

Sep 22 2016, 9:28 PM

Jennifer: HELLO FRIENDS! OUR BOOK CLUB CHAT BEGINS IN JUST A FEW MINUTES.



Sep 22 2016, 9:29 PM

PatriciaMoore: Hello evevyone



Sep 22 2016, 9:29 PM

AprilSwingler: Hi



Sep 22 2016, 9:29 PM

LoniRedden: Hello!



Sep 22 2016, 9:29 PM

Janice Voth: Hi!



Sep 22 2016, 9:29 PM

AleceNewell: Good evening all



Sep 22 2016, 9:31 PM

SusanneBrauer: Hello ladies.



Sep 22 2016, 9:31 PM

Jennifer: WELCOME EVERYONE! I'M SO GLAD TO SEE YOU HERE TONIGHT TO DISCUSS CREATIVE YOU!



Sep 22 2016, 9:32 PM

PamelaMontagno: Hello



Sep 22 2016, 9:32 PM

ShannonMinner: Hi Jennifer! I have enjoyed what I have read in the book!



Sep 22 2016, 9:33 PM

Jennifer: I'VE GOT A SERIES OF POINTS AND QUESTIONS ALL QUEUED UP FOR YOU...WE DON'T HAVE AS MANY QUOTES TONIGHT BECAUSE OF THE DENSITY OF THIS BOOK. I'VE CHOSEN SOME PARTICULAR ASPECTS TO DISCUSS IN OUR LIMITED TIME TOGETHER. THIS ONE IS CERTAINLY SUPER FASCINATING!



Sep 22 2016, 9:33 PM

Tiffany Mitchell: Can't wait to see what type most people fell into!



Sep 22 2016, 9:34 PM

Jennifer: LET'S DIVE RIGHT IN.. AGAIN WELCOME EVERYONE!



Sep 22 2016, 9:34 PM

Jennifer: QUOTE // The idea that we're either naturally creative or not is a myth; we're all born with personality preferences that we can use to be creative in our way and thrive."



Sep 22 2016, 9:34 PM

Patricia Moore: Yes, I've learned a lot about myself & my husband. Can't wait to see how it applies to scrapping



Sep 22 2016, 9:34 PM

Jennifer: QUESTION // Q1. Do you consider yourself creative? Have you always felt that way?



Sep 22 2016, 9:34 PM

Patricia Moore: Now I do, but not so much before



Sep 22 2016, 9:35 PM

Tiffany Mitchell: yes and yes.



Sep 22 2016, 9:35 PM

Shannon Minner: Yes, I feel like I am creative. I do feel like I have always felt that way.



Sep 22 2016, 9:35 PM

Loni Redden: I liked how it said all children are generally creative. I think I was more creatively inclined as a child.



Sep 22 2016, 9:35 PM

Alece Newell: I do not think of myself as creative but when I was a younger person I did



Sep 22 2016, 9:35 PM

Edith Banks: Yes and yes



Sep 22 2016, 9:35 PM

Tracey Hurt Fox: Yes to both for me, too.



Sep 22 2016, 9:35 PM

AprilSwingler: Yes, I have always considered myself creative. It came as a big surprise to me to find that I was left brained when I took that class Jennifer taught with Stacy Julian about left & right brain



Sep 22 2016, 9:35 PM

Dawn guest (guest): Yes! Yes!



Sep 22 2016, 9:35 PM

CarrieAnderson: hi



Sep 22 2016, 9:35 PM

Jennifer: (WE SO NEED TO BRING THAT CLASS BACK!)



Sep 22 2016, 9:36 PM

SusanneBrauer: I never felt very creative until I started scrapbooking and exercising that skill.



Sep 22 2016, 9:36 PM

Tracey Hurt Fox: April -- me, too! I'm a left-brained creative as well.



Sep 22 2016, 9:36 PM

PamelaMontagno: Yes and yes



Sep 22 2016, 9:36 PM

LoniRedden: The class was awesome - do bring it back!



Sep 22 2016, 9:36 PM

LoniRedden: I was surprised I was left brained too. haha



Sep 22 2016, 9:36 PM

Lois Walker DiCicco: Yes, I've always felt creative (ENFJ)



Sep 22 2016, 9:37 PM

Cindy March: Sometimes



Sep 22 2016, 9:37 PM

AprilSwingler: I agree, I would love to spend more time with a left/right brain class. It was a great class & opened my mind in ways I didn't expect.



Sep 22 2016, 9:37 PM

Melanie Ritchie: I've always felt creative. Sometimes I don't feel imaginative. But creative, yes.



Sep 22 2016, 9:37 PM

Jennifer: GENERALLY, LEFT-BRAINS ARE MORE Ts and Js.



Sep 22 2016, 9:37 PM

CarrieAnderson: ive always felt creative but not artistic until ali said scrapbooking makes you a life artist



Sep 22 2016, 9:37 PM

Tracey Hurt Fox: Interesting distinction, Melanie!



Sep 22 2016, 9:37 PM

Jennifer: LOVE THAT CARRIE



Sep 22 2016, 9:37 PM

EdithBanks: Good point Melanie



Sep 22 2016, 9:37 PM

KimEdsen: I think I would consider myself creative, and as I child I was told I was imaginative, but I never really thought about creativity...



Sep 22 2016, 9:37 PM

Tracey Hurt Fox: I'm a left-brained ISFJ. Strong J, though.



Sep 22 2016, 9:38 PM

Jennifer: POINT // Creative You explores the intersection between the Myer-Briggs Type Indicator and how we approach creativity.



Sep 22 2016, 9:38 PM

ShannonMinner: I got 1 letter combo from the Spirit Animal quiz and another letter combo from the book questions.



Sep 22 2016, 9:38 PM

Cindy March: I am a left-brain ESJF.



Sep 22 2016, 9:38 PM

Jennifer: QUESTION // Q2. Have you taken the official Myer-Briggs assessment? How long ago was it?



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CarrieAnderson: being good at scrapbooking has opened my eyes to LOTS of other art and crafts and definitely given me different creative artistic eyes



Sep 22 2016, 9:38 PM

AleceNewell: yes 10 years ago



Sep 22 2016, 9:39 PM

Jennifer: I TOOK ONE IN 2007.



Sep 22 2016, 9:39 PM

Cindy March: Yes I took the official test more than 20 years ago.



Sep 22 2016, 9:39 PM

ShannonMinner: I took it in college. Must I really reveal how long ago what was



Sep 22 2016, 9:39 PM

Janice Voth: 30 years ago at our marriage counseling.



Sep 22 2016, 9:39 PM

AprilSwingler: I'm INFP but I think sometimes I have got INTP and INTJ but this month I have taken the quiz repeatedly to double check & I keep getting INFP



Sep 22 2016, 9:39 PM

CarrieAnderson: i took the one in the link you sent today and im sure ive taken other ones over the years but dont know if i ever did the OFFICIAL one...lol



Sep 22 2016, 9:39 PM

Melanie Ritchie: I took the official mb maybe 12 years ago. Possibly even 21 years ago in Pysch class.



