

The Cavalier Daily

online | print | mobile

Monday, November 25, 2013

Vol. 124, Issue 27

Jay Epstein | The Cavalier Daily



Cavaliers dominate defensive Wake

NCAA Tournament Third Round: Virginia 2, Wake Forest 0
Goals: Doniak (46'), Brian (49')
Quarterfinal matchup: Nov. 29, vs. Michigan

U.Va. eliminates Demon Deacons with third consecutive postseason shutout; Cavs' defense allows just one shot

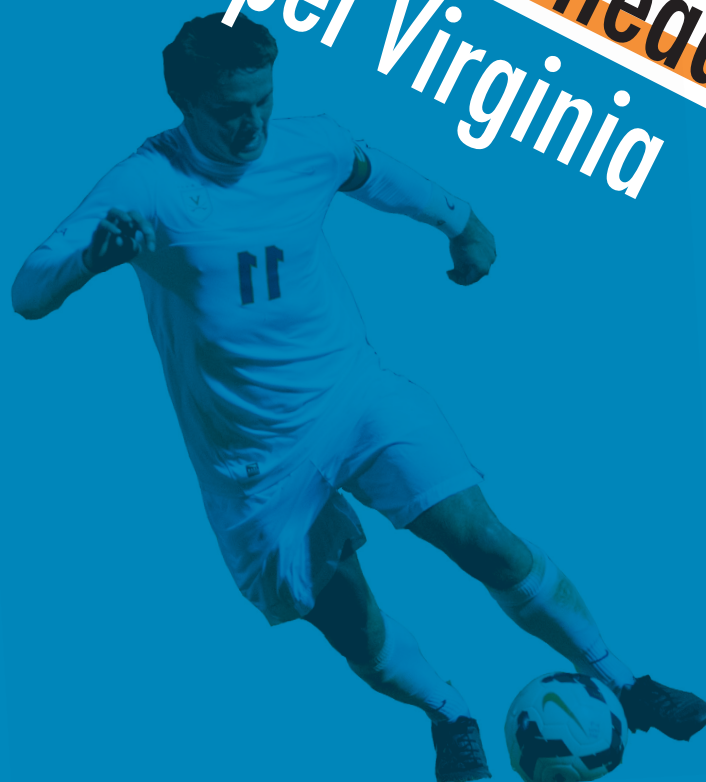
Ryan Taylor
Associate Editor

On a frigid Sunday evening in Charlottesville, the No. 1 Virginia women's soccer team shut out Wake Forest 2-0 in the NCAA Tournament's third round, just two days after beating Georgetown in the second round 1-0. The Cavaliers did not allow a shot on goal in either contest and have yet to be scored on in three tournament games.

The Cavaliers (23-1-0, 13-0 ACC) put the Hoyas on the defensive Friday from the first whistle to the final, and held Georgetown — the nation's third highest scoring offense — to just a single shot. The Hoyas, however, were able to keep the usually high-octane Cavalier offense under control by packing the middle of the field with 10 players — a tactic that was effective

see W SOCCER, page 4

Zinkhan, Bird headers propel Virginia



Porter Dickie | The Cavalier Daily

NCAA Tournament Second Round: Virginia 2, St. John's 0
Goals: Zinkhan (35'), Bird (64')
Round of 16 matchup: Dec. 1, vs. Marquette

Cavs defeat Red Storm off pair of set piece goals; advance to tournament's second weekend for first time since 2009 title run

Matthew Morris
Associate Editor

The Virginia men's soccer team returned to Klöckner Stadium Sunday afternoon for a second-round NCAA Tournament matchup against a streaking, defensive-minded St. John's squad. For the first time since winning the national championship in 2009, the Cavaliers advanced to the tournament's second weekend by quelling the Red Storm 2-0 on a sun-

ny yet cold day in Charlottesville.

Junior midfielders Ryan Zinkhan and Eric Bird scored headers off set pieces and eighth-seeded Virginia (11-5-5, 4-3-4 ACC) played 90 minutes of strong defense in front of 627 bundled up Cavalier fans. The businesslike win against St. John's (11-7-2, 3-4-2 Big East) earned the Cavaliers another game at Klöckner

see M SOCCER, page 4



Hurricanes blow past Cavaliers, 45-26

Miami forces four turnovers, scores two defensive touchdowns to hand Virginia its eighth straight loss Saturday



Courtesy Monica Herndon

Sophomore quarterback David Watford threw three interceptions and completed just 10-of-25 passes for 106 yards and a touchdown. Watford was replaced late by redshirt freshman Greyson Lambert, who connected on 13-of-19 passes for 134 yards but also committed a costly fumble that was returned for a touchdown.

It took just six seconds for Miami to take an early lead on the Virginia football team Saturday in Miami Gardens, Fla. Hurricane sophomore cornerback Tracy Howard snagged the first of three interceptions thrown by sophomore quarterback David Watford and returned it 19 yards for a touchdown, and Virginia would eventually fall 45-26, suffering its eighth consecutive defeat.

Virginia (2-9, 0-7 ACC) cut the Miami (8-3, 4-3 ACC) lead to 14-10 entering the second quarter after a 24-yard touchdown scamper by junior running back Kevin Parks, who finished with 130 rushing yards. Junior Alec Vozenilek's second field goal of the afternoon brought Virginia within one point, and the Cavaliers appeared to be gaining momentum when junior safety Anthony Harris corralled his FBS-leading eighth interception of the season late in the second quarter.

The Cavalier offense then worked its way down into the red zone with just over a minute left in the half, but in an instant, the momentum swung back in Miami's favor. Watford's pass intended for junior tight end Zachary Swanson sailed too high, and Hurricane ju-

nior cornerback Ladarius Gunter grabbed the tipped pass and rumbled 81 yards down to Virginia's 3-yard line. Sophomore running back Dallas Crawford eventually punched the ball into the endzone, and the Hurricanes entered the break leading 21-13.

After halftime, Miami added a field goal and another touchdown through the air from senior quarterback Stephen Morris to extend its lead to 31-13. The biggest blow for the Cavaliers came when Harris was ejected for targeting in the third quarter while tackling Morris. By rule, Harris will be forced to miss the first half of next week's game against Virginia Tech.

Freshman running back Taquan Mizzell scored his first collegiate touchdown on a 10-yard pass from Watford to open the fourth quarter and later added his first career rushing touchdown with 2:02 remaining. But it was too little, too late as the Cavaliers suffered their first loss in four meetings with Miami under coach Mike London.

Virginia will return to Scott Stadium for its final game of the season Nov. 30 against Virginia Tech for the Commonwealth Cup.

—compiled by Zack Bartee

Balanced U.Va. handles Liberty

After sluggish first-half effort, team uses 20-0 second-half run to notch 75-53 win

Michael Eilbacher
Senior Associate Writer

Just more than five minutes into the second half of the Virginia men's basketball game Saturday against Liberty, Flames senior guard John Caleb Sanders hit a 3-pointer to bring his team within nine points at 40-31. The Flames had hung close with the Cavaliers all day, and looked much more impressive than their 1-3 record implied.

Seven and half minutes later, the score was 60-31. Using a 20-0 second-half barrage, the Cavaliers quickly dispelled any possibility of an embarrassing early-season upset and put the game away, cruising to a 75-53 win.

"We started off a little impatient and did not communicate well," coach Tony Bennett said. "We came out in the second half and got on the offensive glass, rotated the ball and made them

earn it a little more. We didn't give them as many shots at the rim."

Virginia (4-1) led the entire first half — save a 3-3 tie — but the edge never seemed that safe, even when the Cavaliers pulled in front by as much as 12 points. Liberty (1-4) consistently fought back, narrowing the game to 30-26 with just more than a minute left in the first half. The Cavaliers would go into the break leading 32-26, and the team was mindful of not overlooking an opponent that was supposed to be over-matched.

"If you just watch college basketball, whenever you're expected to win handily, you can't [assume]," Bennett said. "We've learned that lesson so many times. I just keep talking about quality — quality possessions, playing the game the right way. On paper, you're supposed to beat them, but all you have to do is look around the country and see these upsets, and it's a good reminder."

Halftime gave Bennett an opportunity to rouse his players, and he made sure to remind them not to play down to their opponent.

"He kind of got into us in the locker room," junior forward Darion Atkins said. "We came out [in the second half] and we did what we had to do defensively."

The halftime changes certainly seemed to work. Virginia gave up just five points in the first 14 minutes of the second half and outscored Liberty by 23 points during that stretch. The Cavaliers quickly wore down the Flames and were able to play much more comfortably than in the first half.

"We moved the ball really well in the second," Atkins said. "I felt like we were a little more unselfish. We were more aggressive, we played inside out better and we picked it up, obviously, defensively, and I felt like that gave the other team a lot of turnovers and us a lot of chances offensively."

Virginia's shooting was mark-



Porter Dickie | The Cavalier Daily

Sophomore guard Malcolm Brogdon scored the first five points for Virginia and finished with 12 overall, including two 3-pointers. He has appeared more comfortable since sliding into the two-guard spot with the insertion of freshman London Perrantes into the starting lineup.

edly better Saturday than it had been in recent contests, as the team went 9-for-21 from 3-point range. Six different Cavaliers hit long-range shots in the game, and Liberty seemed willing to allow Virginia to shoot from beyond the arc.

"I think we all feed off of each other hitting shots," sopho-

more guard Malcolm Brogdon said. "When one person gets in rhythm, the next person, then the next person, and then before you know it, you have four or five guys hitting shots and playing well."

Brogdon had 12 points, his

see M BASKETBALL, page 3

Blue collar blowout

Even before senior walk-on guard Thomas Rogers sent John Paul Jones Arena into a tizzy with his first career point in his 27th appearance Saturday, the Virginia basketball team had already demonstrated its enviable depth.

Eight different Cavaliers scored during a near-flawless 20-0 second-half run that turned a competitive game against 1-4 Liberty into a laughter and set the stage for Rogers' late-game opportunity. Overall, the Cavaliers scored 75 points despite having only two players reach double-digit points — led by sophomore forward Anthony Gill with 13.

"It's the deepest team they've ever had as far as I can remember," Liberty coach Dale Layer said. "I think they know their roles, they make shots, they can score inside out and their defense is very good."

Early on in a 2013-14 season characterized by sky-high expectations, Virginia has shown only glimpses of the wide array of talent that made it the nation's 25th-ranked team entering the season. For the first time all season, the Cavaliers harnessed that depth

during a clinical display of selfless team play. After the break, quick ball movement, textbook team defense and crowd-pleasing hustle catalyzed a second half breakout performance.

Whether it was junior forward Darion Atkins diving out of bounds and flinging the ball behind his back to save possession, or star senior guard Joe Harris passing up open looks from deep to set up easy baskets inside, the Cavaliers began to establish the identity that coach Tony Bennett has tried to foster since he arrived in Charlottesville. Rather than simply a collection of supremely talented individuals, Virginia appeared to be a cohesive and dominant unit.

"I think it's contagious," Bennett said of the second-half run. "When guys start sharing the ball, you get some easy buckets, your defense revs up... I said the way they're going to be good is collectively."

Bennett challenged his team at halftime to come out with more defensive intensity after going into the break leading just 32-26. Virginia responded by holding the Flames to just five points in the first 14 minutes of the second half to take a 60-31 lead.

"[Bennett] says to never take a team lightly," Atkins said. "We have to be a blue collar, defensive, knocking team. Always put your hard hats on and be a blue collar team."

Perhaps most importantly, the Cavaliers seem to have finally figured out how to integrate their new offensive weapons. After using three different starting lineups in the team's first four games, Bennett appears to have settled on starting freshman London Perrantes at point guard to allow sophomore Malcolm Brogdon to slide over to his more natural two-guard spot. Brogdon, who took a redshirt last year due to injury, scored Virginia's first five points against Liberty and finished

with a pair of 3-pointers.

Gill, who sat out all of last season after transferring from South Carolina, has now led the team in scoring in back-to-back games since moving to a reserve role. He and sophomore guard sophomore forward Justin Anderson have given the Cavaliers the kind of scoring punch off the bench that the team has sorely lacked in recent seasons. Virginia's bench outscored its starters Saturday, 41-34.

"It's tough — we have so much talent," Brogdon said. "[Gill] is very talented, our bigs are very talented, [Harris] of course is an All-ACC player. I mean it's tough but I think we're learning how to get everybody the shots that they need in the right spots."

Perhaps the Cavaliers' biggest challenge during non-conference play will be to establish when and how much to rely on their various offensive weapons. Saturday's game illustrated that it will be much easier to establish those roles if the team is clicking defensively and creating easy chances to score on the other end. In the second half, Virginia finally provided a glimpse of what that rapport

might look like in ACC play.

"I think throughout the whole game we built chemistry," Gill said. "Everything we do off the court, on the court we're trying to build chemistry because in order for us to win we're all going to have to be on the same page."

As Bennett made clear, the key to keeping all of his players energized and engaged at both ends will be to share the ball and turn defense into instant offense. Virginia forced 19 turnovers and assisted on 21 of its 30 made field goals against the Flames. The team's performance illustrated that the Cavaliers may be able to mesh Bennett's defensive focus with its roster's vast offensive firepower.

Though an early-season victory against an overmatched, non-conference opponent is not something the Cavaliers should hang their hat on, the way that they played in the second half may be the beginning of something special. The challenge for Bennett entering the season was to prevent his deep and talented roster from forgetting its blue collar identity. Saturday, there were plenty of hard hats to go around.



DANIEL WULTZ
SPORTS EDITOR

Virginia earns strong NCAAs results

The cross country season concluded Saturday with the NCAA Championships at the LaVern Gibson Championship Cross Country Course in Terre Haute, Ind. In cold and muddy conditions, the No. 10 Virginia women placed ninth and the No. 22 men finished 13th.

Senior Barbara Strehler concluded her career with an All-American performance in the women's 6-kilometer race. She crossed the finish line in 20:35.3, which was good for 24th. Fresh-

man Maria Hauger was next for the Cavaliers in 63rd place, junior Kathleen Stevens finished in 74th, redshirt freshman Cleo Boyd was 100th and graduate student Vicky Fouhy placed 130th.

The Cavalier women tallied 283 team points — 142 more than champion Providence — to earn its first top-10 finish since 2001.

On the men's side, sophomore Kyle King led the way for Virginia. He ran the 10-kilometer race in 30:27.3 to finish 18th, the best individual finish in program

history. Behind him was senior Thomas Porter in 63rd, sophomore Zach Herriott in 93rd, redshirt freshman Adam Visokay in 123rd and freshman Thomas Madden in 157th.

The Cavalier men totaled 370 points while champion Colorado had 149. Virginia's 13th-place showing is the team's best since finishing 12th in 2007 and was a slight improvement from last season's 14th-place result.

