

Feb 22, 9:20 PM

Guest7143 (Guest): Hello this is Jan joining you to listen about Erin Loechners book!

Feb 22, 9:23 PM

MichelleHare: Hi! The rest of the group should be here soon and the chat should start soon!

Feb 22, 9:27 PM

Guest9953 (Guest): Hi!

Feb 22, 9:28 PM

Jennifer Wilson (Moderator): Hello everyone! Excited to chat tonight.

Feb 22, 9:28 PM

MichelleHare: Me too!

Feb 22, 9:29 PM

Cindy March: Hello Everyone!

Feb 22, 9:30 PM

Jennifer Wilson (Moderator): WELCOME TO THE FEBRUARY DISCUSSION FOR THE SIMPLE SCRAPPER BOOK CLUB. TONIGHT WE ARE DISCUSSING CHASING SLOW BY ERIN LOECHNER: <http://amzn.to/2iaFYlu>

Feb 22, 9:31 PM

EdithBanks: Hi everyone

Feb 22, 9:31 PM

KimEdsen: Hello!

Feb 22, 9:31 PM

Jennifer Wilson (Moderator): PLEASE FEEL INVITED TO PARTICIPATE, WHETHER OR NOT YOU HAVE READ THE BOOK. WHAT WE'LL BE DOING IS TAKING SOME OF THE IDEAS FROM THE BOOK AND CONNECTING THEM TO OUR OWN LIVES AND OUR SCRAPBOOKING.

Feb 22, 9:32 PM

Jennifer Wilson (Moderator): LET'S GET STARTED BY SHARING WHERE YOU LIVE AND WHAT TYPE OF SCRAPBOOKING YOU DO.

Feb 22, 9:32 PM

Guest9953 (Guest): MN...PL

Feb 22, 9:33 PM

ShannonMinner: Hello. I live in a suburb of Nashville. I create 12x12 pages and pocket pages.

Feb 22, 9:33 PM

KimEdsen: Iowa, USA; I've been known to dabble, but most commonly hybrid scrapbooking 8.5x11 and 6x8

Feb 22, 9:33 PM

MichelleHare: I'm from Allentown, PA and do primarily 12x12 traditional scrapbooking!

Feb 22, 9:34 PM

Tiffany Mitchell: StL, MO. I create traditional 12x12 for the most part but will do digital, 6x8 and other kinds if the project calls for it.

Feb 22, 9:34 PM

EdithBanks: Illinois - I scrapbook 6x8 and some 12x12.

Feb 22, 9:34 PM

Jennifer Wilson (Moderator): I'M FROM SAVOY, IL. I CREATE IN ALL SIZES AND FORMATS. PARTIAL TO 6X8 RIGHT NOW.

Feb 22, 9:34 PM

AleceNewell: Oklahoma traditional scrapbooks lot of sizes and PL

Feb 22, 9:34 PM

PatriciaMoore: I live in Arkansas, USA. I scrap 12 x 12 & 8 1/2 x 11, but a few smaller sizes

Feb 22, 9:35 PM

JudiPartlo: Hi from New Mexico!

Feb 22, 9:35 PM

Guest9953 (Guest): And 8.5 x11

Feb 22, 9:36 PM

Terri-Lynn Torrez: Maryland. Primarily 12x12 paper.

Feb 22, 9:36 PM

JudiPartlo: I scrap mostly 6x8, some 12x23

Feb 22, 9:37 PM

Cindy March: Long Island, NY 12x12.

Feb 22, 9:37 PM

ElisabethKnoche: MN/AZ 12x12

Feb 22, 9:37 PM

DionneJack: near Toronto, Ontario and I scrap mostly 12 x 12 but dabble in other sizes.

Feb 22, 9:37 PM

Carol White: I'm from St. Charles, MO and do mostly PL and 12x12 traditional layouts

Feb 22, 9:38 PM

JudiPartlo: Oh- forgot my PL is 9x 12 and I love that size!!

Feb 22, 9:39 PM

Jennifer Wilson (Moderator): TONIGHT'S DISCUSSION WILL INCLUDE A VARIETY OF DISCUSSION QUESTIONS, MANY OF WHICH ARE PROMPTED BY A QUOTE FROM THE BOOK.

Feb 22, 9:39 PM

PatriciaMoore: I also forgot PL

Feb 22, 9:39 PM

Jennifer Wilson (Moderator): WELCOME TO EVERYONE WHO HAS JUST JOINED US!

Feb 22, 9:39 PM

Jennifer Wilson (Moderator): QUESTION // Q1. Were you familiar with Erin Loechner of Design for Mankind before reading the book?

Feb 22, 9:39 PM

Tiffany Mitchell: I was not.

Feb 22, 9:39 PM

Cindy March: No.

Feb 22, 9:39 PM

PatriciaMoore: no

Feb 22, 9:39 PM

Carol White: I'm really excited for tonight because I actually read the entire book!

Feb 22, 9:39 PM

AleceNewell: No

Feb 22, 9:39 PM

EdithBanks: No

Feb 22, 9:39 PM

JudiPartlo: No I wasn't

Feb 22, 9:39 PM

Guest9953 (Guest): No

Feb 22, 9:39 PM

Terri-Lynn Torrez: I was familiar with Design for Mankind but not Loechner personally.

Feb 22, 9:39 PM

Carol White: Nope, I was not.

Feb 22, 9:39 PM

KimEdsen: Nope, she is new to me

Feb 22, 9:40 PM

MichelleHare: Nope. Never heard of this author before.

Feb 22, 9:40 PM

DionneJack: no

Feb 22, 9:40 PM

ElisabethKnoche: No.

Feb 22, 9:40 PM

ShannonMinner: Nope, never heard of any of it.

