

The Cavalier Daily

Wednesday, March 14, 2012

Sunny. High 81, Low 50 [See A3](#)

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College Council continues “Arts Madness” initiative



College Council hosted a midterm study break Tuesday at the University Art Museum on Rugby Road as part of the Council’s weeklong “Arts Madness” initiative. Council provided blue books and free desserts.

Law School ranks seventh

U.S. News and World Report list evaluates 145 top-tier graduate institutions; University climbs two spots

By Michelle Davis
Cavalier Daily News Editor

The University’s Law School ranks seventh among the nation’s top law schools, according to the 2013 Best Graduate Schools rankings released yesterday by U.S. News and World Report.

The Law School tied for seventh place with the law schools at the University of Pennsylvania and the University of California, Berkeley, improving on its ninth-place spot in the 2012 U.S. News law school rankings.

The full list included statistical information for about 1,200 of the nation’s higher education programs and featured rankings for business, law, educa-

tion, engineering and medicine schools, according to a statement released yesterday by U.S. News.

U.S. News rankings expert Robert Morse said the organization considers a number of factors to create the rankings, including consulting practicing legal professionals, comparing admissions statistics and analyzing the success of the law schools’ graduates.

The published information includes the schools’ tuition and fees, enrollment rates, median LSAT and GPA scores, acceptance rates, assessment scores by lawyers/judges, and employ-

Please see [Law](#), Page A3



The University’s Law School ranks seventh among the nation’s top law schools, according to the 2013 Best Graduate Schools rankings released yesterday by U.S. News and World Report.

Student Council supports Virginia21 actions

Resolution backs lobbying group’s efforts increasing state funding for higher education; Council loses quorum mid-meeting

By Sarah Hunter Simanson
Cavalier Daily Associate Editor

Student Council representatives yesterday evening passed a resolution 14-0 to signal the body’s support of lobbying group Virginia21’s efforts to increase funding for higher

education.

Alex Reber, second-year Engineering student and co-chair of the Legislative Affairs Committee, introduced the resolution last month.

The resolution recognized the representatives from all of Virginia’s colleges and uni-

versities who work with Virginia21, as well as Gov. Bob McDonnell who has “worked towards increasing this funding through every action possible,” according to the resolution.

The resolution specifically thanked McDonnell for adding

\$320 million for higher education to his proposed budget, the biggest increase to Virginia’s higher education budget since the founding of the community college system during the 1960s.

“The purpose of the resolution was to draw attention and

act as a public form of thanks to all those who put their time and energy into making Virginia a commonwealth of opportunity,” Reber said.

The resolution passed unanimously, although Michael

Please see [StudCo](#), Page A3

Doctors at the University’s Medical Center have helped the world’s tallest man stop growing by treating him with new medicine and radiosurgery.



Courtesy University Health System

NEWS

Tallest man stops growing

Professors at the University’s Medical Center have stopped the world’s tallest man from growing, according to press statement released Monday by the University’s Health System.

University endocrinologist Mary Lee Vance and University neurosurgeon Jason Sheehan treated 8-foot-3 Turk Sultan Kosen in 2010.

Kosen had previously been diagnosed with acromegaly, a disease in which the patient suffers excessive growth, caused by a pituitary tumor. The tumor spiked the amount of growth hormone Kosen’s body produced, which led

to his gigantism, according to the statement.

Vance said the Discovery Channel contacted her in May 2010 and asked her to appear on one of the network’s programs, right before Kosen came to the University for treatment.

“We’re a very large center for referral for patients with pituitary gland problems,” Vance said.

Vance gave Kosen new medication designed to control the production of the growth hormone and to stop his growth in May 2010. The tumor, however, had spread into Kosen’s brain and he had to return to the Medical

Center in August 2010, Vance said.

Sheehan then performed radiosurgery on Kosen using a Gamma Knife, which Vance said is a “one-time focused radiation treatment,” which halts the spread of the tumor.

“The treatments that we provided at the University of Virginia have stopped the production of his excess growth hormone and stopped the growth of the tumor itself,” Sheehan said in the statement.

Kosen currently holds the 2012 Guinness World Record for tallest man.

—compiled by Michelle Davis

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Wednesday, March 14, 2012

Students discuss ACA

By AMANDA GELLETT | CAVALIER DAILY SENIOR WRITER

The University hosted a series of Flash Seminars last month about health care reform and the Affordable Care Act organized by Melissa Rickman, a third-year College and first-year Batten School student.

Health care reform is important to both the individual and the nation, Rickman said, and is particularly relevant for students, who will be faced with health care decisions during the coming years.

"I thought a Flash Seminar series on health care reform and the Affordable Care Act would be not only interesting, but practical," she said.

President Barack Obama signed the Affordable Care Act March 23, 2010. Most changes initiated by the law should be complete by 2014, with some having already taken effect.

A few of these early changes are particularly relevant to college students. For example, beginning in 2010 young adults can remain on their parents' insurance plan until they are 26 years old.

During the seminar series, Batten School Prof. Ray Scheppach explained two major aspects of the Affordable Care Act. Scheppach said the act eliminated medical underwriting, which allowed health care providers to deny insurance to individuals lacking employer-sponsored coverage because of pre-existing medical conditions. The act also extended health insurance to about 30 million people through Medicaid expansion and the creation of health insurance exchanges in states.

These exchanges allow consumers to better compare various health care plans. Scheppach said they could be likened to a travel website such as Expedia or Kayak, where individuals search for a particular flight and the results list multiple airlines sorted by flight price with any additional fees included in the list price. Eventually, the com-

parison in a health care exchange may include quality ratings as well as price comparisons.

Another seminar session discussed a highly controversial portion of the Affordable Care Act: the individual mandate. The individual mandate requires every individual to have insurance coverage by 2014 or pay a penalty which increases until 2016, when it will remain steady except for inflation adjustments.

The Affordable Care Act, however, can only enforce this mandate by enabling the IRS to deny a tax refund to uninsured taxpayers.

Critics of the legislation assert Congress does not have the authority to require individuals to purchase health insurance, and therefore believe this portion of the law is unconstitutional.

Proponents, however, point to a clause in the first Article of the Constitution, colloquially called "the commerce clause," which grants Congress the power to regulate commerce between states. Historically, the Supreme Court has expanded this power to include the management of many varied aspects of industry and trade.

Several federal district and circuit courts have heard cases regarding the individual mandate but have delivered mixed decisions about the mandate's constitutionality.

One case involving the Commonwealth of Virginia ruled the mandate is unconstitutional, but upheld the remainder of the Act. The Supreme Court agreed to hear one of the broader cases March 26, and is expected to make a decision by June 2012, although some speculate the decision will be delayed until 2014 when the mandate goes into effect.

The week of health care Flash Seminars gave University students enough information to begin to write their own prescription for the U.S. health care system.



Jeff Yu

iHospital

Apple, post-Jobs, unveiled the iPad 3 and will release it this Friday. Anyone who knows me knows I'm vehemently opposed to Apple products. Why? If you can remember back to the turn of the millennium — pre-iPod days— Apple unleashed the iBook: a poorly designed, pre-Intel core, white doorstop.

My school district, in all its infinite wisdom and deep pockets, decided it would be great for every student in high school to have a laptop to call his own. It was a disaster. The laptops overheated, crashed, failed and burned. Needless to say, this marred my technological experience with Apple, and I'm still recovering from it.

A decade later, more than 30 percent of college students own an Apple computer, and I would guess close to 100 percent own either an iPhone, iPad, iPod or a MacBook — confession, I have an iPod.

So how does this relate to health care? The government mandated all hospitals and medical practices get on board with Electronic Medical Records (EMRs). The government is giving extra reimbursement to early adopters until 2014, after which it will fine organizations for not having EMRs.

I am a huge proponent of this adapt-or-die strategy, as EMRs have been shown to decrease redundant lab draws and thus health care spending, streamline hand-off of care and better organize patient information, which will hopefully improve the care we provide our patients. From any computer terminal, a care provider can access his patient's X-rays, blood tests, EKG, vital signs, what happened at 10:13 p.m. last night, and what another consultant has said about condition X.

This is where — I'm biting my tongue as I say this — an iPad can make improvements. Several institutions across the nation are toying with the idea of integrating iPads into clinical practice, providing medical practitioners access to patients' records on the go. This could be advantageous in a multitude of ways.

It looks like "Lord of the Flies" in the wards at times, with doctors, students, nurses and other ancillary staff battling for computers. Having an iPad tucked away in your bag so you can whip it out whenever you want for a quick lab check or order entry can, and will, expedite patient care.

Not only will iPads increase accessibility, they can also greatly facilitate learning and information access on the go. It is typical for physicians to ask for real-time updates on lab work or up-to-date information on treatment of COPD, only to find the intern or medical student scrambling to the nearest computer terminal. To have hundreds of textbooks and thousands of resources at your finger tips is an incredible convenience and encourages impromptu learning.

iPads can also create learning opportunities for patients and their families. Instead of telling them about medical conditions, we can show them. The advent of programs such as Google Body, VisualDx and a plethora of other medical applications allows providers to offer patients visual representations of their anatomies, diseases and cures.

Finally, the webcam features in iPads can facilitate a new branch of medicine which is rapidly developing: telemedicine. The idea is to provide care without being in the physical presence of the patient. With the large geographic area which the University oversees, patients often drive four or five hours just to see us for less than an hour. While there is no replacing the human touch, there is also no replacing convenience.

Many diagnoses and treatment options can be instituted on the phone or through video. One recent study found more than 70 percent of patients who had a telemedicine appointment with a dermatologist were correctly diagnosed and assessed.

Integrating iPads into medical practice is not a novel idea. Yale's medical school currently provides all its students with iPads for educational purposes, and Harvard has created a set of applications specifically designed for its medical students. Beth Israel Deaconess Medical Center, a teaching affiliate of Harvard, is also working to implement tablet computers into its daily clinical practice.

Though I may be biased against Apple products, I have to give the company a nod for creating such a simple device which has the potential to improve the way medicine is practised across the board.

Jeff Yu is a University medical student. He can be reached at jy4t@virginia.edu.

Health Care Reform Law



Courtesy labeez.org

Quigg proposes epilepsy trial

University Medical School neurologist Mark Quigg is working to establish a clinical trial examining the use of Gamma Knife radiosurgery, a method which effectively treats people who suffer from mesial temporal lobe epilepsy.

The Gamma Knife surgery uses radiation beams to nullify the lesion in the brain which causes epileptic seizures, and provides patients with an alternative to a craniotomy, a procedure in which the skull is opened to remove the lesion.

The National Institutes of Health is funding the project by providing a \$20 million grant. Two-hundred and seventeen volunteers suffering from mesial temporal lobe epilepsy will take part in the trial. Each participant will be randomly assigned to receive treatment from either the Gamma Knife or cran-

iotomy. These subjects will then receive follow-up treatment for the next three years.

The project will study which treatment more effectively improves the patient's quality of life and brain function post-surgery.

Current research suggests individuals who undergo craniotomies are hospitalized for four to six days after surgery, sometimes receiving treatment in the ICU. Patients treated with the Gamma Knife may be able to return home the same day, but the treatment may not completely eliminate seizures until six to 15 months after the operation. To determine which treatment is more cost-effective, the researchers will monitor the cost of each procedure combined with the cost of the follow-ups during the course of three years.

—compiled by Shatila Zaman

Gestures help kids learn

Studies suggest hand gestures have powerful implications for children's cognitive capabilities. When children watch their elders pointing or making hand gestures, they will often respond by gesticulating as well. This establishes a neural connection which increases their capacity for learning.

One study required children to solve a math problem by describing aloud each step, performing specific gestures with each step, or doing both speaking and gesturing simultaneously to solve the problem. The children who were most likely to remember how to solve the problem a few weeks

later were the children who articulated the solution by speaking and gesturing. The children who simply gestured were the next most likely to retain information for the three-week period.

