



2015 WIAC SWIMMING & DIVING CHAMPIONSHIPS

**Hosted by UW-Whitewater
Walter Schroeder Aquatic Center
Brown Deer, WI
February 19-21, 2015**



Meet Management Directory

Walter Schroeder Aquatic Center

Director of Competitive Programs	Dave Anderson	(414) 357-2807 (O) (414) 364-0275 (C)
Director of Operations	Matt Miller	(414) 357-2824 (O) (414) 839-0448 (C)
Event Coordinator	Lindsey Newport	(414) 412-7025 (C)
Head Diving Coach	Todd Hill	(414) 357-2813 (O)

WIAC Office

Commissioner	Gary Karner	(608) 263-4402 (O) (608) 516-3050 (C)
Assistant Commissioner • Media Relations	Matt Stanek	(608) 265-6406 (O) (608) 347-1441 (C)
Administrative Intern	Katelyn Buss	(608) 263-7683 (O) (920) 763-5283 (C)

UW-Whitewater Staff

Director of Athletics	Amy Edmonds	(262) 472-1543 (O) (414) 217-0870 (C) edmondsa@uww.edu
Associate Athletic Director	Bob Lanza	(262) 472-3190 (O) (920) 650-7567 (C) lanzar@uww.edu
Athletics Events Coordinator	Leah Harms	(262) 472-1655 (O) (262) 203-1282 (C) harmsl@uww.edu
Marketing Coordinator	Taylor Noon	(262) 472-5646 (O) (850) 855-7359 (C) noont@uww.edu
Sports Information Director	Chris Lindeke	(262) 472-1147 (O) (920) 841-0568 (C) lindekec@uww.edu
Head Swimming & Diving Coach	Joel Rollings	(262) 472-6235 (O) (414) 793-4022 (C) rollingj@uww.edu
Assistant Swimming & Diving Coach/ Volunteer Coordinator	Alex Kultgen	(262) 483-4783 (C) kultgenam14@uww.edu
Head Athletic Trainer	Steve Hillmer	(262) 472-1150 (O) hillmers@uww.edu
Graduate Assistant Athletic Trainer	Christina Biddle	(262) 472-1581 (O) (540) 550-5632 (C) Biddlec30@uww.edu

WIAC Championship Meet Information

Walter Schroeder Aquatic Center

Competition Pool

The Walter Schroeder Aquatic Center will be configured as 1 x 25-yard competition pool with non-turbulent lane markers and backstroke flags. Pool depth at North pool starting end is seven feet. Block height is 29.5 feet. Pool depth at South pool starting end is 16 feet. South pool will be available for warm-up and warm-down.

Diving Well

Two one-meter spring-boards and two three-meter spring boards, all Duraform standards on cement base and maxi-flex boards. Diving depth is 14 feet.

Timing System

Electronic timing will be used via Colorado Timing System. Colorado System 6, touch pads and back-up buttons with back-up watches. Backup timers will be assigned to a lane for both prelims and finals of all sessions.

Entries

Entry Deadline

Entry deadline is 12pm on Monday, February 16th. Entries may be sent electronically to Dave Clark wfbmasters@gmail.com or faxed to (262) 472-2791. Entry info and psyche sheets will be emailed back to you by the meet management staff Monday, February 16 by 10pm.

Number of Entries

Unlimited number of contestants in each individual event. Maximum number of competitors is 18.

Alternates

In accordance with WIAC Rule Section III Article B, Institutions are permitted to include two (2) alternates on the entry form and these alternates can be entered in the championship only if they are to replace one of the original 18 entrants. If alternates (more than 18 participants) have been listed, the decision for the actual 18 participants must be made at Monday's noon deadline.

Seed Times

Seed times for the 1,650-yard freestyle will be seeded on 1,650-yard freestyle times. Only "Bona Fide" seed times earned in the current season will be allowed.

800-Yard Freestyle Relays

Will be timed final (Rule 8, Section 4, Article 1 as found in the NCAA Rulebook) and will occur during Finals on Friday.

