



ST. LOUIS INTERCOLLEGIATE ATHLETIC CONFERENCE
MEN’S TRACK AND FIELD RECORD BOOK

Indoor Champions List

Year	School	Points
2020	Greenville	228
2021	Greenville	218
2022	Greenville	339
2023	Greenville	283.5
2024	Greenville	208
2025	Greenville	190

Outdoor Champions List

Year	School	Points
1991	Principia	357
2017	Greenville	337
2018	Greenville	245
2019	Greenville	267
2021	Greenville	348
2022	Greenville	345
2023	Greenville	307
2024	Greenville	333
2025	Greenville	293

Indoor Team Champions

School.....	No.
Greenville	6

Outdoor Team Champions

School.....	No.
Greenville	8
Principia.....	1



ST. LOUIS INTERCOLLEGIATE ATHLETIC CONFERENCE

MEN'S TRACK AND FIELD RECORD BOOK

SLIAC Indoor Championship Results

2020			2024		
Place	School	Points	Place	School	Points
1	Greenville	228	1	Greenville	208
2	Webster	108	2	Fontbonne	64
3	Principia	70	3	Webster	53
4	Iowa Wesleyan	10	4	Lyon	41
5	Spalding	8	5	MUW	40
6	Fontbonne	6	6	Principia	36
7	Westminster	2	7	Spalding	11
2021			8	Westminster	7
Place	School	Points	9	Eureka	4
1	Greenville	218		Blackburn	NTS
2	Webster	78	2025		
3	Iowa Wesleyan	60	Place	School	Points
4	Principia	53	1	Greenville	190
5	Westminster	13	2	Webster	134
6	Fontbonne	10	3	Principia	75
2022			4	Spalding	52
Place	School	Points	5	Lyon	41
1	Greenville	339	6	MUW	36
2	Principia	67	7	Eureka	20
3	Webster	58	8	Blackburn	8
4	Westminster	19	9	Westminster	5
5	Spalding	17		Fontbonne	NTS
6	Fontbonne	8			
	Eureka	NTS			
2023					
Place	School	Points			
1	Greenville	283.5			
2	Webster	84.5			
3	Principia	42			
4	Spalding	22			
5	Fontbonne	17			
T6	Westminster	6			
T6	Blackburn	6			
8	Eureka	1			



ST. LOUIS INTERCOLLEGIATE ATHLETIC CONFERENCE

MEN'S TRACK AND FIELD RECORD BOOK

Indoor Performance Records

Championship Records (Results)

60-Meter Dash

6.81 - Jacob Ridenhour, Webster (2021)
6.84 - CJ Anderson, Greenville (2023)
6.85 - Carson Rantanen, Webster (2023)
6.90 - CJ Anderson, Greenville (2022)
6.90 - Carson Rantanen, Greenville (2022)

200-Meter Dash

22.26 - Jacob Ridenhour, Webster (2020)
22.35 - Jacob Ridenhour, Webster (2021)
22.47 - CJ Anderson, Greenville (2022)
22.48 - Carson Rantanen, Greenville (2022)
22.57 - Corey Carter, Principia (2020)

400-Meter Run

50.54 - Bryson Pickard, Fontbonne (2024)
50.63 - Chase LaTouche, Greenville (2023)
51.05 - Chase LaTouche, Greenville (2025)
51.09 - Corey Carter, Principia (2022)
51.16 - Mitchell Gill, Principia (2022)

800-Meter Run

1:57.77 - Quinn Heinbaugh, Principia (2021)
1:58.00 - Nana Koranteng, Principia (2023)
1:58.39 - Joe Gomez, Greenville (2023)
1:59.00 - Collin Kessinger, Greenville (2022)
1:59.15 - Joe Gomez, Greenville (2025)

1 Mile Run

4:29.66 - Kaleb Carlson, Greenville (2022)
4:30.79 - Kaleb Carlson, Greenville (2023)
4:31.50 - Gianni Estrada, Greenville (2025)
4:32.09 - Noah McClellan, Spalding (2022)
4:34.40 - Gianni Estrada, Greenville (2021)

3,000-Meter Run

8:40.48 - Gianni Estrada, Greenville (2023)
8:56.10 - Dylan Goodyear, Greenville (2020)
8:57.47 - Gianni Estrada, Greenville (2024)
9:09.17 - Gianni Estrada, Greenville (2025)
9:13.99 - Ethan Nieroda, Webster (2024)

60-Meter Hurdles

8.77 - Austin Ball, Greenville (2024)
8.82 - Joe Souvannarath, Webster (2020)
8.88 - Edward Tinnemeyer, Webster (2020)
8.93 - Armond Williams, Webster (2023)
8.95 - Lucas LaRue, Webster (2025)

4x400-Meter Relay

3:28.50 - Greenville (2025)
3:29.02 - Principia (2022)
3:29.04 - Greenville (2022)
3:29.14 - Greenville (2024)
3:29.17 - Greenville (2023)

All-Time Records (Performers)

60-Meter Dash

6.74 - Carson Rantanen, Greenville (12/10/22)
6.75 - CJ Anderson, Greenville (3/10/23)
6.81 - Jacob Ridenhour, Webster (2/27/21)
6.91 - Ayden Cothorn, Greenville (12/9/23)
6.93 - Cory Stoll, Greenville (2/7/25)

200-Meter Dash

21.95 - Jacob Ridenhour, Webster (2/15/20)
22.37 - Corey Carter, Principia (2/21/20)
22.46 - Elijah Perez, Webster (3/3/23)
22.47 - CJ Anderson, Greenville (2/26/22)
22.48 - Carson Rantanen, Greenville (2/26/22)

400-Meter Run

49.72 - Bryson Pickard, Fontbonne (2/3/24)
50.63 - Chase LaTouche, Greenville (2/25/23)
50.76 - Nana Koranteng, Principia (1/25/25)
51.09 - Corey Carter, Principia (2/26/22)

800-Meter Run

1:56.65 - Kaelin Triggs, Webster (2/11/22)
1:57.77 - Quinn Heinbaugh, Principia (2/27/21)
1:58.00 - Nana Koranteng, Principia (2/25/23)
1:58.39 - Joe Gomez, Greenville (2/25/23)
1:58.40 - Kaleb Carlson, Greenville (2/18/22)

1 Mile Run

4:23.08 - Gianni Estrada, Greenville (2/4/23)
4:26.60 - Dylan Goodyear, Greenville (2/15/20)
4:27.20 - Kaleb Carlson, Greenville (2/5/22)
4:27.84 - Abe Ott, Principia (2/1/20)
4:31.27 - Lukas Baird, Greenville (2/18/22)

3,000-Meter Run

8:39.38 - Gianni Estrada, Greenville (2/10/23)
8:49.78 - Dylan Goodyear, Greenville (2/21/20)
8:55.98 - Kaleb Carlson, Greenville (2/11/22)
9:11.97 - Steven Aguilar, Fontbonne (3/1/24)
9:13.03 - Dane Thomas, Spalding (2/15/20)

60-Meter Hurdles

8.77 - Austin Ball, Greenville (2/24/24)
8.82 - Joseph Souvannarath, Webster (2/29/20)
8.88 - Edward Tinnemeyer, Webster (2/29/20)
8.93 - Armond Williams, Webster (2/24/24)
8.95 - D'Mar Battle, Greenville (3/1/25)

4x400-Meter Relay

3:27.18 - Greenville (12/10/22 - Andino, Beyers, LaTouche, Trevino))
3:28.41 - Greenville (2/7/25 - Ury, McMinns, LaTouche, Peternel)
3:28.63 - Webster (2/14/20 - Gross, Souvannarath, Perez, Ridenhour)
3:29.02 - Principia (2/26/22 - Gill, Aleman, Baraza, Carter)
3:29.04 - Greenville (2/26/22 - Beyers, Kessinger, Trevino, LaTouche)



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Championship Records (Results)

Distance Medley Relay

10:42.92 - Greenville (2020)
10:57.43 - Principia (2024)
11:03.24 - Greenville (2024)
11:08.99 - Greenville (2023)
11:12.40 - Spalding (2023)

High Jump

6'7.5" - Dylan Webster, Greenville (2023)
6'4" - Hunter Matthews, Greenville (2020)
6'3.5" - Hunter Matthews, Greenville (2021)
6'3.5" - Lawrence Harris, Greenville (2021)
6'2.75" - Three times

Pole Vault

15'2.75" - Wesley Kile, Greenville (2024)
14'10.75" - Mark Govero, Webster (2025)
13'11" - Wesley Kile, Greenville (2023)
13'11" - Dylan Webster, Greenville (2023)
13'11" - Elijah Bohler, Webster (2025)

Long Jump

23'0.75" - Jordan Peternel, Greenville (2025)
22'11.25" - Howard James, Principia (2025)
22'9.25" - Wisdom Thomas, Principia (2020)
22'8.5" - Cory Stoll, Greenville (2025)
22'5.25" - Rakim Murphy, Greenville (2020)

Triple Jump

46'7.25" - Nana Koranteng, Principia (2025)
45'5" - Jordan Peternel, Greenville (2025)
45'1.75" - Keenon Johnikin, Greenville (2025)
44'5" - Di'Mond Salmond, Greenville (2021)
43'3.25" - Dylan Webster, Greenville (2022)

Shot Put

50'7" - Nate Brown, Greenville (2020)
50'3.5" - John Paul Morgan, Lyon (2025)
46'7.25" - John Paul Morgan, Lyon (2024)
45'9" - Jamarkus Walker, Spalding (2025)
45'5.25" - Nate Brown, Greenville (2022)

