# SEL and Restorative Practices: School-Wide Integration and Practice

National Title 1 Association February 11, 2018

# **Session Agenda**

Introductions and Check In

Integrating SEL and Restorative Practices

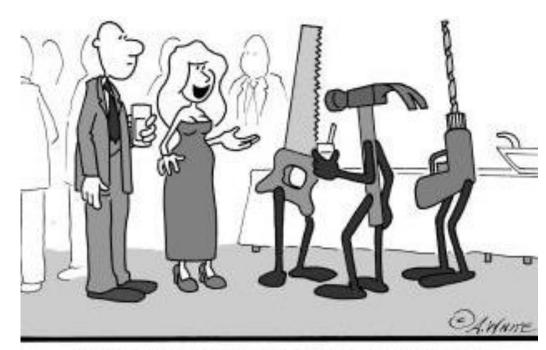
Why the School District of Philadelphia and CW Henry School?

**Integration Activities** 

What Have We Learned?

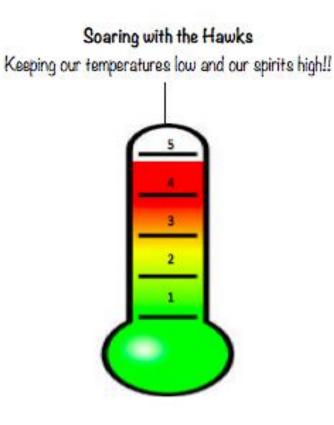
Q & A / Practical Tools

# Introductions



"I'd like you to meet the saw, the hammer and, well, you know the drill."





What's Your Temperature?

# **Integrating SEL and Restorative Practices**

- Restorative Practices and the *Second Step* program are widely used, complementary strategies that work well together to help build a safe and supportive climate, school-wide.
- Many schools across the country implement both Restorative Practices (RP) and the *Second Step* program.
- Schools want help integrating these approaches.
- We will learn together, consult, observe, listen to inform and develop integration tools for use across the country.

# **Partnering to Share**

- 1. Partnership of three organizations
- 2. Support positive school climate at CW Henry School
- 3. Create tools for national use

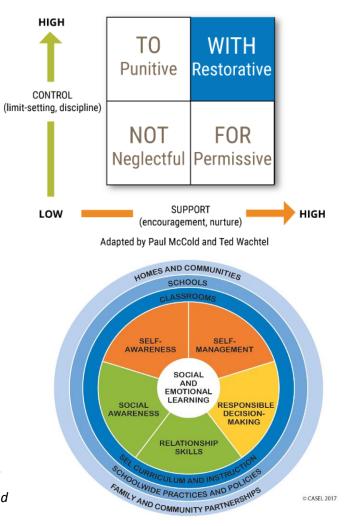
# Why Alignment?

#### Students who are highly connected to school are:

- Much more likely to succeed academically
- Much less likely to engage in risky sexual behavior
- Much less likely to experience stress and attempt or complete suicide
- Much less likely to abuse substances
- Much less likely to engage in violent or deviant behavior
- Much more likely to experience healthy relationships

Improving the Odds: Healthy Child Development, 2010

Ontario College of Family Physicians in partnership with McMaster University Department of Family Medicine, Registered Nurses Association of Ontario, Public Health Units of Toronto and Niagara and the Government of Ontario.



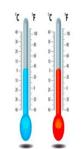
# **School Climate and Culture**

"School Climate - is - 'much like the air we breathe' - it tends to go unnoticed until something is seriously wrong."