Feb 22, 9:40 PM

Jennifer Wilson (Moderator): WOW, INTERESTING. I HAD HEARD HER ON SOME PODCASTS, SO I HAD A GENERAL FAMILIARITY... MORE OF HER THAN HER BLOG.

Feb 22, 9:40 PM

Carol White: reading the book makes me want to look her up on her blog and also HGTV.com

Feb 22, 9:40 PM

JudiPartlo: What kind of podcasts was she on?

Feb 22, 9:41 PM

JudiPartlo: Me too, Carol!

Feb 22, 9:41 PM

Terri-Lynn Torrez: I've read some of her blog posts before. But I went and subscribed in feedly after this.

Feb 22, 9:42 PM

Jennifer Wilson (Moderator): SHE DID SEVERAL WHEN THE BOOK WAS RELEASED. I THINK RAISE YOUR HAND SAY YES, MAYBE THE LIVELY SHOW, AND ANOTHER I CAN'T RECALL THE NAME OF

Feb 22, 9:42 PM

Carol White: they might be listed on her blog if anyone is interested in listening to them

Feb 22, 9:42 PM

Jennifer Wilson (Moderator): SOME BRASH NEW YORKER WHO DOES BUSINESS STUFF THAT I STOPPED LISTENING TO

Feb 22, 9:42 PM

Jennifer Wilson (Moderator): QUESTION // Q2. What are your overall impressions of the book? Did you enjoy it? Strengths and weaknesses?

Feb 22, 9:42 PM

Carol White: Those NYer's!

Feb 22, 9:43 PM

JudiPartlo: 🤔

Feb 22, 9:43 PM

KimEdsen: I felt like it was a bit....scattered; it was hard to find a flow for me, but I appreciated her stories

Feb 22, 9:43 PM

Carol White: I enjoyed it, but it made me realize I am just not as reflective as others

Feb 22, 9:43 PM

Jennifer Wilson (Moderator): I FOUND THIS BOOK ENGAGING TO READ, BUT I FOUND MYSELF ANNOYED WITH ERIN.... BUT AT THE SAME TIME I FOUND SOME MANY PARALLELS WITH MY OWN STORY THAT I WONDERED IF I WAS REALLY JUST ANNOYED WITH MYSELF.

Feb 22, 9:43 PM

AleceNewell: I enjoyed the narrative style - made easier reading

Feb 22, 9:43 PM

PatriciaMoore: I found it light reading more than a study/learning type of book. Enjoyed

Feb 22, 9:43 PM

Terri-Lynn Torrez: I enjoyed it much more than I expected. I didn't think I would have time to finish it before today so I figured I would read one chapter to see if it was worth checking out again another time. Five chapters later I couldn't put it down.

Feb 22, 9:43 PM

Tiffany Mitchell: I liked it. It was easy to read. I was a little let down that she was a little wishy washy on her stance with everything.

Feb 22, 9:44 PM

Cindy March: I didn't get to read it. My library didn't have it, and it wasn't available through the inter-library loan system.

Feb 22, 9:44 PM

Terri-Lynn Torrez: There were a couple places where her conclusion was religion that I found hard to connect to. But I kept turning the pages because it was so engaging.

Feb 22, 9:44 PM

EdithBanks: I haven't finished it - I'm enjoying it. The olympics have interfered with reading.

Feb 22, 9:44 PM

MichelleHare: It wasn't what I was expecting. Thought it would be more of a self help book. By the end I felt like she was mostly complaining about how she was missing her daughter's life because she has to work and she never really found slow.

Feb 22, 9:45 PM

Terri-Lynn Torrez: Funny, I didn't get that sense at all, Michelle. I took the message as more of -- it's a lifelong process.

Feb 22, 9:45 PM

Jennifer Wilson (Moderator): I THINK SHE TRIES TOO HARD A BIT TO BE FLOWERY, METAPHORICAL..SOME OF IT WORKS AND SOME OF IT MAKES ME WANT TO ROLL MY EYES.

Feb 22, 9:45 PM

Carol White: I thought she found balance, more or less and gratitude and grace

Feb 22, 9:45 PM

PatriciaMoore: Michelle I thought she was regretting her decision to work & miss out her daughter's life.

Feb 22, 9:46 PM

Terri-Lynn Torrez: I was going to say, I liked the language. But yes, at the end of some chapters I was skimming.

Feb 22, 9:46 PM

Carol White: I agree Jennifer. Sometimes I was irritated with her

Feb 22, 9:46 PM

MichelleHare: I was definitely annoyed with her.

Feb 22, 9:46 PM

Guest9953 (Guest): It was slow reading. But still engaging. When she talked about Ethiopia I almost cried!

Feb 22, 9:46 PM

PatriciaMoore: I thought she repeated some thoughts to often

Feb 22, 9:47 PM

Carol White: The book could have been shorter and gotten to the same conclusion

Feb 22, 9:47 PM

Guest9953 (Guest): Yes Patricia...

Feb 22, 9:47 PM

KimEdsen: Patricia - I thought that was an attempt to keep common threads throughout the book, but I didn't feel like it worked very well

Feb 22, 9:48 PM

PatriciaMoore: probably Kim

Feb 22, 9:48 PM

Jennifer Wilson (Moderator): ALRIGHT, LET'S GET IN TO SOME OF THE SPECIFIC THEMES.

Feb 22, 9:48 PM

Carol White: I thought Ethiopia was perhaps a turning point for her

Feb 22, 9:48 PM

JudiPartlo: I really enjoyed it - it made me think and reflect about a number of things in my life I could relate to with her experiences!! I loved the quote you posted today Jennifer about how minimalism was just another form of perfectionism without grace.

