2014 WIAC Men's & Women's Indoor Track & Field Championships



University of Wisconsin-Whitewater Leonard 'Squig' Converse Track

WELCOME TO UW-WHITEWATER!

Welcome to the University of Wisconsin-Whitewater for the 2014 Wisconsin Intercollegiate Athletic Conference (WIAC) Track and Field Championships. Our university, staff, student-athletes, and community are excited to provide a first-class championship experience for the inspiring men and women competing across our conference – among the best NCAA Division III track and field athletes in the country. We are excited to have you here and hope that we can make this a fun, safe and enjoyable experience.

The Kachel Fieldhouse/Converse Track opened its doors in 2001 and is named after Leonard 'Squig' Converse, a UW-W graduate who starred in three sports and went on to serve as a high school coach and administrator. Converse Track hosted the 2004 Division III Indoor Track & Field Championships and annually hosts one of the largest indoor high school state meets in Wisconsin.

Once again, we look forward to a great championship event. If there is anything we can do to make your stay more enjoyable, please be sure to let us know.

Respectfully,

Amy Edmonds Interim Director, Intercollegiate Athletics UW-Whitewater

Championship Contacts

WIAC Commissioner Dr. Gary Karmer

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Facilities Director Gary Harms

Office: 262-472-1544 harmsg@uww.edu

Head Athletic Trainer Steve Hillmer

Office: 262-472-1150 hillmers@uww.edu

Meet Information

Date/Time: Friday, February 28th 11:30 AM

Saturday, March 1st 9:00 AM

(See schedule below for complete event information)

Location: University of Wisconsin-Whitewater

DLK Fieldhouse/Converse Track

Whitewater, WI 53190

Meet Website: www.wiacsports.com

Heat Sheets: Heat sheets will be posted on the WIAC site (<u>www.wiacsports.com</u>) no

later than 4:00pm on Thursday, February 27th

Results: Following the protest period, results will be posted by entrance Final

results will be posted immediately after the competition

at the WIAC site (<u>www.wiacsports.com</u>) as well as the UW-Whitewater Track & Field website (<u>www.uwwsports.com</u>). Real-time track results will

also be displayed on the scoreboard.

Athletic Training: The training room (located in the Williams Center) will be available to all

teams during the championships. Once the meet starts, trainers will also be available near the finish line of the track where limited treatment will

be available.

Bus Parking: Teams may unload at the main entrance to the facility (located in Lot 11)

Following drop off, please have your busses park in Lot 22 (Located next

to Fiskum Field/Foster Track & Miller Baseball Stadium) until the

conclusion of the meet.

Games Committee: WOMEN

Gary Karner – WIAC Commissioner

Glen Drexler – UW-Superior Mike Johnson – UW-Whitewater

Megan Woloszyn – UW-Stevens Point

MEN

Gary Karner – WIAC Commissioner

Glen Drexler – UW-Superior Mike Johnson – UW-Whitewater Rick Witt – UW-Stevens Point Team Area/Warm up Area: Team camps will be held in the Kris Russell Volleyball

Arena. No team camps will be allowed on the infield of the competition facility. We ask that you keep your team camps out of the bleachers to allow spectators to watch the meet.

Competition Area: The infield and portions of the field events will have very limited access.

This will be **STRICTLY** enforced. Competing athletes and coaches will be provided with bibs & passes respectively. **ENTRANCE TO THE**

TRACK FACILITY WILL BE STRICTLY ENFORCED.

Locker Room: Locker rooms and showers are located in the Williams Center

(connected to Kachel Fieldhouse). Use the general locker room. Please provide your own locks and towels. No items should be left unattended in

the locker rooms.

Clerking: Athletes will check in at the tent directly underneath the school record

board. Clerking will take place at the start line of each event. Field events

will check in at the event.