Weight Throw

59'9" - Nate Brown, Greenville (2022)
57'3.25" - Nate Brown, Greenville (2020)
51'1.75" - Matthew Binion, Greenville (2023)
50'6" - Matthew Binion, Greenville (2024)
50'1.25" - Chris Puduski, Principia (2020)

All-Time Records (Performers)

Distance Medley Relay

10:26.16 - Greenville (2/7/25 - Gomez, Ury, Franz, Estrada)
10:28.36 - Greenville (2/10/23 - Carlson, Trevino, Gomez, Estrada)
10:38.57 - Greenville (2/11/22 - Kessinger, Gomez, Baird, Carlson)
10:42.92 - Greenville (2/29/20 - Carlson, Wiggins, Kessinger, Goodyear)
10:57.56 - Webster (2/11/22 - Cervantes, Clark, Baker, Triggs)

High Jump

6'7.5" - Dylan Webster, Greenville (2/25/23)
6'5" - Armond Williams, Webster (1/21/23)
6'4.75" - Hunter Matthews, Greenville (2/11/22)
6'3.5" - Lawrence Harris, Greenville (2/27/21)
6'2.75" - Multiple Times

Pole Vault

15'8.25" - Mark Govero, Webster (12/6/24)
15'5" - Wesley Kile, Greenville (2/10/23)
14'7.5" - Dylan Webster, Greenville (2/18/22)
13'11.75" - Elijah Bohler, Webster (2/15/25)
13'5" - Landon Garland, Webster (2/25/23)

Long Jump

23'0.75" - Jordan Peternel, Greenville (3/1/25)
22'11.25" - Howard James, Principia (3/1/25)
22'11" - Wisdom Thomas, Principia (2/21/20)
22'8.5" - Cory Stoll, Greenville (3/1/25)
22'5.25" - Rakim Murphy, Greenville (2/29/20)

Triple Jump

47'3.5" - Nana Koranteng, Principia (2/8/25)
45'5" - Jordan Peternel, Greenville (3/1/25)
45'1.75" - Keenon Johnikin, Greenville (3/1/25)
44'5.25" - Di'Mond Salmond, Greenville (2/27/21)
44'4.25" - Wisdom Thomas, Principia (2/21/20)

Shot Put

50'7.25" - Nate Brown, Greenville (2/29/20)
50'3.5" - John Paul Morgan, Lyon (3/1/25)
47'2.5" - Matthew Binion, Greenville (2/3/24)
46'0.5" - Maurice Radtke, Greenville (2/8/20)
45'9" - Jamarkus Walker, Spalding (3/1/25)

Weight Throw

59'11.25" - Nate Brown, Greenville (2/18/22)
54'9.25" - Matthew Binion, Greenville (2/9/24)
52'11" - Chris Puduski, Principia (2/21/20)
49'9.25" - Ben Schuette, Greenville (2/18/22)
46'7.5" - Blake Thebeau, Greenville (2/3/24)

Heptathlon

4425 - Dylan Webster, Greenville (1/27/23)
4415 - Austin Merritt, Webster (3/7/25)
3568 - Nicholas Wollerman, Greenville (2/21/20)
3489 - Isaiah Petersen, Greenville (2/7/25)
3146 - Colton Rich, Greenville (2/11/22)



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60-Meter Dash

2020	Jacob Ridenhour, Webster	6.91
2021	Jacob Ridenhour, Webster	6.81
2022	CJ Anderson, Greenville	6.90
2023	CJ Anderson, Greenville	6.84
2024	Ayden Cothorn, Greenville	6.97
2025	Dylan Patterson, Webster	6.99

200-Meter Dash

2020	Jacob Ridenhour, Webster	22.33
2021	Jacob Ridenhour, Webster	22.35
2022	CJ Anderson, Greenville	22.47
2023	Elijah Perez, Webster	22.70
2024	Bryson Pickard, Fontbonne	22.65
2025	Chase LaTouche, Greenville	22.70

400-Meter Run

2020	Mahari Holt, Greenville	53.16
2021	Jared Beyers, Greenville	52.27
2022	Corey Carter, Principia	51.09
2023	Chase LaTouche, Greenville	50.63
2024	Bryson Pickard, Fontbonne	50.54
2025	Chase LaTouche, Greenville	51.05

800-Meter Run

2020	C. Kessinger, Greenville	2:00.18
2021	Quinn Heinbaugh, Principia	1:57.77
2022	C. Kessinger, Greenville	1:59.00
2023	Nana Koranteng, Principia	1:58.00
2024	Kaelin Triggs, Webster	2:00.01
2025	Joe Gomez, Greenville	1:59.15

Mile Run

2020	Kaleb Carlson, Greenville	4:41.98
2021	Gianni Estrada, Greenville	4:34.40
2022	Kaleb Carlson, Greenville	4:29.66
2023	Kaleb Carlson, Greenville	4:30.79
2024	Joshua Medlin, Greenville	4:35.06
2025	Gianni Estrada, Greenville	4:31.50

3,000-Meter Run

2020	Dylan Goodyear, Greenville	8:56.10
2021	Nathan Freyling, Webster	9:14.15
2022	Kaleb Carlson, Greenville	9:16.28
2023	Gianni Estrada, Greenville	8:40.48
2024	Gianni Estrada, Greenville	8:57.47
2025	Gianni Estrada, Greenville	9:09.17

60-Meter Hurdles

2020	Joe Souvannarath, Webster	8.82
2021	Joe Souvannarath, Webster	9.18
2022	Armond Williams, Webster	9.27
2023	Armond Williams, Webster	8.99
2024	Austin Ball, Greenville	8.77
2025	Lucas LaRue, Webster	8.95

4x400 Meter Relay

2020	Webster	3:31.08
2021	Greenville	3:30.60

Indoor Championship Winners

2022	Principia	3:29.02
2023	Greenville	3:29.17
2024	Greenville	3:29.14
2025	Greenville	3:28.50

Distance Medley Relay

2020	Greenville	11:20.24
2021	Greenville	12:46.35
2022	Greenville	12:39.91
2023	Greenville	11:08.99
2024	Principia	10:57.43
2025	Greenville	11:31.91

High Jump

2020	Hunter Matthews, Greenville	6'4"
2021	Hunter Matthews, Greenville	6'3.5"
2022	Hunter Matthews, Greenville	6'2.75"
2023	Dylan Webster, Greenville	6'7.5"
2024	Lawrence Harris, Greenville	6'2"
2025	Malachi Stafford, MUW	6'2"

Pole Vault

2020	Dylan Webster, Greenville	13'5"
2021	Wesley Kile, Greenville	13'7"
2022	Wesley Kile, Greenville	13'5"
2023	Wesley Kile, Greenville	13'11"
2024	Wesley Kile, Greenville	15'2.75"
2025	Mark Govero, Webster	14'10.75"

Long Jump

2020	Wisdom Thomas, Principia	22'9.25"
2021	Wisdom Thomas, Principia	22'3"
2022	Dylan Webster, Greenville	20'11.25"
2023	Dylan Webster, Greenville	22'4.75"
2024	Jordan Peternel, Greenville	21'8.25"
2025	Jordan Peternel, Greenville	23'0.75"

Triple Jump

2020	D. Salmond, Greenville	43'1.25"
2021	D. Salmond, Greenville	44'5"
2022	Dylan Webster, Greenville	43'3.25"
2023	Dylan Webster, Greenville	41'4.5"
2024	Cory Stoll, Greenville	40'8.25"
2025	Nana Koranteng, Principia	46'7.25"

Shot Put

2020	Nate Brown, Greenville	44'9.75"
2021	Maurice Radtke, Greenville	43'1.25"
2022	Nate Brown, Greenville	45'5.25"
2023	Matthew Binion, Greenville	41'1.25"
2024	John Paul Morgan, Lyon	46'7"
2025	John Paul Morgan, Lyon	50'3.5"

Weight

2020	Nate Brown, Greenville	57'3.25"
2021	Ben Schuette, Greenville	46'10.5"
2022	Nate Brown, Greenville	59'9"
2023	Matthew Binion, Greenville	51'1.75"

2024	Matthew Binion, Greenville	50'6"
2025	John Paul Morgan, Lyon	46'2.5"

Indoor Individual Champions

School	No.
Greenville	52
Webster	13
Principia	6
Lyon	3
Fontbonne	2
MUW	1



ST. LOUIS INTERCOLLEGIATE ATHLETIC CONFERENCE

MEN'S TRACK AND FIELD RECORD BOOK

Eureka..... G ... S ... B ... T
Bailey Webster0 ... 1... 1... 2

Fontbonne..... G ... S ... B ... T
Steven Aguilar0 ... 0... 2... 2
KeYonn Hall-Baker .0 ... 2... 3... 5
Andrew Jones.....0 ... 0... 1... 1
Jacob Lormier.....0 ... 0... 1... 1
Bryson Pickard2 ... 1... 0... 3
Gavin Rasmussen .0 ... 1... 1... 2
Tyree Simms.....0 ... 1... 0... 1
Ja'Len Thomas0 ... 1... 0... 1
Jeremiah Williams .0 ... 1... 0... 1