Feb 22, 9:48 PM

PatriciaMoore: agree Carol

Feb 22, 9:48 PM

JudiPartlo: I also liked some of the little sidebar lists

Feb 22, 9:49 PM

PatriciaMoore: good thought Judi

Feb 22, 9:49 PM

EdithBanks: Yes Judi

Feb 22, 9:49 PM

Carol White: Loved the quote and the sidebar lists gave it a little levity

Feb 22, 9:49 PM

PatriciaMoore: Me too, Carol

Feb 22, 9:49 PM

Jennifer Wilson (Moderator): QUOTE // In my mind's ocean are jaws of depression, tentacles of anxiety. I live daily in the hope that if I work hard enough, if I paddle fast enough, I might outswim the sadness. I might outsmart the tension. I might overcome life's ambiguity with sheer will, force of mind.

Feb 22, 9:49 PM

MichelleHare: As much as she may have tried, I doubt she ever became a minimalist when she was receiving deliveries to her front door 6 days a week.

Feb 22, 9:49 PM

Guest9953 (Guest): Yes Judi...did anyone do their own lists?

Feb 22, 9:50 PM

Carol White: Just a few lists in my head; not all of them

Feb 22, 9:50 PM

Jennifer Wilson (Moderator): I READ THIS ONE ON A KINDLE AND DIDN'T DO THE LISTS. I PROBABLY WOULD HAVE IN A PAPER COPY.

Feb 22, 9:50 PM

Jennifer Wilson (Moderator): QUESTION // Q1. We are all wired differently. Does this sound familiar or unfamiliar to you? How do you think your answer impacts your impression of the author/book?

Feb 22, 9:50 PM

Terri-Lynn Torrez: I probably would have if it wasn't a library book.

Feb 22, 9:51 PM

Cindy March: What kind of lists?

Feb 22, 9:51 PM

Terri-Lynn Torrez: I think these parts resonated in me because surrender is hard. I wrote down "Stop relying on your strength. The water is here for you." because I think that goes against my nature.

Feb 22, 9:51 PM

ShannonMinner: Well I think it means we are all different and that could be why we had a variety of different impressions of the book and author.

Feb 22, 9:51 PM

Carol White: Jennifer, do you mean the quote from above?

Feb 22, 9:51 PM

Jennifer Wilson (Moderator): FOR EXAMPLE, SHE MAKES A LIST OF "HOW TO EMPTY A SPACE" AND ASKS WHAT HAVE YOU TRIED?

Feb 22, 9:52 PM

Jennifer Wilson (Moderator): YES CAROL... THE PADDLING UPSTREAM FEELING

Feb 22, 9:52 PM

MichelleHare: So I read on Kindle to and missed the lists. I don't relate to that quote. I feel like she struggled with anxiety and depression and I have not experienced that. I frequently thought she needed counseling at different points in her life.

Feb 22, 9:52 PM

PatriciaMoore: I can relate to the depression/anxiety, but not the drive

Feb 22, 9:52 PM

Carol White: It very much resonated with me and I think that's probably why I liked the book, overall. I could relate to her.

Feb 22, 9:53 PM

Terri-Lynn Torrez: Me too, Carol.

Feb 22, 9:53 PM

Carol White: Not to her blogging or anything like that, but her feelings.

Feb 22, 9:53 PM

EdithBanks: I can relate to the drive

Feb 22, 9:53 PM

Tiffany Mitchell: I could relate to her.

Feb 22, 9:53 PM

KimEdsen: I get into ruts sometimes when I think I can 'get ahead'; like if I'd only work harder today, then tomorrow I can let up...but it doesn't work that way and I'm finally learning that!

Feb 22, 9:53 PM

Jennifer Wilson (Moderator): IN THE MIDDLE OF THE BOOK SHE WRITES THIS.. AND I COPIED IT AND SENT IT TO MY MOM:

Feb 22, 9:53 PM

Terri-Lynn Torrez: Exactly, Kim.

Feb 22, 9:53 PM

Jennifer Wilson (Moderator): "I have spent more than thirty years avoiding failure. When I was caught redhanded stealing tiny plastic bears from the preschool classroom,"

Feb 22, 9:53 PM

Terri-Lynn Torrez: That section definitely resonated.

Feb 22, 9:54 PM

JudiPartlo: With me, too

Feb 22, 9:54 PM

ShannonMinner: Huh, were you a plastic bear thief Jennifer?

Feb 22, 9:54 PM

Jennifer

Wilson (Moderator): YES! <https://www.google.com/search?biw=1144&bih=1261&tbm=isch&s>

[a=1&ei=MYKPWtCHBLHb5gLS1rKIDw&q=COUNTING+BEARS&oeq=COUNTING+BEARS&gs_l=psy-ab.3..0l10.35479.36693.0.36824.14.13.0.0.0.156.1426.3j9.12.0....0...1c.1.64.psy-ab..2.12.1424...0i67k1.0.sxLf_2glT_0#imgrc=_](https://www.google.com/search?q=COUNTING+BEARS&oeq=COUNTING+BEARS&gs_l=psy-ab.3..0l10.35479.36693.0.36824.14.13.0.0.0.156.1426.3j9.12.0....0...1c.1.64.psy-ab..2.12.1424...0i67k1.0.sxLf_2glT_0#imgrc=_)

Feb 22, 9:54 PM

KimEdsen: So funny!

Feb 22, 9:54 PM

ShannonMinner: Confession is good for the soul!

Feb 22, 9:54 PM

Terri-Lynn Torrez: She said something about the difference between the "fear of failure" and the "fear of being defined by my failure." That I thought was really insightful.

Feb 22, 9:55 PM

PatriciaMoore: Me to Terri

Feb 22, 9:55 PM

Jennifer Wilson (Moderator): INTERESTING DISTINCTION!

Feb 22, 9:55 PM

DionneJack: ooh, I like that one Terri

Feb 22, 9:55 PM

Carol White: YES!