Prices/Admission: Adults - \$7.00

Youth/Seniors - \$3.00

WIAC Student w/ID, 5 and under - FREE

Heat Sheets - \$1

Championship Packets - TBD

2014 WIAC OUTDOOR TRACK & FIELD CHAMPIONSHIPS

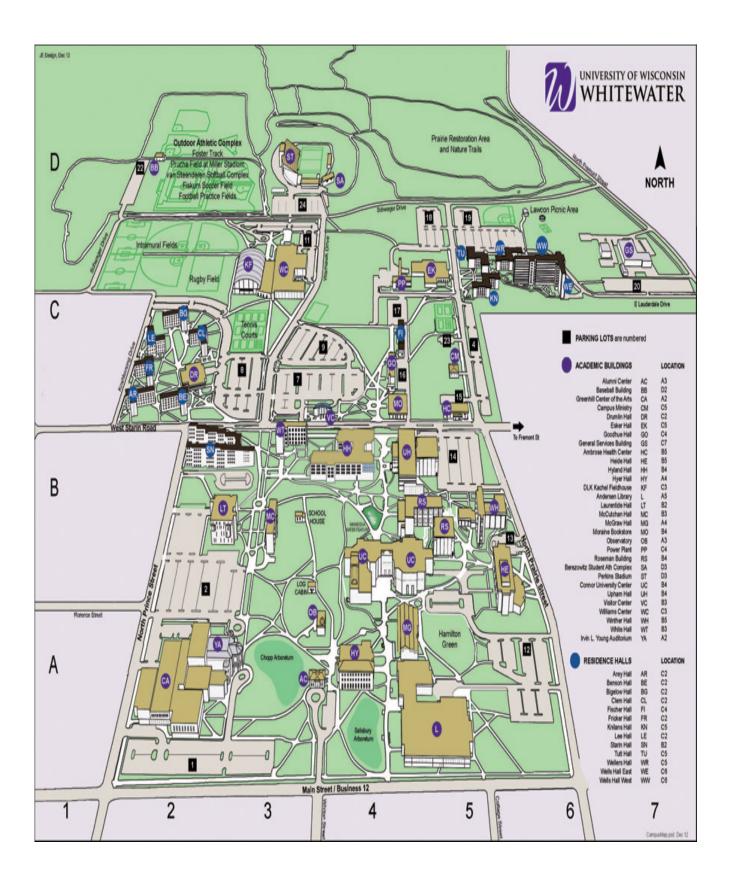
Friday, February 28th

10:30am	WIAC Coaches Meeting
11:30am	Men's Heptathlon 60m Dash
	Women's Long Jump (Men to follow) (T/F)
	Women's Shot Put (Men to follow) (T/F)
	Women's High Jump (F)
	Women's Pole Vault (Men to follow) (F)
1:45pm	Women's Mile Run (F)
2:05pm	Men's Mile Run (F)
2:30pm	Women's 60m Hurdles (T)
2:50pm	Men's 60m Hurdles (T)
3:05pm	Women's 60m Dash (T)
3:20pm	Men's 60m Dash (T)
3:35pm	Women's 400m Dash (F)
3:50pm	Men's 400m Dash (F)
4:05pm	Women's 5000m Run (F)
4:50pm	Men's 5,000m Run (F)
5:30pm	Women's Distance Medley Relay (F)
5:50pm	Men's Distance Medley Relay (F)

2014 WIAC INDOOR TRACK & FIELD CHAMPIONSHIPS

Saturday, March 1st

8:30am	WIAC Coaches Meeting (if needed)
9:00am	Women's Pentathlon 60 Meter Hurdles
9:20am	Men's Heptathlon 60 Meter Hurdles
12:00pm	Women's Triple Jump (Men to follow) (T/F)
1	Women's 35lb Weight Throw (Men to follow) (T/F)
1:00pm	Men's High Jump (F)
1	Women's 4x200 Meter Relay (F)
1:15pm	Men's 4x200 Meter Relay (F)
1:30pm	Women's 60 Meter Hurdles (F)
1:45pm	Men's 60 Meter Hurdles (F)
2:00pm	Women's 60 Meter Dash (F)
2:15pm	Men's 60 Meter Dash (F)
2:30pm	Women's 800 Meter Run (F)
2:50pm	Men's 800 Meter Run (F)
3:10pm	Women's 200 Meter Dash (F)
3:30pm	Men's 200 Meter Dash (F)
3:50pm	Women's 3,000m Run (F)
4:15pm	Men's 3,000m Run (F)
4:35pm	Women's 4x400 Meter Relay (F)
4:50pm	Men's 4x400 Meter Relay (F)
	Presentation of Team and Special Awards



Hotel & Restaurant Information

Recommended Hotels:

Lodging in Whitewater

Super 8 Motel	917 E. Milwaukee Avenue	262-473-8818	
Baymont Inn	1355 W. Main Street	262-472-9400	
Lodging in Fort Atkinson			
Americas Best Value Inn	1225 Janesville Avenue	920-563-6444	
Holiday Inn Express Hotel & Suites	1680 Madison Avenue	920-563-3600	
Super 8	225 South Water Street East	920-563-8444	
Lodging in Janesville			
Holiday Inn Express	3100 Wellington Place	608-756-3100	
Ramada Inn	3431 Milton Avenue	608-756-2341	
Hampton Inn	2400 Fulton Street	608-754-4900	
Best Western	3900 Milton Avenue	608-756-4511	
Microtel	3121 Wellington Place	608-752-3121	
Super 8 Motel	3430 Milton Avenue	608-756-2040	
Baymont Inn	616 Midland	608-758-4545	
Select Inn	3520 Milton Avenue	608-754-0251	
Lannon Stone Motel	1524 E Racine Street	608-752-7441	
Econo Lodge	3520 Milton Avenue	608-754-0251	
Whitewater Area Restaurants (Area Code 262)			
Jessica's	140 W. Main Street	473-9890	
Pizza Hut	1107 W. Main Street	473-7887	
Subway	1185 W. Main Street	473-7827	
Culver's	1414 W. Main Street	472-9999	
McDonald's	1069 W. Main Street	473-7811	
Jade Buffet	1139 W. Main Street	473-1688	
Cold Spring Inn	Highway N	920-563-2056	

