

The New Rules of Scrapbooking

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A discussion guide for the Simple Scrapper Book Club.

QUOTE // “You take photographs because moments matter—and scrapbook them, so you don’t forget why.”

QUESTION // Q1. Why did you start scrapbooking and why do you still do it today?

QUOTE // “By rewriting the rules we’ll no longer see scrapbooking as this complicated thing we must find time and space for, but instead as a simple mechanism for celebrating what we hold most dear.”

QUESTION // Q2. What are your biggest obstacles to scrapbooking more?

QUOTE // “When you create generous space, you feel present, intentional, and ready to act.”

QUOTE // “Creating space is the act of parting the clouds in your life so creativity and focus can shine brightly.”

QUESTION // Q3. What’s one step you need to take to create more space in your life?

QUOTE // “We must use storytelling to add a deeper level of satisfaction when we can’t possibly capture it all.”

QUESTION // Q4. How have you used story to simplify or get more out of your hobby?

QUOTE // “You already have the words to tell more of your story.”

QUESTION // Q5. What’s your favorite trick to make journaling easier?

QUOTE // “In an “everything counts” world, you can’t do it wrong. With so many options, you have the freedom to select the best one for the job. Scrapbooking becomes full of possibilities to celebrate your stories, to do more with your photos than let them sit on your camera, your hard-drive and in shoeboxes. You have the freedom to design a perfect-fit hobby that fills you up and fits your life.”

QUESTION // Q6. What's your favorite format or approach to scrapbooking, and how have you personalized it?

QUOTE // "When you consider what you want to change, you need to look beyond the easy solutions and six-point blog posts. Instead of looking for solutions to add to your scrapbooking practice, start looking for what you can take away."

QUESTION // Q7. Is there something you know you need to let go of or stop doing to clear the path forward?

QUOTE // "We must look at our albums as treasure chests ready for each gift we can add, and stop looking on them as unfulfilled obligations."

QUESTION // Q8. What's the next gift you want to add to one of your treasure chests?

QUOTE // "It's when you start writing your own rules that memory keeping can truly be simple."

QUESTION // Q9. What's one rule that the book helped you define for yourself?

QUOTE // "A sense of curiosity can help you feel more aligned with the rhythm of a creative life."

QUESTION // Q10. What are you curious to try or explore in the coming months?