

THE CAVALIER DAILY

Vol. 128, Issue 16

Wednesday, January 17, 2018

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awarded

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Winter break in brief

A summary of what's happened on and around Grounds over winter break

Hailey Ross | News Editor

THURSDAY, DEC. 21

U.Va. concludes Young Americans for Freedom's constitution complies with school policy

Student Council will propose the University chapter of Young Americans for Freedom be recognized as a Contracted Independent Organization by the council's Representative Body during its first meeting of the spring semester. The decision comes after the conservative group's attorney Casey Mattox sent a letter to the University claiming that Student Council violated the YAF's constitutional rights of free speech and state law when previously denying it CIO status.

In contrast to the group's claims, Ty Zirkle, a third-year College student and Student Council's vice president for organizations, said in an email to The Cavalier Daily that Student Council did not deny YAF recognition of CIO status.

Student Council had made its initial decision to withhold CIO status because it claimed YAF's membership requirements, which required students to adhere to the conservative values of the Sharon Statement, were a violation of the terms and conditions for CIOs outlined in University

policy.

University Spokesperson Anthony de Bruyn said in an email that Student Council's decision was "based upon an error in applying the non-discrimination policy," and that it had requested Student Council "take steps to remedy this as soon as possible."

Zirkle said Student Council's decision to propose YAF-UVA be granted CIO status was made in light of the University's finding "that the language of the constitution does comply with University policy." After the bill is proposed during its first spring semester meeting Jan. 23, the Representative Body will have to vote in favor of the bill in order for it to pass.

YAF spokesperson Spencer Brown said that in sending the letter, the group was trying to change University policy to prevent discrimination against all groups. Brown also said he was pleased with the University's recognition of the chapter as a remedy of "the problematic policy of that issue."

TUESDAY, JAN. 2

Nikuyah Walker elected Mayor by Charlottesville City Council



GEREMIA DI MARO | THE CAVALIER DAILY

A City Council hearing held Jan. 2 was the first to be chaired by Mayor Nikuyah Walker, who was elected by the Council in a 4-1 vote. Walker is the first African-American woman to serve as mayor of Charlottesville.

During the hearing, speakers expressed their concerns about revisions to the city's permitting process for demonstrations and events.

After hearing from members of the public, the Council decided to postpone codifying the new permitting regulations into an ordinance until more extensive public engagement and community outreach can be conducted.

The Council unanimously passed a resolution — proposed by Councilor Wes Bellamy — scheduling a work session for the end of this month in

which community members and representatives from local activist groups and organizations will be able to speak on the permitting revisions.

After consultation from the law firm K&L Gates, City Manager Maurice Jones implemented revised permitting regulations last month as standard operating procedures. However, the Council must officially codify the policies into an ordinance for the new regulations to be enforced.

The new regulations are a response to the white nationalist events in Charlottesville this past summer, including the deadly 'Unite the Right' rally Aug. 12. Organizer Jason Kessler was able to obtain a permit for the rally in Emancipation Park.

WEDNESDAY, DEC. 27

Charlottesville city manager appoints Thierry Dupuis as interim police chief

Charlottesville City Manager Maurice Jones announced former Chesterfield County Police Chief Thierry Dupuis will serve as Charlottesville interim police chief, according to a Dec. 27 press release. Dupuis began his term Jan. 2.

The announcement came over a week after former City Police Chief Al Thomas announced his retirement. Thomas had been in the role for a little over a year after taking the helm in May 2016 following former police chief Tim Longo's retirement. The City of Charlottesville began searching for a new police chief immediately following Thomas's retirement announcement.

Although Thomas nor the city provided

reason for his retirement, the announcement followed the release of the Heaphy report which was presented to City Council two weeks earlier. The report heavily criticized the Charlottesville Police Department, University Police Department, Virginia State Police and City Council for a lack of preparation ahead of the Aug. 12 'Unite the Right' rally.

Dupuis served as Chesterfield County's police chief for 10 years until he announced his retirement in September. He had spent almost four decades working in law enforcement in the Richmond area and had been in Chesterfield County since 1979.

MONDAY, JAN. 8

Kaine visits U.Va. to discuss Children's Health Insurance Program

U.S. Sen. Tim Kaine (D-Va.) visited the University Children's Hospital Jan. 8 to discuss health care coverage with medical care providers and families impacted by the Children's Health Insurance Program.

During his visit, Kaine met with Orange County resident Angela Doland, accompanied by her four-year-old son Latrell Norwood, who is dependent on CHIP.

Doland has four children, each with health needs that require a range of medications, prescriptions and therapies. At the event, Doland described the critical role that CHIP plays for her family — specifically for her youngest daughter, Kiyah, who is three and has asthma, autism, anxiety and seasonal allergies.

The remainder of Kaine's tour comprised of meeting with other patient families, a portion of which was closed to the press in order to protect the families' confidentiality.

CHIP is a federal-state program that provides health coverage to children of low-income families with earnings that are too high to qualify for Medicaid. According to the Medicaid and CHIP Payment and Access Commission, CHIP covered 9.2 million children in the United States in 2016.

The Virginia CHIP program, known as Family Access to Medical Insurance Security, provides medical services for children and pregnant women. Coverage includes hospital visits, vaccinations, prescriptions, dental care, emergency care and vision care. As of October

2017, there were 66,000 children and 1,100 pregnant women in Virginia enrolled in CHIP.

The federal government failed to re-authorize CHIP after the program's funding expired on Sept. 30 of last year, and the program is running out of resources. In Virginia, FAMIS will exhaust its funding by the end of February if Congress does not reach an agreement for re-approval.

Kaine and Sen. Mark Warner (D-Va.) have sent letters to Senate Majority Leader Mitch McConnell (R-Ky.) requesting that a CHIP reauthorization bill be brought to the Senate floor for a vote. This has request not been fulfilled, as discussion of CHIP has been combined with negotiations on other topics, including hurricane relief, pension issues and the Deferred Action for Childhood Arrivals program. Congress is facing a deadline to pass a spending bill by Jan. 19 in order to avoid a federal government shutdown.

Nonetheless, Kaine said he is optimistic for a positive outcome for CHIP. He noted the program's history of bipartisan support since its initial passage in 1997.

Katina McCain, who is the FAMIS enrollment coordinator at the Children's Hospital, said that a failure to reauthorize CHIP could lead some parents to quit their jobs in order to qualify for Medicaid coverage.

‘Be the Difference’ MLK celebration begins

Almost 30 events will honor the life and legacy of Dr. Martin Luther King Jr.

Daniel Hoerauf | Senior Writer

As students return to the University for the beginning of the spring semester, many will join University staff, faculty and members of the community in a three-week-long celebration of Dr. Martin Luther King Jr.

The celebration will feature about 30 different events from Jan. 15 to Feb. 5, with a special address by keynote speaker Joy Reid — national correspondent for MSNBC and host of "AM Joy" and "The Reid Report" — Jan. 23 at the Paramount Theater in downtown Charlottesville.

Events range from talks and panels to film screenings, live theatrical and musical performances and community celebrations. While each event will provide a unique opportunity to learn and reflect, the overarching theme of the celebration is "Be the Difference," to encourage students to "work together to build the just society that Dr. King envisioned for us," University President Teresa Sullivan said in an email to the community Jan. 8.

"Dr. Martin Luther King Jr. dedicated his life to being the difference. From sit-ins to marches, Dr. King persevered for the causes of social and racial equity and affected positive

change," Dr. Marcus L. Martin, the University's vice president and chief officer for diversity and equality, said in an email to The Cavalier Daily. "In these times when voices of hatred and bigotry have been magnified, all of us must consider what we are willing to do to 'be the difference.'"

One of the goals of the celebration is for University and community members to explore all aspects of King's life, including religion and academics.

"Perhaps you only know one dimension — maybe you only know the dimension of Dr. King the preacher maybe you don't know Dr. King the intellectual or Dr. King the Theologian, or Dr. King as a critic of war or Dr. King as a critic of poverty," said Claudrena Harold, a professor of African-American and African Studies and History at the University. "Three weeks gives you an opportunity to explore him in all of his dimensions and to figure out what he means to us in our times — what his legacy means to us in our time and what his ideas mean to us in our time."

Another important point of the celebration is the focus on community

to reflect how King himself lived.

"King was the product of a family, a neighborhood, a black community and black institutions that loved him deeply — he understood the importance of community," Harold said.

Although numerous events are focused solely on the life of King, many others explore other parts of the fights for civil rights and justice both in the historical and contemporary contexts.

"King did not walk alone and King was not by himself, so I think it's very important that we honor people who were a part of this larger movement for racial and social justice," Harold said.

Harold herself will be delivering a talk called "No Ordinary Sacrifice: The Struggle for Racial Justice at the University of Virginia in the Post-Civil Rights Era." Her talk will take place as part of a mini-symposium on Jan. 26 at the Claude Moore Medical Education Building Auditorium from 6:00 p.m. to 8:00 p.m.

A separate event being held Feb. 5 at the University Law School will commemorate Gregory H. Swanson, who made history when he filed a federal lawsuit to study law at the Uni-

versity before successfully becoming the first African-American student admitted to the University.

"We hope that the Community MLK Celebration will be an opportunity for the UVA and Charlottes-

ville/Albemarle community to come together to learn about and reflect on Dr. King's life and legacy," Martin said. "With almost 30 events on the calendar, there is truly something for everyone."



COURTESY WIKIMEDIA COMMONS

The three-week long celebration of Dr. Martin Luther King Jr. will feature events including panels, talks, film screenings, theatrical performances and community celebrations.

Exactly 518 students graduate from U.Va. in December 2017

Majority of the graduates will still participate in this spring's formal commencement ceremonies

Geremia Di Maro | Associate Editor

Exactly 518 graduate and undergraduate students received degrees from a wide variety of the University's schools and programs of study this past December. The graduates were roughly split between undergraduate and graduate level students.

Of the 518 degrees conferred Dec. 21, each of the University's schools awarded at least one degree. The College and Graduate School of Arts and Sciences awarded the most of any of the University's schools, issuing a total of 253 diplomas.

Among the 25 different types of degrees awarded, the majority of graduates earned Bachelor of Arts degrees with 177 recipients. Bachelor of Science degrees garnered the second most diplomas with graduates receiving 30 in total.

The University's Office of Major Events is responsible for hosting final commencement exercises each May but does not typically hold a formal ceremony for December graduates, though smaller commemorative events may be held by groups at the University. This past December, the Fourth-Year Trus-

tees hosted a dinner at the University to honor graduating undergraduate students.

Cecil Banks, associate director of major events at the University, said the Office of Major Events does not hold formal commencement ceremonies for December graduates as the vast majority of University students prefer to participate in the traditional commencement ceremony held on the Lawn each May.

"Over the last several decades, it's been the tradition of most, if not all students, to prefer the tradition of walking the Lawn, the experience in May that is known as our traditional commencement ceremony," Banks said in an email to The Cavalier Daily. "The walk down the Lawn is really what is memorable to students, so most students prefer to continue that tradition."

Banks said holding a formal graduation ceremony on the Lawn would be difficult due to the typical weather conditions in December. He also cited the concerns of families who would have difficulty traveling to Charlottesville in December as a contributing factor

in the decision to forego a formal commencement ceremony for December graduates.

"We have received feedback that travel to Charlottesville in December would prevent some families from attending a December graduation ceremony," Banks said. "We definitely want to be mindful of family concerns."

Banks said there are multiple reasons why students may choose to graduate from the University early including financial reasons, post-graduation career opportunities and study plans. He also said some students pursue graduate studies early when they graduate in December.

Banks also said that not all students choosing to graduate from the University in December are graduating early.

"The decision to graduate early is a personal choice of the student," Banks said. "Also, December graduates consist of students that may be graduating late. These are students that may need additional credits to graduate, may have changed majors requiring additional time/credit, or have taken time away from the Uni-

versity (personal/medical leave)."

Austin White, a recent graduate of the College who double-majored in Foreign Affairs and Spanish, said he was able to graduate this past December due to Advanced Placement credits he had earned in high school.

"The most compelling reason to graduate early was because I could due to coming in with 18 AP credits," White said.

White said that he decided to graduate early rather than attend an additional semester at the University in order to have additional time to solidify his post-graduate plans.

"I decided to graduate early without any particular post-grad plans for spring 2018 except for doing just that — narrowing down what comes next," White said. "I hope to use this time for applying to more jobs, reading insightful books and working part-time to save money for the next chapter of my life."

Virginia Crabtree, a recent graduate of the Curry School who received a Bachelor of Science in Speech Pathology and Audiology,

said she was able to graduate this past December by obtaining an associate's degree from a community college while in high school.

Crabtree said she decided to graduate early to have more time off before she attends graduate school next fall to earn a master's degree in speech pathology. She said she plans on working at Disney World in Orlando, Fla. this spring before heading to graduate school.

"I decided to graduate early because I thought having a semester off before going to get my master's would be a good break," Crabtree said. "I considered graduating a year early, but wanted to complete my last semester of marching band."

Both White and Crabtree said they still plan on walking the Lawn at the University's traditional commencement ceremony in May.

"I very much look forward to walking the Lawn with my friends in May," White said. "It will feel real and official, plus the LinkedIn cap and gown headshots will be fun to take."



First-year students go abroad in pilot program

Another location added for Fall 2018

Neha Kulkarni | Feature Writer

For many students at the University, the summer before their first semester brings back memories of choosing twin-sized bedsheets, double-checking that their roommate is buying the microwave and imagining their home in Charlottesville for the next four years. However, this year, first-year students were offered a new opportunity — to begin their college academic careers overseas in a pilot program entitled “UVa. London First: Global Cultures in a World City.”

More specifically, 20 incoming first-year students began their first semester of the 2017-18 year in London, under the guidance of faculty advisor English Prof. Michael Levenson. Levenson is also the chair of the English department and the founding director of the University’s Institute of the Humanities and Global Cultures.

First-year College student and participant Emily Lockwood said she would recommend the experience.

“I had some doubts,” Lockwood said in an email to The Cavalier Daily.

versity, she chose the program as a way to branch out.

Levenson has also led summer programs at Regent’s University London in Royal Regent’s Park and Marylebone within central London for the past 20 years, which inspired the UVa. London First initiative.