Novak's Restaurant	121 W. Whitewater St.	473-2900
Topper's Pizza	325 W. Center Street	473-4343
Randy's Supper Club	841 E. Milwaukee Street	473-8000
China House	1128 W. Main Street	473-9788
Rocky Rococo's	1210 W. Main Street	473-2105
Gus' Pizza Palace	139 W. Center Street	473-3563
Jimmy John's Subs	1139 W. Main Street	473-6100
Taco Bell	Highway 12	473-1535
Cozumel Mexican Restaurant	1139 W. Main Street	473-0131
Rosa's Pizza	113 N. Second Street	472-9857
Rick's Pub and Grill	561 E. Milwaukee Street	473-9879
Qdoba	1114 W. Main Street	472-9200
Capn's of Whitewater	292 S. Wisconsin Street	473-3321
Fuzzy Pig	N8660 Clover Valley Rd.	473-4574
Greenhouse Coffee Café	1155 W. Main Street	473-5151

Fort Atkinson Area Restaurants

Salamone's	1245 Madison Avenue	920-563-9217
Culver's	1551 Madison Avenue	920-563-9000
Pizza Hut	1550 Madison Avenue	920-563-7353
McDonald's	225 N. Main Street	920-563-9593
Subway	1220 Janesville Avenue	920-563-3344
Ken & Betty's	41 W. Sherman Avenue	920-568-1582
China One Chinese	305 Madison Ave	920-568-0888
Kockkonong Mounds	W7670 Koshkonong Mounds	920-563-2823
Central Coast	1905 Central Coast Lane	920-568-9695
Papa Murphy's	1505 Madison Avenue	920-568-2603
Riverfront Family Restaurant	1317 N. High St.	920-563-5070
Capn's Steakhouse	855 Lexington Blvd	920-568-0909
El Patron Mexican	100 Madison Ave.	920-568-5817
Brickhouse Pizzeria and Pub	1501 Janesville Ave.	920-397-7640
Stagecoach Inn	11946 North Highway 26	608-868-3850
Jimmy John's	1010 Larsen Rd	920-563-9511
Pizza Villa	109 W. Sherman Avenue	920-563-6646
The Fireside Dinner Theatre	1131 Janesville Ave.	920-563-9505

Janesville Area restaurants:

Cracker Barrell	2430 Fulton Avenue	608-752-7750
Damon's	3111 Wellington Place	608-758-4440
Famous Dave's BBQ	3030 Milton Avenue	608-757-8100
Old Country Buffet	Hwy 14 E., Pine Tree Plaza	608-752-3242
Perkins	3315 Milton Avenue	608-755-1464
Olive Garden	516 Humes Road	608-758-2848
Prime Quarter Steak	1900 Old Humes Road	608-752-1881

2701 Milton Avenue	608-754-3663
3333 Milton Avenue	608-754-0020
2624 Milton Avenue	608-754-6520
2528 Highway 14 East	608-757-2733
2633 Milton Avenue	608-758-8916
2449 Milton Avenue	608-754-0811
1231 Milton Avenue	608-754-0623
2211 Milton Avenue	608-754-8800
3636 East US Highway 14	608-758-8700
2929 Milton Avenue	608-741-9464
3024 Milton Avenue	608-756-3559
2430 Humes Road	608-314-1344
1405 Creston Park Drive	608-756-1689
Highway 51 South	608-754-0097
2517 Milton Avenue	608-741-0400
401 N. Parker Drive	608-758-7272
1503 Milton Avenue	608-754-9543
1260 Milton Avenue	608-758-8888
2500 Milton Avenue	608-758-1944
2233 Humes Road	608-754-5508
1604 E Racine Street	608-743-2700
1264 Milton Avenue	608-757-9001
642 Midland Road	608-758-4560
2034 Milton Avenue	608-756-3770
1929 Center Avenue	608-754-4378
2200 W. Court Street	608-755-0055
	3333 Milton Avenue 2624 Milton Avenue 2528 Highway 14 East 2633 Milton Avenue 2449 Milton Avenue 1231 Milton Avenue 2211 Milton Avenue 3636 East US Highway 14 2929 Milton Avenue 3024 Milton Avenue 3024 Milton Avenue 2430 Humes Road 1405 Creston Park Drive Highway 51 South 2517 Milton Avenue 401 N. Parker Drive 1503 Milton Avenue 1260 Milton Avenue 2233 Humes Road 1604 E Racine Street 1264 Milton Avenue 642 Midland Road 2034 Milton Avenue 1929 Center Avenue