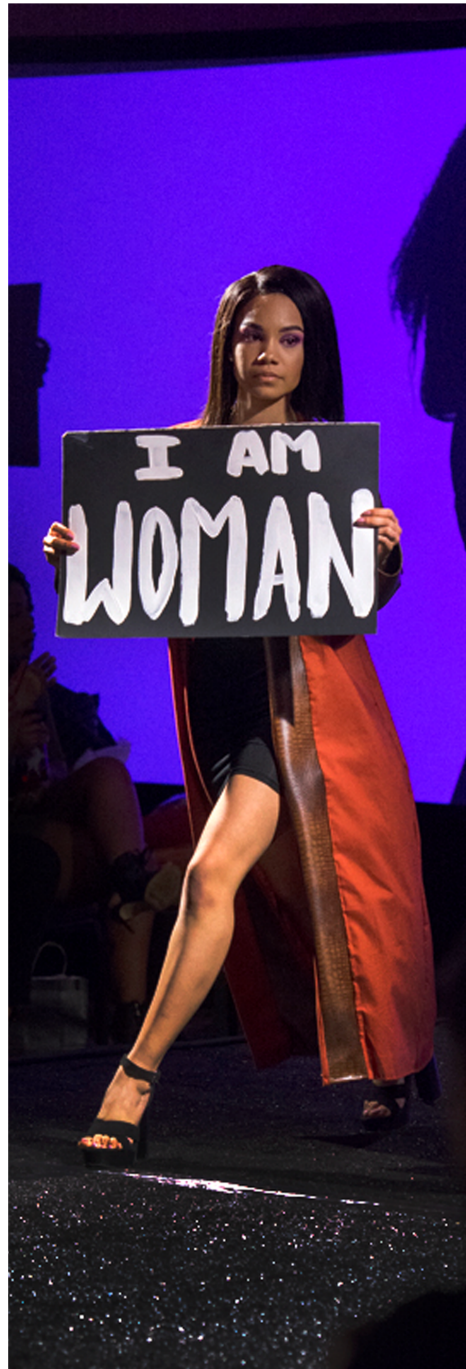


THE CAVALIER DAILY

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EMMA KLEIN | THE CAVALIER DAILY



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community &

CONFIDENCE

NEWS

This week in-brief

CD News Staff

Provost Liz Magill discusses U.Va.'s admissions 'watch list' at Student Council forum

University Provost Liz Magill joined Student Council representatives and around 40 students for a public discussion on the University's "watch list" admissions practice as part of a question-and-answer forum held by Student Council Tuesday evening. However, many students expressed concern that their questions went unanswered and were unsatisfied with the outcome of the meeting.

The Cavalier Daily reported in September that the watch list, which refers to the University's practice of marking "high-priority" applicants connected to donors, doubled in the most recent admissions cycle since it was first revealed in 2017 by The Washington Post. Following the article in September, the Student Council executive board released a statement expressing its views condemning this practice but ultimately failed to pass a resolution on the matter.

Student Council held its forum in an attempt to obtain more information surrounding the practice and to give members of the student body the chance to have their opinions heard.



WINSTON TANG | THE CAVALIER DAILY

Students say their questions went unanswered, demand action from University.

U.Va.'s George Rogers Clark statue vandalized

The University's statue of George Rogers Clark was found defaced with red paint Sunday morning. University police responded to the defacement by covering the statue with a dark blue tarp. This incident is under further investigation by UPD.

The statue, located on University property by the intersection of West Main Street and Jefferson Park Avenue, has been widely criticized for its depiction of an attack on a Native American family. Clark is seen riding horseback with a group of Native Americans kneeling in front of him, while soldiers brandish weapons in the back. The statue's inscription reads "George Rogers Clark: Conqueror of the Northwest."

Clark, who was born in Albemarle County, was a war general who fought Native American tribes as the U.S. expanded westward following the American Revolution. Earlier this summer, local Virginia activist David Swanson circulated a petition urging University administration to "remove the statue of George Rogers Clark engaged in genocide to a museum where it can be presented as a shameful memory."



RILEY WALSH | THE CAVALIER DAILY

The George Rogers Clark statue was covered with blue tarp following the incident.

II.14

II.16

II.17

II.19

U.Va. Center for Politics appoints two new resident scholars

The University's Center for Politics officially appointed Barbara Comstock and Jamelle Bouie as resident scholars last week. The new employees will be working for the Center for Politics as guest speakers and panelists, as well as developing a public program for the spring of 2021 on behalf of the Center for Politics, which will include several events organized by Comstock and Bouie.

Comstock — a prominent Republican politician, attorney and lobbyist — served in the Northern Virginia House of Delegates from 2009 to 2014 and in Congress for Virginia's 10th District from 2014 to 2018. Comstock served two terms in Congress, representing Clarke, Frederick, Loudoun and parts of Fairfax and Prince William counties. She was defeated in November 2018 by Democratic State Senator Jennifer Wexton.

Jamelle Bouie is best known for his work as an opinion columnist for The New York Times. A Virginia Beach native and University alumnus, Bouie currently resides in Charlottesville and was formerly the chief political correspondent for Slate magazine. In January 2019, Bouie was dubbed "one of the defining commentators on politics and race in the Trump era," according to David Uberti in the Columbia Journalism Review.



COURTESY WIKIMEDIA COMMONS AND JAMELLE BOUIE

Former Congresswoman Barbara Comstock and journalist Jamelle Bouie to join University faculty.

President Ryan apologizes for canceling 21-gun salute from Veterans Day ceremony

After receiving backlash from the University community for canceling the 21-gun salute for its Veterans Day ceremony, University President Jim Ryan released a statement Saturday morning apologizing for the University's decision.

"Sometimes you make mistakes," Ryan said. "Although motivated by good intentions, I believe we made a mistake this year in excluding the 21-gun salute from our Veterans Day ceremony."

As part of its 24-hour vigil, the University's ceremony notably excluded the decades-old military salute tradition — which typically involves firing rifles from the Amphitheater on Central Grounds — in order to minimize noise disruption to students in class and to prevent concern about gun violence. The decision to end the tribute was made by the University's provost office and the colonel of the Reserve Officers' Training Corps.

"Having attended the ceremony, and having consulted with the Commander in charge, I am confident that we can accommodate a 21-gun salute, which had been a meaningful feature of the ceremony in years past," Ryan said. "We will therefore reinstate the 21-gun salute next year, and we will make sure to minimize any disruptions to classes and communicate the details of the ceremony in advance."



RILEY WALSH | THE CAVALIER DAILY

U.Va. will reinstate the salute next year to honor veterans.

Transitioning from rural counties to U.Va.

Students express concerns about the tough transition to the University

Anna Heyse | Staff Writer

Though the University reserves two-thirds of spots each year for in-state students, there is a sizeable disparity between the regions to which these spots are allocated. While hundreds of students from the counties outside of Washington, D.C. enroll each year, Virginia's more rural counties rarely enroll more than 10 students each within the entire undergraduate

of Charlottesville, where around 50 other University students live. Though her home is not too far from Grounds, the area is less affluent and developed than Charlottesville and communities in Northern Virginia — there was not a Walmart in Greene County until Deane was 12-years-old.

"I felt like I didn't belong [at the University], first of all, because

transition, which Deane claims she was not provided by her high school nor the University during her summer before starting college.

Austin Widner, a 2019 graduate of the University, spent his entire college career striving to help students from communities like his home in Craig County. Only 4 out of the 67 students in Widner's

solution, but a conduit for resources into and out of the area. The people, kids through the elders, are all apt and ready, but are lacking the resources necessary to excel ... How could the state university not service its entire state thoroughly?"

Widner found his way to the University through the Rainey Scholars program, which offers free summer classes for students

challenge we were facing in our time at U.Va."

Even after graduating and spending four years in Charlottesville, Widner says he has stayed true to his roots. Transitioning to the University meant adjusting to a foreign culture, including no longer growing what he ate himself and figuring out how to use the buses on Grounds — yet to this day Widner has never ordered from a Starbucks.

"Quite frankly, the important takeaway here is that one never truly transitions," Widner said. "As hard as I fought it my first year, I could hardly cut myself from the roots that helped me grow, and I believe that there is so much beauty and value in the luggage that students from disadvantaged backgrounds."

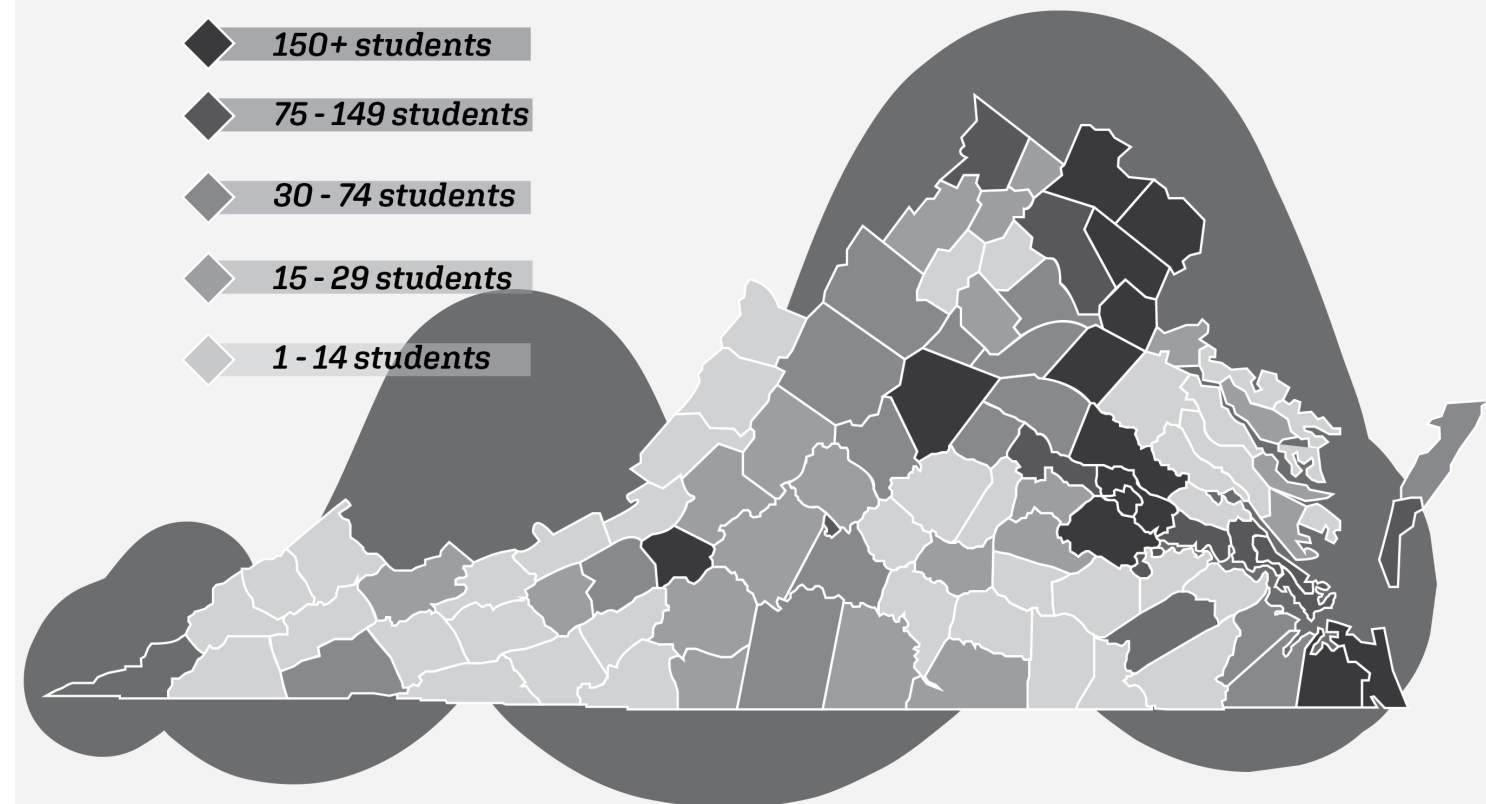
In light of Widner's graduation in May, third-year Engineering student Benjamin Johnson is the current president of FOA. According to Johnson, coming from Botetourt County in western Virginia, which is largely farmland and home to just 25 students at the University, Charlottesville may as well have been a large city. His transition to the University was marked by a lack of resources and feeling there was no guidance, barring FOA, for students from rural areas.

"I think that, where the ball gets dropped, is that students from rural areas may not get the counseling that they need to understand how to use University resources to benefit themselves and to feel like they fit in," Johnson said. "And so I think that, where the University can improve and capitalize on is making sure that students from those geographic areas are really reached through their advisors, or through different life counseling or advising groups to show them."

According to Wes Hester, director of media relations and deputy University spokesperson, the University recruits in rural areas by visiting high schools, hosting informational events and sending current University students who have experienced the college process and the process of paying for college in hopes of attracting students from rural areas.

"Supporting students from rural areas is irrelevant if they are not being recruited, and in turn, not accepting offers that they receive," Widner said. "Once rural students are here, they need communities that enable and empower them, and make them aware of their own identities while also showing them how their experiences relate to others."

U.Va. In-State Enrollment Counts per County



ANGELA CHEN & TYRA KREHBIEL | THE CAVALIER DAILY

community in a given year.

