

WIAC Outdoor Championships
UW-La Crosse
Veterans Memorial Stadium - 5/3/2013 to 5/4/2013
Meet Program - Saturday

Event 1 Women 100 Meter Dash

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
2	Maya Vazquez	SO	UW - La Crosse	12.70
3	Rebecca Schmidt	SR	UW - La Crosse	12.60
4	Claire Gordee	FR	UW - La Crosse	12.53
5	Carly Fehler	SO	UW - Eau Claire	12.50
6	Lexie Sondgeroth	SO	Uw-Whitewater	12.24
7	Megan Mulligan	SO	UW - Eau Claire	12.51
8	Meg Heafy	FR	UW - La Crosse	12.53
9	Alesha Malueg	SO	UW - Oshkosh	12.61
10	Sophie Lasko	SR	UW - River Falls	12.80

Event 2 Women 200 Meter Dash

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
2	Claire Elliott	SO	UW - La Crosse	25.42
3	Meg Heafy	FR	UW - La Crosse	25.39
4	Megan Mulligan	SO	UW - Eau Claire	25.24
5	Jaime Ludwigson	SO	UW - La Crosse	25.06
6	Maya Vazquez	SO	UW - La Crosse	25.19
7	Alyssa Rasmussen	SR	UW - River Falls	25.20
8	Lexie Sondgeroth	SO	Uw-Whitewater	25.39
9	Carly Fehler	SO	UW - Eau Claire	25.66
10	Claire Gordee	FR	UW - La Crosse	25.78

Event 3 Women 400 Meter Dash

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
2	Jess Rupnow	FR	UW - Eau Claire	59.40
3	Jasmine Haines	SO	Uw-Stevens Point	58.57
4	Shannon Klein	SO	UW - La Crosse	58.50
5	Claire Elliott	SO	UW - La Crosse	57.95
6	Alyssa Rasmussen	SR	UW - River Falls	58.55
7	Jenna Halvorson	JR	UW - La Crosse	58.56
8	Stephanie Jahn	JR	UW - Oshkosh	59.13
9	Simone Koenen	SR	Uw-Whitewater	59.64
10	Laurisa Titterud	FR	Uw-Stout	59.86

Event 4 Women 800 Meter Run

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Lynea Axelson	SO	UW - Platteville	2:18.89
2	Rebecca Scheuermann	SR	UW - La Crosse	2:17.84
3	Brittany Nordland	JR	UW - River Falls	2:16.40
4	Ana Breit	SO	Uw-Stevens Point	2:15.97
5	Christy Cazzola	JR	UW - Oshkosh	2:15.69
6	Calla Karl	SO	UW - Eau Claire	2:17.50
7	Amanda Brom	SO	Uw-Whitewater	2:17.74
8	Alyssa Luker	JR	UW - La Crosse	2:17.71
9	Kylee Verhasselt	SO	UW - Oshkosh	2:18.15

Event 5 Women 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Teagan Seneczko	FR	UW - Platteville	NT
2	Mackenzie Koss	SO	Uw-Stout	4:57.42
3	Katie Oden	FR	UW - La Crosse	4:56.83
4	Allison Richman	SO	UW - La Crosse	4:58.96
5	Abby Gustafson	SR	UW - La Crosse	5:02.61
6	Kelsey Laska	FR	Uw-Stevens Point	4:57.46
7	Krystina Hoey	JR	UW - La Crosse	4:57.80
Section 2 of 2 Finals				
1	Steph Sjostrom	SR	UW - Eau Claire	4:43.93
2	Ana Breit	SO	Uw-Stevens Point	4:50.03
3	Taylor Bauer	FR	UW - Oshkosh	4:50.97
4	McKenzie Kelly	SR	UW - Oshkosh	4:33.56
5	Nikki Rendler	JR	UW - Eau Claire	4:56.34
6	Laura Mead	SO	UW - La Crosse	4:50.95
7	Allison Johnston	JR	Uw-Stout	4:51.99
8	Monica Emerson	SO	UW - Eau Claire	4:55.12
9	Christy Cazzola	JR	UW - Oshkosh	4:18.22
10	Lucy Ramquist	SO	UW - Eau Claire	4:41.66
11	Alyssa Sybilrud	SR	UW - Eau Claire	4:51.55
12	Kelly Olson	SO	UW - La Crosse	4:52.20

