



Newsletter

Contact us



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Resolve to Become More Hormone and Neurotransmitter Savvy This Year with Labrix Workshops

The New Year is a natural time to dive into a new pursuit or hobby, or to take a current interest to a deeper level. For example, a conversation with a Labrix staff physician to review a patient's results may be a jumping off point to deepen one's understanding of hormone and neurotransmitter balancing. Likewise, the wealth of information from webinars, hormone modules, archived newsletters and handouts on the Labrix website may plant the seeds of curiosity for further discovery.

The Labrix Advanced Workshop is being offered this year in Las Vegas on January 25-26, 2014 and is the natural stepping stone for a provider who has taken Labrix's Core Training and wants to have a broader base from which to understand male and female hormone balancing, or for a provider who has a basic working knowledge of hormone physiology and supplementation and wants to be able to better dissect the layers of neuroendocrine dysregulation. This training is designed for the hormone-savvy provider who is looking to elevate his or her practice through deeper understanding and clinical insight. Topics will be heavily case-based.

This advanced training weekend offers an intimate and in-depth intensive on hormone balancing, the complex relationship between sex hormones, adrenal hormones and neurotransmitters, and the complicated symptom pictures that can result from these imbalances. Also included will be clinical pearls and pitfalls, gleaned from the decades of combined clinical experience of Labrix co-founders Jay Mead, MD and Erin Lommen, ND.

Topics include:

- PMS, peri-menopause and menopause
- Anxiety and mood disorders
- Insulin resistance, metabolic syndrome and PCOS
- Fatigue, chronic fatigue syndrome and fibromyalgia
- Andropause and erectile dysfunction

- Loss of libido and difficulty achieving orgasm
- Inflammation and pain

Presenters, in addition to Doctors Mead and Lommen, include Aimee Duffy, MD as well as Labrix staff physicians Robyn Kutka, ND and Lysten Ferris, ND. A competency exam is available after completion of the weekend for participants who would like to challenge their knowledge and further support their confidence level in hormone and neurotransmitter balancing. Leave the conference prepared to apply new techniques in your practice Monday morning!

Core Training in Atlanta, March 1, 2014 and Chicago, April 5, 2014

If you haven't yet attended our Core Training, you're missing out! Core covers the basics of hormone and neurotransmitter balancing and is a great overview for a new provider, or review for a provider who's just implementing or reintroducing hormone testing and replacement in their practice.

Topics include:

- Hormone testing and laboratory science
- Neurotransmitter primer
- Evaluation and treatment of adrenal dysfunction
- Belly fat and elevated androgens
- Selecting and prescribing BHRT

Our providers often report that the best way to implement their hormone education is with testing on themselves or close friends and family. Following successful completion of Core Training, participants will receive a \$100 credit toward their testing account.

For more detailed schedules and to register click here www.labrix.com or call Labrix at 877.656.9596 to reserve your seat. We hope to see you in Las Vegas, Atlanta, or Chicago!.

Upcoming events

Labrix Advanced Workshop
January 25-26, 2014
[Register Here](#)

Register Today

[March 1, 2014 in Atlanta, GA](#)
[April 5, 2014 in Chicago, IL](#)