—compiled by Matthew Wurzburger



Senior Barbara Strehler led the Cavalier women with an All-American performance, finishing the 6-kilometer race in 24th place with a time of 20:35.3. The No. 10 women finished ninth overall.

Courtesy Virginia Athletics

M BASKETBALL | Gill once again leads Cavs in scoring off the bench

Continued from page 2

third straight double-digit performance since moving to shooting guard. He was second on the team in scoring Saturday behind sophomore forward Anthony Gill, who had 13 points off the bench. Gill has recently moved to the bench in place of sophomore center Mike Tobey, but has performed consistently well since the move.

"Whatever coach Bennett wants, I'll do it for him," Gill said. "If that means he wants me to

come off the bench, I'll come off the bench."

Brogdon said that Gill's unselfishness in accepting his role is important for the team.

"I think he's that spark off the bench for us right now," Brogdon said. "I feel like he's a starter whether he's on or not on the starting lineup. He's an impact player."

He was joined in the frontcourt rotation by Atkins, who tallied nine rebounds — including six offensive boards — in 20 minutes on the court. Bennett has been happy with his big men so

far this season, and likes to utilize all four of them if he can.

"I think we have a lot of strengths and our frontcourt is one of them," Bennett said. "Anthony [Gill] can score, and with Darion's defensive activity, that is a strength of ours. We have to understand that. Doing a couple passes and jacking up a three won't get it done."

Combined with senior forward Akil Mitchell, Tobey, Gill and Atkins form a formidable frontcourt rotation, meaning that minutes will always be at a premium. Bennett preaches defense

first and foremost, so the players know that showing defensive tenacity is the primary way to earn more minutes on the floor.

"That's definitely a ticket onto the court for almost everyone on the team," Atkins said. "Guys like Mike Tobey don't do as good a job on defense, but he's such a really good offensive scorer in the post; if he was a little more defensive-minded, he would stay on the court a lot more. That's basically everyone's meal ticket. If [Bennett] feels comfortable that he can trust you from a defensive standpoint, then you're going to play."

Though the Cavaliers won by 22 points, there are certainly lessons to take away from the victory. In both this game and against Davidson last week, the team's first-half efforts did not match its determination after the break. Even against lesser opponents, the players know that they have to be strong from the opening tipoff.

"If it's a big game or a not-so-big game, you're supposed to come out and destroy them -- anyone," Atkins said. "On any given night, anyone can win or lose, so the mindset has to be that you have to come out and dominate."

Senior guard Ataira Franklin scored a game-high 23 points and made 6-of-7 3-point attempts in a losing effort Sunday. Franklin got off to a slow start to the season but has come alive recently, scoring double-digit points in three straight contests.



Jenna Truong | The Cavalier Daily

WVU snaps Cavs' win streak, 68-58

Mountaineers build early lead, use 13-0 second-half spurt to secure victory Sunday

The Virginia women's basketball team had its three-game win streak halted Sunday evening at West Virginia, falling 68-58. After trailing by double-digits in the first four minutes of the game, the Cavaliers were unable to crawl back.

Virginia (3-2) trailed West Virginia (4-1) by 11 points after 10 minutes, but chipped away at the deficit as the first half neared its conclusion. Senior guard Ataira Franklin brought her team within seven on a lay-up three seconds before the horn. In the second half, the Cavaliers pulled within one on senior guard Lexie Gerson's 3-pointer with 12:19 to play,

but the Mountaineers responded with a 13-0 run in the next seven minutes to seal the victory.

Franklin scored a game-high 23 points on 8-of-16 shooting, including a lethal 6-of-8 from deep, and also hauled in a team-best eight rebounds. Gerson added 10 points and seven boards, and four other Cavaliers chipped in at least five rebounds to help the Cavaliers offset a nightmarish outing for forward Sarah Imovbioh. The Cavalier junior entered the game fourth in the ACC averaging 11 rebounds per game, but she fouled out in just 10 minutes of action and did not record a rebound.

Virginia shot just 34.4 percent from the field and missed 10-of-16 free throw attempts but saw relatively more success from beyond the arc, connecting on 10-of-22 3-point attempts. The Cavaliers committed a whopping 28 fouls, and all 11 players that saw game action were whistled for at least one personal foul.

Virginia's next stop is Grand Bahama Island's Junkanoo Jam tournament, where the Cavaliers will face Tennessee in a Thanksgiving day game before matching up against either Kansas State or Southern Methodist University Friday.

—compiled by Matthew Morris

W SOCCER | Doniak, Brian tally Virginia goals in third-round NCAA match up

Continued from page 1

for the majority of the game.

In the first half of Sunday's contest, Wake Forest (12-7-1, 5-6-2 ACC) took a page out of Georgetown's playbook as the Demon Deacons played a highly compressed style of defense in an effort to thwart the Cavalier attack. But early on Virginia was able to find a bit of space to maneuver, highlighted by a strike from sophomore forward Makenzy Doniak that clanged off the near post.

Doniak and company continued to press the Demon Deacon defense, forcing them to retreat further and further into the defensive third. Doniak accounted for two more legitimate chances that each required brilliant saves from Wake Forest senior goalkeeper

Aubrey Bledsoe.

"I thought we got the ball in good positions in the first half, we just lacked some quality in our service," coach Steve Swanson said. "We definitely did well for the first 45, but they are a resilient team, so we had to be patient."

The Demon Deacons were able to counter on a handful of occasions, but their progress into Virginia's half never posed a serious threat. The best chance of the half for Wake Forest came on what appeared to be a breakaway, but Cavalier freshman keeper Morgan Stearns charged out of the box to make the easy clear.

Virginia entered the intermission with a 6-0 shot advantage and possessed all of the momentum, despite not scoring a goal. Just 30 seconds into the second half, the Cavaliers capitalized on that ener-

gy, finally breaking through when freshman forward Alexis Shaffer took the ball deep into the right flank and crossed the ball in front of the goal. The ball ricocheted off the crossbar and landed at the feet of Doniak, who rocketed the ball into the top of the net to give Virginia the lead.

"We had a lot of chances in the first half and we just weren't able to put it away," Doniak said. "To get the first goal was great. It was a great cross from [Shaffer]. I think it helped our momentum even more and we were just on fire from there."

Shaffer was not done, however, and just three minutes later she found herself in the same position to the right of the Demon Deacon goal. This time, she stopped and passed the ball backwards to a waiting Morgan Brian, and the

junior midfielder easily put it away to double the Cavalier advantage.

"I had the player in front of me in a one-on-one, and when I looked up I heard [Brian] calling my name," Shaffer said. "I was able to slide the ball to her and she finished it pretty perfectly."

Trailing 2-0, Wake Forest realized that it would have to alter its strategy to mount a comeback. The Demon Deacons opened up the field with their spacing and began to more aggressively pursue opportunities to counter. The Cavalier midfield swarmed every loose ball, however, and quickly regained possession each time it was lost.

Wake Forest's more aggressive approach did create some scoring opportunities, but no matter how deep into the box the Demon Deacons ventured, they were un-

able to muster a shot on goal. In fact, Wake Forest did not register its first shot until there were less than 10 minutes remaining in the match.

"On paper, people won't realize how difficult this match was, to face a team that has been in our conference, knows us, knows our field and is very organized," Swanson said. "I think they're a very difficult team to break down, it was not an easy match so this was one of our best performances of the year."

After allowing just two total shots during a dominant weekend in Charlottesville, the Cavaliers will return to Klöckner Stadium Friday to face Michigan in the Elite Eight. The Wolverines blanked Notre Dame 1-0 Sunday and like Virginia, have not allowed a goal in their three tournament games.

M SOCCER | Goalkeeper Calle Brown makes four saves for shutout

Continued from page 1

Stadium, where they are 8-2-2 this year. Virginia will face Big East Tournament champion Marquette next Sunday at 1 p.m.

"I would say today was a professional performance," coach George Gelnovatch said. "You know, getting that first goal, how we managed the game, playing together, [the] passes we put together, getting the second goal... Everything about it was very methodical and professional."

Virginia opened the scoring in the 35th minute when freshman defender Patrick Foss lifted

a free kick into the right side of the box from about 35 yards out. St. John's senior goalkeeper Rafael Diaz moved to cover a possible shot, but Bird played a header into the middle of the box for Zinkhan. The forward headed it into the net before the All-Big East second-team selection could recover.

"[Foss] played a great ball in," Zinkhan said. "All week we've been working on good runs in the box. We all made good runs in the box. Bird did the hard part and landed it off to me, and I just had to finish it off."

The first-half goal was critical against a stingy Red Storm defense that had allowed only one

goal during the team's most recent four-game win streak. Diaz came into Sunday's game with a .815 save percentage and .74 goals against average.

"St. John's, if I'm not mistaken, since 2010, when they score first, they've only lost one game," Gelnovatch said. "So, in this game, [scoring the first goal] just statistically meant a lot for us."

Virginia struck again in the 64th minute off a corner kick from sophomore defender Scott Thomsen, who found Bird near the far post for a second headed goal of the game. Thomsen led Virginia in assists and minutes played last season, but this year lost playing time in a talented

Cavalier backfield. On Sunday, he provided the Cavaliers with energy and several well-struck balls after subbing for Foss to begin the second half.

"We felt like just making that change at halftime — just getting some freshness in there — was a good thing, and I think he added a lot to the game," Gelnovatch said.

The Cavaliers got back in the win column a week after losing to No. 4 Maryland in the ACC Championship game on an 88th minute own goal. Virginia was sharp from the outset and was already moving at game-speed during warm-ups.

"One of the things we talked

about in the locker room was, [the] first five minutes we wanted to jump at them," Zinkhan said. "We wanted to send a message... We wanted to start out on our front foot, and I think we did that really well today."

Junior goalkeeper Calle Brown recorded four saves for Virginia in his fifth career start, and his powerful kicking helped Virginia keep the ball out of its defensive zone when the team played against the wind in the first half. Senior Kevin McBride and juniors Kyler Sullivan and Matt Brown played all 90 minutes in the Cavalier backfield to help Brown register his fourth career shutout.

O

opinion

Comment of the day

"I really like this article. It's honest, and I had a similar time when I first started attending church here (I too was a lifelong agnostic). I don't find that there is ever a morally indefensible reason to go to church. Being there, attempting to understand those around you, and hearing what someone has to say about a popular and influential way of thinking is not wrong. And neither is a desire for connection and companionship. Good article!"

"Good job" responding to the Grace Muth's Nov.18 column, "Finding God."

Have an
opinion?
Write it
down.

Join the
Opinion
section.

Or send a
guest editorial
to opinion@cavalierdaily.com

LEAD EDITORIAL

Match making

The University should match College students to advisors by fields of study

The University's pre-major advising system is, in its current form, slapdash. During fall orientation, first-year College students are assigned to faculty advisors. Like any blind date, it doesn't always go well. Students get little choice in what advisor they are paired with. A name appears on SIS, and a few days later you're dutifully knocking on an office door.

Although the College insists on its advising website that it makes "every effort" to match students with an advisor in their area of interest, these efforts have not yielded much fruit. Anecdotes about advising-gone-wrong abound, especially in first-year dorms: you hear of the hopeful B.A. in computer science stuck with a specialist in Romance languages who doesn't "do" email, and of the budding literature major who lands a physicist wholly unfamiliar with the English department.

The University's institutional surveys provide more concrete evidence about the pre-major advising system. A significant portion of students feel poorly served by the advising they get before they declare a major. More than 40 percent of University of Virginia respondents reported

that they were dissatisfied (29.7 percent) or very dissatisfied (10.6 percent) with their pre-major advising, according to the 2013 Student Experience in the Research University survey.

To address these problems, the University has proposed overhauling its advising system. In its strategic plan, the University lays out a "total advising" system that would add more first-year advising seminars (COLAs), promote coordination between academic deans and University Career Services, and involve alumni in advising. The system aims to make academic advising more expansive and to couple academic advising with career advising.

A comprehensive re-working of advising is not a bad idea. But the glaring problem with pre-major advising is not a lack of integration between academic advising and career advising. The problem is the haphazard nature of assigning students to faculty advisors. Often students end up with well-meaning faculty members who find it difficult to offer advice beyond generalities (take a subject you've never taken before! Think before you enroll in more than 15 credits!), because they are unfamiliar with

the departments that their advisees are interested in. This is a problem of ineffective distribution: we are placing students with faculty members who aren't quite right for them.

To better match students with advisors, the College should require students to list five potential majors on an advising worksheet. The sheet would not commit students to any particular course of study.

Many students don't know what they want to major in when they enter the University, and this is a good thing. In addition, many students change their majors or guiding interests while students at the University. But a large number of these students have some idea of what subjects interest them. If students could list five potential majors on a worksheet, and if the College could commit to matching them with a faculty member affiliated with one of those majors, pre-major advising would improve.

These speculative majors might be in far-removed fields. For example, a student might list both Spanish and biology as possible courses of study. But whether that student gets assigned to a biologist or to a Spanish professor, she is being

matched with a person in a field that excites her.

The inevitable cascade of incoming College students who will say they're majoring in "pre-Comm" (which is, of course, not a major) could be directed to faculty members who have some degree of affiliation or familiarity with the Commerce School.

COLA courses — one-credit, graded classes for first-year students devoted partially to academic content and partially to advising issues — solve the problem of advisor-matching. A student's COLA instructor serves as an advisor until the student declares a major. And presumably students sign up for COLAs on topics that they are interested in. But we can only expand COLA courses so far. COLAs are 18-person seminars, so we don't have enough faculty to extend these classes to more than a minority of first-semester students.

Having students list a good number of majors that interest them would, in a formalized way, help the College direct students to faculty members who are more likely to be good matches. It would also give students a greater degree of control over their advising experience.

