

THE CAVALIER DAILY

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EMMA KLEIN | THE CAVALIER DAILY

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NEWS

This week in-brief

CD News Staff

Student voting increases more than fourfold since 2015

The Nov. 5 elections drew significantly more student voters than the 2015 General Assembly election, the most recent off-year election before 2019.

Exactly 1,051 ballots were cast in the Virginia Senate race in the University Precinct, compared to 224 in 2015. This precinct — which is comprised of on-Grounds student housing — saw a 469 percent increase in voter turnout. In the Venable Precinct, which includes off-Grounds student housing, the 2019 election saw 573 ballots, up from 110 in 2015.

Virginia Senate District 25, which encompasses the University, Venable and Alumni Hall precincts had the seventh highest 2019 General Assembly election voter turnout with 46.5 percent of the voting-eligible population making it to the polls. This figure more than doubled from 2015 — when voter turnout was only 25.6 percent.

Much of this massive student voter increase can be attributed to the efforts of student organizations in dispersing information about candidates and holding voter registration events. Over 2,100 student voters were registered at various events around Grounds.



COURTESY WIKIMEDIA COMMONS

Over 2,100 students registered to vote through various events on Grounds.

University's Veteran's Day vigil excludes 21-gun salute

Veteran's Day was marked on-Grounds by a 24-hour vigil that recognized and honored those who served in the military but are still missing in action, as well as those that were at one time held as prisoners of war. The 24-hour vigil concluded Tuesday with a ceremony for all veterans.

The decade-old University ceremony traditionally includes a 21-gun salute. However, this year the University has announced that this portion of the vigil will not be carried out. University President Jim Ryan released a public statement on social media regarding this decision, citing two main reasons for the change — to minimize noise disruption to students in class and to prevent concern about gun violence on Grounds.

"Given that the 21-gun salute is not a required, or even typical, part of Veteran's Day ceremonies — as opposed to Memorial Day ceremonies, which are specifically dedicated to those who have lost their lives in service to our country — they chose to keep the ceremony at a central location on Grounds but leave out the 21-gun salute," Ryan said.



RILEY WALSH | THE CAVALIER DAILY

The annual vigil at the Ampitheatre concluded Tuesday at 4 p.m.

11.05

11.08

11.11

11.12

Engineering alumnus pledges \$25 million for teaching and research

Engineering Dean Craig Benson announced Nov. 8 that alumnus Greg Olsen pledged \$25 million to the school to be used for recruiting faculty, attracting doctorate students and supporting strategic initiatives. It is the largest gift in the School of Engineering's history.

When combined with matching funds from the University's Bicentennial Scholars Fund and Bicentennial Professors Fund, the total impact of Olsen's donation is \$36.5 million.

"With his generous, future-focused investment, Greg is ensuring that U.Va. Engineering's capacity to attract outstanding scholars and produce future engineering leaders is very strong for generations to come," Benson said in the announcement.

Of the total amount, \$15 million will go toward Olsen Bicentennial Professorships, a \$16.5 million endowment will benefit Olsen Graduate Fellowships and the remaining \$5 million supports strategic investment fund and the initiatives of Benson and John Scully, materials science and engineering department chair. Such initiatives include providing students with learning experiences, developing courses, recruiting graduate students, promoting diversity programs and updating facilities.



NAVYA ANNAPAREDDY | THE CAVALIER DAILY

The donation is the largest gift in the history of the School of Engineering.

Student Council unanimously passes resolution calling for free STI testing

Student Council unanimously passed a resolution calling on the University to provide free STI testing and a bill to approve newly created Contracted Independent Organizations at its weekly meeting Tuesday evening. A bill to create an ad-hoc committee to support student workers also passed with 24 yays and one abstention.

FR19-18 is a resolution aimed to voice Student Council's support for free, available STI testing at the Elson Student Health Center — beyond the 70 free tests that Student Council previously announced they would provide for students at the end of the fall semester. Currently, getting testing for chlamydia and gonorrhea, the two most common STIs for college students, costs \$30 at the Elson Student Health Center.

FB19-19 also passed unanimously, approving six newly created CIOs, which ranged widely in scope, including both a Hot Sauce Club and the Naval ROTC. Many clubs wish to seek CIO status due to a number of benefits that the title affords, including the ability to receive Student Activity Fee funding from the Student Council.



RIVER STONE | THE CAVALIER DAILY

Bills to approve new CIOs and creation of an ad-hoc committee for student workers also passed.

Students report challenges connecting with advisors

Some students have never met with their faculty advisor one-on-one and have had their holds waived automatically

Selma Nouri | Staff Writer

As the end of the first semester approaches and students plan schedules for the spring, the University estimates that at least 8,000 advising appointments were made in the weeks leading up to course enrollment for the spring semester. However, some first-year students were notified by their faculty advisors that their holds had been released — eliminating the need for students to meet with them prior to course selection.

“I received an email from my advisor a few days ago that said I did not have to meet with him, as all my holds had been released,” first-year College student Nikita Faria said. “I feel that my faculty advisor has not been helpful thus far in the year but not by any fault of his own. I simply have not asked him for any help.”

Vice Provost Archie Holmes said the University’s faculty-run advising program sets it apart from other institutions by allowing students to turn to professors directly as a resource on-Grounds.

“I feel that advising needs to support students in their educational and personal growth so that they are prepared for the personal and professional lives after their time on Grounds,” Holmes said. “As such, our model has the faculty advisor at the center with resources across Grounds to best support the faculty advisors and their advisees.”

All faculty advisors are required to meet with their advisees at least once during the student’s first-year on grounds, in order to release enrollment holds. The University does not have information on how many faculty advisors waive students’ holds without meeting with them prior to course enrollment.

Faria said she primarily interacts with her advisor through her COLA class.

“I have seen my advisor during my weekly COLA class, yet I have not had any one-on-one interactions with him,” Faria said.

COLA classes are one-credit classes for first-year students whereby 20 percent of the class is devoted to advising and resources, while about 80 percent of the class is concentrated on the unique academic topic of the course. This semester, 707 first-year students are enrolled in COLA courses.

COLA instructors are assigned as faculty advisors for the students enrolled in their course. According to Rachel Most, associate dean for undergraduate academic programs, COLA instructors “are expected to provide accurate and timely information and advice,” like all advisors.

“They take the specific needs or interests of the students in mind,” Most said. “They are expected to refer students out to departments and other offices as needed. UVa. is large and we

want students to get their information from primary sources.”

The University has been discussing ways to improve its advising structure in order to better engage students and ensure more meaningful student-advisor relationships. Challenges regarding the advising structure were last discussed by the Academic and Student Life Committee of the Board of Visitors in June 2019.

During the meeting, the Board addressed the challenges of ensuring a broader range of advising and sup-

ported by the University to develop personal relationships with students.

However, some first-year students have noted that since arriving on Grounds, their relationships with assigned faculty advisors have failed to reach a personal or meaningful level.

First-year Nursing student Carina Anderson said she has not yet been able to develop a personal relationship with her advisor, saying they only met once and it was not a one-on-one interaction.

“I’ve seen her around many times

had with the advising system before I started teaching a COLA class was that I wouldn’t get to know the students at all.”

According to Murphy, typical student-advisor meetings would last only 15 to 20 minutes. During these appointments, Murphy said that his advisees would go over schedules with him but failed to open up and discuss personal matters or future plans.

“So, in their whole time that I was their advisor, I would see them three or four times for never more than

students greater access to valuable academic resources and support services.

Since the inception of total advising, the University has continued to institute new initiatives, such as the creation of COLA classes, the Georges Student Center and the expansion of the University Career Center’s services, in order to ensure more advising opportunities for students.

When asked what he felt the weaknesses of the University’s advising structure were, Murphy said a major challenge is creating a close relationship between students and their advisors.

“I think the distance between faculty and students is a big part of it,” Murphy said. “And we’re all just busy. Faculty are busy, students are busy. It’s hard to find ways to bring those two groups together.”

Murphy added that the University’s model of having members of faculty serve as advisors is a strength of its advising program.

“We do not have a core of academic advisors who do this professionally or do this full time,” Murphy said. “The students actually come visit faculty members who have often been at the institution for a long time and know a lot of things about the institution. I think having faculty members as your advisors is a great strength of our system.”

However, students in the College feel the weaknesses in the advising structure lie in advisors’ inability to tend to their major-specific needs.

“My advisor is not based on my potential major but instead on the COLA that I am taking and, therefore, does not have much insight on my specific questions,” Faria said.

Although students receive a major-specific advisor once they declare, first-year students are generally assigned faculty advisors based on their curriculum, COLA class or area of interest requested on their student information form.

In addition to their primary faculty advisor, Most recommends students develop relationships with professors outside of the ones assigned by the University.

“Faculty-student relationships are critical to the success of the student, but that relationship may or may not be with the primary academic advisor,” Most said. “We encourage students to collect advisors. We want them to meet with their assigned faculty advisor, but since advising comes in many forms, we also tell them to meet their association deans, get to know one faculty member well each semester, or at least each year, talk with graduate students and connect with support services on Grounds.”



STRATTON MARSH | THE CAVALIER DAILY

Faculty advisors are required to meet with their advisee at least once during the student’s first-year on-Grounds to release enrollment holds.

port programs for minority student populations, including but not limited to first-generation, low-income and transfer students.

The Board also discussed challenges regarding effective communication between students and advisors — proposing increased training opportunities for peer mentors and advisors.

According to a summary from the meeting, the College and Graduate School of Arts and Sciences “has the highest advising load,” with over 11,322 undergraduate advisees during the fall of 2018. Each incoming first-year student is assigned both an association dean as well as a faculty advisor in order to help them navigate the University, discover valuable resources and settle into their new environment on Grounds.

The Board said the purpose of faculty advisors is to promote focused advising, help students select courses for the upcoming term and offer advice on majors. Faculty advisors are en-

because she’s a very prominent face in the Nursing school, but I haven’t met with her at a personal level,” Anderson said. “I don’t think she would recognize me if she saw me around Grounds. She may recognize my face, but I don’t think she could put a name to my face.”

Advising structures differ for each academic school. However, all schools expect faculty advisors to develop meaningful relationships with their advisees and act as a valuable resource on Grounds.

Ed Murphy, astronomy professor and faculty advisor, touched on the importance of meaningful student-advisor relationships and the benefits of COLA classes. Murphy was the 2017 recipient of the Edward L. Ayers Advising Fellowship, which recognizes faculty who demonstrate dedication to advising students.

“The most important part about advising is getting to know the students,” Murphy said. “The problem I

about 15 minutes,” Murphy said. “For me, personally, I just didn’t think that it was a great way to advise students.”

The University does provide training for faculty advisors and association deans in order to ensure they are able to best support students in both their personal and professional endeavors.

According to Associate Dean Most, faculty advisors receive training from the association deans and other external offices in August, and ongoing trainings are held as needed throughout the year in order to stay current with any changes in College programs.

The University has distinguished its advising and related support services as, potentially, “a key differentiator for the University.”

In its 2013 Cornerstone Plan, the University made “total advising” a priority. Total advising refers to an integrated approach to academic advising that combines career counseling and personal coaching in order to provide

BOV hears public comment on proposed tuition increase

Students and community members expressed concern with the proposed rise in costs

Joe Kerrigan | Staff Writer

The Board of Visitors held a workshop and public comment session Friday regarding proposed tuition increases for the 2020-2021 academic year. The Board's current proposal includes a tuition increase between three and four percent for both in-state and out-of-state students.

The event began with an informational workshop with Liz Magill, who serves as the University's executive vice president and provost and is also a member of the Board of Visitors. Magill outlined the University's goals for the future and explained the Board's proposal for increasing tuition.

"We've got some basic foundational goals," Magill said. "One is access to UVa. — strengthening AccessUVA, which is the program we have to attract talent to the University regardless of their means."

Approximately 5,600 students currently benefit from AccessUVA, the University's financial aid program that guarantees 100 percent of an undergraduate student's demonstrated financial need is met in addition to covering housing costs of up to \$6,720.

Magill also highlighted the University's efforts to expand degree completion programs, such as the School of Continuing Professional Studies, and supporting the newly-established School of Data Science.

Jennifer Davis, the University's chief operating officer and executive vice president, said that the University tries to balance its goals of financial accessibility and academic quality when considering tuition increases.

"Maintaining the balance between academic quality and affordability and accessibility is often both an art and a science," Davis said.

Davis also noted that the University faces mounting costs and decreasing revenue streams due to increases in merit pay for faculty and staff and budget reductions from the Commonwealth of Virginia, which would amount to \$14 million.

The University seeks to increase merit pay for faculty and staff, hoping to attract distinguished faculty. The College introduced over 25 new members to its faculty for the 2019-2020 term.

"We want to recruit and retain the best faculty, and we have been losing ground recently with some of our competitors," Davis said.

Additionally, the Commonwealth of Virginia is considering reducing the University's budget by up to five percent, representing a loss in revenue of about \$7 million. For this year's operating budget, the University's academic division received \$156,331,710 in state appropriations.

"Increases in tuition have not kept pace with declines in general funds," read a slide Davis presented. "While [increasing] tuition is a last resort, it has been necessary in order to maintain academic quality," Davis said.

The proposed increases in tuition amount to between \$10 and \$12 million dollars in additional revenue for the University. In addition to increased tuition, the proposal includes up to a \$174 increase in general fees,

which would support the expansion of student health and wellness programs — including the new 156,000 square feet Student Health and Wellness Center on Brandon Avenue, which is expected to be completed by spring 2021.

Following the information session, the Board heard comments from members of the University community and the general public. Those who addressed the Board approached the floor and were given three minutes each to speak to the Board and the audience.

"Tuition and fees have risen sharply across the nation and Virginia in recent years," said Stacie Gordon, a representative from the national non-profit group Partners for College Affordability and Public Trust. "While UVa. is no exception, you could and should be."

