, “A cluster search seeks multiple faculty members from across disciplines who are working in a particular interdisciplinary field with the potential for broader social impact.” The page claimed the program had “the potential to expand the University’s diversity and to reduce discipline- and institution-generated barriers to research.” Although this sounds like a good plan, it remains to be seen what impact it has on the diversity of the faculty. However, a new plan is being put in

motion at the University in order to increase diversity throughout the faculty.

Student Council President Alex Cintron, has suggested that student input be institutionalized in the faculty hiring process at the University. Cintron said he was influenced to do this in a recent column for The Cavalier Daily where he stated, “It shouldn’t take until my third year to be taught by a professor who looks and sounds like me.” This observation is not lost on many students who are still waiting to be taught by somebody who looks like them.

If Cintron’s idea is implemented, it has the potential to change the faculty hiring process for the better, and faculty will begin to reflect the diverse needs of an increasingly diverse student body. Cintron’s plan is admirable, and hopefully it will lead the University into a new era of diversity, and other initiatives like it in the future, because as the world is changing so must our University.

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As diversity throughout the student body continues to grow, the diversity among faculty members should not remain stagnant.

the student body continues to grow, the diversity among faculty members should not remain stagnant. As diversity expands in the student body, it is becoming even more important for different perspectives to be better represented by the University’s staff.

Increasing the diversity of staff can have some tangible benefits. According to the Association of American Colleges and Universities, “... all students are better educated and better prepared for leadership, citizenship, and professional competitiveness in multicultural America and the global community when they are exposed to diverse perspectives in their classrooms...” Researchers have found that diverse

tives.” Researchers thus arrived at the conclusion that diversifying faculty will enhance teaching and research.

Additionally, as our society continues to face an increase in white supremacy and with media sources shedding more light on white supremacist incidents, it becomes even more essential that students learn to empathize with people from different walks of life who can emphasize different perspectives. College is a time for students to be able to explore different viewpoints and opinions, and they deserve the opportunity to build relationships with professors from different walks of life in order to become more accepting of different cul-

DON’T HOLD EXAMS ON ELECTION DAY

Not holding exams on Election Day would create a more civically engaged University community

Student Council, in partnership with the College Republicans and University Democrats, have been asking professors to sign a petition promising that they will not hold any “significant exams” on Election Day. Additionally, the petition asks professors to distribute information concerning voter registration and the upcoming elections. Last week, the Student Council Representative Body voted unanimously on a resolution to support this petition. I believe all professors should sign this petition in order to encourage student engagement in our political system.

The petition notes that the voting process can be complicated for a variety of reasons including “the existence of six different voting precincts at which students vote, the necessity of re-registering every change of address, a lack of reliable transportation to-and-from many polling places, complex voter ID laws, and a convoluted absentee voting process.” All of these disincentives to voting work in con-

junction to deflate voter participation, especially among young people.

According to the Pew Research Center, millennials are now the second largest generation in terms of eligible voters. In spite of that, voter turnout rate among millennials in the 2016 presidential election was just 51 percent, which was significantly lower than the rate for Generation X (63 percent), Baby Boomers (69 percent) and the Silent Generation (70 percent). Additionally, it does not appear that millennials are just lazier than other generations. In 1996, when Generation X was 16-31 years old and starting to vote, the turnout rate of the generation was just 41 percent while the rate for Baby Boomers and the Silent Generation was 60 percent and 69 percent, respectively. All of this data seems to suggest that young people, regardless of generation, are less likely to vote than their older counterparts.

Students have worked diligently to mitigate the effects of the disincentives that young peo-

ple face. As first years came to Grounds, a bipartisan coalition of political organizations worked to register over 400 students at their new addresses. Furthermore, in last year’s general elec-

tion participation in the electoral process, some issues are simply out of their control, such as academic scheduling. Accordingly, students are asking professors to do what students cannot by re-

Ultimately, students are not looking for a hand-out from professors — they are looking for an ally in their fight to increase student civic engagement.

tion Student Council partnered with CAR2Vote and University Parking and Transportation to help students get to the polls. The same service was also utilized for this year’s Democratic caucuses. In addition to just getting students to the caucuses, both the College Republicans and University Democrats informed students about key aspects of the political process, such as the voter ID rules.

As much as students take an active role in increasing their

fraining from holding any major exams on Election Day. Ultimately, students are not looking for a hand-out from professors — they are looking for an ally in their fight to increase student civic engagement.

An argument could be made that a professors’ job is to teach and that changing the syllabus around Election Day would limit their ability to do that job. However, the purpose of the University is far more than just academic. As its mission statement says,

“[The University of Virginia] serves the Commonwealth of Virginia, the nation, and the world by developing responsible citizen leaders and professionals.” It is the collective responsibility of students, faculty and staff to ensure that this statement is fulfilled as completely as possible. By pledging not to hold any major exams and distributing information about the upcoming elections, professors would not only make it easier for students to vote — they would also demonstrate the importance of our political process and developing responsible citizen leaders.

With all that said, I want ask all professors at the University to sign on to the pledge in order to create a more civically engaged University community.

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FOLLOW THE MONEY IN NEWS STORIES

Cavalier Daily reporters and editors must always ask more questions about finances

Finance at the University — it's a tricky puzzle that I'm convinced no one person really understands, but we all certainly try. Students, parents, alumni, faculty, staff, workers and administration all have thoughts on how we spend money here. The Cavalier Daily should strive to include money in more stories to bring financial issues to light and better create a dialogue around the University's spending. As the press, The Cavalier Daily has a role in providing the information to hold institutions accountable.

Two recent news articles by The Cavalier Daily have tackled the issue of money — Nafisa Mazumdar wrote on the University Programs Council spending nearly \$100,000 on Welcome Week activities and Alexis Gravely looked at the lack of communication from the University financial aid office to students awaiting loans and aid packages.

