

**2015 WIAC
Men's & Women's
Indoor Track & Field
Championships**



**University of Wisconsin-Platteville
Williams Fieldhouse**



UNIVERSITY OF WISCONSIN PLATTEVILLE

Welcome to the 2015 WIAC Indoor Track & Field Championships.

On behalf of the University of Wisconsin-Platteville and WIAC Commissioner Gary Karner, congratulations on a great season and best of luck in the 2015 WIAC Indoor Track & Field Championships. It is our privilege to host this event in arguably the strongest conference in the nation and fully appreciate all the work and effort you have put forth this season.



We look forward to hosting great competition and hope you enjoy your experience. I'd also like to extend a personal thanks to Coach Andres Young and Coach Chris Rotzenberg for their tireless efforts to make this event a great championship for all of our WIAC teams.

Best of luck and hope you accomplish a personal best,

Mark Molesworth
Director of Athletics
University of Wisconsin-Platteville

Championship Personnel

WIAC Commissioner

Gary Karner, (608) 263-4402
gkarner@uwsa.edu

WIAC Assistant Commissioner for Media Relations

Matt Stanek, (608) 265-6406
mstanek@uwsa.edu

UW-Platteville Director of Athletics & Co-Meet Director

Mark Molesworth, (608) 342-1567
moleswom@uwplatt.edu

UW-Platteville Assistant Track Coach & Co-Meet Director

Andres Young, (608) 342-1263
youngan@uwplatt.edu

UW-Platteville Head Track & Field Coach

Chris Rotzenberg, (608) 342-1504
rotzenbergc@uwplatt.edu

UW-Platteville Assistant Director of Athletics & Senior Women's Administrator

Deb Schulman, (608) 342-1255
schulman@uwplatt.edu

UW-Platteville Head Athletic Trainer

Ryanne Breckenridge, (608) 342-1575
breckenridgr@uwplatt.edu

UW-Platteville Sports Information Director

Justin Bohn, (608) 342-1574
Bohnj@uwplatt.edu

Meet Information

- Date/Time: Friday, February 27 11:30 AM
Saturday, February 28 9:00 AM
- Web Site: www.wiacsports.com
- Entries: Directathletics.com will be handling online entries. Online entries will close on **Tuesday, February 24th at noon**. Please identify your wild cards via email to Andres Young (youngan@uwplatt.edu) prior to 12:00pm on Tuesday, February 24th.
- After noon Tuesday, February 24th, only scratches will be allowed, with that athlete being scratched from all events.
- Multi-Events:** Please submit high jump best marks for all multi event athletes to Andres Young (youngan@uwplatt.edu) prior to 12:00pm on Tuesday, February 24th.
- Heat Sheets: A performance list and preliminary heat sheet will be distributed to head coaches no later than Tuesday, February 24th at 4pm. All changes must be submitted to Andres Young (youngan@uwplatt.edu) by Wednesday, February 25th at 10am. Final heat sheets will be posted online and distributed to head coaches by Wednesday, February 25th at 2pm.
- Timing: Accurace Timing will be the official timing company of the WIAC Indoor Championships. Finish Lynx fully automatic timing will be used for primary and backup. No coaches or spectators are allowed in the timing area.
- Results: Results will be posted immediately following the completion of each event in room B52. Following the protest period, results will be posted at various locations throught the facility. Final results will be posted immediately after the competition at the WIAC site (www.wiacsports.com) as well as the UW-Platteville Athletics website (www.letsGOPioneers.com). Live results will be available on the timer's website (www accuracetiming.com).
- Protests: Protest forms will be distributed in the coaches' packets. Any coach wishing to file a protest must submit the protest form to the Meet Director in person to begin the protest process. Protests must be filed within 30 minutes following the posting of results.
- Facility: The meet will take place in the Williams Fieldhouse at UW-Platteville. The track is 6 lanes (8 lanes on the straight) with a Rekortan surface. Quarter inch spikes are allowed on the running surface. The infield surface is spike proof with ¼ inch spikes allowed on the surface. **FOOD OR DRINK WILL NOT BE ALLOWED IN THE INDOOR TRACK AREA. ONLY WATER WILL BE ALLOWED. *Please take spikes off before leaving the lower track and field area.***
- Locker Rooms: Locker rooms and showers are located one flight above the track level in the men and women's general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.
- Training Room: The training room is located on the same level as the locker rooms. A certified trainer will be available throughout the entire event on the north end of the track.