According to an enrollment map of the University, there are currently 3,481 students from Fairfax County and 1,148 students from Loudoun County, 496 students from Arlington County, 255 students from Alexandria County and 609 students from Prince William County — all densely populated areas in Northern Virginia. In contrast, there are eight students from Alleghany County, two students from Craig County, seven students from Bath County and two students from Highland County — all more rural areas further west.

Third-year College student Ryan Deane grew up in Greene County, about half an hour north

growing up I was surrounded by other middle class and low-income students," Deane said. "When I got to U.Va., there was this extreme feeling of elitism and money, being poor isn't something that's really talked about. Being from a rural area, especially when it seems everyone from Virginia is either from Northern Virginia or Virginia Beach, so they know what it's like to grow up in a more developed area with better education systems."

Deane's experience is not unique to Greene County. In many more underdeveloped and rural counties, students are left with much less guidance in the college process and unclear expectations of what to expect from the college

graduating class pursued higher education. Like many of his classmates, he had to travel to the local McDonald's in order to access Wi-Fi and submit college applications.

As a co-founder of Friends of Appalachia — a CIO designed to create a mentoring network for prospective and current students from Appalachia transition to the University — Widner aimed to show students from rural communities that they have a place at the University by providing the guidance and support they previously lacked.

"I am very careful with the way I speak of Appalachia — my every effort is to empower the area and the people of it," Widner said. "Friends of Appalachia is not a

the summer before entering their first year and a financial aid package that he reports added up to more than his family made in a year. The other student from Widner's hometown, who he met through the scholars program, lasted all of six hours after move-in, overwhelmed and ill-equipped for the daunting transition to college.

"The topic of race or SES never came up [in the scholars program], and many of my best friends in my first year were the Rainey Scholars that I shared my summer with," Widner said. "There were so many parallels between our experiences despite from being from low SES areas all over the nation — we were able to often share an unspoken bond that transcended whatever

Dem. majority could allow for removal of Confederate statues

The 1997 monuments statute currently prevents Charlottesville from removing the Confederate statues downtown

Sydney Herzog | Senior Writer

With a Democratic majority now in the General Assembly, the 1997 monuments statute that prevents the Charlottesville City Council from removing the Confederate statues downtown has the opportunity to be repealed.

Currently, the law states that a locality can permit, within its geographical limits, the erection of monuments or memorials, and if one is erected, “it shall be unlawful for the authorities of the locality, or any other person or persons, to disturb or interfere with any monuments or memorials.”

This statute has prevented Charlottesville from being able to remove monuments including the Confederate General Robert E. Lee statue downtown, which was the center of the violence that erupted in August 2017.

The white supremacist “Unite The Right” Rallies of Aug. 2017 occurred in part in Market Street Park in Charlottesville, surrounding the Lee statue. Earlier that year, the City Council had voted for the statue’s removal, a decision the rally purported to push back against.

“The horrific events of August 11th and 12th brought increased attention to this issue, along with increased attention to the more pressing and broader issues of systemic racism and inequality in Charlottesville,” said Jackson Samples, fourth-year College student and president of the University Democrats. “There are also new calls for re-naming buildings around Grounds such as Alderman Library, indicating continued awareness surrounding the issues of race and memorialization.”

In January 2019, a bill was proposed to modify the law, but has not yet been approved by the General Assembly. The bill proposed to amend and reenact the law, adding that “a locality may also remove or provide for the upkeep, maintenance or contextualization of any such monument or memorial located in its public space, regardless of when erected.”

According to incoming Charlottesville City Councilor Sena Magill, the new General Assembly provides the opportunity for

the statute to be readdressed.

Since the votes on this issue have largely fallen along party lines, previous attempts in the Republican-controlled General Assembly have not passed. With Democrats now having control of the General Assembly and the Governor’s office for the first time since 1993, there is an opportunity for the amendment to make it through.

Magill, who believes that the statute should be repealed, would prefer the statues to be put in a separate area to be looked at from a historical lens, rather than removed completely.

“The Jackson, Lee and Lewis and Clark statues should be moved to an area that people go to to see them so that they are further contextualized with history,” Magill said. “People should have to go to learn about them, they shouldn’t just be monuments towering over you as you walk by.”

According to Magill, there has been an increase in concern among the Charlottesville community surrounding the removal of these statues.

“I have seen people who didn’t really care about the statues a few years ago,” Magill said. “I have definitely seen them come to the perspective that regardless of what they [the statues] used to mean, they now mean something else and we don’t want them here anymore.”

Although unable to speak for all University communities, Samples also believes that a “sizable majority of students” support taking down the Confederate statues as well.

“UDems supports the immediate removal of all Confederate monuments and statuary in Charlottesville, and UDems supports a speedy legislative solution to getting this done,” Samples said. “These are monuments to white supremacy that were built with the purpose of intimidating communities of color, and there is no reason for them to remain a second longer.”

The Dillon Rule is an established doctrine that restricts the power of localities, only allowing them to have the powers specifically granted from the state

government. Along with many states, Virginia follows this rule, meaning that localities have to ask state governments for policy approvals.

“The persistence of the Dillon Rule has severely limited Charlottesville and other progressive communities’ ability to remove racist monuments, ban assault weapons, raise the minimum wage, and ban fossil fuel extraction, among other things,” Samples said. “The Dillon Rule is an anachronism barring serious progress from being made across the Commonwealth.”

According to Law prof. Richard Schragger, before 1997, the removal statute did not apply

to cities. However, after amending the statute to include all localities, a debate grew around whether or not statues built before 1997 could be removed.

Schragger said Virginia Attorney General Mark Herring (D) has ruled that the statute does not apply to memorials erected before 1997 — however, Charlottesville Circuit Court Judge Richard E. Moore blocked the removal of the Lee statue on the grounds that the statute applies to all statues in the City.

“I’ve taken the position that the statute doesn’t apply because it never applied to cities before 1997 and the monuments were built before that,” Schragger said.

“My position is consistent with the Attorney General but inconsistent with the Judge.”

Multiple defacements have been recently found on the Confederate statues downtown. Last September, the Lee statue was found defaced with a spray painted “1619” on the base on the statue, signifying the date that the enslaved Africans were first brought to North America. In October, the Lee and Stonewall Jackson statues were also discovered with chipping features.



CHRISTINA ANTON | THE CAVALIER DAILY

The statue of Confederate General Robert E. Lee in downtown Charlottesville was the center of the violence that erupted in August 2017.

HAPPY THANKSGIVING

HOOS

U.Va.'s endowment reaches all-time high of \$9.6 billion

The endowment fund also returned \$238 million for short-term use

Rachel Zentmayer | Staff Writer

At the end of the 2019 fiscal year this past June, the University posted their endowment value at \$9.6 billion — a figure that has grown about 1 percent since its \$9.5 billion evaluation at the end of the 2018 fiscal year. Despite slower growth in the last year, the University consistently places in the top five of highest endowed public universities — ranking third in 2016 behind the University of Michigan at Ann Arbor and Texas A&M University at College Station according to Business Insider.

University endowments consist of monetary contributions and financial assets provided by donors. The endowment is invested in order to grow the principal and provide a rate of return that will ensure that a university has a reliable source of income for future investing and expenditures. At the University, this investment process is regulated by careful strategy under the University of Virginia Investment Management Company. UVIMCO provides investment services to the University by investing the endowment and other long-term assets in the Long-Term Pool.

Historically, this fund relied on appropriations from the commonwealth, but in recent years the University has witnessed a steady decline in state support — dropping from around 35 percent of the endowment fund in 1990 to just under 10 percent in 2019. This has compelled the University to rely on past and continued donor contributions to maintain financial security.

Outside of direct donations, the endowment also grows through University-led initiatives. University President Jim Ryan's "Honor the Future" campaign that launched Oct. 12, has already raised \$2.75 billion of its \$5 billion dollar goal. This plan allows donors to choose which areas of the initiative will be funded — including scholarships, endowed professorships and financial aid.

The University's endowment evaluation of \$9.6 billion is derived from a group of investment funds known as the Long-Term Pool — with the endowment making up the largest portion at 53 percent. The Strategic Investment Fund, which serves as a source of funding for initiatives that have the potential to transform a critical area of knowledge or operation, is responsible for 23 percent of the Long-Term Pool.

In the 2018-2019 fiscal year, the Board of Visitors approved

SIF projects that include investments in the Biocomplexity Institute, the Memorial for Enslaved Laborers and the Bicentennial Scholars Fund.

The last portion of the Long Term Pool is comprised of investments in University-Associated Organizations at 22 percent and University Long-Term Assets at 2 percent.

In recent years, the University has witnessed a period of growth in the market value of the Long Term Pool from 7.5 billion in 2015 to 9.6 billion at the end of the 2019 fiscal year — according to the annual report published by UVIMCO. Additionally, the Long Term Pool generated an annualized return of 11 percent over the 10-year period ending June 30th — exceeding the 9.2 percent return for the policy portfolio.

UVIMCO investment strategy is based on maximizing the University's return objectives and risk tolerance — and above all focusing on long-term goals. UVIMCO's primary competitive edge is its aim to maintain

a long-term view in all market conditions and avoid overreacting to short-term market dislocations. Although economists point toward a recession in the near future, Robert Durden — UVIMCO chief executive officer and chief information officer — affirms the financial security of the University.

"Although we anticipate the market environment will remain challenging, we will continue to follow our long-term investment philosophy and consistent investment process," Durden said in the 2019 annual report. "Our ability to maintain a long-term view in all market conditions allows both UVIMCO and our external investment managers to use valuation and volatility to our collective advantage, and to capitalize on market inefficiencies and risk premia that arise from other investors' focus on short-term market movements."

While the principal of the endowment itself cannot be spent, a percentage of its returns are used to advance the University's

immediate goals.

Of the money returned on these investments, the University often uses about five percent for scholarships, fellowships and professorships — equating to around \$238 million this year, according to University Spokesperson Brian Coy.

"Of the money that the University does spend from endowment investment proceeds, approximately 80 percent is designated by donors for a specific purpose," Coy said. "This income cannot be spent on any activities that aren't outlined in the donor agreements."

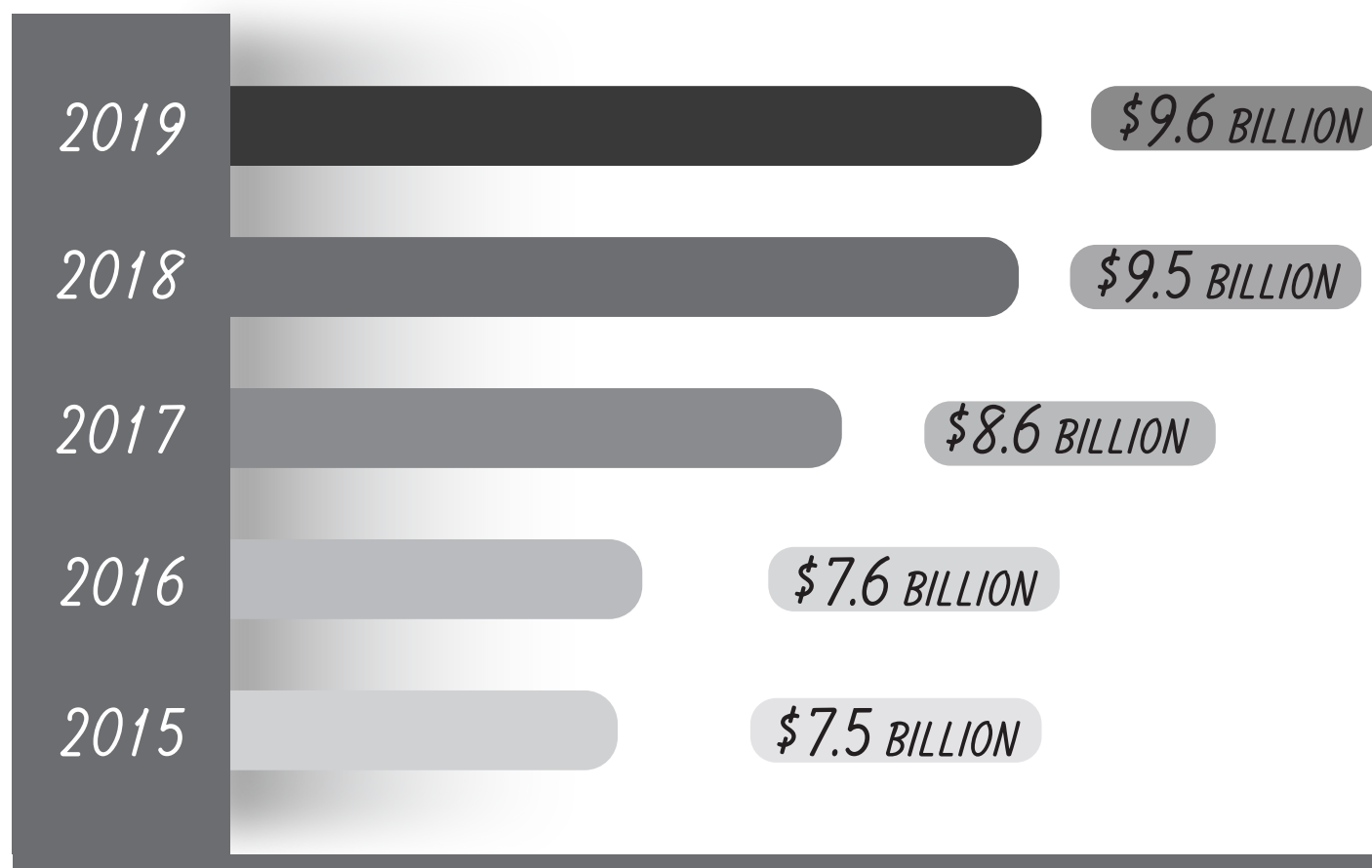
The remaining 20 percent of the income from endowed funds is used to meet emerging needs and highest strategic priorities. The University's current capital campaign goals are focused on the top priority needs for additional philanthropy — such as funding scholarships, lecture-ships, research funds and book funds.