Research conducted by University psychologists Assoc. Prof. Vikram Jaswal and Arts & Sciences Graduate student Carolyn Palmquist suggests children more easily believe adults when they point, rather than communicating with another gesture. Jaswal and Palmquist's study suggests children are conditioned to recognize authority in a pointing gesture.

—compiled by Shatila Zaman

TECHNOLOGY of the WEEK

DNA origami offers health solutions

Who: National Institute of Standards and Technology

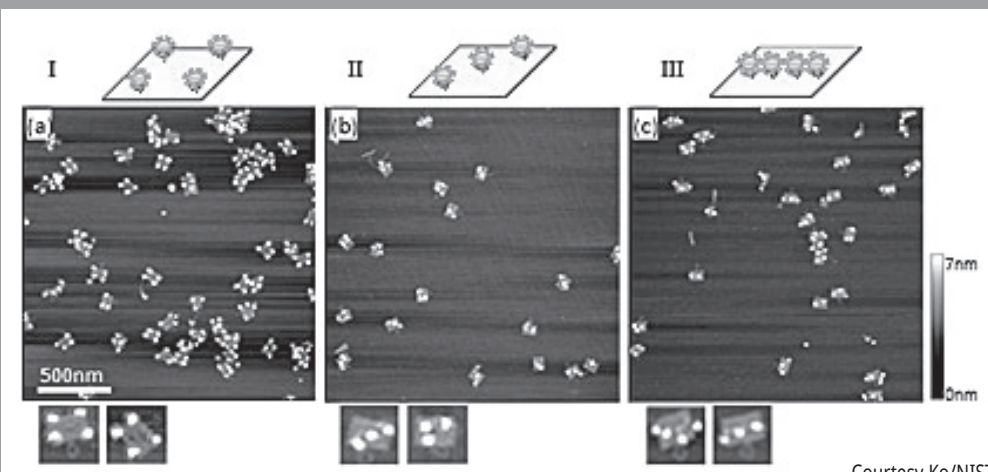
What: NIST scientists are creating artificial nanoscale structures by capitalizing on the ability of DNA's molecular components to pair together and form structures which are more complex. This process is known as "DNA origami."

Future: Even though the error rate of assembly of these structures is high, DNA origami can be used to improve drug delivery systems and even to tell hazardous cancer cells to destroy themselves. The high error rate and other

factors, however, make it unlikely the process will be used to assemble semi-

conductor devices.






—compiled by Shatila Zaman



Courtesy Ko/NIST

Three-Day Weather Forecast

Provided by the Cavalier Weather Service

 TODAY High of 81°	 TONIGHT Low of 50°	 TOMORROW High of 82°	 TOMORROW NIGHT Low of 53°	 FRIDAY High of 75°
Sunny skies with a light west wind.	Clear skies with a light and variable wind.	Sunny with a calm wind becoming southwest around 5 mph.	Clouds move in for mostly cloudy skies and a chance of showers and a possible thunderstorm.	Cloudy skies with a chance of showers. Chance of precipitation 50 percent.
If this were a typical week in March we'd see daytime temperatures in the mid 50s and lows in the mid 30s. But to be consistent with the pattern of this mild winter season, we'll soar far above average to near record temperatures in the lower 80s and lows in the upper 40s. After last night's slight dip in the sunny weather, high pressure will set in for today and tomorrow to make for several glorious days.				To receive Cavalier Weather Service forecasts via email, contact weather@virginia.edu

Budget | Karp says legislators ‘work for the taxpayers’

Continued from page A1

bly to pass a budget, however, the higher the cost of the Special Session, said Carmen Bingham, spokesperson for Del. David Toscano, in an email.

“The best guess figures depend on varying factors, ranging \$700 (pro forma minimum) to \$40,000 (full session, full attendance) per day,” Bingham said. “A realistic figure would be \$5,000-6,000 for pro forma, and then more in the \$30,000-32,000 range for [a] full session once there is an agreement.”

Bingham said there are additional days between the pro forma session, in which the Assembly does not expect formal business to take place, and full sessions when legislators will meet with their committees, which could cost between \$2,000-3,000 per day they meet.

“Senators know that they work for the taxpayers, and that’s why they’re committed to crafting the best budget possible,” Karp said. “No one takes [the Special Session] lightly.”

All those involved in this year’s deliberations hope it will be

shorter than previous years’, Bingham said.

“The good news is that the budget proposals being advanced are not too dramatically different from each [other] so I am optimistic that we will arrive at a budget within a reasonable period,” Bingham said.

Despite delays to agreements on certain facets of the budget, the University’s appropriation from the state does not appear to be a point of contention within the Assembly.

“There is no discussion on major appropriation changes to the

higher education portion of the budget,” Bingham said. “It appears the Senate and House are quite close on these figures.”

The University has about a \$2.4 billion operating budget, including \$1 billion allocated to the Hospital, according to a University statement released Monday.

President Teresa Sullivan said state funding is one of the University’s two major sources of revenue for the Academic Division’s operating budget.

“We have the state appropriation and we have tuition,” Sullivan said

in the statement. “So whenever we lose a dollar from the state, we’re either going to have to tighten our belt further, or we’ll have to raise tuition. So that’s one of the reasons that tuition increases have been so regular; basically, you’re substituting for the loss of income from the state. That’s what you see happening in every state.”

The University does, however, have other sources of revenue, Sullivan said, noting the contribution of research money and philanthropic donations to the University’s operating budget.

Law | University graduates claim highest employment rate

Continued from page A1

ment rates nine months after graduation.

The list showed University Law School graduates had a post-graduation employment rate of 98.1 percent, the highest of all the 145 top-tier schools included in the rankings.

Yale University, Stanford University and Harvard University topped the list of law schools

overall, holding the first, second and third spots respectively.

Brian Kelly, editor of U.S. News, noted the importance of the rankings.

“Both students and law firms pay close attention to how law schools are performing,” Kelly said in a statement released by U.S. News. “The U.S. News Best Law Schools not only include the ranking lists, but also additional data about these law schools and

their academic programs.”

Martha Ballenger, Law School assistant dean for student affairs, said she thought the list could impact students applying to graduate school.

“It’s of course gratifying to move up in rankings because they do seem to figure prominently in the decision of many applicants,” Ballenger said in an email. “We hope, however, that prospective students will

base their choice of a school on a thoughtful consideration of factors particularly relevant to them.”

Second-year Law student Alex Aurisch, the Student Bar Association president, however, said students should not solely consider the Law School’s rankings when evaluating its appropriateness.

“Rankings are certainly influential for prospective law stu-

dents and very helpful for giving them an overview, but there are also other factors that students consider important when choosing a law school, such as financial support, specific areas of law that schools have strong programs in, and proximity to home,” Aurisch said.

Highlights of the rankings will be published in the “Best Graduate Schools 2013” book, which goes on sale April 3 2012.

StudCo | Bill endorses McDonnell’s education budget boost

Continued from page A1

Promisel, a representative for the College, expressed concern during the discussion about the support of Virginia21’s actions.

Promisel asked Reber to clarify the implications of Council’s endorsement.

While the resolution supports Virginia21’s efforts to increase funding for higher education,

it does not support any of Virginia21’s other stances.

“We were not explicitly in support of Virginia21, but we do support their effort to get more funding for higher education,”

said Kaity Houk, fourth-year College student and director of University Relations.

Council lost quorum midway through the meeting, and Council members were unable

to vote on a bill which would amend the bylaws to introduce a Graduate Affairs Committee to the President’s Cabinet.

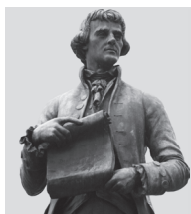
Council members anticipate voting on the bill next week.

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The Cavalier Daily

"For here we are not afraid to follow truth wherever it may lead, nor to tolerate any error so long as reason is left free to combat it."
—Thomas Jefferson

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The rules of the game

It is not enough to merely bar teams with low graduation rates from the NCAA Tournament

Wa-hoo, the Virginia men's basketball team made the NCAA Tournament and Friday will play Florida, a team many say could end March Madness for the Cavaliers. Yet even if they pass the Gators, a new study shows our players will face a tougher opponent in May, with exams they slam-flunk.

As if basketball needed more statistics, the NCAA collects data on Graduation Success Rates (GSR) and Academic Progress Rates (APR) for college athletes and programs. These metrics together gauge retention and graduation rates while making allowances for athletic-specific scenarios such as transferring or going professional.

For teams in this year's tournament, yesterday's report "Keeping Score When It Counts: Graduation Success and Academic Progress Rates for the 2012 NCAA Division I Men's Basketball Tournament Teams" gave the graduation box score. The NCAA collects and uses data such as this for academic enforcement. Penalties have thus far largely consisted of admonitions, but the NCAA has also revoked scholarships. And beginning next year, a team's poor APR performance means it would be disallowed from the tournament, which means madness.

Let's line up the arguments here. Those who favor such regulations see the free passes players get and call foul. Or they think graduating is in an athlete's best interest, even if it is achieved using a misguided policy in which the NCAA calls the shots.

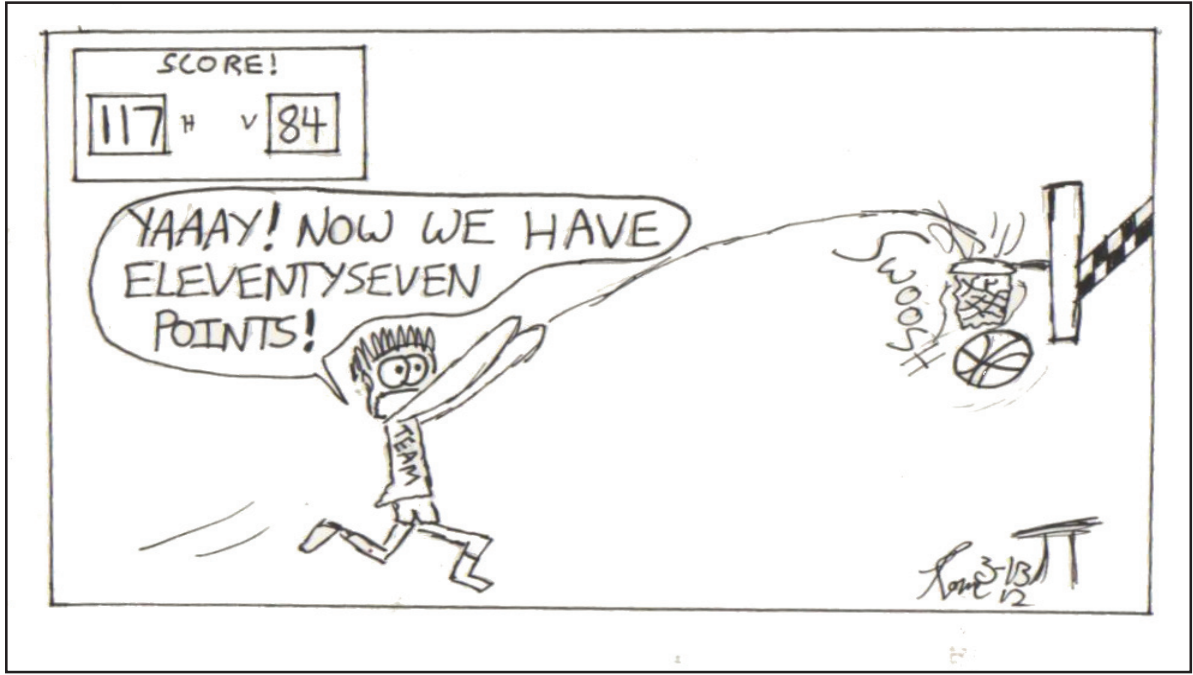
Most of these points miss, leaving hoop-holes. Athletes, like many others, are going to college for a career and not an education, and by this logic the

gym is their library, where they test themselves and study the game. Academic requirements or incentives are not misplaced altogether. But emphasizing team graduation rates enables players to take no-look lectures and coaches to recruit career benchwarmers who get only to play grade point guard. Not to mention that prospects, especially those seeking the mandatory one year out of high school before professionalizing, will go to schools with good gyms where the academic bar is set low. The feeling is that many players already go to certain schools for this reason.