Jerome Freiberg, 1988 Cooperative Management and Cooperative Discipline

# **Working Definition:**



# School <u>climate</u> refers to the quality and character of school life.

National School Climate Center



# **Characteristics**

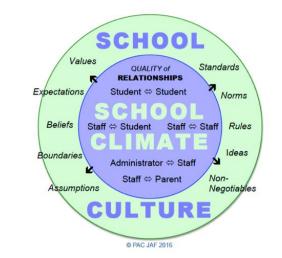
model engaged

families socially learning people schoo nurture developeducators support values emotional vision feeling respected safe shared together work nstudents Norms

# **Working Definition:**

School <u>culture</u> refers to the norms, values and beliefs, rituals and ceremonies, symbols and stories that make up the

#### 'persona' of the school."



# **Implementation Fidelity Framework**



"Letting it happen"

FOCUS ON Intention

"Helping it happen"

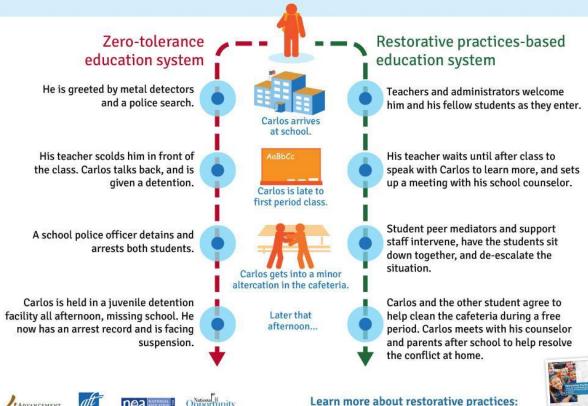


"Making it happen"



#### A Tale of Two Schools

Carlos had a heated argument with his parents before leaving for school, so he's running late. Let's see the difference that restorative policies and practices can make.



portunity

earn

Advancement



www.otlcampaign.org/restorative-practices

# PHILADELPHIA

The School District of Philadelphia (SDP) has an enrollment of 128,102 children in grades K through 12. There is a total of 215 SDP schools.

The student population demographics are: Black/African American 49%; Hispanic/Latino 20%; White 15%; Asian8%; Multi-racial/other7%;

In addition, 14% of the student population are students with disabilities, and 11% are English language learners.

# PHILADELPHIA

Action Plan 3.0

All actions directly support the attainment of one or more of the District's four Anchor Goals:

- 1. 100% of students will graduate, ready for college and career.
- 2. 100% of 8 year olds will read on grade level
- 3. 100% of schools will have great principals and teachers
- 4. SDP will have 100% of the funding we need for great schools, and zero deficit.



## Charles W. Henry: Implementation of Second Step and Restorative Practices





# Improving Upon What We Already Had...

Henry School Had the Following in Place...

School-Wide Rules

Positive Behavior Supports

Caught Being Good

**Classroom Rules** 

Why We Wanted to Implement Second Step/ Restorative Practices...

Improve Student Achievement

**Reduce Suspensions** 

Create an environment where kindness and prosocial behavior became our norm

Formalize the way that we support a positive school culture



# Charles W. Henry School is a "Diverse Community of Learners"

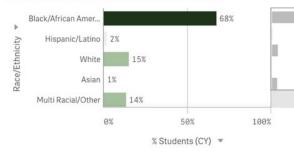
#### STUDENT DEMOGRAPHICS

Econ. Disadvantage District (CEP Rate): 100%

72%-6% .

2017-18 school year

Students by Race/Ethnicity, Gender, and Age



ELL District: 11%

0.0%<sup>0.0%</sup>YOY Change

2017-18 school year

Primary Home Language For ELL students only

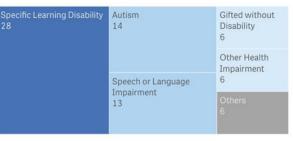
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Special Ed. District: 14%

11.9%-1.7% ·

2017-18 school year

Primary Disability For students with disabilities only



2017-18 school year

2017-18 school year

2017-18 school year

## Integration of Second Step and Restorative Practices:

### **Activities**

## The Process: Engaging the School Community

## Building Relationships at 3 Levels



## **Administration and Staff Relationships**

Meeting staff: informal observation

• Planning/Meeting with Leadership Team



- Spring Staff Intro
- 2 Day Blended Staff Training In August: RP and Second Step