Coaches Meeting:	The coaches meeting will take place in room B52, located on the northwest hallway adjacent to the track. The coaches meeting will begin at 10:30am on Friday for both Women's and Men's coaches. A coaches meeting may be held on Saturday at 8:30am if deemed necessary. The meet director will notify all coaches if this meeting is to occur.													
Games Committee:	<u>Women</u> Mike Johnson, UW-Whitewater Chris Rotzenberg, UW-Platteville Ben Dorsey, UW-Oshkosh	<u>Men</u> Mike Johnson, UW-Whitewater Chris Rotzenberg, UW-Platteville Eamon McKenna, UW-Oshkosh												
Long/Triple Jump:	Runway is located on the west straightaway of the track which provides an unlimited approach. Pentathlon and Heptathlon Long Jump will use south runway, approach is approximately 115 feet. For the triple jump distances from the track surface takeoff boards are 24, 28, 32, 36 and 40 ft.													
High Jump:	Starting height will be determined at the coaches meeting. <u>SPIKES ALLOWED!</u>													
Pole Vault:	Approach is approximately 120 feet. Starting height will be determined at the coaches meeting. Quarter inch spikes allowed.													
Shot/Weight	Circle is plywood and located on the south infield of the track. Pentathlon and Heptathlon Shot Put will take place on a second circle on the north infield of the track. Weigh-ins will take place in the garage doors south of the track at the following times: FRIDAY: 9:30-11:00am SATURDAY: 10:00-11:30am													
Coaches Hospitality:	Hospitality will be available for all coaches and meet personnel. This will take place in room B52 of the Williams Fieldhouse. A live stream of the meet will be available. No athletes will be allowed in the hospitality room.													
Team Camps:	Team camps will be available in Bo Ryan Court. NO SPIKES ALLOWED!													
Bus Parking:	Busses may load and unload teams at the East entrance in the turnaround area. Busses should then park in lot 10, next to the football stadium.													
Awards:	Medals will be presented to the stop eight individual finishers for each event and the top six teams for each relay. Awards will be presented following the conclusion of the finals for each event. It is mandatory for each athlete to be wearing team issued apparel.													
Concessions:	Concessions will be available on the second floor concession stand on Friday between 10:30am and 6:30pm and on Saturday between 8:00am and 6:00pm.													
Admission:	An admission fee will be charged at the gate for all spectators. <table><tr><td><u>Friday</u></td><td><u>Saturday</u></td></tr><tr><td>Adults: \$10</td><td>Adults: \$10</td></tr><tr><td>Seniors (62): \$8</td><td>Seniors (62): \$8</td></tr><tr><td>Students (College ID required): \$5</td><td>Students (College ID required): \$5</td></tr><tr><td>Children: \$5</td><td>Children: \$5</td></tr><tr><td>5 & under: Free</td><td>5 & under: Free</td></tr></table>		<u>Friday</u>	<u>Saturday</u>	Adults: \$10	Adults: \$10	Seniors (62): \$8	Seniors (62): \$8	Students (College ID required): \$5	Students (College ID required): \$5	Children: \$5	Children: \$5	5 & under: Free	5 & under: Free
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Children: \$5	Children: \$5													
5 & under: Free	5 & under: Free													
Questions:	If you have further questions or concerns, please contact: Andres Young at (608) 342-1263, email: youngan@uwplatt.edu													

2015 WIAC INDOOR TRACK & FIELD CHAMPIONSHIPS EVENT/TIME SCHEDULE

FRIDAY, FEBRUARY 27

10:30 a.m.	WIAC Coaches Meeting
11:30 a.m.	Men's Heptathlon 60m Dash
	Men's Long Jump (<i>Women to follow</i>) (T/F)
	Men's Shot Put (<i>Women to follow</i>) (T/F)
	Men's High Jump (F)
	Women's Pole Vault (<i>Men to follow</i>) (F)
1:15 p.m.	Men's Mile Run (F)
1:35 p.m.	Women's Mile Run (F)
2:00 p.m.	Men's 60m Hurdles (T)
2:20 p.m.	Women's 60m Hurdles (T)
2:35 p.m.	Men's 60m Dash (T)
2:50 p.m.	Women's 60m Dash (T)
3:10 p.m.	Men's 400m Dash (F)
3:30 p.m.	Women's 400m Dash (F)
3:50 p.m.	Men's 5,000m Run (F)
4:35 p.m.	Women's 5,000m Run (F)
5:15 p.m.	Men's 4x200m Relay (F)
5:30 p.m.	Women's 4x200m Relay (F)
5:45 p.m.	Men's Distance Medley Relay (F)
6:05 p.m.	Women's Distance Medley Relay (F)