“[When Regent’s University was] looking for a new partner and because we had known [Regent’s] quite well for all these years as a summer program, it seemed natural to think about extending what we were hoping to do in the way of globalizing the University,” Levenson said. “People always say, ‘let’s be global, let’s be global’ and my impatient response is, ‘let’s stop talking about it, and let’s start doing it.’ This was one very sharp way of bringing it into action.”

The 20 students selected enrolled in five courses summing up to 16 credits, and incorporated components of the University’s new College of Arts and Sciences curriculum which is partly comprised of topics known as ‘engagements.’ The UVa. London First program will incorporate two out of

decisive in seeing that we could begin this program quickly and efficiently and also [helped] to make it coincide with the transformation in the undergraduate curriculum,” Levenson said.

Levenson said the two engagements — focusing on differences and the arts — come together especially well in London, because the city’s diversity means human difference can be found naturally just by living there.

One of the main reasons the program was designed was because educators noticed a gap in the number of students who showed interest in going abroad and those who actually ended up going. This was often due to academic commitments and major requirements. Levenson hoped that offering a study abroad program in the first semester would get more students traveling abroad.

History professor Mark Thomas will lead a new and similar “UVa. Shanghai First” program next year in collaboration with Fudan University, and expects the experience abroad to emphasize important facets of the University education while not differing greatly from the curriculum students follow in Charlottesville.

“Shanghai is a modern, dynamic, cosmopolitan city with a fascinating history,” Thomas wrote in an email to The Cavalier Daily. “We will be creating an academic, social and cultural community that is closer to the Jeffersonian ideal of the academical village than is usually possibly for incoming first years.”

Professor Thomas explained that, while on the study abroad trip, students will be housed in one central location, will share classroom space and will experience Shanghai through cultural events and group trips to areas such as Suzhou, Nanjing and Hongzhou. The group will also spend a week in Beijing together. Upon returning to Charlottesville for the spring semester, students will be housed in the International Residential College, where they will continue to enjoy the company of their Shanghai peers in addition to making new friends.

The Shanghai program academic structure follows that of the London program, with a slight difference in Professor Thomas’ combined four-credit Engagement class, which

the four engagements: Engaging Differences and Engaging Aesthetics. In addition to these courses, students also take courses taught by Regent’s faculty alongside Regent’s students.

“Our Dean, Ian Baucom, was very



COURTESY EMILY LOCKWOOD

First-year college students Emily Lockwood and Livia Sauvage go to a football game in Naples, Italy.

will focus on what it means to be a global citizen and understanding cultural difference in the context of a Chinese setting.

“There will also be a Writing class, taught by a UVa. graduate student, as well as the option of taking Mandarin classes — at introductory, intermediate or advanced level,” Thomas said. “The final part is the opportunity to take classes from the excellent faculty at Fudan University; all of these courses will be taught in English and are designed to meet area requirements for the College.”

Many, including Levenson, question whether first semester is the best time for students to go abroad as their peers adjust to Charlottesville and being at college for the first time, but after careful consideration, Levenson feels the experience is positive overall.

“One encouraging piece of evidence was in those years of doing the summer program, one of the stronger things I discovered [was] that [studying abroad provides] personal and intellectual solidarity,” Levenson said. “On the London trip, students were able to create their own communities that were more or less permanent friends.”

Lockwood said her favorite part of

the trip was having the ability to experience and get comfortable in a new place.

“I lived in my town for 18 years, so I never had to experience living somewhere new,” Lockwood said.

After this pilot semester, Levenson reflected on the program’s potential expansion.

“While we know that there were wonderful students who became part of the program, I think that there were other equally capable students who were not admitted in the program,” Levenson said. “What we realized [was] that very accomplished students will be kept away unless we expand these programs.”

The addition of the Shanghai program is the first step that has been taken to ensure a greater number of students can experience their first semester abroad.

“I feel so strongly that this is such a remarkable and transformational experience that I think the University should aim to have 10 percent of the first-years go abroad somewhere,” Levenson said. “They’re going to come back and be little global seedlings in the class and talk about their experiences. Those are very powerful contributions to the University.”



COURTESY EMILY LOCKWOOD

Participants on the London trip gather in front of a vista in Naples, Italy.

“But in the end, if I could go abroad my first semester and I could build confidence and make friends, I could go to UVa.”

Since Lockwood lives in northern Virginia and already knew a fair amount of students attending the Uni-

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Top 10 ways to get ready for school

It's no secret it can be hard to come back

Ashley Botkin | Top 10 Writer

1 Dress only in Cavalier gear

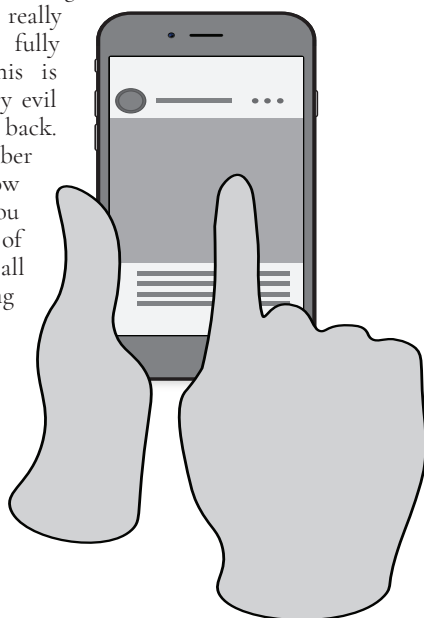
A staple of the University community is at least half of the students being dressed in University garb. It wouldn't be a normal day if everyone were dressed normally. In order to feel like you're back on Grounds, dress up your entire family in Cavalier gear — even the dog or the cat or the hamster. I don't know where you'll find a shirt small enough for your hamster, but maybe your grandma can whip something up. If the clothes aren't enough, go so far as to change your bedding, your posters and even your wallpaper to orange and blue.

4 Go to the library

Try to find a library as dismal as Clem 1 or the basement of Clark. Bring the heaviest books you own and plenty of snacks and chargers. Once you get to there, it's important to lay out all of your school supplies and try to look as productive as possible. Then do absolutely nothing. At. All. Stare at your phone, watch Vine compilations on YouTube or suddenly find the motivation to sort all of your pens — but whatever you do, do not get any work done. That defeats the entire purpose of going to the library.

7 Open your University email

If you're like me, you're avoiding opening your email. Whenever a professor sends me an email, a piece of me dies. Please do not send me a syllabus. Please do not tell me what to expect in your class or how many papers I'll be writing. But if you really want to be fully prepared, this is one necessary evil for coming back. Just remember to take it slow at first so you don't die of shock from all the upcoming stress.



2 Ruin your sleep schedule

The perfect way to feel like you're in college again is to have no sleep schedule at all. Maybe you have an afternoon class one day and a morning the next in the spring semester, so



start sleeping like it. Most nights, I either stay up until 11:30 p.m. or 2 a.m. — there is no in between. Who even knows when I'll wake up most days? Maybe I feel like I'm living some cursed life where I'm tired all the time, but that's just part of being a college student, right?

5 Distance yourself

Eventually your grades will drop to devastating levels and your funds will be depleted from too many weekends spent at Trin, so it's best to start distancing yourself from your family to avoid impending embarrassment and shame. Your mom can't see the fact that you only have \$2 in your checking account if you never respond to her texts! How will you grandmother know that you haven't had a real meal in two weeks if you don't call her back? Maybe they're worried about your sudden dip in communication, but it really is for the better.

8 Fill out financial aid

FAFSA is such a pain in the butt, but unfortunately, we have to fill it out each year. Filling it out reminds me of how little money I actually have and how much I waste on food. I honestly never realized how much I was saving as a first year every time I went to the dining hall. If I stopped spending so much money on eating out, I could probably have enough money to eat out somewhere nice rather than McDonald's every Thursday.

10 Stock up on tissues

College is hard, my friends. Being an adult is quite the roller coaster, and sometimes that roller coaster becomes a little too much to handle. It's important to have tissues nearby for when the stress makes you get sick or when you find yourself crying in the club because of a heartfelt dog video. I highly recommend the kind that come with lotion, or else your face will be feeling really scratchy and red, and crying is bad enough without an irritated face. Maybe this would be a good time to call your mom — just avoid talking about grades, money or your dating life.

3 Change your diet

Your family is probably feeding you too well, and you're getting spoiled. We all know that a college diet consists of whatever warms up in the microwave fast enough and whatever wine was cheapest at Kroger. No more home-cooked meals or getting all of your food groups. Vegetables? Never heard of them. The only fruit I get is when I walk past Juice Laundry once a week and feel bou-



gie enough to buy something. My breakfasts consist solely of coffee and despair, and dinner isn't usually till 9 p.m. when I finally wake up from my afternoon nap. #livingmy-bestlife

6 Reminisce about good times

Here's a little rhyme you can repeat to yourself when you're feeling particularly homesick for Grounds — "Twas the night before spring semester when all through the Lawn, not a creature was stirring, not even a frat boy named Shawn. The lights were hung on the Rotunda with care, in hopes that returning students soon would be there. The Hoos were nestled all snug in their beds, while visions of Tony Bennett danced in their heads; and TSully in her kerchief, and TJ in his cap, had just settled down for a long winter's nap."

9 Start walking everywhere

Nothing pains me more than having to walk almost everywhere. My legs are so small, and my determination is so weak, but it's something that has to be done. No longer will you have the luxury of driving places and parking for free. No longer will you be warm and dry when going from place to place. Break out those sneakers and parkas because you've got a big storm coming.

‘Hoos in the Kitchen’ cookbook tells Charlottesville’s stories

What’s cooking in Charlottesville?

Grace Amorosi | Feature Writer

Food can tell a story — the story of people, the story of a place or the story of a culture. At the University, for example, the Gus Burger from The White Spot invokes images of students enjoying late night eats, while the surrounding vineyards and breweries tell the stories of local businesses in the Virginia countryside.

Melissa Palombi, who works in the University Athletics Department in Marketing and Promotions and assists in University licensing, sought to capture the spirit of the University community through its connections to food. New to Charlottesville, Palombi created a cookbook, “Hoos in the Kitchen,” to better get to know the people here.

More than 60 recipes tell the stories of Charlottesville residents and University alumni and staff. Palombi pulled together the recipes and Sarah Cramer Shields took the photographs for the cookbook.

“I wanted the book to feel [like] a conversation with staff and alumni from UVa. that are ‘foodies’ either professionally or just passionate home cooks,” Palombi said in an email to The Cavalier Daily. “I want-

ed it to be a glimpse of people you might not know went here or are here [and] connected to UVa. and how food plays a role in their lives.”

For example, Tanya Holland, a 1987 College alumna featured in the cookbook, is currently competing on season 15 of “Top Chef” on BravoTV. Holland shared a recipe for Summer Rice Salad in “Hoos in the Kitchen.”

Holland learned to cook and bake in grade school. Her cooking is influenced mainly by her African-American and southern heritage, although she said her travels and exposure to other cuisines have affected her cooking as well.

The introduction to “Hoos in the Kitchen” features several interesting food-related tidbits about the University. A Jefferson-era recipe for fruitcake was discovered in the Pavilion X renovation, the Cavalier mascot loves lasagna and students can take cooking classes once a week for free at the International Center.

Palombi refers to herself as the “curator” of the cookbook rather than the author, but she also includes tips from her own cooking experience and memories of meals shared with family and friends. The

recipes make up a hearty and comforting palate and ingredients for the recipes ranging from Virginia-based to international origins.

“Part of the book is me sharing my favorite recipes and how you can get the resources for them in Charlottesville — sausage or lamb from JM Stock Provisions, for example — for my Mint Pea Ravioli and Lamb Ragu, or Bold Rock cider that I use in my Bold Rock Steamed Clams,” Palombi said.

Pulling together recipes from so many different people culminated in a potluck dinner at King Family Vineyards. Local contributors to the book — including vineyard part-owners and University alumni James and Kelly King — shared a meal and posed for the photograph on the cover of the cookbook.

“Everyone got to meet each other [and] talk and share their recipes,” Palombi said. “It brought everyone together who might not have known each other at UVa. It turns out Sarah Cramer — the photographer — is an alum, and the Mascot books project manager is also a former Hoo.”

“Hoos in the Kitchen” is available at Mincers, the University Book-

store and on the Cavalier Team Shop website for \$24.95. As the cookbook is an officially licensed product, 15

percent of the proceeds benefit the University’s scholarship funds.



MELISSA PALOMBI | THE CAVALIER DAILY

Tanya Holland, a 1987 College alumna featured in the cookbook, is currently competing on season 15 of “Top Chef” on BravoTV.

Jack Brown’s keeps Charlottesville weird

Serving up lovably quirky burgers, good, old-fashioned fun

Tucker Wilson | Food Columnist

If there’s something Charlottesville citizens know plenty about, it’s burgers. Whether a diner burger on the Corner or a chic sandwich on the Downtown Mall, burgers are just about everywhere in our city. So when it comes to burger innovations, one might be hard-pressed to find something different. That is, if it weren’t for Jack Brown’s Beer and Burger Joint.

Jack Brown’s takes an eclectic approach to the classic burger joint. From the moment you walk in, it’s apparent that Jack Brown’s carries itself with a unique sense of style. The somewhat plain base interior — with wooden floors and walls alike — comes alive with the massive collection of wacky decorations. From the loveable antique vibe, like a disco ball hanging from the ceiling or a collection of sign letters exclaiming “Beer!,” to the downright weird — a taxidermied racoon with the ears of a rabbit for instance, or a collection of bras dangling from the rafters. Jack Brown’s looks unapologetically strange, and their wacky and weird decor makes them all the more charming.

Jack Brown’s is first and foremost a bar, and its decor makes sure to re-

inforce that point. Besides the classic American beer brand paraphernalia, Jack Brown’s is closely in tune with Charlottesville’s craft beer scene. Built for enjoying your local favorites over a plate of greasy food, Jack Brown’s delivers the names any true townie has already come to love. However, as the name “Beer and Burger Joint” declares, Jack Brown’s also prides itself on its burgers, and that’s what I came to try.

A self-proclaimed burger joint needs to bring a killer burger to the table, and boy, does Jack Brown’s deliver. All the burgers are made with Wagyu beef, a half-Japanese, half-American beef bred specially for extra marbling, making each burger perfectly tender and extra juicy. And like it’s off-the-wall interior, all puns intended, Jack Brown’s serves up unique twists on the traditional burger fare.