According to the 2019 annual report, unrestricted contribu-

tions are used to provide student aid, enhance teaching and research, build and maintain library collections and support student organizations and publications. The endowment also acts as a key agent in supporting students and faculty by generating a reliable stream of income for supporting merit-based scholarships and faculty grants through the Jefferson Scholar Foundation — virtually all gifts given to the Foundation are invested with UVIMCO. By using the endowment, a more dependable stream of income is created when contrasted to the volatility of using annual revenues such as tuition and state funds for faculty salaries.

"The University's endowment has grown over time thanks to generous donors and careful management of funds," Coy said. "Today's students benefit from gifts made by previous generations of supporters."

U.VA. ENDOWMENT OVER TIME



SHRUTHI NYSHADHAM & TYRA KREHBIEL | THE CAVALIER DAILY

LIFE

Luce is Charlottesville's new go-to takeout pasta place

A to-go window for hand-crafted, affordable Italian pasta opened on the Downtown Mall

Maggie Trundle | Food Columnist

Luce is a cozy, hole-in-the-wall window to order fresh Italian pasta right off the Downtown Mall. I heard about Luce through some friends at the University who only had amazing things to say. Charlottesville has local takeout food options that hit almost every category such as Brazos Tacos, Roots' salads, Bodo's Bagels, The Flat's crepes and more. However, a restaurant that specializes in takeout Italian pasta hadn't existed as a local, affordable and easy meal option before Luce opened.

Accessibility

There is street parking next to Luce, and it has its own small lot which you can't park in for long periods of time. Regardless, it is relatively easy to find a place to leave your car for a few minutes to grab pasta next door. Right off the sidewalk, Luce can be accessed by wheelchair. The fact that this restaurant is simply a window makes it perfect for a lunch break or takeout for a

movie and wine night. I decided to try Luce for a quick dinner on a Monday evening. My pasta only took minutes to be ready, so even if there was a line, I assume that wait time would not be long.

Atmosphere

There were only two staff members present — a chef and a girl working the register. The kitchen was so small that really only two people could fit, but they worked efficiently. They were both incredibly friendly, and the chef came out of the small kitchen to help me decide what to order. He mentioned that one of the owners, Travis Burgess, started the pasta window from a childhood obsession with the pasta his father would make.

The outside of the building is a white painted brick with the name of the restaurant printed along the side with bright blue and yellow details, adorned with fairy lights strung between an adjacent lamppost. The decor

catches the eye immediately and gives off a local, quirky feel.

Affordability

Luce is unique because it offers homemade, premium quality pasta for a low price. For just \$9 or \$10, you can get 16 ounces of pasta made from scratch with fresh ingredients. I'm always willing to spend a little more to avoid processed foods, eat fresh ingredients and support local businesses. The best part is that going to Luce doesn't even mean spending more money. The price of \$10 is about the same amount as any meal from chain restaurants such as Noodles & Company.

Appeal

Luce offers a small but high-quality selection. The menu consists of three pasta options — "Cacio," "Bolo" and "Pistou." Cacio is a \$9 traditional cacio e pepe dish made with homemade tagliatelle pasta with parmesan, olive oil, butter and cracked pepper. Pistou

is \$10 and gives off summer vibes — it's spaghetti with shaved zucchini, confit tomato and basil pesto.

I ordered Bolo, and this \$10 papardelle pasta is accentuated with a Bolognese sauce, homemade pork ragu, toasted crumbs, mint and parmesan. The pasta was cooked perfectly — not too al dente, but not soggy. The chef prepares the dishes in direct view before placing each pasta in cardboard containers similar to ice cream pints. When you open the container, the pasta is practically steaming, making this the perfect spot for comfort food on a cold winter night. Their kitchen is completely open to viewers, allowing customers to check out the fresh ingredients used and the careful attention that goes into crafting each serving.

My meal was one of the best pastas I have ever had in Charlottesville. Despite being a casual takeout restaurant, no amount of flavor or decadence was

sacrificed to make this pasta so quickly and casually. The pasta was bursting with flavor, and the toasted crumbs and parmesan on top added just the right amount of texture.

Beyond pasta, Luce offers a \$10 caesar salad with kale, shaved brussels, confit tomato, toasted crumbs, parmesan and caesar dressing. They also have a dessert option that the chef recommended to me — the Torta Di Formaggio — a cheesecake made of ricotta, pistachio and white chocolate with a thick biscotti marzipan crust. Luce also sells San Pellegrino drinks in assorted flavors for \$2 each.

I only have positive things about my experience at Luce, and I think it adds a perfect flare to the well-loved array of Charlottesville local cuisine. Luce has potential to make a big impact, so be sure to stop by the next time your carb craving strikes!

The Corner's secret menu is finally exposed

Five menu items you've probably never heard of

MC Crawford | Food Columnist

Switch up your order on the Corner, and try these intriguing, delicious dishes!

The Virginian: The Mac n' Cheese ... to the next level.

The Virginian is a Charlottesville favorite and Corner staple. Famous for their Stumble Down Mac n' Cheese, this creamy pepper jack macaroni and cheese — \$5 for a starter serving, \$10 for an entrée — that's topped with a homemade cheddar potato cake is a "beloved favorite" and a must-try for The Virginian's diners.

There's a secret way to enhance this famous mac and cheese. You can pay extra to add almost any topping to accompany the potato cake — pork, bacon, chicken tenders, pico de gallo and more.

Because their menu doesn't indicate this option, general manager Ashley Major says this mac and cheese alternative is spread through word of mouth.

"[Customers] can add honestly whatever you want to the mac and cheese," Major said. "A lot of people get the buffalo chicken mac and cheese ... I personally will get the mac and cheese and add pico de gallo ... It's probably one of my favorite things to get."

You can add any type of chicken or pork for \$5 and bacon for \$1.50. Adding pico de gallo costs \$0.75 and other

toppings vary by cents on the dollar. Next time you dine at The Virginian, consider taking their famous mac and cheese to the next level.

The White Spot: The Gus Krispy Kreme Donut Burger

The White Spot is another University and Charlottesville favorite. Located on the Corner on Main Street, they're open every day except Sundays from 8 a.m. to 3 a.m. Famous for their \$4.55 Gus Burger, White Spot serves burgers, fries, sandwiches, desserts and more.

There's another burger White Spot serves that's equally as praiseworthy as the Gus Burger. It's a Gus Burger between two Krispy Kreme donuts.

This combo isn't listed on their menu and currently doesn't have an official name. Diners can request it by asking for a Gus Krispy Kreme Donut Burger. For about \$7, this burger comes between two grilled Krispy Kreme donuts, topped with an egg and cheese. White Spot keeps Krispy Kreme donuts on-hand for their "Grills With" dessert option. Therefore, this secret menu item is almost always available.

The Pigeon Hole: The Country with a Twist

The Pigeon Hole, located on Elliewood Avenue, is known for its tasty brunch and cozy atmosphere. Open every day except Wednesdays,

this brunch spot is the perfect place to enjoy a warm plate of food and coffee in the comfort of the Hole's little blue home.

The Pigeon Hole has three delicious eggs benedict options listed on their menu. Most of their diners don't know there's a fourth option though — the Country with a Twist. This entrée is a spin-off of their normal Country eggs Benedict, which includes poached eggs, sliced ham and house hollandaise on two biscuits.

The Country with a Twist still includes poached eggs, sliced ham and house hollandaise. The "twist" is that it's served on wheat toast and topped with grilled plantains. The toast soaks up the hollandaise sauce making each bite flavorful and moist, and the plantains add a sweetness to the benedict that wasn't there before.

Pigeon Hole's general manager Arthur Johnson says the Country with a Twist is much larger than the normal benedict, but the price is the same — \$12.

"It's a good deal for the people who are willing to try it," Johnson said.

Having tried it myself, I highly recommend you do too.

Shenandoah Joe — 'Corner Joe': London Fogs

Corner Joe coffee shop is Shenandoah Joe's Corner establishment, lo-

cated behind Asado and Corner Grocery on Main Street. The atmosphere of its one-room shop joins cozy and coffee like no other!

Corner Joe is best-known for their pour-over coffee, but they also have a great tea selection. One of my favorite drinks to order is the London Fogs. Priced at \$3.90, the London Fogs is an Earl Grey tea served in a large cup with either vanilla syrup or honey and steamed milk.

Although it is not listed on their menu, barista Ashley Harvey would recommend that customers order it.

"[It's great] if they're looking for something that doesn't have much caffeine but is still nice and warm," Harvey said.

The sweetness of the honey and warmth of the steamed milk bring just the comfort you need for a cold — or foggy — day.

Grit Coffee on Elliewood: The Honey Bear

Grit Coffee is another local and loved coffee shop, and their Elliewood location is frequently crowded with students fueling their productivity with Grit's delicious coffee.

One of Grit's secret drinks not listed on their menu is the Honey Bear. This latte contains espresso with vanilla syrup, honey, cinnamon and steamed milk. A small Honey Bear is

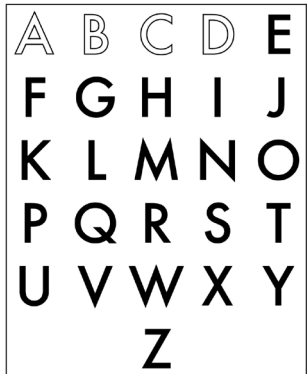
\$4.74.

Second-year College student Amelia McCrory says she likes the Honey Bear because it's not too sweet.

"It has more of a natural taste than some other flavors," McCrory said. "It's very comforting."

Try the Honey Bear to feel the warmth of sweet cinnamon and espresso.

The secret is out. Your favorite Corner restaurants and cafes have menu items you didn't know you could order, but I encourage you to do so. Now it's your decision to pass the word along or keep the secrets to yourself.



read our magazine
www.abcdmag.com

Students celebrate worship practices at Yahweh Night

Students explore, showcase diverse forms of Christian worship

Isabel Galgano | Feature Writer

When thinking about a church service, long rows of pews and lengthy sermons may come to mind. However, at Yahweh Ministries' Yahweh Night event, students explored diverse forms of Christian worship through community, dance, song and spoken word. About 100 people came together to celebrate Yahweh, meaning "God" in Hebrew, Friday night at Eunoia, a Christian event space located on Jefferson Park Avenue.

Fourth-year College students Temi Akinola and Ezinne Ogbonna founded Yahweh Night three years ago in response to limited forms of Christian worship on Grounds. Akinola wanted a space to recognize cultural heritage.

"My Nigerian culture has always been such a prominent part of my life," Akinola said. "I think coming here it has been hard to celebrate that in ways that I would want to within the Christian community. I think that Yahweh night for me has been very freeing because it's given me the opportunity to be unapologetically both ... Christian and Nigerian."

According to Akinola, she and her co-founder, Ogbonna, found a shared passion for worship songs and dances they learned from their families and communities. The two students wanted to create a space for sharing their faith and styles of worship. One night, Akinola and Ogbonna decided to organize a larger scale event.

"We just randomly started dancing and singing to songs we had grown up listening to in churches and with our communities and with our families," Akinola said. "It was just very fun and very freeing. And we were like, why don't we turn this into an actual thing that we do? And so Yahweh Night became a space where we wanted to highlight underrepresented styles of worship on Grounds."

The students started Yahweh Ministries as a contracted independent organization whose main goal is to host Yahweh Night at the University. Ogbonna felt inspired by other women in her community to move forward with the organization.

"There were definitely lots of powerful black women before us that inspired us and moved us to really be open to who God created us to be and the different cultures we use to worship," Ogbonna said.

The CIO is young and growing. As its founding members prepare to graduate in the next year, they hope to expand Yahweh Ministries under new leadership and organization.

"I want to make space for other people to lead and for them to find what God has for them in this organization," Ogbonna said. "And because this is something that's smaller and niche we're still figuring out the organization."

Attendees and participants in the



ISABEL GALGANO | THE CAVALIER DAILY

Audience members danced, sang, clapped and prayed aloud along with the performers. All members of the University community were welcome.

event found a space of diverse worship styles and comradery. Fourth-year Commerce student Ahenfua Aboagye-Nyame saw the night as a rare opportunity and was inspired to get more involved.

"Nights like these where I get to worship in this way are few and far between, so I take advantage of every opportunity," Aboagye-Nyame said. "I'm hoping next semester I will be able to perform some songs in my native tongue."

Fourth-year College student Michelle Abban is a member of Yahweh Ministries and a choreographer for Yahweh Night. After growing up in a Ghanaian church, she brought her love of praise dance to Yahweh Night and learned to get out of her comfort zone with new kinds of worship.

