MBTI Equivalent

Instructions: For each question circle either a or b
(the one that describes you the best)

1.
a. expend energy, enjoy groups
b. conserve energy, enjoy one-on-one
2.
a. interpret matters literally, rely on common sense
b. look for meaning and possibilities, rely on foresight
3.
a. logical, thinking, questioning
b. empathetic, feeling, accommodating
4.
a. organized, orderly
b. flexible, adaptable
5.
a. more outgoing, think out loud
b. more reserved, think to yourself
6.
a. practical, realistic, experiential
b. imaginative, innovative, theoretical
7.
a. candid, straight forward, frank
b. tactful, kind, encouraging
8.
a. plan, schedule
b. unplanned, spontaneous
9.
a. seek many tasks, public activities, interaction with others
b. seek more private, solitary activities with quiet to concentrate
10.
a. standard, usual, conventional
b. different, novel, unique

Contd…

11.
a. firm, tend to criticize, hold the line
b. gentle, tend to appreciate, conciliate
12.
a. regulated, structured
b. easygoing, “live” and “let live”
13.
a. external, communicative, express yourself
b. internal, reticent, keep to yourself
14.
a. consider immediate issues, focus on the here-and-now
b. look to the future, global perspective, “big picture”
15.
a. tough-minded, just
b. tender-hearted, merciful
16.
a. preparation, plan ahead
b. go with the flow, adapt as you go
17.
a. active, initiate
b. reflective, deliberate
18.
a. facts, things, seeing “what is”
b. ideas, dreams, seeing “what could be,” philosophical
19.
a. matter of fact, issue-oriented, principled
b. sensitive, people-oriented, compassionate
20.
a. control, govern
b. latitude, freedom

Style Evaluator

	a.	b.		a.	b.		a.	b.		a.	b.
1.			2.			3.			4.		
5.			6.			7.			8.		
9.			10.			11.			12.		
13.			14.			15.			16.		
17.			18.			19.			20.		
Total			Total			Total			Total		
E		I	S		N	T		F	J		P

Personal Development Plan