Far from the usual lettuce and tomato, the menu features burgers dressed up with homemade mac-and-cheese and barbeque chips or cream cheese and pickled jalapeños. And if that isn’t strange enough, how about a peanut butter and mayo burger or one topped with a split hot dog and cheddar cheese. Jack Brown’s dares to be



TUCKER WILSON | THE CAVALIER DAILY

All the burgers are made with Wagyu beef, a half-Japanese, half-American beef bred specially for extra marbling, making each burger perfectly tender and extra juicy.

bold in a world overfilled with burger joints, and I personally love their quirkiness and all the good food that comes with it.

The real stars of the show, however, are the daily specials. Some of my favorites on the menu can only be had on certain days of the week, like Fri-

day’s burger with house-made guacamole, smoked bacon, white cheddar and sriracha mayo — a savory combination with a hard kick. And for those craving true Americanized Mexican style, try Thursday’s beef-chorizo blend patty with a zesty corn queso and Fritos corn chips.

But the real show-stopper comes on Sundays with The Showalter. The Showalter starts with the same Wagyu beef and a classic bacon, cheese and fried egg topping, but decides to ditch the bun and put the burger right in the middle of a sliced glazed donut. It’s a sinful, calorie-filled combination of savory and sweet. It breaks all known laws of making burgers but manages to come out deviously delicious. The Showalter is a must-try for the complete Jack Brown’s experience — while I’d usually leave the choice of their wackier burgers up to personal preference, for The Showalter, you just have to trust me.

Jack Brown’s describes itself as “a bar that happens to sell a really fantastic burger,” and it’s time to let that really fantastic burger takes center stage. While Jack Brown’s decor is strange and hilarious, its food is nothing to laugh at. Tender burgers with unique and wacky toppings prove that there’s plenty of life left in the burger industry, and Jack Brown’s deserves its spot as the life of the party. Next time you’re craving a burger but tired of the same old thing, give a unique sandwich at Jack Brown’s a try.

Stressing about summer plans with snow in the forecast

Is this Winter 2018 or pre-Summer 2018?

Luke Fischer | Life Columnist

Throughout my childhood, after Christmas was over and the calendar read Jan. 1, the cheer of the holiday season still persisted for weeks. The tree stayed lit, the decorations remained in place and a blanket of white still covered our once-green yard. The only worry I had was that soon the holiday movies were going to stop playing on TV.

However, now that I am nearly halfway through college, my concerns extend far beyond the next week in my horizon. Jan. 1 now signals the sharp end of the holiday season and it leaves me with one dreadful question — what am I going to do this summer?

Because the University is full of driven students who strive to place themselves in the best positions for their post-college careers, it's easy to get caught up in the idea that we must constantly be achieving impressive feats in order to boost our resumes. One aspect employers inevitably focus on while hiring is how applicants spent their three-month breaks between each year of college.

Did he intern at one of the top

three management consulting firms in D.C.? Did he travel to Tanzania to volunteer at an underprivileged elementary school? Did she stay in Charlottesville to complete an extra 18 credit hours? Did she study abroad in Lyon to achieve fluency in French?

Employers see summer breaks as opportunities for college students to prove themselves, to display what they're passionate about and what they choose to accomplish during a sabbatical from tiresome student life.

The University encourages us to make the most of our time off. Ironically, as I was writing this, I received an email from the Career Center with the subject line "Design Your Professional Summer Experience!" Even those words cause my body to instinctively tense up with stress.

Over winter break, while trying to put all serious academic-related topics aside, I found myself at my cousin's cocktail party in New York. Being that my cousin is about 10 years older than me, the party was filled

with young urban professionals who have now all been active members of the workforce for years. Naturally, because they were speaking to a college student, everyone's first immediate question posed to me was, "What are you studying?" followed by "And what are you going to do this summer?" Of course, I had no answer for either question.

After an hour of awkwardly responding to questions I didn't want to answer with, "Um, I'm not really sure yet," I began talking to a guy who presented me with an alternative perspective. Before he could ask me about my career aspirations, I turned the tables on him and asked what he does for a living.

To my surprise, he laughed and said, "That's a loaded question. I still don't know what I want to do, and I'm 35 years old."

Sensing my relief to his response, he followed with, "You shouldn't worry about it either. I've worked in finance, for a law firm and now I have a position at a consulting firm that specializes in security emergencies for large

corporations. And it definitely won't be my last job. I live well and enjoy what I do, but I try not to stress too much."

When I shared how reassured this made me feel because I was stressing about how to spend my next summer, he told me, "Do something fun. You'll probably be sitting behind a desk in a suit for the rest of your life. Do something that you want to do while you still can."

I took that advice to heart and decided to change my outlook on my approaching summer. Rather than stressing about what will look best on my resume during the summer between my second and third year at the University, I decided to do what is best for me. I applied to a variety of positions, from internships that interest me to fun jobs at the beach to international studying opportunities.

Whatever I choose to do, I'm going to keep in mind that no single summer is going to make or break my career aspirations. With that, I submitted all of my applications and flipped the



RICHARD DIZON | THE CAVALIER DAILY

lights on my Christmas tree back on, with the hopes of holding onto the holiday season as long as possible.

Learn to embrace nostalgia

How reminiscing can actually help you

Aly Lee | Life Columnist

Though now our News Feeds are loaded with articles like "Ten Celebrity #TBT Pics You Must See" or "Try Not to Cry at this Insta of a High School Musical Reunion," believe it or not, nostalgia has not always held such appeal. The word nostalgia was first coined in the 17th century by Swiss physician Johannes



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Hofer describing the physical and mental ailments Swiss soldiers felt when longing for home. In fact, the word nostalgia comes from the Greek word "nostos," meaning homecoming, and "algos," meaning pain.

For many decades, nostalgia was considered a diagnosable disorder. Physicians and philosophers tried all sorts of treatments to try and knock the nostalgia out of people — from leeching to burying nostalgic patients alive. I had usually regarded nostalgia like a childhood friend. But, this winter break, I began to understand why our forefathers might have found nostalgia so undesirable.

It's no debate that the University can be a very competitive place. Now that I was at home, without stellar peers to compare myself to, I was forced to turn to my nearest competitor — my past self. I spent many days lingering over old photo albums of baby-me squeezed between mom and dad at Disney World. I asked myself — are you as happy now

as you were then? There were heartfelt yearbook signatures from senior year. Do people love and respect you now as much as they did then? Bookcases of old medals and trophies. Are you as accomplished now as you were then? I couldn't help feeling a disconnect. Things were so good back then. What happened to the now? Why am I always so restless? Why do I feel so behind?

Researcher and Psychologist Dr. Constantine Sedikides explained in a New York Times article that many people use nostalgia as an implicit way of declaring the past was better. A way to say those were "the good old days," and it will never be like that again. This can often lead to mournfulness over the present. Sedikides argues though that this isn't the healthy way to think of nostalgia. It certainly wasn't healthy for me. He claims that rather than being a joy-sucking disease, nostalgia can actually be a vital tool and something that should be practiced frequently.

Yes — in one sense, nostalgia

can be used as this comparison game between the past and the present, with the past reigning victorious. On the other hand, nostalgia can serve as a testament of the relationships and experiences that have made our lives meaningful. It reminds us that we have lived a life worth being nostalgic over. Moreover, when we take a closer look at our memories, they are often not as rosy as our nostalgic minds made them seem.

Every moment in life is filled with both great laughs and great tears. The beauty of nostalgia is that it holds onto the best parts. This reminds us then that though our present might be filled with unsurmountable uncertainty and pain, there can always be a moment of beauty to hold onto in the future. This means that we must not forget to live in the present, and make the present something worth being nostalgic over later. Therefore, I'm now trying to retrain my brain to look at the past as a repository of all the valuable blessings in my life

to spur me on for the future, not an exhibit of all the potential I'm wasting away now.

So perhaps as the semester fast approaches and stresses mount, if you find yourself reminiscing over winter break or pre-college days when life seemed so much simpler, don't stop. Nostalgia can actually help you. Turn up that throwback playlist. Eat a bowl of Captain Crunch. Watch some Hannah Montana. But also don't miss out on the chance to make the present memorable so in a few years you can look back at your years at the University with that bittersweet nostalgia we know and love.



Looking back at response to August violence

Tragedy brings changes to U.Va. policies

Daisye Rainer | Focus Writer

The white nationalist rallies of Aug. 11 and 12 continue to impact the University, student body and larger Charlottesville area. The Aug. 12 'Unite the Right' rally resulted in numerous injuries and three deaths, including Charlottesville resident Heather Heyer. In response, community members held events of their own, including counter-protests like the March to Reclaim Our Grounds by student groups and candlelit vigils for all affected by the rally.

However, the University faced scrutiny for the way it handled the events of Aug. 11 and 12, specifically the response to the white nationalist march on Grounds.

As a result, several changes were implemented throughout the University, from the formation of the Deans Working Group to the removal of Confederate plaques to an increased security presence on Grounds. While some University community members said the events transformed the student culture by increasing awareness of the challenges faced by minorities, they also said that persistent issues of racism still exist in Charlottesville.

University action

Vicki Gist, assistant dean of students and director of Multicultural Student Services, said the University has enacted several small- and large-scale policies to address racism and white supremacy, as well as to ensure the safety of all community members.

"Policy changes are a work in progress, and there is still a lot to be discussed and considered as we move forward," Gist said in an email to The Cavalier Daily. "There have been many new policies passed that 'provide an elevated level of safety and security.'"

University President Teresa Sullivan created the Deans Working Group in August. The group is composed of deans and members of the University community to assess the University's response to the events and guide its policies moving forward.

The working group has made suggestions for handling any future demonstrations by student groups and community members on Grounds.

Moreover, in late August, the University hired the security firm Margolis Healy & Associates to examine and reinforce the University's safety procedures. The University also expanded police coverage across Grounds, and the University Police Department has provided additional security at large events and athletic contests. Students and community members must abide by a new clear bag policy and go through metal de-

tectors prior to entering those type of events.

An update on the working group's progress published on Aug. 23 said that, "going forward, UPD will be informed whenever the Office of Environmental Health and Safety approves uses of open flame devices on Grounds. This will allow UPD to take appropriate action against use that does not have such approval."

In an interview with the Cavalier Daily in late August, Sullivan and Law School Dean Risa Goluboff, who also chairs the working group, discussed the possibility of designating the Lawn as a University "facility," which would give the University greater control over the area by banning the use of firearms there. In September, the Board of Visitors voted this policy into effect.

The University has also begun to re-landscape Grounds in efforts to establish a community that is accepting of and reflects the many backgrounds and identities that make up the student body. In mid-September, the University removed plaques on the Rotunda commemorating Confederate soldiers, a resolution that was passed in response to the Black Student Alliance's list of demands for creating a more welcoming atmosphere for people of color at the University that was made just weeks after the Aug. 11 and 12 rallies.

Another significant change to Grounds will be the construction of the University Memorial to Enslaved Laborers. Although not directly in response to the events of Aug. 11 and 12, its design has been in process for the past few years, and it will provide an area for reflection on the University's past that will honor those enslaved laborers who helped make the University what it is today. The memorial will sit across from the Corner and east of Brooks Hall.

After its formation in August, the Deans Working Group announced the creation of an Advisory Committee on the Future of the Historic Landscape. According to the announcement, the group is charged with reviewing historic symbols and their placement on Grounds moving forward.

"The Advisory Committee on the Future of the Historic Landscape at the University of Virginia shall formulate principles and make recommendations about the display of visible historic symbols on Grounds," the charge said. "These principles and recommendations should provide a pathway to remember and recognize the University's history, foster our contemporary values and future aspirations, and celebrate our highest ideals."



TIM DODSON | THE CAVALIER DAILY

White nationalists converge on the Jefferson statue on the night of Aug. 11.

Student impact on the University community

Many community members, both directly and indirectly affected, still feel the repercussions of the events and have been impacted in various ways. Evelyn Wang, the chair of the Minority Rights Coalition and a fourth-year College student, said that for many, it has threatened a sense of belonging at the University and in Charlottesville.

"Many minority students at U.Va. didn't feel safe before Aug. 11 and 12," Wang said. "But now that lack of safety is more pronounced."

Other students remarked on tension within the student body as individuals and groups process the hateful events in different ways.

"[The events] definitely increased polarization on both sides," said Adam Kimelman, chair of the College Republicans and a third-year College student. "Tensions are much higher."

According to Gist, much of the student body has proven that they want to tackle the issue of white supremacy.

"One change I have noticed is that there is a greater awareness within the student body and an interest in having deeper dialogue about our collective experiences and perspectives," Gist said.

Multiple student groups have taken action in response, challenging white supremacy and calling on the University to make necessary changes to address the issue.

"The student body does want to

combat this problem we are facing and ... activism is on the rise," Kimelman said.

Such activism is visible in the ways students are confronting these issues and taking initiative to recognize their impact — in the U.Va. Students United protest against white supremacy at October's Bicentennial Launch Celebration and the 10 demands to the University by the BSA, for instance. The BSA's demands included removing the plaques to Confederate soldiers on the Rotunda and banning University alumni and white nationalist leaders Jason Kessler and Richard Spencer from Grounds. Some demands have already been addressed, such as the Confederate plaques and repurposing the donation made to the University by the KKK in the early 20th century.

Moving forward

Several University community members have acknowledged the need to address the issues through tough conversations and civil dialogue among student groups and the University community.

"The events of August 11th do not belong to any one student group or one identity group," said Bryanna Miller, a fourth-year Colleges student and the student member of the University's Board of Visitors, in an email to The Cavalier Daily.

Miller added that a coalition between student groups, cultural groups, University administration and more has grown and can continue to build a new community that

will move forward from this crisis and terror.

However, many in the community point out that Charlottesville and the University still have a long way to go. After the events in August, the city hired Timothy Heaphy, a former U.S. Attorney for the Western District of Virginia, to review the way the protests were handled.

Heaphy's report was released in early December and found that the University Police Department did not respond to the events in a sufficient manner, particularly to the rally on Grounds on Aug. 11. The report also commented that the march on Grounds played a role in the extent of the violence on Aug. 12.

