



# The Secular Circular

Newsletter of the Humanist Society of Santa Barbara

[www.SBHumanists.org](http://www.SBHumanists.org)

OCTOBER 2023

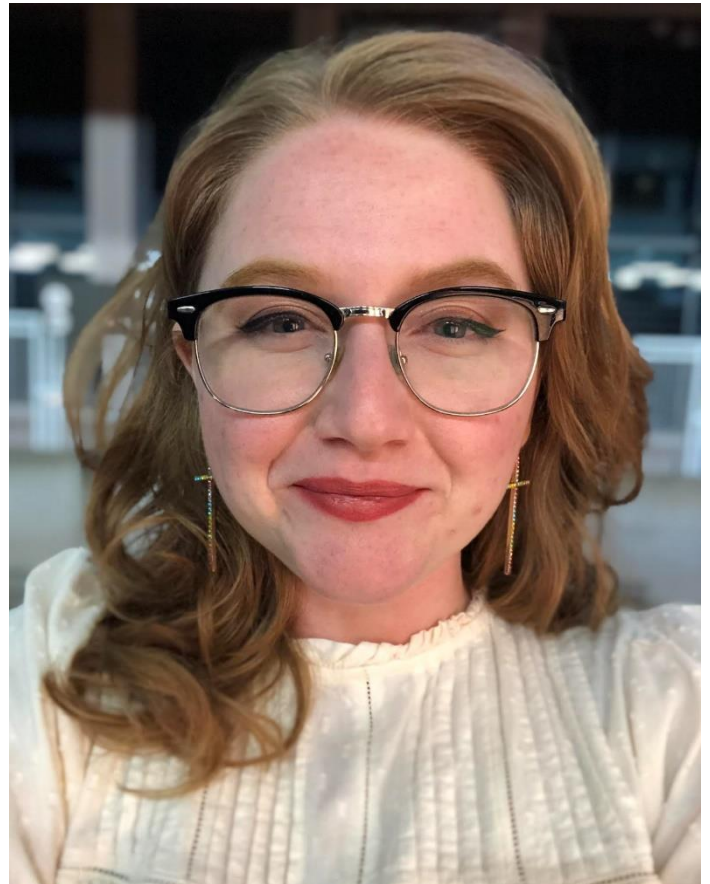
*Join Us This Month On Zoom...*

## Fighting For Church-State Separation in Federal and State Courts

**Our Program:** The legal landscape of religious freedom is rapidly evolving. In the last several years, the U.S. Supreme Court has dealt significant blows to the separation of church and state, increasingly deploying specious historical analysis and shadow-docket decisions to radically reshape the way courts around the country interpret the First Amendment.

Americans United for Separation of Church and State has been fighting back in state and federal courts to protect against the establishment of religion in government, which endangers reproductive rights, LGBTQ+ rights, and public education. In this presentation, Americans United Litigation Fellow Kalli Joslin will discuss recent developments in First Amendment law, Americans United's work in the courts, and Americans United's *Blackmon v. Missouri* case seeking to strike down Missouri's religiously motivated abortion bans.

**Our Speaker:** Kalli Joslin is the Steven Gey Constitutional Litigation Fellow at Americans United for Separation of Church and State. She received her Juris Doctor, cum laude, from Georgetown University Law Center, where she served as the Editor-in-Chief of the Georgetown Journal of Gender and the Law and as a student-attorney in the Civil Rights Clinic. She also interned for Lambda Legal and the ACLU Program on Freedom of Religion and Belief. At Americans United, she is counsel on *Blackmon v. Missouri*.