Scratches

Scratches for Thursday events are due by 6pm on Wednesday, February 15.

Scratches for Friday events are due by 5pm on Thursday, February 16.

Scratches for Saturday events are due by 5pm on Friday, February 17.

Scoring

Individual Event (1-16): 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay (1-6): 40-34-32-30-28-26

Men's and Women's are scored separately.

Timing Responsibility

UW-EC, UW-L, UW-O, UW-SP

Each school is responsible for providing a minimum of 2 lane timers for each preliminary session and 3 lane timers for each finals session. These volunteers may be non-participating athletes or parents in attendance. Please have these timers check in at the ticket table upon arrival. Each timer will receive a free entry into the session in which they volunteer.

UW-W (Host Institution)

UW-W is responsible for providing the additional 6 lane timers for each preliminary session and 9 lane timers for each finals session. These volunteers may be non-participating athletes or parents in attendance. Please have these timers check in at the ticket table upon arrival. Each timer will receive a free entry into the session in which they volunteer.

Finals & Awards Procedures

Finals Procedures

During the final sessions the top eight finalists will be asked to report to the ready area, prior to the awards presentation, located between the spectator bleachers. Following the awards ceremony for the previous event winners, the top eight finalists will march out for their finals swims. Finalists will be asked to report to the ready room during the awards ceremony for the previous event.

Awards Ceremonies

Awards will be presented for each event. The top eight finalists will be recognized. Awards will be presented in sets of two following the Championship heat of the second event of the pair (example: event #1, 2, 3, 4 will be presented following completion of event 4. See schedule on page 10 for clarity). All athletes receiving awards must accept their awards in the warm-ups of the institution in which they attend.

Sports Information

Results

Results will be emailed to each school's Sports Information Office and to various media outlets around the state.

Results will also be made available through the WIAC Swimming and Diving Championships Website: <http://www.wiacsports.com>

Results will be available as soon as possible after the completion of the last event. Coaches will receive a packet containing results after the conclusion of each day's competition. Results will also be listed on the WIAC Swimming and Diving Championship Website as soon as they are finalized.

Programs

Coaches will receive five complimentary copies per team in their packet upon arrival.

Heat Sheets

Three preliminary heat sheets will be available to coaches the evening prior to the session. Three finals heat sheets will be handed out during warm-ups for the finals.

Athletic Training

Athletic Training services will be available approximately 90 minutes prior to and throughout the championships. Services will also be available approximately 30 minutes after competition has concluded. Due to the limited number of staff as well as the event taking place off campus, there will be a limited amount of modalities accessible. We will offer the following modalities: ice, hot packs, and Ultrasound/Electrical Stimulation. If your team is not traveling with a Certified Athletic Trainer, please send a written protocol of the desired treatment along with your athletes and we will accommodate them to the best of our ability. A detailed letter will be sent to your Athletic Training Staff on February 1st.

Concessions

The event will not have a concessions area. There will be a hospitality room available for coaches and meet staff only.

Deck Passes & Admission

Deck Passes

Each athlete listed on the entries form will receive a deck pass for the Championships. In addition, each team will be awarded up to 12 additional deck passes to be used by Coaches and Administrative Staff. Deck passes will be available for each team at the coaches meeting on Wednesday night.

General Admission

Daily Ticket

Adult: \$12
Student/Senior Citizen: \$8
WIAC Student with ID: \$5

All-Session Pass

Adult: \$25
Student/Senior Citizen: \$15
WIAC Student with ID: \$10

Websites of Interest

Walter Schroeder Aquatic Center	http://wsacltd.org/
WIAC	http://www.wiacsports.com/index.aspx
NCAA Division III Men's Swimming & Diving	http://www.ncaa.com/sports/swimming-men/d3
NCAA Division III Women's Swimming & Diving	http://www.ncaa.com/sports/swimming-women/d3
UW-Whitewater Athletics	http://www.uwwsports.com
College Swimming Coaches Association of America	http://www.cscaa.org/
College Swimming.com	http://www.collegeswimming.com/
Milwaukee Convention & Visitors Bureau	http://www.visitmilwaukee.org/
Village of Brown Deer	http://www.browndeerwi.org/