Gordon referenced the University's \$9.6 billion endowment and \$2 billion Strategic Investment Fund.

"You have the resources to do more for your students by freezing or even lowering tuition fees," Gordon said.

Jacob Wartel, chair of the Young Democratic Socialists of America's UVa. chapter and second-year College student, also gave comments during the session. He argued that the additional revenue from the proposed tuition increases only represented between 0.1 and 0.3 percent of the University's total wealth.

"The University can afford to freeze tuition," Wartel said.

In April 2019, the Board unani-

mously approved to freeze in-state tuition at 2018-2019 rates for the 2019-2020 academic year in exchange for \$5.52 million in additional state funding from the General Assembly. The average saving per in-state student was said to be \$400 as a result of the freeze.

Prior to the session, YDSA at UVa. wrote an open letter to the Board of Visitors urging them to freeze tuition and all fees. The letter cited the rising costs of attending the University, including increased fees for meal plans and on-Grounds housing. YDSA is running a College for All letter writing campaign through the Action Network for participants to email President Ryan and members of the Board protesting increased tuition.

According to YDSA, over 300 students have signed in support, resulting in over 6,000 emails sent to Ryan and Board members.

Fourth-year College student Ahman Brown used the comment period to express his concern at the increasing cost of on-Grounds student housing.

"I live in Brown College on Monroe Hill," Brown said. "I've lived there for four years, and I just don't think it's fair that costs go up while the quality doesn't."

On-Grounds housing options for upperclass students can range in rates from \$6,480 to \$7,850 per academic year, with the cheapest options being living in double rooms in the Hereford or International Residence Colleges. For the \$7,850 rate, students can live in the newly-constructed Bond House, or in the Copeley, Faulkner or

Language Houses, all of which provide single rooms.

The Board did not respond to any comments made during the session. Some in attendance questioned whether the Board would make any significant changes as a result of the comments.

"I'm happy they come in to explain to us their goal," Brown said. "But I honestly don't feel as if they listen to us. We'll see next meeting if there is any change."

The Board of Visitors is scheduled to meet and officially consider the proposed tuition increase Dec. 6.

"We are listening," said James B. Murray, rector of the Board of Visitors. "We have a lot of constituencies — balancing the public interest across all these constituencies is our job."

In addition to hearing comments, the Board appoints a student representative to voice students' interests as it conducts its business.

Derrick Wang, a fourth-year College student and the current student representative to the Board, said he feels that members do take student input into consideration.

"I think all the Board members really value student input on these things," Wang said. "I think it's important that they hear that perspective. I know especially when they are considering changes or new initiatives, in order for something to be successful, it has to come from the students ... if you don't do that, it becomes very challenging to get things done."

Parking spots at Bond remain closed after damage to cars

Facility and parking issues persist in the University's newest residence building

Rosalie Daval | Staff Writer

A section of the Bond House parking lot has been closed for over two weeks due to watery concrete drips landing on cars, and the 36 impacted parking spaces will likely remain closed for the next several weeks, according to the University's Department of Parking and Transportation.

On the morning of Oct. 25, Parking and Transportation was alerted of the issue. At noon that day, Parking and Transportation alerted permit holders of the need to vacate a portion of the lot after it was determined there was water passing through the ceiling.

"Parking and Transportation provided instruction on alternative parking areas and provided preliminary instructions regarding potential damage from the drips from the

ceiling," said Rebecca White, the director of the Department of Parking and Transportation. This included instructions for filing a claim with insurance and an offer to have damaged cars professionally washed and waxed.

Kyle Cheng, a second-year College student, noticed the drips on his vehicle a week before Parking and Transportation closed a section of the lot.

"The ceiling was dripping a lot ... I think it has been going on all year because stuff has been forming on the ceiling, like mineral deposits," Cheng said. "I paid over \$400 for a parking spot, and I still got damage to my car."

Schuyler Leffler, a second-year College student, said that she has been in contact with the University to initiate the process of filing an in-

surance claim.

"[The University] said that they didn't really know what the substance was but that they were suspecting concrete," Leffler said. "They didn't really tell us what they were doing to remedy the problem beyond just, don't park there right now."

Due to a limited number of spaces in the Bond House parking lot, parking permits were assigned to students this year by lottery, and the cost was \$405 for the academic year. Despite the competitive lottery process, students say there are still empty spots in the lot.

"Students were promised more than 100 parking spots, which is not anywhere near what they are providing," said Ashley Sackett, a second-year Engineering student and resident of Bond House. "There are

some lottery spots that were never claimed, and after attempting to contact Parking and Transportation on numerous occasions, they still refuse to redraw them."

According to Sackett, about half the spots in the lot are usually empty. Students affected by the concrete drips have been instructed to move their cars to these empty spots, away from the area where more damage could occur.

Construction of Bond House, including the parking lot located underneath the building, began in August 2017, and the apartment complex welcomed its first residents Aug. 25. Due to weather constraints, construction of the apartments faced delays. Students were informed Aug. 22 that construction on common spaces, such as hallways, would continue

throughout the semester.

Residents at Bond House have reported other facility issues this semester, including sightings of mice, problems with appliances and windows that do not seal properly.

Leffler said that despite the facility issues, she would "definitely" consider living in Bond next year. Both Leffler and Cheng cited proximity to Central Grounds and new facilities as reasons they chose to live in Bond.

The cost of living in a single in Bond is \$7,850 per academic year. This is the same cost paid by students who live in single bedrooms in Copeley, Faulkner or Language Houses and by students who live in single apartments with private baths in the International Residence College.

Interpretive panels recognize Gooch-Dillard cemetery

Student Council and a group of first-years have taken action to highlight the unmarked enslaved laborer gravesites at the Maury Family Cemetery

Lydia Willcocks | Staff Writer

The Student Council Buildings and Grounds Committee has designed and installed interpretive panels at the Gooch-Dillard Cemetery, in recognition of 70 unmarked gravesites of enslaved laborers. In a tweet announcing the decision, Student Council explained how the installation was “a part of the University’s continued efforts to acknowledge its complicity in the darkest chapter of our nation’s history.”

Ben Radomsky, a fourth-year College student and the chair of the Buildings and Grounds Committee, said that the students on the committee also consulted University Architect Alice Raucher and Professors Louis Nelson and Kirt von Daacke. Von Daacke, an assistant dean and history professor, and Louis Nelson, the University’s vice provost for academic outreach and professor of Architectural History, are members of the President’s Commission on Slavery and contributed to the recently-published “Educated in Tyranny: Slavery at Thomas Jefferson’s University.”

The content of the interpretive panels was finalized after research was conducted by the Student Council committee and in collaboration with faculty to ensure accuracy.

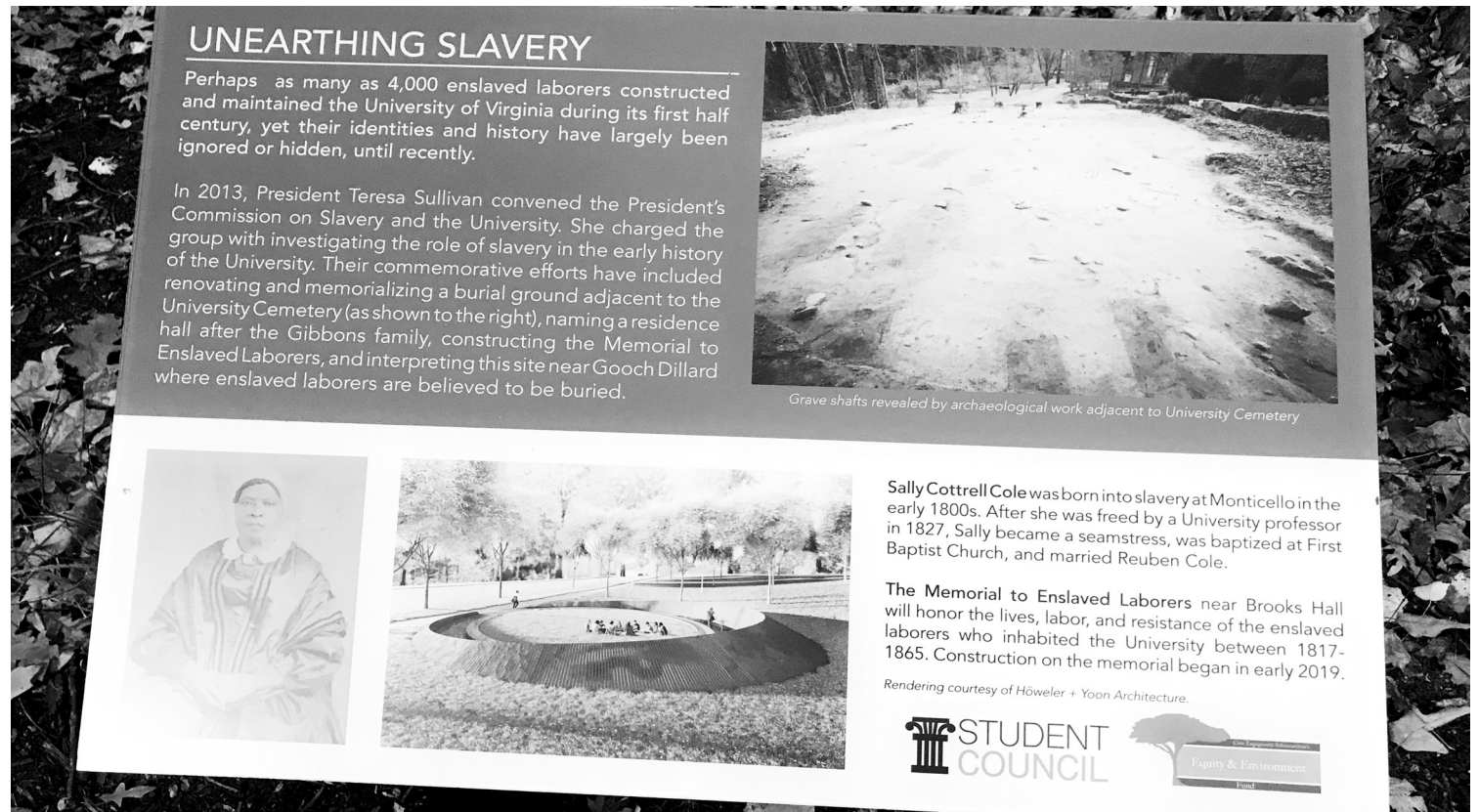
“Student Council hopes that students who live at Gooch-Dillard, and those who visit, will stop to read these panels and reflect on the site’s, and the University’s history” Radomsky said. “They are not comprehensive, but they are a jumping-off point, so I hope students will keep that history in mind and go off to learn more.”

The cemetery is located in front of the Gooch-Dillard dorms and within the Maury Family Cemetery. Previously, the site had only been demarcated by a small plaque embedded into a stone wall which had been installed in 1948.

“Student Council perceived the plaque that formerly was the sole acknowledgement of the site’s history to be inadequate because it is below eye-level,” Radomsky said. “Student Council steps up in situations wherein we feel that student concerns are not being adequately addressed by the University, and this was one such occasion.”

In addition to the Student Council’s actions, a group of first-year College students have compiled a petition that has circulated around the University, calling for greater education of the unmarked gravesites at the Gooch-Dillard cemetery.

In the petition, Kyndall Walker, Diana Moreno, Ephrata Yohannes, Abena Appiah-Ofori, Chloe Leon,



KHUYEN DINH | THE CAVALIER DAILY

Student Council announced that the installation was “a part of the University’s continued efforts to acknowledge its complicity in the darkest chapter of our nation’s history.”

Amanda Campbell and Ida Sampson, cite the Enslaved Laborer Tour, for which attendance was mandatory as a part of their Ideals and Injustices forums class, as the major source of inspiration for drafting their petition.

At the conclusion of the tour, Walker inquired about the absence of the Gooch-Dillard cemetery on the itinerary. When the rest of the group expressed a lack of awareness towards the gravesite’s existence, the students reacted in joining together and taking action.

Addressed to University President Jim Ryan, Dean of Students Allen Groves, Vice President Patricia Lampkin, Chief Officer for Diversity Dr. Marcus Martin, von Daacke and members of the Board of Visitors, the petition calls for the education of University students on the existence of the Gooch-Dillard gravesites and the University’s history with slavery.

The petition proposes that a brief history of the Maury family cemetery be included in the description of Gooch-Dillard dormitories on the University’s Housing and Residence Life website. Additionally, it says that every student assigned to Gooch-Dillard dorms should be presented with the same history of the cemetery from the Housing and Residence Life website in their housing assignment email.

Further, the petition states that

it is essential that the University makes its Enslaved Laborer Tour and discussion of the history of slavery at University mandatory during Welcome Week. The petition includes that, following the presentation, “Residential Advisors ought to debrief and discuss the content with all first-year and transfer students.”

The group remarked that they had received instant feedback from the University community, supporting and encouraging their work. The petition has accumulated over 300 signatures as of press time.

They said the petition is not intended as an attack on the University or the changes and endeavours that have been made to address the University’s dark past.

Leon described the process of writing the petition as a “labor of love,” with the purpose of showing “just how much respect we have for the University in that we wanted to take the opportunity where we could help it improve.”

Like Student Council, the first-year students expressed disapproval of the former stone demarcation of the gravesites. Moreno remarked that the plaque is “hidden almost.”

“It’s not being showcased,” Moreno said. “You actually have to go and look.”

The group was aware of the interpretive panel installation by Student Council recognizing the Gooch-Dillard cemetery and said it

was an important start to properly addressing the University’s history.

“We thought that this is a great first step but there is so much more work that has to be done,” Walker said.

She added that Student Council had reached out to them about working together in the future.