THE CAVALIER DAILY

CAVALIER DAILY STAFF

Editor-in-chief

Kaz Komolafe, @kazkomolafe

Managing Editor

Caroline Houck, @carolinehouck

Executive Editor

Charlie Tyson, @charlietyson1

Operations Manager

Meghan Luff, @meghanluff

Chief Financial Officer

Kiki Bandler

Assistant Managing Editors

Matthew Comey, @matthewcomey

Andrew Elliott, @andrewc_elliott

News Editors

Emily Hutt, @emily_hutt

Kelly Kaler, @kelly_kaler

(S.A.) Joe Liss, @joemliss

Sports Editors

Fritz Metzinger, @fritzmetzinger

Daniel Weltz, @danielweltz3

(S.A.) Zack Bartee, @zackbartee

(S.A.) Michael Eilbacher, @mikeeilbacher

Opinion Editors

Katherine Ripley, @katherineripley

Denise Taylor, @deni_tay47

(S.A.) Alex Yohanda

Focus Editor

Grace Hollis

Life Editors

Valerie Clemens, @valerietpp

Julia Horowitz, @juliakhorowitz

Arts & Entertainment Editors

Katie Cole, @katieprole

Conor Sheehy, @mcsheehy13

Health & Science Editor

Monika Fallon

Production Editors

Mary Beth Desrosiers, @duhrowsure

Rebecca Lim, @rebecca_lim

Sylvia Oe, @sylviaoe16

Photography Editors

Dillon Harding

Jenna Truong, @jennajt21

(S.A.) Marshall Bronfin, @mbrnfin

Graphics Editors

Stephen Rowe

Peter Simonsen, @peetabread

Video Editor

Claire Wang

Social Media Manager

Greg Lewis, @grglewis

Ads Manager

Sascha Oswald

Marketing Manager

Anna Xie, @annameliorate

(S.A.) Allison Xu

Business Manager

Matt Ammentorp, @chitownbeardown

Claire Fenichel, @clairefeni

Financial Controller

Claire Fenichel, @clairefeni

The CD

The Cavalier Daily is a financially and editorially independent news organization staffed and managed entirely by students of the University of Virginia.

The opinions expressed in The Cavalier Daily are not necessarily those of the students, faculty, staff or administration of the University of Virginia. Unsigned editorials represent the majority opinion of the managing board. Cartoons and columns represent the views of the authors. The managing board of The Cavalier Daily has sole authority over and responsibility for all content.

No part of The Cavalier Daily or The Cavalier Daily online edition may be reproduced in any form, in whole or in part, without the written consent of the editor-in-chief.

The Cavalier Daily is published Mondays and Thursdays in print and daily online at cavalier-daily.com. It is printed on at least 40 percent recycled paper.

2014 The Cavalier Daily Inc.

Have an opinion?

The Cavalier Daily welcomes letters to the editor and guest columns. Writers must provide full name, telephone number and University affiliation, if appropriate. Letters should not exceed 250 words in length and columns should not exceed 700. The Cavalier Daily does not guarantee publication of submissions and may edit all material for content and grammar. Submit to opinion@cavalierdaily.com or P.O. Box 400703, Charlottesville, VA 22904-4703

Questions/Comments

To better serve readers, The Cavalier Daily has a public editor to respond to questions and concerns regarding its practices. The public editor writes a column published every week on the opinion pages based on reader feedback and his independent observations. He also welcomes queries pertaining to journalism and the newspaper industry in general. The public editor is available at publiceditor@cavalierdaily.com.

Exploring the pages

Articles in The Cavalier Daily offer a window into student life at the University

Christopher Broom
Public Editor

I've spent the majority of my time and space here focused on news reporting and news-oriented Opinion pieces with the occasional assessment of the various platforms in which The Cavalier Daily publishes. Those are the pieces in The Cavalier Daily that garner the most reaction from readers and about which I receive the occasional email. I have, however, also read almost everything the paper offers. By doing so, it is possible to get a sense of life at the University — albeit one filtered through a relatively small set of writers and editors. But it is clear the various writers and editors that work for The Cavalier Daily do not all share the same interests or viewpoints, and so I think the whole of the paper, over time, probably offers a reasonable image of what it is to be a student at the University of Virginia.

Getting personal

One of the more interesting things to me as I've read The Cavalier Daily over the last few months is the level of personal writing to be found. From Mimi Montgomery's recent piece on the meaning and value of home to Olivia Beavers' musings on technology in general and Facebook specifically, student writers are working out their own decisions and feelings in personal ways that seem to me likely to resonate with other students, at least. There are also pieces that are just fun to read. "The turkeys are coming" by Katherine Colver brought me a couple of laugh-out-loud moments. It's also poignant in parts, which is a good combination.

The willingness of The Cavalier Daily's writers to explore their thoughts and feelings gives context and texture to the rest of the information available. It's also one of the things that distinguishes a college newspaper from other publications. While there are, at times, somewhat similar pieces in something like the New

York Times magazine, they aren't rooted in the same place the way the columns from U.Va. students are. The writing in The Cavalier Daily starts from more common ground, and that makes it compelling as a window into student life.



The willingness of The Cavalier Daily's writers to explore their thoughts and feelings gives context and texture to the rest of the information available.

Searching for romance

I have to admit that I cringed a bit the first time I saw a Love Connection piece in The Cavalier Daily. It seemed like it could be nothing but a train wreck, which I supposed was perhaps the point.

Who looks away from such a thing? It has, though, been full of people who appear earnest and forthright about the whole affair. I've enjoyed reading the interviews with the daters and just about all of them have reported having had a good time. Like the personal writing I noted above, it also seems to offer a window on student life in a way that I'd expect that vast majority of students can relate to. It's a fun weekly read.

Better links

I've noticed many more links lately mostly in opinion columns in the online version of The Cavalier Daily. This is a good development. Using hyperlinks to allow readers to further explore topics and, more importantly, assess the background information and sources for themselves makes for a more informative piece.

That said, the quality of those sources is incredibly important. I spent some time clicking through many of the links and while most point to reputable news sources

or something very specific like a company website, others leave much to be desired. To choose one example: Jared Fogel in "One is not the loneliest number" linked extensively to a piece in an online publication called "The World Outline." There is a tremendous amount of material on the website and it is unclear to me whether it is intended as a news source or as an outlet for opinion writing. Further, the piece Fogel linked to is not itself well-sourced. This is precisely why offering the links is important. Readers can judge the evidence for themselves. Hopefully consistent linking will also cause the writers to be more careful with their sources.

Christopher Broom is The Cavalier Daily's public editor. He can be reached at publiceditor@cavalierdaily.com or on Twitter @CDPublicEditor.

In defense of the 'selfie'

Taking and sharing photos of yourself is nothing to be ashamed of

Ashley Spinks
Opinion Columnist

Last week, the Oxford Dictionaries announced their "word of the year". The winner of this prestigious — or perhaps dubious — honor was none other than the word "selfie," which according to Oxford has increased in usage by more than seventeen *thousand* percent in the past 12 months. Immediately following the announcement, the Internet erupted with backlash, because people were quick to draw a correlation between the promulgation of the word "selfie" and the alleged narcissism of the millennial generation. While I am undoubtedly biased, I refuse to believe that I am the only one who is tired of this argument. I'm irritated at constantly being told that I'm a member of history's most selfish, self-congratulatory, lazy and self-obsessed generation, and for me, the widespread hatred toward the "selfie" was just the last straw. Instead of citing the "selfie" as the final evidential nail in the coffin of the millennial generation's dignity, I embrace it. I celebrate the selfie. I am fully in favor of people taking and sharing pictures of them-

selves, and I think we're incorrectly contextualizing selfies as a cultural phenomenon.

I do not believe that there is anything wrong with taking a picture of yourself or sharing that picture on social networking sites to begin with. But even assuming that there is something inherently offensive about promoting yourself, it is unfair and inaccurate to blame the millennials for the selfie trend. All you have to do is get on Twitter or Facebook to realize that people of all ages, races, genders and walks of life have embraced the selfie. Everyone from famous actors to athletes to teenaged girls can be found posting self-portraits. And yes, it has become easier to distribute and share these images in recent years because of technological advances, but the simple fact is that people have been taking "selfies" since the invention of photography. Sometimes you feel cute, handsome, excited, silly or any other conceivable emotion, and you have a desire to capture yourself in that moment. This is neither shameful nor revolutionary.

I will concede that teenage girls seem more prone to indulging in "selfie culture" than members of

other demographics, but if anything that makes me even more opposed to shaming self-portraiture. Selfies represent an opportunity for young girls to claim ownership of their own image — it gives them complete control over how they are represented to the world. There is something very powerful about that, especially for girls who have been raised in a patriarchal culture that has taught them that their bodies are not their own. There is something empowering about taking a selfie. I think everyone who does it knows that it's a little bit indulgent, but acknowledging that and even reveling in it can be a great feeling. Some will argue that selfie culture reinforces girls' insecurities by forcing them to seek validation through likes and comments. But the power of selfies stems from the fact that they are taken by the girl herself. Bad photos can be immediately deleted, filters can be added, and posting a selfie is a way of saying, "I like the way I look. This is how I choose to let you see me."

Selfies can send a message. They are a form of art and expression. Undeniably, some selfies are pointless or superficial, but others represent an opportunity to frame

yourself in whatever context you would like — to make yourself the object of art. The phrase "feminist selfie" was trending on Twitter last week after a columnist for Jezebel wrote against the selfie, claiming that it perpetuated female oppression. The ability to take a picture of yourself and share it became a



Selfies can send a message. They are a form of art and expression.

symbol of something larger — a small part of an online political movement. The same goes for selfies that people take after they have voted, after they accomplish a particular life feat, after they do something especially scary, exhilarating or unbelievable, or when they are in a place that is unusually beautiful.

Selfies can help us keep in touch with friends in a very personal way. My best friend from high school goes to college 13 hours away from

me. And although I stalk her Facebook and Twitter religiously, it is easy to feel disconnected from her life. Receiving a Snapchat or seeing a selfie she took before a party is far more comforting than reading an empty status update. Selfies can portray so much more than words — allegedly, a thousand words' worth of meaning. It's a cliché for a reason.

The time has definitely come for us to embrace the selfie. It supports a culture of self-love and self-confidence that is sorely undernourished in today's society. We have been raised to always be humble, even self-deprecating, and this can lead to a regrettable lack of self-esteem in today's youth. It is not arrogant to find yourself attractive. It is not narcissistic to be proud of an outfit or a nice smile. There is absolutely nothing wrong with thinking that you look great and wanting to share it with the world. I would encourage all people to stifle their derision of the selfie and instead incorporate it into their own lives.

Ashley Spinks is an Opinion Columnist for The Cavalier Daily.

You better not cry

With the holiday season comes the demand that we suppress all negative emotions

Katherine Ripley
Opinion Editor

I'm going to come right out and say it: I hate the holidays. I hate the Christmas music playing on the radio. I hate the shopping malls that reek of American consumerism. I hate the cheesy Christmas decorations on houses. I hate tacky sweater parties.

Every year around this time, I get into a funk. As all of the people around me seem to get happier, I become farther removed from all the "holiday spirit." The sound of the Salvation Army bells ringing makes me want to burst out crying in the middle of the sidewalk as I'm walking down the corner. But I keep myself together, because being sad on Christmas — well, that's just unacceptable.

It took me a long time to figure out why this time of year puts me in such a terrible mood. I never quite understood it, until my sister — the part-time counselor and

full-time mom who has a master's degree in psychology — put it into words.

"Having kids definitely makes

//

If you're not happy during the holidays, you're a scrooge; you're the outcast, the misanthrope. You're the one who needs salvation — who needs to join the norm that everyone else belongs to.

it easier," she said. "But I still hate the pressure — both spoken and unspoken — to have only positive feelings."

There it was. It's the flip side of the trope in "A Christmas Carol." If you're not happy during the

holidays, you're a scrooge; you're the outcast, the misanthrope. You're the one who needs salvation, who needs to join the norm that everyone else belongs to.

I'm not a part of that norm. I never have been. But over the years I've gotten so tired of feeling like I need to explain myself to people, because when I tell them that I really don't enjoy the holidays, they look at me like I have three heads. Fed up, I closed off all of those negative emotions and put up a façade. I tried desperately to pretend that I was having just as much fun as everyone else. It didn't work. And all those years of trying and failing are what's made me cringe and brace myself every time the calendar gets close to December.

One of our talented opinion columnists, George Knaysi, recently wrote a four-part series of columns on the importance of mental health. He emphasizes the need to turn away from "popular psychology" and instead em-

brace clinically proven methods of maintaining our mental well-being. I consider the logic of "Be happy; it's Christmas" to fall into that category of popular psychology epigrammatic clichés.

If you tell me, "Be happy; it's Christmas," you're not helping. In fact, you're probably going to make me feel worse. The more I try to be happy on a whim — when I try to shove those sad feelings back into whatever black hole they came from — the more defeated I feel. And my personal experience isn't an anomaly. A study done at the University of Denver found that people with greater acceptance of their negative emotions are actually less likely to experience depression. Joseph Forgas, one of the leading researchers on the positive effects of negative feelings, explains: "By pretending that happiness and positivity are universally desirable and attainable, we are probably creating an unrealistic popular expectation that leaves many

people less happy and satisfied than they could otherwise be."

I have positive and negative emotions the whole year round. Let's be realistic; we all do. The holidays don't do anything to change that. What they do change is the pressure to experience one over the other, and such pressure only undermines the standard it is trying to achieve.

You can call me a scrooge if you want to. But I know that I'm not alone in feeling this way. For those of you know exactly what I'm talking about — come over and hang out with me this December. There are no decorations in my apartment, no holiday-themed drinks in the fridge. Come laugh and have a good time, or don't. There will be no judgments — and certainly no tacky sweaters.

Katherine Ripley is an Opinion Editor for The Cavalier Daily.

Science is not optional

The University should offer more science and math classes for non-majors

Nazar Aljassar
Opinion Columnist

Scientific illiteracy is a major problem for American policymakers and citizens. One only has to look at Sen. Tom Coburn's (R-Okla.) recent statements about climate change to understand this issue.

"I am a global warming denier," Coburn said in an August speech to the Tulsa Regional Chamber of Commerce. "I don't deny that." During the speech, Coburn referred to himself as a "man of science." Coburn's denial of global warming and his claim to be a believer in the sciences are incompatible and reflect the extent to which people who write scientific policy are scientifically illiterate.

Coburn isn't the only one. Ken Cuccinelli nearly won the recent gubernatorial election. In 2010, Cuccinelli launched a massive anti-climate science attack on former University climate scientist Michael Mann, attempting to dis-

credit Mann's research as fraud against state taxpayers and costing the University hundreds of thousands of dollars.

In 2003, Senator Jim Inhofe, another Republican from Oklahoma, delivered a speech on the Senate floor in which he dismissed anthropogenic climate change.

"I have offered compelling evidence that catastrophic global warming is a hoax....supported by the painstaking work of the nation's top climate scientists," Inhofe said.

Policymakers such as Coburn, Cuccinelli and Inhofe — in addition to the more than 40 percent of Americans who deny anthropogenic climate change — don't understand that there is a clear consensus regarding human-induced climate change in the international scientific community. A study led by John Cook at the University of Queensland found that, in the past 21 years, 97 percent of peer-reviewed papers that took a position on the cause of global warming supported the consensus that an-

thropogenic climate change exists.

Here's my point: people who write policy about science should understand science. And citizens who vote on scientific policy decisions should also understand science.

