

# The Life-Changing Magic of Tidying Up

## Marie Kondo

A discussion guide for the Simple Scrapper Book Club.

QUOTE // p. 2 - "A dramatic reorganization of the home causes corresponding dramatic changes in lifestyle and perspective."

QUESTION // Q1. How have organizing efforts impacted your life thus far?

QUOTE // p. 17 - "If you use the right method and concentrate your efforts on eliminating clutter thoroughly and completely within a short span of time, you'll see instant results that will empower you to keep your space in order ever after."

QUESTION // Q2. What's your overall impression of Kondo's tone in the book and approach to organization?

QUOTE // p. 23 - "Putting things away creates the illusion that the clutter problem has been solved."

QUESTION // Q3. Has "putting things away" gotten you into trouble with your scrapbook supply organization?

QUOTE // p. 25 - "Tidying up by location is a fatal mistake."

QUESTION // Q4. Do you have the same type of item in more than one location?

QUOTE // p. 35 - "Do not even think of putting your things away until you have finished the process of discarding."

QUESTION // Q5. How can we best apply this wisdom to scrapbooking?

QUOTE // p. 41 - "The best way to choose what to keep and what to throw away is to take each item in one's hand and ask: Does this spark joy?"

QUESTION // Q6. What types of items spark joy for you? Are there any off-hand that don't?

QUOTE // p. 45 - "People have trouble discarding things that they could still use (functional value), that contain helpful information (informational value), and that have sentimental ties (emotional value)."

QUESTION // Q7. What type of item is hardest for you to discard?

QUOTE // p. 114 - "No matter how wonderful things used to be, we cannot live in the past. The joy and excitement we feel here and now are more important."

QUESTION // Q8. What small step can you take this week to apply this to your memory keeping or your life?

QUOTE // p. 119 - "There is only one way to sort photos...to remove all your photos from their albums and look at them one by one."

QUESTION // Q9. Is this a practical recommendation? What can we adapt from Kondo's approach to simplify photo management.

QUOTE // p. 124 - "As you reduce your belongings through the process of tidying, you will come to a point where you suddenly know how much is just right for you."

QUESTION // Q10. Have you reached this point in your scrapbook stash... or have an idea in mind of what that looks like?

QUOTE // p. 142 - "Clutter is caused by a failure to return things to where they belong. Therefore, storage should reduce the effort needed to put things away, not the effort needed to get them out."

QUESTION // Q11. Does this philosophy hold water for scrapbookers?

QUOTE // p. 162 - "Transform your closet into your own private space, one that gives you a thrill of pleasure."

QUESTION // Q12. What is one treasure you could add to your creative space to make it a private paradise?