Kalli Joslin, Litigation Fellow. Americans United for Separation of Church and State

**When:** Saturday October 21, 3:00 pm - 4:30 pm PDT

**Zoom link:** <https://us02web.zoom.us/j/88193881833>



**Dr. Darrel Ray**  
**Religion's Impact on The Rise of**  
**The Incels** 9-16-23

*By Robert Bernstein*

Humanist Society President Judy Flattery started by relating the topic of the talk to these Affirmations of Humanism, by Paul Kurtz:

- We believe in an open and pluralistic society and that democracy is the best guarantee of protecting human rights from authoritarian elites and repressive majorities.
- We are concerned with securing justice and fairness in society and with eliminating discrimination and intolerance.
- We affirm humanism as a realistic alternative to theologies of despair and ideologies of violence...

Judy noted that the Incels crisis seems to correlate with a rise of women's rights in the US. She went on to introduce Darrel Ray. He is the founder and the president of the Recovering from Religion Foundation. He has been a psychologist for over 40 years. He is the author of four books, including: *The God Virus* and *Sex and God*. He has a Masters degree in Religion as well as a Bachelor's degree in



Dr. Darrel Ray, founder of RFR

Sociology and Anthropology, and a Doctorate in Psychology.

Darrel Ray began his talk recounting a horrific event that took place right here in the Santa Barbara area: the rampage of UCSB student Elliot Rodger against his fellow students. He attacked people by stabbing, shooting, and ramming people with his car. He left six people dead and 14 wounded. He was found dead afterwards in his car, killed by a self-inflicted gunshot wound.

Elliot Rodger sent out a manifesto explaining his actions. He said he felt loneliness, rejection, and a lack of fulfillment. Girls gave sex to others, but not to him. At age 22 he was still a virgin and had never kissed a girl. He wrote that he is the perfect guy, yet these girls throw themselves at obnoxious guys instead.



Ray wanted us to try to understand what is behind all of this. He started by asking how culture impacts our behavior.

Our culture has seen a rapid change in patterns of mating and relating to each other. This has affected men and women. For the sake of this discussion, he left out other genders.

In any species, a male animal without the right mating ritual won't find a mate. For a songbird, this means singing the right song. This is somewhat inherited, but they have to learn the right songs for their specific territory.

Adolescent birds spend a lot of time learning the right songs to get a mate. They learn from their father and from other male role models. The mother's reaction to the father's song is also important: a certain fluffing of the feathers.

Humans, in contrast, have almost no genetic programming for mating. They watch the world around and also the local environment.

Rituals and beauty standards vary widely across cultures. 'Steatopygia' refers to a condition of accumulated fat in the buttocks and thighs common in some African and South Pacific tribes. Historically, this was very attractive to men in those areas. Over time, with exposure to other cultures, preferences can change. Some cultures favor women with large breasts; in Japan, ohowever, small breasts have been favored.

Mating signals are different in different cultures. Ray said, "You are not unattractive. You are just in the wrong country!"

How to interact with other humans takes a lot of skill. This level of interaction has been disrupted. There are new ways of finding a date. Swiping left or right! This can lead to problems, notably, unrealistic expectations.

70% of people on online dating sites are men. They are only interested in 20% of the women they see, based primarily on appearance. This makes them delusional about their odds of success.

Dating online results in a lot of rejection. There are also on-line scam artists who may drain your bank account!

Movies, porn, and magazines set fashion standards. The beauty industry changes every 5-10 years or faster. There has been a decline in the use of makeup. Darrel has suits he hasn't worn in 20 years. He used to wear suits or tuxedos at weddings or on cruises. That is no longer expected.

Elliot Rodger had a poor understanding of how to successfully relate to women. He was very confused. He didn't know how to channel all that frustration and energy.

Humans have more to learn than birds about finding a mate. It takes face to face contact, smells, touch, tone of voice. Phone time or other screen time is not enough.

Ray visited a work friend in Germany. He had never been there before and had some surprising observations upon arrival. He ate in a different restaurant each night and noted that *people were talking to each other*. No one was looking at their phones. Very different from here.

What about the Incels? It is an online subculture that self-identifies as being unable to get a romantic or sexual partner, despite desiring one.