Nonetheless, University officials and student groups are still working to bring tangible change to Grounds in the wake of the violence.

"We are all stewards of this community, and thus have a duty to this school, this city, to ourselves, and to one another to not forget August 11th and 12th," said Sarah Kenny, Student Council president and a fourth-year College student, in an email to The Cavalier Daily. "We must ... push one another to get vocal and uncomfortable with our current state of affairs. Complacency will only breed more intolerance and division."

Gist pointed to the actions student groups have already taken in an effort to move the University beyond the difficult events.

"Many student groups, particularly the Black Student Alliance and the Minority Rights Coalition, have mobilized to engage the University in ongoing dialogue about the events of August 11 and 12," Gist said. "They have not only focused on the events of that weekend, but have urged University leaders to examine policies and practices that can be changed or implemented to create a more welcoming environment for marginalized students."

These responses of University students and faculty demonstrate a commitment to changing policies and practices at the University in reaction to issues of racism, which have long plagued Charlottesville and the broader community. Wang said these issues are more pronounced now and encourages students to recognize white supremacy and continue fighting it in all aspects.

"As time passes, many students see the events as more distant to their realities," Wang said. However, according to Wang, racism and white supremacy continue to challenge minority students at the University.

For this reason, "the Spring semester is a defining moment," Miller said. "We cannot 'get over' the events of August 11th and 12th. We have to get through them together."



Men's basketball has found itself a unicorn

Despite not much playing time, redshirt freshman Jay Huff has already attracted attention

Emily Caron | Feature Writer

It's 3:45 p.m. on a rainy Friday afternoon in Charlottesville. Classes haven't resumed yet, and Grounds is eerily empty. Aside from the sound of rain hitting the sidewalk, it's quiet. Peaceful, almost.

That is, until you enter John Paul Jones Arena.

"Last jump ball, guys — let's focus and let's finish up," Virginia men's basketball Coach Tony Bennett told his team.

The screeching of rubber soles fighting with the hardwood floor pierces the air. Within moments, everyone has settled into place on the court. Suddenly, it's quiet — but only for a second. In the center of the court, redshirt freshman forward Jay Huff lines up next to Virginia's starting center, junior Jack Salt. Huff is focused and takes a deep breath. He knows that Salt has done this thousands of times, probably more. The ball is tossed up and the arena is instantly alive again.

Huff's long arms are swatted away by Salt as soon as the ball is in the air. His lean 230-pound frame folds into his navy practice jersey as he comes crashing down and grounds himself again — recovering gracefully before hustling into position. It's almost like watching one of those inflatable tube men at a car dealership — when they

lose air, they crumble, falling into themselves. But then they're right back up again. And when they're up, they're really up. It's hard not to notice them.

The seven-foot-one North Carolina native knows a thing or two about being up and being noticed — especially by the crowd. Fans get remarkably rowdy when Huff takes the court.

He's got five inches on the average door frame, and his standing reach puts him within about six of a college basketball rim. Combined, these attributes make for some monster dunks — like the one from the free throw line that went viral last year thanks to teammate sophomore guard Kyle Guy's tweet or another in high school where Huff broke the glass. Those caught people's attention.

Oh, and he can shoot well. Like, really well.

"He's really talented for his size ... Not many guys that height have that kind of skill set," Salt said. "It's what sets him apart from other bigs, really — the fact that he can step out and shoot the three but at the same time can be a presence in the paint on defense. And he's one of the nicest kids ever ... [he is a] really humble dude."

But Huff himself attributes his fans' fervor to something other than his height and his talent — he's reluc-

tant to admit that people might just be eager to see how good he can get. It must be that humility that Salt mentioned.

"I think so much was unknown about me. I flew pretty much under the radar, had a quick recruiting process ... and I was redshirted," Huff said. "Then in the Austin Peay game [JPJ] just kind of went nuts — I don't know how or why that happened but maybe everyone was just excited about the unknown."

Flying under the radar is no longer an option for Huff, as the mystery that surrounded his arrival at Virginia becomes more of a reality each time he steps on the court, even if it's only in glimpses for now.

He's gotten minutes in 10 out of the team's 17 games so far this season, and, despite having only played a total of four minutes in the last five games, the world is finally beginning to see what Huff has to offer — and they're excited about it. Well, Virginia fans are at least. Who knows what a little more Tony Bennett tweaking could mean for the promising young Cavalier.

"This year has been interesting ... Some games I play, some games I don't," Huff said. "Last year I knew what was going to happen — I'd warm up, and then I'd support the team from the bench. This year has had a lot more

unknowns."

Earning more playing time takes patience and practice — two things Huff has focused on this season. His faith and his friends are what help keep the uncertainty from creeping up on him — they keep him centered. From the Chi Alpha Christian Fellowship to Meadows Presbyterian Church, Huff has no shortage of support. These groups have also kept him grounded this year as the Huff hype continues to spread.

"I haven't [gotten a big head] because I've been lucky enough to have people to keep me level, keep me steady," Huff said. "I've told some of my friends before that if I ever start sounding arrogant to just slap me upside the head."

He's only played 96 minutes as a Cavalier so far, but Huff has already begun to make a name for himself in Charlottesville. As Salt says, "He's huge and can shoot, and people notice that — that's what a player like [New York Knicks star Kristaps] Porzingis has got too."

Now in his third season with the Knicks, the seven-foot-three Porzingis is averaging 23.6 points per game and shooting .379 from deep — a rare stat line for a big man. He can shoot, he can defend and he can block. He's a unicorn, according to Golden State

Warriors forward Kevin Durant, who bestowed this nickname upon Porzingis because it's so hard to find someone of that size with his skill level. The term stuck.

Huff is a seven-footer who can shoot all the way out to the three-point line. He's got the perimeter down. His inside game is improving each day, according to Salt. He can dunk, he can block and he can hold his own. He's still getting familiar with Virginia's pack line defense, as most of the young guys are. While there's plenty left for Huff to learn, the potential is undeniable.

It sounds like Jay Huff just might be Virginia's unicorn. And from the cheers that come from JPJ when he steps on the court, it appears as though fans think so, too.

"It's been awesome that the coaches and players have earned the respect of Charlottesville to get that kind of fan base — and for Jay already," Salt said. "It's an awesome experience when the crowd is into it and we're into it and we're both on the same page. It's surreal."

Huff seconds that.

"It's so much fun ... hearing the crowd go crazy and knowing they're here for it — for the team," Huff said.

No. 2 men's basketball gets ready to take on Georgia Tech

Rahul Shah | Sports Editor

After going an outstanding 11-1 in non-conference play to start the season, the No. 2 Virginia men's basketball team has seemingly gotten even better in ACC play, having won its first five games to sit at 5-0 and atop the ACC standings as the only undefeated team. The Cavaliers' strong performances against conference foes has included wins over in-state rival Virginia Tech, then No. 12 North Carolina and most recently an NC State team that was coming off back-to-back wins over Top 25 teams. Virginia (16-1, 5-0 ACC) has won all three of those games by double digits.

With four of Virginia's first five ACC games having been at home in John Paul Jones Arena — where the team has had tremendous success in the Tony Bennett era — things will begin to get tougher for the Cavaliers as they get ready to embark on a tough road stretch. Virginia will play six of its next nine games on the

road, including in Durham, N.C. for a potential Top 10 showdown against Duke Jan. 27.

The Cavaliers will kick off this tough stretch on the road with a game against Georgia Tech this week in Atlanta, Ga. Georgia Tech (10-7, 3-1 ACC) had a mediocre non-conference record, coming into ACC play sitting at 7-6. Its sole noteworthy win came against Northwestern in the ACC-Big Ten Challenge.

However, the Yellow Jackets have turned things around in ACC play. After dropping their first game to Notre Dame, the Yellow Jackets have won three straight ACC games and four straight games overall. Georgia Tech took down Yale in a non-conference game sandwiched between its game against Miami and its second game against Notre Dame.

The Yellow Jackets were able to take down then No. 15 Miami by double-digit points in a 64-

54 win that is easily its most impressive of the season. The team was also able to take down Notre Dame in the rematch between the two teams.

Georgia Tech will be a challenge for a surging Virginia team, especially due to the game being on the road. With a strong defense that has typically sustained in away games, the Cavaliers will look to see if its players can continue their impressive offensive outings. Virginia's trio of guards in senior guard Devon Hall, sophomore guard Kyle Guy and sophomore guard Ty Jerome have been spectacular recently and will try to continue their strong play.

The game against Georgia Tech is scheduled to begin at 8 p.m. Thursday.



CHENDLER COLLINS | THE CAVALIER DAILY

Senior guard Devon Hall will look to continue his strong start to ACC play and lead Virginia to a win over Georgia Tech.

REENTERING MARCH MADNESS CONVERSATION

Virginia women's basketball smelled blood in the water Sunday afternoon in Durham, N.C. Having won eight-consecutive games and coming in on top of the ACC, the Cavaliers wanted to knock off their toughest foe yet in then-No. 16 Duke.

A win against the Blue Devils would mark the Cavaliers' first triumph against a ranked team this season. As a team that started off the year in a less-than-ideal manner, Virginia has needed every victory it can get. Beating Duke could be a season-defining victory.

The Cavaliers failed. They walked out of Cameron Indoor Stadium with a 55-48 loss.

"[The game] was competitive and great, but we came up short and it's disappointing," Virginia Coach Joanne Boyle said. "We're going to keep working and we had a great start to the season and this isn't going to be a setback."

When analyzing the game, though, the Cavalier faithful should not solely or predominantly look at the final score. On the contrary, they should go back and watch the first four minutes of the game.

A 13-2 run, four assists, three conversions from downtown, five buckets. Virginia exuded confidence in every pass and in every shot. And while a dry spell and six turnovers in the remainder of the first quarter allowed Duke to make it 18-11, in those first four minutes, the Cavaliers looked like a team destined to play in March.

In a column published over a month ago, I wrote, "Due to poor play, Virginia won't even be in the conversation to make the NCAA Tournament come Selection Sunday in March." But that was a completely different Virginia team. Sitting at 4-6, that team was averaging 61.2 points per game. Sophomore guards Dominique Toussaint and Jocelyn Willoughby were the only double-digit scorers, and the Cavaliers lacked a spark.

However, the Virginia women's basketball team of the past nine games looked like a squad dead set on breaking a seven-year drought of missing March Madness postseason play. With a 12-7 record and 5-1 in conference play, in the past nine games the Cavaliers have averaged a whopping 68.6 points per game — and this includes the meek 48 they put up against Duke. Senior guards Aliyah Huland El and J'Kyra Brown have helped balance out the offensive load and joined Toussaint and Willoughby as double-digit scorers, each averaging 10.2 points per game on the season.

Most importantly, Virginia



RICHARD DIZON | THE CAVALIER DAILY

After missing out on the NCAA Tournament last season, Virginia Coach Joanne Boyle is looking to lead the Cavaliers back to March Madness.

has come back into the March Madness conversation.

For anyone who followed the team last year, this bubble purgatory is all too familiar. Through the first 19 games of last season the Cavaliers were 13-6. Any fan knows what happened next — Virginia went .500 in its last 10 regular season games, fell early in the ACC tournament and failed to make it to the Big Dance in absolutely heartbreaking fashion.

One must look at the context surrounding the team's record through its first 19 games last season versus this season, though. In the 2016-17 season, Virginia had started off the season phenomenally, going 8-2. However, the team followed up its first 10 games with a subpar 5-4 record over the next nine matches, unceremoniously losing four of six in a three-week stretch heading into the 19-game marker. Basically, that team had started hot, only to lose steam when it really

needed to keep winning.

Boyle's squad this year has been the complete opposite. Instead of starting strong, the Cavaliers started painfully slow, losing three of their first four.

However, Boyle attributes these losses to a tough conference schedule — something she believed to be a necessary evil of sorts for her team.

"We played a really tough non-conference schedule, which helped prepare us," Boyle said. "Even though our record wasn't what we wanted, I thought we got exposed and we got a lot of experience and we had a lot of grind to us."

Rather than slowing down like last year's squad, this year's team has been on fire during its middle stretch. Virginia's previous winning streak marks the first time the team has won eight-straight since the 2008-09 season — when the Cavaliers went on to both make it to the

postseason and to win the first-round match.

Regardless of the winning streak, Boyle always believed in her team. After failing to make it to March Madness last year, she made it very clear that she wanted her team to break the curse this year. She had confidence that her team could do just that, even during a tough opening stretch.

"I never thought that we were out of what our goals were to begin with," Boyle said following Virginia's massive 70-41 victory over Clemson earlier this month. "I think if we had played a very poor non-conference schedule that might not have been the same. I just really feel that we challenged ourselves, and for the right reasons, to be in a situation that we are here now."

The Cavaliers certainly have a tough road ahead if they want to clinch a spot in the NCAA Tournament. Looking ahead, Virginia must face No. 13 Flori-

da State, No. 2 Notre Dame once and No. 3 Louisville twice. However, Boyle's team has it in them to knock off a couple of these mighty foes.

Last season, Virginia stunned the world by beating a then-No. 4 Florida State team at home in John Paul Jones Arena. That team played with a fire akin to the tenacity it has had over the past eight games and four minutes. If the Cavaliers can erase the last 36 minutes of play from their brain and continue to rack up wins, don't be surprised to see them pick up a few major victories down the road and, subsequently, have their name called out during Selection Sunday.

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LEAD EDITORIAL

Lambeth Field's future

U.Va. should continue to consider local input concerning the proposed stadium at Lambeth Field

Last December, the University unveiled plans to construct a softball stadium for the women's varsity softball team at Lambeth Field. Following the announcement, students and local residents voiced their concerns about being excluded by the University from the planning process. Students and local residents are particularly concerned by the potential impacts of noise, light and community space. In response, the University has begun to take the proper measures needed to ensure these concerns are considered be-

fore moving forward with its plans to disrupt an established community.

University students living in the Lambeth Field Apartments have expressed frustration with the potential implications of constructing a stadium at Lambeth Field. One of the most worrying concerns is the loss of student community space. Lambeth Field offers a unique recreational space for nearly 1,000 students and other communities, and provides these communities common ground on which to interact and connect.

