

# Church of Christ

77 Cogan Avenue  
Plattsburgh, NY 12901  
(518) 563-2970

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January 26, 2020

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## CONVERSION: DIET OR LIFESTYLE?

I have lost 300 pounds: two pounds 150 times. Many have. It is one thing to lose weight. It is a radically different thing to change our lifestyle. Yet diets fail. All how-to books ultimately fail. Why? Because they do not alter the lifestyle. There are no shortcuts. There is no magic. No pain, no gain. We must change our thinking, our values, our purposes, our direction, yes. our very lifestyle. We need to learn how to eat to live. It is that simple.

This also works down at church. You don't join the church, get religion, experience a religious high. Baptism is the new birth, but Christianity is a life. You are born to live. A consumer-oriented, felt-needs religion fails. The church is not here to please. The church is not Magic Kingdom. You don't merely take religious pills. You don't have that one experience that lasts a lifetime.

Christianity is not a diet, it is a lifestyle. It begins with our sins, failures, lostness. We are lost, damned to a Devil's hell. We

cannot save ourselves. Our faith is in God. God was in Christ on a cross. This is our salvation. Jesus paid it all. It is of grace. It is found at the cross. Jesus is our Savior.

But He is also our faith. This simply means we totally believe Jesus knew how to live. He is the way, truth, life. He is full of grace and truth. This is our faith. This becomes our lifestyle. We have the mind of Christ, the disposition of Christ. the character of Christ. We become what we believe. We become who we are. This is not a fickle diet...this is a final lifestyle.

Paul says, "We are the aroma of Christ." Only Jesus can live the Christian life. He relives that life in us. Paul says. "We are crucified with Christ." The lifestyle of Jesus is the crucified life. We are to give to get, go down to rise up. We are the church, the family of God.

### PRAY FOR...

Alexander, Reggie: Lynn's friend, heart problems

Behnke, Jason: Cystic Fibrosis, new med

Bennett, Jim: continued recovery

Burna, Jennifer: Carl & Cindy's cousin, cancer

Cech, Matthew and Terry: health concerns

Chambers, Mary: heart concerns

Chambers, William & Michael: health struggles

Crumpp family: struggles

Conley, Annie May: Mary's sister, kidney disease and memory

Cross, Mark: Tara's cousin-colon cancer

Darling, Wendy: health struggles

Dashnaw, Trisha and Justin: newborn son, David

Doner, John: Christian's grandfather, health

Doolen, Shirley and daughters: stuggling loss of husban/father

Elders: Alfred and Doug

Gallagher, Bob: recovering from heart surgery

Garrow, Donald: Crumps' neighbor, back in hospital

Howard/Nobel family: struggles health struggles

Kashorek, LORI: treatment at Biologix in Wichita, KS

Lermineau, Kids: Carl and Cindy's relatives, struggles

Miller, Jody: struggles

Minister Search: Massena and S. Burlington

Missions: Brazil, Malawi, Ukraine, Zambia

Morrow, Kevin: Krista's uncle-lung cancer

New Walks: Ralph, Rose, Aowen, and Kolton

Pickering, Dustin: severe health struggles in CVPH

Plank, Mason: recovery from back surgery

St. Pierre family: struggles

Traveling: Lori Kashorek

Tynon, Leo: Chris' uncle, recovering at home

Vaus, Amy: Amber's cousin, pregnant and has lung cancer

West, Larry: Melinda's friend in CA, health

Whitfield, Freda: Mary Chambers' mother, health

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shepherds serving under the Good Shepherd:  
Alfred Chambers, evangelist, 901-205-8584  
Doug Kashorek, preacher, 518-645-1509

Schedule of Services  
Sun. Bible Classes 10 A.M.  
Sun. Worship 11 A.M.  
Wed. Bible Classes 6:30 P.M.

"Continue to help us keep this list updated and to pray for those mentioned in previous bulletins."

## Welcome to Worship

The church of Christ that meets in Plattsburgh invites you to attend any of our services. We love having visitors and are honored for you to attend. We seek to follow the New Testament in all that we do in our worship services. Our primary aim in worship is to glorify and honor God by worshipping Him "in spirit and in truth" (John 4:24) Trusting in the promise of the gospel message, we now live out obedience to God's Word as our only authority and pattern for our lives and the church. We want to encourage you to come and learn, worship, grow, and serve the Lord with us! "Behold, how good and how pleasant it is for brethren to dwell together in unity" (Psalm 133:1).

## From the Shepherds ...

The 2020 Interactive Bible Plan from WVBS is available in print or to watch the supplemental videos that enhance your reading. Set a tab in your browser to [video.wvbs.org](http://video.wvbs.org)! Dive deep into God's Word this coming year!



## We've Got Class!

Join us Next Sunday at 10 a.m. for: Adults: John's class--Gospel of John Youth classes as well. And Wednesdays at 6:30 p.m. at both N and S locations.

## Munchie Moments

**Men's Prayer Breakfast:** our next 1st Sunday breakfast is on on 2/2 at 8 a.m.

**Fellowship Meal:** Our monthly meal is today after morning service. Please stay and fellowship with us!

## Secret/Prayer Sisters!

If you are interested in being a secret sister, please let Mary know so she can add your name to the basket. Names will be drawn after service today. We will also be filling out our connections which will be put in an envelope to be kept until the end.