Ray went down this rabbit hole of study a year ago and hasn't gotten out. In addition to unrealistic expectations, they use language and behavior that doesn't match the world today. It may have been acceptable 70 to 100 years ago.

Here are some surprising statistics covering all of human history:

- 40% of males have reproduced
- 80% of females have reproduced

After the talk Ray clarified this for me and I have included his clarification in what follows.

Let's begin at birth. More male babies die than female. This death rate continues through adolescence. Historically, boys die more often than girls from hunting accidents and other reasons related to their role in most societies. Once a boy gets to the age of reproduction, he must find a mate. The process of mate finding is often dangerous in and of itself, or the process of gaining access to mates is dangerous.

Most cultures have a rite of passage. In places like the Amazon or Indonesia, these have been quite dangerous. Thus far in our journey, many

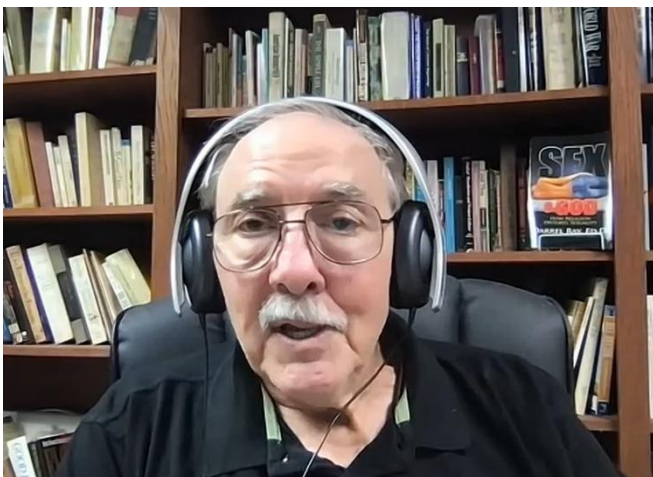


more boys and men have died and not passed along their genes than women. Once a man has achieved mating age, he has the problem of competing with other men, especially other more powerful, alpha men who are often older with more social status.

In most societies, top males get access to more mates. This may sound unreasonable for today's societies, and it may be for some, but in the past, that is how the world worked. It still is how the world works in many ways. Whether married or not, top males attract females just as we see in chimps and gorillas. Human females are attracted and turned on by higher status males (groupies) and less interested in lower status males.

When you put all of this together, it creates opportunities for women to reproduce much more than men.

The greatest danger for women is childbirth. The greatest danger for men is living as a male until one can reproduce. Keep in mind that the society you see around you today is very safe compared to 100, 1000, or 10,000 years ago. Yet, still today, men are much more likely to die in work accidents, murder, car accidents, and other causes, than are women.



Incels call dominant males who get females "Chads" and they are the focus of Incel anger,

along with the females who reject them. Many males are not going to reproduce and it is difficult to face this reality. Females used to be forced to marry males they didn't like. This shows up in literature: *Romeo and Juliet*, for example. Patriarchal cultures assured that dominant males got mates. Islam allows a man to have four wives; among dominant Mormons, Joseph Smith had perhaps 40 wives, and Brigham Young had 56. Cult leaders in general have access to many female cult followers, while limiting access of male followers to females.



Joseph Smith had up to 40 wives, one just 14 years old

As recently as 1979, Darrel's wife needed his permission to get a credit card. In the 1960s women needed their husband's permission to get birth control. Historically, women couldn't marry outside their ethnic group. Being single or not having children was not acceptable.

As a teen, Ray delivered newspapers in the neighborhood. One of his customers was a nice woman who had no children. He liked her; however, Ray's mother said the woman was "selfish", as if she was evil for not having children.

Ray is glad to be a child of the 1950s. He would not want to have to deal with the world of

today. Incels have patriarchal notions that drive away females of the current era.

They get these notions straight from the Bible. He talked of the *19 Kids and Counting* TV series about the Duggar Family on TLC.