Men's Heptathlon Order

60m Dash
Long Jump (South Runway)
Shot Put (Throws Circle #2)
High Jump (2 pits)
(allow ½ hour between events)

SATURDAY, FEBRUARY 28

8:30 a.m.	WIAC Coaches Meeting (<i>if needed</i>)
9:00 a.m.	Women's Pentathlon 60m High Hurdles
9:20 a.m.	Men's Heptathlon 60m High Hurdles
12:00 p.m.	Women's Triple Jump (<i>Men to follow</i>) (T/F)
	Women's 35lb Weight Throw (<i>Men to follow</i>) (T/F)
1:00 p.m.	Women's High Jump (F)
1:50 p.m.	Men's 60m Hurdles (F)
2:05 p.m.	Women's 60m Hurdles (F)
2:20 p.m.	Men's 60m Dash (F)
2:35 p.m.	Women's 60m Dash (F)
2:50 p.m.	Men's 800m Run (F)
3:20 p.m.	Women's 800m Run (F)
3:40 p.m.	Men's 200m Dash (F)
4:00 p.m.	Women's 200m Dash (F)
4:20 p.m.	Men's 3,000m Run (F)
4:50 p.m.	Women's 3,000m Run (F)
5:15 p.m.	Men's 4x400m Relay (F)
5:25 p.m.	Women's 4x400m Relay (F)
	Presentation of Team and Special Awards

Women's Pentathlon Order

60m High Hurdles
High Jump (2 pits)
Shot Put (Throws Circle #2)
Long Jump (South Runway)
800m Run
(allow ½ hour between events)

Men's Heptathlon Order

60m High Hurdles
Pole Vault
1,000m Run
(allow ½ hour between events)

NOTES:

- The Men's or Women's 4x400m Relay will be contested as scheduled regardless of whether all other events of the same gender have been completed.
- T = Trials; F = Finals; T/F = Trials followed by Finals

University of Wisconsin-Platteville Athletic Training 2015 WIAC Indoor Track and Field Championship Meet

To: WIAC Student Athletes and Coaches
From: Ryanne Breckenridge, MA, ATC, LAT
Head Athletic Trainer/Lecturer
University of Wisconsin-Platteville
Re: Athletic Training Coverage

The UW-Platteville Athletic Training Staff would like to welcome you to the 2015 WIAC Indoor Track and Field Championships in Platteville. We are excited to host this year's conference meet and look forward to helping you in any way possible.

If you have special needs, please notify us prior to your visit so that we may accommodate you. A note from your physician or athletic trainer is required if any modalities are needed for your athletes. Please include detailed parameters for these modalities. Please send appropriate supplies with for any taping needs. Ice, hot packs, water, taping tables, and treatment tables will be provided trackside. All modality treatments will be done in the athletic training room.

The Athletic Training Room will be open at 9:30am and close 30 min after the final event on Friday. The Athletic Training Room will be open at 7am and close 30 min after the final event on Saturday. Urgent Care at Southwest Health Center in Platteville will be open Friday from 5p.m. to 10 p.m. and Saturday from 8 a.m. to 10 p.m. After hours emergency care is available at Southwest Health Center Emergency Room.

Please let us know if we can accommodate any other needs you may have.
Thank you,

Ryanne Breckenridge, MA, ATC, LAT
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University of Wisconsin-Platteville Campus Map



UNIVERSITY OF WISCONSIN
PLATTEVILLE

University Services

- Brigham Hall 11
- Central Heating Plant 12
- Children's Center 13
- Glenview Commons 14
- Giese Facility 15
- Management Building 17
- David J. and Lou Ann Markee Pioneer Student Center 16
- Royce Hall 18
- Ullisvik Hall 19

Academic Buildings

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- Boebel Hall 22
- Center for the Arts 23
- Doudna Hall 24
- Engineering Hall 25
- Gardner Hall 26
- Greenhouse Complex 27
- Karman Library 28
- Ottensman Hall 29
- Pioneer Tower 30
- Russell Hall 31
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Athletics/Recreation

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- Baseball Field 42
- Softball Field 43
- Memorial Park 44
- Ralph E. Davis Pioneer Stadium 45
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- Williams Fieldhouse 47
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Residence Halls

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- Dobson Hall 52
- Huginin Hall 53
- McGregor Hall 54
- Welcher Hall 55
- Morrow Hall 56
- Pickard Hall 57
- Porter Hall 58
- Southwest Hall 59
- Wilgus Hall 60



● Accessible

Visitor parking available in any lot EXCEPT residence hall lots.