## Oasis

Just as a reminder, if you're not vetted to serve as a volunteer for The Oasis Project, please stay away from the church on Monday, Tuesday, and Thursday afternoons from 3-5 p.m. for confidentiality reasons.

## Doug's Devotional

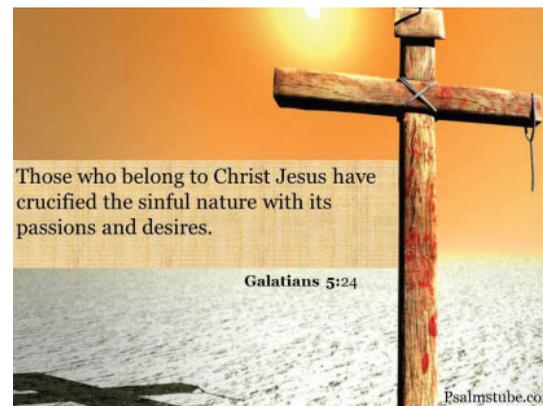
*"I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me"*

Galatians 2:20.

There's such a depth of doctrine in some of our older hymns. And, of course, many of the Psalms were originally sung although the original tunes have been lost. On a recent Wednesday night, I showed the Psalms that inspired newer songs, many that we relegate to our "youth" songbooks. In the "traditional" hymn (really just over 100 years old), "The Old Rugged Cross," the gospel is preached and the admonishment to speak to one another through our singing is accomplished. "For a world of lost sinners was slain" and "To pardon and sanctify me" gives us the purpose behind Jesus' death and then gives us a view to eternity with Him if we obey the gospel: "Then He'll call me some day to my home far away, Where His glory forever I'll share." Often we find it hard to read verses like the one above without singing the tune we know, but this all works to remind each other why we continue to live out our obedience to the gospel here on earth. Does Christ live in you?

## Carpet Cleaning Week

All help is appreciated & needed during these times ...  
2/16, move all out of auditorium after service  
2/17, 8 a.m. clean auditorium carpet  
2/19, 6:30 p.m. move all out off classrooms  
2/20, 8 a.m. clean classroom carpets  
2/22, 9 a.m. set up classrooms & auditorium



## Sundae Toppings

Today: 12:30 p.m. Fellowship Meal  
2/2, 8 a.m. Men's Prayer Breakfast  
2/9, NO Ladies' Time  
2/16, 12:30 p.m. Family Meeting (info only); help moving all out of the auditorium!



## Mission Moment

- Please pray for all our mission works.
- Roger Chambers is back from Malawi trip

## 2020 WVBS Interactive Bible Reading Plan



1/26: Luke 15-16; Psalm 26  
1/27: Luke 17-18; Psalm 27  
1/28: Luke 19-20; Psalm 28  
1/29: Luke 21-22; Psalm 29  
1/30: Luke 23-24; Psalm 30  
1/31: John 1-2; Psalm 31  
2/1: John 3-4; Psalm 32  
SUPP: Pilate Inscription; Bible Land Passage 7 & 2; The Thief on the Cross  
website: [video.wvbs.org](http://video.wvbs.org)  
Other Resources  
[theabidingword.com](http://theabidingword.com)  
[sermonlines.com](http://sermonlines.com)



## Mark Your Calendar

2/9, Joy's birthday  
2/10, Howard's birthday  
2/12, Chris' birthday  
2/14, Valentine's Day;  
Doug & Lori's birthdays in Christ ('93)  
2/16-22, carpet cleaning week  
2/20, Jody's birthday in Christ ('09)  
2/24, Sammy's birthday

## New Nursery Rules

Due to the fact that we now have a new baby amongst us, the nursery is now limited to the new baby's family. It has been cleaned for David and we hope to keep it that way for his benefit.

## Today: 1/26

Announcements: Alfred  
Opening Prayer: Chris  
Song Leader: John  
#611 "Heavenly Sunlight"  
#501 "Though Your Sins Be as Scarlet"  
#324 "Alas! and Did My Savior Bleed?"  
Talk/bread prayer: Carl  
Pass/fruit of the vine prayer: Doug  
Pass/collection prayer: Garth  
Passer: Justin  
#376 "He Paid a Debt"  
Scripture Reading: Ed - Galatians 2:19-21  
Lesson: Doug "The Old Rugged Cross"  
#945 "Kneel at the Cross"  
Closing Song: Tyler  
#1009, "The Battle Hymn of the Republic"  
Closing Prayer: Howard  
Sub: JL, JB

## Next Sunday 2/2

Announcements: Doug  
Opening Prayer: Tyler  
Song Leader: Alfred  
Talk/bread prayer: Chris  
Pass/fruit of the vine prayer: Carl  
Pass/collection prayer: Ed  
Passer: Justin  
Scripture Reading: Garth - 1 Samuel 3:19-21  
Lesson: Doug "And Let None of His Words Fall"  
Closing Song: John  
Closing Prayer: Jim L

## Wash & Wear

- the cleaning sign-up for this season is on the fridge. Taking a turn is appreciated & needed.
- the church's blue polo shirts in a variety of sizes are \$15 each (to cover cost only).

## January 19, 2019

Bible Class	9
Morning Worship	21
Wed. N. Bible Class	6
Wed. S Bible Class	9
Contribution	\$890.00 (snow storm!)
Weekly Ave. Needed	\$700.00