

**ELIOT INSTITUTE
FIRST AID SUPPLIES
(Revised March 2017)**

AED IN SEABECK OFFICE (INN)

FIRST AID CART INVENTORY

Top of Cart:

list of current camp's first aid volunteers
note to get ice from Seabeck during office
hours, instead of using instant cold packs
1-bottle hand sanitizer
1-tube antibiotic ointment
assorted band aids
insect sting relief pads or ointment
alcohol pads
antiseptic pads
cart lock bar (in built-in slot) with keys
attached

Drawer 1:

1 – first aid manual
1 – pen/pencil
1 – note pad
first aid cart inventory list
job descriptions (First Aid Coordinator; First
Aid Volunteers)
Washington State concussion and head injury
guidelines
copies of camp First Aid Volunteer Schedule
Copies Eliot Accident Report Forms

Drawer 2: Small Wound Care/Itch Relief

2 – boxes of assorted band aids
2 – boxes of large band aids
1 – box of finger/knuckle band aids
1 – box butterfly wound closures
1 – box occlusive dressings
1 – bottle Caladryl Calamine lotion
1 – bottle Solarcaine
1 – tube hydrocortisone cream
insect/sting relief pads or ointment
small zip lock bag of cotton balls
small zip lock bag of alcohol pads
20 – cotton tip applicators
1 – box 2 x 2 inch gauze pads
1 – box 2 x 2 inch non-stick gauze pads
1 – box with tweezers, scissors, needles,
safety pins
1 – bottle saline wound wash or antiseptic
wash

Drawer 3 Medications/Thermometer

12 – tabs acetaminophen (500 mg)
12 – tabs ibuprophen (200 mg)
12 – tabs Aspirin (325 mg), for chest pain
12 – tabs diphenhydramine “Benadryl”
(25 mg)
1 – bottle acetaminophen Children’s Liquid
1 – bottle ibuprophen Children’s Liquid
1 – bottle diphenhydramine “Benadryl”
Children’s Liquid
3 – tubes instant glucose gel
3 - rolls Tums
1 – digital thermometer, with covers and
alcohol pads
Grab and Go First Aid Box

Drawer 4: Burns/Sprains/Fractures

4 – instant cold packs
2 – arm slings (one adult, one child)
1 – 3 inch ACE type elastic bandage wraps
1 – 4 inch ACE type elastic bandage wraps
2 – 2 inch self-adhesive compression bandage
wrap
assorted finger splints
1 – box burn dressings
1 – small box Epsom salt

**Drawer 5: Stethoscope/BP cuff/Eye
Care/CPR Barrier Face Shields/Large
Wound Care**

assorted kinds and sizes of tape
bandage scissors
1 – eye wash bottles (4 oz)
1 – box eye pads
1 – sphygmomanometer (BP cuff)
2 – stethoscopes
1 – box non-latex gloves (large or one-size)
2 – CPR barrier face shields
1 – box 4 x 4 inch non-stick pads
1 – box 4 x 4 inch gauze dressing pads
5 – trauma (or abdominal) pads
2 - 3 inch gauze dressing rolls
1 - bottle alcohol

SMALL FIRST AID KITS (8)

Colman, Maples, Firs, A-Frame, Chapel,
Pines (kitchen), Pines (Meeting room)
Spruce

1 - First aid manual
2- non-latex gloves
1 - small bottle hand sanitizer
1- instant cold pack
1 - pair tweezers
alcohol pads
antiseptic pads
insect sting relief pads
cotton-tip applicators
assorted band aids (small/medium/large)
butterfly wound closures
1 - large knee type band aid
1 - small tube antibiotic ointment
2 - 2 x 2 gauze dressing pads
2 - 2 x 2 non-stick gauze dressing pads
2 - 4 x 4 gauze dressing pads
1 - trauma/abdominal pads
1 - eye pad
1 - roll one inch paper tape
1 - 2 inch gauze roll
1 - tongue depressor

Additional to Pines Kitchen kit:
2 burn dressings

WATERFRONT FIRST AID KIT

1 - first aid manual
2 - non-latex gloves
1 - small bottle hand sanitizer
2 - instant cold pack
1 - CPR barrier face shield
1 - pair tweezers
alcohol pads
antiseptic pads
insect sting relief pads
cotton-tip applicators
assorted band aids (small/medium/large)
butterfly wound closures
1 - small tube antibiotic ointment
4 - 2 x 2 gauze dressing pads
4 - 2 x 2 non-stick gauze dressing pads
4 - 4 x 4 gauze dressing pads
2 - trauma/abdominal pads
1 - roll one inch tape
1 - arm sling
1 - 3 inch compression wrap
1 - 4 inch compression wrap

EVALUATION AND RESTOCKING OF FIRST AID SUPPLIES (Revised March 2017)

Summary: In order to be able to provide basic first aid for minor injuries and illnesses that occur during Eliot, a procedure for evaluation of stock levels of essential first aid supplies at the beginning and the end of the camp will allow missing supplies to be ordered and restocked for use by the next group of campers.

Itemized lists of expected supplies for both the First Aid Cart and the small first aid kits are kept in the First Aid Cart and are also available on the Eliot website at...
www.eliotinstitute.org — > Volunteers — > Camp Jobs

PROCEDURE FOR EVALUATING FIRST AID SUPPLIES

_____ Assess stock levels of first aid supplies within 24 hours after the beginning of Eliot and at the end of the camp. Remove expired medications. Consider the following time line for reviewing and restocking the First Aid Cart and small kits (days will be different for Creative Arts and Winter camps):

- During Camp, if there is an immediate need for restocking, the First Aid Coordinator or designee will pick up necessary supplies and/or medications at a store or pharmacy in Silverdale, WA, fill out a reimbursement form and submit to the Registrar.
- Friday afternoon: Small first aid kits in Children/Youth programs.
- Saturday morning:
 - o Waterfront and Boat Dock first aid kits.
 - o Pines and Pines Kitchen. (This allows you to wait until the last large event is over.)

_____ Using the inventory lists for the First Aid Cart and small first aid kits as an aid, make a list of missing supplies or low stock levels in:

- the First Aid Cart
- the small kits
- the bin of first aid supplies in the Storage Closet

_____ Give this list to the Registrar who will purchase the supplies and/or medications needed before the next camp.