Practice and Warm-Up Schedule

Practice Times: The pools will be available to teams from 11am-3:30pm and again from 7pm-8:30pm on Wednesday, Feb. 18. Diving well will be open from 10am-3:30pm and again from 7pm-8:30pm. **Please submit your preferred practice time to Alex Kultgen when you submit your meet entries.**

Coaches Meeting: Wednesday, February 18th, 6:30 pm

Warm-up Schedule: Prelims warm-ups will run from 9am-9:50am. If you would like to request wake up swims, please contact Matt Miller directly (mmiller@wsactld.org) Sprint and Pace lanes will run as follows:

<u>Lane</u>	<u>Main Pool (9 - 9:50 a.m.)</u>	<u>Second Pool (9 - 9:50 a.m.)</u>
1	25 yard sprints	
2	25 yard sprints	
3	lap only	lap only
4	lap only	lap only
5	lap only	lap only
6	lap only	lap only
7	50 yard pace	
8	50 yard pace	

Finals warm-ups will run from 5:30pm-6:20pm on Thursday & Friday. Finals warm-ups will run from 5pm-5:50pm on Saturday. Sprint and pace lanes will run as follows:

<u>Lane</u>	<u>Main Pool</u>	<u>Second Pool</u>
1	25 yard sprints	lap only
2	25 yard sprints	lap only
3	lap only	lap only
4	lap only	lap only
5	lap only	lap only
6	lap only	lap only
7	50 yard pace	lap only
8	50 yard pace	lap only

There will be 3 lanes available for warm-up/warm-down during prelims and finals in an adjacent area of the competition pool.

Diving Warm-up Schedule

Diving boards will be open for warm-ups from 10am-12:15pm.

Diving boards will be open for warm-ups from 5:30pm-6:30pm before finals.

Diving Information

Schedule

Thursday, February 19, 2015

10am-12:15pm

12:30pm

2:20pm-3:15pm

Finals

**following the 50 freestyle &
before the 400 Medley Relay*

Warm-ups

Women's 3 Meter Preliminaries

(11 dives; 6 optionals followed by 5 voluntary dives)

Consolation Finals Women's 3 Meter

(6 optionals for 9th-16th diver of preliminaries)

WOMEN'S CHAMPIONSHIP 3 METER DIVING

(6 optional dives)

Friday, February 20, 2015

10am-12:15pm

12:30pm

2:20pm-3:15pm

Finals

**following the 100 backstroke &
before the 800 Freestyle Relay*

Warm-ups

Men's 1 Meter Preliminaries

(11 dives; 6 optionals followed by 5 voluntary dives)

Consolation Finals Men's 1 Meter

(6 optionals for 9th-16th diver of preliminaries)

MEN'S CHAMPIONSHIP 1 METER DIVING

(6 optional dives)

Saturday, February 21, 2015

10am-12pm

12pm-1:30pm

1:45pm-2:15pm

2:30pm-4pm

4:15pm-4:45pm

Finals

**following the 200 Butterfly &
before the 400 Freestyle Relay*

Warm-ups

Women's 1 Meter Preliminaries

(11 dives; 6 optionals followed by 5 voluntary dives)

Consolation Finals Women's 1 Meter

(6 optionals for 9th-16th diver of preliminaries)

Men's 3 Meter Preliminaries

(11 dives; 6 optionals followed by 5 voluntary dives)

Consolation Finals Men's 3 Meter

(6 optionals for 9th-16th diver of preliminaries)

WOMEN'S CHAMPIONSHIP 1 METER DIVING (6 optional dives)

MEN'S CHAMPIONSHIP 3 METER DIVING (6 optional dives)

(6 optional dives)

1. We must have divers register on divemeet.com and get an id # and password.
2. The diver (or coach) must enter the dive number for each dive for the WIAC Championships.
3. Todd Hill will register the meet on divemeet.com so the divers can enter online.
4. The entries must be completed by 12pm Wednesday 2/11 before the meet.
5. The \$3.50 cost per diver will be billed to the host school (UW-Whitewater) and paid for with the revenue generated at the meet, or else included in the 6-way cost split for the meet (if we don't break even).