The students said they sent their petition to University administration Monday but have yet to receive a response. As of Wednesday, President Ryan’s office received the petition and said it will send a response to the students once it has been reviewed, according to Deputy Spokesperson Wes Hester.

Through the drafting of the letter, the students say they have developed a “sisterhood,” with meetings every Monday and the goal to set an example of advocacy for other students.

“If someone is uncomfortable about something here on Grounds, they can absolutely gather people up — people with the same commonality, and they can do something,” Moreno said. “You just need to have certain people who will stand by with you, and you can make things happen.”

Recontextualizing efforts have been a recent priority of the Student Council, as seen in the passage of a bill last semester that created the ad hoc committee on “Renaming, Recontextualizing and Removal.” Such efforts include a review of

the possible removal of the Whispering Wall, due to its origins in honoring confederate soldier Frank Hume, and replacing the Wall with a Memorial to the Victims of Eugenics.

Recent calls to rename Alderman Library follow the 2017 renaming of Lewis House in the International Residential College, after biology prof. and eugenicist Ivey Lewis, to the Yen House, after WW. Yen — the first international student to earn a bachelor of arts from the University. The Committee on Renaming, Recontextualizing and Removal plans to release their recommendation on the name change of Alderman by the end of the fall 2019 semester.

Similar consideration to rename buildings has occurred in the Curry School of Education and Ruffner Hall, as both namesakes were defenders of slavery. Criticism was also raised over a wing in the University’s hospital that was named after Paul Barringer, a prominent eugenicist and professor who is most famous for his racist essays. Last August, the wing was renamed the Collins Wing, in honor of University alumnus Dr. Francis S. Collins, who discovered genes associated with a number of diseases and led the Human Genome Project.

LIFE

Three ways to eat kale that's not a salad

Because kale can be more than the base of your Roots bowl

Sara Keene | Food Columnist

Kale gets a bad rap. Thoughts of kale tend to evoke images of undressed, unloved salads or the green smoothies we pretend to like because the internet promises that they are good for us. Often grouped in with pumpkin spice lattes and Pure Barre, kale has become a scapegoat for our aversion to being basic.

These recipes came to be after a bag of kale — which I aspirationally bought last week at Trader Joe's — threatened to go bad. Trying to break the cycle of my own lack of creativity, I set out to think differently about how kale could be used.

Turmeric kale rice with coconut was the first recipe I made, and it did not disappoint. Taking three of the most polarizing ingredients — turmeric, kale and coconut — and forcing them together in this easy dish seemed risky, but it's now my go-to recipe for rushed weeknight dinners. This recipe is based on an original iteration from Naturally Ella.

Coconut Kale Turmeric Rice

Prep Time: 15 minutes

Cook Time: 30-45 minutes

Serves: 2-4

Ingredients for the rice:

1 tablespoon coconut oil
1/2 yellow onion, finely chopped

1 clove garlic, minced
1 tablespoon minced ginger — I also add a bit of whole ginger root to the broth in order to infuse the ginger flavor into the rice
1 cup short grain brown rice
1 teaspoon ground turmeric powder
1 1/2 cups low-sodium vegetable broth
Salt and pepper to taste

Ingredients for the kale:

1 bunch, or 3 handfuls kale
1 tablespoon olive oil
2 cloves garlic, minced
1/2 cup low-sodium vegetable broth
3/4 cup full-fat coconut milk
Salt to taste
Toasted coconut flakes, for topping

Directions:

1. Heat a medium-sized pot over medium-low heat. Add the garlic and onion and cook for four to five minutes, until the onions are translucent and fragrant. Stir in the ginger and cook for one minute.

2. Next, add in the rice and turmeric and toast for one more minute. Measure in 1 1/2 cups vegetable broth and bring mixture to a boil, reduce to a simmer, cover and let cook for 35 to

40 minutes until the majority of liquid has been absorbed. Remove from heat and allow to sit for 10 minutes.

3. In a saute pan, heat a tablespoon of olive oil. Add in the garlic, cooking for roughly a minute. Add the chopped kale and stir to coat with the garlic. Add in half a cup vegetable broth, cover and let kale cook for five minutes, stirring occasionally.

4. Add the kale and the coconut milk to the rice and cook over medium high heat until most of the liquid has absorbed, roughly three to five minutes more.

5. Taste and add salt and pepper as needed.

This next recipe makes for the perfect fall meal that is warm and indulgent. This kale artichoke dip is not only delicious, but it also debunks the idea that kale is only a health food. This recipe has been taken and modified from the Food Network.

Kale Artichoke Dip

Prep Time: 10 minutes

Cook Time: 20-25 minutes

Serves: 4-6

Ingredients:

2 teaspoon olive oil
3 cups raw kale
1 small clove garlic, finely minced
1/2 cup thawed and roughly

chopped frozen artichoke hearts, about 2 ounces

1/2 cup shredded low-moisture mozzarella cheese

1/2 cup skim milk

1/2 cup freshly grated parmesan

4 ounces plain Greek yogurt

Large pinch cayenne pepper

Kosher salt

Black pepper

Parmesan cheese to top

Tortilla chips for serving

Directions:

1. Preheat the oven to 450 degrees Fahrenheit.

2. In a saute pan, heat two teaspoons olive oil. Add in the garlic, and cook for roughly a minute. Add the chopped kale and stir to coat with the garlic.

3. In a medium bowl, combine the kale, artichoke hearts, mozzarella cheese, skim milk, parmesan, Greek yogurt, cayenne and a pinch of salt and pepper.

4. Transfer to a one-quart baking dish and sprinkle with parmesan cheese until top is coated. Bake until bubbly and lightly golden, 20 to 25 minutes.

5. Let set for five minutes and serve with tortilla chips.

Kale can also be delicious without

any fuss. These parmesan garlic kale chips are the perfect afternoon snack, which can be made in bulk and eaten later.

Parmesan Garlic Kale Chips

Ingredients:

3 cups kale, washed and cut
1/2 cup grated parmesan
4 tablespoons olive oil
1 clove garlic
Salt
Pepper

Directions:

1. Preheat oven to 400 degrees Fahrenheit

2. In a small bowl, combine the parmesan, two tablespoon of olive oil, garlic, salt and pepper to taste.

3. On a baking sheet lined with non-stick aluminum foil, spread the kale and drizzle with the remaining two tablespoons of olive oil. Add the parmesan mixture and — with your hands or with two forks — toss the kale vigorously until evenly coated.

4. Bake for 20 to 25 minutes, or until the kale is crispy.

Bottom line? Dressing up kale doesn't have to be hard. I hope you enjoy these recipes, especially because you can reap all of the health benefits of kale without having to sacrifice on flavor.



SARA KEENE | THE CAVALIER DAILY

From left to right — coconut kale turmeric rice, kale artichoke dip and parmesan garlic kale chips.

Native American Student Union celebrates NAHM

Events later this month feature speakers such as architect Scott Hayes, photographer Cara Romero and Prof. Edward Murphy

Anna Heyse | Features Writer

For over 10,000 years, the Monacan Nation has called Bear Mountain — a peak in the Blue Ridge Mountains — home. An hour away from Charlottesville, Bear Mountain holds the rich history of the people who inhabited Albemarle County long before the birth of the United States. This November, the Native American Student Union is hosting several events to celebrate Native American Heritage Month and recognize the original inhabitants of the present-day U.S., like the Monacan people, who had their own customs, traditions and history prior to the arrival of colonists.

In 1986, President Ronald Reagan introduced the annual celebration of Native Americans. Reagan recognized Native Americans as the original inhabitants of the U.S. and proclaimed Nov. 23 through Nov. 30 to be “American Indian Week.” This weekly celebration has since evolved into Native American Heritage Month.

NASU held a panel Sunday in recognition of Native American Heritage Month, and the discussion centered on Native American identities and how the University can better support Native American communities. The panel included faculty members Sonia Alconini, professor of archaeology with Aymara heritage, and Kasey Jernigan, an assistant professor of anthropology with Choctaw heritage. Community members were also on the panel, including Mary Wilson, who has Lakota heritage and Mike Wilson, a community member who was adopted by a member of the Alberta Nation.

“[Being Native American] is an identity that is political, it’s social, it’s cultural, it’s historical and contemporary and at its base it’s connecting to place,” Jernigan said. “And so, I tried to teach my kids — I have an eight-year-old and an almost-three-year-old — I tried to teach them what it means to be here in Charlottesville away from where we call home and still try to remember these things that I need to teach them.”

The panelists and NASU members expressed the need for an Indigenous Studies program at the University in order to make the University more inclusive and welcoming for current and prospective Native students. This program would also provide a way to educate all students on the history of the Native communities around them.

“The most radical thing we can do to bring light to the Native issues is just be present and be active in the community,” Anthony Mal-

abad, fourth-year College student and president of NASU, said. “So we’re going to keep working the Indigenous Studies initiative, and we’re ... going to keep having our social and cultural events.”

Over the course of the month, NASU is promoting a talk with Chemehuevi photographer Cara Romero through the Fralin Museum of Art and a talk with landscape architect Scott Heyes via the School of Architecture. Chemehuevi is a Native American tribe from the Southwestern U.S. Additionally, NASU is holding a “Stories Under the Sky” event with the help of Astronomy Prof. Edward Murphy. All the events focus heavily on indigenous cultures, and they will be free and open to the public.

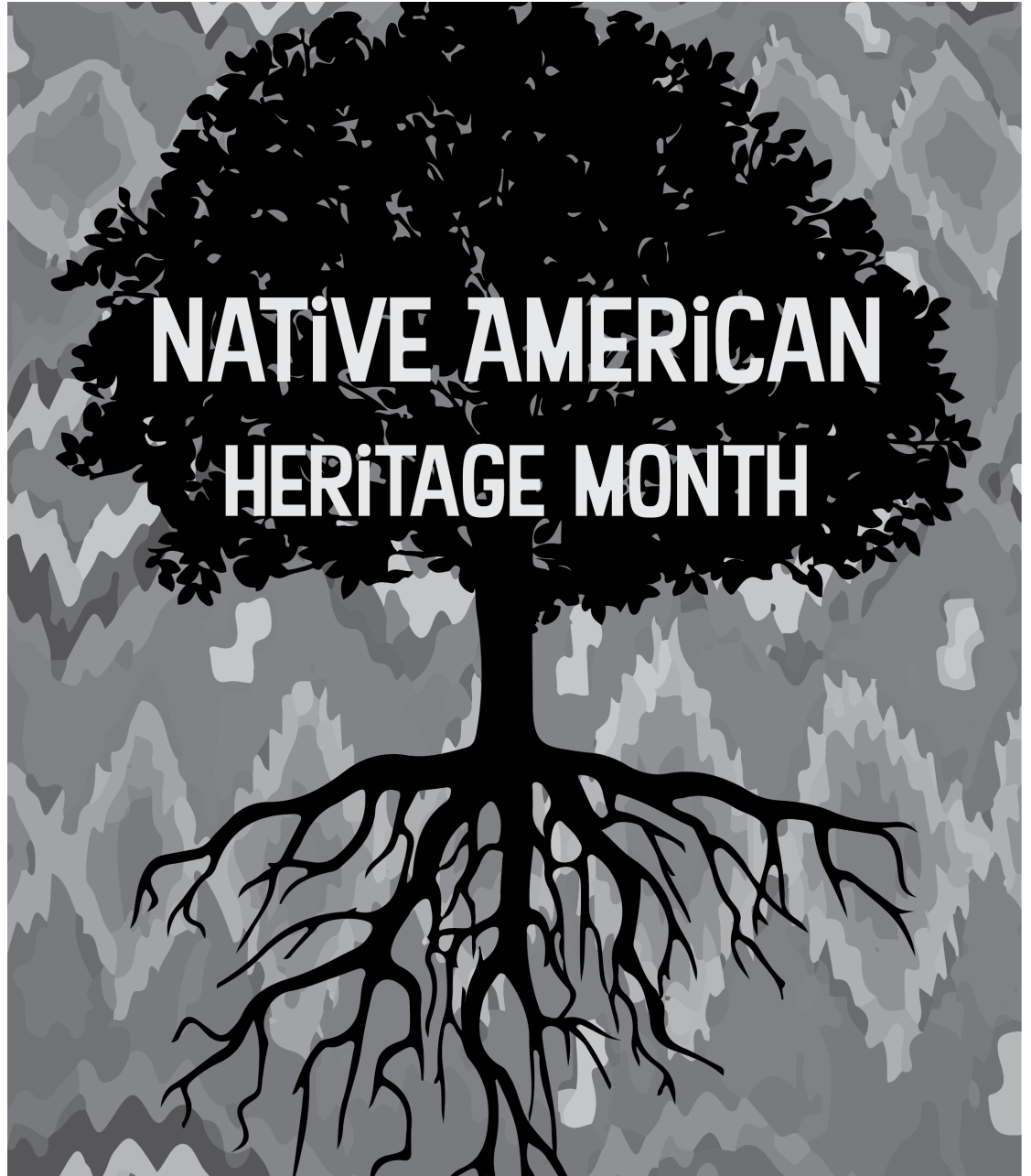
Though it was unable to be scheduled last year, NASU is partnering with Murphy to give the public an outlet to explore the sky and its stories from both Greek and Roman cultures as well as from Native cultures — stories that are often forgotten on traditional constellation maps.

“We’ll begin the evening with a tour of the sky and mostly talk about the motions of the sky,” Murphy said. “People today are so disconnected from the sky that most people don’t know how the sky moves or what’s going on in the sky. And that’s sort of critical to understanding the stories and why the stories are the way they are and how these stories were useful to people long ago.”

According to Murphy, both Western and Native cultures identified Ursa Major, known as the Big Bear or the Big Dipper, and the Pleiades, six stars in the shoulder of Taurus the bull, often misconstrued for the Little Dipper, as important markers in the northern sky.

