



Grassroots Sailing is a member school of Sail Canada (formerly CYA), which governs the sport of sailing in Canada. All our programs are taught to their standards, which emphasize safety and good seamanship.

The Learn to Cruise division of Sail Canada, of which we are a part, teaches students to crew, or act as skipper aboard cruising sailboats. There are a number of courses laid out to achieve this end.

The Introduction to Boating is not a formal course nor is it a prerequisite to the Basic Cruising Standard. It is designed to give new students a fun and relaxing exposure to the boating experience. Novice boaters are introduced



to safe practices when preparing to leave the dock, while underway, and when returning to dock. This standard may be taught in a sailing vessel or a powerboat. Grassroots Sailing uses a 22 foot sailboat.

The focus will be on experiencing the pleasure of sailing and will help the participant decide whether this sport is something they would like to learn. The participant will be encouraged by an experienced

instructor to be hands on. By the time you disembark you will have experienced, steering the boat, putting the sails up, setting the sails helping to get the boat on and off the dock under the guidance of one of our friendly and experienced instructors who just wants to share their passion for sailing with you. Early in the season we schedule some of these on Wednesday evenings but if there are two or more call us to book an appointment to go sailing



Grassroots Sailing School also recommends that the person, who wishes to become a proficient and competent sailor, enroll in our Basic Cruising course which includes all the theory and on the water training sufficient to be able to handle a boat in the 6 – 10 metre range

**Objective:**

“To introduce novice boaters to safe practices in preparing to leave the dock, while underway, and when returning to dock.”

**Course Content Synopsis**

- ✓ Basic boat check for seaworthiness.
- ✓ Review safety equipment location and use.
- ✓ Discuss basic safety when participating as crew.
- ✓ Participate in preparation of boat for departure.
- ✓ Participate in departure from dock as crew.
- ✓ Demonstrate safe behaviour while underway.
- ✓ Participate in returning to dock as crew.
- ✓ Assist in activities required to secure and put away vessel.