The concepts behind these articles are great — students have a right to know both where their money is going and when they can expect to receive their financial aid. The Cavalier Daily also has a responsibility to its readers to provide transparent information they can use to hold structures like the University Financial Aid office and UPC accountable, and financial data is an excellent way to do that.

The Cavalier Daily can, however, place an increased focus on “following the money” in its stories generally speaking. Assigning more stories on the costs associated with University events can better contextualize events, cause more transparency with the University and allow for students to note which areas are receiving too much or too little spending.

For example, the article on a Block Party arrest could have included a monetary figure. Was there an increased presence of ambassadors and Charlottesville Police Department? If yes, how much did that cost? I noticed a large road sign on 14th Street warning drivers of increased pe-

destrian traffic — how much did that cost? Putting dollar signs next to these observations can give the University community a more comprehensive understanding of the actual costs of events like Block Party.

Even with these stories that did a great job of looking at fi-

— that much?”

There is always the option of utilizing the Freedom of Information Act to request information from public entities. I checked in with the University FOIA Officer Nick Mathews, who said some student organizations can “probably” be FOIA'd if they serve del-

a strong story that is no longer timely but includes financial information or having limited financial information?

The Cavalier Daily should change its mindset to publish financial data regarding large events even if it is not timely. Events like Welcome Week and Block Party happen every year. A multitude of other annual events with costs exist — Puppies and Pumpkins, Lighting of the Lawn and Trick-or-Treating on the Lawn are just a few. These events are not going away anytime soon, and students have a right to know how much the University is spending on these annual events. With this information available, the University community can pressure institutions to plan and coordinate better and more cost-effectively.

While obtaining numbers is important to stories, The Cavalier Daily can also pursue finance-based articles without looking at specific numbers. Alexis Gravely's article on financial aid told a powerful story about finances without including numbers; rather, the message behind transparency and responsiveness with the University's finances shined through.

Finding these kinds of stories can also be difficult, but news staff should do as Gravely did — look at common complaints or questions from peers, ask more questions and pursue stories that way.

“The phrase is ‘follow the money,’ but where do you start looking for the money?” Gravely said. “I think that's the biggest challenge, it's finding these stories.”

Moving forward, the news staff should pursue the stories that highlight financial data to bolster claims and better hold the University accountable. Even when student journalists do meet the challenges of FOIA, financial data analysis and proper context, they should still strive to tell compelling stories about finance through other means and value releasing information over timeliness.

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The Cavalier Daily should strive to include money in more stories to bring financial issues to light and better create a dialogue around the University's spending

financial transparency, we could have received more in-depth information. For example, what is UPC's total budget for the academic year? How does that \$100,000 compare to Welcome Week spending in past years?

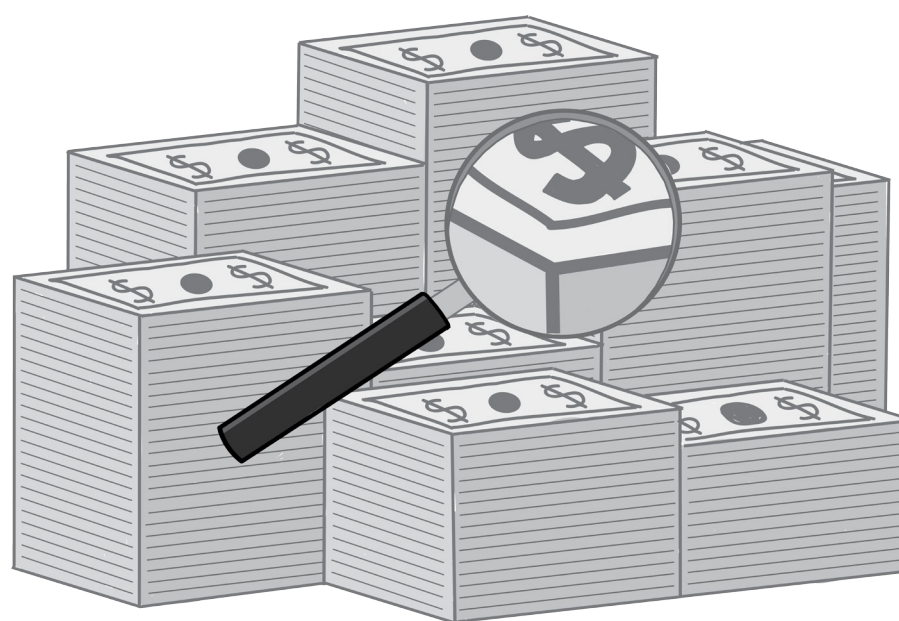
With that information — along with financial data on Block Party — The Cavalier Daily staff could have created a comprehensive look at how much spending the University puts towards preventing students from attending and protecting students at Block Party. The Cavalier Daily staff can act as a watchdog to determine how effective Block Party spending is for the University and whether officials can create more creative, cost-effective solutions to limit Block Party.

I talked to The Cavalier Daily's news editor Jake Gold about the challenges student journalists can face when writing financial journalism. Obtaining numbers, effectively presenting them and contextualizing them are all challenges that student journalists can face when pursuing finance-based stories.

“\$100,000 does sound like a lot, but how much context does the news section have to provide about the budget for StudCo or the Honor Committee?” said Gold. “And is \$100,000 — in the grand scheme of things at U.Va.

egated public functions. Agency organizations like the University Programs Council and Residence Life are included in this, along with special status organizations like Student Council and the University Board of Elections. FOIA can prove unhelpful though, as it can take weeks to process a request, meaning that the timeliness and relevance of a story may have passed.