“The Navajo, for example, used [the Pleiades] to determine when to plant their corn and when to stop planting their corn,” Murphy said. “I’ll tell the story of the Hard Flint Boys, which is a story about using that [the Pleiades] for planting corn.”

The northern sky has been thoroughly viewed and mapped by Western society for centuries. However, the southern sky was long forgotten until Western explorers started to research and make southern constellations such as Telescopium and Microscopium — all while ignoring what southern Native cultures saw in the sky. Hence, many Native stories of the sky are not well-known, and Native constellations are not mapped on conventional constellation



AUDREY LEWIS | THE CAVALIER DAILY

The Native American Student Union held a discussion Tuesday to advocate for the Indigenous Studies program.

maps.

“We have a set of constellations in the sky that represent only one heritage, which is Western civilization,” Murphy said. “All these other cultures have these wonderful stories of the sky that tell us a lot about their cultures that just aren’t represented in the sky that we have today.”

The “Stories Under the Sky” event will be held Sunday, Nov. 17 at 7 p.m. at the McCormick Observatory. The talk with architect Scott Hayes will be held Wednesday, Nov. 13 from 5:30 to 6:30 p.m. in Campbell Hall, Room 153. The talk with Chemehuevi photographer Cara Romero will also be held in Room 153 of Campbell Hall Tuesday, Nov. 19 at 6 p.m.

Native American Heritage Month Schedule

Nov. 13: Talk with architect Scott Hayes
Campbell Hall Room 153, 5:30 - 6:30 p.m.

Nov. 17: “Stories Under the Sky”
McCormick Observatory, 7 p.m.

Nov. 19: Talk with Chemehuevi photographer Cara Romero
Campbell Hall Room 153, 6 p.m.

Top 10 things that scare college students

College is scary

Zachary Anderson | Top 10 writer

1. Commitment

Decision-making is hard. Naturally, it is much more comforting to keep your options open. This may happen to you when making a significant life choice — like what kind of cereal you want to buy — because it's really hard to commit to what you're going to be eating for breakfast for all of next week.

2. Deadlines

Sometimes you may find yourself thinking, "I have six days to write this term paper — that's plenty of time!" The thing that you didn't consider is that you are the supreme overlord of procrastination, so instead of six days to write a term paper, you have three hours. Where did all the time go? You probably should have spent less time rewatching "Friends" for the third time ...



PAIGE HILLMAN | THE CAVALIER DAILY

3. Rejection

Ah, rejection. It can be difficult to manage and understand, but it's good to remember that it happens to the best of us. Sometimes rejection can lead to a humbling realization — when you try to get tacos with your plus dollars and realize that you have none, maybe you should stop getting tacos every day.

4. Bombing a presentation

That awkward moment when you begin with "Good morning everyone," only to realize you're giving your presentation at 5 p.m. We've all been there — forgetting specific lines and stuttering on important data points. These are things that happen to everyone. Nothing is more humiliating than pronouncing your own name wrong, and no, this is definitely not from personal experience. Bottom line? Don't worry if your presentation was bad — someone probably didn't even know they had a presentation to give.

5. Getting a bad grade

There's always that ominous feeling that you get the day you receive your exam scores. When you get your written exam back — face-down, mind you — you know that something's up. People tend to treat their grades like they have the power to alter fate — "If I don't do well on this exam, then I won't do well in the class, which means I won't be good at life." Hold your horses, OK? One number won't change your life for better or for worse, even if that class is required for your major.



JORDAN SCHNEIER | THE CAVALIER DAILY

6. Not living up to others' expectations

This one's pretty deep but mostly because we usually want to impress the people we admire. However, sometimes we just can't escape the sinking feeling of falling short of our role models' expectations. Take that one professor who thinks you're way smarter than you actually are, for example. It sure feels great to be recognized like that, but you may be thinking, "Oh boy, just wait until you read my final paper."

7. Being singled out by your professor

Nobody wants to be "that kid." It's especially difficult to keep your cool if you aren't caught up with the readings that everyone else seems to have already done. The worst part is that professors seem to expect perfection in their students' answers, so you should hope and pray that your educated guess is correct. Despite the extreme stress that comes from being singled out, this shows that your professor acknowledges your presence — keep doing what you're doing!

8. Picking the wrong major

Making a decision that could determine your career path holds very high stakes. What happens if you pick a major you wind up regretting? Well, then some serious self-evaluation will be coming soon to a personal narrative near you. Don't worry, I'm only partly kidding. Truth is, your life is what you make it, so don't be afraid to make those large changes.

9. Sleeping through an exam

It's safe to say that all college students have a primordial fear of sleeping through classes, exams or even university sporting events. The mere adrenaline rush that you get when you realize you've slept through your exam is enough of an excuse to have missed it. You could get all shaky and sweaty, which could arguably be symptoms of a "highly-contagious" disease, or you could try to explain that physical exhaustion caused you to miss your exam?



WINSTON TANG | THE CAVALIER DAILY

10. Not getting a job right out of college

There's nothing worse than feeling like all you got from college was a congratulatory piece of paper and some student debt. If you're someone who doesn't have a job lined up for them right after graduation, don't worry. A good way to cope is by focusing on the good sides of college or the revelations you may have discovered about yourself. After all, not everyone can say they can function on only two hours of sleep. Jokes aside though, it doesn't hurt to have a little faith that things will work out. It may be a scary ride, but it'll be worth it in the end.

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PUZZLES

WEEKLY CROSSWORD PUZZLE

Dan Goff | Puzzle Master

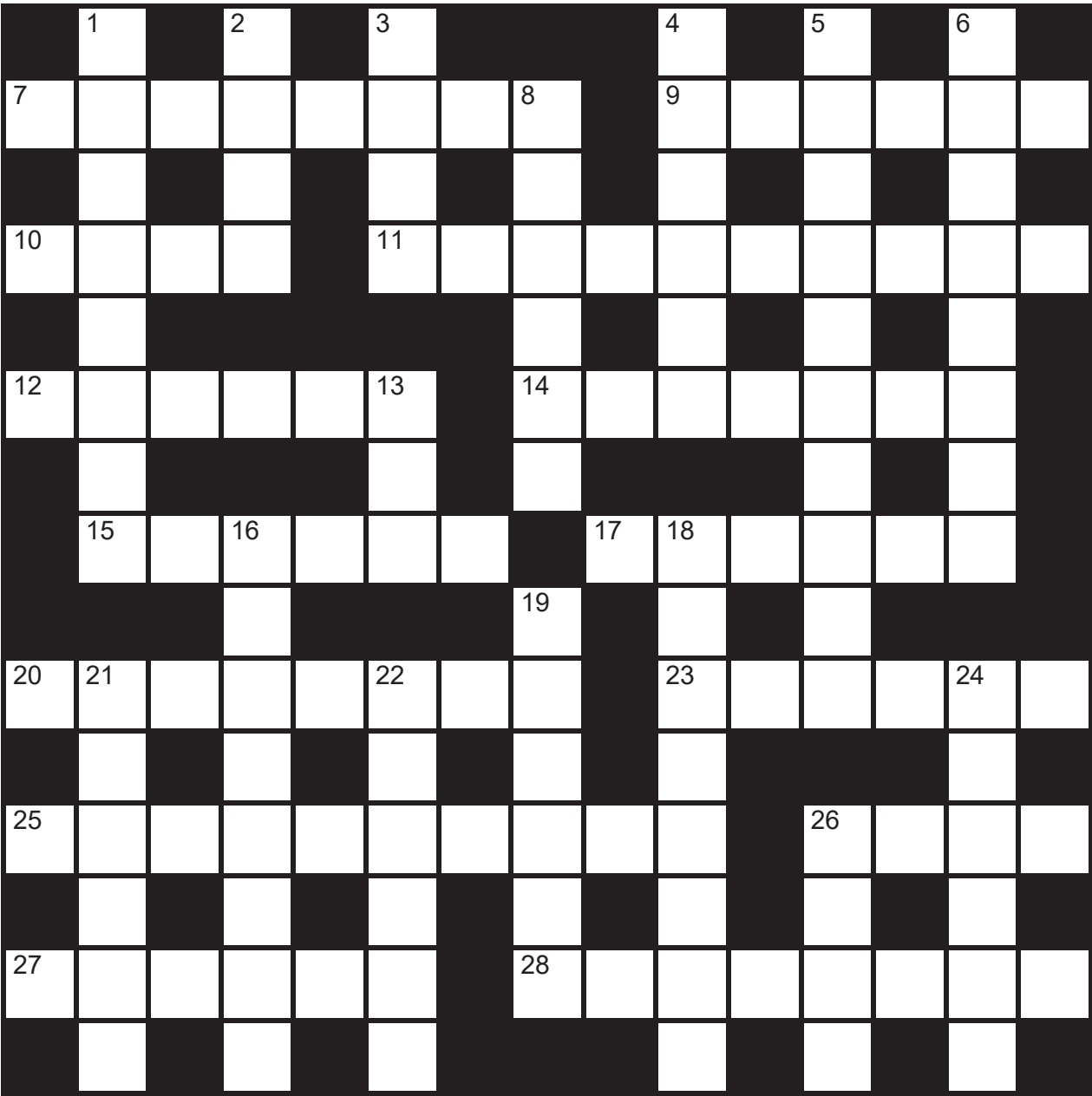
* THE SOLUTION TO THIS PUZZLE CAN BE FOUND IN THE NEXT ISSUE

Across

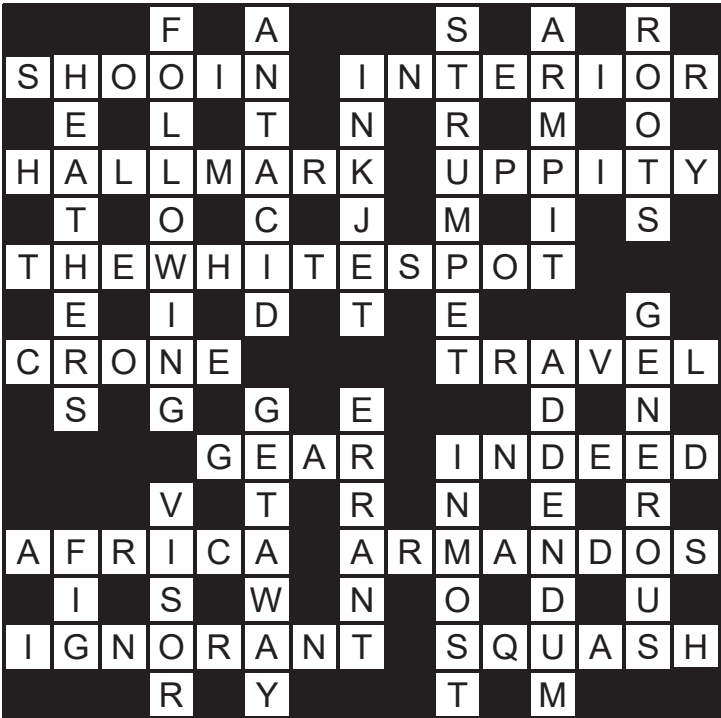
- 7 Two-word term meaning to save money, a little at a time
- 9 Relating to the eyes (6)
- 10 Attractively lively
- 11 Two-word dessert similar to the angel food variety
- 12 Sack material
- 14 If you've applied to a class on SIS, your approval is likely still ___
- 15 Without much effort
- 17 Those who have done wrong should make ___
- 20 This can be helpful if you're running late
- 23 Old car, typically a beat-up one
- 25 In order to resolve the 14-across situation, you must get this consent
- 26 Regard, consider
- 27 Your elbow can get injured playing this sport
- 28 Fill to the max with a liquid

Down

- 1 Until you get 14-across resolved, your ___ will probably look pretty empty
- 2 Acid in taste
- 3 They make honey
- 4 "Don't be stupid. Use your ___"
- 5 In working order
- 6 Dim, middle period in European history — two words
- 8 Structure your essay around this
- 13 Friend
- 16 Close inspection
- 18 This rule requires more than half the votes
- 19 You got an email from SIS? Congrats! Maybe your ___ has changed
- 21 Title of Roxane Gay's memoir, or the type of games Katniss plays
- 22 Not dexterous
- 24 Even though SIS is ___ now, that doesn't mean it works well
- 26 Gooch, or Lefevre



* SOLUTION FROM LAST ISSUE



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SPORTS

A long, winding journey led Jelena Novakovic to Virginia

Novakovic is making an impact for the Cavaliers far away from home

Connor Smith | Associate Writer

After every point, the Virginia volleyball team huddles up and often leading the huddle for the Cavaliers is senior right-side hitter Jelena Novakovic. Novakovic's unorthodox path to Charlottesville was filled with plenty of twists and turns, but now that she's here, her role on the team is pivotal.

Novakovic was raised in Belgrade, Serbia — over 4,500 miles away from Virginia. Growing up, Novakovic played a variety of different sports — from tennis to swimming to ballet — before finally settling on volleyball.

"My dad always let us do our own thing," Novakovic said. "My older brother played basketball, my younger brother did soccer and I chose volleyball. I grew up around a lot of sports, but I liked volleyball the best."

She committed to sport in the fifth grade and has stuck with it ever since. From the start, the sport was more than a hobby for her. She competed on Serbian youth national teams as a teenager and even won medals in European competitions.

However, in addition to playing volleyball, Novakovic wanted a college education. After exploring colleges in the United States, Penn State offered her a scholarship, which she accepted.

Novakovic had never visited the United States before the commitment, so the change of scenery was naturally a bit difficult for her at first.

"I just went straight from high school in Serbia to Penn State," Novakovic said. "It was kind of a crazy journey since I really didn't get a chance to visit, and I didn't really know much about it. It was a really big transition process. It took me a whole year to adjust, and I had some tough injuries too that set me back."