This is tied in with home schooling and the purity movement. You can't have lustful thoughts or masturbate. Traditionally, the church forced people to marry to have sex. That tended to guarantee that males in the church could get a mate at the expense of females being forced to marry males they didn't like.

There has been a decline of such religious practices. For example, the words, 'Honor and Obey' are rare now in wedding vows.

Religion, however, is just one form of ideology. Now there are the Proud Boys, the Oath Keepers and the Christian Nationalists.



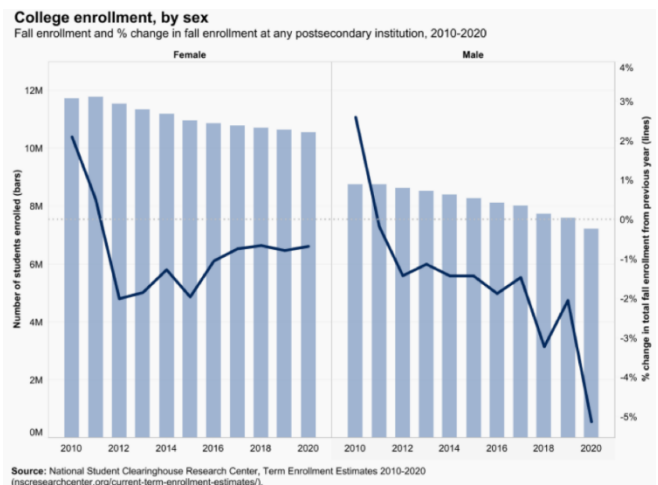
Purity Culture appears to be secular, but it follows traditional religious rules. It teaches that masturbation weakens men and reduces their attractiveness to women.

What are these young men doing with that energy? It could go in bad directions. Ideologies affect biological choices.

Catholics used to be forbidden to marry Protestants. White Supremacists and Christian Nationalists are ideologies related to Incels. It might be hard for them to find females who will accept their ideologies.

In the past, gay people would marry someone of the opposite sex to fit in culturally. Priests and nuns are forced to be celibate. What could be less natural?

Ray said it is a myth that humans are monogamous. He said we are actually a "multi mate species". Nick Adams (born Nicholas Adamopoulos; September 5, 1984) is an Australian-born American conservative political commentator and author. He is a leader in Alpha Male culture. Trump has praised him. His philosophy on household division of labor: "She cooks, I eat. She cleans. I go to Hooters."



66% of college graduates now are women. About 54% of medical students now are women. Most women want a male partner. Declining male college enrollment also impacts educated women looking for well-educated male partners. Ray also commented that well-educated women tend towards being Democrats, while less well-educated men tend toward being Republican. This political party

mismatch can also impact finding a compatible partner.

Ray was born in 1950. Most of his cohort married at age 18. He was a bit late, marrying at age 20. He was expected to marry someone of the same denomination, not just the same religion. They had to get married to have sex, although he admitted they had sex before marriage!

These changes are not superficial. There is a new power dynamic. If males want to mate, they need to learn a new song.

The Trump path leads to Incels. Boys are not thriving in our culture. Yes, women are still under represented in boardrooms, but overall they have significant independence. Black women have caught up to white women, while Black men are falling behind.

Ray's daughter completed her doctorate of pharmacology degree in 2001. 60% of her class was female. It is now 80%. What are the males doing?

Mental health surveys show a big male-female difference. Males age 25 are 4-6 times more likely to die by suicide than females that age. In 1990 59% of males had close friends. By 2021 this had dropped to 27%. In 1990 3% of males said they had no friends at all. By 2021 this has risen to 15%.

Ray sees a lack of male role models as a big problem. There are almost no male elementary school teachers. Men feel it is just too dangerous.

Personal note: I was a high school teacher in the early 1980s and I was aware then to be very careful. I made sure my classroom door was open if I was talking to a female student alone.

Ray spoke of a girl who did not even know that men *could* be doctors. She had only ever seen female doctors.