Feb 22, 9:55 PM

MichelleHare: I don't live my life fearing failure. I live by a philosophy of always doing my best and I do hold high expectations of myself. When I do fail, I try to learn something from it. I think part of her anxiety comes from her fear of failure

Feb 22, 9:56 PM

Guest9953 (Guest): Funny visual!

Feb 22, 9:56 PM

Jennifer Wilson (Moderator): FOR CERTAIN MICHELLE

Feb 22, 9:57 PM

Carol White: Healthy, Michelle

Feb 22, 9:57 PM

Jennifer Wilson (Moderator): IN THE BOOK CLUB WE TALK A LOT ABOUT PERSONALITY AND IF ANYTHING, THIS WAS AN INTERESTING PERSONALITY STUDY WITH THE LENS OF SIMPLICITY.

Feb 22, 9:57 PM

MichelleHare: 😊

Feb 22, 9:57 PM

Jennifer Wilson (Moderator): I KNOW I HAVE ALWAYS STRUGGLED TO RECONCILE THE DESIRE TO BE PRODUCTIVE WITH THE DESIRE TO ALSO BE SIMPLE.

Feb 22, 9:57 PM

Terri-Lynn Torrez: I'm ok with failure at home, where no one can see it. But I could definitely relate to her on this one. (I never had any plastic bears though.

Feb 22, 9:58 PM

Jennifer Wilson (Moderator): I STOLE THE RED PLASTIC BEAR FROM THE CHURCH PRESCHOOL AND THEN HAD TO RETURN IT AND APOLOGIZE.

Feb 22, 9:58 PM

Jennifer Wilson (Moderator):

Feb 22, 9:58 PM

Carol White: Our society lauds productivity

Feb 22, 9:58 PM

Carol White: Jennifer! That's too funny!

Feb 22, 9:58 PM

Carol White: I bet your mom got a good laugh out of the quote.

Feb 22, 9:58 PM

JudiPartlo: Jennifer - you nailed it. I too struggle so much between simplicity and productivity!!!

Feb 22, 9:59 PM

Terri-Lynn Torrez: I've been thinking a lot about that one Jennifer (i.e., simple/slow vs productive). The Artist's Way has prompted me to spend spare time I don't have trying to put up a blog I've been wanting to write for a while. But doing so means anything but slow.

Feb 22, 9:59 PM

KimEdsen: I wonder if balancing productivity with simplicity is more about intention and priorities - life can be simple when you're doing what really matters to you. More a matter of cutting out busyness for the sake of it.

Feb 22, 10:00 PM

JudiPartlo: I like that perspective, Kim.

Feb 22, 10:00 PM

Jennifer Wilson (Moderator): I THINK WE'LL GET TO SOME OF THAT IN THE DISCUSSION. LET'S JUMP TO THE NEXT QUOTE.

Feb 22, 10:00 PM

Terri-Lynn Torrez: That's the conclusion I kind of drew from this book and my own intentions, Kim. It's all in the intent.

Feb 22, 10:00 PM

Jennifer Wilson (Moderator): QUOTE // I later learned that thinking about living is not the same as living.

Feb 22, 10:00 PM

Patricia Moore: Yes Kim I have been eliminating things that don't really matter

Feb 22, 10:00 PM

Guest9953 (Guest): I want so much to take a simple approach! It really is a lot of work when there are soooo many choices.

Feb 22, 10:00 PM

Carol White: I think that's what she struggled with when she was lamenting about missing the turtle fishing trip. She knows that she chose to miss the activity with her daughter and was upset with herself.

Feb 22, 10:00 PM

JudiPartlo: I try to work on that but it's often 2 steps forward 1 step back

Feb 22, 10:00 PM

Jennifer Wilson (Moderator): QUESTION // Q2. How does this play out for you in your own life, personal growth journey, and in scrapbooking?

Feb 22, 10:01 PM

ShannonMinner: I love this second quote.

Feb 22, 10:01 PM

Carol White: I wrote that I I wrote

Feb 22, 10:01 PM

ShannonMinner: I think we can see that we are actually living when we look back at our photos.

Feb 22, 10:01 PM

EdithBanks: I'm spend a lot of time looking at creative inspiration and not creating

Feb 22, 10:01 PM

AleceNewell: Often I'm so busy planning or thinking but I don't really do it

Feb 22, 10:01 PM

Terri-Lynn Torrez: That quote didn't resonate with me as much. My problem is not that I'm not doing things that I love. I'm just doing too many things and maybe not the ones I love most.

Feb 22, 10:02 PM

JudiPartlo: I have such a desire to learn and grow and do that I sometimes/often do too much because I want to embrace it all

Feb 22, 10:02 PM

PatriciaMoore: 2 steps forward & 1 step back,,,sometimes 1 forward & 2 back

Feb 22, 10:02 PM

ShannonMinner: It's also a reminder to me to stop and enjoy life, take advantage of opportunities, and experience things.

Feb 22, 10:02 PM

Tiffany Mitchell: I find myself thinking about scrapbooking, (watching videos, shopping products,organizing ideas on Pinterest) than I actually make stuff.

Feb 22, 10:02 PM

Terri-Lynn Torrez: Me too, Judi.

Feb 22, 10:02 PM

JudiPartlo: Yup Patricia

Feb 22, 10:02 PM

KimEdsen: Edith - that is what I thought about as well

Feb 22, 10:03 PM

Guest9953 (Guest): Me too..Edith!

Feb 22, 10:03 PM

MichelleHare: I agree with the quote. The balance between productivity and simplicity is a difficult one!With 3 kids and a FT job, I definitely struggle! My house is a mess but I try. I go on a scrapbooking retreat twice a year but struggle to work on it at other times.

Feb 22, 10:04 PM

ShannonMinner: Yes, I have a problem with wanting to do everything.