Novakovic's stint in State College, Pa., was short as she decided to transfer after her second year at Penn State. Due to the injuries she suffered in her freshman season, she was able to redshirt with three years of eligibility remaining. Novakovic explored several options in the country before settling on UVA in April 2017 due to a combination of academics and athletics.

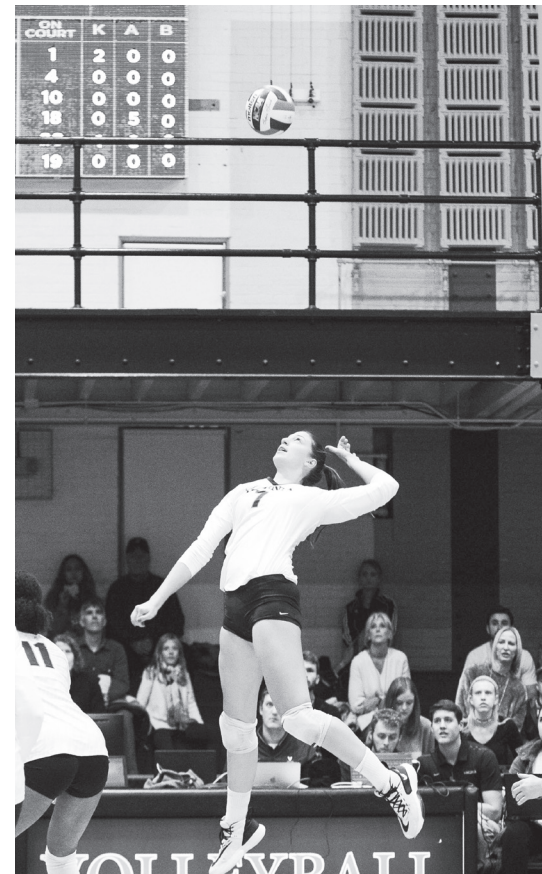
"After my second year [at Penn State] I thought that [Penn State] is not really a place where I want to spend the last two years, so I was looking for a better academic university, which the University of Virginia offered, and also a big athletic school where I could get better as a volleyball player," Novakovic said.

Despite all the setbacks she suffered, Novakovic made an impact on Virginia volleyball immediately. She finished first and second on the team in kills in 2017 and 2018, respectively. She has also started 26 of 27 games for the Cavaliers this season and leads the team with 247 kills.

During her time at Virginia, Novakovic has emerged as one of the top servers in the nation. She led the team in service aces in her junior season and is on pace to do so again this season. She currently leads the ACC with 41 aces and is tied for 35th in that category in the entire NCAA.

Although there are several factors in play, Novakovic's use of topspin serves is a major driver of her success. The topspin serve can be risky, but it is also more likely to result in aces and create trouble for the opposition.

"The top spin serve is more of a high-risk, high-reward serve so that's been something I've been working



KHUYEN DINH | THE CAVALIER DAILY

Senior right-side hitter Jelena Novakovic is tied for first on the team in kills with 247.

on in the offseason," Novakovic said. "Typically, since it's a more aggressive serve, sometimes I'll make more errors because I will get the team out of system and put them in tough situations or I'll get more aces."

It takes more than raw talent to find success with the topspin serve. Coaches, teammates and practice all help Novakovic pull it off.

"I've been lucky enough that coaches trust me, and I put a lot of work in so that I can be more consistent," she said. "They've been very supportive with me having that green light to be aggressive and having my other teammates help me out as well. That's why I've been able to find success [on my service game]."

Even though the topspin serve is difficult to master, Coach Aaron Smith began experimenting with the new serve in Novakovic's first year on Grounds. According to the coaching staff, she was able to pick it up quickly, and it's led to success for the entire team.

Since the majority of Virginia's serving attack is made up of float serves, Novakovic and her topspin serve offers a change of pace and forces the Cavaliers' opponents to take extra precaution.

"As her stats indicate, the work that Jelena has put into her serve is paying

off," Smith said. "Very few players can bring the power, change of speed and accuracy that Jelena brings behind the service line ... It is an element that opponents must prepare for ... While volleyball is truly a team sport, in some ways, you could say that her serve has won us some sets."

As one of four seniors on the roster, Novakovic has an important role as one of the team leaders. Moreover, since she is a fifth-year senior, she affectionately known as "grandma" by many of her younger teammates.

"With a lot of underclassmen playing, they look up to us to use our experience and knowledge and to help them out in tough situations," Novakovic said. "It's definitely been really fun playing with this team and having the opportunity to use that experience and knowledge so that we can all help each other out."

Novakovic's leadership isn't just appreciated by her teammates at Virginia but also by her coaches. Given the team's youth and the challenges the Cavaliers have faced this season, her coaches said having a strong presence like Novakovic is essential in keeping Virginia on track.

"Jelena has a passion for volleyball and a genuine love for her teammates and coaches," Smith said. "That sort of care and dedication serves as motiva-

tion to her teammates. Her maturity and 'no excuse' attitude provides comfort in knowing she will be there when her number is called, which is quite often. Even through failure, she remains confident in her ability. I have seen that sort of leadership rub off on our younger players in particular."

After graduating, Novakovic hopes to pursue a professional volleyball career — most likely in Europe. As a student in the Curry School of Education, she also hopes to eventually hold a career in the field of education.

"Hopefully I'll be able to make a difference and maybe work in a nonprofit that makes sure everyone gets equal education, especially back home [in Serbia], it's a little different with the socioeconomic challenges," Novakovic said. "Wherever I end up, I feel like I would want to make a difference."

The Cavaliers are currently 11-16 on the season after picking up a win over Wake Forest Sunday. Virginia has four more games on the schedule, but Novakovic is especially looking forward to Senior Day Nov. 22 since her parents will be making the long trip to Charlottesville from Serbia for her final home match as a Cavalier.

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Daryl Dike looks to defy the odds

A Virginia forward with an unconventional skillset is becoming the most exciting player in men's soccer

Tobias Abramenko | Feature Writer

If you saw sophomore forward Daryl Dike walking down the street, you might think he was a football linebacker rather than one of Virginia's best mens' soccer players. At 6-foot-2 and 220 pounds, Dike is built differently than most soccer players — at the college or professional level.

Due to his uncharacteristic physique, he receives the same criticism time and time again — he is oversized for his sport. Most people with his dimensions would be awkward and clumsy, and their lack of agility would prevent success at the competitive levels, especially in a high-octane sport like soccer.

Yet Dike's size is what makes him so special. His style of play seems to defy the laws of physics and push the boundaries of physical athleticism. While Dike's strength and build is what jumps out at you, this is not the only thing that sets Dike apart from the competition.

While soccer players are characteristically smaller, Dike's size is an incredible asset, and he knows it.

"Everyone has their advantages and disadvantages, and I definitely think my size is more of an advantage for me," Dike said.

However, size alone is no recipe for success. The players that make it big are those that can pair this asset with their skills. Coach George Gelnovatch is well aware of this and has been concentrated on developing other aspects of Dike's game ever since he joined the team.

"[Dike's strength] is a massive asset to have if you can be good technically, and be good with intelligence and movements, because just that strength is not going to be good enough at the next level, so he's going to have to develop those other things, which he's been doing," Gelnovatch said.

And Dike's work on his agility and shooting in order to complement his strength has paid off. Despite being one of the tallest players in every game and weighing over 50 pounds more than the average player on the UVa. roster, he can shoot like a striker, dribble like a midfielder and run like a winger.

More than just a well-rounded striker, Dike is also the embodiment of hard work. According to Dike, he has always been one of the biggest and strongest players on the pitch, and he attributes that to hard work in the gym and on the track. In fact, Dike ran track in high school which has more than adequately prepared him to use repeated bursts of speed to chase down through balls and crosses.

However, consistently exerting that much effort requires Dike to



EMMA KLEIN | THE CAVALIER DAILY

Sophomore forward Daryl Dike leads the men's soccer team in goals and assists. Dike will look to continue his offensive dominance against Clemson in the championship game Sunday.

take careful precautions to keep him healthy.

"I'm a bigger body so I have to make sure I stretch all the time, so I stretch and roll out before I go to bed, and in the morning ... I try to make sure I eat right, the nutrition people here have me eating a good diet — it's good, it's kept me in shape," Dike said.

While Gelnovatch understands Dike's potential, he is making sure to do everything he can to help Dike maximize that potential and avoid complacency.

"His technique, his runs, his movement, his body shape, his touch when he receives the ball are the things he needs to work on if he wants to get to the next level," Gelnovatch said. "He still has some maturing to do, just like everybody else, but he works hard all the time. He's that type of guy and that mentality is important."

As for Dike, playing professionally has been a lifelong dream. The youngest of five siblings, Dike was raised in a soccer-loving family.

His brother, Bright Dike, was the starting striker for Notre Dame in college, scoring 27 goals in 86 appearances, before going professional and playing for a number of teams in the MLS, Russia and Malaysia. His sister, Courtney Dike, was the starting forward for Oklahoma State University. Additionally, both

siblings have made appearances for the Nigerian national team.

To cap it all off, Dike is also cousins with Emmanuel Emenike, who has had an impressive professional career playing for multiple division one clubs in Europe, including Premier League club West Ham United.

"Honestly, anywhere," Dike said, when asked if he had any preference on where he would want to play. "Anywhere I would love to play, whether it would be in the MLS, I know my dream has always been to play in Europe, but you obviously have to start somewhere after UVa., so anywhere would be a blessing."

Dike can be proud of what he has achieved so far. As a freshman, Dike was the team co-leader in goals scored and was a member of the ACC All-Freshman team.

Heading into the ACC championship game, Dike already has seven goals, two more than last year, and seven assists. In the ACC quarterfinals, in which Virginia beat Syracuse in a 2-1 thriller, Dike drew the penalty that Joe Bell converted for the first goal of the game and assisted the game winner in the 18th minute.

Overall, it's safe to say that in the last two years, Dike has made waves in college soccer and is now looking to lead the Cavaliers to their eighth NCAA championship.

As the primary playmaker on the team, junior midfielder Joe Bell

couldn't wish for anything more from the forward.

"I think he's a bit of a cheat code especially at this level," Bell said. "His ability to not only hold up the ball but his ability to connect a pass and understand the game is fantastic."

Dike's athleticism also makes it easier for the team to get creative on the offensive front.

"With Daryl you don't always have to play it at his feet, which is actually a nice thing to have," Bell said.

"You can just put it into space and give him a chance to run it down and make something happen, which as a midfielder is kind of the best thing, when you're getting pressed, and you know you have someone up there that can win something for you."

The Cavaliers have proven they are one of the most dominant teams in the nation this year, and their sights are firmly set on a national championship. As for Dike, the expectations for the remainder of the season are clear — "win everything."

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OPINION

LEAD EDITORIAL

Virginia's newly elected policymakers must keep students in mind

Following last week's general election, recently elected state and local officials should avoid faltering on the promises they made to students and their families

Last week's general election was historic as Democrats swept state and local races across the Commonwealth, regaining control of the General Assembly for the first time in almost 20 years. Now entrusted with a clear mandate, these newly elected policymakers are tasked with upholding the very campaign promises that paved the way for their victories. Given that students represent an increasingly important constituency across the Commonwealth, elected officials must focus on the issues that disproportionately affect them.

Most significant among these is the cost of higher education in Virginia. This problem has become so serious that in 2018, the General Assembly enacted a one-year tuition freeze impacting all of Virginia's public colleges and universities, temporarily halting several proposed tuition hikes, including at the University. While this measure was certainly a step in the right direction and one that will hopefully be repeated, it fails to address two key issues at hand — decreased funding for public colleges and

universities and a general lack of oversight by lawmakers.

Since the 1990s, Virginia has followed the national trend of slashing public assistance for institutions of higher learning, effectively shifting the burden of funding these schools almost entirely onto students and their families. For the 2019-2020 academic year, state appropriations accounted for only 8.8 percent of the University's total operating sources. Correspondingly, lawmakers have also shown extraordinary deference to school administrators in regards to how these funds are spent. Because of this, in-state tuition has risen by 79 percent over the past decade, and today Virginia ranks among the top ten states for the highest average cost of attendance at its four-year public colleges and universities.

As newly-elected lawmakers head into next January's session, they must redefine the Commonwealth's present relationship with its public colleges and universities to ensure they meet the needs of students in the 21st century. One way to do so is to appropri-

ate more money to the University, which is especially necessary considering that the Board of Visitors' proposed to raise tuition and fees during the 2019-2020 academic year.

Aside from lowering the cost of higher education, another area of concern must be meeting the present demand for affordable housing. This crisis has played out in college towns and communities across the Commonwealth, disproportionately affecting low-income residents and students alike. The City of Charlottesville alone is currently in need of an additional 3,000 housing units by 2040 with the surrounding region requiring almost 11,000. While the Thomas Jefferson Planning District Commission, which oversees development in the Charlottesville area, recently commissioned a \$100,000 study on the topic, there still remains a significant amount of work. With housing being one of the largest costs for students at the University, it is imperative that policy makers who are looking to make college more affordable also address the present housing short-

age. Among these policies include local officials loosening zoning and land-use restrictions, as well as the General Assembly granting more localities the ability to enact inclusive zoning ordinances.

Finally, in light of the tragic events that have unfolded on college campuses across the Commonwealth over the past two decades — most notably the Virginia Tech Massacre in 2007 and the Unite the Right Rally in 2017 — newly-elected state and local officials must finally take the necessary steps to keep students safe. The Commonwealth's gun laws have long been woefully inadequate and next January's legislative session provides an excellent opportunity for lawmakers to finally correct many of the missteps taken in the aftermath of the Virginia Tech shooting.