The University must assume a greater responsibility in educating

//

Here's my point: people who write policy about science should understand science.

a scientifically informed citizenry. Mathematics and sciences departments at the University should offer more popular courses for students with superficial science and mathematics backgrounds. Currently, the physics department offers "How Things Work," a legend-

ary course taken by more than 200 non-science majors each semester that explores concepts of physics and scientific inquiry in everyday life. The biology department offers "Genetics for an Informed Citizen," a popular course designed to help non-science majors "evaluate the science behind many [genetics and genomics] issues both public and private."

Even so, the number of accessible science courses for humanities majors is small compared to the number of humanities courses available for science majors. As someone aiming to study statistics and chemistry, I still have the opportunity to take humanities electives that interest me such as "Introduction to Gender Studies" and "Dracula." But humanities majors are largely limited to science courses designed specifically for them.

Mathematics and science departments must aim to offer more courses that non-science majors can take. The mathematics department can create general problem-

solving courses for the humanities student. The physics department can offer an elective course in nuclear science for the non-science student who will ultimately make policy decisions regarding nuclear energy. The biology department can create a course about gene therapy and stem cell research for the humanities student with a superficial biology background.

I don't want to see mathematics and sciences at the University devolve into popular science. However, there's no reason that mathematics and sciences departments at the University cannot offer more general courses aimed at students with only minimal knowledge of science. Students who will become policymakers and informed citizens should have access to such courses before leaving the University.

Nazar Aljassar is an Opinion columnist for The Cavalier Daily. His columns run Fridays.

One is not the loneliest number

China should retain its one-child policy to avoid overpopulation problems

Jared Fogel
Opinion Columnist

In 1979, the Chinese government adopted a one-child family planning policy in hopes of limiting population growth and keeping the Chinese population in check. For the most part, the policy was successful, preventing around that would undoubtedly have drained China's resources and living space as well as harmed the environment.

Because of these and other factors, I think the benefits of the one-child policy ultimately outweigh its social costs, such as forced abortions, \$3,000 to \$5,000 fines for breaking the law and child abductions if the fines aren't paid.

Yet this past week Chinese leaders announced that the longstanding one-child policy will be because critics think it is harming the Chinese economy.

Although there is no time frame for when and how the policy will be changed, it is imperative that China should maintain the one-child policy for the near future.

Scrapping the policy would cause a resurgence in population growth in urban areas, increasing the difficulty

involved in solving problems such as famine and pollution. Part of China's original reasoning for the policy was that uncontrolled population growth was leading to the depletion of natural resources, including land fertility for crops.

But the fears of overpopulation go beyond hunger and poverty.

Overpopulation is linked to decreased global species biodiversity as well as increased pollution. China is home to 16 of the world's 20 most polluted cities. Urban residents often wear masks, and smog covers most of the country's major cities. Although the lack of strong air pollution laws factor into these environmental issues, overpopulation is the ultimate cause of the drastic increases in both urban factories and car ownership — top contributors to air pollution.

The current policy itself is a bit deceiving, as it does not actually apply to the majority of the Chinese population but rather the urban population. This is reasonable, as China possesses the world's largest population — nearly 1.4 billion — as well as some of the largest populated cities in the world, such as Shanghai, Beijing, Guangzhou and Shenzhen.

There are currently several exceptions to the one-child policy. For instance, two parents who were both only children can have a second child. Rural parents can generally have a second child as well, either after five years or if their first child is a girl or is disabled. The right to have a third child is sometimes extended to ethnic minorities or couples in under-populated areas. There are also other possibilities such as paying fines that can provide for another child. The World Factbook reveals that there is an average of 1.55 children for every woman in China. This figure suggests the family-planning laws are enforced somewhat loosely.

The reform to the one-child policy, announced last Friday, will extend exceptions to urban families if one of the parents is an only child. This change, however, will only affect around 15 to 30 million people. If China makes the larger leap to scrapping the one-child policy altogether or allowing all urban families to have two children, it risks intensifying the overpopulation issues that it already faces.

I acknowledge that the one-child policy has sometimes brought out the worst in China. A strong cultural preference for boys has caused

a gender imbalance. It has also often been the source of disturbing forced abortion and sterilization stories. Yet, while the policy has been in place, the ratio of male and female students in college has become more balanced than China has ever seen.

Part of China's original reasoning for the policy was that uncontrolled population growth was leading to the depletion of natural resources, including land fertility for crops.

And the social costs are the unfortunate price to pay to avoid overpopulating cities.

Another argument against the one-child policy is that China needs a new generation of laborers. Given the tripling of college enrollment in China in the last 10 years as well as the decrease in 18-year olds entering

the workforce, ridding China of the one-child policy may not be the answer. This increase from 2.2 million Chinese people enrolling in college in 2000 to 6.6 million in 2010 potentially means that the next Chinese generation is less focused on working in factories for cheap labor and more on receiving an education.

Ultimately, allowing families that have one parent who is an only child to have two children will not greatly impact the Chinese population. On the other hand, if China transitions to a more open policy either by allowing all families two children or eliminating the policy altogether, there will be significant ramifications. With the largest population in the world, China's cities cannot afford a potential baby boom. For now, China needs to recognize the need to stick with the one-child policy and avoid a "two or more" outlook.

Jared Fogel is an Opinion columnist for The Cavalier Daily. His columns run Fridays.

No laughing matter

An article that jokes about dating girls with eating disorders is tasteless

Meredith Berger
Opinion Columnist

Recently the web site returnofkings.com published an article titled "5 Reasons to Date a Girl with an Eating Disorder." Since being posted about two weeks ago, it has circulated all over the Internet, infuriating readers — especially teenage girls — with its trivialization of the serious reality that women with eating disorders face. The article is one of the most disgusting things published on this website, and the fact that there are men out there who believe the sentiments of the article is part of the reason why there are girls out there who have eating disorders.

To see how disgusting the article is, one need only read the first line. Here, the author establishes his credibility, or lack thereof, saying, "I've dated several girls with eating disorders — in various intensities — and all of these traits have applied to each of them." The author then tacks on a footnote that reads, "While obesity is, in most cases, also an 'eating

disorder,' this list doesn't apply to emotional eaters, food addicts, and fatties with no self-control." By referring to women in such a way, the author is promoting the body-image issues many women struggle with throughout their lives. Weight is an issue for many women. Encouraging anorexia while at the same time denouncing "fatties" only exacerbates the self-consciousness that women experience.

The article lists five reasons why men should date women with eating disorders. The first is that "her obsession over her body will improve her overall looks." The author supports this claim by saying, "A girl who spends inordinate mental and physical energy on her looks is rarely fat ... While they may have a 'distorted body image' on the inside, that usually means staying trim and fit on the outside."

The author claims to know what he is talking about because of his past experience dating girls who suffer eating disorders. But his point makes no sense. Studies show that women with these sorts of mental

disorders often have low self-esteem and are likely to be shy, thus unwilling to show off their bodies. They are often more inclined to hide underneath baggy clothing to not attract attention to themselves.

Eating disorders are not something to be taken lightly.

Another of his points is that "she's fragile and vulnerable." This, according to the author, means that women with eating disorders are "eager to please." This point is incredibly offensive. Not only does it belittle girls suffering from eating disorders as nothing more than helpless creatures, it also calls girls who don't suffer from the disorder "difficult and

obnoxious." This article is no different from many on this website, and the men writing for the website seem to believe the trash they spew.

The description on the website says, "Return Of Kings is a blog for heterosexual, masculine men. It's meant for a small but vocal collection of men in America today who believe men should be masculine and women should be feminine." Given the website's motto, it's unlikely that the author wrote the eating-disorder piece in a satiric manner. Also, the author has not retracted anything he said, despite the Internet firestorm against him. So it appears he stands by his abhorrent opinion. I say abhorrent because he most likely wrote it to seem cool, and probably to get a few laughs. Eating disorders are a real disease and should not be joked about in this manner. According to the to the National Association of Anorexia and Associated Disorders, approximately 90 to 95 percent of anorexia nervosa sufferers are girls and women, and 95 percent of those who have eating disorders are between the ages of 12 and 25.8,

placing our demographic here at the University at the highest risk of suffering an eating disorder. What's scarier is that anorexia nervosa has one of the highest death rates of any mental health condition. And even for patients whose eating disorders are not fatal, there are often severe medical complications including heart problems, bone disease, organ failure and infertility.

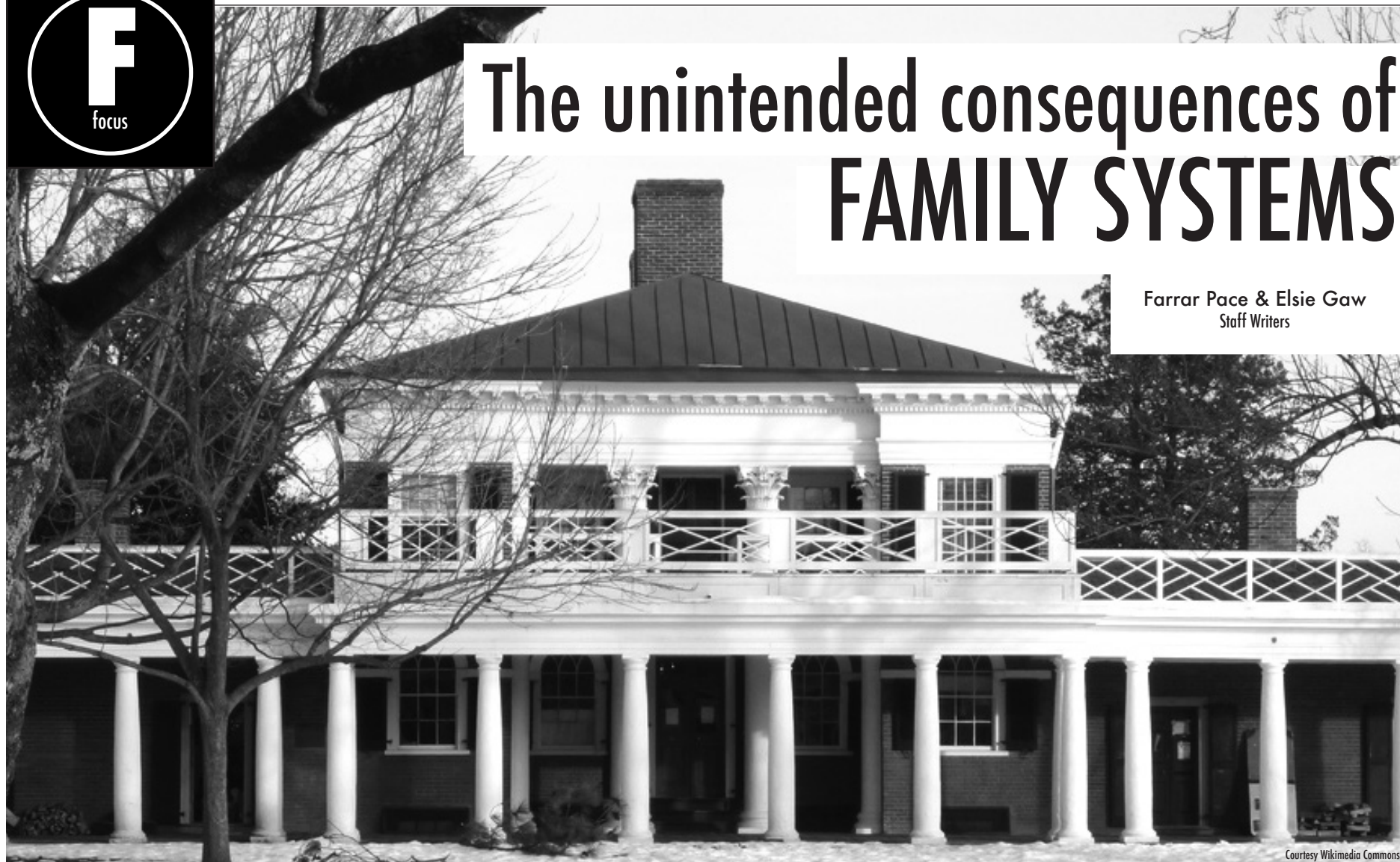
Eating disorders are not something to be taken lightly, and should especially not be glorified. This article fails in its attempt to be funny, clever or valid and instead is one of the worst, most offensive things circulating on the Internet right now. If you happen to read it, please take what I say under advisement and do not, for one second, consider the opinion of the author as anything but ignorant.

Meredith Berger is an Opinion columnist for The Cavalier Daily. Her columns run Mondays.



The unintended consequences of FAMILY SYSTEMS

Farrar Pace & Elsie Gaw
Staff Writers



Courtesy Wikimedia Commons

The family system is a staple of many organizations at the University. By pairing new members with older ones — known as “littles” and “biggs,” respectively — organizations hope to streamline the integration of these new members into the fold.

All types of University organizations engage in the practice, ranging from fraternities and sororities to the First Year Players and the Organization of Young Filipino Americans. The University Guide Service, the organization that trains student members to give tours to prospective students and tourists, used the family structure until a recent disciplinary action by the Office of the Dean of Students.

An incident in October involving the hospitalization of five U-Guides for alcohol-related complications prompted Dean of Students Allen Groves to mandate the Guides to eliminate their family system, ostensibly to curb excessive drinking.

The sanctions have put the practice of the family structure into question across the entire University.

Familial love

Certainly, the family system has benefits.

Although U-Guides could not be reached for official comment, a third-year member consented to an interview on the condition

of anonymity.

The family structure, he said, is intended to more effectively integrate new members, called “probies,” into the large organization and to pass on institutional knowledge from older to younger members. He said older members “give you critiques [on your mock tours] ... tell you stories about their experiences ... [and] make it a welcoming environment.”

Listing the goals and benefits of the family system in greek life, outgoing Inter-Sorority Council President Kathleen Lavelle, a fourth-year Architecture student, said that the “big sister” program is really meant as a mentorship program, providing vertical integration and a niche for females in the organization.

Third-year College student Anne-Marie Albracht, president of Delta Delta Delta sorority at the University, echoed the integrative, supportive aspect of families.

“I think families are so important because they foster relationships between new members and older girls in a way that might not happen naturally,” she said. “From the get go, first-years have an older mentor who looks after them and makes sure they understand everything that’s going on in the chapter and feel included.” Outgoing Inter-Fraternity Council President Jake Pittman, a fourth-year college student, said in an email

that the family system was far less prevalent in fraternities. “I do not see a comparable ‘family’ system in the fraternity realm,” he said. The First Year Players, a drama club organized for first-years actors and run by older students, is another organization that includes a family system. “FYP is a large organization and [the family system] provides the opportunity for first-years to make new, close friends on a more personal level,” fourth-year College student Chelsea Marcelin said, the outgoing FYP producer.

The Negatives

But concerns also exist about the ways the family system may encourage unhealthy drinking habits. Lavelle did point out that the ideal of the family system in a sorority setting does not always operate as intended. “We have definitely seen people losing sight of what the point of it is,” she said.