The space also provides the opportunity for students and local residents to play sports and engage in outdoor activities, unbothered by the outside world. Moreover, the construction of the stadium will entail long periods of heavy construction, which often brings its own issues.

The University has been steadfast in taking the time to respond to these concerns before moving forward with the proposal. However, the fact that the University did not consult these communities from the start is irresponsible.

The main criticism from residents and students comes from the fact that they were blindsided by the sudden plan to build the stadium. Therefore, the University needs to ensure students and residents living near the proposed stadium are properly included in future discussions regarding the stadium's construction. Moreover, given Lambeth Field's value to students and Charlottesville residents, the University should continue to actively seek alternative site locations.

Lambeth Field is a recreational area valued and cherished by both

University students and Charlottesville residents alike. Erecting a stadium on the field will undoubtedly disrupt the current lifestyle of a significant number of University students and local residents. It is important clear and strong communication is maintained by the University throughout this whole process, and residents should continue to make their voices heard. Going forward, the University should be more conscientious of the communities impacted by its decisions.

THE CAVALIER DAILY

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The Cavalier Daily is a financially and editorially independent news organization staffed and managed entirely by students of the University of Virginia.

The opinions expressed in The Cavalier Daily are not necessarily those of the students, faculty, staff or administration of the University of Virginia. Unsigned editorials represent the majority opinion of the editorial board. Cartoons and columns represent the views of the authors. The managing board of The Cavalier Daily has sole authority over and responsibility for all content.

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The Cavalier Daily is published Thursdays in print and daily online at cavalierdaily.com. It is printed on at least 40 percent recycled paper. 2016 The Cavalier Daily Inc.

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The Cavalier Daily welcomes letters to the editor and guest columns. Writers must provide full name, telephone number and University affiliation, if appropriate. Letters should not exceed 250 words in length and columns should not exceed 700. The Cavalier Daily does not guarantee publication of submissions and may edit all material for content and grammar. Submit to opinion@cavalierdaily.com or P.O. Box 400703, Charlottesville, VA 22904-4703

QUESTIONS/COMMENTS

To better serve readers, The Cavalier Daily has a public editor to respond to questions and concerns regarding its practices. The public editor writes a column published every week on the opinion pages based on reader feedback and his independent observations. He also welcomes queries pertaining to journalism and the newspaper industry in general. The public editor is available at publiceditor@cavalierdaily.com.



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NOTE FROM THE EDITOR

DEAR CAVALIER DAILY READER:

THANK YOU FOR READING THE CAVALIER DAILY ALL YEAR LONG. AS THE 128TH TERM COMES TO A CLOSE, I WOULD LIKE TO THANK YOU FOR CHOOSING TO SUPPORT INDEPENDENT STUDENT JOURNALISM. THE CAVALIER DAILY HAS SEEN A NUMBER OF CHANGES IN OUR PRINT EDITION, AND WE HOPE TO CONTINUE IMPROVING OUR PRINT EDITION EACH WEEK. I WISH THE BEST OF LUCK TO THE 129TH TERM EDITORS.

MIKE REINGOLD, EDITOR-IN-CHIEF

THE ART OF DEMOCRATIC MAINTENANCE

Citizens should look to leave reactionary politics behind in the new year

The 2017 calendar year was riddled with an explosion of problems hindering global progress. America trudged through an unconventional election year, a period in our nation's history which has been dubbed the "Anger Election." Supporters on both sides are increasingly dissatisfied with our current government and overall political climate. This frustration is well founded, and has subsequently translated into the global rise of populism, ultimately disrupting traditional politics. Populist movements channel active resistance to the status quo, provoking profound expressions of anger and disaffection. However, the sentiments of the anger election know no bounds — Americans have carried their insecurities with them, initially defining and only further escalating the age of outrage. Outrage may be a means to the end of necessary change, but we cannot consider it an end in itself. Our current societal operations have been severely disrupted by the election of President Donald Trump, and we cannot allow this frustration to manifest itself in public outrage.

Trump made comments about an immigration deal on Thursday, using

indisputably vulgar language to describe Haiti and some African nations. NPR spoke to the Haitian ambassador to the United States, Paul Altidor, on Friday morning. When asked what his reaction was to such a slur, Altidor responded with nothing short of eloquence, stating he believes "the

dulged becomes rage applauded," ultimately leading to the normalization of anger and an error of proportion. Our "call-out" culture is not productive — we attack each other's every word instead of looking to redirect them, as Altidor intends to do. Fair, outrage makes sense for media pundits and

and scrutiny on college campuses across the country. Jonathan Haidt, a professor of ethical leadership at NYU's Stern School of Business, offers a fine-tuned liberal democracy hypothesis in an effort to reason with what is happening to our country, and more specifically, our nation's universities: "as tribal primates, human beings are unsuited for life in large, diverse secular democracies, unless you get certain settings finely adjusted to make possible the development of stable political life." In essence, we are abandoning the maintenance of our political system, letting the clock tick out of sync. Haidt speaks to the new variant of academia, intersectionality, which encourages students to think in strict, binary dimensions. This means of educating our youth has encouraged anger to thrive as we sift through these dimensions, struggling to find the right response to oppression. We couple activism with anger in an effort to ensure political engagement with a sense of fortified purpose. The educational vision of our Founding Fathers bends towards the arc of reconciliation, and away from that of anger-induced activism. To empower fury as fundamental and withstanding

the realm of rational analysis rejects intellectual pursuit, putting logos on the backburner.

So how then do we make change when we are angry, when we do care, when we are dissatisfied? I am not requesting we hold our tongues in the face of injustice and irreverence — but I am requesting we choose our words and actions deliberately so as to prevent unhampered outrage from becoming the new truth, we convert our emotional reactions into thoughtful response and we refrain from using "the same techniques of exclusion and oppression that [political activism] rejects — only now in the name of liberation." If we forfeit our authority to anger, we risk investing in violence and further deepening social divisions.

“Outrage may be a means to the end of necessary change, but we cannot consider it an end in itself

president has been misinformed or he is miseducated." He refrained from deeming these remarks racist, and instead, asked for clarity. Hoping to engage in social transformation by redirecting this negative narrative, Altidor used this opportunity to inform us of the incredible Haitian contribution to the United States' social fabric.

The American people are ticked off about things that matter, no debating that. However, "rage uncorked becomes rage indulged, and rage in-

news outlets — it sells. But for the rest of us, it doesn't. It incites reactionary hatred and widens fissures in the nation's core.

This conversation begs us to consider the productivity of anger in guiding our actions, a response which forfeits a sober and deliberative thought process. We have forgotten how to separate our political anxieties from all other aspects of our lives, namely our educational institutions. Outrage is rapidly replacing rational critique

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DESPITE GAINS, STATE DEMOCRATS HAVE TO BE CAUTIOUS

It's important Democratic legislators fight for progressive values without over-exaggerating their mandate

Virginia Democrats have had a landmark year. In the 2017 general election, Virginia Democrats, along with electing Gov. Ralph Northam (D), enjoyed stunning gains in the House of Delegates, and were agonizingly close to becoming the majority party. Unfortunately, the Republicans' slim majority in the House will remain due to the results of a random drawing in the 94th District, where Del. David Yancey (R) was declared the winner over Shelly Simmonds. Remaining in the minority makes it nearly impossible to pass some of the progressive legislation that would be beneficial for the Commonwealth of Virginia. Former Gov. Terry McAuliffe (D) and Northam have released a plan with a number of wide-ranging proposals from strengthening background checks on gun sales to expanding Medicaid. While it is important that our elected officials bring to the forefront issues that are important to progressive voters, they should be cautious. Many of these newly elected Democratic delegates won by slim margins and face tough reelection races in 2019. It is essential that Democrats balance their progressive priorities with pragmatism, ensuring that they are actually making progress for the constituents who propelled

them to office.

Calling for pragmatism does not imply advocating for Democrats to abandon their agenda. The Democrats' gains in the Commonwealth make it clear that their policies are winning ideas for a large number of Virginians. Democrats should continue to advocate for policies like Medicaid expansion,

on an "extreme liberal agenda." It is essential for Democrats to be realistic in terms of what they can accomplish, so eventually these policies can become reality.

Given that Republicans are still in the majority, I expect Democrats will be on the defensive instead of being advocates for progressive priorities. Historically, Republi-

ocrats will have to follow suit. The reality of what previous Republican legislatures have attempted to pass should make it clear Democrats have their work cut out for them if they want to faithfully represent their constituents.

That being said, there's no reason why the new legislative session cannot be productive. There are several areas where compromise could be made between Republicans and Democrats. Important issues which could draw bipartisan agreements include tackling the opioid crisis, dedicating more resources to repair infrastructure, increasing college affordability and dealing with the effects of climate change in areas like Norfolk. Democrats should also help pass a version of Republican Gubernatorial candidate Ed Gillespie's proposal to slash licensing fees for workers seeking to gain a credential and eventually gain employment in a new field. Ensuring the progress is made in these issues would not mean rolling over on important progressive issues, but effectively legislating so that Virginians can see real improvements in their lives.

Essentially, we need a legislature which will continue to fight for liberal values, while also making positive changes in Virginians'

lives. This is a careful balance Democrats strike when the new legislative session starts. Though it is tempting to be optimistic about all the changes which can be made in Virginia after the Democrats' impressive electoral victory, it is important they are not blinded by idealism. Unfortunately, there is a limit to what can be achieved while in the minority, so Democrats have to legislate effectively, while simultaneously defending their values. While the Republican majority in the legislature is slim, the margin for victory for many of these delegates remained close and could be endangered by legislative grandstanding and gridlock. Compromise is necessary in order to govern effectively and it is important for Democrats to be able to balance their priorities and move Virginia forward. The last thing we need in this state is another legislative term characterized by partisan gridlock.

“It is essential that Democrats are realistic in terms of what they can accomplish, so eventually these policies can become reality

climate change legislation and reproductive rights. They should especially move to promote policies which will help working families, such as raising the minimum wage, reforming higher education by making community colleges free and expanding paid family leave. These are policies which would do an incredible amount of good for Virginia, but it seems unlikely that many of these proposals will see the light of day, especially with House of Delegates Speaker Kirk Cox (R) saying Republicans will be a check

cans in the House of Delegates have attempted to pass many bills which threaten the diverse coalition that propelled Democrats to victory. These include socially conservative bills which seek to restrict abortion rights, defund Planned Parenthood and legalize discrimination against LGBTQ Virginians. In addition, legislation attempting to dismantle the already-weak gun laws in Virginia should be prevented at all costs. McAuliffe spent much of his tenure protecting these laws through vetoes, and I expect Dem-

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FACEBOOK IS FLAWED BEYOND ITS NEWS FEED

Zuckerberg should focus on creating more than “meaningful interactions” for its users

Facebook is going to be more personal. At least that’s what Mark Zuckerberg claimed on Thursday after announcing the most significant overhaul to Facebook’s News Feed in years. The proclamation promises to prioritize posts from friends and family over those of brands and publishers for its 2 billion users. Despite a desire among virtually all major social media companies to refine their products to incentivize so-called “meaningful interactions,” the mission itself is at odds with the financial incentives which underpin their hefty valuations. Scrap the crap, Facebook — this mission is doomed from the start.

Social media mega-companies operate in a unique space within markets, wielding hundred billion dollar market capitalizations for simply being glorified software companies. They don’t produce anything physical, and their valuations are heavily dependent on a single piece of hardware — the smartphone. As far as the iPhone and Samsung Galaxy go, so too do these social media companies. With the “big four” — Facebook, Snapchat, Twitter and Instagram — already publicly traded, all are subject to the constraints of shareholders. Namely, the two most important metrics for such investors are profitability and user growth. Luckily, the incentives for major smartphone makers such as

Apple, Google and Samsung similarly align as they have poured billions into R&D and marketing to ensure the smartphone user base is not just maintained but expanded. They’ve been overwhelmingly successful, especially in the United States, with 77 percent of American adults in 2017 using a smartphone — up from just 35 percent in 2011.

Facebook’s continued success, reflected by a seemingly incessant upward trending stock price, is based on market expansion in countries like China and India as well as an ability to create diverse revenue streams from newly announced food delivery and shopping services to its bread and butter, brand advertising. As people who use it know, the product itself is brilliantly crafted — with options at sign-up incentivizing users to add personal information such as their favorite movies, books, brands or people. Facebook then incorporates these pages into your News Feed while also giving the page owners options to promote their pages to people within targeted demographics, albeit with a price. After high-profile criticism of Facebook’s role in divisive political discourse, the 2016 Russian hacking with half of eligible American voters exposed to fake electoral content and the product itself simply making people unhappy, such a system is in es-

sence what Zuckerberg has promised to reform. In other words, less content from UNILAD and more photos of a friend’s magical trip to the Bahamas.

Zuckerberg himself has acknowledged that these News Feed changes

might not be in the short term financial interests of the company, but he expressed a hope that meaningful interactions would benefit the company long-term. Tweaking a product can benefit users, and in turn, boost user growth. However, in the long-term, the financial interests of the company must win out. Whether it be Zuckerberg’s willful ignorance of the monolith he’s created or his shareholders’ authority over the direction of the public company, Facebook simply cannot be the idealistic positive force for good without drastic changes to its data-driven advertising business model. Zuckerberg’s expressed hope for a product that makes people hap-

pier is at odds with his dual mandate to increase profitability through advertising and grow the user base. With this simple fact in mind, Zuckerberg’s significant News Feed overhaul reveals itself to be a clever publicity stunt,

the Facebook News Feed.

The beauty and utility of social media lies in its ability to foster these positive, personal interactions despite geographic separation — a hilarious quip in a GroupMe, that ridiculous photo in a Snapchat group, a FaceTime or even a message between two new friends on Facebook. It’s these moments that make social media a force for good, and if you’ll notice, a place where advertisers and brands have yet to penetrate. The long-term survival of social media companies relies not just on the capacity of Apple to pump out new, desirable iPhone hardware each year but on these companies’ ability to facilitate intimate interactions in a revenue-sustainable system. I have no doubt that Zuckerberg truly wants to make the world a better place — it’s noble, inspiring and worthwhile, but the Facebook News Feed is flawed far beyond a few minor algorithmic tweaks.