That brings us to the sticky question of what The Cavalier Daily should prioritize— having



AISHA SINGH | THE CAVALIER DAILY



Want to respond?

Submit a letter to the editor to opinion@cavalierdaily.com

H

HUMOR

BREAKING: Gender Norms, Baby!

Week 9 of peeing in public spaces and I'm feeling more masculine every day.

Dear reader,

As the resident fire-starter of the humor section, I suppose now's as good a time as any to reemerge from the summer haze and use the toxic atmosphere leftover from block party to set the entirety of Central Virginia aflame. I'm gonna put my lighter to notions of masculinity first, and we'll just see how this whole thing shakes out from there. Wisdom would guide me to limit the scope of the fire to a manageable area, but I'm a woman, so wisdom is something I lack entirely!

This summer, I held a job where I worked with people of all ages. My role was to give tours to people from a million different backgrounds and generations, exploring the intricacies of a controversial history while attempting to create a balanced depiction of a complicated figure. Surprisingly, dealing with tourists' interpretations of Jefferson was nowhere near as demanding as dealing with tourists' and coworkers' interpretations of me.

tations of me.

Last month, an older male coworker of mine attempted to explain comedy to me. An old adage advises that comedy is all about timing, which is something he's evidently mastered, as he dropped that bomb on me at the tail end of a nine hour work day. I was devastated, really. My livelihood this summer depended upon my ability to interact and communicate with people. How could I have been so reckless, so foolish to forget that women aren't funny? I tried to call to mind various women who've made their names in comedy, and boy, was it hard. Mindy Kaling, Abbi Jacobson, the University's own Tina Fey? D-list celebrities at best.

The success of these women is one of the universe's many mysteries — they're all distinctly unfunny and so deeply problematic. "Problematic," you ask? Yeah, you heard me. First of all, sometimes you can see their shoulders when they do their sets. Second of all, they occasionally make jokes about the sociopolitical realm. Uhhh, yikes, ladies — anyone

with a good head on their shoulders knows that that stuff can be offensive if done poorly, and the complexities of politics are way over your heads.

Thank God we have scores of male comics who we can trust to make funny, well-informed, considerate jokes that play well to wider audiences. Ever heard of Aziz Ansari, Louis C.K. or Andy Dick? Yeah, sure, they've all been accused of sexual misconduct, but hey, their inability to understand a concept as simple as consent has no bearing on their ability to understand things like foreign policy, right? Their disregard for the humanity of an entire half of the population isn't important to their jokes, right? And their position of relative power as able-bodied, cisgender, heterosexual men doesn't limit the scope of jokes they're able to make, right? Of course not! Just look at how much money they've made! If men weren't naturally funnier than women, how could these guys be making so much more than their female counterparts? Institutionalized sexism? Who's she?

Later that very same day, I was thinking about my colleague's advice as I meandered down a public trail to the parking lot at work when my reflection time was interrupted by yet another old man. This elderly fellow was standing a mere step from the edge of the path, trou down, emptying his bladder into the forest vegetation. This encounter reminded me of yet another thing women should not do: pee outside! Anatomically, it's possible, but uh. We have to squat and men don't and... Look, don't overthink it. Worrying will give you wrinkles, baby girl.

My dear reader, as I close this letter, do you really think I mean to suggest that women ought to act like men and pee wherever and whenever they'd like? That we should cancel all cisgender, able-bodied male comics because they represent a historically privileged elite? No. I'm not looking to silence any voices or, God forbid, keep a man from relieving himself as soon as the thought crosses his mind and regardless of his surroundings.

I think it's fair to say that comedy is largely about operating with a novel perspective, so it's essential for comedians to look at mundane things through lenses different from the one most people look through. In this way, humor teaches empathy, and empathy is key to a healthy society. I didn't write this to target and shame the two men with whom I interacted a few weeks back, although that did factor into my desire to write this piece. I wrote to you with the goal of starting conversation about gendered expectations, prejudices and stereotypes, and hoping to facilitate a healthier social environment at the University and in larger society.

How typical of a woman to try to solve problems with words.

