



**The Florida Baseball Ranch®/  
Dutch Baseball  
Skill Acquisition Summit**



<b>Sep 8 Agenda</b>		
<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
<b>7:30-8:00</b>	<b>Registration</b>	
<b>8:00-8:30</b>	Welcome and Introductions	Randy Sullivan
<b>8:30-9:20</b>	Intro to Dynamic Systems Theory In Baseball...Intention - Action,	Frans Bosch
<b>9:20-9:30</b>	Break	
<b>9:30-10:20</b>	Self-organization/decentralized control	Frans Bosch
<b>10:20-10:30</b>	Speaker Change/Mini-break	
<b>10:30-11:20</b>	Bernstein Constraints Led Approach Differential Learnings	Rob Gray
<b>11:20-11:30</b>	Break	
<b>11:30-12:20</b>	Perception-Action Coupling In Baseball, Representative Design	Rob Gray
<b>12:30-13:30</b>	Lunch	
<b>13:30-14:20</b>	Movement Assessment and Strengthening Through The Prism of Baseball Specific Motor Control	Paul Venner
<b>14:20-14:25</b>	Speaker change	
<b>14:25-15:15</b>	Attractors and Perception/Action in Hitting	Bart Hanegraaff
<b>15:15-15:20</b>	Break	
<b>15:20-16:10</b>	Six Types of Contributors to Sub-par performance or pain. 7 Attractors in Pitching Movement Patterns (Disconnections).	Ron Wolforth
<b>16:10-16:15</b>	Speaker Change	
<b>16:15-17:05</b>	Implicit vs Explicit Learning, Internal vs External Focus, Feedback	Martijn Nijhoff
<b>17:05-17:10</b>	Speaker Change	
<b>17:10-18:00</b>	Six Ways to Influence A Movement Pattern That Don't Include Verbal/Cognitive Cues,, Training Tools/Drills through Motor Learning Prism	Randy Sullivan
<b>18:00-18:05</b>	Set Up Panel Stage	
<b>18:05-18:30</b>	Day 1 Q&A Panel Discussion	



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Sep 9 Agenda		
Time	Topic	Speaker
8:00-8:30	<b>Coffee and Donuts</b>	
8:30-9:00	Day 1 Review, Day 2 Welcome	Randy Sullivan
9:00-12:50	<b>4 Practical Rotations</b>	25 min rotations 2 times through. 5 min transition time between)
<b>Practical #1</b>	Batting Practice Design: Variability, Perception-Action Coupling and Representative Design (practical)	Bart Hanegraaf/ Rob Gray
<b>Practical #2</b>	Application of Differential Learning and Khaos Training for Command, Velo and Secondary Pitches (practical)	Ron Wolforth/Martijn Nijhoff
<b>Practical #3</b>	Integrating and Strength and Coordination for Baseball Players (practical)	Paul Venner/Frans Bosch
<b>Practical #4</b>	A Self-Organization Model For Arm Pain & Injury Management	Randy Sullivan
12:50-1:10	Break/Setup	
1:10-2:00	Final Comments/Panel Discussion	Randy: 5 min Paul 5 min Bart 5 min Ron 5 min Martijn 5 min Rob 10 min Frans 10 min