China faces a special problem due to their now defunct one child policy. Many female infants were killed, creating a shortage of Chinese female mates for Chinese males. There are now 23 million more males than females in China.

India has a similar problem, due to selectively killing female fetuses. Unattached males are more violent. This is a threat to the security of society. Japan has a name for their young, socially withdrawn young people: the hikikomori.

The divorce system is not designed to keep fathers in a child's life.

These changes are not an individual moral problem. They are rooted in social change. Many of the changes are good, e.g. more empowerment and education of women. But males need a new road map. We know the problems, but don't have a lot of solutions.

Ray offered nine suggestions to help boys:

1. Send boys to school a year later
2. Have more male teachers in elementary school
3. Have more male role models in general
4. Let boys be human. Don't send them to the Principal's office for normal rough-housing.
5. Many schools have eliminated recess time. This needs to come back.
6. Stop forcing boys into a patriarchal model.
7. Consider gender liberation. It is OK to be outside the box. This also helps trans kids.
8. Challenge religious notions.
9. If you have an adult male living for free in your home, you are enabling him. At least charge him rent.

Ray ended by noting that weapons magnify the Incel problem. Violent Incels are rare, but weapons make those rare cases very

dangerous. He noted that there are 2.5 million unique visitors to the Incel web site each month.

He then took questions and I asked the first one: Would it help if men could legally pay for sex? He said this would definitely help. He said we treat sex workers badly. Traditionally, China had a class of such workers who were valued and respected.

I also asked about his figure that 60% of males historically did not reproduce. How much of that is due to death vs. other reasons? He said he got this from Sam Harris and we don't know the cause. Just the statistics from genetic studies.

Ray noted that lower class males are always at a disadvantage. He gave the example of truck drivers in Pakistan who are considered low class. There are brothels just for them.

King Herod in the Bible had 14 wives. Jesus did not condemn him for that. Solomon had many wives. If one male has many wives, it means other males have no wives.

Judy Fontana asked if it is a zero sum game of women being more successful and men being less successful. Ray answered that it seems to be zero sum in the current world. But it does not have to be that way.

He asked how many marriages do you know of where the male is shorter? Almost never happens.

Females generally choose males who are taller, who make more money, and who are older. These are filters for mating. These filters are exerting even more influence over time.

"We have dug this hole as a society." He reiterated how dangerous it can be for a male to work as a teacher, given the risk of abuse allegations.

Bill Cook asked about women in professions putting children in child care at an early age. Ray noted that in civilized countries like Sweden parents can get up to two years of parental leave. Good child care works OK, but, in his opinion, kids still need a mother.

Judy Fontana noted that less well off women are also forced to go back to work early.

[About 25 years ago, one of our cis male co-workers in rural Pennsylvania expressed this sentiment when discussing gender equity in the workplace. It stuck with me. He said, "For over 10,000 generations, we males had it made... and I MISSED IT BY ONE GENERATION!!" -ed.]

For more information about Darrel Ray's Recovering from Religion organization:

<https://www.recoveringfromreligion.org/>

### **Movies for Humanists: *Don't Worry Darling***

*By Diane Krohn*

Note: This review contains spoilers!

This is a movie that I would not have normally considered a "Movie for Humanists," but it ties into the Saturday (September 16) talk by Dr. Darrel Ray, *Incels and the Boy Crisis*. We happened to watch *Don't Worry Darling* the evening after Dr. Ray's presentation.





The movie opens with a scene of a very 50's-style cocktail party: the women all dressed in the appropriate fashions, the men in suits and ties, everybody laughing gaily, lots of alcohol. Everyone lives in a Palm Springs-type of company town, called Victory, all the men drive to work in the shiniest of cars, and the women spend their days cleaning the house, shopping, and then cooking dinner for their husbands. The men all work for the Victory Project, a secret place and project that they can't talk about.