"God transcends culture, and you're always accepted," Abban said. "It's really fun to be uncomfortable and to learn about people's cultures and to really value the people that you say that you value."

Yahweh Night included worship through song, dance, prayer and spoken word forms like rap and poetry. Student musicians performed with guitars, pianos, drums and saxophones, while others sang in many languages ranging from English to Spanish to Igbo, the national language of Nigeria. All of the performances were led by students.

Attendees were encouraged to participate in nearly every aspect of the evening. Lyrics were displayed for each song on a projector, and members of Yahweh Ministries taught the pronunciations of foreign lyrics before performing. Frequently, audience members danced, sang, clapped and prayed aloud along with the performers. All members of the University community were welcome.

"We want to have spaces for the people who have been underrepresented, but also, as a learning experience for the broader community too," Akinola said. "We highly encourage people who grew up in predominantly white spaces to come and learn and see what it's like in a different environment ... We want this to be something that everyone enjoys."

In its third year, Yahweh Night has also evolved to include aspects from more diverse Christian backgrounds. The night included aspects of Caribbean culture and dances and songs with Latinx influences.

"Before, Yahweh Night used to [feature] solely music inspired by the African diaspora, but how Latin praise and worship came about was one person who had been coming to Yahweh night said, 'I don't see Latin worship on Grounds. Is there any way that we could do something together?' and that's how it started," Akinola said. "So

it really is just knowing people, knowing friends, asking people."

Friends and fellow Christians came to support performers and find new experiences through worship.

"The people who run worship night are some of my closest friends, so I wanted to support them," Aboagye-Nyame said. "I also am fully in support of the mission of the night and wanted to experience different forms of worship since there aren't many opportunities on Grounds."

Ultimately, Abban said that Yahweh Night is a space of free expression, learning and acceptance.

"[Different forms of worship are] valid and meant to reach all people, different people, the same people, and that's okay," Abban said. "It's just becoming this blend of everything. I can listen to any type of praise at any point and that represents who I am. But I should not feel limited to one or limited to a language that I understand."

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Top 10 productive ways to procrastinate

Insert subtitle here — sorry I was too busy procrastinating to come up with something creative

Zachary Anderson | Top 10 Writer

1. Clean your room

Some people say that a messy room equals a messy life, and they might be right. Studies have shown that people who keep their living space clean tend to live healthier lifestyles. So in that case, go clean your room. It's good for you. It's also a great way to organize your space and clear your mind before working on that dreadful term paper.

2. Cook

Making your own food is a great way to spend time without feeling wasteful. The satisfaction that is associated with creating a homemade gourmet meal is unparalleled. The classic mac-and-cheese a la microwave is a dorm favorite. Don't be afraid to be adventurous in your culinary explorations. Failure is feedback, so if the bread you tried to bake in the dorm kitchen has a texture more akin to pita chips, embrace it. Adulting is hard, but cooking can be a fun thing that in the end gives you something to eat and enjoy. Edible accomplishments — I'd take that any day.

3. Go to the gym

Exercise is a great way to burn off some unnecessary stress that can accumulate during the week, but not many people — myself included — are inclined to go to the gym. Although some excuses for not going to the gym are valid, people should recognize how good the gym is for the mind. It is a place where you can eradicate stress through exercise.



EMMA HITCHCOCK | THE CAVALIER DAILY

4. Develop a new skill

Maybe dancing is something that you've always wanted to be good at, but you've never had the time to become involved in a dance group. Never fear, for the internet is here. There are many great sites, like WikiHow and YouTube, that can teach you new skills. I've never been able to snap my fingers, but the internet can teach me how. Maybe the skills you develop in your free time may evolve into a career in instead of your college degree ... just kidding... unless?

5. Catch up on sleep

Classes really got you feeling tired? Well, look no further than your bed. Sleep is absolutely essential for all college students, and sleep deprivation can lead to significant drops in academic performance. What I'm trying to tell you is that you need to get enough sleep in order to do well in school. I admit that I sometimes prioritize sleep over studying because I'm a firm believer that sleep is more important than last-minute cramming.

6. Reconnect with old friends

FaceTime, Skype and other media platforms have made it really easy to connect with those old friends from your hometown. So why not take the chance to reconnect with that one girl that you were friends with in middle school? Recalling old memories and re-establishing a connection with an old friend are great ways to spend time. After I rekindled an old friendship, we found out we are majoring in the same thing.



PAIGE HILLMAN & AUDREY LEWIS | THE CAVALIER DAILY

7. Call your family

Rumor has it that your parents miss you more than you miss them. Don't be afraid to call your parents. They are the ultimate support system that can motivate you to power through your procrastination habits — unless they don't support your major. In that case, it might be better to call someone else — see entry number six. Keeping in touch with siblings is also a great idea, and they know how to cheer you up in times of struggle. Maintaining good connections with your family is also a great way to avoid awkward conversations at Thanksgiving — nobody wants their family to ask, "Why haven't you called us? We miss you."

8. Learn a new language

In the modern age, it has become much easier to learn a new language. With the development of language-learning apps like Duolingo and Babbel, people can easily access resources that encourage them to pursue fluency in another language. Duolingo has a rather interesting reputation for their mascot — the Duolingo owl — is notorious for sending passive-aggressive notifications to remind people to practice. Now, Duolingo has taken their encouragement to the next level — "Duolingo's new, in-person notifications can find you wherever you are. Ignore at your own risk." This hilarious — but also terrifying — quote from DuolingoPush goes to show that there can be some good humor in learning a new language, and it could possibly be fun too.



KHUYEN DINH | THE CAVALIER DAILY

9. Do laundry

Nothing is more relaxing than slipping on some comfy clothes that are warm from the dryer. Doing laundry is a great way to clean up — see entry number one. I personally love the smell of fresh laundry straight from the dryer. Not only does it smell good, but it also creates warm and fuzzy vibes — like a hug from someone that you miss. This warmth can lift your spirits and encourage you to get back to that work you've set on the backburner.

10. Go shopping

Going shopping can be as productive as you choose to make it. Grocery shopping for essentials? Productive. Spending hours on Amazon looking at cat shirts because they're cute? Not productive. Shopping can be a way to plan for the future, but it can also be a way to spend time more inefficiently than completing that paper you've been putting off for six weeks. Overall, being productive depends on how you choose to spend your time in a way that is effective and helpful now and in the future.

Japan Club explores cultural expression at Fall Festival

An evening celebration filled with traditional and modern art, performance, food

Jason Ono | Life Columnist

More than 50 students made their way to the Newcomb Ballroom Sunday evening to enjoy the annual Fall Festival hosted by the Japan Club. Japan Club is a student organization committed to promoting Japanese culture by holding many culture-based events throughout the year, such as Spring Matsuri and Ramen Night. Third-year Engineering student and Japan Club secretary Victor Yang gave an overview of Fall Festival.

"It's an event for people to enjoy themselves," Yang said. "We have food, it's also pretty casual. One of the goals of JC is to promote Japanese culture, and one of the ways we do that is through holding events like dance and educational events. But the Fall Fest and Spring Fest we have in each semester are the largest."

The Fall Festival was an event that was open to both members and non-members of the Japan Club.

There were booths that presented pieces of Japanese traditions such as the origami booth, as well as the calligraphy booth,

where students could try writing Japanese characters. There was also a table where visitors could make their own Teru-Teru Bozu — hand-made dolls that children in Japan make to wish for good weather.

There were also other tables that gave visitors the feel of traditional festivals in Japan. Jimmy Chiou, a second-year Engineering student and Japan Club vice president, shared one of the themes of the Fall Festival.

"If you are familiar with the night market event by TSA, we do a similar thing in the sense that we are trying to replicate the general atmosphere and activities of traditional Japanese festivals," Chiou said.

At the mask painting booth, people painted their own fox-shaped masks — an important element used in traditional Shintoism ceremonies and a fixture of Japanese summer festivals. Students also enjoyed various traditional Japanese toys like "Tap Sumo" and Kendama at the "Omocha" booth — which means "toy" in Japanese.

Japan Club made sure that all attendees were treated with delicious food. In addition to complementary Japanese fried noodles called "yakisoba," visitors could win Japanese snacks and candies through raffles and a trivia game.

Besides the interactive and culturally immersive booths, there were also two dance performances presented by JC Dance — a subgroup of Japan Club — in the latter half of the Festival. One performance was inspired by the traditional Japanese performing art, and another gave a dance performance with a modern Japanese pop song.

Second-year Engineering student Xin Chen spoke about her experience at her first Japan Club event, encouraged by her past interactions with Japanese culture.

"I grew up watching anime," Chen said. "And I had the chance to learn Japanese, and I've self-learned it for like a few years. When I went to other organizations' events, it was ... too crowded. But I think here is small and

there's enough space. I feel comfortable here."

From a perspective as an active club member, first-year College student Matthew Shafer shared his experience in the club so far this semester.

"I'm taking first-year Japanese, and my professor kept on promoting Japan Club," Shafer said. "Originally I didn't know what to expect, but it's really cool because they tackle a whole bunch of parts of Japanese culture that I never knew about, especially at the first JAPACONA I went to."

JAPACONA is a Japan Club-sponsored biweekly event with an educational focus that introduces different aspects of Japanese culture. Through such efforts, the Japan Club strives to promote not only the most noticeable aspect of Japanese culture — such as Japanese subculture — but also the history and cultural tradition of the country.

"They have so many events, like an event here and event there," Shafer said. "I'm just really excited to learn about the

things that [these] people are passionate about."

Fall Festival also welcomed guest performers from Virginia Wushu Club, a CIO that performs traditional Chinese martial arts. Chiou mentioned his appreciation for the performance.

"They've been a close friend of Japan Club for a while," Chiou said. "They performed for us last year, too. Their usual performance is more traditional, but they made it more Japanese for the Japan Club events."

In their performance using skillful "shaolin" and "long fist forms," they incorporated the elements of Japanese culture through costumes and music, such as the popular animated series "Attack on Titan" and "Jojo's Bizarre Adventure."

It is the capacity for cross-cultural interactions like this that helps make events like Fall Festival truly a worthwhile experience for all to enjoy on Grounds.



JASON ONO | THE CAVALIER DAILY

Students painted fox-shaped masks at one of the booths, an animal that holds traditional value in Japanese culture.

ARTS & ENTERTAINMENT

Annual Fashion for a Cause fashion show redefines ‘Savage’

Student run organization combines fashion and service

Anna Miller | Staff Writer

How do animal print jackets, cowboy hats, BDSM lingerie and trumpet style gowns coalesce? Only under the umbrella of “Savage,” the ingenious theme of Fashion for a Cause’s season nine show. This highly anticipated event is put on annually by Fashion for a Cause, a student run organization on Grounds dedicated to connecting the University with the Charlottesville community through a combination of artistic expression and community outreach.

Hosted at the DoubleTree Hotel, the show employed 16 different collections, varying from “Warfare,” which was full of militaristic and utilitarian aesthetics, to the full glamour of formal wear in the “Grandiose” collection. All together, the collections demonstrated the far reaching interpretations of “Savage.” Stylists showcased the many different — but equally valid — interpretations of the theme.

“When I think of ‘Savage,’ I think of being your own biggest fan and not caring what others think,” said Kourtney Bugg, fourth-year College student and this season’s fashion director. “Savage is a state of mind, not something negative.”

Her interpretation was evidenced by the show’s variety. Monochromatic Yeezy vibes and grungy all-black ensembles contrasted pink patent leather skirts and layered corset tops to prove there are no rules for how to be “Savage.”

Expertly choreographed student models moved like clockwork, seamlessly transitioning from one look to another. Through blue-steel-like gazes and fearless attitudes, they embodied “Savage” perfectly. Specifically in the collections, “Monsta” and “Lewd,” female models reigned. Their dominance over their male counterparts was purposeful, powerful and made the standout collection, “I Am Woman,” all the more compelling.

The only all female collection of the show, “I Am Woman,” exhibited a more conservative elegance that was in stark contrast to the previous, sexually-charged ensembles. Models walked their looks once, and then again, only this time with signs reading, “I Am Woman” in big black letters held high. The same women who, a song earlier, had been flaunting whips and chains were now

covered up, raising and lowering their signs in unison and proclaiming their womanhood in a new, equally empowering way.

This semester, Fashion for

cally within the Starr Hill, Westhaven and 10th and Page neighborhoods. To help bridge the gap between the University and the greater Charlottesville commu-

they do in Fashion for a Cause while promoting the power of creativity. In addition to volunteering, the club gives back by raising money throughout the

us so much,” said Ciara Blackston, fourth-year Commerce student and Director of Finance.

Last year, the club raised \$2,500 for City Schoolyard Garden, a local not for profit organization and longstanding partner of Fashion for a Cause, according to Blackston. The organization’s goal is to promote equity and community by fostering experiential learning in their various garden spaces. Currently, City Schoolyard Garden has eight gardens, one in each of Charlottesville’s public elementary schools, as well as Buford Middle School and Charlottesville High School.

In addition to working with organizations in Charlottesville, Fashion for a Cause has created its own FFC Scholar Program, designed to provide college scholarships for local Charlottesville students. Last year, the program provided three scholarships, one of \$750 and two of \$500 to deserving Charlottesville High School seniors.