Sep 22 2016, 9:39 PM

KimEdsen: Yes, I took it within the last year or two and then again this week as I was reading the book



Sep 22 2016, 9:39 PM

AprilSwingler: I took one in high school but I don't remember what I was back then



Sep 22 2016, 9:39 PM

LoniRedden: I've taken a couple since I read the book. All results are different.



Sep 22 2016, 9:39 PM

EdithBanks: Never the official



Sep 22 2016, 9:39 PM

ShannonMinner: So where can we go to take a fairly accurate FREE test?



Sep 22 2016, 9:40 PM

LoniRedden: I am for sure introverted though.



Sep 22 2016, 9:40 PM

Lois Walker DiCicco: yes about 12 years ago



Sep 22 2016, 9:40 PM

Tracey Hurt Fox: I've never taken the official test, but I am sure about my type from study about cognitive functions.



Sep 22 2016, 9:40 PM

Jennifer: WE'RE GOING TO GO THROUGH SOME BASIC QUESTIONS IF YOU'RE UNSURE...



Sep 22 2016, 9:40 PM

Jennifer: POINT // There are also a variety of online quizzes, such as <https://www.16personalities.com/free-personality-test>. I recommend that you wait until after the discussion if you'd still like more clarity about your type after we go through the questions.



[Free Personality Test | 16Personalities](#)



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KimEdsen: Oh....I guess never the 'official'...always some freebie online version



Sep 22 2016, 9:41 PM

PatriciaMoore: I am unsure about F or T took test several times, results vary btw the 2



Sep 22 2016, 9:41 PM

AprilSwingler: Our high school paid for us to all take the official. I wish I still had the paperwork from that!

Sep 22 2016, 9:41 PM

Jennifer: ALRIGHT, HERE ARE THE FOUR QUESTIONS...



Sep 22 2016, 9:41 PM

Jennifer: QUESTION // Q3a. Are You An Extravert or an Introvert? Do you become most energized when you are with a group of people (E) or when you have time alone (I)?



Sep 22 2016, 9:42 PM

PatriciaMoore: E



Sep 22 2016, 9:42 PM

Cindy March: Extrovert with a Capital E



Sep 22 2016, 9:42 PM

Melanie Ritchie: highly introverted



Sep 22 2016, 9:42 PM

HonoreFrancois: Hello! I took the test several times in the last century). I am INTJ or ENTJ...



Sep 22 2016, 9:42 PM

AprilSwingler: I no doubt, no question I



Sep 22 2016, 9:42 PM

Tracey Hurt Fox: Strong introvert.



Sep 22 2016, 9:42 PM

NicoleKann: I for sure



Sep 22 2016, 9:42 PM

CarrieAnderson: I 100% ...none of the tests were wrong on that lol



Sep 22 2016, 9:42 PM

Tiffany Mitchell: I am an introvert. I do get more energized when I attend a crop though....



Sep 22 2016, 9:42 PM

ShannonMinner: Introvert



Sep 22 2016, 9:42 PM

Jennifer: I AM SO "I" THAT I MAKE DECISIONS ON HOW MUCH INTERACTION WITH PEOPLE SOMETHING REQUIRES



Sep 22 2016, 9:42 PM

Janice Voth: Introvert for sure



Sep 22 2016, 9:43 PM

LoniRedden: agree with Tiffany, smaller groups are ok, and scrapbooking is always exciting



Sep 22 2016, 9:43 PM

HonoreFrancois: As I grow older, more E...



Sep 22 2016, 9:43 PM

CarrieAnderson: lol jennifer....me too



Sep 22 2016, 9:43 PM

KimEdsen: Introvert



Sep 22 2016, 9:43 PM

Melanie Ritchie: Me too Jennifer!



Sep 22 2016, 9:43 PM

PatriciaMoore: interesting Honore as i grow older less E



Sep 22 2016, 9:43 PM

Jennifer: PEOPLE ON MY OWN TERMS CAN BE GREAT.. BUT IT NEEDS TO BE FIXED DURATION AND I OFTEN NEED RECOVERY TIME



Sep 22 2016, 9:43 PM

AprilSwingler: I'm not antisocial, I can enjoy a group event, but I might have anxiety before going and I need a place to retreat and re-group afterward



Sep 22 2016, 9:43 PM

Lois Walker DiCicco: I'm an E but get more done when I scrap alone - very therapeutic



Sep 22 2016, 9:44 PM

Tracey Hurt Fox: I'm less drained by people when I'm with "my people", so crops aren't draining. It could also be that the recharge I get from the creative outlet is making up for the drain of being social.



Sep 22 2016, 9:44 PM

CarrieAnderson: I love crops and I have alot of fun when im there but it takes me the whole day after to recover...alone



Sep 22 2016, 9:44 PM

Jennifer: INTERESTING TRACEY



Sep 22 2016, 9:44 PM

Lois Walker DiCicco: Carrie - yes! Takes a while to recover - alone



Sep 22 2016, 9:44 PM

Melanie Ritchie: Yes, what Jennifer and April said! Ditto!



Sep 22 2016, 9:44 PM

Jennifer: OK, THIS ONE FEELS PRETTY CLEAR TO MOST PEOPLE...



Sep 22 2016, 9:44 PM

Jennifer: QUESTION // Q3b. Do You Prefer Sensing or Intuiting? When gathering information, do you prefer to look for the details of what is practical (S), or do you prefer to look at generalities and consider theories (N)?



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CarrieAnderson: april...yes...exactly...always anxiety leading up...



Sep 22 2016, 9:45 PM

PatriciaMoore: S



Sep 22 2016, 9:45 PM

Melanie Ritchie: N



Sep 22 2016, 9:45 PM

LoniRedden: I think I am more often S



Sep 22 2016, 9:45 PM

Cindy March: S



Sep 22 2016, 9:45 PM

ShannonMinner: I had a hard time with this question. Ultimately I picked N



Sep 22 2016, 9:45 PM

Janice Voth: s



Sep 22 2016, 9:45 PM

Tiffany Mitchell: I prefer Sensing



Sep 22 2016, 9:45 PM

HonoreFrancois: N



Sep 22 2016, 9:45 PM

Tracey Hurt Fox: I'm a sensor. Strong emphasis on details.



Sep 22 2016, 9:45 PM

Dawn guest (guest): S



Sep 22 2016, 9:45 PM

CarrieAnderson: the test said N but I self diagnosed S because i am all about details and not at all "dreamy"



Sep 22 2016, 9:46 PM

Lois Walker DiCicco: Being an "N" keeps me from scrapping because seeing the BIG PICTURE makes me overwhelmed - feel like I'll never catch up



Sep 22 2016, 9:46 PM

Jennifer: AS AN N AND A J.. I'M KIND OF NUTS... I LOVE TO PLAN BUT OPERATE VERY MUCH IN THE BIG PICTURE



Sep 22 2016, 9:46 PM

Jennifer:



Sep 22 2016, 9:46 PM

AprilSwingler: I think about what is practical but I LOVE LOVE LOVE to theorize and run off on a tangent so I think I am N



Sep 22 2016, 9:46 PM

Lois Walker DiCicco: Jennifer - me too...and as a "J" - I have to do it organized and 'right'.....