XOXO,

Lucy

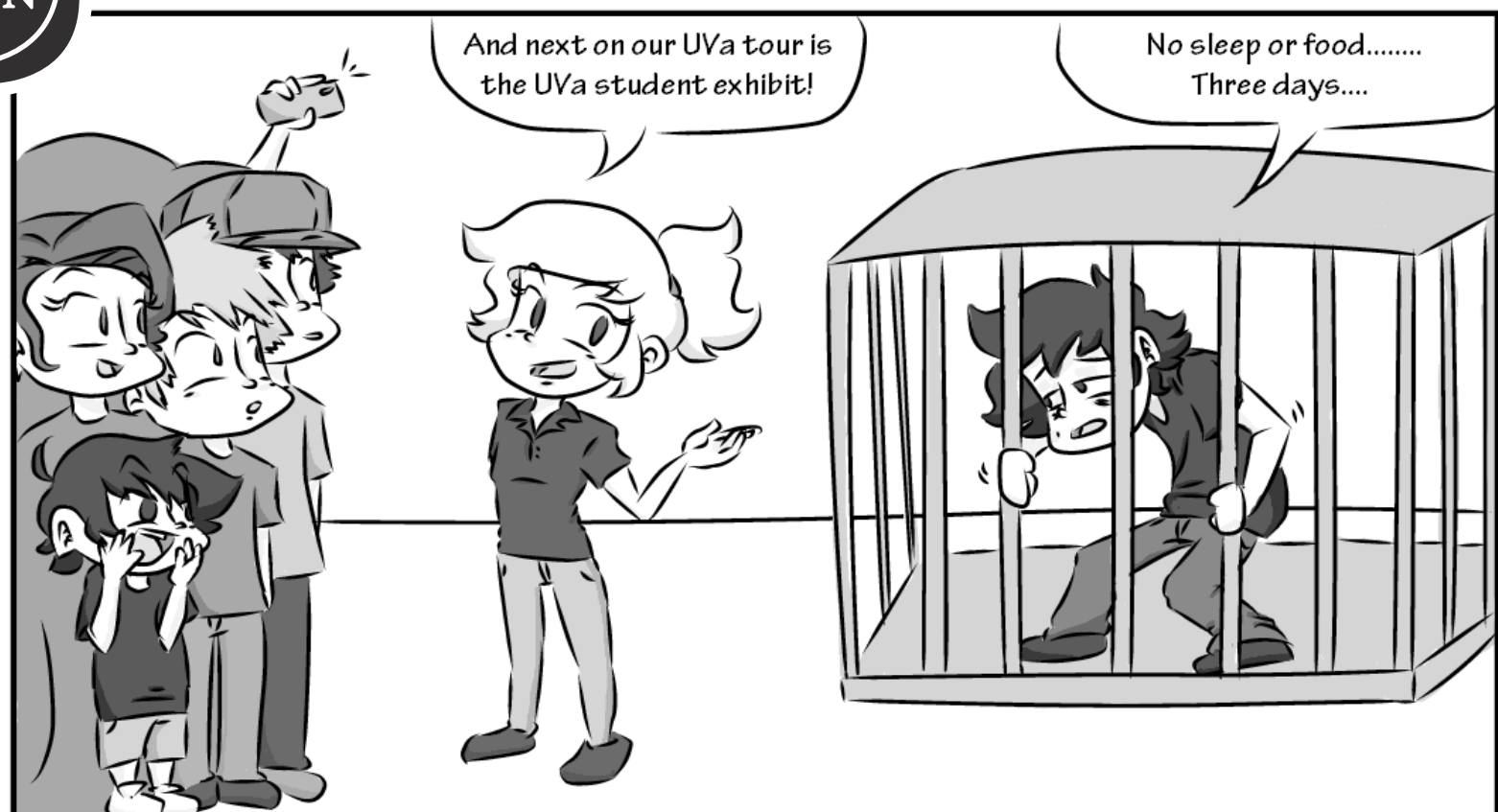
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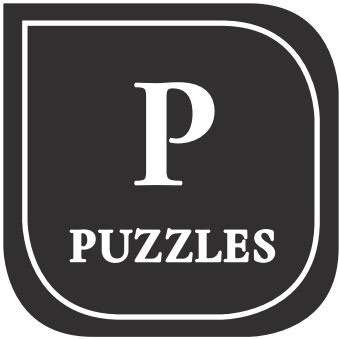
CARTOON