The main characters, Alice and Jack, seem to be a very happily married couple in this community, but Alice starts to notice some things in disarray: a carton of eggs that have nothing inside the eggshells; a friend and neighbor who shows signs of a mental disturbance; the creepy community leader, Frank; and an airplane crash that doesn't seem to faze anyone else.

Alice starts to have disturbing dreams and begins questioning more about the town and the Victory Project. After a showdown with Frank, Alice convinces Jack to leave Victory with her, but as they prepare to leave, a swarm of red-suited men come and take Alice from the car.

As Jack stammers apologies, it is obvious that he is complicit in the deceptions. Alice receives electroshock treatment, and during this time, she gets glimpses of another life: she is a surgical resident, living in a tiny apartment, and Jack is at home on the computer. He doesn't like her long hours or that she is overworked and too tired for sex.

We hear Frank's voice from Jack's computer, talking about the way the world is not as it should be.

After the electroshock treatment, Alice returns to Victory but then confronts Jack. He confesses to the truth: he voluntarily signed up for a

virtual simulation program, and all the men leave the program during the day to work at their real jobs, to make money to pay for the simulation. But the women (with one exception) did not voluntarily sign up for this, and they are captives in the simulation. Alice is so angry at Jack, for forcing this life that she did not choose, that she hits him over the head with, appropriately enough, a rocks glass, and kills him. Her neighbor, Bunny, tells Alice that killing someone in the simulation results in a death in the real world. Alice gets Jack's car to escape Victory and is chased by many red-suited men in their cars. She drives to the Victory headquarters, touches the glass windows, and then... the end.

*Don't Worry Darling* has obvious connections to *The Stepford Wives* and *The Matrix* films, and with the incel community and messages. It was especially noteworthy to see it after Dr. Ray's presentation on Incels. It's not an extremely original movie, but it is interesting and the cinematography is outstanding. This movie is available on Amazon.

### **HSSB Scholarship Winners**

*by Judy Flattery*

Congratulations to our two Secular Student Alliance scholarship winners:

#### ***Erin at UC Berkeley***

A legal studies major at the University of





California at Berkeley, Erin's educational aspirations center around attending law school with a specific focus on becoming a public defender. Her strong sense of duty drives her passion for advocating for those without a voice in the criminal justice system. She firmly believes in recognizing the inherent humanity of all individuals, irrespective of their circumstances or accusations, and she opposes the prison industrial complex, advocating for quality legal representation for everyone, regardless of their economic status.

Growing up, Erin always identified as secular, embracing reason and evidence-based thinking in contrast to religious beliefs that surrounded her. Despite societal pressures, she learned to value her secularism as a strength, guiding her towards free thinking, intellectual curiosity, and personal responsibility. Erin's secularism has shaped her moral values, emphasizing reason, compassion, and empathy while respecting others' beliefs and advocating for the separation of religion and state.

Erin's personal experiences with incarceration have deeply influenced her perspective. She views higher education as a powerful tool to break the cycle of incarceration and transform lives. By pursuing higher education, formerly incarcerated individuals can not only change their own destinies but also become advocates for systemic change, dismantling barriers that perpetuate recidivism.

Erin is actively involved in campus organizations supporting reentry students and those affected by the criminal justice system, serving as a Retention Chair and Wellness Coordinator for the Underground Scholars at UC Berkeley. She believes education can counteract the prison industrial complex and aims to draft bills, publish articles, and advocate for organizations that benefit formerly incarcerated individuals.