And yet the Virginia men's basketball team's graduation rate is terrible: 50 percent overall, 33 percent for African-Americans. Let's not be selfish — everyone gets an assist in the blame. In fact, the NCAA restrictions coming in to play next year would ban teams holding a four-year APR below 930, which is equal to the 50 percent graduation rate our men's team now champions. But the answer does not come from punishments which, after the fact, would ban an upcoming team full of aspiration for how their predecessors failed them. We ought to understand the players' positions and, like a good coach, draw up strategies which get the best out of everyone's talent with what they are capable of.

Advisors need to go one-on-one with athletes to make sure they are succeeding and not be intimidated if arbitrary graduation rate requirements guard the lane to learning. Meanwhile, teams should not fret about being banned from the tournament, which is only good on paper and always better on television.

Editorial Cartoon by Stephen Rowe



Invisible activists

KONY 2012 proposes an ineffective solution and leaves the Ugandan people voiceless

IN DENISE Taylor's March 13 column "Lights, camera, inaction" she wrote that the KONY 2012 campaign should not be praised because it does not propose a solution aside from increasing awareness of

KRISTA O'CONNELL
GUEST VIEWPOINT

Kony's army of child soldiers. The problems with Invisible Children's campaign, however, extend beyond its strategy of raising awareness, as it actually does propose a specific policy solution in the film: that the 100 U.S. military advisors recently sent to aid Uganda's military not be revoked, even though the Obama administration has shown no indication it wants to bring the troops home.

Just like Invisible Children's methods of raising awareness, its solution of sending troops abroad appeals to white guilt and the colonial — but ever present — notion of the White Man's Burden. While I am happy to see many of my friends interested in a humanitarian issue like Kony's use of child soldiers, it is important to critically look at the political motivations underlying the U.S. interest in Africa and its consequences.

First of all, the deployment of American troops to Uganda ignores the reality of the situation, as Kony fled Uganda more than six years ago. While he is still believed to be moderately active, he operates outside the jurisdiction of the Ugandan military — and the U.S. military, for that matter. In this way, KONY 2012 further perpetuates the idea of "Africa as a country" by ignoring the national lines — and, more importantly, the different political and social realities — which separate Uganda and its neighbors. Additionally, the Ugandan

military has been alleged to have committed human rights violations in its own country and may not be the best vessel for finding Kony.

Why, then, has Obama agreed to deploy military advisors to Uganda if Kony isn't a problem there anymore? Certainly it's not purely out of the goodness of his heart, as there are countless humanitarian situations across the world and very few of them get attention from the commander-in-chief. After all, Kony's army isn't the only one which uses child soldiers. The fact is, the U.S. has its own interests in Uganda which are completely separate from Kony's child soldiers. Obama wrote in a letter to Congress that sending troops to Africa "furthers U.S. national security interests and foreign policy...." Yet Kony isn't a threat to U.S. national security — he's on the run, poorly equipped and has never expressed interest in harming the United States.

It turns out that Uganda is a strategic location to locate future troops for the ever expanding U.S. War on Terror and military-industrial complex. Thanks to the recently established United States Africa Command (AFRICOM), a military dedicated to fighting terrorism in Africa, the U.S. military is active in African countries such as Somalia and Libya. Additionally, Uganda is rich in valuable natural resources including oil. With Obama being blamed for nearly \$4 per gallon gas prices

"By trying to solve Uganda's problems with the U.S. military, Invisible Children denies agency to activists and citizens working in Uganda to address their own challenges."

it's easy to see why Obama would be interested in finding new oil sources. Lastly, the United States may also wish to defend its political hegemony in Africa from China, a rising world power which is now the leading investor in Africa.

By trying to solve Uganda's problems with the U.S. military, Invisible Children denies agency to activists and citizens working in Uganda to address their own challenges. It portrays Ugandans as poor, voiceless, and in need of an American savior. Invisible Children has identified 32 culture makers and policy makers for its supporters to tweet, Facebook, and otherwise popular support for the cause, yet none of those individuals are Ugandan. None of them have a vested interest in Uganda or a comprehensive understanding of its problems.

If Americans are really concerned about child soldiers, they ought to examine their motivations for being interested in the conflict and even their role in causing it. The issue of child soldiers expands outside of Uganda, and many rebel groups involved in facilitating the natural resource trade use child soldiers. And who buys commodities like diamonds which come out of such deals? American consumers. Actions as small as liking a video on Facebook or as big as deploying U.S. troops abroad aren't going to solve that problem.

Krista O'Connell is a third year in the College.

Featured online reader comment

"Most who protest in favor of living wage and minimum wage do not understand the basic unintended consequences of their proposal. The numbers do not exist in a static system but a dynamic one. Every change or increase in wages without an increase in productivity or outcome creates other changes to the entire wage and economic system. Those changes are made at every level with a commiserate increase in product price. The increase will eventually return to those you wish to benefit in the form of an inflation of cost for everything they buy. The increases are made at every level and multiply in an almost geometric progression. The people you seek to help will eventually be in a lower relative income position because of that price inflation."

"L K Tucker," responding to Emily Loranger's March 13 guest column, "Missing in action."

Write a letter to the editor today!

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Letters should not exceed 250 words.



THE CD

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The ombudsman is available at ombud@cavalierdaily.com.

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Going above and abroad

The University should expand its study abroad programs to encourage more students to take advantage of the opportunity

I RECENTLY participated in a meeting at which a group of student leaders was asked whether the University should build a more robust study abroad program for undergraduate students. The discussion resonated with me because it highlighted a critical challenge which a state university must address: How does a university which draws a significant portion of its undergraduate students from in-state ensure its undergraduates have an opportunity to be exposed to other cultures and environments? Simply admitting more foreign students is not enough. At the University, students must have structured opportunities to study and live overseas.

Certainly, a number of our peer institutions have extensive and well-established study abroad programs. For example, Dartmouth College has a very successful program which has allowed a majority of its third-year students — or, junior year in Dartmouth parlance — to study overseas for at least one of their quarters. While I’ve already made my support for the quarter system clear, I am confident the University could struc-

SANJIV TATA
OPINION COLUMNIST

ture a significantly expanded and flexible study abroad program within its semester-based framework.

The University could create a window from the summer after the second year and the summer after the third year where it functionally mirrors the Dartmouth model. Basically, the University could allow students to go abroad during one of four roughly equal “semesters” where a summer session counts as a semester. During this period, students could study abroad for a minimum of one semester and, if they were so inclined, a maximum of four semesters. Importantly, like Dartmouth, the University could strongly encourage students to do so. Students could benefit from in-depth exposure to a foreign culture while retaining the advantages of a University education and the unique University culture. I believe such a framework provides tremendous flexibility for students as well as the University.

Clearly, careful student planning and proactive, pragmatic administrative action will be required to maximize the benefits of studying abroad while retaining the academic and

extracurricular features of a University education. But this is nothing new. The University has a tradition of innovation and flexibility. The institution and its students can meet the challenge.

Obviously there are a number of hurdles. Desire to stay engaged with one’s coursework and other commitments — student organizations, etc. — can be strong arguments to stay in the States. Additionally, financial constraints are often a factor in preventing students from going abroad. If the University were to do as I suggest, however, and create an institutional focus on studying abroad, a number of these concerns would dissipate.

True, no matter what, students would need to carefully plan and structure their academic programs to meet various degree, major and pre-professional requirements. Yet with an institutional emphasis on studying abroad, the administration will have to be equally flexible and creative in transferring credits, recognizing grade equivalents

and accommodating pass/fail options. Financial aid programs will also have to incorporate expanded study abroad options — again, similar to Dartmouth.

Further, student organizations can play their part in facilitating overseas study. For instance, The Cavalier Daily could have a few columnists who are studying abroad, and it could run articles on study abroad experiences or articles on news events written by the University students who are overseas. And certainly, peer institutions of the University are far from strangers to having candidates for student government run for office while abroad.

Additionally, by breaking up the times when virtually all students go abroad into four equivalent periods, the University would practically assure that its students go abroad with a stronger support network. I suspect one of the most intimidating things about going abroad is that one has to leave behind the support networks developed at college

for a leap into a highly different community and culture. One of the more attractive features of something like the Dartmouth model is that since virtually all students participate one can easily choose to go abroad with a group of his friends.

I have to acknowledge a twinge of regret. I did not study abroad. While I had the urge to spend time abroad in a new and exciting setting, the simple truth is that I was too engrossed in my school work and so deeply committed to my extracurricular activities — and otherwise having too much fun — at Cornell to take advantage of the study abroad option.

In a globalized world, University students must learn to transcend the insularity of purely domestic experience. As a world class institution of higher education, the University has an obligation to provide its undergraduates the opportunity to study and live abroad. To study abroad will not be everyone’s cup of tea. But it should be an option on everyone’s plate.

Sanjiv Tata’s column usually appears Mondays in The Cavalier Daily. He can be reached at s.tata@cavalierdaily.com.

The descent of Mann

Scientists should be more willing to discuss the legitimacy of the theory that global warming is caused by human activity

THE VIRGINIA Supreme Court ruled March 2nd against Virginia Attorney General Ken Cuccinelli and his renewed attempts to obtain access to the emails and documents used in the research of a former University professor. Michael Mann — who was on the Intergovernmental Panel on Climate Change, which was awarded the Nobel Peace Prize in 2007 and is a significant contributor to the theory of anthropomorphic, or man-made, global warming — received taxpayer funded grants from the years 1999 to 2005. Cuccinelli’s move to check Mann’s research engendered a good deal of backlash, both from the University and members of the scientific community. Many see Cuccinelli’s efforts as a kind of witch hunt, malicious and counterproductive. Cuccinelli, for his part, stated: “We were simply trying to review documents that are unquestionably state property to determine whether or not fraud had been committed.”

Many see the ruling as a victory for university research and the end of a protracted, uninformed attack on solid science. But some still doubt Mann and his research. Their reason?

SAM NOVACK
OPINION COLUMNIST

A few years ago, in late 2009, a well-publicized incident involving the hacking and subsequent leaking of climate scientists’ emails gave climate change skeptics room to maneuver.

Some of Mann’s emails were brought into question in the breach at the University of East Anglia. In one email, there is a mention of a “trick” that had been used by Mann to “hide the decline” in temperature over the years. Mann explained that the term “trick” in this case refers to a means of solving a problem. Some of the emails seemed to suggest that climate scientists were purposefully withholding information which did not support their theories about global warming. Those whose emails were hacked, and many who follow their work, were able to diffuse the situation and divert many of the accusations coming from climate change skeptics. The incident could not be entirely forgotten, though, and doubt still exists because of it.

In light of this, I find Mann’s response to Cuccinelli’s actions to be a bit confusing. If Mann is competent and confident in his research and findings, then why does he not welcome the closer look at his methods? If I

were in Mann’s shoes, I would be more than happy to show those who questioned my work all that I had done to acquire my results. If Mann has nothing to hide, then Cuccinelli’s scrutiny would serve the purpose of helping to erase any doubt which remains from the East Anglia hacking from 2009. And while I would be one of the first to say I have a problem with Big Brother looking over the shoulder of anyone publishing his or her own research, Mann’s scientific investigation was funded by taxpayers. Furthermore, his legitimacy has, in the past, been called into question. That Cuccinelli was requesting to see what are, at least in part, state documents is not the outrage Mann supporters think it is.

Denying global warming is a costly venture for many scientists. Those who speak out often lose government funding for their research and are ridiculed by their peers for taking up the opposing argument. On the other side, there are those who believe that mankind is to blame for the rising temperatures, and who feel that something must be

done, and soon, to save us from catastrophe. These individuals, in my experience, take it for granted that the problem and its consequences, as they see it, even exist. Their mindset is that the problem exists without a doubt and that detractors from this belief are wasting valuable time with superfluous argumentation.