Feb 22, 10:04 PM

PatriciaMoore: I agree Shannon

Feb 22, 10:04 PM

Terri-Lynn Torrez: For me right now, the Artist Way is opening up so many creative thoughts. I'm loving it but in some ways it's making it worse.

Feb 22, 10:05 PM

ElisabethKnoche: Edith me too. Also taking classes online I bought but could never get to until now.

Feb 22, 10:05 PM

Jennifer Wilson (Moderator): TAKING OUT OF CONTEXT, I THINK THIS QUOTE IMPLIES THAT THINKING ABOUT LIVING IS FAR INFERIOR TO THE ACTUAL LIVING... BUT THEY ARE ALL IMPORTANT. THERE'S THE BEFORE-LIVING PART OF THINKING, THE PLANNING, THE DREAMING, THE BETTERING WE DO OF OURSELVES.. THEN THERE'S THE ACTUAL LIVING, THE MEMORY MAKING, THEN THERE'S THE MEMORY KEEPING.. SCRAPBOOKING IS VERY MUCH A PROCESS OF THINKING ABOUT LIVING...AND THE CYCLE BEGINS AGAIN..

Feb 22, 10:05 PM

PatriciaMoore: Terri, you nailed it for me

Feb 22, 10:06 PM

CarolWhite: My computer froze, more on my phone.

Feb 22, 10:06 PM

MichelleHare: That's an interesting way of looking at it Jennifer...kinda like a circle of life concept!

Feb 22, 10:06 PM

PatriciaMoore: Kinda of like season's of our time, Jennifer

Feb 22, 10:07 PM

CarolWhite: I wore that quote down, Jennifer. It really spoke to me. Too much studying and not enough scrapbooking. To put it in a scrapbooking context.

Feb 22, 10:07 PM

Jennifer Wilson (Moderator): THIS MAKES IT INTERESTING TO CONTRAST SCRAPBOOKING AS A WAY WE SPEND TIME WITH SOMETHING LIKE HOME DECORATING... BOTH CAN BE FULFILLING, BUT ONE MIGHT ARGUE THAT SCRAPBOOKING OFFERS A DEEPER, MORE LASTING FULFILLMENT THAT THE SURFICIAL CANNOT.

Feb 22, 10:07 PM

KimEdsen: The thing about actual living is that it opens yourself up to failure, mistakes, etc. that may have had an impact from her perspective as well

Feb 22, 10:08 PM

MichelleHare: I definitely do a lot of scrapbook planning, Pinterest, etc but much less actual scrapbooking!

Feb 22, 10:08 PM

CarolWhite: True, Jennifer. Scrapbooks last longer and are more meaningful in the long term.

Feb 22, 10:08 PM

CarolWhite: It's all about balance

Feb 22, 10:09 PM

PatriciaMoore: My home decor really reflects who I am just as my scrapbook pages do...& both are fulfilling

Feb 22, 10:09 PM

AleceNewell: Sometimes I frustrate myself because when I'm "living" I forget to take pictures to scrapbook later

Feb 22, 10:09 PM

Jennifer Wilson (Moderator): FOR CERTAIN KIM, THERE IS VULNERABILITY IN LIVING

Feb 22, 10:10 PM

PatriciaMoore: Alece, I have done that recently...for got the camera

Feb 22, 10:10 PM

Terri-Lynn Torrez: On the other hand, we live in our home. I really don't like home decorating but I think I feel differently about it since I read Nesting Place.

Feb 22, 10:10 PM

CarolWhite: Yes, Patricia. I agree. I also want a warm and inviting home.

Feb 22, 10:11 PM

Terri-Lynn Torrez: That's definitely been a huge focus for me this year.

Feb 22, 10:11 PM

MichelleHare: Might have to check that out Terri-Lynn because I hate Home decorating!

Feb 22, 10:11 PM

CarolWhite: Nesting place? Who's the author? I feel like I've read that.

Feb 22, 10:11 PM

TaraNolley: Myquillyn Smith

Feb 22, 10:11 PM

TaraNolley: I just looked it up at my library.

Feb 22, 10:11 PM

PatriciaMoore: My surrounding really influence me...

Feb 22, 10:11 PM

Terri-Lynn Torrez: Nesting Place - Myquillin Smith. Her blog is The Nester. It's good but the book was amazing. The gist was love the home you're in now basically.

Feb 22, 10:11 PM

JudiPartlo: Same here

Feb 22, 10:12 PM

CarolWhite: Yes! I have read it. IDHTBPTBB?

Feb 22, 10:12 PM

Jennifer Wilson (Moderator): QUOTE // God [or Life or The Universe] will not give us more than we can handle, the saying goes. But what does it say about what we give ourselves? What then?

Feb 22, 10:13 PM

Terri-Lynn Torrez: Exactly, Carol.

Feb 22, 10:13 PM

PatriciaMoore: I am my own worse enemy...

Feb 22, 10:13 PM

TaraNolley: I did like that statement. It made me think about what I take on that isn't required.

Feb 22, 10:13 PM

AleceNewell: Yes Tara

Feb 22, 10:13 PM

MichelleHare: We definitely give ourselves more than we can handle! That's what brings on the stress. Learning to say no when appropriate is extremely important!

Feb 22, 10:13 PM

CarolWhite: We have higher expectations of ourselves than God. He knows we aren't perfect, but we expect perfection in ourselves.

Feb 22, 10:13 PM

Terri-Lynn Torrez: I struggled with that section re: God obviously. But I agree, I'm my own worst enemy.

Feb 22, 10:13 PM

PatriciaMoore: I have started removing/not doing more these days

Feb 22, 10:14 PM

Jennifer Wilson (Moderator): QUESTION // Q3. Let's take this directly to scrapbooking. How do you make your scrapbooking itself too hard or your life such that it makes scrapbooking harder?

Feb 22, 10:14 PM

Tiffany Mitchell: I have too much stuff....