“Last year we inducted our first class of FFC Scholars and we are excited to induct new scholars this year,” Blackston said. “At this moment, we are still finalizing numbers from the show but it is our aim to have \$5,000 to donate.”

As much as the show was about fashion and philanthropy, it was equally about community. Each look was accompanied by roaring applause, as friends, family members and complete strangers cheered their support for the models on the runway and the club members behind the scenes. No model garnered more attention than second year College student David Askew, who doubles as the club’s Male Model Chair. His sass and swagger were undeniable, and his death drop — yes, death drop — was a standout moment from the show that had the whole audience on their feet.

The show concluded by recognizing the club members who made the event possible. From the makeup team to the stylists, the production was truly a team effort. The show’s drama and beauty successfully proved “Savage” means more than its negative connotation. To be, “Savage,” means to be brave, bold and confident, whether that be through dress or service — or both.



EMMA KLEIN | THE CAVALIER DAILY

Student models walked the runway at Fashion for a Cause’s season nine show, showcasing a variety of collections under the theme “Savage.”

a Cause partnered with Charlottesville’s City of Promise, a local non-profit whose mission is to improve educational and developmental outcomes for Charlottesville youth, specifi-

cally, club members volunteered at local schools, providing homework help and college mentoring throughout the semester. Through their volunteer work, they taught students about what

semester and donating their proceeds to various local causes.

“FFC feels that it is the responsibility of UVA. students to positively impact the Charlottesville community, as it has given

‘She Kills Monsters’ tackles grief in new, unfamiliar world

The dimension-bending play questions what we leave behind for our loved ones when we die

Eva Sirotic | Staff Writer

“She Kills Monsters,” a play written by Qui Nguyen, takes audiences into the fantasy world of the role-playing game “Dungeons and Dragons.” The play follows Agnes, an average woman living an average life before her entire family — including her younger, teenage sister Tilly — is killed in a fatal accident soon after she graduates high school. After the accident, Agnes begins to play “D&D” — Tilly’s favorite pastime — to connect with her sister in a way she was never able to do in real life. The sisters were not close while Tilly was alive, as Agnes focused on boys and school, and considered her little sister to be too nerdy to be paid any attention. However, while playing this role-playing fantasy game, Agnes begins to confront and recognize her grief, while learning more about her estranged sister than she could have ever imagined.

“She Kills Monsters” is currently being presented by the drama department and is staged in the Ruth Caplin Theatre. The theatre itself helps bring the role-playing part of the game to life, as the audience gets an almost 360 view of the stage, allowing for an immersive experience by letting the audience see what is going on from almost every angle.

The play also boasts an impressive set design. The stage had to believably switch from boring Ohio in the 1990s to the dynamic and magical world of “D&D” in seconds — which is no easy feat. This was managed impressively through a combination of costumes, lighting and digital media. Projectable platforms are installed in the background of the play where characters are introduced, the landscape is displayed and context is given. The lighting would switch from the unflattering fluorescent glare of high school hallways to flashing colors of a magical forest in seconds.

Another standout part of production was the attention to detail in the costume design. The costumes simultaneously enhanced both the realistic and un-special parts of everyday high school life as well as the awe-inspiring wardrobe and armory of the fantasy characters in “D&D.” Monsters came to life in a variety of ways, whether it be three puppeteers handling one tiny puppet demon or a team wheeling a giant Jell-O monster around the stage. The design and production elements of the show were by far the most thought-out and impressive on the stage.

Constant references to the ‘90s were made throughout the

show, giving the audience a sense of nostalgia and remembrance, much like the game itself. The soundtrack gave a clear timeframe for the audience, as characters were introduced via songs like “...Baby One More Time” and as monsters were defeated in a very ‘90s dance battle that featured a medley of top hits from the time.

The design of the show does everything it can to emphasize the difference between the real world and Tilly’s fantasy world. In the world of “D&D,” Tilly is revered and surrounded by friends. She is able to overcome almost every obstacle. Tilly is in control of every element of the world she has created. The audience and her sister, Agnes, soon learn that this was not the case in the real world. The world of D&D is an inclusive space — a haven where people are able to freely express themselves in any way they please. As such, queer narratives and themes are central to the show, which broadly examines the experience of being different. In the fantasy role-play world, people are able to act as their authentic selves in a way that they cannot do in the oppressive setting of a suburban high school.

However, it is in Tilly’s fantasy world where Agnes connects with her sister authentically, and is able to understand why she was so attached to the game. Director Marianne Kubik said the show is supposed to express the experience of teenagehood.

“I would like [audiences] to see what it’s like to be an adolescent and feel like they are the ‘other,’” Kubik said. “They don’t fit in and are constantly being told by their peers that they don’t fit in.” She sees D&D as an escape from this in the play. “[The game is] how they negotiate, trying to be themselves and explore who they are ... to have a chance to have experiences in a way that they have that they find that they’re not able to do in real life, because of social constraints.”

The space certainly gives that to Agnes, who desperately uses the game to bond with her late sister and must grapple with the fact that she did not put in the effort to get to know her sister while she was alive. Tilly’s world is a safe space for outsiders and it highlights the wish-fulfillment element of fantasy role-playing games, where the hero gets the girl, destroys bullies and lives to see another day.

“She Kills Monsters” runs through Saturday Nov. 23 in the Ruth Caplin Theatre.



COURTESY MARTYN KYLE

“She Kills Monsters,” currently being staged by the drama department, explores grief and teenagehood through the fantasy roleplay game Dungeons and Dragons.

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OPINION

LEAD EDITORIAL

Bring transparency to the recycling process at U.Va.

The University should not mislead the community about the efficacy of its sustainability program

Following a Board of Visitors meeting in September about sustainability and infrastructure around Grounds, The Cavalier Daily reported that the University is nearly six years ahead of schedule in its initial plan to reduce greenhouse gas emissions by 25 percent. Coupled with U.Va. diverting “6,500 tons from landfills by recycling 44 percent of its waste,” it appears as if the University is a poster child for sustainability. But, after digging further into the fate of these recycled materials after they leave Grounds, it is questionable whether the University is actually reducing its carbon footprint to the extent that they claim.

The University’s website offers a short, undetailed description of the recycling services they offer. This list simply outlines what can

and cannot be tossed into the recycling bins, including various metals, cardboard, glass of all colors, paper products, electronics and plastics #1-7. However, this exhaustive list is actually quite deceptive. The reality is that most plastic cannot be recycled, meaning even if plastic is tossed in the bin, it may still end up in the landfill.

Some waste management companies blame this on consumers, calling them “bad recyclers” for being unaware of what can and cannot be recycled. Yet, most facilities only recycle certain types of plastics because some small or flimsy items, such as plastic grocery bags, cause machine malfunctions that shut down the system completely.

Recent geo-political developments have further compromised

the global market for plastics. China’s decision to ban imports of “dirty foreign garbage” shocked the United States recycling system, since the country previously processed the majority of our recycled waste. This led to what many believed to be the “death of recycling,” given that U.S. companies cannot presently handle the excess supply as effectively.

Despite these setbacks, the University remains adamant that it will continue to accept and recycle all plastics. In fact, in its contract with Sonoco — the company responsible for processing all of our recycling — the University requires each item actually be recycled instead of being tossed into a landfill following pick-up. However, Phil McKalips, director of the Rivanna Solid Waste Authority, reported speaking with a

manager at Sonoco and was told that “the 3-7 plastics were just landfilled.” This in particular reveals how flawed our recycling system is, given major organizations advertise intensive recycling programs that appear to fall short and send large quantities of plastic to landfills or incinerators.

Given the many flaws in the U.S. recycling process, the University should attempt to reduce its carbon footprint in other ways, starting with a re-evaluation of its energy sources. With 27 percent of its heat coming from coal, the University has been labeled by Facilities Management as “a major source of hazardous air pollutants.” This not only poses significant dangers to human health, it also is a considerable obstacle for the University to realize its goal of being truly sustainable.

While the University is reporting meaningful reductions to its carbon footprint, the lack of transparency regarding where our plastic actually ends up calls this so-called sustainability into question. The University must both hold Sonoco accountable for what it is doing with our recycled materials and continue to implement further changes to reduce our environmental impact. This crusade to combat climate change can’t be successful if it’s all for show.

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Submit a letter to the editor to opinion@cavalierdaily.com

Protect the independence of student media

To provide legitimate spaces of discourse in their academic communities, student-run publications must report candidly on tough issues

The Cavalier Daily ran a column earlier this month shedding light on the newspaper's tumultuous path to financial and legal independence. The forgotten story details the organization's rejection of then-University President Frank Hereford's attempt to censor its coverage of persistent racial issues plaguing the University community in the late 1970s. As a result, The Cavalier Daily lost the majority of its financial and legal support and has continued to distance itself from the University as a benefactor ever since.

Today, campus journalism across the country faces threats on all fronts. It is burdened with balancing the particularities of university censorship and student demands, all while maintaining a semblance of objectivity. As freedom of speech on campuses confronts challenges from various adversaries, it is important to remember the principles of candid and comprehensive reporting that guided The Cavalier Daily to journalistic independence.

At universities throughout the United States, the student press serves as the official defender of

unrestrained and honest discourse about any number of issues. As some of the sole platforms students possess to explore and debate particular issues facing their academic communities, campus media organizations have the responsibility to protect freedom of expression. By virtue of this task, these organizations often run the risk of expressing editorial opinions or publishing

fill an essential role as arbiter between broader student opinion and the universities they attend.

But the intellectual tug-of-war playing out on American campuses is not confined to the student media versus college administrators. A new strain of censorship involving large-scale intimidation by students opposed to the reporting of particular sensitive subjects has

Immigration and Customs Enforcement for comment in their coverage of a rally calling for the agency's abolishment. The university's Undergraduate Council recently passed a resolution in support of the club, implicitly upholding this selective and pernicious form of censorship.

Similarly, Northwestern's student newspaper issued an editorial apologizing for its coverage of for-

their academic community, student-run media provides a public forum for this information to be digested and debated openly. The attempted exertion of control over student reporting by universities and from fellow students amounts to little more than blatant censorship.

Given the tendency of prestigious schools to flaunt their high levels of student engagement, the stifling of unflattering or contentious speech in the community creates an unavoidable double standard. By the same token, student attempts to curb the objective coverage of events on campus endangers the ability of student journalists to provide comprehensive and accurate reporting. For student media to be truly independent, it must provide a platform for intellectual discourse and deliberation by not shying away from tough issues.

“Rather than attempting to engage in discourse with published material they disagree with, student protesters are demanding its erasure.”

sensitive content at odds with university leadership.

The natural function of student-run newspapers is to channel and publicize a wide-range of student sentiment, which often takes the form of disapproval toward specific collegiate policies. In the case of The Cavalier Daily, this disapproval manifested itself in the student populace's fight for racial equality and desegregation at the University. Accordingly, student-run publications

made recent headlines. Rather than attempting to engage in discourse with published material they disagree with, student protesters are demanding its erasure.

Recently, personnel from The Harvard Crimson and The Daily Northwestern faced censure at the hands of their classmates for standard journalistic practices. The former was boycotted by the student activist group Act on a Dream for reaching out to representatives from

mer Attorney General Jeff Sessions' visit to the campus and subsequent protests after widespread backlash to what was described as “retraumatizing” material. Operating under the ill-defined and vaguely applied concept of student discomfort, student protesters have sought to redefine the parameters of acceptable speech to exclude the coverage of viewpoints they oppose.

In addition to being conduits of information for students about

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An efficient, equitable course registration proposal

Students should be rewarded for academic performance and protected from system failures

Earlier this month during course registration, the increasingly common tradition of Student Information System malfunctions reared its ugly head once again. The outage — lasting for several hours on the first day of enrollment — affected thousands of fourth-year students and was purportedly linked to a “piece of inefficient code found within the new SIS interface,” mirroring a 2017 incident of the same nature. What further aggravates this situation is the fact that the system of randomized enrollment ends up hurting many academically gifted students who have the ill fortune of being assigned later time slots — which this year were more vulnerable to technical setbacks. Time and time again, University ITS has proven itself incapable of formulating a comprehensive remedy to this recurring issue, so perhaps a novel approach to enrollment is necessary, prioritizing efficiency and equity among students.

I observe two primary problems with our current system. First, University servers are simply incapable of handling surges in active sessions each semester — an inevitability of the enrollment process. Chief Information Officer Virginia Evans has cited increases in the number of servers to theoretically prevent these seasonal outages. But, if the solution

was truly as simple as adding a few more servers, common sense tells us that this would have been done a long time ago, yet blackouts and slowdowns persist year after year. Second, allotment of signup times are arbitrary and inequitable. Since students are forced to use such volatile systems, it is unfair that some are randomly subject to outages,

several months during which to modify their course selections, and there would be no demonstrable effect on wait lists or enrollment probability since the same quantity of students would be signing up, just across a broader time frame.

