



Grassroots Sailing is a member school of Sail Canada (formerly CYA), which governs the sport of sailing in Canada. All our programs are taught to their standards, which emphasize safety and good seamanship.

The Learn to Cruise division of Sail Canada, of which we are a part, teaches students to crew, or act as skipper aboard cruising sailboats. There are a number of courses laid out to achieve this end.

For students that have completed their Basic Cruising Std and who wish to achieve a level that qualifies them to bareboat skipper we offer the Sail Canada **Intermediate Cruising Standard** course. However many students have not had enough experience to be successful at that level, therefore we are now offering a **Journey to Chartering** course which is taught as a seven day liveaboard format in the Caribbean.



This is a relatively new course offering and is designed to fill the gaps for those not yet ready to successfully complete the Intermediate Course. This course will be conducted by an experienced instructor. This is a more relaxing format than the Intermediate course. This will allow the student time to build their foundation skills to a higher standard in preparation for the Intermediate course. Since there is no pressure to complete all the performance objectives of the Intermediate course there will be more opportunity to practice and become familiar with the larger boat both in a crew and skipper role. It is designed to be a fun course that builds confidence and competence while logging big boat experience.

At the end of the week the instructor will give the student a breakdown of their individual skill levels and some recommendations on what should be their focus going forward. If all the students agree we will even offer an opportunity to experience a little bit of night sailing

We have a sailing club that offers an inexpensive way to gain experience and provides access to, or discounts on, other courses, charters, passages etc.

Objective:

" To be able to cruise safely in familiar waters as both skipper and crew of a sailing yacht of 8 - 15 meters in moderate wind and sea conditions by day. Program emphasizes on-the-water skills such that the student will gain experience on larger vessels and will come away with a good knowledge of the level they have attained as well as recommendations for the student to be successful should they wish to attain the Intermediate Cruising Standard."

Course Content Synopsis

- *Coaching and practice of Foundation Skills*
- *Living Afloat & Cruising Boat Systems*
- *Weather*
- *Safety*
- *Seamanship*
- *Practical Navigation & Piloting*

**PREREQUISITES**

Basic Cruising Standard. It is recommended that the student have a recognized first aid certificate, a VHF radio operator's certificate and have completed the Sail Canada Coastal Navigation Standard

AFLOAT SKILLS:

- ✓ Assuming the skipper's role
- ✓ Sail a vessel as both skipper and crew, on all points of sail, tacking, gybing, and sailing to weather efficiently
- ✓ Navigation procedures: dead reckoning, bearings, chartwork, plan a cruise
- ✓ Anchoring and docking.
- ✓ Crew Overboard procedures
- ✓ Liveaboard: system checks, meal preparation, efficient resource use

This winter season we are offering the Journey to Chartering liveaboard course in Sint Maarten.

The Journey to Chartering is conducted on a Beneteau 43.4 which has been chosen for its sailing instruction suitability. This is a four cabin vessel which will give students great exposure to big boat sailing in ocean waters