Feb 22, 10:14 PM

Terri-Lynn Torrez: I was subtracting too, Patricia. A lot. Until Artist's Way.

Feb 22, 10:15 PM

MichelleHare: Me too...too much stuff. But I also overthink the process too much!

Feb 22, 10:15 PM

EdithBanks: Trying to scrapbook in a style that isn't me.

Feb 22, 10:15 PM

PatriciaMoore: too much stuff....too many other things going on....trying to hold on to my own time to scrap

Feb 22, 10:15 PM

Terri-Lynn Torrez: Too much stuff. Too complicated ideas. Too many big projects, extended classes, etc.

Feb 22, 10:15 PM

AleceNewell: I expect pages to look like designers who do it as their professional job

Feb 22, 10:15 PM

CarolWhite: Terr-Lynn the Nesting Place helped me with redecorating or family room and my overall feelings about our Villa

Feb 22, 10:15 PM

KimEdsen: I want to love every page I make...is that too unrealistic? LOL

Feb 22, 10:15 PM

KimEdsen: Learning to say 'good enough'

Feb 22, 10:15 PM

TaraNolley: Trying to make 'meaningful' pages when I don't have the energy and just want to play with an inspiring photo.

Feb 22, 10:15 PM

KimEdsen: Alece - yes!

Feb 22, 10:16 PM

Tiffany Mitchell: Also comparing what I am doing to what I see people on design teams or the "professionals" make.

Feb 22, 10:16 PM

Terri-Lynn Torrez: Carol, I've been thinking about that book a lot as I re-did my scraproom. I love this room now even though it's not totally done. And I want to do that in *every* room.

Feb 22, 10:16 PM

CarolWhite: Also wanting my home perfect, my meal planning perfect, all the laundry done, etc. Before I play with my pages and photos

Feb 22, 10:17 PM

CarolWhite: 

Feb 22, 10:17 PM

PatriciaMoore: Carol that is definitely a problem for me...working on "good enough"

Feb 22, 10:17 PM

Terri-Lynn Torrez: That's a big one. We just can't focus on so many things at once. Deciding what is the priority in any given day, week.

Feb 22, 10:17 PM

ShannonMinner: Learning how to say NO to things/projects.

Feb 22, 10:17 PM

Jennifer Wilson (Moderator): It sounds like The Nesting Place might be worth reading in 2019 for Book Club?

Feb 22, 10:17 PM

ShannonMinner: Yes Jennifer!

Feb 22, 10:17 PM

Terri-Lynn Torrez: Definitely gets me vote.

Feb 22, 10:17 PM

MichelleHare: I don't get free time until later in the evening and then I'm too tired.

Feb 22, 10:18 PM

PatriciaMoore: agree Jennifer

Feb 22, 10:18 PM

TaraNolley: Michelle, me too

Feb 22, 10:18 PM

CarolWhite: Yes! My life is flying by! I want more than clean dishes to show for it!

Feb 22, 10:18 PM

Jennifer Wilson (Moderator): THIS NEXT QUOTE CONTINUES THE CONVO...

Feb 22, 10:18 PM

Jennifer Wilson (Moderator): QUOTE // You can understand how, in my season of subtraction, of stripping, of hitting rock bottom—the foreclosure, the bankruptcy, the death of a parent—I craved addition. You can feel how I sought wholeness, achievement, contentment.

Feb 22, 10:18 PM

EdithBanks: My confession- cleaning house is not my priority ! I do live by myself. I schedule creative time first

Feb 22, 10:18 PM

Jennifer Wilson (Moderator): QUESTION // Q4. What might you have added in your search for simplicity?

Feb 22, 10:18 PM

Terri-Lynn Torrez: Michelle, I discovered recently that it's not the time but the mental energy I was expending during the day. I still work the same number of hours but my new project is slower and it's made all the difference. I was shocked.

Feb 22, 10:18 PM

PatriciaMoore: Yeah Edith

Feb 22, 10:19 PM

JudiPartlo: Space for rest and reflection

Feb 22, 10:19 PM

CarolWhite: Edie~you are a wise woman!

Feb 22, 10:19 PM

MichelleHare: Wow Terri-Lynn! That's a good point!

Feb 22, 10:20 PM

Guest9953 (Guest): Purging...one item at a time!

Feb 22, 10:20 PM

PatriciaMoore: I listen to my body & are saying no more

Feb 22, 10:20 PM

AleceNewell: I have "added" subtraction by trying to declutter but that takes time, energy, work added to my life

Feb 22, 10:20 PM

JudiPartlo: And space physically with my possessions

Feb 22, 10:20 PM

KimEdsen: I've tried to add flexible routines. If it's a habit/system then I don't have to think so much!

Feb 22, 10:20 PM

Jennifer Wilson (Moderator): I KNOW THAT I HAVE AMASSED A NUMBER OF PLANNERS OVER THE YEARS IN THIS QUEST.

Feb 22, 10:20 PM

KimEdsen: Terri-Lynn - I totally understand that; for me it's more about mental energy than physical (usually)

Feb 22, 10:20 PM

Terri-Lynn Torrez: I am trying to subtract more from my house so cleaning doesn't take so much. Honestly though it's way, way less than our old house.

Feb 22, 10:21 PM

PatriciaMoore: Mental & physical energy are more of a problem as I have aged

Feb 22, 10:21 PM

EdithBanks: Yes Terri.

Feb 22, 10:21 PM

MichelleHare: I need to focus more on the subtraction at this point in my life!

Feb 22, 10:22 PM

Terri-Lynn Torrez: I was truly surprised by how much the change of project helped. I had chalked it up to the longer commute and had pretty much written off weeknights for anything but urgent priorities. Now I'm trying to use the extra time to start a blog.