Though there are controls in place to prevent this — big sisters are not supposed to provide alcohol to their little sisters

, for example — Lavelle said “nothing is foolproof.” Pittman said he did not believe that families contributed to a drinking culture.

“These relationships are bound by a common bond: eternal friendship,” he said. “So no, I don’t believe that families... encourage excessive

and dangerous drinking.”

But many organizations were reluctant to comment on any potential link between families and drinking. Of five sororities contacted, four either did not respond or declined an interview.

U-Guides’ expulsion of families

Regarding the incident with the U-Guides in particular, Groves said in an email that he was “not able to publicly comment on disciplinary matters concerning student organizations,” but also said, “our expectations are that their new member training program will conform to certain standards in line with their narrow mission as reflected in the special status relationship with the University.”

A “special status” organization is one that, “[acts] as agent of the University in carrying out a University function(s) through authority delegated by an authorized University official,” according to a 1994 Agreement for a Contracted Independent Organization and Fraternal Organization

Other special status organizations include the Honor Committee, the University Judiciary Committee and Student Council. Though the U-Guides, with its “special status” label, is relatively independent from University control, University guidelines for special status organizations dictate that, “when

conducting non-University authorized activities, the student organization is considered by the University to be non-special status and, therefore, not acting as an agent of the University.”

“In my view, any educational training program for new Guides ... would fall within the scope of activities delegated to the Guide Service by the University,” Groves said in a Nov. 18 interview.

The anonymous student said the U-Guides function on Sept. 27 — a night of celebration after new members had received their invitations to join the service — was “essentially a party.”

The student said that new members were paired up with families during the ceremony.

“You were given alcohol if you wanted it,” he said, pointing out that the type and quantity of alcohol one received differed from family to family, whether it be fifths of liquor, champagne, or 40-oz. bottles of malt liquor.

He made a point, however, to insist that drinking was optional.

“There were [those] who did not want to drink and didn’t drink, [but] clearly ... the general expectation [was] that you would drink,” he said.

When asked what might have caused the five members to have been hospitalized that night, he pointed to a confluence of factors: the ready supply

Honor Committee budget totals \$179,031

\$2.7 million endowment fund provides \$117,446 of budget; state funding makes up remainder, provides for outreach

Jenna Dickerson & Joseph Liss
Senior Writers

The Honor Committee released its state-funded and endowment-funded budgets for 2013 to the Cavalier Daily on Thursday. The Committee's total budget is \$179,031, with \$117,446 coming from draws on the Committee's Endowment and the other \$61,585 from state funding.

The Honor Committee Chair Evan Behrle, after being elected chair in an unopposed race, met with the president of the Alumni Association, the chair of the Alumni Association Board of Managers and the Vice-President and Chief Financial Officer of the Alumni Association to propose his budget request. Behrle

got approval of his proposed budget.

Behrle said the Committee usually spends less than its allocated budget and draws less from its endowment than it could annually, given the interest the endowment earns.

In 2002, the Alumni Association established an endowment fund for the Honor Committee. This endowment has grown substantially and continues to fund the Honor Committee's budget. The endowment currently stands at about \$2.7 million. Behrle said the endowment was meant stabilize the Committee's funding.

"Honor Systems and Honor Codes at modern Universities face a tremendous number of pressures, and money should never be one of those pressures," Behrle said.

The endowment budget has five categories, including personnel ser-

vices, education, outreach and internal. Personnel services, including a \$53,000 per-year legal advisor salary, comprise nearly half the budget. The outreach category, which includes activities such as exam outreaches and undergraduate and graduate events, comprises almost a third of the budget.

"The Endowment is for the holistic maintenance of the Honor System [and] more for outreach," Behrle said.

Behrle said then-Honor Committee Chair Stephen Nash used funds from the Endowment to run a campaign promoting all-Committee juries and informed retraction last year. Informed retraction allows students accused of an honor offense to admit guilt and leave the University for two semesters.

Behrle said internal improve-

ments to the Honor Committee's operations, such as a \$10,000 internal digital case-processing system and \$10,000 for fixing door locks broken in Newcomb Hall, where the Honor Committee's offices are located, contributed much more to the budget.

"In the last 2 to 1 years we undertook the construction of an online case processing system," Behrle said. "Those type of things which are a lot less obvious to people are much more expensive."

The Honor Committee also receives funding from the state through the University. The proposed state fund budget is broken into general operations, education, outreach, training, trial cost and banquet. Training, which encompasses many orientation staff supplies, comprises roughly a quarter of the allotment.

Behrle said the state funds dealt

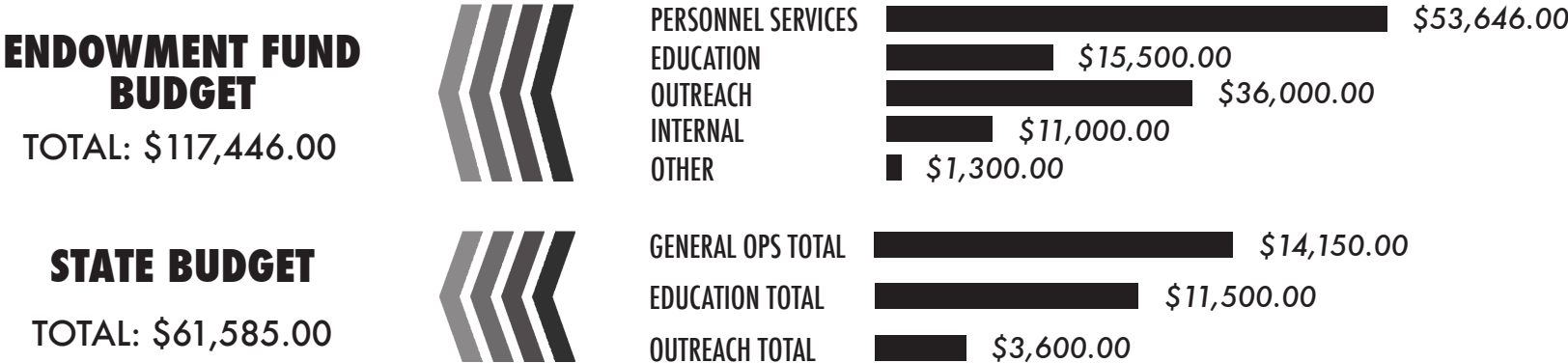
with trial costs, which are mostly fixed.

"You can't decide how much you spend on paper for trials," Behrle said. "That's just kind of a fixed costs."

The general operations category includes many Honor Committee supplies and wages and was a close second, taking just under a quarter of the state budget. Behrle said the Committee allocates the state budget by general category, rather than for specific line items.

"It's based on more historic amounts," Behrle said.

The state budget includes \$4,335 for an annual banquet, which Behrle said was held to thank Committee members and support officers. Behrle said any spending beyond the allocated amount from the state budget would come from the endowment.



Human Rights Commission holds first meeting

After contentious, protracted effort, group meets Thursday evening, continues Dialogue on Race's work, discusses future outreach efforts

Michael Drash
Associate Editor

The newly appointed Charlottesville Human Rights Commission held its inaugural meeting in City Hall Thursday night.

The commission, an 11-person committee that will work with the City Office of Human Rights, investigates potential human rights violations in Charlottesville, although the exact details of its work have not yet been established.

City Manager Maurice Jones welcomed the committee and thanked them for applying.

"We are very excited about the work you are going to do for our residents — the folks who live here in Charlottesville," Jones said.

The idea for the commission came out of the Dialogue on Race initiative, which was successful in bringing the community together for a meaningful

conversation, Jones said.

Charlene Green, the Dialogue on Race program coordinator, elaborated more on the program, which is now under the control of the commission.

"Going forward we need to think about what it is going to talk about [and] how it is going to exist now that it will be run by another organization," Green said.

Some members of the commission began discussing the issue of race immediately, including commission appointee Amy Sarah Marshall.

"I think it is really important historically that race is so emotional on so many levels and to me it seems like its going to be a challenge to honor that while we are opening up to the whole human experience," Marshall said.

The commission then began discussing what characteristics might fall under the "whole human experience," including ageism and



The Charlottesville City Human Rights Commission, above, met Thursday night in the basement of City Hall for its first meeting. Three Commission members have ties at the University community.

struggles faced by singles mothers.

The commissioners ultimately decided that educational outreach, especially in the public school system, was vital to the success of their mission.

Of the 11 commission members, three have direct ties to the University as alumni, students and staff. Two moved to Charlottesville within the last year, and another in the last five years, while three members are natives to the area.

A special work session to write the commission by-laws and statement of purpose has yet to be scheduled.

The changing face of honor

In the first of a three-part series, The Cavalier Daily examines the history of the honor system at the University and its ongoing evolution

Leopald Spohngellert
Associate Editors

Honor at the University of Virginia has been anything but a static institution since its inception in the 1840s. Public opinion for the honor system has wavered through countless controversies, several of which challenged its very existence.

With those challenges have come several important structural reforms, which have in turn changed the face of honor at the University. Some argue honor has lost meaning over time, while others claim it has simply adapted to meet the needs of each successive generation.

Regardless, the honor system bounds every student at this University, for better or for worse, and is by all accounts a defining feature of Thomas Jefferson's prized institution.

According to University historian Sandy Gilliam, the "honor system has been in a state of constant evolution and change ever since it was instituted." There is no reason to believe that "evolution and change" will come to a halt anytime soon, though the direction of the transformation is nearly impossible to predict.

To evaluate the relevance and importance of the honor system in the 21st century, The Cavalier Daily will publish a three part series on the past, present and future of honor at the University, beginning today with honor's past.

The Honor Committee

In accordance with the University's ideal of student self governance, the honor system is inherently one of democratic nature. Changes to its structure come from within the student body and reflect the feelings and opinions of the students currently in attendance. The representative body that oversees the system is the Honor Committee.

The Committee is currently comprised of 27 representatives hailing from all of the University's various schools. It is responsible for investigating accused students, providing counsel for those accused, conducting trials, educating the public about the honor system and assuring the maintenance of the system from year to year, according to its website.

Gilliam said when he was a student at the University, the Honor Committee was much smaller,

composed of the presidents of the respective schools, with the president of the College acting as chair. He believes that the committee has changed significantly over the years and has effectively adjusted to function for a rapidly expanding student population.

"The size [of the University] makes the purpose the honor system more difficult to fulfill because you're trying to foster a sense of trust and a sense of community, and that is [harder] the larger that

//

It's paramount that that system represents every corner of the University.

community is," current Honor Committee Chair Evan Behrle said. "We are trying to bring everybody on the same page ... and it is more difficult to forge and steward a shared vision when the people who might hold a vision come from vastly different [backgrounds]."

In 1977, the first written constitution for the Honor Committee was ratified by the student body. Since then, there have been several challenges to the laws and efficacy of the system.

In that same year, The Cavalier Daily challenged the Committee's rule of silencing the accused in Honor trials. On July 14, 1977, The Cavalier Daily published an editorial arguing the honor system was violating students' U.S. Constitutional rights.

"Students who oppose the way the panel handles trials are silenced," the editorial reads. "Students who believe the Committee has mishandled a student's rights are silenced."

Accused students can opt for a public trial or a private trial. If students opt for a private trial, anyone associated with the proceedings must remain silent on all issues significantly relevant to the proceedings, and those who violate this confidentiality are subject to University Judiciary Council sanctions.

Another point of contention in relation to how the Committee operates relates to the composition of an honor trial jury. In 1980, a referendum passed that allowed accused students to select a jury

comprised of elected representatives and randomly selected peers. In 1990, accused students were further given the right to select a jury exclusively comprised of randomly selected peers.

The investigation process of honor trials has been another topic of great debate. In 1993, the Honor Committee ratified a change that only permitted Committee members to investigate cases. Previously, any student could gather evidence against another student and present it to the Honor Committee.

"The job of support officers is very, very difficult," Behrle said on delegating these types of roles to the Committee. "The reason we have formalized and delineated roles is it takes a tremendous amount of training... [It is] ust like you

couldn't have any random student give a tour of the University, and the stakes are even higher in the Honor Committee."

Leniency & Polynice Case

As the student body has expanded and various reforms took aspects of the honor system out of the hands of the students, the system started being accused as too lenient — despite its infamous single sanction system.

In the 1970s, the Honor Committee introduced Conscientious Retraction, which weakened the single sanction by allowing students to admit to an honor offense before any other community members suspected them of the offense. Students who file a Conscientious Retraction with the Committee can forgo a trial and investigation, but are left to deal with the consequences of their actions at the University outside the jurisdiction of the Committee.

"I think certainly you can look at the advent of the Conscientious Retraction ... as measures of leniency, and I think [it was]," Behrle said. "[But it is an act] of leniency where you want acts of leniency [due to] integrity represented by students."

However, the problem of leniency expands much beyond the institutionalized aspects of the Honor Committee. This debate came to a peak when Virginia basketball star Olden Polynice was acquitted of plagiarizing charges in 1984, despite admitting his guilt.

Widespread accusations that

Polynice was given special treatment due to his status on the basketball team emerged after his acquittal. According to a Sports Illustrated article, then-head coach Terry Holland said to the Committee that Polynice, "confused loyalty to the basketball team with loyalty to the university."

Polynice went on to have a successful professional basketball career both in Italy and in the NBA.

Tied to the Polynice case was the aspect of race in the honor system — the star center was a Haitian-American. In the late 1980s, as the student body became more diverse, perceptions arose that honor trials were targeted at minority students. A 1988 Cavalier Daily report showed that, "statistics for the last year show that 29.7 percent of honor accusations are made against black students, a number which is disproportionately higher than the approximately eight percent of" the student body that was made up of African-Americans.

"It's paramount that that system represents every corner of the University," Behrle said. "Students need to believe Honor is working for them and not against them."

The Christopher Leggett case

Perhaps the biggest threat to the honor system came in 1994, when a controversial case threatened its very existence.

On July 30, 1994, University student Christopher Leggett was found not guilty in a retrial on charges that he cheated on a computer science exam, two years after originally being found guilty.

According to Gilliam, the University and the Board of Visitors asked that the Honor Committee hear Leggett's petition for appeal and follow proper procedure. If they did not, Leggett's case would have gone to the courts, and the Board was sure that the honor system would be abolished.

"The judge would rule that it's wrong to leave a matter of such importance in the hands of a bunch of students," Gilliam said.

The reversal was widely disputed by students and Honor Committee members who felt the University and Honor's executive committee acted inappropriately. Nathan Vitan, a member of the Honor Committee, said that Leggett received special treatment.

"It's obvious that Chris Leggett was an affluent white male," he said in an August 1994 Cavalier Daily interview, implying that was one of the reasons he was acquitted.

