

Which Core Instruction Phase is more likely to develop Old or New Economy Skills, Growth Mindset, and SEL?

Old Economy Skills	New Economy Skills
Directed work	Works toward goals with little direction
Work in isolation	Self-directed teamwork
Restate facts	Analytic skills
Order and conformity	Interpersonal communication skills
Accuracy	Complex problem solving
Repetitive tasks	Persistence in the face of difficulty and failure
Efficiency	Innovating and creating

**From Who Moved My Standards? by Michael D. Toth*

Fixed Mindset Intelligence is static <i>Leads to a desire to learn and therefore a tendency to...</i>	Growth Mindset Intelligence can be developed <i>Leads to a desire to learn and therefore a tendency to...</i>
Avoid challenges	Embrace challenges
Give up easily due to obstacles	Persist despite obstacles
See effort as fruitless	See effort as path to mastery
Ignore useful feedback	Learn from criticism
Be threatened by others' success	Be inspired by others' success

**From Carol S. Dweck's mindset theory*

SEL (Social-Emotional Learning) Competencies

Self-Awareness: The ability to accurately recognize your emotions and thoughts and know how they influence behavior.

Self-Management: The ability to regulate your emotions, thoughts, and behaviors effectively in different situations.

Social Awareness: The ability to adopt the perspective of other people and to empathize with other people from diverse backgrounds and cultures.

Relationship Skills: These skills enable a person to establish and maintain healthy and rewarding relationships with diverse individuals and groups.

Responsible Decision-Making: A person who makes responsible decisions has the ability to make constructive and respectful choices about personal behavior and social interactions.

**From the Collaborative for Academic, Social, and Emotional Learning (CASEL) Core Competencies*