Sep 22 2016, 9:46 PM

EdithBanks: The test said N - I'm more in the middle



Sep 22 2016, 9:47 PM

KimEdsen: I get 'N' when I take the tests but wasn't sure I identified with the descriptions given in the book



Sep 22 2016, 9:47 PM

CarrieAnderson: edith...me too...it was 40/60



Sep 22 2016, 9:48 PM

CarrieAnderson: kim that was confusing cause in the book when i read the lists i picked s but the test picked n for me



Sep 22 2016, 9:48 PM

Jennifer: IF YOU'RE CLOSE ON A PARAMETER, YOU MIGHT FIND YOU SHIFT DEPENDING ON THE DAY... AND CAN SEE ASPECTS OF YOURSELF IN MORE THAN ONE TYPE



Sep 22 2016, 9:48 PM

Jennifer: QUESTION // Q3c. Do You Prefer Thinking or Feeling? When you are making a decision, is it more important for you to consider what is logical and fair (T), or do you foremost consider how the decision will affect people and promote harmony (F)?



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Tracey Hurt Fox: F



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Tiffany Mitchell: T



Sep 22 2016, 9:48 PM

CarrieAnderson: F definitely



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KimEdsen: T



Sep 22 2016, 9:48 PM

Janice Voth: F



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LoniRedden: F



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Melanie Ritchie: F



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EdithBanks: F



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Dawn guest (guest): F



Sep 22 2016, 9:48 PM

PatriciaMoore: I vary back & forth on this one



Sep 22 2016, 9:48 PM

Cindy March: F,,I want everyone to be happy.



Sep 22 2016, 9:49 PM

Jennifer: THE OLDER I GET THE MORE F I BECOME IT SEEMS.. I'VE ALWAYS BEEN MORE STRONGLY T, BUT AS A MOM, GOSH.. LOTS OF F



Sep 22 2016, 9:49 PM

ShannonMinner: In the book quiz I put T.



Sep 22 2016, 9:49 PM

AleceNewell: this is where I am wishy-washy



Sep 22 2016, 9:49 PM

PamelaMontagno: F



Sep 22 2016, 9:49 PM

HonoreFrancois: 50/50



Sep 22 2016, 9:49 PM

PatriciaMoore: I think I started off more F but living with hubby who is T for 50



Sep 22 2016, 9:49 PM

Tracey Hurt Fox: I think sometimes our life circumstances force us to develop skills that our opposite our type preferences.



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Jennifer: I GET FRUSTRATED WHEN THE FAIR/LOGICAL SOLUTION HURTS SOMEONE'S FEELINGS.. I WANT BOTH TO WIN



Sep 22 2016, 9:50 PM

CarrieAnderson: agreed tracey...



Sep 22 2016, 9:50 PM

ShannonMinner: Yes, honestly I am 50/50. I hem and haw over all decisions. I hate grocery shopping because I can't even make simple product choices.



Sep 22 2016, 9:50 PM

Lois Walker DiCicco: Tracey - I agree...



Sep 22 2016, 9:50 PM

CarrieAnderson: lol jennifer..i know right??



Sep 22 2016, 9:50 PM

AleceNewell: exactly Jennifer



Sep 22 2016, 9:50 PM

PatriciaMoore: yes that is what I was thinking happened to me Tracey



Sep 22 2016, 9:50 PM

AprilSwingler: I consider very hard, I think everything through but in the end I often decide based on feelings.



Sep 22 2016, 9:50 PM

Dawn guest (guest): That's true, Tracey.



Sep 22 2016, 9:50 PM

CarrieAnderson: i like the rules but think everyone should "win" hahahaahaa



Sep 22 2016, 9:50 PM

Tracey Hurt Fox: I know we haven't gotten to J/P yet, but this happens a lot with Ps who are forced to be more J-like at work.



Sep 22 2016, 9:51 PM

LoniRedden: I am definitely always considering others feelings when I make decisions. Whether I like it or not, I care what people think.



Sep 22 2016, 9:51 PM

Tracey Hurt Fox: And society expects women to be Fs, so T women tend to get lots of practice in being feelers -- more than T men do.



Sep 22 2016, 9:51 PM

Cindy March: I care too much what other people think.



Sep 22 2016, 9:51 PM

AprilSwingler: I will keep my mouth shut and lose an argument rather than say something that would let me "win" but would be hurtful.



Sep 22 2016, 9:51 PM

PamelaMontagno: True Tracey



Sep 22 2016, 9:52 PM

CarrieAnderson: april...yep!



Sep 22 2016, 9:52 PM

Tracey Hurt Fox: Same here, April!



Sep 22 2016, 9:52 PM

PamelaMontagno: Yes April



Sep 22 2016, 9:52 PM

NicoleKann: I identify with what Jennifer said.



Sep 22 2016, 9:52 PM

Jennifer: QUESTION // Q3d. Are You a Judger or a Perceiver? Do you prefer to make final decisions and reach closure (J), or do you prefer to continue to gather information and leave things open (P)?



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Dawn guest (guest): J



Sep 22 2016, 9:53 PM
Tiffany Mitchell: J



Sep 22 2016, 9:53 PM
ShannonMinner: J



Sep 22 2016, 9:53 PM
PatriciaMoore: Definitely a J



Sep 22 2016, 9:53 PM
AleceNewell: definitely J



Sep 22 2016, 9:53 PM
Cindy March: J



Sep 22 2016, 9:53 PM
PamelaMontagno: J



Sep 22 2016, 9:53 PM
AprilSwingler: It's really surprising to me when other people so carelessly say hurtful things. I think maybe I have BECOME more this way because of knowing how it smarts when someone says something hurtful.

Sep 22 2016, 9:53 PM
Jennifer: I'M A BIG TIME J.. IT ANNOYS THE HECK OUT OF DH, BC I WANT ANY ARGUMENTS RESOLVED BEFORE I CAN GO ON WITH MY LIFE



Sep 22 2016, 9:53 PM
CarrieAnderson: P definitely



Sep 22 2016, 9:53 PM
KimEdsen: J



Sep 22 2016, 9:53 PM
Melanie Ritchie: Lol. P.



Sep 22 2016, 9:53 PM

Tracey Hurt Fox: J to a fault! I sometimes make the decision before I've even finished hearing the question, and then I have to backtrack.



Sep 22 2016, 9:53 PM

Honore Francois: I vacillate occasionally...am mostly J



Sep 22 2016, 9:53 PM

Lois Walker DiCicco: Such a "j"



Sep 22 2016, 9:53 PM

Edith Banks: P - to the point of having difficulty committing



Sep 22 2016, 9:54 PM

Tracey Hurt Fox: Jennifer - yes! It's so disorienting to have too many "tabs" open in my brain. I need to close them in order to concentrate.



Sep 22 2016, 9:54 PM

Carrie Anderson: edith....twins



Sep 22 2016, 9:54 PM

April Swinger: I think maybe I used to be J but life has given me several ongoing never closed things to deal with and now I am a P. I think I had to be good at adapting and not I prefer to keep things open.