I will not go as far as saying there has been no temperature change — it is hard to deny the data which suggests the increase in temperatures in recent years. But I am certainly unwilling to sign off on the anthropomorphic version of global warming without further discussion. Many scientists and climatologists dissent when it comes to the theory of man-made global warming. The strategy of believers, lately, has been to simply ignore those who challenge the idea of man-made global warming and point to the “consensus” reached by the entire scientific community saying it happened. Such a consensus is hard to come by in the scientific community and does not yet exist. As long as notable professionals around the world — such

as Ivar Giaever, a Noble Prize winner and former member of the American Physical Society; Professor Richard Lindzen, an atmospheric physicist meteorology professor at the Massachusetts Institute of Technology; and Professor Emeritus William Gray, who is well-known for his work in forecasting hurricanes — are challenging this idea, the debate should go on.

I say nothing critical of Mann’s research — he is a well-known and respected professional in his field. I merely point out that his approach to the debate, and the approach of those on his side, will not yield any progress. If the work he has done is accurate and honest, then there should be no danger in showing it. In fact, Mann should see Cuccinelli’s investigation as a chance to say: “Go ahead — check my resources. Everything I’ve done is verifiable and well-researched. These are the facts.” Mann should take pride in his work and use it, and the opportunity provided by Cuccinelli’s continued doubt, to legitimize his research and further prove his point. He has nothing to lose if he has nothing to hide.

Sam Novack’s column usually appears Tuesdays in The Cavalier Daily. He can be reached at s.novack@cavalierdaily.com.

Let’s fundraise some hell

The Living Wage Campaign should consider more realistic solutions to help University employees who are struggling financially

WHILE I am not against the living wage, I can’t help but feel impatient and a bit disgusted with the Living Wage Campaign. I found myself gritting my teeth when I walked past the ever-growing group of weak-looking hunger strikers and other comfortably privileged students in search of a cause. While I’m impressed with their determination and happy to see the spirit of dissent at our University, it seems the campaign would be much more effective, and much less divisive, if it accepted the realities of the current economy and worked within those realities to make a positive difference.

No one can disagree that it is impossible to adequately support a family, or even oneself, on \$10.65 an hour. Realizing this, I am dubious that attacking the administration to raise pay by \$2.35 an hour is the best way to improve things.

According to the campaign’s website, “For the University to pay all direct employees a wage of \$13 an hour the Budget Office would have to reallocate

ALLISON GELLER
GUEST VIEWPOINT

between 4.2 to 5.8 million dollars, which is 0.18%-0.24%, less than a quarter of a percent of U.Va.’s \$2.487 billion annual budget.” Even if we are to trust these numbers, just how would the University “reallocate” \$5 million dollars?

Perhaps it is a tiny percentage of the University’s annual budget, but it is \$5 million dollars just the same, and I am sure there are dozens of other worthy causes at the University which could use an extra \$5 million. And as for those employees currently making upwards of \$13 per hour including job advancement opportunities or further training, should their salaries be upped according to the new standard? Doing this would make the \$4.2 to 5.8 million figure much, much higher; not doing it would lead to many bitter and dissatisfied workers.

The whole idea of a “living wage” — the average wage needed to support a family of two parents, two kids — seems oversimplified. Where does “need” begin and end? When does one have “enough”? In an unrelated conversation with

a classmate recently I learned he works for University Transit Service. “I drive a bus,” he said, “and I don’t even get paid a living wage.” If he had a wife and two kids, would he have the right to demand that his salary be raised above that of other, single bus drivers? I myself used to work for Aramark at the University. Should I have been paid less than the full-time employees because I did not rely on that job as a means of supporting myself?

We generally accept that every other restaurant and retail location pays workers something under a “living wage,” because that’s the economy. Where, then, did the idea come from that a university has to be held to different standards which don’t mesh with the realities of the world just down the street? The idea that the University stands as a moral pillar, an exemplar of goodness and — the worst —

anything preceded by the adjective “Jeffersonian,” is idealistic and unrealistic. Our public university also relies on private funding, and has to be run something like a business to allow it to continue providing a vast pool of resources. I certainly don’t agree with all of the University’s budget decisions — hello, South Lawn — but I also don’t claim to understand the intricacies of how this huge institution operates.

In lieu of raging against the administration, University students could, for example, find out what underpaid University employees most need and fundraise or organize food drives to help meet those needs. They could volunteer as baby-sitters or tutors for those employees who cannot afford childcare. Clubs and Greek organizations could “adopt” the families of struggling University employees and use their own means and

ingenuity to better that families’ circumstances. If everyone who went on a hunger strike — or better yet, who signed the campaign’s petition — participated in these activities, it might very well prove more helpful than the extra \$100 or so a week that a pay increase of \$10.65 to \$13 per hour represents, and with no repercussions to any other part of the University. Change may start with voicing opinions, but at some point there is a choice between passively supporting a popular view and actually doing something to better another person’s life.

I know that because I voice my views against the campaign, there are a number of people who will sign me off as an unfeeling conservative with a Rick Santorum sticker plastered on to my car. I wish that, beyond this specific issue, we could get past the group mentality that is hostile to any opinion which goes against the majority — or one of the two majorities — and instead seek more realistic, more creative solutions to the problems we see.

Allison Geller is a fourth year in the College.

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Leap into Spring!



All photos
Thomas Bynum | Cavalier Daily



Chris Jacob | Cavalier Daily

Senior attacker Josie Owen has tallied six goals and seven assists in the Cavaliers' three consecutive losses. Owen was named a team captain for 2012 after scoring in all 18 games and finishing with a career-high 40 goals last year.

WOMEN'S LACROSSE

No. 10 Virginia
preps for Tribe

Team falls short during holiday match-ups, looks to resume winning play against William & Mary

By Stacy Kruczkowski
Cavalier Daily Associate Editor

After faltering during all three of its Spring Break appearances against ranked opponents, the No. 10 Virginia women's lacrosse team has circled tonight's road clash against unranked in-state rival William & Mary as a must-win game.
"There is no question that we have to win this game," senior attacker Josie Owen said. "I think everyone feels that way."
The Cavaliers (3-3, 0-2 ACC), who posted an unblemished 3-0 record to start the season, hope to regain their early-season form and confidence against the Tribe (2-4, 0-0 CAA) before facing another three

top-20 opponents before the end of March.
During its recent losing streak, Virginia failed to put forth the consistent high level of play which propelled the squad to victories during each of its first three home games. The Cavaliers fell into an early hole at College Park against perennial powerhouse No. 3 Maryland during its March 2 disappointment before suffering a baffling 14-7 upset at the hands of then-No. 19 Penn State just two days later.
Last weekend, Virginia failed to capitalize on an early 3-0 lead against No. 2 North Carolina,

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SOFTBALL

U.Va. confronts
doubleheaders

Squad sweeps defending ACC champion Georgia Tech, eyes California weekend tournament

By Matt Comey
Cavalier Daily Associate Editor

The Virginia softball team will play five games in three days during its final preseason tournament this weekend as it takes part in the Judi Garman Classic in Fullerton, Ca.
The Cavaliers (16-5, 3-0 ACC) will play doubleheaders tomorrow and Friday and will face a pair of highly ranked opponents in No. 7 Oklahoma Friday and No. 19 Michigan in their final game Saturday.
Virginia has continued to build on its stellar early-season play

the last two weekends, going 5-3, including a three-game sweep against 2011 regular season ACC Champion Georgia Tech last weekend.
"It gives us a lot of confidence because they were favored as the top ACC team," sophomore second baseman Erica Cipolloni said. "Coming out and sweeping them and giving them three losses in [the start of ACC play] is awesome."
The Yellow Jackets (15-12, 0-3 ACC) came into the series having won seven of their last eight

Please see Softball, Page B3



Junior pitcher Melanie Mitchell was named ACC Player of the Week yesterday for the third time in her career. Mitchell baffled the Georgia Tech bats during the weekend, pitching a pair of complete games and striking out 16 en route to her ninth and tenth wins of the season.

Courtesy Virginia Athletics

SPORTS IN BRIEF



Courtesy Virginia Athletics

Senior triple jumper Marcus Robinson finished fifth in the triple jump after setting an ACC Indoor record in the event earlier this season.

Cavs nab NCAA
Indoors honors

Four members of the Virginia track and field team competed at the NCAA Indoor Championships Friday and Saturday. Two Cavaliers returned home from the meet in Nampa, Idaho with All-American honors.
Senior triple jumper Marcus Robinson entered the weekend ranked No. 1 in the country, after setting an ACC Indoor record with a 16.63 meter leap earlier this season and winning the conference title last month. Robinson's best jump of 16.17 meters earned him fifth place at the Championships, six spots ahead of his finish last year.
Junior Morgane Gay ran a 4 minute 40.45 second mile in the prelims to clinch a berth in the

finals as the second seed. Her time of 4:40.62 in the championship heat was good for fifth place, giving Gay her fifth career All-American accolade.
Junior Dallas Rose also competed in the triple jump and finished 12th with a jump of 12.43 meters.
School record holder freshman Nick Vena took 14th place in the shot put with a throw of 18.25 meters.
After wrapping up their first indoor season under new coach Bryan Fetzter, the Cavaliers will return for the outdoor season March 24 at their newly-built facility for the U.Va. Team Swash-buckle.
—compiled by Ian Rappaport

FOOTBALL

London discusses training

Offseason workouts feature position battles, Virginian high school visits

By Matt Welsh
Cavalier Daily Associate Editor

After clinching the Cavaliers' first bowl berth in four years, Virginia football coach Mike London has no intention of coasting through spring ball on the strength of last year's laurels.
London announced Monday morning the Cavaliers' spring football schedule would consist of 15 practices beginning March 19 at the Virginia practice fields and include practices at high schools and colleges in Fairfax, Newport News and Richmond. The coach called the decision to hold spring practices across the Commonwealth again during 2012 "a no-brainer."
"The biggest thing is the opportunity to get around the state of Virginia," London said. "Since we're so centrally located... it's a good opportunity for some of the areas that touch our pro-

gram and more, so the chance to get out and see people and get around recruits and coaches."
Virginia, which finished 8-5 overall and 5-3 in the ACC last year, fell one game short of its first-ever ACC Championship appearance and earned a bid to play Auburn in the Chick-fil-A Bowl in Atlanta, Ga.
Spring practice assumes an added importance, however, for a Cavalier team which graduated seven starters on defense and its entire starting special teams unit. The development of London's younger players and new recruits to fill the void promises to play a primary role this offseason.
"Where we are, going into the third season, the classes that we recruited, a lot of them will play," London said. "There will be some more freshmen that will play this year, and that's where we are in the process of building

this team."
Despite Virginia's 43-24 bowl defeat against the Tigers, the program's postseason appearance helped London haul in the nation's 28th-ranked recruiting class according to Scout.com. It also allowed London his first chance to further develop returning players for the subsequent season.
"One of the benefits of post-season play is having the opportunity to have those additional practices," London said. "There were some guys who made outstanding gains... It was good to see because absent playing in the bowl game, that practice [last year] would have been this practice in the spring, and so the development would have been hindered a little bit."
The starting quarterback battle

Please see Football, Page B3

SPORTS IN BRIEF

Stanwick claims ACC award

Virginia senior attacker Steele Stanwick was named ACC Offensive Player of the Week yesterday, becoming the third Cavalier in four weeks to earn the distinction.
Stanwick joins teammates sophomore midfielder Rob Emery and redshirt senior midfielder Colin Briggs with his first honor this season and the third of his career.
Stanwick led No. 1 Virginia (7-0, 0-0 ACC) to a pair of victories during Spring Break,

tallying a career-high seven assists in a 16-10 rout of Vermont before coming through in the clutch during the Cavaliers' dramatic 9-8 win against No. 3 Cornell Saturday in front of more than 17,000 fans at M&T Bank Stadium in the Konica Minolta Face-Off Classic.
Stanwick's first and only goal of the Cornell match-up came in the fourth quarter and helped Virginia survive a late rally by the Big Red, and his assist to Briggs during overtime kept

the Cavaliers' perfect record intact with a narrow victory.
The 2011 Tewaaron Trophy Winner and ACC Player of the Year has demonstrated an uncanny ability to create scoring opportunities for his talented teammates this season. Stanwick leads the NCAA with 3.14 assists per game, spearheading a potent Cavalier attack, which ranks third in the country with 13.71 points per game.
—compiled by Daniel Weltz



Meditation to Academics: Religion on Grounds

Students practice non-Western religions openly on Grounds

By SARAH GOWON | CAVALIER DAILY STAFF WRITER

Thomas Jefferson wrote the Virginia Statute for Religious Freedom, advocating the freedom to express individual beliefs, and built his University on this and other classical liberal ideals. Current University students continue this tradition by practicing their own religions openly on Grounds.

