

## *End-of-Year Reflection Exercise*

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### **WHAT WORKS WELL**

In the past 12 months, which scrapbooking activities felt easy to start, maintain, or complete?

*What commonalities can you identify?*

### **WHAT COULD WORK BETTER**

Which activities did you procrastinate on, feel challenged by, or have difficulty finishing?

*What commonalities can you identify?*