In fact, Virginia is 1 of 12 states that encountered more than five shootings on or near college campuses during a 14-year period. Together, these 12 states accounted for 64 percent of all college campus shootings during that time. Given these facts and the potential for future white supremacist ral-

lies in Charlottesville, which may once again include armed participants, the General Assembly must pursue more stringent gun regulations such as reinstating the Commonwealth's "One-Gun-A-Month" Law, restricting high-capacity magazines and increasing the threshold of requirements during background checks.

While last week's election was momentous, it is crucial that Virginia's newly elected policy makers avoid resting on their laurels. Ultimately, it is the responsibility of our representatives to ensure that the needs of students are fully being met while also continuing to enhance the reputation and strength of Virginia's public colleges and universities.

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THE CAVALIER DAILY

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Let's stop worrying about billionaires' feelings

We need to focus more on the issues faced by our country's poor communities than the feelings of the ultra-wealthy

We've recently seen a lot of news coverage on progressive 2020 Democratic candidates — primarily Sen. Elizabeth Warren, D-Mass., and Sen. Bernie Sanders, I-Vt. — in relation to their tax plans on the ultra-wealthy in American society. Both of these candidates have proposed wealth taxes on individuals with immense fortunes — Warren has proposed a two to three percent tax on net worths starting at \$50 million, while Sanders has proposed a one to eight percent tax on net worths starting at \$32 million.

Many billionaires in recent months have come out strongly opposed to the concept. CEO of JPMorgan Chase Jamie Dimon believes Warren is “vilifying successful people.” A video of billionaire Leon Cooperman recently went viral when he became emotional on national television while discussing Warren's tax plans and the future of our country. However, with these objections in mind, it is important that we not let the interests of billionaires cloud our judgement. Wealth in this country is highly concentrated in the top 0.1 percent and until we do something about it, there is no prospect of us achieving any progressive policies.

Firstly, however, it is important to

note that the idea Warren or Sanders are unfairly targeting the rich is absurd. Recognizing the vast amount of injustice faced by the impoverished members of our country while the rich continue to hoard massive amounts of wealth to themselves should not be seen as an attack. Rather, Warren and Sanders are recognizing a solution to the problem of wealth inequality.

It's no secret that wealth in our

country is highly concentrated among only a few wealthy individuals — the top one percent of this country holds almost 40 percent of the wealth. And this gap between the rich and the poor has only been increasing in recent years. Huge structural changes — much like what these two candidates are proposing — are needed to fix a system that allows this top one percent to thrive while ignoring the issues of the country's poor citizens.

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We have, for too long, allowed for the ultra-rich to run the country, buying off politicians to make sure they are able to keep their fortunes.

country is highly concentrated among only a few wealthy individuals — the top one percent of this country holds almost 40 percent of the wealth. And this gap between the rich and the poor has only been increasing in recent years. Huge structural changes — much like what these two candidates are proposing — are needed to fix a system that allows this top one percent to thrive while ignoring the issues of the country's poor citizens.

The issues that both Warren and Sanders are proposing to fix are im-

mensely important to the future of our nation. Both of these candidates note that the revenue generated from any such tax would be put towards creating programs such as universal child care, Medicare for All and affordable housing. All of these issues deeply affect poorer communities throughout the country. Limited access to child care, for example, is an obstacle preventing many low-income families

from achieving greater social mobility, as parents make career sacrifices to care for children. We see this same impediment when poorer communities are crushed by higher education, medical and housing costs. Poor citizens, when dealing with these immense expenses, are not able to save or invest their income, thus further perpetuating this already immense wealth gap. These are issues that, if left unresolved, will result in the further widening of the wealth gap mentioned earlier.

Though these programs come with a huge price tag, the revenue exists to pay for them. Under Warren's current plan, Bill Gates would pay an estimated amount of slightly over \$6 billion in taxes. Given there have been dramatic increases in Gates' net worth over the years, he should hardly be worried about the future of his fortune. Moreover, I am not worried about how Gates or other wealthy citizens will survive under heavily increased tax-

tion — the wealth taxes proposed by these two candidates do not even start until a person reaches a net worth in the tens of millions of dollars.

Though American society has taught us to believe that personal wealth is dictated by how hard someone has worked, which may spark opposition to wealth taxes, it is objectively not true if we look at mobility rates among the different financial quartiles. It is nearly impossible for children born into the bottom 20 percent to move up the social ladder into

the top 20 percent. Unfortunately, the pervasive influence of the American dream causes many individuals to believe that forcing billionaires to pay for these programs is unfair.

Ultimately, we need to reevaluate our concept of fairness in this context. What is really unfair is the incredibly disproportionate amount of wealth in the hands of the top 0.1 percent of this country. What we need to view as unfair is the way this country treats its poor citizens — putting the interests of those with money above the interests of those without. We have, for too long, allowed the ultra-rich to run the country, buying off politicians to make sure they are able to keep their fortunes.

We have reached a point in our history when we have an opportunity to make structural changes that matter and work towards dismantling this large concentration of wealth. We need to forget about the feelings of the wealthy — they will be fine no matter what happens. Let's focus instead on the poor citizens in our nation and how we can help them.

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U.Va. needs to do more to honor our troops

The University has failed to recognize its role in supporting the men and women who fight for this nation, and it is utterly disappointing

University President Jim Ryan recently made the executive decision to remove the decades-old tradition of a 21-gun salute from the University's Veterans' Day vigil. He justified removing the honored practice from this year's celebrations because it “is not required,” has the potential to disrupt classroom learning and could promote gun violence concerns around Grounds. However, following immediate backlash, he was forced to respond to community discontentment in regards to his decision. Ryan has since been quoted saying that he aims to “take a closer look at options” that could possibly “enable us to re-introduce the 21-gun salute to the program” in future years. Although Ryan's response gives me some hope, his initial removal of the 21-gun salute demonstrates his administration's lack of respect for ROTC students who will one day dedicate their lives to defending our nation.

Ryan's decision compelled one community member to write a letter to the editor for *The Daily Progress* to express his outrage, saying, “My support for UVa and its administration has ended.” He went on to address ROTC units directly, arguing, “If UVa cannot support honorable military tradition of a 21-gun salute for military veterans, than I suggest that all ROTC

units leave UVa. and affiliate with other colleges and universities in Central Virginia that appreciate and respect the military traditions that come with hosting ROTC units on campus.”

Articles lamenting the University's blatant disrespect toward the United States military and ROTC units on

men and women how appreciative we are for the sacrifices they make every day. A 21-gun salute is the most admirable way to show gratitude to those that serve. In fact, it is often described as the “highest honor rendered,” and to insinuate that it would be a disruption to student's learning is a disgraceful

excuse. The University could stand to learn from schools across the country that don't hold classes on Veterans Day in order to show respect for those who fought for this incredible nation. Many shared these same concerns in response to Ryan's statement on Twitter, with one commenter stating that they believed it was an “inane and vacuous policy change.”

University Group Commander Cameron Greer best explained the importance of honoring our troops when he said “this is a very solemn, somber, and very serious thing that we're paying tribute to, and something that's bigger than any one individual cadet.” This statement symbolizes all that the

University appears to have missed. Outside of the 92 cadets from ROTC units that participated in the 24-hour vigil, Veteran's Day celebrations were virtually nonexistent on Grounds. But unfortunately, this disrespect is not limited to the misguided policies taken by the University's administration.

they fail to acknowledge that without this so-called horrible institution, they would not have the freedom of speech that permits them to publish such distasteful comments in the first place.

Given these distasteful attacks coming from admittedly fringe community members, Ryan, the University and its students have an opportunity to reconsider and reflect on the message their actions have sent our troops, their families and the rest of the nation.

Instead of removing honorable traditions from the University's Veterans Day vigil, we should be actively working to not only expand the ceremony on Veterans Day but on every other day as well. A veteran is not only a veteran one day a year, and all active-duty military personnel make daily sacrifices to keep our nation safe. Furthermore, the members of these ROTC units are next in line to serve the United States and provide us with the opportunity to attend prestigious schools like the University. They, along with those before them, deserve more respect than that which has been shown by our community.

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We should instead take every opportunity show our servicemen and women how appreciative we are for the sacrifices they make every day.

Grounds have since been shared across social media platforms, all centered around one theme — the University is not doing enough to honor troops.

One of Ryan's justifications for the removal of the 21-gun salute — other than it being a cause of distraction — is that it is traditionally a practice seen on Memorial Day celebrations as opposed to Veterans Day. This justification is flawed for two major reasons. Primarily, most faculty and students are not on Grounds for Memorial Day, as it typically falls well after the school year has ended. Moreover, there is no reason we should not be extending our gratitude to veterans beyond one day of the year. We should instead take every opportunity to show our service-

Earlier this year, Opinion Columnist Jake Wartel published a piece for *The Cavalier Daily* discussing “the destructive legacy of the U.S. military” and, as a result, the “serious challenge” of ROTC. In his article, Wartel discussed the military industrial complex and how certain military interventions have supposedly rendered the United States military a horrible institution. This article resurfaced on Nov. 11, following Ryan's decision to end the 21-gun salute, when the University chapter of Young Democratic Socialists of America tweeted the article with the caption “Happy Veterans Day!” In doing this, these University students displayed repulsive and unjustifiable behavior. But paradoxically

HUMOR

Say yes to the dress: Housing edition

The time-honored tradition of wedding dress shopping can be so pure and so wonderful. It is a time when family and friends gather together to help the bride-to-be select the gown that she will wear before the eyes of God as she vows eternal love to her spouse. The bride may browse hundreds of dresses before choosing the one that is just right for her, and all the while, she is given gracious and well-intentioned advice from family, friends and, of course, the sales associate. At the age of 19, I had never wondered what the bride-to-be must feel like in those moments, but thankfully, I got a glimpse into a similar world as I was apartment hunting this year.

All that my posse of roommates and I wanted was to find a place that we could make into a home during the following year. All that we had to do was pick

one apartment — no big deal! Just like an engaged woman, I had already decided the people whom I would be contractually linked with for a period of time, and this was just a small part of the process. In hindsight, the apartment or the dress should not be the focus when building a happy home or a happy marriage. But, let me tell you, as seen in shows like “Say Yes to the Dress,” it makes a BIG difference and causes a helluva lot of stress in the short-run. Sadly for those of you tuning in to the story of my life, there was not a camera crew, a sassy aunt or a televised meltdown in this episode. However, highlights in this episode include a sassy realtor, a crushing sense of reality and many other fun perks.

Our first step was to make an appointment to tour the apartments. We met our “realtor” in an

office building that was un-ironically bougie and looked eerily similar to the lair of Fegan Floop in “Spy Kids 2.” Her personality was very Randy-esque — the fun and sassy sales associate in “Say Yes to the Dress” — without an iconic sense of style. Although we did not come in with magazine clippings nor had we made a Pinterest board of ideas, we did have a list of things that we wanted in our prospective home. She talked to us through her deceptive seeming smile about all of our wonderful options as we toured a variety of places. Just like when wedding dress shopping, we didn’t fall in love with the first one we saw. No big deal — we then saw about 12 others.

The idealized version of wedding dress shopping is much more romantic than in reality and I am here to report the same is true for apartment hunting.

The professionals in each situation like to say that you have a lot of choices, but you do not. Like the women on “Say Yes to the Dress,” my roommates and I had a budget. And we made the same mistake that the women in the show do when they try on the most expensive dress in the store — we toured the nicest and most expensive apartment they had to offer. BIG MISTAKE! For the brides who try on the designer dresses, all the rest of the off-the-rack gowns fall short after you’ve had the cream of the cream-colored crop.

Like them, we were just not having that “Yes!” moment after seeing what an apartment that has monthly rent equal to the price of a first year meal plan. Unlike the brides on the show, we did not have a rich parent who just needed to be persuaded, nor did we have an NFL-star

brother who wanted to spoil us. So, we settled for the apartment equivalent of off-the-rack, and that’s just alright.