Sukruti Udeshi, fourth-year College student and co-president of the Hindu Student Council, said she finds it easy to practice Hinduism while maintaining a busy student life.

"You can pray anytime of the week, not just Sundays," Udeshi said. "There are opportune times that I pray, but for the most part it is pretty flexible."

As co-president of the Hindu Student Council Udeshi helps host events and conduct forums for students interested in observing and practicing Hinduism.

Third-year College student Samia Sekkarie, however, said her Islamic beliefs require her to pray five times every day.

"Having specific times that I have to pray keeps me grounded despite all the work," she said. "For example, for the afternoon prayer there is a certain time range that I have to pray. I have to take off time regardless of how much I have going on or how stressed I am. This forces me to remember God, to never forget my relationship with God."

To incorporate these prayers into her day, Sekkarie often prays on Grounds.

"There is a religious, kind of a silent prayer room in Pavilion 8 on the Lawn where a lot of Muslims go, or if I'm at the library I pray between stacks," Sekkarie said.

Udeshi said practicing Hinduism has given her a different perspective about academic achievements than some of her peers.

"Hinduism teaches not having attachment to

things — if I study [for] a test, not having attachment to the results, not studying to have a grade, just doing because you are doing it, because you are a student," she said.

Sekkarie also uses her faith to create a greater balance in her academic and personal life.

"As a student, my relationship with God reminds me of my purpose in life and encourages me to work to my fullest potential — reminding me that there is always a lesson I can benefit from with every hardship I face," she said.

Graduate Arts & Sciences student Eva Rolf said religions, especially those which advocate meditation and other self-reflective prayer techniques, can help students manage the stressful college environment. Rolf is a practicing Buddhist and Catholic and believes both religions are consistent, even in practice. She attends Mass and meditates regularly.

"From the age of 12 I remember being interested in the meditative traditions within Christianity and the notion of contemplation and the possibility of mystical experience," Rolf said. "So all through my teens I had this longing to learn to meditate and I was beginning to see how meaning could come out by just being quiet with oneself."

Rolf's spiritual journey continued during her undergraduate studies when she took courses in Eastern religions.

"I had been developing a strong attraction to Asia and was intrigued by Buddhism," Rolf said. "For me, everything I learnt about Buddhist meditation was something that I wanted to integrate with my Christian practice."

Rolf grew up practicing Catholicism, but was raised by parents who came from two different religious backgrounds, which she said has helped her understand the compatibility of certain religions.

"I come from a mixed background because my father is Jewish and my mother is Catholic, so I was used to the idea that a religion was able to coexist fruitfully in the same house," she said.

Rolf said balancing life at the University and religious practice daily can be difficult, but when she devotes time to her beliefs it benefits her spiritually.

"In the midst of a busy life in school, there is not a lot of time for practice every day, but I have found the consistency of practicing every day without a break is absolutely essential to make any kind of progress," she said.

Rolf not only practices Buddhism, but is also working toward a Doctorate in Tibetan Buddhism.

"[As a religious scholar,] you get into details that help to preserve [and] understand things about the tradition that most people will not find out, but by continuing to dig out those treasures and [trying] to understand them in clearer and clearer ways, a lineage is passed on in a pure way from generation to generation."



Trial and Error



MARY SCOTT HARDAWAY

Blogging, zen

By Mary Scott Hardaway
Cavalier Daily Columnist

This is how I was going to begin the blog I never wrote: "And in short, I was afraid."

I never really got "The Waste Land," but I've always had a fondness for T.S. Eliot's "The Love Song of J. Alfred Prufrock," a poem with words I return to again and again. Yes, that's how I was going to begin the blog I never wrote: with a quote from my favorite poem, a poem which is not so much a love song as it is a desperate, heart-wrenching life song. And in short, I was afraid.

What blog? Why were you afraid? Or the better question: Why give into the overzealous mania of blogging? Couldn't you do something better with your life — say, for instance, breathe?

I only read one blog: my sister's. It reads like her columns except with a little less form and a few more choice four-letter words. It makes me laugh and cry and sometimes if I'm lucky and the story calls for one I get to help her pick out the accompanying picture. Because that's what she's doing — writing stories, writing a verse of her life song little by little. If she is afraid, she isn't letting her fear inhibit her work.

I started my blog a few weeks ago. I have a title and a picture, and I'm pretty sure I entered some kind of "about me." I have framed the empty space around what I need to say perfectly, but my tongue is tied.

I started a blog about the same time I deactivated my Facebook. I got rid of the heinous social media site for a lot of reasons, but mainly for my well-being. I'll probably re-activate it eventually — my narcissistic tendencies are barely sated by Twitter — but for now I am basking in the blissful ignorance of not knowing anything about what anyone is up to. I would like to think the way Facebook fed my self-obsession with constant requests to "Upload those pics!" is now being replaced by a different kind of self, with a different kind of need. No one is watching me. It doesn't matter what I'm doing. So I might as well do something good.

"And in short..." I went to my friend's lake house for a quick sojourn during Spring Break. Her house and the surrounding property was gorgeous — I immediately exclaimed that the

Please see **Hardaway**, Page B6

The mean time

When I woke up Sunday morning, I'll admit I felt a little off. My clock told me I had gotten about eight hours of sleep, but I just wasn't feeling it. Eight hours is much more than I ever get in Charlottesville, but I wasn't as refreshed as I should have been. Then I remembered the time change.

As the deeply introspective student I am, this seemingly minor event triggered an afternoon of contemplating my relationship with time. It's something I doubt many of us even consider during our daily lives, but for me I believe it has effects on most of my daily interactions.

The night before, after driving six hours from Atlanta to our home in southwest Virginia, my brother asked me when we'd be leaving the next day.

"I don't know, anytime before noon is fine with me," I answered. "Or maybe we can

sleep in and leave around two? Arrive to Charlottesville around seven? I don't care if we get there even later, actually."

For someone like my specificity-loving younger brother, this was nowhere near the correct answer. He wanted a set point in time when we needed to be packed and in the car, heading back to school. I couldn't give him that, and I rarely do.

Time has always been a more fluid concept to me. I've never been one to specify exactly when I'd like to meet someone, preferring instead to end each invitation with "or sometime around there is fine."

I mentally add an extra 30 minutes to an hour to any event, just in case things run a bit late, and I always like to arrive early.

Because of this inability to pinpoint amounts of time for certain events, my time management skills have taken a turn for

the worse since I started college. Without my mother here to wake me up every day at seven o'clock — just in time to shower, eat breakfast and get to school by eight — my sense of set schedules has deteriorated.

My time management skills are the absolute worst when it comes to preparing for a test or writing papers. Test on Tuesday? I'll just spend a few hours on Monday making a study guide for it. Then I'll casually browse it while I do other things, like watch television or... play tennis.

Paper due tomorrow? Well, five pages takes around an hour and a half, so that's not so bad. Yes, I realize my estimated paper completion time is not entirely accurate. I blame it on the one time I sat down in a library with all my sources and finished a ten-page paper in 3 hours. It truly ruined me.

The notion of time has become even more important to me now at the end of my time here at the University. I'm only one of the thousands of fourth years whose every conversation seems to

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Responsible adults

As a writer, words and phrases hold particular weight with me. But I remember some of these phrases more because of my misconception of them rather than because of their actual meaning.

The first example which springs to mind is "bathingsuit." It's a common enough word which most people understand, but when I was little I could have sworn the thing everyone wore to the beach was a "baking suit." After all, people did lie on the beach and get toasty in them.

In an even more humorous childhood misunderstanding, my friend's little brother thought the Christmas hymn "Hark the Herald Angels Sing" was a song in which the angels got really fired up about the arrival of some guy named Harold.

Unfortunately, not all misunderstandings are so complete or so humorous. Sometimes you just gain a more comprehensive understanding of a word or phrase you previously thought you understood.

For me, one such phrase is the term "responsible adult." Until recently, if someone said something about a responsible adult, I likely would have imagined one of those moms who has

her two children leashed to her belt-loops. For whatever reason, the meaning of responsible adult was limited to the idea of an adult bearing the responsibility for the safety, and ideally the conduct, of a

child. During the past few years, how-

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Arrested Development



ALEX DAVIS

W Lacrosse | Squad needs consistent energy, Myers says

Continued from page B1

ultimately surrendering a 14-9 contest at Klöckner Stadium. “We can [win], we’re capable of it,” Owen said. “We just need to get back on track. I’m actually looking forward to [tonight’s game], because it will restore our confidence.” Although Virginia coach Julie Myers said the team expected some bumps in the road given that it has one of the NCAA’s toughest schedules, she expects to see her players put forth more consistent energy when it takes the field for the rest of the season. “In the Maryland game, we played tough, we played competi-

tively and we were in the mix,” Myers said. “And then with Penn State, we never got off the bus. We need to make sure that we just stay focused and on the ball, and we stay together.” William & Mary looks to rebound following a blowout loss to No. 1 Northwestern Saturday, hoping to stifle the Cavaliers’ quest to reestablish their early-season fire. Although the Tribe does not boast a winning record, Owen said the team will likely be eager to knock down its cross-state rivals. “They’re going to be gunning for us and we can’t overlook anyone,” Owen said. Last season, the Tribe kept toe-to-toe with the Cavaliers,

but ultimately dropped a 14-13 heartbreaker when the Cavaliers scored a goal with just less than three minutes left. “It’s an in-state rivalry, and they come after us every single year,” Owen said. “They’re a very enthusiastic team, a very emotional team.” William & Mary touts an experienced core group of players who have a familiarity with the expectations of competing with talented programs such as Virginia. This season alone, the Tribe has squared off against top-ranked Northwestern, No. 3 Maryland and No. 4 Duke. Although each match-up ended in a William & Mary loss, Myers believes the

Tribe possesses enough will-power to stand up to the nation’s elite. “Similar to us, I feel that they’ve really tested their team, and they are hoping that every week they are going to get better too because they’ve put their foot forward into the fire,” Myers said. “They don’t stop for anybody and they don’t back down... They’re going to give our defense a challenge, and offensively, we’re going to have to make sure that we play sharp and make sure that our possessions count.” During practice this week, the Virginia coaching staff emphasized the importance of taking high percentage shots and making

clean, crisp passes. The Tribe, which prefers to use a keep-away style of offense, will likely limit the Cavaliers’ offensive chances, making each possession critical for Virginia. “Apparently, they’re now trying to hold the ball,” senior midfielder Julie Gardner said. “Hopefully, our defense will pressure them a bit and cause some turnovers to allow our attack to score some more.” Following tonight’s in-state battle, the Cavaliers continue their two-game road stint Saturday against No. 14 Princeton before returning home March 21 to square off against cross-state foe No. 13 James Madison.