Sep 22 2016, 9:54 PM

Alece Newell: Love that Tracey



Sep 22 2016, 9:55 PM

Jennifer: QUESTION // Q4a. So what's your type, using the Myers-Briggs terminology? If you're not sure, what questions do you still have?



Sep 22 2016, 9:55 PM

Alece Newell: ISFJ



Sep 22 2016, 9:55 PM

Tiffany Mitchell: ISTJ



Sep 22 2016, 9:55 PM

Tracey Hurt Fox: ISFJ



Sep 22 2016, 9:55 PM

Melanie Ritchie: Ah, ok with work stuff and creativity, I'm totally P. With life stuff, I like to decide quickly and be done with things.



Sep 22 2016, 9:56 PM

Lois Walker DiCicco: ENFJ



Sep 22 2016, 9:56 PM

PatriciaMoore: ESFJ or ESTJ



Sep 22 2016, 9:56 PM

Jennifer: I'M TRADITIONALLY INTJ AND MOSTLY IDENTIFY WITH THAT.. BUT I CAN ACT AS INFJ SOME OF THE TIME



Sep 22 2016, 9:56 PM

Dawn guest (guest): ESFJ



Sep 22 2016, 9:56 PM

Cindy March: ESFJ??????



Sep 22 2016, 9:56 PM

CarrieAnderson: INFP



Sep 22 2016, 9:56 PM

Tracey Hurt Fox: Funny, Melanie! I'm the opposite. Extremely J at work, and much more relaxed socially.



Sep 22 2016, 9:56 PM

Melanie Ritchie: INFP



Sep 22 2016, 9:56 PM

PamelaMontagno: ESFJ



Sep 22 2016, 9:56 PM

Janice Voth: ISFJ



Sep 22 2016, 9:56 PM

AprilSwingler: INFP



Sep 22 2016, 9:56 PM

CarrieAnderson: there is only 4% of us in the world according to the stuff i read...lol



Sep 22 2016, 9:56 PM

KimEdsen: INTJ as well



Sep 22 2016, 9:56 PM

NicoleKann: today it seems to be ISTP



Sep 22 2016, 9:57 PM

ShannonMinner: According to the book questions - ISTJ. According to the Spirit Animal INFJ.



Sep 22 2016, 9:57 PM

Jennifer: OH INTERESTING SHANNON... WHERE DO YOU THINK THE N/S AND T/J DISCREPANCIES LIE?



Sep 22 2016, 9:57 PM

EdithBanks: ENFP



Sep 22 2016, 9:58 PM

Melanie Ritchie: Carrie, we seem to be here! Us infp folk!



Sep 22 2016, 9:58 PM

ShannonMinner: I think with a more detailed quiz with more questions I could narrow it down.



Sep 22 2016, 9:58 PM

CarrieAnderson: melanie...agreed right after i typed that i saw you me and april all are INFP



Sep 22 2016, 9:58 PM

ShannonMinner: Maybe the fact that I can't make a decision and feel 50/50 on them.



Sep 22 2016, 9:58 PM

Tracey Hurt Fox: (Anyone remember that Paperclipping Roundtable Episode about Meyers-Briggs? Ali Edwards is ISFJ and Stacy Julian was ENFP. Just find that so interesting in terms of their styles!!!)



Sep 22 2016, 9:59 PM

CarrieAnderson: lol Shannon...i feel you...i always suck at these things cause i cant choose



Sep 22 2016, 9:59 PM

NicoleKann: That is interesting Tracey!



Sep 22 2016, 9:59 PM

CarrieAnderson: ooh....i'll have to go look for that one tracey!



Sep 22 2016, 9:59 PM

PatriciaMoore: yes interesting Tracey



Sep 22 2016, 9:59 PM

AprilSwingler: I have trouble choosing too.



Sep 22 2016, 10:00 PM

Jennifer: QUESTION // Q4b. Has understanding your type provided any lightbulb moments thus far?



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Tracey Hurt Fox: Ali is a sensor who actively works to document every detail of her life, and Stacy is an intuitive who literally named her book and company "Big Picture". It's too perfect!



Sep 22 2016, 10:00 PM

LoniRedden: My testing was similar Shannon



Sep 22 2016, 10:00 PM

EdithBanks: Carrie and Shannon- I've spent 2 weeks picking out a paint color!



Sep 22 2016, 10:00 PM

Cindy March: I am very decisive.



Sep 22 2016, 10:00 PM

PatriciaMoore: only explains why I feel like I am banging against a brick wall when dealing with hubby



Sep 22 2016, 10:00 PM

Tiffany Mitchell: Yes, because I am a T and J, I have a hard time with change.



Sep 22 2016, 10:01 PM

Cindy March: Oh ya. It helps me why I am so hard on myself.



Sep 22 2016, 10:01 PM

LoniRedden: hard time with change . . . I need to test my husband!



Sep 22 2016, 10:01 PM

Tracey Hurt Fox: I am change-averse as well, Tiffany. Learning about my type has helped me to understand that so much better.



Sep 22 2016, 10:01 PM

ShannonMinner: That was me in March and April Edith!



Sep 22 2016, 10:01 PM

AleceNewell: Most people who know me would say I am an E but I truly am and I and I think accepting that helps me plan more alone time.



Sep 22 2016, 10:01 PM

Lois Walker DiCicco: being an Intuitive Feeler causes me to procrastinate decisions



Sep 22 2016, 10:01 PM

AprilSwingler: I am naturally indecisive but maybe that's why I get tend toward intuition now. I've spent so long considering all the facts and looking at something from every side in the end I HAVE to make a decision and so I just go with my gut.



Sep 22 2016, 10:01 PM

KimEdsen: I need to remember to get plans out of my head and into fruition and to not overcomplicate things



Sep 22 2016, 10:02 PM

AprilSwingler: So I'm beginning to just realize it will be a gut instinct in the end so I might as well choose that way now & save time



Sep 22 2016, 10:02 PM

Tracey Hurt Fox: It helps me understand why I am so much better at finishing projects than I am at starting them.



Sep 22 2016, 10:02 PM

Lois Walker DiCicco: My friend is a Thinking Judger and she can scrap so fast -



Sep 22 2016, 10:02 PM

Lois Walker DiCicco: Kim - yes!



Sep 22 2016, 10:03 PM

Jennifer: SINCE THIS BOOK ISN'T ABOUT SCRAPBOOKING... I LOVE SEEING WHAT BUBBLES UP FOR YOU... LET'S GET INTO SOME MORE OF THAT...



Sep 22 2016, 10:03 PM

Jennifer: POINT // I'd like to focus our discussion on the four primary creative temperaments outlined in the book. Here are some definitions shared in the glossary:



Sep 22 2016, 10:03 PM

Jennifer: NF (Intuitive Feeler) - Poetic, sensitive, and personal; creativity is largely an outlet for self-expression.