That being said, while such a change would reduce the strain on University servers — thereby

menting such a merit-based system would be to simply assign enrollment times based on a student's GPA in the preceding semester. Obviously, this would only be the deciding criterion from 2nd year onward, but I think an extrinsic reward system would serve as motivation for students in addition to being a fair way of allocating signup times.

major GPA after declaration, thereby excluding introductory courses as well as GPA “boosters.” That way, even if students select easy classes to artificially inflate their academic performance, it wouldn't help their enrollment time in successive semesters. Another counterargument is that some majors with easier course work would have an advantage, and the available data indicates that this is indeed the case. However, a simple solution would be to simply weight major GPA relative to the publicly available averages, so that nobody receives an inherent advantage.

Extending enrollment so that it takes place over the course of two weeks will reduce the strain on University servers and holistically make the process a lot less painstaking and stressful. Coupling this with a merit-based system for signup assignment will ensure that the most academically committed students are rewarded for their efforts. Together, this would help to create an efficient, ethical means for course enrollment, bolstering the spirit of the student body with healthy competition in the process.

“A straightforward way of implementing such a merit-based system would be to simply assign enrollment times based on a student's GPA in the preceding semester.”

potentially jeopardizing an entire semester.

To address the main concern of unmitigated activity spikes, I think a simple solution would be to disseminate enrollment timeslots over a two-week timeframe, rather than the traditional one-week scope. In essence, half of each class would begin enrollment on sequential days, with fourth and third years in the former week and second and first years in the latter week. That way, the stress on SIS servers would be cut in half for the entire signup duration — resulting in the same quantitative effect that doubling the number of servers would have. Moreover, students would still have

ameliorating many of the issues stemming from finite bandwidth — slowdowns and outages would not be wholly prevented, and those with later time slots would still be at a stark disadvantage. I find it unethical that random chance in enrollment assignment is the deciding factor for the fate of a student's entire semester — irrespective of that individual's prior academic achievement. Plain and simple, students who perform better than their peers should be rewarded with more preferable signup times that would give them better enrollment probability and avoid potential late-day technical setbacks.

A straightforward way of imple-

While students would still have a distinct advantage over underclassmen, it should be staggered so the highest academic achievers will compete against those in their own year. Lastly, it will always be possible for a student to quickly reverse their fate, as only the previous semester's GPA would be considered.

A notable counterargument to such a system is the possibility of a self-fulfilling prophecy. Those students with high GPAs would theoretically be more likely to select easier classes, in turn setting them up for better enrollment times in successive semesters. While this argument has merit, I think an easy way of mitigating this risk would be to consider

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HUMOR

Ariana Grande infected with the first-year plague

It's finally November here in Charlottesville, and we all know what that means. Students crowd together in libraries before finals like chickens in a factory farm awaiting slaughter, first-years walk a mile to frats in freezing cold weather without jackets (it'll ruin the 'fit) and nobody has used hand sanitizer since their mom stopped stuffing it in their backpack. These factors combine to create the ideal conditions for the most sinister of all diseases to flourish — the first-year plague.

Most years, it isn't a problem. It affects a few thousand of us nobodies and we go to Student Health, only to be told to make like a straw and suck it up. But this year, it has grown more powerful than ever before, and a celebrity has been caught in its malicious grasp. The first-year

plague has infected our Lord and Savior Ariana Grande.

Grande has become somewhat of a patron saint of Charlottesville thanks to her charitable contributions over the years. After the white supremacist rally of 2017, she blessed us with her performance at A Concert for Charlottesville. This event raised a significant amount of money to promote healing among victims and the city as a whole. Then, she found it in her heart to come back to Charlottesville to perform for our lowly a—es the most glorious concert ever to grace the John Paul Jones Arena. In return, we infected her with the motivation destroying and GPA lowering first-year plague.

Via a series of heartbreaking Instagram stories, Grande revealed that she's been feel-

ing sick since her mid-October show in London, but she has been pushing through the pain. That is, until she visited Charlottesville. Her weakened immune system only made it easier for the first-year plague to strike. Leading medical experts agree that one of the gremlins who lives in dorms must have gotten too close to her, or perhaps just screamed too loudly, and their pathogen-ridden saliva molecules traveled through the air and into the multi-platinum, Grammy Award winning artist.

Our Queen posted a picture in which she is steaming her throat and said that she couldn't swallow or lift her head. As all U.Va. students know, throat and respiratory issues are two of the most common indicators of plague infection. What makes

the plague so deadly, though, are the unique symptoms that linger even after the common cold-like symptoms cease. One of the tell-tale signs of first-year plague infection is a severe lack of motivation, often rendering the patient unable to lift their head from their pillow in order to make it to their 9 a.m. class.

Sadly, she had to cancel her Nov. 17 concert in Lexington, Ky. This is only further evidence that she's been infected with the plague, as nearly all late-term sufferers find themselves cancelling plans at the last minute in favor of some extra time in bed watching "Friends."

If her strain of the disease progresses along the same course as the typical U.Va. variety, she may experience —

- Acute anxiety stemming from impending exams

- Existential fear of not measuring up to her successful peers

- Nicotine addiction, often alleviated by JUUL usage

Treatment consists of —

- Shamelessly begging her TA for extra credit, even though it clearly states "no extra credit" in the syllabus

- Stress-eating six slices of Christian's pizza

- Shotgunning an alarming amount of White Claws to take the edge off

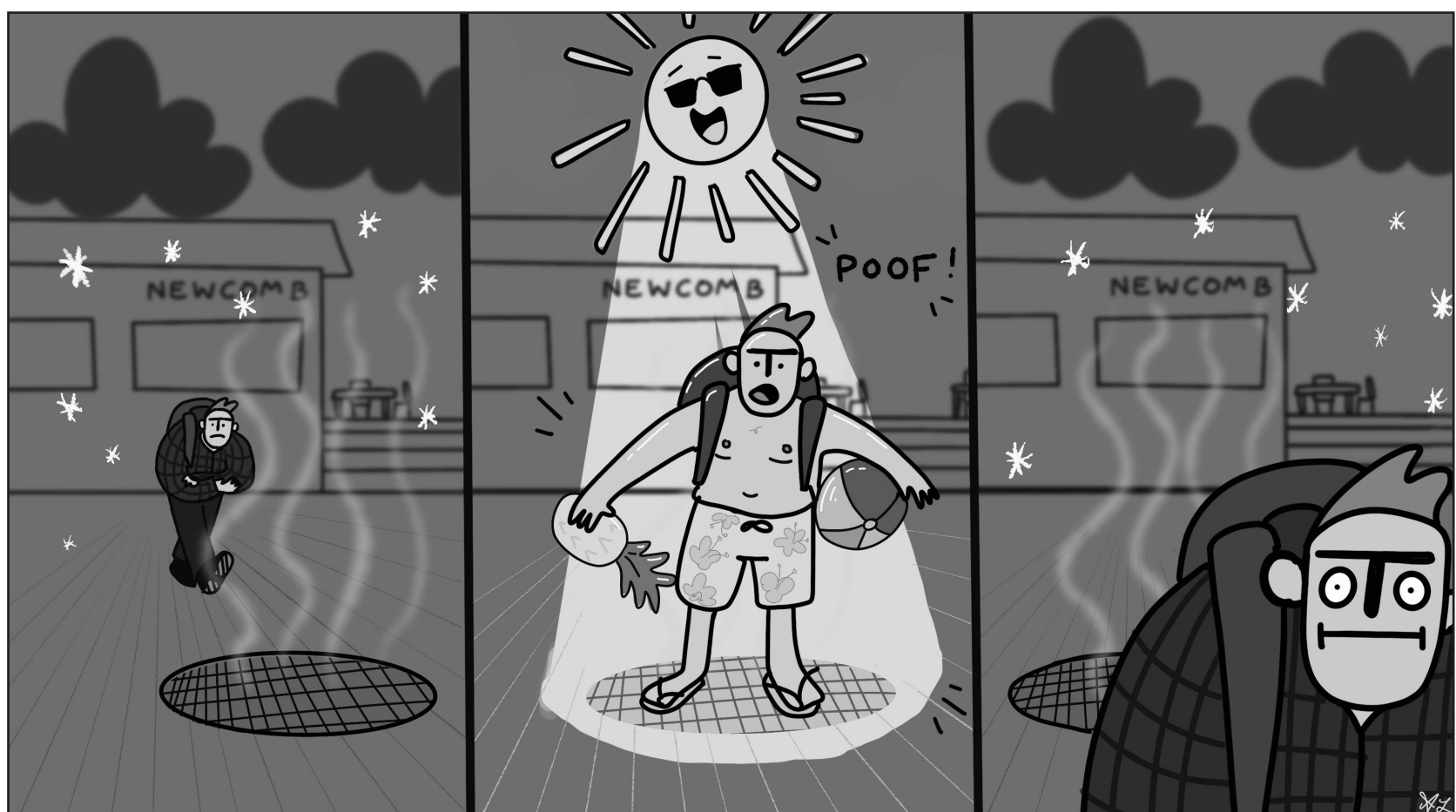
Hopefully, she's able to make a full recovery by winter break, and this absolute travesty is righted.

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CARTOON

Warm adVENTures

Audrey Lewis | Cartoonist



PUZZLES

WEEKLY CROSSWORD PUZZLE

Dan Goff | Puzzle Master

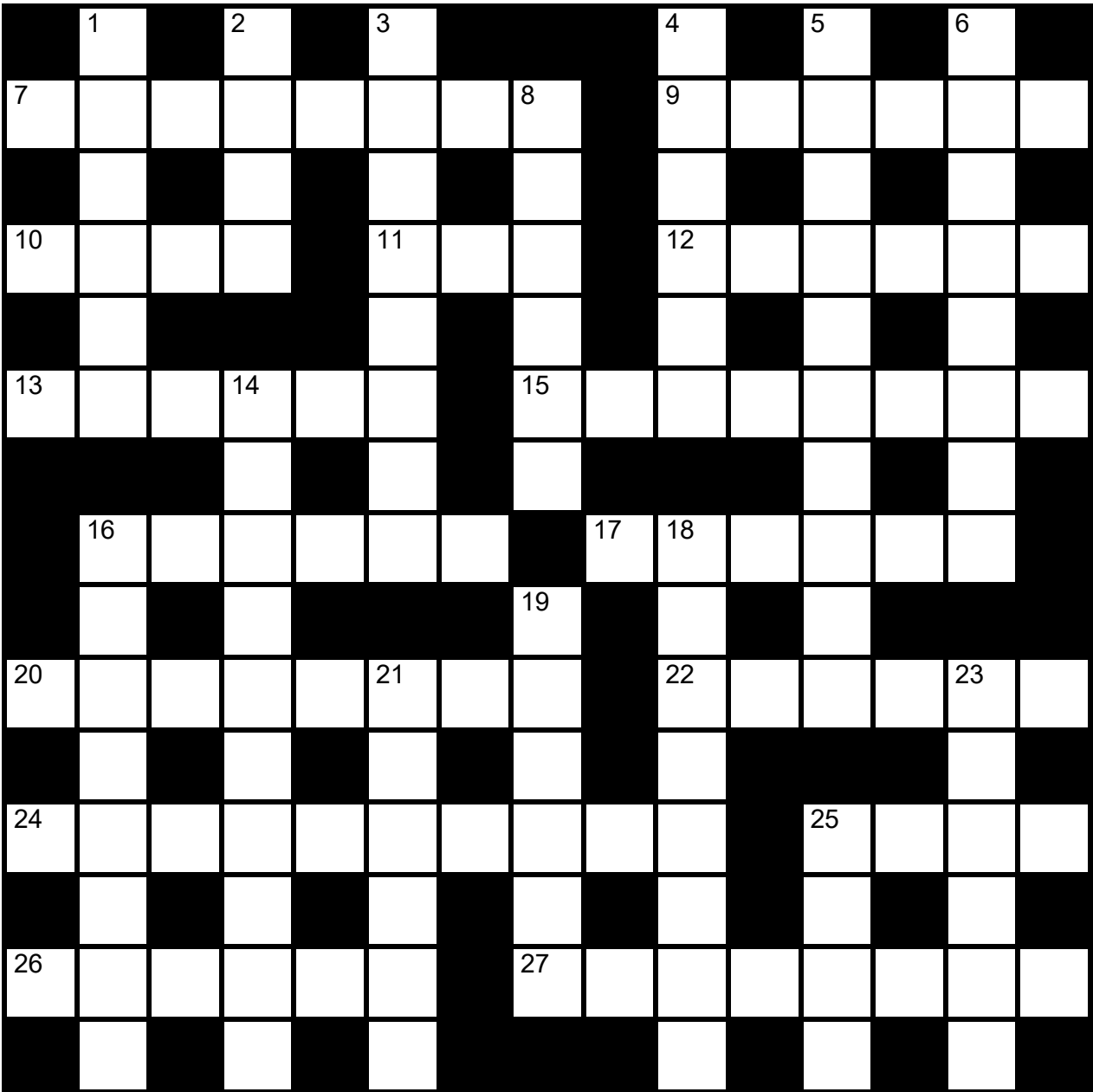
* THE SOLUTION TO THIS PUZZLE CAN BE FOUND IN THE NEXT ISSUE

Across

- 7 If you're planning to get home for one-down using this type of vehicle, I hope you've already bought a ticket
- 9 New, untouched
- 10 Female-hosted talk show created by Barbara Walters
- 11 Greek expression of emotion
- 12 2003 Korean thriller remade by Spike Lee in 2013
- 13 Two-word breakfast tool
- 15 Vegetarian option of one-down meal staple
- 16 Soon after the break associated with one-down comes this much longer one
- 17 French adjective used to describe someone unfulfilled
- 20 Generally thought to be the largest moth in North America
- 22 Traveling group of performers
- 24 Corruption of something, often with sexual implications
- 25 Write-up for the deceased
- 26 Plant of the parsley family
- 27 Not a child, but not middle aged, either