Softball | Mitchell’s pitching dominates Yellow Jackets

Continued from page B1

games, but the Cavaliers managed to outscore them 19-4 in the weekend set. Junior pitcher Melanie Mitchell picked up two wins and 16 strikeouts in her two starts during the weekend, improving her record to 10-3 and giving her 107 strikeouts for this season. Yesterday Mitchell also received the honor of ACC Pitcher of the Week. Sophomore third baseman Marcy Bowdren led the team offensively with five hits, six RBI’s and one home run in the three games. Virginia will resume play tomorrow morning when it faces off against UC Davis. The Aggies (9-17, 0-0 Big West) have scored

just less than three runs per game while their pitchers have compiled a 3.81 ERA. Virginia has never faced UC Davis. Later in the day, the Cavaliers will battle Fresno State, the 1998 National Champions and the only program in the country which has been invited to every NCAA softball tournament. The Cavaliers are 2-4 against the Bulldogs (16-9, 0-0 WAC), and have fallen to them in each of the last two seasons. This year, the Bulldogs are swinging the bats well, outscoring opponents by 46 runs on the season. “People consider [Fresno State] a mid-major, but they don’t play like one, especially in softball,” coach Eileen Schmidt said. “They’ve won the national cham-

pionship and they compete for it every year in regionals and super regionals. They’re a quality opponent.” Friday morning, Virginia will face Big Ten opponent Iowa. The Hawkeyes (9-9, 0-0 Big Ten) have never lost to the Cavaliers, but they have lost five of their last seven games this season. Virginia will square off Friday afternoon against softball powerhouse Oklahoma (20-3, 0-0 Big 12), another former national champion. The Sooners boast thirteen shutout victories this season and have won in five innings eight times. One of Oklahoma’s three losses, however, came against Georgia Tech, a team the Cavaliers were able to

handle with ease. “Oklahoma is stacked,” Schmidt said. “They have good pitching and good hitting. They’re solid defensively and they always swing big. We just need to keep them off the board. We can’t let them get on a run.” Virginia closes out the tournament Saturday against Michigan (16-7, 0-0 Big Ten). The Cavaliers seek revenge against the Wolverines following a blowout loss to Michigan when the teams met March 3 in Florida. In that game, freshman pitcher Rachel Gillen gave up five runs — three earned — while recording just two outs in the 7-1 defeat. “I didn’t really feel like we gave [Michigan] a good game the first

time,” Schmidt said. “We spotted them five the first inning. It wasn’t much of anything they did. You don’t want to spot good teams runs, you don’t give them easy outs and you don’t let them turn their lineup over. And that’s something we learned from and then took in against Georgia Tech.” Following the tournament, Virginia will resume ACC play with a three-game set against Florida State beginning March 24 in Charlottesville. “We came out really strong at the beginning [of the season],” Cipolloni said. “Now we’re just trying to keep it going and taking it one game at a time. We’re building off of everything.”

Football | Last season’s quarterback competition continues

Continued from page B1

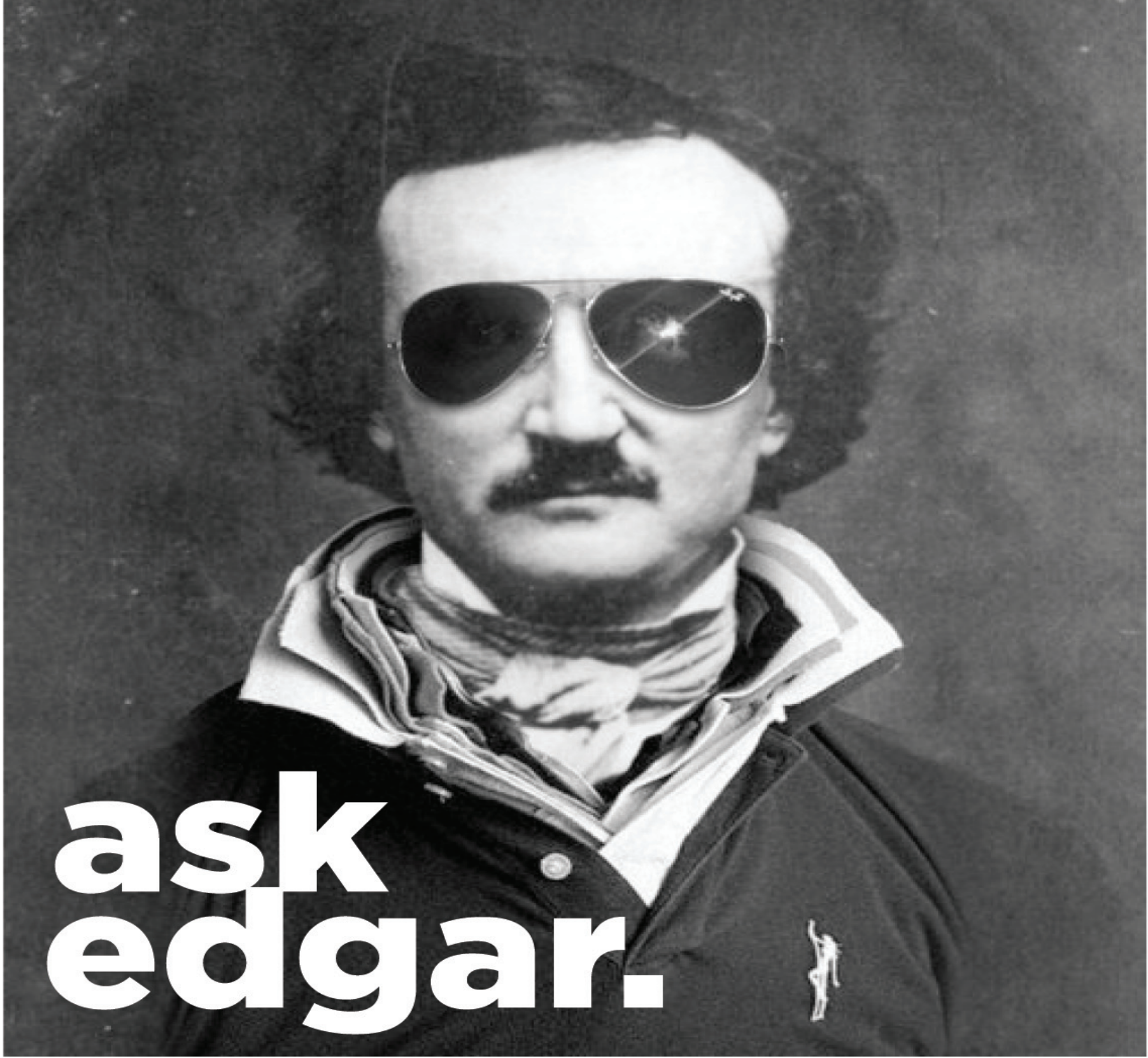
between rising junior Michael Rocco and rising sophomore David Watford which surrounded the team for much of last season appears ready to resume in earnest. Rocco grabbed sole control of the reigns for the Cavalier offense late last season and threw

for 312 yards and two touchdowns in the Chick-fil-A Bowl, but must earn the first-team snaps again with a strong spring performance. “Obviously Michael had a very, very good year, did a great job, and David is chomping right on his heels,” London said. “Those two guys will be very, very com-

petitive going into the spring.” Rocco and Watford will hardly be the only Virginia players who have to prove themselves again this offseason. Before beginning his press conference, defensive coordinator Jim Reid held up a copy of the Cavaliers’ roster and depth chart before ripping it into tiny pieces and proclaiming, “It

doesn’t matter.” The message is clear: London and his staff want each member of the squad to bring that same competitive fire. Every player will have an opportunity to earn playing time as positional battles play out, and he believes last year’s long-awaited taste of the postseason has only whetted his

players’ appetites for an encore performance during 2012. “I think there’s more of a hunger,” London said. “When you’ve tasted it before and it’s a positive experience for you, you want to continue to keep doing those things that will allow you to be in the situation we were in this past season again.”



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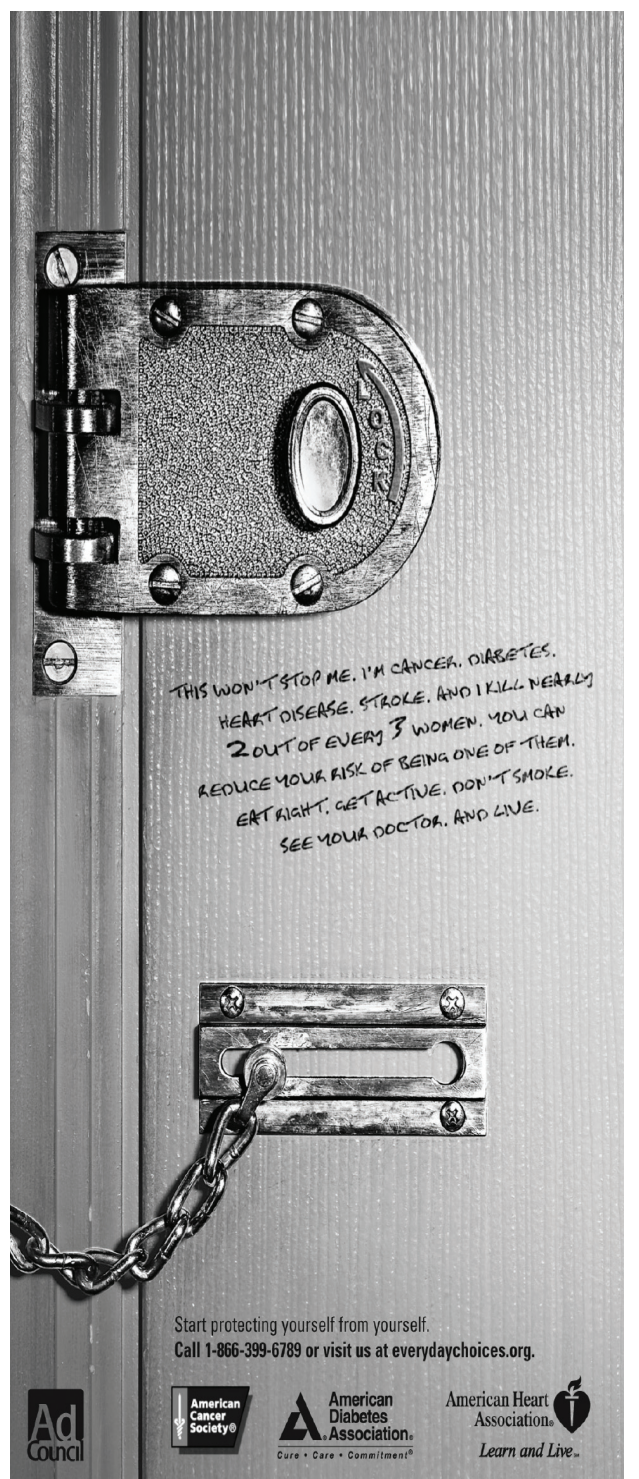
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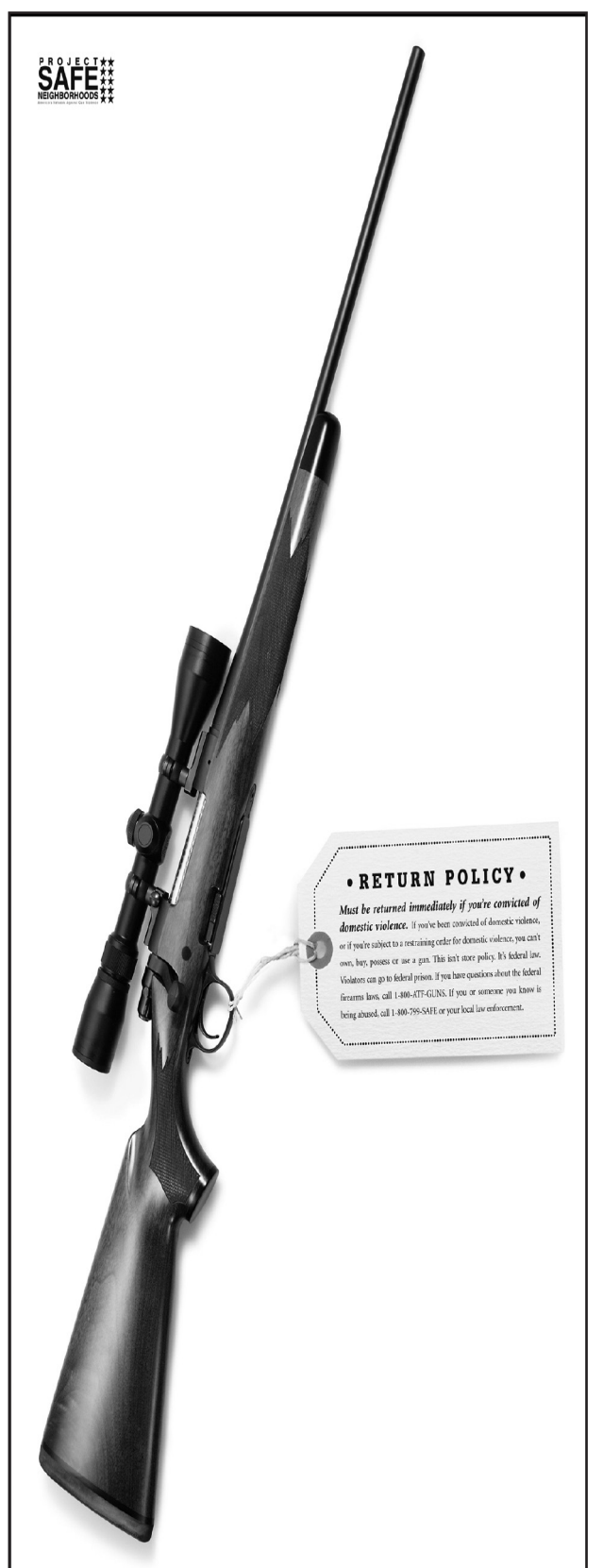