Sep 22 2016, 10:03 PM

EdithBanks: May be that's why I like pocket pages - less decisions



Sep 22 2016, 10:03 PM

Jennifer: NT (Intuitive Thinker) - Experimental and complex; creations are theoretically minded and meaningful, though objective and impersonal.



Sep 22 2016, 10:03 PM

ShannonMinner: I feel like a couple statements explained why I don't jump in and also use my time more wisely.



Sep 22 2016, 10:03 PM

Jennifer: SJ (Sensing Judger) - Realistic and traditional; don't see themselves as creative, even though they can be and often are; busting the myth that creativity has to be weird or wild, as they innovate through incremental improvements within systems.



Sep 22 2016, 10:03 PM

Tiffany Mitchell: Because of being adverse to change, when it comes to scrapbooking, if something isn't working, I have a hard time not finishing it anyway. I don't scrapbook very fast because of all of the planning I have to do upfront.



Sep 22 2016, 10:03 PM

Jennifer: SP (Sensing Perceiver) - Dramatic and flexible when inspired; unstructured, undisciplined, untraditional, action oriented, and spontaneous; creates excitement with innovations.



Sep 22 2016, 10:04 PM

Patricia Moore: SJ explains me



Sep 22 2016, 10:05 PM

Cindy March: As an SJ that's why my pages are traditional. I have never used any mixed media.



Sep 22 2016, 10:05 PM

Lois Walker DiCicco: NF - yes



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Alece Newell: Think I don't see myself as creative because I like black and white in my life - no gray. But I'm seeing that that doesn't mean I can't be creative too



Sep 22 2016, 10:05 PM

AprilSwingler: IF



Sep 22 2016, 10:05 PM

Jennifer: QUESTION // Q5a. What is your temperament?



Sep 22 2016, 10:05 PM

Tracey Hurt Fox: SJ



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Tiffany Mitchell: SJ



Sep 22 2016, 10:06 PM

Cindy March: SJ



Sep 22 2016, 10:06 PM

AleceNewell: SJ



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Jennifer: MOSTLY NT, SOMETIMES NF



Sep 22 2016, 10:06 PM

CarrieAnderson: NF



Sep 22 2016, 10:06 PM

Lois Walker DiCicco: See - the SJ's got right on that question! LOL



Sep 22 2016, 10:06 PM

Jennifer: LOL



Sep 22 2016, 10:06 PM

Lois Walker DiCicco: NF



Sep 22 2016, 10:06 PM

Tracey Hurt Fox: LOL - yep!



Sep 22 2016, 10:06 PM

ShannonMinner: Out of those four NF describes me best.



Sep 22 2016, 10:06 PM

KimEdsen: NT



Sep 22 2016, 10:06 PM

PatriciaMoore: no doubt about SJ



Sep 22 2016, 10:07 PM

PamelaMontagno: NF



Sep 22 2016, 10:07 PM

LoniRedden: sj out of those 4. maybe?



Sep 22 2016, 10:08 PM

Melanie Ritchie: Gah! My kitten keeps headbutting my phone out of hand so I keep missing the chat! Lol!



Sep 22 2016, 10:08 PM

Jennifer: AWW



Sep 22 2016, 10:08 PM

Jennifer: QUESTION // Q5b. What's one example of how you see your temperament reflected in your scrapbooking?



Sep 22 2016, 10:08 PM

Tracey Hurt Fox: Melanie, that is a very cute problem to have.



Sep 22 2016, 10:09 PM

PatriciaMoore: traditional, practical, detailed



Sep 22 2016, 10:09 PM

Lois Walker DiCicco: I really want to tell the story - and what we were feeling and experiencing



Sep 22 2016, 10:09 PM

CarrieAnderson: i dont have a plan or a need to "catch up" i scrap what i feel like scrapping and it takes me forever to pick papers cause i go by the "mood" of the pictures

Sep 22 2016, 10:09 PM

Melanie Ritchie: Tracey, indeed!



Sep 22 2016, 10:09 PM

Jennifer: I HAVE TROUBLE SEEING MY SCRAPBOOKING AS IMPERSONAL.. BUT I AM ALWAYS TRYING TO DRAW CONNECTIONS, USING SYMBOLISM.. I'M NOT FLOWERY THOUGH



Sep 22 2016, 10:09 PM

Cindy March: I can't scrapbook unless all my other chores are done.



Sep 22 2016, 10:09 PM

AleceNewell: I like clean classic and balanced look



Sep 22 2016, 10:09 PM

AprilSwingler: I need to have several options of what to work on so that I can do something which matches my mood



Sep 22 2016, 10:09 PM

Tiffany Mitchell: I plan my pages out, how they will fit in my existing albums. They contain a lot of detail in the journaling and tend to be very linear. I tend to be pretty rigid with design principles as well.



Sep 22 2016, 10:09 PM

Tracey Hurt Fox: SJs are invested in tradition, nostalgia, and memory, so it seems natural that so many of us would be drawn to memory keeping.



Sep 22 2016, 10:10 PM

KimEdsen: as NT - I generally am not overly 'feelings' focused on my layouts; before I begin and if I hit a road block in my process I take a break and think it through to find a solution



Sep 22 2016, 10:10 PM

Cristina Colen: I need goals and deadlines.



Sep 22 2016, 10:10 PM

AleceNewell: Yes Tracey I think that's my "draw" to memory keeping



Sep 22 2016, 10:10 PM

Lois Walker DiCicco: Tracey - great point. I love to understand other temperaments better



Sep 22 2016, 10:10 PM

HonoreFrancois: i like to *think* I'm SP but not sure...



Sep 22 2016, 10:10 PM

Tiffany Mitchell: Cristina I also need goals and deadlines



Sep 22 2016, 10:11 PM

Melanie Ritchie: My introversion shows through. I don't scrap about social things or friends much.



Sep 22 2016, 10:11 PM

Jennifer: ONE THING THAT POPPED OUT FOR ME IS THAT I MIGHT SWAY MORE ONE DIRECTION IN A CERTAIN DOMAIN THAN ANOTHER... WHEREAS I'M PRETTY IN TOUCH WITH MY FEELINGS IN MY SCRAPBOOKING (AN INTROVERTED EXPERIENCE), I DON'T EXPRESS THEM AS EASILY WITH OTHERS



Sep 22 2016, 10:11 PM

AprilSwingler: I like to percolate over a page idea for awhile before I execute it. So I've started making a list of page ideas that I keep in a Traveler's Notebook for scrapbooking. So I can refer to the list of ideas and see which ones I'm ready to do. I feel like I always have thoughts simmering on the backburner as I'm working on other things. I have several tabs open & I like it that way



Sep 22 2016, 10:11 PM

Jennifer: I CAN ONLY SIMMER ON ONE THING AT A TIME



Sep 22 2016, 10:12 PM

PamelaMontagno: I need goals and deadlines also



Sep 22 2016, 10:12 PM

PatriciaMoore: Jennifer, I was wondering about that...one way with work & another in personal areas



Sep 22 2016, 10:12 PM

Tracey Hurt Fox: Interesting, Jennifer! Maybe scrapbooking is like a special outlet for you to get in touch with feelings you wouldn't otherwise express?



