

# Food & Wine: Southern Italy & Sicily with Naples extension

- **Duration:** 13 or 15 days **Group size:** 14-28

## Day-by-day itinerary



### Overnight Flight 1 night

#### Day 1: Travel day

Board your overnight flight to Catania today

### Catania 3 nights

#### Day 2: Arrival in Catania Included meal: Dinner

Welcome to Sicily! Meet your fellow travelers at tonight's welcome dinner.

#### Day 3: Sightseeing tour of Noto & the Avola wine region Included meals: Breakfast, Dinner

Enjoy a full-day excursion to the Baroque city of Noto and the Avola wine region.

- Stroll along Corso Vittorio Emanuele, visiting Noto Cathedral and sampling Sicilian pastries along the way
- Head to the Avola wine region for a light snack and Nero d'Avola wine tasting
- Transfer to Azienda Casabianca, home to an Italian contessa, for an included countryside dinner at a Sicilian villa

#### Day 4: Sightseeing Tour of Catania Included meal: Breakfast

Meet your local guide and set out to discover Catania, which sits at the base of Mount Etna.

- Discover Catania's historic city center

- Explore the world-famous fish market held near the Baroque Catania Cathedral
- Tour the Museo Storico dello Sbarco, a WWII museum focused on the allied invasion of Sicily

Enjoy a free afternoon in Catania or add an excursion



### Mount Etna Wine Region Tasting & Dinner

Excursion (additional cost)

[View details +](#)

## Tropea Region 2 nights

### Day 5: Tropea Region via Messina & Calabria Included meals: Breakfast, Dinner

Travel to Messina this morning. Then, take a ferry across the Strait of Messina to Calabria. Here, you'll view the iconic Riace Bronzes inside the National Museum of Magna Graecia before continuing on to the Tropea Region and sitting down for an included dinner.

### Day 6: Sightseeing tour of Tropea & Pizzo Included meals: Breakfast, Dinner

Get to know the region on a sightseeing tour led by your Tour Director.

- View the spectacular Santa Maria dell'Isola monastery perched high above the sea in Tropea
  - Stop for a tasting of local pecorino sheep's cheese, salami and *cipolla rossa*, the sweet red onions for which Tropea is famous
  - Continue on to the coastal town of Pizzo to sample handmade gelato
- Sit down for an included dinner this evening.

## Matera 2 nights

### Day 7: Transfer to Matera Included meal: Breakfast

This morning, pass through the Calabrian countryside to Matera.

### Day 8: Sightseeing tour of Matera Included meal: Breakfast

Explore Matera, known as "the Subterranean City," with a local guide. *(Depending on the season, this may take place on the afternoon of day 7.)*

- View the incredible Sassi di Matera cave dwellings
- Tour Palazzo del Sedile, Ruins of the Castle, Casa Grotta di Vico Solitario and Chiese Rupestri
- Taste regional cheese, bread, and *pepperoni cruschi*

Enjoy a free evening in Matera or add an excursion.



## Puglia Wine Tasting & Dinner

Excursion (additional cost)

[View details +](#)

## Benevento Region 2 nights

**Day 9: Transfer to Benevento Region & sightseeing tour** Included meals: Breakfast, Dinner

Transfer to the Benevento region this morning and take a guided sightseeing tour of the area.

- View the Arch of Trajan and Benevento Cathedral
- Enter the UNESCO-recognized Church of Santa Sofia

Later this evening, learn to craft traditional Campanian recipes in a cooking class followed by dinner at a Michelin-starred restaurant. *Please note: The order of today's activities is subject to change.*

**Day 10: San Marco dei Cavoti, Sannio wine tasting & Samnium villages** Included meals: Breakfast, Lunch

Today, discover more of the Benevento region's flavors on a tour with a local guide.

- Visit the town of San Marco dei Cavoti to learn about making artisanal chocolates including Croccantino, then enjoy a tasting
- Head to Sannio and explore a vineyard on foot
- Sample Janare wines with an included lunch
- Stroll the medieval streets of Guardia Sanframondi

*Please note: The order of today's activities is subject to change.*

## Salerno 2 nights

**Day 11: Salerno via Taurasi wine region** Included meal: Breakfast

Visit the Taurasi wine region, where you'll visit a local vineyard to learn about wine production and taste local varietals. Then continue on to Salerno, a lively port town steeped in cultural tradition.

**Day 12: Mozzarella farm & Paestum** Included meals: Breakfast, Lunch, Dinner

Today, explore the Cilento region, home to the Mediterranean diet, stopping to visit a mozzarella farm and archaeological museum.

- Tour a local organic dairy farm and savor farm-fresh mozzarella during a light lunch and tasting
- Travel to nearby Paestum for a guided tour of the Greek and Roman ruins

- Visit the Archaeological Museum of Paestum to see the famous frescos of the Tomb of the Diver  
Say goodbye to your fellow travelers at a farewell dinner this evening

## Flight Home

**Day 13: Departure** Included meal: Breakfast (excluding early morning departures)

Transfer to the Naples airport for your flight home or extend your stay to visit Naples.

## Extension to Naples

Explore the stately palaces and churches of the Campanian capital and get an authentic taste of Neapolitan street food.

### Naples 2 nights

**Day 13: Sightseeing tour of Naples** Included meal: Breakfast

After a short ride to Naples, set off on an afternoon tasting tour in the city with a local guide.

- Walk through Piazza del Gesù to view the Church of Gesù Nuovo
- Enter the Basilica of Santa Chiara to see the unique and ornate cloister
- Taste Neapolitan *arancini* and fried eggplant along the Decumano
- Sample *sfogliatella*, a flaky pastry, near the Church of San Domenico Maggiore
- Enter Cappella Sansevero, the Baroque chapel full of notable Italian artwork

**Day 14: Free day in Naples** Included meal: Breakfast

Spend a full free day in Naples or add excursions.

This evening, enjoy a farewell drink as you celebrate your trip with your fellow group members.



**The Lost City of Herculaneum**  
Excursion (additional cost)



Excursion (additional cost) **A Naples Tradition: Neapolitan Pizza**

## Flight Home

**Day 15: Departure** Included meal: Breakfast (excluding early morning departures)

Transfer to the airport for your flight home.