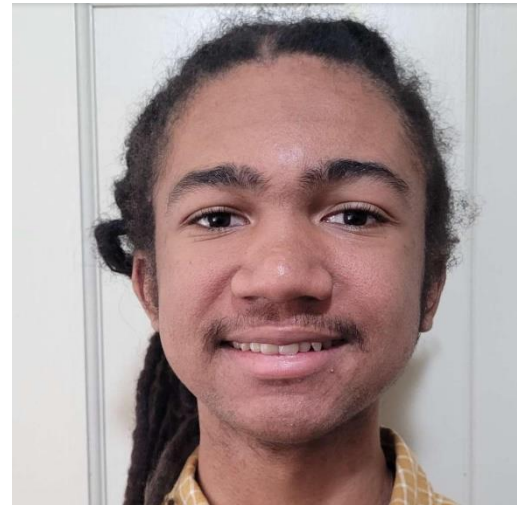
Furthermore, Erin intends to establish a Secular Student Alliance chapter at UC Berkeley to provide support and a sense of community for

secular students on campus, promoting diversity of thought and evidence-based decision-making.

### ***Mahesh at Cal Poly San Luis Obispo***

Mahesh is an academically focused student pursuing electrical engineering at California Polytechnic San Luis Obispo. He values engineering for its demand for rational thought and critical thinking skills to solve complex problems. Beyond his academic pursuits, Mahesh is a staunch activist, particularly concerned about injustices faced by minority communities worldwide.

Growing up as a black child, Mahesh's parents instilled in him a deep understanding of the systemic injustices faced by minorities. This



awareness fueled his commitment to activism from a young age. He believes that it's crucial to confront and expose injustice to better humanity, making it a shared responsibility.

Mahesh's atheism stems from his experiences with his mother's religious beliefs. Their family practiced a denomination of Hinduism that caused his mother tremendous anxiety, as she believed every positive or negative event in her life was determined by divine karma. This led Mahesh to embrace rationalism and evidence-based thinking, recognizing that these principles underlie the progress of human society. He has consistently been an advocate

for peaceful protest and civil disobedience as potent tools for driving social change.

Mahesh's secularism is deeply intertwined with his African American heritage. He sees religion as a tool historically used to subjugate marginalized communities, from justifying slavery to opposing civil rights and gender equality. He recognizes the pivotal role of religion in these issues and is committed to challenging its influence on societal structures.

HSSB contributed \$250 each to two \$1000 scholarships awarded through the Secular Student Alliance scholarship program. Two other groups co-sponsored these scholarships with us: Atheists United and the Inland Empire Atheists, Agnostics, and Humanists. Four HSSB Board members reviewed the student applications and provided input to the selection process.

Congratulations to Erin and to Mahesh!

### Upcoming Events of Interest to Humanists

*Submitted by Diane Krohn & Evan Clark*

- October 4: Stephen Greenblatt: *Critical Minds: How Religious Intolerance Began*. Zoom event hosted by American Humanist Association and the Concord Area Humanists. [Critical Minds: How Religious Intolerance Began](#)
- October 5: Mustafa Suleyman: *The Coming Wave: Technology, Power, and the Twenty-First Century's Greatest Dilemma*. UCSB Arts & Lectures event. [Mustafa Suleyman](#)
- October 13-14: Freedom From Religion Foundation 46th Annual Convention, Madison, WI. [FFRF 46th Annual Convention](#)

- October 17: Jeff Goodell. Author of *The Heat Will Kill You First: Life and Death on a Scorched Planet*. UCSB Arts & Lectures event. [Jeff Goodell](#)
- October 19: *Town Hall: Reining in a Rogue Supreme Court*. Zoom event sponsored by the American Humanist Association. [Reining in a Rogue Supreme Court](#)
- October 22: Daniel Phelps: *Kentucky's Creation Museum and Ark Encounter: Anti-Science with Government Assistance*. CFI West, Los Angeles. [Kentucky's Creation Museum](#)
- October 24: Jill Lepore: *Amend: Rewriting the Constitution*. A discussion of the Supreme Court and the looming crisis of the U.S. Constitution's un-amendability. UCSB Arts & Lectures event. [Jill Lepore](#)
- October 26-29: *Center for Skeptical Inquiry Convention*, (CSIcon) Las Vegas, NV. [CSI Conference 2023](#)
- November 2: 2023 *International Secular Day of the Dead*. A Zoom event sponsored by the Freethought Society. [2023 International Secular Day of the Dead](#)



- November 2-5: Atheist United *Camping, Hiking, and Stargazing Adventure at Zion National Park*. [AU Zion Weekend](#).