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Facebook simply cannot be the idealistic positive force for good without drastic changes to its data-driven advertising business model

THE INVINCIBILITY MYTH OF THE INTERNET

Logan Paul and figures like him demonstrate the dark side of freedom online

On Dec. 29, YouTube celebrity Logan Paul posted a video to his channel depicting a trip into Japan’s Aokigahara forest, best known for the frequent number of suicide attempts which occur in the midst of the lush landscape. Paul proceeded to discover a dead body and interact with it on video, in what Paul believed to be a humorous stunt. Though the video received many views — as Paul aims to do with his stunts — it rightfully ignited an outcry against the YouTuber for his disrespect and inappropriate behavior. Paul eventually removed the video from the site and issued an apology, but his antics and those of other similar YouTube stars bring up important questions about the online behavior of users, both young and old. Paul’s video also serves as a dangerous example of the invincibility many users feel online and the consequences he will face should caution users against the belief that rules — both moral and legal — do not apply to online behavior.

In recent years, YouTube has become a popular platform for young adults seeking attention and popularity in the internet age. Particularly after the collapse of social platform Vine, on which Paul originated his online career, the website has been

home to a host of channels featuring stunts and controversial behavior. Paul was initially rewarded for his behavior online but his video featuring the

um ad revenue and he was connected to a number YouTube original projects including both television shows and movies. He also had a scripted series

violent content but the video was not taken down by the website. Paul was ultimately the one to take down the video and many of his fans still support him, regardless of his decisions. In the future, YouTube should strive to more carefully monitor its content creators to ensure that its policies are not violated. Additionally, in the case of a violation as severe as Paul’s, content creators should face fines and other penalties.

Paul should also serve as a reminder to young children and adults who hope to use the internet as a platform to gain attention. Since users can post content without interacting face-to-face with viewers, it is easy to become removed from one’s actions online. Paul and many other YouTube personalities have been shunned by the public for online behavior that, though not illegal in many instances, violates the moral code of their viewers. Recently, another popular YouTuber, Shane Dawson, found himself in hot water when his controversial comments on pedophilia resurfaced. The internet has bred a sense of invincibility among many of its users, who have profited from outrageous stunts online. These stunts performed by Paul and other content creators can also set a bad example for impressionable

young viewers who come to see YouTube stars as role models. Young internet users must see that bad behavior online does have consequences for many content creators.

Though some may say I am calling for limits on the free speech of YouTube users like Paul and Dawson by warning against similar behavior online, I would argue that being cautious with one’s online behavior can only have positive results. Many employers check social media profiles of prospective hires and, though the average Facebook, Instagram or YouTube user does not act like Paul, many don’t realize how destructive behavior online can harm future opportunities. Paul’s horrific video and the consequences the YouTuber faced only demonstrate that online behavior can have serious consequences and that the invincibility many users feel online is a myth.

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Young internet users must see that bad behavior online does have consequences for many content creators

“Suicide Forest” has resulted in severe consequences. The fallout from Paul’s actions demonstrates that, though many young YouTubers believe themselves to be invincible, rude behavior online can have drastic consequences. Furthermore, Paul’s video can serve as a lesson for his fans. If YouTube users continue to view destructive videos, they enable the creators of those videos and drive said creators to push the limits even further.

Paul’s video stunt and the subsequent fall-out related to the post should serve as a cautionary tale to young users who believe that internet behavior has no consequences. Before his stunt, Paul’s videos received premi-

um ad revenue and he was connected to a number YouTube original projects including both television shows and movies. He also had a scripted series in the works with French production company, Blackpills. As of Jan. 11, Paul had been dropped from all of these opportunities and had decided to take a hiatus from content creation. At the height of his popularity, some estimated that Paul earned up to \$1.3 million per month from his work on YouTube. Currently, YouTube has cut all ties with Paul, aside from deleting his channel altogether and the content creator has felt some consequences of his reckless actions online. However, though YouTube has severed most ties with Paul, his actions showed fundamental flaws in the ways YouTube monitors its users. Paul’s video clearly violated YouTube’s policies against



There is no question that the year 2017, in its entirety, provided its fair share of powerful and significant events which will undoubtedly influence and alter the future for years to come. While much of the news is categorized as negative by the public, there were a mix of important stories both good and bad. What every single one of these stories does have in common, however, is clear: It all rests on the shoulders of Katy Perry.

Both for the United States and the international community, the inauguration of U.S. President Donald Trump ushered in an unprecedented era of politics, but it also granted authenticity to the new power of Katy Perry. "There were many social, political and cultural factors at play in the election and response to Mr.

Trump's election, but there is little doubt that Ms. Perry's absence from the musical world during 2015 and 2016 left a clear path for Mr. Trump to ascend to the top of the Washington landscape," said famous political scientist and Harvard dean Theda Skocpol. Skocpol went on to add, "Many of us 'professionals' might have underestimated certain demographic behaviors or nationalist trends before and after the presidential election, but I've always staunchly tracked Katy Perry's influence in all this. Fail to do so at your own peril."

It appears that Katy Perry not only inspired hyper-irrational voting, but also somehow simultaneously invigorated liberal women and the feminist movement in the form of the Women's March in Washington, D.C. While Perry's attendance of the event was well-documented, what flew well under the radar was that she also single-handedly organized the event logistics, including setting up modes of national transportation, acquiring city permits

and booking high-profile performances. "I didn't think I would be able to attend the March at all," said Kendra Blair, a 47-year-old mother of three from Minneapolis, Minn. "But Katy Perry called me personally at the last second to let me know that they had room on the bus at the local station, so I went! She even hired me a babysitter. That girl LITERALLY does it all!"

Besides American domestic politics, Katy Perry somehow also made her presence felt in geopolitical tensions across borders on a global stage. "I recognize the unfair perception the media has created regarding this presidential administration, but believe this if nothing else: Katy Perry bewitched us all," said Jared Kushner, senior advisor and son-in-law to President Donald Trump, as well as a leading individual in the ongoing investigation of Trump campaign involvement in Russian tampering with the presidential election. "I'm telling you, Katy Perry made up the concept of fake news. Her insight into the fact that people will listen

to just about anything was the entire foundation behind this. Only Katy Perry could've provided that perspective."

Katy Perry was not limited to the political sphere, but even made her otherworldly omnipotence and control felt in the natural realm. "Atmospheric pressure changes and wind patterns can be very difficult to track, but we have the utmost confidence that every major hurricane from the 2017 cycles and seasons originated from Katy Perry herself," says Tom Skilling, one of the most notable meteorologists for the WGN-TV station in Chicago, Ill. "Exactly how she is able to manipulate the air to create cyclonic forms, we're not sure. But the wildfires in California are pretty clearly a result of her single 'California Girls.'" When pressed to answer whether or not Katy Perry is completely to blame for the natural disasters, Skilling quickly added, "Look, nobody could've predicted 'California Girls' would still be hot. It's unprecedented, besides R. Kelly's 'Ignition's

effect on the American auto industry in 2008."

Discovering that the world revolved (at least for the duration of 2017) around the acclaimed pop singer is only the beginning, says John Allen, the current president of the reputable think tank Brookings Institution. "We're going to have to find a way to reclaim the essences of fate and existence that Ms. Perry has seemingly absorbed from our dimension," Allen said. When asked if there was any chance these centrifugal powers could be transported, Allen did mention the possibility of the next successor being Vince Vaughn.

BRENNAN LEE is the Humor editor for *The Cavalier Daily*. He can be reached at humor@cavalierdaily.com.

Write what you know?

As I brainstorm ideas for this humor article which my editor assigned 24 hours ago, I come along this simple piece of advice on the net: "Write what you know!" How marvelously straightforward! How deliciously uncomplicated! Write. What. You. Know. I can't help but chuckle to myself. I am a grown woman with a myriad of academic, scholastic and sexual experiences. Furthermore, I am a sophomore, nay, a second-year at the University. A university we have fondly dubbed, with pride and definitely not desperation, a "Public Ivy." I have taken classes taught by the greats, read the classiest of classics, and have had only two breakdowns this year. Write what you know? Hah! What don't I know? What can't I conquer? I am a woman

unleashed, unbarred! A mere 600 words cannot contain me! I grin at my screen, hands poised above my keyboard, ready to unleash the Kraken.

After 48 minutes of staring into space, I am forced to conclude that the Kraken is, for lack of a better word, flaccid. My years of higher education have failed me. I have realized that the "greats" were really just "mediocres," the "classics" was really just 'Harry Potter and the Prisoner of Azkaban', and I had 17 breakdowns not this year, but last week. This piece of advice has forced me to realize that I literally do not know anything.

My brain whirls frantically, trying to find a humorous topic that could be spun in a tidy 600 words. As the minutes tick by, I feel more

and more like the village simpleton, and less like the glorious Amazon that I had envisioned myself as. Suddenly, I am taken with a brilliant idea! What if I roasted The Cavalier Daily Opinion section? That's relatable, right? I start to think of titles like "Eat It Cav Daily Opinion Section!" and "Cav Daily Opinion Editor Found Out To Be A Word Generator!" I'm finally pushing the envelope. I'm going to be the one who makes the Cav Daily edgy, avant-garde. I'm going to make Cav Daily the next Variety, the next Rolling Stone! I am beyond elated. Unfortunately, after a long trip to the bathroom, I discover that my "original" and "edgy" ideas are from the latest edition of the Yellow Journal (email me).

Time is flying by. I am three

hours in. I am getting desperate and dangerously sweaty. I have spent the past 20 minutes googling Nicolas Cage. Man, what hasn't he done? From "National Treasure" to "The Sorcerer's Apprentice." Whatever happened to him? I spend the next 20 minutes watching a "Where Are They Now?" segment on the Hallmark channel. Fun fact: "Nicholas Cage is a Capricorn. Was I supposed to be doing something? Focus Veronica! I slam my computer shut and pull out a good old-school notepad.

Ah, paper. Nothing like the smell of fresh, yellow paper to get your brain cells moving. I neatly write at the top: "THINGS I KNOW." I pause for a moment. I center myself. And then it all comes out. I write about love and

loss. I write about things unsaid and things not done. I write about my mild seasonal asthma. I write about the first Shrek, the second Shrek, the third Shrek, but NOT the fourth one. Dostoevsky who? Hemingway who? After two hours of feverish writing, I fall back in my seat, satisfied. The Kraken has risen.

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P PUZZLES

EVENTS

Wednesday 1/17

Class of 2018 Presents: Last First Day of School, 12-2pm, South Lawn

Buddhist Biker Trivia, 7-9pm, Crozet Pizza

Thursday 1/18

Women's Center Presents: Calling IN the Calling OUT Culture - Accountability Through Love, 4-6pm, Women's Center

Friday 1/19

MSN at UVA Presents: If You Are the One, 7-10:30pm, Old Cabell Hall

Saturday 1/20

Winter Farmers Market, 9am-1pm, IX Art Park

Monday 1/22

Office of Diversity and Engagement Presents: Saul Williams - Excellence Through Diversity Series, 6-7:30pm, The Paramount Theatre

Tuesday 1/23

UVA Career Center Presents: 2018 Spring Resume Marathon, 10am-3pm, Bryant Hall

Center for Christian Study Presents: Welcome Back Lunch, 12-1:30pm, The Stud

UVA Career Center Presents: 2018 Spring Mock Interview Day, 9am-4pm, Bryant Hall

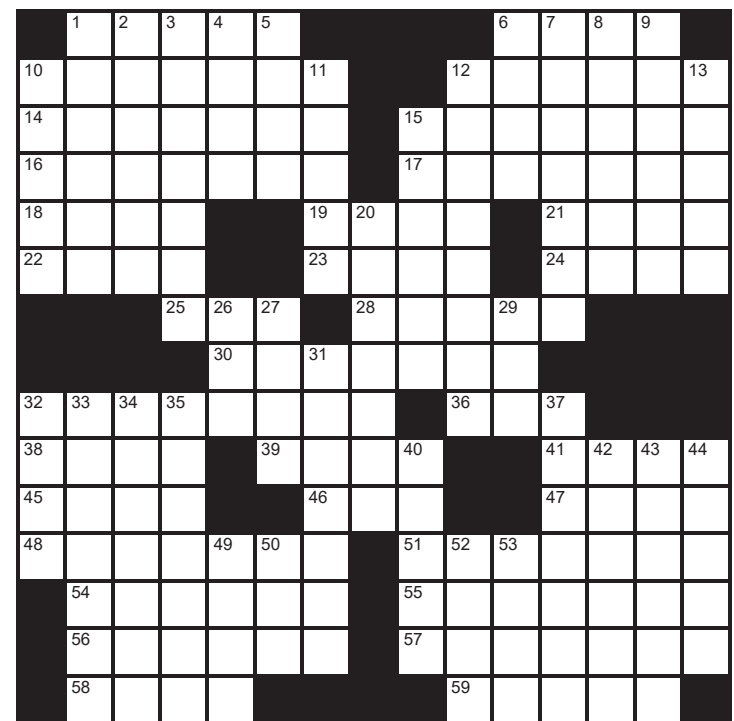
Across

1. What some students finished last week
6. Tater-___
10. Of a certain part of the eye
12. Summaries (as a TV show)
14. Institution of higher learning
15. Movement, often of a hand
16. Type of home
17. Not keeping a steady direction
18. Takes, holds, employs
19. Immediate (abbreviated)
21. Let out strong emotion, usually angry
22. Dry, withered
23. Often paired with "paste"
24. Unit of work or energy
25. Outdated slang for "cool"
28. Red marks from blows
30. Archaic verb meaning make wicked
32. What students from 1-across might get to do early
36. Signal of distress
38. Try again
39. Orwell allegorical novel "Animal ___"
41. City that houses the Taj Mahal
45. Word to end Christian prayer
46. Ocean
47. Snatch
48. Sovereign head of state
51. Abbreviated part of 1-across, or "Mad Men" actress ___ Jones
54. Period of old age in a life

55. Drugs with morphinelike effects
 56. Medical term for puking
 57. Return to a less developed state
 58. Something that might cause 28-across
 59. 2015 movie "The Big ___"
- Down**
1. Playful, humorous
 2. One who buys or sells goods, stocks, etc.
 3. Person who utilizes a particular product — two words
 4. Collection of film, maybe
 5. Not "mother!," but a similarly themed horror movie
 6. Graded assessment

7. Series of eight notes
8. More tense
9. Semester following 1-across
10. "The Stranger" author Albert ___
11. Line from a song
12. Remakes in a new look
13. Religious groups
15. One who makes a shocked noise
20. 1965 Beatles track "___ Man"
26. Animated "Aladdin" monkey
27. Unable to hear
29. It's better than one
31. Stores, supplies
32. Small metric unit of mass
33. Change structure, form of something (as a house)

34. Benign glandular tumor
35. Gives for free
37. Giant Mexican cactus
40. Choice of study
42. Tool used on a block of cheese
43. Hardest to find
44. Deep chasm
49. Irritated patch of skin
50. Visual effects oft-used in movies (abbreviated)
52. "Rise of the Planet of the ___"
53. The end is ___, according to some



*THE SOLUTION TO THIS PUZZLE CAN BE FOUND IN NEXT WEEK'S ISSUE

CORRECTION

In the Dec. 4, 2017 issue of The Cavalier Daily, a news article entitled, "Softball field planned for Lambeth Field stirs controversy," misattributed a quote about the proposed facility being able to host the ACC and NCAA tournaments to University Deputy Spokesperson Matt Charles, instead of University President Teresa Sullivan.