Greenville G ... S ... B ... T
CJ Anderson3 ... 0... 0... 3
Noel Andino2 ... 1... 0... 3
Jack Arends1 ... 0... 0... 1
Eli Atkins1 ... 0... 0... 1
Isaiah Atkins1 ... 1... 0... 2
Austin Ball.....2 ... 0... 0... 2
D'Mar Battle.....0 ... 1... 0... 1
Jared Beyers2 ... 3... 0... 5
Matthew Binion3 ... 0... 3... 6
Nate Brown.....4 ... 0... 0... 4
Kaleb Carlson5 ... 0... 0... 5
Evan Connor.....0 ... 0... 1... 1
Ayden Cothorn.....1 ... 1... 0... 2
Ray Dagner2 ... 1... 0... 3
Noah Dir0 ... 1... 0... 1
Osvaldo Espinoza...1 ... 1... 0... 2
Gianni Estrada.....5 ... 0... 0... 5
Alex Fink.....1 ... 1... 0... 2
Jalen Franz.....2 ... 0... 2... 4
Neko Gibson.....0 ... 0... 2... 2
Malik Grant0 ... 0... 1... 1
Isaac Green0 ... 2... 0... 2
Tony Gonzalez.....0 ... 0... 1... 1
James Goodenow...2 ... 2... 0... 4
Dylan Goodyear....2 ... 0... 0... 2
Joe Gomez3 ... 4... 1... 8
Tyshawn Hamilton .0 ... 1... 0... 1
Kourtland Harris....0 ... 0... 1... 1
Lawrence Harris1 ... 1... 0... 2
Thomas Harris0 ... 1... 1... 2
Mahari Holt1 ... 1... 0... 2
Ben Hornaday.....1 ... 0... 0... 1
Keenon Johnikin0 ... 0... 1... 1
Carter Kessinger....0 ... 1... 0... 1
Collin Kessinger....4 ... 1... 0... 5

Indoor All-Conference Members

Wesley Kile.....4 ... 1... 1... 6
Brent King.....0 ... 0... 2... 2
Tony Lakotich.....1 ... 0... 0... 1
Russell Lamb.....0 ... 0... 1... 1
Chase LaTouche....6 ... 2... 1... 9
Tyler Lewis.....0 ... 1... 0... 1
Hunter Matthews ...3 ... 0... 1... 4
Turjon McLaurin....0 ... 0... 1... 1
Joshua Medlin2 ... 1... 0... 3
James McMinns.....2 ... 1... 0... 3
Rakim Murphy0 ... 1... 1... 2
Dylon Niswonger ...0 ... 1... 0... 1
Steven Oscar.....0 ... 1... 0... 1
Jeremiah Perry3 ... 2... 1... 6
Josh Peternel.....3 ... 3... 0... 6
Jackson Pierce1 ... 0... 0... 1
Maurice Radtke1 ... 1... 0... 2
Carson Rantanen ...0 ... 5... 1... 6
Colton Rich0 ... 0... 2... 2
Di'Mond Salmond ...2 ... 0... 2... 4
Ben Schuette1 ... 2... 0... 3
Cory Stoll1 ... 2... 1... 4
Blake Thebeau0 ... 1... 0... 1
Claudio Trevino....1 ... 1... 1... 3
Colton Underwood..0 ... 1... 1... 2
Jared Ury1 ... 0... 1... 2
Dylan Webster6 ... 6... 1... 13

Iowa Wesleyan G ... S ... B ... T
Sebastian Armenta .0 ... 0... 1... 1
Ryan Hutchinson ...0 ... 1... 0... 1
Blake Lenzie0 ... 1... 0... 1
Max Paskowitz.....0 ... 1... 0... 1
Antwaun Scott0 ... 1... 0... 1
Tyree Walker0 ... 2... 1... 3

Lyon G ... S ... B ... T
Gage Jackson.....0 ... 0... 1... 1
John Paul Morgan ...3 ... 0... 0... 3
Avery Sterling0 ... 0... 1... 1

MUW..... G ... S ... B ... T
Allen Fields0 ... 0... 1... 1
Dedrick Gates.....0 ... 0... 2... 2
Sinaj Lynn0 ... 2... 0... 2
Tavonta Macon0 ... 0... 1... 1
Jakobe Smith.....0 ... 0... 1... 1
Malachi Stafford....1 ... 0... 0... 1
Jourden Whitfield...0 ... 0... 1... 1

Principia G ... S ... B ... T
Goodluck Ajeh0 ... 0... 1... 1
Josh Aleman1 ... 0... 1... 2
Nathan Babcock0 ... 0... 1... 1
Junior Baraza1 ... 1... 0... 2
Tobin Blair.....0 ... 1... 1... 2
Corey Carter2 ... 2... 1... 5
Dean Colarossi0 ... 0... 2... 2
Mark Fisher.....0 ... 0... 1... 1
Mitchell Gill1 ... 1... 2... 4
Rex Heath.....1 ... 0... 1... 2
Quinn Heinbaugh...1 ... 0... 1... 2
Owen Hofman.....0 ... 1... 0... 1
Cooper Holt0 ... 0... 1... 1
Dillon Hussey.....0 ... 1... 0... 1
Jonathan Keller....0 ... 2... 0... 2
Nana Koranteng3 ... 2... 1... 6
Howard James.....0 ... 1... 0... 1
Aaron Nutwell0 ... 1... 1... 2
Damilola Odunuga..0 ... 1... 0... 1
Abe Ott0 ... 1... 0... 1
Stan Ott0 ... 1... 0... 1
EG Pierce0 ... 0... 1... 1
Zach Proctor1 ... 1... 1... 3
Chris Puduski0 ... 1... 0... 1
Pius Sempumbu0 ... 2... 0... 2
Wisdom Thomas....2 ... 2... 0... 4
Jimmy Woodrow1 ... 0... 1... 2

Spalding G ... S ... B ... T
Ryan Clarkson.....0 ... 1... 0... 1
Wyatt Frye0 ... 1... 1... 2
Gavin Janning.....0 ... 1... 0... 1
Erick Jenkins0 ... 0... 1... 1
Noah McClellan0 ... 1... 1... 2
Peter McGowan.....0 ... 1... 0... 1
Jack Muncaster0 ... 0... 1... 1
Caleb Stinson0 ... 1... 0... 1
Jamarkus Walker....0 ... 2... 0... 2

Webster G ... S ... B ... T
Steven Aubuchon ...0 ... 1... 0... 1
Sam Baker.....0 ... 0... 2... 2
Elijah Bohler0 ... 1... 0... 1
Javier Cervantes....0 ... 0... 3... 3
Joshua Clark.....0 ... 0... 2... 2
Nathan Freyling1 ... 1... 1... 3
Landon Garland....0 ... 0... 3... 3
Mark Govero.....1 ... 1... 0... 2
Christian Gray.....0 ... 0... 1... 1



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Carson Gross1 ... 1.... 0.... 2
Jacob Hawkins0 ... 0.... 1.... 1
William Howells0 ... 0.... 1.... 1
Johnny Imboden0 ... 0.... 1.... 1
Lucas LaRue1 ... 0.... 1.... 2
Kenneth Louvierre ..0 ... 0.... 1.... 1
Austin Merrit0 ... 0.... 5.... 5
Ethan Nieroda.....0 ... 1.... 0.... 1
Dylan Patterson1 ... 0.... 1.... 2
Elijah Perez2 ... 1.... 3.... 6
Nicholas Richardson..0 ... 0.... 1.... 1
Jacob Ridenhour5 ... 1.... 1.... 7
Cameron Sakuma...0 ... 3.... 0.... 3
Noah Smith.....0 ... 0.... 1.... 1
Joe Souvannarath ..3 ... 1.... 1.... 5
Edward Tinnemeyer...0 ... 1.... 2.... 3
Kaelin Triggs.....1 ... 1.... 3.... 5
Corbin White.....0 ... 1.... 0.... 1
Armond Williams.....2 ... 2.... 1.... 5

Westminster G ... S ... B ... T
Elijah Teal0 ... 0.... 2.... 2
David White0 ... 0.... 0.... 0
DeAndre White0 ... 1.... 1.... 2



ST. LOUIS INTERCOLLEGIATE ATHLETIC CONFERENCE

MEN'S TRACK AND FIELD RECORD BOOK

Indoor Individual Awards

Field Athlete of the Year		Track Athlete of the Year		Field Freshman of the Year		Track Freshman of the Year	
2020	Nate Brown (GU)	2020	Jacob Ridenhour (WU)	2020	Dylan Webster (GU)	2020	Carson Rantanen (GU)
2021	Wisdom Thomas (PC)	2021	Jacob Ridenhour (WU)	2021	Wesley Kile (GU)	2021	Gianni Estrada (GU)
2022	Dylan Webster (GU)	2022	CJ Anderson (GU)	2022	Jordan Peternel (GU)	2022	Noah McClelland (SU)
2023	Dylan Webster (GU)	2023	Elijah Perez (WU)	2023	Tyree Simms (FBU)	2023	Nana Koranteng (PC)
2024	Sinaj Lynn (MUW)	2024	Bryson Pickard (FBU)	2024	Sinaj Lynn (MUW)	2024	Bryson Pickard (FBU)
2025	John Paul Morgan (LC)	2025	Chase LaTouche (GU)	2025	Jamarkus Walker (SU)	2025	Lucas LaRue (WU)

Indoor Coaching Staff of the Year Award

2020	Greenville (Brian Patton)	2024	Greenville (Brian Patton)
2021	Greenville (Brian Patton)	2025	Greenville (Brian Patton)
2022	Greenville (Brian Patton)		
2023	Greenville (Brian Patton)		

Indoor Records

All-Time Medal Count (Gold)