Details emerged that the Uni-

versity secretly paid for \$40,000 in legal fees surrounding the case and that the Honor Committee's executive committee ignored a vote by the whole Committee in its decision to grant Leggett a second trial.

There were many in the University community who believed that the University pressured executive committee members to settle the case in Leggett's favor. A September 1994 editorial by The Cavalier Daily even called for University General Counsel James Mingle to resign.

"His conduct in relation to the students of the University is unacceptable," the editorial said.

Additionally, attempts were made to impeach members of the executive committee. Finally, after a long silence, University President John T. Casteen III defended the actions of the University and executive committee.

Debatable Progress

With every Honor System change and controversy, there is debate from undergraduates, graduates, alumni and faculty alike about how the system should function and adapt. Every one of these debates struggle with the inherent conflict between treating students fairly while maintaining the integrity of the tradition.

"It's clear that every major change that has taken place in the system has provided additional protection for the accused," said Ernest Ern, a former vice president of student affairs, in a 1992 interview commemorating the 150th anniversary of the honor system. "We spend so much time as a community as a community discussing procedural modifications and we spend so little time talking about the concept of honor."

Indeed, there is a widespread conception that the significance of honor and the respect for the tradition has diminished over the years. But Behrle says the historic changes have simply made honor more relevant.

"When the honor system was created, it was created by and for a tiny group of southern, wealthy, white, gentlemen farmers," Behrle said. "It is very easy to have an honor system for a group of men who have been hearing about the same conception of Honor for their entire lives."

Gilliam believes, despite having to weather several storms, the honor system has and will remain the thriving institution he knew when he first came to the University as an undergraduate in the 1950s.

GSAS appoints Ervin new Judiciary representative



Thomas Bynum | The Cavalier Daily

Music graduate student seeks to contribute graduate perspective to undergraduate-dominated University Judiciary Committee

Chloe Heskett
Associate Editor

The Graduate School of Arts and Sciences Council appointed Jarek Ervin to the University Judiciary Committee Sunday.

The 23-member committee consists of two representatives from each undergraduate and graduate school of the University, except for the College of Arts and Sciences, which is represented by three members due to its larger size.

“[UJC] can sometimes feel like it’s an organization for undergraduates,” said UJC Chair David Ensey, a fourth-year Engineering student. “I think [Ervin] is extremely interested in helping us out. I’m really glad to have him on.”

Ensey said graduate students brought a different perspective to UJC’s work. Ervin did not go to the University for his undergraduate degree, but has an interest in student

life across the University. The graduate council nominated Ervin to be a representative of the UJC, one of two ways a member can be selected. Alternatively, a member may be selected through an interview process held internally by the UJC.

“[The UJC looks for] an understanding of who a representative serves,” Ensey said. “[We ask] what’s their idea of their duty and who they’re serving.”

Ervin, who is studying music theory and history, said his job involves balancing the needs of graduate students and those of the broader University.

“Partially my position is to represent the Graduate School of Arts and Sciences,” Ervin said. “I think the key thing is being sensitive to the particularities of specific cases ... while retaining the sense of importance that the office plays for the whole school.”



Marshall Bronfin | The Cavalier Daily

The Graduate School of Arts and Sciences Council appointed graduate student Jarek Ervin to serve as one of its two representatives on the University Judiciary Committee. Judiciary Committee Chair David Ensey hoped Ervin could bring a graduate student’s perspective to the Committee’s deliberations and decisions.



Marshall Bronfin | The Cavalier Daily



Will Brumas | The Cavalier Daily



Marshall Bronfin | The Cavalier Daily

IFC elects 2014 officers

Reid takes president role, seeks to move past spring hazing scandal

Caelainn Carney
Senior Writer

The Inter-Fraternity Council elected new leadership to its executive board for 2014 Thursday. Among the chief concerns for the new executive board is a continuing effort to reduce hazing during the pledging process.

Last April, in the wake of several hazing allegations, University administration intervened in the pledge process and demanded that the University's fraternities initiate all of their new pledges within a shortened time span.

Third-year College Student Tommy Reid, the newly elected president of the IFC, was optimistic about the group's outlook and said this is a crucial moment for the organization as a whole.

"Greek life ... is at a really, really critical point," Reid said. "We have sort of the resources and the intelligent student body to be a leader in preserving our traditions ... and [in] moving forward in initiating progress."

Reid said the previous executive board has already made significant improvements this fall to mitigate hazing concerns.

"After the crises last spring ... this year was very much a touch point for us," Reid said. "They've laid a really good foundation to recover from those crises really well."

Second-year College student Chase Pion, newly elected vice president of judiciary, said some of this success is evident in the minimal number of cases brought forward to the Inter-Fraternity Council Judiciary Committee this semester.

"The Inter-Fraternity Council Judiciary Committee has not been busy," Pion said. "That means we're doing our job correctly."

Though last semester's hazing crisis was a significant problem, it does not need to define the image of fraternity life, Reid said.

"I think that those issues have been overblown slightly," Reid said. "We understand [the sanctions] were

appropriate at the time, absolutely."

Reid said reducing hazing concerns starts with communication with the presidents of the various IFC fraternities. Reid said that because fraternities are self-governed organizations, their commitment to fighting hazing is crucial above all else.

"When every president is on board, then every chapter is on board," Pion said.

Pion also said the IFC hopes to reach out to potential members and educate them on hazing to prevent future issues.

"We can give [those choosing to rush] a lot of advice and allow them to make smart decisions," Pion said. "That's the end goal: to make sure everyone's safe."

Reid expressed confidence in the IFC's ability to handle future challenges. Specifically, he credited the dedication and innovation he expects from the new executive board.

"It's a tremendous group," Reid said. "We're here to move on to the future."



Marshall Bronfin | The Cavalier Daily

Thursday, the Inter-Fraternity Council elected its new officers for the 2014 year. The IFC worked with the Office of Fraternity and Sorority Life, above, to establish a hazing education program for the presidents of self-governed fraternities.



University earns two Rhodes Scholars: Tyson, Behrle

Tyson, PST student, to study Victorian literature, evolutionary history; Behrle, Politics Honors student, to explore urban poverty

Joseph Liss
Senior Associate Writer

Fourth-year College students Evan Behrle and Charlie Tyson accepted Rhodes Scholarships Saturday. Tyson, the executive editor of The Cavalier Daily, and Behrle, the chair of the Honor Committee, are the 49th and 50th Rhodes Scholarship winners from the University.

Thirty-two students from across the United States win the coveted scholarship annually to study at Oxford University in the United Kingdom. Though multiple Rhodes Scholars were chosen this year from Harvard, Stanford and Yale, the University is just one of two public schools — along with the United States Military Academy — to notch two honorees.

Behrle, who is in the Politics

Honors program, will study comparative social policy or politics while at Oxford, with a focus on urban poverty in post-industrial cities.

"I think it's fundamentally unfair and unjust that in the metropolitan centers of the wealthiest nation on earth that we have entrenched ... poverty that [has] persisted for generations," Behrle said. "I think it can be solved if the will were there, but it is not."

Tyson, who is currently majoring in political and social thought, will study Victorian literature and the History of Science, Medicine and Technology.

"I'm interested in studying British 19th-century scientific communities and the development of evolutionary theory," Tyson said. "I'm interested in how

So by pairing a degree with literature with a degree in history of science, I hope to explore human expression and human creativity in two different modes."

Tyson also received the Marshall Scholarship, a prestigious fellowship allowing students to study at one of a number of British universities, but he will decline the honor to accept the Rhodes. Tyson said the Rhodes offered an unparalleled experience.

"When you accept a Rhodes, you enter this really vibrant, really warm community," Tyson said. "With the Rhodes, you're all in the same place."



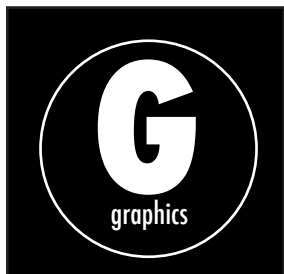
Jenna Truong | The Cavalier Daily



Marshall Bronfin | The Cavalier Daily

Fourth-year College students Charlie Tyson, left, and Evan Behrle, right, accepted the Rhodes Scholarship on Saturday. Three University students have won the Rhodes Scholarship to study at Oxford University in Great Britain in the past two years.

ideas change over time and also over space, because different communities think in different ways.



MOSTLY HARMLESS BY PETER SIMONSEN

Ugh, another week another dimension.
Lets see what was that first thing?
Brightness or something...

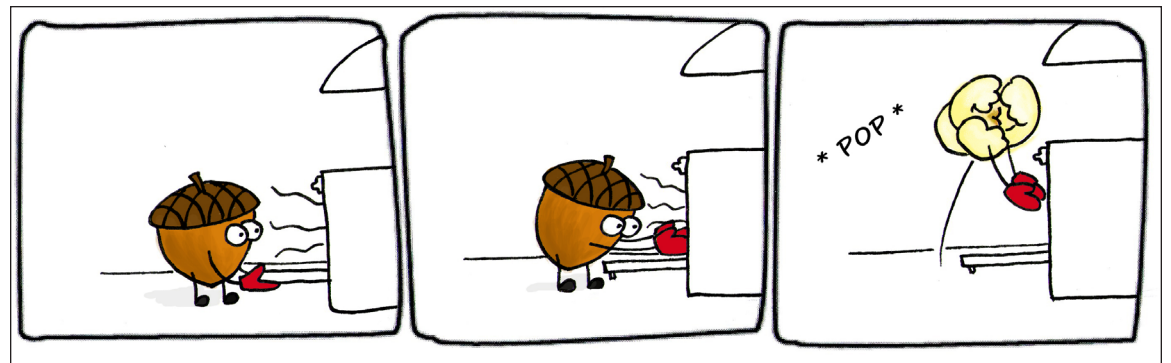


God had a major case of the monday's
when creating the universe.

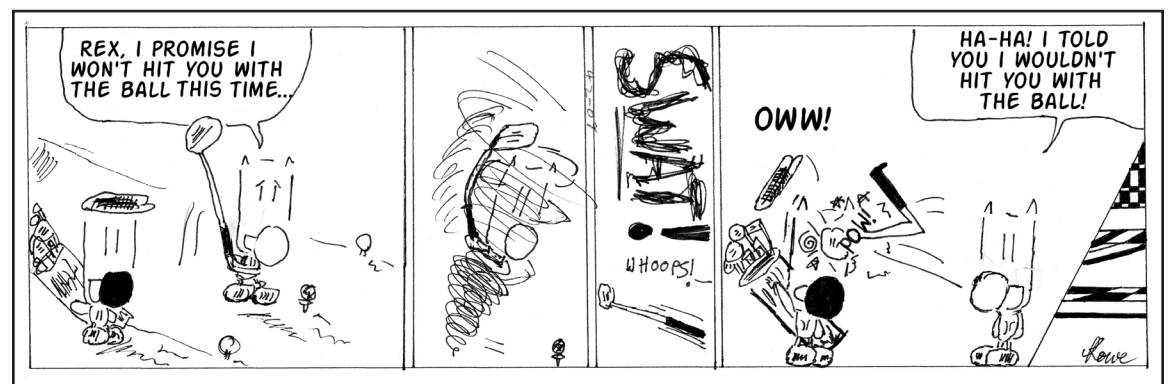
THE ADVENTURES OF THE AMAZING <THE> A-MAN BY EMILIO ESTEBAN



WHOA BY TIFFANY CHU



DJANGEO BY STEPHEN ROWE



The New York Times Crossword

Edited by Will Shortz

No. 1021

ACROSS

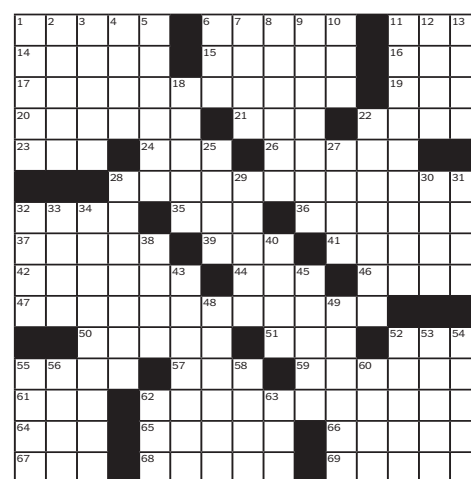
- 1 Slyly spiteful
- 6 The "D" of PRNDL
- 11 Easy-to-chew food
- 14 Mutual of _____ (insurance giant)
- 15 Aid in detecting speeders
- 16 _____ Direction (boy band)
- 17 John Cusack thriller based on a Grisham novel
- 19 "Golly!"
- 20 Inviting
- 21 "Gimme _____!" (start of an Iowa cheer)
- 22 Southward
- 23 "_____ Misérables"
- 24 Santa's little helper
- 26 Snouts
- 28 Newly famous celebrity
- 32 _____ date (make some plans)
- 35 Tuna container
- 36 Lying on one's back
- 37 Conductors of impulses from nerve cells
- 39 Grazing area
- 41 Judicial statements
- 42 Fought like the Hatfields and McCoy's
- 44 Abbr. after a lawyer's name
- 46 Lose traction
- 47 Stipulation that frees one of liability
- 50 Minor difficulty
- 51 Bit of butter
- 52 "He said, _____ said"
- 55 Praise
- 57 Nautical record
- 59 Nautical unit of measure
- 61 Swiss peak
- 62 Part of a ski jump just before going airborne
- 64 Bronx _____
- 65 Pop concert venue
- 66 Strong, seasoned stock, in cookery
- 67 Japanese money
- 68 Military cap
- 69 Run-down, as a bar

DOWN

- 1 Atoll composition
- 2 Tell jokes, say
- 3 Oxygen suppliers for scuba divers
- 4 Spicy Southeast Asian cuisine
- 5 Show that's bo-o-oring
- 6 Unmoist
- 7 Indian nobleman
- 8 "Can't say"
- 9 Sundry
- 10 Suffix with crock or mock
- 11 Toy that hops
- 12 All over again
- 13 Ball-_____ hammer
- 18 Shoelace end
- 22 Hate, hate, hate
- 25 "Words _____ me!"
- 27 Macho sort
- 28 Quick but temporary fix
- 29 Prepare for prayer
- 30 Voting against
- 31 What library patrons do
- 32 How the cautious play it

ANSWER TO PREVIOUS PUZZLE

W	H	I	P	I	T	S	P	A	C	E	J	A	M
H	A	M	E	L	S	C	O	C	A	C	O	L	A
A	M	P	S	U	P	H	I	T	S	O	N	G	S
T	R	U	T	V	O	M	N	I	S	K	O	S	
S	A	D	O	N	A	U	T	P	Y	R	E		
U	D	E	K	I	T	T	Y	K	E	L	L	E	Y
P	I	N	C	E	N	E	Z	R	D	A			
G	O	T	O	V	E	R	M	A	G	N	U	M	S
J	O	H	N	N	Y	C	A	K	E	S	D	M	X
A	N	A	S	O	X	E	N	G	E	M	S		
R	E	V	H	E	L	P	S	G	O	R	G	E	
J	O	E	B	O	X	E	R	M	O	N	G	O	L
A	N	N	E	R	I	C	E	F	A	Z	O	O	L
R	E	S	T	S	T	O	P	A	T	O	D	D	S



PUZZLE BY GARY CEE

- 33 Mates who've split
- 34 Mention in passing
- 38 Aug. follower
- 40 Inits. on a rush order
- 43 State openly, as for a customs official
- 45 Drink, as of ale
- 48 Tight necklace
- 49 Fills with personnel
- 52 Disgrace
- 53 _____ in on (got closer to)
- 54 "E" on a gas gauge
- 55 Indolent
- 56 _____ vera
- 58 Trait transmitter
- 60 Factual
- 62 File extension?
- 63 Grain in Cheerios

For answers, call 1-900-285-5656, \$1.49 a minute; or, with a credit card, 1-800-814-5554.
Annual subscriptions are available for the best of Sunday crosswords from the last 50 years: 1-888-7-ACROSS.
AT&T users: Text NYTX to 386 to download puzzles, or visit nytimes.com/mobilexword for more information.
Online subscriptions: Today's puzzle and more than 2,000 past puzzles, nytimes.com/crosswords (\$39.95 a year).
Share tips: nytimes.com/wordplay.
Crosswords for young solvers: nytimes.com/learning/xwords.