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Charlottesville's artistic expectations

Local events of 2018 to get excited about

Dan Goff | Arts and Entertainment Editor

Whatever else it was, 2017 was a banner year for Charlottesville's arts scene. The city was host to some musical and entertainment events of a huge magnitude, most of which were unexpected until just a few weeks before the fact. Will 2018 hold much of the same? In some cases it's too soon to tell — for example, the Virginia Film Festival was omitted from this list since its late-fall schedule is far from being made public — but Charlottesville is already a community based in the arts, and the calendar for the upcoming year already looks promising. Here are a few of the standouts.

Miguel at The Jefferson Theater: The singer-songwriter has only been around a few years, but he's already gathered an impressive following. This fanbase reached new heights with last year's release of the excellent album "War & Leisure," and the accompanying tour is sure to cement Miguel's place as a rising R&B/hip-hop star.

This is a big act for The Jefferson to host, so it makes sense that the concert, though not taking place until March 25, has already sold out. But don't despair just yet — instead, be on the lookout for possible ticket giveaways from local businesses and radio stations.

Festival of the Book: Spanning five days in late March, this

celebration of the written word traditionally boasts an impressive author line-up with plenty of speeches and interactive activities. The full schedule won't be released until later this month, but what is currently available is noteworthy enough.

The most anticipated guest of the Festival so far is undoubtedly Khizr Khan. Since his son Humayun's 2004 death in the Iraq War, Khan and his wife Ghazala have risen to prominence both locally and nationally. Khan has visited the University more than once and also famously criticized President Trump at the 2016 Democratic National Convention. His presence at the 2018 Festival of the Book can be attributed to his well-received 2017 memoir "An American Family: A Memoir of Hope and Sacrifice."

Aside from this impressive standout, the Festival will also host noted authors such as Nathan Englander, Leland Melvin and Attica Locke. Known for packing many events into just a few days, the Festival of the Book is always worth attending.

Excellence Through Diversity Distinguished Learning Series: Though technically ongoing since last semester, this series absolutely deserves mention. Some of the speakers are not tied to the world of arts and entertainment, but

Saul Williams, the first speaker of the series's new year, definitely falls within the category.

An indefinable blend of poet, rapper and performer, Williams has enjoyed a successful career dabbling in several areas of art. His slated appearance in the Excellence Through Diversity Distinguished Learning Series is later this month — Jan. 22 — but the nature of the appearance is still mysterious. Taking place at the Paramount Theater and free to the public, whatever Williams delivers is sure to be worth witnessing.

P!nk: P!nk has come a long way as an artist. After releasing her first album in 2000, the pop-rock singer-songwriter truly hit her stride later in the same decade, with angsty breakup song "So What" and party anthem "Raise Your Glass." Her 2017 album "Beautiful Trauma" predictably brought things down a few octaves, but still with plenty of the artist's classic ferocity.

P!nk's unique, hard-edged style of pop has become unmistakable and infectious to nearly any American listener, having been blasted on countless radio stations for years and danced to in just as many house parties. So imagine her trademark energy being played in person, reverberating through John Paul Jones Arena.



COURTESY WIKIMEDIA COMMONS

P!nk's upcoming concert at the John Paul Jones Arena is just one of several arts-related local events that promises to be worth attending.

Among politically-charged or socially important arts and entertainment events, P!nk's performance may not be the most essential. But it's sure to be a lot of fun, and on April 19, late in the spring semester, it will be a great way to

relieve some of the stress of finals. The sort of energy P!nk will bring to the University is something the arts community could stand to see more of — simple, unpretentious music that just wants to please.

2018's most anticipated movies and music

Keep these standouts on the radar this year

Emily Hamilton | Staff Writer

One of the best parts about the New Year is that it's a completely blank slate. The arrival of 2018 marks the opportunity for artists and writers to release and create new bodies of work. There is a lot to look forward to in the arts and entertainment industries for this year. Here are four of the most anticipated arts and entertainment events awaiting us in 2018.

"The Incredibles 2:" Ever since the release of "The Incredibles" in 2004, one of Pixar's best-received movies of all time, parents and kids alike have been anxiously awaiting its sequel. After 14 years, the wait is finally over — "Incredibles 2" is coming out this year. The masterminds behind the superhero family's adventures have had over a decade to come up with a stellar plot, so moviegoers' expectations will be high.

Though this sequel will be mar-

keted toward the little ones, it goes without saying that the movie theater seats are going to be filled with college students who grew up on the original. The film will be released this summer, in perfect time for all of the elementary school kids to beg their parents to take them to a movie on a hot summer's day — and the University kids will be right there with them.

"Incredibles 2" is written and directed by Brad Bird, who also created the original. This brings to mind questions about the plot, which as of yet is still mostly a mystery. Will evil villain Syndrome make a comeback? How is Jack-Jack doing these days? Mark your calendars for June 15 to find out.

Cardi B's new album: The rise of Cardi B as a prominent female rapper has been abrupt and unprecedented. She consistently leaves the world wondering — where exactly did she come

from? Her mysterious climb to fame is attributed to singles such as "Bodak Yellow" and "Bartier Cardi." It is unclear how well a whole album from the artist will fare, but Billboard names Cardi B's anticipated album on their list of "Billboard's 40 Most Anticipated Albums of 2018."

The mystery surrounding Cardi B's sudden prominence is what makes the release of her new album so exciting — the audience doesn't know what to expect. Perhaps this new release will reveal more about her story, her rise to fame or just her life in general. Much is still unknown — the rapper has yet to reveal a release date or even a title. The success of this album will decide if her newfound fame is temporary or if her name at the top of the charts is here to stay.

Comeback of the Spice Girls: Also in 2018, legendary pop group the Spice

Girls are planning on making a comeback. According to an article on nme.com, the entire group has decided to come together for a 2018 album release and TV special. The article also notes that the group hasn't played together since 2012, when they performed at the 2012 Olympics in London.

The tricky thing about reunions, and this one in particular, is that every member of the group has changed significantly. Naturally, so will their collective sound. It will be interesting to see if the group attempts to emulate songs of the past or if they take a more current approach to the endeavor. Will the new album contain a sound similar to the music they created a few decades ago? Regardless of the new material's quality, diehard Spice Girls fans are sure to enjoy this reunion.

"Black Panther:" Another movie to look forward to in 2018 is Marvel's

newest feature "Black Panther." Based on the Marvel comic character of the same name, the plot centers on a king with superpowers who leads an African nation.

Advance ticket sales have already shown how interested audiences are in the new movie. A "Salon" article highlights that even before its release date, "Black Panther" has already set a record for Marvel movie advance ticket sales, surpassing 2016's "Captain America: Civil War."

If the anticipation is any indication of the quality of the movie itself, "Black Panther" seems like it will thrill eager Marvel comic junkies as well as action film fans. Directed by Ryan Coogler and starring Chadwick Boseman, "Black Panther" hits theaters Feb. 16.

First Amendment freedom shines in ‘The Post’

Spielberg's newest drama is hauntingly relevant

Katie Wattendorf | Senior Writer

Hollywood is no stranger to portrayals of the press and politics in 2018. Meryl Streep dedicated an acceptance speech to the importance of journalists, and President Donald Trump dedicated a tweet to his opinions about Meryl Streep's acting chops. Now, Steven Spielberg is using his Hollywood role as a massively famous director to tell a tale of press, politics and women in the workplace that — despite occurring in the 1970s — echoes today's social and political climate to a haunting degree. Teaming up with Streep and Tom Hanks, Spielberg's “The Post” is not just a suspenseful film featuring two Hollywood stars, but also a timely reflection on the critical importance of freedom of the press.

Underneath the political and social influence, “The Post” is simply an entertaining film that continues Spielberg's rich legacy of moviemaking. A masterclass in dialogue writing, this film — written by Liz Hannah and Josh Singer — manages to keep the

audience in breathless suspense without any “suspenseful” tropes, such as a car chase or a dark hallway. The writers managed to make a movie that primarily takes place in a dull office feel like a thriller, and their dialogue was expertly handled under the power duo of Hanks and Streep.

Hanks and Streep, with a shared total of five Academy Awards and 13 Golden Globes, are a moviegoer's match made in heaven. Streep — playing Katharine Graham — stands out from the start. Some of the most breathtaking scenes are Streep's silent ones — the audience caught in the stillness of Streep's contemplation of what to say and what to do. That's not to say that Hanks is ever flat — simply that Streep's subtle performance carries the film.

This highlights one of the key themes of the movie — Katharine's challenging position as not only publisher of The Washington Post during the Richard Nixon era, but also being a woman in the job. Streep has, just like her

character, proven through her own drive, capability and talent to be just as formidable a figure in Hollywood as any man. Hanks doesn't have to step back his acting chops at all to let Streep shine — she can do that all on her own.

Although Streep was the standout, the power of the Streep-Hanks duo is not to be ignored. Despite the obvious capability for these actors — and director — to generate box office pull, there's a more important aspect of this pair sharing the screen that lies underneath the star-studded surface. At the most basic level, this film is about the difficult and daring decision by a woman to challenge the honesty of decades of government leaders. Still, her story also highlights the success of a respectful and supportive business relationship between a man and a woman — which were even more few-and-far-between in the film's era than they are now.

In the midst of a tumultuous era for Hollywood regarding

how rare these respectful man-to-woman relationships in the business truly are, this film could not have come at a better time — with none other than arguably the biggest male and female actors in Hollywood playing the parts and setting the example. There's a moment when Katharine stands up to one of her most sexist board members — who constantly challenges her right to the company — and all he can do in response is stand in shocked silence. In the #MeToo moment, telling this specific story in the format of a Hollywood film is a powerful statement in itself.

Next to the storyline of a woman in charge, there is a parallel and equally potent storyline of the corruption of government and the duty of the press, as said in the film, to “serve the governed, not the governors.”

Nixon, one of the main culprits defined in the Pentagon Papers — the documents exposing government lies regarding the state of the war in Vietnam for four presidencies — is nev-

er seen facing the camera in the film. Instead, he is shot only in silhouette through the White House window, banging his fist on the desk as he attempts to ban reporters from the White House and silence the publication of the papers. He's depicted as a looming figure and a president who hates the press, an image not unfamiliar to today's audiences.

It is easy to view this film as a thought-provoking response to Trump's stance on journalism, as the audience is given numerous opportunities throughout the film to draw parallels between the screen and reality. These examples are rarely subtle — from the wide-angle shots of protests in the Washington, D.C. streets right down to the dialogue Nixon is heard saying over the phone about journalists. Timing is everything, and Spielberg was clearly aware of the powerful connection between this story and today's political climate.



The National Institute on Alcohol Abuse and Alcoholism defines binge drinking as “a pattern of drinking that brings blood alcohol concentration levels to 0.08 g/dL” — this usually occurs after about four drinks in two hours for women, and five drinks in two hours for men.

For college students, this may not seem like a lot the 2015 National Survey on Drug Use and Health found that 37.9 percent of college students reported binge drinking in the past month.

Excessive drinking can have a variety of consequences, Robert Klesges, a University professor of public health sciences and co-director of the Center for Addiction and Prevention, said in an email to The Cavalier Daily.

“The consequences include lower grades, increased probability of dropping out of school, DUIs, arrest, risky sexual encounters, and a whole [lot of] other negative things that can happen when your mind is not working correctly,” Klesges said.

Klesges also noted that consequences can follow students after college, stating that binge drinking often persists over time, and that long-term binge drinking can lead to both cancer and heart disease.

In the short term, heavy drinking can often lead to students turning up at the local emergency room — from 2010 to 2013, nearly 420,000 people aged 18-20 were presented to an emergency department for an alcohol-related reason, according to the Substance Abuse and Mental Health Services Administration.

According to Dr. Chris Holstege, who is chief of the University's Division of Medical Toxicology and executive director of Student Health, intoxicated patients in the emergency department are typically monitored to ensure that vomit doesn't enter the airway and that they are breathing without difficulty.

“[Monitoring] can simply entail having the patient rest and allow the alcohol to metabolize, or in more severe cases the patient may need to be on respiratory and cardiac monitoring,” Holstege said. “Rarely, we have to put an acutely intoxicated patient on life support if the patient is not

breathing or there is a risk of vomit entering their airway ... No patient ever has their stomach ‘pumped’ — that is a myth for alcohol intoxication.”

Additionally, students' conditions are kept private, Holstege emphasized, as all patients are under the protection of HIPAA laws and are confidentially monitored in the emergency department.

Several on-Grounds organizations work to educate students on binge drinking and offer students information and guidance if they would like to scale back their drinking. The Office of Health Promotion, housed in Elson Student Health, consists of the Gordie Center for Substance Abuse Prevention, the Stall Seat Journal, ADAPT and the Peer Health Educators program — all of which educate students about unhealthy drinking.

Logan Brich, a third-year College student and Peer Health Educator, said PHEs are trained in numerous topics from sexual health, nutrition, mental well-being and drug and alcohol safety. They educate students through individual patient education sessions and outreach presenta-

tions at Greek organizations and other CIOs on Grounds.