Eureka - 2
Fontbonne - 11 (2)
Greenville - 143 (61)
Iowa Wesleyan - 5
Lyon - 5 (3)
MUW - 6 (1)
Principia - 30 (8)
Spalding - 9
Webster - 50 (15)
Westminster - 4

Most Championship Team Points

339 - Greenville (2022)
283.5 - Greenville (2023)
228 - Greenville (2020)
218 - Greenville (2021)
208 - Greenville (2024)

Most Conference Titles

5 - Greenville

Most Team Gold Medals at Championship

12 - Greenville (2022)
12 - Greenville (2023)
10 - Greenville (2020)
10 - Greenville (2024)
9 - Greenville (2021)

Most Overall Medals at Championship

29 - Greenville (2022)
28 - Greenville (2023)
24 - Greenville (2021)
22 - Greenville (2020)
20 - Greenville (2024)

Most Gold Medals in One Championship

3 - Corey Carter, Principia (2020)
3 - Jacob Ridenhour, Greenville (2020)
3 - Dylan Webster, Greenville (2023)
3 - Chase LaTouche, Greenville (2025)

Most Medals in One Championship

5 - Dylan Webster, Greenville (2023)
4 - Dylan Webster, Greenville (2022)
3 - Multiple times

Most Gold Medals in Career

6 - Dylan Webster, Greenville (2020-23)
6 - Chase LaTouche, Greenville (2022-25)
5 - Jacob Ridenhour, Webster (2019-22)
5 - Kaleb Carlson, Greenville (2019-23)
5 - Gianni Estrada, Greenville (2021-25)

Most Medals in Career

13 - Dylan Webster, Greenville (2020-23)
9 - Chase LaTouche, Greenville (2022-25)
8 - Joe Gomez, Greenville (2021-25)
7 - Jacob Ridenhour, Webster (2019-22)
6 - Multiple times



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Indoor NCAA Division III All-Americans (SLIAC Members Only)

2020 - Jacob Ridenhour, Webster (60m)

2020 - Jacob Ridenhour, Webster (200m)

2023 - CJ Anderson, Greenville (60m) *2nd Place*

2023 - Carson Rantanen, Greenville (60m)

2025 - Nana Koranteng, Principia (Triple Jump) Second Team



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Outdoor Championship Results

1991

Place	School	Points
1	Principia	357
2	Blackburn	80
3	Fontbonne	39
4	Webster	24

2017

Place	School	Points
1	Greenville	337
2	Webster	128
3	Westminster	48
4	Spalding	38
5	Eureka	26
6	Principia	24
7	Fontbonne	1

2018

Place	School	Points
1	Greenville	245
2	Webster	194
3	Principia	79
4	Spalding	60
5	Eureka	34
6	Westminster	3
7	Fontbonne	1

2019

Place	School	Points
1	Greenville	267
2	Webster	191
3	Principia	102
4	Spalding	31
5	Fontbonne	

2021

Place	School	Points
1	Greenville	348
2	Webster	124
3	Principia	98
4	Fontbonne	46
5	Westminster	36
6	Spalding	12
7	Iowa Wesleyan	11
8	Eureka	1

2022

Place	School	Points
1	Greenville	345
2	Webster	88
3	Principia	75
4	Westminster	70
5	Spalding	25
6	Fontbonne	2
	Eureka	NTS

2023

Place	School	Points
1	Greenville	307
2	Webster	93
3	Principia	89
4	Fontbonne	54
5	Spalding	26
6	Eureka	16
	Westminster	16
8	Blackburn	4

2024

Place	School	Points
1	Greenville	333
2	Webster	83
3	Principia	82
4	Lyon	81
5	Fontbonne	75
6	MUW	50
7	Eureka	28
8	Westminster	18
9	Spalding	9
	Blackburn	NTS

2025

Place	School	Points
1	Greenville	293
2	Webster	149
3	Principia	108
4	Lyon	71
5	MUW	59
	Spalding	59
7	Westminster	13
8	Blackburn	10
	Eureka	10
10	Fontbonne	1



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Outdoor Performance Records

Championship Records (Results)

100-Meter Dash

10.41 - Carson Rantanen, Greenville (2023)
10.51 - CJ Anderson, Greenville (2023)
10.56 - Ayden Cothorn, Greenville (2024)
10.64 - Corey Carter, Principia (2018)
10.69 - Twice

200-Meter Dash

21.17 - Corey Carter, Principia (2019)
21.29 - Jeremiah Davis, Greenville (2017)
21.36 - Jacob Ridenhour, Webster (2019)
21.37 - Jeremiah Davis, Greenville (2019)
21.57 - Corey Carter, Principia (2022)

400-Meter Run

48.47 - Bryson Pickard, Fontbonne (2024)
48.78 - Nana Koranteng, Principia (2025)
48.94 - Corey Carter, Principia (2024)
49.17 - Noel Andino, Greenville (2025)
49.25 - Brandyn Robinson, Webster (2019)

800-Meter Run

1:54.88 - Andrew Sharp, Greenville (2018)
1:55.70 - Quinn Heinbaugh, Principia (2021)
1:56.17 - Kaelin Triggs, Webster (2022)
1:56.90 - Joe Gomez, Greenville (2025)
1:56.94 - E.G. Pierce, Principia (2019)

1500-Meter Run

3:55.55 - Zach Matthiesen, Principia (2018)
3:56.20 - John Mangold, Greenville (2018)
3:57.44 - Nathan Potts, Greenville (2018)
3:58.11 - Zach Matthiesen, Principia (2017)
4:03.48 - Jaylen Shelton, Greenville (2018)

5,000-Meter Run

15:21.49 - Gianni Estrada, Greenville (2024)
15:26.72 - Dylan Goodyear, Greenville (2019)
15:57.16 - Gianni Estrada, Greenville (2023)
15:40.00 - Gianni Estrada, Greenville (2025)
15:59.97 - Ethan Nieroda, Webster (2025)

10,000-Meter Run

31:53.60 - Gianni Estrada, Greenville (2023)
33:11.10 - Tom Preiss, Webster (1991)
33:15.99 - Dylan Niswonger, Greenville (2019)
33:19.01 - Will Brittain, Spalding (2019)
33:31.59 - Jacob Burrell, Greenville (2017)

All-Time Records (Performers)

100-Meter Dash

10.35 - Carson Rantanen, Greenville (5/25/23)
10.42 - CJ Anderson, Greenville (5/25/23)
10.52 - Elijah Perez, Webster (4/22/22)
10.53 - Multiple Times

200-Meter Dash

20.89 - Corey Carter, Principia (5/23/19)
21.06 - Jeremiah Davis, Greenville (5/25/17)
21.07 - Jacob Ridenhour, Webster (5/23/19)
21.50 - Austin Merritt, Webster (5/9/25)
21.66 - Cory Stoll, Greenville (3/28/25)

400-Meter Run

47.39 - Corey Carter, Principia (5/9/24)
47.52 - Bryson Pickard, Fontbonne (5/9/24)
48.69 - Chase LaTouche, Greenville (5/10/23)
48.78 - Nana Koranteng, Principia (4/25/25)
48.85 - Multiple Times

800-Meter Run

1:49.79 - Andrew Sharp, Greenville (5/4/18)
1:51.70 - Nathan Potts, Greenville (5/4/18)
1:55.97 - Joe Gomez, Greenville (5/7/25)
1:57.87 - Ray Dagner, Greenville (4/25/25)
1:58.29 - Jalen Franz, Greenville (4/25/25)

1500-Meter Run

3:50.57 - Zach Matthiesen, Principia (5/11/17)
3:51.30 - John Mangold, Greenville (5/16/18)
3:55.36 - Kaleb Carlson, Greenville (5/11/22)
4:01.16 - Joe Gomez, Greenville (4/18/25)
4:04.15 - Gianni Estrada, Greenville (4/18/25)

5,000-Meter Run

14:35.95 - Zach Matthiesen, Principia (3/31/18)
14:52.45 - Gianni Estrada, Greenville (4/11/25)
15:59.97 - Ethan Nieroda, Webster (4/25/25)
16:09.41 - Zach Proctor, Principia (4/25/25)
16:22.27 - Bailey Webster, Eureka (4/4/25)

10,000-Meter Run

31:53.60 - Gianni Estrada, Greenville (4/28/23)
32:04.48 - Nathan Freyling, Webster (5/12/21)
32:30.97 - Jacob Burrell, Greenville (5/11/17)
35:32.00 - Joseph Goodenow, Greenville (4/25/25)
35:45.00 - Bailey Webster, Eureka (4/25/25)



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Championship Records (Results)

110-Meter Hurdles

15.49 - Austin Ball, Greenville (2024)
15.60 - Cortland Earl, MUW (2025)
15.85 - Joe Souvannarath, Webster (2018)
15.90 - David Martin, Greenville (2018)
15.92 - David Martin, Greenville (2019)

400-Meter Hurdles

56.61 - Damon Fowler, Webster (2018)
56.69 - Treyvon Manning, Greenville (2017)
57.17 - Austin Ball, Greenville (2024)
57.38 - Emmanuel White, Lyon (2025)
57.57 - Tony Lakotich, Greenville (2025)

3000-Meter Steeplechase

9:38.99 - Dylan Goodyear, Greenville (2018)
9:45.20 - Rex Heath, Principia (2024)
9:56.95 - Dylan Goodyear, Greenville (2022)
9:59.19 - Rex Heath, Principia (2023)
9:59.40 - Dylan Goodyear, Greenville (2017)

