



Grassroots Sailing is a member school of Sail Canada (formerly CYA), which governs the sport of sailing in Canada. All our programs are taught to those standards, which emphasize safety and good seamanship.

The Learn to Cruise division of Sail Canada, of which we are a part, teaches students to crew, or act as skipper aboard cruising sailboats. There are a number of courses laid out to achieve this end.

The most popular training we do is the Sail Canada Basic Cruising course. This is offered in two formats.

1st option: We do the Basic Cruising Standard course in 36 hours on the water, a daysailing format, spread over 4 days usually two weekends on Lake Simcoe and 12 hours of mentoring either 4 evenings or 2 weekend days.



The **2nd option** is given as the 5 day Cruise & Learn format. This takes a student with no prior experience, over a period of 5 ½ days to the certification level of Basic Cruising Standard.

With either option the result then qualifies them to operate such a 6 – 9 metre vessel in protected waters where they can practice their new skills.

The theory part of is given either as an online study at your own pace and schedule along with optional conference calling reviews or as a classroom training option. This classroom training is 18 hours. Both options includes the government mandated Pleasure Craft Operators card certification if needed.

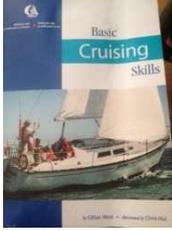
Grassroots Sailing School also recommends that the student, who wishes to become a proficient and competent sailor, enroll in our Modular Theory course which includes Basic Navigation, Basic Marine Weather, and the Marine VHF radio certification.

Our other recommendation for our students is to build their newfound basic skills with mentoring and coaching. We have a sailing club that offers a way to gain experience with coaching once the Basic Cruising Standard is achieved. For additional information please go to the Sailing Club link

To this end Grassroots Sailing School has put together a package that includes the on the water practical, the Basic Modular Theory (56 hours) and a month of mentoring with our sailing club at a very competitive price. Contact us for details.

Those who wish to bareboat charter in the Great Lakes, Virgin Islands or other popular boating areas should then take their Intermediate Cruising standard which is accepted in these areas as suitable proof of competence. Advanced Cruising training is also available.

Upon successful completion of the course, you will be awarded the appropriate Sail Canada certification to be recorded in your International Cruising Logbook recognized the world over by other national authorities.



The authorized text for the Sail Canada Basic Cruising Standard is Gillian West's book, BASIC CRUISING SKILLS.

This text, custom online e-learning, the logbook, registration with Sail Canada and the government mandated Pleasure Craft Operator's Card are all included in the price of the course.

Objective: "To be able to cruise safely in familiar waters as crew of a sloop rigged keel boat of 6-10 metres in moderate wind and sea conditions by day"

Course Content Synopsis

- Sail boat gear and equipment.
- Introduction to charts
- buoyage system
- Safety
- Rules of the road.
- Weather.
- Basic seamanship.
- Boat handling under sail and power.
- Reefing (reducing sail)
- Heaving to
- Anchoring
- Docking.
- Crew Overboard procedures



We are offering the Cruise & Learn liveaboard Basic course on Georgian Bay or from time to time in the Thousand Islands.

The Cruise & Learn Basic Standard is conducted using a combination of a Catalina 22 and a Beneteau Cyclades (Georgian Bay). The use of the Catalina initially, allows a student to build confidence in learning the Basic Skills before actually continuing the skill building on the Beneteau. Of course the students will be living aboard the larger boat during the course. This methodology separates us from most other sailing schools and it has been our experience that students progress faster and more confidently starting their learning curve on a smaller more manoeuvrable boat.