Tour Groups

Mira du Plessis | Cartoon Editor



M. du Plessis



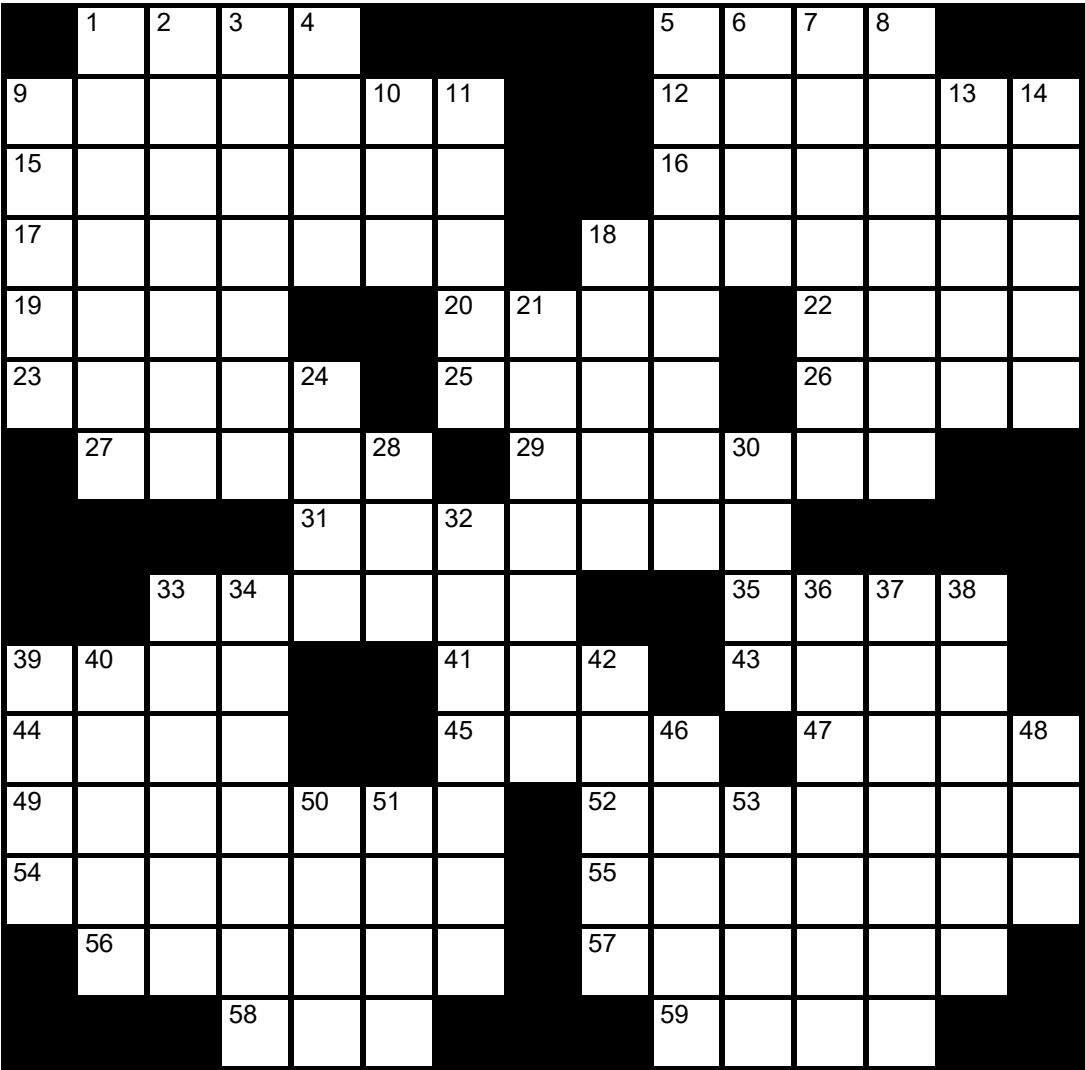
WEEKLY CROSSWORD PUZZLE

Dan Goff | Arts and Entertainment Editor

*THE SOLUTION TO THIS PUZZLE CAN BE FOUND IN THE NEXT ISSUE

Across

1. Pack something down tightly
5. Millay poem "A Few ___ From Thistles"
9. Upholstery fabric of satin and silk
12. Found a path, as a GPS
15. Severe or strict in manner
16. Coffee gives many of us this
17. Auntie Anne's treat
18. 1979 Police track "___ in a Bottle"
19. As a noun, coniferous tree — as a verb, long for
20. As a noun, bread — as a verb, lounge
22. Part of a castle turret
23. Archaic word meaning "cave"
25. Not great, not terrible — two words
26. Finishes
27. English students write in this format a lot
29. Animals arising from other animals through budding or division
31. Fixes up an old book
33. Part of a horse's saddle
35. Popular athletic wear ___lemon
39. Types of organizations that hold 55-across
41. Abbreviation for our time zone
43. Level
44. Keats wrote a lot of them
45. Ratatouille is one example
47. Absence of difficulty
49. Decorative screen placed behind an altar in a church
52. Sticky stuff when you remove a sticker, maybe
54. Knotting cords in patterns
55. A 39-across group is probably holding an interest ___ around this time
56. Type of dog trained to stand rigid
57. One of the seasons
58. Abbreviation for people like Kamala Harris or Todd Young
59. Impudence



Down

1. Key ingredient in energy drinks
2. Those not present
3. Lauryn Hill track "Nothing Even ___"
4. Slang for the person who probably leads 55-across
5. Hands-down the best part of 55-across — two words
6. Atom or molecule with net electric charge
7. Appeared as a visitor for a party, maybe
8. Struggles
9. Indian semi-classical vocal music
10. Poetic version of "before"
11. Says
13. Covered a house in a certain type of food
14. Those who color the same type of food on Easter
18. Type of glass jar
21. Slimiest, goopiest
24. Gain compensation for doing something
28. Grizzly Bear track "___ Again"
30. ___ of Wight
32. One who praises a deity
33. Force into doing something
34. States confidently
36. Inflammation of part of the eye
37. Introductions
38. Not celebrated
39. Underground part of some plants
40. Concepts
42. No one ever reads the ___ and conditions
46. What one does if they have 36-across
48. Test to measure brain abnormalities — abbreviated
50. Save the ___
51. They can be a good or bad sign of things to come
53. The "will be" of "whatever will be, will be"

* SOLUTION FROM LAST ISSUE





Forgotten Films — ‘Network’

Sidney Lumet’s 1976 classic remains relevant with its dissection of polarizing media issues

Mark Felice | Production Editor

“I’m as mad as hell, and I’m not going to take this anymore,” is ranked No. 19 on the American Film Institute’s list of top movie quotes in American cinema. One of the most iconic lines in movie history comes from a movie that most people have probably never heard of before, let alone taken the time to watch.

“Network” was developed in 1976 as a satirical look at the spheres of business, television and the battle to get the best share for a television program — a share being the audience of a particular television program or time period expressed as a percent of the population viewing TV at that particular time. It stars veteran actors Faye Dunaway, Peter Finch, William Holden, Robert Duvall, Ned Beatty and Beatrice Straight.

That list is comprised of some of the most admired actors of the 20th century, yet most people probably only remember one — Dunaway. Most of those that do know her, probably only remember her as the woman who was standing next to Warren Beatty as he mistakenly announced “La La Land” as best picture instead of “Moonlight” at the 2017 Oscars.

In total, that list of actors accounts for 17 Oscar nominations with five wins. A comprehensive filmography

by them includes classics like “Bonnie and Clyde,” “Chinatown,” “Sunset Boulevard,” “The Godfather” and “Apocalypse Now.” Director Lumet is a master with the camera and has a total of 46 Academy Award nominations among the films he has directed, with six wins overall.

Putting film statistics about “Network,” its cast and the director aside, the film contains one of the hardest things that a film can accomplish — a story with an exemplary script. In this context, an exemplary script refers to the writing of films that are not particularly action- or sequence-driven, but that rely solely on the words and delivery. Often, scenes are monologue-heavy and allow actors to fully develop the script to exhibit emotions that wouldn’t come through in any other format. More modern examples of this include Danny Boyle’s “Steve Jobs,” John Patrick Shanley’s “Doubt” and Tom Hooper’s “The King’s Speech.”

One scene in particular exposes the faults in a marriage that has seemed to last a lifetime for the two characters. Through the words written by Paddy Chayefsky and the delivery by Straight, the audience both mourns for the costs exhibited and is heartwarmed for the love depicted on

screen. Straight’s performance was under six minutes of screentime and she was awarded the Academy Award for Best Supporting Actress. This was one of the only performances to win with such little screen time.