Todd Hill, Head Diving Coach, Walter Schroeder Aquatic Center, (414) 357-2813, thill@wsactld.org

2015 WIAC Championships

Thursday, February 16, 2015

SESSION 1: PRELIMINARIES

10:00am-12:30pm

9:00am-9:50am

Warm-ups
Clear pool

10:00am-12:30pm

SESSION 1: PRELIMINARIES

Women's 200 Freestyle Relay
Men's 200 Freestyle Relay
(10 minute break)
Women's 500 Freestyle
Men's 500 Freestyle
Women's 200 Individual Medley
Men's 200 Individual Medley
Women's 50 Freestyle
Men's 50 Freestyle
(15 minute break)
Women's 400 Medley Relay
Men's 400 Medley Relay

SESSION 1: DIVING PRELIMINARIES

10am-12:15pm

Warm-ups

12:30pm

Women's 3 Meter
(11 dives; 6 optionals followed by 5 voluntary dives)

2:20pm-3:15pm

Consolation Finals Women's 3 Meter
(6 optionals for 9th-16th diver of preliminaries)

2015 WIAC Championships

Thursday, February 19, 2015

DAY ONE-Session 2: FINALS

5:30pm-6:20pm Warm-ups / Clear pool

6:30pm Introductions of Coaches/Captains & National Anthem

WOMEN'S CHAMPIONSHIP 200 FREESTYLE RELAY

MEN'S CHAMPIONSHIP 200 FREESTYLE RELAY

(10 minute break)

Women's Consolation 500 Freestyle

WOMEN'S CHAMPIONSHIP 500 FREESTYLE

Men's Consolation 500 Freestyle

MEN'S CHAMPIONSHIP 500 FREESTYLE

Women's 200 Freestyle Awards

Men's 200 Freestyle Awards

Women's 500 Freestyle Awards

Men's 500 Freestyle Awards

Women's Consolation 200 Individual Medley

WOMEN'S CHAMPIONSHIP 200 INDIVIDUAL MEDLEY

Men's Consolation 200 Individual Medley

MEN'S CHAMPIONSHIP 200 INDIVIDUAL MEDLEY

Women's Consolation 50 Freestyle

WOMEN'S CHAMPIONSHIP 50 FREESTYLE

Men's Consolation 50 Freestyle

MEN'S CHAMPIONSHIP 50 FREESTYLE

Women's 200 Individual Medley Awards

Men's 200 Individual Medley Awards

Women's 50 Freestyle Awards

Men's 50 Freestyle Awards

WOMEN'S CHAMPIONSHIP 3 METER DIVING

WOMEN'S CHAMPIONSHIP 400 MEDLEY RELAY

MEN'S CHAMPIONSHIP 400 MEDLEY RELAY

Women's 3 Meter Diving Awards

Women's Championship 400 Medley Relay Awards

Men's Championship 400 Medley Relay Awards

2015 WIAC Championships

Friday, February 20, 2015

SESSION 3: PRELIMINARIES

10:00am-12:30pm

9:00am-9:50am

Warm-ups
Clear pool

10:00am-12:30pm

SESSION 3: PRELIMINARIES

Women's 200 Medley Relay
Men's 200 Medley Relay
(10 Minute Break)
Women's 400 Individual Medley
Men's 400 Individual Medley
Women's 100 Butterfly
Men's 100 Butterfly
Women's 200 Freestyle
Men's 200 Freestyle
Women's 100 Breaststroke
Men's 100 Breaststroke
Women's 100 Backstroke
Men's 100 Backstroke