“Our biggest outreach programming for binge drinking is the Fourth Year 5K, which is an effort to provide alternative programming on the day of the last home football game, not just that, but to get the community together and remind them that we're all here for each other, and you can always reach out to somebody if you need them,” Brich said.

According to Brich, PHEs see culture change through education as being the most effective tool to combat binge drinking. PHEs educate students both one-on-one and in groups, and Brich stated that cultivating a feeling of community support can go a long way to improving alcohol safety as well as other aspects of student health.

Brief Alcohol Interventions, or BAIs, are also highly effective in reducing excessive binge drinking, according to Klesges.

“This is typically a one session intervention that is non-judgmental and provides helpful guides to prevent excessive drinking,” Klesges said.

The BASICS program, through the Gordie Center for Substance Abuse Prevention, is one such program, which consists of an online survey and a meeting to discuss one's results. The program is designed to “provide a confidential, non-judgmental environment to assess personal risk, identify potential changes that could work for each student, and help reduce risk for developing future problems associated with substance use,” according to the Gordie Center website.

Similarly, in their outreach, PHEs are non-judgmental and try to meet students where they are rather than shaming them or forcing them to make changes, Brich said.

“Our biggest mission is that people are making choices that are right for them and that they feel are safe and healthy for them,” Brich said. “[...] We don't necessarily go out, wag our finger at people, and say, ‘You're binge drinking, you can't do that.’ It's really about making sure that people feel that somebody has their back, that they're supported if they do decide to make the change that's healthiest for them.”

U.Va. outreach combats binge drinking

Office of Health Promotion has resources on alcohol safety, helps students make changes in their drinking habits

Ruhee Shah | Senior Associate

Science Policy Initiative inspires graduate students

Group aims to promote science policy career paths

Irena Kesselring | Senior Writer

The Science Policy Initiative is a graduate student-run organization working to increase awareness of science policy careers and generate support from the University administration for students pursuing those professional paths. The team of graduate students, headed by doctorate Engineering students Michaela Rikard and Courtney Hill, of the Biomedical Engineering and Civil Engineering departments, respectively, seek to foster an environment conducive to increasing the competitiveness of students' applications for science policy fellowships and to make science policy more visible at the University.

Over a conversation at a girls' fondue night, Hill and Rikard bonded over a shared interest in science policy and decided to create the Contracted-Independent Organization to support and inform students at the University about opportunities in the field. After holding several widely-attended interest meetings, they contacted the Department of Engineering and Society, the Office of Graduate and Postdoctoral Affairs and the Jefferson Scholars Foundation to help make the idea a reality.

Phil Trella, the University's assistant vice president for graduate studies, played a large role in helping with both funding and publicizing the SPI.

"Because our interests aligned so well, I was more than happy to support them in getting their initiative off the ground, in providing them seed funding — if you will — to have gatherings and develop an annual schedule of activities," Trella said.

"We offered some support in terms of helping them with certain proposals that they were interested in writing and providing comments on those. And they've been very successful in that."

Trella said that funding Rikard and Hill have received from The Schmidt Family Foundation will likely make the University "a national hub" for Ph.D. students interested in science policy careers.

The SPI has received a \$100,000 grant from The Schmidt Family Foundation, as well as \$13,000 from the Office of Graduate and Postdoctoral Affairs and the Jefferson Scholars Foundation, to continue their efforts on both national and local scales. According to Rikard, they intend to use the grant money to plan another Science Policy Symposium to be hosted by a student group in New York City, continue a lunch seminar series and host a career panel. In addition, they hope to organize policy-writing workshops in Washington D.C. and to initiate a micro-grant program to fund science policy organizations nationwide.

"We hope to continue to expand our visibility at UVA and across the country by hosting events and creating resources that are used by many student science policy organizations," Rikard said.

"Our ultimate goal is to increase the number of graduate students and post-docs at UVA applying to and receiving competitive science policy fellowships, but more importantly to educate and empower students to be



COURTESY BRIAN NEUMANN

The Student Policy Initiative organized a "January-term" course from Jan. 8-12 called "Introduction to Science Policy."

effective advocates for science policy no matter what career pathway they may choose," Rikard added.

Hill, who recently received the Christine Mirzayan Science & Technology Policy Graduate Fellowship — a three-month opportunity to learn about science and technology policy at the Academies in Washington, D.C. — said she hopes to make science policy more prevalent at the University, where it has struggled to gain relevance in the past.

"The pathways are not present and they're not talked about in UVA — especially the grad community — just because they're such different worlds," Hill said. "When you're a scientist at the grad level, it is such a specific world, where your currency is essentially the papers you publish, and your name on the papers."

As part of their goal to reach out more to the graduate student population, the group organized an intensive "January-term" course from Jan. 8-12 called "Introduction to Science Policy" taught by University research development program manager Joel Baumgart, a former American Association for the Advancement of Science Science and Technology Fellow and Mirzayan Fellow.

Baumgart required two well-known science policy textbooks for the course, but also included his own first-hand experience in the field and invited guest speakers to talk with the class.

One of the speakers to present to the class, Kei Koizumi, an AAAS visiting scholar, who worked in the White House Office of Science and Technology Policy during the Obama administration.

Baumgart hopes to not only teach attendees about the history of science policy, but also to inform students about fellowship opportunities and provide pragmatic guidance.

"The idea is just to get students, get the wheels turning, and get them to start thinking about these opportunities," Baumgart said. "There's where the students are now and there's where they want to be in some placement — either in some fellowship or in a job position. It's the in-between, the middle piece, what skills and competencies do they need to gain to compete for these fellowships — for these jobs — that's what we get to thinking about."

Most of the students in Baumgart's course were doctoral students, although some post-doctoral students also enrolled. The attendees were part of a broad spectrum of disciplines such as biomedical sciences, physics, chemistry and environmental science.

One of the students, Matthew Diasio, a doctoral candidate studying materials science and engineering, said he took Baumgart's course in order to find a way to get more involved in STEM policy.

"Early in grad school, I realized I wanted to work in science policy,"

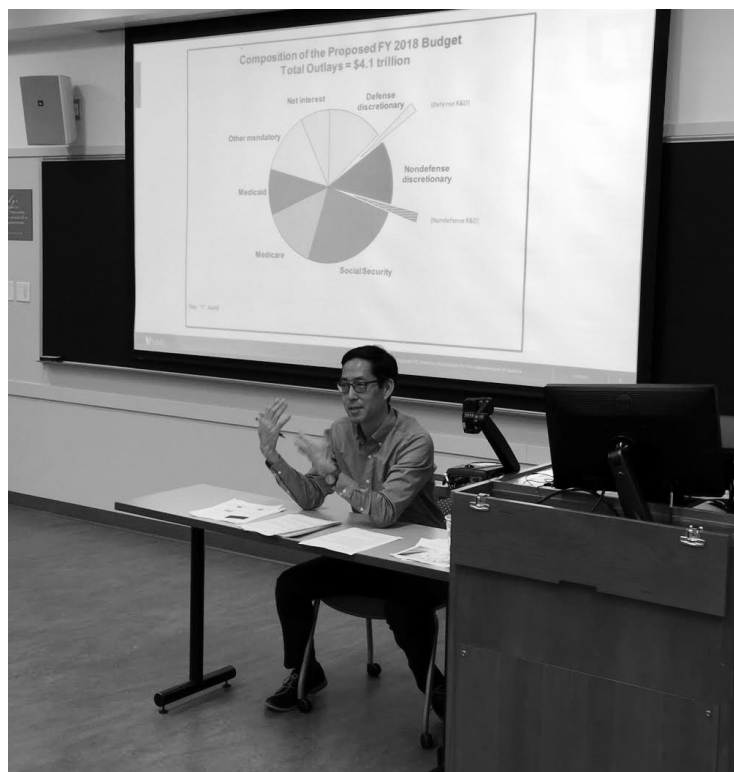
Diasio said in an email to The Cavalier Daily. "When I would mention my interest to other people, they would almost always recommend the AAAS Science and Technology Policy Fellowship, but other than that, most people I spoke with didn't have recommendations on other ways to start working in policy with a STEM Ph.D.... I was really interested in this course after hearing through SPI that it was going to be like MIT's Science Policy Bootcamp, which is well-respected, and it sounded like a great opportunity to learn a lot about the field from an expert at UVA."

Rikard, Hill and Baumgart all noted that there is room for growth in the University's focus on science policy.

"I think we're a little bit behind — perhaps a little bit asleep at the wheel — behind our peer institutions who are preparing very well for this," Baumgart said. "I see a lot of schools that we don't consider our equal academically, and yet, they've shown a lot of savvy and been very aware of these opportunities, and really seized upon them."

However, Baumgart sees improvement in the way the University is beginning to approach fellowship opportunities.

"Finally we're starting to really get in gear, and I wouldn't be surprised if in a couple years' time we had a lot of fellows and we should be happy that people are becoming prepared," Baumgart said.



COURTESY JOEL BAUMGART

The course featured multiple guest speakers and was taught by Joel Baumgart.

Radiation treatment with better outcomes underutilized

Research finds low reimbursement rates for brachytherapy disincentivize physicians to use this treatment

Anugya Mittal | Senior Writer

A study led by the University Hospital radiation oncologist Dr. Timothy Showalter indicates that brachytherapy — a type of radiation treatment where the radioactive sources are placed directly inside the body — is underutilized for the treatment of cervical cancer despite being a critical aspect of treatment. External beam radiation, while often used in combination with brachytherapy, is less effective when used alone in the treatment of cervical cancer.

According to Showalter, cervical cancer is different from other cancers because it is the only cancer where brachytherapy is a critical component of a non-surgical treatment approach.

Dr. Shiv Khandelwal, who also works in radiation oncology at the University, says placement of the radiation sources directly inside the body as done in brachytherapy provides an effective high dosage to the cancerous tissue.

“When you’re giving external radiation, you’re having to treat through a number of organs to get to the cervix,” Khandelwal said. “With brachytherapy what you’re doing is treating from the inside out — radioactive sources are placed inside the cervix — and because of inverse square law, the radiation dose is very, very high close to the radioactive sources but then drops off rapidly away from the sources.”

According to Assoc. Radiation Oncology Prof. Bruce Libby, lack of resources and improper incentives have contributed to the decreasing use of brachytherapy. For instance, brachytherapy involves the presences of both a licensed physician and physicist — which some facilities do not have access to. Additional personnel can also increase the cost of conducting the treatment.

In the study, Showalter was able to calculate the cost of delivery for the different types of radiation therapy for cervical cancer. Medical student Kristine Bauer-Nilsen, who assisted with the study, said the discrepancy in the cost and reimbursement of brachytherapy treatment was striking.

“We found that about 50 percent of the total cost for cervical cancer treatment was personnel cost,” Bauer-Nilsen said in an email to The Cavalier Daily. “Brachytherapy consumed about 80 percent of total physician time and was associated with a smaller proportion of total reimbursements per course compared

to external beam radiation therapy.”

According to Bauer-Nilsen, a relative value unit (RVU) is used by hospitals as a measure of productivity and is associated with physician reimbursement. The study showed that the amount of time spent by an attending physician was four times higher per RVU for brachytherapy compared to external beam radiation therapy. Therefore, it is cheaper for physicians to only perform external beam radiation therapy as their rate of radiation will be higher.

“It’s not a really a very level playing field,” Khandelwal said. “External beam radiation doesn’t require nearly as much effort as brachytherapy, but brachytherapy is not really reimbursed at a rate that makes up for the difference in labor costs and effort.”

While the decrease in brachytherapy has been observed nationwide, brachytherapy is typically more common in metropolitan and high-volume regions as compared to smaller, rural places. Showalter said that smaller community practices may be

limited by financial constraints and only be able to offer external beam radiation. While the physicians may urge patients to travel to other facilities for brachytherapy, patients may be unable to do so due to their jobs. Therefore, patients may be forced to receive only external beam radiation therapy which has been proven to have a lower curative rate compared to a combined treatment plan involving both external radiation and brachytherapy.

Although cervical cancer requires a combined treatment using both brachytherapy and external beam radiation therapy, not all cancers are treated in the same manner. According to Showalter, the use of brachytherapy in prostate cancer has also decreased. However, there is not a clear difference in survival outcomes for the patients, and so it is more economical to use external beam radiation therapy.

Libby said this study was beneficial because it was able to quantify the problem and discrepancy in reimbursement for brachytherapy.

“We know personally that

yes, these treatments take more physician time and physicist time and more resources from the clinic and hospital, but now we’ve quantified it,” Libby said. “So now that we’ve quantified it, we can then say these are the numbers, this is the issue. Now we can go and say how are we going to solve this problem.”

Bauer-Nilsen said the ultimate goal is to cause a change in current reimbursement practices so that cost-effective care can be delivered to patients. The results from this study should be able to inform policymakers as to the need for an increase in reimbursement for brachytherapy.

Showalter also said that patient transportation should be facilitated so that they are able to receive adequate healthcare. In fact, Showalter is a part of a telemedicine project which would allow physicians at the University to give consultations to patients in more rural regions as well as help local doctors deliver more specialized care.

Brachytherapy is not the only underutilized treatment despite its efficiency. Khandelwal treats

many skin cancer cases which sometimes require a non-surgical approach as to avoid complications with plastic surgical reconstruction due to the location of the cancerous tissue.

These types of skin cancer can be treated through radiation by either doing external beam radiation or superficial X-ray therapy. External beam radiation requires the use of a linear accelerator which costs between two to four million dollars while superficial X-ray therapy requires a machine which costs \$150,000. Furthermore, superficial X-ray therapy is more beneficial to the patients compared to the electrons delivered through the linear accelerator.

However, many facilities do not have the additional equipment necessary for superficial X-ray therapy and have no incentive to maintain a second piece of equipment from the insurance companies.

“We have to remember this is about what’s doing best for the patient,” Libby said.



COURTESY UNIVERSITY OF VIRGINIA

Dr. Timothy Showalter's study found that brachytherapy, a critical component of non-surgical cervical cancer treatment, was often underutilized due to its costs.

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Roughly 20 veterans die by suicide every day in the United States.*

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Wed., Jan. 17 | 5 to 7pm | Dell 1 Building

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- Interested in exploring policy and social issues regarding veteran suicide



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*Suicide Among Veterans and Other Americans, 2001–2014, U.S. Department of Veterans Affairs.