4x100-Meter Relay

41.98 - Greenville (2024)
42.02 - Greenville (2025)
42.05 - Greenville (2022)
42.09 - Webster (2025)
42.25 - Greenville (2019)

4x400-Meter Relay

3:19.79 - Greenville (2024)
3:19.91 - Webster (2019)
3:19.98 - Principia (2019)
3:21.71 - Webster (2018)
3:22.69 - Greenville (2023)

High Jump

6'6.75" - Dylan Webster, Greenville (2023)
6'4.9" - Greg Mitchell, Greenville (2018)
6'4" - Treyvon Manning, Greenville (2017)
6'4" - Dylan Webster, Greenville (2022)
6'3.5" - Dylan Collins, Greenville (2025)

Pole Vault

15'11" - Mark Govero, Webster (2025)
14'11" - Wesley Kile, Greenville (2022)
14'9" - Wesley Kile, Greenville (2024)
14'7.25" - Elijah Bohler, Webster (2025)
14'5.25" - Dylan Webster, Greenville (2022)

All-Time Records (Performers)

110-Meter Hurdles

14.50 - Phillip Thomas, Greenville (5/20/11)
14.68 - Jonah Peoples, Greenville (5/8/15)
15.13 - Sean Kweifio-Okai, Greenville (5/5/11)
15.30 - David Martin, Greenville (5/8/19)
15.40 - Austin Ball, Greenville (5/8/24)

400-Meter Hurdles

55.08 - Jonathan Ansumana, Principia (5/15/19)
55.12 - Treyvon Manning, Greenville (5/13/16)
56.15 - Austin Ball, Greenville (3/23/24)
56.26 - Zach Gyuricza, Webster (4/23/16)
57.38 - Emmanuel White, Lyon (4/11/25)

3000-Meter Steeplechase

9:04.63 - Shane Witters-Hicks, Principia (2017)
9:06.77 - Dylan Goodyear, Greenville (5/26/22)
9:45.20 - Rex Heath, Principia (4/26/24)
10:19.07 - Gianni Estrada, Greenville (4/4/25)
10:19.23 - Ethan Nieroda, Webster (4/25/25)

4x100-Meter Relay

40.82 - Greenville (5/18/23 - LaTouche, Rantanen, Harris, Anderson)
41.11 - Greenville (5/19/22 - LaTouche, Rantanen, Hamilton, Anderson)
41.15 - Greenville (5/14/25 - LaTouche, Harris, Hamilton, Stoll)
42.09 - Webster (4/25/25 - Aubuchon, Patterson, LaRue, Merritt)
43.47 - Westminster (4/25/25 - Brown, Wheeler, Armour-Dozier, Flowers)

4x400-Meter Relay

3:12.08 - Greenville (5/14/25 - Andino, LaTouche, McMinns, Peternel)
3:16.67 - Greenville (5/10/23 - Trevino, Andino, McMinns, LaTouche)
3:18.30 - Webster (5/9/19 - Gross, Perez, Ridenhour, Robinson)
3:19.10 - Greenville (2017 - Allyn, Potts, Sharp, Manning)
3:19.31 - Principia (5/3/19 - Aleman, Pierce, Malambwe, Carter)

High Jump

6'9.5" - Greg Mitchell, Greenville (5/10/18)
6'8.75" - Dylan Webster, Greenville (4/21/23)
6'8" - Treyvon Manning, Greenville (2017)
6'6.75" - Dylan Webster, Greenville (5/11/22)
6'4.75" - Hunter Matthews, Greenville (4/2/21)

Pole Vault

15'11" - Mark Govero, Webster (4/25/25)
15'9.25" - Wesley Kile, Greenville (4/19/24)
14'9" - Dylan Webster, Greenville (4/2/21)
14'7.25" - Elijah Bohler, Webster (4/25/25)
13'3.5" - Christian Duplayee, Greenville (4/25/25)



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Championship Records (Results)

Long Jump

23'6" - Wisdom Thomas, Principia (2021)
23'2.75" - Jordan Peternel, Greenville (2025)
23'1.95" - Jon Ansumana, Principia (2018)
23'0.50" - Dylan Webster, Greenville (2023)
23'0.50" - Howard James, Principia (2023)

Triple Jump

46'10.25" - Devonte Hubbard, Westminster (2022)
46'8.75" - Nana Koranteng, Greenville (2025)
46'2.92" - Greg Mitchell, Greenville (2018)
45'8" - Jordan Peternel, Greenville (2025)
45'6.25" - Jarrid Williams, Greenville (2017)

Shot Put

49'11" - Mitchell Hooten, Greenville (2019)
47'11.25" - LC Washington, Greenville (2019)
47'8" - John Paul Morgan, Lyon (2025)
47'3.75" - Nate Brown, Greenville (2022)
46'5.85" - LC Washington, Greenville (2018)

Discus

159'3" - Nate Brown, Greenville (2022)
152'1" - Nate Brown, Greenville (2019)
150'6" - John Paul Morgan, Lyon (2025)
150'3" - Mitchell Hooten, Greenville (2019)
137'8.9" - Mitchell Hooten, Greenville (2018)

Hammer

190'11" - Chris Puduski, Principia (2021)
177'10" - Chris Crawford, Greenville (2019)
174'10" - Blake Thebeau, Greenville (2024)
169'4" - Chris Puduski, Principia (2019)
165'6" - Ben Schuette, Greenville (2022)

Javelin

182'9" - Colton Rich, Greenville (2024)
174'4" - Geoffrey Hibbs, Principia (2017)
172'9" - Jay Torson, Principia (1991)
171'7" - Colton Rich, Greenville (2023)
166'6" - Tobin Blair, Principia (2023)

All-Time Records (Performers)

Long Jump

23'11" - Jarrid Williams, Greenville (2017)
23'9.5" - Howard James, Principia (3/31/23)
23'8" - Wisdom Thomas, Principia (5/20/21)
23'7.5" - Cory Stoll, Greenville (4/13/24)
23'3.25" - Jordan Peternel, Greenville (4/12/25)

Triple Jump

47'8" - Jarrid Williams, Greenville (5/11/17)
46'11.75" - Wisdom Thomas, Principia (5/15/19)
46'10.25" - Devonte Hubbard, Westminster (4/29/22)
46'8.75" - Nana Koranteng, Principia (4/25/25)
46'3.5" - Greg Mitchell, Greenville (4/27/18)

Shot Put

54'6.5" - Kyle Jenkins, Spalding (3/21/15)
52'6.5" - Nate Brown, Greenville (5/19/22)
49'11" - Mitchell Hooten, Greenville (4/26/19)
48'7.5" - LC Washington, Greenville (5/8/19)
48'7.25" - Logan Shoemaker, Westminster (4/10/15)

Discus

159'5" - Nate Brown, Greenville (3/26/22)
151'11" - Mitchell Hooten, Greenville (4/6/19)
150'6" - John Paul Morgan, Lyon (4/25/25)
127'11" - Noel Kellum, MUW (4/25/25)
120'0" - Mark Fisher, Principia (4/18/25)

Hammer

200'9" - Chris Puduski, Principia (5/20/21)
177'10" - Chris Crawford, Greenville (4/26/19)
176'2" - Blake Thebeau, Greenville (4/13/24)
155'11" - Mark Fisher, Principia (4/25/25)
136'3" - John Paul Morgan, Lyon (4/25/25)

Javelin

194'5" - Geoffrey Hibbs, Principia (5/11/17)
182'9" - Colton Rich, Greenville (4/26/24)
169'1" - Wyatt Frye, Spalding (3/21/25)
158'5" - John Paul Morgan, Lyon (4/25/25)
156'5" - Jacob Warrick, Principia (4/25/25)

Decathlon

6335 - David Martin, Greenville (5/15/19)
6059 - Matt Hughes, Greenville (4/20/18)
5899 - Dylan Webster, Greenville (5/11/22)
5529 - Austin Merritt, Webster (4/17/25)



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Outdoor Championship Winners

100-Meter Dash	
1991 Rich Colarossi, Principia	11.50
Dwayne Elliot, Fontbonne	
2017 Jeremiah Davis, Greenville...	10.71
2018 Corey Carter, Principia	10.64
2019 Corey Carter, Principia	10.69
2021 Carson Rantanen, Greenville	10.70
2022 CJ Anderson, Greenville	10.69
2023 Carson Rantanen, Greenville	10.41
2024 Ayden Cothorn, Greenville....	10.56
2025 Dylan Patterson, Webster	10.71

200-Meter Dash	
1991 Rich Colarossi, Principia	24.00
2017 Jeremiah Davis, Greenville...	21.29
2018 Corey Carter, Principia	21.59
2019 Corey Carter, Principia	21.17
2021 Carson Rantanen, Greenville	21.75
2022 Corey Carter, Principia	21.57
2023 Elijah Perez, Webster	22.37
2024 Ayden Cothorn, Greenville....	22.00
2025 Cory Stoll, Greenville	21.82

400-Meter Run	
1991 Kyle Miller, Principia	55.10
2017 Andrew Sharp, Greenville	50.21
2018 Jon Ansumana, Principia	50.26
2019 Brandyn Robinson, Webster ..	49.25
2021 Mitchell Gill, Principia	50.45
2022 Mitchell Gill, Principia	49.77
2023 Chase LaTouche, Greenville ..	49.33
2024 Bryson Pickard, Fontbonne....	48.47
2025 Nana Koranteng, Principia	48.78