“Network” is a satire, but the humorous presence isn’t as obvious as it hits a little too close to home today. The film is outrageous, colorful, inspiring, trembling and real. There are small scenes where it may be perceived as comical — many of them are meant to be funny in the 1970s — but now are very real concerns in today’s world. With the rise of the media, the Trump presidency and rampant corruption, people “are mad as hell and don’t want to take this anymore!” Regardless of party affiliation, that’s the current reality.

It’s unfortunate that such a film as “Network” has been forgotten in the realm of a movie industry that spews out hundreds of products a year. Not only should this film be revitalized, but it should be studied, debated and screened more frequently so that people can learn to appreciate its art. What it is trying to say and how it is said helps the viewer embark on an examination of a world being engulfed by news, pop culture and the nature of getting ahead — a concept applicable



COURTESY OF WIKIMEDIA COMMONS

Though today, Faye Dunaway might be better-known for her appearances at the Oscars and other awards events, her role in the overlooked classic “Network” was a defining performance.

now more than ever and one that deserves careful thought.

If you want a story that is about the newsroom set in the 1970s with a central female character whose cut-throat ambition rivals Queen Cersei, this may be your film. If you want a film that takes the televangelist prophet preaching about morality and

puts him smack in the middle of the corruption plaguing the 1970s, there might be something here. And if you want a piece of art that shows the rise of the corporate world and how it may have killed what television could have been or what it was to become, then “Network” is for you.

‘Egypt Station’ is among Paul McCartney’s most earnest

Despite missteps, latest album proves legendary rocker is still going strong

Darby Delaney | Senior Associate

As one of rock’s greatest dependables, Paul McCartney has nothing to prove to anyone. The 76-year-old’s post-Beatles career is comprised of 17 solo albums, a fruitful and commercially successful run with ‘70s band Wings and near-perpetual world tours. Considering the magnitude of his triumphs, adulation and influence on popular music, McCartney’s career could have comfortably ended decades ago. And yet, he admirably continues to release new material, not for the money or effusive praise, but for the sheer love of the craft. The bonafide legend just released another solo album, “Egypt Station,” an ambitious 57-minute journey into the contemplative psyche of a musical icon.

An extensive, nostalgic segment of “Carpool Karaoke” and head-scratching singles defined the album’s strange promotions circuit. Instead of releasing the standard Side A / Side B single, McCartney released a double A-Side single consisting of “I Don’t Know” and “Come On To Me.” Where the tender, wistful ballad “I Don’t Know” evokes mid-life anxieties and doubts,

the goofy “Come On To Me” unveils McCartney’s abiding libido — “I saw you flash a smile that seemed to me to say / You wanted so much more than casual conversation,” he confesses. The singles differ in themes and instrumentation to the point of near confusion.

The bewilderment over McCartney’s forthcoming album was only exacerbated with the unearthing of “Fuh You” nearly two months later. McCartney aptly delineated “Fuh You” as “sort of a love song, but a raunchy love song.” Yes, in the chorus, McCartney slobbers, “I just want it fuh you,” but that’s not even the worst part of the song. A-list producer Ryan Tedder’s insipid production replaces any sort of spontaneous ebullience with overblown One Republic-esque fluff. By the second verse, listeners can’t help but imagine McCartney as that archetypical older sleaze who wears tight leather pants, dyes his hair, works out five days a week and flirts with barely of-age girls — rather than the romantic who wrote “Here, There and Everywhere” and “Eleanor Rigby.”

Missteps aside, “Egypt Station” offers an impressionistic, adventurous grab-bag of genres and moods. We hear everything from piano ballads to multi-movement epics to muscular, good ol’ fashioned rockers. The impressionistic prologue “Opening Station” poignantly flows into “I Don’t Know,” and “Station II” amps up the listener in preparation for “Hunt You Down/Naked/C-Link,” the strident “Abbey Road-” inspired medley closing the album. Other than these two instances, though, most of the transitions between songs are jarring, which muddles the album’s pacing in turn.

Luckily, many of the stronger songs off “Egypt Station” don’t require the context of the album to entice and captivate. Side A standout “Who Cares” derives its charm from strutting staccato riffs, McCartney’s vivacious falsetto and a sweet, sincere message about ignoring bullies. Taking on the role of a reassuring grandpa, McCartney howls, “Who cares what the idiots say / Who cares what the idiots do / Who cares about the pain in your heart / Who cares about you? I do.”

McCartney continues to exert quietly empowering and deeply human sentiments throughout the album, perhaps most notably on “Confidante,” the languid, melancholic acoustic ballad. Here, McCartney reminisces about his old Martin guitar propped in a corner of his house. He projects his inner turmoils, fears and yearnings onto his inanimate confidante — “I played with you throughout the day / And told you every secret thought / Unlike my other so-called friends / You stood beside me as I fought.” Just like the empathetic “Who Cares,” “Confidante” encourages a content, peaceful reconciliation with the self, even in nonideal circumstances. Inner peace and self-love are ubiquitous themes in music, but few musicians express them as eloquently and incisively as McCartney.

Out of all the tracks off “Egypt Station,” “Dominoes” most remarkably harkens back to McCartney’s heyday with The Beatles. The song’s complex composition, complete with backwards guitar solos, tape loops, subtle harmonies and an elaborate

acoustic backbeat, touches down somewhere between “You Won’t See Me” and the more daring songs off “The White Album.” Even with its detailed instrumentation, “Dominoes” remains an accessible and transfixing reverie, especially with its euphonious power-pop chorus.

With “Egypt Station” alternating between the groovy and contemporary “Back In Brazil,” the fervid and lengthy protest song “Despite Repeated Warnings” and the downbeat ballad “Hand In Hand,” it does not stand as one of McCartney’s more coherent or well-produced solo efforts. Regardless, the album sustains its vigor for most of its lengthy 57 minutes, and offers plenty of gems along the way. Sixty years into his career, McCartney still delivers a palpable artistic prestige and an infectious enthusiasm for his craft, which renders “Egypt Station” one of the iconic musicians’ more endearing, if slight offerings.