## Second Step Program Skills and Topics



### EL-Grade 8

#### Early Learning – Grade 5

- Skills for Learning
- Empathy
- Emotion Management
- Problem Solving

#### Add-on Units:

- Bullying Prevention (K-5)
- Child Protection (EL-5)

#### Middle School (6-8):

- Mindsets & Behaviors
- Thoughts, Emotions & Decisions
- Values & Friendships
- Serious Peer Conflicts

## **Staff to Staff Relationships**



- Grade group meetings
- Coaching/ Modeling
- Implementation Survey
- Implementation Pacing Guide
- Formal/Informal Community Building and Team Building Circles with Staff

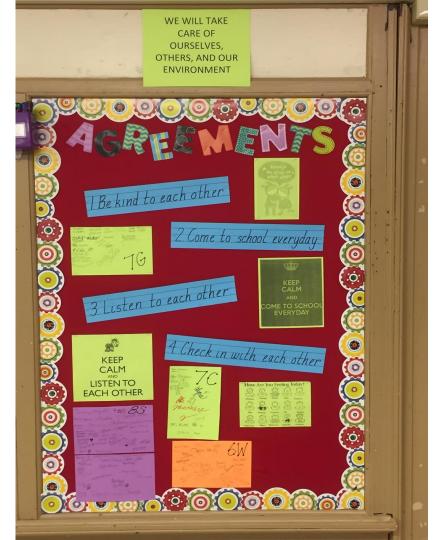
# **Staff and Student Relationships**

- Classroom Agreements
- Check-ins



- Second Step Lessons and Reinforcement
- Use of Circles
- Use of Restorative Dialogue Empowering Student Voice

# Classroom Agreements



# **Second Step Lessons**



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# Middle School Whole Class Temperature Check





## **Grade 1 Temperature Check**



# School Leader: Supporting Fidelity and Sustainability

• Provide Time

Teaching Time: Second Step on Master Schedule Prep Time

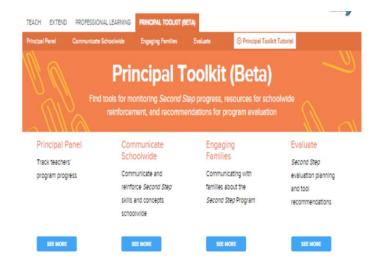
- Implementation Support: 1 x month Grade Groups; Class Consultation
- Model / Embody Restorative Practices
- Consistent language throughout school (posters, announcements, etc)
- Talk It Over Tool for everyone (Second Step tool uses RP language)

### **Second Step Principal Toolkits**

Simple Tools for School-wide *Second Step* Integration! Easily Set School-Wide Norms with:



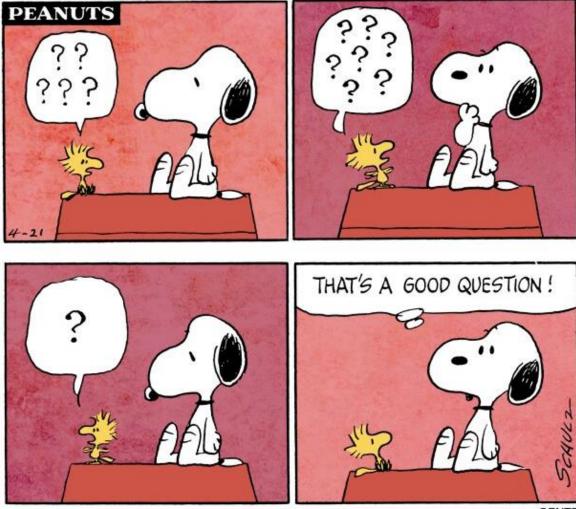
- Staff
- Students
- Families



# What Have We Learned?

- Evolution of staff learning
- Communicate with families about efforts
- Ongoing staff engagement
- Whole school strategies
- Personal leadership insights
- What staff need to implement <u>well</u>

# Q&A



# **Contact Information**

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