SESSION 3: DIVING PRELIMINARIES

10am-12:15pm

Warm-ups

12:30pm

Men's 1 Meter
(11 dives; 6 optionals followed by 5 voluntary dives)

2:20pm-3:15pm

Consolation Finals Men's 1 Meter
(6 optionals for 9th-16th diver of preliminaries)

2015 WIAC Championships

Friday, February 20, 2015

SESSION 4: FINALS

6:30pm

5:30pm-6:20pm Warm-ups / Clear pool

6:30pm WIAC All-Sportsmanship Presentation & National Anthem

WOMEN'S CHAMPIONSHIP 200 MEDLEY RELAY

MEN'S CHAMPIONSHIP 200 MEDLEY RELAY

(10 minute break)

Women's Consolation 400 Individual Medley

WOMEN'S CHAMPIONSHIP 400 INDIVIDUAL MEDLEY

Men's Consolation 400 Individual Medley

MEN'S CHAMPIONSHIP 400 INDIVIDUAL MEDLEY

Women's 200 Medley Relay Awards

Men's 200 Medley Relay Awards

Women's 400 Individual Medley Awards

Men's Individual Medley Awards

Women's Consolation 100 Butterfly

WOMEN'S CHAMPIONSHIP 100 BUTTERFLY

Men's Consolation 100 Butterfly

MEN'S CHAMPIONSHIP 100 BUTTERFLY

Women's Consolation 200 Freestyle

WOMEN'S CHAMPIONSHIP 200 FREESTYLE

Men's Consolation 200 Freestyle

MEN'S CHAMPIONSHIP 200 FREESTYLE

Women's 100 Butterfly Awards

Men's 100 Butterfly Awards

Women's 200 Freestyle Awards

Men's 200 Freestyle Awards

Women's Consolation 100 Breaststroke

WOMEN'S CHAMPIONSHIP 100 BREASTSTROKE

Men's Consolation 100 Breaststroke

MEN'S CHAMPIONSHIP 100 BREASTSTROKE

Women's Consolation 100 Backstroke

WOMEN'S CHAMPIONSHIP 100 BACKSTROKE

Men's Consolation 100 Backstroke

MEN'S CHAMPIONSHIP 100 BACKSTROKE

Women's 100 Breaststroke Awards

Men's 100 Breaststroke Awards

Women's 100 Backstroke Awards

Men's 100 Backstroke Awards

MEN'S CHAMPIONSHIP 1 METER DIVING

WOMEN'S CHAMPIONSHIP 800 FREESTYLE RELAY

MEN'S CHAMPIONSHIP 800 FREESTYLE RELAY

Men's 1 Meter Diving Awards

Women's Championship 800 Freestyle Relay Awards

Men's Championship 800 Freestyle Relay Awards

Day Two Team Scores Announced

2015 WIAC Championships

Saturday, February 21, 2015

SESSION 5: PRELIMINARIES

10:00am-12:30pm

9:00am-9:50am

Warm-ups
Clear pool

10:00am

SESSION 5: PRELIMINARIES

Women's 200 Backstroke

Men's 200 Backstroke

Women's 100 Freestyle

Men's 100 Freestyle

Women's 200 Breaststroke

Men's 200 Breaststroke

Women's 200 Butterfly

Men's 200 Butterfly

(15 minute break)

Women's 400 Freestyle Relay

Men's 400 Freestyle Relay

(5 minute break) (any Time Trials are done here)

Women's 1650 Freestyle heats (Fastest heat will be in finals session)

Men's 1650 Freestyle heats (Fastest heat will be in finals session)

-Alternate fastest/slowest between Men & Women. If odd # of heats, event with more heats will go first

SESSION 3: DIVING PRELIMINARIES

10am-12pm

Warm-ups

12pm-1:30pm

Women's 1 Meter

(11 dives; 6 optionals followed by 5 voluntary dives)

1:45pm-2:15pm

Consolation Finals Men's 3 Meter

(6 optionals for 9th-16th diver of preliminaries)