First winery-brewery in Albemarle opens

Gastronomical chemist, Meriwether Springs co-owner explain science behind winery-brewery combo

Pumoli Malapati | Staff Writer

The first combined winery and brewery in Albemarle County — Meriwether Springs Vineyard & Brewery — opened for business last month. Named after a primary leader of the Lewis and Clark expedition, Meriwether Springs is located on a 40-acre farm that was the original estate of Meriwether Lewis.

The establishment originat-

ed six years ago as a winery used primarily for private events. In early 2018, the project to add a brewhouse to the winery started after Jesse Pappas and his fellow co-owners decided to combine a brewery and winery to satisfy both wine and beer lovers.

Gastronomical chemist Audrey Reid, who owns a laboratory called Imbibe Solutions that tests the quality of winer-

ies and breweries, said that the winery-brewery combination can attract diverse groups of people with different desires.

"I have a family, [and] my business partners have family," Pappas said. "In some families, mom likes beer and dad likes wine, or vice-versa. Now that it's possible to do both — although it's a little more complicated to get set up — why not do both if

you have the opportunity and be able to basically satisfy everybody's preferences?"

Pappas and master brewer John Bryce worked with property owners Ed and Regina Pierce to add a 10-barrel American-made brewhouse to the winery, making this winery-brewery combination the first to appear in Albemarle County.

"Scientifically, the [beer and wine making] processes work very well together," Reid said.

Specifically, both beer-making and winemaking depend of the process of fermentation.

"Fermentation — when it comes to alcohol — is the conversion of sugar into alcohol by *Saccharomyces cerevisiae*, [a yeast,]" said Ian Glomski, a former School of Medicine professor and founder of Vitae Spirits Distillery.

Though both beverages require fermentation at the end, Reid said that the production of wine and beer begin with different ingredients.

The source of the derived carbohydrate is the determining factor of whether the alcoholic beverage is a wine or a beer. For example, if the carbohydrate comes from fruit, then the carbohydrate is known as a monosaccharide or simple sugar, resulting in wine. On the other hand, beers are derived from a grain called barley whose carbohydrate is a polysaccharide called starch.

Glomski also said that beer-making is often a two-step process, while winemaking is a one-step process. When making beer, the polysaccharide starch must first be converted into a simpler sugar. This sugar can then be converted to alcohol through fermentation. Winemaking foregoes this step, as the fruit-derived sugar is simple enough for fermentation.

Reid said that after a liquid made from grain extracts — termed the "wort" — has been prepared for the beer or pressed into juice for the wine, the wine and beer precursors undergo fermentation in tanks or barrels that are controlled for both temperature and amount of yeast added. Because the resulting product may appear slightly carbonated, it undergoes clarification before being sent to vendors.

Pappas explained that opening the combined establishment was more complicated than opening just a farm brewery or a farm winery, as the owners were trying to merge limited liability corporations for both the winery and brewery into a single entity that accounts for both.

"At the state level and the county level, both of the officers ... have been really great working with us — very supportive," Pappas said. "Basically, it's just the matter of taking the necessary steps and [making] sure we take our time."



COURTESY OF MERIWETHER SPRINGS

Pappas and Bryce worked with property owners Ed and Regina Pierce to add a 10-barrel American-made brewhouse to the winery, making this winery-brewery combination the first to appear in Albemarle County.

Student Health and Wellness Center plans move forward

The 75,600 square foot facility will be one of several new developments on Brandon Avenue

Nik Popli | Associate News Editor

The University Board of Visitors' Buildings and Grounds Committee met in the Rotunda Wednesday to approve the schematic designs for the Student Health and Wellness Center, along with other new and continuing projects.

The four-story, 75,600 square feet Student Health and Wellness Center — which will include the Student Disability Access Center, Office of Health Promotion, Pharmacy and Teaching Kitchen — will be one of several projects to be developed for the planned "Green Street" on Brandon Avenue. The Student Health Center project currently has a budget of \$100 million.

Under the Brandon Avenue Master Plan, the University aims to redevelop several properties along the street — including the Elson Student Health Center and the Outpatient Surgery Center — to construct an environmentally friendly student community. The area will also feature new academic spaces and new upperclassmen on-Grounds housing for over 300 students, which is currently under construction, while the timeline for the construction of the Student Health Center is unclear. In a future phase of the master plan, there are plans for the construction of additional upperclass student housing.

The University's Kinesiol-

ogy Department in the Curry School will also be located in the new facility. It is currently housed in a wing of Memorial Gymnasium in "space that is very constrained for current activities and cannot support future programmatic needs," according to the June 2018 Board of Visitors agenda.

The new health facility will be located along Brandon Avenue near the ongoing construction of upperclass student housing which expected to provide between 300 and 400 additional beds and 100 parking spaces.

Colette Sheehy, the University's senior vice president for operations, said the student Health and Wellness Center

will include several spaces for special events to occur and a student contemplative lounge where students are invited to learn about self-care methods. There will also be a Kinesiology gym, staff kitchen and terrace and staff showers to promote healthy habits.

The Health and Wellness Center will be located with "views of nature for healing, and opportunities for outdoor programming," according to the Brandon Avenue Master Plan. The approved design plan includes a quad area and pond across the street.

Sheehy added that the facility will be designed to incorporate natural light and other

elements of nature into its construction.

"[The project gives] an idea that there is a real connection to the outdoors [and is] making use of a great abundance of natural light and natural materials," Sheehy said.