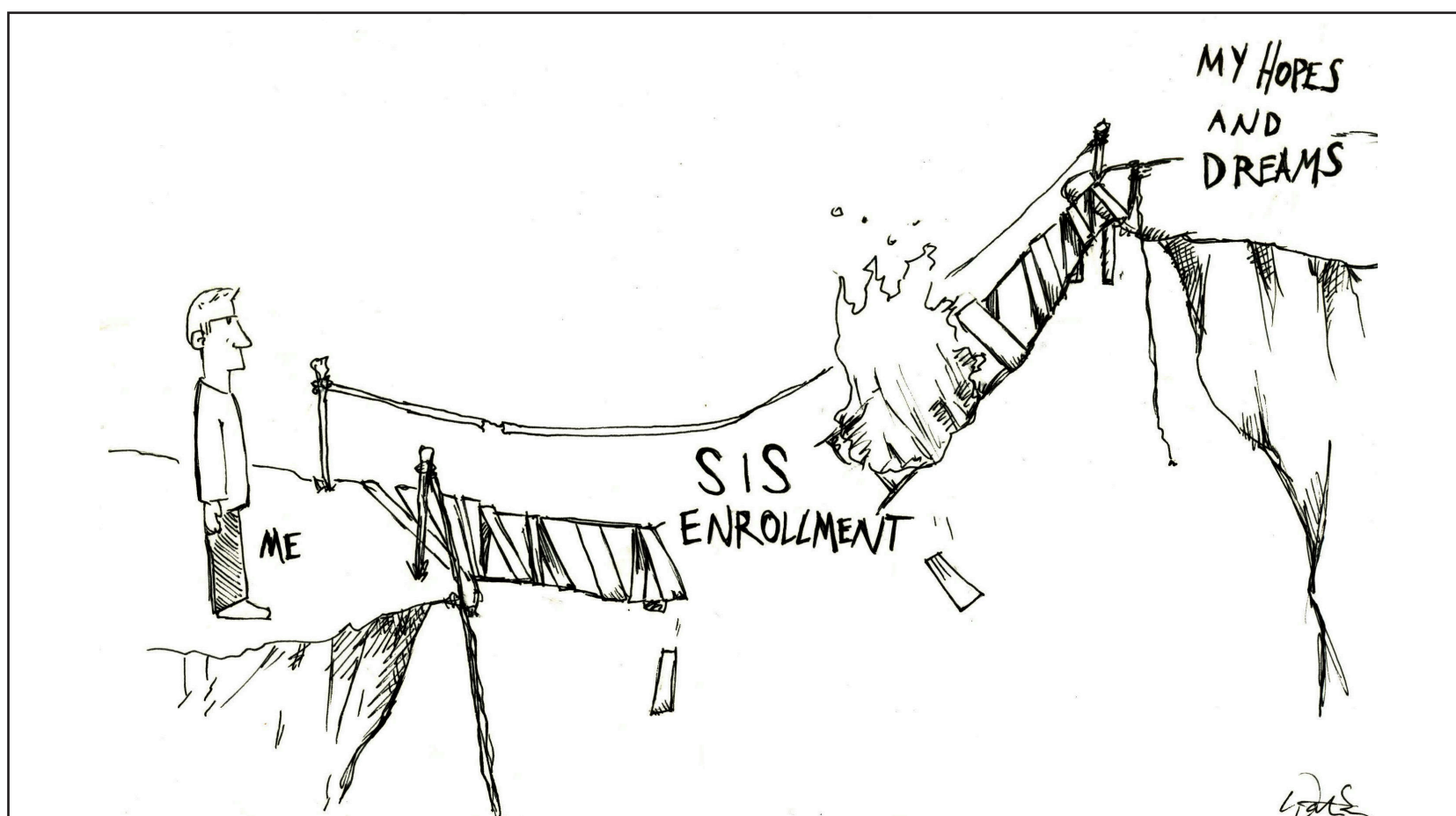
By the end, I did not feel like an adult making a life decision. Instead I felt like the bride-to-be standing on the pedestal, surrounded by the tear-stained faces of my loved ones and the sales associate being pressured to say yes to the dress to sign a 12-month lease!

RILEY POWER is a Humor Columnist at The Cavalier Daily. She can be reached at humor@cavalierdaily.com.

CARTOON

A flawed SIStem

Walter Sharon | Cartoon Editor



ARTS & ENTERTAINMENT

Dancers confront media, self-image at Fall Dance Concert

Student-led projects highlight performances at Culbreth Theatre

Caitlin Woodford | Staff Writer

Students, faculty members and guest artists have worked over the past few months to solidify all of the moving parts which must come together to create this semester's Fall Dance Concert, which had performances from Thursday to Saturday in Culbreth Theatre. The concert, which is produced by the dance program of the University's Department of Drama twice a year — once in the fall, and once in the spring — features the work of student choreographers and performers who work closely with department faculty members to bring their visions to the stage.

This semester's show featured six pieces, with concepts ranging from waves and undercurrents to the power of shared experience. Artistic Director Kim Brooks Mata, who has worked with the University's dance program since 2011, is responsible for managing all of these distinct concepts and working to fit them into a cohesive arc for the audience. With less time than usual to hammer out all of the details of the show — the performance usually falls closer to Thanksgiving break — this concert proved particularly challenging, though Brooks Mata was confident in a strong show.

"It's been an accelerated process, but I am very proud of the work they've been able to do in a smaller amount of time," Brooks Mata said. Due to these time constraints and

the size of the performing group, the dynamic of the team was defined by their closeness.

"The community of the dancers has been such a strong one — it's great just seeing over the last several days how they've come together and the fact that they're providing such a supportive environment," Brooks Mata said. "This environment that they're helping to generate and create is permitting them to take risks on stage, which is really beautiful to see."

In addition to the tight knit group of dancers, another unique aspect of this semester's concert is the collaboration between lighting designers and student choreographers, a joint effort which has brought the two distinct disciplines of tech and performance together.

"There's lighting designers, there's crew, there's stage managers, there's costumes, and thanks to all these different individuals involved that are both visible and invisible in the final production, it all comes together to make this happen," Brooks Mata said.

This semester, the two students who worked to choreograph their own pieces for the concert are fourth-year College student Erin Perry and fourth-year College student Carolyn Diamond. In addition to creating their own works, both are involved in the production as performers themselves.

Spending about three hours a week

per piece, Perry and Diamond ran their own rehearsals with the guidance of faculty members to help with the learning process. Each piece operated around a very distinct concept, which both choreographers worked to gradually develop.

"It's about self-image and how we perceive ourselves and not being satisfied with the reflection we see," Perry said. "The dance is really about the accumulation of that frustration. It ends unresolved because it's an ongoing process for a lot of people, and it encourages the audience be self-reflective."

Her piece, entitled "At the End of the Day..." integrated gestural and intricate movement with ideas of dynamic expansion and was just one aspect of Perry's long history of involvement within the program. Starting the first semester of her first year, Perry has performed in every dance concert to date.

"It was my way to really get involved with dance on Grounds and to find my group of people that I felt safe with, that I could be myself around, to just dance and have fun," Perry said.

Similarly, Diamond has also worked frequently with the program. Her piece, entitled "https://bit.ly/IqT6zt" — a play on the popular online trend of "rick rolling" — a play on "rick rolling," focuses on the ways in which we interact with and are ulti-



COURTESY UNIVERSITY OF VIRGINIA

The Fall Dance Concert had performances last weekend at Culbreth Theatre.

mately distracted by social media.

"I realized this summer that every time I thought I was spending time alone, I was really on my phone, just being on social media and not being present in the moment with myself," Diamond said. Her piece, which features only two dancers, explores the relationship between a person and a distraction — at times playful, at times overwhelming.

Alongside the students' choreography, work by faculty members and guest artists was also featured. Even without a background knowledge of dance, there was something for everyone at the concert, as the department works to ensure that the performance material, though operating in an un-

familiar medium for many, is still accessible.

"Sometimes, depending on audience members' familiarity with the genre of modern and contemporary work, people can walk away with questions or feeling as though they don't understand," Brooks Mata said. "What I invite them to do is to just be open to the experience and allow themselves to resonate with things that feel really potent to them."

Miranda Lambert leads night of female talent at JPJ

Maren Morris, Pistol Annies and Tenille Townes join a powerhouse show

Leah Erwin | Staff Writer

Miranda Lambert continued her "Roadside Bars & Pink Guitars" Tour at John Paul Jones Arena Thursday night, backed by several notable acts. Her performance at JPJ featured Maren Morris, Pistol Annies and Tenille Townes. This performance was notable both in the ways that the acts differed — spanning different decades, with different highlights and weaknesses — but stood unified by true musical talent in a show highlighting female skill and ease.

Take Maren Morris, for example. Morris' act brought a young, poised energy to the stage, blending rock guitar riffs with country themes and pop beats for popular crowd-pleasing warm ups. Morris successfully engaged older viewers in a wave of nostalgia with her song "80s Mercedes," had younger audience members throw-

ing their hands up in the air for her rendition of Zedd's "The Middle" and incorporated the swanky confidence of country with songs "Rich" and "My Church." At times, her opening act felt long or distracted purely because of the huge range of musical styles Morris attempted to tackle, but at the center of it all was a young and bright energy that captivated her audience.

If Morris' opener had more tenuous highs and lows, Miranda Lambert's main act was a steady and dependable knockout. It is easy to downplay the musician because of her genre in a musical era that prefers straight folk or pop to country, from which Lambert unapologetically does not deviate. However, it became impossible to forget by even the fourth song — an oldie but a goodie, "Famous in a Small Town" — that Lambert has earned two

Grammy awards and seven CMA Female Vocalist of the Year awards.

Lambert is a powerhouse in her genre, and this show highlighted that she's a decidedly feminine powerhouse in her genre as well. Her early songs in the set included "Locomotive," "It All Comes Out in the Wash" and "Bluebird" — all unified in the unshakeable confidence with which Lambert delivered them, as well as her stories of love, family and identity central to each lyric. Although Lambert gave a relatively low energy performance, it remained enjoyable because of her seasoned talent and comfort on the stage.

Then, Lambert brought out the rest of the Pistol Annies — her original trio band of nearly a decade — and the audience quite simply lost its mind. Their first album was released in 2011, and it took roughly twenty seconds of

fellow band members Angelina Pressley and Ashley Monroe joining the stage to be reminded why they remain relevant in country music today. They played the usual tongue-in-cheek favorites like "Hush Hush" and "Got My Name Changed Back," and the 2018 track "Best Years of My Life" was just as poignant live.

Threaded throughout the show were small moments of banter that hinted at a decades-long friendship spanning multiple marriages, divorce, children and tours — and the result was a performance that seemed to empower without necessarily trying too hard at it.

Whether it was Morris' open discussion of her pregnancy and marriage, Lambert donning an old-fashioned washing board to add a touch of silliness to "Got My Name Changed

Back" or the campy dancing back and forth of the Pistol Annies across the stage, the show maintained a unified sense of femininity that created comfort for the audience without examining the implications of it.

This wasn't necessarily a feminist show — their lyrics, genres and live performance styles can't be boxed into that — but it was a show designed to make women in the audience feel comfortable, regardless of their particular music taste. If you're a woman who has made mistakes, knows how to laugh at herself and has a life as complex as anyone's, the women of Roadside Bars & Pink Guitars know exactly how you feel, and they're singing to you.

HEALTH & SCIENCE

Rise in STD cases prompts U.Va. community to take action

Jefferson Health District has seen an inflation in STD cases, consistent with a national trend

Cecily Wolfe | Senior Writer

Recently, despite the availability of antibiotics that effectively cure them, cases of STDs like chlamydia, gonorrhea and syphilis continue to rapidly spread across America. Virginia has not remained immune from this national trend, as the Thomas Jefferson Health District that encompasses Charlottesville witnessed a significant inflation of cases.

According to the Centers for Disease Control and Prevention, chlamydia, gonorrhea and syphilis infections rose in the United States by 19, 63 and 71 percent since 2014, respectively. Based on a report the CDC released in early October of 2019, gonorrhea grew by 5 percent and chlamydia by 3 percent from 2017 to 2018. Moreover, at least 2 million peo-

ple suffered from one of the three illnesses, the most ever recorded by the CDC.

Relatively common STDs such as chlamydia, gonorrhea and syphilis wreak havoc on men and women's reproductive symptoms, causing swelling, sores, rashes, internal damage and bleeding. Transmission occurs via sexual contact with an infected individual or from a pregnant woman to her unborn child.

Jamie Leonard, director of the office of health promotion in the Department of Student Health, listed several precautionary steps to prevent STDs, such as limiting the number of partners and using protection when engaging in sexual contact. When starting a relationship, Leonard recommended regular STD screenings and shar-

ing one's STD status with any significant others.

"Talking with a partner about expectations around condom usage, mutual monogamy and/or STI status ensures that everyone is on the same page, making informed decisions, and protecting themselves and their partner(s)," Leonard said.

Young adults and homosexual males traditionally represent the most at-risk populations, the CDC claimed. However, as Clare Ruday, MSN, senior public health nurse and PrEP program manager for the Thomas Jefferson Health District noted, STDs affect a wide range of people.

"Basically, anyone who has sex is at risk because you might be monogamous, but your partner isn't," Ruday said. "I think people

forget about it or think STIs are just an issue for young people, but we want everybody to get tested."

All three diseases are curable, but without treatment, serious complications can arise. Chlamydia can cause a fertilized egg to develop outside of the uterus, while severe syphilis can negatively impact the brain and heart. Infection also increases the probability of contracting HIV.

The Thomas Jefferson Health District, which spans Charlottesville and five counties in central Virginia, noticed local trends that mirrored those reported by the CDC. Ruday stated that over the past five years, syphilis cases surged by 77 percent, with gonorrhea following at 33 percent and chlamydia at 29 percent. Approximately 57,000 Virginia residents received STD diagnoses in 2018, whereas only 55,000 did the previous year.

"[The diseases are] happening here," Ruday said. "People don't think it's here but it's here ... nobody really wants to talk about it or think about it. My job is to put it in front of people."

The CDC attributed national patterns to factors that impede people's ability to obtain effective STD care, prevention education and resources. Reasons include poverty, substance abuse and recent fund reductions for local and state programs that combat STDs. Furthermore, a general decrease in condom use has left individuals more vulnerable to STD transmission.

In fact, the Thomas Jefferson Health District offers free condoms to the Charlottesville community and students as one of the first lines of defense against STDs. The medical center also conducts free walk-in clinics on Tuesday mornings and Thursday afternoons that address sexual health, and on the first and third Wednesday evenings of each month, they host free "test and go" clinics. The event provides community members with the opportunity to quickly have blood and specimen collected and screened for chlamydia, gonorrhea, syphilis, HIV and Hepatitis B and C. Staff even attempt to make the experience enjoyable, showing a movie and supplying attendees with snacks as they wait.

The Elson Student Health

Center engages in similar forms of intervention and aid focused specifically on students. Clinicians examine patients for indicators of STIs and advise them on steps moving forward, regardless of a person's test results. Currently, it costs \$30 to be tested for gonorrhea and chlamydia at the Elson Student Health Center, and Student Council is planning to offer 70 free STI tests in an event at the center towards the end of the fall semester. Dr. Meredith Hayden, associate executive director of the Department of Student Health, promoted these resources.

"Student Health is a great resource for students," Hayden said. "Clinicians are skilled in screening, treating and preventing infections."

In addition, the Department of Student Health places a particular emphasis on education via the healthy sexuality issue of The Stall Seat Journal, as well as Peer Health Educators. Both serve to inform and counsel the public about safe practices when choosing to be sexually active.