Event 7 Women 5000 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Natalie Powell	FR	UW - La Crosse	18:15.09
2	Amy Kahl	FR	Uw-Whitewater	19:05.60
3	Kiera Depies	FR	UW - Platteville	18:43.19
4	Christy Cazzola	JR	UW - Oshkosh	NT
5	Tia Harris	SO	UW - River Falls	18:55.40
6	Leah Rendflesh	FR	UW - Oshkosh	18:25.16
7	Danica Harrison	FR	UW - Oshkosh	18:32.88
8	Ilse Renner	SR	UW - Eau Claire	19:12.07
9	Baillye Durkin	JR	Uw-Stout	19:09.38
10	Alyssa Duncan	SR	Uw-Whitewater	17:41.96
11	Amy Hart	FR	UW - Eau Claire	19:18.28
12	Ashlyn Mauer	SR	UW - Eau Claire	NT
13	Rebecca Zych	SO	UW - La Crosse	18:24.65
14	McKenzie Kelly	SR	UW - Oshkosh	NT
15	Kathleen Thorn	FR	Uw-Stout	19:04.89
16	Kelsey Boyle	JR	UW - La Crosse	18:37.23
17	Elaina Meurer	FR	UW - Eau Claire	18:58.35
18	Lauren Dilley	FR	Uw-Stevens Point	18:40.08
19	Allie DeBaker	JR	UW - Oshkosh	18:31.57
20	Emily Kahl	FR	Uw-Whitewater	19:05.91
21	Laura Mead	SO	UW - La Crosse	18:17.33
22	Haleigh Flottmeyer	JR	Uw-Stout	19:13.52
23	Amy Pawelko	SR	UW - La Crosse	19:00.13
24	Corissa Conard	SO	UW - La Crosse	17:49.13

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Event 9 Women 100 Meter Hurdles

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
2	Kimberly Lueck	JR	UW - River Falls	15.39
3	Marissa Mahr	SO	UW - La Crosse	15.35
4	Erin Schoenfelder	SR	UW - Eau Claire	15.04
5	Jaime Ludwigson	SO	UW - La Crosse	14.99
6	Erin Kline	JR	Uw-Stevens Point	14.87
7	Addie Korb	FR	UW - La Crosse	14.92
8	Cheyenne Gray	JR	Uw-Stout	15.32
9	Jena Weigel	SR	UW - La Crosse	15.39
10	Megan Geldernick	SO	UW - Oshkosh	15.69

Event 10 Women 400 Meter Hurdles

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
2	Keturah Vangen	SR	UW - Platteville	1:08.37
3	Crystal Oravis	SO	UW - La Crosse	1:06.12
4	Marissa Mahr	SO	UW - La Crosse	1:05.88
5	Tessa Thurs	FR	UW - Oshkosh	1:05.23
6	Taylor Wirth	FR	UW - Eau Claire	1:05.67
7	Erin Schoenfelder	SR	UW - Eau Claire	1:05.77
8	Aryn DeGrave	FR	Uw-Stevens Point	1:07.44
9	Chelsey Arendt	FR	UW - La Crosse	1:08.60
10	Elizabeth Klicker	FR	Uw-Whitewater	1:09.20

Event 11 Women 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	UW - Platteville		51.26
3	UW - River Falls		49.58
4	UW - Oshkosh		49.05
5	UW - La Crosse		46.38
6	UW - Eau Claire		48.07
7	Uw-Whitewater		49.12
8	Uw-Stevens Point		50.55
9	Uw-Stout		51.92
10	Uw-Superior		53.31

Event 12 Women 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Uw-Stevens Point		4:06.81
3	Uw-Stout		4:04.10
4	UW - Eau Claire		3:53.84
5	UW - La Crosse		3:48.91
6	UW - River Falls		3:53.81
7	UW - Oshkosh		3:54.28
8	UW - Platteville		4:04.39
9	Uw-Whitewater		4:18.81
10	Uw-Superior		4:27.80