2:30pm-4pm

Men's 3 Meter

(11 dives; 6 optionals followed by 5 voluntary dives)

4:15pm-4:45pm

Consolation Finals Women's 1 Meter

(6 optionals for 9th-16th diver of preliminaries)

2015 WIAC Championships

Saturday, February 21, 2015

SESSION 6: FINALS

6:00pm

5:00pm-5:50pm

5:00 Coaches Meeting

Warm-ups

Clear pool

6:00pm

Introduction of Seniors & Scholar-Athlete Presentation

National Anthem

WOMEN'S CHAMPIONSHIP 1650 FREESTYLE (fastest heat only)

MEN'S CHAMPIONSHIP 1650 FREESTYLE (fastest heat only)
(10 minute break)

Women's Consolation 200 Backstroke

WOMEN'S CHAMPIONSHIP 200 BACKSTROKE

Men's Consolation 200 Backstroke

MEN'S CHAMPIONSHIP 200 BACKSTROKE

Women's 1650 Freestyle Awards

Men's 1650 Freestyle Awards

Men's 200 Backstroke Awards

Women's 200 Backstroke Awards

Women's Consolation 100 Freestyle

WOMEN'S CHAMPIONSHIP 100 FREESTYLE

Men's Consolation 100 Freestyle

MEN'S CHAMPIONSHIP 100 FREESTYLE

Women's Consolation 200 Breaststroke

WOMEN'S CHAMPIONSHIP 200 BREASTSTROKE

Men's Consolation 200 Breaststroke

MEN'S CHAMPIONSHIP 200 BREASTSTROKE

Women's 100 Freestyle Awards

Men's 100 Freestyle Awards

Women's 200 Breaststroke Awards

Men's 200 Breaststroke Awards

Women's Consolation 200 Butterfly

WOMEN'S CHAMPIONSHIP 200 BUTTERFLY

Men's Consolation 200 Butterfly

MEN'S CHAMPIONSHIP 200 BUTTERFLY

WOMEN'S CHAMPIONSHIP 1 METER DIVING

MEN'S CHAMPIONSHIP 3 METER DIVING

Women's Championship 200 Butterfly Awards

Men's Championship 200 Butterfly Awards

Women's Championship 1 Meter Diving Awards

Men's Championship 3 Meter Diving Awards

WOMEN'S CHAMPIONSHIP 400 FREESTYLE RELAY

MEN'S CHAMPIONSHIP 400 FREESTYLE RELAY

Women's Championship 400 Freestyle Relay Awards

Men's Championship 400 Freestyle Relay Awards

Men's/Women's Swimmer of the Meet

Men's/Women's Diver of the Meet

Men's/Women's Coach of the Year

Men's/Women's Final Results

WIAC Men's Swimmer of the Meet Ballot

PLEASE SUBMIT IMMEDIATELY FOLLOWING THE CONCLUSION OF THE 200 BUTTERFLY

Please vote for two swimmers in order of Preference.

#1 – 3 points = _____

#2 – 1 point = _____

Coach's Signature: _____

UW- _____

WIAC Women's Swimmer of the Meet Ballot

PLEASE SUBMIT IMMEDIATELY FOLLOWING THE CONCLUSION OF THE 200 BUTTERFLY

Please vote for two swimmers in order of Preference.

#1 – 3 points = _____

#2 – 1 point = _____

Coach's Signature: _____

UW- _____

WIAC Men's Coach of the Meet Ballot

PLEASE SUBMIT IMMEDIATELY FOLLOWING THE CONCLUSION OF THE 200 BUTTERFLY

Please vote for two coaches in order of Preference.

#1 – 3 points = _____

#2 – 1 point = _____

Coach's Signature: _____

UW- _____

WIAC Women's Coach of the Meet Ballot

PLEASE SUBMIT IMMEDIATELY FOLLOWING THE CONCLUSION OF THE 200 BUTTERFLY

Please vote for two coaches in order of Preference.

#1 – 3 points = _____

#2 – 1 point = _____

Coach's Signature: _____

UW- _____