800-Meter Run	
1991 Tim Lane, Principia	1:58.80
2017 Andrew Sharp, Greenville ..	1:57.23
2018 Andrew Sharp, Greenville ..	1:54.88
2019 E.G. Pierce, Principia	1:56.54
2021 Quinn Heinbaugh, Principia	1:55.70
2022 Kaelin Triggs, Webster	1:56.17
2023 Kaelin Triggs, Webster	1:57.77
2024 Jalen Franz, Greenville	1:56.97
2025 Joe Gomez, Greenville	1:56.90

1500-Meter Run	
1991 Joel Gruver, Principia	4:20.10
2017 Zach Matthiesen, Principia ..	3:58.11
2018 Zach Matthiesen, Principia ..	3:58.55
2019 John Mangold, Greenville ..	4:04.38
2021 Lukas Baird, Greenville	4:13.67
2022 Kaleb Carlson, Greenville ..	4:08.41
2023 Kaleb Carlson, Greenville ..	4:07.77
2024 Gianni Estrada, Greenville ..	4:04.50
2025 William Howells, Webster ..	4:13.35

5,000-Meter Run	
1991 Steve Barton, Principia	16:35.20
2017 Brandon Brown, Webster ..	16:08.85
2018 Riley Flynn, Webster	16:29.17

2019 Dylan Goodyear, Greenville....	15:54.62
2021 Gianni Estrada, Greenville	16:03.03
2022 Gianni Estrada, Greenville	16:09.50
2023 Gianni Estrada, Greenville	15:57.16
2024 Gianni Estrada, Greenville	15:21.49
2025 Gianni Estrada, Greenville	15:40.00

10,000-Meter Run	
1991 Tom Preiss, Webster	33:11.10
2017 Jacob Burrell, Greenville ..	33:31.59
2018 Brandon Price, Spalding ..	33:53.00
2019 D. Niswonger, Greenville ..	33:15.99
2021 Isaiah Atkins, Greenville...	34:10.14
2022 Eli Atkins, Greenville	35:52.80
2023 Gianni Estrada, Greenville	31:53.60
2024 Adam Wellen, Greenville ..	34:16.00
2025 Gianni Estrada, Greenville	34:04.00

110-Meter Hurdles	
1991 Scott Giles, Principia	20.60
2017 David Martin, Greenville	16.29
2018 Joe Souvannarath, Webster ..	15.85
2019 David Martin, Greenville	15.86
2021 Joe Souvannarath, Webster ..	16:31
2022 Armond Williams, Webster....	16.50
2023 Dylan Webster, Greenville	16.21
2024 Austin Ball, Greenville	15.49
2025 Cortland Earl, MUW	15.60

400-Meter Hurdles	
1991 Scott Giles, Principia	1:01.10
2017 Treyvon Manning, Greenville	56.69
2018 Damon Fowler, Webster	56.61
2019 Josh Aleman, Principia	57.41
2021 Joe Souvannarath, Webster ..	58.74
2022 Josh Aleman, Principia	59.07
2023 Tony Lakotich, Greenville	59.25
2024 Austin Ball, Greenville	57.17
2025 Emmanuel White, Lyon	57.38

3000-Meter Steeplechase	
1991 Steve Barton, Principia	10:10.1
2017 D. Goodyear, Greenville	9:59.4
2018 D. Goodyear, Greenville	9:38.99
2019 D. Goodyear, Greenville...	10:04.66
2021 Jeremiah Perry, Greenville	10:43.90
2022 D. Goodyear, Greenville	9:56.95
2023 Rex Heath, Principia	9:59.19
2024 Rex Heath, Principia	9:45.20
2025 Rex Heath, Principia	10:12.78

4x100-Meter Relay	
2017 Greenville	42.42
2018 Webster	42.52
2019 Greenville	42.25
2021 Greenville	43.13
2022 Greenville	42.05
2023 Webster	42.92
2024 Greenville	41.98
2025 Greenville	42.02

4x400-Meter Relay	
2017 Greenville	3:23.84
2018 Webster	3:21.71
2019 Webster	3:19.91
2021 Principia	3:24.61
2022 Greenville	3:24.66
2023 Greenville	3:22.69
2024 Greenville	3:19.79
2025 Greenville	3:26.14

High Jump	
1991 Dwayne Elliott, Fontbonne	6'0"
2017 T. Manning, Greenville	6'4"
2018 Greg Mitchell, Greenville	6'6"
2019 Coale Dolbert, Webster	5'10"
2021 Hunter Matthews, Greenville	6'2.8"
2022 Dylan Webster, Greenville	6'4"
2023 Dylan Webster, Greenville ..	6'6.75"
2024 Lawrence Harris, Greenville....	6'2"
2025 Dylan Collins, Greenville	6'3.5"

Pole Vault	
1991 Steve Babcock, Principia	10'6.0"
2017 Cooper Elam, Eureka	13'5.5"
2018 Mason Stevens, Webster	13'3.5"
2019 David Martin, Greenville....	13'7.25"
2021 Dylan Webster, Greenville	13'11.3"
2022 Wesley Kile, Greenville	14'11"
2023 Wesley Kile, Greenville	14'4.75"
2024 Wesley Kile, Greenville	14'9"
2025 Mark Gover, Webster	15'11"

Long Jump	
1991 Dwayne Elliott, Fontbonne	20'9"
2017 Jarrid Williams, Greenville	22'5"
2018 Jon Ansumana, Principia ..	23'2.25"
2019 Rakim Murphy, Greenville	22'7"
2021 Wisdom Thomas, Principia	23'6"
2022 Dylan Webster, Greenville ..	22'4.5"
2023 Dylan Webster, Greenville ..	23'0.5"
2024 Cory Stoll, Greenville	22'5.25"
2025 Jordan Peternel, Greenville...	23'2.75"

Triple Jump	
1991 Dwayne Elliott, Fontbonne ...	39'11"
2017 Jarrid Williams, Greenville	45'6.25"
2018 Greg Mitchell, Greenville	46'3.5"
2019 Erick Garcia, Greenville	44'6.25"
2021 Di'Mond Salmond, Greenville	45'1"
2022 Devonte Hubbard, Westminster....	46'10.25"
2023 Dylan Webster, Greenville	40'7.75"
2024 Jordan Peternel, Greenville ..	44'11"
2025 Nana Koranteng, Principia	46'8.75"

Shot Put	
1991 Josh Ostler, Principia	37'8.75"
2017 LC Washington, Greenville	45'3.75"
2018 LC Washington, Greenville	46'7"
2019 Mitchell Hooten, Greenville ..	49'11"
2021 Maurice Radtke, Greenville....	46'4"



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2022 Nate Brown, Greenville 47'3.75"
2023 Tyree Simms, Fontbonne.. 42'2.25"
2024 Ja'Len Thomas, Fontbonne... 44'10.75"
2025 John Paul Morgan, Lyon 47'8"

Discus

1991 John Ositer, Principia 124'9"
2017 Dusty Atteberry, Greenville .. 126'11.75"
2018 Mitchell Hooten, Greenville.. 137'10.75"
2019 Nate Brown, Greenville 152'1"
2021 Turjon McLaurin, Greenville . 121'5"
2022 Nate Brown, Greenville 159'3"
2023 Blake Thebeau, Greenville..... 135'
2024 John Paul Morgan, Lyon 131'4"
2025 John Paul Morgan, Lyon 150'6"

Hammer

1991 Jim Pittinger, Principia..... 134'10"
2017 Ryan Burgess, Greenville 151'3.75"
2018 Ben Perry, Greenville 158'11"
2019 Chris Crawford, Greenville. 177'10"
2021 Chris Puduski, Principia 190'1"
2022 Nate Brown, Greenville 165'6"
2023 Blake Thebeau, Greenville... 163'8"
2024 Blake Thebeau, Greenville. 174'10"
2025 Mark Fisher, Principia 155'11"

Javelin

1991 Jay Torson, Principia..... 172'9"
2017 Geoffrey Hibbs, Principia 174'3.75"
2018 Matt Hughes, Greenville . 158'1.25"
2019 Dimitrije Mitic, Webster 160'11"
2021 Justin Miller, Greenville 156'10"
2022 Tobin Blair, Principia..... 165'00"
2023 Colton Rich, Greenville 171'7"
2024 Colton Rich, Greenville 182'9"
2025 John Paul Morgan, Lyon 158'5"

Individual Champions

School.....	No.
Greenville	83
Principia.....	21
Webster	19
Lyon.....	5
Fontbonne	4
Spalding.....	3
Eureka	1
MUW.....	1
Westminster.....	1



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Outdoor All-Conference Members

Eureka..... G ... S B ... T

Jose Amador.....0 ... 0 1 ... 1
Brett Charlton0 ... 2 3 ... 5
Anthony Delira.....0 ... 0 2 ... 2
Cooper Elam.....1 ... 0 0 ... 1
Dazhee Horton0 ... 0 1 ... 1
Bailey Webster0 ... 1 1 ... 2

Fontbonne..... G ... S B ... T

Marc-Quan Daniels 0 ... 0 1 ... 1
Mark Fisher.....0 ... 1 0 ... 1
KeYonn Hall-Baker .0 ... 2 1 ... 3
Bryson Pickard1 ... 0 1 ... 2
Elijah Rice.....0 ... 1 0 ... 1
Tyree Simms.....1 ... 1 1 ... 3
Mujahid Smith.....0 ... 1 0 ... 1
Ja'Len Thomas1 ... 0 0 ... 1
Andre Webb.....0 ... 1 0 ... 1