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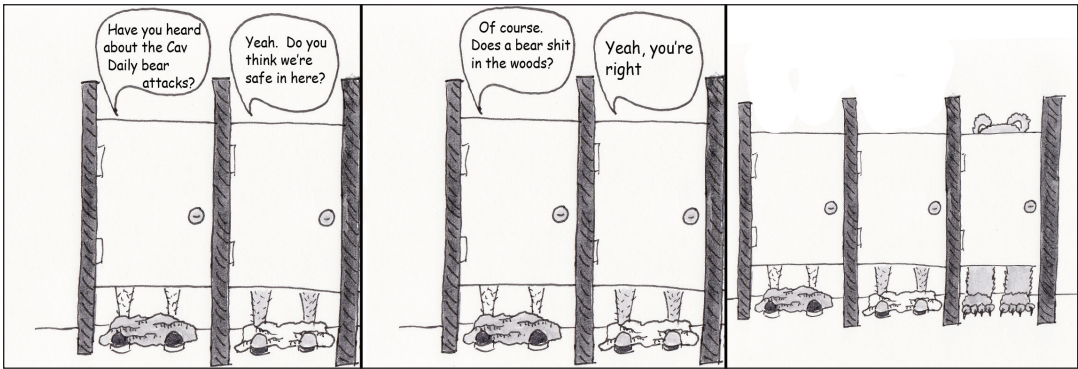
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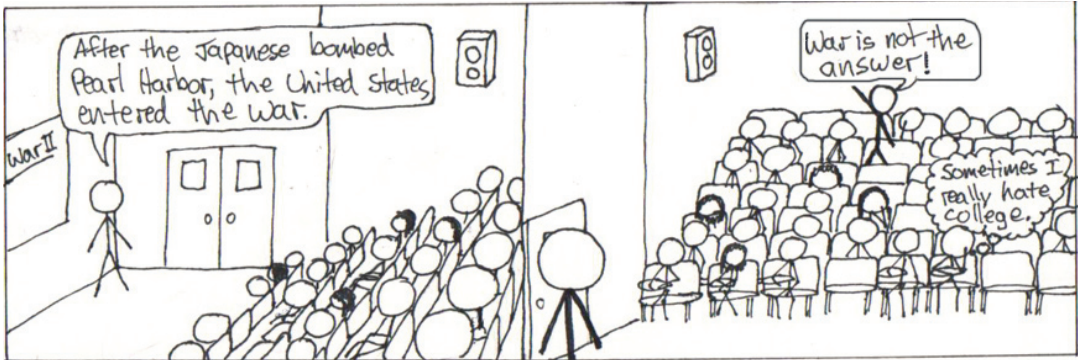
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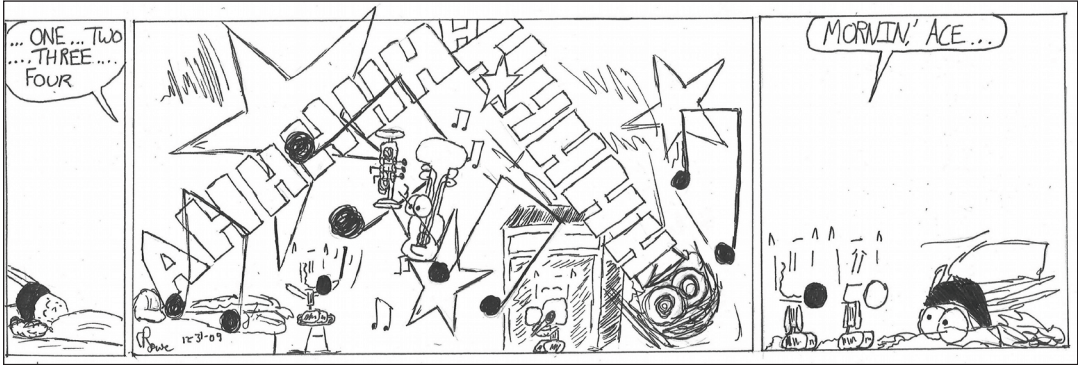
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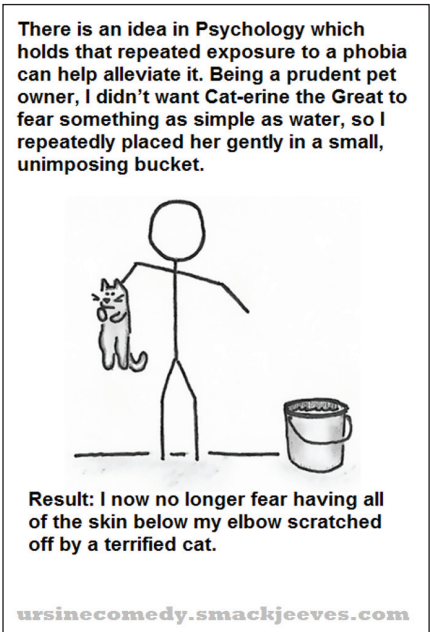
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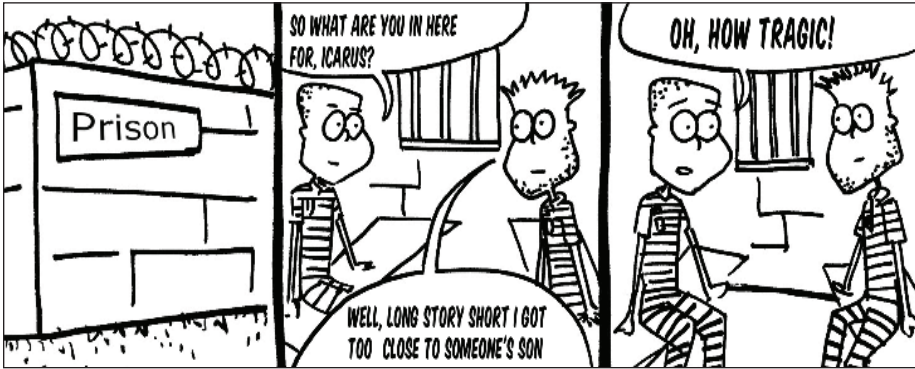
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MOSTLY HARMLESS BY PETER SIMONSEN



TWO IN THE BUSH BY STEVE BALIK & DANA CASTNER



HOROSCOPES

ARIES (March 21-April 19). You're a master schmoozer -- you know how to do the rounds and still look busy. A walk to the printer is an excuse to linger and talk to the gal who sits next to the copier, or plumb a techie co-worker's knowledge base.

TAURUS (April 20-May 20). Pleasure feels out of reach. Try the old Dieter's trick -- one day a week is an eat-anything-you-want day. Give yourself permission to go hog-wild real soon.

GEMINI (May 21-June 21). In one Rolling Stones song, Mick sings he's not waiting on a lady, he's waiting on a friend. Heart and skirt chasing can wear even a rock star out. But it's worth it when you find someone to hold.

CANCER (June 22-July 22). A little push sends you flying. You're not in a confidence crisis, either -- you have wings. It only takes the faith of someone who loves you to encourage them to open.

LEO (July 23-Aug. 22). You're not caught off guard by a sudden whim to throw a duffel bag into the back of your car and head down the coast are you? Some urges are meant to be followed, whole enchilada, but not this one.

VIRGO (Aug. 23-Sept. 22). The kid inside you is in cahoots with your inner baby sitter. So you keep going with the program, doing exactly what she tells you to do. You even go to bed early.

LIBRA (Sept. 23-Oct. 23). Some people dig being contrary, but not you. Nope, it's just not your style to take the opposite POV just for the sake of argument. If you've ever seen Rosie O'Donnell and Barbara Walters spar, you get it.

SCORPIO (Oct. 24-Nov. 21). "Put your money where your mouth is" is your personal calling card. Lately, you're backing up everything you do with that money-back guarantee. Your word is your word.

SAGITTARIUS (Nov. 22-Dec. 21). Someone's testing your affections. Be an agent of grace by letting it slide by you without creating a fuss. You're much happier in the long run by treating it as inconsequential.

CAPRICORN (Dec. 22-Jan. 19). You're cool as a cucumber, so it's hard for folks to know that what you're feeling is closer to pickled. Stew in the vinegar for a while, and let it soften you up. You don't need to take care of anything that time won't resolve.

AQUARIUS (Jan. 20-Feb. 18). Every day is a new opportunity to make your dreams manifest. But the principle of inertia will compel you to maintain your current state of activity (or inactivity) until something stronger comes along.

PISCES (Feb. 19-March 20). The devil's advocate tempts you with an indescribably delectable morsel -- a piece of lingerie or a new car. Your desires are open game. Would it help to know that you'll want to return it to the store tomorrow?

TODAY'S BIRTHDAY (March 14). Though you've maintained your image well, this year you'll become well-known for something new. Publicity opportunities are featured next month. Take a financial risk in August -- you lose drastically! Too bad. Roam around a bit in September, and see what's out there for the taking. You have much in common with Libra and Aries people. Your lucky numbers are: 23, 10, 3, 26, 35 and 31.



Rotunda RIDDLES

I'm the strangest creature you'll ever find, with two eyes in front and a hundred behind.