Feb 22, 10:22 PM

Patricia Moore: Edith I often wish for a cave to be by myself

Feb 22, 10:22 PM

Carol White: definitely, Jennifer! I bought a new one today, trying to mimic Ali's new story planner and mix it with my creative hub. I got the cutest stuff from the Target Dollar Spot for way cheaper than Ali's things. I think it will work well.

Feb 22, 10:22 PM

Jennifer Wilson (Moderator): SERIOUSLY, DON'T KNOW HOW THE TIME GOES SO FAST.

Feb 22, 10:23 PM

InaNecesito: Ooh, good idea Carol. I'm making my creative hub in 8 1/2 x 11 so it's the same as cute school/office supplies.

Feb 22, 10:23 PM

Jennifer Wilson (Moderator): I WANT TO SHARE THIS REALLY EPIC QUOTE ABOUT PINTEREST... BUT THEN TRANSITION TO A FINAL DISCUSSION POINT.

Feb 22, 10:23 PM

Jennifer Wilson (Moderator): QUOTE // Are we all inhaling intoxicating Pinterest fumes? An oxygenated reality? And if so, can we call it true inspiration? The definition of inspiration is the drawing of breath, an inhalation, a gasp. A filling-up that offers an abundance of energy for your day, for the task, for that project, for this life. Are we being inspired when we are meant to inspire? Are we being inhaled when we are meant to inhale?

Feb 22, 10:23 PM

Jennifer Wilson (Moderator): Pinterest has contributed to a society of hopeful expectation. There is always a better idea, a quicker solution, an available tutorial, and there is always more to be done. There is always a newer product to discover. There is always a snack upon which your lion can feed. But sometimes we're meant to close our eyes, to inhale and exhale, to breathe in and breathe out.

Feb 22, 10:23 PM

Jennifer Wilson (Moderator): Sometimes the best we can do is to shut our eyes to the pink Smeg on Pinterest and open our eyes to our dated white fridge, the smudgy one with our dentist appointment reminder, the report cards, our grandmother's pickle recipe. Because I can tell you one thing that I know to be true. There is no better Pinterest recipe than your grandmother's pickles.

Feb 22, 10:24 PM

Terri-Lynn Torrez: I have to say Pinterest itself has never been my downfall. But I can definitely relate to the sentiment.

Feb 22, 10:25 PM

PatriciaMoore: We get images from so many places & constant,,,I put myself on a image diet....

Feb 22, 10:25 PM

KimEdsen: I was shocked to find out one of the founders of Pinterest was from Des Moines, IA. I lived here then...you'd think I'd have known that?!?!

Feb 22, 10:25 PM

JudiPartlo: I have fallen down the Pinterest hole before at times, but now I usually only use it for resources I need/want to look up. But I agree - this is such good insight!

Feb 22, 10:25 PM

Jennifer Wilson (Moderator): THIS IDEA OF CHASING THAT REPEATS THROUGHOUT THE BOOK IS SOMETHING I THINK WE'LL CONTINUE TO DISCUSS IN OTHER CONVERSATIONS HERE... THAT THE CHASE IS ALWAYS THERE AND IT'S HOW YOU BALANCE, ACCEPT THAT CHASE.

Feb 22, 10:26 PM

MichelleHare: Pinterest can be my double edged sword. I do draw inspiration from it but I probably spend waaaaay too much time browsing it. Definitely not balanced time there!

Feb 22, 10:26 PM

PatriciaMoore: Definitely Jennifer

Feb 22, 10:26 PM

KimEdsen: Someone in the member group recommended unroll.me for email in the past few months - that has changed my email experience a lot. On Pinterest I don't generally scroll randomly, I go in with a specific idea I'm looking for.

Feb 22, 10:26 PM

Carol White: That brought me back to the Living Life quote

Feb 22, 10:26 PM

Jennifer Wilson (Moderator): QUOTE // There is only today, with holes in our pockets, with time spilling out.We cannot keep it for tomorrow. We cannot mend our seams to hoard, save, carry. Ask a bird how to fly,and it might tell you to remove the weight from your wings.

Feb 22, 10:26 PM

AleceNewell: Maybe we spend too much time avoiding the chase

Feb 22, 10:27 PM

Jennifer Wilson (Moderator): SO HERE'S A FINAL QUESTION...

Feb 22, 10:27 PM

Jennifer Wilson (Moderator): QUESTION // Q6. What is one weight you can lessen in the coming weeks?

Feb 22, 10:28 PM

ShannonMinner: Yikes, soccer season is starting.

Feb 22, 10:28 PM

JudiPartlo: Hmmmm.....

Feb 22, 10:28 PM

KimEdsen: Distraction....I feel more calm when I act with intention and don't let myself get dispersed too thinly

Feb 22, 10:28 PM

ShannonMinner: I could not pick up any new projects and work on what I have. Also my good ole "time management" problem.

Feb 22, 10:28 PM

Carol White: I've had my granddaughter here 3 of 4 afternoons this week. While I wouldn't want to call her a weight, I will say that not picking her up and watching her next week will allow for some creative time I haven't had this week.

Feb 22, 10:28 PM

MichelleHare: That's a tough one!! I know I definitely need to drop the weight but where to begin? Does soccer season ever really end? Not in my life!!!

Feb 22, 10:28 PM

Terri-Lynn Torrez: That's a good one, Kim.

Feb 22, 10:29 PM

Jennifer Wilson (Moderator): THAT'S A GOOD ONE KIM... I FEEL MOST UNTETHERED WHEN I TRY TO MULTITASK... AND WHEN I LET TIME SLIP AWAY TO DISTRACTION INSTEAD OF FOCUS

Feb 22, 10:29 PM

DionneJack: For me I think lessening distraction would be the best one to work on.

Feb 22, 10:29 PM

Terri-Lynn Torrez: I need to stop procrastinating finishing the rest of this semester's homeschool stuff and just get it off my plate.