Greenville..... G ... S B ... T

Nathan Allyn1 ... 0 1 ... 2
CJ Anderson.....2 ... 1 0 ... 3
Noel Andino3 ... 1 0 ... 4
Eli Atkins.....1 ... 0 0 ... 1
Isaiah Atkins0 ... 0 1 ... 1
Dusty Atteberry1 ... 1 0 ... 2
Lukas Baird.....1 ... 1 0 ... 2
Austin Ball.....2 ... 0 0 ... 2
Manny Benitez.....1 ... 0 1 ... 2
Jared Beyers2 ... 0 1 ... 3
Matt Binion.....0 ... 1 1 ... 2
Nate Brown.....3 ... 1 2 ... 6
Ryan Burgess1 ... 0 0 ... 1
Jacob Burrell.....1 ... 0 0 ... 1
Anthony Cabie.....0 ... 1 0 ... 1
Kaleb Carlson.....2 ... 0 0 ... 2
Chris Crawford.....1 ... 0 0 ... 1
Dylan Collins.....1 ... 0 0 ... 1
Ayden Cothorn.....3 ... 0 0 ... 3
Ray Dagner0 ... 1 1 ... 2
Jeremiah Davis.....4 ... 0 2 ... 6
Noah Dir0 ... 0 1 ... 1
Lucas Doiron0 ... 0 1 ... 1
Christian Duplayee .0 ... 0 1 ... 1
Osvaldo Espinoza...0 ... 1 0 ... 1
Gianni Estrada.....8 ... 0 0 ... 8
Alex Fink.....1 ... 3 1 ... 5
Jalen Franz.....2 ... 0 2 ... 4

Erick Garcia.....1 ... 0 0 ... 1

DeVondre Gaston...0 ... 0 1 ... 1
Chris Green-Williams.0 ... 0 1 ... 1
Joe Gomez2 ... 3 0 ... 5
James Goodenow...0 ... 0 2 ... 2
Joseph Goodenow..0 ... 1 0 ... 1
Dylan Goodyear.....5 ... 0 0 ... 5
Malik Grant0 ... 0 1 ... 1
Tyshawn Hamilton .1 ... 0 0 ... 1
Christian Hardin.....0 ... 1 1 ... 2
Kourtland Harris.....2 ... 2 0 ... 4
Lawrence Harris1 ... 0 1 ... 2
Thomas Harris0 ... 0 2 ... 2
Mahari Holt0 ... 1 0 ... 1
Mitchell Hooten.....2 ... 2 0 ... 4
Matt Hughes1 ... 2 5 ... 8
Keenon Johnikin1 ... 0 2 ... 3
Garrett Johnson.....0 ... 0 2 ... 2
Carter Kessinger.....0 ... 0 1 ... 1
Collin Kessinger.....1 ... 0 2 ... 3
Wesley Kile.....3 ... 2 0 ... 5
Russell Lamb.....0 ... 0 1 ... 1
Tony Lakotich.....1 ... 3 0 ... 4
Chase LaTouche.....8 ... 0 3 ... 11
John Mangold1 ... 4 0 ... 5
Treyvon Manning...3 ... 0 0 ... 3
David Martin3 ... 2 1 ... 6
Hunter Matthews ...2 ... 1 0 ... 3
Turjon McLaurin.....1 ... 3 3 ... 7
James McMinns.....1 ... 0 0 ... 1
Joshua Medlin0 ... 2 0 ... 2
Justin Miller.....1 ... 0 0 ... 1
Eric Mitchell0 ... 1 0 ... 1
Greg Mitchell2 ... 1 0 ... 3
Rakim Murphy2 ... 0 2 ... 4
Bobby Neal1 ... 1 1 ... 3
Dylon Niswonger ...1 ... 0 1 ... 2
Steven Oscar0 ... 1 0 ... 1
Jonah Peoples.....0 ... 1 1 ... 2
Ben Perry.....1 ... 1 0 ... 2
Jeremiah Perry1 ... 2 2 ... 5
Jordan Peternel4 ... 3 1 ... 8
Jackson Pierce0 ... 1 2 ... 3
Nathan Potts.....1 ... 2 1 ... 4
Maurice Radtke1 ... 0 1 ... 2
Carson Rantanen ...5 ... 1 0 ... 6
Colton Rich2 ... 0 2 ... 4
Di'Mond Salmond ...3 ... 0 2 ... 5

Ben Schuette.....1 ... 0 1 ... 2

Andrew Sharp.....4 ... 1 0 ... 5
Jaylen Shelton.....0 ... 0 2 ... 2
Cory Stoll4 ... 3 1 ... 8
Bradley Stubbs0 ... 1 0 ... 1
Tawon Swinson.....0 ... 0 1 ... 1
Blake Thebeau3 ... 1 0 ... 4
Jefferson Thomas...0 ... 0 2 ... 2
Claudio Trevino.....1 ... 0 0 ... 1
Colton Underwood..0 ... 2 2 ... 4
Jared Ury1 ... 0 0 ... 1
LC Washington2 ... 2 3 ... 7
Dylan Webster8 ... 4 2 ... 14
Adam Wellen1 ... 2 1 ... 4
Jarrid Williams3 ... 0 0 ... 3
Phil Wilsman.....0 ... 0 1 ... 1

Iowa Wesleyan G ... S B ... T

Blake Lenzie.....0 ... 1 0 ... 1

Lyon..... G ... S B ... T

Jakobe Alcorn.....0 ... 1 0 ... 1
Peyton Beedle0 ... 0 1 ... 1
Gage Jackson.....0 ... 0 1 ... 1
John Paul Morgan .4 ... 1 2 ... 7
Gabriel Morris0 ... 0 1 ... 1
Elijah White.....1 ... 0 1 ... 2

MUW..... G ... S B ... T

Cortland Earl.....1 ... 0 1 ... 2
Allen Fields0 ... 2 0 ... 2
Dedrick Gates.....0 ... 0 1 ... 1
Noel Kellum0 ... 1 0 ... 1
Sinaj Lynn0 ... 0 1 ... 1
Tavonta Macon0 ... 0 1 ... 1
Jakobe Smith.....0 ... 0 1 ... 1
Jourden Whitfield...0 ... 1 1 ... 2

Principia..... G ... S B ... T

Goodluck Ajeh0 ... 1 0 ... 1
Josh Aleman2 ... 2 2 ... 6
Jon Ansumana.....2 ... 1 2 ... 5
Juniour Baraza0 ... 2 0 ... 2
Tobin Blair.....1 ... 1 0 ... 2
Corey Carter6 ... 5 3 ... 14
Dean Colarossi1 ... 0 1 ... 2
Marc-Quan Daniels 0 ... 0 2 ... 2
Mark Fisher.....1 ... 0 0 ... 1



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Mitchell Gill3 ... 1 4.... 8
Rex Heath.....3 ... 0 0.... 3
Quinn Heinbaugh.....2 ... 0 0.... 2
Geoffrey Hibbs.....1 ... 0 0.... 1
Dillon Hussey.....0 ... 3 0.... 3
Howard James.....0 ... 4 1.... 5
Josh Keeley0 ... 0 1.... 1
Nana Koranteng2 ... 2 1.... 5
Brian Malambwe.....0 ... 1 1.... 2
Zach Matthiesen.....2 ... 0 0.... 2
Bradley Mulwenge ..0 ... 1 0.... 1
Abe Ott0 ... 1 1.... 2
Stan Ott0 ... 1 0.... 1
E.G. Pierce1 ... 0 0.... 1
Zach Proctor.....0 ... 0 2.... 2
Chris Puduski1 ... 1 0.... 2
Pius Sempumbu0 ... 2 0.... 2
Wisdom Thomas.....1 ... 1 1.... 3
Jacob Warrick.....0 ... 1 1.... 2
Jimmy Woodrow0 ... 2 0.... 2

Spalding G ... S B ... T

Parker Bettag.....0 ... 1 0.... 1
Will Brittain.....0 ... 1 1.... 2
Jeff Cassidy0 ... 0 1.... 1
Wyatt Frye0 ... 1 0.... 1
Daniel Kaiser0 ... 1 0.... 1
Noah McClellan0 ... 1 0.... 1
Peter McGowan.....0 ... 2 2.... 4
Cameron Mitchell...0 ... 1 2.... 3
Jack Muncaster0 ... 0 1.... 1
Brandon Price.....1 ... 1 0.... 2
Tobias Rice0 ... 0 1.... 1
Caleb Stinson0 ... 1 0.... 1
Dane Thomas0 ... 0 1.... 1

Webster G ... S B ... T

Steven Aubuchon ...1 ... 3 2.... 6
Sam Baker.....0 ... 2 2.... 4
Jordan Benton0 ... 0 1.... 1
NaMhar Bethea0 ... 1 0.... 1
Elijah Bohler0 ... 1 0.... 1
Brandon Brown.....1 ... 0 0.... 1
Dontrell Carpenter ..0 ... 0 1.... 1
Javier Cervantes....0 ... 1 2.... 3
Joshua Clark.....1 ... 2 3.... 6
Caleb Clemons1 ... 2 0.... 3
Coale Dolbert.....1 ... 2 2.... 5
Joey Elking0 ... 1 0.... 1
Riley Flynn.....1 ... 2 0.... 3
Damon Fowler1 ... 0 0.... 1