Down

- 1 In America, Thanks___ is celebrated on the fourth Sunday of November
- 2 Female arm-wrestling group founded locally
- 3 Separate two things
- 4 "You're ___ ___. No more for you."
- 5 Three-word Latin phrase used in Trump impeachment hearings
- 6 Fuel oil
- 8 Nest is a local company operating in this field
- 14 Conflict with a law or principle
- 16 "I can meet _____. You pick the place."
- 18 Atomic number 89, symbol Ac
- 19 What one-down is typically about celebrating
- 21 Rotund
- 23 Fussy, prim
- 25 Group sex

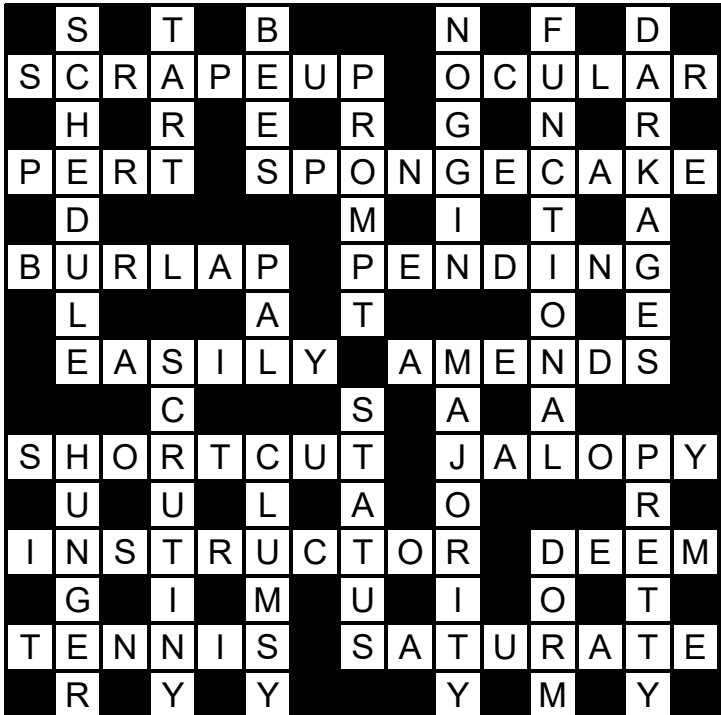


CORRECTION

In the November 14 edition of The Cavalier Daily, the article titled "BOV hears public comment on proposed tuition increase," previously incorrectly labeled Liz Magill as a member of the Board of Visitors. It has since been updated.



* SOLUTION FROM LAST ISSUE



SPORTS

The mounted Cavalier, then and now

A history of the Virginia tradition, from Club Polo to Kirschnick

Hannah Young | Feature Writer

It's Saturday, and Scott Stadium is full of screaming fans, clad in blue and orange. The percussion starts, the fire shooters flare and out charges the Cavalier on horseback, sword poised, ready to fight and ready to win.

Traditions are the backbone of the Cavalier community. Along with school-specific terminology for grade levels and "Grounds," zeal for streaking the Lawn and love for the "Good Ol' Song," the mounted Cavalier is a tradition specific to our school with a long, unfamiliar history.

According to Virginia Sports, the first Cavalier on horseback — Francis Bell — debuted in Virginia's home football game against Harvard Oct. 11, 1947. Bell was joined by one other unidentified horseman and both participants were members of the Student Independent Party — a political group unassociated with fraternities.

Class of 1959 alumnus Charles Brooks can recall cheering for the Cavalier on horseback at home football games and is proud of the tradition the mounted Cavalier represents today.

To Brooks, the Cavalier on horse-

back represents "the good guy' coming to the rescue of whoever is in need," as a symbol of strength, force and tenacity.

From 1963 to 1973, the mounted Cavalier remained but was only represented by the Virginia Club Polo team, beginning with student-rider Doug Luke. Riders and horses were provided by Virginia's Club Polo team.

With the 1974 implementation of astroturf in Scott Stadium, the tradition was put on hold and the Cavalier performed solely on foot.

In 1989, the Cavalier on horseback returned in the Florida Citrus Bowl after the University's failed experimentation with alternate mascots. At that point, the honor of being the Cavalier was shared by Charlottesville mounted police and various members of the Virginia Club Polo team.

The mounted Cavalier's made a return to football games in 1989.

"[It's] something different from other schools, to make sure the fans got to the stadium early and had a more individualized pregame show,"

current rider Kim Kirschnick said.

Class of 1994 alumna Kristina "De-Koz" Georges was one of the few Club Polo members chosen to be a Cavalier on horseback when Polo team members alternated with Charlottesville mounted police.

Representing Virginia on horseback was a way polo coaches recognized outstanding members of the club who were typically in their third or fourth years. As treasurer for two years and vice president of the Polo club, Georges was selected to ride Sept. 17, 1994 in Virginia's home football game against Clemson.

"I was nervous, but I was so excited because it was something I'd dreamt of doing for years," Georges said. "It was exhilarating. It was absolutely one of the highlights of my time down there."

Being chosen as a rider from the Polo Club was an immense honor for the jockeys and their peers.

"We didn't want to brag about it, but then again, our friends were pretty proud of us," Georges said. "You just couldn't tailgate that day."

From 1963 to 1973 and from 1989 to 2000, Virginia's Club Polo team provided both the rider and the horse. Two horses were used — an additional one was brought in for backup.

"They were horses that were known for being dependable and okay with the noise," Georges said. "They would actually put ear plugs in the horses ears ... You just can't imagine. I guess the football players are used to it but it's just so loud being down there on the field."

For the opening ceremony, polo team riders were instructed to ride one loop around the football field to rally students and fans.

"Honestly, I was having such a good time that I did a second loop," Georges said. "I didn't want it to end."

In 2000, Kim Kirschnick began his career as "the man on the horse." Nearly two decades later, Kirschnick is still the Cavalier and remains a fixture at athletic events.

When asked about the transition from the student participation of the polo team to the hiring of Kirschnick, Georges suggested the change must've had something to do with liability.

"The crazy thing is the polo program is one of the most successful teams at the University," Georges said.

In fact, Virginia Polo has won 20 national championships and made it to the finals 46 times.

While the reason for the transition still remains unclear, it is apparent that Kirschnick and the tradition of the mounted Cavalier are beloved by students and the Charlottesville com-



COURTESY VIRGINIA ATHLETICS

Since 2000, Kim Kirschnick has been the mounted Cavalier at Virginia games.



COURTESY VIRGINIA ATHLETICS

Virginia's Club Polo Team provided riders and horses for home games from 1963 to 1973 and from 1989 to 2000.

munity.

"I've grown up watching Virginia football and my favorite part of games since I was little has always been the Cavalier's powerful entrance," first-year College student Ellie Thatcher said.

Kirschnick is in his 19th year as the Cavalier and has become a well-known and beloved symbol of the University.

Kirschnick describes his career as an extremely humbling experience and feels fortunate and lucky to be able to perform with his horse.

Besides home football games, Kirschnick and his horse Sabre have participated in several other Virginia events. Kirschnick fondly recalls riding in the 2017 Military Bowl in Annapolis, Md., and what it meant to the Virginia fans there.

"There were a lot of alumni from the Baltimore, Md., area that came up and thanked me for coming to the bowl game ... they appreciate the effort," Kirschnick said. "It means a

lot to have your school not only represented on the field but by your mascot as well."

Kirschnick continues riding as the mounted Cavalier today because of the importance of the tradition to different segments of the University community.

"Every year you do it, you get a little more humbled when you realize how much this tradition means to the alumni, the faculty, the students, the toddlers, the first-years and the fourth-years," Kirschnick said. "Everybody shows a different kind of positive expression of what it means to them."

Be sure to watch and cheer on Kirschnick and Sabre Nov. 23 at 12 p.m. when football takes on Liberty at Scott Stadium.

What traveling is really like for Virginia student-athletes

Travel days and road trips have their ups and downs athletically and academically

Vignesh Mulay | Sports Editor

It's no secret that student-athletes at the University face a lot of challenges — early morning practices, multiple games each week and juggling all of that with a full academic course load. While the pressure to perform on and off the field is always present, the mental and physical toll that athletes face come to a head on travel days.

Travel days are unavoidable for virtually all Virginia athletes, regardless of the sport they play. Given the rigorous schedule of NCAA Division I programs, varsity athletes have to travel often to compete in road games and competitions in other cities and states. These trips can vary significantly in distance from as close as Richmond to as far as California.

While travel days themselves can be difficult, the impact they have on student-athletes' academic lives is an even greater challenge. Players often have to put their coursework on hold for these trips. Accordingly, the preparation for travel days begins well in advance.

"If I know that I'm going to be gone [for a race or regatta] that week and not have much time, I'll go to the library right after practice during the week and get as much work done as I can," junior rower Emily Ashton said.

In addition to working overtime, student-athletes are responsible for making sure everyone involved — from the athletics department to classmates and professors — are on the same page. Travel days can often disrupt normal schedules, and it's not uncommon for student-athletes to miss lectures, discussions and group meetings. Players generally carry the burden of minimizing those complications.

"I'll email any professor or TA in the class that I'm missing and just say 'Hey, just a reminder, I'm going to be gone. Is there anything you need from me?' and make sure I'm in communication with them so they're not like, 'Oh, where's Emily?'" Ashton said.

Even after Virginia athletes put in extra hours during the week, the actual travel day still awaits.

Road trips for athletes normally begin Thursday or Friday with the team returning to Grounds Sunday. For many athletes, the start of a travel day begins with an early-morning visit to the John Paul Jones Arena parking lot.

"For traveling, normally, the bus leaves at 7 a.m. depending on where we're going," Ashton said. "Usually, I get up at 6 a.m., get my stuff together and we get on the bus. If you're not there, we don't wait."

The drive on the bus can take anywhere from two to seven hours, with destinations as far as Princeton, N.J. Any trip longer than a six-hour drive generally requires a flight out of Charlottesville-Albemarle or Dulles International Airport.

Student-athletes pass the time on the bus in very different ways. For Virginia field hockey's sophomore goalkeeper Lauren Hausheer, the trip is a perfect time to catch up on her rest.

"[I get some] sleep," Hausheer said. "A lot of sleep. Some people do work, a lot of people either talk or just hang out."

However, the bus isn't always quiet, especially when the music starts playing. For Hausheer and her teammates, favorites like "Sweet but Psycho," "Dreams and

Nightmares" and "Truth Hurts" can quickly liven up the atmosphere.

"Erin [Shanahan] has a speaker we always bring, so we'll listen to music, sing, dance around and goof off," Hausheer said.

Although it can be fun sometimes, sitting on a bus or plane for hours at a time can take a toll on an athlete. For Ashton and the women's rowing team, who already compete in a highly-intensive sport, traveling can even affect how they perform in a race. Nonstop flights and bus rides with just a single rest stop can create problems for anyone, especially those that have to stay in peak physical condition.

Things don't get easier for student-athletes once they reach their destination. From reviewing film to practicing and playing, Virginia players have to work hard to prepare for Division I competition against the country's best. In terms of academics, student-athletes can only spend a couple of hours on schoolwork.

"[The] worst part is that you really have no time to do work," Hausheer said. "[There's things to do] pretty much from the first thing in the morning to the last thing at curfew at night."

Despite a lack of free time, there's plenty to love about road trips for student-athletes.

For instance, traveling can be an opportunity to dine somewhere other than a dining hall or a spot on the Corner. Whether it's a restaurant selected by coaches, a home-cooked meal from parents or food bought using per diem — a daily allowance for purchasing meals while traveling — away games and good eating seem to go hand-in-hand.

"The food [is the best part]," Hausheer said. "We go out to dinner a lot ... The chicken parm is the move. We always go to Italian places, and that's always really good."

Besides the food, hotel stays are another highlight of traveling. Given the pressures of collegiate athletics, unwinding in a

hotel room can be a blessing.

"Staying at hotels with your friends is fun," Hausheer said. "Being able to hang out with them and just goof around. Sometimes we'll play Mario Kart or other games ... That's when you get the most close to your teammates, when you spend time with them off the field."

Even after the games are done, there is still one more challenge for student-athletes before the road trip ends. After a long weekend, student-athletes — who are exhausted, hungry and stressed — have to endure the journey back to Charlottesville. These trips can be even more tiring when things don't go as planned. From bottoming out in North Carolina to getting stuck in traffic with an at-capacity bus, complications during a road trip can happen at any time.

Ironically, the worst day during a weekend of traveling might be the day Virginia athletes return to Grounds. On one hand, coming home is a relief. On the other, the road home can be uncomfortable in and of itself and being back at U.Va. doesn't mean a student-athlete's work is done.

"Traveling takes a lot out of you," Hausheer said. "Bus rides and planes are really tiring. So you get home Sunday night, and you want to do work and have to do work, but you're drained from playing in the game and traveling back home."