Sep 22 2016, 10:12 PM

Cindy March: I only have one or two layouts happening at a time.



Sep 22 2016, 10:13 PM

PamelaMontagno: True Tracey



Sep 22 2016, 10:13 PM

PatriciaMoore: I only work on 1 at a time



Sep 22 2016, 10:13 PM

AprilSwingler: When I'm washing dishes, I'm not thinking about dishes. I'm simmering on something else.



Sep 22 2016, 10:13 PM

PamelaMontagno: It is also an outlet to destress



Sep 22 2016, 10:13 PM

CarrieAnderson: april...yep!



Sep 22 2016, 10:13 PM

Tracey Hurt Fox: I'm very guarded with my feelings, and while I keep private journals, I'm not so open with my feelings on my pages, instead mostly documenting the who/what/when/where, etc.



Sep 22 2016, 10:13 PM

AleceNewell: I do believe we can be quite different in our public persona and our deep down personal side



Sep 22 2016, 10:13 PM

PatriciaMoore: I do think our subconscious works all the time



Sep 22 2016, 10:14 PM

AprilSwingler: I have background spooling - remember that printer thing



Sep 22 2016, 10:14 PM

Jennifer: I THINK IT MIGHT BE TRACEY... IT'S SO INTERESTING BECAUSE I FEEL IN TOUCH WITH MY FEELINGS, BUT THAT'S BECAUSE I GO OVER THEM A LOT IN MY HEAD.. BUT DH SAYS I CAN BE CLOSED OFF



Sep 22 2016, 10:14 PM

PamelaMontagno: April so true



Sep 22 2016, 10:14 PM

AleceNewell: Amen April



Sep 22 2016, 10:14 PM

Jennifer: QUESTION // Q5c. Knowing your temperament, what's one change you could make to your scrapbooking to boost your creativity?



Sep 22 2016, 10:14 PM

Melanie Ritchie: In my layouts I talk way less about the five Ws and much more about the 5 senses.



Sep 22 2016, 10:15 PM

Jennifer: I THINK FOCUSING ON THE WHY BEHIND EACH PAGE OR PROJECT ENERGIZES ME AS AN NT



Sep 22 2016, 10:15 PM

PamelaMontagno: Write your thoughts and feelings down



Sep 22 2016, 10:15 PM

Lois Walker DiCicco: Great question



Sep 22 2016, 10:15 PM

CarrieAnderson: i have no idea!!



Sep 22 2016, 10:15 PM

Tracey Hurt Fox: Making sure to prioritize creating, even though my temperament usually encourages me to finish all other responsibilities before I allow myself creative time.



Sep 22 2016, 10:15 PM

Tiffany Mitchell: I think I would benefit being around another personality type to stretch my creativity.



Sep 22 2016, 10:15 PM

Patricia Moore: I need to avoid overload by limiting my choices



Sep 22 2016, 10:16 PM

Cindy March: Try different techniques.



Sep 22 2016, 10:16 PM

Melanie Ritchie: I'm stumped! Lol!



Sep 22 2016, 10:16 PM

Dawn guest (guest): I'm the same, Tracey.



Sep 22 2016, 10:16 PM

Pamela Montagno: Yes one page at a time



Sep 22 2016, 10:16 PM

Alece Newell: stretch outside my very traditional approach



Sep 22 2016, 10:16 PM

Kim Edsen: as a T, it helps me to have a 'clear mission' - if I plan out my goals for a certain time period I'm much more likely to follow through



Sep 22 2016, 10:16 PM

Patricia Moore: Tracey I have that problem also



Sep 22 2016, 10:17 PM

April Swingler: I print photos at home / quite late in the process of page making / and it takes up most of my time, the choosing and printing of photos because I do it in a VERY detailed way



Sep 22 2016, 10:17 PM

Kim Edsen: also as J, it mentions performing well with some constraints, which I also know to be true when I remember to do it!



Sep 22 2016, 10:17 PM

AprilSwingler: I think that having SOME photos already printed to work with. Would allow me to be more intuitive in creating and might take less time.



Sep 22 2016, 10:17 PM

Jennifer: SO NF IS SUPPOSED TO SURROUND WITH INSPIRING PEOPLE



Sep 22 2016, 10:18 PM

HonoreFrancois: Not sure...gotta think on this Q



Sep 22 2016, 10:18 PM

EdithBanks: I Ned to spend less time on YouTube- prolongs decision making



Sep 22 2016, 10:18 PM

Tracey Hurt Fox: Yes, Kim! When I read this part, I thought about kits and challenges and sketches. I wonder if those are more appealing to Js generally.



Sep 22 2016, 10:18 PM

Jennifer: NT IS SUPPOSED TO INTEGRATE IDEAS



Sep 22 2016, 10:18 PM

Jennifer: SJ IS SUPPOSED TO LEAN ON TRIED AND TRUE



Sep 22 2016, 10:18 PM

Jennifer: SP IS SUPPOSED TO SURROUND WITH INSPIRING THINGS



Sep 22 2016, 10:19 PM

CarrieAnderson: so...im supposed to hang out online more????



Sep 22 2016, 10:19 PM

Lois Walker DiCicco: Thanks for that, Jennifer - NF surround by inspiring people - like you!



Sep 22 2016, 10:19 PM

Tiffany Mitchell: I recently took a class that had a series of challenges (Shimelle's 20 Project) and having constraints like a time limit and deadline, and rules to follow, I have created more in the past month than in a year!



Sep 22 2016, 10:19 PM

AprilSwingler: YES Edith I do that too!



Sep 22 2016, 10:19 PM

PatriciaMoore: Yes I do. I find that I don't get around to new things I really want to try



Sep 22 2016, 10:19 PM

CarrieAnderson: tiffany...loved that class!!!!



Sep 22 2016, 10:19 PM

Jennifer: THAT'S A GREAT TRANSITION TIFFANY...



Sep 22 2016, 10:19 PM

Jennifer: POINT // “Just as a fire won’t start without the right mix of air to fuel, our own combustion of ideas must have the right mix of information to make decisions.” For example, a “Judger’s creativity is reawakened by temporarily letting down their guard whereas Perceivers gain focus by constricting the flow of new information and making some decisions.”



Sep 22 2016, 10:19 PM

HonoreFrancois: @Tiffany i took the class too;;;great fun!



Sep 22 2016, 10:20 PM

Jennifer: QUESTION // Q6. Can you see a connection between your Myers-Briggs type and how you become blocked? Can you use this information to spark your creativity in the future?



Sep 22 2016, 10:20 PM

AprilSwingler: NF that must be why I get SO much out of my scrappy group interactions!!



Sep 22 2016, 10:20 PM

Melanie Ritchie: Hmm, well I agree with the surrounding myself with inspiring people.True!



Sep 22 2016, 10:20 PM

HonoreFrancois: Good Q Jennifer...worth pondering



Sep 22 2016, 10:20 PM

AprilSwingler: lol Carrie



Sep 22 2016, 10:21 PM

CarrieAnderson: i definitely feel inspired by classes and forums and group challenges....thats where most of my scrapping comes from!!