Event 13 Women High Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Emily Gibson-Treptow	FR	Uw-Superior	1.54m
2	Nina Simonette	FR	Uw-Stout	1.51m
3	Stephanie Wyss	JR	UW - Platteville	1.59m
4	Lauren Strohmaier	SR	Uw-Whitewater	1.65m
5	Caitlin Thomson	SO	UW - Platteville	1.60m
6	Laura Ogg	SO	Uw-Stevens Point	1.55m
7	Haley Schatzke	FR	UW - Oshkosh	1.55m
8	Cassandra Thorngren	FR	UW - Platteville	1.50m
9	Crystal Oravis	SO	UW - La Crosse	1.55m
10	Sarah Adamson	FR	UW - Platteville	1.50m
11	Kayla Simon	SR	UW - Eau Claire	1.53m
12	Emily Minniecheske	FR	Uw-Stout	1.52m
13	Meagan Ward	SO	Uw-Stout	1.53m
14	Kasey Ederer	FR	UW - Oshkosh	1.65m
15	Emelie Troedson	SO	UW - Oshkosh	1.55m
16	Mary Katherine Kladar	SO	UW - Platteville	1.56m
17	Megan Marfiliius	SR	UW - La Crosse	1.60m
18	Alyssa Iserman	FR	UW - Platteville	1.60m
19	JoLyn Owen	SR	Uw-Whitewater	1.60m
20	Nicole Kloepfer	JR	UW - Platteville	NH
21	Kayla Ashland	JR	UW - La Crosse	1.67m

Event 16 Women Triple Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Laura Ogg	SO	Uw-Stevens Point	9.92m
2	Bailey Alston	SO	UW - La Crosse	10.87m
3	Jessica Jentz	SO	UW - Platteville	10.34m
4	Lizzie Mattson	FR	UW - La Crosse	10.57m
5	Sabrina Morgan	FR	UW - La Crosse	10.46m
6	Madison Hoeft	FR	UW - La Crosse	10.08m
7	Veijzahn Knight	FR	UW - Oshkosh	10.90m
8	Julia Stedman	FR	UW - Eau Claire	11.14m
9	Amanda Shober	SO	UW - Oshkosh	11.53m
10	Cassandra Hemmen	SO	UW - Oshkosh	11.26m
11	Stephanie Frempong-Longdor	FR	UW - Eau Claire	11.46m
Flight 2 of 2 Finals				
1	Kristin Wiley	SR	UW - Platteville	10.94m
2	Kiana Veal	FR	UW - Eau Claire	10.56m
3	Emily Pladies	FR	Uw-Whitewater	10.40m
4	Tyler Henderson	FR	Uw-Whitewater	11.18m
5	Morgan Hoover	SR	UW - Platteville	9.80m
6	Kim Drewiske	SO	UW - Eau Claire	9.92m
7	Kayla Raschke	FR	UW - La Crosse	10.26m
8	Tiara Rose	FR	Uw-Stevens Point	10.47m
9	Brooke Patterson	SO	UW - Eau Claire	10.62m
10	Hannah Mueller	SR	UW - La Crosse	10.19m
11	Jaime Ludwigson	SO	UW - La Crosse	11.43m

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Event 17 Women Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Julianne Merkes	SO	UW - La Crosse	11.05m	
2	Michelle Theisen	JR	Uw-Stout	13.08m	
3	Abby Martin	JR	UW - Oshkosh	12.95m	
4	Kadie Flynn	FR	Uw-Stevens Point	11.20m	
5	Cara Jansen	FR	Uw-Stevens Point	11.38m	
6	Brooke Loeffler	SO	Uw-Stout	10.98m	
7	Maggie Martin	SO	Uw-Stevens Point	11.66m	
8	Shelby Mahr	SO	Uw-Whitewater	13.22m	
9	Bethany Neuberger	JR	Uw-Whitewater	11.70m	
10	Sam Anderson	FR	UW - Eau Claire	11.48m	

Flight 2 of 2 Finals

1	Melanie Brickner	SO	UW - Oshkosh	13.18m	
2	Heather Clankie	FR	UW - Oshkosh	11.71m	
3	Amy Miskowicz	SO	Uw-Whitewater	13.04m	
4	Mackenzie Springstroh	JR	UW - River Falls	11.78m	
5	Victoria Vinokur	SO	Uw-Superior	13.03m	
6	Melanie Wichman	FR	UW - Oshkosh	11.47m	
7	Andrea Swanson	SO	UW - Eau Claire	11.29m	
8	Bailey Sauerwein	JR	UW - La Crosse	12.67m	
9	Katie Capriglione	SR	Uw-Superior	12.16m	
10	Kelly Conner	JR	UW - La Crosse	11.03m	