Regardless of their commitments as athletes, Virginia players have the same expectations as any other student when it comes to academics. While the rest of the student body can take advantage of the entire weekend, student-athletes don't have that luxury when traveling.

Instead, they have to find other ways to make sure they stay on track. From long nights to completing assignments in advance and relying on each other for help, student-athletes have learned to adapt to a necessary part of their lives as athletes.

Despite the challenges of traveling, it seems like there's one positive for all student-athletes — the opportunity to build relationships with teammates, coaches and athletic staff. Road trips provide an opportunity for Ashton, Hausheer and other Virginia athletes to bond with the people they work with on a daily basis. Being surrounded by friends and family can make even the most strenuous travels bearable or, better yet, enjoyable.



COURTESY VIRGINIA ATHLETICS

Like many teams on Grounds, Virginia field hockey travels to road games each year to compete against various teams across the country.

HEALTH & SCIENCE

U.Va. Health responds to outrage of billing practices

The 16-person council made up of University and community members is looking to represent the diverse financial perspectives of patients

Lucie Rutherford | Senior Writer

The University established a Billing and Collection Practices Advisory Council Oct. 28 in response to a Washington Post article published Sept. 9, which exposed the University Health System for the extreme billing, money collection practices and lawsuits that were pushing lower- and middle-class patients over the financial edge. The advisory council's next meeting is scheduled for late November.

According to the article, patients were sued more than 36,000 times for over \$106 million over the course of six years until June 2018. The bank accounts and wages of patients were seized, properties and homes were liened and families were forced into bankruptcy.

The Council held its first meeting Oct. 30, and it is made up of 16 individuals from different sectors within the University and Charlottesville community, in hopes that the University Health System will hear the stories and gain insight from all perspectives. Elizabeth Beasley, director of community partnerships for the University Health System, is serving as the Council's staffing member. With the role to build mutually beneficial relationships between the Health System and community partners, Beasley was asked by the Health System leadership to identify key stakeholders that the hospital would want to hear from.

"Council members were selected to provide a range of community voices, including community members with leadership roles," Beasley said. "Some were nominated by other leaders and stakeholders and some were asked to join based on my working relationship with the individuals."

Karen Waters-Wicks, community education coordinator at Albemarle High School, will act as the facilitator for the advisory board. As someone who was married to a graduate student and then became a single mom and who has worked very closely with Charlottesville's low-wealth community in Charlottesville, Waters-Wicks brings a unique perspective to the table.

"This group has been convened to gather information and provide feedback and guidance to the University ... on whether the changes they're going to put into place are workable," Waters-Wicks said. "We're trying to learn more about what has happened, what's being proposed going forward and make sure that it is going to do the least harm as possible to the community."

In addition to Waters-Wick's

perspective, the Council includes a wide range of individuals, from a clergy member and Latinx community translator to a health care reform worker and West Haven Clinic nurse. The Council will also be in communication with the chief financial officer of U.Va. Health, Douglas Lischke, who ensures the hospital runs in the most cost-effective manner and manages records. Fifth-year Nursing student Tyler Gaedecke will serve as the undergraduate representative on the Council.

"This is a group of people who want to know what the community thinks," Gaedecke said. "Whether or not people feel heard by the Health System, they can definitely feel heard by us ... We're there to represent people as they want to be represented."

According to Gaedecke, the pressure from America's overall healthcare system to make a high profit has made it appear impossible for hospitals to change their practices.

"We need to challenge healthcare systems and providers to see

themselves as agents of change with a lot of collective bargaining power," Gaedecke said. "Change has to start somewhere with organizations finding new and more creative ways to support their patients and communities instead of operating solely within the same systems of power and profit as their peers."

Through his clinical hours in the West Haven clinic, Gaedecke has heard many first-hand accounts on the effects extreme health care costs have on families in the area. It is through these stories that Gaedecke hopes to make changes.

"More than anything, I just think that healthcare needs to start being more of a community effort," Gaedecke said. "I think that it's such a business these days, that it's no longer about the people it serves. What we need to do is use stories and situations like this to fuel our desire to change what the bottom line is."

According to Waters-Wicks, the cost of service and confusing billing practices contributed largely to hos-

pital collection concerns, leading patients to pay more than necessary. In the past, patients could get multiple bills from multiple entities, making it easy to mistake important bills for junk mail, causing patients to end up in collections and then court.

Since the hospital's billing and collections actions have been brought to the table, changes have been implemented to alleviate some of the financial burden, and lawsuits have seen a drastic decrease, Waters-Wicks said. Lawsuits on anyone earning less than 400 percent of the federal poverty guideline will be terminated. For example, a family of four making \$103,000 falls into that category. Before, patients were sued for money amounts ranging from \$13.91 to \$1 million, according to The Washington Post article. Now, U.Va. Health will not see legal action on patients owing less than \$1,000 regardless of their income. The hospital will try to get a payment plan for these patients but won't seek a judgment in court. This will be applied to any open bal-

ances that date back to July 1, 2017.

With the establishment of this Council, the goals go further than simply fixing the University's issue. Both Gaedecke and Waters-Wicks see this issue as not only local but also national, as this new system could serve as a model for other institutions around the country.

"I think U.Va. has the opportunity to be a leader in this," Gaedecke said. "It feels like we can solve our problem in a way that we can also support communities like ours, everywhere ... and I hope that we can be brave enough to do that."

"Just in our current environment, healthcare is a major issue," Waters-Wicks said. "When you look at out of pocket costs, you're one injury or one illness away from financial ruin. U.Va. is one of the top institutions in the country ... if we can't figure this out, there's a problem. If anybody can figure it out, U.Va. should be able to, and I'm glad that the community is going to hold them accountable for it."



ANDREW WALSH | THE CAVALIER DAILY

Since the hospital's billing and collections actions have been brought to the table, changes have been implemented to alleviate some of the financial burden.

U.Va. physicists explore subatomic questions

With these experiments, researchers hope to address the asymmetry between matter and antimatter

Amanda Talalaj | Staff Writer

University physicists are beginning to make their mark on two multi-million dollar experiments in particle physics by contributing their research analyses to experiments with the Fermi National Accelerator Complex — Fermilab for short. These experiments, called the Muon-to-electron Conversion Experiment, or Muze, and an additional neutrino experiment called NOvA, have the potential to drastically change what is known within the field of particle physics today. While NOvA is underway, Muze experiments are scheduled to begin in 2023.

Through the Fermilab experiments, the field of particle physics — which concerns itself with studying the most minute components of matter and their interaction — is likely to undergo major sources of discovery. Composed of a seven-particle accelerator series, Fermilab provides beams of particles to various physics experiments. The lab has been home to cutting-edge physics research for over 50 years.

“There are many experiments at Fermilab, and U.Va. has a long history of contributions to these experiments,” said Craig Group, associate physics professor and scientist involved in both projects. “Personally, I was an employee at Fermilab before I came to U.Va., and even before that my PhD thesis was on a Fermilab experiment.”

In the summer of 2007, the University physics department wrote an expression of interest to get involved with Fermilab, as well as a letter of intent in the fall. The Department of Energy approved the proposal in November 2009. The University first received funding in 2010, and the experiment has been in construction since 2016. Since then, the project has amassed around 245 scientists and engineers currently working on Muze from 40 institutions and six different countries.

“We are still in the construction stage, which will last for another year and a half,” said Craig Dukes, physics professor, head of the Institutional Board and head of the Cosmic Ray Veto Group. “The detector will be installed in 2022 and we start running the experiment in 2023. Muze is a \$270 million endeavor, and not only one of the major projects of Fermilab, but one of the flagship experiments in the world of elementary particles physics.”

Dukes explained that the field of elementary particle physics has already developed a standard model to describe the subatomic world

using particle accelerators. Even though this model has had the most success so far, it still fails to address dark energy, dark matter and the asymmetry between matter and antimatter within the universe.

Muze’s goal is to prove a particle called a muon can convert into an electron — a process that cannot be explained within the standard model.

“What we are looking for is equivalent to searching for a few grains of sand that are different from all the others on all the beaches and deserts on the earth,” Dukes said. “Should we find even one unambiguous event, it would be a paradigm-changing discovery,”

To maintain accuracy and precision within this experiment, University physicists are tasked with building particle detectors that count naturally occurring muons in space, a project known as the Cosmic Ray Veto. Through this process, the final count of muons will only include those that are man-made, and there will be less background data that could interfere with experimental results. In total, scientists will need 83 detector modules to surround the particle accelerator and minimize any errors to be produced in the collection of data.

Alongside Muze, University scientists are currently working on the running experiment NOvA whose construction was completed

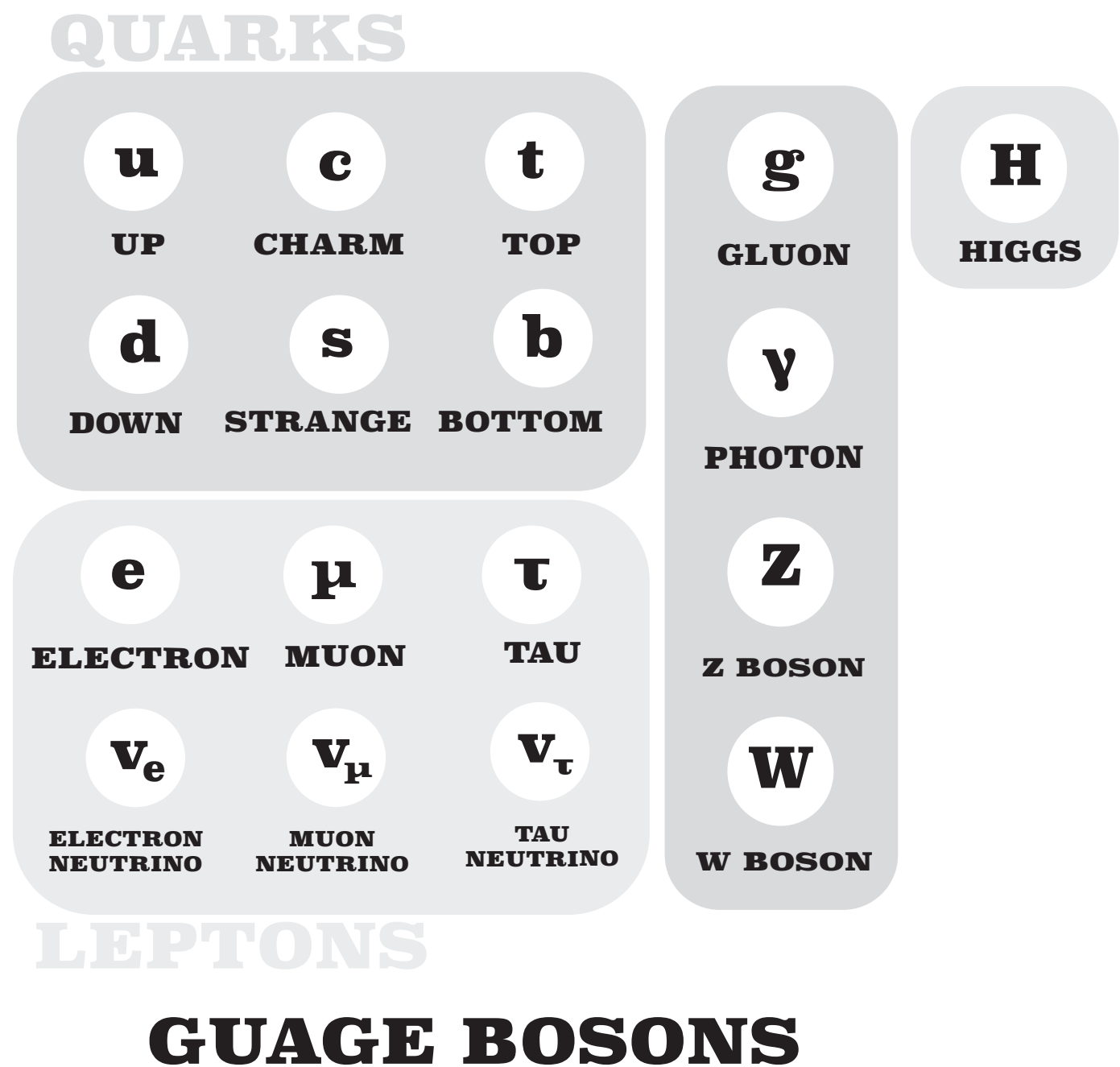
about four years ago and is measuring neutrino properties better than any experiment conducted in the past. Studying neutrino properties is important in explaining why the universe and its particles look and behave in the way they do.

“It is a long-baseline neutrino experiment — this means there are two detectors that are used to study how the properties of a neutrino beam change as the propagate,” Group said. “We have a ‘near’ detector at Fermilab about one kilometer from the beam source, and a ‘far’ detector in Ash River Minnesota about 800 kilometers away.”

Through these experiments, the University is also able to offer

mass opportunity for undergraduate involvement, such as through fourth-year College student Ben Barton, who has been working on the Muze experiment for a little over two and a half years. Students such as Barton see the value and importance of this research within the field of particle physics today. Barton explained that if the muon is observed to convert to an electron, it will guide new experiments in physics. Even if the project does not observe that conversion, he said, it will still inform physicists on the plausibility of new theories.

“Muze will substantially contribute to our understanding of how the universe works at a fundamental particle level,” said Barton.



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