Nathan Freyling1 ... 2 1.... 4
Landon Garland.....0 ... 0 2.... 2
Kyle Goessler0 ... 2 0.... 2
Mark Govero.....1 ... 1 0.... 2
Carson Gross1 ... 1 1.... 3
Eli Guzman0 ... 1 0.... 1
William Howells1 ... 0 0.... 1
Jeremiah Johnson ..0 ... 0 1.... 1
Davian Joseph.....0 ... 0 1.... 1
Jordan Kaden2 ... 3 1.... 6
Nkunim Kauame0 ... 0 1.... 1
Gryphon Ketterling..0 ... 0 1.... 1
Kaiden Klein0 ... 0 1.... 1
Lucas LaRue0 ... 2 0.... 2
Luis Mendoza1 ... 0 0.... 1
Austin Merrit1 ... 3 4.... 8
Dimitrije Mitic1 ... 2 0.... 3
Ethan Nieroda.....0 ... 3 0.... 3
Dylan Patterson.....1 ... 3 1.... 5
Isaac Pearson.....0 ... 0 1.... 1
Elijah Perez3 ... 3 5.. 11
Nicholas Richardson.. 0 ... 1 0.... 1
Jacob Ridenhour ...2 ... 3 0.... 5
Brandyn Robinson ..4 ... 4 1.... 9
Cameron Sakuma...0 ... 1 0.... 1
Zach Smercina0 ... 1 0.... 1
Jadis Smith0 ... 1 0.... 1
Joseph Souvannarath..3 ... 1 2.... 6
Mason Stevens.....2 ... 3 0.... 5
Edward Tinnemeyer... 0 ... 0 1.... 1
Kaelin Triggs.....2 ... 1 2.... 5
Austin Wagner0 ... 1 0.... 1
Corbin White.....0 ... 3 1.... 4
Armond Williams.....1 ... 3 0.... 4

Westminster G ... S B ... T

Dexter Allen0 ... 0 3.... 3
Isaac Armour-Dozier ..0 ... 0 2.... 2
Logan Blickhan0 ... 0 1.... 1
Dailan Brown0 ... 0 2.... 2
Adison Conway.....0 ... 1 2.... 3
Ryan Dyer.....0 ... 0 2.... 2
Mos Flowers0 ... 0 2.... 2
Michael Giles.....0 ... 0 1.... 1
Tanner Gillaspay.....0 ... 0 1.... 1
Devonte Hubbard ...1 ... 2 1.... 4
Aaron Hurt0 ... 0 1.... 1
Christopher Idleburg ..0 ... 1 0.... 1
John Martin.....0 ... 0 1.... 1
Noah Ottinger0 ... 0 1.... 1
Jack Pervinich0 ... 0 2.... 2

Elijah Teal0 ... 1 1.... 2
Glenn Teubner0 ... 1 2.... 3
Ben Wallace0 ... 0 2.... 2
Ashton Wheeler.....0 ... 0 1.... 1
DeAndre White0 ... 2 0.... 2
Keegan Zdybel0 ... 0 1.... 1



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Outdoor Individual Awards

Field Athlete of the Year		Track Athlete of the Year		Field Freshman of the Year		Track Freshman of the Year	
2017	Jarrid Williams (GU)	2017	Andrew Sharp (GU)	2017	MaMhar Bethea (WU)	2017	Jeremiah Davis (GU)
2018	Matt Hughes (GU)	2018	Corey Carter (PC)	2018	Austin Wagner (WU)	2018	Corey Carter (PC)
2019	Mitchell Hooten (GU)	2019	Corey Carter (PC)	2019	Nate Brown (GU)	2019	Rakim Murphy (GU)
2021	Chris Puduski (PC)	2021	Carson Rantanen (GU)	2021	Justin Miller (GU)	2021	Josh Medlin (GU)
2022	Dylan Webster (GU)	2022	Elijah Perez (WU)	2022	Tobin Blair (PC)	2022	Chase LaTouche (GU)
2023	Dylan Webster (GU)	2023	Elijah Perez (WU)	2023	Tyree Simms (FBU)	2023	Nana Koranteng (PC)
2024	John Paul Morgan (LC)	2024	Gianni Estrada (GU)	2024	Ja'Len Thomas (FBU)	2024	Ayden Cothorn (GU)
2025	John Paul Morgan (LC)	2025	Cory Stoll (GU)	2025	Keenon Johnikin (GU)	2025	Cortland Earl (MUW)

Outdoor Coaching Staff of the Year Award

2017	Fontbonne (Chris Buckler)	2021	Webster (Nick Niehaus)	2025	Greenville (Brian Patton)
	Principia (Robert Baker)	2022	Greenville (Brian Patton)		
2018	Principia (Robert Baker)	2023	Greenville (Brian Patton)		
2019	Principia (Robert Baker)	2024	Greenville (Brian Patton)		

Outdoor Records

All-Time Medal Count (Gold)

Eureka - 12 (1)
Fontbonne - 11 (3)
Greenville - 238 (101)
Iowa Wesleyan - 1
Lyon - 10 (5)
MUW - 8 (1)
Principia - 61 (26)
Spalding - 20 (1)
Webster - 96 (23)
Westminster - 20 (1)

Most Championship Team Points

357 - Principia (1991)
348 - Greenville (2021)
345 - Greenville (2022)
337 - Greenville (2017)
333 - Greenville (2024)

Most Conference Titles

8 - Greenville

Most Team Gold Medals at Championship

16 - Greenville (2017)
16 - Greenville (2024)
15 - Greenville (2023)
14 - Principia (1991)
13 - Twice

Most Total Medals at Championship

34 - Greenville (2017)
34 - Greenville (2022)
33 - Greenville (2021)
33 - Greenville (2023)
31 - Greenville (2024)

Most Gold Medals in One Championship

4 - Dylan Webster, Greenville (2023)
3 - Multiple times

Most Total Medals in One Championship

5 - Matt Hughes, Greenville (2018)
5 - Dylan Webster, Greenville (2023)
4 - Multiple times

Most Gold Medals in Career

8 - Dylan Webster, Greenville (2020-23)
8 - Gianni Estrada, Greenville (2021-25)
8 - Chase LaTouche, Greenville (2022-25)
6 - Corey Carter, Principia (2018-24)
5 - Dylan Goodyear, Greenville (2017-19)

Most Medals in Career

14 - Dylan Webster, Greenville (2019-23)
14 - Corey Carter, Principia (2018-24)
11 - Chase LaTouche, Greenville (2022-25)
11 - Elijah Perez, Webster (2020-23)
9 - Brandyn Robinson, Webster (2017-19)



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Outdoor All-Sportsmanship Team

2017 (Team - Greenville)

Cooper Elam (EC)
Austin Lawrence (FBU)
Treyvon Manning (GU)
Nate Richards (PC)
Deion Walls (SU)
Jose Mejia (WU)
Glenn Teubner (WC)

2018 (Team - Greenville)

Collin Aimone (EC)
Juwan Lee (FBU)
Damien Cantrell (GU)
Nick Lynch (PC)
Deion Walls (SU)
Joe Souvannarath (WU)
Kole Rackers (WC)

2019 (Team - Greenville)

Greih Murray (FBU)
Damien Cantrell (GU)
Abe Ott (PC)
Daniel Kaiser (SU)
Joe Souvannarath (WU)
Nik Franklin (WC)

2021 (Team - Greenville)

Greigh Murray (FBU)
Thomas Broomfield (GU)
Corey Maercker (IWU)
Stan Ott (PC)
Will Costello (SU)
Kaelin Triggs (WU)
DeAndre White (WC)

2022 (Team - Webster)

Hayden Skaggs (EC)
Cameron Clemons (FBU)
Blake Thebeau (GU)
EG Pierce (PC)
Maxton Campbell (SU)
Elijah Perez (WU)
Dexter Allen (WC)

2023 (Team - Eureka)

Hayden Fox (BC)
Khalil Alleyne (EC)
Gabriel Hoekel (FBU)
Blake Thebeau (GU)
Matthew Hagenlocher (PC)
Wyatt Frye (SU)
Joshua Clark (WU)
Tanner Gillaspay (WC)

2024 (Team - Fontbonne)

Christian Miller (BC)
Michael Beaumont (EC)
Jacob Lorimier (FBU)
Blake Thebeau (GU)
Jakobe Alcorn (LC)
Dedrick Gates (MUW)
Corey Carter (PC)
Noah Stinson (SU)
Mason Oldani (WU)
Isaac Armour- Dozier (WC)

2025 (Team - Lyon)

Sebastian Bautista (BC)
Hayden Skaggs (EC)
Jacob Lorimier (FBU)
Carter Kessinger (GU)
Jakobe Alcorn (LC)
Noel Kellum (MUW)
Jacob Warrick (PC)
Jadon Garcia (SU)
Mason Oldani (WU)
Amir Martin (WC)

Outdoor NCAA Division III All-Americans

(SLIAC Members Only)

2017 - Jeremiah Davis, Greenville (200m)
2017 - Andrew Sharp, Greenville (800m)
2017 - Shane Witters-Hicks, Principia (3000m Steeple Chase)
2018 - Greg Mitchell, Greenville (High Jump)
2018 - *Andrew Sharp, Greenville (800m) - NATIONAL CHAMPION*
2018 - Corey Carter, Principia (100m)
2019 - *Corey Carter, Principia (200m) - NATIONAL CHAMPION*
2019 - Jeremiah Davis, Greenville (200m)
2019 - Jacob Ridenhour, Webster (200m)
2023 - CJ Anderson, Greenville (100m)
2023 - Carson Rantanen, Greenville (100m)
2024 - Corey Carter, Principia (200m - 1st Team) (400m - 2nd Team)
2024 - Bryson Pickard, Fontbonne (400m - 2nd Team)