

Finish

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A discussion guide for the Simple Scrapper Book Club.

QUOTE // “Statistically you’ve got the same shot at getting into Juilliard to become a ballerina as you do at finishing your goals.”

QUESTION // Q1. On a scale of 1 to 5, with 5 being “always finishes,” how would you rate your ability to finish projects you begin? (Remember, this is a judgement-free zone.)

QUOTE // “The less that people aimed for perfect, the more productive they became.”

QUESTION // Q2. Can you think of a time when this was true for you?

QUOTE // “90 percent of the people who cut their goal in half said they had an increased desire to work on their goal; it encouraged them to keep going, and it motivated them to work harder because the goal seemed attainable.”

QUESTION // Q3. Do you have a current scrapbooking goal you could cut in half?

QUOTE // “To be good at one thing you have to be bad at something else.”

QUOTE // “Strategic incompetence is the act of deciding ahead of time that you don’t care about your yard. It’s admitting you don’t have time to do everything and something will deliberately go by the wayside during this season of your life.”

QUESTION // Q4. What is one thing (in life or scrapbooking) you could choose to be bad at during this season of life?

QUOTE // “Fun not only counts, but it’s necessary if you want to beat perfectionism and get to the finish.”

QUESTION // Q5. What part of scrapbooking is the most fun for you? the least?

QUOTE + Q6. // “In the past, have you been driven by fear or by reward? Are you inspired by the thought of sailing back into the harbor successfully or preventing a shipwreck deep at sea?”

QUOTE // “It’s time to recognize that the peace hiding places give you is a false one. They don’t protect you—instead, they keep you from reaching your goals. It’s time to recognize hiding places for the perfectionism trap they are and to step out into the light.”

QUESTION // Q7. What is your “hiding place?”

QUOTE // “At the heart of it, a noble obstacle is an attempt to make your goal harder than it has to be so you don’t have to finish, but can still look respectable.”

QUESTION // Q8. Can you think of a time you used a “noble obstacle” to procrastinate on your goal?

QUOTE // “Until” is just perfectionism wearing a Halloween costume. “Until” is a hurdle you throw up on your track until the lane is so clogged you couldn’t possibly get started today.

QUESTION // Q9. In your scrapbooking, what have you said “until” related to?

QUOTE // “You’ve got some secret rules that make it really difficult for you to finish.”

QUESTION // Q10. What “secret rule” is getting in the way of your scrapbooking?

QUOTE // “If you’re not excited about your goal right now, ask yourself, “What’s my real goal?”

QUESTION // Q11. What is your real goal in scrapbooking right now, in this season of life?