Feb 22, 10:29 PM

Tiffany Mitchell: Having a baby in April. Getting my bigger kids situated in their new bedrooms and getting things purged to fit and be more organize before more stuff comes in!

Feb 22, 10:29 PM

KimEdsen: Yes, I start one thing, but pretty soon start something else, etc. etc. until I'm left with digging myself out of all that I've started!

Feb 22, 10:29 PM

Guest9953 (Guest): I have collections on Instagram...less time spent than on pinterest

Feb 22, 10:29 PM

Carol White: Oh, Tiffany! You have a lot going on.

Feb 22, 10:29 PM

JudiPartlo: I think for me it would be getting back to focusing on just the next thing. That has been super helpful to me in the past. Prioritize and focus.

Feb 22, 10:30 PM

TaraNolley: I need to reduce tiredness by going to bed on time.

Feb 22, 10:30 PM

EdithBanks: I need to go back to turning off devices at 9

Feb 22, 10:30 PM

Jennifer Wilson (Moderator): I HEAR THAT TARA!!

Feb 22, 10:30 PM

Terri-Lynn Torrez: I also need to say No to coaching the high school speech team. My husband and I used to coach together and now that my son is on the team, he's coaching debate again. But for me, I need to say No this time.

Feb 22, 10:30 PM

KimEdsen: Good one, Tara!

Feb 22, 10:30 PM

ShannonMinner: Michelle, we go three months in the spring, three months in the fall. Multiplied by two kids.

Feb 22, 10:30 PM

Carol White: I've given up Social Media after 10pm for Lent. That is helping me get to sleep earlier.

Feb 22, 10:30 PM

PatriciaMoore: way to go Terri

Feb 22, 10:31 PM

Carol White: Knowing you need to say NO is huge, Terri-Lynn

Feb 22, 10:31 PM

MichelleHare: I like that Carol! I think sticking to a better sled schedule would make a huge difference for me!

Feb 22, 10:31 PM

Terri-Lynn Torrez: It is. But it's hard to keep my resolve when I know I can help those kids. But I know myself - I can't just help them a little. A few hours here and there and by Sept I'll be full-time again.

Feb 22, 10:31 PM

Carol White: I'm able to get up and get going before the day is 1/2 over! I've spent way too many hours on IG and Pinterest and FB

Feb 22, 10:32 PM

MichelleHare: *sleep schedule *

Feb 22, 10:32 PM

PatriciaMoore: other than our chats, I don't do electronic time after dinner

Feb 22, 10:32 PM

Carol White: You are very disciplined Patricia!

Feb 22, 10:32 PM

Jennifer Wilson (Moderator): THERE'S NO PRESSURE TO HAVE ONE EXACT ANSWER... BUT AS WE GO INTO THE SPRING SEASON... YOU'LL NOTICE THAT LIGHTNESS IS A THEME OF THE NEW CREATIVE ROADMAP. KEEP MULLING OVER THIS QUESTION. HOW CAN YOU FEEL LIGHTER?

Feb 22, 10:32 PM

Terri-Lynn Torrez: Likewise, Patricia. My bedtime is 10pm except on SS chat nights.

Feb 22, 10:32 PM

Jennifer Wilson (Moderator): <http://s3.amazonaws.com/simple-scrapper/freebies/creativemap-002.pdf>

Feb 22, 10:33 PM

AleceNewell: I'm thinking of giving up TV to have time to do other things

Feb 22, 10:33 PM

Guest9953 (Guest): I read at 9:00

Feb 22, 10:33 PM

Tiffany Mitchell: Got my road map printed ready to fill out!

Feb 22, 10:33 PM

PatriciaMoore: No Carol....it keeps me awake...can't go to sleep then feel horrible in the morning & lose the day

Feb 22, 10:33 PM

Carol White: I just realized there are no page numbers in this book! But I liked the quote at the end of Ch 13...putting scrapbooking in for tree planting.

Feb 22, 10:33 PM

MichelleHare: My roadmap is ready too! Very excited to Scrapbash and Refresh!

Feb 22, 10:34 PM

[Carol White](#): Lent is helping me break the cycle of me being on my phone way too late and not sleeping well. I've really been struggling with it.

Feb 22, 10:34 PM

Jennifer Wilson (Moderator): THANK YOU ALL FOR JOINING ME TONIGHT. NEXT MONTH WE'LL BE READING STOP SAYING YOU'RE FINE BY MEL

ROBBINS: <http://amzn.to/2ibqJZN>

Feb 22, 10:34 PM

JudiPartlo: That's great, Carol. Sleep is so important and helpful!!

Feb 22, 10:34 PM

[Carol White](#): That should be another good one. Great selections this year.

Feb 22, 10:34 PM

AleceNewell: Good night all!

Feb 22, 10:34 PM

TaraNolley: Good night

Feb 22, 10:35 PM

EdithBanks: Good night

Feb 22, 10:35 PM

KimEdsen: Night, all!

Feb 22, 10:35 PM

[Carol White](#): Thanks, Jennifer, for leading us tonight.

Feb 22, 10:35 PM

[Terri-Lynn Torrez](#): 'night all.

Feb 22, 10:35 PM

[Carol White](#): Good night, everyone!

Feb 22, 10:35 PM

Jennifer Wilson (Moderator): NIGHTY NIGHT!

Feb 22, 10:35 PM

JudiPartlo: Thank you everyone - I really appreciate your insights!!!

Feb 22, 10:35 PM

PatriciaMoore: Good Night...happy scrapping

Feb 22, 10:35 PM

MichelleHare: Thanks Jennifer! Good night everyone! Can't wait for the March book!

Feb 22, 10:36 PM

ShannonMinner: Thanks Jennifer! Good night everyone.

Feb 22, 10:36 PM

Guest9953 (Guest): Thanks!