Ouch! I'd much rather be
reading the Cav Daily than
getting punched in the face!



Dear readers,

Are you an art major
looking to show off
your skills?

Do friends think you're
funny?

Don't like what you see
on the comics page?



HAHA
HAHA
HA!



Submit five comic strips to Graphics@CavalierDaily.com.
One week, no commitment necessary.



Annie Mester
Life Columnist

Monday, November 25, 2013 | 15

Top 10 responses to awkward Thanksgiving conversations

When the going gets bad, eat more turkey

1. When asked about your love life:

If you don't have one, make one up. There's no avoiding the 12 million questions concerning your romantic prospects — a topic apparently of utmost interest to anyone who shares even a drop of blood with you. To make matters worse, each and every relative assumes you've already met the love of your life and won't hesitate to remind you they were married with kids by your age.

I can give a pretty definitive list of people I strongly dislike — people who chew with their mouths open, slow walkers — but the closest thing I have to love is my relationship with Trader Joe's cookie butter. No Grandma, I'm not married yet.

2. When asked about your major:

If you're one of the lucky few in the Comm School and therefore exempt from the "But what kind of jobs will you get after you graduate?" inquiries, I envy you. For those of us majoring in more practical things, like Instagram and Who Can Take the Ugliest Snapchat, life-after-college debates get a little more heated. Yes, we are actually interested in these subjects and no, I'm not going to become the next CEO of Apple. My skills are just as marketable as the next girl's and yes, I'm still looking for an internship this summer.

3. When asked about your appearance:

Do I need a haircut? Probably. Have I worn the Christmas sweater you knit me last year? Yes — to a tacky Christmas party -- but what you don't know won't kill you. Prepare yourself for some unavoidable face poking and cheek squishing and consider spending a few extra minutes getting ready the morning of the family reunion. Chances are your legs haven't felt jeans in weeks — okay, months — but remember: a presentable outward appearance helps promote the illusion of being put together. Bonus points if you and your siblings find those matching sweaters you were given circa seventh grade and wear them for more than 10 minutes.

4. When asked about how the food is:

The cardinal rule is that it's always the best thing you've ever tasted in your life, even if you don't know what exactly "it" is. It's better than food from any restaurant, anything you could ever cook on your own, and better than if it were made by the corresponding member on the other side of your family. The chef should have his own cooking show and would beat Bobby Flay 10 times out of 10 should he challenge him to a cook-off. Some sample reactions: "These sweet potatoes literally changed my life!" or, "This pumpkin pie is so good I don't think I'll ever be able to eat another version of it again!" Until next year, of course.

5. When asked about your social media habits:

We've all made the mistake of letting that one relative slip through the cracks of our privacy controls and granting him or her access to tagged pictures, tweets or Instagrams. The key to managing this impending catastrophe: denial. There is no hard evidence to prove your red cup isn't strictly filled with orange juice or that your eyes-half-closed selfies aren't just examples of sleepy artistic expression. Remember to block said relative as quickly and discreetly as possible following dinner.

6. When asked about your summer plans:

This is always an unfair question. It's November, I only barely made it through midterms, and the thought of finals makes me want to regurgitate everything I just ate. The weather outside is frightful, and thinking about the warm, sunny days of freedom is a true tease. Seeing as it's five days past my enrollment deadline and I only have six credits to my name for the spring semester, can you really expect me to know where I'm working six months from now?

7. When asked about your grades:

I'd like to introduce a handy conversion formula to calculate your actual GPA versus the GPA you tell everyone in your family you have. Simply add on however many points are necessary to get within the 3.4 to 3.8 range — a range which demonstrates you have maintained an adequate amount of brain cells yet still like to have fun, are enjoying your term as president of really important clubs, exercising 12 times a week, eating healthily, having a job and drinking responsibly. If you happen to catch another family member speaking about his GPA, make sure to add at least .2 to yours in order to top theirs. You can't spell family without competition, right?

8. When asked about what you're thankful for:

I'm thankful for finding a spot in the front parking lot of the Aquatic & Fitness Center without having to passive-aggressively stare down oncoming cars. I'm thankful for fleece-lined leggings and for my professor pretending not to notice when I fell on my face walking into his office hours. I'm thankful for my dad's penchant for finding the best random websites — see Feed-Buzz's Top 25 Letters in the Alphabet list — and for being on the receiving end of my mom's texts as she learns to use emojis. You can't go wrong with most answers to this question — just don't forget to be thankful for that life-changing sweet potato dish!

9. When asked about your political views:

This is a touchy subject most of the time, not just during Thanksgiving. My best advice? Be informed. Don't be that person who can't name who just won the latest election — we go to college after all and are all old enough to vote. It's our responsibility to be informed. That being said, I'm of the contingency that believes Joe Harris would make a fabulous president and banning Miley Cyrus' "Wrecking Ball" would be a legitimate amendment to the Constitution. Use humor to deflect the question if you're feeling uncomfortable.

10. When asked about sports:

Always, always, always — seriously, always — remember which team your partner in conversation roots for. An off-hand remark about someone's favorite sports team can cause serious violence — I mean, who doesn't value a buff man's ability to catch a leather object over life, liberty and the pursuit of happiness? This does not mean you have to pretend to like said team, but at least pretend you don't hate them. Also, know about the team you should be rooting for. If you haven't already, pick said team based on where you grew up, and spend some time before dinner Googling a few key tidbits, like the color of their jersey. And there is nothing worse than trying to talk about "your" team's quarterback and pronouncing his name incorrectly.

Love Connection : Poon returns! And Jackie.

Brownie points, literally, for Poon as he makes his return to Love Connection



Courtesy Poon

Poon

Year: Fourth

U.Va. involvement: Astronomy Club, Baking Club, U.Va. Community Garden, Pre-Med Physics TA

Hometown: Ang Thong, Thailand :D Land of Smilessssss

Ideal date (person): Semi-athletic girl with a sense of humor, talkative, dog lover, loves baking! Or enjoy eating baked goods

If you could date any celebrity, who would it be? Jennifer Lawrence

Deal breakers? Smoker! Because that's unhealthy.

If your dating life were a prime-time or reality show, what would it be? Mad Money! With Jim Cramer

What makes you a good catch? I can cook and bake anything that you want, lady! I can protect you (Two-years experience as platoon leader in Royal Thai Army Reserve Force Academy, plus weight training), and I treat people nicely because I am nice guy! Looking for a romantic boy? :D

Describe yourself in one sentence. I am a cheesy house full of romances, happiness and humor.



Courtesy Jackie

Jackie

Year: Second

Major: Statistics and Pre-Law

U.Va. involvement: Co-Chair of Library Council (yes it's a real thing), College Council, ZTA

Hometown: Clifton, Va.

Ideal date (person): As long as he buys me a steak dinner at O'Hill, anything* goes. *anything = tall, dark, handsome and frat star all over. . And he must like Spongebob. And maybe YouTube cat videos. (activity) Talking to all the squirrels in all the trees. Also

just regular casual activities, but only if things go well with the squirrels.

Hobbies: Syncing all of my different Apple products, hanging out with my BFFs in Newcomb

What makes you a good catch? I only wore Crocs until the seventh grade, and people in my calculus class think I'm funny.

What's your favorite pick-up line? I know I'm not a grocery item but I can tell that you're checking me out.

Describe yourself in one sentence: Having fun isn't hard, when you have a library card.

Poon and Jackie met at the Rotunda at 6 p.m. on Saturday and went to Revolutionary Soup.

Jackie: My friend filled out [the survey] for me. We were just hanging out at our apartment and we thought it was funny.

Poon: It's fun to do Love Connection, meet new people, make friends. I didn't tell anyone that I have a date.

Jackie: I burst out laughing and I told my roommate [that I was selected] and she laughed so hard that she cried.

Poon: It's my second time [on Love Connection] so I wasn't excited at all. In fact, I just expected to make a new friend. [I did] not really expect any romance.

Jackie: I have never been on a blind date before. I didn't really have any expectations; this could be anywhere from really terrible and awkward to really awesome and best friends for life. I could meet my future husband.

Poon brought Jackie a brownie with heart-shaped sprinkles in a small box.

Poon: I was there right on time, 6 p.m. sharp, since I had to wait for my brownie to cool down a bit.

Jackie: I saw that he had this box in his hand, and it looked like what corsages come in, and so I had this moment of extreme fear that he got me a corsage and I was going to wear a corsage on a first date. He was dressed to the nines.

Poon: Well, she's cute. She's an awesome kid! She's very smart, did really well in ECON 2010 with Prof. Elzinga, [she's] very engaged with our U.Va. community.

Jackie: I wouldn't say he was exactly my type. He was a little shorter than me. He did talk about what was in the plastic container for a little while. Eventually he started telling me about his baking scheme to start his Sweet Frog spinoff brownie business. He asked if I, as an objective third party, would let him know if his brownie tasted good. For a minute I wondered "did he just sign up for this to find an objective third party?"

Poon: She really loved my brownie, and she even saved some for her roommate!

Jackie: I guess I liked eating and he liked baking. [The brownie] was really rich. It was very moist. It was fudgy; it tasted like fudge. It was good though, it wasn't bad. The heart-shaped sprinkles really meant a lot — gave him some brownie points.

Poon: I did not go on this date just to flirt with someone. I feel like it's interview practice for her. There was not really a pause from conversation at all ... except when we ate ... I really like the way she's kind of a simple person; she's not picky.

Jackie: I wasn't trying to flirt but I'm kind of a friendly person. He was interested in my love of statistics and I think that qualified me as a brownie tester because I'm a simple random sample. He offered to help me in Calc II, maybe that was a little flirty.

Poon: I really like this kid to be honest. So as a friend or more than friend. All cool.

Poon paid for the date.

Jackie: After the date I think we're just friends. I thought he was kind of angling to get my number so I was like "do you want my email address." I gave him my computing ID.

Poon: We said goodbye outside Rev. Soup.

Jackie: I took home half the brownie and I told him that I'd let my roommates try it and let him know how they liked it. We shook hands and went our separate ways. Nice firm handshake.

Poon: [I would rate the date a] 9/10 — minus 1 since she got to the Rotunda before me! Plus infinity since she liked my brownie and wanted to be my customer!

Jackie: I would rate the date a friendly 7.5.

Compiled by Alex Stock.

Standing “O”vation

Student-run label hosts charity concert

Jessica Crystal
Feature Writer

Last Friday, O Records, a student-run record label, put on a charity concert at O’Hill Forum to showcase its diverse and talented musicians in a casual but meaningful manner. The concert benefited the Nicaraguan Orphan Fund.

Fourth-year Engineering student Elijah Innes-Wimsatt, the president of O Records, said this is the first time the record label has partnered with a philanthropic organization.

“I feel much more justified in inviting people to come since we’re benefitting something bigger,” Innes-Wimsatt said.

O Records used to be known as “Oluponya Records,” and operated as a predominantly rhythm and blues and hip-hop label. Since its founding, O Records has evolved into a more eclectic, singer-songwriter-based organization.

“We decided to change the name to make it more recognizable and easier to pronounce,” Innes-Wimsatt said. “Now [we] feature a wide range of music: jazz, big band, hip-hop, quasi-

classical, folk.”

O Records gives its diverse range of musicians a musical outlet and networking opportunities. Fourth-year Engineering student Andrew Jordan, a drummer on the label, said some musicians later break off into groups and play at different venues for philanthropies.

“[O Records] has given me and other musicians contacts for other places to play,” Jordan said. “For me, it’s not just about playing music. It’s fun to play for other people.”

Director of Recording Tim Swartz, and third-year College student, produces, plays bass and writes songs for the label.

“For people who aren’t in a capella or in orchestra, it’s hard to network and have performance opportunities,” Swartz said. “Having an on-Grounds opportunity is big.”

The label, like most contract-

ed independent organizations at the University, also has a social aspect.

“Now, it’s my social network,” Innes-Wimsatt said. “[In high school], I never really played with anyone that was really dedicated — and everyone in this organization is very dedicated.”

O Records has also continued its efforts to establish an exter-

nal presence, releasing multiple CDs — two of which are on iTunes — and acquiring a studio recording space.

“We are trying to make [O Records] more professional in every way,” Swartz said. “It’s great to have a professional product to show people. It’s a great resource to have later in your career if you want to go into music.”



Jessica Crystal | The Cavalier Daily

O Records hosted a wide range of student artists at O’Hill forum Friday to benefit the Nicaraguan Orphan Fund.

Pump, pump, pump it up!

Varsity pre-game regimens range from meditation to dance parties

Kelly Seegers
Feature Writer

It’s no secret that reaching an optimal level of pre-competition energy is a key to athletic success. Put more simply: the age-old “pump up” routine proves what happens outside competition can be almost as important as what happens during it.

What does a pregame ritual include for a University athlete? Meditating, dancing uncontrollably and everything in between.

For the women’s soccer team, emphasis falls on the more energetic end of the spectrum. Players may begin their pre-game routine by listening to their own music — but once they gather in the locker room, everyone ditches the headphones and has a collective dance party to the music blasting through the speakers.

“We are [all] so fun and outgoing and active all the time that if we had a quiet locker room like some teams do, where they want everyone to be silent, that would freak us out,” second-year College student Brittany Ratcliffe said. “We just wouldn’t play like us.”