Medical students support children at Camp Holiday Trails

Camp experience provided for 250 kids and teens with diverse medical needs

Mahima Reddy | Senior Associate

This summer a diverse team of undergraduates, medical students, nursing students, doctors and nurses worked with the full time staff at Camp Holiday Trails to provide a summer camp environment to children and teens with medical conditions. CHT offered five sessions with a total of 250 kids and teens.

Located a short drive outside Charlottesville, CHT is the legacy of three pediatricians who, in 1964, envisioned their patients having a positive camp experience in light of their chronic illnesses and medical complexities. Today, CHT continues to build a community between its young campers, their families, counselors and medical school student volunteers.

The camp's current buildings sit on 75 acres of land, which were given as a donation in 1973 — the same year CHT became designated as a nonprofit. Since then, CHT has served approximately 45 to 65 kids and teens in each session every summer.

CHT Executive Director Tina LaRoche said while anyone between the ages of 7 and 17 living in the United States can apply to participate in camp, most of the campers come from the mid-Atlantic region — wherever a children's hospital is located, such as in Richmond or Washington, D.C.

Rebecca Engler, a local mother of a camper, said in an email to The Cavalier Daily that she first learned about the camp as a student at U.Va. Her friend had participated in the camp and enjoyed the experience, and Engler had volunteered at CHT through the service fraternity Alpha Phi Omega. Years later, when her daughter was diagnosed with type 1 diabetes at age two, her pediatrician mentioned CHT. Even though Engler's daughter had to wait a few years until she was old enough to attend CHT, she has not missed a summer session since then.

"[My daughter] comes home singing camp songs and telling 'scary' stories from the campout night," Engler said. "It is truly her favorite place in the world. She has even told me that CHT makes up for having to live with type 1 diabetes."

A typical day experienced by Engler's daughter at the CHT summer camp may not look very different from a traditional summer camp. Prior to breakfast, kids gather near the flagpole to raise the flag, and they participate in a number of outdoor activities like swimming, archery and zipline courses throughout the day. Kids can participate in a special program — such as a talent show or camp carnival — in the evening.

However, a key group of volunteers working round-the-clock distinguishes CHT from traditional summer camps.

"What makes us different is our behind the scenes volunteer medical team," LaRoche said. "They work to provide medical care to the campers, so at every mealtime they are distributing meds all throughout the dining hall."

During camp activities, kids may check out to receive medical care at Med Korner, the camp's clinic. In the summer, the camp works with a total of 60 to 70 medical volunteers and six to eight volunteers work at the clinic at any one time.

According to Medical student Elena Lagon, CHT excels at making sure the campers' medical care does not overshadow their camp experience.

"Instead of fixing their symptoms or illness, our goal is to really get them back into camp activities and to let them bond with the other campers in the most natural environment possible," Lagon said.

In addition to the medical volunteers, 30 camp counselors work with the kids and teens. CHT also offers family camps and teen retreats, and a year-round staff com-

prised of seven people oversees rentals of its property to weddings or campfires.

While CHT has stayed true to its original mission, the camp has expanded in various ways. This summer, campers had the opportunity to play with the new slingshot range — courtesy APO — and take part in a treasure-hunting adventure with metal detectors.

In addition to incorporating new activities to engage their campers each year, CHT has worked to provide socioemotional support to their campers. Because many of the campers have social and emotional challenges — in addition to their medical ones — CHT recruited mental health student counselors and professional counselors this year.

"We've really changed our language around working with our kids and we do talk about trauma-informed care because that is the truth for so many of our kids," LaRoche said.

To make sure the memories at camp remain close to the campers' hearts, CHT staff keeps in touch with their campers throughout the year and visits them in hospitals.

CHT tries to build a community

not only for campers and their families but also for medical volunteers on staff — including students from the Medical School who may volunteer at CHT in an elective rotation. In addition to managing medical issues throughout the course of camp, medical students will spend time engaging in non-medical activities — like kayaking or rock-climbing — with the kids.

Medical students interacting with medically complex kids may have the opportunity to see firsthand how an illness is experienced and managed.

According to Engler, whose daughter mentioned how a medical student said he had learned more about type 1 diabetes from her than from medical school, it is difficult to really understand a medical condition until one has experienced it or has taken care of someone experiencing it.

"I think [CHT] is a super unique opportunity for medical professionals to learn about the diseases and to see how resilient kids can be and how much they know about their own diagnoses," Lagon said.

Medical student Daniel Foley said volunteering at CHT restored a sense of humanity to the practice

of medicine.

"During medical school you spend so much time learning about the diseases and all the intricacies that it's easy to focus on just that aspect," Foley said. "So when you're at Camp Holiday Trails, you get to spend time helping the kids get their medicines and everything, but more importantly, you get to spend time hanging out with them and doing regular summer camp activities."

Similarly, working at CHT may influence the trajectory of younger students volunteers. Both high school students and undergraduates have the opportunity to volunteer in select summer sessions or in the horse volunteering program. Undergraduates may also work in the camp as camp counselors throughout all five sessions.

Third-year College student Mira Bagous said her experiences as a camp counselor at CHT this summer influenced her future goals.

"Working [at CHT] has definitely strengthened my desire to pursue the medical career because now I met a lot of children that have medical concerns, and I've seen how the treatments and stuff can affect them," Bagous said.



COURTESY OF TINA LAROCHE

Camp Holiday Trails offered five summer camp sessions with a total of 250 kids and teens.

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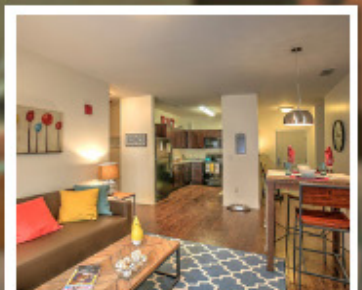


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