Purchase a visitor permit at the Box Office in Ullisvik Hall, the Information Center in the Pioneer Student Center, or Campus Police in Brigham Hall. Visitor permits not valid in metered stalls.



1.877.897.5288
www.uwplatt.edu

Platteville Restaurants

Pizza Hut
230 U.S. 151 Business
Platteville, WI 53818
(608) 348-9731

Country Kitchen
65 U.S. 151 Business
Platteville, WI 53818
(608) 348-3041

Taco Bell/KFC
95 U.S. 151 Business
Platteville, WI 53818
(608) 348-9774

DQ Grill and Chill
110 U.S. 151 Business
Platteville, WI 53818
(608) 348-8560

Dunkin' Donuts
245 U.S. 151, Suite 100
Platteville, WI 53818
(608) 348-8040

Benvenuto's Italian Grill
1621 Progressive Parkway
Platteville, WI 53818
(608) 348-5000

Pizzeria Uno
175 U.S. 151
Platteville, WI 53818
(608) 348-7808

Los Amigos
135 East Main Street
Platteville, WI 53818
(608) 348-6633

Milio's Sandwiches
90 East Mineral Street
Platteville, WI 53818
(608) 348-3450

Fiesta Cancun
105 U.S. 151 Business
Platteville, WI 53818
(608) 348-2735

Las Palmas Authentic Mexican
300 West Business Hwy 151
Platteville, WI 53818
(608) 348-7790

Steve's Pizza Palace
175 West Main Street
Platteville, WI 53818
(608) 348-3136

Cold Fusion
92 East Main Street
Platteville, WI 53818
(608) 348-7170

Asian Café
300 McGregor Plz
Platteville, WI 53818
(608) 348-6788

China Buffet
455 U.S. 151 Business
Platteville, WI 53818
(608) 348-3065

Jimmy John's
105 East Main Street
Platteville, WI 53818
(608) 348-8010

Subway
55 South Water Street
Platteville, WI
(608) 348-5050

Taco Johns
1465 U.S. 151 Business,
Platteville, WI 53818
(608) 348-5400

McDonald's
250 U.S. 151 Business
Platteville, WI 53818

Platteville Area Hotels

Super 8 Motel **

	Best Western-Welcome Inn	Best Western
Hwy 151-80-81	420 W Maple	3434 Dodge St.
Platteville, WI	Lancaster, WI	Dubuque, IA
608-348-8800	608-723-4162	563-556-7760

Mound View Inn **

	Quality Inn	Days Inn
1755 E Hwy 151	1345 Business Park Rd.	1111 Dodge St.
Platteville, WI	Mineral Point, WI	Dubuque, IA
608-348-9518	608-987-4747	563-583-3297

Country Inn	Super 8 Motel	Heartland Inn
630 S Water St.	2730 Dodge St.	2090 Southpark Ct.
Platteville, WI	Dubuque, IA	Dubuque, IA
608-348-7373	563-582-8898	563-556-6555

Belmont Inn	Fairfield Inn	Motel 6
103 W. Mound View Ave.	3400 Dodge St.	2670 Dodge St.
Belmont, WI	Dubuque, IA	Dubuque, IA
608-762-6900	563-588-2349	563-556-0880

Belmont, WI is 10 miles east of Platteville on HWY 151.

Lancaster, WI is 15 miles west of Platteville on Hwy 81.

Mineral Point, WI is 20miles east of Platteville on HWY 151.

Dubuque, IA is 25 miles southwest of Platteville on Hwy 151.

**** Establishments are Corporate Sponsors of the UW-Platteville Athletic Dept.**

Feel free to contact Andres Young at youngan@uwplatt.edu with questions regarding Platteville's hotels and restaurants.

Facility Layout
2015 WJAC Indoor
Track and Field Championships