Their featured soundtrack ranges from older hits, like Nelly’s “Hot in Herre,” to more recent songs like Avicii’s “Wake Me Up”

— which Ratcliffe says is the team’s song of the year.

“We look awful,” Ratcliffe joked. “Hopefully no one ever sees us dancing.”

Something about their highly energetic routine must be working, though, as the women’s soccer team entered the NCAA tournament as the number one seed.

The men’s cross-country team, meanwhile, takes a more subtle approach to their meet preparation. Before every race, after the team has jogged over to the starting line and confirmed all shoes are firmly tied, everyone amasses into a huddle. The captains will say a few words, and they will cheer a quiet “Hoos” before taking their places.

“Some teams get really into it and yell,” third-year Engineering student Jack St. Marie said. “We figure we are going to be out of breath soon enough.”

When it comes to music, the cross-country team does not collectively have a favorite pump-up song — outside in an open area, music isn’t as effective. But St. Marie noted individuals’ music taste tends to be more on the “hipster” side, accompanying their overall mellow demeanor.

For the women’s tennis team, however, music plays a crucial role as they warm up on the court.

“We always make a playl-

ist of a bunch of songs that get us jumpy, get our energy going, get our blood flowing — but we also have a couple of songs that really speak to us in terms of lyrics,” said Caryssa Peretz, a fourth-year College student and women’s tennis captain.

Songs on that playlist include “The Second Coming” by Juelz Santana, “Heart of a Champion,” by Nelly and “My Moment,” by DJ Drama.

“We all listen to it,” Peretz said. “We are all hearing the same words. I think it really connects us in a way.”

The men’s swim team’s pregame routine is highly energized but does not involve music or crazy dancing. After everyone is stretched, the team will gather in a circle around a person of choice — a different selection is made every meet — and the team makes a lot of noise. Soon after, they count down. Everyone will drop except for the person in the middle, who lets out a huge yell.

“We are very focused, and some of us may be very tense before a meet, so it helps us relax and have fun with it all,” third-year Engineering student Charlie Putnam said.

For the men’s basketball team, the pre-game routine begins as early as four hours before tip-off. They begin by shooting around, then have their pregame meal at the JPJ dining hall followed by a small meeting,

similar to a bible study, which almost all players attend.

At this point, players can do whatever they want to prepare. Fourth-year College student Akil Mitchell prefers a relaxing approach. He usually takes a nap before the game and sets aside a few minutes before going on the court to calm his mind and pray.

“You really have to balance it out, because if you are too excited [then] you’re too nervous,” Mitchell said. “[If] you’re too jittery, it really shows on the court.”

Mitchell also uses music to help him find this balance, changing his pre-game playlist based upon his mood.

“If I’m angry, I’ll listen to heavy metal music to get me going,” Mitchell said. “If I’m overly excited and I can feel myself [becoming] too nervous or too excited about a game, I’ll listen to some mellow jazz to calm me down.”

As they near the beginning of the game, the team works together to pump each other up. The coaches will talk, and then they will huddle and do a small dance or cheer — a spur of the moment move which varies from game to game.

“It’s all to get us mentally prepared so that we’re focused, locked in,” Mitchell said. “And I mean when it works — sometimes it does and sometimes it doesn’t — but when it does, you can really tell the difference.”



Porter Dickie | The Cavalier Daily



Emily Gorkman | The Cavalier Daily



Jenna Truong | The Cavalier Daily

Brittany Ratcliffe, Akil Mitchell and Charlie Putnam (clockwise from top left) reveal what happens before the whistle blows.

Students impress in TEDxUVA competition

Out-of-the-classroom intellect sparks discussion; two winners selected

Annie Cohen
Feature Writer

Great ideas, stimulating speeches and burgers — what more could you want from a weekday night at Boylan? At Boylan on Tuesday at 8 p.m., 12 nominated students competed for two select student spots at the main event in February 2014 by sharing their ideas in front of a crowd at the TEDxUVA student speaker competition.

TEDxUVA is an independently organized subsidiary of TED Conferences, which sponsors conferences around the world and totes the slogan “Ideas worth spreading.” During February’s event, various speakers from the University will de-

liver short talks that are “sure to engage in thoughtful dialogue that crosses academic boundaries,” according to the TEDxUVA website.

Second-year College student Porter Nenon is head curator for TEDxUVA and founded the CIO last year.

“I wanted to start TEDxUVA because the TED atmosphere is so unique,” he said. “I thought it was a good addition to the traditional classroom learning that a lot of U.Va. students get. Plus it’s really fun, low-key and cutting edge.”

For the student speaker competition for 2014’s event, organizers encouraged any student at the University to submit a proposal for their talk. A committee then selected 25 people to

make one-minute videos, which the public could vote for online. The top 12 videos went on to the competition at Boylan Heights.

At the competition, each contestant spoke for five minutes, touching on everything from lucid dreaming to religion and gross national happiness. Attendees were given three votes each to choose the winner.

The two student speakers, second-year College student Karsten Coates and fourth-year Engineering student Kevin McVey were selected as winners.

“Kevin and Karsten both blew us away and the attendees and the vote count showed that,” Nenon said. “[They] did such a phenomenal job that it will just add to the event in February to have both of them.”

Coates spoke about the difference between love and lust, presented through a spoken-word poem based on a letter he wrote in pre-school to the first girl he ever loved.

“I feel like my topic is one that most people already deal with, or struggle with,” Coates said. “The thing I’m talking about it isn’t that we need to repress sexual desire or anything of that nature, but to make sure that we are making an effort to see the difference between lust and love.”

Coates said in February he will perform two other poems in addition to the one he presented last week.

McVey spoke of the Kingdom of Ardent, a country he started in high school that 400 people

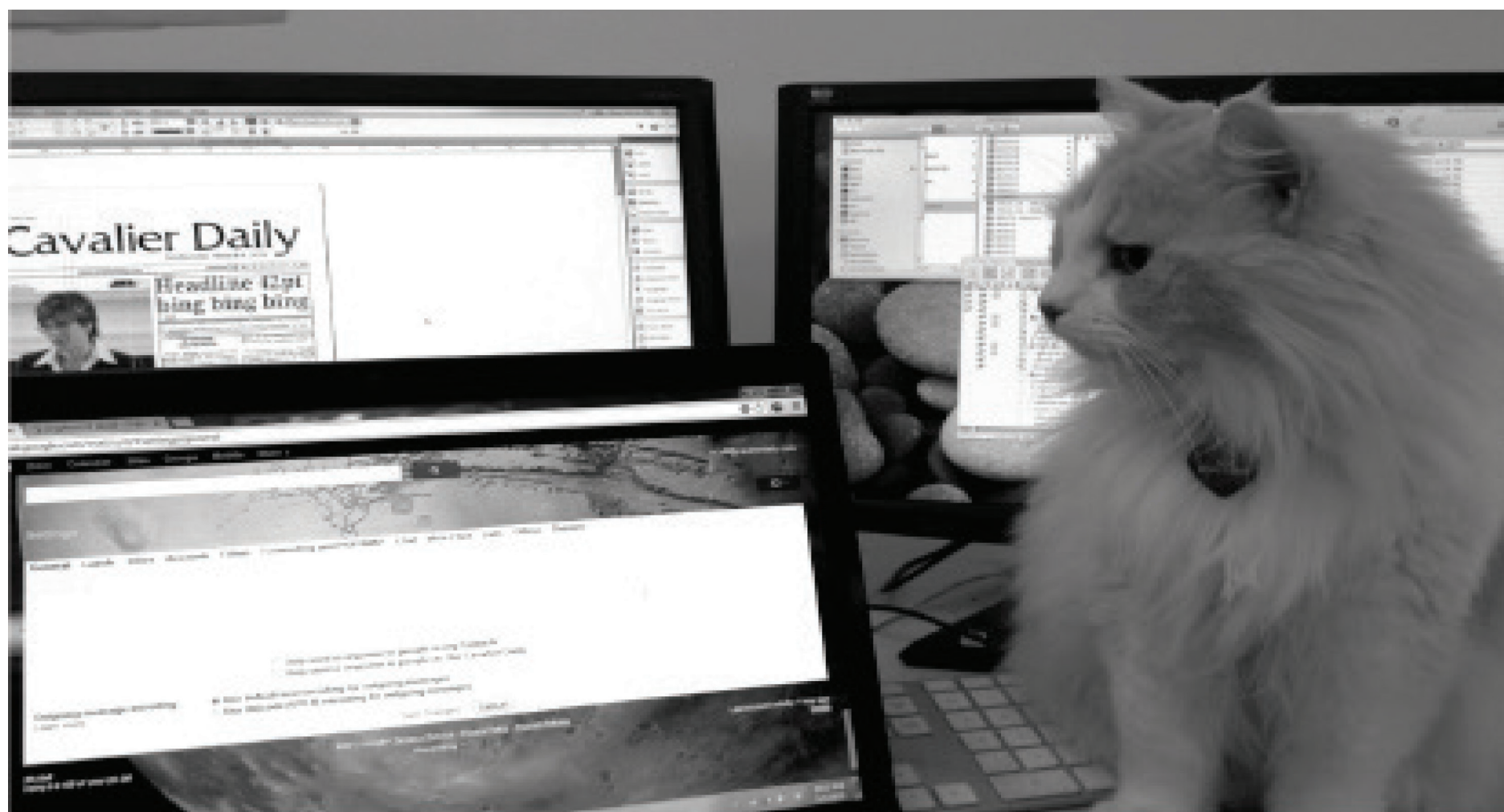
joined.

“My talk outlines a sort of too-strange-to-be-made-up story from my life where I, sort of as a joke, started my own country,” he said. “And, over the course of a year, it grew beyond my control ... The people ended up organizing themselves and ended up accomplishing really great things together in order to emulate the workings of a country.”

Though only two winners could be selected, Nenon said that the competition was only part of the event’s appeal.

“I thought all 12 of the talks were really high caliber so I was really happy with that, and that people came, and listened and enjoyed themselves,” Nenon said.

Annie Cohen | The Cavalier Daily



VISIT US ONLINE
www.cavalierdaily.com



Will your Thanksgiving recipes include genetically modified organisms?

In 2005, it was estimated that about 75 percent of processed foods in the United States contained at least one genetically modified ingredient. As of 2012, the United States Department of Agriculture reports that 94 percent of cotton, 93 percent of soybeans and 88 percent of corn produced in the United States are genetically modified.

Genetically modified organisms are created through gene splicing biotechnologies: scien-

tists take DNA from one species and inject it into another to make breeds of plants, animals, bacteria and viruses that do not exist naturally. This is frequently seen in animal products like salmon or chicken, to allowing them to grow larger, faster.

Studies evaluating the effects of GMOs on humans are limited, and no long-term effects are known, making Americans one big lab experiment. Many studies have, however, been performed on animals, finding a host of effects. According to the American Academy of Environmental Medicine, these effects include, but are not limited to

immune dysregulation, accelerated aging, infertility, dysregulation of genes associated with cellular metabolism and altered function of the internal organs.

There are 64 countries in which GMOs are regulated or banned. But the United States have little regulation of GMOs, because the Food and Drug Administration and USDA argue GMOs are "the same as, or substantially equivalent to, substances commonly found in food."

Nov. 5, Washington state voted down a ballot provision, that, if passed, would have required

companies to put a label on the front of any product with genetically modified components notifying consumers of the existence of a GMO.

Opposition to the bill came largely in part from the largest GMO-producing company in the U.S. — Monsanto.

When asked why the company opposed labeling of GMO products, Norman Braskick, the president of Monsanto subsidiary Asgrow Seed said, "If you put a label on genetically engineered food, you might as well put a skull and crossbones on it."

Thanksgiving is a time of joy and a time spent with loved ones — but arguably it is best known as a time for oodles of food. For anyone concerned about GMOs come turkey day, there are easy ways to avoid consuming science experiments fresh from the lab.

Alternatives for the GMO ingredients used to make stuffing, cranberry sauce, and pumpkin pie can be easily procured, as well as non-genetically modified turkeys. For more information or delicious non-GMO Thanksgiving recipes, visit the "Non-GMO Project" website infographic on Thanksgiving.

EMILY DINNING
SENIOR WRITER



John Pappas | The Cavalier Daily
Dr. Robert Sinkin, head of U.Va Neonatology, cuts the ribbon to signify the new partnership

Collaboration promotes statewide care

University, Fauquier Health partner to extend neonatal care to larger community

John Pappas
Staff Writer

The University Health System recently announced a partnership with Fauquier Health hospital that allows neonatologists about an hour and a half north of Charlottesville in Fauquier to communicate with doctors at the University using live video streaming. University doctors could then consult the Fauquier Health doctors regarding how to best provide care to newborns in need.

"Fauquier Health recognized a need to expand our

nursery services, allowing sick newborns to stay close to home and their families while providing the excellent care Fauquier Health is known for," said Maria Juanpere, medical director of the Mars Family Special Care Nursery at Fauquier Health. "The telemedicine program brings even more advanced care to our patients and their families."

Pediatrics Prof. Karen Rheuban said the new telemedicine partnership is the "first one in the state that allows for continuous care of newborns in the newborn nursery in the community hospital setting."

"It's not about the technolo-

gy, but it's the network of people that makes these partnerships successful," she said.

James Nataro, chairman of the University's Department of Pediatrics, said the staff at Fauquier Health were "really passionate about patient care."

"We really have to partner ... with that terrific unit there," he said. "We knew that this was a match made in heaven."

The partnership was launched Nov. 13, when a real-time telemedicine connection virtually brought representatives from Fauquier Health to the University to share in the unveiling of the new program.

FAMILY | 'Losing families will hurt the Guides system,' third-year Guide says

Continued from page 9

of alcohol from families, the excited celebratory atmosphere

and the large presence of people, which may have resulted in peer pressure to drink in large quantities.

"This kind of celebratory atmosphere I don't think is any

more than you would find on any weekend whether at fraternities or house parties, particularly at a big college," he said.

But instead of leaving very intoxicated individuals alone,

families may have felt compelled to call the police, the student added. That decision, while well-intentioned, opened the family structure up to increased scrutiny, he said.

"Losing families will hurt the Guide system," the anonymous student said. "I think family systems exist because they are beneficial... and their existence was a net positive."

RECYCLE YOUR NEWSPAPER



≡≡≡ This Weekend in Sports



Porter Dickie | The Cavalier Daily



Porter Dickie | The Cavalier Daily



Ryan O'Connor | The Cavalier Daily



Emily Gorkman | The Cavalier Daily



Emily Gorkman | The Cavalier Daily



Ryan O'Connor | The Cavalier Daily



Porter Dickie | The Cavalier Daily



Ryan O'Connor | The Cavalier Daily



Porter Dickie | The Cavalier Daily