Sep 22 2016, 10:21 PM

Lois Walker DiCicco: Maybe I can go to crops to jumpstart myself



Sep 22 2016, 10:21 PM

CarrieAnderson: glad you caught that April



Sep 22 2016, 10:21 PM

PatriciaMoore: yes Jennifer & plan to implement by writing down the suggestions for being creative & those that block...keep handy to refresh my memory



Sep 22 2016, 10:21 PM

AleceNewell: very thought provoking - have to rattle that one around a little while



Sep 22 2016, 10:22 PM

Cristina Colen: Don't you feel you are not exactly the label you received at the test's result? I'm identifying myself in many of the different labels... :/



Sep 22 2016, 10:22 PM

Tracey Hurt Fox: I usually need some prior knowledge and step-by-step guidance before diving in to try a new medium or technique, so taking online classes is a good way to stretch creatively.



Sep 22 2016, 10:23 PM

KimEdsen: Yes, I tend to over plan things and I know that sometimes I just need to jump in; if I get overwhelmed, I need some constraints, and I might try to be more open to trying new things if I'm blocked



Sep 22 2016, 10:23 PM

PatriciaMoore: me to Tracey



Sep 22 2016, 10:23 PM

Jennifer: DITTO WHAT KIM SAID FOR ME



Sep 22 2016, 10:23 PM

AprilSwingler: I am very regimented in my photo organization & printing practices. I see now that inflexibility may be diffusing my creativity when I try to create a page.



Sep 22 2016, 10:23 PM

PamelaMontagno: I need step by step and deadlines to get on track and then motivate myself



Sep 22 2016, 10:24 PM

LoniRedden: I need space when I am blocked. Just some time to meditate and clear my mind - maybe declutter my brain? that helps



Sep 22 2016, 10:24 PM

LoniRedden: I am reading that section trying to find what part of my personality that is - INTROVERT maybe?



Sep 22 2016, 10:25 PM

Jennifer: I THINK IS ALSO WHY SOMETIMES WE NEED TO RELY ON WHAT WORKS AND SOMETIMES WE NEED TO TRY SOMETHING NEW... WHAT THOSE ARE WILL VARY..



Sep 22 2016, 10:25 PM

Tracey Hurt Fox: Interesting, April. I think I'm similar. I use what's tried and true more often than I try something new.



Sep 22 2016, 10:25 PM

AprilSwingler: My automatic answer to most things is "No!" I need time to get used to an idea or project or concept before I open up to it. So online classes are GREAT for me. Life in-person workshops are too immediate.



Sep 22 2016, 10:25 PM

KimEdsen: my husband and I had such a laugh reading over my descriptions...it was uncanny how on point so many of the observations were



Sep 22 2016, 10:25 PM

PamelaMontagno: I don't know if anybody read The Artists Way but the mirning pages help you clear your head when you are blocked



Sep 22 2016, 10:26 PM

Jennifer: FOR ALL YOUR I GALS, YOU MIGHT LIKE THE WEBSITE
INTROVERTDEAR.COM



Sep 22 2016, 10:26 PM

Tracey Hurt Fox: Same here, April! Online is my preference, for sure. Just as much engagement as I want, and not face to face.



Sep 22 2016, 10:27 PM

LisaHowells: April people also inspire me (NF) but I try structure and checklists too, attempting to keep up productivity even if it's hard or less natural.



Sep 22 2016, 10:27 PM

CarrieAnderson: that looks good jennifer...thanks!



Sep 22 2016, 10:27 PM

Tracey Hurt Fox: I love Introvert Dear.



Sep 22 2016, 10:27 PM

NicoleKann: Morning pages can be wonderfully releasing!



Sep 22 2016, 10:27 PM

KimEdsen: I have never heard of Introvert Dear - it looks interesting and right up my alley!



Sep 22 2016, 10:27 PM

Tracey Hurt Fox: PersonalityHacker.com is also an amazing resource. They have a really interesting podcast about personality type and personal development.

Sep 22 2016, 10:27 PM

CarrieAnderson: just started trying morning pages...2 days in...cant make it to three pages yet...but i like it so far



Sep 22 2016, 10:27 PM

LoniRedden: I did an morning pages exercise in July - guess what my favorite part of it was - - - ALONE TIME. Introvert much? lol



Sep 22 2016, 10:28 PM

Cindy March: I've been doing morning pages for years.



Sep 22 2016, 10:28 PM

Jennifer: I WONDER... IF THERE'S A CONNECTION BETWEEN BEING GOOD WITH ROUTINES AND YOUR TYPE...



Sep 22 2016, 10:28 PM

AleceNewell: I really think my job is so people intensive that I am more introverted than ever to escape the pressure when I get in my creative space



Sep 22 2016, 10:28 PM

PamelaMontagno: Morning pages really help



Sep 22 2016, 10:28 PM

Jennifer: ROUTINES ARE HARD FOR ME, INTJ... I THINK IT'S THE N PART THAT IMPACTS.



Sep 22 2016, 10:28 PM

Cindy March: I thrive in routine and structure.



Sep 22 2016, 10:29 PM

Jennifer: AND WHAT'S YOUR TYPE CINDY?



Sep 22 2016, 10:29 PM

LisaHowells: Many of us here may be people attracted to routine organization based on your attractive set up. A poll of what type use



Sep 22 2016, 10:29 PM

CarrieAnderson: routines are so so hard for me!!!



Sep 22 2016, 10:29 PM

Cindy March: ESFJ



Sep 22 2016, 10:29 PM

Tiffany Mitchell: Being a ISTJ, I LOVE routines, so it must be the N.....



Sep 22 2016, 10:29 PM

Cristina Colen: Definitely yes. I need routine, even to change it a bit!



Sep 22 2016, 10:29 PM

LisaHowells: ...your classes would be fascinating Jennifer!



Sep 22 2016, 10:29 PM

AprilSwingler: Me too Carrie - except Pajama thursday, that comes super easy!



Sep 22 2016, 10:30 PM

Jennifer: SO FASCINATING!! I HAVE TO PUT A LOT OF EFFORT INTO THE MOST BASIC OF ROUTINES



Sep 22 2016, 10:30 PM

CarrieAnderson: hahahaha...yeah...lay in bed and read all day is a routine i can get on board with hahaahaa



Sep 22 2016, 10:30 PM

PamelaMontagno: Routines are best



Sep 22 2016, 10:30 PM

Lois Walker DiCicco: what are morning pages?



Sep 22 2016, 10:30 PM

AleceNewell: I love routine but catering to others messes those routines up so often



Sep 22 2016, 10:30 PM

Cristina Colen:



Sep 22 2016, 10:30 PM

PamelaMontagno: Lois it is writing 3



Sep 22 2016, 10:30 PM

LoniRedden: Morning pages: 3 pages of writing every morning (or 515 words for me)



Sep 22 2016, 10:31 PM

PatriciaMoore: routines for me



Sep 22 2016, 10:31 PM

Lois Walker DiCicco: Loni - thanks.