- November 2: Anya Overmann: *Speaking of Humanism: How Can Humanists Travel Ethically?* Zoom event sponsored by the American Humanists Association. [How Can Humanists Travel Ethically?](#)
- November 12: *Community Roundtable: Being Global Citizens*. Zoom event sponsored by the American Humanist Association. [Community Roundtable: Being Global Citizens](#)
- November 14: Robin Wall Kimmerer: *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants*. UCSB Arts & Lectures event. [Robin Wall Kimmerer](#)
- November 16: Adam Grant: *Hidden Potential: The Science of Achieving Greater Things*. UCSB Arts & Lectures event. [Adam Grant](#)



## HSSB Contact Information

### Officers:

*President:* Judy Flattery,

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### Board Members at Large:

Wayne Beckman, Robert Bernstein, Judith Fontana, Gary Noreen, Mary Wilk

### Newsletter Editor & Submission Deadline

Judy Flattery, [sbhumanisteditor@gmail.com](mailto:sbhumanisteditor@gmail.com)

Deadline for submissions to the Secular Circular is midnight, the last day of each month. Our web site, [www.SBHumanists.org](http://www.SBHumanists.org), archives current and past issues of the *Secular Circular*. Non-members may subscribe to hardcopy of this newsletter for an annual fee of \$20. E-mail copies provided to members and interested non-members at no charge.

**To Join or Donate to HSSB:** Annual Membership dues are \$36 for an individual, \$60 for a couple, \$100 for a Society Supporter, and \$300 (or more) for a Society Patron. Dues payments and other donations can be made via PayPal ([Paypal.me/SBHumanists](https://Paypal.me/SBHumanists)) or check. Include your name and contact information when submitting payments. Make checks out to *Humanist Society of Santa Barbara* and mail to Mary Wilk, P.O. Box 30232, Santa Barbara, CA 93130. [mwilk@cox.net](mailto:mwilk@cox.net). Dues, donations, and payments can also be remitted via this PayPal QR code. Once at the site, select 'Send' then log into your PayPal account to complete the transaction.:



Watch our speaker videos on [YouTube](#). Subscribe to our [Meetup](#) page to be notified of upcoming events.



Humanist Society of Santa Barbara  
P.O. Box 30232  
Santa Barbara, CA 93130

## HSSB Calendar

**Tuesday October 17, 5:00 p.m. HSSB Board Meeting.** Join as early as 4:45pm for socializing. Zoom link: <https://us02web.zoom.us/j/83592300667>. Members always welcome to attend.

**Saturday October 21, 3:00 p.m. Kalli Joslin.** Americans United for Separation of Church and State. *Fighting For Church-State Separation n Federal and State Courts.* <https://us02web.zoom.us/j/88193881833>.

**Tuesday November 14. 5:00 pm. HSSB Board Meeting.** Join as early as 4:45pm for socializing. Zoom link: <https://us02web.zoom.us/j/83592300667>. Members always welcome to attend.

**Saturday November 18. 3:00 pm. Prof. Gregory A. Daddis, SDSU.** *Is This Tomorrow? Cold War Comics and American Identity.* <https://us02web.zoom.us/j/88193881833>.

**Tuesday December 12. 5:00 pm. HSSB Board Meeting.** Join as early as 4:45pm for socializing. Zoom link: <https://us02web.zoom.us/j/83592300667>. Members always welcome to attend.

**Friday December 15. pm. HSSB Winter Solstice Catered Dinner/BYOB.** Clubhouse Upstairs, Encina Royale, 250 Moreton Bay Ln, Goleta. **RSVP** to Judy Fontana 805 280-9175 [judithannfontana@yahoo.com](mailto:judithannfontana@yahoo.com)