Event 18 Women Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Abby Martin	JR	UW - Oshkosh	38.63m	
2	Kelly Conner	JR	UW - La Crosse	35.34m	
3	Andee Ball	FR	Uw-Stevens Point	ND	
4	Kadie Flynn	FR	Uw-Stevens Point	42.48m	
5	Shelby Mahr	SO	Uw-Whitewater	42.18m	
6	Brooke Loeffler	SO	Uw-Stout	35.13m	
7	Victoria Vinokur	SO	Uw-Superior	44.83m	
8	Michelle Theisen	JR	Uw-Stout	39.45m	
9	Maggie Martin	SO	Uw-Stevens Point	33.50m	
10	Julianne Merkes	SO	UW - La Crosse	33.44m	
11	Jasmine Anderson	FR	UW - La Crosse	36.57m	
12	Catlin McLaughlin	JR	Uw-Whitewater	33.68m	

Flight 2 of 2 Finals

1	Katie Capriglione	SR	Uw-Superior	34.39m	
2	Jenny Winkler	JR	Uw-Whitewater	40.25m	
3	Heather Clankie	FR	UW - Oshkosh	41.18m	
4	Janice Rasmussen	SR	UW - Platteville	37.60m	
5	Jill Hernke	SR	Uw-Whitewater	37.55m	
6	Melanie Wichman	FR	UW - Oshkosh	33.94m	
7	Mackenzie Springstroh	JR	UW - River Falls	35.97m	
8	Sam Anderson	FR	UW - Eau Claire	39.00m	
9	Amy Miskowicz	SO	Uw-Whitewater	36.00m	
10	Taylor Hoppe	SO	UW - La Crosse	38.59m	
11	Melanie Brickner	SO	UW - Oshkosh	38.09m	
12	Cassandra Turner	JR	UW - River Falls	38.35m	

Event 41 Heptathlon: #5 Women Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Mary Katherine Kladar	SO	UW - Platteville	4.63m	
2	Stephanie Wyss	JR	UW - Platteville	4.86m	
3	Katrina Von Arx	FR	UW - Eau Claire	4.95m	
4	Rachael Ellis	FR	Uw-Stevens Point	ND	
5	Taylor Sherry	FR	UW - Oshkosh	4.91m	
6	Cheyenne Gray	JR	Uw-Stout	5.04m	
7	Tera Destache	FR	UW - Eau Claire	4.39m	
8	Kelly Tufano	FR	UW - River Falls	ND	
9	JoLyn Owen	SR	Uw-Whitewater	4.85m	
10	Shelby Graham	FR	UW - La Crosse	4.31m	
11	Meagan Ward	SO	Uw-Stout	5.11m	
12	Marina Eggen	FR	UW - Eau Claire	5.09m	
13	Kaitlyn Francour	SO	UW - La Crosse	4.47m	
14	Caitlin Thomson	SO	UW - Platteville	4.77m	
15	Jena Weigel	SR	UW - La Crosse	5.49m	
16	Erin McCauley	SO	UW - La Crosse	5.01m	
17	Kelsey Weigel	JR	UW - Eau Claire	5.39m	
18	Heather Inczauskis	SR	Uw-Stout	4.95m	
19	Evelyn Theisen	SO	UW - Eau Claire	4.85m	

Event 41 Heptathlon: #6 Women Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Caitlin Thomson	SO	UW - Platteville	28.88m	
2	Jena Weigel	SR	UW - La Crosse	29.33m	
3	Meagan Ward	SO	Uw-Stout	31.56m	
4	Kelly Tufano	FR	UW - River Falls	ND	
5	Cheyenne Gray	JR	Uw-Stout	27.09m	
6	Stephanie Wyss	JR	UW - Platteville	30.18m	
7	JoLyn Owen	SR	Uw-Whitewater	31.67m	
8	Evelyn Theisen	SO	UW - Eau Claire	21.94m	
9	Tera Destache	FR	UW - Eau Claire	29.12m	
10	Rachael Ellis	FR	Uw-Stevens Point	ND	
11	Marina Eggen	FR	UW - Eau Claire	23.54m	
12	Kaitlyn Francour	SO	UW - La Crosse	31.66m	
13	Mary Katherine Kladar	SO	UW - Platteville	23.12m	
14	Heather Inczauskis	SR	Uw-Stout	29.24m	
15	Erin McCauley	SO	UW - La Crosse	28.06m	
16	Taylor Sherry	FR	UW - Oshkosh	24.87m	
17	Shelby Graham	FR	UW - La Crosse	21.12m	
18	Kelsey Weigel	JR	UW - Eau Claire	32.92m	
19	Katrina Von Arx	FR	UW - Eau Claire	16.62m	