"PHEs provide one-on-one patient education to students about a variety of college health issues," Leonard said. "They provide outreach education to groups, i.e. residence halls, fraternities/sororities and student groups, etc., on college health issues, including sexual health."

Whether seeking advice and treatment from the Thomas Jefferson Health District or Student Health, students and community members can attend STD screenings, clinics and consultations with trained medical professionals and health advisors. However, as Ruday emphasized, along with routine screenings, one of the keys to remaining healthy is as simple as communicating with potential and current partners.

"[You can get yourself tested] regularly so at least you know your status and can share that with your partner, or you can at least know you are covered," Ruday said. "It shows [your partners] that you value your health and expect them to respect it as well."



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The Thomas Jefferson Health District offers free condoms to the Charlottesville community and students as one of the first lines of defense against STDs.

27 percent of U.Va.'s heat powered by coal

The main plant has the ability to store 3,600 tons of coal and 90,000 gallons of fuel oil

Somes Huwiler | Staff Writer

In the past 10 years, as climate change has become a significant threat, the University has signed on to a number of greenhouse gas reduction commitments. Despite this, the University heat plant still uses a significant amount of fossil fuels, which may pose dangers to the environment and human health. According to Facilities Management, the University is classified as a major source of hazardous air pollutants which means the University has the potential to emit more than 10 tons per year of an individual hazardous pollutant.

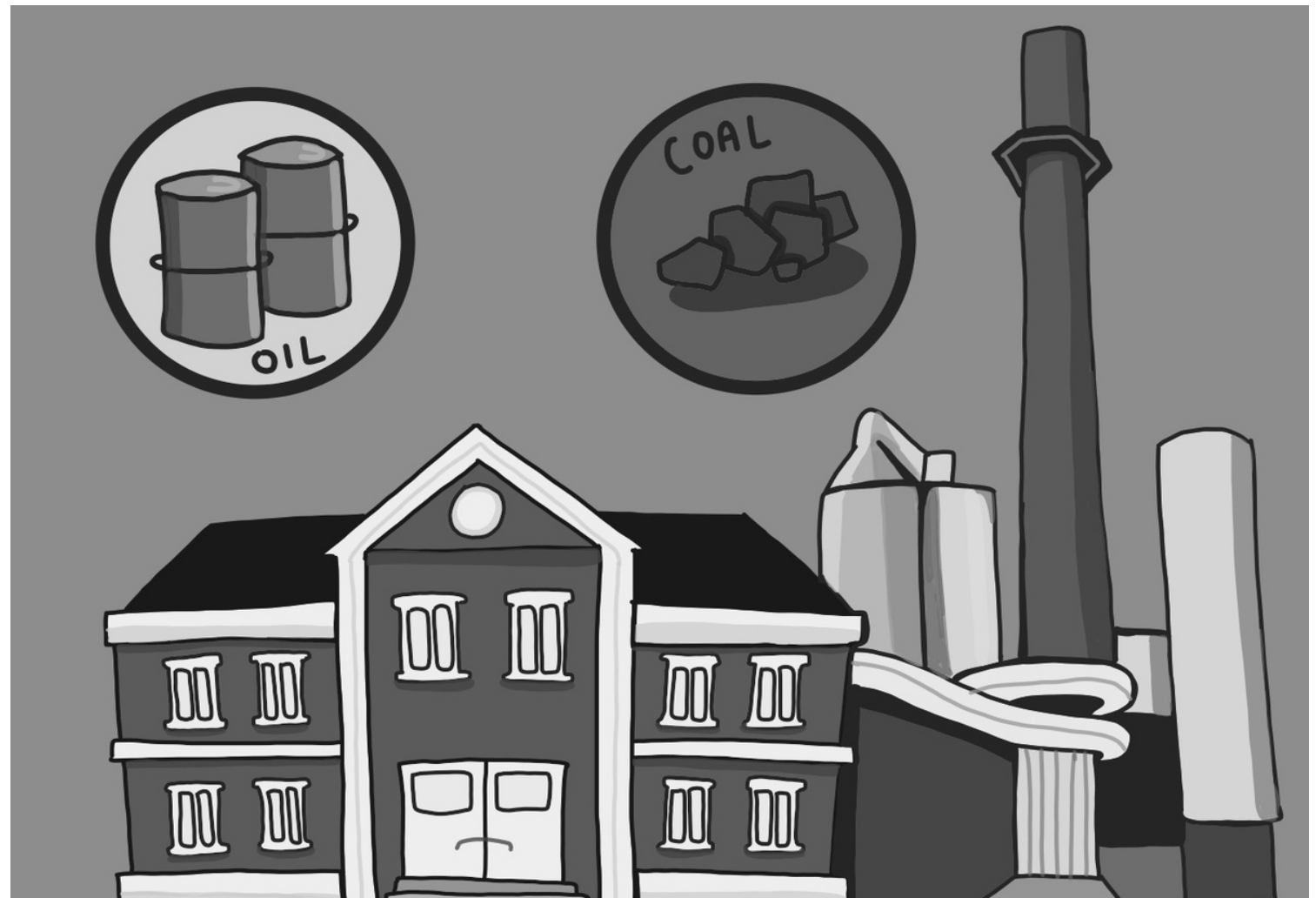
The main University heat plant utilizes energy produced from natural gas, oil and coal. There are currently over 20 miles of underground pipelines that send steam to almost 11 million square feet of building space.

Paul Zmick, senior associate director of Energy and Utilities, and Cheryl Gomez, director of Operations at Facilities Management, along with the Facilities Management team are currently investigating how to transition away from coal usage.

"It's challenging because that means innovations in technology, emerging technologies, things such as the grid becoming more green, decarbonizing the grid, all of these things are extremely important for helping us move in that direction," Gomez said.

Coal — a widely used fossil fuel — has always been a reliable source of energy, but it comes with significant costs that impact human health and degrade the environment. Around 27 percent of the heat from the main heat plant at the University is produced by coal. Air pollution and warming of the planet are the two biggest effects of burning coal. The burning of coal releases harmful pollutants including sulfur dioxide — linked to asthma, smog and acid rain — nitrous oxide, which irritates the lungs, methane and carbon dioxide.

According to Facilities Management, the plant has pollution control that complies with environmental regulations and minimizes the effects of coal burning. These scrubbers are 94 to 96 percent effective, eliminating the most common and hazardous pollutants from the air. The University has been issued a Title V operating permit which lays out regulations the University must follow. According to the permit, total boiler emissions may not exceed 14.40 tons per year of particulate matter, 96.72 tons per



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year of sulfur dioxide and 139.25 tons per year of carbon monoxide. The plant follows strict environmental regulations, but the plant's emissions actually fall below these limits.

According to Zmick, these regulations, in combination with a facilities safety team, ensure a safe work environment for all those involved. The plant includes automation for coal handling to minimize coal and worker interaction, and they recently passed a 365 day mark with no injuries.

The Facilities Team is exploring alternative forms of energy with the main goal of eliminating fossil fuel usage in total. Facilities experimented with burning of wood pellets as biomass fuel. The burning of pellets was successful, but the cost of the pellets is much higher and the supply is very limited.

In order to produce the same amount of energy as coal, a much higher volume of wood pellets must be burned. Due to the difficult logistics that come with transporting that volume of wood pellets to the University, Gomez explained, it is unlikely that wood pellets remain a viable

alternative. Wood pellets still require coal and fossil fuels to be burned, so they are not eliminating that issue.

Although the wood pellet experiment did not end up replacing the use of fossil fuels, the Facilities Team is looking into new innovations and technologies to improve efficiency. In 2015, the chilled water plant at North Grounds underwent a complete upgrade in which new heat recovery technology was implemented.

When water is chilled, a large amount of heat is generated, and rather than releasing this heat into the air, heat recovery technology harvests the heat to meet the heating needs of the North Grounds plant. After its first year of operation, the plant reduced the amount of energy needed at North Grounds by around 50 percent and reduced water usage by 10 percent. In the past four years, AEI, the engineering company responsible for this recovery technology, has aimed to improve efficiency up to 80 percent. These innovations will help the University transition away from fossil fuels. The University is one of the first

places, along with Stanford, to utilize this technology.

"We're extremely hopeful that emerging technology and improvement in existing technologies will be part of what we will take advantage of to really make a difference," Gomez said.

Along with the reduction of fossil fuels and water usage, these environmental investments also lower the cost of energy for the University. Long term projecting of natural gas prices predicts costs will stay low as a result of fracking, in which where high-pressure liquid is injected into subterranean rocks to extract oil or natural gas. Despite this, new technological innovations are encouraging movements away from fossil fuel.

Fourth-year College student Jamie Wertz, who is double majoring in global environmental sustainability and foreign affairs, currently works for U.Va. Sustainability. According to Wertz, the University is considering releasing a carbon neutrality goal during the next Board of Visitors meeting. She is interested to see what plan comes along with achieving the goal.

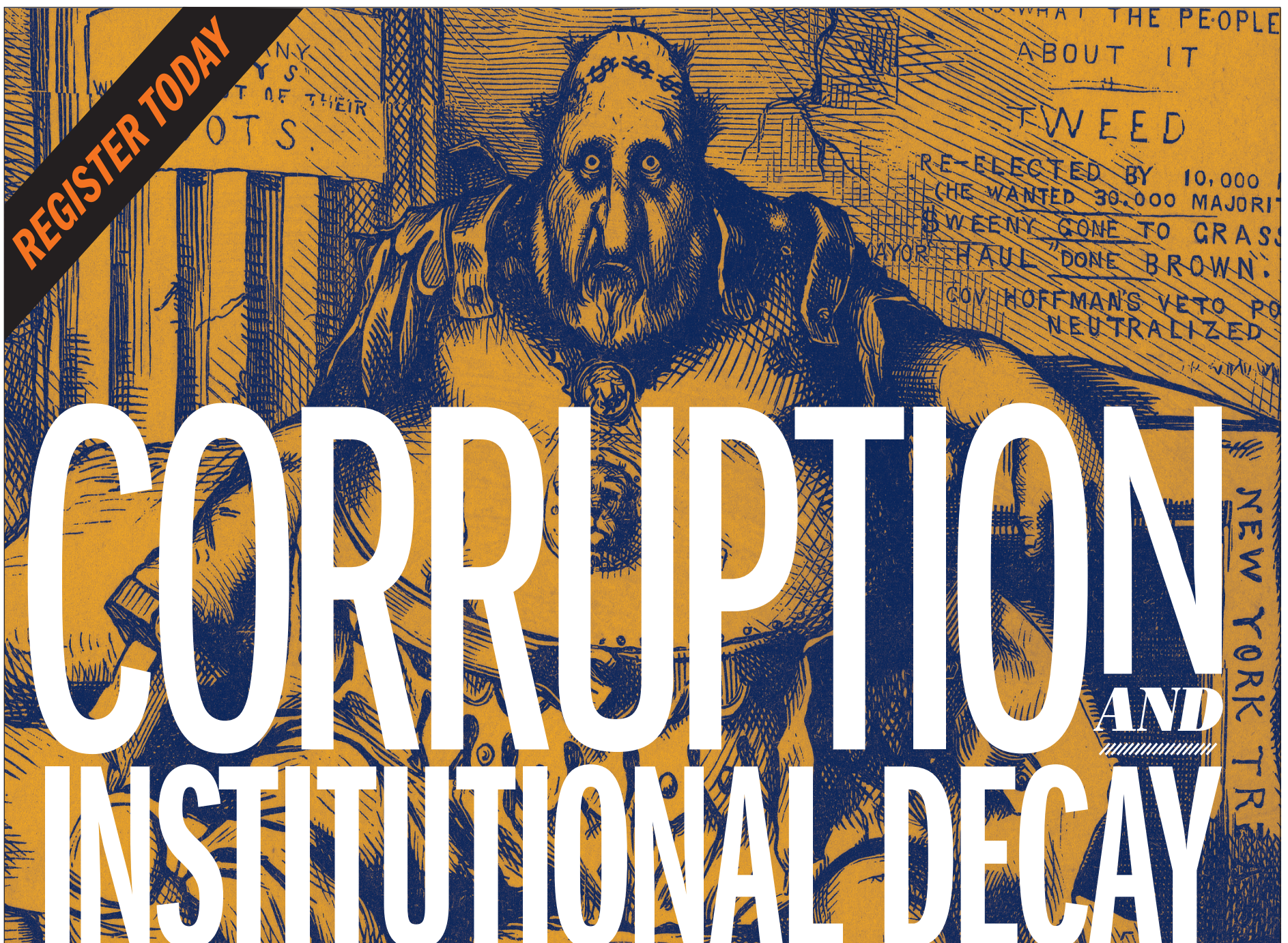
"Investing in research is im-

portant, and that's the main thing they highlight in the plan, but immediate action to reduce the University's footprint takes precedence, in my opinion," Wertz said.

University President Jim Ryan's 10 year road map for the University includes environmental resilience and sustainability but lacks a focus on how the University plans to proceed in becoming more sustainable. Without a specific plan of action, it is unlikely sustainable goals will be achieved.

Fossil fuel usage in the heat plant is only one part of the University's carbon footprint. Wertz opined that there should be a change not only in infrastructure, but in the University's investments.

"From an infrastructure and planning level, I think the University is doing a lot to improve its carbon footprint, but from a financial standpoint, and a political standpoint, which is how [a] lot of environmental and energy decisions are made," Wertz said. "I think there's a need to reconsider divestment and more responsible investing choices."



CORRUPTION AND INSTITUTIONAL DECAY

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What's it like to take on corruption in Russia? Join us as **Bill Browder**, an entrepreneur who directly experienced the brutal cost of corruption in Russia, joins David Gergen to help inaugurate the UVA Democracy Initiative's Corruption Laboratory for Ethics, Accountability, and the Rule of Law (CLEAR). We'll also look at the issue of corruption more broadly with experts from the University and beyond.

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