Sep 22 2016, 10:31 PM

KimEdsen: I am not very good at keep routines long term, though it depends on the time commitment, but I do recognize the benefit of having them (thank you, Gretchen Rubin!).As an INTJ they mention a lot about being future oriented vs. present focused; also for the 'N' - seeing the big picture...maybe that makes routines more difficult?



Sep 22 2016, 10:31 PM

Cindy March: I adapted my morning pages and did them in a local deli before work.



Sep 22 2016, 10:31 PM

AprilSwingler: The routines that work for me are small/simple... working on the dishes after school bus leaves & before I prepare my own breakfast... Elaborate and non-flexible routines don't work for me



Sep 22 2016, 10:31 PM

PamelaMontagno: Pages and it is about anything basically a brain dump



Sep 22 2016, 10:32 PM

Jennifer: OH YES, KIM.. DEFINITELY FUTURE ORIENTED ALL THE TIME!



Sep 22 2016, 10:32 PM

AprilSwingler: I used to have Friday art day. That worked very well... but I need to chose a new day. Friday is too cluttered with other obligations now to make a good art day



Sep 22 2016, 10:32 PM

Jennifer: I ALWAYS PRACTICALLY LIVING IN THE NEXT MONTH IN MY PLANNER...WHICH IS N AND J TOGETHER.



Sep 22 2016, 10:32 PM

AleceNewell: April small/simple is so less overwhelming and removes guilt



Sep 22 2016, 10:33 PM

LisaHowells: Kim I am good with big picture vision vs others hmm. I'm ENFP-T, but not sure what that means yet as I'm just getting into this. Any hints or anyone else those?



Sep 22 2016, 10:33 PM

Cristina Colen: It is great Jennifer!



Sep 22 2016, 10:33 PM

Jennifer: THIS WAS SO FUN TONIGHT... I WISH THERE WAS MORE TIME TO COVER MORE GROUND, BUT I THINK HAVING A FOUNDATION MAKES THE SELF-INTROSPECTION EASIER



Sep 22 2016, 10:33 PM

KimEdsen: So if you're so busy looking ahead, it's hard to focus on the routine?!? I'm very bad about mindfulness...constantly planning out my next actions in my head...working on not missing what is in front of my face...



Sep 22 2016, 10:33 PM

PatriciaMoore: @April & Alece my routines are not complicated



Sep 22 2016, 10:33 PM

CarrieAnderson: april...im trying to make sunday my art day! but that means i have to not procrastinate on my chores and leave them till sunday...lol



Sep 22 2016, 10:33 PM

LisaHowells: Funny Carrie!



Sep 22 2016, 10:33 PM

Lois Walker DiCicco: Enjoyed chatting with everyone! Good night



Sep 22 2016, 10:33 PM

KimEdsen: Lisa - I think the book talked a lot about 'N's being big picture...so that fits your profile



Sep 22 2016, 10:34 PM

PamelaMontagno: Thanks Jennifer goodnight



Sep 22 2016, 10:34 PM

Cristina Colen: Good night ladies.



Sep 22 2016, 10:34 PM

LisaHowells: Thanks. I'm lookong



Sep 22 2016, 10:34 PM

Jennifer: THANKS EVERYONE FOR JOINING ME TONIGHT. NEXT MONTH WE'LL BE DISCUSSING THE CREATIVE HABIT BY TWYLA THARP!



Sep 22 2016, 10:34 PM

LisaHowells: Forward to



Sep 22 2016, 10:34 PM

Cindy March: Looking forward to it.



Sep 22 2016, 10:34 PM

AprilSwingler: Morning pages - that reminds me of scribbling a pen to get the ink flowing. In Disney's animated Cinderella movie, the fairygodmother waves her wand around then taps it on her hand to get the sparks flowing. That has always been my metaphor for creativity...



Sep 22 2016, 10:34 PM

EdithBanks: Carrie - I stopped going to scrap space last on Sunday - now the goal is by 12 -then do other chores after



Sep 22 2016, 10:34 PM

Tracey Hurt Fox: Thank you so much, Jennifer!



Sep 22 2016, 10:34 PM

ShannonMinner: Thanks Jennifer for hosting this each month!



Sep 22 2016, 10:34 PM

KimEdsen: Thanks for the great book suggestion - I had never heard of it and it was right up my alley!



Sep 22 2016, 10:35 PM

CarrieAnderson: and refresh starts next week right???



Sep 22 2016, 10:35 PM

HonoreFrancois: thx...onto read the book next with this insight



Sep 22 2016, 10:35 PM

PatriciaMoore: Thanks Jennifer. Enjoyed visiting with everyone



Sep 22 2016, 10:35 PM

NicoleKann: Interesting as always. Thanks.



Sep 22 2016, 10:35 PM

Jennifer: THIS IS ONE OF MY MOST FAVORITE PARTS OF THE MONTH!!



Sep 22 2016, 10:35 PM

CarrieAnderson: edith!! i like that!! gonna try that



Sep 22 2016, 10:35 PM

Jennifer: YES, REFRESH STARTS TUESDAY.. WHETHER YOUR INSTRUCTOR IS READY OR NOT



Sep 22 2016, 10:35 PM

LoniRedden: looking forward to the next book!



Sep 22 2016, 10:35 PM

AleceNewell: love this book club



Sep 22 2016, 10:35 PM

Dawn guest (guest): Thanks, everyone!



Sep 22 2016, 10:35 PM

Cristina Colen: Ok. Thank you Jennifer.



Sep 22 2016, 10:35 PM

LisaHowells: Thanks for you time and inspiration ladies



Sep 22 2016, 10:36 PM

KimEdsen: Night, all!



Sep 22 2016, 10:36 PM

CarrieAnderson: excited about next month...that book has been on my to read list for awhile!!



Sep 22 2016, 10:36 PM

Jennifer: I'M TAKING SUGGESTIONS FOR 2017 BOOKS TOO... YOU CAN EMAIL TO HELP@SIMPLESCRAPPER.COM



Sep 22 2016, 10:36 PM

Jennifer: GOODNIGHT ALL!



Sep 22 2016, 10:36 PM

CarrieAnderson: night ladies!! see ya on facebook!



Sep 22 2016, 10:36 PM

AprilSwingler: Carrie I found that the best part about why friday art day worked, was that I had to plan for it/ I needed to get my other stuff done on other days so I could make it happen /



Sep 22 2016, 10:36 PM

Tracey Hurt Fox: Ooh, I'll have to give that some thought. These types of books are my favorite. I'm a personal development, nonfiction nerd.



Sep 22 2016, 10:36 PM

EdithBanks: Good night everyone



Sep 22 2016, 10:36 PM

Tracey Hurt Fox: Night, all!



Sep 22 2016, 10:36 PM

CarrieAnderson: april...good thought! just have to discipline myself



Sep 22 2016, 10:37 PM

CarrieAnderson: I'll keep you posted



Sep 22 2016, 10:37 PM

AleceNewell: have a great weekend all



Sep 22 2016, 10:38 PM

AprilSwingler: I look forward to hearing!