Previous's Answer: Broom

su | do | ku

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Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

LAST SOLUTION:

2	5	3	4	1	6	8	9	7
8	4	6	3	7	9	1	5	2
1	7	9	5	2	8	3	4	6
9	1	2	8	3	4	6	7	5
4	3	5	9	6	7	2	8	1
6	8	7	2	5	1	9	3	4
3	6	8	1	4	5	7	2	9
7	2	4	6	9	3	5	1	8
5	9	1	7	8	2	4	6	3

Solution, tips and computer program at www.sudoku.com

The New York Times Crossword

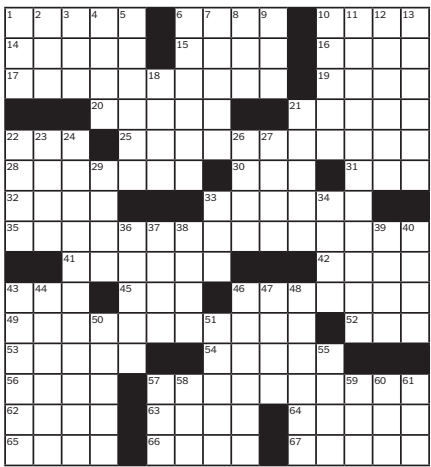
Edited by Will Shortz No. 0208

- Across
- 1 Filmflam
 - 6 Char, as a steak
 - 10 Handy roll-outs at sleepovers
 - 14 ___ on (sentence shortener)
 - 15 SeaWorld performer
 - 16 Some
 - 17 Throat lozenge for low-voiced opera stars?
 - 19 See 43-Across
 - 20 Museum piece
 - 21 Certain weasel
 - 22 Course with many unknowns: Abbr.
 - 25 Cause of a sexual harassment complaint?
 - 28 Dorm-mates, e.g.
 - 30 Social finale?
 - 31 Way to go: Abbr.
 - 32 Its logo includes its name in blue letters in a yellow oval
 - 33 Is miserly
 - 35 Talk about pitchers and quarterbacks?
 - 41 Pullman features
 - 42 Class with a skeleton in the closet?: Abbr.
 - 43 The Cavaliers of the 19-Across
 - 45 Mate's approval
 - 46 "Far out"
 - 49 Pub with no karaoke?
 - 52 Kitchen meas.
 - 53 Grad students' grillings
 - 54 Dodges, perhaps
 - 56 Woody's scent
 - 57 Admission provider for a kissing booth?
 - 62 Flair
 - 63 1968 winner of the 43-Down
 - 64 Give birth, as a whale
 - 65 Eliot who pursued Capone
 - 66 Top dog
 - 67 Home of Middle East University

ANSWER TO PREVIOUS PUZZLE

BOGUS ASIA HTTP
URIAL MANS OHIO
MIRRORET THEMIND
ROD RENEE SING
ALLSTAR RATES
PEEK CASEWORKER
ISH ASSN IGO
HAITI GUT IFNOT
EIN LEAN IAL
PLATEGLASS AVEC
TONGA ALABAMA
BRUT XEBEC NIM
FAIRHAIREDCCHILD
ONCE KEIR TOTIE
REED ASKS SPYON

- Down
- 1 Terrif
 - 2 Coded material
 - 3 Some Super Bowl highlights
 - 4 Red state, once
 - 5 "The Sound of Music" tune
 - 6 Some foods for growing babies
 - 7 Co-anchor Hill of "The Early Show"
 - 8 Crackerjack pilot
 - 9 U.K. military arm
 - 10 Main section of a long poem
 - 11 "No way!"
 - 12 Precursor to a memorable Boston party
 - 13 Wrap in bandages
 - 18 Nobelist Wiesel
 - 21 Exec's note taker
 - 22 Lifeless
 - 23 Crafty Norse god
 - 24 Loses it
 - 26 Foes of the Jedi
 - 27 Commotion
 - 29 Ceremonial rod
 - 33 Urban grid: Abbr.
 - 34 Start of a Clement Moore classic
 - 36 Range extending from the Arctic to Kazakhstan



Puzzle by Lynn Lempel

37 Eye annoyance

38 "___ the Boss" (Mick Jagger album)

39 Crashes into

40 Fred Astaire move

43 Annual tournament played in N.Y.C.

44 Manly

46 Mistreated

47 James with an electrical unit named after him

48 Beethoven's Third, popularly

50 Valleys

51 One of the Obamas

55 Con game

57 Cantankerous cry

58 "What's the ___?"

59 Alphabetic trio for filers

60 Powerful Perón

61 Sum of the first three prime numbers

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Hardaway | Aspiring blogger craves happiness, calm

Continued from page B2

spot was great for my ‘zen.’ I’m not really sure what ‘zen’ is or whether or not it happens to be in my possession. But I was still happy I had a chance to try and put into words the overwhelming calm/happy/content feeling which was starting to settle, like tiny granules of good, into all the desperate, heart-wrenching crevices of my being.

“...I was afraid.” But why? Why can I not bring myself to type one word on my beautifully designed blog? Why even start a blog if you have no intention of writing about all the “good” things you’re doing for yourself? Because, I don’t want to be afraid.

I used to be afraid of that feeling I now crave: contentment, happiness, zen. I was afraid if I were happy I wouldn’t be funny or witty or edgy or troubled. I wouldn’t be me.

I don’t think Eliot was particularly happy, nor was J. Alfred Prufrock. And that’s precisely why I love his love song, because it is gorgeous and true and filled with that so human yet so transcendent feeling of inadequacy — am I enough, will I ever be enough?

Happiness answers that question with a resounding “yes!”

You are at this moment all you need to be. On a lake, in a sweltering 110-degree room, you can be. You don’t need to capture it on Facebook; you don’t need to capture it at all.

I’m not sure when I’ll start my blog, all I know is I must. Because if I don’t, I won’t believe in creating happiness, I’ll only ever focus on capturing everything in its way. I want to write about the good in the same way I

so readily transform the bad into a desperate, heart-wrenching life song. I’m afraid, I’m terrified actually, of altering everything I think and know about who I should be. But it’s time, and I’m ready for my love song.

Mary Scott’s column runs biweekly Wednesdays. She can be reached at m.hardaway@cavalierdaily.com.

DeBoard | Fourth years sense time warp since first year

Continued from page B2

include “I can’t believe it’s almost over” or “Where have these past four years gone?” and it’s starting to get seriously upsetting.

And honestly, where has the

time gone? The first semester of first year seemed to trickle by as I made new friends and learned my way around Grounds. From then on, terms have become progressively quicker until this final semester has flown by at

breakneck speed.

Time management becomes a bit different after college, especially for those of us entering the workforce. No more summer breaks in most cases, and weekends become our main source of

comfort and relaxation. Somewhere between now and then, I need to get the hang of managing my time more wisely.

Maybe I’ll try to improve by graduation day. Or the first day of my new job. Or by the time I’m

25. Definitely sometime around there.

Tyler’s column runs biweekly Wednesdays. He can be reached at t.deboard@cavalierdaily.com.

Davis | Taking responsibility promotes emotional maturity

Continued from page B2

ever, I have begun to rethink my definition of “responsible adult,” until it has become a synonym for a phrase my mom likes to use, “mature adult.”

“But wait,” you might be saying, “all adults are mature, that’s part of the definition of adulthood.” While adults are physically mature, whether or not they are emotionally mature is a whole ‘nother kettle of fish.

Through a slow journey of

emotional growth, I’ve discovered that responsibility is an integral part of maturity. I don’t mean my inexplicably narrow-minded understanding of responsibility as it relates to childcare, I mean responsibility in the broader sense — taking responsibility for your own life and your own actions.

I first noticed myself feeling the twinges of a drive toward responsibility when I left home to go to college. It was little things at first, things I only really noticed when I returned

home and realized I had never done them while living there.

I stopped waiting around for other people to do unpleasant chores such as washing the dishes or taking out the trash. I began to just do them myself. If I wanted something done to make my life more pleasant, it was my responsibility to do it.

But taking out that bulging bag of trash is just a baby step toward real responsibility. With graduation bearing down upon me like a runaway train, I am getting a glimpse of what real,

adult responsibility means.

Responsibility means making your own choices for better or for worse, choices which might impact the rest of your life. It means facing a multiplicity of options rather than following the relatively straightforward path which has always appeared ahead of you. Adult responsibility is, plain and simple, taking control of your life and accepting the consequences.

It’s both liberating and absolutely terrifying.

As usual, I have been paint-

ing my word picture in the broadest of strokes. There are elements of responsibility and emotional maturity which I did not even attempt to address. But whatever the realm, being a mature adult means taking responsibility for your own life, no matter how long it takes or how scary it might seem.

Alex’s column runs biweekly Wednesdays. She can be reached at a.davis@cavalierdaily.com.




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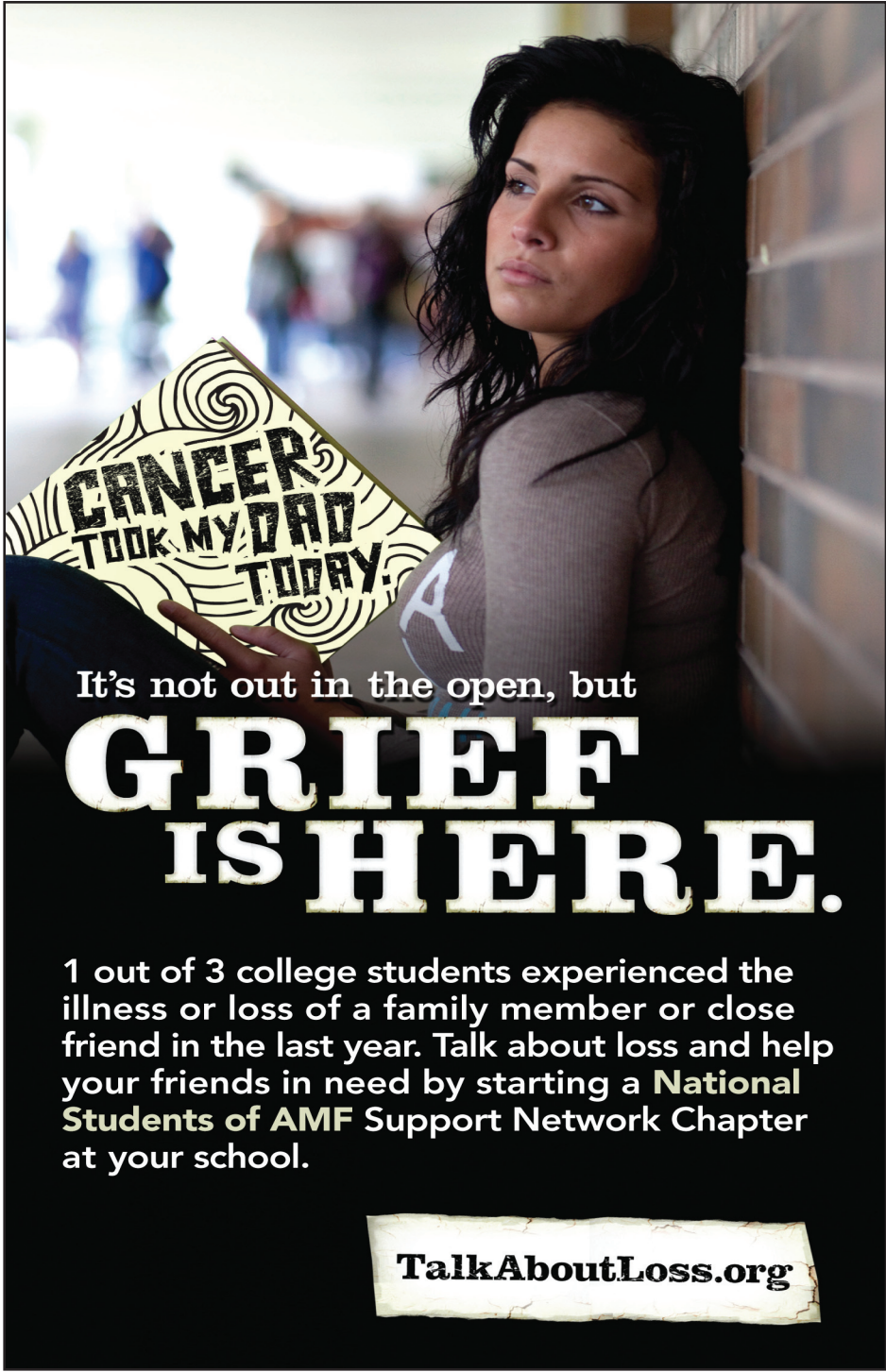
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It's not out in the open, but

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